

The Spring Hill Times

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KLAL YISRAEL'S NEWSPAPER

ISSUE 102

| PARASHAS BEHLOSECHA (SHLACH)

| SIVAN 5783

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Thank You Hashem for making such a beautiful world for us!

אשרי מי שבא לכאן ותלמודו בידו!

Rav Gershon Edelstein, the great Rosh Yeshiva of Ponevezh Yeshiva, ascended to the Yeshiva shel Maaleh.



He spent his entire life serving Hashem!

He taught Torah for more than 70 years to thousands of talmidim.

He treated everyone with respect! His humility was unbelievable! He was a Malach Hashem who dwelled between people!

יהי זכרו ברוך!

8 YEAR OLD BOY OVERCOMES HIS YETZER HARA

Shragi,* an 8-year-old boy from Jackson, New Jersey,* came home from school one day and told his mother that some boys said not nice things to him.

His mother called, 'A Life with Bitachon' and left a message for Rabbi Golombeck asking for his advice.

Rabbi Golombeck called back and gave her a few ideas.

One of the things he suggested, was that the next time the boys say something to him, he should do 'Hatava B'mkom Hakpada' and respond with saying something nice.

BITACHON RIDE

Reb Hershel Baum* from Yerushalayim, had an appointment in Bnei Brak.

When he came out of the appointment, it was 1:30 in the morning.

Reb Hershel called the bus company to find out when the last bus is scheduled to arrive at the bus stop. To his disappointment, they said the last bus from

Continued on page 4

Continued on page 8

READING POSITIVE NEWS WILL HELP YOU:

- Love Hashem more.
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- Be a better parent.
- Be a better friend.
- Live longer!

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The Spring Hill Times

Newspaper Topic:

Hashem

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Please treat this newspaper with proper kedusha.

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Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?

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ישעיה בן משה יחיאל מיכאל זיידא, חוה רבקה בת שלמה זלמן, צבי הירש בן אליעזר הלל, ריזל אסתר בת דב בעריש. דוד זאב בן משה משחם, צייטל בת שלום אריה, נפתלי בן יעקב. לכות הבר' ח' משה דוב בער בן אסתר, לזווג הגון בקרוב. לכות רפואה שלמה יצחק חיים בן שיינדל. דוד יעקב בן פעשא לאה

A LETTER OF BRACHA AND CHIZUK FROM THE ZIKNEI RO-SHEI YESHIVA IN THE UNITED STATES OF AMERICA

HARAV SHMUEL KAMENSKY SHLITA

AND

HARAV ELYA BER WACHTFOGEL SHLITA

הגני בזה להכיר ולהוקיר ולהודיע בשער בת רבים פעולותיו הברוכות של המכ"ע המפורסם והנודע "ספרינג היל טיימס", אשר מטרתו להפיץ אהבת ה' ואהבת ישראל וכל כולו בנוי על טהרת הקודש ללא שום ידיעות חיצוניות מאומות העולם, וכל מטרתו להביא לידיעת הציבור הרחב הדברים הטובים שהקב"ה עושה לנו בכל יום - נפלאותיך וטובותיך שבכל עת ערב ובוקר וצהריים.

מאז הווסדו ועד עתה כבר נתפרסם ברחבי תבל - וכל איש אשר רוח התורה נושבת בו - ויראת שמים נוגע בלבבו - קוראו בשקיקה ומביאו לתוך ביתו לזכות את נפש ביתו - כיון שכל כולו מביע רוממותו והדרתו של עם ישראל בהנהגותיהם בין אדם לחבירו - ולהראות טובת ה' על עמו באספקלריא של תורה.

אך במקום גדולתו שם אתה מוצא את גרעונו הכספי, כאשר הוצאותיו עולים מדי חודש בחדשו ושבת בשבתו - ואין לו אפשרות לכסות את עצמו - שהרי אין בו שום פרסומת - כי כל כולו נתייסד ללא השפעות חיצוניות, ע"כ אחלה נא פני אחי ורעי לעמוד לימין העוסקים והמסייעים בדבר זה - כדי שיוכלו להמשיך ביתר שאת וביתר עז - לפרסם בגאון בעוז ותעצומות את דבר ה' - ולמצוה גדולה יחשב לכל התומכים - ויזכו לברכה המשולשת בני חיי ומזונא רויחי להם וכל אשר להם.

שמעון קאמניטקי
אליהו ב"ר וואכטפוגל

WEEKLY NEWS ROUNDUP

Continued from Bnei B'rak to
page 1 Yerushalayim
was at 1:00 a.m.

He decided to have Bitachon that Hashem would send him a direct ride to Yerushalayim.

Suddenly, he saw a 402 bus coming right up to the bus stop. That's the bus that goes to Yerushalayim!

He asked the driver how it was possible that he came now at 1:30, when the last bus was supposed to be at 1:00?

The driver said he doesn't know, he was just following his boss's order... His boss



told him to do a 1:30 a.m. bus route.

R' Hershel was the only one on the bus, and he got a direct ride all the way to Yerushalayim, a private VIP ride!

The next day, he called the bus company to find out if there's really such a thing as a 1:30 bus, and they said No! There is no such thing!

Reb Hershel saw clearly the zechus of his Bitachon helped him get this miracle ride to

Yerushalayim!!!

THANK YOU HASHEM!



Reb Moty* was in the grocery store with his son Efraim.*

Efraim

was very thirsty so he took a bottle of chocolate milk. They took it to the cashier but it wouldn't scan.

He turned to his son and asked him if he could think why it wasn't working.

All of a sudden, Efraim remembered that he was fleishigs! He had been to a siyum earlier that day and ate some meat! [Kav Hashgacha Pratis]

EMUNAH FREEZER

Reb Fishel* and his wife decided that they needed another freezer.

But they didn't have money.

They were mischazek that Hashem would send them a freezer for free.

That day, as his wife was walking out of their apartment building, she saw a sign that a neighbor was looking to give away a freezer for free.

She went over to the neighbor and the neighbor told her

Kav Hashgacha Pratis
1518-613-0140



that she was the first one to ask! She just hung up the sign and they were welcome to have it!

They got the freezer and now they call it the 'Emuna Freezer'. [Kav Hashgacha Pratis]

HASHEM REMINDS YID TO LEARN FROM SEFER

Reb Moishy Lichtenstein* has a kevias to learn every day the Sefer Tomer Devorah. One day he forgot about it. When he came home,



he wanted to take out a sefer from his bookshelf. All of a sudden, the sefer Tomer Devorah came tumbling out! He then remembered that he has to learn it!

HASHGACHA PRATIS

R' Chaim* father wasn't feeling well so he decided to rent an apartment in Teveria for Pesach. He invited his children and grandchildren to come along.

WEEKLY NEWS ROUNDUP

Before Yom Tov, R' Chaim was in need of an iron so he knocked on a neighbor's door and asked to borrow it.

The neighbor R' Tzvi, said that he was getting ready to leave for the first days of Yom Tov but he could come at 3:00 to get the key and go in and use his iron.

R' Chaim wasn't available to go at 3:00 and went instead at 4:00. He saw that there was a key in the door. He knocked on the door and no one answered. He called up R' Tzvi.

R' Tzvi told him that he ended up leaving with the key because he didn't come back at 3:00.

R' Chaim told him that he was standing outside his house and sees that there is



a key in the keyhole.

R' Tzvi was shocked and said it was B'hashgacha that it got left there. "You can go in and use the iron!"

Imagine if his key would have been left in the door over Yom Tov... [Kav Hashgacha Pratis]

HASHEM SAVES YESHIVA BOCHUR FROM AGMAS NEFESH

Binyomin Barkin* learns in the Mir.

He went back to home Belgium for Pesach.

After Yom Tov, he went to the airport to go back to Eretz Yisroel. They told him that he could not bring his suitcase on the plane, because he didn't pay for it.

Binyomin said that he would pay for it right then. To which they replied that he could not do that, because they only accept payment from a credit card.

So he called up his house, they gave him a credit card number, but for some reason it wasn't working.

He had no choice, but to cancel his flight, go back home, and reschedule a new flight.

A few days later, he learned that if he would've gone to Eretz Yisroel on that flight,

Yeshiva Shel Ma'aleh Torah Without Boundaries



IMPORTANT NOTICE
Prepare for your exam today! Don't Delay!

Helpful Tips



- Learn a Mishna a Day!
- A Daf a Day!
- An Amud a Day
- Half an Amud a day!

WEEKLY NEWS ROUNDUP

LONG DISTANCE CONNECTIONS

Connect with Hashem from anywhere around the world!



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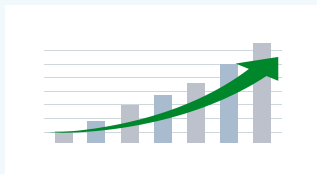


Just Tell Hashem That You Are Sorry!

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he could've been arrested! He was supposed to take care of getting exempt from the army before he left the country and he forgot to do it.

If he would've come in then and been arrested, it would've been a big deal to get him out and it would've been a lot of ag-mas nefesh! But because he found out before his flight, he was able to take care of it through helpful askanim. He was able to come back on a new flight without any problems. He saw how everything was Hashgacha Pratis!!!

HASHEM - OUR DOCTOR

It was Motzei Shabbos-Shavuos and Reb Michel Feldstein** from Rockland County was trying to fall asleep. But he had stomach pains. He tried turning from side to side but to no avail.

He then turned to Hashem and said, "Hashem I'm putting myself in Your hands. I'm trusting You that You will make me feel better."

Within 3 seconds(!!!) the pains subsided!

R' Michel was stunned by the immediate results. [Heard from Reb Michel]

MI KE'AMCHA YISRAEL!

Mrs. Katz* was in a store, and there was a girl there with a little baby in a carriage. Suddenly the baby started crying, and the girl was busy trying to get what she needed.

A lady, a total stranger, who didn't know her, said: "Do you want me to hold the baby? I'm anyway standing in line... You can go do what you need to!"

Mi Ke'amcha Yisroel!!!

OUR WONDERFUL NATION

Reb Pinchas Hoffman* took a taxi, together with his son, from Tzefas to a doctor in Chaifa.

While on the highway, the car broke down. Reb Pinchas did not know what to do, because he had to make it to the appointment in time.

Suddenly, a non-frum Yid



stopped, and told them that he can give them a ride all the way to the doctor, even though it was out of his way!

Mi Ke'amcha Yisroel!!!

WEEKLY NEWS ROUNDUP



Erev Shavuos in Agudas Achim Shul, Lakewood, New Jersey

FIRST YARTZEIT OF RAV MICHOEL BENDER ZATZAL



On Sunday Parshas Naso, 8 Sivan, 5783, Yeshiva Binyomin of Monsey, New York, marked the first Yartzeit of the Mashgiach the Tzadik Rav Michoel Bender. The Rosh Yeshiva, Rav Yeruchem Zeilberger, Rav spoke about Rav Michoel's amazing Middas Ha'anava.

Rav Michoel's brother, Rav Yaakov Bender, Rosh Yeshiva of Darchei Torah, spoke about how his brother exemplified in positivity. Rav Michoel saw only the good in everything. He only saw the good in people. Like Rabbi Akiva who always found the good in every situation.

Rav Moshe Schwab, Rosh Yeshiva of Yeshiva Degel HaTorah in Monsey, New York, who grew up together with Rav Michoel, spoke about how a Rebbe continues being a Rebbe even in the next world. Even after being nifter, a Rebbe cares and is concerned for his talmid.

He said over a story that happened to his father, Rav Mordechai Schwab zatzal.

His son (R' Moshe's brother) was killed in a car accident. Rav Mordechai accepted it b'ahavah but it still hurt inside.

One night, his Rebbe, Rav Baruch Ber zatzal, appeared to him together with the boy who was nifter, to comfort him!

May Rav Michoel continue to be a meilitz yoisher for his family, the yeshiva and for all of Klal Yisrael.



News that Hashem Wants us to Talk About!

Continued from
Front page

Shargi didn't think that it was possible for him to that.

But...

The next day, the boys bothered him again and Shragi, unbelievably, gave them in return... compliments!!!

P.S. Baruch Hashem it worked! They stopped bothering him!

[Heard from Shragi's mother]

BET SHEMESH FAMILY OKAY

The Shapiro* family from Beit Shemesh,* a father and mother with 5 children, all woke up in the morning alive and healthy!

MILLIONS OF HOMES SAFE

Millions of houses across the United States, did not burn down

to the ground last week. They didn't



even suffer from any fire damage! All their contents were intact and families were able to continue living in them without any problems!

Thank You Hashem!

REFRIGERATORS WORK PERFECTLY

Hundreds of thousands of Yiddishe families all around the globe, packed up their refrigerators with lots of food for the Yom Tov Shavuos.

Their refrigerators worked perfectly! They kept the delicious Yom Tov food fresh and cold!

