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WHAT A SHABBOS!



Yeshiva Bais Binyomin from Monsey, New York, spent a beautiful Shabbos Parshas Korach in the Pocono Mountains.

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The weather was wonderful with periods of

HASHEM SAVES BABY

Reb Avraham* from Ashdod witnessed an amazing story:

A neighbor of his, a child, swallowed a bookmark, and had a very hard time breathing. The parents called Hatzala and an ambulance came.

In the ambulance was a doctor who was very experienced with helping someone who is choking.

Baruch Hashem, he was able to help the

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on page 7

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Hashem

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Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?

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ישעיה בן משה יחיאל מיכאל זיידא, חוה רבקה בת שלמה זלמן, צבי הירש בן אליעזר הלל, ריזל אסתר בת דב בעריש. דוד זאב בן משה משום, צייטל בת שלום אריה, נפתלי בן יעקב. לזכות הבח' הח' משה דוב בער בן אסתר, לזווג הגון בקרוב. לזכות רפואה שלמה יצחק חיים בן שיינדל. דוד יעקב בן פעשא לאה

A LETTER OF BRACHA AND CHIZUK FROM THE ZIKNEI RO-SHEI YESHIVA IN THE UNITED STATES OF AMERICA
HARAV SHMUEL KAMENSKY SHLITA
AND
HARAV ELYA BER WACHTFOGEL SHLITA

הגני בזה להכיר ולהוקיר ולהודיע בשער בת רבים פעולותיו הברוכות של המכ"ע המפורסם והנודע "ספרנג היל טיימס", אשר מטרתו להפיץ אהבת ה' ואהבת ישראל וכל כולו בנוי על טהרת הקודש ללא שום ידיעות חיצוניות מאומות העולם, וכל מטרתו להביא לידיעת הציבור הרחב הדברים הטובים שהקב"ה עושה למ בכל יום - נפלאותיך וטובותיך שבכל עת ערב ובוקר וצהריים.

מאז הווסדו ועד עתה כבר נתפרסם ברחבי תבל - וכל איש אשר רוח התורה נשבת בו - ויראת שמים נוגע בלבבו - קוראו בשקיקה ומביאו לתוך ביתו לזכות את נפש ביתו - כיון שכל כולו מביע רוממותו והדרתו של עם ישראל בהנהגותיהם בין אדם לחבירו - ולהראות טובות ה' על עמו באספקלריא של תורה.

אך במקום גדולתו שם אתה מוצא את גרעוני הכספי, כאשר הוצאותיו עוליים מדי חודש בחדשו ושבת בשבתו - ואין לו אפשרות לכסות את עצמו - שהרי אין בו שום פרסומת - כי כל כולו נתיסד ללא השפעות חיצוניות, ע"כ אחלה מא פני אחי ורעי לעמוד לימין העוסקים והמסייעים בדבר זה - כדי שיוכלו להמשיך ביושר שאת וביתר עז - לפרסם בגאון בעוז ותעצומות את דבר ה' - ולמצוה גדולה יחשב לכל התומכים - ויזכו לברכה המשולשת בני חיי ומזונא רוחי להם וכל אשר להם.

Harav Shmuel Kamensky Shlita
Harav Elyah Wachtfogel Shlita

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WEEKLY NEWS ROUNDUP

Continued from page 1

child, but they decided to take him to the hospital for follow-up, to make sure he was okay.

Before the ambulance had a chance to leave, a woman suddenly came banging on the door of the ambulance, holding a baby and saying, "Please help! My baby is choking!" The baby was already blue!

This doctor was Baruch Hashem able to save the baby!

The doctor said if the ambulance hadn't been right there, the baby would not have survived (B'derech Hateva)! It was such Hashgacha Pratis!

There was a nurse in the ambulance who was not (yet) Frum, and she told the people around her, "You have to send this story in to the Hashgacha Pratis newsletter that I see in the hospitals, I always enjoy reading it!" [Kav Hashgacha Pratis]

FREE RIDE!



Chaim* was in Bnei Brak by his parents, and he had to catch a bus to Yerushalayim. When he got to the bus station, he saw the bus pull away.

He waited for the next bus. As he got onto the bus, he realized that he had left his bus card in his parents' house.

Just then, the driver said, "The machine is broken. Everyone can come on the bus without paying!"

What Hashgacha Pratis! If he would have caught the other bus, he would have seen he had no bus card, and would have had to go all the way back to his parents to get his card and then come back.

Since he missed the first bus, he got onto a bus that gave him a free ride! [Kav Hashgacha Pratis]

HASHEM HELPS BA'AL TESHUVA

Yaakov* was Chozer B'Teshuva. His brother had a baby boy and was making the bris in a restaurant in Haifa. Yaakov was in Yerushalayim.

He didn't want to go to the Bris, because he knew that before the Bris there would be a party that wouldn't be appropriate for a yeshiva bocher. However, he felt that he had to go.

He took a bus to a train. While he was on the train, it got stuck



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for security reasons. He got very delayed.

When he finally reached Haifa, he missed the stop. In the end, he got to the restaurant after the party was finished, right as the actual Bris was starting. He saw the Hashgacha Pratis, that Hashem arranged for him to be late! [Kav Hashgacha Pratis]

MAN IS MECHAZEK HIS LEARNING

A Magid Shiur from a Yeshiva said that a while ago, he took upon himself to help raise funds for an organization that did a lot of Harbatzas Hatorah. Every month, he had to raise about 7000 Shekel. He was busy the entire month trying to get money. It was causing him to feel so pressured! At the end of the month he didn't even have the whole amount he needed. As

WEEKLY NEWS ROUNDUP

a result, he wasn't able to learn properly. He wasn't able to give his Shiur properly. It was disturbing his whole day.

Finally, he decided to make a Kabbalah. He said to himself, "From now on, I'm not making any phone calls before nine o'clock p.m. I won't try to raise any money before that."

From that day on, money started coming in, people were giving and he saw how he was having Yeshuos.

Chazal say, "Kal Hamekabel Ol Torah, Maaverin Mimenu Ol Derech Eretz". [Kav Hashgacha Pratis]

THE BEST COFFEE

Mrs. Litman* made a shopping list and asked her husband if he

could please go shopping. As he was leaving, his wife asked him if he could please get two jars of coffee, a regular coffee and a decaffeinated coffee. He said, "Sure," but he didn't have time

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to write it down.

When he got to the store, he completed his shopping, and he forgot all about the coffee.

When he was at the checkout, he saw a man holding two jugs of coffee, a decaffeinated coffee and a regular one. He



walked up to the young man to say thank you for reminding him to buy coffee. He explained that his wife asked him to buy coffee and he saw this man had coffee and it reminded him to buy his own coffee!

The man replied, "Here, you can take these! I brought it to the front to check the price at the register to see how much it costs, but I decided not to buy them, so you can have them!" The Yid didn't even have to leave the checkout to go get the coffee! What Hashgacha Pratis!

Yeshiva Shel Ma'aleh Torah Without Boundaries



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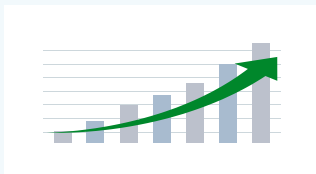


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[Kav Hashgacha Pratis]

MAN BY KOSEL GETS BACK SENSE OF TASTE

R' Alter Fisher* had a very strong cold. One morning, he drank his coffee, and it tasted as if he had put in salt instead of sugar! He then lost his sense of taste and had no appetite to eat. It was very difficult for him to eat. He traveled from his home in Bnei Brak to the Kosel and poured out his heart



to Hashem to give him back his sense of taste. Right after he finished Davening, he needed a drink. He took a drink of coke and he was able to taste it!!

He said he learned two lessons. Firstly, how much we have to appreciate our sense of taste. If we wouldn't have the sense of taste, it would feel like we are eating mud! Secondly, one doesn't need to be a great Tzaddik to turn to Hashem; even if you're a

'simple' Yid - Hashem listens to your Tefilos!! [Kav Hashgacha Pratis]

LOST ITEM HELPS FIND OTHER LOST ITEMS

Chaya Klein* lost her bus card. She looked all over but couldn't find it. Her father wanted to go to a computer store where there was Kosher internet, so he could order her a new one. Things kept coming up, and he kept on pushing it off.

On Friday afternoon, Chaya was looking for a certain book. She was looking all over for it, and she decided to look under the couch. She didn't find the book, but she found the bus card! She continued to look for the book, and she found a notebook that she was missing for a few weeks!

In the end, she also found her book. She was able to clearly see the Hashgacha Pratis! [Kav Hashgacha Pratis]



An American Airlines Pilot wearing tefillin (that a Chabad Shliach put on him) while bidding his passengers goodbye!

News that Hashem Wants us to Talk About!

Continued from
Front page

rain. It was a Shabbos of Achdus and of growth. The Davening was above and beyond. The Shabbos was packed with Torah learning and Chizuk.

While they all immensely enjoyed this Shabbos they know that it's all just a Mashal for the true enjoyment waiting for all of us in Olam Haba!

FRESH CLEAN WATER!



The Landau* Family from New York had their running water shut off temporarily due to some repairs. They realized that aside from this small incident, fresh running water is readily available for them every single day!

Baruch Hashem they don't need to hesitate before throwing in a load! Not before washing the floor either!

What a gift!

HUNDREDS OF CONTACTS SAVED

Mr. Weisfeld* from Monsey New York, had a phone that



fell into water and went to sleep forever. However, he was able to retain his phone number by putting the SIM card into his new phone. He

was also able to retrieve hundreds of contacts stored in his SD card! His phone was dead yet he was spared so many problems since he extracted all his important info. Thank you Hashem for the wisdom inherent in technology!

NO ACCIDENTS!

No accidents have been reported from a very busy intersection in the New York City area. Cars have been zooming from many lanes, yet Hashem watched over every single Yid and made sure that they crossed the street safely! Thank You Hashem!

FAMILY ENJOYS BEAUTIFUL FLOWERS!



Mrs Solomon* from Yerushalayim immensely enjoyed the pink roses she bought lekoved Shabbos. She admired how each rose contained many layers and petals, thus adding to its beauty. It was nestled in shiny green leaves sporting perfect serrated edges. In addition, it perfumed her house with a divine flowery smell. She derived such pleasure from this special

Continued on page 23

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LIVING WITH HASHEM

By Rabbi Zevy Golombeck



Editor's note: many of these stories are from Shevat - Adar - Nissan!

EVERY MINUTE MATTERS

My son wanted to come with me to an 8:00 Maariv. It takes about



four minutes to get there from my house. The driving takes two minutes and parking and walking takes two minutes. I was helping out with my kids, and we left the house only three minutes before 8:00. I don't like being late, so I asked my son if we should still try to go to the 8:00 Maariv or if we should just wait for a later Maariv. He said let's try to make this one.

The way it works is that the Chazzan is usually a Chiyuv and he waits in his Tallis until 8:00. As soon as it's 8:00, he starts.

I said, 'Hashem, please make him wait.'

We got there at 8:01, and the Chazzan was just sitting there

with his Tallis on and looking around.

After we finished Davening, I told him, "It's amazing, I really wanted to catch Barachu in time and I did. What were you waiting for?"

He said, "I'll tell you the truth. I wanted to start, but there was something nagging me to just wait a bit longer."

YIDDEN LOVE TO READ ABOUT HASHEM

It's such a Nachas. Whenever I drop off The Spring Hill Times, within two minutes, there's always someone reading it. The love of Hashem is so contagious. It's for every single type of person!

EVERYONE APPRECIATES A CALL

My son's Rebbi was out for a week. He had the flu and pneumonia. I called him up to see how he was doing.

He told me by PTA that this is the first time that one of the parents called him up to see how



he was doing. It's not really my type to do this, but it gave me so much Chizuk to hear how it really meant so much to him.

THE POWER OF BEING MEVATER

R' Mendel* was approached by an acquaintance who asked him to invest money with him. The man told him that there was no chance of a loss, and he could only gain.

It turned out that the R' Mendel did end up losing money. He had borrowed money for the investment, and he was in debt because of it.

R' Mendel asked me if he should bring the other man to Beis Din. I told him to go with Shalom, and Hashem will pay him back.

R' Mendel called me back and said that his boss just came over



LIVING WITH HASHEM

By Rabbi Zevy Golombeck

to him and said that he's a very good employee and he wants him to be happy. The boss asked him if he has any debt. R' Mendel told him about his debt from the bad investment and his boss paid it all up!

BABYSITTER WITH BITACHON

Mrs. Lowy* had to go out one night for a couple of hours and was looking for a babysitter. She made many phone calls, but everyone said no, it was almost Pesach and they weren't available. She called the Bitachon hotline, and while she was listening, someone clicked in and said, "Yes, I can babysit for you!"

SCRATCHED CD SOUNDS PERFECT!

Yitzchok Greenbaum* had a CD that was scratched.



Every time he tried to play it, he kept hearing scratch, scratch, scratch, scratch. Obviously, he didn't want a CD that was scratched. He said, "Okay, this time I'll go with Bitachon." He put it in again, and the CD

worked perfectly! No scratches. Tevah is just an illusion, everything is Hashem.

