

The Spring Hill Times

לע"נ אבי מורי ר' שלמה זלמן בן ר' ישעיה זצ"ל
ולזכות רפואה שלמה: הינדא בת מרים רבקה, ואברהם דוד בן רבקה בתוך שאר חולי ישראל

Issue 134

Yisro

Shevat 5784

This week's issue is dedicated as a Zechus for our brothers and sisters all over the world and especially in Eretz Yisrael and those in captivity. Our Minds and our Hearts are with them. May Hashem Protect, Heal, and Comfort all of Klal Yisrael!

EVERY YID IS HASHEM'S CHILD

PAGE 16

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**THANK YOU, HASHEM, FOR CHOOSING US!
WE ARE SO HAPPY AND PROUD TO BE YOUR NATION!**

Emunah and Bitachon News

**AHAVAH RABBA
PAGE 51**

A DOOR AND A MEZUZAH

R' Chaim* sells steel doors for a company.



One morning when R' Chaim came to open the office, he heard the phone ringing.

As soon as he got inside he picked up the

phone. On the line was a woman from Kiryat Ono. She wanted to know about a steel door, about quality and price, and most importantly, how soon it could be installed. "When can you come with the door and install it?" she wanted to know.

R' Chaim looked at his calendar and told her, "My installer will be available tomorrow. Measure the space between the doorposts, and we'll bring you a beautiful door.

She was very pressured and she said, "I

want the door immediately. If it doesn't come by tomorrow, I'll go to someone else. I must have the door right away."

R' Chaim reassured her that they would be there as promised, and indeed, the next day, he came to Kiryat Ono together with the installer – a pleasant chareidi bachur, and they started installing the door.

The woman of the house stared at them as if they had landed from another planet. It seemed that

she could not

Continued on page 3

**NOBODY HAS EVER DEFEATED KLAL YISRAEL!
AND NOBODY WILL EVER DEFEAT
KLAL YISRAEL!**

**We Are Safe and Secure in
HASHEM'S MIGHTY ARMS!**

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Serve Hashem with Love!

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Newspaper Topic:

Hashem

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Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?

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ישעיה בן משה יחיאל מיכאל זיידא, חוה רבקה בת שלמה זלמן, לבי הירש בן אליעזר הלל, ריזל אסתר בת דב בעריש. דוד זאב בן משה מנחם, זייטל בת שלום אריה, נפתלי בן יעקב. יעקב לבי בן יוסף. דוד יעקב בן משה אליהו. חי חנה בת בנימין. ליבות הנחור משה דוב בער בן אסתר, לזווג הגון בקרוב.

לעילוי נשמות:
ר' שלמה זלמן בן ר' ישעיה זצ"ל



Continued from front page imagined that he would show up with a kippah, beard, and long jacket, and that the installer would look like a yeshivah bachur.

Suddenly she said, "Don't you think we should check our mezuzos after everything that happened to us?"

"No problem," R' Chaim said. "When you install a door, you fix it onto the existing wooden doorposts, and in order to do so, you need to remove the mezuzos. During the two hours the installer is working here, I can check your mezuzos. Although I'm not a professional checker, perhaps I'll be able to see if they are kosher."

"By the way," he asked, "what is 'everything that happened' to you?"



"Two serious things," she said. "A year and a half ago my husband had a heart attack, and he still hasn't recovered, and several months ago our car

was stolen."

They took down the mezuzah, and R' Chaim immediately saw that there was a problem. While it was written on genuine klaf, it was folded down in the middle. When he unfolded it, he found that some words were rubbed out: "behemtecha" – your animals, and "yifteh levavchem" – your hearts will be led astray.

He told the owner of the house, "See for yourself which words are missing. There are hints here to everything that happened to you. Your animals – hints to your car, which we use nowadays instead of animals; and your hearts – hints to the heart attack."

The woman was amazed. That same day her husband bought



new mehudar mezuzos for the entrance to their home and for all



the rooms.

R' Chaim was excited about this story, not only because he was mezake them with being mekayam the mitzvah properly and not only because of the hints found in the mezuzos, but also because of the simple fact that his appearance as a shomer Torah umitzvos brought this about. If not for the kippah and suit that he wore, she would not have dreamed of asking him about mezuzos.



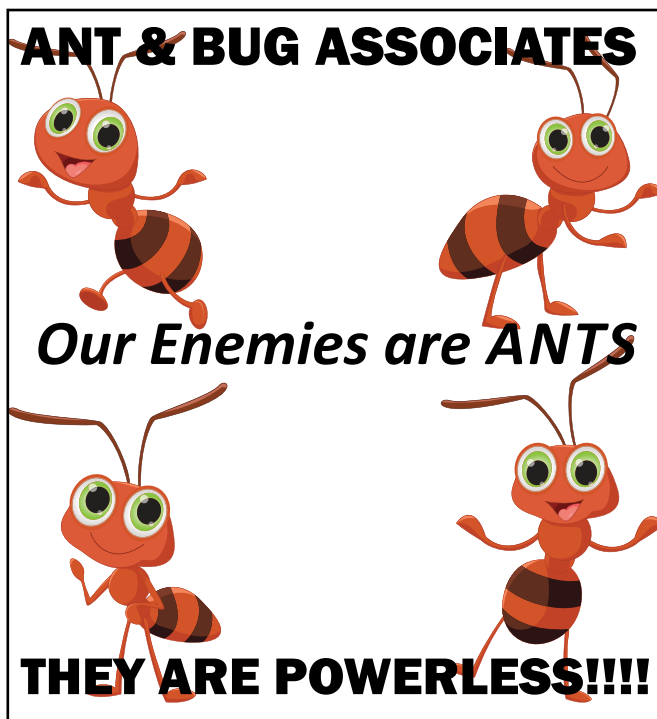
Every shomer Torah umitzvos can become a shaliach for very important matters. [Kav Hashgacha Pratis]

THE BEST "KOLLEL"

After his wedding, Shimon* started learning in a wonderful kollel in Givat Shaul. He lived in Yerushalayim, and every morning he would board the 15 bus, which would go to Givat Shaul. It was a very successful kollel, which at the time paid more than the accepted stipend. He was happy to be able to achieve his goal of sitting and learning while bringing home enough money to cover their needs, baruch Hashem.

At one point, the 15 bus line was canceled. It had been a mehadrin bus, with men in the front and women in the back, and thus there was no problem of shemiras einayim. Now, in order to get to kollel, Shimon would have to take the 11 bus, which was not a mehadrin bus. He boarded the bus and immediately felt that this was not a place for him. He could not travel this way each day. It was totally unsuitable, and under these circumstances he would have to leave his kollel. He didn't want to learn Torah in a way that would compel him to see forbidden sights on the way.

"But it's a really good kollel," a voice inside him said. "They



pay much more than other kollelim. How will you find a kollel near your home now? Don't you think leaving your kollel is a luxury you can't afford? Just close your eyes, and you'll be fine."

However, Shimon knew that it was not a luxury. He could not close his eyes the entire way, day after day. If there was no me-hadrin bus, he could not travel that way regularly; that was a simple fact.

He got off the bus at the next stop and went to the beis medrash of his chassidus. The minute he entered the beis medrash, his friend from yeshivah greeted him. He was an American bachur who wasn't yet married. He said, "Shalom aleichem. I was actually looking for you."

Shimon looked at him in surprise.

"I'm looking for a chavrusa," the American bachur explained, "and I think you would be ideal for me. What do you say?"

Shimon told him it was a good idea. He thought to himself that until he'd find a kollel, this was a really good arrangement. If not money, at least he'd have a good chavrusa.

The bachur hurried to call his Rav, who was happy for him that he'd found an excellent chavrusa and wished him hatzlachah.

Then he called his father. "He can learn

with me today," he told his father, "but he is an avreich kollel, and I don't know for how long he'll be able to continue." "No problem," his devoted father responded. "Tell him I'll pay him as much as they paid him in kollel!"



The bachur told Shimon what his father had said. Shimon saw with amazement that he now had a wonderful chavrusa, the same salary he'd had up until now, and all close to his home, without having to compromise at all! [Kav Hashgacha Pratis]

TO GIVE IS TO RECEIVE

Rebbetzin Weiss* went over to her washing machine, intending to turn it on. For twelve years she had been using this machine six days a week. Truthfully, the rebbetzin had never thought about the great wonder – how a machine that was expected to lasts about five years was working so well and never needed to be repaired.

Suddenly, with no prior warning, it would not respond to any of the rebbetzin's attempts to get its attention. She pressed here, banged there, but the machine informed her soundlessly that it had finally died.

That evening, someone close to the rebbetzin met an avreich at a wedding.

"Are you the



WHEN YOU SEE ANOTHER YID:

Ignore his type of hat



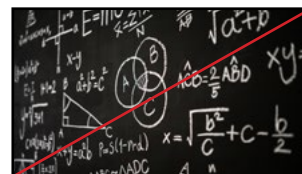
Ignore the color of his shirt



Ignore the style of his shoes



Ignore his level of intelligence



Don't accuse! Don't judge! Don't convict!



KEEP YOUR HOME COZY AND WARM DURING THE WINTER

WITH THE FIRE OF AHAVAS HASHEM!

rebbeztin's relative?" he asked.

