

# The Spring Hill Times

לע"נ אבי מורי ר' שלמה זלמן בן ר' ישעיה זצ"ל  
ולזכות רפואה שלמה: הינדא בת מרים רבקה, בתוך שאר חולי ישראל

Issue 121

Vayeira

Cheshvon 5784

## THE MIRACULOUS MEZUZAH!

Page 7

This week's issue is dedicated as a Zechus for our brothers and sisters all over the world and especially in Eretz Yisrael and those in captivity. Our Minds and our Hearts are with them. May Hashem Protect, Heal, and Comfort all of Klal Yisrael!



**THANK YOU, HASHEM, FOR ANOTHER BEAUTIFUL WEEK!  
WE LOVE YOU, HASHEM!**

### Wonderful News

#### HASHEM LOVES THE JEWISH PEOPLE

Mrs. Hershkowitz lives in Lakewood, New Jersey.\* A few months ago, her husband traveled on to the next wonderful world.

One day, her neighbor, an African American woman, came over to her and told her that if she ever needs anything she should come over and ask. She is ready to do anything for her!

**Klal Yisrael has the Best Military in the World!**



**We Have HASHEM!**

She also told Mrs. Hershkowitz that she is praying for peace in Israel.

Thank You Hashem!

Continued on page 8

### Life Saving Chesed

Page 10

### Emunah and Bitachon News

#### HASHEM RELEASES ANOTHER TWO HOSTAGES!

Another two hostages were released from Gaza!

*Blessed be Your name, Hashem!*

*We love You, Hashem!*

#### THANKING HASHEM IS STRONGER THAN ALL THE WEAPONS!

A middle-aged woman who lived in one of the yishuvim that was attacked on Simchas Torah, ran and locked herself in her cheder ma'amad (Forti- Continued on page 3

# Spreading Hashem's Goodness all Around the World!

**Newspaper Topic:**

Hashem

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Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?

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לעילוי נשמות:

ישעיה בן משה יחיאל מיכאל זי"דא, חוה רבקה בת שלמה זלמן, לבי הירש בן אליעזר הלל, ריזל אסתר בת דב בעריש. דוד זאב בן משה מנחם, זייטל בת שלום אריה, נפתלי בן יעקב. יעקב לבי בן יוסף לזכות הנחור משה דוב בער בן אסתר, לוויג הגון בקרוב. לזכות רפואה שלמה: דוד יעקב בן פעשא לאה

לעילוי נשמת:

ר' שלמה זלמן בן ר' ישעיה זצ"ל



Continued from front page  
 fied room). The terrorists went after her.

She doesn't know why, but she started to say "Hashem, toda, toda, toda..." - thank You for protecting me, thank You...

She kept repeating this, and the terrorists spent a really long time trying to break down the door with all their weapons, but they just couldn't get to her. She survived!

Thank You Hashem!

**FOOD FOR AN ARMY**

**PART 2**

**THE TRAVELING CHOLENT**

*Editor's note: We printed, two weeks ago, in issue 119, an amazing Mi K'amcha Yisrael and Hashgacha Pratis*

**HOME SECURITY SYSTEMS  
 Protection at its best!**



*Hashem stands guard at your door!  
 Kiss the mezuzah every time you pass it!*

**GRAND OPENING!!!**

**KI TOV HASHEM NEWS**

להגיד במקר חסדך

**BREAKING NEWS**

ואמונתך בלילות

**UPDATED DAILY!**

**845-400-8584**

**A product of 'A Life with Bitachon' and the Spring Hill Times**

לע"נ אבי מורי ר' שלמה זלמן בן ר' ישעיה זצ"ל

*story that took place in Neve Ya'akov.*

*Here is part 2:*

Dear Editor:

*I don't usually get to see your publication, but tonight my friend (from Neve Ya'akov) read to me the story "Food for an Army" (Parshas Noach) As soon as he started, I said that that story was about my son! He is the '18-year-old bochur from the community!' I was happy to see the story, and as soon as I got home I showed it to my son. He told me there's even more to the story, and I heard it again from the man who organized the whole*

*thing:*

*Even though they gave away a lot of food before shabbos, there was a giant pot of cholent which they couldn't give away. The organizer was taking his family to Beit Shemesh for Shabbos, so he was desperately trying to find someone in Neve Ya'akov who could use or take the cholent. He couldn't find anybody, so he had no choice but to take the cholent with him to Beit Shemesh, where maybe he would find a taker.*

*On the way, he spoke to someone on the phone who said he could use the cholent in Beit*

*Shemesh, but in the end he never arrived to take it.*

*So the family just left it on the hotplate overnight Leil Shabbos, hoping maybe they would come Shabbos morning to take it. But nobody came for the Cholent.*

**DEAR READER!**

**We are looking to send copies of the Spring Hill Times to English speaking soldiers that are in the Israeli Army.**

**If you are able to help us, please call/text 845-327-5041 or email: [thespringhilltimes@gmail.com](mailto:thespringhilltimes@gmail.com) Thank you!**



*After shacharis, the man decided to stay in the shul and learn for a while. He hoped that maybe the person who wanted the Cholent would come find him there. He was finally about to go home and make Kiddush, when he saw someone who looked like he was in charge of food in the shul.*

*He went over to him and asked him (as a last hope) if perhaps he needed a giant cholent.*

*The person hugged him and said that he was a 'shaliach from Hashem'!*

*What's the story?*

*He has a family of 12 and they were hosting for Shabbos 42 Beis Ya'akov girls. They rented out the hall in the shul for the meals, but something happened to their cholent and it got completely spoiled. He had no idea what he was going to do!*

*They then brought over the big cholent from the man's house to the shul for the Shabbos day meal. It turns out they ate the entire thing, instead of going hungry!*

*This is the cholent that was planned for people from the South coming to Neve Ya'akov, and ended up in Beit Shemesh feeding 42 girls from Beis*

*Ya'akov. Chasdei Hashem!*

*Keep up the great work in inspiring Am Yisroel!*

**IT'S ALL HASHEM!**

Dear Editor,

The following story was related by a soldier in Israel. He wrote it and emailed it to his uncle here in the US, whom I know personally.

*It has been a couple weeks, but I have some time now, and I wanted to write about a nes that happened to me during those first few days.*

*My unit was called in on Shabbat morning. No Tzav 8, no ishurim, no official order, nothing. Our brigade commander saw that the south needed a battalion to respond asap, and he told us to come in. Four hours later, we got on Humvees, and headed straight to Kfar Aza.*

*Our weapons had been handed to us on the spot; we had never shot them, didn't have time to clean them, and had no idea if they worked, and the sights definitely hadn't been zeroed in. The weapons in the Reserve units are notorious for being unreliable and usually don't even shoot properly before a good clean, or in*

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*Don't worry about spending money for Shabbos!*

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**100% guaranteed by Hashem!**

some cases, a visit to the armory. That is how we went in to combat.

We walked into the Yishuv, and were engaged by terrorists within the first few minutes of walking. A few minutes later we encountered one hiding in a bush with an AK-47, waiting to ambush us. My rifle worked perfectly, firing every shot, cycling every round, hitting what I was aiming at. Not a single jam.

I thanked Hashem for giving me a rifle that worked right off the bat.

After three days of fighting, it was clear my rifle was in pris-

tine condition.

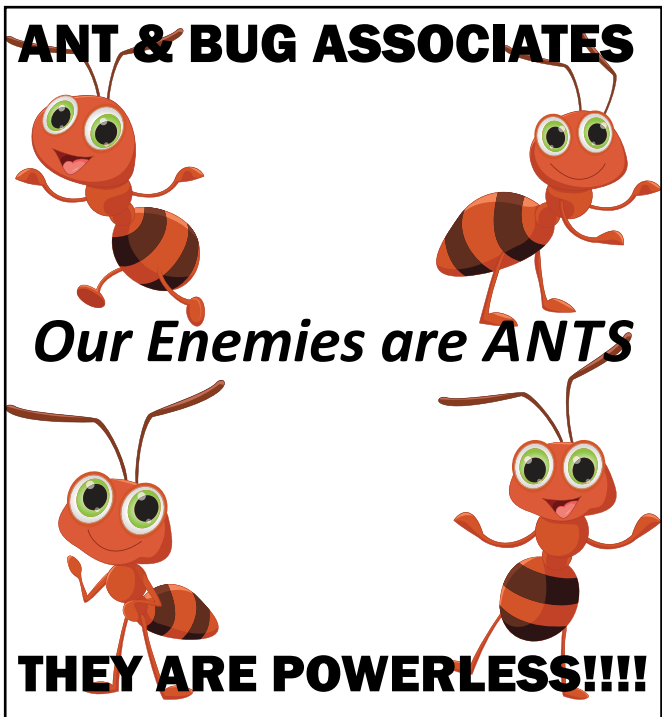
On Tuesday night, we finished clearing Kfar Aza, we were

switched out by another battalion, and were sent up to a base so we could rest, shower, and finally clean and check our weapons.

We went to the range. Immediately I got a jam. Another round, another jam. And another.

They were get-

ting worse, I had to start using the pliers on my utility knife to clear them. We ended



# Announcing

## אחינו כל בית ישראל TEHILLIM CAMPAIGN

FOR EVERY TWO PERAKIM OF TEHILLIM THAT A GIRL OR BOY SAYS S/HE CAN EARN A TICKET FOR EXCITING RAFFLES!!

TICKET AMOUNTS FOR THE WHOLE WEEK CAN BE TEXTED TO 845-521-2912 AT THE END OF THE WEEK (BY SUNDAY 10AM) TO BE INCLUDED IN THAT WEEK'S RAFFLE.

If you don't have text you can call and leave message.

WINNERS WILL BE NOTIFIED BY TEXT.

PLEASE SHARE WITH YOUR FRIENDS!

**Mazel Tov to this week's Tehillim raffle winners: Bracha Handler, Yosef Shalom Weinstein, and Moshe Yehuda Kaufman. Please spread the campaign to family and friends!**

*up having to take it to the armory, so they could switch out all the internal parts – to basically rebuild it from the inside. The gun just didn't work! It was a broken rifle. It was broken from the moment it was handed to me on shabbat morning. But for me, in those few days in Kfar Aza, it had worked to perfection. So we could do what we needed to do.*

*I heard similar stories from many other soldiers in our battalion.*

*I look forward to the day when I can stand in my shul on Shabbat, at krias HaTorah, and recite Birkat HaGomel for this miracle and the countless others that Hashem performed for us.*

*Hinei lo yanum v'lo yishan, shomer Yisroel!*

Z.K.

**YIDDEN LOVE HASHEM'S MITZVOS!**

150,000 tzitzis are being distributed amongst the army!!

....

Thousands of men who weren't donning tefillin are now putting on tefillin each day!

**THE BEST MISTAKE**

A Resident in one of the towns attacked by the terrorists recounts:

*"When I did my home renovation, it turned out that the door man made a mistake and put in armored, metal doors.*

*In retrospect, that's what saved us. When the soldiers came to rescue us, I wasn't sure if I could trust them- and if they were really our soldiers,*

*so I shouted, "שמע ישראל," and they answered, "ד'!"*

*"אלקינו ד' אֶחָד. Then I knew it was the IDF, and opened the door!"*

**Told over by בני תושב חסון, who survived the massacre.**

**KIDDUSH SHEM SHEMAYIM ON THE RADIO**

According to reports, before giving a Fox News broadcast, an Israeli army spokesman, said in Hebrew, ה' שפתי תפתח... and told Fox News interviewer that he was saying a short prayer to give him the wisdom to properly answer her questions.

**KLAL YISRAEL RETURNING HOME TO HASHEM**

In the initial fighting, a soldier was killed and the soldier's father from the USA, was on

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Put Hashem there instead!**

route on an El Al flight to his son's funeral. He made it to the tail end of the funeral and told the following story.

He is religious, Lubavitch, but he's never before asked anyone to put on tefillin.

This time, while on the flight he wanted to do an extra mitzvah in honor of his son. He mustered the courage and asked his seatmate if he would be interested in putting on tefillin. The man said, "No thank you." Then he asked the next seatmate and got the same response. They asked him why he approached them. He told them about his son and that he was looking to do extra mitzvos to honor him. They both said, "we changed our minds."

### The Miraculous Mezuzah!

Yaakov was moving a not-yet-frum yid from where he lived, to the Negev. When he got to the new house, he noticed that there weren't any mezuzahs on the doors. When Yaakov mentioned to the Yid that he should bring his mezuzahs from where he was living previously, he said, 'Those weren't my Mezuzahs', I am not religious, and I wasn't planning on putting them up either.' So Yaakov said "Well, I'm not bringing your belonging in to a house without a mezuzahs."



After some more back and forth, they finally decided that Yaakov could buy mezuzahs with his own money, and put them up on the new house.

Yaakov received a phone call from the Yid in the Negev after Simcha's Torah, saying, 'You saved my life! You saved my life!'

He explained that on Simcha's Torah when the Palestinians infiltrated into Israel and were going from house to house, they skipped over his house!

The Mezuzah which is there to remind us that Hashem is watching over us, saved his life!

Word got out on the plane about this. Eventually a line developed in the aisles with many people wanting to put on tefillin to honor his son.

Not long after there was an announcement from the pilot saying that he was handing over the cockpit to his copilot so that he could also go put on the tefillin!!!!

**Kav  
Hashgacha  
Pratis  
518-613-0140**

### EVERYTHING HASHEM DOES IS GOOD

*Editor: The following is an interesting thought that I had.*

About 18 years ago, Gush Katif, a beautiful area which bordered Gaza was given to the Arabs. It was very painful for all of Klal Yisrael and especially for the Yidden living there. They were uprooted from their beloved towns and everything they built so lovingly become destroyed.

Fast forward 18 years. Simchas Torah 5784.

Had those communities still been there then they very likely have been in the path of the terrorists! Their towns and families could have been completely destroyed chas v'shalom....

Hashem, in His great mercy, brought them to a safe place eighteen years earlier and saved so many lives! Chasdei Hashem Ki La Samnu...

Continued from front page

**T H E  
POWER OF  
BEING ME-**

**VATER**

Last year, on Simchas Torah, R' Levi\* was bidding to buy Kol Han'orim. He had only daughters and wanted a son.

Someone else by the name of R' Yosef\* was also bidding as a segula for children. The bidding was accelerating – and R' Levi thought to be mevater, *Hashem could provide in zechus of vitur, too.*

They both had children born within twelve hours of each other! R' Levi had a boy

and R' Yosef had a girl! [Harav Eli Yelen]

**HASHEM PROVIDES  
CHILDREN WITH FUN**



Children all over the United States are having a blast enjoying themselves playing in the leaves!

Thank You Hashem!

**NO FIRES!**



Mrs. Shimanowitz from Boro Park passed the fire department station on 42nd St. and 12th Ave, and saw the firemen playing ball! Right away, she thought, 'Baruch Hashem that their are no

**LET'S LIVE IN THE REALITY OF MOSHIACH**

**BE PREPARED!**

Keep this card and look at it often (memorize the brochos) and every day say the following from the depths of your heart:

**"I AM READY TODAY TO BE MEKABEL PNEI MOSHIACH!"**

THE BROCHOS PRINTED ON THE OTHER SIDE OF THIS CARD ARE BASED ON THE HALACHOS AND CUSTOMS TORNY AND PRACTICED BY HARAV CHAIM KAMENETZKY זצ"ל מפר סלכות נייקה

HASHEM DOES NOT WANT US TO GIVE HIM ANY REST FROM BEGGING THAT HE SEND US **MOSHIACH, THE GEULAN, AND THE BAIS HAMIKDOSH!**

הפני תמים - שירות ומכתבים  
ביתאוסף - חלמות ראש חדש  
חדש שחר טוב - מבלים סרקו

PLEASE TREAT THIS CARD WITH RESPECT

**LET'S GO HOME!**

THIS UNDERTAKING IS ENDORSED BY CEDOLEI YISROEL, RABSONIM, AND ROSHEI YESHIVOS AROUND THE WORLD. (OVER)

**MOSHIACH BROCHOS CARD**

ברוך אתה ד' אלקינו מלך העולם הטוב והמטיב  
ברוך אתה ד' גאל ישראל.