BRACHOS FROM A CHOLEH



R' Leib* went through heart surgery. He was listening to the Yesod section on "A Life With Bitachon," and he heard that when someone is sick, the Shechina rests on him, like the Bais Hamikdash. He took advantage of the fact that he is like a Bais Hamikdash, and he started giving Brachos to many people for Shidduchim, Parnassah, Nachas... At least ten people came over to him to tell him that they saw a Yeshua after he gave them a Bracha!

May this week's issue be a zechus for our brothers and sisters in Eretz Yisrael, Ukraine and all over the world. May Hashem continue to shower us Klal Yisrael, His most beloved nation, with open kindness!

A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

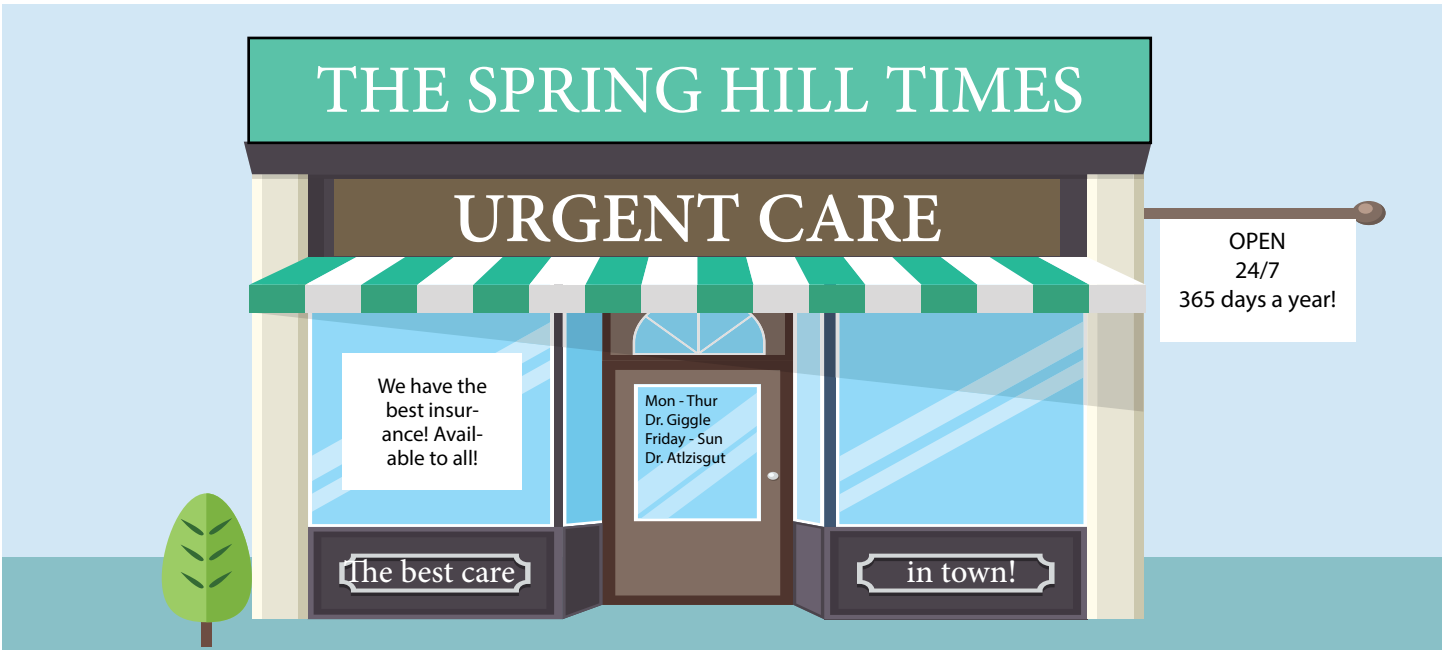
- 1 Today's YESOD/Vort on Bitachon
 - 2 Today's STORY of Bitachon
 - 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
 - 4 This week's connection of Bitachon to the PARSHAH
 - 5 QUOTE from Sefer "Bitachon Weekly"
 - 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
 - 7 Today's STORY how Bitachon helped someone through a Nisayon
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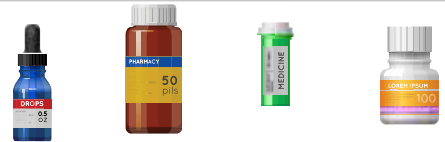


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Patient

I have a relative who often criticizes me.
 Sometimes it's even in front of other people!
 I don't answer back but the negative attitude bothers me.
 I myself try very hard never criticize others.
 Please help me!

Dr. Avi Giggle M.D.



I'm prescribing 6 medications for you:

1. You don't answer back? You are giving Hashem unimaginable pleasure! You are a beautiful person! You are like a malach! You are following in Hashem's ways!
2. Every criticism you get is cleaning you out from your aveiros! It may be painful in this world but in the next world it's worth more than gold!
3. It's a good reminder how we humans act towards Hashem k'vyachol. He made for us this most wonderful world. He showers us with trillions of good things every second, yet we sometimes have a negative look at what He does!
4. It's a good opportunity to thank Hashem for making you a sensitive and positive person who doesn't criticize others! People love to be around you and you give Hashem so much pleasure! It's a gift not to take for granted!
5. Repeat **out loud** with determination how good and wonderful you are! Tell the one criticizing you how good and wonderful he is!
6. Thank Hashem that so many of the other people around you aren't critical of you! What a bracha!

**IMPORTANT HEALTH TIPS
 TO
 REMEMBER**

**Pain and aggravation
 will be your best defense
 team in the next world!
 Accept them with love!**

A STORY FOR THE PARSHA

By: Tzvi Blaser- Lakewood, New Jersey

"...And a gift from the wilderness..."

A man entered the study of R Yisrael of Rizhin to ask the tzadik for a blessing. He placed a note with his name on the Rebbe's desk so his name could be included in the Rebbe's tefilah. He also placed a considerable sum of money on the Rebbe's table as pidyon nefesh.

R' Yisroel picked up the note but refused to accept the money.

"Why will the Rebbe not take the man's Pidyon Nefesh?" asked the attendant.

The Rebbe replied: "The Torah states: A gift from the Wilderness. The wilderness symbolizes uprightness



and honesty as Chazal (Sanhedrin 49:A) expound on the verse 'And he (Yoav) was buried in his house in the wilderness'. Just as a wilderness is free from robbery and immoral behavior, so too was Yoav's house free from robbery and immoral behavior. A gift from the wilderness is a gift that bears the qualities of the wilderness: uprightness and honesty. That is the only type of gift I am willing to accept.

I sense," concluded the Rebbe, "that the money was earned in a fashion that was less than honest..."

Good Shabbos!

SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

Noticing the Good on Shabbos!

What is Shabbos good for? Lots of things. But Dovid HaMelech tells us in the one Zemmer that he dedicates to Shabbos - Mizmor Shir LeYom Hashabbos - Tov Lehodos LaShem:

What is Shabbos good for?

For thanking Hashem!

Here's a very practical and simple way to enhance Shabbos without costing even an extra nickel. The best things in life are free.

Take notice of something that you have never consciously noticed be-

fore, and study it. It could be something small, or something large, like the blueness of the sky, or a certain spice, or the cushion of the chair that you're sitting on.

Don't keep it to yourself—share it with a friend, and then verbally thank Hashem.

Anything we focus on, grows. And if we study the blessings, and the good things that Hashem gives us, then there will be even more to thank Him for next week.

Gut Shabbos!





A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

There is another organ that plays a much larger role in the chewing than cheeks – the tongue.

The tongue is really a full fledged partner with the teeth. Chewing as we know it would be impossible or unrecognizable without the tongue. The reason for this is because the molars clamp down on only a small area of the food. It's the tongue, with its eight different sets of muscles that keep pushing the food into the teeth so that it gets crushed. We might be unaware of this important tool that Hashem gave us and think that our tongue just lays there stationary during chewing and just wakes up at the end to lick our lips when we are finished. But if we were able to observe our tongue during chewing we might get dizzy from the constant varied motions.

Let's list some of the tongues involvement: The tongue pushes the food to the side to get chewed by the teeth. It also takes the food from one side of the mouth to the other to get chewed from a different angle. It also feels out the chewed food and detects hard pieces that have to be sent to the molars. We can compare the tongue and the teeth to a conveyer belt that feed the raw material to a tool that processes it. The conveyer belt is just as important as the tool that crushes it. The teeth and the tongue are partners that work together.

We see the wonderful chochmas Hashem in

the pressure we exert when we bite. Hashem gave us an abundance of strength in our teeth that enables us to chew foods that are very hard or tough, like meat or nuts. Our molars have the unbelievable capacity of biting down with the pressure of an average of 162 pounds per square inch – that's a lot of power! For comparisons sake, we often perceive strength in a powerful grip from our hand. A grown man can exert around 72 pounds of pressure in his hand, and woman much less. Even a man's hand grip is less than half of the pressure that his teeth provide him with. It is for this reason that we often have food that is very hard for us to break with our hand, like a thick carrot, but with our teeth we can snap off a piece with ease.

Another important point is that the main strength we need in our teeth is by the molars – that is where we do the main chewing and crushing – as opposed to the 6 cutting teeth.

Once again we see Hashem's wisdom clearly here, the pressure we exert in our cutting teeth is around 50 pounds per square inch, which is less than a third of the power that we have in our molars. Our molars, which are doing the main job, need much more power. Hashem distributed the strength, based on where it's needed.

Thank You Hashem!

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Chizuk Corner

The unbelievable power of a good word

By R' Y. Friedman

This week we will discuss the topic of Ahava. How we can be Mechazek ourselves in this vital and fundamental area.

Rav Shimshon Pinkus asks an interesting question: We know that one of the Mitzvos in the Torah, and in fact one of the six continuous Mitzvos, is to love Hashem. He asks that why should it be a Mitzva, it should be natural to love Hashem?

Imagine someone [like a father] that is constantly showering you with gifts. Not just that but he is always there for you. Whether it's in the good times or the bad. He is constantly footing the bill and trying to make your life as pleasant as possible.

How would you feel toward such a person?

Hashem is much more than that. As we say in the morning Brachos "She'asa li kol tzarki". Hashem gives me all my needs. Every breath that we take is a gift from Hashem. Hashem protects us that harm should not befall us. He is constantly showering us with chessed and rachamim. So why do we need a mitzva to love Hashem?

Unfortunately, I did not hear what Reb Shimshon answered to this, but I have b'ezras Hashem two answers to this question.

The simple approach is that the fact that Hashem is constantly showering us with kindness is the reason for the Mitzva. That is because when

one is a constant recipient of the chessed he becomes used to it, until he feels like this is how it should be and we don't feel like we are receivers. Especially when we don't see the giver it makes it even more challenging.



Therefore, Hashem gave us a Mitzva to help us fight this "regillus" to bring back the ahava for Hashem.

However, there is a deeper approach to answer the question. Let me give two yesodos here.

Firstly, true ahava is when there is a two way street, when both parties connect. Secondly, we know that the word ahava comes from the word "hav" which means giving. I believe that this signifies that true ahava is not merely when they say that they love the other one [which is crucial], but we need to start giving as well.

We know that Hashem loves us an eternal love that we cannot even fathom. We can get a glimpse of it from His constant giving and giving that Hashem is constantly doing, as we explained earlier.

Therefore, while it's true that it can be natural to love Hashem, but the Mitzva is that we should get active with our Ahava and love Hashem "bichol levavcha uvechal nafshech uvechol meodecha". We need to show our great love and bring it out with our actions.

Let us shift over to ahava to people, and then we will return to Ahavas Hashem. The Seforim teach us that love for a fellow Yid is strongly connected to Ahavas Hashem as every Yid is a part of Hashem and we are all brothers, because we share One Father.

When parents send their precious teenage children to camp the children should realize and internalize the great love that this involves.

1. Money- The amount of money that goes into that month or even two months is staggering. Whether it's the price of camp which is very high. Then there is the shopping that precedes camp which is mind boggling. In the time we are living now when inflation is still upon us it's even more difficult to shell out the money, and yet they do it!

2. Mesiras nefesh - Every teenager is an asset to the house. Whether it's helping in the house with cleaning, babysitting and everything in between, and now the parents are giving that up. Furthermore a child is piece of their parent and it takes inner strength to part with their precious child, but they do it. Many

Chizuk Corner

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parents have difficulty sleeping at night during the summer, wondering if their children are okay.

3. With all their heart - The parents show the child that they are happy for them because they understand that the child needs it. Therefore, they do it with all their heart, and the child sees it.

All this should bring a child tremendous love for their parents. However, as we are explaining it's not enough. The children need to show their parents their love and devotion. This will create a strong bond which is healthy for everyone.

When it comes to Hashem it's even stronger. We need to show Hashem so much love that we are willing to give up everything for Kiddush Hashem. For example, we need to give up all our money not to do an Aveira.

When a Yid davens he should daven with all his heart and soul. Practically speaking, this means to have as much Kavana as possible even if we don't have the feelings we would like. The Sfas Emes writes that just like a person needs to love Hashem "bichol nafshecha" - to the point that even if Hashem is taking away his nefesh, so too we need to love Hashem "bichol levavcha" - even if Hashem takes away our heart.