"Yes, I am," the relative responded. "And I'll tell you something interesting. When I was a bachur, the rebbeztin would come from time to time to encourage my mother, who was widowed. She also helped me a lot when I was preparing for my wedding, twelve years ago, and she gave me a washing machine as a gift. Today the machine

we got from the rebbeztin broke down."



The relative told the rebbeztin about this conversation, and she became very emotional. She realized that it was around the time of his wedding that she had bought herself a washing machine, and she made sure to buy one for the orphaned chasnan as well. That week both machines, which had held up far longer than usual, broke down. When she gave with all her heart, she did not know that she was lengthening the life of her own machine, and when it broke down for the recipient of her chessed, hers broke down as well. How important is it to give; how much giving helps the giver! [Kav Hashgacha Pratis]

HASHEM FEEDS US!

R' Katz,* a youngerman, was on his way to Bais Medrash Gevoah. He wanted a geshmake coffee and a certain type of cake to start off his day with geshmak so that he would have everything he felt he needed for a geshmake seder. When he got to yeshiva, he saw that someone had donated the kind of cake he wanted, and some-

one had given the specific coffee that he wanted! [Rabbi



Zevy Golombeck]

MI K'AMCHA YISRAEL!

From Rabbi David Ashear:

Sarah* received a phone call regarding a displaced family from Eretz Yisrael who landed in Queens. They had four little girls and an expectant mother.

The request was to find six beds for them. Someone had already donated an empty apartment for them to use, and they needed the beds within the next 24 hours. Sarah didn't have the means to donate six beds, and didn't know of anyone who could.

She thought about it, and she remembered that she reads a monthly magazine, and loves reading the stories about an organization called 'the Mitzvah Man'. She thought, *this is a job for the Mitzvah Man*, and she proceeded to call him.

The Mitzvah Man took down the information and said that he would see what he could do. He then sent out a message that if anybody wanted to help in this chessed, they



should call this woman.

Within an hour, one person called saying he would donate one bed. Another person said he would donate two beds. Another person who has a mattress store said, he was ready to deliver all the beds that were needed to whatever address they needed to go to, and he would give them all at cost price. Before the hour was up, they got all they needed!

Then she got another call. It was

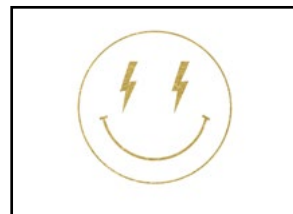


WHEN YOU SEE ANOTHER YID:

Remember that he is part of your family!



Notice his smile!

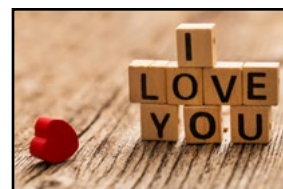


SEE BEYOND THE SURFACE!

See his holy Chelek Elokaï m'ma'al- his glowing Neshama!



Accept him and love him to pieces!



from someone else offering bedding, blankets, pillows, bathroom rugs, and other household items. The person said he would love to participate in this chesed, and would have a truck deliver everything before noon the next day.

If that wasn't enough, another call came in. It was from a woman saying, these people are going to need more than just beds. "Please tell me the age of the girls, their sizes and preferences for clothing, and I'll make sure they're all taken care of."

The woman, with a heart filled of gold, filled 17 huge bags worth of kitchen items, bathroom items, cleaning sup-



plies, kitchen utensils, shampoos, soaps, and many other household items.

She then drove herself in heavy traffic on the BQE to get to the apartment. When she was asked, maybe she could have sent a driver. She replied, "Let this mitzvah be done by a driver? No way. It's



such a zechut to do it myself."

Ashrechem Yisrael, the chesed of our people is amazing.

P.S. The mother delivered a healthy baby boy after four girls, and is comfortably living in this apartment that so many people helped get ready for them.

Miracle and 'Mi K'amcha Yisrael' stories from Eretz Yisrael that were sent in by readers.

A family in Ofakim woke up to sirens on the morning of Simchat Torah.

They got in the mamad room and waited until it was over. The father then wanted to go to shul but for some reason the mother asked if they could stay a little longer in the mamad.

The father said, "We are used to sirens here, everything is okay and I don't want to be late to shul on Simchat Torah..."

The mother had a good idea and said, "Why don't you say Birch-at hashachar here with the kids. Everyone will say the brachot and we'll all say Amen. Then you can go to shul without missing anything because it would be already after Birkot Hashachar."

The father agreed to the idea and everyone said the brachot, one by one, and the family answered "Amen".

When they finished, the father took his two sons hands and was about to open the door of mamad and go to shul when they heard screaming outside and shouts in Arabic. Someone banged on their door and Shouted, "Don't leave the house! There are

terrorists around and they are...."

If they would had left after the siren, they probably wouldn't be alive to tell the story. The brachot and Amen's saved them!

....

Heard from Harav Benayahu Shmueli

A 19 year old bachur from Netivot had a hard time getting up in the mornings to pray.

On Simchat Torah he decided he was going to get up and go to shul to make his father happy.

He went to shul and got an aliya to the Torah. When he said the bracha, the siren went off.

Just then two of his sisters came running in to shul and said the missile hit their home and landed on his bed!!!

B"H no one was hurt!

EPIC PUPPET ENTERTAINMENT
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**DON'T BLAME PEOPLE FOR ANYTHING!
THEY ARE JUST PUPPETS IN THE HANDS OF HASHEM!**



By R' Yisrael Meir Ehrenpreis

WEEKLY NEWS ROUNDUP

Thank You Hashem!

Mrs. Rothman* was in the kitchen and she got a large, deep cut. She thought she would have lots of pain, but to her amazement and disbelief, she experienced no pain whatsoever. She thought she would need stitches, but



when she went to the doctor, he said, "Nah, it doesn't need stitches." He just bandaged it up, and she didn't feel any pain whatsoever! It was a deep, humongous cut, and the doctor said that it could heal on its own without stitches. She felt so thankful to Hashem!

[R' Zevy Golombeck]

The True Dentist!

Mrs. Koenig* had a dentist appointment. She doesn't drive so she called a taxi. She was very nervous about being late, so she said to herself, "Hashem is my dentist. Hashem is the one Who will take me in, so it doesn't make a difference when I come."

She called the dentist's office to see how late she could come, and they told her that after ten minutes, she would

have to reschedule. The clock was ticking..it was already a half-hour past when her appointment was set, but she kept telling herself, "Hashem is my dentist, and it doesn't matter what time I come."

She got there, and they took her in! They told her, "We don't know



why, but we just took you." Mrs.Koenig answered, "I know the reason; it's because Hashem is my dentist."

[R' Zevy Golombeck]

Hashgacha Pratis!

There is an older Yid who is not well and he can't fend for himself. So a yungerman by the name of R' Yitzchok* was mekabel to collect tzedakah for this Yid. He called another Yid and said, "I'm helping this older Yid. Do you want to help?" He replied, "For sure I want to help! I have somebody else who would even help more than me." He gave the yungerman the his information.

R' Yitzchok wrote it down but he then



lost all the information about that person. He had no idea where to find him or how to track him down.

He told Hashem, "I don't have the paper. I don't have the information. But one thing is that You know where he is!"

He was walking in the street and just bumped into this Yid and they started schmoozing. Turns out, he was the guy who was going to help and he gave a lot of money!!

(R' Zevy Golombeck)

The Wondrous Ways of Hashem

R' Naftali* is very makpid to give tzedakah before Shacharis every day. He is also very makpid to go early to shul every morning.

Today, two things happened. He woke up late for the first time. He also did not have any money in his wallet. He did not know what to do. He went to Shacharis, and on the way he saw a older man walking on the ice to Shacharis, slipping on his way. He stopped and told the man, "Let me bring you to Shacharis."

He said, "Thank you so much! Everyday I get a ride. I don't know what happened to my ride today."

R' Naftali said, "Wow. Usually I go earlier. Now I saw you." Also, I like to do a chesed before davening. This is the biggest chesed I can do."

He made the man feel





like a million dollars!

Yidden are amazing. They always want to do chesed and give tzedaka; people are being moser Nefesh to go to

Shacharis! So much to learn from this story. Klal Yisrael is an amazing nation.

(R' Zevy Golombeck)

Hashem Gives Gift to Child

Mrs. Schwartz's* child was reading an advertisement and it showed a picture of the mitzvah kinderlach. That child really wanted to play with mitzvah kinderlach. His mother said that it's not really such a good time for her to get it now but he can ask Hashem. "Hash-

em can get it for you even when it's not good for me to get it."

Later on that night, she opened the door and she saw a package of mitzvah kinderlach! She was wondering, "What's this?"

There was a letter inside that said that two months before, she gave money to RCCS. If you gave a certain amount of money they gave you a prize! The prize was mitzvah kinderlach! She had no idea and she did not remember! Hashem answered her child's tefilla!

ALWAYS IN YOUR LOCATION!
RENOWNED SHADCHAN

Has made every shidduch since Adam and Chava and continues to do so!

Is mishadeich people who...

- Have medical conditions or are completely healthy
- Have unique or typical family and personal backgrounds
- Live in town or out of town
- Experienced challenges or have not
- Have **דוּם** or don't have **דוּם**
- Are wealthy or not wealthy

IT DOESN'T MAKE A DIFFERENCE TO HIM!