ברוך אתה ד' אלקינו מלך העולם  
הכם הרזים

ברוך אתה ד' אלקינו מלך העולם  
שחלק מהכמות לראוי:

ברוך אתה ד' אלקינו מלך העולם  
שהפנינו וקיימנו והישענו לזמן הזה.

ברוך אתה ד' אלקינו מלך העולם  
מוציא נבול אלמנה

ברוך אתה ד' אלקינו מלך העולם  
מחיה המתים

ברוך אתה ד' אלקינו מלך העולם  
שעשה נסים

After Moshiah comes and when a person gets healed, goes across an ocean, a desert, or gets out of jail, he should search Canal and in the right time bring a Kurlan Tzulah to the Baia Hamikdash.

(COVER)



fires to put out to keep them busy! Baruch Hashem for bored firemen!'

number 15. However he felt uncomfortable doing the call before davening. He thought

So he hung up the phone.

Later, when he called, he was number 26. Suddenly, he heard a friendly hello from the secretary. Hashem made a miracle that he should be answered even though he was caller 26!

-----  
**PHONE CALL GOES THOUGH**

Mr. Sher\* from Montreal, Quebec, needed to make an important phone call to a very busy company. When he tried calling there were usually more than 25 people before him on the queue.

Someone gave him an idea to call right at nine in the morning. When he called the automated voice said he is

to himself that the phone call was hishtadlus which has nothing to do with the outcome, results are from Hashem. Hashem can make that he should call during the day and it should be a quiet minute.



**WONDER DIET  
 Lose Aveiros Naturally**



**Just Tell Hashem That You Are Sorry!**

**The Spring Hill Times Fire Dept.**



**Important Safety Tips How to Prevent Fires.**

1. Flee, as far and as fast as you can, from a fight.
2. Maintain a safe distance from fights - a minimum of 1000 miles.
3. Drown yourself in all the good Hashem gives you and be as uninterested as possible in anything else.
4. Someone said something hurtful? DON'T be hurtful back. It's extremely flammable!
5. Laugh it off (inside).



**REMEMBER:**

**Practicing Safety  
 Saves Lives!**



# WEEKLY NEWS ROUNDUP

## Life Saving Chesed!

David Moshe Shleifer reported that his brother in Eretz Yisrael works now as a shadchan for finding apartments for people.



Someone from Netivot called his brother and told him that there is a family in Yerushalayim that wants to do chesed with their apartment and give it to a family in need.

His brother, the apartment shadchan, found a large family from Netivot who needed a temporary apartment.

The family then called him to tell him that their house in Netivot was hit by a rocket!

We see how far chesed can go, it saved the family's lives!

[As told over by David Moshe Shliefer]

## From Darkness to Light!

Mrs. Straus\* related that she suffered from depression. She couldn't get out of bed in the morning.



Someone suggested to her that she listen to 'A Life with Bitachon'.

She went ahead and started listening regularly.

She was holding by giving up on life! Now she gets out of bed, holds a job, and runs her family! She is the happiest mother in world!

[Heard by Rabbi Zevy Golombeck]

## Yidden Care for Each other

Upon hearing about the situation in Israel, he put his parnassah on hold to volunteer and traveled to Israel to aid Yidden who were in need of help!

Unbelievable chesed!

[Heard by Rabbi Zevy Golombeck]

Dr. Berger works at an emergency room in Baltimore, Maryland.



# WEEKLY NEWS ROUNDUP

Continued

## Ahavas Yisrael is in the Air!

R' Yossi Greenberg\* had to go to the airport but he didn't have any money on him to pay for his trip.



As he was standing outside wondering how things would work out, a non-yet frum taxi driver stopped and said to him "I want to give you a ride for free wherever you want to go, I feel so close to my brothers the Charedim."

And with that he got a ride to the airport!

R' Greenberg related, "It's so phenomenal, he wanted a zchus! We can feel the Ahavas Yisrael in the air!"

[Heard by R' Zevy Golombeck]

## A Living Kiddush Hashem

Now, during this war, a Yid in Eretz Israel, Reuven\* is making sandwiches and food for all the needy families.



He sees how much it uplifts their spirits when they see that someone is caring about them.

He has now has dedicated his entire day to distributing food, treats, presents and gifts to others.

He reported that the amount he has grown in A'havas Yisrael during the war is more than he has grown in his whole life!

[heard by Rabbi Zevy Golombeck]

## Mi K'amcha Yisrael!



Meshulachim from Eretz Yisrael receive free pizza at Yitzi's Pizza Shop\* in Lake-

wood! By simply showing their Teu'dah they are invited to enjoy delicious, delicious, scrumptious pizza!

[Heard by R' Zevy Golombeck]

## Yid Covers fellow Yid's Debt!



R' Yosef Cohen\* has a growing family. He had an outstanding grocery bill, it already reached over \$3000, and he had no clue how he would pay it.

When he came to the register, they had amazing news for him. Someone had come into the grocery shop and asked who could use help with paying their bill, and paid off his bill in full!

What an Amazing Nation Am Yisrael is!

TIME FOR REVIEW



# KI TOV HASHEM NEWS

1: Daily News

Update

7: A taste of the Spring Hill Times

8: Archives

9: Leave a Message

UPDATED DAILY!



845-400-8584

### Hashem is the Best Medicine

Shalom, from Eretz Yisrael suffered, for many years, from anxiety and OCD.

His wife got him involved in 'A Life with Bitachon'.

Now he is completely cured! No more anxiety and no more OCD.

### Woman Thanks Hashem

Mrs. Goldstein's washing machine broke. While she was waiting for the repairman to come, she thanked Hashem for all the years that she had a washing machine!!

### The Calming Power of Bitachon

Mrs. Weiss from EY\* Since the beginning of the war she would wake up in middle night anxious. She couldn't sleep! She was advised by Rabbi Golombeck to listen to songs on the hotline.

So before she want to sleep she listened to song 5 – He loves me- and slept whole night! With no nightmares.

### HASHEM SENDS CHEESECAKE

Mrs. Gerber\* was in the mood of a cheesecake. Not just a cheesecake. She wanted to open the door and find a cheesecake and a note of how much she is appreciated. She wanted someone to show her hakaras hatov.

That same day, she got a phone call from her friend who said, "I just dropped something off by your door as a token of appreciation."

Mrs. Gerber opened the door and... it was a cheesecake! Yes! Hashem loves us!

### Hashem Sponsors Plane Ticket

Mrs. Weberman from Eretz Yisrael hosted over Sukkos three of her siblings.

Their flights back to America were canceled. New tickets out of Eretz Yisrael were very expensive. Her parents couldn't afford them. So her siblings ended up staying at her house for a while. She loved hosting them but it was getting too much for her so she turned to

Hashem and said: "Hashem, it's too much for me!"

A short while later, her mother called up that she found out about someone who was sponsoring tickets for people who want to fly back to America but couldn't afford it!

Thank You Hashem! And Mi Kamcha Yisrael!

### Ba'al Bitachon Gets First Class Treatment

Mrs. Jacobs wanted to fly back from Eretz Yisroel to America. The travel agent told her there were going to be long lines. "You have be at the airport five hours before the flight, because everyone is trying to do the same thing and it's very hectic." She told the travel agent, "Thank you" and hung up the phone. She then called 'A Life with Bitachon' and was mechazek herself in Bitachon.

She came to the airport and there were no lines and they took her straight onto the airplane!

TIME FOR REVIEW



**845-400-8584**

Her travel agent could not believe such a story!

**Baruch Hagever Asher Yivtach b'Hashem**

**Yidden love each other!**

R' Yossi Greenberg\* needed to go to the airport but he didn't have any money on him to pay for his trip. As he was standing outside, wondering how things would work out, a non-frum taxi driver stopped and said to him "I want to give you a ride for free wherever you want to go! I feel so close to my brothers - the Charedim."

We can feel the Ahavas Yisrael in the air!

Mi K'amcha Yisrael!

**Hashem is Our Best Protection**

A Zaka Volunteer who was on the scene near Gaza says that he saw a clear pattern. The houses that didn't have a mezuzah on the door the terrorists gained entry and the houses that did have a mezuzah on their doors were saved! A Clear Hisgalus Hashechina

**Man Trusts in Hashem**

Avromi was on his way to take a road test and strengthened his emuna that whatever would happen is for the best! He said to Hashem that if all goes well he would bli neder send it in to the Spring Hill Times. The road test did not go well and the examiner did not even do the full exam. Avromi was 100% sure that he failed. But he davened, learned and strengthened his bitachon in Hashem.

When he got the results should he have been surprised to see that he passed? Hashem is the Kol Yachol!

**Yidden in Eretz Yisrael Jump To Do Chesed**

A yungerman was outside his house fixing his car and he realized that he needed a screwdriver. He noticed a few non-frum Yidden standing nearby. He went over to them and asked them if they have a screwdriver that he could borrow? They were all so eager to do the

mitzva! They were fighting and each one was saying "I want to do it." "No I'm gonna get mine from my car...."

Mi K'amcha Yisrael!

**Klay Yisrael is Coming Home to Hashem**

Someone in Eretz Yisrael would regularly give out Shema Yisrael cards to soldiers in the Israeli army throughout the past years. He would try to encourage soldiers to say it. He would tell them that saying 'Shema Yisrael' is a protection.

He would be lucky if one soldier took a card. Now, the soldiers are running to come get cards and they are giving them out to their friends!

In related news:

Not frum newspapers are putting in the time of Hadlakas Neiros so that people should keep Shabbos.

It's just amazing to see how much teshuva is going on in the world!

Mi K'amcha Yisrael!

# LIVING WITH HASHEM

By Rabbi Zevy Golombeck



Editor's note: Many of these stories are from Nissan-Iyar-Sivan.

## YID DAVENS FOR REBBE

R' Duvi Meisels from England wanted to grow in Ruchniyus but he didn't have a Rebbe. So he davened to Hashem to find a Rebbe.

One day, he was at a siyum. Sitting next to him was someone by the name of Yehuda who follows the "A Life with Bitachon" hotline.

He quoted Rabbi Yehuda Mandel who said that if one

eat pickles and ice cream (i.e. if one has Bitachon in Hashem and doesn't worry) he gets yeshuos.



Yehuda said that he ate pickles and ice cream and that day someone gave him a big job. He even got paid in advance. He made a lot of money! He saw his Yeshua!

R' Meisels was curious about what he was hearing, because how could eating pickles and ice cream bring a Yeshua?

Yehuda gave him the number for the 'A Life with Bitachon' hotline.

Since then, he listens to the hotline every day. It changed his entire life!

He clearly saw how Hashem answered his

Tefillos!

## MITZVOS BRING ENDLESS REWARD

*One Shabbos, I was walking by a Shul and there were a few yungerleit talking to each other.*

*One of them stopped me and said, "I just want to tell you that I have so much Hakaras Hatov to you for giving me the "Spring Hill Times" newspaper. It changed the whole spirit of my house!"*

*The first thing I spend time on when I get it, is the picture of the mansion! I think to myself, 'Every mitzvah I do, I'm going to get a reward worth more than that house!!'*

*The Spring Hill Times puts everything in the right perspective and just makes me enjoy doing Torah and Mitzvos and that's what motivates me!"*

*The other yungerleit were also saying how much they enjoy the Spring Hill Times!*



# LIVING WITH HASHEM

By Rabbi Zevy Golombeck

## A TRUE HERO!

A bochur in Chaim's,\* Yeshiva, told the Hanhala that Chaim had done something wrong.

Chaim's initial reaction was to be upset, especially since it wasn't even true, but since he follows 'A Life with Bitachon', he thought to himself, *First of all, people have no power to do anything, Hashem does everything, so the other bochur didn't really do anything!*

*Second of all, it's a nisayon to see if I will focus on his shortcomings or focus on his positive traits.*

*Instead of being upset, I was happy with him, and I was b'shalom."*

Can you imagine a yeshiva bochur today acting like this? It's off the charts!!!

## THE POWER OF POSITIVITY

Mrs. Katz\* listened to a story about Rebbetzin Weinberg that was said over on the yesod section of 'A Life with Bitachon'.

Rebbetzin Weinberg was

recently niftar. Her husband tried eight times to build a yeshiva, but each time he failed.

Rabbi Weinberg was broken, and he felt that he was a failure, but he kept on going.

He used to say that the secret was that his rebbetzin always held from him. She believed in him and kept telling him that he could do it.

Mrs. Katz said that she is Rebbetzin Weinberg's student. "I am only something today because she believed in me! She always told me I could do it."

Later on, when Mrs. Katz worked for her, Rebbetzin Weinberg said, "You can only work for me if you believe in EVERY student, if you believe in EVERY person."

That was her

koach and hatzlacha! Just believe in someone. Look at everyone in a positive way.

## LOCKS ARE AN ILLUSION

R' Feldman\* was trying to get into the Beis Medrash but it was locked. He didn't know the combination, but he really wanted to go in. What should he do? He said, "Hashem, I'm just going to press some num-



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**Kids**  
**Adults**  
**and anyone else**

# LIVING WITH HASHEM

By Rabbi Zevy Golombeck



bers and You are the Kol Yachol...”

And that’s what happened. He pressed some numbers, and it opened up!

## BITACHON BRINGS YESHUA!

Aharon Richter, a yungerman from Eretz Yisroel, was learning with an older bachur who was 35-years-old and not yet married. Because Aharon was so involved in all the projects of bitachon, he told his chavrusah that it’s a zechus to get involved with emunah and bitachon. He suggested that they learn Bitachon Weekly and

Sha'ar Habechina.

They learned them together for one year. Aharon’s chavrusa just got for himself a beautiful shidduch!

He had wanted someone who would live in Yerushalayim, and his kallah also wants to live there.

He got everything he dreamed about!

## BITACHON SONGS UNLOCK SAFE

R' Moishy Yelen was in

shul. He others in the Shul were trying to open up the safe for the Aron Hakodesh to no avail.

The person who usually does it wasn’t there. The Rav tried to do it but he couldn’t either get it open.

Moishy then heard one yungerman singing R’ Ephraim Wachsman’s



niggun from the hotline, a different yungerman singing Hakol Yachol, and... Baruch Hashem it opened up!

Moishy was so blown away.

The ruach and the chinuch of this generation is unbelievable. The world has changed!

## HASHEM SENDS DOOR-TO-DOOR RIDE

R’ Velvel Weiss\* from England sends

## Paradise Sunrooms

Love Living



**Enjoy the beautiful outdoors from the comfort of your home...**

**...in OLAM HABA!**

Just be Loyal to Hashem!



# LIVING WITH HASHEM

By Rabbi Zevy Golombeck



his four-year-old son, Avrumi,\* to the Ger cheder. Each morning, R' Velvel walks Avrumi to Cheder. It's about a 20-minute walk, so when it's cold or rainy or he's a little tired, Avrumi appreciates it when someone gives him a ride.

A boy in Avrumi's class lives a couple of blocks away, and his father told them they could call him if they ever need a ride.

One day, Avrumi didn't want to walk, so he asked his father to call for a ride. He called, but that day the other boy's father was run-

ning late so he was not able to do it.

So they started walking, on the way they passed a neighbor's house. The neighbor asked them where they were going. They said, "We're walking to cheder."

The neighbor said, "Oh, I have to bring my kids to the Vizhnitz cheder which is right next door to the Ger cheder, so if you want you can come into my car."

They got a ride, door to door! Thank You, Hashem!