Explains Rav Tzvi Meir Zilberberg Shlit"a, this means that even if your Neshama feels dull and dry we still need

to serve Hashem with whatever we can muster. Don't let the Yetzer Hara tell you otherwise.

Now we are reaching the climax. Let's bring it out with a Mashal.

There was once a son who we will refer to as Yaakov. Yaakov got married, and like every good father his father paid for all the wedding expenses [which by the way shows lots of love]. Yaakov wanted to learn in a Kollel overseas to which his father obliged. Although it was difficult, he understood that this was best for his son.

Yaakov's father supported him totally and Yaakov's learning flourished. Baruch Hashem Yaakov's family kept on getting bigger but his father did not let him down. He kept coming for the Simchos and increasing his paycheck.

Many years passed and Yaakov's father started aging and he felt that he needed his son back. So he called his son and begged him to move back to be near him [as moving to his son wasn't an option]. Yaakov told his father that he would talk it over with his family.

Yaakov got his family together and told them of his predicament. Each child said something else. One child said that they are happy with the block, while the other said that she was happy with her class. It started getting heated.

Finally the father got up and said the following. I also have a bundle of reasons not to go

especially since I am really progressing well in this Kollel. However, we need to realize that there is no room for any excuses, because we owe everything to Zeidy. He supported us fully and everything we are wearing or eating is all from him. Therefore, it's only right that it's time to reciprocate.

His words were met with a round of applause and with hearts full of gratitude they got up to start packing.

Rabbosai, almost two thousand years ago Hashem sent us to Galus for our benefit because of our sins. Despite that he never let go of us. He has been and still is supporting us with His great chessed and kindness. His non-stop Hashgacha on us His kids is hard to fathom.

At this time Hashem is sending us messages. What are the messages? It's called simanei Geulah. It's Hashem calling out to us saying "My beloved it's time to return home".

We are heading into the three weeks a time of aveilus. However, we can turn these weeks into three weeks of Yom tov. How? By answering the call and saying "Yes my Beloved Father I am coming home because this is what you want and thereby I want this as well."

In the zechus that we yearn to be reunited in the Bais Hamikdash with our loving father will we be zoche to see the Shechina return to tziyon bimiheira biyameinu Amein.

Living With Appreciation

By: R' Daniel Shasha

Our Parashah opens with Pinchas acted with astounding Mesiras Nefesh to defend Hashem's cavod. His action wasn't popular amongst everyone yet that didn't stop him; cavod Shamayim was his only concern. For this he was greatly rewarded, with the great privilege of Kehunah for him and his descendants. Rashi (25:12) explains, that Hashem wanted to express His tremendous gratitude to Pinchas for defending His name and consequently stopping the mageifah and therefore gave him this valuable gift.

This teaching gives us insight into another dimension of hakaras hatov, that Hashem shows hakaras hatov to us! We see from the incident with Pinchas that when one acts with self-sacrifice, being determined to do what is right, despite social pressure, it is strongly appreciated by Hashem! In addition to being aware of the incredible good that our loving caring Father constantly gives us, we need to be aware of how much He values when we serve Him.

This awareness is specifically is specifically for those who faithfully observe Torah and mitzvos in our generation. As the Arizal teaches that even a small mitzvah in our generation is equal to many great mitzvos performed in other generations, as we have many more negative temptations to withstand!! Adding onto this idea, Rav Yerucham Levovitz teaches that the later generations will be more worthy to greet the Mashiach than earlier ones and those who diligently apply themselves to Torah study, are greater than the gedolim of previous generations! When we stay strong through observing the Torah and keeping mitzvos, despite social pressures, we cannot comprehend how much Hashem appreciates this. Each mitzvah we perform, each word we learn, each time we have bitachon, each time we recognize Hashem guiding hand and thank Him, it is more beloved and appreciated by Hashem than we can ever possibly imagine!

We learn from Pinchas how standing up for what is right is ever so much appreciated by Hashem, and can earn us eternal reward, as we see in the following story.

When Rav Shlomo Zalman Auerbach was a young child, a car was driving on the streets of Yerushalayim. Since most of the residents had never seen a car before, this was considered to be a great attraction causing great excitement. Throngs of people eagerly rushed to go and watch the car. Rav Shlomo Zalman originally planned to join them, but thought to himself that he wasn't seeing as much enjoyment in his learning as he would like to, and maybe he should push himself to learn at this time to gain extra merit. He was the only one in the Beis Medrash and it was very challenging, yet he persistently preserved and learned instead of going out.

After this incident he felt he gained a greater degree of clarity and enjoyment in his learning; eventually becoming the Gadol Hador, teaching and inspiring the masses. All this, in the merit of his tremendous self-sacrifice for what he felt was right!

This article is an excerpt from the weekly 'Living Appreciation Newsletter.' For feedback or to subscribe please email livingappreciation@gmail.com

To Share My Share From Hashem's Daily Shiur.

By: R' Moshe Davidson - A Rebbe in Brooklyn, New York

The Kiss Of The Red Cow

I have an amazing story of hashgacha pratis that happened to me at the beginning of last summer. Get ready, this is going to be a long one.

I've Baruch Hashem been a very strong active person. I'm a licensed personal trainer, and I used to work out a lot in kosher gyms.

Thanks to Hashem, my annual summer vacations were spent in the Catskill mountains where I served as a counselor and a lifeguard at a great sleepaway camp. Being a melamed a whole year together with B"H being physically fit, plus being an excellent swimmer, Hashem had made me really cut out perfectly for the job.

I loved giving the Yiddishe kinder happy kosher fun: Sports, swimming, special events, competitions, trips, night activities, camp songs at meals, cantata, and my role in personally acting in the major play. etc.. mamesh geshmak! Late Motzei Shabbos Melaveh Malkah's, and kumzitzes, and occasionally a sports game with other staff members.

It was gevaldig!

I loved hiking in the woods or on country roads while wearing my 45lb. exercise vest, and all the while listening to shiurim from

Reb Avigdor Miller.

My family was very happy with the fresh air, nature, free Camp



And free food. I got all that, just for an easy job of having fun with children. I was thrilled. Baruch Hashem.

I love Hashem's nature. I love the mountains, bushes, trees, flowers, birds, wild animals, etc. For me it was like a little tiny mashal of a ta'am Gan Eden!

That went on for eleven summer's. TOTAL BLISS.

Then due to Hashem's planned and prearranged circumstances, all for my good, I had to stay home for the next few summer summers.

I am a second grade Rebbe, with B"H more than 25 years under my belt. So I began working as



a Rebbe for the first grade, together with lifeguarding at pools for the local N.Y.C. Yiddishe day camps. I still had somewhat a little bit of the same experience as camp. At least I had the feeling of enjoying the summer together with children by giving them a good time in class and at the swimming pool. B"H!

It was a major adjustment for me but I knew Hashem has only good "in mind" so to speak. It was a bitter pill that I had to swallow. Focusing on the hidden benefits that would hopefully one day be realized, made it a lot easier for me.

That city job B"H also came to an end five years later, due to the injuries I sustained as I fell from a chair (in front of my English class) while trying to open up a window latch situated high up near the ceiling. B"H I didn't hit my head, neck or spine. It was all set up by Hashem for my good.

I wound up in the hospital via the Hatzoloh Tzaddikim volunteer ambulance service. I was B"H in excruciating pain. It didn't take long for the doctors to figure out that (Hashem) I had torn one of my major thigh muscles.

It only proved what I was convinced already. I know a little about muscles,

**Continued on
next page**

To Share My Share From Hashem's Daily Shiur.

Continued anatomy, and first aid. I had basically figured out what was B"H damaged. It was all for my benefit! I didn't see it yet but I worked on believing that it was. That was it, Hashem said "no more lifeguarding for you".

I spent last summer in the city, teaching limudei koidesh hobbling to and from Yeshiva.

To make matters worse (better) I started suffering from terrible pain on the right side of my body. C-spine & lumbar MRI's showed that I had suffered trauma from the fall. Bulging disc's, stenosis, "the works" (don't worry, by now I've read Dr Sarno's book on TMS as well). What followed was a year of B"H successful teaching, but with numerous days absent from my class. The medicines from the Pain Management doctors, doing their best to make the pain bearable, came with the price of the after effects of the pain killers. Even the injections of medicines helped only a minimal amount.

That's what Hashem decided, so to speak, would be my best treatment, for improving my life in some way.

It was time to go back to the physical therapy that I had been doing the previous summer. It had then barely helped or shown any improvement for my injured

muscle or for my pain..

So I went for an assessment, and they immediately put in the request to the insurance company. I B"H got the approval for the therapy. There was however a technical problem. Since at the same time they wanted me to start the physical therapy, I was trying to keep my two teaching jobs going, so it was impossible to find time in my daily schedule to fit in appointments with the physical therapist. Naturally the approval time lapsed. I would later have to reapply for the therapy. With lots of loving pain from Hashem I barely made it to the summer vacation.

Now all along, the principal from my secular studies afternoon job, kept on begging me to stay on for the summer months at his Yeshiva. He runs the Daycamp's Limudei Koidesh program through the months of July and August.

I kept on pushing him off. I told him that I have to take care of my health and get back to myself in the course of those two months. He did not let me go so fast.

It became almost a daily question about the "day camp job". Despite everything going on, I was somehow somewhat still considering taking the job. With the fact of the inflated prices on almost every single thing that my family and I bought, coupled

with the fact that I still didn't receive my filed tax refund for the past 2 years. (a story for itself) I was barely covering my budget. Hashem obviously decides when it's the best time for me and my family to receive that tax refund money. I, as a melamed on a tight budget, really rely on that money!

Now add to that, the fact that I was going to be sending four teenagers to sleep away camp that summer. My eyes were seeing stars, and dollar signs at the same time. Kind of a dizzying experience.

I found myself inclined to take a shot at the daycamp job, even though it didn't really make sense. Between all the craziness of the pre-camp shopping, going to and fro, from here to there from one store to the next.. All the while juggling the doubting, deciding and the buying. Between clothing stores, seamstresses, pharmacies, outlet stores, sales, gemachim, banks, plus teaching (throw in a few family weddings and Sheva brochos) it was all exciting but at the same time it was B"H pretty tough.

By the way, my wife teaches too, so add that to the mix! I spent a lot of sleepless nights on the recliner because of my pain.

To be continued BE"H

Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

When the great tzaddik, R' Pinchas Menachem Malach zt"l was in his later years, he didn't have strength to learn as many hours as he did when he was younger.

He was weak and instructed by the doctors that he needed to rest. Yet, every night before going to sleep, he would take out a large pile of seforim from his seforim shank and place

them on his table, as if he was ready to start learning through the night.

His son asked him, "Totty, why are you taking out all these seforim? Do you think that you will learn from all these seforim tonight? Did you regain your strength?"

R' Malach responded, "I'm taking out the seforim that I would have learned had I had the strength to learn!

Although I'm not going to actually use them, nevertheless, I'm taking them out to express my inner desire for learning."

"And you should know," continued R' Malach, "this act is considered as if I sat

and learned the entire night. Hashem knows my inner desire. My inner desire is to stay up through the night and learn, therefore Hashem will grant me the reward."

This is based on the principle of Rachmanah liba bo'ie, Hashem seeks the heart of man. The longing is what Hashem desires.

What a wonderful gift we were granted. Aside from the immeasurable Olam Haba that's awaiting us for our mitzvos, there's also reward for even a desire. Hashem, with is infinite love for us, gifted us with this unbelievable present.

Thank you Hashem for loading us up with reward for every mitzvah and for even every desire that we have.

Along these lines, there's an incredible story told about R' Avigdor Miller zt"l.

He lived in Flatbush, near the Mir-

Continued on next page

Bais Hamikdash Constructions

Building Hashem's Magnificent House Together



Love your friend to no end!

Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

rer yeshiva. Every day, R' miller would take a walk passing the yeshivah.

One time, as he was walking by he remarked: "This is the 'Mirrer Miller' building. If Hashem would give me 5 million dollars I would surely give a large share of it to the Mirrer Yeshiva, enough for the building dedication. Therefore, Hash-

em considers it as if I sponsored this build-



ing." .

There is an important

lesson to learn from here. Many times we may desire to do mitzvos but they don't materialize. We must remember that Hashem will reward us for this since we have a desire, yearning and longing to fulfill it.

Thank you Hashem for this wonderful gift!

Thank you Hashem for letting us serve You!

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Continued from page 10

treat: roses!

any location on Earth. Baruch Hashem, residents are going about their daily activities while enjoying the glowing sunlight and warmth.

SUN IN PERFECT SPOT

Scientists have determined that the position of the sun will not change in the foreseeable future that will pose any danger to humans on planet earth. They state that it is in a perfect spot, not too close to burn down



PARENTS AFFORD CAMP

Thousands of children have

Baruch Hashem started camp! Despite all the numerous expenses involved, parents were able to afford it! Hashem made sure that they would have the exact money that they needed! **Thank You Hashem!**



Ayin טײַן טובה Tova

Seeing the good in every situation

Suggestions for the case where someone "steals" Chaim's parking spot in a crowded shopping center parking lot.

