

# The Spring Hill Times

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## KLAL YISRAEL'S NEWSPAPER

לזכות רפואה שלמה הינדא בת מרים רבקה בתוך שאר חולי ישראל

ISSUE 109 | VA'ESCHANAN-NACHAMU | MENACHEM AV 5783

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### THERE IS NOTHING BUT HASHEM!

It was Thursday, 24 Tam-muz, 5783, and R' Moshe Welder\* from Brooklyn, New York, was driving up to the country. He stopped at a pizza store in Monticello to pick up pizza for his son who is in camp.



He left the pizza store and went back into his car. The

car B"H turned on but the center screen that controls the a/c was dead. It was about 100 degrees outside and it was even hotter in the car.

R' Moshe called Volvo and they told him to try this and try that, but nothing worked. They then told him that he would

Continued on page 7

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# The Spring Hill

**Newspaper Topic:**

Hashem

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This week's issue is dedicated:

לזכות רפואה שלמה זכריה דוב

בן פערל שירה

בתוך שאר חולי ישראל

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ישעיה בן משה יחיאל מיכאל זיידא, חוה רבקה בת שלמה זלמן, צבי הירש בן אליעזר הלל, ריזל אסתר בת דב בעריש. דוד זאב בן משה  
משום, צייטל בת שלום אריה, נפתלי בן יעקב.  
לזכות הבר' ח' משה דוב בער בן אסתר, לזווג הגון בקרוב. לזכות רפואה שלמה יצחק חיים בן שיינדל. דוד יעקב בן פעשא לאה

A LETTER OF BRACHA AND CHIZUK FROM THE ZIKNEI RO-SHEI YESHIVA IN THE UNITED STATES OF AMERICA

**HARAV SHMUEL KAMENSKY SHLITA**

**AND**

**HARAV ELYA BER WACHTFOGEL SHLITA**

הגני בזה להכיר ולהוקיר ולהודיע בשער בת רבים פעולותיו הברוכות של המכ"ע המפורסם והנודע "ספרינג היל טיימס", אשר מטרתו להפיץ אהבת ה' ואהבת ישראל וכל כולו בנוי על טהרת הקודש ללא שום ידיעות חיצוניות מאומות העולם, וכל מטרתו להביא לידיעת הציבור הרחב הדברים הטובים שהקב"ה עושה לנו בכל יום - נפלאותיך וטובותיך שבכל עת ערב ובוקר וצהריים.

מאז הווסדו ועד עתה כבר נתפרסם ברחבי תבל - וכל איש אשר רוח התורה נושבת בו - ויראת שמים נוגע בלבבו - קוראו בשקיקה ומביאו לתוך ביתו לזכות את נפש ביתו - כיון שכל כולו מביע רוממותו והדרתו של עם ישראל בהנהגותיהם בין אדם לחבירו - ולהראות טובת ה' על עמו באספקלריא של תורה.

אך במקום גדולתו שם אתה מוצא את גרעונו הכספי, כאשר הוצאותיו עולים מדי חודש בחדשו ושבת בשבתו - ואין לו אפשרות לכסות את עצמו - שהרי אין בו שום פרסומת - כי כל כולו נתייסד ללא השפעות חיצוניות, ע"כ אחלה נא פני אחי ורעי לעמוד לימין העוסקים והמסייעים בדבר זה - כדי שיוכלו להמשיך ביתר שאת וביתר עז - לפרסם בגאון בעוז ותעצומות את דבר ה' - ולמצוה גדולה יחשב לכל התומכים - ויזכו לברכה המשולשת בני חיי ומזונא רויחי להם וכל אשר להם.

שמעון קאמניטקי  
אליהו ב"ר יצחק וואכטפוגל



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# WEEKLY NEWS ROUNDUP

Continued from page 1

have to bring the car to the shop.

That would have been very challenging for R' Moshe because he had a busy day ahead of him.

Later in the day, he started driving back to the city and it was extremely hot. He couldn't open the windows because it's hard to drive with open windows when traveling on the highway.

He drove for 45 minutes and the entire time he was tapping the screen and pressing buttons, but nothing helped.

Then he remembered the Spring Hill Times that he reads to his children at the Shabbos Seuda each week, and he said: "Hashem you are a Kol Yachol." You can make anything happen. You are not limited by the screen or technology. I believe with Emunah Shlemah that You can make anything happen. I thank You for this challenge."

**THAT VERY SECOND** the a/c started blasting with the screen still blank!!!!

30 seconds later, the screen rebooted and it started working!!!

Thank you Hashem!!!

[Heard from R' Moshe]

**Indeed, there is no such thing as a working a/c or a broken a/c. Everything in the universe is Hashem!**

*P.S. R' Moshe was so overwhelmed and awed by seeing and feeling so clearly Hashem and His love, that he choked up the first few times he said over the story!*

## ENTIRE BUS FOR JUST ONE YID

Reb Refael Goldshmidt\* was in Meron, and he had to go back to Yerushalayim. There were a lot of people waiting by the bus stop.

A bus came, and it filled up right away and there was no more room for him. The next bus came and he was able to get on but he saw that he wouldn't be able to properly guard his eyes while on the bus. So he decided to get off, even though he didn't know how long he would have to wait for the

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next bus.

Reb Refael got off the bus and was the only one waiting by the bus stop.

A third bus came, and it was empty! He had a ride to Yerushalayim just for himself! The bus driver said that on the way to Meron he was also empty!

He realized that Hashem sent an empty bus especially for him, so that he could get back home to Yerushalayim!!!

[Kav Hashgacha Pratis]

**Attention Shomer Shabbos Readers!**

**B"H, we have had recently a sponsor who sponsors 70 copies each week.**

**It costs him a lot of money!**

**Please help him with covering part of the expenses.**

**Call/text today:**

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Kav Hashgacha Pratis  
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# WEEKLY NEWS ROUNDUP

## THE 'THANK YOU' THAT HELPED RETURN A LOST WATCH

Reb Yeruchum Klein\* from Beit Shemesh had a business meeting in Tel Aviv.

He got on a bus. The bus driver wasn't familiar with the route. He was about to

make a wrong turn and in the last moment, someone from the middle of the bus called out to the driver where to go.

There was someone sitting in the front seat of the bus who turned around, and said, 'Thank you', to the person who directed the bus driver.

Reb Yeruchum noticed the exchange and he saw the face of the person from the front seat who said 'thank you'.

As Reb Yeruchum got off the bus in Tel Aviv, he saw a very expensive watch on the front seat, where the Yid who said, 'Thank You' sat. He didn't know who he was, and didn't know where he lived but he remembered the face.

Reb Yeruchum decided to take the watch, because he

was afraid that if he left it



there, someone might take it.

He took the watch and did all his errands in Tel Aviv.

In the evening, he waited by a different bus stop and he suddenly saw someone who looked familiar. He realized that it was that person that sat in the front of the bus!

Reb Yeruchum went over to him and asked him: "Were

חכם לב - יקח מצוות!!

The Spring Hill Times thanks the generous sponsors who jumped at the opportunity to help us send 40 copies of the Spring Hill Times to our brothers in prison!

*They are already reading the copies!*

שכרם הרבה מאד!

\*\*\*

We already have a sponsor to print more copies for the prisons and hospitals. If you have any connections to help us set it up please call/text 845-327-5041

## Yeshiva Shel Ma'aleh Torah Without Boundaries



**IMPORTANT NOTICE**  
Prepare for your exam today! Don't Delay!

### Helpful Tips



- Learn a Mishna a Day!
- A Daf a Day!
- An Amud a Day
- Half an Amud a day!

# WEEKLY NEWS ROUNDUP

## LONG DISTANCE CONNECTIONS

Connect with Hashem from anywhere around the world!



**LEARNING TORAH INC.**

you on the bus today from Beit Shemesh”? And right away the Yid asked: “Did you find my watch?” He said “Yes!!!”

B"H he was able to do Hashavas Aveida!!!

[Kav Hashgacha Pratis]

## MAN LOVES HIS GRANDPARENTS



Reb Zev Gold\* lives in Eretz Yisroel and his grandparents live in the United States.

Every week, Reb Zev and his family call them to wish them 'Good Shabbos'.

One week, their calling card wasn't working. They were debating if they should skip the call or if they should call without using the calling card and it would cost them a few shekel each minute.

They decided that for Kibbud Av Va'em for their grandparents they should call, even though it would cost them a lot of money. While they were talking

to the grandparents, they told them that one of the children just started walking. The grandparents said “Great! We want to sponsor the child's first pair of shoes.”

They actually didn't have money to buy that child shoes. They saw that in the zechus that they made the phone call, they were able to get money to buy him shoes! [Kav Hashgacha Pratis]

## AT THE RIGHT PLACE AT THE RIGHT TIME

Young Bentzy\* was helping



his mother set the Shabbos table. By mistake, he dropped a glass cup.

Amazingly, there was a shoe sitting right there on the floor, and the glass cup landed directly in the shoe, and because of that it didn't crack.

He saw that every last thing is Mamesh Min Hashamayim, the Ribono Shel Olam puts every little thing where it's supposed to be. Everything has its exact time and exact place. [Kav Hashgacha Pratis]

## WONDER DIET Lose Aveiros Naturally

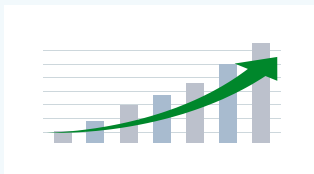


Just Tell Hashem That You Are Sorry!

## FUTURE WORLD INVESTING

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# News that Hashem Wants us to Talk About!

## HASHEM FEEDS YESHIVA BOCHUR

It was lunch time at Bais Medrash Govoah, Lakewood, New Jersey, and Nossi,\* a bachur learning in the Yeshiva, was tired. He went to take a nap. When he woke up, lunch time was over. He was hungry and there was no more food.

A few minutes later, in walks his friend with tons of food! More than enough for him to take and eat!

## PERFECT AIR PRESSURE

Today, it was reported that the pressure on the ground was perfect. Biometry specialist, Dr. Low B. Lachatz, said: "Air pressure just a mile high could make a person so uncomfortable that he could pass out, and the pressure just a few dozen feet underwater is so high that it could cause injury. Nevertheless, people on the ground are walking happily and comfortably. Even though the human body (and particularly the eardrum) is very sensitive to the atmospheric pressure.

We find that the air pressure on the hills, the valleys, and everywhere in between to be just perfect, every single day."



[Heard from Dr. Yehuda Mond M.D. Baltimore, MD]

## HASHEM'S DELIGHTFUL SUN

The entire Gottlieb\* family



from Eretz Yisroel had more than enough hot water to shower and feel fresh.

The solar heating system from the sun that Hakadosh Baruch Hu created, heated up the wa-

ter free of charge. There was no need to turn on the button of the electric water heater!

Thank you Hashem for the beautiful powerful sun that provides so much good to the world!

The Gottlieb family also enjoys the services of the medical system (Kupat Cholim). Lots of services were enjoyed and continue to be enjoyed by the family free of charge, without even a co-pay! Thank you Hashem!

## LAKWOOD LOVES HASHEM AND WAITS FOR MASHIACH

According to reports coming out of Lakewood, New Jersey, there are Va'adim on Tzipisa L'yeshua every Tuesday between 1:20-1:45 p.m. They say Tehillim for Tzar Hashechina and then daven Mincha. Participants have described the Amein Yehei Shmei Rabba by Mincha that it sounds like Neila!

## BOCHUR THANKS HASHEM FOR TIE

Yissi Wise and his family were



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Continued on next page



# News that Hashem Wants us to Talk About!

sitting around Shabbos afternoon reading the Spring Hill Times. Yissi realized it was time to daven mincha. As he was getting ready, he called out: "Thank You, Hashem, for my tie!" He was inspired by the Spring Hill Times! [Heard from Yissi]

## PARENTS ENJOY COMMUNICATING WITH CHILDREN

Many parents are able to communicate with their children across the ocean, via a compact device in their hands.



The voice gets carried over thousands of miles through a mind boggling scientific process. They can clearly hear each other, as if standing right near each other!

The ability to have regular communication with their children alleviates stress and brings them much joy and nachos.

## DAVENING TO HASHEM HAS NEVER BEEN EASIER

Judaica stores have never had never seen such a variety of siddurim as they have today.

Siddurim are available with the explanation underneath the words or at the bottom of the page, with meforshim, and even with stories on tefillah!

The language of the transla-

tion is tailored made to suit the mother tongue of almost any Yid. There are no limits to all the different designs.

It has never been easier and more enjoyable to turn in prayer to our loving Father!

## YIDDEN HOPEFUL AS EVER

Yidden are awaiting the imminent arrival of Moshiach. Although it's been more than two thousand years since the destruction of the Bais Hamikdash, our faith is as strong



as ever! We are hoping, waiting and anticipating every single day!

We have a joyful ray of hope to cling to in any situation. We know that our 'waiting so long' is a mere drop in the ocean compared to the eternity of Mashiach's times.

In this zchus may we merit his arrival speedily.

## THANK YOU HASHEM!

Mr. Wertheimer\* suffers from dry chapped hands in the winter which gets very uncom-

fortable.

How gratified he was when he glanced at his hands this week and noticed that there was no sign of dryness. He could not help admiring the smooth as silk, glowing moist skin that Hashem lovingly grants him every second!