YIDDEN CELEBRATE SHAVUOS FREELY

Yidden all over the United States and in many countries all over the world, celebrated Shavuos with all its mitzvos and minhagim, openly and freely! They weren't harassed



or bothered by people. Hashem protected them throughout the entire Yom Tov. He didn't take His eyes off them for even one second!

Thank You Hashem!

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NO POWER OUTAGE

Houses in the Spring Hill neighborhood, Chestnut Ridge, New York, had the past week continuous flow of electricity coming into their houses.



es.

Ovens, washing machines, driers, alarm clocks, air conditioners, computers, phones and all other electronic gadgets all worked perfectly.

According to experts, there will be ample supply of electricity in the near future. No shortages are expected. Thank You Hashem!

AMPLE SUPPLY OF POTATOES



Stores all over the United States are fully stocked with regular potatoes and sweet potatoes. And the prices are extremely affordable!

LIVING WITH HASHEM

By Rabbi Zevy Golombeck



HASHEM HEALS BABY



Mr. and Mrs. Brown* went to Italy for vacation with their baby boy.

While on the plane, their baby got a stomach virus and was not feeling well.

It got worse as they arrived. They didn't know how in the world they would find a doctor who they could trust, and what they would do about insurance.

They felt lost.

They arrived at the building they were staying in and they couldn't believe what they saw. Out of nowhere came out their pediatrician from America who was also there on a trip!

Hearing the couple's situation, their doctor was able to help the child and he B"H got better.

Hashem with his infinite kindness helped them find their own doctor in a foreign country.

IT'S ALL UP TO HASHEM

One Erev Shabbos, Nechama's* cleaning lady informed her that she would not be coming anymore.

Being that Nechama works on Friday, it was very hard for her to bring in Shabbos herself and she desperately needed a cleaning lady.



She had gotten this cleaning lady through Bitachon. The lady just knocked on the door. She worked for her for a year. It was a real Brachah. Now she really needed her and didn't know what to do.

Nechama said to herself that the same way Hashem helped her until now, He would continue helping her.

She knew that her neighbor had a cleaning lady so she decided she would ask her if she had available time.

Nechama texted her but she said that she couldn't do it because she was fully booked.

Nechama's husband didn't give up and said that he would try. He texted the cleaning lady from his phone and her reply was: sure, not a problem!

We see how with Bitachon anything could change in a minute. And this cleaning lady was much better than the first one!

A BRAND NEW PERSON

Mrs. Frankel* was speaking to her friend. Her friend said she was full of anxiety, worries and fears.

Mrs. Frankel suggested to her that she should call 'A Life with Bitachon'.

Her friend called her back two weeks later. Mrs. Frankel asked her how was everything going.

She said, "All my anxieties disappeared! I'm only thinking positive thoughts. I feel like a brand new person! I feel like I'm living!"

BOY WITH BITACHON WINS

Bentzy* wanted to go to Avos Ubanim, but he told his father, "Tatty,



LIVING WITH HASHEM

By Rabbi Zevy Golombeck

I never won a prize. I want to go to a small shul where there's only a few kids. Like that I have a bigger chance of winning the prize."

His Tatty said, "L'maaseh, it's better

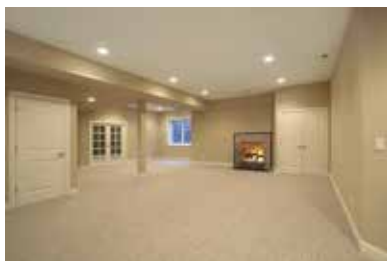


to go to the big shul where there is a Kol Torah. There is more of a ruach, and we can be more involved in learning. I just read a story in the Spring Hill Times about a kid in Avos U'banim having Bitachon and they won a prize. We'll go to a bigger Shul, and we'll have Bitachon!!!

P.S. Bentzy won the prize!

OUR BEAUTIFUL NATION!

R' Aharon* is a Yungerman who owns a house in Prospect Vines, Lakewood, New Jersey.



He is involved in Emunah and Bitachon. He said, "Why should I rent out my basement to pay my bill?

Hashem will help me pay my bills. I'll keep my basement open in case anyone needs it for Shabbos!"

He chose Hachnasas Orchim over money!

HASHEM - THE BEST PULL

R' Gavriel Rosen* went to his eighth grade son's Rebbi to ask him his advice which Mesivta his son should go to.

The Rebbi said, "I have a yeshiva that I think is best for your son but the problem is that they have between 700-800 applicants every z'man. If you don't have pull you're not going to get in."

R' Gavriel said, "I don't have any pull, but I do have a Life with Bitachon."

R' Gavriel just called me that he and his son made a L'chaim. His son got in to the yeshiva!

People who heard about it said it doesn't make sense, there must be some sort of mistake, it's impossible to get in without pull,

So he called up the yeshiva, they said there's no mistake!

Hashem is the best pull!

May this week's issue be a zechus for our brothers and sisters in Eretz Yisrael, Ukraine and all over the world. May Hashem continue to shower us Klal Yisrael, His most beloved nation, with open kindness!

A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

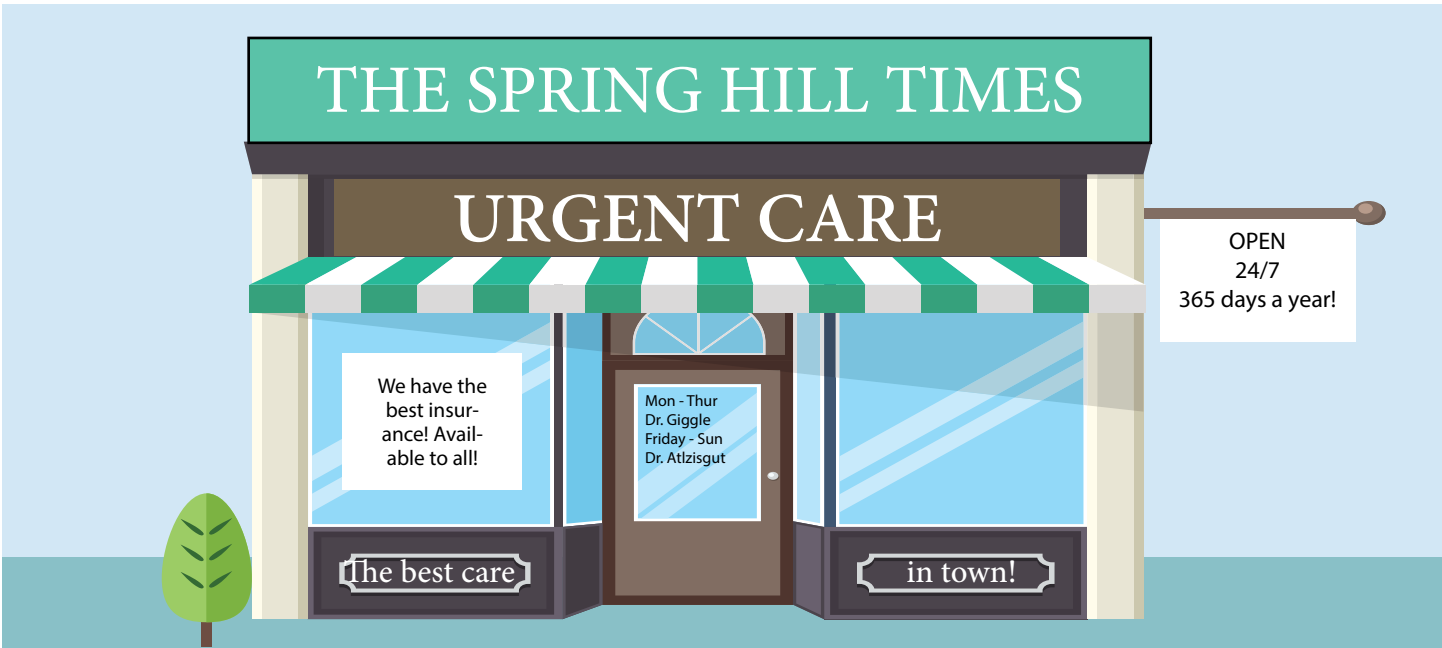
- 1 Today's YESOD/Vort on Bitachon
 - 2 Today's STORY of Bitachon
 - 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
 - 4 This week's connection of Bitachon to the PARSHAH
 - 5 QUOTE from Sefer "Bitachon Weekly"
 - 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
 - 7 Today's STORY how Bitachon helped someone through a Nisayon
 - 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
 - 9 RECORD your Questions, Stories & Comments
- * Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
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At our Urgent Care: Pain becomes Gain. Aches turn into Cupcakes. Worries become snow flurries. Annoy turns into Joy. Flu becomes a Peanut Chew. A Cold turns into Gold. Hurt becomes Comfort.

Patient

It's mosquito season. I get really annoyed by the mosquitoes. Please help!!!



Dr. Avi Giggle M.D.



I'm prescribing 5 medications for you:

1. Thank Hashem that there are no mosquitoes in the winter!
2. Thank Hashem that the mosquitoes aren't double and triple in size!
3. Thank Hashem that their bites aren't more painful than what they are!
4. If you would know how much kaparas avonos you get from each bite you would celebrate every time you see a mosquito!
5. It's a great opportunity to work on Midas Habitachon to realize that there is no such thing as a mosquito, it's all Hashem.

IMPORTANT HEALTH TIPS TO REMEMBER

Things that bother you in this world will come to your aid in the next one. Just accept them with love!

The Spring Hill Times is Spreading Across Northern Eretz Yisrael!



Tzefat!



The Tzefat Printer at work

The Bakery, one of the Spring Hill Times location's in Tzefat.

Tiverya!



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Afula!



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A STORY FOR THE PARSHA

By: Shua Blaser- Lakewood, New Jersey

A Father was sitting in his car waiting for his son. Seeing no sign of him, he stuck his head out the car window and began to call loudly, "Moshe! Moshe!"

At that very moment Rav Moshe Feinstein happened to be passing by. Hearing someone calling his name, the Gaon walked over to the car and asked the man what he wanted.

The father was taken aback at the sight of Rav Moshe Feinstein and be-



gan to apologize profusely, "Please forgive me Rebbe. I certainly had no intention of calling you. Rather, I was calling my son. I would never think to address the Rosh Yeshiva in such a manner."

"Do not worry about it," answered Rav Moshe Feinstein. "It has already been many years since I attributed any meaning to such things."

Good Shabbos!

SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

A Giant Rose Garden

Did you hear what Miriam did? Do you remember what Miriam did? Miriam spoke loshon hora about Moshe and she got Tzora'as.

Aren't we speaking loshon hora about Miriam, by mentioning what she did?

I once heard a beautiful Moshol about a king that had a diamond that he loved so much that he would show it to everybody, and one day he was a little sloppy and he dropped it and it created a gash in one of the facets of the diamond.

He was beside himself with grief, and no jew-

eler could fix it.

Then a wise artisan came along, and said, "I can take care of this." And when he showed it to the king, the king was elated: He took that gash and he etched a beautiful rose, and it became a permanent reminder to be more careful.

Miriam agrees, as part of her Teshuva for what she did, that she would be the poster child for all time to be more careful about speaking loshon hora. And that mistake that she made blossomed

into a beautiful rose. And over the course of the last thirty-three hundred and thirty-five years, it's become a giant rose garden.

Gut Shabbos!



Our Reporter From Baltimore

Nesanel Chaim Burkom

Nesanel Chaim Burkom is eight-years-old and lives in Baltimore, Maryland.

He Baruch Hashem has Cerebral Palsy.

Nesanel Chaim utilizes a computer to communicate with others. He manipulates the cursor with his eyes using eyegaze technology.

He listens to 'A Life with Bitachon' almost every morning on the way to school. He types it up to shares it as a Dvar Torah with his family by the Shabbos table.

Nesanel Chaim would love to share the Dvar Torah with the Spring Hill Times readers.



I have some stories from the Bitachon hotline. I'd like to share them with you.

The first story goes like this:

A man was looking for a job. Meanwhile, a new job opened up. The man called up the owner, and he said, "I need a job, could you hire me?" The owner said, "But you don't have the skills or this."

Then, the man said, "Could you just do me a favor?"

The owner said, "fine, I'll hire you."

Later, after that, the man was struggling so much and making mistake after mistake.

Later, after that, the man called up the owner and said, "I want you to give me a raise." The man answered back, "you want a raise?! Are you joking or something?"

The man answered, "it is because I'm working so hard."

Then the owner answered, "I know you are joking right?!"

Then, the man answered back, "I want you to give me a raise because I'm working so hard, and making mistake after mistake."

Then the owner answered back, "that's exactly why I don't want to give you a raise."

The owner didn't care that the man was working so hard. He just wanted the job to be done. What is the message to this story? What is the

lesson?

Let me tell you what it is.

Remember how the man was trying his hardest to do the job, and he could not do it?

That's hatzlacha.

