

# The Spring Hill Times

לע"נ אבי מורי ר' שלמה זלמן בן ר' ישעיה זצ"ל  
ולזכות רפואה שלמה: הינדא בת מרים רבקה, בתוך שאר חולי ישראל

Issue 122

Chayei Sarah

Cheshvon 5784

## ECHOES OF MASHIACH

PAGE 6



This week's issue is dedicated as a Zechus for our brothers and sisters all over the world and especially in Eretz Yisrael and those in captivity. Our Minds and our Hearts are with them. May Hashem Protect, Heal, and Comfort all of Klal Yisrael!

**HASHEM, YOU ARE SO GOOD TO US!  
WE LOVE YOU!**

### Wonderful News

#### HASHEM SHOWERS US WITH BRACHA TO NO END!

Sha'arey Tzedek Hospital, in Yerushalayim, reported that 1,823 babies born this month! It broke an old record!!!

Thank You Hashem!

#### GREAT EXCITEMENT IN THE AIR

Children and parents across the United States and all around the world are looking forward to the Winter Motzei Shabbos Avos U'Banim Program that is starting this week.



The special learning with stories, nosh and amazing raffles are, for the children, a real Gan Eden

Continued on page 8

### CHESD HERE, CHESD THERE, CHESD EVERYWHERE!

PAGE 9

### Emunah and Bitachon News

#### MONSEY PIZZA SHOP HELPS WIN THE WAR

Sheli's Pizza, located in Monsey, New York, is offering a free eight-ounce-slush for all children who say a *kapital* of *Tehillim* in the store!



#### HASHEM FREES ANOTHER HOSTAGE

Continued on page 3

# Spreading Hashem's Goodness all Around the World!

**Newspaper Topic:**

Hashem

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**Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?**

**FOR DEDICATION OPPORTUNITIES,  
PLEASE CALL / TEXT (845) 327-5041  
Email: [thespringhilltimes@gmail.com](mailto:thespringhilltimes@gmail.com)**

לעילוי נשמות:

ישעיה בן משה יחיאל מיכאל זיידא, חוה רבקה בת שלמה זלמן, לבי הירש בן אליעזר הלל, ריזל אסתר בת דב בעריש. דוד זאב בן משה מנחם, צייטל בת שלום אריה, נפתלי בן יעקב. יעקב לבי בן יוסף לזכות הנחור משה דוב בער בן אסתר, לוויג הגון בקרוב. לזכות רפואה שלמה: דוד יעקב בן פעשא לאה

לעילוי נשמת:  
ר' שלמה זלמן בן ר' ישעיה זצ"ל



Continued from front page Israeli forces miraculously freed Ori Magidish, one of the hostages held by Hamas.

A couple days prior to this, her mother, who was not yet frum, made a hafrashas Challah gathering as a zechus for her daughter. It was a tremendous Kiddush Hashem!

**MIRACLE IN RECHOVOT**

A missile from Gaza scored a direct hit onto a 20-story building in Rechovot. The missile hit the 11th floor, went straight into the cheder mamad (fortified room) and entirely destroyed it!

Yet, no one was injured, even though the family were all at home at that time!

How was that??

**HOME SECURITY SYSTEMS  
Protection at its best!**



*Hashem stands guard at your door!  
Kiss the mezuzah every time you pass it!*

**UPDATED DAILY!**

**KI TOV HASHEM NEWS**

- 1: Daily News Update
- 3: Weather
- 7: A taste of the Spring Hill Times
- 8: Archives
- 9: Leave a Message



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**A product of 'A Life with Bitachon' and the Spring Hill Times**

לע"נ אבי מורי ר' שלמה זלמן בן ר' ישעיה זצ"ל

Davka, with that rocket the siren systems didn't work so the family did not know about anything coming! They were sitting comfortably in the living room not knowing that a missile was on the way! We don't want to think what would have happened had they gone to the cheder mamad..

שיחו - בכל נפלאותיו!

**TEHILLIM PROTECTS**

An Israeli Ba'al Teshuva from Monsey, New York told, over the following story:

*I would always encourage my not-yet-frum sister, who lives*

*in Kfar Aza, to say tehilim.*

*On Shmini Atzeres, when the goyim came in, she told her children, "I don't know what we should do but I remember that my sister always told me to say Tehilim so lets say Tehilim."*

*They said tehilim and the goyim skipped over her house!!*

ברוך שומע תפלה!!

**DIRECT ROUTE TO HASHEM**

R' Moshe,\* a yungerman from Boro Park, took upon himself to avoid walking down a certain avenue for shmiras einayim.



He did everything possible to avoid walking down that street. Whether it was morning, afternoon, or night, it didn't make a difference.

One night, he had to go somewhere, and the most direct

**DEAR READER!**

**We are looking to send copies of the Spring Hill Times to English speaking soldiers that are in the Israeli Army.**

**If you are able to help us, please call/text 845-327-5041 or email: thespringhilltimes@gmail.com Thank you!**

**HELPING KLAL YISRAEL RETURN TO HASHEM!**



**A Sponsor from Chutz L'aretz has donated 900 pairs of Tefillin for Israeli Soldiers!**

**Please spread the word! To receive a free pair please call Rabbi Noam: 054-470-4884**

.....

**Another Donor For Free Tefillin 050-261-2665**

way to go was down that avenue. Despite that, he kept his kabbala, and he went around through a different avenue. As he was going down that street he passed by a certain hall, and he remembered that his very good friend was making a simcha there that night. He had forgotten about it, but in the zechus of keeping his kabbala, he remembered in time to be able to attend the simcha!

[Kav Hashgacha Pratis]

**HASHAVAS AVEIDA HASHGACHA**

R' Mordche,\* a Yid who lives in Williamsburg, takes a bus every day to his work in Monroe.

One day, it was hot on the bus, so he took off his rekel (long jacket) and put it in the compartment above the seats.

He didn't realize that when he put it back on, a few of the envelopes that were in the rekel, fell out. In the envelopes were very important papers.

He got off the bus and he didn't even realize he had lost anything.

A couple of days later, he was in Manhattan for an appointment, and his plan was to take the bus from there to Monroe. He got on the bus

and sat down.

He started shmoozing with someone he recognized from the Williamsburg bus. The man mentioned that usually there are two separate buses that do the two different routes, one from Williamsburg to Monroe, and one from Manhattan to Monroe, but today one bus did both routes.

As he was telling this to R' Mordche, R' Mordche stood up and put down a sefer in the overhead compartment. He felt some envelopes, and he took them down to see what they were. They were his!

Baruch Hashem, the Ribbono Shel Olam returned them to him before he even had agmas nefesh that he lost it!

[Kav Hashgacha Pratis]

**HASHEM GIVES YOU EXACTLY WHAT YOU NEED!**

R' Shimon,\* a yungerman, was leaving the kosel, and was in a rush to get home. He was waiting for a bus, but it wasn't coming. He only had 20 shekel on him, which wasn't enough for a taxi.

He saw another man nearby flag down a taxi, and he overheard that the other man was going to a certain neighborhood. R' Shimon realized that the taxi would be passing near



his house along the way. He asked the man if he could contribute 20 shekel and join in the taxi. The man said, "Sure!"

It was tremendous Hashgacha Pratis that with just twenty shekel he was able to get home quickly!

[Kav Hashgacha Pratis]

Kav Hashgacha Pratis 518-613-0140

PAID BACK IMMEDIATELY

R' Moshe from Lakewood, New Jersey, need to buy shoes for Shabbos Kodesh. He has a friend who sells inexpensive shoes but they are of less quality. So, he went to a different store and bought good quality shoes. He paid \$135.00.

Ten minutes after he bought the new Shabbos shoes, he received a check for the exact amount plus four cents! \$135.04!!



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Our Enemies are ANTS
THEY ARE POWERLESS!!!!

Announcing

אחינו כל בית ישראל TEHILLIM CAMPAIGN

FOR EVERY TWO PERAKIM OF TEHILLIM THAT A GIRL OR BOY SAYS S/HE CAN EARN A TICKET FOR EXCITING RAFFLES!!
TICKET AMOUNTS FOR THE WHOLE WEEK CAN BE TEXTED TO 845-521-2912 AT THE END OF THE WEEK (BY SUNDAY 10AM) TO BE INCLUDED IN THAT WEEK'S RAFFLE.

If you don't have text you can call and leave message.

WINNERS WILL BE NOTIFIED BY TEXT. PLEASE SHARE WITH YOUR FRIENDS!

Mazel Tov to this week's Tehillim raffle winners! Enjoy your gift cards! Moshe Yehuda Kaufman, Yocheved Thumin, Yaakov Zev Rand and Shmulli Erps!! Please spread the campaign to family and friends!

By R.S.

### Echoes Of Mashiach!

Italian parliamentarian: Rome would like to return the keilim of the Bais Hamikdash!

Recently, Israel 365 News reported that at a large gathering in Jerusalem, Rabbi Shmuel Eliyahu, Chief Rabbi of Tzfas and son of the son of Israel's former Chief Rabbi Mordechai Eliyahu, said that a leading Italian parliamentarian had told his son, Amichai Eliyahu, the current Minister of Tradition, that Rome has possession of vessels of the Jewish Temple, and would like to return them to Israel! The Italian said he feels it is important for them to do so, as Italy is being overrun by other nationalities (as is the case in various European countries – including France and Germany).



The Italian parliamentarian continued to expound about how Israel is a miracle. They have succeeded in educating their people in love, trust and family values.

“Your nation has been chosen by G-d to teach the world values”, he said.

“We have in Rome the Golden Menorah and many other Temple Vessels that we took from Jerusalem 2000 years ago. With these vessels you brought light to the entire world. They are with us. By keeping them, we are perhaps preventing you from fulfilling your destiny.”

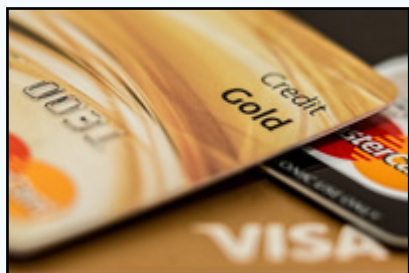
Interestingly, the mefarshim say, in the course of explaining Haman's error in his calculating the seventy years, (as the Navi had said the first galus would be seventy years. Haman claimed it was up, and the Jewish people were forsaken), that there was a calculation both on the people and on the keilim. Those keilim that had gone into galus earlier, were sent back earlier.

Is there a special reason why we are receiving this revelation now?

May we see the time when they are returned and put to real use soon!

It is interesting to note that there is a story in 'All for the Boss' about Yid In Eretz Yisrael who contacted Rav Yaakov Yosef Herman for help when an Arab farmer found an indentation in his

#### Shabbos Financial Inc.



*Don't worry about spending money for Shabbos!*

**It's all paid for!**

**100% guaranteed by Hashem!**

### Echoes Of Mashiach!

field, and found that it was the entrance to small cave. Inside, he had found what seemed to be keilim of the Beis HaMikdash. Rav Herman sent a certified letter to the Chofetz Chayim, with details about the keilim and their geographic location, and, after deliberation and consultation with seforim, the Chofetz Chaim determined that they are actual keilim. He said that the entrance to the cave should be sealed with cement, and the location kept secret.

Rav Zev Smith, talmid of Rav Pam, related a story about a Yid who had permission to enter the Vatican storehouses in order to reproduce old seforim. Once, the curator asked him that he noticed every summer, the vessels of the Beis Hamikdash develop moisture on them and seem to be crying, would he have an idea why...

I once heard a similar story about a Yid who had been in the forest with the Partisans during the Holocaust. He was walking, after the war, through what used to be a frum shtetl. He saw goyim using a pot to cook treif, a type of pot that only Yidden had used, and he was certain he heard it crying!

May we be Zoche to see the Beis Hamikdash Hashlishi B'mheira B'yameinu!

## Home ONE Realty

*Just ONE nation and we will all be home!*

**1** Soul  
Nation  
Torah  
Goal  
Destiny  
Father in Heaven



*Rejoice over your friend's success!  
Show him how much you love him!*

**Because YOU are HIM and HE is YOU!**

**United We Stand!**



Continued from page 1

in this world!

**MONSEY FAMILY IS HEALTHY!**

The entire Kohn\* family from Monsey, New York were healthy this past week! No flu, no cold and no viruses! No missing school and no need to change schedule to go to doctors! No medications and no staying up late at night with sick crying children! Thank You Hashem!

and many other families on the block lost power one morning last week.



Baruch Hashem, after about just two hours, the power was back on!

Thank You Hashem! And thank You for the electricity that flows to our houses 24/7 365 days a year!

**EXCITING DAYS COMING!**

As we come to Shabbos Mevarchim Chodesh Kislev, Yidden, young and old, are starting to think about the most beautiful eight days of the year that are coming! Stay tuned!

**ELECTRICITY COMES BACK ON!**

The Spring Hill Times Editor

**WONDER DIET  
Lose Aveiros Naturally**



**Just Tell Hashem That You Are Sorry!**

**The Spring Hill Times Fire Dept.**



**Important Safety Tips How to Prevent Fires.**

1. Flee, as far and as fast as you can, from a fight.
2. Maintain a safe distance from fights - a minimum of 1000 miles.
3. Drown yourself in all the good Hashem gives you and be as uninterested as possible in anything else.
4. Someone said something hurtful? DON'T be hurtful back. It's extremely flammable!
5. Laugh it off (inside).

**REMEMBER:**

**Practicing Safety Saves Lives!**





# WEEKLY NEWS ROUNDUP

## Chesed Here, Chesed There, Chesed Everywhere!

Mrs. Rosen\* experienced severe pain and agony after twisting her foot and had to drive herself to the doctor's office.



When she arrived at the office and got out of her car, she discovered that due to the excruciating pain, she could not walk.

Mrs. Rosen's predicament was noticed by a chashuva yid who seized the opportunity to bring her a wheelchair.

When she came into the doctor's office, a Jewish woman quickly volunteered to give away her place in line, so that she could get straight in and get treated by the doctor!

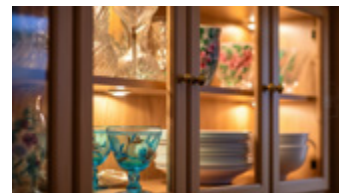
And the chassadim by other helpful yidden kept pouring in!

She felt that Hashem was showering her with so much love!

[Heard by R' Zevy Golombeck]

## "Hashem's Love- Beyond Our Imagination"

Mrs. Stone\* was looking to purchase a new china cabinet, but after searching multiple stores, she was unable to find the design and color of the china cabinet she wanted.



She thought to herself "I guess Hashem doesn't want me to have a china cabinet". But then, later on in the day, she got a phone call from her neighbor, that she was moving and that they had a china cabinet that if she would like, she could have.

She saw it, and it was exactly what she was looking for! And for free!

The final touch was that the movers were able to bring it to her house without any extra hassle.

Hashem said, "Even what you thought you wouldn't get, you could have, with door to door service!"

[Heard by R' Zevy Golombeck]

## Yungerman Finds His Bicycle!

everyday.

On a bright sunny morning, while he was on his way to yeshiva, his bike broke down. Shmuel right away thought to himself "Now I can appreciate my own personal bicycle - my feet, that I have on me, 24/7, I love You, Hashem!"

[Heard by R' Zevy Golombeck]

Shmuel\*, a yungerman who learns in Yeshivas Mir in Yerushalayim, goes by bike to yeshiva



# WEEKLY NEWS ROUNDUP

Continued

## A Twinkling Feeling



Rav Golombeck planned to drop by the yeshiva where he teaches and give change for a \$20 to his talmid during their lunch break.