Contact **HASHEM** any time any place

- Tefilla and Tehillim
- Bitachon
- Maasim Tovim

WE ARE BACK

Mazel Tov to Shmullit Kaplan and Rivka Gluck upon winning this week's Tehillim raffle!

ACHEINUKOL BEIS YISROEL TEHILLIM CAMPAIGN

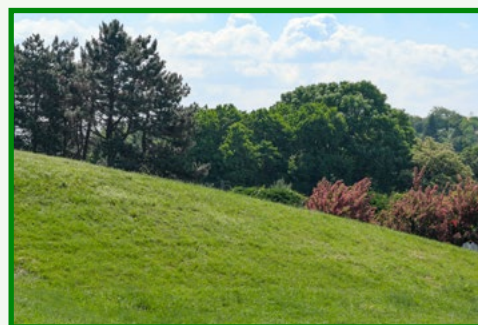
FOR EVERY TWO PERAKIM OF TEHILLIM THAT A GIRL OR BOY SAYS S/HE CAN EARN A TICKET FOR EXCITING RAFFLES!!

TICKET AMOUNTS FOR THE WHOLE WEEK CAN BE TEXTED TO 845-521-2912. AT THE END OF THE WEEK (BY SUNDAY 10AM) TO BE INCLUDED IN THAT WEEK'S RAFFLE.

WINNERS WILL BE NOTIFIED BY TEXT. PLEASE SHARE WITH YOUR FRIENDS!!

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TIME FOR REVIEW

Hear the forecast of Hashem's weather for Monsey, Lakewood, Brooklyn Yerushalayim and London! Option 3 from Main Menu.



KI TOV HASHEM NEWS

- 1: Daily News Update
- 3: Weather
- 7: A taste of the Spring Hill Times
- 8: Archives
- 9: Leave a Message

UPDATED DAILY!



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Hashem Loves Shalom

R' Dovid called up Rabbi Golombeck with a problem that he was having. Someone owed him \$40,000. He kept on trying to call the person, but the person was not responding. Rabbi Golombeck told him to stop calling the person. "Be mevater and leave him alone. Hashem is going to pay you back."

R' Dovid called back Rabbi Golombeck a week later and told him that he did a business deal and he made three times the amount of \$40,000! He never made so much money on a business deal! Hashem had paid him back in full!



"Lo matzah Hakadosh Baruch Hu kli machzik bracha elah hashalom!"

Hashem is the Best Medicine

R' Yisrael had fungus for a very long time. He tried everything, but it was not going away. It was getting worse and spreading. He said to himself, "There is no teva, there is no fungus, it's an illusion, it's all Hash-



em!" The next morning, half of the fungus was gone! He kept on chazering to himself that there's no nature, and the fungus disappeared!

"Baruch rofei cholim!"

Hashem is in Charge of Our Parnasah

Mrs. Rosenfeld from Kiryat Sefer has a playgroup. In middle of the year, one of the parents told her that they are going to be taking out their child. Mrs. Rosenfeld did not know how she was going to fill that spot. One day before the child left the playgroup, someone called her up and asked if she can sign up her child!



"Nosein lechem - lchol basar - ki lol-am chasdo!"

Woman Starts Car with Bitachon

Mrs. Goodman received a phone call from her son who lives in Chicago. It was freezing cold outside, -5 degrees, and he was trying to start his car to take his children to school. The car was not starting. He tried



again and again but to no avail.

She told him, "Don't worry, I'm going to start the car for you." He asked her, "How in the world are you going to start the car for me?"

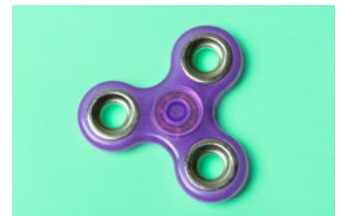
She said, "I'm going to hang up the phone, and I'm gong to sing Hakol Yachol." She hung up the phone, and she sang Hakol Yachol.

She then called her son back, and she said, "Now you can try again." Her son tried starting the car, and it started better than ever!

"Baruch hagever - asher yivtach b'Hashem!"

Girl from N.J. Davens to Hashem

A ten-year-old girl from Lakewood, N.J., was playing with her fidget spinner. The pieces fell apart. She tried putting it back together, but it was not going. She tried again and again but to no avail.



She davened to Hashem, and she asked Him to please help her put the pieces back together! She tried again, and this time it worked!

"Baruch shomeiah tefilla!"

Hashem Hears Our Tefillos

The Baum family from Kiryat Sefer had a problem. Their children were not behaving by the Shabbos seudah. Rabbi and Mrs. Baum davened to Hashem that the seudah on Leil Shabbos should be a nice seudah.

Their oldest boy has not sung zemiros for over two years. All of a sudden, by the seudah on Leil Shabbos, he started singing zemiros.



Their daughter had not eaten chicken for a very long time. All of a sudden, by the seudah, she wanted to eat chicken! It was a beautiful seudah! Hashem had heard their tefillos!

"Odcha ki - anisani vatehi - li lyishua!"

Yidden Love to Give Tzedaka

Mrs. Weiss's daughter became a kallah. She had a lot of shopping to do and lots of expenses. In two separate stores she went to, the Yiddish owners told her, "Your daughter is a kallah so we are giving you what you want for free!"



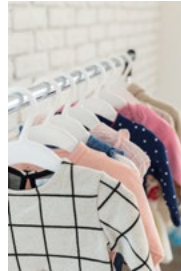
"Mi k'amcha Yisrael!"

Young Girl From NJ Trusts in Hashem

Seven-year-old Sari from Lakewood, NJ was looking for a skirt. She was looking and looking, but she could not find it! Her parents told her to

take something else to wear, but she really wanted to wear that skirt.

She said she was going to continue looking for it. "Hashem will help me find it."



After a couple of minutes, she found the skirt! She found it in a spot where everyone had looked already!

"Haboteiach bHashem - chesed yisovivenu."

Hashem Loves Shalom

R' Zevy, a young man from Lakewood, NJ, lives in a complex. The board decided that they had to fix the pavement, and they asked him to pay \$1,000.

R' Zevy did not want to get into a fight, he wanted shalom. He agreed right away and gave the \$1000.

Later on that very same day, someone who had never given R' Zevy money before, came over to him and told him. "I'd like to show you my support." He handed R' Zevy \$1,000!



"Lo matzah Hakadosh Baruch Hu kli machzik bracha elah hashalom!"

Non-Jew Protects Yid

R' Chaim went out of his house, and saw a non-Jew walking towards him. It was obvious that the non-Jew wanted to attack him. R' Chaim's neighbor, who is also a non-Jew and is a large man, came to R' Chaim's defense. He told the other man, "What are you doing here? Don't start up

with the Jews!" He chased the man away!



Thank You, Hashem!

Hashem Always Pays Back

Shmuly, a Yid from Eretz Yisrael, knew of someone who needed to buy a new suitcase that cost 470 shekel. That person did not have a penny to his name. Shmuly, who himself was short on money, gave him the 470 shekel to buy the suitcase!

He turned to Hashem and said, "Hashem, I know that You are going to pay me back right away!"

Later on that week, someone came over to him and said, "I made a good business deal and

I want to give you the ma'aser!" He gave Shmuly 500 shekel! He got back what he paid and extra!



"Ani Hashem ne'eman I'shalem schar!"

A Life with Bitachon Brings Shalom

R' Yossi was in a fight with someone for many years. He held he was right, and that the other person should come to apologize. Then he started listening to a Life with Bitachon, and he heard that the point of life is to do what Hashem wants. Hashem does not want us to fight; he wants us to live b'shalom with other yidden. R' Yossi went to the other person and apologized. After many years



of fighting, they are now living together b'shalom!

Business in Manhattan Joins a Life with Bitachon

A business in Manhattan instituted that during their coffee break they would play a Life with Bitachon for everyone to hear! Ever since they started this, their business has been booming!

"Baruch ha-gever - asher yivtach b'Hashem!"



Man In Yerushalayim Davens to Hashem

R' Shmuel learns in yeshivas Mir in Yerushalayim Ir Hakodesh. They

were serving stuffed peppers with rice for lunch. Normally when they serve this, they also give biscuits. R' Shmuel makes a mezonos on the biscuits to avoid any sheilos in brachos. This time, they did not serve the biscuits.

R' Shmuel davened to Hashem to please send him something to make a mezonos on.



Just then, someone passed by and said, "My daughter got engaged, and I have cake that I'm bringing for everyone. Would you like some?"

"Baruch Shomeiah tefilla!"

All You Need to do is Put Hashem in the Picture

R' Avraham was trying to make a purchase. The payment was not going through. He tried ten times without success!

He said to himself, "Let me bring Hashem into the picture. It's



not the card, it's Hashem, the Kol Yachol!" He tried again, and this time it went better than ever!

"Haboteiach b'Hashem - chessed yisovive-nu!"

Woman Thanks Hashem

Mrs. Cohen's baby was not feeling well. The baby was kvetchy and not going to sleep. Mrs. Cohen was starting to get frustrated.