## WOMAN THANKS HASHEM

Mrs. Weiss from London, UK, has a fear of water bugs.



One day, three water bugs appeared. Baruch Hashem, two of them appeared when her husband was home (he was not home most of the day) and he dealt with them. The third one she saw as she was leaving to work...

She thanked Hashem for orchestrating the turn of events just to spare her the distress!

## MAN ENJOYS FAMILY

R' Zaruch Blumstein\* from Jackson, New Jersey spent time connecting with his children.

During the year, he is in Kollel and unable to spend that much time at home. But now during Bein Hazmanim he has more time. He enjoys his family so much! He loves every minute of it! Thank You Hashem! [Heard from R' Zaruch]

# LIVING WITH HASHEM

By Rabbi Zevy Golombeck



Editor's note: Many of these stories are from Adar - Nissan!

## “HAKOL YACHOL” COOLS CAR

Chaim Rubenstein\* and his family were driving. The car started to overheat. They pulled over onto the side of the road and the whole fam-



ily started saying Hakol Yachol. They said, “We don't have a mechanic on the side of the road, but we have Hashem!”

They turned their car back on, and it worked perfectly!

He said, “It's in honor of Yom Tov and Hashem will surely pay me back.” He went to get a haircut.

As he was sitting in the barber chair, someone came over to him and said, “You teach my grandson. I have a lot of Hakaras Hatov to you, so I want to pay for your haircut!”

*With Bitachon, Hashem's help can be clearly seen!*

*Klal Yisrael has so much Hakaras Hatov!*

## PESACH WITH HASHEM'S HELP

Shmuel Kramer\* and his family were ready to start cooking for Pesach but he realized that they were missing the recipes.

He was about to go back upstairs and look through everything, which could easily have taken him two hours. But as he was walking up the steps, his Pesach garbage can caught his eye. He noticed that there were papers sticking out of it. He

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## HAKARAS HATOV HAIRCUT

Rabbi Gold\*, a Rebbi from Lakewood, New Jersey, needed to get a haircut before Pesach. Money was very tight. He didn't have an extra dollar to pay for the haircut.



# LIVING WITH HASHEM

By Rabbi Zevy Golombeck

hadn't unpacked it yet, because he thought it just had the brooms and the garbage bags. He checked, and he found all the recipes!

Later on, he was looking for a bag of potato chips that he bought for his kids for lunch. They couldn't find it, and they strengthened themselves with Bitachon, and they found it right away!

They also needed a cleaning crew. They called up a bunch of different companies, but they were all booked solid and didn't have the right time that they needed.

Two days before Pesach, one of the companies called them up and said that they just had a cancellation and they can come!

## “LUCKY” NUMBER 69

Chaya Stern\* wanted to hear a song on the Bitachon hotline: “I’m so lucky to be a Yid.” She really needed Chizuk. The problem was that she didn’t know which number the song was.

She said, “Hashem will help me.”

She called, and pressed a random number: 69, and the song she wanted to hear started to play!

## BITACHON LEADS TO MORE BITACHON

R’ Menachem’s\* baby daughter had an ear infection, and she was resisting taking her medication.

The family was reading the Spring Hill Times and they saw a story about another family who was having a hard time getting their child to take medicine. In the story, the family said, “It’s not us, it’s Hashem,” and the child began to happily take the medicine.

R’ Menachem’s family said, “Oh, we didn’t try that idea. Let’s go for it.”

They said, “It’s not us, it’s Hashem,” and their baby took the medicine beautifully!

*The power of reading a story from The Spring Hill Times! A story leads to a story, and Bitachon leads to more Bitachon!*

## THE POWER OF POSITIVE WORDS

Reb Nachman Rosen,\* a

Maggid Shiur, was helping his Rebbetzin look for an expensive piece of jewelry that was missing. They looked all over, high, low, up, down, but it was nowhere to be found.

He is a Talmid of Reb Yehuda Mandel and he decided to



## THE BRACHA MACHINE

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**Start thanking Hashem and don't stop!**



# LIVING WITH HASHEM

By Rabbi Zevy Golombeck



call his Rebbi.

Reb Yehuda didn't pick up, so he left him a message: "My wife is missing a piece of jewelry." He left the message in the morning, and Reb Yehuda called back at 2:55 in the afternoon.

Rav Yehuda started yelling, "You found it! You found it! You found it!"

Reb Rosen said, "What do you mean, we found it? We don't know where it is! We've been looking high and low."

Reb Yehuda Mandel just kept saying, over and over, "You found it! You found it!"

Reb Rosen said, "Okay, thank you so much."

Five minutes later, he heard his little kid from the kitchen screaming "We found it!" It was under the dishwasher where they already checked so many times. It was under a crack in the corner.

Within ten minutes of Reb Yehuda Mandel screaming with Bitachon, "You found it!" they actually found it.

## DOCTORS BAFFLED BY MIRACLE RECOVERY

*A 10th grader from a Yeshiva in Lakewood was hit by a car. The doctors said that there wasn't too much hope*

*for him.*

*Bachurim from the yeshiva called me, devastated, to ask, "What should we do as a Zechus?"*

*I said, "Accept on yourselves to thank Hashem that you're healthy and able to walk freely and don't have pain. That will be the biggest Zechus."*

*I told them to call me back and give me an update.*

*They called back, and they said that the Bochur just came out of the hospital and was doing amazing!*

*The doctors said that they don't know how such a thing was possible, the way he was hit on his head and by his brain... Now he is functioning and going to Shiur...*

*It's unbelievable! The power of thanking Hashem and Simcha brings Yeshuos!*

May this week's issue be a zechus for our brothers and sisters in Eretz Yisrael, Ukraine and all over the world. May Hashem continue to shower us Klal Yisrael, His most beloved nation, with open kindness!

## A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
- 2 Today's STORY of Bitachon
- 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
- 4 This week's connection of Bitachon to the PARSHAH
- 5 QUOTE from Sefer "Bitachon Weekly"
- 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
- 7 Today's STORY how Bitachon helped someone through a Nisayon
- 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
- 9 RECORD your Questions, Stories & Comments
- \* Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

### SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
* Back to Prev. Menu	0 Bookmark save	# Bookmark Continue

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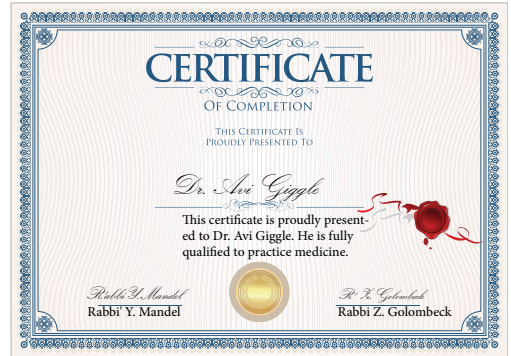


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I bought a new toy for my children to play with during the summer. After only three weeks, they broke the toy. It feels like it was such a waste and it's very upsetting! Please help!

**Dr. Avi Giggle M.D.**



**I'm prescribing 7 medications for you:**

1. Thank Hashem that you have children! They are the greatest gift!
2. Thank Hashem that your children are healthy and active!
3. If you overcome your Yetzer Hara and don't get upset over it then it was worth having the toy broken! You didn't lose! You gained!
4. Thank Hashem for the three weeks that your children didn't break the toy and were able to enjoy it!
5. Thank Hashem that there are so many stores that you can go to to buy the same or better quality toy!
6. This little loss might have saved you from other agmas nefesh that you really wouldn't have wanted... Just accept it happily!
7. This is an opportunity for you to show how much you love Hashem even when things don't go the way you want! Accept it happily!

**IMPORTANT HEALTH TIPS TO REMEMBER**

**Accepting a loss with love will turn it into the biggest gain!**

## A STORY FOR THE PARSHA

By: Tzvi Blaser- Lakewood, New Jersey

*Listen to every dispute among your brothers and judge righteously (Shemoa ben achichem u'shefatitem tzedek)*

Even as a child, R' Yonason Eybeshutz was recognized for his brilliance. When he reached the age of 13 and became a Bar Mitzvah, he was approached by one of the finest scholars in his town asked him, "Please tell me: it is well known that a child possesses a Yetzer Hara from the day he enters the world, but that he does not obtain a yetzer tov until he turns 13. That being the case, how were you able to surmount your Yetzer Harah all these years?'

Answered the young R' Eybeshutz, "*Listen*

*(to every dispute) among your brothers and judge righteously!*

From this, Chazal (Sanhedrin 7B) derive that a judge may not listen to the testimony of one of the litigants before the other one has arrived.

I simply acted according to to the words of Chazal" responded Rav Eybeschutz. "Whenever my Yetzer Hara would begin to state his claims before me, I would tell him, "wait until the second litigant, the Yetzer Tov arrives. Only after you have both presented your claims will I decide which one is correct!"

**Good Shabbos!**

## SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

A human being is comprised of approximately sixty billion cooperative cells, and each cell knows exactly where it belongs and what it should be doing. This one is part of the pituitary gland, and that one is a red blood cell. Another one is a white blood cell, and another one is a brain cell.

While each one is performing its individual task, within those cells is six billion bits of information— that's quite a large library that describes the entirety



of the working system.

Now, I have a hard enough time reconciling my checkbook! And here this is all happening without us even needing to be conscious of it.

It begs the rhetorical question that Dovid HaMelech asks: Mah ashiv LaShem, kol tagmulohi alai, how can I repay HaShem for all that He is doing for me?

**Gut Shabbos!**





## A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

Our teeth exert a lot of pressure; our molars can create up to 200 pound of pressure per square inch. This is important to enable us to chew and crush a large variety of hard foods.

We use this powerful ability constantly, many times a day. This necessitates that our teeth are strong and durable so they can endure this pressure without getting damaged. This has to last a very long time, a life time! Most of the items we use on a constant basis get worn out or broken after a number of years.

For example, our glasses, watches, chairs or furniture are not around 50 years later. Our teeth, if cared for properly, can last for a lifetime.

The reason they last so long is that Hashem, in His kindness, made our teeth the hardest substance in the human body. Our teeth are made out of two layers, there is the internal layer, which is like bone, which is not extra strong, and there is the exterior layer, which is made out of enamel – it's this outer layer which is super strong because that's where the contact and the pressure is taking place.

The enamel, the outer layer of our teeth, is as hard as steel. Hashem, knowing the constant strong pressure that teeth undergo, made them the strongest material in the body. There is no other place in the body that has to stand up to such pressure.

In order for our teeth to serve us consistently and powerfully – it is not enough that they are made from extremely strong material, which is as strong as steel.

As strong as the material of the teeth is, it can only do it's demanding job, if it's very firmly connected to the jaw. Because if the connection is loose, the tooth, with its super strong material, might just end up inside an apple. Hashem created our teeth firmly connected to the jaw bone. The jaw bone has holes that the teeth go into, like a socket. They are also attached by many strong ligaments and by the gums. Our teeth are much larger than we think, only the bottom part is visible to us; the rest is covered over by gums and jaw bones.

This is like a building that gets its strength and stability from the deep foundation which is hidden underground. Two thirds of the tooth is covered and hidden, only the remaining 1/3 protrudes outside.

A building is as strong as the foundation, so too our teeth are so strong because of the large hidden foundation that keeps it firmly connected to the jaw. This can be seen and felt particularly by our canine teeth, which are the first and sixth of our cutting teeth in the front of our mouth. There is a large protrusion in our gums from the hidden part of our teeth. It is quite visible – check it out.

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# Chizuk Corner



By R'Y Friedman

I hope that at this point when you are reading this article, we will already have the ultimate Nechama with the Bais hamikdash. But if Chas Veshalom for some reason Moshiach hasn't arrived, then we will need a lot of Chizuk and a great Nechama.

I once heard an amazing thought. When a person loses a loved one r"l he needs seven days of Nechama, but on the Bais Hamikdash we need at least seven weeks of Nechama. This is the concept of "Shiva d'nechemta."

As we approach Shabbos Nachamu, many of us are anticipating a joyous Shabbos. Many people celebrate Motzei Shabbos with live music and dancing. This needs clarification. What is all the excitement about? The Bais Hamikdash has not returned yet.

Furthermore, why is this Shabbos called Shabbos Nachamu? What is the significance of this? Also, why does Hashem say twice the comforting words "Nachamu Nachamu Ami?"

Let's explore.

We will offer two explanations. We know that just like the Bais Hamikdash was the holiest place of the world, Shabbos is the holiest time of the week.

The Seforim teach us [Nesivos Shalom and others] that although the Bais Ha-

mikdash affected the world tremendously, it did not affect Shabbos.

Similarly, the Chafetz Chaim famously writes that the day of Shabbos was not included in the klala of the Eitz Hadaas [which is interesting because the klala for the man was to work hard and on Shabbos we don't work, we rest].

On Tisha B'av (and throughout the three weeks) we are stating that we miss the Bais Hamikdash terribly and we cannot manage without it- "Ki Hi Bais Chayeinu." For it was the source of our life.

However, afterwards when the Shabbos Kallah arrives, we are consoled with the fact that we still have the Shabbos that is untouched, which enables us [if we really work hard] to connect to Hashem like the Bais Hamikdash did.