On his way to the yeshiva, Rav Golombeck davened to Hashem that instead of having to search for his talmid in the yeshiva, Hashem should arrange it that the talmid would come out of the entrance and walk down the stairs to greet him when he arrives.

And yes, when he arrived, his talmid was coming down the stairs.

He explained "I had a twinkling feeling to go outside and I didn't know why."

The answer was clear, the incredible power of Tefila!

## "Hashem Could Help us Again!"



The Horwitz\* family from Eretz Israel had a bill of a thousand shekel. They did not have the means to pay it. A short while later, they received a phone call from a friend saying "I have a extra thousand shekel, would you like it as a present?" Baruch Hashem, their bill was covered.

But then a second unexpected late-fee bill came, nearly 300 shekel. They thought at first "what a tease, Hashem helped us with one bill, just to bring us another?"

Then they regained their composure and said "Hashem is just giving us a test! He gave us a 1000 shekel for the first bill and He could help us with this one too!

And help He did! They received a second letter in the mail that due to the disruptions caused by the war, they did not have to pay the bill!

Thank You, Hashem! [R' Zevy Golombeck]

## The Borei Refuos

The children in the Stein\* family had a genetic disease that limited the types of food that they are allowed to



eat to only a few types of foods, otherwise it would be dangerous for them.

They decided as a family to repeat every day that Hashem is The Borei Refuos.

Suddenly, out of the blue, the doctors discovered a cure, and now all kids with the genetic disorder are cured with the Ko'ach of The Borei Refuos!

[Heard by Zevy Golombeck]

Thank You to The Borei Refuos!



# WEEKLY NEWS ROUNDUP

Continued

## Hashem - The #1 Party Planner!



The Weiss\* family from Eretz Israel, was making a Bar Mitzva, but because of all of the current upheaval, everything involved in setting up the Bar Mitzva became last minute.

So Mrs. Weiss said to Hashem "I can't make the Bar Mitzva last minute, I'm leaving it up to You."

One friend called, "Can I take care of the sweet table?"

Another friend called, "Can I take care of the setting up the tables, and making sure everything looks presentable?"

Another friend called, "Can I make the cookies?"

Another friend called, "Can I make the Bar Mitzva cake?"

And just like that everything was done!

Klal Yisrael has such an incredible amount of achdus; everyone cares so much about each other!

It's incredible how Hashem organizes everything to the tee!

[Heard by R' Zevy Golombeck]

## The True Source of Energy

Binyamin\* came back, one night, very late from a family Chasunah. While the rest of the family was complaining that they were going to be



zoned the next day; Binyamin said "It's not sleep that is energizing me, it's Hashem!"

The next morning, everything panned out exactly as was expected. The family members who relied on teva were tired, and Binyamin had more energy than on a regular day! [Heard by R' Zevy Golombeck]

## Blockage Solutions™



**24 HOUR SERVICE!**

**Let the Bracha Flow!**  
**Take Yourself Out of the**  
**Picture.**  
**Put Hashem there instead!**

TIME FOR REVIEW



A Taste of the Ki Toiv Hashem News Station

## KI TOV HASHEM NEWS

- 1: Daily News Update
- 3: Weather
- 7: A taste of the Spring Hill Times
- 8: Archives
- 9: Leave a Message

UPDATED DAILY!

להגיד בייקר חסד  
**BREAKING NEWS**  
ואמונתך בלילות

845-400-8584

### Everything Hashem does is good.

Shmuli', a bochur from Lakewood, New Jersey, had a flat tire on his bike. He locked it up for the night and planned on getting it fixed the next day.

When he woke up the next morning, he saw that someone had stolen the bike. He found the bike a block away. The thief couldn't ride it because of the flat tire so he just dropped it!

***Kol ma d'avid Rachmana l'tav avid!***

.....

### Hashem is the best Therapist

Mrs. Gold used to see a therapist for anxiety. Ever since she started listening to 'A Life with Bitachon' she stopped needing therapy. Even now, during the war, she feels calm and relaxed.

When she told this to her old therapist. The therapist told her, "Are you serious? Even I need therapy! After I finish with my clients, I go to someone for therapy because of the war!!!"

***Baruch Hagever Asher Yivtach B'Hashem!!!***

.....

### Klal Yisrael is a Beautiful Nation!

On a leil Shabbos, Sruli, a mesivta bochur from Lakewood, New Jersey, was davening in shul. He noticed a middle age man who didn't have a seat. Sruli gave away his seat to him!

***Mi K'amcha Yisrael!***

.....

### Gas leak repaired with best tool

Yosef, a plumber from Lakewood, New Jersey, was called down to a house to find a gas leak. The family had been smelling gas. He searched and searched for the leak, but he couldn't find it. He then saw the owner of the house go into a room. When he came out of the room he asked Yosef "did you find it?" "Yes," answered Yosef.

The owner said, "I just went into the room to daven that you should find it. And right when I davened, you found it!"

***Baruch Shome'a Tefilla***

.....

### Great Happiness in Shamayim!

A few years ago, one of the girls in the Baum family from Eretz Yisrael became entirely frei. She cut

off all contact with her family.

On Hoshana Rabba, someone publicly embarrassed the Baum Family. Instead of answering back, they kept quiet and davened that it should be z'chus that their daughter return.

On Simchas Torah, she was at the festival near Gaza. The terrorists tried shooting her but they missed every time. She saw that Hashem miraculously saved her and she was chozer b'teshua

***Klal Yisrael is coming back home to Hashem!***

...

### Healthy Children are Born!

R' Simcha, a yungerman from Lakewood, New Jersey, waited for five years for children.

Finally, his wife was expecting twins.

The doctor told them that both babies have spinal bifida and that they would be autistic. Then the doctor said that it seemed that one of the babies wouldn't even make it through birth. R' Simcha went to get brachos from tzaddikim and had Emunah that Hashem runs the world.

TIME FOR REVIEW



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**UPDATED DAILY!**



**A Taste of the Ki Toiv Hashem News Station**

**845-400-8584**

Baruch Hashem the just had twins and they were both born healthy with no issues whatsoever!

**Thank You Hashem!**

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### Parents Make Bitachon Party

Chaim wasn't doing well in Cheder. One day, Chaim's father received a phone call from the Menahel that Chaim was expelled from Cheder and that there was nothing to negotiate about.

He told his wife, "We are not going get upset over this. Everything Hashem does is good. And everything will be good. Let's make a Seudas HaBitachon." And they made a fancy lunch.

They then received a phone call from the menahel that the Cheder changed their mind. "Chaim is welcome back to Cheder."

**Thank You Hashem!**

.....

### Yidden Care About Each Other!

Mrs. Grunberg had a new baby and she wasn't able to make Shabbos food for her family.

A Yid, heard about the Grunbergs' difficulty and opened his heart. He ordered delicious, ready-made

food for them for Shabbos! He paid for it all!

**Am Yisrael is a one-of-a-kind Nation!**

.....

### Yidden Are Racing Towards Hashem!

Yisrael, a yungerman from Afula, noticed that ever since the war began, non-frum Yidden starting to come to shul to daven!

In related news

A non-frum man approached a yungerman and asked him "Please show me where the seforim store is. I want to buy a yarmulka!"

Chaim's neighbor, a non-frum Yid, told him, "I'm becoming frum. I see I can't rely on the army. I can only rely on Hashem."

**Klal Yisrael is coming home to Hashem!**

.....

### Hashem helps child who has a flat tire

Dovi's bike had a flat tire. His mother wasn't able to go to the store to buy him a new tube for the tire. She didn't know what to do.

Suddenly, the phone rang. It

was her friend. She said, "I'm on the way to the toy store. Do you need anything?" "Sure, said Dovi's mother. "We need a new tube for my son's tire." Her friend gladly bought the tube and gave it to them as a gift!

**Thank You Hashem! and Mi k'amcha Yisrael!**

.....

### Yidden Love each other

R' Binyomin did not have a penny to his name. he couldn't afford to pay for basic things. He spoke to his Rav about his financial situation. His Rav took out his wallet and said, I'm giving you all the money that's in the wallet. And it was a lot of money!

Mi K'amcha Yisrael!

.....

### Non Jew Helps Yid

Yisrael had a book overdue to a library. The Librarian told him he needs to pay \$18. A non-Jew standing in line behind Yisrael took out a twenty-dollar-bill and said, "I want to pay for it." It's the least I can do for the Jewish people!

**Thank You Hashem!**



# LIVING WITH HASHEM

By Rabbi Zevy Golombeck



Editor's note: Many of these stories are from Nissan-Iyar-Sivan.

## HASHEM LISTENS TO OUR TEFILLOS

Moishy Perlstein was experiencing a lot of pain in his back.

He was davening Shemona Esrei, and right after he said the beracha of "Refoinu," his back felt better! He saw clearly how Hashem answered his tefillos!

## HASHEM HELPS CHASSAN BUY APARTMENT



Meir Gerstein, a bachur in Eretz Yisroel, was getting married. His parents didn't have any money to help him pay for an apart-



ment, and he was short a few thousand shekel. He went to shul to ask his real Father, Hashem, to help him!

In shul, a bachur came over to him and asked him if there is anything he can help with. Meir explained what he needed, and on the spot this unfamiliar bachur gave him what he needed!

Mi K'amcha Yisroel!

**GRATITUDE TO HASHEM BRINGS**

## YESHUA!

Mrs. Klein was waiting for many years to have children. She called Rabbi Golombeck to ask for advice. Rabbi Golombeck told her to write down a few 'Thank You, Hashem's' every day, to write down the 'kisses' from Hashem.



"I guarantee you that in a year from now, you'll have a baby."

She started doing that every single day. She said that after some time, she was doing it lishma because she started appreciating it so much.

Nine months later, she had a baby!



# LIVING WITH HASHEM

By Rabbi Zevy Golombeck

## HUMANS CAN'T HARM YOU

R' Hirschberg learned, as a child, in Ohr Yaakov, R' Chaim Mordechai Weinkrantz's yeshiva.

He recalled a story that R' Weinkrantz told them.

R' Weinkrantz had made a kaballah that he was not going to talk before davening. It was during a time period and place that if one walked in the streets without papers, they would lock him up in jail.

He was walking before Shacharis and they asked him where his papers were. He said "uh-uh-uh-uh." They said, "Where are you papers?" He didn't have them. He said, "uh-uh-uh-uh."

They said, "It's a crazy man, go on, get out of here," and they let him off scot-free.

Keeping his kabalah saved his life!

## ANATION OF CHESSED

I was in the Co-op shopping for Shabbos on Thurs-

day night, and there was another yungerman there who got to the cash register



right before me. He said to me, "You know, what am I in this world for? To do a chessed. You should go first."

He had a whole shopping cart for Shabbos; it was Thursday night at 12 o'clock. All he was thinking about is 'what am I supposed to be doing in this world? Making another yid happy!'

What wonderful children Hashem has!

MITZVA EX-

## PENSE PAID

Yitzchak Snyder, a yungerman from Eretz Yisrael, ordered tefillin for his



son last year. He had no

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idea how he was going to pay for it.

He said to himself, “Hashem will pay for it.” Recently, the sofer called him up to tell him that he owes him the money.

That very day, an old friend from Boro Park called up Yitzchak and said to him, “I have a friend who just came over to me and asked me if I knew anyone making a Bar Mitzvah who needs help with buying the tefillin.

I told him that I know someone in Eretz Yisrael from many years back, maybe he has a son who is bar mitzvah age.”

Yitzchak Snyder said, “Are you serious? I am making a Bar Mitzvah, and I had no idea how I was going to pay for the tefillin!”

The amount the person gave him for tefillin was the exact amount, to the penny, that the sofer

charged!!!

## COURAGE FOR KIBBUD AV VA’EM

A bachur in Rabbi Golombeck’s Yeshiva was in bed one night and thinking that he should do a mitzvah of Kibbud Av Va’em.

He called his parents and told them, “I love you so much! You do so much for me; you take such good care of me.” He just gave

them a loving message.

His parents told him they never felt so good!!

Parents do and do for their kids, and the kids are embarrassed to say “Tatty and Mommy, thank you. I love you so much.” How many kids have the courage to do that? This bachur said that he knew this is what Hashem wants, therefore he did it. His parents appreciated it so, so much!!

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## HASHEM IS THE REAL DOCTOR

One morning, Mrs. Bernstein’s\* child woke up with her eye looking funny and strange. She called her friend and started panicking. “Which doctor





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should I go to, what should I do?"

Her friend said, "I'll tell you the doctor I use! He's called doctor Emunah and Bitachon. He's convenient; he comes to you, and he doesn't charge anything." Mrs. Bernstein said, "I never heard about that doctor before. Okay, Hashem. I'm leaving it up to You."

*Editor's note: Of course a person must know that he has the mitzvah of hishtadlus to reach out to a doctor when it's really necessary. The next morning, she*

woke up, and the child's eye looked PERFECT! No issues, no problems! The Chofetz Chaim said that if somebody has a medical issue, they can go into a room say, "Hashem, I'm



leaving it up to you." Then walk out and that's it! That was the Chofetz Chaim's hishtadlus.



## A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
- 2 Today's STORY of Bitachon
- 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
- 4 This week's connection of Bitachon to the PARSHAH
- 5 QUOTE from Sefer "Bitachon Weekly"
- 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
- 7 Today's STORY how Bitachon helped someone through a Nisayon
- 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
- 9 RECORD your Questions, Stories & Comments
- \* Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

### SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
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*L'zechus that people should feel loved by Hashem!*

# 5

## Weekly Thank You's



By: R' Simcha Elefant - Yerushalayim Ir Ha-kodesh

**Thank You Hashem for Ice trays!**

Such an easy and convenient way to make ice cubes!



**Thank You Hashem for Straws!**

We can drink out of cups and bottles with so much comfort!



**Thank You Hashem for Coats!**

We can go out in the cold and stay so warm and dry!



**Thank You Hashem for Shampoos!** So many different types for all types of hairs to keep our hair fresh and clean!



**Thank You Hashem for Ear-plugs!**

We can be in a noisy place and have quiet to ourselves!







**Dr. Chaim Altzisgut M.D.**

**Patient**

**I work for the public and someone criticized me on something that I did.**

**It really hurt me.**

**In addition, it bothers me that it hurts me.**

**Please help!**

**I'm prescribing 8 medications for you:**

- 1. Now you will get 100 times more sechar for your work! L'fum Tzara Agra!**
- 2. Thank Hashem that it was only one person and not more!**
- 3. You now just learned how to be more sensitive to others and to realize how powerful your words are!**
- 4. Keep quiet and don't answer back. Or even give him a compliment. Do hatava B'makom Hakpada. You will become a much better person and give Hashem so much pleasure!**
- 5. If the person never gave you compliments at other opportunities, then you can be sure that the person has an issue with seeing things negatively. So he is the one who has a prob-**

**lem, not you!**

**6. The greatest people in our history were ridiculed and persecuted by their close family! Avraham Avinu! Yosef Hatzadik! Dovid Hamelech! And many more! Avraham Avinu went against the entire world! You are in great company! If you get opposition, then you know you are doing something good!**

**7. At the end of the day, you are serving Hashem. No one else's opinion counts!**

**8. It's normal to be hurt by criticism! Everyone on earth is like that!**



# THE SPRING HILL TIMES WEATHER STATION

Weather Reports Brought to you by:  
Meteorologist Velvel Honig



*It makes no difference what the temperatures will be or what conditions await us, the weather Hashem gives us is always beautiful and perfect!*

**Tuesday** 23 Cheshvon

Low 41°F  
High 66°F



AM clouds  
PM sun!!!  
Yippie!!!!

It will be a wonderful day to enjoy learning Hashem's delicious Torah!

**Wednesday** 24 Cheshvon

Low 39°F  
High 52°F



Partly  
Cloudy!!!  
Yay!!!!