Hashem is not like the owner of the job that cares if the work gets done or not. Hashem wants us to just try, and that brings more Olam Haba.

That's the 1st story.

The 2nd story goes like this: A certain person did not like a certain lady, and he would always annoy her. One day she went to the store and got him a present. Why did she get him a present, when he would always annoy her?

The answer is: it was not really 'him' annoying her. It was Hashem causing her to be annoyed, coming out of his mouth. It was Hashem giving her a test. Hashem was giving her a kaparah, and she was shicker from simcha!

That's why she gave him a present!

Good Shabbos!

*Nesanel
Chaim*





We discussed chewing. Let's continue on and discuss the chewers – the teeth themselves.

When we look at the teeth, Hashem's wisdom and chessed is very apparent from their shapes and their positions.

I'm sure we are all aware that our teeth are not all identical; rather they are different sizes and shapes. Let's familiarize ourselves with the teeth. To put it simply, we can divide our teeth into two categories; some work as cutters and some work as crushers.

Hashem gifted us with 32 teeth – 16 on top of our mouth and 16 on the bottom. There are 6 teeth in the center of our mouth that do the cutting job. On both sides of the cutters there are 5 molars that crush the food. In other words, from one set of 16 teeth we have 10 crushers and 6 cutters.

We often begin eating by cutting off a piece of food, like when biting into an apple, a sandwich or a carrot. Then we continue to chew it. We do much more chewing than biting. Perhaps that is the reason that Hashem gave us more crushers than cutters. We have almost double the amount of crushers because we use them much more when eating.

In order to bring out the importance of having these two different types of teeth, cutters and crushers, let us imagine what eating would look like if we only had one type.

Our 20 molars, that we refer to as crushers, do the main part of chewing. They grind the food into small fine pieces that are ready to be swallowed. If all of our teeth would be sharp edge cutters it would take much longer for our food to be transformed into a size that we could swallow. It's like trying to mash a hardboiled egg with a knife. It's doable, but the job that a masher does in 3 or 4 times – the knife would need to do it in 30 times.

Now let's examine the flip side. If we only had crushers and not cutters it would be much more difficult to bite into a piece of food. It's like trying to cut a carrot with pliers. The flat surface of the pliers creates a lot of pressure and it's great at squeezing, but it is not so good at severing.

Our cutting teeth are very important when we take a bite out of hard food, but it also makes biting into soft food considerably easier.

Thank You Hashem for giving us both types of teeth!

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Chizuk Corner

The unbelievable power of a good word

By R' Y. Friedman

I once saw an unbelievable saying that goes like this. "Torah is Hashem talking to man, while Tefilla is man talking to Hashem. You need both of them for the dialogue."

What a profound statement! Torah is known as the D'var Hashem. Hashem talks to us through the Torah, as he tells us what His ratzon is. Tefilla is us talking to Hashem. This is how we have a complete connection with Hashem.

Perhaps we can say that although we know that women can learn some Torah, but in contrast to a man learning Torah it's not the central part of

their Avoda. Perhaps we can suggest that a woman can get her connection with Tefilla itself. On the contrary a man needs both to get a strong connection.

Our limud HaTorah al-



ways could use chizzuk, but perhaps in a certain sense [on a basic level] our Tefilla can use even more chizzuk. Let me give a Mashal for this.

When one gives a speech for an audience, the audience has to pay attention to the speaker, which can be challenging at times. However, we cannot compare it to the challenge of the speaker. The speaker has to prepare. He needs to work on the delivery. He also needs to be dynamic and sometimes has to be prepared for questions.

Similarly, when one learns Torah, mainly he needs to tune into the D'var Hashem [similar to

the listener in the mashal]. Regarding Tefilla we need to be prepared and we need to put more energy into creating the connection.

There is a story told of a man that approached a Rav before Mincha with an urgent matter. The Rav assured him that he would speak to him right after Mincha. The Rav asked the man are you davening now? The man responded, yes. The Rav said "ok tzeischem leshalom".

After Mincha the man approached the Rav and the Rav extended his hand and said "Shalom Aleichem". The man told the Rav, "before I tell you about my issue I want to ask the Rav a question. Why did the Rav tell me tzeischem lishalom earlier, and now the Rav tell me Shalom Aleichem. What's going on?"

The Rav smiled and said that when he saw that this man's mind was preoccupied with his issue and he was going to daven so he figured he was going to travel to the place where his issue was. The Seforim teach us that "we are where our thoughts are", because that is who we are in essence. Therefore, I wished you tzeischem leshalom.

COMPLAINT CONTROL

**GET RID OF ALL YOUR COMPLAINTS!
1-2-3!**



*Read
The Spring Hill Times*

Chizuk Corner

The unbelievable power of a good word

By R' Y. Friedman

This story may sound comical but many of us can perhaps relate to this story. Therefore, with Hashem's help, let us embark on a journey of chizuk in this amazing area of Tefilla, so we don't miss such an amazing opportunity that comes up three times a day. Hopefully, we will be zoche to connect to Hashem like never before through Tefilla. Let us begin.

One common reason why some people may have difficulty concentrating, is because they have difficulty staying focused. It can be a condition, or simply because of today's technology. Whatever the reason may be there is a basic exercise that you can do before you start davening [or learning as well].

Take a white piece of white paper and either make a small dot or a letter. Then focus on this dot

or letter for ten seconds or more depending on how intense the issue is. You need to let go of your entire life and put your focus on this black dot. If it feels too easy then add some more time. This will give you some help in your focusing.

Let's move on. In this week's Parsha it says "Beha'aloscha es haneiros etc. yairu". Rashi teaches us that "we are supposed to kindle the lamp until the flame goes up on its own". There are deep concepts in these words.

I would like to say that this is our Avoda when we start davening as well. We should hold the candle there and keep holding it until the flame catches. Fire represents Mesiras nefesh. We will start with one Bracha at a time. After we finally light the fire then it will become easier, because the fire is lit.

It's similar to a rocket ship taking off with a burst of fire and loud explosions. All that is to break out of gravity. Once the rocket leaves gravity then it's much easier to rise.

Therefore, if we start off Shemonei Esrai with fire and joy then hopefully, the rest of Shemonei esrei will

follow through with kava-



na.

Perhaps that can be one reason our Chazal mandated us to be mechavein by the first Bracha, and that's to give us the chizuk to get out of gravity, so we can stay focused and connect with the rest of Tefilla.

If we are focused on our Tefillos we will notice that a large percentage of davening is yearning for the Geula and and the Bais Hamikdash. Chazal tell us that indeed we can be zoche to the Geula with the Koach of Tefilla.

In the zechus that we work on being mechazek our Avodas Hatefilla we should be zoche to vesechezana eineinu bishuvcha letziyon b'rachamim. Am-ein!

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**Birchas HaMazon with a
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Living With Appreciation

By: R' Daniel Shasha

Towards the end of our parashah, Miriam relates to Aharon her concern that Moshe separated from his wife Tziporah. For this she was punished with tzaraas and was sent outside the camp for seven days.

The Chafetz Chaim observes that Miriam didn't have any negative intent, she only desired to defend the honor of her sister-in-law Tziporah. She greatly admired Moshe and invested a lot of energy helping raise him when he was young. Furthermore, this comment was not said in public, only in private to her brother Aharon.

Yet, she was still punished, showing us how severe lashon hara is. It is a mitzvah from the Torah to remember this incident, helping us be more on guard not to speak lashon hara. The Magen Avraham (60:2) teaches that we should specifically remember what happened to Miriam, when we say the words lehodos lecha, to thank You, in ahavah rabbah each morning. What is the connection? Why specifically here do we remember this?

The Magen Avraham explains that the entire reason why we have a mouth, is to thank Hashem! The ability to speak is a tremendous gift and should be used in a positive way by thank-

ing Hashem. Therefore, we see how specifically when we recite 'lehodos lecha' we should remember the incident of Miriam, reminding ourselves of the correct use of the gift of speech.

So each time we thank Hashem we are fulfilling the reason why we have a mouth! When we say thank you Hashem for these scrumptious apples, this refreshing cup of water, this delicious ice cream, we are using our mouth for the reason why it was created. Phenomenal! This can bring us yeshuos lemalah min hatevah, as we see in the following story.

A concerned father was going through a very difficult time due to the fact that his 2 oldest sons were still single. They had such special qualities and he longed for the day when he would dance at their weddings. After attending a shiur on the importance of speaking positively and expressing gratitude, they resolved to change their perspective and became very positive and grateful people. They focused on all the blessings they have received going into great detail. They always said "Baruch Hashem", "chasdei Hashem" and constantly thanked Him.

Not so long after they had adopted this attitude both of their

sons were engaged!

The man went to the Rabbi who gave the shiur that helped change their perspective, telling him about their yeshuah and thanking him for what he taught them.

This in turn was mechazek the Rabbi and he resolved to strengthen his gratitude. He was recently diagnosed with a hearing condition and his hearing was severely deteriorated, he decided to focus on all the blessings in his life, despite this difficult predicament. He spent the next week devoting countless hours expressing his tremendous gratitude to Hashem.

At the end of the week, he received a call from the hospital that one of the doctors thought that maybe there was one more thing they could try to help improve his hearing. The procedure was performed and sure enough his hearing greatly improved! (Chai batodah)

This article is an excerpt from the weekly 'Living Appreciation Newsletter.' For feedback or to subscribe please email livingappreciation@gmail.com
Also to receive info about a new email tefillah group for men davening for zera shel kayama, please contact us at menstefillahgroup@gmail.com



To Share My Share From Hashem's Daily Shiur.

By: R' Moshe Davidson - A Rebbi in Brooklyn, New York

The "Everyone is on a Diet" became a popular trend not too long ago.

Before that, there was simply much less food available.

People therefore ate less and appreciated every piece of food that they had. They were thankful to Hashem for what they had.

Back in the days when farming was slow, hard and laborious work, the results were a much smaller crop and bounty.

There was a lot less growth, resulting in a lot less produce.

Then came the hardships of transporting goods.

The transportation of the produce was painstakingly slow.



To ship anything overseas by boat, from one country to another, was a very risky, dangerous and costly thing to do.

To transport foodstuff over land and across countries, by hitching loaded wagons to oxen, horses, and donkeys was very bothersome, time consuming, and again... costly.

People were, for the most part, forced for good reasons by Hashem to be limited to eating the pro-

duce that was grown in the nearby area and vicinity.

Now add to that, the fact that there was no refrigeration, freezing, canning, vacuum packaging, and chemical preservatives.

The result was of course, that most of food that was stored, didn't last for long periods of time.

Back then, you basically were restricted to enjoy only the crop that was grown at that time of the year. It was the "fruit of the season" that our ancestors had and enjoyed and thanked Hashem.

That's how it came to be, a lively celebration, when the next season's fruit was available for human consumption.

In the Toirah there are many mitzvos regarding the celebration of the new crop.

מנחת עומר - for the new barley,
שתי הלחם - for the new wheat,
ביכורים - for the newly ripened fruit,
נטע רבעי - for the young new fruit bearing trees,

תרומה, מעשר, מעשר, מעשר,
מעשר עני, מעשר עני,

Even the mitzvah of simcha on Yom Tov is connected to the happiness of the new crop. חג הקציר, חג האסיף, חג הביכורים

Even in later years it was still a time of rejoicing, a time to make a brocho "shehechyanu v'kiymanu v'higyanu lazman hazeh on the new fruit!

If one received fruit that was not common at that time of the year, it was exciting and surprising.

My father-in-law a"h was from pre-war Galicia. He recounted his memories of once receiving a banana from some far away country, through a relative of his.

"We would eat a tiny bit and then close up the banana peel so it should still look like it's whole". It was a major treat!

About two thousand years ago, there was the great tzaddik Rabbi Yehuda Hanassi, who was famously wealthy.

The Gemarah points out the extent of his wealth.

His great wealth enabled him to have imported vegetables, to the point of, "He always had raddish and lettuce on his table" (of course for others to enjoy)!

It's hard for us to imagine how that would describe wealth!

In our times this specialty of availability sounds so simple!

We can now Boruch Hashem go to the supermarket throughout the year, at every hour of the entire day (and some places even through the night) and buy literally, any type of food that we can dream of having! ישתבח שמו



There are Boruch **Continued on next page**

To Share My Share From Hashem's Daily Shiur.

Continued Hashem huge amounts of many hundreds of canned and bottled products always available for us, for an affordable price.

Plenty of fresh fruits and vegetables are also piled high on stands and shelves, or in huge bins. "Harbei shefa min Hashamayim"!

No difference which month of the year it is.

No difference which season of the year it is.

The only difference is, that the price you'll be paying for that specific fresh item will sometimes depend on the season of the crop in the many different countries across the globe from where it's being imported from.

Don't worry... when it's winter up here in the northern hemisphere, it's summer down in the southern hemisphere. חסדי השם

So there are always countries that we can count on, from who to receive the best fruit that's in season by them! הזן את העולם כולו!