## A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
- 2 Today's STORY of Bitachon
- 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
- 4 This week's connection of Bitachon to the PARSHAH
- 5 QUOTE from Sefer "Bitachon Weekly"
- 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
- 7 Today's STORY how Bitachon helped someone through a Nisayon
- 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
- 9 RECORD your Questions, Stories & Comments
- \* Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

### SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
* Back to Prev. Menu	0 Bookmark save	# Bookmark Continue

- Eretz Yisroel .....079-704-0068
- Lakewood.....732-719-3898
- Monsey .....845-470-5577
- Five Boroughs .....929-470-5577
- England .....03-303-502-368
- Australia ..... (3) 99-997-300
- Canada .....647-498-7700

A Life with Bitachon in Yiddish  
 Eretz Yisrael: 072-370-1912  
 USA: 845-262-5115  
 UK: 0330-325-1260

# 5

## Weekly Thank You's

*L'zechus that people should  
feel loved by Hashem!*



By: R' Simcha Elefant - Yerushalayim Ir Ha-  
kodesh

**Thank  
You Hash-  
em for  
Shabbos!**

**A day we  
can discon-  
nect from  
the world  
and con-  
nect fully  
with You,  
Hashem!**



**Thank  
You Hash-  
em for  
Chickens!**

**We get  
delicious  
chicken  
and eggs  
from  
them!**



**Thank  
You Hash-  
em for  
Kindness!**

**People go  
out of there  
way to help  
others!**



**Thank  
You Hash-  
em for Cut-  
ting Boards!**

**We can cut  
whatever  
we need  
without ru-  
ining our  
tables or  
counters!**



**Thank  
You Hash-  
em for  
Ketchup!**

**Such a de-  
licious con-  
diment we  
can have  
with our  
food!**





At our Urgent Care: Pain becomes Gain. Aches turn into Cupcakes. Worries become Snow Flurries. Annoy turns into Joy. Flu becomes a Peanut Chew. A Cold turns into Gold. Hurt becomes Comfort.

**Dr. Chaim Altzigut M.D.**

**Patient**

There are certain things in my life that I wish would be different. Sometimes, I wonder why Hashem didn't make things better for me.

**Please help!**

**I'm prescribing 3 medications for you:**

- 1. Your entire life in this world, when compared to the next eternal world, where you are going to have bliss beyond bliss forever, is faster than a millisecond! It makes no sense whatsoever to be upset about anything you feel you are missing in this world!**
- 2. Everything Hashem gave you was perfectly planned! You were even shown before you were born your entire life and you happily agreed to it! Everything that you experience in this world has one purpose: for you to become a better person and earn**

**a better Olam Haba!**

**Your challenges are better for you than the things that you enjoy!**

**The harder it is for you here the better it's going to be up there!**

- 3. Open your eyes to see how much good Hashem showers upon you every second. You will then realize that the amount of good that you get from Hashem is trillions of time more than the few things that appear to you as not so good!!! Thank Hashem for it day and night!**


THE SPRING HILL TIMES  
**WEATHER STATION**


Weather Reports Brought to you by:  
 Meteorologist Velvel Honig





*It makes no difference what the temperatures will be or what conditions await us, the weather Hashem gives us is always beautiful and perfect!*




**Tuesday** 16 Cheshvon  
 Low 38°F High 52°F  
 Partly Cloudy!!!  
 Yippie!!!!  
 It will be a wonderful day to enjoy serving Hashem!

**Wednesday** 17 Cheshvon  
 Low 32°F High 48°F  
 Partly Cloudy!!!  
 Yay!!!!  
 There will be perfect weather to be so happy that you are alive!

**Thursday** 18 Cheshvon  
 Low 35°F High 51°F  
 Sunny!!!  
 Yay!!!!!!!!!!!!  
 Perfect day to realize that Hashem is your best friend!

**Erev Shabbos** 19 Cheshvon  
 Low 40°F High 57°F  
 Partly Cloudy!!!  
 Yay!!!!  
 Perfect day to greet Hashem's delicious Shabbos with a heart bursting with happiness!

**Shabbos Kodesh** 20 Cheshvon  
 Low 45°F High 62°F  
 Partly Cloudy!!!  
 Yay!!!!  
 Stunning weather! Perfect day to focus on how wonderful this world is!

**Sunday** 21 Cheshvon  
 Low 38°F High 59°F  
 Partly Cloudy!!!  
 Yay!!!!  
 Beautiful weather! Will be a great day to be the last day in Galus!!!

# Ayin Tova

*Seeing the good in every situation*

## CASE OF THE WEEK:



*After a long night of doing homework, Shani finally went to bed at 2:30am. Less than 15 minutes later she was startled out of bed from the sound of drilling and jackhammering on the street right outside her window! The sounds were too loud for her to fall asleep, and the commotion didn't stop until close to 4am.*

*The next afternoon, after an exhausting day at school, Shani decided to take a short nap to try to catch up on sleep. But just as she was drifting off, guess what happened...the racket started again!*

*Help Shani have ayin tova for her situation.*

You can send your suggestions for the AYIN TOVA CASE to: [ayintovanewsletter@gmail.com](mailto:ayintovanewsletter@gmail.com)  
Or call [Israeli day-time hours only]:  
USA: 831-244-6019  
Eretz Yisrael: 052-760-5409.

*Suggestions for the case of the friends of Yechiel David who make fun of his "double-first name" and call him nicknames despite his protests:*



- Sometimes people see "making fun" as a sign of closeness. Maybe his friends think that they are showing friendship when they do this.
- Yechiel can use this as an opportunity to learn to be more sensitive with his own words.
- If he gives it some thought, he will realize that li-ma'aseh it is not coming from a mean place, most of the time.
- Maybe the kids have low self-esteem and really want to be like Yechiel or are jealous of him, so they put him down.
- He should be glad that he has friends; some people don't, but if it continues to happen, he should tell them again

or ask their parents to talk to them.

- Sometimes the reason people make fun is because their lives are so difficult that they are unable to process it and instead make fun of others. This information can show Yechiel that his ability to not make fun is a blessing that his life is one of relative balance and support.
- Yechiel will learn a very important lesson not to let things bother him. He should take them with a smile, and he will likely see that people will stop bothering him.

# SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

## No Expiration Date



We describe HaKodosh Boruch Hu every day, three times a day in Shemone Esrei as “Zocher chasdei Avos,” Hashem remembers the kindness of the Avos from three thousand seven hundred years ago. “Umeivi goel levnei veneihem,” and, as a result, He brings redemption to their children’s children, so many thousands of years later.

We have a Mitzvah of Veholachto bedrochov, to go in the ways of HaShem, 'hevvei domeh lo', to be “like” HaShem. If we discover any trait, or any action, of HaShem, then that is an opportunity for us to emulate that behavior.

So we learn over here that HaShem does not forget kindness. If someone does us a favor, even if we pay them back, that does not cancel out our debt; there is no expiration date on gratitude.

Good Shabbos!



## SUPREME FOUNTAINS™

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# Living With Appreciation

By: R' Daniel Shasha

Chazal (Sotah 10a) teach that Avraham Avinu established a resting place for passersby. When these travelers got a chance to rest and enjoy a hearty meal, they wouldn't leave before wanting to thank their generous host. However, Avraham exclaimed 'don't thank me, did you eat from my food? Really you ate from Hashem's food; you need to thank Him!' He taught them how Hashem created the Universe and everything we enjoy, results from Him. In this way they would leave with the heightened awareness that everything is from Hashem and would offer praise before they left.

These guests were eager to express appreciation, and for sure wouldn't have left before saying thank you. However, Avraham was reminding them to look beyond the surface. "You think that I caused these beautiful trees to grow that you ate its fruit? Did I create these animals from whom you partook of its meat etc? Really it results from our loving caring Father, Who always gives us everything we need."

This lesson that Avraham taught his guests is really a model for all of us. As Chazal (Berachos 58a) teach 'a good guest is one who says, 'look how much effort the host put in taking care of me, how much meat, wine and bread he gave me. All that trouble that he went to was only for me!' The Maharsha explains that we are all guests in this world and need to strive to be 'good guests', appreciating all the incredible good we receive.

It is very easy buy a loaf of bread, without thinking too much of it. Yet when we take a step back and contemplate, we will be mesmerized by all the many factors that went into it. For example, the sun evaporates water from the ocean and then clouds are formed. These clouds move inland and then showers all our fields with rain. This helps cause the seeds of wheat to grow. The wheat is then ground into flour and mixed with water to form dough. It is then baked and eventually reaches the shelves in the store!

*The Menoras Hamaor, one of the Rishonim, records a fascinating account of a certain Tzaddik, who had a very remarkable practice. Each time he used to eat, he wore an elegant piece of clothing and gathered all his students together who were also dressed elegantly. They then used to sing songs of praises to Hashem. The Tzaddik was asked why he made this ceremony each time he ate, it was just a meal. He explained that if he was imprisoned or traveling and lacked sufficient food, he would be willing to pay a large amount just for a bit of bread and water. Baruch Hashem, he lives in peace with such a wide variety of food available. "If I would need to plant and harvest, he continued," how much would I need to work, as Adam Harishon did; now when I arise in the morning, I have everything I need. So, it is very important I express my appreciation. (Menoras Hamaor ch. 14 p. 247)*

This is an excerpt from the weekly Living Appreciation newsletter, for feedback, to subscribe or to obtain our two minute a day inspiring gratitude journal please contact us at [livingappreciation@gmail.com](mailto:livingappreciation@gmail.com)

## Bitachon Gems

Learning the Parasha with Rav Yehuda Mandel Shlita

Why was Avraham Avinu the biggest success in the universe?

I'm sure there are many obvious reasons, but I'd like to be מעורר the fact that he was always building מצב as a big and tangible gesture of thankfulness for the good news that הקב"ה gave him. We don't find him worrying or davening about anything (except for his arch-enemies and יסודם!) despite his serious issue of a lifetime of childlessness (and having a child meant everything to him) he even settles on having ישמעאל being his יורש (לו ישמעאל יחי' לפניך).

Part II



He also had horrific רדיפות and קללות ובזיונות and being thrown into a בור or האש etc. (עיין רמב"ן). He never complained - all he did was thank ה' and continued doing חסד to humans. When a person asks for something by davening, or works on getting something via בטחון he is saying that things are no good and they need to improve. When a person thanks הקב"ה he is saying that everything is ok and he's happy.

Part III

הקב"ה said eight times טוב וירא אלקים כי טוב and the thanker is in the same mode as הקב"ה. The true answer to so many of our problems is that although we may be thanking many times - we are still basically anchored in a mode of subtle dissatisfaction.

Part IV

It might be worth our while to go to an extreme (for a period of time) in which we don't ask for anything at all - just thank Hashem until we become like דוד המלך who, despite his many צרות said לא אחסר - ה' רועי לא אחסר - when you really change, then your entire מזל also changes and get ready for big נסים.

ימי חנוכה are coming up and I would say it's a big ענין to start to step up your mode הודאה so by חנוכה you'll be loaded with הלל והודאה and be זוכה to fantastic נסים.

Part V

Why is ימי הלל והודאה when the greatness of the חשמונאים was their בטחון against all odds? We can suggest בס"ד that the best way to become a בעל בטחון is by being a greater thanker and this was the חפץ חיים on how to achieve בטחון עצה.

Part II

## The Ahavas Hashem POWER PLANT

Powering Klal Yisrael with love for Hashem



Awesome Energy!

The Spring Hill Times



## Bitachon Gems



Learning the Parasha with Rav Yehuda  
Mandel Shlita

Or for others who have different נסיונות the success is if I invited some people to join since they have issues and they need kiruv. (Every person has his own unique יצה"ר that he was created to overcome).

Part III

Or that I didn't look down at myself when everything went wrong and I was מקבל my weaknesses בשמחה.

Part IV

Or I didn't look down at other people's behavior which wasn't on our מדרגה, and I was לבך זכות.

Part V

Or I didn't envy other families that outwardly seem more successful than ours and I worked on being שמח בחלקו (even in רוחניות!).

Part VI

In עיקר חיות האדם these things are much more important than the whole trip. And the יצה"ר distracts you from the underlying truth of your life. The same with your שבת table and all other aspects of your life - don't lose sight of the main reason you were born - מדות!

עיקר חיות האדם says that since אברהם was מצטער since he wanted to do אורחים so he sent 3 מלאכים who looked like humans. Why couldn't הקב"ה just send real humans? We can suggest that the entire episode of א"א ע"ה and the מלאכים is also a משל for what really happens throughout our lives when we do חסד (or any interactions with people).

Part II

All the people in your life including your closest (like your wife and children) are really only נסיונות. They are truly as if there was a מלאך from שמים testing you how you will treat them. And when you feed them, it is as if they are מלאכים who don't really eat but to give you the נחת רוח that you should feel good about your mitzvah. הקב"ה gives you people in your life who need food and other things.

Part III

The #1 lesson I kept hearing from ר' חיים מרדכי וויינקרנץ ז"ל was that in a person's life there is nothing but him and הקב"ה and all the people are just tests. It is known that he never, never got angry at his wife זיע"א. This comes from all the years of hard work in Navardok. He was also a major קדושה בעל רוח"ק and everyone noticed a קדושה in his kitchen (where he learned).  
כי לגוי גדול אשימנו

(Also - ידו בכל ויד כל בו -) Why did ישמעאל and הגר merit that they should become such a gigantic nation and indeed, the whole world is full of Arabs. Notice how לאה אמנו was זוכה to 6 שבטים and the other 3 mothers of ישראל had only 2 each. It says כי שנואה לאה and the Alter from Kelm ז"ל points out how not her תפלות or זכותים caused ויפתח את רחמה - rather כי שנואה!

Part II

אפי' צדיק רודף רשע and יבקש ה' את הנרדף חז"ל say

## Bitachon Gems



Learning the Parasha with Rav Yehuda  
Mandel Shlita

רמב"ן points out how we suffer until today because שרה was הגר (of course we have no understanding of the greatness of שרה and she is the highest place in the עדה for עשרת גן עדן נשים (זוה"ק). Any person who even just thinks that he's a "שנואה" type or feels rejected or disliked or unappreciated in any way - should know that הקב"ה is super close to him!

### Part III

During WWII in 1943 the allies were flying B17 bombers from England to knock out strategic areas in Germany. An American named Charlie Brown was on a mission to drop tons of explosives on Bremen - Germany. On the way back towards the English Channel, his plane was hit mercilessly by German anti-aircraft and it kept flying by נסים.

### Part IV

A much celebrated officer from Germany was assigned to fly with his Messerschmidt to destroy the B17 completely. He had already knocked out about 30 enemy planes and he needed 1 more to earn him the much coveted "iron cross" - which was a super high honor.

### Part V

This German (Franz Stigler) wasn't a Hitlerist ימ"ש and his General had once told him that if he would ever hit a pilot while he was parachuting in the air then the General would kill him! It was interesting that he felt that a person shouldn't forget that he's an אדם and he'd have to live for the rest of his life with the horrific guilt of acting like an animal ר"ל.

### Part VI

Stigler noticed that the unfortunate B17 had 2 severely wounded men on board and the plane was missing all kinds of vital parts. He knew that if the German anti-aircraft would see his Messerschmidt flying alongside the B17 they might suspect that the B17 was really one of their own which they had captured and repaired to use for themselves (which was a common procedure) and they wouldn't shoot.

### Part VII

Stigler decided to save the B17 and at the cost of a being shot or court-martialed by the Germans he flew alongside the B17. He decided that preserving "his humanity" was more important than being awarded with the iron cross. (About 50 years later Brown and Stigler located each other and became best friends.)

### Part VIII

We see how even a נכרי has a feeling for a נרדף despite being his arch enemy. (And indeed, it's international law not to shoot a parachutist in the air). How important it is to be full of compassion for human beings.