Then she told herself, "One second. Let me thank

Hashem for all the other nights that my baby went to sleep easily." She started thanking Hashem, and within two minutes, her baby fell asleep!

"Tov l'hodos - l'Hashem ulizamer l'shimcha elyon!"

Neshama Comes Down to Ask Mechila

A Yid from Kiryat Sefer whose name is R' Ariel Gavra, was niftar. His son announced by the levaya, that if his father ever did anything to anyone, they should please be mochel him.



A neighbor from across the street heard this announcement and thought to himself. "R' Ariel never did anything to me. There is no reason for me to be mochel him."

On Shabbos afternoon, this Yid was in shul waiting for Mincha to start. All of a sudden, a story that happened fifteen years before that he hadn't thought of since then popped into his head.

He had been standing by a bus stop, and next to him was a girl with a young boy. Suddenly, the young boy ran into the street. A bus was coming, and it almost hit him! At the last

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second, the bus driver was able to stop the bus. R' Ariel Gavra was there too, and in the shock of the moment, he yelled at this Yid: "Why didn't you watch the kid from running into the street??" This Yid got embarrassed.

As this Yid was remembering the story, suddenly the niftar R' Ariel appeared to him right there in shul!!! He asked this Yid, "Please be mochel me!" This Yid told him three time, "Mochel lach, mochel lach, mochel lach" and the niftar disappeared!

Hashem gave him the opportunity to get forgiveness!

"Ki imcha haselicha l'maan tivarei!"

Hashem is Running a Perfect World

It was Erev Shabbos, and R' Zevy Golombek's cleaning lady finished her work. He needed to pay her 100 dollars. He searched his entire house, but he could not find 100 dollars to give her.



All of a sudden, he got a phone call from a chasidische yid from New York. The yid asked him, "What's your address?" R' Zevy told him. The yid said, "I want to come visit you. I am a few blocks away."

He came, and he handed R' Zevy an envelope. In it was a beautiful letter with a 100 dollar bill!

"Vdivrei nifliosecha asicha!"

Five Year Old From New Jersey Makes Kiddush Hashem

R' Binyamin, a yungerman from Lakewood, NJ, took his five-year-old daughter Sarah to the dentist. When they were done, they gave her three stickers. She saw that the stickers were not tznius, so she told them that she can't take them.



Her father R' Binyamin explained to them that the stickers were not modest. With a look of amazement on their faces, they gave her five other stickers that were modest!

"Avdi Ata, - Yisrael asher - becha es-paer!"

Non-Jew is Nice to Yid

Mrs. Greenbaum was shopping in Target with her children. A non-Jew came over to her and told her that her daughter's shoelace was open. The lady said, "I don't want your

daughter to trip and fall."

Thank You, Hashem!



What an Amazing Nation

R' Zevy from Lakewood, NJ went to the glasses store to pick up his wife's new glasses. They cost over \$300. All that he had on him was \$200. The owner said, "No problem! I am mochel the rest!"

In other news:

Mrs. Shain from Monsey, NY needed to go to the doctor. The doctor did not accept her insurance, and she had to pay out of pocket. While she was there, she needed a blood test and an ultra-



sound. The doctor said, "I am not going to charge you for them!"

"Mi k'amcha yisrael!"

Hashem Gives Yungerman Chizuk

R' Dovid was going through a very hard nisyayon. He was holding his phone, and unintentionally he pushed some buttons. He suddenly heard a Life with Bitachon playing. The yesod that was

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playing was talking about the exact nisayon that he was going through! It gave him a new perspective on how to deal with the situation. He felt so mechuzak!



"Chazak v'ametz - libecha v'kavei - el Hashem!"

.....

All You Need to do is Put Hashem in the Picture

Shani, a girl from Brooklyn, NY, was very upset at her friends from school. They did something to her that made her very angry. She did not want to make a machlokes, but she was very upset. Then she said to herself, "It's



not them. They are just puppets. It's all Hashem." That calmed her down. She is not angry at them now!

"Hu asah oseh v'yaaseh l'chol ha-ma'asim!"

.....

Five Year Old from New York Davens to Hashem

Chaim Stern, a five-year-old boy from Staten Island, NY, lost his homework. His father was eating supper, and his mother was busy with something else. They were not able to help him find it. His father told him, "We can't help you now, but Hashem could. Ask Him to help you."



Five-year-old Chaim davened to Hashem and asked Him to help him find his homework. As soon as he finished, he found it!

"Baruch shomeiah tefilla!"

.....

Hashem is in Charge of Our Parnasah

The Friedmans had a new baby, and they didn't have a penny to their name. They had no idea how they were going to cover their expenses.

One day, they opened the mailbox, and there was a check from the IRS for 5,000 dollars!

They had already gotten their tax return back, but the IRS went



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through the cheshbonos again, and they said that they found a mistake, so they sent them another 5,000 dollars!

"Nosen lechem - l'chol basar, -ki l'olam chasdo!"

Hashem Pays For Trip

Mrs. Scheiner's daughter was going on an overnight trip together with her class. They needed to pay \$250.



Money was very tight and they only had \$100. So Mrs. Scheiner told her daughter, "Daven to Hashem."

A couple of days passed, and there was still no money. Mrs. Scheiner's daughter came home from school and told her mother that her teacher said that it was already the deadline – the money must be in. So her mother told her, "Continue to daven."

That night, her husband came home and brought in the mail. In it was a check of \$150 – the exact amount of money they needed! Her daughter could not believe it!

"Baruch Shomeia Tefilla"

Non-Jew Is Nice To Yid

A yeshiva bachur from Lakewood, NJ was walking in the street.

A non-Jew, a large African American, came over to him and said "Peace be with you; G-d bless you people." Then he added, "I really mean it!"



"Ki Ani Hashem Elokecha Machzik Yeminecha"

Hashem Teaches Boy Torah

It was Shabbos, and Yosef Shalom Adler from Gateshead, London was chazering the mishnayos that he had learned during the week. He came to one Mishna, and he was not able to remember how his rebbe explained the Mishna. He was not able to understand it. There was no one around for him to ask, so he asked Hashem.



He davened to Hashem that he should understand the Mishna. He went back to learning the Mishna, and suddenly the explanation that his rebbe said came to him! Hashem heard his Tefillah.

"Hamelameid Torah -L'amo Yisroel"

Klal Yisroel Is Coming Back Home To Hashem

According to reports that have come in, someone was speaking to an Israeli soldier, and he said that every time before he goes into battle, he's mischazeik himself in Bitachon in Hashem.



"Im Takim - Alei Milchama, - B'zos Ani Boteiach"

Yungerman Trusts In Hashem

R' Dovid tried opening the trunk of his car, but it was not opening. He tried this and he tried that but to no avail. So he took his phone and he called A Life With Bitachon. He played the song 'Hakol Yachol.'



He then tried the trunk,

and it popped open!

In other news:

Class Trusts In Hashem

Mrs. Weinberg is a teacher. Every day, she says over a story from A Life with Bitachon. This past Thursday, she told her class: Today we are going to have our own story. She explained that she wanted to show them a slideshow, but the projector was broken. All the teachers told her that they tried using it, but it would not work. She told her class, "We're going to be mischazeik in Bitachon, and we're going to see that it's going to start working."



The whole class together started singing 'Hakol Yachol.' When they were done, she tried the projector, and it worked better than ever!

"Boruch Hagever Asher Yivtach B'Hashem"

What A Beautiful Nation!

Kav Hashgocha Pratis reported that there's a yid in Eretz Yisroel by the name of R' Refoel Kuth that lost his daughter in an accident r"l. The police asked him if he wants to press charges. He said no, because it was not the driver; it was Hashem.



At the shiva for his daughter, the driver and his wife came, and they were crying; they were ois mentch. R' Refoel told them "I don't know why you're crying. It was not you; it was Hashem. I don't have any taanos against you and I'm not upset." He only asked

them one thing – that when they go home, they should hang up a sign in every room that says “Ani Ma'min B'emunah Shelaima She'Haborei Yisborach Shemoi Hu Borei U'Manhig L'chol Habiruim, V'Hu L'vado Osoh, V'oiseh, V'Yaaseh L'chol Hama'asim”

“Avdi Ata, Yisroel Asher Bichah Es-poar”

Man From N.J. Experiences Hashgacha Pratis

Rabbi Mayer from Lakewood, NJ is a baal korei. He was scheduled to take off for parshas Shemos. The other baal korei asked if he could please take off instead for Pashas Vaeira. Rabbi Mayer agreed. Right before shabbos parshas Shemos, he got a cold and became hoarse. He would not have been able to lein. Hashem orchestrated it that he should be off that Shabbos!

In other news:

Rabbi Mayer was at the gas station. The gas attendant noticed that



his tire looked ripped and worn out and it was about to pop. He told Rabbi Mayer about it. Had it been a different attendant, he would not have noticed the tire, and it might have busted while he was driving on the road. Hashem watched over him!

“Mashgiach Min - Hachalonus Meitzitz Min - Hacharakim”

Girl Feels Hashem's Love

Shani, a high school girl from Lakewood, NJ was about to begin midterms. In her school, they take midterms in the cheder tefillah. So the day before the midterms was supposed to begin, the principal announced after mincha that all the girls should take their siddurim out of the cheder Tefillah.