There will be perfect weather to thank Hashem for your friends!

**Thursday** 25 Cheshvon

Low 43°F  
High 53°F



Showers!!  
Gorgeous!!!

Perfect day to realize that Hashem is everywhere!

**Erev Shabbos** 26 Cheshvon

Low 38°F  
High 53°F



Showers!!  
Gorgeous!!!

Perfect day to greet Hashem's wonderful Shabbos with cooking a delicious Cholent!

**Shabbos Kodesh** 27 Cheshvon

Low 34°F  
High 51°F



Mostly  
Sunny!!!  
Yay!!!!

Stunning weather! Perfect day to focus on how Hashem took us out of Mitzrayim!

**Sunday** 28 Cheshvon

Low 52°F  
High 34°F



Partly  
Cloudy!!!  
Yay!!!!

Beautiful weather! Will be a great day to see Hashem's Glory fill the entire universe!!!

# Parsha Game

By: Motti - London, UK

**Fun and an interactive way of learning Torah!**

## PARSHAS CHAYEI SARAH

**Q: Where in this week's Parshah do we find a connection with the pictures below?**

ANSWERS ON PAGE 43



Feedback and comments are welcome: leiblowy@gmail.com

### Parsha Delight Question of the Week

**פרשת חיי שרה תשפ"ד (5784)**

Rashi (23:2) explains that שרה אמינו was נטרת because she was told about עקידת יצחק. How could such a thing happen?! The גמרא קידושין tells us that שלוחי מצוה אינן נזוקין, those sent for a מצוה are not harmed, and here, through עקידת יצחק אברהם אבינו fulfilling the monumental מצוה of עקידת יצחק, it came to be that he lost his beloved wife!

Please email your answer(s) to [parashadelight@shiurenjoyment.com](mailto:parashadelight@shiurenjoyment.com) and enter to win a \$5 Raffle

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Contact Michoel Yaakov with any questions at [maggidshiur@shiurenjoyment.com](mailto:maggidshiur@shiurenjoyment.com) or (917) 626-8306

LOVE TORAH LIVE TORAH LEARN TORAH

### CHEISHEK HATORAH

Chayai Sorah - Riddle # 62.

**Do you know why Eliezer took ten camels along? Take a guess - don't worry if your wrong. Think of the importance of the above quantity. If you still don't know - look in the Chizkuni!**

To hear the answer to the question, press x14 #62 on the Chaishek HaTorah Line 8457204040

*You can hear stories from the Spring Hill Times being read on the Cheishek HaTorah Hotline.  
845-720-4040 Ext 6  
Updated every Motzaei Shabbos!*

# Ayin Tova

*Seeing the good in every situation*

## CASE OF THE WEEK:



*Mendy was waiting on the checkout line in the supermarket. The man at the head of the line had finished paying and was talking on his phone while slowly placing the items in his cart. It seemed he was more focused on his conversation than on what he was doing, and he was holding up the line. People were getting impatient as he expounded on the Parsha and seemed oblivious to the fact that there were others stuck waiting behind him.*

You can send your suggestions for the AYIN TOVA CASE to: [ayintovanewsletter@gmail.com](mailto:ayintovanewsletter@gmail.com)  
Or call [Israeli day-time hours only]:  
USA: 831-244-6019  
Eretz Yisrael: 052-760-5409.

*Help Mendy and the other shoppers have ayin tova for this man and for their situation.*

*Suggestions for the Case of the Principal who is inflexible about a minor dress code violation, and a mother, who is swamped at work, has to go and pick up her son from school.*



- There is something very admirable about having rules and sticking to them. You don't have to admire the rule but can respect the commitment to keeping them. It is reassuring to know that the principal reinforces all the school rules, which really benefits her child in the long run.
- Perhaps the school's Board of Directors told the principal recently that if he did not start enforcing the dress code, then the board was going to fire him. As a result, the principal is going a bit overboard to save his job.
- Temima realized that it was a good thing she left work as she was so tense, there was a good chance she might have acted impetuously when making a decision or improperly toward a colleague.
- She can focus on being able to spend some much-needed quality time with her son.
- Temima can try to change her focus on the whole situation. If she remains annoyed and swamped all she'll get out of that day is resentment towards the principal, and annoyance at the school for these kinds of rules. If she changes her focus and decides that Hashem has given her a day off to spend with her child, she will likely have a wonderful day.
- Perhaps she is meant to learn to step out of her shoes and view things from the perspective of others.



# SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

## There Is a Plan



The way I see it, it's a beautiful testimony to the profound order that exists in even the most seemingly random and chaotic of situations.



While taking a walk on Shabbos, I notice that

those fall leaves that turn yellow and brown and let go of the tree fell to places on the ground that no one could predict where they would land, and yet, the net result was that they create a beautiful, circular carpet around the base of the tree, with no empty spaces, and it mirrors their stance when they were yet above.

Even though no one could have any certainty on where any one leaf would land, in the end we see that it looks like they were puzzle pieces, falling into place. There is a plan. Good Shabbos!



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# Living With Appreciation

By: R' Daniel Shasha

After the Bnei Ches agreed to sell Avraham a burial plot for Sarah, the Torah tells us that he bowed down to them (23:12). Why did he do this? The Seforno explains that he bowed down to them as a way of expressing his gratitude towards them. Another instance where we find bowing in our parasha as an expression of gratitude was when Eliezer went to look for a wife for Yitzchak. When he saw that his mission was proving to be successful, he was so full of gratitude to Hashem that he bowed down as an expression of his appreciation. What is the association of bowing with gratitude?

True gratitude is the admission that we are indebted to someone else and we therefore humble ourself to show appreciation. The word להודות to thank, shares the same root as the word, מודה to admit, since true gratitude is an expression of acknowledgment. Feeling humbled is a key feeling when we sincerely express gratitude. Therefore, we bow down as a way of expressing our appreciation.

One example where we see this is during modim, the beracha devoted to gratitude. This is one of the only berachos where we bow both at the beginning and the end, since this is such an important way to express our gratitude; showing how we are so humbled by Hashem's kindness. Rabbi Avigdor Miller would caution against bowing out of rote and instead recommended that we should think how grateful we are to Hashem when we bow. He would say "don't waste a bow", since when we bow down to Hashem, we have the opportunity to make it a very meaningful experience. He would recommend in particular to contemplate something we are grateful for just before we say "modim anachnu lach" and have that thing in mind when we bow. This will ensure that our bowing is fueled by gratitude and is not just by rote.

Another way in which modim is unique, is that it is the only berachah where the tzibbur says together during chazaras hashatz. Why is this so? The Abudraham answers with something beautiful. This beracha shows our great appreciation to Hashem for all He does for us and gratitude cannot be expressed through a shalaich, it has to be given directly. Therefore, the entire tzibbur says modim together! May we be zocheh to try and have a bit more Kavvana during this special beracha, it can go such a long way. Also, when expressing appreciation, let's try and do so directly.

*When Rav Elyashiv was in his final years, he required a very important surgery in which a top surgeon was flown in from America. After the surgery, he asked those around him, how to say thank you in English. Surprised, they said we will thank him for you. 'No', the gadol insisted, I need to thank him personally. He practiced how to say 'thank you' in English a few times and then approached the surgeon and thanked him personally in his own language!*

This is an excerpt from the weekly Living Appreciation newsletter, for feedback, to subscribe or to obtain our two minute a day inspiring gratitude journal please contact us at [livingappreciation@gmail.com](mailto:livingappreciation@gmail.com)



## Bitachon Gems

Learning the Parasha with Rav Yehuda Mandel Shlita

Why is Avraham Avinu so ahead of everybody ברוחניות ובגשמיות?

The תורה mentions almost nothing about the חסדים that Avraham Avinu did to שרה - only when she is נפטרת. We have a whole פרשה about - לספוד לשרה- and mainly his efforts in giving her a burial בבבדיקה. There is no question that Avraham Avinu had unusual love and respect for שרה, but the תורה only elaborates about how he went all-

out in אמת של אמת. A חסד that is purest of the pure - where the person can't even smile to you and say "Thank you."

Part III

This story shows the cardinal difference between Avraham Avinu and בני דורו. They viewed a woman as a source of their own pleasures. They were generally "takers" and Avraham Avinu was a total "giver". דור המבול would have 2 wives - one for children and one for יופי. But respect for nobody but their own רצונות's.

אברהם's very name was רוממות and being a father who by definition is a giver אב-רם and רוממות means respect and truth!

Part IV

And the kings would kill the husband and kidnap the wives. And when אבימלך says

הגם צדיק תהרוג,

Chazal explain that he was full of נגיעות and he fooled himself into thinking he was a צדיק.

אברהם had a lifetime mission to be radically different than his contemporaries. חז"ל call him העברי meaning the whole world is on one side and he is on the other side.

Part V

We don't find him davening to have children - just thanking הקב"ה by building מזבחות when the הקב"ה tells him that he'll have children. Of course he davened for children but



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## Bitachon Gems



Learning the Parasha with Rav Yehuda  
Mandel Shlita

it appears that the תורה wants us to know his special עבודה in purifying himself and he mainly was involved in thanking that is against the nature of most humans who always kvetch about what they don't have.

### Part VI

The תורה tells us about his constant שבירת המדות. His davening for סדום - his arch enemies! And his risking his life to save לוט who had been in a state of מחלוקת with him and he had just

rejected א"א and said ואלא באלקיו ולא באברם and his true love and respect for א"א after she was נפטרת.

### Part VII

The Alter from Navardok ז"ל has a classical שמוס on this week's פרשה - יפה שיחת עבדי שמוס. Why? Because every move א"א made was an act of שבירת המדות. He had asked אברהם if יצחק could marry his daughter and א"א told him אין ארור מתדבק בברוך. So he had a strong נגיעה not to want any other שידוך to work out, so יצחק would have no choice but to marry א"א's daughter. נגיעה א"א went to war against his נגיעה.

### Part VIII

He davened against his נגיעה and made an all out effort that he should be מצליח with all kinds of זריזות to make things work and to take care of יצחק in a different direction than his desires. Notice that his name is never mentioned in this פרשה. Perhaps this is a סימן of his selflessness. And not having his name is a רמז of his having no "zich" in mind throughout this episode.

### Part IX

But he does call himself (אנוכי) עבד אברהם. We can suggest that he was indeed בטול to אברהם - just like א"א was always going against his נגיעה. So was א"א. It always bothered me how Avraham Avinu could tell him you're an ארור and go out and get a ברוך for יצחק! What about א"א's sensitivities?

### Part X

Of course, we have no understandings about these giants - but I can still suggest בס"ד that א"א had such a strong חינוך from א"א to go against his נגיעה that it wasn't an issue at all! It was פשוט that א"א wouldn't have a הקפדה he would gladly go against his own רצונות to get יצחק a ברוך and not his own daughter (an ארור).

### Part XI

In our terms: Going against your רצון was the "in thing" in א"א's house - "That's what we're all about around here!" Especially since חז"ל say that עיקר חיות האדם שבירת המדות וא"ל וגם לגמולך. This may also answer why א"א wanted the girl to be extreme and say

## Bitachon Gems



Learning the Parasha with Rav Yehuda  
Mandel Shlita

אשקה - since א"א was extreme in תד the way he ran as an old man on a day of סכנה (3rd day of מילה) (and ואל הבקר- רץ) he sheched 3 cows just for their tongues alone.)

### Part XII

In a world of selfishness (especially in such a close proximity to סדום where an עוסק was בחסד (חייב מיתה) you need to go extreme (ח' פרקים says in רמב"ם). Also, we

see how א"א wasn't afraid to send an עבד who are שתופי זימה to bring a young girl on a long trip. א"א was pure and his סביב was pure.

### Part XIII

When באר לחי רועי and he came from יצחק לשוח בשדה בנען he saw אליעזר came to בנען. באר לחי רועי says that he got a שידוך for his father - הגר! The same person who was kicked out of the house and her son ישמעאל was sent away because of יצחק. Yet, we don't see any animosity between them and יצחק דוקא brings הגר back since he cares only for his father's שידוך!

### Part XIV

And the מפרשים bring down that he went to daven in the same place that הגר screamed to הקב"ה when she was driven out of א"א's house. יצחק was pure, without נגיעה and no hard feelings towards הגר whose son ישמעאל had tried to kill him. This sounds similar to דוד המלך who took ע"ה to be a tutor for his son שלמה, even though שמעי had cursed דוד a קללה נערצת.

### Part XV

By the way, דוד was for sure heavily involved in שבירת המדות as you can see how שמואל ר' גרשון ליבמן fits in totally with ד"ת. The above ד"ת fits in totally with גרשון ליבמן's lifestyle. He was once walking around Armontaire and they asked him what he's looking for and he said, "אני מחפש שבירת המדות". This is your life and your חיות and your whole גשמק in living!

### Part XVI

Believe it or not, if a person wants to constantly work on his middos these days - he may need to be busy building himself up day and night with כשר גאווה and also be עוסק בבטחון lots of time. He'll get plenty of שבר since it's so much against his nature. And it could even be נפשו hurt a person since depression and low self esteem can ח"ו hurt a person physically.

Klal Yisrael is continuing to grow and shteig and become closer and closer to Hashem.

At this time, during the war, Klal Yisroel's Emunah and Bitachon is getting stronger; some people are strengthening themselves in the area of Tefilah. Other people are taking on various Kabbalos strengthening their connection to Hashem. It's simply amazing how people are rising higher and higher in Torah and Mitzvos. Mi k'amcha Yisroel!

When we do Mitzvos there are two things happening. Firstly, we are doing Hashem's will and we are bringing



a nachas ruach to Hashem, which is the biggest privilege for a human being. Secondly, we are bringing down a holiness, a light, onto the world. This light influences other people to do Mitzvos.

This is one explanation for "Mitzva goreres mitzva". When one does a mitzva he will bring himself and others to do more mitzvos.

The Mishna in Pirkei Avos

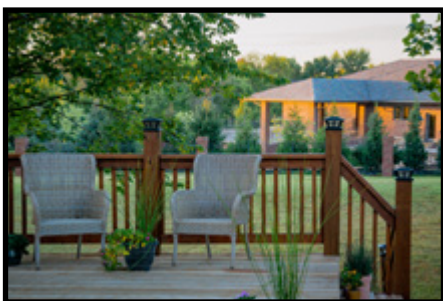
says that Avraham Avinu got reward equal to his entire generation. Why? Because Avraham Avinu was the one who spread the light throughout the world and influenced his generation. This is a tremendous chizzuk for all of us.

When we do Mitzvos, we are giving Hashem much nachas ruach, and at the same time, we are spreading light throughout the entire world!

With this zchus, we will be zoche to see Mashiach, bimeheira biyameinu amein.

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**Do Mitzvos!**

## Real World GPS Systems

Stay on the Road!



**Your Destination:**

**HASHEM**

**Your driver:**

**HASHEM**

**Just sit back and enjoy the ride!**



# Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

R' Yonasan Aber, a well-known mechanech and son-in-law of the great mashgiach, R' Dov Yaffe, relays an incredible story that happened many years ago when he was newly married at his father-in-law's Shabbos table.

He had gone to shul on Shabbos morning and started davening Pesukai De'zimrah in the side room of the shul, intending to proceed to the

main shul thereafter.

While he was there, there were two young boys pretending as if they were learning. They had taken out Gemaras, although they were too young to read and certainly to understand the Gemara language. Their discussion went like this:

The first one questioned, "assur?"

The other responded, "assur!"

The first requested, "assur, assur?"

The other affirmed, "assur assur assur!!"

For several minutes, this was how their dialogue continued, each time the assurance coming that whatever the first was asking about was definitely "assur!"

After davening, he returned to his in-laws' house for the Shabbos seudah.