On one hand we are in pain with what we lost but we are showing our Hakaras Jatov to Hashem for this wonderful gift that gives us consolation. Perhaps that's why it got the name Shabbos Nachamu. Therefore, this Shabbos is

extra joyous, and Motzei Shabbos we celebrate with music and dancing, because Shabbos is what held us strong in Galus.

Having said that we can imply that the general Avoda of the weeks of

Nechama is to focus on all the goodness that Hashem has bestowed upon us despite our tremendous lack that we have in all areas. We recognize that although we have sinned and we find ourself in Galus due to our many Aveiros, Hashem is still showing us His love by bestowing us with so much goodness. We need to thank Hashem nonstop for all of this.

There is a story that Reb Avigdor Miller Zt"l lost a grandchild while traveling to Eretz Yisroel. It's said that he gave a Shiur that night as usual. When he was asked how can he be so strong? He replied that he lives his life drowning in all the Chessed Hashem. Therefore, he doesn't have room for any pain or sadness. This is our goal these days. To outshine the darkness with the goodness.

Second explanation: Let's start with a Mashal to bring out the concept (based on the Midrash). There was once a king that had a son who rebelled against his father. The king found out about it and he banished him from the palace. How-



## Chizuk Corner



By R'Y Friedman

ever, before he sent him away, he told him the following. “You should know that I really love you with all my heart, and although I am sending you away, I really want you back in the palace. Therefore, there will come

a day that I will come and take you back to me. Additionally, if I see that your behavior has improved greatly, then I will take you back as well.”

As the prince left the palace in disgrace he was weeping. However, as the soldiers were accompanying him out of the city he started singing. The soldiers looked at him with pity, thinking that perhaps he had lost his sanity. He explained to them, that while obviously this is a tragedy beyond words, but it suddenly dawned on him how lucky he is. The king could have banished him from the kingdom forever, never to return. Not only did the king say that he will return one day, but he put the ability to return in his hands, and that’s if he improves himself.

The Nimshal is clear. Chazal tell us that when we exited the Bais Hamikdash the Keruvim were hugging each other. This is Hashem telling His children “I love you very much.” Hashem told us in Parshas Nitzavim “Veshavta ad Hashem Elokecha,”

that when we do Teshuva then He will return us to our land.

There is a famous story that Reb Yehoshua ben Levi met Eliyahu Hanavi and asked him “when is Moshiach coming? He responded “Hayom.” Afterwards he clarified himself with the Passuk in Tehillim “Hayom im bikoli tishmau.” If we listen to Hashem then Moshiach is on his way.

So we see from all this that the Geula is in our hands, and like in the Mashal this in itself is a reason to celebrate with song and dance.

Furthermore, Chazal say that Kol Hamisabel al Bais Hamikdash.... If we mourn over the Bais Hamikdash we will merit to expert to see and experience the joy when it will be rebuilt. As the Chofetz Chaim elaborated that waiting for the Bais hamikdash brings Moshiach.

Furthermore, the Chassam Sofer and the Nesivos Shalom say that yearning for the Bais hamikdash is how we build the Bais Hamikdash.

The Chassam Sofar takes this so literal that he says

that the reason why we can’t mourn over the Bais Hamikdash on Shabbos is because building is prohibited on Shabbos.

Additionally, we know that Shabbos has the power to bring us back to

Hashem Therefore, Shabbos is our Nechama as well, to bring us back. This can be another reason for its name of Shabbos Nachamu, because Shabbos gives us renewed hope for redemption.

Based on all this it’s beautiful why the Navi says נחמו נחמו עמי twice, because we are dealing with two Nechamos. 1. Our Nechama that we look at what we still have, as we have explained. 2. Even when we look at what we lost, which is a tremendous loss beyond, we are still comforted knowing that we will get it back and it is in our hands as we explained. That is the double Nechama, and now you can sing and dance.

So through utilizing these weeks properly, appreciating all the good that we do have, and at the same time we yearn for the better days to come back as we are working on tzipisa l’yeshua. Then hopefully we will once again find ourselves in the arms of Hashem in the Bais Hamikdash together with the Tzaddikim Amen. Have a meaning and Joyous Shabbos Nachamu!



# *Living With Appreciation*

**By: R' Daniel Shasha**

Parashas Vaechanan opens with Moshe's fervent prayers to be given the great privilege to enter Eretz Yisrael. This was his heartfelt dream and he davened to Hashem for this opportunity with all his strength. The Ba'al Haturim notes that the word va'eschanan, "I entreated" is the gematria of 515, the same gematria as the word shirah, song. This is based on a teaching of Chazal (Sifri) that Moshe sung shirah to help have his tefillos answered.

How does singing shirah help have our tefilos answered?

Rashi (Berachos, 4b) explains that a person should first draw himself close to Hashem with praise; then when Hashem is close since we praised Him, we should daven. Praising Hashem brings us close to Him, so then it is the perfect opportunity to daven. We see that Chazal used this idea when formulating the nusach of our tefilos, since the first three berachos of the Shemoneh Esrei consist of praises to Hashem; only after do we ask for our personal requests.

For this reason, explains the Seder Hayom, Chazal instituted that we recite so many requests in the Sim Shalom beracha, at the end of the Shemoneh Esrei. Since it immediately follows the blessing of modim, in which we express our gratitude to Hashem, the gates of blessing have thus been opened, and we are therefore in a position to ask for many requests. This is despite the fact that the last three berachos are not designated for requests.

We can now understand why Moshe first sung shirah to Hashem, since this is for sure the most effective way to have our tefilos answered! Our Rabbi's teach that it wasn't Hashem's ratzon for him to enter Eretz Yisrael so He told him to stop davening. Otherwise his prayers would have been successful.

Whenever we are in a time of crisis, thanking Hashem first is always the perfect way to entreat Him to bring us close to Him. we can than daven for whatever we need.

Rav Yitzchok Dovid Grossman, grandfather of the renowned chief Rabbi of Migdal Ha'amek, was once returning from a trip from Poland, back to Eretz Yisrael. Unfortunately, the small ship he was travelling on collided with a big ship. The hostile crew decided it was only possible to save certain passengers by placing them on the big ship, and only wanted to save the non- Jewish passengers. The Jewish passengers, they figured, would be left on the small ship, which would shortly capsize.

All the members were petrified, except for Rabbi Grossman, who opened his siddur, and, since the event occurred at the advent of Shabbos, began to recite Kabbalas Shabbos with tremendous serenity and passion.

He subsequently got up to dance out of gratitude to Hashem for all the goodness He had performed for Him and for all that He does. Fueled by gratitude, he danced with remarkable enthusiasm, despite, their precarious situation. By no means short of a miracle, their little boat did not capsize, and sailed to safety to the shores of Eretz Yisrael. However, the bigger ship wasn't as fortunate and it capsized. (Living legend, p.222)

This article is an excerpt from the weekly 'Living Appreciation Newsletter.' For feedback or to subscribe please email [livingappreciation@gmail.com](mailto:livingappreciation@gmail.com)



# To Share My Share Of My Daily "Shir Chadash"



R' Moshe Davidson  
A Rebbi From Brooklyn, NY

As a Rebbi for a class of 25 boys, I continuously rotate students to their long-awaited chance to do various designated chores in the classroom.

One melamed I know has a whole list of rotating job positions.

He had: The Gabai, The Big Shot, The Small Shot, The Chazzan, The Rav, The President, The Monitor, The Shomrim... and some more...

As you can see by those names, that the Rebbe had a great sense of humor.

I have only: a Chazzan, two Copy Boys and a Stand by the Rebbe Boy when we review the homework in class.

Approximately once a month, I give each child the long awaited chance to be the 'Chazan of the class' for the Tefilos of the day.

Every child has his own unique way of doing the Chazanus.

There's a special Chazzan

character that only a few children possess at such a young age.

When that child sings 'Shira', the davening sing-song, with his sweet warm passionate voice, sends an instantaneous electrifying effect spiritually uplifting the class to daven nicer.

They in turn give the chazzan the energy and confidence to emotionally open up to add even more expression.

This ongoing 'give-and-take cycles' can go on for some time and all the while there's a gaining of more and more energy on both sides and it turns into a storm of emotions.

My feelings are sweetly swept along with them and I get caught up in a rapture with the children's pure words of davening!

I would love to give these children the best I can give them. I wish I could give them the world!

I, being human, stay stuck with that feeling...

I'm very limited in my ability to even partially reward them.

It all narrows down to a certain amount of nosh, tickets, prizes and awards etc.

I tell them, "Hashem will be the One who will give you your full s'char".

The children in class remember very well "those chazanim" and when it's their chance to be Chazan, the boys immediately get excited about the upcoming davening.

By the way, they all know the class rotation list by heart!

It's exciting to see them get excited over a geshmake davening.

They love the way that type of davening feels. It's like 'they are touching the heaven'!

I had the zechus this year of having a wonderful pure-hearted talmid in my class.

He possessed a heilige emotion in his davening.

I was blown away by this child's 'heart full of emotions' when he davened.

It was the first time I can remember coming across this kind of Neshama in my 27 years of teaching.

He would sometimes literally cover his eyes when he was saying the words והאר עינינו בתורתך and he would let his tears flow.

I would likewise get emotional along with him.

It was amazing.

Continued on  
next page



I'm even brought to tears remembering and reliving those heartfelt teffilos as I'm writing these lines.

Let's go together across the world away from these little Yiddishe angels to the Malachim.

My classroom davening is a משל to the angels praising Hashem and to the praise that comes forth from the Yidden.

Each respective group energizes the other.

Klal Yisrael gets to say שירה first.

We are the ones who start the cycle of the exciting exchange of energy for praising Hashem.

With the heilige words of our Shira, new praising angels are created and those מלאכים then say Shira.

They in turn become מלאכי אלוקים, the amazing messengers to give us the power to sing and praise Hashem.

The cycling then turns the praise of Hashem to higher levels and heights resulting in a powerful way of storming the heavens with such an attachment... "dveikus"!!

V'atem Hadeveikim Bashem Eloikeichem Chaim Kulchem Hayom!

It results in a tremendous abundance of shefa tov pouring down to us from above as a result of being connected to "The Koil Yachoil".

The greatest רצון of Hashem is to be משפיע to us all the good things that we can possibly receive from Him in this world.

The rest of that shefa we cannot receive in this world. Oilum Hazeh is limited in its

ability to provide the highest quality of goods, the amount the Yidden are apportioned to receive from Hashem.

Since the חטא עץ הדעת, our bodies are not capable of receiving more than a very limited amount of schar. (דרך השם)

Hashem will be giving it to us in the future.

We will be able to receive much more when we reach the holding place of the souls the עולם הנשמות which we also refer to as the גן עדן.

However, there is a guaranteed "other-worldly never-ending" amount of שכר טוב that will be given to us in the "future world" also known as עולם הבא.

No one has ever set his eyes on the שכר of the "coming world" - עולם הבא.

Like the Posuk states clearly "No eye has seen that schar only Elokim"

עין לא ראתה אלוקים זולתך!

Chazal teach us that even the greatest prophets haven't been able to see the schar of the world to come!

In that world there'll be the ability to receive the inconceivable reward that Hashem has the רצון to give us.

So, let's keep up the truthful heartfelt honest thanks to Hashem for anything and everything!

We can't possibly fathom in our wildest imagination the schar that will be coming from Hashem in Oilum Habba.

"L'hisaneg al Hashem"!

The abundance of shefa toiv that will result from it is much more than this world can possibly give forth.

Just always remember that our shira comes before the fiery holy angels in heaven.

Hashem is "Yoisheiv tehilois Yisroel"!

We lend an ear

and we cheer

when we hear

your share

of "Shir"

down here

in the lowest sphere

every day of the year.

Let it be clear

that. . .

in shul in front or in the rear

it really doesn't matter where

Hashem waits for you to appear

EVERY yid is beloved and dear

because your praise is premier!

as long as you're sincere

that Hashem you revere.

Our forefather Avraham was the Shacharis pioneer

and over all the generations we learned to persevere

not to let any hardships to interfere

to continue praising Hashem the World's Engineer.

With "dveikus" every Yid will always be the profiteer

in the northern or southern hemisphere

no matter where

don't fear

you're and we're

on the top tier.

# Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

Every parent yearns and desires to have a direct and personal connection with each of their children. The hardest encounter for a parent is the separation or the distancing of a child.

The same is true when it comes to the relationship that we have with Hashem. The ultimate desire of Hashem is that all of his children should have a personal connection with him.

The connection that we have with Hashem is much greater than any other connection

that there is. Whatever type of passion that exists can also be found within the connection that we have with Hashem.

There is an incredible story that illustrates this point.

R' Avraham Potoski, the righteous ger, was imprisoned at the end of his life for converting to Yiddishkeit. The king sentenced him to be killed. He happily accepted the situation, and knew that it was coming out of Hashem's love.

While imprisoned he was privileged with a visit from the Vilna Ga'on. When the Vilna Ga'on entered, he noticed R' Avraham crying.

This surprised the Vilna Ga'on. "Why are you crying?" asked the Vilna Ga'on. You are going to fulfill the greatest mitzvah! You should be full of joy that you're privileged to do this great mitzvah. Not many people are privileged to do this, so why are you down?"