1. Chaim could think perhaps this guy was even more desperate to get into the store than he was, or he urgently needed something from the pharmacy.
2. Chaim will now realize that he should be more vigilant in all driving safety.
3. Chaim could say to himself this wasn't the best spot, be"H I will find a much closer spot.
4. The other party could realize where Chaim was coming from and at least feel bad for what he did.
5. Chaim could realize the great benefit of being maavir al midosav far outweighs getting angry.
6. Both of them can say to themselves, if this escalates, we may end up publicly embarrassing ourselves.
7. Chaim could think that the other man had also been eying that spot, and Chaim was not necessarily the first. Also, the man, who said "you snooze, you lose" was just trying to make light of the situation, because that is healthy human nature.

From a reader b'shem Rav Joey Haber shlita

The Shomer Emunim writes in his Ma'amar Hashgacha Pratit, (perek 14) words that every single person should take to heart and live by on a daily basis. We need to repeat them over and over until they become a part of our very essence. He writes, whenever a person experiences any type of discomfort

or pain, even the slightest amount, his immediate reaction should be to believe that it came about b'hashgacha pratit. And he should make the following declaration:

I believe b'emunah shelema, this affliction came only because Hashem wanted it. I accept it with love and I recognize that it came because of the many sins that I do. Hashem is completely righteous in giving this to me because I deserve it. May it be the will of Hashem that this affliction be an atonement for the many sins that I have done. I know that I should be really specifying the exact averot which caused these yisurin to come about, and do teshuva for them, but You know, Hashem, that I have no way of knowing that, and therefore, please let this suffering erase the sins that caused it and sweeten the judgments that are upon me and all of Israel. And turn everything into revealed good and bring an abundance of chesed to me and all of Klal Yisrael forever and ever.

If a person will do this and mention at least the main points here, he will fulfill no less than five different mitzvot:

1. Believing in Hashem's Hashgacha
2. Justifying what Hashem is doing to him, like it says in the pasuk **כאשר ייסר-איש את בנו כן ה' אלוקיך מייסרך** - Hashem chastises us like a father to a son for the son's own good.
3. Repentance by admitting that our sins have caused the affliction.
4. Trying to bring about mercy for the Jewish People at large, which is under the mitzvah **והלכת בדרכיו** - emulat-

Continued on next page

Ayin טוֹבָה טובה Tova

Seeing the good in every situation

ing Hashem

A mitzvah from the words of Tehillim – **וְהוֹדוּ לַיהוָה כִּי טוֹב לַיהוָה וְיִשְׂרָאֵל כִּי יִשְׁפַּט אֲשֵׁרָה** – which Chazal explain to mean, if a person receives open good from Hashem he is supposed to sing to Him, and if he receives what appears to be affliction, he is also supposed to sing and accept as well, happily, what Hashem is doing to him.

And if he also feels bad that when he is experiencing pain, the Shechina is in pain, and that bothers him, he will fulfill a 6th mitzvah – **אִם אֲשַׁחֲךְ-יְרוּשָׁלַיִם-תִּשְׁכַּח יְמִינִי** – which is a mitzvah not to forget about the pain of the Shechina in our exile.

The Shomer Emunim continues, a person should memorize these points and say them every time he experiences any type of difficulty. This will sweeten all the judgments that he has upon him and change everything

into revealed good. This will enable him to get the full kapara for all of his sins, especially if he is accustomed to doing this for even the smallest afflictions. This avoda will bring endless satisfaction to HaKadosh Baruch Hu and joy to all the Upper Worlds. It is the way of Hashem to test people in the area of emunah. And this response will give the person 100% credit on the test. And if, chas v'shalom, there were more decrees that were destined for the person, this response will remove the need for those decrees to be fulfilled. If someone feels like he is going through hardship after hardship, and is looking for a way to improve his situation, the Shomer Emunim is teaching us one of the ways that he could accomplish that. We must remember to do it with happiness and praise and thank Hashem for everything He does.

CASE OF THE WEEK:

The young Stein boys are creative and come up with interesting games and antics that never cease to amaze their parents. One day though Mrs. Stein heard loud giggling coming from the playroom and decided to investigate. She almost fainted when she saw that they had set up a makeshift barbershop and were in the process of cutting off 3-year-old Miri's beautiful curls. Although she caught them before they loped them all off, little Miri's hair looked pathetic.

Help Mrs. Stein have ayin tova for the situation

Please send your suggestions for the AYIN TOVA CASE to: ayintovanewsletter@gmail.com
Or call [Israeli daytime hours only]:
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EY: 052-760-5409.



By: Rabbi Eliezer M. Niehaus

This column is based on the monthly leaflet "ASHER TO THE YATZAR" which is published as a *zechus* for a *refuah sheleimah* for my daughter **Esther bas Sara Miriam shetichyeh** (a young mother), who is undergoing treatment for the *machalah*. (Please daven for her!) If you would like to receive the full leaflet, please email ashertotheyatzar@gmail.com.

What Do the Words Mean?

Birchas Asher Yatzar - Part II

"בחכמה אשר יצר את האדם - Who fashioned man with wisdom"

The simple understanding of these words is that they are an introduction to the rest of the *beracha*. We begin that Hashem created the human body with unbelievable wisdom and then we go on to delineate those wonders (see Rashi Berachos 60b *d"h umafla la'asos*, *Avudraham*, and others). Indeed, the *pasuk* in *Iyov* (19:26) says: "ומבשרי אחזה אל-י" - I see Hashem from my flesh." Even just a quick glance at the human body reveals the infinite wisdom of the One Who created man. So much so, a certain professor from the Hadassa Medical Center in *Yerushalayim* once commented that when he sees people walking down the street, he doesn't understand why they don't drop dead on the spot! The body has so many complex systems that need to interact in perfect harmony that it just doesn't add up. The difference between us and that doctor is that we know Who is keeping us alive!

However, some ask that Hakadosh Baruch Hu also created the entire universe with such mind-boggling wisdom, especially the vast and spectacular animal kingdom. So why do we stress specifically that He created man with wisdom?

Perhaps we can explain as follows. The Kuzari writes (3:13) that one of the reasons we say *birchos hanehenin* is to give us more enjoyment. A drunkard does not enjoy the delicious foods he eats because he is not aware he is eating them. When he sobers up and hears about the delicacies he guzzled, his heart is full of remorse. So too, most people in the world are blind and simply not aware of what they are enjoying. Through making a *beracha* before we eat, we become aware of the pleasure, and we enjoy the food more. The result will be that we will thank Hashem with greater enthusiasm. According to this, one of the reasons we say the *beracha* of Asher Yatzar is to help us enjoy the smooth daily operation of our bodies. True, there is wisdom in the entire creation - not only in the human body - but the point is not just to praise Hashem for His wisdom. We are coming to make ourselves aware of the absolute pleasure of the great present of being able to eat normally and use the facilities. When we say the words "with wisdom," let us have in mind what that wisdom gives us - the joy of a normal digestive system!

Rabbi Niehaus is the author of "Oasis: Experience the Paradise of Shabbos" and "HEAVENWORDS: Elevate your Tefillah and Yourself". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a rebbi in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.

נקדש את שמך!

By: Rabbi Shraga Freedman



On a summer visit to Eretz Yisrael, Chaim Berkowitz (name changed) was driving from the Galil to Rosh Hanikra with his family and a group of friends. The hot summer sun beat down on their two cars as the vehicles drove along the rough dirt roads. Suddenly, a loud boom startled Chaim, and he quickly braked. Emerging from his car, he was dismayed to discover that two of its tires had blown out. The Berkowitzes waited wearily at the side of the deserted road, while their friends in the other car drove further down the road to look for help.

Just a few miles away, the passengers in the other car found a small, rundown gas station. The owner of the gas station was friendly, and when he heard about the Berkowitzes' plight, he leapt into action. With the help of a friend, the station owner spent several hours finding replacement tires of the right size and installing them on the car. When the process was over, the Berkowitzes were amazed when the man named a very reasonable price for his efforts. But the truly astonishing part of this story was yet to come.

“You probably wonder why I spent so much time helping you,” the gas station proprietor said, accepting his payment and the family’s profuse thanks. “The truth is that whenever I see Jews, I do my best to help them. You see, we are Druze. My cousin was Zidan Seif, the policeman who was killed in the terror attack in Har Nof this past fall. He was the first police officer to arrive on

the scene, and he shot at the terrorists, almost certainly curtailing their attack, but he paid for it with his own life. Hundreds of Jews came to the funeral and then to the house of mourning to offer us their consolation. I will never forget the outpouring of compassion, love, and caring from the Jewish community in response to Zidan’s death.”

The warmth and kindness that impressed that man are echoed by countless caring, selfless people in our nation in many other circumstances. We do not have to look far to find wonderful, altruistic, and noble Jews. Let us make sure that these qualities always define our own outlook on our people; let us look at the wonderful things about our nation, rather than focusing on the negative.

We must take care to not spread negativity about Klal Yisrael; Hashem’s honor is closely connected to the honor of the Jewish people, and when we honor our nation, we bring honor to Hashem. By focusing on the kindness and altruism of many Jews, we can help create a positive image of our nation that brings honor to Hashem as well.

Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.



Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

Email: LivingKiddushHashem@gmail.com for a free file of sefer Mekadshei Shemecha and other resources and to sign up for our weekly Kiddush Hashem email.

Stories *to Inspire*

By: Rabbi Daniel Agalar

To Trust Hashem in The Dark

Based on a story told over by Rabbi David Ashear

In the 1970's, in Eretz Israel, there was a Rosh Yeshiva whose world was turned upside down when his six-year-old daughter fell ill with an unknown disease. Doctors in Israel were perplexed and couldn't provide a diagnosis. They advised the Rosh Yeshiva and his wife to seek medical help in America, specifically in Monsey, New York.

The Rosh Yeshiva and his wife made the difficult decision to travel to Monsey, New York, in search of answers. It was a daunting journey to an unfamiliar place, but they held onto hope that they would find a solution for their daughter's illness. After arriving in Monsey, they headed to a renowned Medical Center.

The doctors at the Medical Center conducted various tests and evaluations. Finally, they were able to identify the disease afflicting their daughter. Though the diagnosis brought relief, it was accompanied by a bittersweet revelation. The doctors informed the Rosh Yeshiva and his wife that their daughter's illness was treatable but would require a six-month course of treatment, including a necessary operation.

The news hit them hard. They had planned to return to Israel the following week, coinciding with the upcoming Chanukah vacation. With all their children accompanying them on the trip, they faced the challenge of finding a place to stay in Monsey, enrolling their children in school, and coping with the uncertainty of their situation.

Overwhelmed, the Rosh Yeshiva reached out to his parents who lived in Brooklyn, explaining their predicament. Without hesitation, his parents offered their support and invited the entire family to spend Shabbat with them. This invitation brought a glimmer of hope amidst their distress.

Early the next morning, the Rosh Yeshiva and his family embarked on the journey from Monsey to Brooklyn. However, their plans took an unexpect-

ed turn when heavy snowfall blanketed the area. Traffic came to a standstill, and they found themselves stranded on the highway. With the sun setting and Shabbos quickly approaching, it became clear that they would not reach Brooklyn in time.

A sense of despair washed over the Rosh Yeshiva as he contemplated their situation. Stuck in a foreign country, their lives turned upside down, and now, stranded on a snowy highway, he wondered what else could go wrong. Frustration and desperation consumed him. At that moment, the Rosh Yeshiva made a decision.

He pulled the car off to the side of the road, realizing he couldn't continue driving. Gathering his family, he resolved to find shelter and seek refuge in a home displaying a mezuzah on its door. Together, they trudged through the snow, searching for a house where they could find solace.

After a relentless search, they stumbled upon a home adorned with a mezuzah. Bracing themselves, they mustered the courage to knock on the door. To their astonishment, the door swung open, revealing the gabbai from the renowned MTJ Yeshiva in the Lower East Side in Manhattan. Welcomed with open arms, they were invited inside to spend Shabbos.

The hospitality they received was overwhelming. The Rosh Yeshiva and his family found comfort, warmth, and a sense of belonging in the midst of their challenging journey. The Shabbos they shared with the gabbai and his family was a source of upliftment and inspiration.

During their stay, the Rosh Yeshiva and his wife shared their daughter's illness and the journey they had undertaken with the gabbai. Deeply moved, the gabbai arranged for them to meet with Rabbi Moshe Feinstein ztl.

In Rabbi Feinstein's presence, the Rosh Yeshiva and his wife poured out their hearts, recounting the trials they had faced and the miracles they had witnessed. Rabbi Feinstein, **Continued on next page** with his wisdom and compassion,

Stories to Inspire

By: Rabbi Daniel Agalar

listened intently. He offered words of encouragement, blessed their daughter, and assured them that everything would be alright.

With newfound strength and optimism, the Rosh Yeshiva and his family returned to the hospital the following week for their daughter's treatment. As the doctors examined her, they were astounded. It was as if a miracle had occurred. The disease that had plagued their daughter had vanished without the need for the anticipated operation.