As they were waiting to begin, he told his father-in-law about the boys he'd overheard before davening. R' Yaffe became full of trepidation and was greatly disturbed. He asked his son-in-law for the names of the boys. "I need to speak with their parents immediately! The seudah will have to wait." With that, he headed for the door.

The family tried to dissuade him, but he was very determined. "This is a matter that cannot wait. I must resolve this right now." His wife, though, convinced him that the family he wished to speak with wouldn't take his words well if he would address the issue with such urgency, so he agreed to wait until after the seudah to go.

After the seudah, his son-in-law asked R' Yaffe why he was so persistent about this. Why was he willing to postpone the start of the seudah for it? Was it a matter of pikuach nefesh?

R' Yaffe responded: "With a child who hears 'assur,' 'assur,' and more 'assur,' the pre-

Continued on next page

## Bais Hamikdash Constructions

Building Hashem's Magnificent House Together



*Love your friend to no end!*

# Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

diction for such a child is that he won't continue serving Hashem. If everything in Yiddishkeit is only 'I can't do this' and 'I can't do that,' his future is at stake. That makes it a very critical matter.

"Serving Hashem is the most enjoyable thing, and if it's not presented so, children are at great risk. It's so fundamental that it's worth the entire seudah being postponed so that they won't have this wrong impression.

"Children must see and feel that serving Hashem is the 'best thing' in their lives—the only thing that brings

true, intrinsic happiness. By planting this idea in this manner, over time they will mature to truly feel that and continue serving Hashem."

The sad ending of this story is that the father didn't take these words to heart and didn't change his children's mindset (or his own). Sadly, over the years, neither of those boys continued on the right derech. (Be'er Haparshah, Balak 5783, p. 17)

What we take out from this story is: 1) To listen to da'as Torah. They know best, and we must trust them. 2) The proper way of training our children—and our-

selves—is that serving Hashem is the most enjoyable thing in the world. It's not a burden and a yoke. It's the most fulfilling thing in This World, let alone the World to Come.

## DEAD FISH

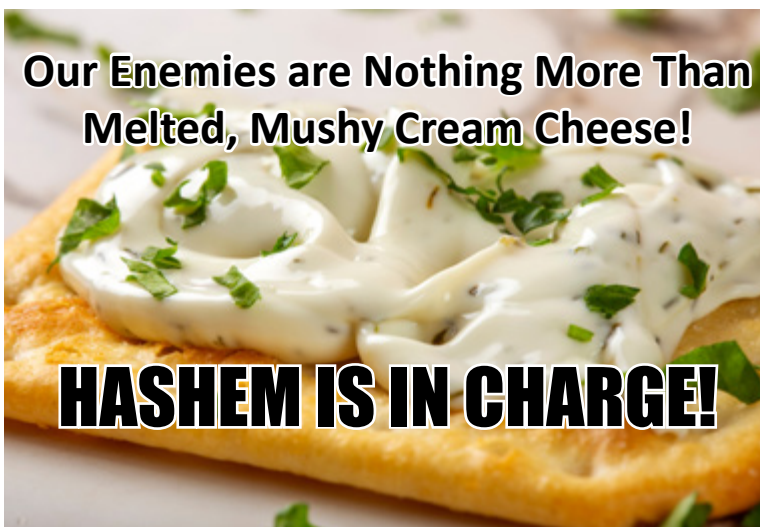
"I had a student," says R' Y.Y. Jacobson, "who became a baal teshuvah. He grew up in an nonreligious background, and within a short amount of time made a turnaround to begin a full commitment to Hashem and His mitzvos. One day, when I felt it was the right time, I asked him what changed his life to turn him in the right direction. This was his story:

"When I was four years old, my parents got me a fish for my birthday. I was obsessed with it. I would sit and analyze the fish day and night. I noticed that he wouldn't move for the entire day. He parked himself in one spot for hours on end, and then would swim to another spot for a few more hours, and that was his whole day.

"I figured that he must be suffering from boredom,

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**HASHEM IS IN CHARGE!**





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having nothing to do. So, as a clever four-year-old, I came up with a solution. I decided that I would keep him company. I would stick in my hand to take him out and play with him, and so I did.

“I was so happy. I had a chance to make my fish happy. But that wasn’t it. What made me even more excited was that when I took him out, he was jumping from joy. I saw how much he liked and needed this ‘outlet.’

“Out of my excitement, I went running to tell my mother about the great ‘chessed’ that I’d done, expecting that she’d be impressed by my care and concern.

“But, to my surprise, that was not her response. She wasn’t thrilled with my plan of action but told me that taking him out was not befriending the fish but the opposite—that I was killing it! I was taking away its source of sustenance, and that was why it was jumping. It was on the verge of dying and was jumping for its last breath!

“With that, I took the fish,

replaced it in the water, its source of life, and it was able to regain its breath just before it had died.

“That served as a life lesson for me. Some people seem to be full of life, and we assume that they’re the happiest, but essentially, they’re just distracting themselves from their essence. When one’s connected to mitzvos, that’s when one is alive; when you’re not, you’re not. The people who I thought were full of ‘life’ were just filled with emptiness. They were living a life distracted from a meaningful, productive and fulfilling life. That is why I made a U-turn in my life and started living and more meaningful life.” (Heard on Stories to Inspire Hotline)

## MEANINGFUL LIFE

R’ Elimelech Biederman spreads that there was a very wealthy man who told him that in his younger years, whenever he’d heard that the best thing in THIS World was serving Hashem, he always thought to himself: “If you’ll tell me that serving Hashem will bring me the ‘Next World,’ that I

understand, but This World? Is this the best way to succeed in this world?”

“Then the day came when I went out to the world. Oh! Did I see that they were right! Once I went to work, all I saw in my life was the dollar and nothing more. My connection with my children was limited to the dollar. The only thing in my life was money, and that’s not a life. I couldn’t continue on like that. It’s an empty life. They were so right—the best way to live this life is by serving Hashem. It is the best and only way to have an enjoyable life.” (Disclaimer: This doesn’t mean that it’s impossible to work in a way that’ll be a Kiddush Hashem and fulfill many mitzvos.)

## HANDS ON

There’s an incredible story that brings out a practical way to feel this appreciation, and this is how it goes:

Reuven had a relative that was, r”l, in the hospital. While he was watching his relative, he figured that since his relative was stable, he would take the opportu-





# Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

nity to visit other patients. He entered the room of an older individual and asked him how he was feeling. Upon quick glance, though, it seemed to him that the man's time to enter the Next World was near.

After striking up conversation, the patient told him the he was a survivor and had no family left. All his children went off the derech, and no one takes care of him.

As they were departing, he told the visitor that he's well aware of his medical situation and nevertheless wasn't concerned about his judgment in the World to Come. "Since I hadn't had any family to assist me, I was faced with many challenges. How did I overcome them? I would think about how much it meant to Hashem that I was withstanding the challenge, and that gave me the courage to continue.

"That didn't do the whole trick, though, so one day I came up with a new idea, and that was that with every challenge I faced, I took some money and placed it in a bag. If it was an easy ni-

sayon, I'd put in five dollars, and if it was a difficult one, I'd put ten or twenty, and so on. At the end of each day, I would calculate how much money I'd put into the bag. Doing that gave me tremendous chizuk to withstand the confronting challenges. Recently, I calculated my money; it was an enormous amount. This, I'm sure, is going to stand for me in the World to Come, and I'll be protected."

This is an incredible way to see and feel the accomplishment of our mitzvos. The mitzvos that we do many times are forgotten very soon after—if not right after they're done. Doing so brings forth the realization of the mitzvos that we do and gives us the proper satisfaction.

Even if we can't copy what this man did, at least being aware of the mitzvos that we do and eventually building our proper appreciation for them will be tremendous.

The mitzvos that we do are endless. We do a lot of mitzvos unconsciously. By focusing on the many mitzvos we do and building an appreci-

ation toward them, we'll be better and happier people.

## RECAP

Mitzvos are the most and only satisfying thing in This World. Other enjoyments don't fill us up and don't make us intrinsically happy. They might distract us from a deeper emotional pain, but are they satisfying? No! The neshamah needs something else. "Placing apple juice in a car's gas tank isn't going to make it run." Our neshamah is made up from the Shechinah, and therefore the only thing that satisfies it is serving Hashem. The stronger the commitment, the greater the resulting happiness is going to be.

This is especially true now that we stand at a time that we all are improving. We should remember that this "lifestyle" is the best life that can be. Doing Torah and mitzvos is the best thing "in This World," and for sure in the World to Come.

We have learned that the mission of the Jewish people is to spread awareness of Hashem in the world. But it seems difficult to understand



all of a Jew's obligations in this light. There are many mitzvos we perform that the non-Jews do not understand. When a Jew wears tefillin or tzitzis, takes the arba minim, or performs any of the other chukim in the Torah, can it truly be said that he thereby earns the respect of the nations of the world? Often, these mitzvos make us seem bizarre to them. Furthermore, how can the mitzvos that we observe in private bring honor to Hashem?

Let us examine an incident that the Rambam cites, rather surprisingly, as a classic example of kiddush Hashem. In Hilchos Yesodei HaTorah (5:10), the Rambam writes: "Any person who desists from a transgression or performs a mitzvah, not due to any factor in the world — not from fear, not from awe, not in a quest for honor, but only because of the Creator — as when Yosef HaTzaddik refrained from [sinning with] his master's wife, is considered to have sanctified the Name of Hashem." Certainly, Yosef's refusal to sin with Potiphar's wife took place in private; how did it represent a kiddush Hashem? Furthermore, it seems to have resulted in the exact opposite; Potiphar's wife slandered Yosef, accusing him of committing an immoral act, and he was imprisoned. How can the Rambam cite this

episode as an instance of kiddush Hashem?

In Parashas Yisro (19:5), the Torah states, "You shall be a treasured nation to Me, for the whole land

is Mine." What is the connection between these two thoughts? The Meshech Chochmah explains that when the Jewish people observe the Torah and its commandments, they will be a "treasured nation," subject to special Hashgachah Pratis (Divine Providence) that will guide them and save them from all calamities. This special Providence, which will be clearly recognizable to the nations, will cause the entire world to accept Hashem as the King of the universe, essentially making the whole world "belong" to Hashem.

*During World War II, the port city of Shanghai, where the students of the Mir Yeshivah had sought refuge, was a strategic location occupied by the Japanese. Consequently, it was heavily bombarded by American air raids. In light of the imminent danger, the yeshivah students considered fleeing to safer locales, but the mashgiach, Rav Yechezkel Levenstein, told them to remain there and assumed personal responsibility for their safety. None of them were harmed by the bombings, and the Heavenly protection that they were afforded was so overt that the local Japanese residents ran to stand alongside the bachurim whenever an air raid siren sounded, confident that the boys had been granted supernatural*

protection (Reb Chatzkel, Rabbi Yitzchak Kasnett). The Japanese realized that the Jewish boys must have had special qualities that earned them such extraordinary Divine protection.



of His reputation, so to speak. In fact, the pesukim show that despite the scandal that erupted around him, Hashem caused Yosef to become well-liked

and respected — hardly the way one would expect an immoral person to be received.

True kiddush Hashem emerges when the Jewish people perfect their observance of the Torah and mitzvos, earning the status of tzelem Elokim, and then are the recipients of special Divine Providence. It would not create kiddush Hashem if Hashem merely performed miracles and wonders to demonstrate His might; Hashem's Name is sanctified only when He bestows such miracles upon a nation that is a true reflection of Him.

In practical terms, then, our responsibility is not necessarily to make efforts for kiddush Hashem to emerge from our actions. Rather, our task is to become proper reflections of Hashem, by keeping His Torah and mitzvos, and then Hashem Himself will sanctify His Name before the world. This is why Yosef HaTzaddik acted correctly when he refused to sin with Potiphar's wife. Regardless of the potential fallout, there is only one determining factor in any decision: what Hashem truly wishes. A Jew must follow Hashem's directives and let Hashem Himself take care

and respected — hardly the way one would expect an immoral person to be received. In a sense, this concept is reflected in many common parent-child interactions. What happens when several children are playing in a playground, with all of their mothers watching, and one of the children misbehaves in a way that embarrasses his mother? It is only natural for the mother to try, if she can, to avoid acknowledging that the child is hers; she is ashamed by his behavior. But if the child does something laudable, something that evokes his mother's pride, she might very well rush to his side and embrace him or otherwise demonstrate her affection; she would want to take credit for his actions. When Hashem demonstrates special providence toward us, it is also an expression of affection. Certainly, our Father in Heaven would want to show us special affection only when our behavior makes Him proud, so to speak, and when we truly reflect the way that He wants us to live.



Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.

Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

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## Rabbi Yosef Moshe Mizrachi

Rabbi Mandel wrote (Bitochon Weekly Lech lecha) That one should work on his Middos because Hashem Wants us to and not only to have a better quality of life. This way when it's Hashem's will for us to do the opposite we will be able to adjust accordingly.

For example someone who works on building up his self esteem and recognizing his own greatness because that's Hashem's Will, when it comes to being mevater he will be able to do so and it won't be a contradiction since he will recognize that now Hashem simply wants him to work on something different; thinking about someone else's value. A servant of Hashem is capable of using extreme opposite Middos depending on what the situation calls for!

One time I heard someone telling Rabbi Mandel in front of a crowd that a certain Shul needs him to be mekarev them because they are not so frum but Rabbi Mandel would have none of it and insisted that they have lots of Yiras shamayim (Even though they were far from perfect ).

Similarly, I once told Rabbi Mandel that I was going to speak with a tzibruchin downtrodden Yid R"l What message should I tell him? I asked. R' Mandel responded with a smile 'Tell him to relax! Everything is going to be okay Hashem runs the world. And then he told me sternly 'you must respect this Yid!! In Shamayim He may be much greater than you because he is having difficulties and he's still holding on...'!

When we feel inferior it's a sign we need to say 'no, I'm better than everyone else!' And when we feel much better than a certain Yid then it's time to stick up for him and say how truly great that Yid really is! **Shabbat Shalom U'mevorach!**

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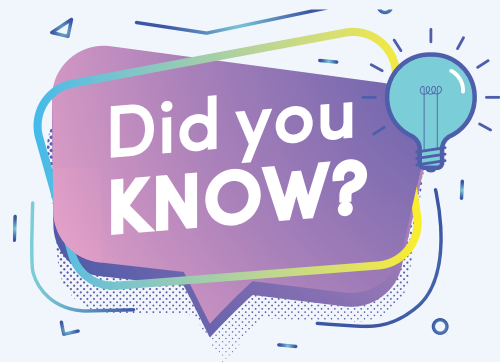
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**Yummmm!**  
**Just an example of what's waiting for you in the next world!**

By: Rabbi Zevy Golombeck



**R' Moshe Feinstein wrote that the way to be mekarev and mechanech another Yid is not through telling him off, putting him down or scaring him. Rather, it's through telling him and showing him how sweet Yiddishkeit is and how much Hashem loves us.**

**(Doresh Moshe, Teshuva sefer regarding being mechanech children.)**

**R' Yehuda Mandel adds that this is also how to be mechanech yourself.**

## *Gold Mines*

*Based on the teachings of Rav Yehudah Mandel*

By: R' Baruch Rosenstock

Everyone has qualities that nobody else has not



their friend's, parents, or even rebbeim. Yet sometimes we get carried away admiring other people's

maalos and successes without realizing our own. There's no mitzvah being busy with that, our life comes first - חייך קודמין - realizing and appreciating who we are comes before anyone else.

In this day and age the yetzer horah tries to get people to feel like a zero. People habitually tell themselves negative self-talk "I did this wrong I did that wrong".