"I am not disappointed regarding the mitzvah that's facing me," responded R' Avraham. "I'm actually overly excited.

What's disturbing me is, that I wasn't given a Yiddishe family. I wasn't gifted with parents that observed Torah and mitzvas, nor do I have brothers that kept the mitzvas. And, last but not least, I don't have any descendants that will continue this tradition."

R' Avraham concluded, "This is the reason for my sorrow and sadness."

Hearing this, the Vilna Ga'on replied with the following amazing and profound idea:

"The Navi says: 'Hashem is the first and the last, and aside from me there is no other power.' According to the Medrash the understanding of this is, that I'm the first: a father to all that don't have a father. And I'm the last: I'm a son to all that don't have a son.

With that the Vilna Ga'on concluded, "You don't have to worry. Whatever is lacking due to the fact that you didn't have children, will all be compensated, by the fact that you have a closeness and relationship with Hashem – our loving Father. Hashem's passion compensates any missing void."

Upon hearing these comforting words the ger was comforted. Any console or comfort that one has through family, one can ultimately find in the connection

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## Bais Hamikdash Constructions

Building Hashem's Magnificent House Together



**Love your friend to no end!**



# Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

with Hashem. (Likkutei Av Haggadah, p. 423)

This incredible story teaches us the correct mindset of the significance of the connection with Hashem.

Whatever type of connection one seeks to have with Hashem a person can form. One who is lacking a son can have compensation with forming a connection with Hashem, which will fill that void. The love is so great that it can fill any gap.

Another point worthy of mention is, that Hashem yearns a connection with each of us. Although at times we may seek a brachah from a tzadik, this shouldn't diminish the direct connection that we have with Hashem. This point was strongly encouraged by the Tolna Rebbe.

The Tolna Rebbe was privileged that many of his Chasidim had great brachah in their lives. His Chasidim were very rich... On the other hand, a neighboring chashuva Rebbe wasn't granted with this.

The Tolna Rebbe's Chasidim asked him, why he was merited in this manner, while the other Rebbe wasn't? The other Rebbe is also very great, so what is the underlining difference?

"The other Rebbe," replied the Tolna Rebbe, "gives a significant amount of time to each

Chasid. And therefore, after leaving they feel that the Rebbe took care of the problem. This causes them not to daven with their whole heart."

"I, on the other hand, don't give them much time. I want that each of my Chasidim should personally turn to Hashem, and through that merit his yeshuah. This is the reason that I don't give them much time, and as a result they are granted enormous and immense success."

We see an important lesson from here. Whatever we do to grant a yeshuah it shouldn't be at the expense of the relationship with Hashem. Hashem yearns for a relationship with every individual.

When we turn to Hashem with such a mindset we are granted endless brachah, since Hashem give precedence to tefillos of such a person.

This story teaches us the power that each individual has. Every individual has a personal and a direct line that he can access and talk directly to Hashem!

We must always remember that Hashem is very close to us, and seeks a connection with each of us.

The Nedvarno Maggid was listening to the conversation that was taking place between two people at a simcha.

He heard one person confess-

ing that his davening was not worth much. "Hashem doesn't value my tefillos. Additionally, he doesn't think that they value his davening in shamayim?"

Hearing this, the Maggid voiced that he doesn't want any connection with this individual, and that he should no longer be allowed to come seek his advice.

Upon hearing this, the student was very distressed. He tried to appease the Maggid, but he held his own.

Finally, after numerous weeks, the Maggid agreed to meet the student once again.

At the meeting, the Maggid began as follows: "The reason for my disappointment was because you were missing the very fundamental basic concept in Yiddishkeit. I didn't want any connection with someone who is lacking the very basics.

You may not understand the great power that tefillah has in Shamayim, but you must know that Hashem seeks a relationship with you. Missing this is missing the very essence of serving Hashem.

In addition, when you daven you are holding a power that the great Sages put into davening. It's not the power that you put in. You're using the power that Chazal put into it."



# Ayin עֵינַי טוֹבָה Tova

*Seeing the good in every situation*

**Suggestions for the case that Rochel will miss her friend's daughter's wedding because she is traveling to E"Y to visit her married children**

- Rochel can focus on everyone's happiness - Tova's, Rivky's, and her own!
- Rochel can take part in the preparations in the months leading up to the wedding. That way, she'll feel a part of the simcha.
- She can focus on the future simchos she will be able to spend with her friend and her daughter.
- Rochel can take the opportunity to daven for Rivka at the Kotel on the day of the chassanah.
- Maybe the flight was going to get canceled anyways and she would have gotten her money back. Then she could go to the wedding and re-schedule the trip to Israel for a different time.
- She could focus on the fact that her dilemma here is between two very positive things, being with her children and being with her best friend at her simcha! She will be very happy to spend time with her children.
- She could put her focus on the fact that she will not cancel her trip, and she will get over the missed wedding. Additionally, she will realize how important family is to her. She should not take that for granted!

## CASE OF THE WEEK:

Mendy Stern nervously stepped up to the amud to lead shacharis on Shabbos. This was his first time, and he was justifiably a little jittery. Things started out okay until he reached keil adon and blanked out on the niggun he planned to sing. It basically went downhill from there. He messed up on the nusach and when he sang mimkomicha he started way too high. He was totally mortified.

Help Mendy have ayin tova for his situation.

Please send your suggestions for the AYIN TOVA CASE to:  
ayintovanewsletter@gmail.com  
Or call [Israeli daytime hours only]:  
USA: 831-244-6019  
EY: 052-760-5409.



Rabbi Eliezer M. Niehaus

This column is part of the "ASHER TO THE YATZAR" initiative, and is written as a *zechus* for a *refuah sheleimah* for my daughter (**Esther bas Sara Miriam**) a young mother who is undergoing treatment for the *machalah*, and for R' Yossi Hecht (**Yosef Chaim ben Devorah Leah**), founder of [ashertotheyatzar.com](http://ashertotheyatzar.com). (Please take a moment to say a *perek Tehillim* for them.) If you would like to receive the monthly leaflet, please email [ashertotheyatzar@gmail.com](mailto:ashertotheyatzar@gmail.com).

### From the Wellsprings of Rav Avigdor Miller zt"l

Q: If it's *ossur* to think *divrei* Torah in the bathroom, then what should one think about?

A: What should we think about in the bathroom? You should think about what a *chesed* it is that you're able to go to the bathroom normally. You should think about it. *Chasdei* Hashem! Yes, you should spend time thinking about that. It's a tremendous *chesed*.

*Rofei Chol Basar U'maflee La'asos*. *Maflee la'asos* means that it's a miracle. It's miracles upon miracles. Now, some of the *kadmonim* didn't always understand this, so there are all kinds of *peirushim* on those words. But today we know that it's simply miracles and miracles. I'd like to explain a little more about how miraculous it really is but it would take too much time. But it's a miracle. You're able to expel the waste; and you should be filled with happiness that Hakodosh Boruch Hu is doing this miracle for you. Put thought into that.

And then, when you get out of the bathroom and make the *berachah* of Asher Yatzar make sure to put all those thoughts that you had in the bathroom into the *berachah*.

- Q & A Toras Avigdor Parshas Shemini 5783, printed here with their kind permission

### Stories that Inspire

The following story was submitted by a reader  
(Please send us your stories so that we can share them)

#### **The "Berachah-less Asher Yatzar"**

When the wife of Rav Chaim Stein *zt"l*, Rosh Yeshiva of Telshe Cleveland, was *nifteres*, he had the status of *onen* until the *kevurah*. The halacha is that an *onen* is exempt from *mitzvos*, and therefore doesn't recite *berachos*. During the *levaya*, his grandson was quite surprised to see Rav Stein saying Asher Yatzar after using the facilities. "*Zaidy*," he said respectfully, "perhaps you forgot that you are an *onen*?" At first, the Rosh Yeshiva didn't want to answer. After his grandson repeatedly asked the question he finally answered: "No, I didn't forget," said Rav Stein. "I am so full of gratitude to Hashem, that even though I am 95 years old, my body is still functioning properly. I just had to say thank you! So I said Asher Yatzar, but not in the form of a *beracha*; I said it without the name of Hashem!"

- Heard from his grandson

---

Rabbi Niehaus is the author of "Oasis: Experience the Paradise of Shabbos" and "HEAVENWORDS: Elevate your Tefillah and Yourself". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a *rebbe* in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.



# נקדש את שמך!

By: Rabbi Shraga Freedman



It was an exciting day at Camp Chayos Hakodesh, a summer day camp in Denver. A trip had been scheduled to the local courthouse, where the campers would have the opportunity to watch an actual criminal trial. When they arrived, a police officer explained the workings of the court, and then they settled down to enjoy the proceedings.

The trial was very exciting for the children.

A woman with a veil covering her face was brought into the court by a policeman. She was accused of having robbed a store at gunpoint. The attorneys for the prosecution and the defense made their cases, and each side brought a witness to testify and be cross-examined. After fifteen minutes, it became clear that each of the two witnesses had given a different description of the accused; one claimed that she was dark-skinned, while the other maintained that she had a fair complexion. The judge ordered her to remove her veil, and she shook her head to indicate her refusal.

At the judge's request, a police officer approached the woman and pulled the veil off her head. The campers gasped in shock, as the "defendant" turned out to be not a

woman at all, but one of their counselors, with his face painted blue and green. "Color war!" the counselor shouted, surprising and delighting the children.

The judge, the attorneys, and the police officers, all of whom were real, had graciously agreed to stage a mock trial for the boys as part of the color war breakout plan. "Order in the court!" the judge called, banging

his gavel, as he produced a new sheaf of papers. The counselors had provided him with a short speech to read on the topic of *sur mera and aseï tov*. Each of the color war teams was to represent one of the two concepts, and the campers were charged with learn-

ing about each of them and understanding the need for both. "It isn't enough to stay away from evil," the judge read aloud. "One must also contribute to goodness."

The police officers later complimented the counselors on the campers' excellent behavior during the mock trial, offering to repeat the performance in a future summer. But perhaps the most fascinating reaction was that of the judge himself. When



# נקדש את שמך!

By: Rabbi Shraga Freedman



the head counselor thanked the judge for his involvement, the man replied, "Actually, I should be the one to thank you for asking me to do this, because I really learned a lot from it. When I was explaining the themes and speaking about how a person must constantly evaluate his actions, making sure to avoid evil and constantly do good things, it caused me to realize that I should be examining my own life in the same way. I never thought about life in this sense, and I thank you for enlightening me."

A week later, Rabbi Chaim Sher, the owner of the camp, received a surprising call from a non-Jewish woman. The caller explained that her son had been caught shoplifting, and the judge had sentenced him to sixteen hours of community service. The judge, who had presided over the color war breakout, suggested that his service should be done for Camp Chayos Hakodesh, a religious camp where the children are taught and practice high standards of behavior, in the hope that the campers would exert a positive influence on him. The mother asked, with a hint of desperation in her voice, if the camp had any work that her son could perform.

## Stay Safe This Summer!



In case of accidental digestion of something negative about Hashem's beautiful world, CALL IMMEDIATELY 'A Life with Bitachon' 732-719-3898

*The concepts of sur mera and aseh tov are basic Torah concepts. Nevertheless, to a judge in the American court system, a man whose entire career revolves around justice and moral values, these elementary ideas were incredibly eye-opening.*

Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.



Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

Email: [LivingKiddushHashem@gmail.com](mailto:LivingKiddushHashem@gmail.com) for a free file of sefer Mekadshei Shemecha and other resources and to sign up for our weekly Kiddush Hashem email.



# Stories to Inspire

By: Rabbi Daniel Agalar

A man once approached Rabbi Zecharia Wallerstein ZTL seeking tzedakah. He had once been a very well-to-do individual, but unfortunately, he had lost everything after a plunge in the stock and real estate markets. Now, he found himself in dire need, unable to pay his mortgage or provide sufficient food for his family.

However, before delving into his plea, he had something incredible to share with Rabbi Wallerstein. Curious and attentive, Rabbi Wallerstein encouraged him to continue, assuring him that he was all ears.

The man began his story by describing an annual occurrence that took place before Purim. Every year, a man with a large family would approach him, seeking financial assistance. It was a heartbreaking situation as the man's house had burned down, he had lost his job, and his wife and two children were sick. Touched by his hardships, the storyteller had made it a tradition to give him \$500 over the course of a decade to help him through the Purim and Pesach holidays.

However, just last week, the man returned once again, seeking his yearly support. This time, the storyteller found himself in a difficult position as he had nothing to give. He couldn't even provide for his own family's needs. Nevertheless, he couldn't bring himself to turn the man away empty-handed. With

a heavy heart, he took out his checkbook, fully aware that his checking account was completely depleted. Despite the lack of funds, he wrote a check for \$100 and handed it to the man, unable to deny him any assistance. The recipient graciously accepted the check but fell silent upon realizing the significant decrease in the amount. "I wish I could give you more," the storyteller expressed, "but my current circumstances prevent me from doing so." Though the amount was reduced, the man thanked him sincerely and left.

Shortly afterward, a sense of panic washed over the storyteller. Doubts and worries filled his mind. "Am I crazy?" he thought to himself. "Where will I find \$100? I can barely provide food and clothing for my own family! I just wrote a check that is bound to bounce." He made up his mind to visit the bank the following day, intending to request a temporary cover for the check while he scrambled to gather the necessary funds.