### Part IX

And look how difficult it was for א"א to agree with שרה אמו despite ששמעאל's wickedness. Just like a Yid should have an open heart for all broken-hearted people (which is almost everybody - in some way or other), so should he have רחמנות on himself and be דן עצמו לכף זכות and not be cruel in his self-תבעיות unless it has a תכלית.

We read every year the Parsha of Akeidas Yitzchak.

What is the message and lesson of this Parsha? What is it all about? What should we be walking away with? It's all about how much Avraham Avinu loved Hashem.

When Hakadosh Baruch Hu told Avraham Avinu to shecht his son, instead of interpreting it as, "I have to kill my child," because he loved Hashem, he interpreted it as the exact opposite message. "I have the opportunity to bring a korban to Hashem!" He felt so privileged and did it with excitement. He woke up early and harnessed his own donkey.

When a person loves Hashem



and realizes how much Hashem loves us, he realizes that everything that Hashem says and does is all about Hashem giving us privileges and opportunities.

Ma'aseh Avos Siman Labanim. We see the same thing nowadays.

Because Klal Yisrael loves Hashem so much, instead of interpreting what happened on Simchas Hatorah as Hakadosh Baruch Hu killing His children

because he wasn't happy with them, rather we view it that Hakadosh Baruch Hu said, "Klal Yisrael, you just had a privilege to bring korbanos. These korbanos are by the Kisei Hakavod."

We feel so loved by Hashem that we had the opportunity to bring a korban.

Klal Yisrael is growing and

shteiging and thriving like never before. We feel Hashem's love. We want to show Hashem that we feel loved.

That's why there's a Teshuva movement that's happening, that never happened on such a level since the world was created.

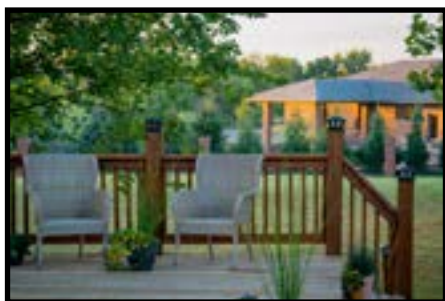
Every single person, from the biggest Tzadik to the least religious person. There is zehirus in emunah, bitachon, tefillah, shabbos tznuyus. Klal Yisrael is showing Hashem that we interpret everything with love, and that's why we want to show that we respond with showing our love.

This is the message that we got from Avraham Avinu. He interpreted shechting his child as Hashem showing him how much he loves him. Therefore, he prepared for it with excitement.

That's why Klal Yisrael is serving Hashem with so much excitement. Because of that, R' Yerucham writes that if Klal Yisrael nowadays is able to turn the darkest moments into the lightest moments, that shows our devotion, dedication and love for Hashem, and that's why we're considered even bigger and greater than Amoraim and Tana'aim.

## Fantastic Decks

Live to Enjoy!



**Does your house in Olam  
Haba have a deck?**  
*Now is the perfect time to  
build one!*

**Do Mitzvos!**

# To Share My Share Of My Daily "Shir Chadash"



R' Moshe Davidson  
A Rebbi From Brooklyn, NY

THE SUFFIX – “ness”

Nature is a ness.

It's a world with constant, and continuous Nissim. Like we say in shmoneh esrei : יום שבבל נסיך : ועל ועל

עמנו ועל נפלאותיך וטובותיך שבבל עת ערב ובקר יצהרים

The suffix ness in the English and originally Latin language is defined as “quality”. In a toradige perspective that is correct, since everything that has quality is a ness .

Our hopefulnes, assuredness, gladness, happiness, cheerfulness, and jolliness, indicate that our mind and emotions are not a mess

When all that we somehow can express,

It's nothing short of a tremendous ness.

To taste with our tongues

Saltiness, sweetness, sourness, and bitterness,

Should, us all, daily impress That the ability they possess, Is nothing less,

Than actually tasting a ness, To verbalize feelings to hashem, Thankfulness, gratefulness, and reassuredness

We must all confess, Is an ongoing ness, That we humans can actually verbally talk and bless,

And literally to Hakadosh Baruch hu himself, Directly address!

Wakefulness, tiredness, drowsiness, and even weakness, or dizziness are yes,

I must stress, also beneficial functions for prestress, or post stress ,

And are nonetheless,

A great daily occurring ness.

Behavior of properness, seriousness, correctness,

Zealousness, pensiveness, and even productive, and constructive sadness,

Nevertheless, I guess,

All those have a time, and place,

To sincerely, and correctly

Make use of their special ness.

Our keen sense of feeling,

Hardness, softness, sharpness,

Thickness, coldness, toughness, abrasiveness, and smoothness,

Are yet another set of sensory “ness-es”,

That should be appreciated, in our constant interaction with all of Hashem's created matter,

That surrounds us.

Holiness, politeness, friendliness,

kindness, righteousness, wholesomeness, and trustworthiness

Are a yid's finesse, and noblesse “ness”

Which is our heilige nesh ma's luminous.

מודה אני לפניך ה' אלוקי ואלוקי " אבותי "

"רבון כל המעשים אדון כל הנשמות"

I guess that suffix -ness “at the end”, fixes our perspective of the world!!

And to all those words,

it's a suff-סוף fix!

# Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

IN THE CITY OF RADIN, one of the townsmen was niftar. To spare the Chofetz Chaim the distress, his talmidim withheld the news from him, thinking that he didn't need to know of the petirah of a simple Jew. Why trouble the Chofetz Chaim with news of the misfortune?

After a while, the Chofetz

Chaim noticed that the man wasn't attending shul. When he inquired about his absence, he was told about how he had been niftar some time ago.

The Chofetz Chaim was bothered: "Why didn't you tell me about his passing?"

"We didn't want to bother you by telling you the news," replied the talimidim. "We thought that he was just a simple fellow, and that he didn't mean to you."

The Chofetz Chaim replied something that will change the way we think, shedding a new light on the approach we should have toward life and its challenges.

"We don't know who's great in the

Next World," the Chofetz Chaim told them. "Only Hashem knows who's truly great. Hashem knows what's in each man's heart.

"But one thing we do know, and that is that yisurim cleanse a person (see Brachos 5a), and this man was definitely a tzaddik, judging by how many yisurim he endured. Thus, it's only right to have gone to his levayah. He definitely was cleared of all his sins and is befitting the title of tzaddik. That's why I would've wanted to partake in the levayah."

**"OUT OF LOVE!"**

In 1943, the Nesivos Shalom was stricken by a skin condition that gave off a highly-contagious puss. He was instructed by the doctors to be secluded from everyone to prevent its spread.

His two-year-old daughter also had to

Continued on next page

## Bais Hamikdash Constructions

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**Love your friend to no end!**

# Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

stay away from him, which was very hard for her. The Nesivos Shalom said, “she thinks the reason that I’m distancing from her is because I dislike her, but this is not true at all. If I didn’t care for her, then I’d be careless about contact and potentially expose her to getting the disease. But I care so much for her, and therefore I have to distance myself from her, although it’s very hard.”

The Nesivos Shalom would repeat this story and say: “We think that when we

encounter challenges, they come because they’re a sign of Hashem’s ‘dislike’ or ‘hatred’ of us, chas v’shalom. On the contrary, they’re coming from Hashem’s immense love for us! That’s why we experience such challenges.”

The Avodas Yisroel (parshas Devarim) compares it to a father who rebukes his child harshly, but then he draws him near and shows him how much he loves him. The great kindness makes up for the hard times that preceded it. The

Avodas Yisrael writes, “It is a mashal to a father who hits his son with a staff to educate him, afterward which the father is kind to the son, comforts him, and tells him how much he loves him...”

“SHOULD I LOSE MY MIND?”

Even if someone is confronted by challenges, they must not lose their mind.

There’s an incredible story about the great tzaddik, Reb Zalman Brizel. One time, when he had just returned from a fundraising trip in chutz l’aretz, he couldn’t find the parcel he’d stored the money. While his family frantically searched all over the home for the money, they soon saw their father dancing. At first, they assumed that he must’ve found the money, but when they asked him where the money had been, he replied, “I don’t know. It’s still lost.”

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**HASHEM IS IN CHARGE!**



# *Life is Wonderful!*

By: R' Moshe Hirschberg - Lakewood, New Jersey

They were perplexed. “So why are you dancing?”

“Fine, I lost the money, but should I also lose my mind? The first part is hard enough, I don’t have to make it worse than it is!”

This teaches us an incredible lesson. When encountering challenges, it is up to us how to respond. Remembering that it’s coming from Hashem will ease the pain and give us the emotional support we need to ensure it.

“MY SAVIOR!”

Reb Elimelech Biderman relates that in the early 1930s, there was an individual named R’ Baruch Frankel. He was having a difficult time making ends meet in Europe, and was advised to travel to America and build a business. He could send money to his family while still building the business and return after it was established and

running.

So, R’ Baruch went to America and at first had a hard time finding a partner, but eventually he found a friend who would help him set up his business. This friend was an American citizen and was thus able to get a loan to start them off. After a while, the money started coming in, and within two years, they were able to amass enough to head back to Europe with a substantial and respectable amount of money.

A short time before their departure, R’ Baruch received a telegram telling him of his father’s petirah and that he had to start sitting shivah. At the onset of shivah, the partner told him that before closing the business, he had to sign certain documents, the final closure sheets, which would ensure him an easy and smooth return.

“Can it wait until after shivah?” asked R’ Baruch.

“No!” the friend replied. “These are the last papers that are needed to ensure your smooth return. Let’s just take care of it.”

With that, R’ Baruch signed the papers, and the partner left.

When he got up from shivah, R’ Baruch made his way to the bank to buy a new return ticket. He was in for the surprise of his life, as the account was empty! He didn’t know how it could be, as there had been plenty of money in the account before he’d sat shivah, so he went to a teller to inquire as to what had happened. He was then told that he’d signed papers that agreed to his release of any interest he’d had in the partnership, and thus the partner owned everything and had taken all the money out.

# Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

He was taken back. In just a few minutes, he had lost everything he'd worked on the last two years. He never thought that the partner he'd been doing business with for two years would empty him out of all his work and leave him nothing to return home with.

He accepted the situation as being for his very best and moved on.

Let's pause at this point of the story. What happened to R' Baruch looks like "the worst thing in the world."

Now let's continue on, and see how this played out:

Since R' Baruch had to rebuild a business in America, he needed to get a loan on his own. But in order to do that, he had to become a citizen. And so, the

next day, he started the slow process of becoming a citizen.

When he finally finished that, he went out and got that loan and started rebuilding.

It took him three additional years, but he finally was able

to return home in the late 1930s. One year later, World War Two broke out, and everyone in Europe was looking for where to escape to. Being an American citizen, R' Baruch was able to get into the country and procure visas for his entire family as well.

This story is incredible! What seemed like "the worst thing in his life" turned out to be the very best! He, his family, and all his generations to come were saved due to "the worst thing in his life".

Sometimes we see the hashgachah that was planned soon after, and sometimes it can take a long time, and sometimes it can even take 120 years, but the bottom line is that everything Hashem does is done perfectly for our benefit, and this is the greatest comfort.

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**Your driver:**

**HASHEM**

**Just sit back and enjoy the ride!**



Gary Tessler, director of the Shalom Funeral Service in Denver, Colorado, probably never imagined that his hearse — a vehicle used for



transporting a coffin to the burial site — would also become the vehicle for a unique and striking kiddush Hashem.

One morning, Gary had a funeral scheduled at Mount Nebo Cemetery in Aurora, Colorado. He placed the casket into the back of his hearse and drove to the cemetery, arriving long before the funeral was scheduled to take place. But his timely arrival was of little help when a serious technical difficulty arose: the door of the hearse refused to open. Despite Gary's best efforts, along with those of the funeral party and cemetery workers, the door could not be pried open. The result was that the casket was stuck inside and the burial could not proceed. Gary immediately reached a painful conclusion: the funeral would have to be postponed.

Gary first informed Rabbi Aharon Sirota, the officiating rabbi, of the situation, then braced himself to break the news to the family. But before he could approach them, Rabbi Sirota approached the hearse while reciting the chapters of Tehillim generally used to honor the deceased. Gary was shocked when Rabbi

Sirota turned the door handle and elicited a gratifying click. The door opened effortlessly!

When Gary closed the door

after the funeral, it refused to open again. An auto mechanic ascertained that the clamp that locked the door was still in place but the electronic mechanism that released it had broken off and had fallen to the bottom of the door. It should not have been possible, the mechanic added, for Rabbi Sirota to open the door. The fact that he had done so was nothing short of a miracle.

In Parashas Vaeschanan (4:6-8), the Torah tells us, “You should observe and do [the mitzvos] because that is your wisdom and intelligence in the eyes of the nations. . . . For who is a great nation that has a G-d Who is close to it as is Hashem, our G-d, whenever we call out to Him?” Sforno explains the connection between the two pesukim: “The reason it is important to make sure that you will be considered wise and insightful by the nations is that Hashem is close to you whenever you call out to Him, and this shows that He selected us from among the nations. If the nations think of you as fools, it will be a chillul Hashem when they say, ‘This is Hashem’s nation?!’”

One of the ways that Hashem displays His love for the Jewish people is by answering their tefillos. When the world sees that the Jews daven for something and Hashem grants their request, it is a clear demonstration that Hashem favors Klal Yisrael. But this creates a kiddush Hashem only if we lead



our lives in a way that properly reflects Hashem's Will. If Hashem were to answer the tefillos of peo-

ple who do not follow His ordinances, it would impair the reflection of truth that Klal Yisrael was meant to convey to the world.



Article taken from the book 'A Life Worth Living' with permission from Artsroll Mesorah.

Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

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Show him how much you love him!*

**Because YOU are HIM and HE is YOU!**

**United We Stand!**

## Gold Mines

Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock

When you're dealing with a challenge that you



wish didn't exist, realize that this may be the only way for you to grow and make you into something.

Your real issue may not be what you think it is. R' Mandel says that deep down we may love to kvetch. We may be kvetching all day! Today it's Parnassah, yesterday it was a relationship difficulties and a year ago it was something else... Our latest kvetch might just be a manifestation of our need to complain and not from the actual problem.

When we get our yeshua will we then be happy or will we find something else to complain about?

Working on ourselves and accepting things we don't like, even in areas of ruchnius, is kodesh kedoshim. If we can tackle the source with the proper mussar, that might be the best thing that could happen to us.

## Rabbi Yosef Moshe Mizrachi

Gadlus ha'adam:

We Possess a most holy gift; a neshama-Chelek Eloka M'ma'al! Our job in life is to try to bring out our souls pure and true desires as much as possible. We are inherently valuable! A royal child of Hashem, who in a moment's notice can do something that brings so much Nachas to Hashem!

R' Kalish said over that we should not do mitzvos/learn Torah hoping that 'then we will have value'. To the contrary, our attitude should be because I'm are valuable that's why I want to learn and do Mitzvos!

He said how a parent once came over to him and exclaimed, 'I work very hard every day to pay my bills and tuition. My son in your Yeshiva bet- *Continued on next page*

# MAZEL TOV!

**Correction: Mazel Tov to R' Nesanel Kagonoff and family (Monsey, New York) on the ENGAGEMENT of their daughter Nechama to Aharon Noach Braun (Lakewood, New Jersey)!**

Rabbi Yosef Moshe Mizrachi  
Continued

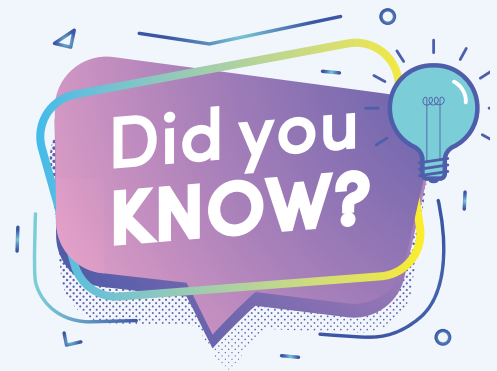
ter be learning as much as he possibly can otherwise he doesn't deserve to be in a Yeshiva. He has to earn his stay in Yeshiva...'