R' Mandel says that realizing your maalos is true limud hamussar and it will make you shteig. You'll stop feeling so weak and jealous, instead you'll feel good and energized.

# MAZEL TOV!

**Mazal to R' Avi Kolko and family (Chicago, IL) on the birth of a new baby boy!**

# BITACHON POWER!

BY: Rabbi Chayim Tzvi Blau  
This week's Topic: "The Puppet SHOW!"

## The Quote – The Lesson – The Story

A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

**The Quote:** "Having Bitachon means that you believe that Hashem is the One and only One that has the ability to bring anything about and to make it happen".



**The Lesson:** WHAT MAKES THIS QUOTE SO INCREDIBLE is that we look around the world and we can think that this person's decisions and that person's decisions is what is maneuvering the worlds operation. However, the Chovos Halevavos is teaching us that the Bal Bitachon understands and realizes that the entire world is one big puppet show and it is all single handed by our loving caring Father Hakadosh Baruch Hu the Ribono Shel Oilum!

**THE STORY:** This tale was related by the world famous maggid Rav Sholom Shwadron

**תזק"ל** THERE WAS ONCE A FELLOW named Tumel. Tumel would wake up every morning and don his police uniform. Tumel imagined that he himself was responsible for controlling the traffic on the major highway entering the city. Every morning, without fail, Tumel jumped out of his bed, like a soldier going to fulfill his duties. In his hand, Tumel held his red wand and he was there shouting. As soon as the light turned red, Tumel walked in front of the already stopped traffic, and waved his hands high in the air, motioning to the traffic not to drive. As the light turned green,



Tumel would move to the side and yell, "Okay, you can drive..." and Tumel waved his green wand side to side motioning to all the cars to drive. For years and years this is what Tumel did every day, day-in day-out. In the snow, in the rain, in the winter and in the summer. One day, Tumel's wife asked him "Tumel, why do you toil so much and work so hard, don't you know that you're not doing anything? The traffic light is doing everything already from above, in an amazing and most precise way!" Tumel replied angrily, "What about hishtadlus? I am doing my part and the traffic light is doing his! Each one has to do their part!" One day, Tumel got wounded and he was rushed to the hospital. On his hospital bed, all Tumel could think about was one thing, "Oy vey's mere! How will the traffic in the street be taken care of if I am not there?" He trembled just by the thought of what could happen if he was not there! How could they manage without him?" All the doctors tried to calm his nerves – but to no avail, Tumel could only picture to himself the

worst. A fellow roommate turned to Tumel and explained, "My dear friend, you do not understand it was not you that was controlling the traffic! It was the traffic light that was telling everyone when to go and when to stop – not you!!!" The wife of Tumel who was sitting nearby spoke up, "Sir, what are you talking about? If it is really true as you say, that it was all coming from the traffic light, what did my husband Tumel toil for all these years?" The roommate responded, "I am so sorry to tell you this, but the uniform and hand motions and yelling was all just an illusion! He was just imagining that he was the one doing, when in fact he was not doing anything at all."

"You're laughing!" exclaimed Rav Shalom Shwadron after relating this story. "However," continued Rav Shalom, "We live in the exact same way! We wake up every morning, we rush to work, we work. The next day, we work again, and we are sure that it is **us**, through our toil that is what is bringing in the parnassa, and if not for all **our** effort and work, we would not be making money. We are exactly like this fellow Tumel, whose job took over his life and who was a crazy-man." Rav Shalom concluded, "True, one needs to do some form of hishtadlus to make a living. But in order to fulfill this, it is enough with the minimal number of hours and one does not have to sacrifice his entire life on the מזבח of hishtadlus!" עד כאן דבריו

Next week's Topic: "No matter WHAT, No matter WHEN!"





Rabbi Eliezer M. Niehaus

This column is part of the "ASHER TO THE YATZAR" initiative, and is written as a *zechus* for a *refuah sheleimah* for my daughter (**Esther bas Sara Miriam**) a young mother who is undergoing treatment for the *machalah*, and for R' Yossi Hecht (**Yosef Chaim ben Devorah Leah**), founder of [ashertotheyatzar.com](http://ashertotheyatzar.com). (Please take a moment to say a *perek Tehillim* for them.) If you would like to receive the monthly leaflet, please email [ashertotheyatzar@gmail.com](mailto:ashertotheyatzar@gmail.com).

### What Do The Words Mean?

#### Part V

גלוי וידוע לפני כסא כבודך

"It is obvious and known before Your Throne of Glory."

Why do we mention Hashem's Throne of Glory, something not found in any other *berachah*?

In the past we cited the words of the Vilna Gaon who explains (Siddur Hagra) that there are those who believe that Hashem is so holy, it is impossible for Him to have anything to do with the lowly and mundane aspects of this world. In order to negate this folly, we say that from His Holy throne, the place from where even the highest and holiest angels must stand tens of thousands of "miles" away, Hashem oversees lowly matters such as using the facilities.

I once heard another explanation. On the one hand, we must place food and drink into our mouths – otherwise we would starve to death. But that very source of life, if not for Hashem constantly ensuring that our intricate digestive system runs smoothly, would cause us death. Through this *berachah* we instill in ourselves, in a very tangible way, the reality that Hashem, our King, is constantly bestowing us with life. We therefore mention the throne because that is where the king sits when he rules and presides over his kingdom, making sure that everything is running smoothly. The reason we stress the throne of "Glory" is that each time we say this blessing we are elevating and glorifying Hashem's name through praising His absolutely mindboggling involvement in our lives. The more we praise Him and realize how connected He is to us, the closer we come to Him!

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### Stories that Inspire

Someone once traveled to Sanz in order to speak to the Sanzer Rebbe, the Divrei Chaim zt"l. When he arrived, the *gabbaim* told him that he could not enter yet. While waiting he suddenly heard from behind the door the Rebbe reciting the beracha of Asher Yatzar. He said it out loud and with so much excitement that it took twenty minutes to recite it! When he entered the room, the Rebbe said to him: "Young man, you should know that one must say Asher Yatzar with more kavanah than when saying "Unesaneh Tokef", because that is a minhag and this beracha is a "takanas chazal. One can bring about more *tikunim* and *yeshuos* with Asher Yatzar than through saying *Unesaneh Tokef*."

---

Rabbi Niehaus is the author of "Oasis: Experience the Paradise of Shabbos" and "HEAVENWORDS: Elevate your Tefillah and Yourself". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a rebbi in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.

# **"The Torch is Passed"**

## **Parshas Chayei Sarah**

**Mrs. S. Mordechai**

**BS"D**

**Sarah Imeinu strived to serve her Creator and fulfill His will each day. At the age of one-hundred and twenty-seven, Sarah Imeinu passed away.**

**For the bracha her merit brought, Sarah Imeinu was renowned. Her challah was blessed. Her lamp glowed from Shabbos to Shabbos, and her tent, with a cloud, Hashem's Shechina crowned.**

**Sarah Imeinu taught myriads of women the ways of Hashem. She lived a pure life, free of sin. There was an empty void in the world where Sarah Imeinu had been.**

**It is said that righteousness lost is always replaced by His Divine Hand.**

**And so it was that Rivka had**

**been born to relatives, before Sarah's passing, in a distant land.**

**Avraham Avinu spoke publicly of his wife's praises, and in his**

**heart he wept and grieved for the Spiritual Mother of the World, who had been his partner in all he had achieved.**

**For a high price, Avraham Avinu bought the Cave of Machpaila where Sarah Imeinu was properly buried. Then he turned his attention to arranging for his son, Yitzchok, to be married.**

**Avraham Avinu sent his servant, Eliezer, on the mission of his life with the task to find a suitable girl who would become Yitzchok's wife.**

**"Please swear you'll go out of Canaan to the land of my brother where you'll fare better in your search for Am Segulaso's Second**

**Mother."**

**"However, Yitzchok's Kallah must part with her family and return with you to Eretz Canaan." so Yitzchok will not forfeit the kedusha he earned when he agreed to be bound as a korban.'**

**"To our Father-In-Heaven, Yitzchok will always steadfastly cleave. The Holy Land G-d swore to give my offspring, Yitzchok must never leave."**

**"Hashem will send an angel before you. With Siata D'Shemaya you will surely succeed; if you are true to your vow and my instructions you will heed."**

**Eliezer agreed and made an oath. Then he set out with gifts and gold and all the signs of wealth that ten camels could hold.**

**In the city of Charan, he found the b'air where the banos came to draw water. There he waited and beseeched Hashem to send the right daughter.**

**Eliezer asked: "How will I**

# **"The Torch is Passed"**

## **Parshas Chayei Sarah**

**Mrs. S. Mordechai**

**know?**

**What sign will tell?**

**Yitzchok's bashert will  
quench my thirst**

**and that of the ten camels, as  
well."**

**His prayer was answered  
before it ended.**

**For gallons upon gallons of  
water Rivka's jug she did tilt.  
Such chesed was the founda-  
tion**

**on which Hashem's Chosen  
Nation was built.**

**Only a girl like Rivka,**

**who, for a  
thirsty strang-  
er, went the  
extra mile  
had the quali-  
ties needed  
to be Yitz-  
chok's Eshes  
Chayil.**

**Rivka left**

**with Eliezer, carried by camel,  
the decision to marry Yitz-  
chok sealed.**

**She turned to the side,  
b'tznius, and veiled herself  
when she raised her eyes and  
saw her Chassan on his way  
from praying in the field.**

**Yitzchok brought Rivka home  
and they were married.  
The Shechina's cloud re-  
turned.**

**Like Sarah Imeinu, Rivka's  
challah was blessed  
and her lamp once again**

**from Shabbos to Shabbos  
burned.**

**The torch was passed to the  
next generation:**

**Yitzchok Avinu and Rivka  
Imeinu,**

**who carried on the holy  
avodah bringing the world  
closer**

**to The Ribbono Shel Olam,  
Hakadosh Baruch Hu.**

**They were a blessing.**

**They were blessed.**

**Partners in founding a great  
nation;  
a light to the rest.**

**To be continued ...**

*With much gratitude to our Father-in-Heaven and Hakaras Hatov to R. Yitzchok I. Kaufman (The Spring Hill Times;) Artscroll Chumash (Shottenstein edition: Parashas Vayaira and Chaya Sarah text and commentaries;) Rabbi Chaim Miller (Chumash Gutnick Edition: Parshas Bereishis: text and commentaries;) Rabbi Moshe Weissman (The Midrash says: Parshas Bereishis) and EK, LJ, and DD.*



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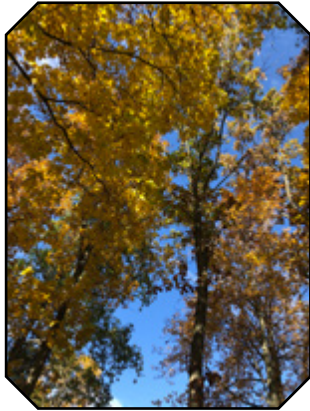
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Just Look At What Hashem Made For You!

It's a Stunning World!



It's Full of Love!



It's a Wonderful World!



# A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

Our lips don't just close the opening of our mouth. They tightly seal it, creating an air – tight cavity. It's only due to this tight seal that we're able to drink with a straw. When we suck inwards, all of the pressure gets centered on the small opening of the straw, drawing its contents into our mouth.

Try holding a straw between your teeth only, without closing your lips, and see if you could draw the liquid up the straw. It doesn't really work. It's missing the airtight

environment that our lips provide.

Drinking with a straw is not



too vital. We can get through the day without it. But, the

need the function of sucking to survive, infants do.

The most important stage of our development is the early stage of infancy. For the first few months of our life we received all of our sustenance through the function of sucking. We are all alive today due to the function of sucking that Hashem granted us in the beginning stages of our life. This ability to suck, we only have in the special lips that Hashem, in His kindness, gave us.

truth is that this function is very important for us. Perhaps, even our very existence is contingent on it. Even though adults do not

Our lips also play an important role in communication. The way we position our lips reveals and relays our emotions to others, and likewise, it informs us the emotional state of others. You can tell if someone is happy or sad based on the position of his lips.

His lips can also reveal

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# A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

if he's overwhelmed or shocked. This is an important and useful barometer, because often people are not prepared to verbally express their emotions. There are even situations that people are not capable of expressing their emotions. Hashem created our lips that convey our emotions to those around us, even if we do not consciously decide to share them. It's through this that those around us can relate to us accordingly, with the proper response and proper sensitivity.

A couple weeks ago we focused on the tremendous

value and power of a smile. A smile has the ability to empower people, give them chizuk when they are down, and to create friendships. We added that a genuine smile created joy in the person who is smiling to others, as the saying goes, "A smile is happiness you'll find right under your nose." This important act and מצוה of smiling is done by lips. The main physical

movement in the smile is from the way we position our lips and the way we raise them to reveal our teeth. The teeth themselves are stationary.

With our lips, Hashem gave us the ability to communicate our emotions to others.

Answers for the Parsha Game page 21

**Rings:** Eliezer, the servant of Avraham, gave rings to Rivka.  
**Straw:** Rivka told Eliezer that they have enough straw for the animals.



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# The Universe

## *A Divine Masterpiece*

*Perfection - Precision - Brilliance - Kindness - Power - Ingenuity - Dominance - Foreknowledge - Goodness -*

*Continued from last week* “Ok. Back to the orange that you previously mentioned.”

“Yes. So, as I previously mentioned, the oranges and ALL other fruits and vegetables, ALL start off with the color green including this beautiful brightly colored orange that I have in my hand.”

“Wow! Truly amazing! It changes colors without any outside help. Who paints it orange?”

“What do you mean who paints it? It happens all by itself!”

“No way! Things don’t just change colors by themselves! It’s miraculous!”

“I guess so. I just never gave it any thought.”

“Well, that’s probably because you are used to seeing it happen all the time since you are a little child, so you never gave

it any more thought, and now that you are older and more mature and able to appreciate the miraculous nature of these things you take it all for granted and you don’t give it any more thought. What a pity.”

[NOTE: The very important Sefer Chovos Halevavos in Shaar Habichina says that although studying Hashem creations is the easiest way to see Hashem’s miraculous power to create amazing things, nevertheless, it’s rarely done. He explains that it’s because by the time one is old enough to appreciate these wonders, since they have already been seen many, many times since they were very young, they get used to it, and by the time they are old enough to appreciate the wonders, it’s sort of too late. By then they are too used to seeing it, and it just passes them right by. That’s a great pity since most people will never get the chance to

study Hashem’s wonders that are right in front of their nose all the time!]

You then open the orange.

“Hey! What’s all that orange water spilling out?”

“It’s called orange juice.”

He takes a closer look at it.

“Fascinating.”

“What’s so fascinating?”

“Well, where did this orange-colored drink come from?”

“Well, I told you that one of the ingredients of the tree is rain water.”

“So? How does that explain how the RAIN WATER turned into a colored, sweet tasting, nutritional drink? That’s an amazing, miraculous transformation! Do you have any man-made machines that can make such amazing changes! And

even if *Continued on next page*



# The Universe

## *A Divine Masterpiece*

Perfection - Precision - Brilliance - Kindness - Power - Ingenuity - Dominance - Foreknowledge - Goodness -

you did, it would need many parts and it would need electricity or fuel to power it, yet here this tree – without any brains or machinery, is able to make such miraculous changes seemingly all by itself. How is that possible?! It's truly a miracle!"

"Please let me look a bit closer at the inside of the orange the alien requests."

"Sure, look all you want."

"OK. But wait, I forgot to ask you a different question."

"What now?"

Well, I forgot to ask you how in the world did this orange come out of a SOLID wood branch? I happened to have cracked open a branch of wood from this orange tree and it's completely solid. How did the orange just grow out of it? And for that matter, did you ever think about how the miraculous leaves grow out of

those solid branches?"