However, the next day, he became preoccupied with other matters and realized that the bank had already closed by the time he was ready to go. As days passed, the check slipped entirely from his mind. He forgot that he had even written it.

Three days later, a sudden realization struck him. Filled with anxiety, he rushed to the bank, hoping

against hope that the man had not yet cashed the check. The chances seemed slim, as the man surely needed the money urgently and would not have delayed cashing it.

With trembling hands, he inserted his credit card into the ATM machine. To his astonishment, the screen displayed a balance of \$214. Utterly perplexed, he wondered how he had any money in his account and where it had come from. Scrutinizing the account details, he discovered a deposit labeled "Miscellaneous" for \$314, followed by the deduction of the \$100 check, leaving him with the current balance. The math made sense, but he remained clueless about the origin of the mysterious "miscellaneous deposit."

Overwhelmed with a profound sense of wonder, he felt as if he had witnessed a miracle. He had written a check without any money in his account, and yet it had gone through. It was as if Hashem had covered it. Eager to unravel the mystery, he immediately sought out the bank manager, hoping for an explanation. After a few clicks and taps on the keyboard, the manager swiveled the screen toward him and revealed the answer. "Sir, you have a life insurance policy that provides an annual return, ranging from \$314 to \$390. You have been receiving this amount for years." The \$314 deposit had been made into his account just a

Continued on page

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# The Miracle of Bread

By: Mordechai Solomon



Recap: The many miracles that's in your slice of bread.

1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.
2. The seed stays fresh and does not rot so you can gather them and plant a whole crop's worth.
3. Soil is only found on earth.
4. Soil is the perfect environment for the seed to grow.
5. The soil is a natural habitat for ants to live in and also for the inchworm.
6. The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
7. The Inchworm bores bigger holes in the ground which is also a form of tilling the ground
8. Vegetation grows in the ground.
9. The soil also produces all different types of vegetation.
10. This so happens to be the perfect food for the Inchworm.
11. After it eats, the food goes through an amazingly complicated digestive system.
12. The Inchworm's body produces waste.
13. The waste is very good fertilizer for the soil to help the growth of the wheat.
14. When the worm dies, it decomposes and is

15. good fertilizer for the plants.
16. Different germs and bacteria grow in the soil to improve the soil for the growth of the plants.
17. The seed reacts with the water to start to decompose.
18. This enables that the water should continue to make the seed rot.
19. Water is made of two gases.
20. The soil is a cool atmosphere.
21. Soil is porous allowing it to absorb water which is a necessity for the seed.
22. This causes the seed to decompose when you put the seed in the earth.
23. No matter how the seed is placed in the soil, the root goes down.
24. The stem goes up no matter how it is placed.
25. The plant survives on rainwater.
26. The ocean is full of salt water which cleanses the water from impurities.
27. The sun shines on the water.
28. The sun is millions of miles away and yet it has an effect on earth.
29. If the sun would be too close it would burn the earth
30. If the sun would be too far, the world would freeze
31. The sun is a ball of gases.
32. The sun constantly gives off heat by chemical reactions.
33. The molecular structure of water is so that when it gets hot, it starts to change.

34. The water turns into water vapor.
35. Water vapor is lighter than air, so it rises.
36. The sun sets in order to let the earth have a rest and certain insects work at night.
37. The earth spins in a cycle which causes the sun to set.
38. It is in constant motion never stopping.
39. Everything in the world is stationary and the movement not felt.
40. The moon an orb in the sky.
41. It has a certain cycle.
42. It reflects the sunlight.
43. It has an effect on the moisture of earth which is necessary for growth.
44. The earth spins in an angle so that sometimes it is closer to the sun and sometimes it is further.
45. The sun has a force on the earth.
46. This causes all different seasons and climates.
47. During the cold season the earth stops producing as much giving a rest to the earth enabling it to give off a better crop.
48. There are many dust particles in the air.
49. When the water rises, it leaves over all the salt and dirt from the ocean.
50. The water combines with the dust particles. It starts to accumulate into a cloud.
51. Cold air sinks.
52. Hot air rises.
53. The difference causes air current.
54. The wind blows inland.

הזן את העולם כולו בטובו!!!



The clouds move inland.



The cloud gets heavy with water.



The cloud releases the water.



Gravity brings down the water to the earth.



There is a negative cloud.



There is a positive cloud.

To be continued BE"H





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# News From the Classroom

Stories sent in by a class in Bais Sheindel, Lakewood, New Jersey

*My mother teaches in Bais Kaila. One day, she was running late, and the ride she usually goes with already left. She had no way of getting home.*

*There were a few cars in the Bais Kaila parking lot. My mother "randomly" went to one car at the far corner.*

*"Mrs. Schechter, how are you?" It was one of my mother's former students. She offered to take my mother anywhere.*

*It was Thursday, and my mother hadn't gone shopping yet, so her old student took her to Gourmet Glatt and waited an hour until my mother was finished.*

*Mi Ke'amcha Yisroel!*



## Classified Ads

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All pictures  
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tions are just  
mashalim. The  
real pleasure  
the neshama is  
going to have is  
indefinable!

# THE SPRING HILL TIMES WEATHER STATION

Weather Reports Brought to you by:  
Meteorologist Velvel Honig

It makes no difference what the temperatures will be or what conditions await us



the weather Hashem gives us is always beautiful and perfect!

## Rockland County, New York

**Tuesday 7 Menachem Av**  
 Low 69°F High 86°F  
 P.M. Thunder-showers!!! Yay!!!  
 It will be a wonderful day to thank Hashem for giving you a family!

**Wednesday 8 Menachem Av**  
 Low 69°F High 89°F  
 Mostly Sunny! Wow!!!  
 There will be perfect weather to greet Mashiach Tzidkeinu!

**Thursday Tisha B'av**  
 Low 73°F High 93°F  
 Partly cloudy!!! Yippie!!!  
 Perfect day to cry tears of happiness over the rebuilding of Yerushalayim!

**Erev Shabbos 10 Menachem Av**  
 Low 74°F High 94°F  
 Partly Cloudys!!! Yippie!!!  
 Perfect day for your heart to melt with pleasure while greeting the Shabbos Queen!

**Shabbos Kodesh 11 Menachem Av**  
 Low 70°F High 91°F  
 P.M. Thunderstorms!!! Yippie!!!  
 Stunning weather! Perfect to celebrate Hashem's beloved Shabbos with delicious snacks!

**Sunday 12 Menachem Av**  
 Low 68°F High 87°F  
 Partly Cloudy Gorgeous!!!  
 Beautiful weather! Will be a great day to bring Karbanos on Hashem's Holy Mizbe'ach!

Please note: This is based upon the forecast at time of print. Actual results usually vary...



Yes!! We are ready!!!

More than 30 Spring Hill Times readers have packed their Mashiach bags already!

## אחכה לו בכל יום שיבוא

Esty Adams, 12, Lakewood, New Jersey



Devorah Pollack, 12, Lakewood, New Jersey

In my suitcase I put...

Gum, a lolly, a book (really I will be so happy and enjoy, so I may not need it), Tehillim, an outfit, a comb, ponies, a card game, sucking candies, an instant-printing camera, spare batteries, putty, a spare pair of glasses (just for the ride, cuz after I will not need them - by Mashiach everyone is healed), pens, papers (notebook), fruit-a-peels, earrings (spare pair), a siddur, a battery charger, a photo album (so I can look at it and remember how galus was so I will thank Hashem for Mashiach), a water bottle, sweaters (for the way - after I won't be cold), tissues (I'll be crying from happiness!), The Spring Hill Times (of course!), a mirror, Krias Shema card, garbage bag, extra pair of sneakers.

# מה אהבתי תורתך

Congratulations to all those who entered the contest! Every one one of you was a true winner!  
You all showed Hashem how much you love His Torah. You gave Him so much pleasure!

*Chava Esther Litwin, 12 Neve  
Yaakov*

Made a yummy milchig  
ice cream type cake  
with chocolate shaved  
topping.



*Asher Berelowitz age 9  
Lakewood, New Jersey*

Learned the entire  
Mishnayos Bikkurim  
over Shavuos !!



*Akiva Shlomo Litwin 6,  
Neve Yaakov*

Learned  
1st perek of  
Meseches Brachos



*Yisroel Rubin 12  
Howell, New Jersey*

Made Siyum on:  
Temurah &  
Eruchin



*Yossi Schondorf  
11, Brooklyn, NY*

Made Siyum on:  
Meseches  
Shabbos



# CHAPTER 4



## Recap: YESHIVAS TORAH V'DAAS!

R' Binyamin Wilhelm wants to make a frum school in Williamsburg. People don't believe he could do this in America. He got a few friends to help him and he rented a building that used to be an afternoon school called "Yeshivas Torah V'daas." he's planning on starting after Sukkos! On Yom Kipper he goes from shul to shul to ask people to send their kids there.

What will happen to Yiddishkeit?!  
Your sons need to go to Torah V'daas



I would like to enroll my son Shimmy in Yeshivas Torah V'daas, but how will you remember if you can't write it down?



These kinderlach are like my own children! How can you forget the name of your own child?

...so it's extremely vital to send to yeshiva



After Neila an exhausted R' Binyamin walked



Ta, you look so tired! Do you want to break your fast and go to sleep?



Thank you, but I can't do that now, I need to write some thing down.



Baruch Hashem people are sending to Yeshivas Torah V'daas



Reuven, Shimmy and Levy signed up and Avraham, Yitzchak, Yossi, Liabe, Efraim, Menashe...

### To be continued B'ezras Hashem...



# Thank You Hashem for...

Sunday	

Monday	

Tuesday	

Wednesday	

Thursday	

Friday	

Name: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: \_\_\_\_\_

To win prizes, fax a copy of your completed chart to 718.436.7358 OR email a copy to [hashemthanku@gmail.com](mailto:hashemthanku@gmail.com)

# Just Look At What Hashem Made For You!

By Leiby Berger - Jackson, New Jersey

It's a  
Stunning  
World!



It's a  
Wonderful  
World!

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385-381-0977**

**Email: [thespringhilltimes@gmail.com](mailto:thespringhilltimes@gmail.com)**



# 5

## Weekly Thank You's

I'zechus that people should feel loved by Hashem!



By: R' Simcha Elefant - Yerushalayim Ir Hakodesh

**Thank You Hashem for Air Conditioning!**

We can cool off in our cars, houses, Batei Medrashim when it's hot outside.



**Thank You Hashem for camps!**

The kids can have an enjoyable summer and the parents can get a little break.



**Thank You Hashem for Cleaning help!**

They help keep the house clean and keep things calm!



**Thank You Hashem for Delivery services!**

We can order food/items and get them conveniently delivered straight to our door.



**Thank You Hashem for Fish!**

Such beautiful display of Niflaos Haborei and a great source of protein!







# THEN & NOW

### Living in a house?

**1800's:**

You had just a couple of rooms in your tiny house. Many floors were dirt floors. They would get muddy every time rained...

The roof used to leak all the time...



It was freezing cold in the winter and boiling hot in the summer...

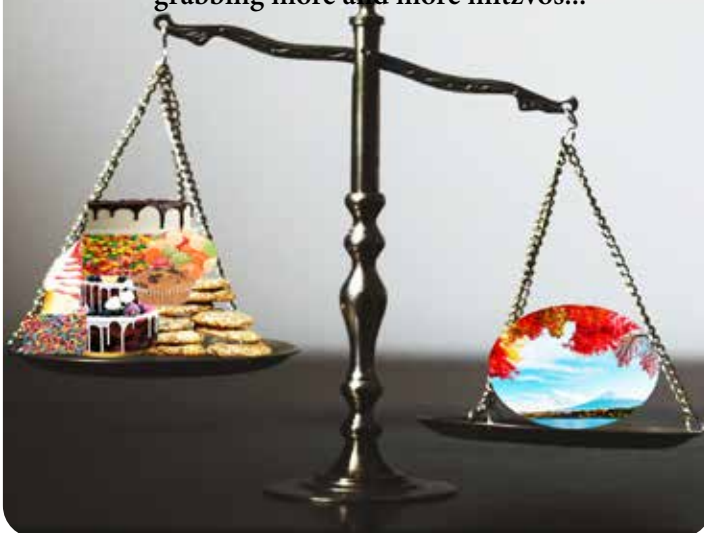
**Today:**

Enjoy your spacious house that has so many rooms! The floors are beautifully tiled... Walls are beautifully painted... You have a/c for the summer and heat for the winter!

The roof is properly sealed...



All the delicious pleasures in this world cannot compare to even one second in Olam Haba! Just keep on grabbing more and more mitzvos...



## Gold Mines

Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock

The Heilegeh לשם writes: אין דבר העומד לפני הבטחון

- nothing stands in the way of bitachon. Bitachon is so powerful and there is no limit to what Hashem can give you.



There's a known writing of the Chazzan Ish that bitachon merely means to accept your situation.

Rav Mandel says he personally heard from R' Shlomo Brevda z"l that this is a misunderstanding of the Chazon Ish - that of course bitachon can bring bracha and change things around. R' Chaim Kanievsky was also known to have said the same thing.