Hopefully we'll all be able to afford all...

If not, then we can have them canned, and vacuum packed, bottled, or frozen solid from the freezer, for a much cheaper price. Thank you Hashem!

We have Boruch Hashem plenty of frozen, and processed foods always available for us.

We can always fall back and rely be'ezras Hashem, on the many

of hundreds of types frozen, processed, canned and bottled foods, preserved for freshness.

!!! ובטובו הגדול תמיד לא חסר לנו

Tremendous amounts of baked goods are always waiting for you.

The quality and huge quantity of the refrigerated stock is amazing.

The freezer section is packed with all sorts of different frozen items.

From a wide array of carbs and proteins [both raw and cooked], down to an extensive choice of frozen desserts, are all staring at us.

They are waiting for someone to make a brocho on them!

A full isle of cereals, is situated right near another full isle of chips and nosh. Geshmak!

"You wanna bake for Shabbos?"
"Come, look here"

There's another hundred baking items sitting so neatly and staring at you.

It's Boruch Hashem an Era of Plenty that we're living in.

It's a brocho from Hashem.

Beware. We must be aware of the fact that the enticing food must be considered as a tool for furtherance of a healthy Toiradige lifestyle.

If we are saying brochos slowly carefully and with kavana and thanking Hashem for such an abundance of delicious nutritious food, then we're on the right track.

בכל אות נפשך תאכל בשר!

Appreciate every bit and bite.

As you chew, think of Hashem's Goodness. You'll feel connected in a special way.

Eating in such a fashion is a guaranteed fantastic experience.

You won't overeat.

You'll be satisfied and content.

Every morsel of food becomes an important part of your connection to Hashem.

Eating takes on a totally new and exciting way with having good, thankful, positive thoughts and feelings towards Hashem.

Food was not, and is not meant, to be an instantaneous mood stabilizer.

Neither is food meant to be used as a miraculous zapping tranquilizer.

Hashem sends you a message through the brain to eat.

We all know that as an appetite.

That's when you get your chance to get this recognition of receiving goodness from Hashem and to thank Him for it.

It's a type of recharge for our feeling of thankfulness.

Then comes another message from the hypothalamus of your brain that stops the hungry feeling.

That is meant to be a cut off switch for the "thankfulness through eating" recharging time.

Some people choose to ignore that and just keep on eating for pleasure.

After charging your mind and heart with a positive spiritual charge,

To Share My Share From Hashem's Daily Shiur.

Continued "Don't overcharge your body!"

You'll wind up with carrying around lots of extra (stored calories) charged battery packs, which by the way, may weigh you down, (and wait, it'll also weight you up).

Food is a neutral thing, it's static energy, a stationary energy charge.

It really matters how you use it.

It can pull you up to Hashem or down to the earth.

When used as Hashem intended it to be it'll lift you up to being קדוש, in essence, closer to Hashem.

The powerful positive attitude with which eating is then associated, will naturally control and support good eating habits.

Shabbos foods are a great way to treat your children and yourself with that special connection to Hashem and that'll really be the greatest way that they'll experience להתענג בתענוגים.

On Shabbos we can add one more dimension to the spiritual side of the food being so delicious.

It's the idea that you are eating לכבוד השם.

Meaning to say that you are a person who is celebrating the מלכות שמים.

We Yidden are the ones who proclaim to the world that Hashem created the world and He continues to run the world.!

Down to the tiniest speck of creation is being constantly con-

trolled by the מלך מלכי המלכים הקדוש ברוך הוא.

We celebrate His מלכות by eating a scrumptious meal, all the while singing and speaking about Him running the world so perfectly in the best way possible.



That's why we are not allowed to show sorrow on Shabbos.

Since that could be interpreted as someone who is ח"ו unhappy with the way that the מלך העולם is running His world.

So as we eat the delicious food we have in mind to keep thanking Hashem for our mouthful of geshmake food, and we also have in mind celebrating Hashem's malchus.

At the same time we can verbally say לכבוד השם or לכבוד שבת or לכבוד השכינה which is The Divine Presence that is much palpable on Shabbos.

That'll give your family a chance to recharge for the whole upcoming week with a feeling of closeness to Hashem.

Now we're going to have to appreciate the third meal too.

It's challenging to have a third meal on Shabbos and actually enjoy it.

We're sometimes reluctant or not so sure if we can get to eat that third meal. It's a חיוב. So we do it. But let's try to do it correctly.

"Shall I?" and "I should" do "dis", creates the long Word "shall-I-should-dis" or Shalishoodis.

I would like to share with you a interesting p'shat of the nature of the name שלש סעודות.

Grammatically correct would be סעודה שלישית.

The reason for calling it שלש סעודות is that when you aren't so interested in the third meal and then you go ahead and eat anyway, it throws light on all the meals that were eaten on Shabbos that they were all with having Hashem in mind and לכבוד שבת and לכבוד מלכות שמים.

Therefore we call it שלש סעודות since it gives the credit for all three!

Let's fully understand the importance of connecting to Hashem through food.

I once heard from Rabbi Avigdor Miller that the correct way to implement this approach of appreciation of food is, to put down the fork or spoon as one chews on a mouthful of goodness from Hashem.

Your mind is then more likely to be able to keep up with the idea of appreciation to Hashem, for the food as we eat.

Let's have a REAL OINEG SHABBOS!! All שלש סעודות!

Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

OUR GENERATION!

We are still on a high from the Yom Tov of Shavuot. The day that we refresh our commitment to Hashem's Torah and mitzvos.

I would like to share with you an incredible eye-opening story:

Before the war, the Chofetz Chaim saw the town baker one day looking very down and broken. He asked him if there was anything he could do to help.

He responded: "Every day I make fresh and delicious bread for the city, but all I hear are moans and complaints. Each one has a different reason why he dislikes the way I bake: this one says that it's overdone, this one says it's underdone, the next says it's too salty... I can't handle all the grumbling!"

A short while later, the Chofetz Chaim met the baker again, but this time he was beaming with joy and happiness. "What changed?" asked the Chofetz Chaim. "Did your baking improve since the last time we spoke?"

"Not at all," the baker responded. "Now that there's a war, and bread is hard to come by, everyone who gets even a simple piece of bread is happy, and therefore no one

grumbles anymore."

After hearing this, the Chofetz Chaim said that the same is true with our generation. In comparison to the previous generations, who were giants, we might believe Hashem doesn't consider our avodah anything of note. However, as we approach the end of galus, that we don't have these giants, we must remember how Hashem is extra happy



with any mitzvah we do, big or small.

Even if it is not on the level of the previous generations, Hashem nevertheless is still very happy with them.

Many times when we're approaching mitzvos we are confronted with a Yetzer Harah questioning us: "Does Hashem really want your mitzvos?" "He had so many previous tzaddikim, he doesn't need yours."

All these thoughts are directly from the Yetzer Harah.

These are thoughts that he sends because he knows the value of our actions.

Let's explain this a little more. Had our mitzvos not carried great significance, there would be no reason that he send these thoughts, why would the Yetzer Harah – A Malach, care about our mitzvos. The only reason that he's sending these thoughts are due to their infinite value. This is a threat for him. He therefore has to fight this with all his power and cause us to feel how our actions don't bare much value. When we think these thoughts we automatically don't function properly. We don't do the mitzvos with the same excitement. Once we don't function properly, the Yetzer Harah is happy that he succeeded. His purpose is that he should weaken our commitment, but by cherishing the mitzvos, we are going to win him.

We must remember that the value of our mitzvos are very great, and not let the Yetzer Harah dissuade us.

Furthermore, because we are further from Matan Torah this gives the value of our actions so much more meaning.

Have a Wonderful Shabbos!

AYIN עין טובה TOVA

By: R' Nesanel Landesman

Suggestions for the case of Meir who wishes to surprise his wife and makes pancakes for the family and he puts in vinegar instead of oil!

- Maybe his error will humble him so the next time he tries to do something nice he is extra attentive to detail.
- His wife still appreciates his intentions so the point was more the care and love and that came through, even if his culinary skills are not where they can be.
- Meir now has a greater appreciation for all the hard work his wife does in preparing meals for their family.
- Meir thought he would be doing such a nice thing for his wife, but she actually would not have appreciated it. His wife is extremely proud of her cooking and a little bit of her self-worth is tied to her cooking. It's possible that Meir's wife would have felt badly that "anyone" can cook.
- Now he has an opportunity to make pancakes with the whole family helping!
- The responses of his family were so loving and supportive that he realized at that moment how very special of a family he truly has.

CASE OF THE WEEK:

Shlomo answered the phone and a lady fundraising for a reputable organization was on the line. She proceeded to detail how they do amazing work and are desperately in need of funds.

Impressed by the pitch, Shlomo pledged a donation much more than he would normally give.

The lady then began to berate him, saying his donation was insignificant and he should be embarrassed to give that amount. He just wanted to take back the whole donation.

Help Shlomo have ayin tova for the woman, the organization, and his situation.

Please send your suggestions for the AYIN TOVA CASE to: ayintovanewsletter@gmail.com

Or call [Israeli daytime hours only]:

USA: 831-244-6019

EY: 052-760-5409.



By: Rabbi Eliezer M. Niehaus

Over a year ago, my daughter **Esther bas Sara Miriam shetichyeh** (a young mother), was diagnosed with the *machalah*, and needs a lot of *tefillos*. I joined together with R' Yossi Hecht, founder of "ASHER TO THE YATZAR", and we began Bezras Hashem a monthly leaflet to help people understand what this beracha is all about and thus say it with more feeling and *kavanah*. This column is based on that leaflet. If you would like to receive the full leaflet, please email ashertotheyatzar@gmail.com.

Two Minutes a Day Keeps the Doctor Away!

The *Seder Hayom* (a *mekubal* in *Tzfas* at the time of the *Arizal*) writes: "One should say *asher yatzar* with great *kavana*, word after word, and think about the great kindness Hashem does with us each time we use the facilities... If a person does so, his entire life he will never get sick, and will never need a doctor, nor his cures." Perhaps the reason is that Hashem sees we appreciate our healthy bodies, so there is no need to remind us through sicknesses.

Rav Shimshon Pincus once asked: "Why is it that we hear about so many people who unfortunately are suffering from difficult sicknesses and ailments? It could be because we are not careful with the *berachah* of *asher yatzar*." Then he added, "I don't mean that we say it mindlessly – I mean we don't **say** it!! We mumble it and skip words, because it is a long *berachah* and we don't have patience for it."

This got me thinking: How long does it take to say *asher yatzar* properly? I venture to say approximately 20 seconds. This means we need to spend **no more than 2 minutes a day on this berachah**. That equals 14 minutes a week, one hour a month, and over an entire year just 12 hours. Who wouldn't spend a half a day every year to save himself from doctor visits, hospitalizations, operations, medications, physical and emotional pain and suffering!

It is well known that Rav Chaim Ozer Grodzinski (the leading *posek* and spiritual guide of the Jewish nation during the pre-WWII era) was able to hold a pen in each hand and write two different complicated halachic responsa, all while answering questions orally. However, most of us will probably find it difficult to think about the significance and meaning of this beracha if we are doing something else simultaneously. Let us make sure to stop everything we are doing for 20 seconds and say it while **standing in one place**. This small piece of advice can make the world of a difference.

Stories that Inspire

A rabbi was hired by a shul, and since he was a bit more scrupulous about mitzvah observance than his predecessor, many of the senior shul members grew skeptical of some of his practices. It's not hard to imagine their utter surprise upon observing their new rabbi closing his eyes and quietly reciting a prayer after using the restroom. A prayer for that too? They couldn't understand it!

Until one day...

The president of the shul, who was also the leader of the amused congregants, had to have a catheter put in.

When the rabbi came to visit him in the hospital, the older man turned to him and said, "Forget *Kol Nidrei*, Rabbi! Asher Yatzar. That's where it's at!"

(Reprinted with kind permission from "Asher Yatzar" by Rabbi Moishe Dovid Lebovits)

נקדש את שמך!

By: Rabbi Shraga Freedman



In the year 2014, the city of Detroit was hit with major floods. In many homes, basements were ruined and furniture destroyed. With many uninsured families staggering beneath the burden of the sudden financial loss, not to mention the scale of the cleanup job, a group of young men came together to launch the Detroit Chessed Project. The group managed to obtain new furniture and mattresses to replace those that had been lost by many families, and to recruit volunteers to clean out the flooded basements. Since that time, the project has gone on to provide assistance, financial and otherwise, to people contending with countless needs.

On Chol Hamoed Succos, the group met for a small but festive simchas beis hashoevah. The delectable food, excellent music, and spirited singing created an atmosphere of tangible simchas hachag.