"To be honest, I never thought for one second about it."

"Oh boy. It's great that you can see with your eyes, but you for all practical purposes you are acting blind with regards to observing all the amazing miraculous things growing all around you. Ok.



So, I see the orange has a peel surrounding the food/drink that's inside of it. So, did you ever think about how this color changing, sweet smelling, protective peel came about? Based on all your previous answers I assume you never thought about it, right?"

"This is pretty embarrassing, but to be honest, you are right, I never thought about

it."

"I figured as much. Ok. Let's move on. I see that there are a bunch of segments, or slices all fitting together in a tight circle."

"Yes, we call them slices."

"Ok. I am going to open one up."

"Go right ahead."

So, he started to peel down the very thin wrapping that goes around the "stuff", the drink/food that's in the slice. After examining the contents of the slice for a few minutes he made the following exclamation.

"Absolutely mind boggling!"

"What? What's so mind boggling? What do you see that I don't see?"

"Well, WHO sat down to individually wrap each tiny drop of orange juice?"

"What Continued on next page





*Perfection - Precision - Brilliance - Kindness - Power - Ingenuity - Dominance - Foreknowledge - Goodness -*

are you talking about?" you ask.

"Ah, you've been eating oranges since you're a little kid. Why don't you look a little closer. Look how each slice of this orange has hundreds of drops of wrapped up orange juice, packed together in the most amazing perfection, each one lying one next to each other in a pyramid looking shape. But what's MUCH MORE AMAZING is how EACH separate drop of juice is remarkably contained in its own special wrapper. Where did these tiny wrappers come from and WHO IN THE WORLD WRAPPED EACH DROP UP in a separate wrapper?!?!?! Look how neatly packed all these wrapped-up drops are. It must have taken ages to make just one orange! Who spent the time to pack them so neatly? It must have cost a fortune to produce a single orange!



"I don't know what you're talking about. It doesn't cost a fortune. No one wrapped the drops. Don't you understand? They wrap themselves up all by themselves. That's called Nature."

"NATURE? What type of answer is that? Who is Nature?"

"Nature is the word used to explain how all these things



happen by themselves."

"Nature?! That's the most uneducated, unsophisticated answer I have ever heard!

What I am seeing here is one miracle after the other, and I bet that each thing that I have pointed out is much, much more complicated than meets the eye. To me it looks like a Great Amazing Power that can cause so many miracles is behind all these miracles, not Nature."

Of course, we know that this Great Power is Hashem. Hashem makes wonders all around us is a quiet way and it's our job to look and find Hashem's miracles that he put into His world.

[Side Note: The individual juice sacs are called either the juice vesicles, or citrus kernels]

*The author can be reached at [emunahexplained@gmail.com](mailto:emunahexplained@gmail.com)*

To be continued BE"H



# THE MIRACLES INSIDE YOUR SLICE OF BREAD

By: Mordechai Solomon

Recap: *The many miracles that's in your slice of bread.*

1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.
2. The seed stays fresh and does not rot so you can gather them and plant a whole crop's worth.
3. Soil is only found on earth.
4. Soil is the perfect environment for the seed to grow.
5. The soil is a natural habitat for ants to live in and also for the inchworm.
6. The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
7. The Inchworm bores bigger holes in the ground which is also a form of tilling the ground.
8. Vegetation grows in the ground.
9. The soil also produces all different types of vegetation.
10. This so happens to be the perfect food for the Inchworm.
11. After it eats, the food goes through an amazingly complicated digestive system.
12. The Inchworm's body produces waste.
13. The waste is very good fertilizer for the soil to help the growth of the wheat.
14. When the worm dies, it decomposes and is good fertilizer for the plants.
15. Different germs and bacteria grow in the soil to improve the soil for the growth of the plants.
16. The seed reacts with the water to start to decompose.
17. This enables that the wa-



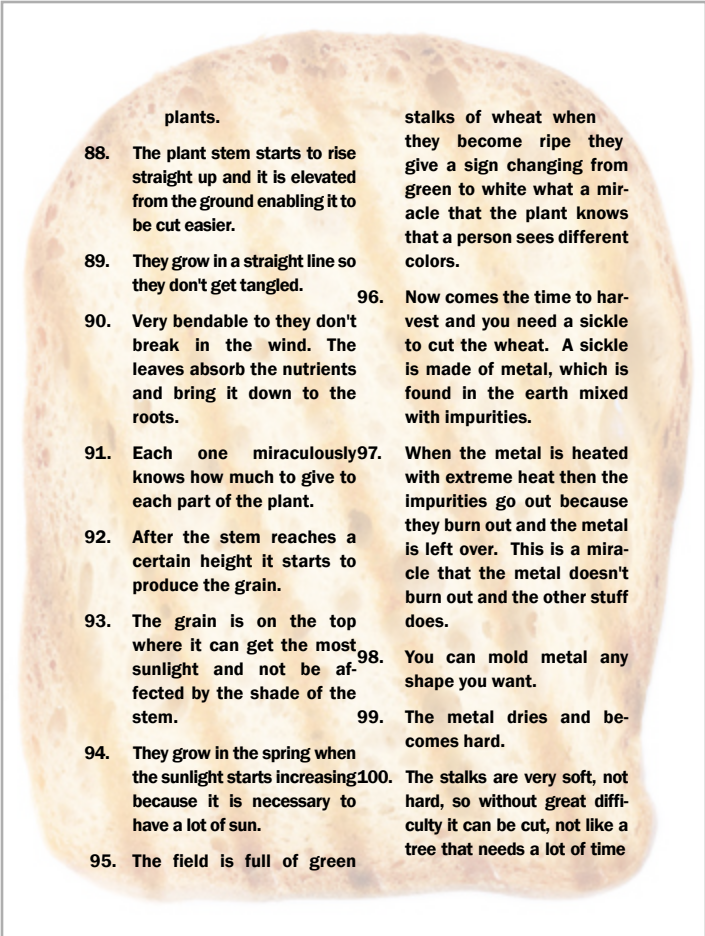
18. Water is made of two gases.
19. The soil is a cool atmosphere.
20. Soil is porous allowing it to absorb water which is a necessity for the seed.
21. This causes the seed to decompose when you put the seed in the earth.
22. No matter how the seed is placed in the soil, the root goes down.
23. The stem goes up no matter how it is placed.
24. The plant survives on rainwater.
25. The ocean is full of salt water which cleanses the water from impurities.
26. The sun shines on the water.
27. The sun is millions of miles away and yet it has an effect on earth.
28. If the sun would be too close it would burn the earth
29. If the sun would be too far, the world would freeze
30. The sun is a ball of gases.
31. The sun constantly gives off heat by chemical reactions.
32. The molecular structure of water is so that when it gets hot, it starts to change.
33. The water turns into water vapor.
34. Water vapor is lighter than air, so it rises.
35. The sun sets in order to let the earth have a rest and certain insects work at night.
36. The earth spins in a cycle which causes the sun to set.
37. It is in constant motion never stopping.
38. Everything in the world

39. The moon an orb in the sky.
40. It has a certain cycle.
41. It reflects the sunlight.
42. It has an effect on the moisture of earth which is necessary for growth.
43. The earth spins in an angle so that sometimes it is closer to the sun and sometimes it is further.
44. The sun has a force on the earth.
45. This causes all different seasons and climates.
46. During the cold season the earth stops producing as much giving a rest to the earth enabling it to give off a better crop.
47. There are many dust particles in the air.
48. When the water rises, it leaves over all the salt and dirt from the ocean.
49. The water combines with the dust particles.
50. It starts to accumulate into a cloud.
51. Cold air sinks.
52. Hot air rises.
53. The difference causes air current.
54. The wind blows inland.
55. The Clouds move inland.
56. The cloud gets heavy with water.
57. The cloud releases the water.
58. Gravity brings down the water to the earth.
59. There is a negative cloud.
60. There is a positive cloud.
61. When they rub together they make lightning.
62. Lightning travels to the ground.
63. The lightning has tremendous heat.



64. The air has in it a gas called nitrogen.
65. The lightning makes a chemical reaction with the nitrogen making nitrites.
66. The nitrites are a very good fertilizer to help the growth of the plants.
67. The stem starts to push itself out of the soil.
68. The sunlight has energy.
69. The plants know how to absorb the energy.
70. The plant turns green called photosynthesis.
71. As the plant grows the roots also grow in order that the plant shouldn't fall down.
72. The roots absorb the water.
73. The roots send water to the whole plant.
74. The roots send water to the whole plant.
75. The leaves send energy to the whole plant.
76. Carbon dioxide is made up of two different elements.
77. The leaves absorb the CO2.
78. The leaves give off oxygen as by-product. When all the CO2 in the vicinity of the plant gets used, how does it get more? The wind blows new air with CO2.
79. There is a constant production of CO2 because animals breathe out CO2.
80. When they breathe in oxygen, the by-product is CO2.
81. The rains come only certain times during the year.
82. These times are beneficial and are the exact time the plants need water.
83. The amount is not too much to drench them.
84. It doesn't come too forcefully.
85. It doesn't come too little for the plants.
86. Sometimes it comes like small needles to penetrate the ground.
87. It doesn't keep on pouring which would also drown the





plants.

88. The plant stem starts to rise straight up and it is elevated from the ground enabling it to be cut easier.

89. They grow in a straight line so they don't get tangled.

90. Very bendable to they don't break in the wind. The leaves absorb the nutrients and bring it down to the roots.

91. Each one miraculously knows how much to give to each part of the plant.

92. After the stem reaches a certain height it starts to produce the grain.

93. The grain is on the top where it can get the most sunlight and not be affected by the shade of the stem.

94. They grow in the spring when the sunlight starts increasing because it is necessary to have a lot of sun.

95. The field is full of green stalks of wheat when they become ripe they give a sign changing from green to white what a miracle that the plant knows that a person sees different colors.

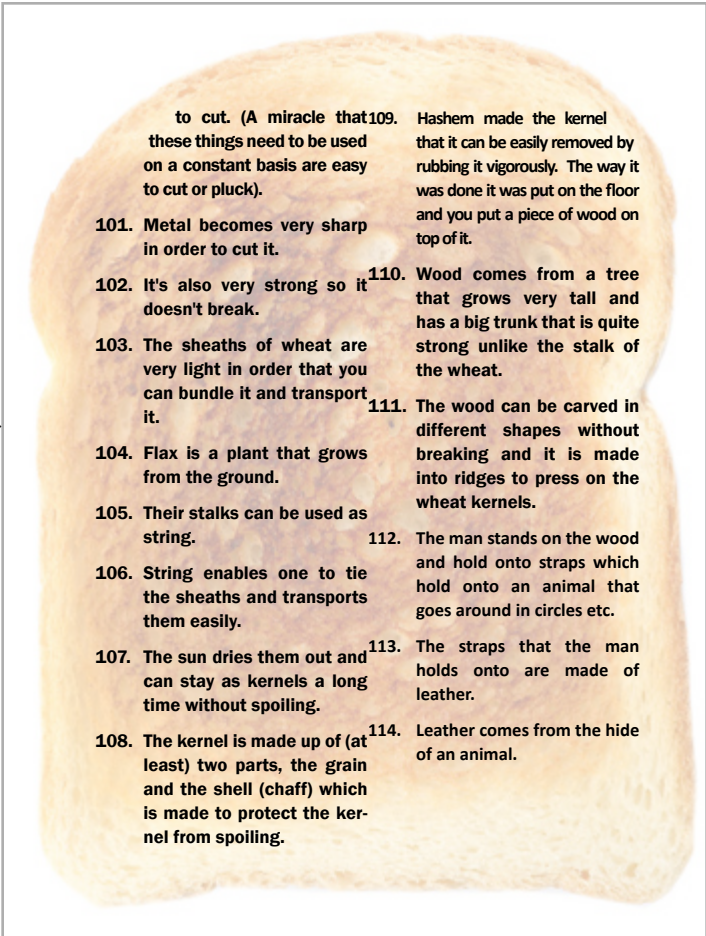
96. Now comes the time to harvest and you need a sickle to cut the wheat. A sickle is made of metal, which is found in the earth mixed with impurities.

97. When the metal is heated with extreme heat then the impurities go out because they burn out and the metal is left over. This is a miracle that the metal doesn't burn out and the other stuff does.

98. You can mold metal any shape you want.

99. The metal dries and becomes hard.

100. The stalks are very soft, not hard, so without great difficulty it can be cut, not like a tree that needs a lot of time



to cut. (A miracle that these things need to be used on a constant basis are easy to cut or pluck).

101. Metal becomes very sharp in order to cut it.

102. It's also very strong so it doesn't break.

103. The sheaths of wheat are very light in order that you can bundle it and transport it.

104. Flax is a plant that grows from the ground.

105. Their stalks can be used as string.

106. String enables one to tie the sheaths and transports them easily.

107. The sun dries them out and can stay as kernels a long time without spoiling.

108. The kernel is made up of (at least) two parts, the grain and the shell (chaff) which is made to protect the kernel from spoiling.

109. Hashem made the kernel that it can be easily removed by rubbing it vigorously. The way it was done it was put on the floor and you put a piece of wood on top of it.

110. Wood comes from a tree that grows very tall and has a big trunk that is quite strong unlike the stalk of the wheat.

111. The wood can be carved in different shapes without breaking and it is made into ridges to press on the wheat kernels.

112. The man stands on the wood and hold onto straps which hold onto an animal that goes around in circles etc.

113. The straps that the man holds onto are made of leather.

114. Leather comes from the hide of an animal.

הזן את העולם כולו בטוב!!!

115

Leather is formed by a process called tanning and it is very durable and lasts a long time.

116

Salt is used for tanning.

117

Salt is made of two gases.

118

Eventually it dries and becomes ready for use.

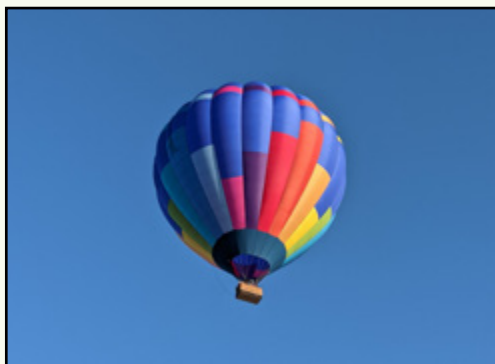
119

It's a big miracle that the animal is domestic and listens to orders and is not wild and doesn't have big demands and is happy to go around in circles.

120

The person is heavy enough to put pressure on the kernels to separate the kernel from the chaff but not to crush it so that you can retrieve it.

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going to have is  
indecipherable!

2

RECAP:

One time Motti\*, a boy learning in Lakewood, was driving from Manhattan back to Yeshiva late at night, when two robbers forced him to give them money.

I only have \$4 on me, really I'm not lying!



DON'T MESS WITH US!



I have an idea! I save me from this extreme test!



I'M WARNING YOU!



We're almost there! It's that building over there. Don't worry.



I can't show signs that they're bad, or who knows what they'll do to me! I need to let my friends know to call the police.

What ya banging for!

My friends are really deep sleepers my moneys in there, and the doors locked



Who's at the door?



It's me, Motti! I'm with my two friends one of their names are Mr. רוצח and the other one is Mr. נגנב



We need to call 911!