Filled with gratitude and a renewed sense of faith, the Rosh Yeshiva and his family returned to Israel. They shared their story, emphasizing the importance of unwavering belief, even in the face of adversity. The Rosh Yeshiva's journey became

a testament to the power of Emunah and the hidden blessings that can arise from life's most challenging moments.

Story taken from the Stories to Inspire Hotline



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BE LIKE HASHEM!

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Love your friend
Happiness
Selflessness
Patience
Respect for others
Compassion
Forgiving*



*Love Hashem
Live with Hashem
Live for Hashem
Thank Hashem
Peace of Mind
Considerate
Kedusha
Emunah*

The Torah - your companion in this world and in the next world!

The Miracle of Bread

By: Mordechai Solomon



Recap: The many miracles that's in your slice of bread.

1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.
2. The seed stays fresh and do not rot so you can gather them and plant a whole crop's worth.
3. Soil is only found on earth.
4. Soil is the perfect environment for the seed to grow.
5. The soil is a natural habitat for ants to live in and also for the inchworm.
6. The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
7. The Inchworm bores bigger holes in the ground which is also a form of tilling the ground.
8. Vegetation grows in the ground.
9. The soil also produces all different types of vegetation.
10. This so happens to be the perfect food for the Inchworm.
11. After it eats, the food goes through an amazingly complicated digestive system.
12. The Inchworm's body produces waste.
13. The waste is very good fertilizer for the soil to help the growth of the wheat.
14. When the worm dies, it decomposes and is good fertilizer for the plants.
15. Different germs and bacteria grow in the soil to improve the soil for the growth of the plants.
16. The seed reacts with the water to start to decompose.
17. This enables that the water should continue to make the seed rot.
18. Water is made of two gases.
19. The soil is a cool atmosphere.
20. Soil is porous allowing it to absorb water which is a necessity for the seed.
21. This causes the seed to decompose when you put the seed in the earth.
22. No matter how the seed is placed in the soil, the root goes down.
23. The stem goes up no matter how it is placed.
24. The plant survives on rainwater.
25. The ocean is full of salt water which cleanses the water from impurities.
26. The sun shines on the water.
27. The sun is millions of miles away and yet it has an effect on earth.
28. If the sun would be too close it would burn the earth
29. If the sun would be too far, the world would freeze
30. The sun is a ball of gases.
31. The sun constantly gives off heat by chemical reactions.
32. The molecular structure of water is so that when it gets hot, it starts to change.
33. The water turns into water vapor.
34. Water vapor is lighter than air, so it rises.
35. The sun sets in order to let the earth have a rest and certain insects work at night.
36. The earth spins in a cycle which causes the sun to set.

♪ הזן את העולם כולו בטובו!!! ♪

37

Earth is in constant motion never stopping!

38

Everything in the world is stationary and the movement not felt!

39

The moon orbits in the sky.

40

It has a certain cycle.

41

It reflects the sunlight.

42

It has an effect on the moisture of earth which is necessary for growth.

To be continued BE"H



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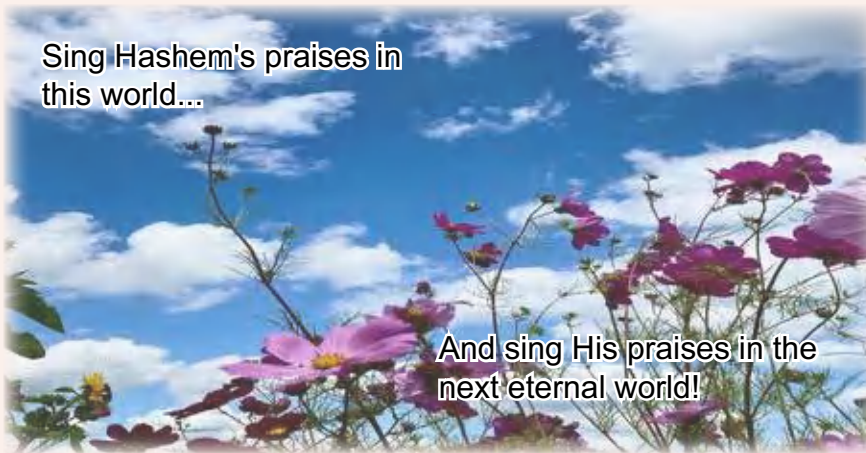
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Best Equipment!**

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Kiss the mezuzah every time you pass it!**

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Hashem is Taking Care of You!

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You are speeding towards a most
fabulous destination!

It's going to be bliss!
Just keep on loving Hashem and doing His Mitzvos!

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Endless money! Will never get used up!

Set yourself up for eternal happiness!

Will be total bliss!!!

Just do Hashem's Mitzvos!

Disclaimer:
All pictures
and descrip-
tions are just
mashalim. The
real pleasure
the neshama is
going to have is
indescribable!

THE SPRING HILL TIMES WEATHER STATION


Weather Reports Brought to you by:
Meteorologist Velvel Honig


It makes no difference what the temperatures will be or what conditions await us





the weather Hashem gives us is always beautiful and perfect!


Rockland County, New York


Tuesday 15 Tamuz
 Low 63°F
 High 78°F
 Scattered
 Thundershow-
 ers!!! Yippie!!!
 It will be a wonderful day to love
 your friends!

Wednesday 16 Tamuz
 Low 67°F
 High 83°F
 Partly Cloudy!
 Wow!!!
 There will be perfect weather to realize
 that Hashem has never ever forgotten
 about you, not even for one second!

Thursday 17 Tamuz
 Low 68°F
 High 86°F
 Mostly Sun-
 ny! Yay!!!
 Perfect day to remember that
 Hashem loves you!

Erev Shabbos 18 Tamuz
 Low 66°F
 High 81°F
 Scattered
 Thundershow-
 ers!!! Yum!!!
 Perfect day to jump up and down
 from excitement while tasting the
 Eggplant dip I'kavod Shabbos!

Shabbos Kodesh 19 Tamuz
 Low 66°F
 High 78°F
 Scattered Thun-
 dershowers!!!
 Yippie!!!
 Stunning weather! Perfect
 to celebrate Hashem's Shabbos with
 learning the Parsha!

Sunday 20 Tamuz
 Low 60°F
 High 77°F
 Showers Gor-
 geous!!!
 Beautiful weather! Will be a great day
 to wait for Mashiach's arrival!

Please note: This is based upon the forecast at time of print. Actual results usually vary...

Yes!! We are ready!!!



More than 30 Spring Hill Times readers have packed their Mashiach bags already!

אחכה לו בכל יום שיבוא

Grand Prize Winner:
Nechama Keilson
2nd and 3rd Place Winners:
Aizik Solomon &
Sarah Sher!
Your Prizes are On the Way!

Aizik Solomon Age 10
Wickliffe, OH



Esther Horowitz Age 10
Jackson, New Jersey



Shajnfeld Family
Brooklyn, New York
Packed:
Siddur,
Cookie,
A picture of Rabbi Wallerstein,
Matzos

Sori Neuman Almost 6
Lakewood, New Jersey
Clothes, Bow,
Shoes, Fake ring,
Pony, Gum,
Snack bag, PJ's,
Blanket, Socks,
Shema card, Water bottle

מה אהבתי תורתך

Congratulations to all those who entered the contest! Everyone one of you was a true winner! You all showed Hashem how much you love His Torah. You gave Him so much pleasure!

*Mordechai Shmuel Herz
Age 9 Brooklyn, N.Y.*



*Shoshana Raizel Kaufman Age 10,
Chestnut Ridge, New York*



*Penina Wenger 9 yrs old
Lakewood, New Jersey*



*Moshe Slomiuc Age 18
Brooklyn, New York*



*Gitty Wachsman, 11
Lakewood, New Jersey*



*Tirtza Rapoport Age 9 Clifton,
NJ*



CHAPTER 1



Year תרנח

YESHIVAS TORAH V'DAAS!

In the Wilhelm's apartment in the Lower East Side.

I'm home!

Totti your shirt just fell from the clothes line - Never mind it's the neighbor's shirt!

All the clothes lines are so smushed together it's hard to tell!

Hi Totti!

Totti! Totti!

Binyamin, I think that living in the Lower East Side isn't working out anymore! It's just way too squishy!

What do you suggest doing?

Let's move to Williamsburg! I found a house on Marcy Ave. We Baruch Hashem can afford it!

**WILLIAMSBURG!
THERE ARE NO
YESHIVOS IN
WILLIAMSBURG!
NO YIDDISHE
SCHOOLS!**

Williamsburg is right across the bridge to the Lower East Side! The kids could continue going to school here. There are so many shuls in Williamsburg!

I can't raise children in an environment like that! Who are they building shuls for, if there's not going to be another generation to daven in them?

How about you make a school in Williamsburg!

YES! In that case I'll move there!

To be continued B'ezras Hashem...

A VISIT TO THE BEIS HAMIKDASH

Remember the boy who experienced Patsiyas Mitzrayim, and Matan Torah? Well, he's back, on the way to the Beis Hamikdash to bring korbanos!

DEAR DIARY,

Papa whipped the camel, which sprinted off excitedly into the bright sunlight. I shiver despite the heat wave taking over Yerushalayim; we are off to the Beis Hamikdash, in all its glory! The camel hurtles faster and faster, with two of my siblings and I saddled on tightly and Papa is manning the crew. I wrap a shawl around my little sister's shoulders; she is shivering from excitement, so am I. We are on the way to bring korbanos for the Yom Tov of Sukkos.

The riding continues. We meet a few cousins on the way to bring korbanos, too. They are just as excited as we are. Papa stops the camel every once in a while to say good wishes to the relatives careering by on the paved, sand filled path. We stop for a break,

and we sit down under a tree for shade. The camels wait for us. Papa hands out the pitcher of water we had fished out of the well just before the journey. I make the proper brachah and drink my fill. I can barely eat Mama's delicious bread for I'm shivering with excitement. We then hop on and continue the journey, I must focus for we are approaching a muddy area, under my saddle you go.

Later:

I feel breathless as we pull up in front of the indescribable, beautiful building. The Beis Hamikdash is literally shining with the Shechinah. It has been a long journey, but none of my siblings are tired. They're jumping off the camels, nearly toppling themselves over with the camels. Papa is crying from excitement. Our two babies begin laughing. I hop out, and just stare in awe. My sandals are filled with sand, and my eyes are droopy, but the Beis Hamikdash awakens me. My sisters squeal in delight, my brothers hoot for joy. We are actually here. Mama settles us down for a good night's sleep after Papa pitches the tent. I bid good night to my family, and snuggle under the straw. I'm tired from the day's events. Good night, tomorrow we'll bring the korbon.

To Be Continued Be"H

Thank You Hashem for...

Sunday	<input type="text"/>
	<input type="text"/>
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Monday	<input type="text"/>
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Tuesday	<input type="text"/>
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Thursday	<input type="text"/>
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Friday	<input type="text"/>
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	<input type="text"/>

Name: _____ Address: _____ Phone: _____

To win prizes, fax a copy of your completed chart to 718.436.7358 OR email a copy to hashemthanku@gmail.com

A GLIMPSE INTO THE PAST

By: Sruli Yelen - Lakewood, New Jersey



Rav Baruch Ber Leibowitz with Rav Reuven Grozovsky Zatzal.



Rav Avraham Yoffen zatzal



Rav Meneshe Klein zatzal.



Novominsker Rebbe Zatzal with Ybl"ch Rav Avraham Yehoshua Soloveitchek shlita

Just Look At What Hashem Made For You!

By Leiby Berger - Jackson, New Jersey

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Stunning
World!



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Wonderful
World!

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5

Weekly Thank You's

I'zechus that people should feel loved by Hashem!



By: R' Simcha Elefant - Yerushalayim Ir Hakodesh

**Thank
You Hashem
for
Pacifiers!**

They help
keep our
babies
calm and
relaxed.



**Thank
You Hashem
for Seat
Belts!**

They keep
us safe
while traveling
in cars/
airplanes/
strollers..



**Thank
You Hashem
for Watches!**

They make
it so convenient
to tell
time and
help keep us
on schedule.



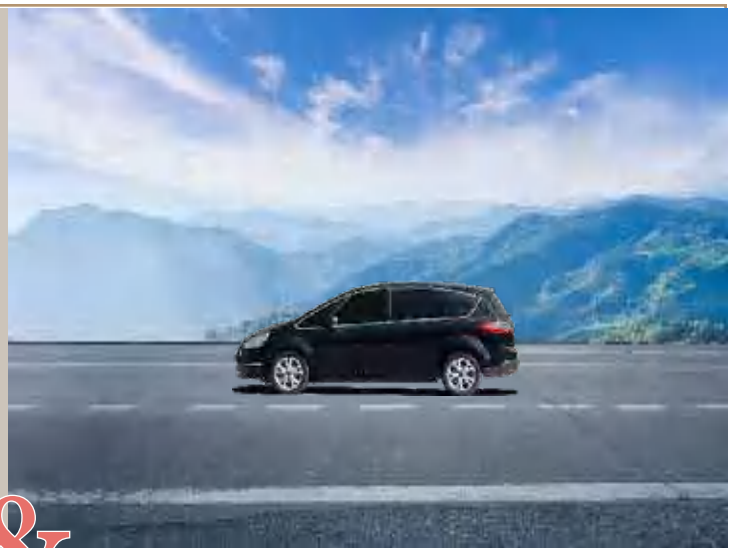
**Thank
You Hashem
for Man-
ufactured
Clothing!**

We don't
have to go
to a tailor
every time
we need to
get clothes...