Rabbi Kalish explained that he was making a mistake. A Yid is a neshama treasured by Hashem. He

doesn't need to 'earn' his place in Yeshiva. Whatever is the best fit for this Neshama to grow is where he should be!

**Shabbat Shalom U'mevorach!**

By: Rabbi Zevy Golombeck



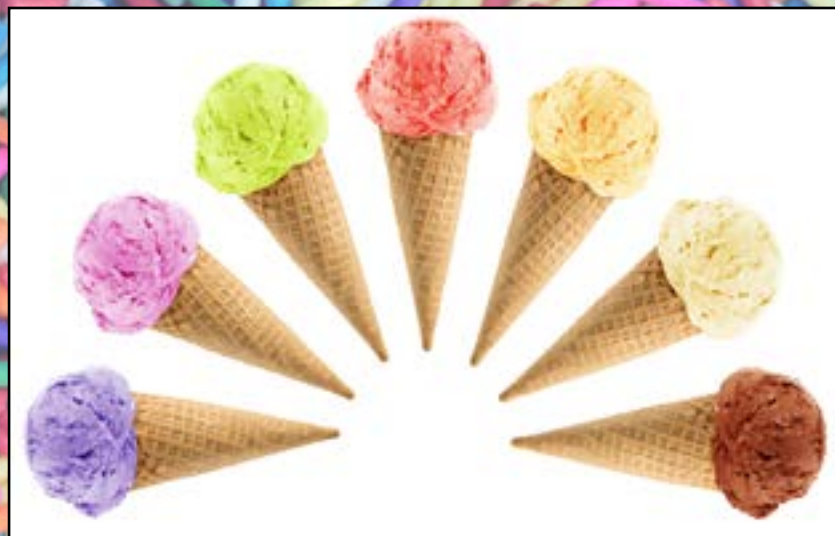
**Did you know?**

The Chofetz Chaim says that whenever you look at another Yid positively, that's how Hashem looks at you, so if you want a straight ticket to Olam Haba, and only want Hashem to look at your ma'alos, that's how you should look at another Yid.

However you judge another yid, that's how Hashem judges you. The Pele Yoetz says in Saneatoria that when you look at Yidden positively,

it stops wars and plagues. And when the goyim go against the Yidden, looking at other Yidden positively takes away all the koach of the goyim.

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# BITACHON POWER!

BY: Rabbi Chayim Tzvi Blau

This week's Topic: "What is Bitachon?!"

## The Quote – The Lesson – The Story

A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

**The Quote:** What does it mean to have בטחון in Hashem? The answer is to have בטחון means that the person puts his complete reliance and trust **only** in Hashem Yisborach. How does one put one's complete reliance in Hashem? [This week we will learn the first way] #1- The first principle that one has to understand and realize is, that Hashem **only** has our good in mind and Hashem is the **only** One Who knows what is really for our ultimate good in all situations".



**The Lesson:** WHAT MAKES THIS QUOTE SO INCREDIBLE and amazing is that the Chovos Halevavos is teaching that when we rely on other people, we may think uh oh! Who said this is good for me? Or who said that what *happened* to me is good? However, when we realize that we can rely only on Hashem and we put our reliance in Him, we will know that any situation we are put in has to be perfect and gevaldik! We will know that anything that will come our way is *gevaldik*! This is the first principle we need to brainwash ourselves with when it comes to living with the power of Bitachon!

**THE STORY:** THE HEILIGEH BELZER ROV, REB AHRELA, lost all off his family and his entire Kehillah in the holocaust. Someone came to console him for all the troubles that Hashem had given him and the Rebbe said, "Chas V'shalom to say such a thing. Hashem has never done anything bad to me throughout my entire life."



**THE STORY #2:** IT WAS IN THE BEGINNING when things started getting difficult in Germany. Rebbetzin Mirel Leah Hess ז"ה started working on getting papers, visas and tickets so they could move to a different location in Europe that was safer. They bought tickets for a boat leaving on a Motzei Shabbos. On the Friday before, their bags were packed, the papers were in

order, and all they needed was to get the last stamp on their visas. Rebbetzin Hess went to the Embassy to get the stamp. She had everything organized and together, and she waited on line for a **long time**. When her turn came, a Nazi officer ימ"ש was there. He looked at her papers and then proceeded to rip up every document, including their tickets, right in front of her face. Rebbetzin Hess came home devastated and crying. She had just worked for six months and paid money to try to leave, and now it looked like their fate was hopeless. When her husband Harav Yosef Dov Hess זצוק"ל heard what happened, he started dancing!!! And he explained to his bewildered wife, "We see so clearly that this was רצון ה' that this is what is best for us!" And he continued dancing. (Side Note: The boat left on Motzei Shabbos without them. The day that specific boat docked, sadly, the Nazi's invaded that area and they killed everyone who was on that boat – על קידוש ה' -)

הרב יוסף דוב העס זצוק"ל, with his strong emunah in Hashem understood that everything Hashem does is only good, even when it looked so dark.

Next week's Topic: "The Puppet Show!"



By: Rabbi Eliezer M. Niehaus

Rav Yeshayahu Heber zt"l (founder of "Matnat Chaim – Volunteers for Kidney Transplantation") and his wife once went to Ichilov Hospital in Tel Aviv to visit a non-religious man named Alex who just had a kidney transplant after waiting 19 years. They spent some time with him, wished him and his daughter well, and left. When they were about to enter their car, Mrs. Heber suddenly remembered that they had not given Alex the Asher Yatzar magnet which they usually present to patients; they quickly went back upstairs. "We returned because we forgot to give you a present," said Mrs. Heber. "A present?!" exclaimed Alex. "You already gave me the greatest present in the world – a healthy kidney!" "No, that was from Hashem, not from us. We want to give you the *wrapping* for the present," replied Mrs. Heber. She then clarified the words of the *beracha* and explained that the more we appreciate the special present of a kidney from Hashem, the longer it will last and function well. Despite the sincere presentation however, it did not seem as if Alex or his daughter were planning to say the *beracha*.

A few days later, Rav Heber received a phone call from Alex. "Rav Heber, you would not believe what happened. The morning after we met, my doctor came with bad news: it seemed like my body had started to reject the kidney. They would be doing more tests, but it didn't look too promising. You can't imagine what I felt like... after finally getting a new kidney and now to lose it?! I turned to my daughter and told her that this is happening because we did not take the Hebers seriously. Hashem gave me a present and we refused to say thank You!? Immediately we took upon ourselves to start saying Asher Yatzar from the magnet you gave us, and to say it slowly and carefully with lots of feeling. We did not truly believe it would help, but we took it seriously. Two days later the doctor came in with a big smile on his face. 'Alex, what did you do? This is an absolute miracle! All the tests are fine and the kidney started working normally again. You can go home!' Rav Heber, I am calling to tell you that Asher Yatzar actually saves lives!"

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### What is Simcha?

By: R' Yossi Hecht

Rav Shimshon Pincus would say that for *Klal Yisroel*, the *Yomim Tovim* are like the locomotive that keeps the train moving down the tracks. We just experienced the immense fortune of coming off an unbelievable *z'man simchaseinu*. How do we keep this "*simchadik*" state going? In order to do so, we must first understand: What is *simcha* actually? The *Olam Hamiddos* (written by my rebbe and mentor, Rav Moshe Don Kestenbaum) says the following:

There is a major misconception that happiness is a feeling that comes naturally. If something good happens, the person will be happy and if something bad happens, *chas v'sholom*, he will be sad. This is the furthest from the truth. Happiness is a *middah* that must be worked on, just like every other *middah*. The way to acquire *simcha* is through being satisfied with what we have, in addition to being *makir tov* for all the good Hashem provides for us. This is why Chazal instituted *berachos* to thank Hashem for each and every *chesed* He does for us. Right away, from the second we open our eyes, we say *Modeh Ani*, thanking Hashem for giving us another day to do His will. Then we continue with the *berachos* for granting us vision, clothes, walking etc.

To conclude, if we take a moment to simply recognize that Hashem does so much good for us, especially for giving us a body with all its intricacies, we will feel compelled to thank Him. Then we will become emotionally overwhelmed from His great kindness, and this will certainly empower us to be *b'simcha tamid*. Perhaps this is an added benefit to this campaign. If we concentrate on what we're saying in the *beracha* of Asher Yatzar, besides its tremendous power, it can very well intensify our appreciation for Hashem's infinite kindheartedness for us. In that merit, *z'man simchaseinu* will be here to stay throughout the year.

*Ah gezunteh vinter!*

# With All We Hold Dear

## Parshas Vayeira

Mrs. S. Mordechai

*With All We Hold Dear"*

*Parshas Vayeira*

*Hashem remembered Sarah and at 90 years she gave birth to a boy.*

*Avraham named his son Yitzchok to show his intense gratitude and joy.*

*"Who, asked Sarah, but Hashem, could have caused this neis," for which she and Avraham had so many years waited? Avraham made a grand banquet and with esteemed guests celebrated.*

*"Avraham, Avraham," called Hakadosh Baruch Hu "Hinaini," answered Avraham, "I'm here to serve You."*

*Hashem tested Avraham with a tenth and final test.*

*"Take your son, your only one, Yitzchok, whom you love the best."*

*"Bring him as an Olah on Moriah, the mountain I will show you."*

*So they left bright and early following Hakadosh Baruch Hu.*

*Avraham took all he needed and built an altar with wood and fire to make a sacrifice to Hashem; to fulfill His*

*desire.*

*Yitzchok said to Avraham:*

*"My father!"*

*"Hinaini," my son, "Here I am."*

*"Father, where is the korban? Where is the lamb?"*

*"As always, Hashem will provide."*

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# With All We Hold Dear

## Parshas Vayeira

Mrs. S. Mordechai

*"We will serve Him with fear,  
We will serve Him with love.  
We will serve him with all we  
hold dear."*

*As Avraham reached for the  
knife to carry out Hashem's  
will,  
an Angel called to him from  
Heaven:  
"Keep your hand still."*

*"You did not withhold Yitz-  
chok,  
your only one, your beloved*

*son.  
Look there's a ram,  
A gift from The Holy One."*

*Hashem said: "I will bless you  
and increase your offspring  
like the stars and the sand.  
They will inherit their ene-  
mies' gates  
because you heeded My com-  
mand."*

*Avraham called the place  
Hashem Yireh.  
His descendents will for*

*Hashem eternally yearn.  
Avraham set the example  
from which the people of all  
nations will forever learn.*

*He'll be a blessing.  
He'll be blessed.  
He'll be a great nation,  
a light to the rest.*

With intense gratitude to the Holy One for His gifts and tests and Hakaras HaTov to R. Yitzchok I. Kaufman (The Spring Hill Times;) and Artscroll Chumash Shottenstein Edition: (Parshas Vayeira: text and commentaries;) EK and LJ.



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It's Full of Love!



It's a Wonderful World!



# A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

Let's move on to speak about the lips. Let's be מתבונן about the חסד ד that is found in our lips.

Our lips usually don't receive too much thought. Many people just think about them when they get chapped. But why did Hashem create lips? We need our mouth to eat, we need our teeth to chew, but why do we need lips? Why do we need this reddish piece of flesh that protrudes from our face? What purpose do they serve?

Our lips are very important and we benefit from them in numerous ways. One of the jobs that our lips do is they keep our food inside our mouth. We need an opening in our head to get the food inside – but if we don't have doors in front of the opening that seal it shut, then some of the food will fall out while we are chewing it.

This is especially true for liquids; theoretically, this can be taken care of in a different way. If we would

The majority of the time we eat, we would have to be with our head bent upwards to a 45 degree angle, with our nose pointed to the ceiling. We would have to lower our heads between bites to find the food on our plates, take another bite – and then up again. That's a very inconvenient way to eat. With a present called lips, we can close our mouth after we bite and everything stays nicely inside.

Our lips serve as doors that close when we chew our food.

In addition to the point that we mentioned that this ensures that the food stays in our mouth, it also serves another purpose. This enables a person to eat in a dignified manner.

tilt our heads upwards after food is inserted, then the food would stay inside. Picturing this for a moment will heighten our appreciation for our lips.

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# A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

We are all taught that it's not polite to eat with our mouths open. But the ability to close our mouths when we eat is only possible with the lips that הקב"ה gave us. Our teeth cannot remain closed when we eat, because they must open and close constantly to chew our food. This may be perceived as something trivial and unimportant, but I think there's a lot of depth over here.

Man is the most important and exalted creation in the world. He is the crown jewel of the בריאה. His body is a vessel that contains his נשמה, which is of incomparable קדושה. It's only befitting that he

should be created to eat in a respectful and dignified manner – which is fitting for him and all those around him. This can also help us in our overall עבודת ד'.

R' Chaim Shmuelewitz writes in his שיחת מוסר that if a person acts with self-respect, this serves as a הרחקה מן עבירה. The person will perceive himself as someone

whose actions should be proper and not animalistic. Our lips and the dignity that they provide help us be the type of people we aspire to be.



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# The Universe

## A Divine Masterpiece

Perfection - Precision - Brilliance - Kindness - Power - Ingenuity - Dominance - Foreknowledge - Goodness -

Continued from last week "Okay," the alien says, you explained to me a little about those round green things hanging up there?"

"They're called oranges. They're an example of the food we humans eat."

"If they're called 'oranges,' why are they green?"

"All the fruits and vegetables on the entire planet start off green."

"You mean they don't stay green? They change color?!"

"Yeah, what's so incredible?"

"Well I don't know how things are here, but where I come from — let's say you have a room that's green. Unless someone decides to paint it, the room is going to stay green. And yet here you have this green fruit

and without anyone painting it you are telling me that it's going to turn orange?"

### THE BANANA



"Well, if you put it like that it does sound a little miraculous. But that's because you're naive. Let me educate you a little and you will learn to take it for granted, just like me. You see, ALL unripe fruits are green. Here's a banana, for instance." You hand the alien a dark green cluster of bananas. "Try pulling one banana off the bunch."

"Hmm. It's a little difficult."

"Right. Let me help you." Both of you struggle together for a moment and manage to pull one off. "Now," you say, "try to peel it."

"It doesn't go," he says.

"Here, take this sharp knife," you say. "Cut off the top, and then try peeling off the peel."

He tries. "It won't go," he finally says. "The peel is almost as if it's stuck to the banana... Oh, wait, I think I have it now." Finally, he pulls off the peel. "Is this inside part the stuff you eat?" he asks.

"Yes," you reply. The alien begins to put it in his mouth, but before doing so, you grab it from him. "Don't do that! The banana is still very hard and it doesn't taste good yet!"

"I don't mind. | Continued on next page



# The Universe

## *A Divine Masterpiece*

*Perfection - Precision - Brilliance - Kindness - Power - Ingenuity - Dominance - Foreknowledge - Goodness -*

just want to know what it tastes like.”

“No, you don’t understand. If your digestive system is anything like ours, then you can get a stomachache if you eat it.”

“A stomachache? Thanks for telling me. But answer me this: Why would humans ever have these things around the house if you can’t eat them?”

“That’s what I’ve been trying to tell you — these bananas are in a stage called ‘unripe.’ Many people buy them in the unripe stage and then store them in the house for a few days or more.”

“What happens then?” the visitor asks.

“They turn yellow.”

“Yellow?! How do they turn yellow?”

“They just change colors,

like the orange changes colors from green to orange, the banana changes from green to yellow.”

“I don’t understand. Who paints it? I mean how does the color change?”

“That’s just the way it goes. Somehow, it miraculously



changes its own color. How a brainless peel knows how to change colors is actually something I never thought of, but for now let’s move on. Anyway, I see you’re anxious to taste one. Here’s a bunch that’s ripe, so they’re edible.”