Rav Mandel also heard from the Mashgiach R' Nosson Wachtfogel that a person can have bitachon to get what he wants, meaning what is considered normally good for a person. Yes of course there is a time when a person should work on accepting his situation with simcha. However, ideally a person should aim for getting yeshuas through bitachon with an all positive approach but have the ability to change his bitachon gears and when in need to be mekabel his situation.

## Rabbi Yosef Moshe Mizrachi

Hashem Created the world with such perfect balance! Every element in this world is perfectly suited for us!

Take air for example. A person can't survived more than a few minutes without it. For that reason Hashem filled up the world with so much of it! Water is less necessary as we can go for more than a day without drinking and therefore Hashem gave us lots of water but still less than air. Food is yet less urgent and so Hashem put less food in the world than air and precious stone's and metals are not vital to us and therefore Hashem made them in the smallest quantity! These are the words of the Chovot Halevavot in Sha'ar Habechina Perek Hei.

I once heard a nice addition how it also applies to prices. Since we need so much air, Hashem made it free to save us from going broke! Water, which we need less of than air but still quite a lot, Hashem made very inexpensive. He made food slightly more expensive. And precious rocks are very expensive since we have very little actual use for them!

**Shabbat Shalom U'mevorach**



# Mazel Tov!

**Mazel Tov** to R' Moshe Barankar and family (Chestnut Ridge, New York) on the birth of a new baby boy!

**Mazel Tov** to R' Shimon Weitzner and family (Spring Valley, New York) on the birth of a new baby boy!

# BITACHON POWER!

BY: Rabbi Chayim Tzvi Blau

This week's Topic: " MY PIKADON Part 2"

## The Quote – The Lesson – The Story

A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

**The Quote:** ONE OF THE GREAT BENEFITS in achieving Bitachon in Hashem is that even if Hashem will bless you with prosperity or wealth, it will not get in the way of your עבודה ה'. And even if you would lose something, you would not get uptight or become pained, rather you will give thanks to Hashem for taking away your פקדון, with the exact same feelings that you thanked Hashem when He gave you what you had in the first place. As well, if you become a Ba'al Bitachon you will not have an iota of jealousy towards anyone who has more wealth than you have, as צדיק אוכל - לשובע - נפשו שלמה המלך said (משלי יג: כה). A righteous man eats to satisfy his soul and therefore he envies nobody. This is the Baal Bitachon".



**The Lesson:** WHAT MAKES THIS QUOTE SO INCREDIBLE and amazing is that one who has Bitachon has such a happy life and he constantly thanks Hashem for what he does have and he thanks Hashem for what he does **not** have. It's all the same! The Chovos Halevavos is teaching us that this is the secret to never be jealous of anyone else to understand and realize that our "pikadon" that Hashem gave us was tailor made for us and what the other person has is POISON

mamesh!

**THE STORY:** A VERY CHOSHUVEH REBBE FROM LAKEWOOD who we will call Rabbi Kober told me the following incredible story: "I had a 12 passenger van that I could have sold for money that I could have used! However, I had a neighbor who could not afford a van so I told him that he can have my van for free! Shocked and confused my neighbor accepted my offer. The issue was that I still needed a new van. I put in a bid to buy a new van. Hashem had other plans for me. Shortly after, a Rebbe came around the Yeshiva I teach in and announced that he is looking to give away his van since his generous shver bought him a brand new one. The Rebbe that was going around the Yeshiva said "I was going to donate it to Oorah but I figured I would first offer it to another Rebbe". Rabbi Kober concluded: I got a free van from this other Rebbe which was a lot better than the van I had given away." We see from this story that one has nothing to worry and Hashem will take care of all your needs! We see in this story how the first van was the "Pikadon in his hands and as soon as he gave that van away with tremendous Chessed Hashem gave him an even better pikadon! Better than Ever!

Next week's Topic: "Chicken without a head"



# The Arrival of the Beis

## Hamikdash Hashlishi

By: Ahuva Rothenberg

*Remember all the previous diary serials? Well, now this new boy from our day wants to imagine with us what will happen when the Beis Hamikdash Shlishi will arrive.*

### DEAR DIARY,

I know that Mashiach can come any day now, and I imagine every day what it will be like.

The shofar sounds loud and clear, everyone feels elated. I, for one, am in middle of lounging on the couch, feeling nothing but bored.

Glancing out the window, I notice a Holy man, with a shining face, clopping down the street with his donkey, swarms of people surrounding him - Mashiach. The shofar sound even louder. I jump off the couch like a bolt of lightning and run out of the house and join the crowds. Suddenly the sky darkens; everyone looks up to see a huge swarming of eagles flocking at high speed toward us. Everyone

ducks as someone screams excitedly: "Don't worry; it's the eagles of Mashíach!" Everyone jolts back up as the eagles near the ground. An eagle swerves, and stops right in front of me. I hop on and hold onto the eagles wings of dear life. Joy is enveloping the atmosphere.

Everything that's happening feels like a dream - the real ultimate experience. A shining, blinding light streams down from the sky, I look up along with many others in flock, and see the Beis Hamikdash in its glory lowering from Shamayim. Tears of joy fall freely down my face, this is actually happening! The shining glory of the Beis Hamikdash is unbelievable. As we land, I notice my alter Zeidy walking around the Beis Hamikdash. My jaw drops, techiyas hameissim is actually occurring before my eyes. Moshe, Aaron, the shevatim, Chofetz Chaim, Rambam, Rashi... the sight is too much to behold. I feel free of all my aveiros, all forgiven. No more yetzer hara to fight - only the yetzer tov to encourage our middos. My father is a levi, and before I know it, they're singing and dancing joyfully. The feelings are overwhelming. All the food and fruits are massive, juicy and incredibly appetizing. Mommy brings out a juicy apple and I make a brachah and joyfully take a heaping bite. The atmosphere, feelings, and the goings on is indescribable, unbelievable, and amazing.

**Now, this is only my imagination of what Mashiach, Im'H will be.  
But, I'll continue to daven every day for this to happen,**

*Shlomo*

# Nachamu Nachamu Ami

By Mrs. S. Mordechai



*Dedicated to my Dear Daughter Shoshana  
Nessa and her Zivug Hagun, Yaakov, Shey-  
ichiu*

Nachamu, Nachamu Dear Dreamers;  
the mercy of your Father runs deep.  
It's time for us to gather.  
The hour has passed for sleep.

My Crown of Glory, our chupah;  
the Samach, your wedding ring.  
On the fifteenth of Menachem Av,  
Kol Sasson v'Kol Simcha we shall sing.

The prayers you utter with your mouth.  
Now a pure vessel; a pure, white kli.  
I will answer with affection.  
Over is My harsh judgement and decree.

Now will be an end to the dying.  
Abandon your grave.  
The road home with forgiveness and renew-  
al, in achdus, We will pave.

The gates have opened.  
The road to Tzion, too long has been closed.  
Fragrant blossoms have replaced the sen-  
tries  
and the king, who your King Above, opposed.

Wormless wood is rare  
as short and dark overtakes daylight.  
Exchange your axe for Divrei Torah.  
I will be your chavrusa through the night.

After seven years, still unblemished and  
whole,  
your deceased you may now bury,  
With jubilant niggunim,  
Our vows, we will renew. We will remarry.

Daughters of Tzion go forth  
In your borrowed livush lavan  
With rena and gila on your lips-  
Your smile of tehilla don.

Dance in a chug of joy.  
Look up to Kel Rachum v'Chanun.  
He'll bless you with Siata D'Shamaia  
and your zvug hagun.

Young men put your best foot forward  
from any shevet choose a bride;  
With achva v'reyus  
The Holy one, Blessed Is He, will be your  
guide.

Harei At Mikudeshes Lee

Continued on  
Next Page



# Nachamu Nachamu Ami

By Mrs. S. Mordechai

Im Tabat Zoo:  
Remember the love  
between His Am Kodosh  
and HaKadosh Baruch Hu.

Our covenant N'chadaish.  
Witnesses will be the cochavim.  
With kol chasan, kol kalla  
and kol shofar,  
His bride, Am Segulaso, He will redeem.

We'll celebrate the Geula Shelaima.  
HaYachid will send Moshiach soon.  
We'll travel b'yachad up to Har Tzion.  
Under the full, white moon.

K'ish Echod B'laiv Echod  
we'll ascend

to the House of Kehilas Yaakov.  
In Yerushalayin Ir HaBanua  
we'll express boundless hakaras hatov.

We'll draw water from the spring of salva-  
tion.  
We'll raise zimra with drum and lyre.  
Our Bashert, Hashem Yisborach and His  
Shechina, will now always be near.

We'll celebrate the Geula Shelaima.  
HaYachid will send Moshiach soon.  
We'll travel b'yachad up to Har Tzion  
Under the full, white moon.

With Boundless Hakaras HaTov to Hakadosh Baruch Hu  
and much gratitude to R. Yitzchok Kaufman (The Spring Hill Times;) Artsroll Siddur, Tehillim, Artsroll Series, Kleinman edition (Rab-  
binic Festivals and Fast Days,) Rav Shalom Arush, Shlita (Say Thank  
You and See Miracles,) Rabbi Zev Golombeck- The Bitachon Hotline;  
EK, LJ, RM, and AU.

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## Learning From Our Gedolim

By: Amrom Weinstein - South Fallsburg, New York



One time, Rav Chaim Kanievsky's daughter showed Rav Chaim a Tzedakah box that had printed on it a picture of Rav Chaim. When Rav Chaim saw it, he asked his daughter, "Is this the Chazon Ish?" She said, "That's you, Totty."

"I didn't recognize myself," said Rav Chaim and then he returned to his beloved Gemara.

### Stories of Our Great Tzaddikim

By: Bracha Stein

Rav Elchonon Wasserman used to go to R Yosef Yehoshua Zimmerman (who hosted many people and did lots of hachnasas orchim) many times as a guest. The family felt very fortunate and extremely honored to host such a distinguished, well-known man.

A large dog, called Duke, used to roam around the yard and any time somebody would ring the

bell he would stand up by the window and bark. It was a frequent scene, the bell would ring, and Duke would bark loudly and bang on the window with his huge paws.

One day, the doorbell rang. To the family's surprise and concern, Duke was silent. He came to the window, jumped up and stopped. The family found him motionless, his eyes staring straight ahead, and his ears laid flat, unmoving. Standing inside the house, visible from the window, was Rav Elchonon Wasserman.

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# A Week in Review

## Siddur Saves the Day



Mrs. Klahr\* lives in Yerushalayim. One day, she left her 4th floor apartment to go to an appointment. Just as she was about to go into the elevator she realized that she left her siddur in her apartment. So she went back to get the siddur.

A few seconds later, she was back at the elevator. As she was just about to go in, she heard a noise and the electricity in the building went off. She was so thankful to Hashem that she forgot her siddur the first time... Otherwise, she would have been in the elevator when the electricity went out and would have been stuck in the hot elevator until the electricity went back on! [Heard from Mrs. Klahr's mother]

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## Money Comes From Hashem



Mrs. Levi\* from Lakewood, New Jersey, looked at the balance of her bank account. It was very low. She was worried because she works as a private tutor and the summer months are usually very quiet. She had no idea where she was going to get more money from. Then she told herself, "Hashem has so much money. He gave us so much already. My fridge is full. I have a house." And she started thanking Hashem.

That same day, two people called her with children who needed tons of work over the summer! In just a few minutes she went from being worried to having a beautiful source of income for the summer! [Heard from Mrs. Levi]

Continued from page 29

few days before he wrote the check, unbeknownst to him. He had believed he was giving away money he didn't have when, in reality, he did have it, and even more.

The realization overwhelmed him. In the past, when he had millions, this sum would have been insignificant. But now, it meant everything. In addition, he had an extra \$200 that he could use to provide for his family's Purim and Pesach needs. Hashem had taken care of it all.

Living with Hashem means living in an unbelievably authentic way. Each and every one of us has the capacity to experience such a deep and profound connection with the Divine. The choice is in our hands.

*Story taken from the Stories to Inspire Hotline*

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 Tehillim Everyday



## Tehillim IN THE SUMMER

Summer is a very busy time, we relax and enjoy ourselves, and as a result many of us forget to say Tehillim. So, that's why Tehillim Everyday is introducing a summer Tehillim program. The program is split into 3 rounds. Round #1 is first half, round #2 is second half and round #3 is at the end of the summer. On the rounds of your choice (or you can be part of all the rounds, of course!) you will say a specific Yom that you are given, once a day.

### The Raffle

At the end of the summer we will have a raffle and for every round that you were part of you will receive one raffle ticket.

### Bonus Tickets

Anyone that is part of all 3 rounds will receive a 5 bonus tickets. (This is instead of your 3 tickets) Whoever never makes up her Yom because she forgot to say it one day will receive 2 bonus tickets per round. So, each participant can have up to 11 tickets!!

Round #1: June 26-July 23 • Round #2: July 24-Aug 21 • Round #3: Aug. 22-Sept. 20

Please email us to be part of Summer Program • [TehillimEveryday@gmail.com](mailto:TehillimEveryday@gmail.com)

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when we are there for them. It's so easy for us to help them.  
Here are a couple of examples of how we can help them.



Help clean up the playroom.



Take care  
of the baby.

Help with the shopping.



Pour them a cup of water.