A participant suggested that the members of the group each share a brief account of what each committee had accomplished. The revelations were astounding, even to the participants themselves. One member of the project related that his committee had recruited sponsors for an huge quantity of clothing donations over the course of the year. Another had arranged with a large retail chain store to donate a truckload of bedding, lamps, and accessories each month. A professional caterer then stunned the group by revealing the number of food packages he distributed each week. Suddenly, the rest of the attendees began volunteering to sponsor the costs of the food packages over the upcoming months, one after another. In a completely spontaneous development, thousands of dollars were pledged in the span of a few minutes. Once the impromptu fundraising session had ended, the singing began again and the festivities continued until late in the night.

At the conclusion of the event, as the musicians began packing up their equipment, the host approached the

non-Jewish saxophone player, who lived an hour's drive away, to thank him for his time and effort. "I appreciate you are agreeing to stay so late," he said. "How much do we owe you for tonight?"

Visibly moved, the musician said, "Please, take the money and put it toward your wonderful program. I have never seen a display of such generosity and joyful giving in my life. You are the most incredible group of people I have ever seen."

As Jews, we are charged with behaving in a way that will earn us the world's admiration and lead others to recognize the greatness of Hashem. In order to accomplish this, we must go beyond ordinary human behavior. We must learn to display positive character traits that are so incredible that they are clearly recognized as being G-dly in nature. It must be clear to the world that our positive attributes are not the result of our being nice people, but rather are due to our service of Hashem. As Rav Shimon Schwab often commented, "Where mentschlichkeit ends its achievements — at that place, Yiddishkeit begins."

Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.



Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

Email: LivingKiddushHashem@gmail.com for a free file of sefer Mekadshei Shemecha and other resources and to sign up for our weekly Kiddush Hashem email.

Stories to Inspire

A Gift From Hashem

Based on a story told over by Rabbi Fischel Schachter

Heart surgery is an extremely risky procedure for anyone. When Rav Yosef Shalom Elyashiv ZT'L, at the age of 102, required a heart procedure, no doctor in Eretz Yisrael was willing to take on the risk of performing it. Instead, a world-renowned heart surgeon from America, along with his team of doctors and equipment, was flown in, despite the considerable expense. Upon their initial conversation, the esteemed doctor was amazed by Rav Elyashiv's sharpness. Here was a man of 102 years, asking precise questions with a clarity that surpassed even individuals twenty years his junior.

Thankfully, the surgery was successful, and before the doctor and his team returned to the United States, he made a final visit to Rav Elyashiv. Anticipating this visit, Rav Elyashiv turned to someone and asked, "How do you say thank you in English?" He practiced saying the words "Thank you" multiple times until he could say them fluently. When the doctor finished his visit, Rav Elyashiv expressed his gratitude in English by saying "Thank you."

People around them were surprised because Rav Elyashiv had been communicating with the doctor through an interpreter throughout their interactions. They wondered why it was so important for him to personally say "Thank you" instead of relying on the interpreter to translate "Todah rabba." When Rav Elyashiv was asked this question, he explained a fundamental concept.

Rav Elyashiv referred to a beautiful explanation from the Abudraham. During the chazaras hashatz, the congregation listens attentively as the shaliach tzibbur recites the Shmoneh Esrei. However, when the shaliach tzibbur reaches the bracha of Modim, the entire congregation bows down and says Modim derabanan, a prayer of thanks to Hashem. In Modim derabanan, we personally express gratitude to Hashem, recognizing that our lives are solely in His hands.

We can appoint a messenger, the shaliach tzibbur, to beseech Hashem on our behalf for healing or sustenance. The shaliach tzibbur can intercede for us in numerous requests. However, when it comes to thanking Hashem, it must be done personally by each individual. We cannot delegate someone else to say thank you on our behalf because the depth of gratitude varies based on the individual.

Story taken from the Stories to Inspire Hotline

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This incredible pleasure is something that you don't want to miss! You can earn it everywhere and at anytime! Don't wait until tomorrow! It's not worth the risk! Grab every single mitzvah! Especially the 'small' ones! They are the **ONLY** things you will take with you to the next world!

PRICE: Just make sure that each day you do the mitzvos that Hashem wants you do!

The Miracle of Bread

By: Mordechai Solomon

Recap: 12 of the many miracles that's in your slice of bread.

1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.
2. The seed stays fresh and doesn't rot so you can gather them and plant a whole crop's worth.
3. Soil is only found on earth.
4. Soil is the perfect environment for the seed to grow.
5. The soil is a natural habitat for ants to live in and also for the inchworm.
6. The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
7. The Inchworm bores bigger holes in the ground which is also a form of tilling the ground
8. Vegetation grows in the ground.
9. The soil also produces all different types of vegetation.
10. This so happens to be the perfect food for the Inchworm.
11. After it eats, the food goes through an amazingly complicated digestive system.
12. The Inchworm's body produces waste.

הזן את העולם כולו בטובו!!! 🎵



The waste is very good fertilizer for the soil to help the growth of the wheat.



When the worm dies, it decomposes and is good fertilizer for the plants.



Different germs and bacteria grow in the soil to improve the soil for the growth of the plants.



The seed reacts with the water to start to decompose.



This enables that the water should continue to make the seed rot.



Water is made of two gases.

To be continued BE"H

Yes!! We are ready!!!



More than 30 Spring Hill Times readers have packed their Mashiach bags already!

Malka Prijs -10
Manchester, UK



Sarah Sher -10
Lakewood, New Jersey



Buna Jundef -11
Lakewood, New Jersey

Dear Spring hill times, I made a camping bag full of stuff to do while on the plane (or eagle) this is what I put inside:

1. Camera	2. Putty
	3. Notebook
	4. Pencils
	5. games
	6. fidget toys
	7. bead bracelet set

Tzvi Poretz-12
Far Rockaway, New York

We will put in our only thing that will be important.

AMEN!! AMEN!! AMEN!!

I"YH I should come to use the suitcase very very soon.

Torah & seforim will be the

THE SPRING HILL TIMES WEATHER STATION

Weather Reports Brought to you by:
Meteorologist Velvel Honig

It makes no difference what the temperatures will be or what conditions await us



the weather Hashem gives us is always beautiful and perfect!

Rockland County, New York

Tuesday 17 Sivan
 Low 54°F
 High 78°F
 Partly Cloudy!!
 Yippie!!!
 It will be a wonderful day to thank Hashem for your shoes!

Wednesday 18 Sivan
 Low 52°F
 High 75°F
 Mostly Synny-
 Wow!!!
 There will be perfect weather to realize how Hashem protects you from all harm!!

Thursday 19 Sivan
 Low 51°F
 High 71°F
 Partly
 Cloudy Yay!!!
 Perfect day to think about the wonderful schar you will get for each mitzvah!

Erev Shabbos 20 Sivan
 Low 53°F
 High 74°F
 P.m. Showers
 Yum!!!
 Perfect day to jump up and down from excitement while putting drinks in the fridge lekavod Shabbos!

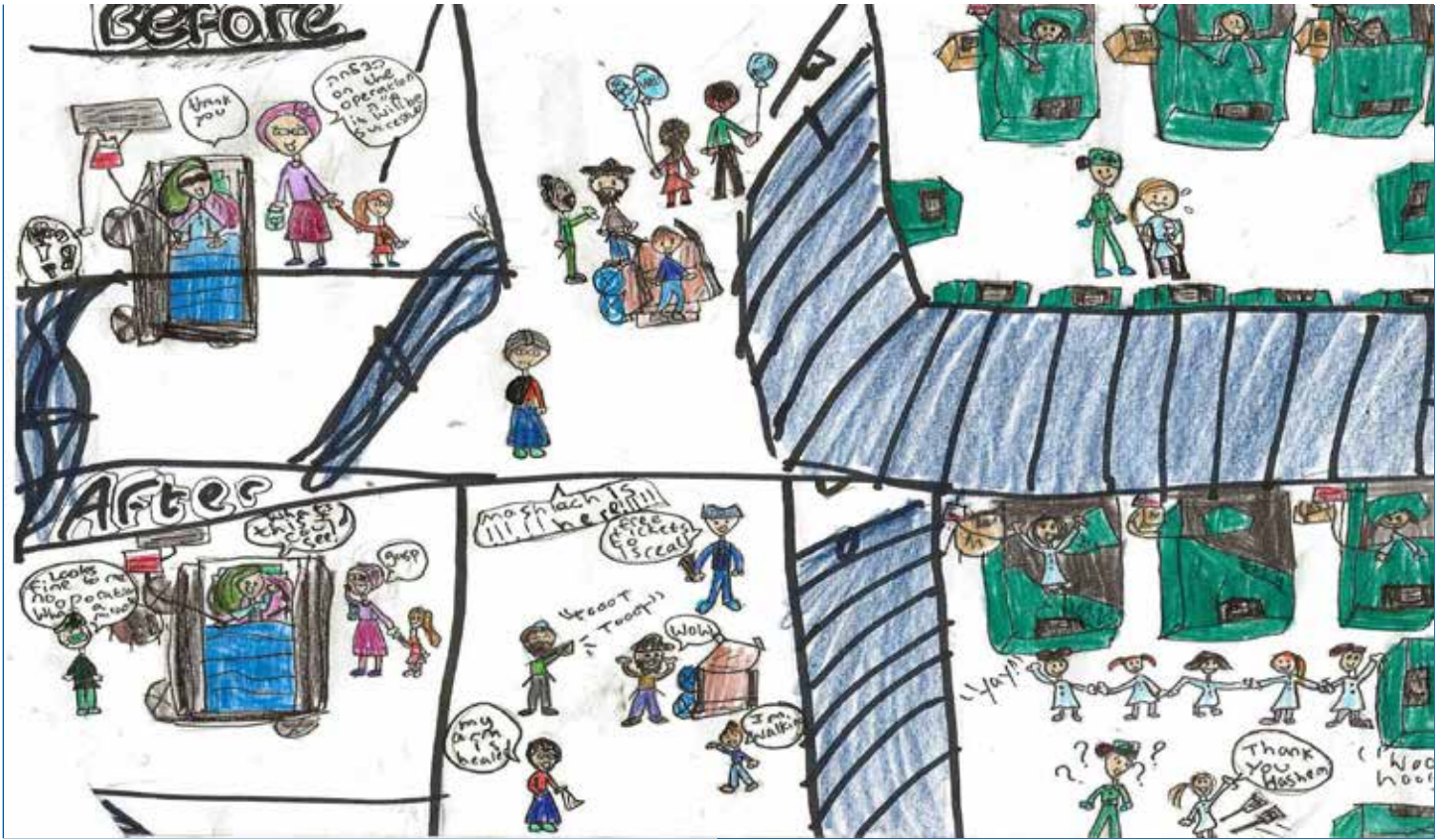
Shabbos Kodesh 21 Sivan
 Low 56°F
 High 78°F
 Partly Cloudy!!
 Yippie!!!
 Stunning weather! Perfect to celebrate Hashem's Shabbos with saying Kiddush!

Sunday 22 Sivan
 Low 59°F
 Mostly
 Cloudy! Gor-
 geous!!!
 Beautiful weather! Will be a great day for Hashem to bring His Shechina back to us!

Please note: This is based upon the forecast at time of print. Actual results usually vary...

Thank you Nechama Holstein for your beautiful entry!

ופתאום יבוא...



Thank You Chaya Ita, for your beautiful entry!

Thank You Rivkala Jundef for your beautiful entry!



A GLIMPSE INTO THE PAST

By: Sruli Yelen - Lakewood, New Jersey



*Rav Gershon Edelstein zatzal with
ybl"ch Sruli Yelen*



*Rav Shlomo Zalmon Aurbach
with Rav Ovadya Yosef zatzal*

By: Amrom Weinstein - South Fallsburg, N.Y.



Rav Shach ztazal



*Rav Yaakov Yitzchok Ruderman, Rav Yaakov
Kamenetsky, Rav Moshe Feinstein and Rav
Baruch Sorotzkin*

Direction with Class™

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Do you get confused while turning a screw and keep on forgetting again and again in which direction to turn it?

Trying to open a combination lock and not sure which way to turn the bolt?

Trying to parallel-park into a tight spot and can't figure out which way to turn the wheel?



- ✓ Turn with confidence!
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- ✓ Say goodbye to frustration!
- ✓ Save your time!
- ✓ Feel so successful!
- ✓ Be the envy of your friends!

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YES!!!!

The Spring Hill Times says 'Yes' to:

✓ **Hashem**

✓ **Shabbos Kodesh**

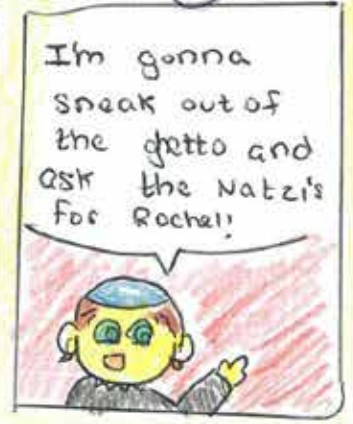
Will you also??