The visitor looks at the bunch and gingerly pulls off

one banana. “Hey, that was easy,” he says.

“Yes, that’s what happens when the banana changes from green to yellow.”

“You mean, it not only changes colors, but quality too? When it’s not ripe it’s almost impossible to peel, but when it ripens it becomes easy to peel?”

“Yes, and now try tasting it.”

“I don’t want a stomachache,” he says.

“It’s ripe now. It won’t upset your stomach. Go ahead, give it a taste.”

The visitor from outer space takes a cautious bite. “Oh, what a sweet, soft, delicious taste.”

“And don’t forget nutritious.”

“Incredible. Miraculous.”

“It’s Continued on next page



# The Universe

## *A Divine Masterpiece*

**Perfection - Precision - Brilliance - Kindness - Power - Ingenuity - Dominance - Foreknowledge - Goodness -**

incredible and miraculous only the first time you see it. Once you have it all the time, it's not so incredible."

"I don't care how many times you've seen it. How can you say that it's not incredible? It's obvious that this banana — this plant life that has no brains — "somehow" knows that you humans exist, and it knows how you humans work too."

"What do you mean?" you ask.

"The banana changed colors when it turned ripe. It must have "known" that you humans have eyes that are capable of detecting color changes. Also, it became easier to detach from the bunch and peel, so it must have "known" that you have hands. Furthermore, it "knows" you have a tongue with taste buds and that you

like sweet

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To be continued BE"H

things, because somehow it changed its taste in order to suit your taste buds. And even beyond that, the banana must "know" that you have a stomach, and what upsets your stomach, and it actually cares about you, so that when it wasn't ripe it made itself very difficult to peel and untasty to eat. Then as it ripens it starts to do two things at once. Firstly, it becomes easier and easier to peel, and secondly, it is slowly becoming sweet and nutritious at the same time. It's just incredible!"

"I think you are taking this a little too far."

"Not at all. Think about it. You told me that green is the universal symbol for being unripe. So, first of all, the green color helps camouflage it by allowing the unripe fruit to blend in with

the green leaves so that you shouldn't be interested in taking it yet. After all, it's not ripe yet. But as soon as it starts turning ripe, its color changes to help you see it better, and its texture, taste, and nutritional value have also changed, and now they are perfectly suited for human consumption.

Whoever created the banana obviously also had in mind the human beings that would be eating them." This is truly an amazing process. I am surprised that you never realized this yourself."

"Well, I guess that since I am used to seeing it since I was a little child, I never really gave it any thought, but now that you mention it, it is quitter an amazing process."

"Let's go back to the orange and check it out."

# THE MIRACLES INSIDE YOUR SLICE OF BREAD

By: Mordechai Solomon

Recap: *The many miracles that's in your slice of bread.*

1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.
2. The seed stays fresh and does not rot so you can gather them and plant a whole crop's worth.
3. Soil is only found on earth.
4. Soil is the perfect environment for the seed to grow.
5. The soil is a natural habitat for ants to live in and also for the inchworm.
6. The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
7. The Inchworm bores bigger holes in the ground which is also a form of tilling the ground.
8. Vegetation grows in the ground.
9. The soil also produces all different types of vegetation.
10. This so happens to be the perfect food for the Inchworm.
11. After it eats, the food goes through an amazingly complicated digestive system.
12. The Inchworm's body produces waste.
13. The waste is very good fertilizer for the soil to help the growth of the wheat.
14. When the worm dies, it decomposes and is good fertilizer for the plants.
15. Different germs and bacteria grow in the soil to improve the soil for the growth of the plants.
16. The seed reacts with the water to start to decompose.
17. This enables that the wa-



18. Water is made of two gases.
19. The soil is a cool atmosphere.
20. Soil is porous allowing it to absorb water which is a necessity for the seed.
21. This causes the seed to decompose when you put the seed in the earth.
22. No matter how the seed is placed in the soil, the root goes down.
23. The stem goes up no matter how it is placed.
24. The plant survives on rainwater.
25. The ocean is full of salt water which cleanses the water from impurities.
26. The sun shines on the water.
27. The sun is millions of miles away and yet it has an effect on earth.
28. If the sun would be too close it would burn the earth
29. If the sun would be too far, the world would freeze
30. The sun is a ball of gases.
31. The sun constantly gives off heat by chemical reactions.
32. The molecular structure of water is so that when it gets hot, it starts to change.
33. The water turns into water vapor.
34. Water vapor is lighter than air, so it rises.
35. The sun sets in order to let the earth have a rest and certain insects work at night.
36. The earth spins in a cycle which causes the sun to set.
37. It is in constant motion never stopping.
38. Everything in the world

39. The moon an orb in the sky.
40. It has a certain cycle.
41. It reflects the sunlight.
42. It has an effect on the moisture of earth which is necessary for growth.
43. The earth spins in an angle so that sometimes it is closer to the sun and sometimes it is further.
44. The sun has a force on the earth.
45. This causes all different seasons and climates.
46. During the cold season the earth stops producing as much giving a rest to the earth enabling it to give off a better crop.
47. There are many dust particles in the air.
48. When the water rises, it leaves over all the salt and dirt from the ocean.
49. The water combines with the dust particles.
50. It starts to accumulate into a cloud.
51. Cold air sinks.
52. Hot air rises.
53. The difference causes air current.
54. The wind blows inland.
55. The Clouds move inland.
56. The cloud gets heavy with water.
57. The cloud releases the water.
58. Gravity brings down the water to the earth.
59. There is a negative cloud.
60. There is a positive cloud.
61. When they rub together they make lightning.
62. Lightning travels to the ground.
63. The lightning has tremendous heat.



64. The air has in it a gas called nitrogen.
65. The lightning makes a chemical reaction with the nitrogen making nitrites.
66. The nitrites are a very good fertilizer to help the growth of the plants.
67. The stem starts to push itself out of the soil.
68. The sunlight has energy.
69. The plants know how to absorb the energy.
70. The plant turns green called photosynthesis.
71. As the plant grows the roots also grow in order that the plant shouldn't fall down.
72. The roots absorb the water.
73. The roots send water to the whole plant.
74. The roots send water to the whole plant.
75. The leaves send energy to the whole plant.
76. Carbon dioxide is made up of two different elements.
77. The leaves absorb the CO2.
78. The leaves give off oxygen as by-product. When all the CO2 in the vicinity of the plant gets used, how does it get more? The wind blows new air with CO2.
79. There is a constant production of CO2 because animals breathe out CO2.
80. When they breathe in oxygen, the by-product is CO2.
81. The rains come only certain times during the year.
82. These times are beneficial and are the exact time the plants need water.
83. The amount is not too much to drench them.
84. It doesn't come too forcefully.
85. It doesn't come too little for the plants.
86. Sometimes it comes like small needles to penetrate the ground.
87. It doesn't keep on pouring which would also drown the

plants.

88. The plant stem starts to rise straight up and it is elevated from the ground enabling it to be cut easier.

89. They grow in a straight line so they don't get tangled.

90. Very bendable to they don't break in the wind. The leaves absorb the nutrients and bring it down to the roots.

91. Each one miraculously97. knows how much to give to each part of the plant.

92. After the stem reaches a certain height it starts to produce the grain.

93. The grain is on the top where it can get the most sunlight and not be affected by the shade of the stem.

94. They grow in the spring when the sunlight starts increasing100. because it is necessary to have a lot of sun.

95. The field is full of green stalks of wheat when they become ripe they give a sign changing from green to white what a miracle that the plant knows that a person sees different colors.

96. Now comes the time to harvest and you need a sickle to cut the wheat. A sickle is made of metal, which is found in the earth mixed with impurities.

97. When the metal is heated with extreme heat then the impurities go out because they burn out and the metal is left over. This is a miracle that the metal doesn't burn out and the other stuff does.

98. You can mold metal any shape you want.

99. The metal dries and becomes hard.

100. The stalks are very soft, not hard, so without great difficulty it can be cut, not like a tree that needs a lot of time



to cut. (A miracle that these things need to be used on a constant basis are easy to cut or pluck).

101. Metal becomes very sharp in order to cut it.

102. It's also very strong so it doesn't break.

103. The sheaths of wheat are very light in order that you can bundle it and transport it.

104. Flax is a plant that grows from the ground.

105. Their stalks can be used as string.

106. String enables one to tie the sheaths and transports them easily.

107. The sun dries them out and can stay as kernels a long time without spoiling.

108. The kernel is made up of (at least) two parts, the grain and the shell (chaff) which is made to protect the kernel from spoiling.

הזן את העולם כולו בטוב!!!

109

Hashem made the kernel that it can be easily removed by rubbing it vigorously. The way it was done it was put on the floor and you put a piece of wood on top of it.

110

Wood comes from a tree that grows very tall and has a big trunk that is quite strong unlike the stalk of the wheat.

111

The wood can be carved in different shapes without breaking and it is made into ridges to press on the wheat kernels.

112

The man stands on the wood and hold onto straps which hold onto an animal that goes around in circles etc.

113

The straps that the man holds onto are made of leather.

114

Leather comes from the hide of an animal.



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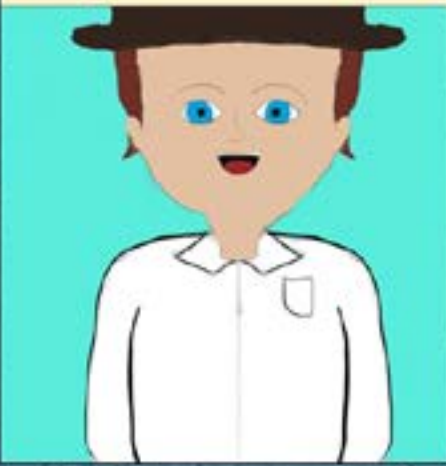


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Too good to describe!!  
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Thrilling!  
Pure Bliss!

**Just Serve Hashem with a Heart Full of  
Love!**

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tions are just  
mashalim. The  
real pleasure  
the neshama is  
going to have is  
indecipherable!

One time Motti\*, a boy learning in Lakewood, was driving from Manhattan back to Yeshiva late at night.



I need to get back to Lakewood, it's all ready very late, I'll take this deserted road, the regular way has so much traffic!



That's strange I'll move that garbage can out of the way.



GIVE ME ALL YOUR MONEY!



He means to say "Give us all your money!" Every last drop of it! Or else.

By: E. Jungreis

ארץ תורה טובה ורחבה!

# Hashem's Wonderful Land



Rosh Hanikra



Kever Shmuel HaNavi

Dear Readers! Please share with us your beautiful pictures that you have of Eretz Yisrael.  
Please email them to: [thespringhilltimes@gmail.com](mailto:thespringhilltimes@gmail.com)

## BEAUTIFUL QUOTES

*"They see that their descendants are sitting at a Shabbos table, singing zemiros and keeping Shabbos, and Avraham sings along - literally. The avos sing together when we are happy..."*

**Rav Avigdor Miller Speaks Vol 1, Page 111**

*"Teach your children how good it is to have a warm house. When I was a boy only one place in the house was warm - the kitchen stove..."*

**Ibid. Page 203**

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*"On one occasion a well-known talmid chacham gave the Ribnitzer a blistering mussar shmuess in public. When he finished, the Rebbe in public. When he finished, the Rebbe responded by sincerely thanking the man who had just shamed him in front of many people."*

**The Ribnitzer Page 294**

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*"No! You don't get frightened and scared from an ant. That's how you are supposed to look at your enemies..."*

**Rabbi Zevy Golombeck - A**

Did you read or hear something nice and inspiring? Please share it. Text 845-327-5041 or call 385-381-0977 email: [thespringhilltimes@gmail.com](mailto:thespringhilltimes@gmail.com)

## Ahavah Rabbah

### HeartSharing: Sharing our love with others

Dr. C.F. Yakoby PhD LCSW

Pumping people up can take place at any time during any situation. You can turn your workplace into an Ahavah Rabbah factory by pumping your colleagues up in every way possible. You can do this by sharing with others how much you learn from their efficiency, sensitivity to others, or thoughtfulness and how their smile makes your day.

If you are in the bais medrash, you can turn your chaburah into an Ahavah Rabbah Chaburah by going out of your way to spread kindness. You can do this by sharing with people how much you look forward to seeing them, how seeing them brightens your day, and how you thought about them at night after you left the shiur.

You can turn your home into an Ahavah Rabbah playground. You can do this by sharing with your spouse that your favorite part of the day is when he/she walks into the room; or how you are still thinking about last week when they wrote you a thoughtful note; or how dedicated, kind, amazing, thoughtful, compassionate, and caring you think they are. You can share with your children that the best part of your day is when you see them. You can share with them how much you enjoy playing with them, hanging out with them, and spending time with them. You can share with your children how thoughtful, sensitive, kind, and giving they are.

#### Story:

- I walked into a school office and said, "Everyone in the room should be showered with a million brachos!" All the staff was pumped!

- I was in shul and I wanted to share with a woman that I noticed how thoughtful she was being to everyone. However, she left shul before me and I was disappointed, thinking, "Oh, now I won't be able to tell her!" A few minutes later, I left, and I saw that she was still outside. I told her that I had wanted to share with her that I noticed she was acting so thoughtfully to others, and I was disappointed that I didn't get to tell her before she left, so I'm happy that she is still outside. I shared with her genuinely that I noticed that she was really thoughtful to others. And she was pumped.

- Someone who owns a restaurant "Apple Bites" needed money desperately. They needed to have more customers that day for chizuk. I did not need any food from there, however I knew someone that is going through a hard time, and I ordered food for them from Apple Bites. The person I ordered the food for was pumped and the owner of store was happy. Then I knew a friend was planning to order dinner, and I asked if she wants to order from Apple Bites. She said sure! And she said she would tell all her friends. Yidden love pumping each other up in so many ways.

I just love to try to give people support and chizuk. As an aside: Doing for others makes us feel so good ourselves and fills our own emotional bank account!

**Idea:** It's so easy to share love with other people.

1. Bentch all of Klal Yisroel as you take a walk.

2. Text someone that you are still thinking about the past positive interaction you had with them.

3. If you eat a meal by someone, text them a week later saying you are still relishing in the great company and food you had.

4. Leave a note in your neighbor's mailbox telling them what an amazing neighbor they are, and that it makes your day to see them around.

5. Give a parent nachas by telling them about a specific act of kindness their child did or how their child's smile brightens your day.

6. If an employee in a store or any business helps you, tell the employer or manager how helpful they were.

**Song:** Tune: Hashem is here, Hashem is there

Hashem is good,

Hashem is good,

Hashem, Hashem is only good.

Hashem is good,

Hashem is good,

Hashem, Hashem is only good.

Yesterday, today, tomorrow,

Thank You, Hashem for joy and sorrow.

Everything is from Hashem,

Hashem is only good.

As an adult, I try to sing this song all the time! I try to change up the motions or dance steps as I sing this song. This creates a function called expansion. When we add change to something while we are singing, it helps solidify the feelings associated with it. The more times we sing and add a small change, the more neural pathways we have connected to what we are doing. This helps it become more integrated into our beings.

### **Feeling Hashem's Love!**

I was at a friend's house and her four-year-old was crying that she wanted a friend to play with, so I got down on the floor and told her I'll be her friend. She continued crying and said she wants a friend her age! I said, "Ok let's daven to Hashem that a friend your age will come by now." Her mother said it would be impossible because there are no friends around to come over. I said we will leave it to Hashem and I sang with the 4 year old, "Please, Hashem, send Leah a real friend her age!" Ten seconds after we finished singing, there was a knock on the door! A neighbor from down the block came over and wanted to know if Leah can come over and play with her four-year-old !!!