When we help our parents it means so much to  
Hashem, and it makes Him so happy and proud of us!



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## Niflaos Haborei Riddle

by: T. Bauman

If you knew me when I was  
younger,  
You would never know I'm me.  
For my younger self and I,  
are as different as can be.

I was grounded, now I soar,  
I was slow and now I'm fast.  
I was inactive for a while,  
Until I emerged at last.  
Warm air is my preference,

What's your guess? give it a try.  
Think quickly or the answer -  
May just flutter by!

Find the answer somewhere on the  
next page.



### Cheishek HaTorah

#### Riddle Corner # 48 Devarim

The Romans Korban was not accepted , due to a blemish it was rejected. It was by the eye or perhaps by the lip, thus hinting to two areas where the Yiddin did slip. What were these two areas ?

To hear the answer, press X14 #48 on the  
Chaishek HaTorah Line 845- 720-4040

You can hear stories from the Spring Hill Times being read on the Cheishek HaTorah Hotline. 845-720-4040 Ext 6 Updated every Motzaei Shabbos!

## Parsha Delight Question of the Week

Refuah Shelaima Moshe Zeleg ben Rochel Devorah (רפואה שלמה משה זעליג בן רחל דבורה)

### פרשת ואתחנן תשפ"ג (5783)

In the Pasuk (4:7) it states: אשר לו אלקים קרובים אליו – גוי גדול – כי מי – גוי גדול – אשר לו אלקים קרובים אליו, for which is a great nation that has a G-d Who is close to it? Why is the term “קרובים”, close, in the plural? We know that the name of Hashem “Elokim” means the “Master of all powers”, so we can somewhat understand the plural form. But in almost all other appearances, the singular form is used in the context of Elokim. בראשית ברא אלקים, ויאמר אלקים, וירא אלקים. Why is here an exception?

Please email your answer(s) to [parashadelight@shiurenjoyment.com](mailto:parashadelight@shiurenjoyment.com) and enter to win a \$5 Raffle



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Love Torah Live Torah Learn Torah

# Bitachon Gems

Learning the Parasha with Rav Yehuda Mandel Shlita



Look at the beautiful words of משה יציר מבורח האנושי: "My L-d ה' אלוקים - You have begun to show - החזקה - את עבדך - גדלך וידך - את עבדך - את עבדך. For which power can do what You can do? Please let me see the good land and good mountain etc."

Moshe is full of warmth and love and admiration for Hakdosh Baruch Hu. Look at the way he pleads and the way he appreciates Hakadosh Baruch Hu's "good" land and "good" mountain.

This is a great מוסר השכל how a person should daven. We should learn from Moshe how we should relate to Hakdash Baruch Hu. We can suggest BS"D at least B'derech Remez that for good reason Hakadosh Baruch Hu had to tell Moshe: דבר אלי - אל תוסף - Who could say "סו" to such a beautiful, loving, and humble תפלה?

## ההר הטוב

Rashi says that this is ירושלים. Look at Moshe's Ayin Tova: He doesn't call it ירושלים - rather the 'good mountain'. He sees only goodness in Hakadosh Baruch Hu's world. Eretz Yisroel is also called the "good" land by משה. All he sees is the goodness of Hakadosh Baruch Hu. Remember how when approaching אדום, he called himself and Klal Yisrael "אחיר". Although he's speaking to the worst רשעים he still speaks with love and warmth.

He also seems to trust these רשעים that they would do him a favor and allow Klal Yisrael to cross their land. This is strikingly similar to דוד who trusted שאול even after שאול tried to kill him three times and he still made a heartfelt הספד on his worst enemy. These are true leaders who see only good.

Perhaps this is why Hakadosh Baruch Hu allowed משה to see Eretz Yisrael just like an Ayin Hara can hurt and even kill (Chazal). The same an Ayin Tova i.e., a person who fargins and wants only good for others creates Bracha. טוב עין - הוא יברוך.

This is how a ברכה works. When you want good for others it helps them.

זוהר) had רות see his fields because she had an Ayin Tova (זוהר).

Slabadka Yeshiva had phenomenal success since they were so involved in Ayin Tova. (Rav Moshe Chadash). So, we can suggest BS"D this is one reason why Hakadosh Baruch Hu wanted Moshe to see Eretz Yisrael.

## וחזקה ואמצהו

Right after משה is told that he can't come to Eretz Yisrael, the land that meant so much to him, he is told that יהושע will go instead and he should be מחזק him.

Look how Hakdosh Baruch Hu views משה as the purest of the pure. Not only aren't you going but you'll be מחזק someone else who is doing the job that you wanted. No room for קנאה.

To the contrary, משה really cares about is רצון. Just like he wanted to go to Eretz Yisrael because he felt it's רצון for him to want Eretz Yisrael - the same רצון is to be מחזק his 'competitor'. Indeed, there are no 'competitors'. All he cares about is to make Hakadosh Baruch Hu happy and he has loads of שמחה in seeing someone else doing what he wanted to do.

**Taken from Bitachon Weekly 5782. To sign up for the weekly full version please email: [bitachonweekly2@gmail.com](mailto:bitachonweekly2@gmail.com)**



# A Review of the Yesodos

that make our days!

A Life with Bitachon

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## Sunday

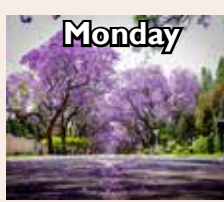
Butterfly



A person living #1591 through a Nisayon without Bitachon will see darkness, but a person who lives with Bitachon will

see, in the exact same scenario, Hakadosh Baruch Hu's love, Chesed, and Rachamim.

## Monday



If you work for #1592 someone or deal with someone in your life who is often angry or critical, remind yourself over

and over again that the person is just a puppet and is remote-controlled by your loving, caring father Hakadosh Baruch Hu. If you realize that your "boss" is actually a powerless creature, he will no longer be able to affect you.

## Tuesday



Someone who #1593 doesn't have any money and doesn't live with Bitachon could feel poor and helpless.

Someone else in the same situation will recognize that their Father is richer than the richest person in the world, so why do they need money? Their Father will provide them with all their needs.

## Wednesday



When we realize #1594 there is no such thing as an issue or a problem, because everything is in the hands of our loving, caring Father, we will then be able to give this

over to whoever we come into contact with, and especially our students and children.

The way to make kids intrinsically happy is not to give them presents and trips, but to give them the tools to realize that we live in a perfect world, and absolutely nothing can go wrong.

## Thursday



When the Bais Hamikdash was destroyed, #1595 Hashem's obvious presence was replaced by Hester Panim. It was harder to "find" and "see" Hashem. Therefore,

nowadays we have to put our energy and effort and Kochos into making Hashem real and tangible, and when we do that, it's as if the Bais Hamikdash was built in our days. The Avoda of every person is to build his personal Bais Hamikdash, and the Shechina will reside in him.

## Erev Shabbos



It says in the Pasuk in #1596 Parshas Pinchas that there were about 45,000 men in Shevet Binyamin, compared to 64,000 men in Shevet Dan.

How can that be? Binyamin had ten sons, and Dan only had one son who was deaf. How did Shevet Dan prosper so much, seemingly against laws of nature? In Parshas Vayechi, the Torah says about Shevet Dan, "Lishuasicha Kivisi Hashem." Shevet Dan relied on Bitachon, not laws of nature.

# Story Time

## Stories From 'A Life With Bitachon'



**This** story has been called in by a very Choshuve Yungerman by the name of Mordechai Kotler.



He said that he just started sending his baby to a new babysitter, and he was having a very hard time adjusting. He said that even though the babysitter is amazing and Gevaldig, but, this child has a very hard time getting used to new things. Every single day, he would bring his child to Morah, and the baby would start crying. This was going on for a week straight. It was very hard for him.

He was thinking, 'I really tried every trick to get my son to smile, but nothing is working.'

Then he realized, "I know what I'm going to do. I'm going to realize who's in charge of emotions. You think it's up to my baby? It's up to my loving, caring father HaKadosh Boruch Hu, the Ribbono Shel Olam. And that's why I'm going to say, "Hashem, you are HaKol Yachol. You are the one who can do everything and anything. And with that, I'm throwing it up to you." He went to the Morah's house, and the baby went so nicely. He was happy to go!



**This** story has been called in by a very Choshuve Yid by the name of Binyamin Lowinger. He misplaced his wallet a few months ago. He had no idea where it was. He was looking high and low already for a few months, but it was nowhere to be found. He was expecting to have a Simcha very soon. He was going to have to go to the hospital, and they would ask him for ID, but his ID was in his wallet, and his wallet was nowhere to be found.



He was thinking, 'I'm just going to give up. What should I do? I already went through all my belongings, searched everywhere in the house, searched my van, but to no avail.'

Then he started thinking about a story that happened a few years before. He had lost his wallet. It was missing for about a week, and then he went into a non-Jewish store and they said, "Oh, is this your wallet?" He said, "Yes." They



# Story Time

## Stories From 'A Life With Bitachon'

said, "You shopped here a week ago, and you asked us if you left your wallet here. We said, 'No.' But then someone came and returned it, so here it is, you can have your wallet back."

He was thinking to himself, if a non-Jewish store can return my wallet a week later, there's one answer, Hashem is running this world, he's taking care of me, watching and protecting me. Why am I giving up that I'll never find my wallet? Let me go straight to Hakadosh Baruch Hu, the Ribono Shel Olam. Even though Al Pi Teva I should give up, I'm going with Hakol Yachol, that You're the one in charge."

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**Mr. Bizyonos**

Later on that day, he got a phone call from a Yid, and he said, "Are you missing your wallet?"

He said, "Yes." He said, "I'll tell you the truth, a few months ago I was in Shul, and I found your wallet. I wanted to return it, but I never had time to actually pick up the phone and call you to return it. Now, all of a sudden, out of the blue, I started thinking, "It's about time to call up and do Hashavas Aveida. Would you like your wallet back?" He said, "Yes, of course," and in no time he got his wallet back.

Right afterwards, he went to the hospital, and he had a beautiful baby boy!



**This** story has been called in by a very Choshuve Yungerman by the name of Mordechai Kotler. He said he went to a Seforim store and asked, "Do you carry the Sefer Haser Ka'as MeLibecha?" He said "Sorry, it's not in stock anymore, we don't know when we're getting it in. If you want, I can check in my system." He looked it up, and he said, "Sorry, it's not in the system, we don't carry it anymore. If you want, I can do you a favor, and look where it's supposed to be, in case we still have it." He went, and he checked, and he said, "It's not there, we don't have it. It's not in my system, it's not





# Story Time

## Stories From 'A Life With Bitachon'

where it should be, there's no way I can help you."

Mordechai thought to himself, 'Do you think I need the Seforim store to have the Sefer in stock? Do I need it to be in the computer system? Do you think I need them to carry it? All I need is for Hakadosh Baruch Hu to make it appear out of nowhere. Hashem is the Kol Yachol. He can do anything and everything.'

While he was thinking this he started to look at a random shelf and staring right in front of his eyes was the Sefer he was looking for!



This story has been called in by my very Chashuve Talmid, Yisroel Nussbaum. His brother called him and said, "I have a treadmill for you, would you like to pick it up?" He said, "Of course, thank you so much."

He went to his brother's house to pick up the treadmill. His brother said, "It's very, very heavy and needs a lot of manpower, but I'll help you get it into the car." With that, his brother helped him bring it into the car.



Yisroel then thought, 'What am I going to do when I get back to my house? Who's going to help me carry it there?' Then he thought, 'One second, do I have to come up with solutions to figure out how I'm going to get it in? The same Hakadosh Baruch Hu who sent my brother to help me carry it into the car is the same one who will send someone r to help bring the treadmill into my house.' With that, he drove up to his house and opened the door. His landlord was standing there! He saw the treadmill, and he said, "Would you like me to help you carry the treadmill into your house? Please, let me give you a hand." With that, right away, he came to help him bring the treadmill into his house!

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# The



# Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

**Q. I suffer from anxiety, and throughout the day I walk around being nervous. How should I view my situation?**

A. The first thing you should know is, when you label yourself as Mr. Nervous you actually worsen your condition. Rather, consider yourself to be a relaxed person, and you will see that you actually start feeling calmer.

Next, don't look at your condition as 'bad'. If Hashem made you with this kind of nature, it's a good thing.

Finally, you should know that yisurim are mechaper a person's aveiros. Emotional pain, which is even more painful is mechper so much more. Therefore, when you experience the emotional pain of anxiety on a constant basis, you should know that your neshama is becoming snow white, and you have a straight ticket to Olam Habah.

**Q. I am a jealous person by nature, and I try my best not to be envious of others, but it's not really working. What should I do?**

A. You're doing exactly what you're supposed to be doing! Your job is to try to work on not being jealous, and that's precisely what you're doing.

You don't see any results? Who cares! We're not here for results, we just have to do our 'daily exercise.

Here is one exercise you can do to work on avoiding jealousy: Imagine going to the pharmacy to pick up a prescription, and as you're walking out, you see that your friend got a 'better looking' medicine. Would you be jealous and want to trade? Of course not! You understand, that what's good for him is harmful for you. You need precisely the medicine that was given to you.

It's the same way with your prescription in life. If you would have your friend's conditions, you would never be able to fulfill your tafkid in life. In order to reach your true tikkun haneshama, you need precisely the situation that Hashem put you in.