Recap: Shimmy had a surgery on his hand & in the end he ended up with hair on his palm. 5 years later - in the ghetto, His sister Rachel was taken away.

An amazing Story

Based on a true story

Chapter 7



-By SP

To be continued...

Just Look At What Hashem Made For You!

By Leiby Berger - Jackson, New Jersey

It's a
Stunning
World!



It's a
Wonderful
World!

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5

Weekly Thank You's

לזכות משה יהודה בן
שושנה



By: R' Simcha Elefant - Yerushalayim Ir Ha-kodesh

**Thank
You Hashem
for
Shoelaces!**

Such a convenient
easy way to
fasten our
shoes!



**Thank
You Hashem
for making
Flowers
in all different
shapes
designs
and colors
just to add
beauty to
Your world
for us!**



**Thank
You Hashem
for Leather!
Such a strong
flexible material
that
can be used
for so many
things Talis
bags, shoes,
watches,
wallets,
couches...**



**Thank
You Hashem
for Ovens!
Such a
convenient
easy way
to cook/
bake all our
foods in the
comfort of
our own
homes!**



**Thank
You Hashem
for Highways!
They
make it so
easy and
convenient
to travel
distances so
safely and
smoothly!**





THEN & NOW

"Ma, what's for supper?"

1800's :

More likely the question was: "Ma, is there supper today?"

If there was food, it was divided up carefully between all the family members,

Very often you went to sleep on an empty stomach...

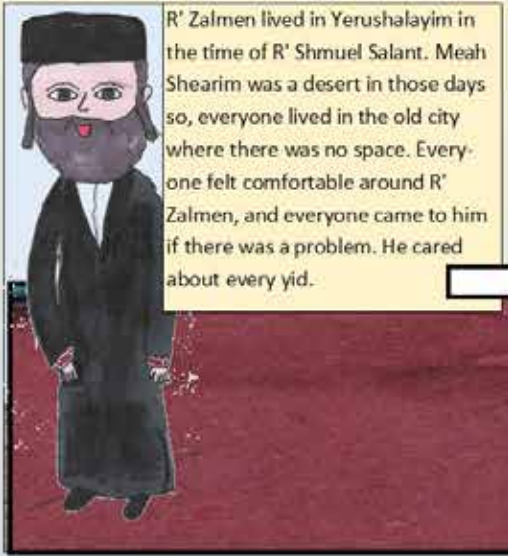
Today:

Meatloaf, meatballs and spaghetti, chicken and rice, chicken/meat and potatoes, schnitzel, chicken soup, hot-dogs, burgers, pizza, noodles and cheese, lasagna, vegetable soup, salmon, fish sticks, French-fries and ketchup, salad, corn on the cob, Pita and Falafel, broccoli and cauliflower, bagels and tuna and what not?

All the delicious pleasures in this world cannot compare to even one second in Olam Haba! Just keep on grabbing more and more mitzvos...



Chapter 1: Buying Meah Shearim



R' Zalmen lived in Yerushalayim in the time of R' Shmuel Salant. Meah Shearim was a desert in those days so, everyone lived in the old city where there was no space. Everyone felt comfortable around R' Zalmen, and everyone came to him if there was a problem. He cared about every yid.

One Erev Shabos R' Zalmen walked out of the mikva and a whole group of yidden were waiting for him.



R' Zalmen this can't go on! We've all been squeezed in Yerushalayim, where there is physically no space!

What we need is courage and if you're willing to join me on Motzei Shabos we will have a meeting in the Bais Medrash. Now I need to get ready for Shabos. Gut Shabos.

Phew! Once R' Zalmen puts his foot in a situation he doesn't take it out until the problem is solved

At the meeting on motzei Shabos.



The land we buy outside the old city has to be built on mesiras nefesh! Big people have built there people moved there after all it didn't cost them a penny. When there was a drop of fear everyone ran into the shelter of Yerushalayim. GIVE ME 100 YIDDEN willing to live under the danger and, pay for it. Those people will have the zechus of all the other people that will move there in the future. If you are committed I want to see 100 coins on this table one for each person joining!

The next morning R' Zalmen went to the Turkish owner with a gevir by the name of R' Zundel.



We would like to purchase the land outside the old city!



You want that land! Great! no one else would want it. I mean it's desolate other then the snakes, scorpions, and lots of thieves!



R' Zalmen and those helping him bought whatever building supplies were needed. They put down the first stone that year תרל"ד and some time later came back to build. in the year תרל"ה ten houses were built. By the end of that summer ten more were built.

Our tzadikim are so great. R' Zalmen had plenty to do, but turned his life around to help other yidden!

Gold Mines

Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock

“הקנאה והתאוה וכבוד מוציאין את האדת בעולם”



Jealousy is something that affects everyone, but people don't realize how untrue their envy of others really is. Rav Mandel always says, “Envy is ignorance and imitation is

suicide” If people would only know what's really goes on by the people they're so jealous of, they're envy would be gone.

People think “oh that person he's got it all” or “he knows what he's doing” they live in דמיון!!! If they would only know the inside story with him, they would realize how much energy they are wasting by being envious. Believe it or not, so many times the people you're so jealous of are at the same time jealous of you.

Rav Mandel heard from Rav Nosson Wachtfogel that if everyone's personal peckel were displayed and every person would have a choice to pick any peckel, they would run and grab their own peckel back. We only see the blessings of other people or the time they look so successful. Hashem might do this in order to give us a נסיון and an opportunity to work on ourselves and grow, but keep in mind that it's all a דמיון.

Rabbi Yosef Moshe Mizrachi

Yudy* a famous Askan Approached Rav Elyashiv to discuss an important election. Due to its great importance the Rav spent much time discussing the different candidates. The Rav gave a Psak on the person everyone should vote for.

Sometime later when the results came in,

Yudy came running to the Rav Elyashiv Eager to share the news. However when he came, the Rav said, "Please wait till I'm done my learning Seder before telling me who won."

Yudy was perplexed, the Rav was so involved in the voting why did He lose interest suddenly?

After his learning Seder R' Elyashiv explained: "The reason why I was very involved in the voting was because it's a Mitzvah to try to help build Torah.

Having the right candidate can be very helpful but once there is no more I can do I'm not so worried about who won because that is up to Hashem and whatever Hashem decides is perfect! So yes! The results could wait for me to finish learning!"

Shabbat Shalom U'mevorach!

Mazel Tov!

Mazel Tov to Rabbi and Mrs. Nosson Hirschberg (Lakewood, New Jersey) on the marriage of their son Pinchos Eliezer to Miriam Bursztyn daughter of Rabbi and Mrs. Aharon Bursztyn (Lakewood, New Jersey)!

Thank You Hashem for...

Sunday	

Monday	

Tuesday	

Wednesday	

Thursday	

Friday	

Name: _____ Address: _____ Phone: _____

To win prizes, fax a copy of your completed chart to 718.436.7358 OR email a copy to hashemthanku@gmail.com

BITACHON POWER!

BY: Rabbi Chayim Tzvi Blau

This week's Topic: *Not WE but HE*

The Quote – The Lesson – The Story

A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

The Quote: " If One relies and trusts only in Hashem, then he will find that he will be able to distract himself from his busy life and he will find it a lot easier to focus more on his 'עבודת ה'."



The Lesson: WHAT MAKES THIS quote so amazing is that we have such busy lives which can make a person feel it hard to focus enough on Avodas Hashem. The reason this could happen is only if a person feels that THEY are in control of their life and THEY need to get *this* done and THEY need to get *that* done. All this causes a person to get so tied up in their busy life that they can lose focus on Avodas Hashem. BITACHON POWER - With Bitachon, however, it is an entirely different life! **WE** are not busy, because we understand and realize that it is not WE that need get things done but we just go through the motions and it is HE that gets it done! The Chovos Halevavos is teaching us that when we have Bitachon that Hashem is doing everything for us, now we can become easily distracted from our busy life and put

more focus on Avodas Hashem – Because it is not in our control in the first place! We can be calm!

THE STORY: THERE WAS A YID WHO suffered from a medical problem that made it difficult for him to control his bodily functions. He was referred to a doctor who was considered an expert in the field. After an examination, the doctor prescribed a course of treatment and assured him, "After this treatment, I have no doubt that you will be completely recovered from this condition." The patient felt uneasy with the doctor's haughty self-assurance and said, "With Hashem's help, I am sure your treatment will be successful, without siyata d'Shmaya, nothing can ever succeed." The doctor bluntly replied, "With Hashem's help or not, as long as I am here, you don't need any other address, don't worry."



The patient was shocked to hear a Jewish doctor talk with such kefira. After he left the office he went to HaRav Chaim Kanievsky Shlit"a and told him what happened.

HaRav Chaim asked if he was worried about his honor or Hashem's. He replied that he was worried about Hashem's honor.

HaRav Chaim said, "Don't worry, Hashem will show the doctor how inappropriate his words were."

That very night the patient received a phone call from the doctor, whose humbled, quivering voice was very different from the haughty self-confident tone with which he had spoken just a few hours earlier. "I must tell you that I endured something tonight that has never happened to me

before. I participated in a medical convention with hundreds of doctors from all around the world. As I ascended to the podium and was about to address my colleagues... I suddenly lost control of my body, and I had the most humiliating accident that I could have ever possibly imagined. Just then I remembered my conversation with you and realized my mistake. **It is Hashem WHO IS REALLY DOING EVERYTHING!**

Next week's Topic: "Not a fake"

A Week in Review



Hashem Feeds Yeshiva Bochur

Yanky Shain,* a bochur from Lakewood Mesivta, was very hungry and wanted to have koach to learn Hashem's Torah. He davened to Hashem to please send him money to buy a danish.

Right then, a bochur by the name of Avromi May* came over to him and asked, "Do you want money to buy a danish?" [Heard from Yanky]

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Hashem Pays For Medical Bill

Mr. Fishman's income comes from long-standing customers. One day, he met his friend Chezky* who told him that he was having a hard time finding employees, making the filling of orders difficult.

Mr. Fishman told him that if there's any way he could help, he would be glad to pitch in - as long as he has the time.

On Monday, 24 Iyar, 5783, Chezky called him to pitch in with something and paid him fair compensation.

Later on that day, Mr. Fishman got a call from the doctor that the test he had ordered was going to cost him \$450 out of pocket - the exact amount that had been paid to him a mere hour earlier!



Our Beautiful Nation!

The following story was witnessed by an accountant of a big Ba'al Chesed:

There is a woman with a disability who comes in to the boss every week. She asks him for money for Shabbos.

One day, she walked in and asked if he could give her enough money for four Shabbosim at a time. This way she won't need to come every week.

He replied her, "I am willing to give you enough money for four Shabbosim. The only problem is that if I give enough to last you a long time, I won't see you for a while and I really enjoy seeing you!"

The woman felt like a million dollars! She felt so valued and special, not because of how much money she received but because of how this man made her feel!



Anti-semitism Down!

Reb Shmuel Fogel* from Beitar Ilit, was walking on the street and his hat flew off in the wind. He had no idea where it went.

An Arab builder saw that the hat flew under a car. He went under the car and got himself all muddy to get it out!!

Thank You Hashem for making non-Jews be nice to us! [Heard from Reb Shmuel]

Mitzvah Health SUPERSTORE



NEW!!!
Powerful Long-Life Vitamin!
GUARD YOUR TONGUE!
100% Effective
Approved By Hashem

TRAVEL INSURANCE

Say Tefilas HaDerech
For a smooth easy trip!



Your Ticket To Olam Haba!

*Forgive All People who Wrong
You!*



Chazal

*The King Invites You
to
The Grand Celebration*



Don't lose your ticket!
KEEP ON DOING MITZVOS!

BE THE ONE TO INSPIRE TENS OF THOUSANDS OF YIDDEN! BECOME PART OF THIS WONDERFUL NEWSPAPER!

The Spring Hill Times is looking for volunteers to:

1. **Send in pictures of gedolim from the past.**
2. **Send in pictures of Hashem's beautiful world.**
3. **Send in good news that's being reported (e.g. latest medical breakthrough. Latest discovery in science...)**
4. **Type up messages.**
5. **Create mitzvah ads.**
6. **Write Gedolim Stories.**

Please call/text 845-327-5041
Email: thespringhilltimes@gmail.com

Niflaos Haborei Riddles

By: T. Bauman

You don't really like it
When I say 'hello.'
You'd much more prefer,
I keep my profile low.
Not that you don't use me,
Oh, you bet you do!
But when I work 'quietly',
It's more comfortable to you.
I mix and i blend
and extract and produce.
I am famous for my powerful
specialty juice.
If you digest this information,
I'm sure it will be clear.
When you're ready to answer,
I'm waiting right here.