**I took this picture on my walk this week! Hashem has made a stunning world for us to enjoy!**

**Can you find outside your house:**

- **6 Red Leaves**
- **5 Orange leaves**
- **4 Green leaves**
- **3 Yellow leaves**
- **2 Trees**
- **1 Cloud**

**Creating a game of finding the beauty in Hashem's gorgeous world helps us solidify the experience, thus making it a real part of us.**

Text your story of how you pumped someone up to 732-523-4824. Texting means you give permission to have your story included in this column. Texting does not guarantee your story will be in the column. Disclaimer: All information is for educational purposes only. For any medical or mental health advice contact a healthcare professional. Thank you to my parents and family for always pumping me up and being there for me! Thank you, Hashem, for showering me with daily love and kindness in millions of ways.

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Rabbi Zevy Golombeck

## illuminating Words of Chazal

*"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."*  
Rav Yehuda Mandel

**Question:** It says in Parashas Bereishis, after Adam ate from the Eitz Hadaas, that Hashem said: "Maybe he will eat from the Etz Hachaim and live forever." Therefore, Hashem put the Lahat Hacherev H'mishapeches at the entrance to Gan Eden to prevent Adam from returning.

We hear all the time on 'A Life with Bitachon' that Hashem is in control of everything and it's just an illusion when it seems like people have power. How could it be that Hashem was k'vyachol 'worried' that Adam will do something? He is the One controlling Adam!

A. This question can be answered with another question. What is the whole purpose of hishtadlus? Why did Hakadosh Baruch Hu make hishtadlus? L'chorah, Hakadosh Baruch Hu does everything anyway and hishtadlus is zero minus, there's no cause and effect, nothing does anything, so why did Hashem make hishtadlus? The point of hishtadlus, says the Michtav M'Eliyahu, is to be mesaken the chet of Adam Harishon. The snake told Adam and Chava, "How do you think Hashem created the world? He ate from the Etz Hada'as and He created it. So, instead of having to be under Hashem's jurisdiction, you can eat from the Etz Hada'as and you'll have all the powers just like Hashem."

And that was the chet, that they wanted to be independent – without Hashem. So Hashem said now you have to be mesaken the chet. How can you be mesaken it? By doing hishtadlus that looks like you're doing something but you're really doing zero minus.

That's why the Chovos Halevavos in Shaar Habi-tachon where he says that Hashem is doing everything and you're doing nothing there's still a mitzvah of hishtadlus. Why is there a mitzvah if I'm doing nothing? Because this mitzvah is to put yourself in a makom nisayon and to say, "Oh, it looks like I'm doing something, but really I know that I'm not. And now you were just mesaken the chet of Adam Harishon by realizing that Hashem is doing everything and we're zero.

That's what Hashem was showing. Hashem was showing that I make something look like you can't get to the Etz Hadaas, that's the nisayon. The nisayon is will you think that it's the Lahat Hamis-hapeches that's stopping you? But if you really chap, it's Me. There's only One koach and One koach only and everything in

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Rabbi Zevy Golombeck

## *Illuminating Words of Chazal*

*"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."  
Rav Yehuda Mandel*

this world is just one big test. And when human beings carry out dvar Hashem, when any human being does something to another human being, that human being is just a test, did he realize that it's Hashem or did he think it's the person? Everything is Hashem.

R' Moshe Feinstein says that when it rains it's a test. Do you think Hashem needs the rain for it to grow or you chap that it can grow because Hashem is saying grow? Everything in this world is one big test. That's what the Mesillas Yesharim says, that we're here in a world full of tests. What's the

test? The test is do you chap that we live in Olam Hasheker, that looks like there's cause and effect, or do you realize that behind it is Hashem Who's running the show?

The reason why the pesukim are written this way is to teach you that that's the way Hashem is running His world, as if He needs a sword to protect it, to see if you're going to be able to see past the sword. Like R' Avigdor Miller explains, why did Hashem create a sun? To give light. It was already light on the first day? Hashem said the first day "vayehi ohr." So what's the point of the sun? Says R' Avigdor Miller, the point of the sun is to give you a nisayon, to give you a test, are you going to think that it's the sun that's giving light or are you going to believe that it's Hashem? The goyim indeed fell in this nisayon, they used to worship the sun. Sh'hem mishtachavim l'hevel v'rik u'mispallelim el el lo yoshia – they worship the sun. V'anachnu – we serve Hashem!

Hashem made everything in the briaah as a test to see do you think there's any other power other than Hashem. The whole point of the nachash was that "Hashem ate from the Etz Hadaas, you can get the same where Hashem can get. By eating from the Etz Hadaas you can get all the power in the world." No! Everything is powerless! There's no power in the sun, there's no power in the moon, there's no power in a sword.

I had a talmid that was crossing the street and a car ran right over him, his whole entire body, and he didn't feel any pain, no scratches! The only thing that happened was that his shirt got tire marks so he saves it in his closet to show everyone the nes. The car doesn't do anything. Cars don't kill, swords don't kill. It's an illusion! The Michtav Me'Eliyahu calls it an achizas einayim, it's an illusion. Hashem is giving this illusion to test you.

So the pesukim in Torah are all set up in a way to give you a test. That's the point of the Torah, to make it look one way and you're supposed to see past it. You have to say, "No! Hashem I really know the truth! It's not the sun, it's You! It looks like it's the sword, that's only the way it looks like..."

Hashem is saying that's how I'm setting up the world, that's how it looks like, but it's not real. It's all a test. Everything is a test.

# Story Time

Stories From 'A Life With Bitachon'



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#1648- This story was called in by Mrs. Fishel. She started cooking and baking food l'kovod Yom Tov. She was taking everything out of the oven and she wanted to start filling up the freezer. The problem was that the freezer door wasn't closing. Every time she tried, it swung back open. She was at a loss.



Her husband said, "Call up a repairman." She did, but they said just to come look at it would be \$150, and if the repair needed parts, it would cost even more.

She said, "Why should I call them to come down? I'll just "hire" Hadadosh Baruch Hu." With that, she starting singing "Hakol Yachol."

Shortly afterwards, later that day, her brother-in-law stopped at the house. He offered, "Is there anything I can help with?"

She said, "My freezer door isn't closing." He



# Story Time

Stories From 'A Life With Bitachon'

said, "Sure, let me see what I can do." He turned the whole thing upside down. He said, "I see a piece sticking out." He took a hammer, he banged here, he banged there, and in no time, the freezer was working, better than ever!



#1649- This story was called in from Eretz Yisrael by Mrs. Gelbfish. She needed to go to the Misrad Hapnim to get a birth certificate for one of her children. She was thinking to herself that she really also wants to get a passport, but she didn't have an appointment for a passport, and she would need to do it in a different part of the Misrad Hapnim. She asked them if they would do her a favor, but they said, "Sorry, it doesn't work like that, that once you're here, we can just transfer you to a different department."

As they were saying it, Mrs. Gelbfish thought to herself, "I'm asking that person to transfer me? I'm asking Hakadosh Baruch Hu, the Ribono Shel Olam to work it out. I don't need that person." Instead of thinking that the person was the one helping her, she said, "Hashem, all I see is you."

As she was thinking this, she saw the person who just finished giving her a



whole lecture that he can't help her, talking to someone else, and

that person said, "Sure, come right over, we'll help you in no time!" In no time, she got the passport!



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# Story Time

## Stories From 'A Life With Bitachon'

#1650- This story has been called in from Monsey by Mrs. Aron. She said she was bringing one of her children to the airport to go to seminary. When it was time to board the plane, they realized “Uh-oh, we forgot the passports! To go home will be an hour, to come back will be an hour. The plane will be long gone. What should we do?”

Then they said, “One second. Who’s in charge of bringing the passport here? Hakadosh Baruch is the one in charge and he can make it fly straight to us!”

She was then speaking to one of her neighbors, and she mentioned, “We’re at the airport, but we don’t have the passport!”

Her neighbor said, “Oh, I have someone in my house who’s on the way to Newark right now! I’ll go into your house, get the passport, and send it right now! You’ll have it in an hour!” Just like that, the passport was delivered, door-to-door service, free of charge!



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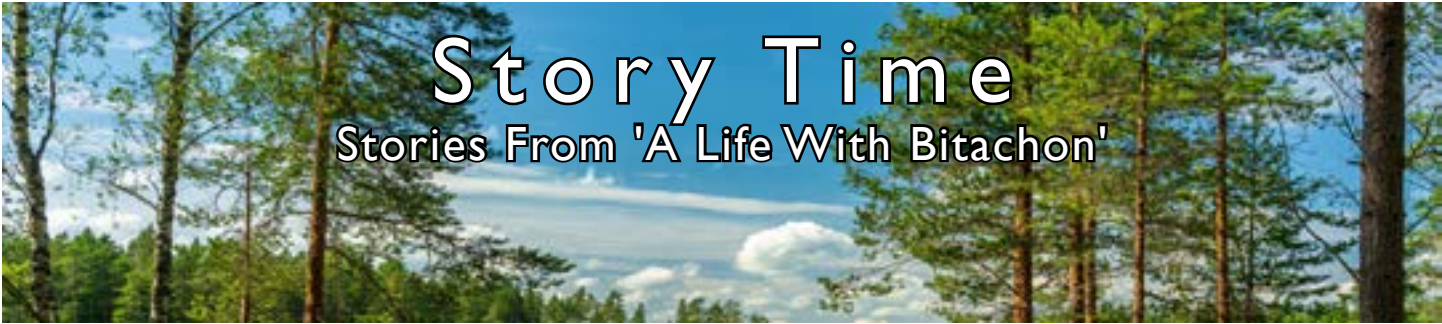


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# 1651- This story has been called in from Eretz Yisroel by a choshuve Yid by the name of Eliyahu Efraim Eisman. He went to a chasunah. It was far out, and it was late at night. He wanted to go back to Yerushalyauim. He was trying to figure out how to get a ride home. He had a baby with him, and packages.

Then he thought, “One second, I have a private driver! Hakadosh Baruch Hu is a Kol Yachol. He can do anything and everything!”

People came over to me at the end of the chasunah, “How are you getting home? Who’s picking you up?” I said, “I have a private driver. I walk outside, and he picks me up!” They said, “Who’s this private driver? What’s his name?” He said, “My loving, caring Father, Hakadosh Baruch Hu, the Ribono Shel Olam. He takes care of every step of my life, and I’m just



# Story Time

Stories From 'A Life With Bitachon'

going to leave it up to Hashem!" With that, he walked out of the chasunah hall.

A yungerman passed by and said, "Where do you need to go? I'm calling a taxi to pick up my parents. They're going to Beit Shemesh. Is that where you need to go?" So he said, "I'll tell you the truth. Beit Shemesh is on the way, but really I need to go to Yerushalayim." This Yid said, "Well better halfway than nothing! You're invited to go along." So just like that the taxi picked him up and was bringing him to Beit Shemesh. He was thinking to himself, "How am I going to get the rest of the way?"

The same private driver-Hakadosh Baruch Hu, can bring me from Beit Shemesh to my house. I'm just going to see how Hashem is going to do it."



As the taxi dropped the parents off at Beit Shemesh, they turned to him and asked him, "Where are you going?" He said, "Yerushalayim." They said, "Well, we're going to sponsor your trip, free of charge!" In no time, he got door-to-door service, without paying one penny!

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The



# Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

**Q. I live in a neighborhood with family and friends and I'm very comfortable there. However, now my family has to move to a different location, and I'm concerned, "Who knows if I'm going to make new friends over there? Maybe I won't find my place in the new city?" What is the emunah and bitachon perspective about this?**

A. The reason you feel this way is because you think, "The reason that I'm so settled is because I decided to live in the same neighborhood as my family and friends. However, since in the new location I won't be living near them, things might be

difficult."

You have to recognize; when something works out in your life, it's not because you made it work out. Rather, it's because your loving and caring Father in shamayim was looking out for you, and He put you in a comfortable situation.

When you realize that it was Hashem who put you in comfortable circumstances, you'll know that it's the same Hashem who will take care of you in your new location as well. He'll make sure that you find new friends, and you will settle very comfortably there as well.

Say, "Hakadosh Baruch Hu;

I know that

You are in charge. You are the One who could make people in the new place like me and want to befriend me. You are the One who will determine who my new neighbors will be. You are in charge of emotions, and You can make me feel extremely comfortable in my new location".

When you approach your move with the attitude that Hashem is the one who is helping you get settled, He will show you openly how He is holding your hand and his helping you every step of the way.

**Q. I am a giyores, and my children in cheder sometimes get made fun of for the fact**

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# The



# Bitachon Perspective

Continued

**that their mother is a giyores. As a result, they have very low self-esteem.**

A. Hashem says: I love geirim, and I admire geirim. If anyone belittles geirim, he is arguing with Hashem. He's wrong. His brain is not programmed correctly. When people who are not in touch with reality laugh at us, we don't get insulted. The only reason to get insulted is when we're doing something wrong.

A ger is a hero. He chose to become part of Hashem's nation. The fact that geirim sometimes have it difficult is

part of Hashem's hanhogah that every good thing has opposition. This is a test to see how devoted the person is; is he willing to stick it out even when it's hard. But a ger has to know that Hashem loves and admires him. He should imagine that Hashem is looking down from shamayim and smiling at him.

**Q. My wife is in a position where she occasionally needs to go overseas.**

**During the time that she's away I feel very lonely, and it's very emotionally draining. What's the emunah and bitachon perspective about this?**

A. The reason you feel drained is because when your wife is away you feel that you're alone.

Rabbi Yehuda Mandel related that his Rebbe, Hagaon Reb Gershon Liebman Zatzal, had all the reasons in the world to feel like he's alone. He went through the Holocaust, he didn't have family, and he was physically unwell.

What kept him going was the passuk: ואני קרבת אלקים לי טוב – as for me, being close to Hashem is good. He would repeat this passuk over and over until he felt it in his bones.

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# The

# Bitachon Perspective

Continued

Reb Gershon be-

came the happiest person around. He was always smiling and full of simcha. Everyone in his presence would get swept up with the joy he would spread.

We, too, should remember: a Yid is never alone. We always have Hashem with us. The more we include Hashem into our lives the more Hashem will give us the emotional

support we need.

When your wife is away, instead of feeling drained, use this as an opportunity to experience the energy of **אני ואני קרבת אלקים לי טוב**.

**Q. Whenever I ask my daughter to do something, she never listens. This bothers me to no end. I remember that when my mother asked me to do something, I ran! It's basic hakaras hatov. Parents**

**do so much for their children, and it's only right to show appreciation by doing what they ask for.**

**How can I be mechanech my daughter in hakaras hatov to parents, without telling them, 'Show me hakaras hatov and do what I ask you'?**

A. Certainly you can teach your daughter about hakaras hatov to parents. But instead of focusing the obligation of hakaras hatov on yourself, focus it on your husband.

Approach your daughter and tell her, 'Look how much Tatty does for us. We really owe him so much. Let's think of ways we can make Tatty happy'.

Teach her by example. Tell her how grateful you feel towards Tatty. Tell her, "I know that Tatty likes a clean kitchen, so I'm working to clean the kitchen to make Tatty happy".

Repeat this message over and over. When your daughter sees firsthand how to practice hakaras hatov, she will come to the feeling of appreciation for you as well.

To receive the full Bitachon Perspective, please contact [klatzkoshalom@gmail.com](mailto:klatzkoshalom@gmail.com)

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# Our Readers Share



**Editor's Note: Some of these stories are from Shevat-Adar!**

## Hashem Opens Eyes

My son got engaged overseas, and when I came back to England, all of my immediate family members wanted to see pictures. The camera was passed around, and somehow it got to my toddler. When we tried taking it away from him, we realized that the compartment that holds the memory card and the battery was opened, and the memory card was missing.

We searched the room meticulously, but we couldn't find it. We made sure to be very careful in the room, and we didn't vacuum.

I heard that if you give up when you can't find an item, then when

it's found, it doesn't need to be returned to you. I decided I wasn't going to give up.