**Thank
You Hashem
for Shavers/
Trim-
mers! We
can conveniently
trim and shave
ourselves
smoothly,
safely and
neatly!**





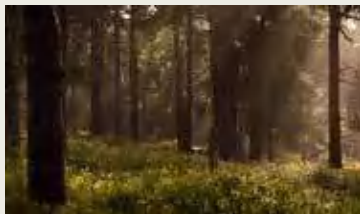
THEN & NOW

Need directions to go somewhere?

1800's :

If you were knowledgeable, you needed to figure out which direction you were going based on the sun and the stars.

People would get lost in the forests all the time...



Today:

Just enjoy your ride with your amazing GPS! It tells you the fastest route! If you make a wrong turn it recalculates the route on its own! It tells you if your are speeding! It tells you how long it will take! It tracks traffic conditions! It can avoid highways or toll roads if you want! Thank You Hashem! We love You Hashem!



All the delicious pleasures in this world cannot compare to even one second in Olam Haba! Just keep on grabbing more and more mitzvos...



Gold Mines

Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock

A person who is a true tzaddik can take the



smallest gashmius and connect to Hashem through it.

The fresh clean air, the nice weather, or

food, these and other such things could bring you to such love towards Hashem.

Rav Mandel adds, did you ever notice all the food Hashem made with all its varieties? There is so much of everything. Think about all the fruits and vegetables, all the candies and chocolate that come in all different varieties and flavors. You can choose from countless juices, liquors, and ice creams, it's incredible!

This is all a mashul for the next world, so we should see what Hashem can do. If Hashem gives us so much variety in this world, imagine what he'll have for us in the world to come.

Rabbi Yosef Moshe Mizrachi

R Mielech Beiderman said a most amazing story (Torah Wellsprings Parsha Shelach). One Shabbos night, the Be'er Mayim Chaim's soul visited the next world. This is what he said happened while he was there:

I came to Shamayim and I saw many Neshamos who were very sad. They didn't do their job the first time they were sent to Olam Hazeih so they were getting sent down a second time. The Neshamos cried to the Malachei Hasha-reis, "How can you send us down again to Olam Hazeih? We might mess up this time around just like we failed our mission the first time?!"

The angels responded: Don't worry because this time it's going to be much easier to succeed. In the later generations there is more Tumah in the world so we are not going to be as strict with you as we were the first time! On the other hand whatever small mitzvahs you do will reach much higher as well!!

If there is one thing to focus on while there, it's to never say, "I could have or should have." Thinking 'if only I would have done a different investment I would have made more money' and the like are the opposite of living with Emunah! Hashem is the only one in charge of the outcome and He is taking the absolute best care of you! And like this you will fulfill your mission on this world and be zoche to all the goodness of the next world!

Shabbat Shalom U'mevorach!

Mazel Tov!

Mazel Tov to R' Yehuda Ribiat and family (Chestnut Ridge, N.Y.) on the Bar Mitzvah of their son Chaim!

Mazel Tov to Rabbi Yisroel Dov and Mrs. Sussman (Lakewood, New Jersey) on the marriage of the son Aaron to Shevy Rosenblum daughter of Rabbi and Mrs. Tzvi Rosenblum (Monsey, New York)

Mazel Tov to Rabbi and Mrs. Chaim Tzvi Landi on the marriage of their son Shaya to Tehila Biberfeld daughter of Rabbi and Mrs. Chaim Avraham Biberfeld!

Mazel Tov to Rav Yerucham Zeilberger and Family (Monsey, New York) on the marriage their son Aryeh Leib to Leah Lopian daughter of Rabbi and Mrs. Chaim Aaron Lopian!

BITACHON POWER!

BY: Rabbi Chayim Tzvi Blau

This week's Topic: " Bitachon Vs. Counterfeiter Part 3 "

The Quote – The Lesson – The Story

A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

The Quote: " The *Counterfeiter* has a constant fear that no one should report him to the authorities, whereas the בעל בטחון, everyone will run after him and desire to fulfill his רצונות. Furthermore, the *Counterfeiter* is unprotected against sicknesses which may fall upon him and will remove him from properly enjoying the happiness of his great wealth, whereas the בעל בטחון knows that Hashem will not give him any sickness or trouble unless it was for his benefit to atone for his sins or to give him even more שכר in הבא עולם."



The Lesson: WHAT MAKES THIS quote so amazing is that the Chovos Halevavos is teaching us is that someone who believes that Hashem is the one supporting and sustaining him he will always be honest in business and never has to worry about getting into any trouble. He knows that such forms of work are not proper hishtadlus! Furthermore, one who understands and realizes that Hashem is giving him everything he has, even if he gets sick he is still upbeat and B'Simcha because he knows that this

too is coming from his loving and caring Father – THE REBONO SHEL OLAM!

THE STORY: THE GRANDFATHER OF THE GREAT tzaddik Harav Zundel Kroizer זצ"ל, Harav Mordechai Yehoshua Kroizer זצ"ל, was a tremendous tzaddik. At the age of 82, he needed an operation. During his stay in the hospital, he shared a room with a Jew from France who was 60 years old, and needed the same operation a few days later. The Jew from France wanted to see how the fear of the operation affected "the old man." On the day of Harav



Kroizer's operation, he watched as the Rav got up in the morning as usual, put on his tallis and tefillin, and davened with netz hachama. After that, he went down to the location of a later minyan in the shul of the Hospital to receive a beracha from the Ribono Shel Olam through the כהנים, as it says, "Va'Ani Avaricheim." Then he returned to his room, took out a Tehillim, and recited them quietly to Hashem. His roommate could no longer stand it. He thought, "Why is he so calm?" He asked, "Excuse me, don't you know what you are going to have in another hour?" Harav Kroizer replied, "Yes, an operation." "Do you know how old you are?" "Yes, I am 82." "How are you not afraid to have an operation at this age? Why are you so calm? How do you do it? I will have this operation in a few days, and I haven't been able to sleep in three nights!"

Harav Kroizer asked the fellow, "Tell me, where do you come from?" "I come from Paris." "Tell me, who is the biggest surgeon in this field in Paris?" "This and this doctor – He is world famous!" "Tell me, if that surgeon would be here to do the operation, would you be afraid?" The fellow replied, "Of course not. He is the best doctor in the world." Harav Kroizer replied, "My friend, that is why I am not afraid. The pasuk says, "Ani Hashem Rof'echa." The Ribono Shel Olam says, "I am your doctor." He will be there by the operation. He is taking care of me, and He is much greater than your professors from Paris. What do I have to be afraid of?" (As heard from מו"ר הרה"ג רב משה אהרו שטרן זצ"ל)

Next week's Topic: " Bitachon Vs. Counterfeiter Part 4 "

And I Will Dwell Among Them Shemos 25:8

By Mrs. Mordechai

BS"D

Part One (of Three).

Blessed are You who spoke and the world came into being.

Whose Countenance is inscrutable and hidden.

We seek your Presence always and wait for Baor Panecha to return to Nvai Kodshecha

to illuminate us: B'nai Yaakov Bichirov, Your Beloved Yidden.

Ain Od Milvado means Hashem is everything,

but everything is hard to know.

He revealed Himself from His Kisay HaKavod,

to us His Chosen Children, down below.

The Divine Presence hovered upon the

surface of the waters,

before there were luminaries,

before there was light

The earth was empty with *tohu v'vohu* and darkness was deeper than night.

This is where the *Ribbono Shel Olam*, *yaish m'ayin*, created all.

Shtihye is the foundation stone, the Holy Even, where Hashem spoke "It Will Be" and life began where earth meets heaven.

To the East Hashem breathed life into the nostrils of Adam HaRishon, He blew:

then waited 20 generations for His bechor, the first Jew.

When Adam and Chava ate the forbidden fruit and failed the first test,

Adam HaRishon made an altar and sought atonement there, facing west.

His sons offered *korbonos* where their father's altar had been.

Hevel presented the choicest of his sheep, he found.

Cayin gave the chaff of his crop.

Then jealousy and murder bloodied that Holy ground.

Noach built an altar on the same sacred spot;

After the *mabul* he knew the world needed to repent.

He burned offerings of

every clean creature

and a satisfying aroma to *shomayim* was sent.

Altar to Altar; sacrifice to sacrifice forgiveness was earned.

The *Shechina* found a transient spark of holiness on which to rest, but still for a *Mikdash Hashem's* Presence yearned.

His *Shechina* was at His Holy Mountain

In the land of *Moriah*, *Rosh Amanah*, for faith in G-d, it is called

before *Yerushalayim*, *Ir HaKodesh*, was an inhabited city that was walled.



The Joy of all the earth. The fairest of sites,
the Avos well knew.

When Avraham and Yitzhak proved their Yira at
the Akaida

Hashem led them "to the mountain where I will
show you."

Yaakov Avinu, found The Sanctuary, the House of
G-d,

where all prayers rise to Kel Shakai at Har HaMor.

Here is Hashem's Constant Presence,

through Heaven's Gate, He is waiting for us at the
door.

On his way to take a wife, Yisrael met The Holy
One

Who blessed him at that makom,

In time, here at the center of the world would be
for the Shechina

the Beis HaMikdash, a final and everlasting home.

To be continued ...

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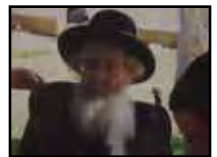
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Mr. Bizyonos

Learning From Our Gedolim

By: Amrom Weinstein - South Fallsburg, New York

A lady from Monsey
was very sick for many
years. Her husband
went to Eretz Yisroel.



Before he returned to
Monsey, he decided to get a Bracha from
Harav Nosson Tzvi Finkel Zt'l.

It was already late at night and it was
past the hours that Rav Nosson Tzvi saw
people. The man asked if he could just
come in for a short Bracha. When he
came in, Rav Nosson Tzvi, exhausted,
was lying on the couch and it looked like
he could hardly speak.

The man sat down and started telling
him everything about his wife.

With Rav Nosson Tzvi's last strength, he
pointed to the Seforim shelves. "Tehil-
lim," he told the man, and then he whis-
pered, "I don't have the strength to talk.
You say Tehillim and I will sit here and
cry."

That's what happened. This man, who
was not even a Mir Talmid, said Tehillim
while Rav Nosson Tzvi sat there shed-
ding tears. This was the only strength he
had to help another Yid. Soon after, the
man's wife recovered.

A Week in Review



Yeshiva Bochur Learns Shemiras Halashon and Pain Disappears

Meir Scheiner,* a bochur learning in Telz Cleveland, had a pain in his tongue. It was hurting him for a few weeks. One morning, he decided to be mechazek in Shemiras Halashon. He learned during breakfast

a page in Sefer Chafetz Chaim. He then went to Bais Medrash to learn and he noticed that pain had suddenly disappeared! [Heard from Meir]

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Hashem Sends Man Exact Sum of Money He Needed

R' Shaya Weiner* had a bill of \$1500 that he needed to pay. He had no idea how he was going to pay it.

One day while davening Shemoneh Esrei, R' Shaya thought of a way how he could get the money. But he ignored it because had previously made a Kabbalah that he would disregard any thoughts that come up during Shemoneh Esrei.

The next day, someone unexpectedly came over to him and gave him a check for \$1500!!! [As told to Harav Eli Yelen]

Dollars From Shamayim

By: Miriam Balsler - 11, Lakewood, New Jersey

A man once got stuck on the roof of a fifteen story high building. He tried to get down but he could not. He tried to scream but no one heard him. He had an idea to throw down money. He took a few one dollar bills and threw them down.

People saw, picked up the money and walked away. So he threw down \$5.00 dollar bills, \$10.00 dollar bills and even a Fifty

and \$100.00 dollar bill. People again picked up the money and went on their way. He sat down to think. Then he saw a big rock. He threw it down and it landed near a man who looked up and saw him. He immediately called out: HELP !!!

This is a Mashal. Hashem gives us so much good. We take it and move on in life. We don't even stop to thank Hashem. So sometimes Hashem sends a rock (a Tzarah) and only then do we notice.

We should work on seeing the good and thanking HSHM for everything so that we don't have to have Tzaar chalila (to wake us up).

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Tehillim Everyday



Tehillim IN THE SUMMER

Summer is a very busy time, we relax and enjoy ourselves, and as a result many of us forget to say Tehillim. So, that's why Tehillim Everyday is introducing a summer Tehillim program. The program is split into 3 rounds. Round #1 is first half, round #2 is second half and round #3 is at the end of the summer. On the rounds of your choice (or you can be part of all the rounds, of course!) you will say a specific Yom that you are given, once a day.

The Raffle

For every round that you were part of, you will receive one raffle ticket. At the end of the summer we will raffle off a \$50 certificate to the ice cream store of your choice.