Shani forgot to take out her siddur. She only remembered later in the day. She knew that once they cleaned up the room it would be very hard for her to find the siddur.

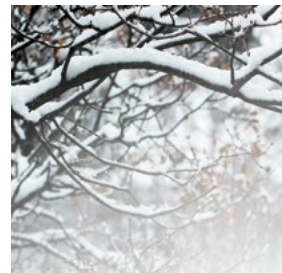
She ran to the cheder tefillah, and she saw that they had already stacked up most of the chairs and put out the tables. There were

only two rows of chairs that were left – two of the rows from her class – and there was her siddur!

Thank you Hashem!

Hashem Is Watching Over Us

Mrs. Schapiro was walking down the street, and she passed by a tree. Seconds after she passed by the tree, the tree fell down from the weight of the snow. Hashem made sure that it would miss her!



“Hinei Lo Yatum V'Lo Yishon Shomer Yisroel”

GEMACH LISTING

Dear Readers! Do you have a gemach? Please list it with us. Text the information to 845-327-5041 or email: [the springhilltimes@gmail.com](mailto:thespringhilltimes@gmail.com)

TRAVEL

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LIVING WITH HASHEM

By Rabbi Zevy Golombeck

Editor's note: Many of these stories are from Av-Tishrei.

HASHEM SENDS VORT



While I was at the bank a Yid came over to me to share a vort. It was the exact vort that I really like to hear! I am interested to know about the shoresh of a word, I like to know what every word means. He explained that the word erev is from the root word of taaruvos, because at night you can't see, everything is mixed up. Boker is from the root word of Bakar- distinct, be specific, clear cut because in the morning you can see and everything is clear cut.

THREE-YEAR-OLD SINGS HAKOL YACHOL!

Mrs. David* was looking all over for her car keys, but they were nowhere to be found. Her little three-year-old girl asked her, "Mommy, what are you looking for?" She answered, "Car keys."

"Oh, I can help you!" the little child responded. "How can you help me?"



You're only three!" "I'll sing Hakol Yachol," her little girl explained.

She sang Hakol Yachol, and when she finished, Mrs. David said, "Let me check under the mat in the car."

There it was!

EVERY YID IS HASHEM'S CHILD

R' Gross* has been learning in Kollel for about 20 years, and his wife doesn't work. They have a family of children,

and they live from day to day literally with Emunah and Bitachon. Mamash every step of their life is with Hashem, which is why they are big followers of the bitachon hotline. He told me a story which I turned into a yesod.

Someone went over to Rothchild's son and asked him for money, to which he responded that he does not have. The person said, "What? Your father is a billionaire and you don't even have a penny?" The boy answered "Yes. That's the reason. My father takes care of all my needs."



R' Gross told me that that is the way they feel. A yid got so inspired from this family that he called up and said he'd like to send them a few thousand dollars, and it paid their grocery bill!

INVITATIONS WITH SIYATA DISHMAYA

The Silver* family was making two chasunahs at about the same time, Baruch



Hashem. They were putting the invitations together, and when the invitations for the first chasunah were printed, Mrs. Silver noticed that it didn't say "Bisiyata Dishmaya" on the return cards. Therefore, when she submitted the information for the second chasunah, she requested that the return cards should say "Be'ezras Hashem Yisbarach." When the invitations for the second chasunah were ready, they realized that the return cards for the two chasunahs were exactly the same except for the "Be'ezras Hashem Yisborach," and if not for making that change, there would have been no way to figure out who was replying to which chasunah!

A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
- 2 Today's STORY of Bitachon
- 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
- 4 This week's connection of Bitachon to the PARSHAH
- 5 QUOTE from Sefer "Bitachon Weekly"
- 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
- 7 Today's STORY how Bitachon helped someone through a Nisayon
- 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
- 9 RECORD your Questions, Stories & Comments
- * Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
* Back to Prev. Menu	0 Bookmark save	# Bookmark Continue

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5
Weekly



Thank You's

By: R' Simcha Elefant - Yerushalayim
Ir Hakodesh

L'zechus that people should feel loved by Hashem!

Thank You Hashem for Toothpicks! We can easily clean our teeth and we can use for so many other things too!



Thank You Hashem for Food Strainers! An easy quick way to drain out liquid from our foods!



Thank You Hashem for Salt Trucks! They can spread salt so quickly and efficiently to keep our roads safe!



All you had was wine or grape juice...



&

WANT AN ENJOYABLE DRINK FOR SHABBOS?



Go to the store and you have shelves lined with: Apple juice, orange juice, fruit punch, strawberry banana juice, coca cola, cherry coke, half and half soda, sparkling grape juice, lemonade, pink lemonade, seltzer, flavored sletzer and much much more!



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PARSHAS BESHALACH

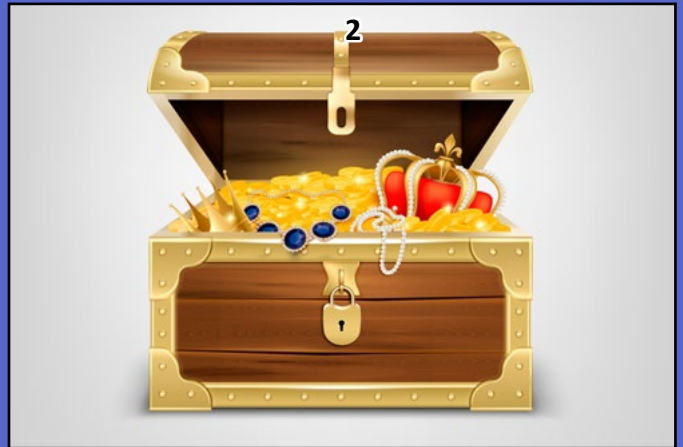
Q: Where in this week's Parshah do we find a connection with the pictures below?

ANSWERS ON PAGE 40

1



2



Parsha Delight Question of the week

פרשת יתרו תשפ"ד (5784)

In the pasuk (18:3) describing why Gershom was given his name, it states "ki amor," because he said ... While in the next pasuk describing why Eliezer was given his name, it just says "ki" because ... Why the inconsistency?

In pasuk (20:15) it states that כלל ישראל stood from afar.
Three פסוקים (20:18) later it repeats that כלל ישראל stood from afar. Why?

Rashi (18:2) brings that Aharon HaCohen said to Moshe Rabbeinu, ואתה בא, להוסיף עליהם. Why are you bringing your family to Mitzrayim, already about the ones that are already here, we are in pain, and you seek to add to them? What was Aharon HaCohens' concern? Anyway Shevet Levi was not enslaved.

Please email your answer(s) to parshadelight@shiurenjoyment.com and enter to win a \$5 Raffle

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CHEISHEK HATORAH

Riddle #74 Parshas Yisro

Are you good in math? For this question you don't need a graph. As long as you can divide & then add, have patience and not get mad. You may use a calculator, 78,600 will be your answer. How does this number connects to our Parsha?

To hear the answer to the question, press x14 #74 on the Chaishek HaTorah Line 845-720-4040

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Ayin Tova

Seeing the good in every situation



R' Nesanel Landesman

CASE OF THE WEEK:

The Elbaums were thrilled to have found a nice apartment to rent in the neighborhood of their choice. They were even happier about the price which was quite reasonable for such an apartment.

After a month or so, Mrs. Elbaum was cleaning a wall when she noticed some mold. After moving some furniture, she came to the realization that this apartment had a serious mold issue. Maybe that is why the baby had been wheezing since they moved in!

Help the Elbaums have ayin tova for their situation.

You can send your suggestions for the AYIN TOVA CASE to:
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Suggestions for the case of Sarah's washing machine breaking right after the warranty runs out:



• Because her machine was broken, she had to do her laundry by hand and while scrubbing one of her blouses she realized that her engagement ring was in her pocket.



• Sometimes the warranty can be more of a hassle than you bargained for. If they have to service it, they can take days or even weeks to come down and the amount Sarah might have had to pay in laundromat and agmas nefesh costs make it more worthwhile that in this way she can have someone service the machine immediately.

• Sometimes a person needs a particular kaparah. We would so much rather it be in the form of a big expense, than chas v'shalom a loss of something much more important.

• Through the challenge of not having a functional washing machine, Sarah may be able to experience the joy in seeing how helpful friends/ neighbors can be (i.e. letting her do laundry by them until it gets fixed)

• She should use this as an opportunity to recognize how much she appreciates having a washing machine, and not take it for granted once it is working again.

• She could call the company and see if they are willing to honor the warranty even after it expired.

• It could be that the fact that it broke so soon after purchase, means that this was a "lemon", and now that the warranty ran out, she is more likely to purchase a new machine sooner, and not put money into a damaged machine.

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With Rabbi Label Lam - Monsey, New York

Shabbat—All the Time



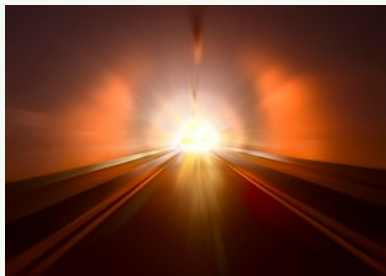
These words, prominently inscribed on the Luchos, “Zochor es Yom HaShabbos Iekadsho, remember Shabbos, to keep it holy,” invite us to make Kidush Friday night, Kidush Shabbos morning, to make Havdolo, to greet and wish each other “Good Shabbos,” all



through Shabbos. It also reminds us to prepare for Shabbos, to buy and cook delicacies, to put the house, and ourselves, in Shabbos mode, and to happily anticipate

the arrival of Shabbos.