*Find the answer somewhere on the **BACK**
page*

Cheishek HaTorah

Riddle # 41

As we travel in the desert to our destination,
we had a very unique configuration. Shevet
Don had a very big population, therefore
last was best for their position. But there was
a different Shevet whose numbers were even
more! Yet for technical reasons they couldn't
be assigned the "back door".
Which Shevet was the largest and why
couldn't they be positioned last?

Leave your answer on the Chaishek HaTorah
Line

845- 720-4040 x9 by Sunday 7PM EST to be
entered into a raffle for a Sefer. (The answer and
winner will be announced on x 14 #41).

You can hear stories from the Spring Hill Times
being read on the Cheishek HaTorah Hotline.

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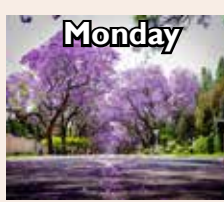
Sunday



Society nowadays #1550 promotes the message, "If someone takes advantage of you, or criticizes you, stick up for yourself!"

Actually, this mindset leads to stress, aggravation, Machlokes and Sinah, leading people to suffer emotionally, mentally, and physically. If you want to enjoy life and be strong emotionally, mentally, and physically, do Hatava B'Makom Hakpada. Smile, compliment the person, do them a favor. Going opposite your nature will bring you true intrinsic Simcha.

Monday



Living a life of Menuchas Hanefesh and Simchas Hachaim is not dependent on external circumstances. #1551

Some people who have Nisyonos such as not having enough money to pay their bills or people in their lives who are challenging to deal with are still extremely happy and full of Menuchas Hanefesh. And other people who seemingly have "easy" lives do not have Menuchas Hanefesh or Simchas Hachaim.

Tuesday



A human boss would #1552 not dream of giving a bonus to an employee who keeps making mistakes and therefore works extra hard but still does not manage to achieve a

fraction of what the others accomplish.

However, when it comes to serving Hakadosh Boruch Hu, this is exactly the way it works!

The more a person struggles and makes mistakes, but instead of giving up tries again and again, he gets more S'char! Results are Hakadosh Boruch Hu's department. Hashem wants Ratzon and effort, not accomplishments!

Wednesday



When a person #1553 gives Chashivus to Tevah and believes in Tevah, then Hakadosh Boruch Hu acts with them as though there is such a thing called Te-

vah.

If a person realizes there is no such thing as laws of nature, and makes a joke out of Tevah, and realizes it is one big illusion, then Hashem treats them with open Bracha, Chessed, and Rachamim, with Yeshuos L'Malah MiDerech HaTevah.

Thursday



Politicians and people #1554 in positions of power are nothing more than puppets in the hands of the Ribono Shel

Olam.

Getting anxious or upset about politics or current events is like getting emotionally worked up by a puppet show!

Relax, knowing that Hashem is pulling the strings.

Erev Shabbos



Rashi in Parshas Bamidbar explains that Hakadosh Boruch Hu is constantly counting Klal Yisroel to show how much #1555

He loves Klal Yisroel.

Each Yid is individually precious to Hakadosh Boruch Hu.

Story Time

Stories From 'A Life With Bitachon'



This story has been called in all the way from Eretz Yisroel by a Choshuve Yungerman by the name of Yisroel Sorscher. He was Shmoozing and speaking to one of his friends, and his friend said, "I have to tell you the most amazing Bitachon story that I just experienced first-hand.



My daughter, just became a Kallah. She wanted me to bring her to the store to take her shopping. I brought her to the store, and I stayed outside.

After some time, she came outside, and she said, "Tatty, I found everything I wanted. It's going to cost 2500 Shekel."

I was thinking, 'Well, that's a lot of money. Right now, can I afford that?'

Then he said, 'One second, why am I trying to figure out if I can afford it, as if I'm the one paying the bills? It's the Ribono Shel Olam who is paying the bills. I'm just going to leave it up to Hakadosh Baruch Hu, the Ribono Shel Olam.'

With that, I told my daughter, "Sure, of course, take whatever you like."

Right after she walked back into the store, there was a Yungerman who was passing by. He turned to me and said, "I see your daughter is shopping. Is she a Kallah?" I said, "Yes."

He said, "I want to give a gift. Here's 1,000 Shekel. One second, I want to give you more, here's another 1,000 Shekel. One second, I want to give you more. Here's another 500 Shekel!!!"

And with that, he had all the money that he needed for his Kallah!



This story has been called in by Mrs. Berman. She was traveling out of town with her family, a trip that was going to take eight hours. She wanted to rent a car that would be comfortable seating for the whole family so they would be able to enjoy their trip.



She called a rental place and asked how much does it cost for the most comfortable car. They said, "It's very expensive, but you get what you pay for."

She saw it was a lot of money, so she said, "Okay, just give me the cheapest car." They said, "You know, that car won't be too comfortable for



you. Remember, you get what you pay for. Are you sure you don't want to get the more expensive car?" She said, "No, thank you." With that, she hung up the phone, thinking, 'What are they telling me? You get what you pay for. That's if you go with Tevah, laws of nature. But I'm going to go with Emunah and Bitachon, that Hakadosh Boruch Hu is the Kol Yachol. I'm going to rent the cheapest car, and it's going to be so comfortable.

When it came time to pick up her rental car, she saw that they gave her the most comfortable car. She said, "I didn't ask for this, I asked for the cheapest car."

They said, "I'm so sorry, the car the you wanted to rent, something happened, so we're going to give you for the same exact price the most comfortable car we have in stock."

In no time she had the most enjoyable, Geshmake ride, with her whole family, without even paying an extra penny.



This story has been called in by a Choshuve Yid named Rabbi Blumenthal. He said he was just speaking to someone who runs a seminary, who said, "I have to tell you the most amazing Bitachon story that I was just part of."

He said that he has a seminary in America and they bring the girls once a year to Eretz Yisrael. The seminary sponsors half the trip and the parents have to pay the other half.

He called up a Gvir and asked him, "Could you please sponsor for what the seminary sponsors?" The Gvir said, "Sure, I would like to pay for your half. I hear that the girls have to pay their half. I would like not only to sponsor for your half, I want to pay for one of the girls, whomever you feel would appreciate it."

The Yid said, "Thank you so much, I really appreciate it."

He was thinking, who should I call? He decided to call one girl and asked, "Would you like it if someone would sponsor your half of going to Eretz Yisroel?"

She said, "Do you know? I wasn't able to afford to pay for my half! I had no idea where I was going to come up with the money. But I said, I follow 'A Life with Bitachon', and I know that even though I can't figure out where the money is going to come from, but my loving, caring Father, Hakadosh Boruch Hu, the Ribono Shel Olam, knows exactly where the money is going to come from! As I was thinking those thoughts, I got the phone call from you, that someone's willing to sponsor my half!!!"

And in no time, everything was paid off, better than ever.



This story's been called in by a Choshuve Yid by the name of Lipa Braun. He was bringing a couple of his children to eye doctor appointments. The appointment was scheduled for 12:00, but he was in bumper-to-bumper traffic. He wasn't moving anywhere. The clock was ticking. It said, ETA 12:20, then it said 12:30,



Story Time

Stories From 'A Life With Bitachon'



then 12:35. He was trying to call the doctor's office but they weren't answering, so he left them a message. "We're running very late, what can you do for us?"

They responded, "You can reschedule, but don't bother coming, you're already a half hour late. There's nothing to talk about."

He was ready to make a U-turn. He told his Kinderlach, "Sorry, they said it's too late." His 14-year-old daughter said, "Tatty, I heard many stories on a Life With Bitachon, how people are running late for appointments, and then they say, 'Who's in charge? Is it the person at the desk? Is it up to the Doctor? It's

up to Hakadosh Baruch Hu. Tatty, instead of turning around, just keep on going, and I'm going to have full Bitachon that everything is going to fall into place."

With that, they kept going to the doctor's office, and when they arrived, they said, "Sure, come right in, no problem," **and they gave them the best service, better than ever.**



This story has been called in by a Choshuve Yid. He got a summer Rebbe job in a bungalow colony.

He asked if it was possible for him to have a bungalow in the colony where he was going to be a Rebbe.

They said, "Sorry, there's a waiting list out the door. We're already filled up. There's nothing we can do."

He asked around, and everyone told him, the way it works is, we had to wait years to get a bungalow in the colony, so there's

no way you're going to get a bungalow right when you came to teach. Sorry, nothing doing, you're going to have to look elsewhere."

He said, one second, that's if you work with Tevah, laws of nature, you have to be practical, realistically speaking, how does it make sense on pen and paper if it's already full and there's a waiting list... But if you go with Hakadosh Baruch Hu, the Ribono Shel Olam,

He's the Kol Yachol, and for Hashem, there's no such thing as something's full. Hashem always can make room, there's always room for more. I'm just going to go with Hashem, He's the Kol Yachol, He can do anything and everything.

Shortly afterwards, the phone rang. He saw it was the bungalow colony calling and they said, "We just managed to work something out, we're going to give you a bungalow in the colony."



The Clock Never Stops Ticking

By: Miriam Balsler - 11, Lakewood, New Jersey



Look at a clock and you will see the hands keep moving. Even if there is a birthday, it doesn't stop ticking. Even if there is a flood or some other situation, it still keeps ticking.

When there are hectic situations we remember that HaShem is still guiding us and leading us and we should never forget that Hashem is in charge. We never forget, even in hectic situations.

The



Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. I try to be very careful not to say or listen to lashon harah. However, my family members are not so careful to avoid lashon harah. This bothers me to no end; I'm trying so hard to avoid lashon harah, and they're letting their tongues loose and saying whatever they want.

A. What is it that's disturbing you so much? Perhaps what's bothering you is that your family members are showing insensitivity by acting in a way which they know bothers you. Furthermore, they are showing that what's important to you is not important to them, and that shows a lack of respect for you and what you value.

All this boils down to your pride being hurt. The antidote is to work on not becoming affected by kavod from people. Tell yourself: **הכבוד הגבול הבליים**. I don't care about kavod from people – especially people who speak lashon harah. True kavod comes from Hashem being pleased with me. When I'm working so hard to avoid lashon harah, Hashem is so proud of me'.

Perhaps you feel frustrated because you're trying so hard to serve Hashem by avoiding

lashon harah, and it seems like Hashem is making it extra difficult by making lashon harah spoken in your own home.

The remedy for this is to ask yourself: 'what is avodas Hashem? giving a nachas ruach to Hashem. The way Hashem gets the most nachas ruach is when I'm serving him despite opposition. When I'm faced with nisyonos and I stay strong nonetheless, this is what gives Hashem the greatest nachas ruach'.

Additionally, take this challenge and 'turn it into a business'. Use this opportunity to thank Hashem that He gave you the wisdom to know what the right thing is to do, and although you're around people who are testing you, Hashem is helping you stay strong and overcome the challenge.

Q. I am a yungerman in kollel and, Baruch Hashem, I'm very matzliach.

Recently, I was diagnosed with a certain medical condition which is making me weak and it's difficult for me to concentrate. As a result, I can't learn and grow as well as I used to. What is the emunah and bitachon perspective about this?

A. Perhaps you aren't able to learn the way you used to. However, your opportunities to grow close to Hashem are as great as ever. You have the opportunity to work on the core of avodas Hashem: emunah. Work on trusting that your situation is tailored for you by your loving and caring father, Hakadosh Baruch Hu.

The Gr"a teaches that when someone serves Hashem in an area which he's good at, it doesn't fully show his devotion to Hashem, because he's naturally inclined to serve Hashem in such a manner.

The test of a true oveid Hashem is when a person is put in a position that he's not used to, and still serves Hashem to the best of his abilities in his current situation. This is the way a person can truly reach his shleimus.

As per your condition, do exercises in positivity. Accept the mindset: 'I'm feeling great!' Act as if you have koach. Learn as if you could concentrate. Hashem created an unbelievable phenomenon that when a person speaks positively and thinks positively, the body receives the message that it's healthy and begins to repair itself.

Q. I try to have good dav-



The

Bitachon Perspective

Continued

enings

and I put a lot of effort into having kavanna by shmoneh esrei.

However, there is a person who sits next to me who does things which disturb my kavanna. This makes me very frustrated. What's the emunah and bitachon perspective about this?

A. Hashem does not need results. He sees that you're trying your best to have kavanna, and that's all He cares about.

The *ערות דבש* says that, on a certain level, you will get even more s'char, than if you would have succeeded in davening with kavanna. Because, if you would've had a good davening, you would take pride in your accomplishment. You would feel good about yourself, and the mitzva would not be one-hundred percent pure. But when you want to have a good davening but didn't, there are no exterior factors that detract from the mitzva.

Next, turn your 'failure' into a 'business'. Use your lack of kavanna as a means to strengthen your bitachon. Had you had a heartfelt davening, you might think, 'I'm okay. I had a good davening, and in that z'chus Hashem will answer

me'.