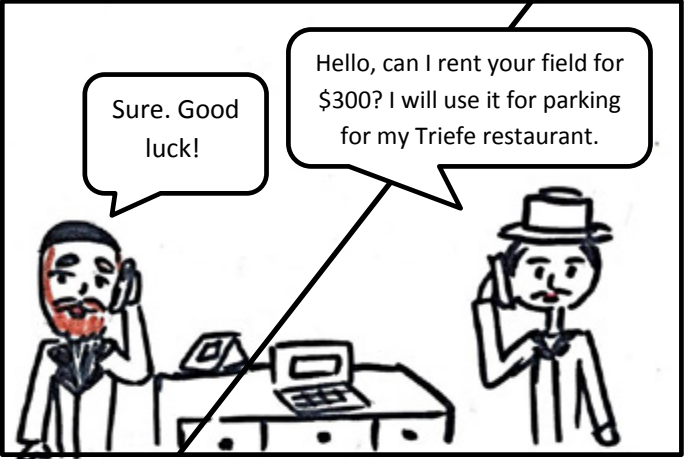
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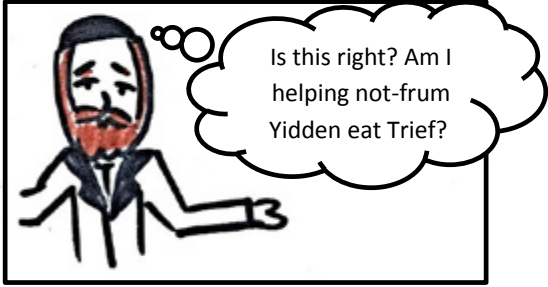
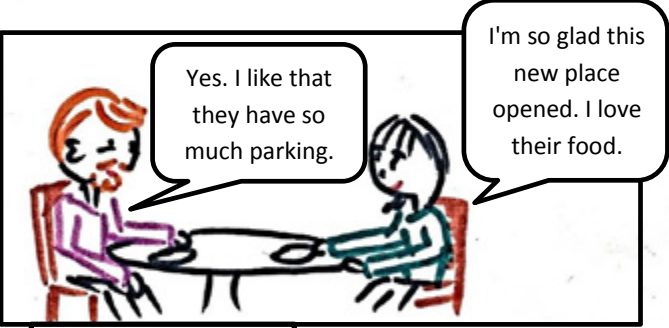
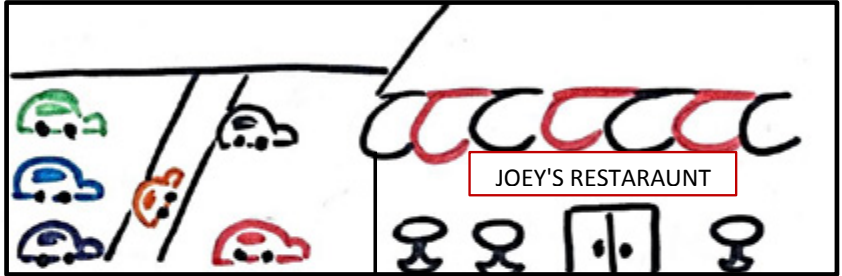
# HASHEM'S FIELD

Chaim owned a field next to his house. One day...

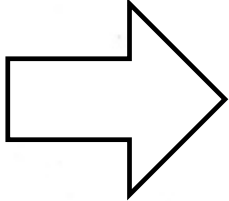
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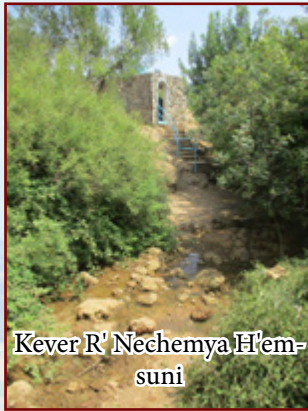




By: E. Jungreis

ארץ חמדה טובה ורחבה!

# Hashem's Wonderful Land



Kever R' Nechemya H'em-suni



Midbar Yehuda

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## BEAUTIFUL QUOTES

*"But in the homes of tzadikim, kol rinah vishu'ah be'aholei tzaddikim, in the homes of those who live with the true principles of the Torah there is true happiness, happiness that will last forever, in Olam Haba as well."*

**Rav Avigdor Miller Speaks Vol 1, Page 117**

*"Hashem thinks about everything in this world, but we can say that Am Yisrael is "on His mind" more than anything else."*

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**Ibid. Page 166**



*"He would stop in the middle of a tish and begin extolling a particular food talking how delicious it was, convincing the visitors that he was just a regular person..."*

**The Ribnitzer Page 291**

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*"He wants us to feel loved, cared for, watched and protected. That's what He wants us to think all day and all night long... I never want you to worry..."*

**Rabbi Zevy Golombeck - A Life with Bitachon**



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Rabbi Zevy Golombeck

## illuminating Words of Chazal

*"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."*  
Rav Yehuda Mandel

**Q.** Chazal tell us that because Avraham Avinu asked Hashem "במה אדע", he was punished that his children were to be in Galus in Mitzrayim for 400 (210) years.

**1.** We hear on 'A Life with Bitachon' that Hashem is full of love and compassion, so how do we understand that He gave such a severe punishment for one very small 'mistake' that Avraham Avinu made?

**2.** I feel very anxious, because I make a million mistakes every day that are much worse than Avraham Avinu's 'mistake'. What am I supposed to think?

**A.** The first part of the answer is, says the heilige Chofetz Chaim, the reason why people view punishment as negative and get a negative emotion from it, is because they think Hashem is angry at us: He is taking revenge, He's showing Who's boss, and He's putting us in our place. So whenever we hear the word 'punishment', we get negative emotions and negative feelings. That's why people say, "One second, why is Hashem doing this to me? Why can't He just overlook it?"

The Chofetz Chaim said, if you would realize that if somebody has an infection and it might spread, and the doctor has to do a surgery to take it out, no one is going to look at it as a punishment. No one is going to look at it as revenge. You would look at it as love. The doctor cares for you, the doctor is healing you. The Chofetz Chaim explains, there's no such thing as punishment, it's a fake word, it's fake news. It means love, it means Hashem's care, it means Hashem's chesed, it means Hashem's rachmanus.

If you look at how the Torah refers to Galus Mitzrayim, it calls it Kur Habarzel. You know what Kur Habarzel means? Kur Habarzel means when you want to clean gold and diamonds from impurities, you put it into a special furnace and it makes them pure. That's how the Torah refers to Mitzrayim. Mitzrayim was called an oven that cleans us, that purifies us, makes us beautiful, makes us shine. The amount that Klal Yisrael shone from Mitzrayim was actually the reason that Klal Yisrael is still thriving till today! Look at all the other nations – they're

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Rabbi Zevy Golombeck

## *Illuminating Words of Chazal*

*"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."  
Rav Yehuda Mandel*

going downhill. Every nation is downhill. Go look, nation after nation, and you'll see that the more they live, the more they're going downhill. Look at Klal Yisrael – the more we live, the more we're going uphill! We're thriving! Our true colors are shining, even with what's going on in the world right now. When the non-Jews show the animalistic part of them, the Yidden start shining and look like malachim. You know where this comes from? It's thanks to Mitzrayim.

Now that we know, that this all comes from Mitzrayim, let's see what we gained from Mitzrayim. Let's learn what we appreciate from Mitzrayim.

And you'll see that we're thriving like we are because of Mitzrayim

So let's look at what Mitzrayim did for us that caused us to still thrive in galus till today. It's the reason why the non-Jews are hitting rock bottom and Klal Yisrael is just getting stronger and stronger. Because Hashem is the source of all bracha, Hashem is the source of all chesed, Hashem is the source of all rachamim, Hashem is the source of all tov. The closer you get to Hashem, the more and bigger and better person you're going to be. The further you get away from Hashem, the further you're going to go downhill.

The non-Jews are getting further and further away from Hashem; Klal Yisrael is getting closer and closer to Hashem. You know where we learned that? From Mitzrayim. When the Mitzriyim were working us like slaves – what did we do? It caused us to call out to Hashem. It caused us to form a relationship with Hashem. It made us realize that when the Mitzriyim touch our guf, that's when our neshama shines and we call out to Hashem. The Mitzriyim were hitting our body, but our neshamos were shining, our neshamos were getting closer to Hashem. We became so close to Hashem, we grew so much in emunah and bitachon, and that's when Klal Yisrael's diamond started getting shaped and shining.

Look what happened right now, what's going on in the world. The non-Jews touched our bodies and what happened? Our neshamos started to shine! Our neshamos sparkle because when you weaken the guf, you strengthen the neshama. In Mitzrayim, they weakened our bodies, but our neshamos started shining. We started connecting to Hashem. Klal Yisrael is growing and shteiging and thriving like never before!

So, says the Chofetz Chaim, there's no such thing as punishment. Everything is love, everything is chesed, everything is rachamim, everything is a cleaning process. Hashem saw a (minute) imperfection by Avraham Avinu when he said "b'mah eida," he was missing in his relationship with Hashem. Hashem said, "I want your neshama to be perfect," so He made the Mitzriyim hit our bodies, because that's when the neshama shines.

The Rambam paskens halacha l'maaseh, that you can even convince someone to give a get, to say rotzeh ani, by hitting them, even though you're not allowed to force the get, because when you hit the body, the neshama shines, the neshama gets stronger, and the neshama really wants to give the get.

Rabbi Zevy Golombeck

## illuminating Words of Chazal

*"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."  
Rav Yehuda Mandel*

hidden rachamim, but, "I want open rachamim and open chesed." Then, R' Aharon said, Hashem says: "Oh, you want Me to treat you with open rachamim, unconditional love? Then I'm not going to look at your mistakes and give you consequences of hidden rachamim. Just turning to me and saying 'You are my Father and I am Your son,' that itself is the best cleaning process. That itself cleans the stain we have in a way of rachamim.

So even though we make many mistakes, we say, "Hashem, we want You to consider us Your son, and treat us with unconditional love," and that itself will make it that Hashem cleans us with open chesed, open rachamim. That's the best cleaning process, the best tikkun haneshama, and we don't need midas hadin.

Avraham Avinu loved midas hadin, and he wanted it. But we're not on that level, so we love midas harachamim. So just by wanting open rachamim, that itself cleans us.

That's why the Ramchal says, that mikvah, which means purification, is lashon kaveh – bitachon. Kaveh means bitachon. If you want to just rely on Hashem's chesed, that itself is going into the mikvah, and you don't need any hidden rachamim, you'll get open rachamim. So we just zoom into Hashem's unconditional love, and Hashem says, "I'll give you open bracha." And that itself will clean us from all our stains so that our neshamos will be able to shine.

Now I'd just like to give over a very important concept. R' Aharon Kotler said, that this is only if you love midas hadin and you realize it's a candy and it's sugar, and you love it, and you say Hashem, "I would like midas hadin." That's what Avraham Avinu wanted.

However, nowadays, yes, we make many mistakes. We make mistakes by the dozen. R' Aharon said, if you want to say, "Hashem, don't judge me with midas hadin, I'm not holding there, I want open rachamim." Hashem was giving Avraham

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# Story Time

Stories From 'A Life With Bitachon'



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**Mr. Bizyonos**

**#1656** - Every week, Mrs. Holstein from Cleveland sends out a package. She leaves



it by her door to be picked up by the delivery man, who brings it to where it has to go. Without fail, every single time

he comes to pick it up, he does it bright and early in the morning. By 7 o'clock, it's already picked up. Therefore, she always prepared the package the night before.

One morning, she woke up and realized, "Uh-oh. I forgot to get the package ready. I'm not going to be able to get it ready until 9:30. The delivery man comes by 7 o'clock every single time without fail. What should I do now?"

Then she said, "One second. Who's in charge of when the delivery man should come? Is it up to him? Does he decide his own schedule? It's Hakadosh Baruch Hu, the Ribono Shel Olam! Hakadosh Baruch Hu is Hakol Yachol. He can do everything and anything." With that, she decided to get the package



# Story Time

## Stories From 'A Life With Bitachon'

ready for 9:30. She said, “Hashem, I’m sending YOU the package! I’m relying on YOU that You’re going to be mesader it and take care of it that it’ll be picked up and brought to the right place.”

She put it outside her front door at 9:30, and a minute later she got a message from the delivery man. He just picked up the package, and he was on his way to deliver it to where it had to go!



**#1657-** Mrs. Eisen from Eretz Yisrael recently had a new baby. She really very badly needed a stroller, and she was trying to figure out how she was going to get herself a new stroller. It would be very expensive.



Then she was thinking, “One second. I can go straight to Hakadosh Baruch Hu. I can go straight to the Ribbono Shel Olam. He’s Hakol Yachol. He’s the one in charge of getting strollers, and if Hashem is in charge, Hashem can give it to me door to door service, free of charge, without me paying a penny! From where, from when, from how? I don’t have to figure it out. I just have to go straight to Hakadosh Baruch Hu, the Ribbono Shel Olam and believe that He can send me a brand new stroller, in perfect condition, free of charge.”

The next day, her sister called her up and said, “I just came back to Eretz Yisrael from America, and I was taking a transfer flight. I had a stopover in England for four hours, and my stroller was supposed to be given to me for the stopover, but they accidentally shipped the stroller directly to Eretz Yisrael! I asked them what I should do, and they told me that because it was their mistake, they’re going to give me a brand new stroller, mine to keep and enjoy! I don’t really need the stroller they gave me. I already have a beautiful stroller, and now I have an extra one. Would you like it?”

Mrs. Eisen said, “Are you serious?? Just yesterday I was wondering how I could get a new stroller! I said Hashem, ‘I’m leaving it up to You.’ Within 24 hours, Hakadosh Baruch Hu is sending me a brand new stroller with door-to-door service, free of charge!”



**#1658** - A very chashuve yungerman, R’ Fisher, had a friend who came to him frequently to unburden himself. “What should I do? I have a daughter in the parsha of shidduchim for so long, and we’re not even getting any names! There’s nowhere to even start from!” This friend



# Story Time

## Stories From 'A Life With Bitachon'

used to come over to R' Fisher all the time, and he didn't know what to answer him. His heart went out to him. He felt terrible!

One day, he was listening to story on 'A Life With Bitachon' about Rabbi Trenk. An older girl came to Rabbi Trenk and said, "Rebbe, what should I do? I'm in the parsha of shidduchim already for so long! No names are coming in. I feel so alone; I feel abandoned. What am I supposed to do with these emotions and feelings?" Rabbi Trenk went to get a becher, and he went to get some wine. He filled up the becher, and he made a bracha with the tune used during sheva brachos! "Baruch atah Hashem elokenu melech haolam boreh pri hagafen!" He drank the wine, and he said, "Mazel tov! It's official!" It didn't take too much longer, a couple of days, and a name was suggested! A couple of weeks later, she became a kallah!

After R' Fisher heard that story, he told his friend that he knows what he can do for him. "You know what? I can help you!" His friend said, "Really?? I'll do anything! Tell me what to do!!" R' Fisher answered him, "Let's start dancing as if we're at the chasunah! As if you're marrying off your child right now!!" They broke out in a dance, and they started singing chasunah songs! They felt such simcha! They felt Hakadosh Baruch Hu mamesh bringing the yeshua!



R' Fisher said that the next day, his friend came over and said, "You won't believe what just happened! Within 24 hours we got a name! We're looking into it."

Within a couple of weeks, he came back and said, "Mazal tov! It's official!!! Baruch Hashem, they get everything they were looking for, the best shidduch!



**#1659** - Chaim Leib Pam was driving his car in the middle of no man's land, and he realized that his car was running out of gas! There was no Chaveirim around and no yidden to help him. He felt so stuck! He was thinking, what should he do now? Then finally, his car came to an abrupt stop. It just

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# Story Time

## Stories From 'A Life With Bitachon'

didn't go anymore. It was totally out of gas. He saw a non-Jew walking by, so he stopped him and asked him if there were any local gas station where he could go buy gas. The non-Jew responded, "Well, nothing within walking distance. So sorry." The non-Jew went on his way. Chaim Leib thought to himself, "What should I do? I feel stuck." Then he started thinking about all the yesodos and stories he heard on a Life with Bitachon. Hakadosh Baruch Hu is Hakol Yachol and He can do everything and anything. He said to himself, "Do I really believe that? Do I really feel that? I'm in the middle of no man's land, yehupitzville. No Yidden, no Chaveirim, my car has no gas, and it's not walking distance to the gas station." Then he thought, "I guess I'll have to call AAA." He called them and asked them if they could send him gas. They said, "Yes, but it's going to take a very long time."