The Sfas Emes says the implication of the word “Zachor” is to influence, and therefore we carry the goodness of the experience of Shabbos with us all week long. Shabbos is



the light at the end of the tunnel; Shabbos is the light from the beginning of the tunnel. Shabbos is not just one day a week:

Shabbos is all the time.

Good Shabbos!



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Birchas HaMazon with a Geshmak Inc.

It was such a joyous Shabbos. The Brisker Rav had just married off one of his beloved sons and the families were enjoying Shabbos Sheva Brachos. However, to the Brisker Rav's surprise, his son wasn't at Shacharis. He sent someone to their house to see if he was okay, yet there was no answer at the door. The messenger knocked repeatedly and sensing something was wrong, decided to break down the door. To his shock he saw that the house was full of smoke and realized that something must have caught fire. It could have been extremely dangerous, yet Bechasdei Hashem he was able to rescue everyone inside, just in the nick of time!



The Brisker Rav was overflowing with gratitude to Hashem for this tremendous miracle, and the pasuk in our parashah, 'and Moshe told his father-in-law everything Hashem did' was on his lips the entire Shabbos.' This pasuk describes how Moshe excitedly told Yisro all the incredible nissim

Klal Yisrael had just experienced. The Brisker Rav taught that this verse tells us the obligation to recount the miracles that Hashem does for us.

The Imrei Emes notes that the word the Torah uses, *vayisaper* 'and he related', closely resembles the word *sefer*, book. He explains that this is because Moshe went into so much detail that everything seemed so clear, as if Yisro was reading a book! All these miracles were so vivid to Yisro as if he had actually witnessed them. This explains a teaching of Chazal 'one who sees a place where miracles occurred to Klal Yisrael should recite Baruch sheasah Nissim leavosainu bemakm hazeh...'. This is

learned from Yisro who upon hearing these miracles exclaimed, 'blessed is Hashem who has rescued you from the hand of Egypt' (Berachos 54a). However, Yisro didn't actually see the place where the miracles occurred. How could this be the source for this halachah? According to the above explanation we could answer that Moshe went into so much detail that it was so vivid to Yisro as if he was actually there!

Chazal teach that we need to follow in Moshe's footsteps and when we recount the great miracles of Yetzias Mitzrayim during the lail haseder, we need to try and go into great detail. As we say in the Haggadah, 'col hamarberh harei zeh meshubah', 'anyone who increases telling the story is praiseworthy', since it is so important to go into details of what happened. Furthermore, even great Talmidai Hachamim who know the story well with all the Midrashim and mefarshim, are not spared from this obligation. The Sages in Bnei Brak went into so much detail of the Exodus with such tremendous excitement, that their talmidim told them it was already time to say shema in the morning!

This is really an important lesson that we can use in our day to day lives. When we want to thank Hashem for something, we can go into a bit more detail. For example instead of just saying 'thank you Hashem for my eye sight' you can say 'thank you Hashem that I have two working eyes that enable me to see the beautiful stunning world around me and that I can get around with ease.' This is a very powerful way that we can make expressing gratitude far more meaningful.

This is an excerpt from the weekly Living Appreciation newsletter, for feedback, to subscribe or to obtain our two minute a day inspiring gratitude journal please contact us at livingappreciation@gmail.com

Inspiring quotes about thanking Hashem.

❖ *We should accustom ourselves to express gratitude for the benefits we have enjoyed, thanking and praising Hashem to the best of our ability. (Rambam, Hilchos Berachos 10:26)*

❖ *Klal Yisrael are more beloved than the malachim, since the angels do not praise Hashem in Heaven until we praise Him in this world below. (Chullin 91b)*

❖ *When we sing songs of praise to Hashem, our sins are forgiven. (Midrash Tehillim 18)*

❖ *Our mouth was created in order to thank Hashem and praise Him. (Magen Avraham O.C. 60:2)*

Thank You, Hashem for... Pockets.

In addition to how much we gain from clothing, many have the added benefit of pockets. They are perfect for storing items we constantly like to carry such as our phones, wallets and keys.

Imagine what it would be like if we always need to store them in our hands!

When we put our important objects in our pockets this week we can stop for a few seconds to contemplate and thank Hashem for this great gift!



Bitachon Gems



Learning the Parasha with Rav Yehuda Mandel Shlita

ומשה נגש- אל הערפל- אשר שם האלקים

says that ענן corresponds to קודש (the היכל). ר' בח"י

which is super dark, corresponds to ערפל and עב הענן. קודש הקדשים We have said in Bitachon Weekly of בשלח that פ' appeared in an ענן and dark cloud because our main connection with him is through the נסיונות that He gives us. He wants us to become great so He can give us loads of שכר. A dark cloud symbolizes a (dark) difficult נסיון.

Part II

In this week's פרשה we have the Yidden being petrified of the קולות ולפידים, קול השופר,

and they thought that they would die. משה calmed them and said בעבור נסות אתכם – בד' אלקים הר' is a scary tumult of סיני is a test.

All those 'horrific, overwhelming, and bewildering' parts of our lives are really

to help us grow. נסיונות

Part III

is giving us a lifetime lesson: Don't be scared – all those pecklach are just נסיונות and you need to see הקב"ה inside them. He's just testing you. If ענן is קודש and ערפל is קה"ק we can suggest that a small (dark) test is holy, but a big (extra dark) test is super holy and it will make you much greater.

Part IV

So don't be impressed by your pecklach that can sometimes overwhelm you. If you realize that it's all הקב"ה inside them and He wants to make you great, then it

will become much easier to tolerate.

מי המרים

Why did משה use a bitter piece of wood to sweeten the bitter waters? First of all he wanted to make a joke out of טבע since he was so close to הקב"ה and by הקב"ה it's all the same. משה symbolizes יציאת מצרים and מצרים means boundaries and rules of טבע and with all the נסים מצרים טבע became a joke (אשר התעללתי במצרים).

Part II

We can also suggest בס"ד that he was showing how everything הקב"ה does is לטובה and דוקא bitterness can cause sweetness.

Also, the first time the תורה mentions מרים's name is by the שירה.

מרם was called מרים since she was born in bitter times (מרם מל' (מר). The תורה is showing us how דוקא מרים which means bitterness take בידה and sings the most beautiful שירה.

Part III

הקב"ה knows what he's doing - and being in מצרים which is called בור הברזל created a humble and compassionate nation, since

in their very beginning they suffered. Look what became of סדום since it was בג'ה and people never suffered! From now on appreciate the bitterness and suffering of your life!

Part IV

My mother-in-law was tortured in Auschwitz by an extra

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cruel SS Nazi woman.

Suddenly, she became nice and compassionate and they found out that an American bomb had hit her home killing her husband and 3 children!

Part V

No more complaining about the יסורים of your life. The main thing isn't how well you are doing ברוח ובגשם. The main thing in life is how do you look. Are you humble and kind and not arrogant and haughty. Don't be impressed with all those successful people who are still humble.

Part VI

Deep down there is plenty of גאווה that you don't know about. Although we don't ask for יסורים it is still a major asset to our נשמה when we get יסורים.

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Sweetness of
Hashem!

**Rav Yehuda Mandel's
Thursday Night Va'ad**

מזרים was destroyed because of גאווה their.

be ליענות מפני humbled before me.

True story

How to win an argument

Shneur's wife was boiling angry and she

yelled and yelled and continued criticizing him for his "terrible" behavior. שניאור didn't open his mouth even once throughout the entire episode. He made believe it was all zero and as if nothing happened.

Part II

A while later, his wife apologized (which she isn't known to do!)

When you scream – you show that you are weak and without control. Being quiet in such a situation shows that you are in control and "above" מצב your. This behavior commands respect.

Part III

The חזו"א once told someone "my silence is what gives me power over you". The ספה"ק say that שתיקה is a form of בטחון. You

keep quiet and allow

הקב"ה to take over ה' ילחם לכם ותתן תחרישון.

This is what caused

קרי"ס,

and when

חזקי' המלך was quiet

the entire מלכות אשור

(who were his enemies) were destroyed in one night.

Part IV

Arguing back has no תכלית. It's for immature babies who always need to be right. Debates and ויכוחים are usually wasted energy with zero תכלית.

הרגזן אין לו אלא רגזנותה חז"ל. Who cares who's right! Be a man - וחזקת והיית לאיש - And feel good about yourself.

Part V

Or else you can be a wimp who doesn't use his שכל – just his emotions, and his age old bad middos ח"ו. The velt says – "A man convinced against his will is of his opinion still." Also – "The best way to win an argument is to avoid it."