Bonus Tickets

Anyone that is part of 2+ rounds doubles their tickets. Whoever says their Yom every day without missing a day receives 2 bonus tickets per round. Each participant can receive up to 12 tickets!!

Round #1: June 26-July 23 • Round #2: July 24-Aug. 21 • Round #3: Aug. 22-Sept. 4

Please email us to be part of the Summer Program • TehillimEveryday@gmail.com

לזכות רפואה שלמה: שושנה מלכה בת דבֶּרָה, ירוחם בן יהודית
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5. **Write Gedolim Stories.**

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Cheishek HaTorah

Riddle Corner # 45 Pinchos

I am a letter that is missing ink. I wasn't erased with water from the sink ! I am intentionally written this way to teach a special Din. The word that I am in , starts with the letter Shin. What letter am I and what Din do I teach?

To hear the answer, press x14 #45 on the
Chaishek HaTorah line 845 720 4040
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You can hear stories from the Spring Hill Times
being read on the Cheishek HaTorah Hotline.
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Parsha Delight Question of the Week

פרשת פנחס תשפ"ג (5783)

Chapter 26:19 reads as follows:

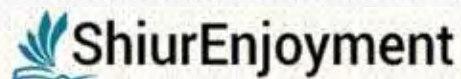
בְּנֵי יִהוּדָה- עַר וְאוֹנָן- וַיִּמָּת עַר- וְאוֹנָן בְּאֶרֶץ- כְּנָעַן :

Why does the pasuk use the singular verb form וַיִּמָּת?

Shouldn't it be plural, וַיִּמָּוּתוּ?

See also Parshas Vayigash (46:12)

Please email your answer(s) to parashadelight@shiurenjoyment.com



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A Review of the Yesodos

that make our days!

A Life with Bitachon

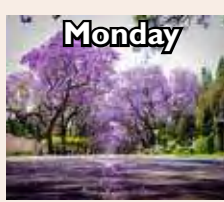
732-719-3898

Sunday



R' Matisyahu Solomon said, that in today's generation, Hashem is "spoiling us" from morning to night. From houses, to cars, to food, to clothing, we have access to luxuries that previous generations would not have believed. Because we are "spoiled," today's generation tends to complain whenever anything doesn't go the way they want. Hakadosh Baruch Hu wants today's generation to walk around feeling loved and cared for and to only speak positive words. #1573

Monday



Friends who encourage you to "stick up for yourself" are actually harming you because they are causing you stress and aggravation. #1574

Hakadosh Baruch Hu is your loving, caring father. He doesn't want you to be aggravated.

Hashem has many ways to pay you back if you are Mevater!

Tuesday



The Heilige Sadigurer Rebbe was not traumatized by the Holocaust, because he considered the labor he was doing for the Germans to be just like the work of the Kohanim in the Bais Hamikdash. #1575

No matter what kind of work you are doing, if you recognize that you are actually working for Hashem, it will be considered like the work of the Kohanim in the Bais Hamikdash.

Wednesday



Someone who worries about having enough money for their basic expenses has a much bigger problem than a lack of money. The real problem is that they are forgetting how Hashem took care of them in the past. #1576

If they focus and remember how Hashem previously sent them what they needed, Hashem will shower them openly with Bracha and Yeshuos.

Thursday



When we feel anxious, pressured, or stressed out, very often it is because we are focusing on the details. #1577

Instead, look at the big picture: Hashem is our loving, caring father, and He is the one running the world. The details are just a distraction. Hashem will make everything work out perfectly.

Erev Shabbos



When the Meraglim came to Eretz Yisrael and saw that everyone was busy burying the dead, it seemed to them like something bad. Actually, Hashem arranged #1578

it for their benefit, so that nobody should notice them. We are supposed to learn from this that in every situation where we think something is not working out, it's actually working out better than we could ever imagine. Everything that Hashem does it totally good.

Story Time

Stories From 'A Life With Bitachon'



This story has been called in by Mishpachas Deutsch. One of her sons got a cut on his finger. Accidentally, when he put on the Band-Aid, he put it on way too tight. They only realized it the next day when they saw his finger was swollen and the skin was peeling. They went to the doctor, who said to come back in a few days to see how it's healing.



The next day, the finger started to turn black. It became numb. He wasn't feeling any circulation whatsoever. They went to the doctor, and the doctor said, "Sorry to inform you, the finger is dead. There's no more circulation. You have two options. We can amputate the finger, or wait for it to fall off on its own."

She left the doctor's office, thinking, what did the doctor just say? 'There's nothing I can do because it's a dead finger, no more circulation. Either I can take it off or let it fall off on its own.'

She follows a life of Bitachon and she knows that Hakadosh Baruch Hu can do Techiyas Hameisim on a person, so He can do Techiyas Hameisim on a finger. She told her son, "There's nothing to worry about, everything will work out perfectly, you'll see your finger will go back to normal."

Two days later, in middle of her son's sleep, he woke up crying, he felt a humongous pain in his finger. He ran to his mother, and his mother said, "What? You feel something in your finger?" They saw the circulation was back, and his finger was alive!!



This story has been called in from Cleveland by Mishpachas Holtstein. She got a letter in the mail from the city which said that because they want children to be occupied in the summer, they're going to be paying for camp expenses, but because there is a limited amount of funding, it will be based on first-come, first-served. Whoever sends in the paperwork first will get first dibs. She was so excited that in the flash of an eye all her camp expenses would be paid for. She filled out all the paperwork immediately and sent it out.



A few weeks later, she got back a message, "We're so sorry to inform you, there was a problem with your paperwork, you'll have to fix it and resubmit it. Unfortunately, there's not much of a point to resubmit it,



Story Time

Stories From 'A Life With Bitachon'

because anyone who has to resubmit the paperwork will be at the end of the list, and because we have so many applications, it doesn't seem possible that you'll get the funding."

She thought to herself, "Who are they the ones to decide? It's Hakadosh Baruch Hu running the show. If the Hishtadlus is to resubmit it I'm going to do it, but I know it's really the Ribono Shel Olam!"

The next day she received a message, "We processed all your paperwork, you're accepted!" She was wondering, I didn't even resubmit it, and they said the first time it wasn't valid. She called them up, and she said, "What's going on? You sent me a message that I have to resubmit, and now you sent me a message that it went through?" They said, "Oh, it was a mistake, we meant to send the second message to someone else, but we have a policy that we don't go back on our word. Once we wrote to you that you're accepted, you're in, and all your camp expenses will be paid for!"



This story was called in by Mishpachas Kapalinsky. Her baby needed a specific type of formula. She went to the local grocery store and asked if they carried this type of formula, but they said sorry, we've been out of this formula for a long time, and we have no idea when we're getting a new shipment. She went to another grocery store farther out, but she got the same response. "Sorry, we've been out of it for a very long time, we don't know when we'll have it next."



She said, "What should I do? No one has it in stock, and my baby really needs this type of formula!" Then she said, "Do I have to figure out where my baby will get his formula from? Let me go straight to the

Ribon Shel Olam! He's the Kol Yachol, He can do anything and everything! I'm just going to leave it up to Hashem!"

Later on, her husband went to Shul. He called up and said, "I'm looking at the bulletin board and it says, If anyone needs formula X, we have a lot extra in our house. Come over and take what you like!" The address was someone who lived on their block! **In no time they got what they needed, so close by!**



This story was called in by Mishpachas Tumim. It was late at night, close to midnight and they were driving on the BQE highway towards their house in Brooklyn, and all of the sudden, from one second to the next, their tire popped. They looked at it, and they saw the tire was in shreds. R' Tumim was thinking, which tire store will be open at this hour? He called someone up, and they said, "The only tire store that's open now is around 55 blocks away from where you are." He realized it would be impossible to go so far with a tire that wasn't really a tire, so he didn't know what to do. The farthest he could go was a few blocks.



He turned to his family, and he said, "Do you know how we're going to

Story Time

Stories From 'A Life With Bitachon'

be able to get a new tire? There's only one way. By believing that Hakadosh Baruch Hu will take us. I don't know how, but I do know that Hakadosh Baruch Hu is the Kol Yachol."

He went down a side street, he had no idea why he turned down that street, and it was 12:02 a.m., and he saw that there was a tire shop on the street that was closing up. He asked them, "Are you still open?" They said, "To tell you the truth, we close at midnight, but we don't mind helping you out." With that, 1-2-3 they changed his tire, and they said, "If you would have come even one minute later, we wouldn't have been here anymore to help you."



This story has been called in by Mishpachas Cooper. She had an eye doctor's appointment for one of her children, and on the day of the appointment, one of her other children's glasses broke. She wanted to bring that child to the appointment as well, so that if she needed a higher prescription, she could buy new glasses with the right prescription. She was hoping the office would be willing to let her squeeze in a second child. When she came to the receptionist, the receptionist asked, "Do you have an appointment?" She said, "The truth is, I only have appointment for one of my children, but I want to know if I could squeeze in the second child also." The secretary said,



"I'm so, so sorry, that's not the way it works over here. Do you know how many people are ahead of you? Over 1,100 people; that means you're going to have to wait for at least a year to get an appointment. Sorry! Nothing I can do for you! I can't help you, but if you want to speak to a different secretary, maybe they can work something out, but really there's nothing I can do for you."

Mrs. Cooper said, "Thank you so much. I appreciate that." Before she went to the second secretary, she said, "I'm just going to go straight to HaKadosh Boruch Hu, the Ribbono shel Olam. He's a Kol Yachol. He can do everything and anything, and it doesn't have to make sense. I'm going to go straight to Hashem!" Before she started talking to the second secretary, she said, "Hashem, You are the Kol Yachol, You're the one I'm talking to. I'm just doing the action of talking to the Fisher Price playdough secretary, but it's really You!" As she was talking to the secretary and saying, "Since I'm here anyway, could I just squeeze in my other child?" all of a sudden the phone rang. The secretary picked up, and spoke to the person on the phone.

Then she said to Mrs. Cooper, "Do you know what just happened? The person who called said they're so sorry, they had an appointment, but they realize they can't come and they would like to cancel. They said they feel so bad. And you know what? I told them not to feel bad about it. I said I have someone standing right in front of me who wants your appointment!" The first receptionist saw how the whole story played out, and she turned to them and said, "Are you a magician? How did you just pull that one off? I don't understand, what did you just do? There are 1,100 people in front of you, and all of a sudden, you just got an appointment, just like that!" When you live with Emunah and Bitachon and you realize it's Hashem the Kol Yachol that makes appointments, there are no rules and regulations!



The



Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. There is a spirit in the air that the war between Russia and Ukraine is a sign that Mashiach is at the front door. My question is, there have been events in the past which also seemed to indicate that Mashiach is at the front door, such as COVID-19, and everyone got their hopes up. But unfortunately, we were not zoche to Mashiach then, and many people were disappointed.

How can we maintain a healthy anticipation that these events are actually a sign of Mashiach's arrival without risking the disappointment if he doesn't come?

A. The Ramchal says, that when we daven for Mashiach, even if Hashem decides not to bring Mashiach in our lifetime, our tefilos and awaiting Mashiach were not in vain. Like all other mitzvos, the idea of צפית לישועה is a part of avodas Hashem, in which our goal is to increase k'vod shamayim and cause a nachas ruach for Hashem.

Just like in other areas of avodas Hashem, even if we are not zoche to see the fruits of our labor we don't become dejected, because we know that our avodah gives Hashem a tremendous nachas ru-

ach, the same applies with the avodah of צפית לישועה. Although we would love to see Mashiach with our eyes, any effort that we invest in צפית לישועה gives Hashem an unimaginable nachas ruach – as if we actually brought Mashiach.

From the perspective of emunah and bitachon this message rings as clear as ever. The entire foundation of bitachon in Hashem is built on the knowledge that whatever Hashem does is perfect and there is no room to feel 'bad' or 'disappointed'. Therefore, just like in all areas of bitachon we don't fall apart when we don't get what we hoped for, because we trust that Hashem is conducting events in the best possible way, similarly, when we don't see Mashiach's arrival we don't label it as 'unfortunate'. We have perfect emunah that Hashem is conducting the world in the most perfect way, and if Mashiach doesn't come now, that's the best possible thing. And we know that Hashem will bring Mashiach when He sees fit.

Q. I have many challenges and nisyonos. When I wait for Mashiach, it's because then my tzaros will disappear. My question is, is that considered a proper צפית לישועה, or,

does our excitement must come from ruchnius reasons; then the k'vod shamayim will increase, and we will be able to learn Torah and serve Hashem without obstacles?

A. A person must serve Hashem from the situation he currently is in. If in your present circumstance you want Mashiach to be relieved from your tzaros, it's also a form of waiting for Mashiach.

Therefore, while you certainly should strive to long for Mashiach for idealistic reasons, nonetheless, any form of waiting for Mashiach is precious to Hashem.

Q. What is the emunah and bitachon perspective when we see two countries at war with each other?

A. Hagaon Rav Aharon Leib Shtienman writes, that when we see two powerful countries at war, the first thing we have to be mischazek in is the crystal-clear understanding that it's Hashem who's conducting the war, not the countries who seem so powerful.