Chaim Leib really didn't want to wait such a long time. He really wanted it right away. He decided to be mechazek in Emunah and Bitachon. Chaim Leib was thinking, "Even though I have a hard time believing it, I'm just going to say the words. Hashem, You can do everything and anything, whether I feel it or not! I'm leaving it all up to you."



A short time later, he saw the non-Jew he had spoken to earlier parking his car right next to him. The non-Jew told him, "Remember you were asking for gas, and I said there's none within walking distance? Well guess what? I live right here, and I drove my car to the gas station! I bought you a container, filled it up with gas, and now you have free service and free gas, and you can go on your way!"

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# The



# Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

**Q. I want my house to be technology-free. However, my husband is involved in technology. He is not willing to give it up and there is no hishtadlus for me to do to change that. I'm scared that my husband's behavior will have a negative impact on the chinuch of our children, but my hands are tied behind my back. What is the emunah and bitachon perspective about this?**

**A.** The first thing you should know is: There is no such thing as your hands being tied behind your back.

The concept, 'my hands are tied behind my back', implies: I'm in control of what happens, and since there is nothing for me to do, things are out of

control.

We have to remember: Who's in control of the world? Hakadosh Baruch Hu. His 'hands' are not tied behind His back. He could do anything and everything.

Say, "Hakadosh Baruch Hu, I want my house to be technology-free, because I want to come closer to You and raise children to become yirei shamayim. Hashem, I know that You are in control of how my children will be affected. You could make it that not only will they not get affected, rather they will turn out strong and resilient."

Turn to Hakadosh Baruch Hu to change your husband's atti-

tude as well.

Say, "Hashem, I know that my husband's attitude is also in your hands. You could cause him to have a change of heart and decide to turn around."

Therefore, your first exercise is to remember: Hakadosh Baruch Hu is in control of results. The more you turn to Hashem, the more He will show you how He will help the situation turn around.

Secondly, the truth is, that you can do hishtadlus to influence your husband to change: Focus on your husband's ma'alos. Praise him and give him kavod for all of his strong points.

Human nature is, when a person feels that someone re-

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# The



# Bitachon Perspective

Continued

spects

him, he will go out of his way to please them, and will be willing to sacrifice his desire in order not to cause them pain.

Therefore, it's critical to habituate yourself: as much as your husband's involvement in technology bothers you, you must always remember to compliment him. The more your husband feels that you respect him, the more he'll be motivated to listen to you.

Arguing with your husband and warning him of the dangers of technology is likely to be futile and even counterproductive.

The most effective hishtadlus you can do is to show unconditional admiration. This will motivate him to please you and encourage him to change his ways.

**Q. My daughter suffers from a severe case of ka'as. She has a terrible temper, and it causes tremendous friction in the house. Whenever I try to help her work on staying calm, it just backfires. This whole situation is making me feel broken and crushed. What's the emunah and bitachon perspective about this?**

**A.** Whenever we help others, we must remember that whatever exercises we do to help

is just hishtadlus. Ultimately, Hashem is the one in control of a person's emotions. Therefore, take your daughter out of the picture and put Hashem there instead.

That being said, what's the proper hishtadlus to help your daughter?

Ninety-nine percent of the time, criticism and unsolicited advice make issues worse. Compliments and kavod bring out the best in people.

Therefore, the first thing is, when your daughter gets angry and loses herself, don't react.

Next, go one step further and focus on her ma'alos. Look for

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# The



# Bitachon Perspective

Continued

excuses to compliment her and give her kavod. Instead of expressing your displeasure over her temper, show how proud you are over her good qualities. This is excellent hishtadlus to cure her ka'as and transform her into a controlled and wholesome person.

**Q. There is a bully who is instigating my son's entire class to be against my son. Now my**

**son doesn't have any friends and he's miserable. I tried many different hishtadlus, but nothing is helping, and my heart goes out for my son.**

. The Chovos Halvavos teaches that any harm or benefit that we receive do not come from people, rather it's Hashem Who's causing it.

Explain to yourself and teach your son: there is no human being who can affect who will

be your son's friend. Friends come from Hakadosh Baruch Hu, and Hashem gives every person exactly what they need.

Additionally, sit down with your son and focus his attention on how many ma'alos he has. Tell him, 'Look how special you are. If people don't recognize

your ma'alos, it's just because they don't really know you. People need to be zoche to be your friend!'

Additionally, help him do exercises in hishtadlus to make himself liked:

- Give people kavod; show that you appreciate their strong points.
- Speak respectfully and avoid arguments.
- Write a note stating their ma'alos, you can even buy them small gifts. Acts of friendship melt people's hearts.

All the while, remember that it's Hashem Who is in charge of who will be your friend.

And when you take people out of the picture and put Hakadosh Baruch Hu there instead. Hashem will demonstrate that He is in charge and will help you find friends.

To receive the full Bitachon Perspective, please contact [klatzkoshalom@gmail.com](mailto:klatzkoshalom@gmail.com)

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# Our Readers Share



**Editor's Note: Some of these stories are from Shevat-Adar!**

## House purchased with Endless Hashgacha



I want to thank you for putting out such a special publication every week. It's always a real Chizuk!

I wanted to just tell you our personal hashgacha pratis that came our way when we were in the housing market. We were looking to move with our growing family. The cost to rent a basement at that time was the same price as a mortgage for a cheaper house. With da'as Torah we entered the housing market to purchase, but all our bids were being overtaken by others. I spoke with a certain gadol in Lakewood for chizuk who told me that the same Hashem who gave people money in the past to

get a house for much cheaper prices that used to be, He will give us the money even for today's price.

There was a clear Hashgacha Pratis that came our way that is similar to the pasuk in Shir Hashirim "Mashgiach Min Hacholomos, Umetzitz Min Hacharakim". Here are a few listed.

The first hashgacha was that a relative of ours told us on their own that they would lend us a very large sum of money. Then, a house perfect for our needs came our way in a new Kehilla with

twelve emesdika ehrliche yidden who were almost all in Kollel or Yeshiva. Next, the seller accepted our offer even though it was below the asking price!

We were trying to figure out the mortgage and started dealing with a bank when the "Lakewood Resource Center Referral Center" told us that they had a special deal from a bank that didn't fill their federal quota for the year and they needed more mortgages to attract buyers. This bank was offering 3.5% when the going

rate at that time was between 5% and 6%! We initially were hesitant to leave the first bank but they told us to leave because they couldn't match the second bank.

Next, my wife was

### Attention Readers!

**Didn't see the story you called or sent in? Don't worry, BE"R your story will be printed in the paper. Please keep you stories coming! You are inspiring the entire Jewish Nation! You are shaping the destiny of Klal Yisrael!**

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offered a raise to be implemented right in time for the new mortgage payment.

The bulk of the time spent on this was almost fully bein hasedarim or bein hazemanim allowing me to continue learning in Yeshiva and teaching in cheder.

The bank that we were now using started acting extremely irrational and kept pushing off the closing for random reasons. The seller was originally very patient, but then reached the point that they said that if the bank doesn't give a clear go ahead within the hour they would back out. At that time I was in cheder and had a responsibility and was unable to call the bank. Later, when I was ready to talk with the bank, the seller had not backed out! The bank then said that they need a certain letter by 4:00 p.m. or the banker is leaving, because that's the time that they had to leave. If it wasn't set up that day, the mortgage was going to fall through, because the rate was expiring. I wasn't able to get them the letter they needed until 4:14, and the banker should have been long out by then. However, he was still there and was then able to give the go ahead!

There were many more per-

sonal details of hashgacha pratis. These were a few points that were a tremendous chizuk for us, and we saw clearly that if Hashem wants someone to have something He'll make it happen in the right time!

A Reader

---

### One Last Flower



It was the last day to say Birchas Halanos. My cousin and I went to see if we could find any fruit trees still blooming, but all the blossoms had fallen off and the trees only had leaves. They had even taken down the sign with the brocha. We were very disappointed. Then I thought that one tree might still have flowers. We drove there to check it out, but it was empty - and then I saw something pink! It was a flower! One solitary flower! Hashem had saved it for us so we could make the brocha! And we did!

A Reader

*Editor's note: For the Halacha aspect of this story please consult with your Rav.*

---

### Hashem Sends Help



My son, Shlomo

Munchik, came home from Yeshiva one day, and there was a bumble bee between the screen door and the door to the house. It was buzzing around, trapped between the two doors. My son really wanted to come inside, but he was scared to open the screen door. He waited for a while, and eventually someone walked by. He asked if they were willing to help him out by opening the door and letting the bee out so he could get in. The person stood behind the door and opened it up, but the bee stayed on the door. The person knocked on the door, and the bee flew away. My son was finally able to go inside!

The Hashgacha Pratis of this story is that the person who helped my son almost never walks by in front of our house.

On that day and at that time this person came by and was able to help him out!!

A Reader

---

### Family Saved From Fire



I live in Brooklyn and my family and I enjoy the Spring Hill Times tremendously! Thank you so much!! It really just brings simcha and posi-



tivity, and it makes everyone feel good.

I wanted to share a hashgacha story that happened to us.

This past Friday, my two younger sisters went to spend Shabbos with my married sister who lives in Far Rockaway. Right before Shabbos, there was a thunderstorm, and they smelled smoke.

My sister's husband had already left to shul. My two younger sisters and my married sister each took one of my married sister's three kids and they quickly left the house.

On the way down, they saw the downstairs neighbor was coming out of his apartment. They told him what was happening. He called 911, and they all left.

While everyone was outside waiting for the firemen to come, one of the little neighborhood boys said something to my sister about bentching licht. My sister realized that she hadn't benched licht yet! She ran to my aunt's house, which was nearby, and was able to light on time. If not for the hashgacha of the boy's comment, she would have forgotten!

When the firefighters came,

at first they didn't see any signs of fire, so they left. Then, they came right back and searched more thoroughly. It was such hashgacha that they came back, because they broke open the ceiling, and they found a fire in the attic! They put out the fire Baruch Hashem!! The house is not usable for now, but Baruch Hashem, most of the stuff in the house was still usable.

The firefighters even brought down the Shabbos food that was on the fire and the challahs on the table, just so that my sister could have a Shabbos seuda!

It was also hashgacha that my aunt lives right nearby, so they were able to go there for Shabbos. They are staying by her until they find a new place to live. Baruch Hashem everyone was fine.

Baruch Hashem it happened before Shabbos and not after Shabbos already started, so they didn't have to think about whether or not to call 911; they just called.

Baruch Hashem it didn't happen in the middle of the night!!!

– Hadassah Cohen

---

**Hashem Sends Ride**



On Friday, I was walking home from work and it was very hot outside. I was thinking, "It's such long way home." I didn't even daven to Hashem to give me a ride, but one block later I heard someone calling my name. Someone who I work with was driving and gave me a ride the rest of the way home!

– Hadassah Cohen

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### Our Amazing Nation



Dear Spring Hill Times,

I just wanted to remind everyone that although it's very apparent nowadays how special Klal Yisroel is, we always have been amazing. We always have been a nation of גומלי חסדים It's no surprise that we are once again rising to the occasion. Let me give you a little example.

I take one of my children once a week to Schneider Children's Hospital in Petach Tikvah. Do you know how many times I've been approached by people that I don't know asking me if I need food or a place to stay for Shabbos?

One time I had to attend to my physical needs. I asked

a frum lady that was there with her son if she could watch my child. When I came back, I found her sitting there with the specialist that she was waiting for. She told me that the specialist called her. When she told her that she was watching my child for me. the specialist without a blink said, "okay so let's start our meeting here until the mother comes."

Yes, we are wonderful, have always been wonderful and will always be wonderful!!!!

A Reader - Kiryat Sefer

### The Perfect Supper



Hi, I wanted to share a story that happened to me that expresses how much I have learned from your paper and from the Bitachon

Hotline.

I was grocery shopping in a store that I love to shop in and I decided that I wanted to make fish balls for supper. It's delicious, healthy and everyone loves it. I once bought salmon from the store I was shopping in and I really didn't like the taste of it. From then on, I always make sure to only buy fish from a store that is known to have better quality fish.

That day I really didn't have extra time to go to a second store, and I was set on making fish. I remembered that everything is from Hashem, He is the Kol Yochul and can make the fish delicious. I bought the "lesser quality" fish.

When I got home I ground up the fish and I felt like I

over ground it and it would come out rubbery. Again I remembered that Hashem is in charge and he can make this fish delicious!

Then I had an Idea, my husband likes to eat this supper, but it's not one of his favorites. If he mentioned this supper tasted delicious I would send the story to the Spring Hill Times!

Then when he came home to eat supper he mentioned to me, "Wow these fish balls are even more delicious than Usual!" I couldn't believe it!!

Thank you Hashem! Thank you Spring Hill Times!

A Reader

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Amount per serving	% Daily Value	Amount per serving	% Daily Value
<u>Love For Hashem 20,000g</u>	<u>1%</u>	<u>Ads on Shabbos 0g</u>	<u>100%</u>
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**The Spring Hill Times**  
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# Hashem Loves You!

HaGaon Rav Chaim Pinchas Scheinberg ZT”L was famous for wearing up to 175 pairs of Tzitzis every day. Once, in the airport, a not-yet frum security guard asked him why he wears so many pairs? He responded, “I wear one for you! I will gladly give you one of my Tzitzis if you will wear it for a few moments every day!”



Recently, many tens of thousands of not-yet frum Yidden are begging for more and more Tzitzis. People are struggling to keep up with the non-stop demand for more and more Tzitzis!

Is there a deeper meaning for this shocking phenomenon which has never before happened in our entire history?

One of the deep secrets of Tzitzis is mentioned by the Mekubalim, who say that when we reach the words in Ahava Rabba, הארץ, 'And gather us with Shalom from the four corners of the earth', we should gather our four corners of Tzitzis in our hands, because the four corners of our Tzitzis represent the four corners of the world, and therefore holding the four Tzitzis in our hand represents the ultimate קבוץ גלויות, Hashem gathering in every single Yid from all four corners of the earth.

We are all Hashem's precious and beloved children, and Hashem deeply loves and cherishes every single one of us! He wants every single Yid in every corner of the globe to return to Him and He therefore is literally turning over the entire world for one purpose – to bring every single Yid closer to Him!

A not-yet frum Yid from a village near Ofakim spent his whole day making sandwiches for the soldiers and for United Hatzalah volunteers. He said to Eli Roe, the head of United Hatzalah, 'Hashem saved me so I can do good deeds! I will now do good deeds nonstop as long as I am alive!'

Rav Scheinberg himself said years ago in a shmooze he gave during an exceptionally challenging and painful time for the Yidden – that the whole 'Middas HaDin' is actually an extremely strong and overwhelmingly powerful pure love and infinite רחמים from Hashem whose purpose is simply to elevate and bring every single Yid close to Him in a new and much greater way!

HaGaon Rav Yehuda Mandel shared that now that tens of thousands are doing Teshuva despite the great challenges, we have an extraordinary עת רצון to daven for everything we need and Hashem will answer us!

No Yid will be left behind!

Hashem has such joy and nachas from his children more than ever before in the history of the world!

Let's do Mitzvos and 'good deeds' all day long with great simcha!

Hashem loves us!

Taken from the 'Hashem Loves  
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