It really made me think, why do we need memories? If Hashem gave me all of the good times, what's the point of the memories? It made me realize that when we re-live memories, we can thank Hashem for all the great times that we had.

In that light, I asked Hashem to help me find it. I knew that it was somewhere and that Hashem knows where it is but I didn't. I really didn't

give up.

A week passed, and I still didn't find it.

A few days later, I was strengthening myself, and my daughter said, "Mommy, Mommy look what I found!" She found the memory card! She found it inside the battery holder; somewhere in there was the memory card. The interesting thing was that my husband thought of that place to begin with, and he looked there, but he didn't see it! Hashem can help us find the smallest thing in the

vastest space, and we should never give up! Nothing is too hard for Hashem.

We also have to remember to thank Hashem for everything good, that's

### Attention Readers!

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what our memories are for!

A Reader - U.K.

### Homework Help from Hashem



I was trying to do my math homework, and one of the examples was very hard, and I couldn't do it. I said "Hashem, please help me!" and I tried again, and it worked!

A Reader

### Door-to-Door Service



This past winter Z'man I was with another Bachur by the hitching spot in Lakewood Thursday night. It was getting later and later, and we thought for sure we weren't going to get a ride. He was going to Brooklyn, I was going to Monsey. I said, "If I get a ride, I'm going to call the Spring Hill Times."

The other Bachur gave up and left at around 11:00 at night. Right before I was going to leave, at 11:30 at night, a car pulled up, and he was going to Monsey. Not only that, I live far out in Monsey, so most people, even when I get

a ride to Monsey, I have to get a ride from where they drop me off to my house. At 1:15 in the morning, it would be a very difficult. This person was willing to drop me off at my house, even though it was an extra twenty minutes!

A Bochur

### Chasdei Hashem



As our airplane was landing I realized my phone was missing. I remembered that during the long flight I let our five-year-old hold my phone to look through its pictures. I looked all over but couldn't find it. We were the last to deplane and I kept searching. Nothing. We got off and waited in the terminal as the plane crew searched for it. I davened to Hashem to give me my phone. I told Hashem that if it's found I would send the story to The Spring Hill Times.

Chasdei Hashem, soon enough Hashem gave me my phone. The cleaning staff attendant said that they found it "in between something." Thank you Hashem!!

A Reader - Lakewood, N.J.

### Non-Jew Helps Yidden



On Chol Hamoed, we were driving home from an outing, when my husband and I realized that we both left our wallets at home and our car was just about out of gas. We were about to get stuck with no way home. The only hope I had was that I know my credit card number by heart.

We stopped by four different gas stations, but all four were not able to process the card using the number, they all needed to swipe the physical card.

I told my husband "Only Hashem can get us home. He can get us home even without gas. Let's be mechazeik in Emunah".

We got on the highway and started driving home. Right after that, I realized that it is really not a good idea to drive on the side of the highway without gas, we'd be better off getting stuck at a gas station. We pulled over to the next gas station we saw.

For the fifth time, I went inside and asked the man if he would be able to process the card using just the numbers, and he said 'no'.

But he said, that if we were stuck without gas and money, he would help us with \$10 of gas. Right then, he swiped his own credit card and gave us \$10 of gas! He didn't even want us to mail him a check for the money! We were amazed at how our Yeshua had come in such an unexpected way!

It was a non-Jew! When we offered to send him a check in the mail, he said it's okay, he's happy to do the favor, just please pass it on.

This happened in Montreal when a lot of people lost power over Yom Tov, and we gave a donation to the fund set up to help people who had their food spoiled.

A reader, Passaic, NJ

### Thank You Hashem!



Hello! I just wanted to share with you two short stories.

A few months ago, my wife went shopping on erev Shabbos and when she came back her diamond ring was missing from her hand! It had fallen off somewhere along the way and she was devastated. The situation seemed hopeless. To even begin to look would

be like trying to find a needle in a haystack.

I asked Hashem to help and said that bli neder I would be mefarsem the nes by sending it to the Spring Hill Times.

A few moments later, she found her ring! It had gotten stuck in one of the shopping bags!

Another story that happened to us, my wife had gone to the pharmacy, and after she came back she realized that our baby's favorite blanket was missing. She retraced her steps but she could not find it.

The next day, she asked me what to do.

I told her to donate to the Spring Hill Times and send in the story of our yeshuas Hashem and you will have your blanket back shortly.

She went to the store and asked the cashier if she saw a pink blanket. The manager overheard her question, he was stunned. He said, "I can't believe it. I told them to just throw it out, but the lady said no it is most probably someone's baby's blanket and they will probably come back to get it!"

Thank You Hashem!

A Reader - Chestnut Ridge, New York

### Meetings Go Well



I had two meetings and I was nervous that they wouldn't go well.

Then I remembered that Hashem controls all outcomes, so I said, "If both meetings went well, I would publicize it in the Spring Hill Times. Baruch Hashem both went well.

A Reader - Chestnut Ridge, New York

### Yidden Love Each Other



A meshulach came to my house, and as I usually try to, I shmuzed with him a bit, and even gave him a hug!

He then said to me I see that you are a warm fellow, maybe you can do me a tova. I said sure. He asked me that since he is returning to Eretz Yisrael the next day, and it is not ideal to go through airport security with a large wad of bills, he asked if I have hundred-dollar bills that I could change small bills for.

B'hashgacha, I had \$650 in

hundreds and fifties. I don't usually have that much! He changed \$600 worth of fives, tens and twenties. (Which, by the way, showed me that it was all he needed!)

A week later, I still had a lot of the change in my pocket. Presently, a talmid in Bais Medrash Govoah of Lakewood asked me for change of a \$100 bill! I happily gave him!

I remember hearing in a shiur on chessed from R' Avraham Asher Makovsky of Lakewood, (author of the recent book Living Chesed - Artscroll) from a gadol, that even giving change – which is something easy and that every human being would do – is still a chesed, and a mitzvah of Ahavas Yisroel,

and one should have that in mind!

A Reader - Lakewood, New Jersey

### Just Enough Money!



This is my story. On Erev Pesach I was at the store with my children buying some last few Pesach items we needed. I had a 300 shekel in my wallet.

When the lady put everything through the total was 560 shekel. I was a little shocked, but that's how it goes with Pesach prices - so we were trying to decide what to put back.

Then I remembered I have a "moadon" which is a club

card, that gives discounts on things. She put through the moadon and that reduced my bill to 430 shekel. So I stood there wondering what to return. Then the lady said why don't you use your points, you have 134 points. I told here I didn't realize I had points. She said that for every 100 shekel I spend I earn 1 point with the "moadon", and each point is equivalent to 1 shekel. I never knew about this! I don't go to this store so often, but over the years of going to this store, I had accumulated points.

What Hashgacha Pratis! Hakadosh Baruch Hu saved me another trip to the store and saved me money, just at the perfect timing.

M. Litwin - Neve Ya'akov

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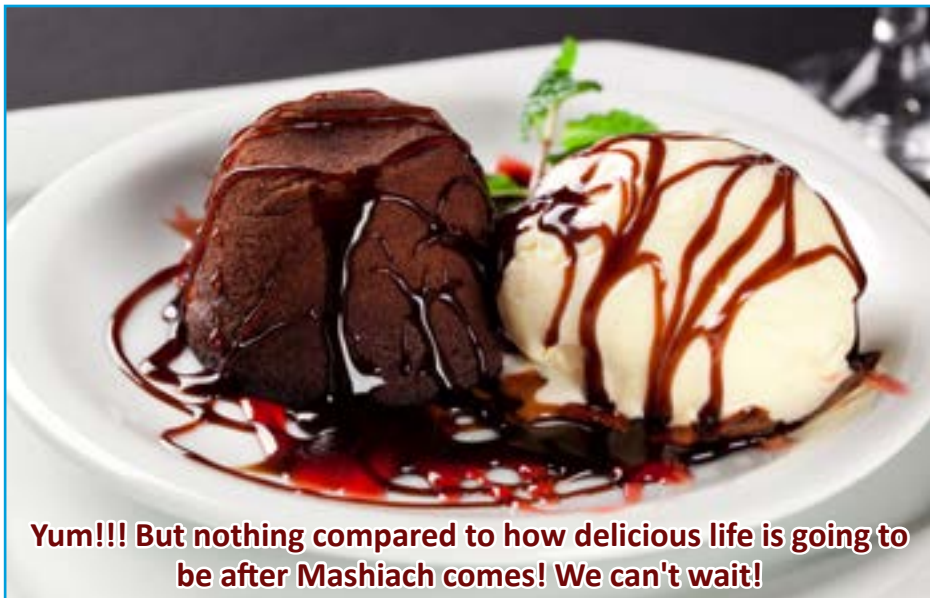
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**Yum!!! But nothing compared to how delicious life is going to be after Mashiach comes! We can't wait!**



### Cheshek HaTorah

#### Vayeira Riddle #61

*Avrohom Avinu went to perform the Akaida, a very precious Avoda. The Pasuk uses a unique name for his knife, since this Mitzva will be for his descendants a strong merit for life. What is the name of his knife?*

To hear the answer to the question, press x14 #61 on the Chaishek HaTorah Line 8457204040

You can hear stories from the Spring Hill Times being read on the Cheshek HaTorah Hotline.  
845-720-4040 Ext 6  
Updated every Motzaei Shabbos!

### Parsha Delight Question of the Week

פרשת וירא תשפ"ד (5784)

What was the מדה כנגד מדה  
of the people of סדום becoming blind?

Please email your answer(s) to [parshadelight@shiurenjoyment.com](mailto:parshadelight@shiurenjoyment.com) and enter to win a \$5 Raffle



Contact Michael Yaakov with any questions at [maggidshiur@shiurenjoyment.com](mailto:maggidshiur@shiurenjoyment.com) or (917) 626-8306

LOVE TORAH LIVE TORAH LEARN TORAH



### מכתב ברכה וחיזוק מזקני ראשי ישיבות באמעריקא

הנני בזה להכיר ולהודיע בשער בת רבים פעולותיו הברוכות של המכ"ע המפורסם והנודע "ספרינג היל טיימס", אשר מטרתו להפיץ אהבת ה' ואהבת ישראל וכל כולו בנוי על טהרת הקודש ללא שום ידיעות חיצוניות מאומות העולם, וכל מטרתו להביא לידיעת הציבור הרחב הדברים הטובים שהקב"ה עושה לנו בכל יום – נפלאותיך וטובותיך שבכל עת ערב ובוקר וצהריים.

מאז הווסדו ועד עתה כבר נתפרסם ברחבי תבל – וכל איש אשר רוח התורה נושבת בו – ויראת שמים נוגע בלבבו – קוראו בשקיקה ומביאו לתוך ביתו לזכות את נפש ביתו – כיון שכל כולו מביע רוממותו והדרתו של עם ישראל בהנהגותיהם בין אדם לחבירו – ולהראות טובת ה' על עמו באספקלריה של תורה.

אך במקום גדולתו שם אתה מוצא את גרעונו הכספי, כאשר הוצאותיו עולים מדי חודש בחדשו ושבבת בשבתו – ואין לו אפשרות לכסות את עצמו – שהרי אין בו שום פרסומת – כי כל כולו נתייסד ללא השפעות חיצוניות, ע"כ אחלה נא פני אחי ורעי לעמוד לימין העוסקים והמסייעים בדבר זה – כדי שיוכלו להמשיך ביתר שאת וביתר עז – לפרסם בגאון בעוז ותעצומות את דבר ה' – ולמצוא גדולה ייחשב לכל התומכים – ויזכו לברכה המשולשת בני חיי ומזונא ריחי להם וכל אשר להם.

Handwritten signature and text in Hebrew, including the name "אברהם" (Abraham) and other illegible words.

### Nutrition Facts

Enough servings for the entire family

Serving size 1 issue of Spring Hill Times

Amount per serving	% Daily Value	Amount per serving	% Daily Value
<u>Love For Hashem 20,000g</u>	<u>1%</u>	<u>Ads on Shabbos 0g</u>	<u>100%</u>
<u>Thinking about Hashem 40,000g</u>	<u>12%</u>	<u>Feeling Proud to Be a Yid 90,000g</u>	<u>22%</u>
<u>Upsetting News 0g</u>	<u>100%</u>	<u>Talking about Hashem's Greatness 300g</u>	<u>.500%</u>
<u>Blameful News 0g</u>	<u>100%</u>	<u>Making Serving Hashem Exciting 80,000g</u>	<u>30%</u>
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<u>Emunah 50,000g</u>	<u>10%</u>	<u>Encouragement 150,000g</u>	<u>30%</u>
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<u>Love for Torah &amp; Mitzvos 100,000g</u>	<u>15%</u>	<u>Bringing Bracha to the World 750,000g</u>	<u>10%</u>
<u>Making Olam Haba Important 1,000,000g</u>	<u>20%</u>	<u>Giving Hashem Pleasure 50,000,000g</u>	<u>25%</u>
<u>Making Olam Hazeh Important 0g</u>	<u>100%</u>	<u>Middos Tovos 67,000g</u>	<u>40%</u>
<u>Feeling Hashem's Goodness 2,000,000g</u>	<u>1%</u>	<u>Makes You a Better Person 6,000,000g</u>	<u>50%</u>
<u>Love for other Yidden 500g</u>	<u>3%</u>	<u>Yearning For Hashem 12,500g</u>	<u>33%</u>

**The Spring Hill Times**  
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## Hashem Loves You!

Twenty-six-year-old paratroop commander Evyatar Zytuni, was critically wounded when he went, on Simchas Torah, to battle to help Klal Yisroel at Kibbutz Kissfuim, near to the Gaza border.

HaGaon HaRav Yitzchak Dovid Grossman of Migdal HaEmek who was visiting wounded soldiers at the hospital, stood by Evyatar's bed, who was lying unconscious, recited Tehillim and spoke words of Chizuk to his parents. He then took a special ancient coin from his pocket and briefly put it on Evyatar's head as a segulah. Rav Grossman had received the coin from his Rebbe, the Lelover Rebbe, z'tl, about 50 years ago.

A few hour later, Evyatar woke up and told his parents: "Rav Grossman was here, he put an ancient coin on me – I felt a boom and I was pulled back to life." Evyatar later said that he felt that he regained consciousness from the power of HaRav Grossman's tefillah and love.

Evyatar's mother, Natalie said: "HaRav Grossman stood next to Evyatar, davened and cried out to Shamayim. Then the Rav took out a coin from his wallet, placed it on Evyatar's head, continued with his powerful tefillos, put the coin back and continued davening – all this while Evayar was unconscious. After he woke up, he said that he felt a 'thud,' a 'boom.' We've been in shock ever since."

After Evyatar regained consciousness, his parents called Rav Grossman to thank him. Evyatar told HaRav Grossman that due to the chizzuk in his emunah, he began putting on tefillin.

Hashem is doing Nissim, miracles for us every moment, both revealed miracles, as well as many hidden ones. The Gemara (Nidda 31a) says אין בעל הנס מכיר בניסו 'The person who receives the miracles is not aware of the miracles that Hashem does with him.' It is worthwhile to learn this Gemara carefully inside. Everything Hashem is doing at every moment is complete Nissim and one thousand percent Chesed and pure רחמים. Rav Yosef there cites a story that illustrates man's partial vision, that sometimes only after a long time does man discover that things that once caused him sorrow were really done completely for his benefit.

The more we talk about how everything Hashem does is pure Chesed and complete kindness, including endless miracles both hidden and revealed, the more Hashem will show us openly his constant care and endless kindness. And the more He will open our eyes so that we will not be in the category of 'those who are not aware of the miracles that Hashem is doing with him'

Hashem Loves Us beyond understanding!

Hashem's love and רחמים are so great they are beyond our comprehension

Hashem loves us!

Taken from the 'Hashem Loves  
You Hotline'  
267-833-0596



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