We must internalize, that there's no such thing as 'powerful countries', there are no such things as 'threats' or 'dangerous weapons'. Russia is powerless and Ukraine



The

Bitachon Perspective

Continued

is powerless.

America is powerless and England is powerless.

All the countries in the world are nothing but puppets in Hashem's hands. Hashem is the **איש מלחמה**, and who wins and who gets affected is completely controlled by Hakadosh Baruch Hu.

3. Preparing for a Nuclear War

Q. Russia is on the verge of using nuclear warfare which may generate a third world-war. Many people are stocking up their houses with canned food and other basic necessities in case a nuclear war erupts and we won't be able to leave our houses. Is this the hishtadlus Hashem wants us to be doing?

A. Rav Yisroel Falk responded: We have a mesorah from the Chofetz Chaim that the third world-war will be with the arrival of Mashiach, in which klal yisroel will be saved.

Therefore, your hishtadlus to prepare for the war is not by stocking your house with food. Rather it should be through stocking your neshama with bitachon that Hashem will protect us from danger, and to stock up on

צפית לישועה, awaiting the arrival of Mashiach.

Q. In general, I find that following the news too closely has a negative effect on my menuchas hanefesh.

However, perhaps I should be following the ongoings of the war, in order to be נושא בעול with the plight of the Yidden in Ukraine?

A. The middah of נושא בעול is part of avodas Hashem. As a rule, avodas Hashem done correctly is supposed to bring a person to enhance his connection with Hashem and create an inner tranquility.

Therefore, if you find that when you hear how our brothers and sisters are suffering, you are filled with rachmanus, and you are encouraged to daven harder on their behalf, then it would be proper to follow the news.

But if you find, that when you hear of the latest advancements with the war, it doesn't encourage you to grow in ahavas yisroel, tefilla, or bitachon. Rather you just click your tongue and say, 'Oy; there are so many tzaros', in that case, your avodah of being נושא בעול should not be via sharing the pain off their unfortunate

plight.

Rather, your involvement will be being mekabel to focus on the bracha that Hashem is constantly showering upon us. This will be your contribution as a zchus for the Yidden in Ukraine.

Q. I find that whenever I'm in a rush, I drive aggressively, although I know that it's not the proper way to drive. What exercise can I do to drive more calmly?

A. Here are two exercises:

1. Driving safely is a kiyum of **ונשמרתם מאד לנפשותיכם**. Therefore, whenever you feel that you want to drive rushed, think, 'I am going to fulfill the mitzva of **ונשמרתם b'hidur!**

2. Think about what the Gr"a writes that a person will never gain by doing the wrong thing, and never lose by doing the right thing. Therefore, when you drive calmly, you're going to accomplish whatever you were supposed to accomplish, plus you'll retain your menuchas hanefesh.

To receive the full Bitachon Perspective, please contact klatzkoshalom@gmail.com

Our Readers Share



Editor's Note: Some of these stories are from Shevat-Adar!

THANK YOU HASHEM!



My wife and I had taken a short vacation trip to Tsfat and were on our way home to Beitar on the 982 bus to Yerushalayim. Since we had a number of pieces of luggage and none of the stops were very close to bus stops to Beitar, I figured we'd just take a taxi from Yerushalayim to Beitar, which can be pretty pricey, but there seemed no other practical option for this no-longer-young couple.

Our plan was to get off at the last stop, which would be the shortest taxi ride, but meant we'd be on the bus for a while, as it made local stops.

As I sat back, my wife noticed that the bus seemed to already be in the neighborhood of the last stop, even though

we'd just entered Yerushalayim. I got up to investigate and heard a bit of a ruckus in the front of the bus. It seemed that it was the driver's first time on that route, and he'd mistakenly gone the 'wrong' way.

Not knowing what to do, he let those who wanted to get off, at the first bus stop he encountered. So, we got off the bus and got ready to flag a taxi, grateful to have avoided the 'sivuv.'

Then we noticed that the stop he'd let us off at also posted buses to Beitar, although they were for buses going the wrong way. We figured that if so,

the buses going the right way should be at the bus stop just across the road.

We grabbed our luggage and headed for the traffic light where we could cross the street. But as we were still waiting to cross, the very bus we needed, the 291, the only one of all the Beitar buses that dropped off on our home street, had pulled into the stop across the road. Since it would take us a good few minutes to get there, it meant the bus would be long gone before we reached the stop, and it would be a half an hour or more before another one would come.

I was ready to give up trying to get there on time, but my wife encouraged us to still try. As we dragged our suitcases to the traffic light and across the street, strangely, the

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Please keep you stories coming!

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Please note: The recording time on our machine (385-381-0977) has a limit of 3 minutes, so if your message is longer than 3 minutes just call back and finish your story.

bus hadn't moved.

We sped up and reached it. It let us on and a moment later headed off.

We hadn't known, but it had been the first stop on the route (the routes had change not long ago, so we weren't familiar with the stop) and it was sitting waiting until its scheduled departure - which 'happened to be' just after we'd gotten on!

We soon arrived home for a fraction of the taxi price. A short while later, when my wife sat down to glance through the local advertising flyer that had arrived while we were away, she saw an announcement that in just a day or two, that 'miracle' bus stop where we'd boarded the bus was being canceled and would no longer be used for buses going into town!

In gratitude to all of Hashem's kindness and series of revealed hashgacha pratis, I wanted to publicly share the story.

Thank you.

N.Y.S. - Beitar

HASHEM IS THE BEST GPS!



I was driving to work one day. I usually go one way but that morning I decided to go a different way.

I got to work in about 13 minutes

(it usually take 10-15 minutes).

When I got to work there was nobody there.

It turned out that there were 2 bad accidents that caused the road to be closed in the direction that I usually go and this morning I happened to have gone a different way since Hashem guided me.

It took my coworkers about 50 minutes to get to work that day and me only 13 minutes since Hashem decided I should go the other way!!!!

A Reader

EVERYTHING IS AT THE PERFECT TIME!



I am hard of hearing. Every few month I have to replace the tube for my hearing aids to hear better.

My in law and I went to Costco to ask them to replace it and they told me that they needed to order it. It would take three weeks.

I got upset because I really needed to replace the tube.

On Shabbos of משפטים I walked to shul in the morning and I thought perhaps it's a message from Hashem that he is waiting for a day of simcha - Rosh Chodesh Adar when I was scheduled to get the tube replaced. I understood that He is the One who knows when it's the best time.

Avromi, Monsey, New York

MAN COMES CLOSER TO HASH-EM



We are doing construction. We had an electrician come who is a yid but not frum. We were super nice to him and schmoozed for many hours. After that, we put up sheetrock and he came back to install all the switches and fixtures. This time he was wearing a kippa.

He told us we are his best customer and he really enjoys coming to our house. Again we schmoozed and gave him loads of compliments on his great work.

In the middle of the job his alarm rang and he told us he needed to daven mincha before it got too late. We were so happy. Also we offered him a coffee and he said he was fleishig. We could not believe that this was the same person who changed tremendously for the better. It really makes a huge difference to be extra nice to every Yid!

A Reader - Lakewood, New Jersey

HASHGACHA STORY



Six months ago, I made cleaning appointments at the dentist. Since it's a half hour away, I scheduled all 5 children together. The only time available was 2:00pm.

I knew it would be a bit hard

picking everyone up from school and playgroup but it was worth it to take them all together.

When I looked at my calendar I realized that the day of the appointment was on Monday when they all had mid-winter vacation!!!

B"H it worked out so well. We had a free trip planned for the day!

A Reader

BOY LOVES HASHEM



My son wanted dried fruits for Tu Bshavat, but my husband wanted to get fresh fruit. They discussed it and couldn't come to a conclusion in which both of them would be happy. A few minutes after that, I walked in with a platter of dried fruit that I received as a present from one of my co-workers!

My sons first reaction was "Hashgacha pratis!" "Hashem loves me!"

And his next sentence was "We have to send this to the Spring-Hill Times!"

Thank you for your wonderful work for the Klall!

A Reader

HASHEM IS SO GOOD!



I was trying to lower a crib so that my baby shouldn't fall out..

One screw wasn't budging. I promised to tell my story if the screw turned and it did!

MAN TURNS TO HASHEM



I made a mistake at work. I have a pretty high position in my company and it was very embarrassing for me. Besides for the ramifications of the mistake, I was worried about my reputation in general. I have an excellent record and I didn't want people to think they couldn't trust me. I was very distressed about it and couldn't stop thinking and obsessing over it.

Finally, I said: Hashem you are the Kol Yachol and You can do anything. Please make this incident blow over quickly and everyone should forget about it!

I really concentrated that Hashem is the Kol Yachol and said I would publicize this in the Spring Hill Times.

The next day, I had a meeting with my boss and over the course of the conversation I had to mention the incident in passing. Sure enough she had totally forgotten about it already!! Thank You Hashem!!

A Reader

A LIFE OF THANKFULNESS



We live on Long Island and my daughter attends an after

school program. At the moment, we rely on my husband's car since mine broke down. This is especially problematic for the night that she attends this program. Each week we have relied on Hashem for a yeshua to get her to the program.

Last week, I really wasn't sure how to get her there. I gratefully and reluctantly called one person in the morning, who I knew was going to be driving her daughter there; grateful, because I had a name to call and reluctant because it's so uncomfortable to ask for a favor. B"H it turns out that I knew this other family. After explaining our situation (needing her help and not being able to reciprocate), I asked her to drive her one way (feeling too uncomfortable to ask for both ways and hoping I could ask someone else for a ride in one direction). B"H she graciously said yes. B"H!

Later on in the afternoon, shortly before it was time to leave, my daughter asked how she's getting there. I told her to daven and suggested she take out a Tehillim.

Shortly after she started davening, the woman left me a message that she'd be happy to take my daughter both ways! Thank you Hashem!

A short time after that, my daughter put on her coat saying she really wants to leave already so she can be there before the

program starts. Right then the woman sent me a message that she was about to leave to pick up my daughter!!! Thank you Hashem!

-A Very Grateful Mommy

THANK YOU HASHEM!



I was driving by myself from New York to Lakewood on an Erev Shabbos a few weeks ago. When I was about 5 minutes away from my destination, I got into an accident while I was crossing over an intersection. My car ended up on the side of the road- which was B"H flat ground!

I, Baruch Hashem, was fully conscious and walked out of my car without a scratch or broken bone! I didn't need to go to the hospital and was able to get to my destination in time for Shab-

bos b"H!

The airbags on the passenger side came out- so baruch Hashem that I didn't have a passenger!

My car ended up being totaled- but I emerged without a scratch b"H! The people in the car I collided with also walked out of their car okay.

B"H the accident happened in an area that Jews either lived or were passing by- because some Jewish people stopped to see if I was okay and needed help. Hatzalah also came to make sure I was okay.

Right after the accident happened, I came out of my car and I didn't even have the battery in my phone because it fell out during the accident. So I couldn't even contact anyone.

Then a Jewish man stopped to

see if I needed help and he saw that I couldn't even contact anyone. We helped me find the battery of my phone that fell out during the accident.

B"H he found it for me and that way I was able to contact my family and the person I was going to for Shabbos.

The passenger door was stuck shut, but the man reached over the driver's seat to find my phone battery and he also helped me gather all my belongings that I needed for Shabbos.

Since the accident happened so close to the house of the person I was going to for Shabbos- they were b"H able to come to pick me up. We got back to the house before Shabbos started!

A Reader

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Hashem Loves You!

We are now beginning the period of the 'Three Weeks', which culminates with Tisha B'Av. HaRav HaGaon R' Yehuda Mandel Shlita shared that people think that Megilas Eicha is a sad sefer of Tanach. Actually it is exactly the opposite. Megilas Eicha was written with an exalted level of Ruach HaKodesh, like all of the five Megilos, and we know that Ruach HaKodesh only comes to a person through a very high level of pure Simcha. Yimiya-hu HaNovi who wrote Megilas Eicha was therefore extremely happy and joyous as he wrote every word with Ruach HaKodesh.

Tisha B'Av will very soon become the happiest Yom Tov ever. We will greet one another with 'A Freilichin Tisha B'Av'. We will be dancing and celebrating with an unprecedented energy. And even if Chas VeShalom we are not yet Zoche to Moshiach, the sadness and mourning of Tisha B'Av is a great Chesed of Hashem, who uses our sad tears to build for us the Mikdash Shlishi while preparing for us the highest levels of השראת השכינה with great light and unbridled Simcha that we cannot even begin to fathom or comprehend. When we mourn the Churban, let's remember that the Churban is סותר על מנת לבנות, destroyed in order to re-build for us the Third בית המקדש which will greatly surpass anything we have ever seen before in history. The Churban is very painful and looks very dark and very sad on the outside, but in reality Hashem is creating a joy and a Simcha that will illuminate the entire world beyond all imagination.

Hashem loves us and is preparing for us Geula at every moment.

Hopefully this year, Tisha B'Av will be celebrated with Moshiach and the whole world will 'sing the song of Shabbos'

If Chas V'Shalom we are tearfully reading Eicha instead, let us remember that Hashem's love for us is so strong and He is preparing for us the greatest good beyond all description.

Our worst moments are really our very best moments!

Hashem loves us and is arranging the greatest joy for us!

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