Part VI

Navardok

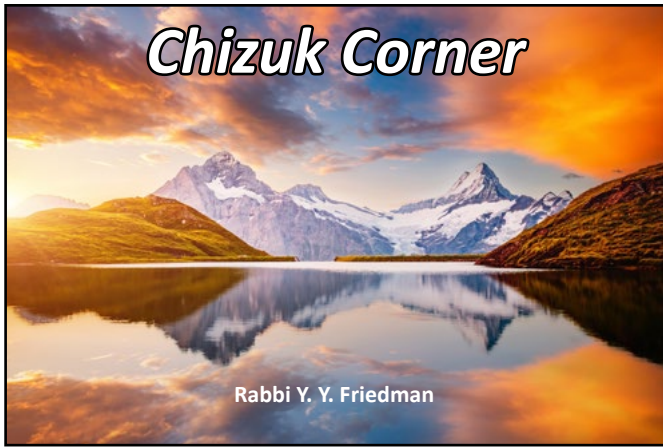
I knew a Navardoker who when he did something wrong (coming home late?) and his wife yelled at him, he always said softly that he's wrong and he'll improve. When she yelled and said, "But you said that last time." He would say, "But next time I'll really be good." And if she continued complaining he would continue like a broken record – "But now I'll really, really be good."

Part VII

By the way, maybe he should really take her more seriously and improve. But I don't know the situation. I heard this from his son who is a big חסיד of his father.

Part VIII

I know a yungerman who not only gives in, but he says emphatically and בקול רם – "You are right!" (Not a soft הכנעה and הסכמה).



Chizuk Corner

Rabbi Y. Y. Friedman

Hashem wants us to be joyful, especially when we serve Him. As Dovid Hamelech says in Tehillim “ivdu es Hashem b’simcha”.

However, all of us have hurtles and challenges in life, and some have more than others. So how can we be mechazek ourselves through difficult and challenging times?

Obviously, there are different approaches to this, and they are all wonderful. I would to explain it with a mashel from the Chofetz Chaim.

There was once a man who we will refer to as Chaim. This man worked extremely hard to earn a living. Despite his back breaking labor, he didn’t bring home much at all. He was as poor as they come.

Years went by and his hard labor and age started taking a toll on him. His children were of marriageable age and he had no idea how he was going to make ends meet.

One day, he had an inspiration. He put together the few

groschen that he earned and he headed over to the lottery booth. He put in the numbers, took his card and he left.

That day he davened and cried to Hashem like he never did before, that he should win the lottery.

The next day he went to the booth and he saw that HE HAD WON THE LOTTERY.

His heart pounding, he rushed home and burst through the rickety door yelling, "WE WON WE WON." The children crowded around him and he showed them his card and he shouted to his wife and children our problems are finally over”.

As you can expect it became a Yom tov as the family got up and started dancing and praising Hashem for this unexpected treasure.

Now their neighbor heard the commotion and he came

running over to see what’s going on. He stood there rubbing his eyes in shock and bewilderment. He couldn’t understand why all the dancing. He looked around at the crumbling house and at their tattered clothing and shoes. Why are these people so excited.

Finally, Chaim noticed his neighbor and his bewildered expression and he told him, “I know that all you see in front of your eyes just poverty and nothing else, but you are missing one piece of the puzzle.” With that he withdrew the winning lottery ticket and he started dancing again.

When he calmed down, he concluded, "It’s true that right now I am in poverty and my children need shidduchim. However, since I have the winning ticket and I know that it’s just a matter of time that I will be a rich man, that’s why I am so joyous now," and the dancing resumed.

Bringing Hashem into our life is our lottery ticket. Realizing that everything in this world is Hashem and that everything He does comes from his love, then all our problems will disappear. The biggest darkness becomes the biggest light!

Bitachon is our lottery ticket. It’s through Bitachon that all our problems will evaporate and we will become rich both monetarily and even more important spiritually. Bitachon makes the galus evaporate and disappear! Coming closer to Hashem is the real geulah!

Therefore, although we may be facing challenges and some difficulties, yet we are still full of joy because we have the lottery ticket in our hands. That is realizing that’s it’s all Hashem.

Based on this concept I would like to explain a Passuk that we say each and every day. I believe it can give us a refreshing insight.

Dovid Hamelech says “vaani bichasdecha batachti”. Hashem, I trust in Your chessed that everything You do is kulo chesed.

Therefore, “Yagel leebi bishuasecha” I will rejoice already with Your Yeshua that You are bringing, because we have the lottery ticket.

Klal Yisrael today is attaching itself to Hashem like never before in its history! Everywhere we turn we see and feel the geulah in the air!

“Ashira l’Hashem ki gamal alai.”



"The Room of Secrecy"

Last night I was learning Mishnayos, in preparation for my learning schedule with my son. He is trying his best to learn a lot of Mishnayos before his Bar Mitzvah day comes around.

He has a little over three years to go, until the big day, so he has some grand plans on how much Mishnayos he would like to finish before he reaches the (deadline) lifeline, of his life's Bar Mitzvah Milestone. Hashem should please help, and make his dreams turn into reality, and his aspirations come to fruition!

I was learning the Mishna in Meseches Shekalim, which speaks about the different rooms in the Bais Hamikdash, may it be rebuilt speedily in our days!



I was "taken", when I learned the part of the Mishna speaking of The Room of Secrecy. The idea of this room touched my heart. It's purpose was to serve as a room where one would walk in alone, and anonymously donate money there for Tzedakah.

There, the seemingly rich people, who unbeknownst to other people, had fallen on hard times, would then be able to walk in and remove as much money as they needed. It spared them the embarrassment, of having others know about their dire financial situation, as being someone in need of Tzedakah.

The Rambam writes that there was some type of screening for security purposes before entering



this particular room. They only let in people that they knew as being trustworthy and had no suspicion on their intent and reason for wanting to enter this room.

However, the secrecy stayed intact. One never knew if these people were going in to give money for Tzedakah, or to take some sum, of desperately needed "Gelt".



The Rambam also writes that this type of Tzedakah, when neither "The Giver" knows "The Taker", nor does "The Taker" know "The Giver", is the most Chashuv of all types of Tzedakah.

This room had something even more special than that. There was no other person in that room, to thank, or to even acknowledge the good-heartedness of the donor, or to witness any large amounts of money that he had donated. In this manner his Tzedakah was totally L'Sheim Shamayim! To the eyes

of anyone noticing this man enter the "Lishkas Hachashaim" room, it could have just as well meant, that this person was maybe even in NEED of Tzedakah money!

On the other hand, the receiver of the Tzedakah funds, never felt worried about feeling ashamed to enter the room and then to go ahead and take as much money as he needed. He felt comfortable and totally unabashed. On the contrary, to anyone seeing him enter or exit that room, it might have seemed, that this rich looking man was in fact DONATING MONEY!

That's the reason for the name of the room, "Lishkas Hachashaim," - "The Room of Secrecy"

Hashem does Chesed and Tzedakah, the whole entire day and night, to every created being, since the day He created the world until this very second, NON-STOP!

He, and only He, gives us. . . Everything comes from Hashem!

Food: in the most delicious tantalizing flavors, gorgeous looks, and amazingly packed with nutrition.

Health: emotionally, physically spiritually, and mentally, "from head to toe," miraculously, on a constant and steady basis.

Nachas: from one's children, grandchildren or from one's self, from one's own good deeds or his overcoming challenges in his daily life.

Hashem gives Chizuk, and consoles the bereaved, broken-hearted, and down-trodden people.

Yet, all this Chesed that Hashem does, is shrouded and mysteriously hidden IN SECRECY!

He protects us constantly from a myriad of an unimaginable amount of all sorts, and types of danger, that we aren't ever aware of, nor will we ever know about.

There are trillions amounts of goodness and Shefa Tov pouring down constantly from Above, with most of the world being oblivious to the goodness coming from the Ribbono Shel Oilum. Most of Hashem's constant goodness, goes unnoticed since we can't even possibly understand, and fathom the Creator's Doings!

We Yidden, B"H have the zechus to bond and cleave to Hashem by the means of praising Him. Hashem let us realize and understand a tiny bit of His tremendous abundance of Chesed that He does. Hashem did this for our benefit. In this way, somehow and in some way, we can have a connection and a relationship with Him, which is the greatest thing that we can ever hope and wish for!

As we say in Moidim D'Rabbanan: "Al Shaanachnu Moidim Lach, Baruch Keil Ha'Hoidaais" meaning, "For the fact that we have the Zechus and ability to praise You Hashem, we thank you Hashem!"

WE THANK HASHEM, THAT WE CAN THANK HASHEM!

Chazal set up for us lots of Brochos, in our daily routine, to reach



a minimum quota of 100 Brochos in the course of the 24 hours of each day.

100 a day is the key for the foundation of our realization, and toward our feelings of appreciation, for the never-ending amount of praise that can be said.

We will never ever be able to say enough. Even with the combined effort by the entirety of all of humankind, we won't possibly be able to even "scratch the surface", of expressing the vast depth, of the unending thankfulness we owe Hashem, for His unyielding, never-ending kindness. .

You can add to that, the tremendous amount of extremely Holy praise of the great numbers of spiritual angels. They are constantly being energized by Hashem. They are personally being sent and directed to take care of all, living, growing, and inanimate matter. Every blade of grass has an angel spurring it on to grow! They ALL sing Shira! In that manner the whole world connects to Hashem!