**Q. I have a clumsy personality. I'm forgetful and I often make blunders. People look at me as someone who is incompetent and it's very hurtful. What is the emunah and bitachon perspective about this?**

A. The reason you feel hurt is because you're taking the blame for your personality.

However, did you choose your disposition? Your nature was

given to you by Hakadosh Baruch Hu, because He knows that that's perfect for you. If anybody looks down at you, it's not you who they are looking down at, rather they are blaming the manufacturer, Hakadosh Baruch Hu.

Certainly, if you are able to do exercises to act with more dexterity, you should try to do so. However, never look down at yourself for being the way Hashem made you. On the contrary, you have to appreciate the character you possess, and strive to serve Hashem with your individual strengths and weaknesses.

Whatever shame or criticism you still have after doing your exercises will serve as a kapara for your aveiros.

**Q. By nature, I tend to be very forgetful. I misplace my belongings and sometimes lose them. I feel bad that I'm such a shlemazel.**

**What is the emunah and bitachon perspective about this?**

A. In the Chofetz Chaim's city, there was a group of schnorrers that weren't able to find a job, and instead went collecting from door to door.

There were people in the town who refused to give them mon-



# The

# Bitachon Perspective

Continued

ey. They said, 'go get a job instead of schnorring money from other people'.

However, the Chofetz Chaim: "These people are making a mistake. The reason the schnorrers aren't making money is not because they are a shlemazels. Rather it's the opposite. Hashem decreed that they shouldn't be able to make money, and therefore He gave them the nature to be shlemazels."

Similarly, you didn't choose to be forgetful. Hashem created you with a forgetful nature and with the outcomes of such a nature because that's what's best for your tikkun haneshma.

Therefore, of course you should try to devise methods to avoid forgetting things, by making reminders, alarms, notes etc. But you shouldn't judge yourself based on the outcome of your nature. If Hashem gave you the personality to be forgetful, you have to be completely satisfied. Because Hashem is perfect, and the way Hashem created you is perfect for you.

**Q. Some time ago, I was trying to fall asleep. But I couldn't fall asleep and I was tossing and turning most of the night.**

Since then, whenever I go to sleep at night, I get anxiety attacks. I'm scared that the horrible experience might repeat itself. This is causing me to have a hard time falling asleep every night. All this is causing me a lot of frustration and I don't know how to help myself. What is the emunah and bitachon perspective about this?

A. When a person tries to fight anxiety head-on, it often backfires and the negative thoughts resurface with even greater force.

Therefore, if you go into bed with the mindset, 'I must fall asleep', a voice inside you will say, 'But maybe you won't fall asleep? Maybe you'll even have a hard time falling asleep tonight' etc. And you'll be fighting with yourself the entire night.

Rather when you go to sleep, go with the attitude, "I don't care if I fall asleep. It makes no difference to me". And when you don't fight your anxiety, your anxiety won't fight back.

However, how can you make peace with this attitude? Don't you want to fall asleep so you should have energy the next day?!

The answer is, the emunah and bitachon perspective tells us that it's not sleep that gives

people function. It's Hashem that gives energy, like it says הנותן ליער כח.

Hashem just wants us to do our hishtadlus – to lie down in bed and try to get sleep. Whether you fall asleep or not does not matter. Hashem will give you exactly the amount of strength He wants you to have.

Therefore, from now on, when you go to sleep each night, go with the mindset, 'My objective is not to fall asleep. Falling asleep is not in my control. My goal is to lie in bed and relax, and Hashem is going to give me the exact amount of energy I need in order to function tomorrow'.

Isn't it wonderful? Hashem wants us to go on a vacation every night in our comfortable beds! We can think of all types of positive thoughts; how much love Hashem showed us during the course of the day by making so many good things happen.

When you lie down with this attitude, you will feel very calm, and, b'ezras Hashem, your anxiety will vanish into thin air.

To receive the full Bitachon Perspective, please contact [klatzkoshalom@gmail.com](mailto:klatzkoshalom@gmail.com)



# Our Readers Share



**Editor's Note: Some of these stories are from Shevat-Adar!**

## HASHEM LOVES DOCTOR'S SHEMIRAS SHABBOS



I am a medical doctor, and one week a year I need to be available at night to take medical questions on the phone.

I had arranged in advance that a non-Jewish doctor should take any calls that come in on Friday night. But then, on Shabbos afternoon, I realized something: I forgot to ask my doctor colleague if he could take any calls that come in on Shabbos evening, before Shabbos was over!

This was a problem: My call obligation began at 8:00 PM, but Shabbos was out at 9:20. What would happen if someone called between 8:00 and 9:20? It is common to receive 2 or even three calls in the early evening. I realized that everything is up to

Hashem: If I keep Hashem's Shabbos, He can arrange that no one calls on Shabbos. I went through Seuda Shlishis normally, singing zmiros and enjoying the se'uda, with no worry in the world.

8:00 PM came...and no calls.

Then 9:20 came, and I breathed a sigh of relief. Shabbos was over, and no one called me.

And then...

At 9:21...

Just one minute after Shabbos ended, I received a medical call! Hashem was showing me that my shmiras Shabbos and Emunah were

recognized.

The "icing on the cake" was that this 9:21 call was the only call I received that night...that Motza;ei Shabbos, I had no other calls!

Yehuda Mond M.D. - Baltimore, MD.

## MASHIACH CLOSER THAN EVER



I heard from my chavrusa who heard from a grandchild of R' Yaakov Yosef Herman zatzal that the Chofetz Chaim told him: I won't be zoche to see Mashiach. You won't be zoche but you are going to see the generation that is going to see Mashiach.

Similarly, Rav Chaim Kanievsky zatzal told R' Shragi Kalish that he (R' Chaim) won't be zoche to see "but you will be zoche."

A Reader - Lakewood, New Jersey

### Attention Readers!

**Didn't see the story you called or sent in? Don't worry, BE"H your story will be printed in the paper.**

**Please keep you stories coming!**

**You are inspiring the entire Jewish Nation! You are shaping the destiny of Klal Yisrael!**

**Please note: The recording time on our machine (385-381-0977) has a limit of 3 minutes, so if your message is longer than 3 minutes just call back and finish your story.**

## MONEY FROM SHAMAY-IM



Since 2020, we have not received any of our tax refunds after filing income tax returns. We live in Israel which makes things more difficult since international filers can't check on their refund online as easily as people living in the US.

About a year ago, we received a letter from the IRS saying that we owed them money.

After reviewing the terms, I realized that our 2020 tax return needed to be amended. So I proceeded with amending the return which was why our 2021 refund was held back.

However, that was back in February and now we were in August. Whenever I called the IRS there were long hold times and I often got disconnected. I lost my koach to deal with them.

We really need the money to pay back gemachim for my son's Bar Mitzvah, plus I've been really wanting to buy a new bookshelf. Ours was falling apart.

About 2 weeks ago, I gave up on the IRS. I did what all the stories in the Spring Hill Times do and talked to Hashem. I said, "You are the Kol Yachol and I believe that You will send us the refund."

I also said that I would post this in the Spring Hill Times if we get the check soon.

I just opened up my bank account and I saw a large check directly deposited in my bank, from the IRS - but really from Hashem ECHAD!

Thank you.

M.L. - Neve Yaakov

## BOY ACCEPTED TO YESHIVA



My son was refused by a Yeshiva that we wanted

and felt it was good for him.

After reading the Spring Hill Times I said, "Please Hashem, let my son have a yeshiva to go to by next shabbos so I can share good news."

Boruch Hashem he got accepted.

Regards

Anonymous

## PAIN DISAPPEARS



I had pain in my ribs and it really hurt. The doctor said that it was a muscle strain.

I said, "Hashem if the pain goes away tomorrow, I'll leave message on Spring Hill Times. And that what happened!"

A Reader

## BOY LOVES TO HELP



I had printed ten copies of the

"I want to thank you very much for the Spring Hill Times. I ma-mish get a lot of chizuk from reading it. You should have a lot of hatzlacha and it should spread all around the world!"

"Thank you again for an unbelievable paper, it's a highlight at our shabbos table."

"My family and I want to thank you so much for all the incredible amazing positivity you spread to Klal Yisrael, literally building us up through a growth mindset and opening our eyes to all the incredibly amazing wonderful things Hashem does for us each moment of every day! Reading the Spring Hill Times brings so much joy to my day and is something I look forward to each week! (It's also my favorite because there are no ads so it's easier to read on Shabbos and Yom Tov :)"

The Spring Hill Times

## Bulletin Board

"No words can describe my appreciation to all the people that give out this newsletter every week. My entire family gets enormous chizuk from reading it. I cannot imagine the huge zchus that you have. I live in Lakewood and receive 10 copies per week bH at my door. Most of all its the colorful pictures which make it so real to internalize the lessons. The beautiful mitzva adds with pictures. Hashem should bless you with much syata dishmaya to continue your holy work."

"What a newspaper! Wow! How is it that no one has thought of it before? To write a newspaper which focuses on the Brachos that Hashem shows us day in and day out, instead of focusing on the negative useless news..."

Every time I read it, it makes me smile. The advertisements are the best! I'm so happy that my boys read it (although I have to try hard to make sure they don't read it during davening).

It's such a great tool to strengthen our children's (and ours) relationship with Hashem, emounah, mitzvos. What a zchus, ashrecha!"

Spring Hill Times to bring to a shul which was about six blocks from my house. I was walking over on a hot Erev Shabbos. As I got closer, a boy rode up on his bicycle, and asked me if I need help carrying my bags. I also had a few bars of chocolate and a box of tea bags that I donate sometimes in the bag.

I thought to myself 'I'm almost there', but he was so enthusiastic to help out, that I let him take it. It did help me too, as it saved me time.

A Reader - Lakewood, New Jersey

### HASHEM - THE BEST DOCTOR



Thank you for the Spring Hill Times. It gives me so much chizuk! I was feeling very ill and had to go to the hospital. We knew the local hospital did not have a good reputation but Hatzoloh

told us it didn't matter so much so we went to the local one which was closest.

In the emergency room, I was in a lot of pain and my husband and I kept being mechzeak in Emunah and Bitachon that Hashem is taking care of me, not the hospital.

After some tests, the hospital doctor told us that I probably would need a very unpleasant surgery.

A little later a group of doctors that I used in the past, happen to work in THIS hospital and they took over my care.

My doctor realized they misdiagnosed the problem and took diligent care of me until I left.

I felt so taken care of by Hashem. Thank you Hashem!

A Reader

### HASHEM TAKES CARE OF US!



I also wanted to publicize an incident that demonstrates how Hashem is involved in all aspects of our lives, no matter how trivial! I usually have class from 5:45-10:00 every Monday night. This week, I had to present a complicated research project to my class, due at 8:00 Monday night. After many hours of research, the time reached 5:45, and I still had not finished the presentation. This was very disappointing, as I did not want to present a half-finished product. Suddenly, I remembered that the teacher had mentioned a while ago that this specific class was being canceled!! I had an extra 2 hours to work on the presentation, and B"H it came out amazing!!! Thank you Hashem for perfectly orchestrating every detail of my life!

A Reader - Far Rockaway, N.Y.

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Wow! What a beautiful city!!!

But nothing compared to what Yerushalayim is going to look like after Mashiach comes!

## Hashem Loves You!

Rav Yehuda Mandel Shlita shared that Rashi says that the Churban happened because of בכייה של חנם, needless complaining and 'crying for no good reason'. Hashem said, 'You are crying and complaining for no good reason – I will give you a reason to cry on this night of Tisha BeAv.'

How do we fix and rectify this 'needless crying' and complaining?

WE DO EXACTLY THE OPPOSITE! We start praising and thanking Hashem for all of the nonstop goodness he is showering upon us every moment! And even if according to our misguided perception it seems that we have nothing to thank Hashem for and nothing to be happy about, we will still thank Hashem for 'no reason' and be happy for 'no reason'! And once we do that Hashem says 'You are thanking me and being happy even when it appears to you that you have no reason to be happy – I will give you more and more things to be happy about and to thank Me for!'

Chazal say that the Churban happened because of שנאת חנם, 'needless hatred'. How do we rectify this? By אהבת חנם, loving every yid even when there is no reason.

I remember one Shabbas Nachamu in Camp Ohr Shraga when Rav Zelig Epstein was the Camp's Rosh Yeshiva. The camp prepared an entire program for Motzei Shabbos Nachamu complete with blasting music, lively dancing and a very late night full of fun and games.

I asked the Rosh Yeshiva 'Is this Motzei Shabbos program proper? We just cried and sat on the floor just two days ago and now we are going to the other extreme, of dancing and celebrating? It feels impossible for those who truly experienced Tisha Be'Av to do all of these things!'

And the Rosh Yeshiva responded, "Yes! It is proper! The Navi Yeshaya just said the words נחמו עמי 'Be comforted, my nation!' and our celebrating this Nevua demonstrates that we believe in the Navi's timeless words! We should all start singing and dancing all night long!"

Let's eradicate all שנאת חנם once and for all! Let us start thanking Hashem nonstop and serving Hashem with true Simcha!

Hashem is waiting to shower us with the greatest simcha of the בית המקדש השלישי!

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