But now that you didn't have a 'good davening', your only resort is to go with straight bitachon, 'Hashem! I didn't have a good davening. There is nothing I have to rely on besides for you, Hashem'.

By doing this, you're taking your setbacks, and utilizing them to climb places you never would have gotten to otherwise.

Q. I am a teacher, and among the topics I teach is the concept of s'char v'onesh. However, people told me that in our generation, it's not healthy to emphasis s'char v'onesh. Is this correct?

A. Rav Moshe Feinstein Zatzal writes that the main obligation of chinuch is to teach emunah. A central part of our emunah is the knowledge that Hashem is our loving Father, and He made this world in order to give kindness to us.

We have to drill into the bones of our children and students how deeply Hakadosh Baruch Hu loves us and how much He's thinking about us and taking care of us.

The reason there is opposition to teaching about s'char v'onesh is because the stu-

dents often walk away with the message; 'Hakadosh Baruch Hu is a dictator with a stick in his hand, ready to get you if you do anything wrong'. This attitude can create unhealthy tension towards avodas Hashem.

However, if you succeed in communicating to your students that everything that Hashem does is out of kindness, you can explain how the concept of onesh is another aspect of Hashem's rachmanus. When Hashem needs to give an onesh, he is returning the person's neshama to its pure state.

We can compare it to a baby who got soiled, and his loving mother bathes him with soap and shampoo. Even though the baby cries, we understand that the baby needs to get clean, and what the mother is doing is the greatest act of rachmanus.

When the students understand the concept of s'char v'onesh as an act of love from Hakadosh Baruch Hu, it will make their relationship with Hashem even stronger.

To receive the full Bitachon Perspective, please contact klatzkoshalom@gmail.com



It's Worth Being Mevater

It was Erev Shabbos and I was in the take-out store buying food l'kavod

Shabbos kodesh.

As I was turning to leave, a man knocked into me and my phone, which I was holding in my hand, fell to the ground. I quickly picked it up and lo and behold, since it hit the ground with a thump the screen now contained a nice crack.

The man offered to pay. He was so sorry. I said it's fine the phone didn't cost much, and I'll just buy a new one. No need to pay.

He insisted we exchange phone numbers in case I changed my mind.

I got home, ordered a new phone, and put the scene behind me.

A few days later, I was getting off the bus to work and I noticed that my phone was not with me. Now, I knew I didn't forget it at home because I used it on the bus.

I thought perhaps it fell to the floor and I didn't realize it

when I got up to leave the bus. In the big city of New York, what were the odds that someone would return it even though it was still cracked? (I was waiting for the new one to come.)

I usually talk to my daughters in the morning, and they were trying to reach me. They later related to me that a Russian lady who didn't speak English picked up the phone. My mother, who speaks Russian, then called and it was communicated that she would go pick the phone from her.

My mother arrived and offered her some money for safeguarding the phone, but she didn't want to take any money.

B"H I was able to get my phone back and it got me thinking.

This lady didn't want to take money just like I didn't want to take money from the man who offered. If I would have taken money, would my phone still have been given back to me or perhaps, would it have been stolen?

Of course, most people's first instinct would be, "I should take money. It's his fault my phone dropped. If he didn't bump into me, it wouldn't have fallen and cracked."

The Spring Hill Times is looking for someone who can bring, on a weekly basis, copies of the newspaper from Lakewood to North East Philadelphia. Please call/text 845-327-5041

Yet, we don't realize mistakes happen and by letting things go sometimes, we earn schar l'oalam haba in return and that's worth more than money can buy.

A Reader

Rav Gershon Edelstein

I wanted to share this special photo of my son Akiva, who is now 6, at his chalachah by Rav Gershon zatzal.



Michal Litwin - Neveh Yaakov

Hashgacha Pratis

I want to share this hashgacha pratis story.

I remember the amazing story from R' Yisroel Brog (grandson of Rav Avigdor Miller, and Rosh Yeshiva of Tiferes Avigdor in Wickliffe/Cleveland, OH) that you had printed in this year's Succos edition.

He had related about how money that he had invested, over the years in kollel, for his

Attention Readers:

Didn't see the story you called or sent in? Don't worry, BE"H your story will be printed in the paper. We are B"H receiving a large volume stories each week, so it takes a few weeks until your story can get in.

Please keep you stories coming!

You are inspiring the entire Jewish Nation! You are shaping the destiny of Klal Yisrael!

Please note: The recording time on our machine (385-381-0977) has a limit of 3 minutes, so if your message is longer than 3 minutes just call back and finish your story.

children's chasunos, had disappeared due to someone's astonishing lack of caring, and that he said that now he has nothing other than bitachon, and that money started coming to him in most unusual and astonishing ways.

For example, when he was making one shidduch, and the mechutanim asked about support, checks suddenly began arriving at his house. He found out that a friend had made a small business deal with someone, several years prior, and had earmarked the profits to him. The businessman had forgotten about the deal, but now that his office was moving and they were digitizing the documents, he realized that there had been profit, and he sent the checks to Rav Brog. They arrived just when he needed them! (He also explained that he didn't think there was anything wrong with saving up money; one is allowed to, but that we see that bitachon is an even greater 'savings account'!)

The story I had is as follows: I produced tapes and CDs for years, and now USBs. I did a job for a mosad that wanted to give out USBs with shiurim as a gift by their dinner. The total cost for me to produce several hundred copies - with engraved logo and a nice printed tag, was about \$500. And for 15-20 hours of set-up work that went into it (for naming the files to show properly in the display of the MP3-player, and raising the volume to be able to hear properly, and

also literally about one-hundred emails back and forth!), I charged another \$500.

Now, before Shavuos, I went to a wine store, and bought about \$250 worth of wine and beer that I mostly gave to a yeshiva in my neighborhood, (of 'bais medrash/yeshiva gedola'-age), and I also bought about \$250 worth of cut-up fruit platters, nuts, and chocolate that I gave to both that yeshiva and to several shuls in my neighborhood for Shavuos learning.

The dinner of the mosad took place about one week before Shavuos, and the check arrived at my house in the mail on Shavuos; I opened the envelope with the mail on Motzoei Shavuos!!!

We also know that Chaza"l say (Beitza 16a) that all of one's earnings are set for him from Rosh Hashanah to Yom Kippur - except for the expenditures of Shabbosos and Yomim Tovim, and the expenditures for his children for learning Torah - that if one decreases, They decrease for him, and if one increases, They increase for him.

Rash"i explains that the yearly amount of money is set, and therefore, one should not spend too much on various matters, as he will not get more money. However, the aforementioned expenditures are not set - how much he will receive for it and from where the money will come, rather, whatever he is used to spending for these matters, he will

receive back either right away or after some time!

(I imagine we can say that spending on others' children for Talmud Torah is no less than on one's own. So, for Shavuos this year it was for all three - as Shavuos came out on Shabbos!)

This brings to mind a maaseh I heard from Rav Avraham Abba Freundlich, morah horaah in Lakewood. He told a story he had heard from Rav Shneur Kotler Zt"l, who related it a number of times when he learned by him in the yeshiva.

Rav Shneur grew up in the shtetl, and in that vicinity, there were two chadarim. One was in their shtetl, with the being in a neighboring shtetel. The cheder in the neighboring shtetl was known as somewhat of a better mosad. Most people sent to the local cheder, however, an almana with several boys sent to the neighboring shtetl. It cost her extra for the higher tuition and for the coach, yet, she somehow managed to afford it. People would ask her in wonder why she bothers and how she is indeed able to afford it, and she would reply with emunah peshuta, "What is the question; Chaza"l promise that one will be able to afford it!"

S.R. - Lakewood, New Jersey

Hashem Fixes Camera

We have a canon camera in our house. On Purim the kids were playing with it and it broke. The Lense stayed out

and did not retract. We tried fixing it many times, we tried asking around if someone knows how to fix it we even called up an electronic store but no one was able to fix it. We put it away and every once in a while tried it again but it didn't work. Then we really needed a camera and they don't really sell these canons anymore so we were really stuck. We held the camera and Davened to Hashem, "Hashem your Hakol Yochel you can do anything and everything please please make this camera work". We said it again and again and when we tried it, it worked as if it was never broken. Thank you Hashem!

A reader

Credit Card Reappears

I walked into Costco and reached into my wallet to show the Costco employee my membership card. Although I checked my wallet and my entire pocketbook well, it just wasn't there.

I went to customer service and received a temporary one-day pass to shop. I figured I would use my bank debit card to pay since I didn't have the Costco membership card on me, which also doubles as the credit card I normally use in Costco.

After shopping and while waiting on line, I realized that i didn't have enough cash for my purchases, had no other Visa credit cards on me (Costco only accepts Visa) and if I

used my debit card I would go into overdraft. I wasn't sure what to do.

Then I remembered the Spring Hill Times. I thought about that I really, needed my Costco Visa card, and that Hashem is the Kol Yachol. If He wanted me to have it then I would.

I checked my pocketbook again, and this time it was there!

A Reader

Hashem Can Do Anything

Hi, I would like to share a story that happened to me.

I wanted to look at pictures on my camera from an old memory card, but that memory card was broken, and therefore I wasn't able to look at the pictures that i so badly wanted to see.

So I told Hashem that if it works I would publicize it, and also I remembered a story that someone shared in this magazine; that a set of Honda car keys worked for a Toyota because she had bitachon. So I also thought that Hashem could do the same for me, and make this memory card work.

And guess what! Later on in the night I tried a second time (becuase the first time it didn't work) and it worked !! And I was able to look at all the lost pictures!!!! What Hashgacha Pratis!

Hadassah Bat-tzion, from Yaametz, N.J.

Hashem Helps 4th Grader

My fourth-grade daughter has a story to share with you.

Her school has a very special Shabbos Tehillim program. Students that recite Tehillim on Shabbos need to bring back their Tehillim cards to school. Those cards are entered into a raffle.

One Monday morning she forgot to bring her card to school. That week the principal decided to draw the raffle on Tuesday. THANK YOU HASHEM! Don't tell HaShem how big your problems are. Just tell your problems how big Hashem is!

I would also like to thank you for the amazing magazine that's keeping us all inspired!

A reader - Monsey, New York

Girl Sleeps Through Night

Our daughter has been waking up many times during the night and waking everyone else up. We tried a few different hishtadlusin with no success. Finally we turned to Hashem and said "You're Hakol Yachol! You can help us" and were meschazeik in bitachon. That night our daughter slept through the night. She said in the morning that she woke up and sat up but instead of waking everyone else up she just rolled over and went back to bed! Thank you Hashem!

A Reader





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**Delicious and refreshing!!
But nothing compared to the reward you will be getting for saying, "I love You Hashem!"**

Hashem Loves You!

“All of my trees are uprooted! And it is clearly your fault,” thundered Avi (name changed) to his land developer, Nossou (name changed), at the Beis Din of HaGaon Rav Gavriel Finkel ZT”L the Rav and Posek of the Alumni Beis Medrash of Beis Medrash Govoha.

It was post Hurricane Sandy and the racing winds knocked down thousands of trees across New Jersey. All of Avi’s beautiful green trees became lifeless piles of wood laying face up on the ground. Yet, a whole bunch of Avi’s neighbors, whose trees were not so green and well maintained, did not lose their trees. Surprisingly, their trees were thriving and firmly rooted, in sharp contrast to Avi and many others who lost all of their trees.

“It must be the negligence of my land developer who didn’t plant the trees and cultivate them properly”, said Avi to HaGaon Rav Finkel. “Why else are my trees any worse off than these neighbors whose trees survived the hurricane?”

Rav Finkel responded: “I would like to find out which neighbors spent hundreds of dollars investing in advanced irrigation systems to water their trees and which neighbors didn’t. Please make a clear list with this information so I can investigate this case properly.”

Shockingly, it came out that all of those who spent their hard earned money on these underground sprinkler irrigation systems, LOST THEIR TREES during Hurricane Sandy, while the others who didn’t spend this money, KEPT THEIR TREES.

Rav Finkel explained, “Those trees who had their water available to them at all times, because their owners installed advanced underground sprinkler systems, never needed to spread their roots to look for water and nutrition. Therefore, these trees never developed deep and firm roots, and they fell to the strong winds of Sandy. In sharp contrast are the trees whose owners didn’t install these irrigation systems – their roots needed to spread out more and more deeply into the ground in order to locate water and nutrients for survival. These deep roots proved stronger than the mightiest of hurricane winds.”

This true story demonstrates that if things go hard for us, we are lucky in the long run, as we are building deep roots and firm footing, mightier than the strongest Hurricane winds of life. The Emunah, Tefilah, and new skills that we develop during challenges are valuable and precious - providing us with a deeply rooted connection with Hashem.

Hashem Loves Us!

Our worst moment is really our best moment!

Our greatest challenges are building us deep roots for our greatest benefits!

Hashem Loves You!

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