Put it all together! The whole entire world is constantly singing songs of praise to Hashem. (Take a look at Perek Shira!) Yet, all that gratitude by everyone's Shira, will never suffice to even somewhat express a fraction of the true extent of our understanding of Hashem's CHESD, i.e. The understood goodness, of His ever-flowing

Chesed, that He bestows upon this world! As the Possuk says: Chesed Keil Kol Hayoim!

It's all within, "THE SECRET OF HASHEM'S SECRECY"

Now, we can try a little, tiny bit, to emulate Hashem's way of running the world, with His so much goodness-in-secrecy.

We can try, and we should try, to do Chesed in the most secretive way we possibly can.

"V'Halachta B'Drachav"- "And You Shall Go In The Ways of Hashem", Is a Mitzvah in the Toirah.

When doing Chesed, at home, and at work, in Shul, or in Yeshiva, on the street, and on your daily commute, as you come from. .and as you go to. .try to do it a little more discreetly.



Along with the smile, compliment, greeting, and thank you, add on "being a benefactor" of some sort. Start off with something small, and with a little secrecy, and then add on to something bigger, with some more secrecy.

Someone I just met in Shul yesterday, told me about some person, who is lately, anonymously distributing boxes of food for needy families in my neighborhood. This man

set up some sort of system, with which it's almost impossible to figure out who is sending these packages. It's transferred from hand to hand many times, before, it reaches someone's door. It's literally futile to try to track down and link the boxes back to the original donor's identity!

The Gemara states that one who does Tzedakah in secrecy, can be saved from a Chas V'Shaloim, untimely death, Rachmana L'Tzlan.



May we merit to have the merit of doing Tzedakah in such a special way, and to be rewarded with it's great awaited reward and mer-



it.

The fantasy, of being an enlistee, on a Chesed committee, and then an attendee, at a great dinner-party, with me, being the award nominee, I agree, will boost my "Ani", Yet when the chesed will be low-key, when it'll be only Hashem and me, with no other we, not a he, nor a she, I plea, to have the glee, of giving for free, or helping for no fee, and then to flee, 1..2..3, One can foresee, the S'char will reach the depth degree, of the great deep-sea. May we all with names from A to Z, be zoiche to something better than being care-free, when we can care-for-free!

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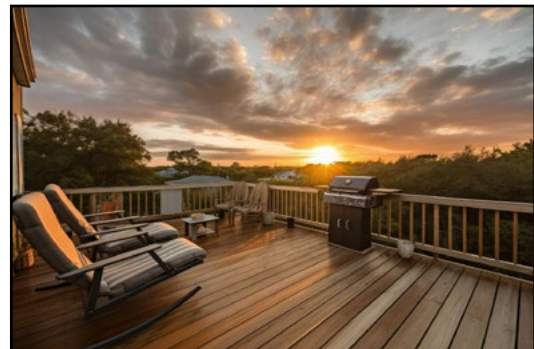


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Do Mitzvos!

Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

CONFIRMATION FROM HASH-EM

LATE ONE NIGHT, A MAN was driving and feeling very dejected. He had been irreligious for a great chunk of his life, and now that he was newly observant and had cut contact with all of his friends and family, he was feeling very lonely.

As he was driving, he cried out to Hashem, asking Him for a sign that what he was doing was the right thing and that he should continue on. Right then, an eighteen-wheeler passed by, and in big neon-green letters, he saw "G-O-D." He got the lesson clearly—that Hashem cared about him and appreciated the new commitment he recently took on.

This truck was actually one of the many "Guaranteed Overnight Delivery" ve-



hicles on the road across the US that, to save energy, illuminate only their company's initials.

Hashem yearns for a connection with all of His children. This story shows how He reached out, as it were, to this particular Yid, but it is surely true for every one of us. (R' Ephraim Shapiro on Stories to Inspire Hotline)

HASHEM YEARNS FOR OUR CONNECTION!

There was once a bachur who, after ten years of being off the derech, r'l, came back to observance. Someone met him

at the kever of the Bnei Yissaschar in Poland, and he was shocked to see this bachur davening with kavanah like a real yorei Shamayim.

As they spoke, the bachur told him what had brought him to do teshuvah. "Someone told me that every night, my parents leave the door of their home unlocked, anticipating my return. They never want me to find the door to come home locked, no matter when. I thought, 'if my parents want me so much to come to return to them, I will not disappoint them.'"

This equally applies to Hashem. He also leaves His door open for us. He is always available for us and for all of our needs. This is because He seeks a connection with us and therefore makes Himself available at any time we seek Him.

A father seeks a relationship with each of his children. The fact that he has, let's say, twenty children doesn't mean that he doesn't want a relationship with each one of them, or that His desire for any one of the others is at all weaker. This too applies to the connection Hashem longs with us. No matter how many Yidden there are, He always wants a personal connection with YOU.

Yes, YOU.

"SO DAVEN!"

After waiting for three long years to have children, R' Avi Bensoussan asked his brother, R' Ari, to ask R' Chaim Kanievsky what he should do. Many times, R' Chaim would suggest different ideas to be fixed to merit the yeshuah. Before hanging up, R' Avi told his brother, "I'm not sending you merely for a 'Brachah V'hatzlachah' (although that was very special); we need something more."

When R' Ari went to R' Chaim's house, there was a wealthy individual before him who supported many institutions, organizations and the like, and the gab-bai was rattling off all his praises to R' Chaim. After he finished this hesped-like speech, R' Chaim gave him his famous "Brachah V'hatzlachah!" and that was it. R' Ari figured that he too would get the same.

When it was his turn, R' Ari gave R' Chaim his brother's name, his name, and those of two other siblings who also were waiting for children, R' Chaim read the paper from beginning to end, and said: "Brachah V'hatzlachah!"



He built up the courage to ask R' Chaim what else can be done to guarantee them a yeshua. When R' Chaim heard the question, he started laughing. "Daven!" he said. Seeing R' Chaim laugh, R' Ari in return started laughing, and the gabbi followed along. He got what R' Chaim was conveying and left the room.

This was not uncommon for R' Chaim—to tell whoever was asking: "So daven!" He called back his brother to tell him the news, that R' Chaim had said: "Daven!" and within a short time doing so, R' Avi, R' Ari, and the two other siblings who were awaiting children B"H had a baby, (and some even had twins!).

R' Chaim knew that all the thousands of people he told this

Continued on
next page

Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

to knew to daven, so what was he telling them that was so special?

R' Chaim was saying that the power of being answered lies in us. It's not something to seek out from others, but rather is within reach. All we have to do is trust in its power and remember that we have what it takes to get the salvation.

A PROOF FROM THE YETZER HARAH!

The yetzer hara tells us that our davening doesn't mean anything to Hashem, so we think: "He has many Yidden davening with much greater kavanah, so why should I try?" Such thinking is just propaganda of the yetzer hara. He persuades us to think that it doesn't mean much to Hashem, but that's a big mistake.

A proof to this is from a dialogue that took place:

A wife told her husband, "Our wall isn't soundproof, and our neighbors hear our conversations. We don't have privacy. We need a new wall."

The husband replied, "There is nothing to worry about. The wall is soundproof. No one hears us from the outside. You

are imagining things."

Just then, there was a knock at the door. It was the neighbor. He came in and said, "Your husband's right. You don't need a thicker wall. I don't hear anything."

The Yetzer Hara tells us, "Hashem doesn't hear anything. Your tefillos are worthless." When the yetzer hara tells us that, we know not to listen. Hashem does hear them, every time.

In fact, why does the yetzer hara disturb us from davening? It is because he knows the power of our tefillos. His disturbances and his attempts to have us believe that Hashem doesn't answer our tefillos are the greatest proof that Hashem hears all of them. (Reprinted with permission from Mechon Be'er Haparsha, Torah Wellsprings, Vaeira, p. 16)

THE DETERMINED GIRL!

A girl from France had come to live in Eretz Yisroel to find her bashert, but she was feeling very lost and out of place. Time came and went, but no suggestions came her way. Someone recommended that she get a brachah

from the great tzaddik, R' Yissachar Meir, the Rosh Yeshiva in Netivot, and so she did.

She took the trip down to Netivot and when she reached his house, she was told that due to his age, R' Yissachar was not accepting visitors. But she persisted, and

the family said that they would bring her request in to him and see what he says. They came back and told her that R' Yissachar said that for thirty days, she should say the following chapters of Tehillim: 8, 13, 22, 50.

Sixty days later, she returned again to Netivot, and again the family told her that R' Yissachar was not seeing visitors. However, she told them that she wasn't coming for help but to share with them the good news—that she was a kallah!

Hearing this, the gabbai was astounded. "How did you manage to do this? When we last met, you couldn't read Hebrew. How'd you learn it so fast?"

"I didn't," she responded. "I just said what R' Yissachar had told me to say: 'Chapter 8; Chapter 13, Chapter 22, and Chapter 50.'"

We know that this was not the intention, but nevertheless, she merited to see an unbelievable yeshua because she did this whole-heartedly.

The point is that we're supposed to connect with Hashem, and this girl's saying the words opened that up. For her, that was the most she could've gotten, and by connecting on her level, she was able to bring about a wonderful yeshua.

MOTORCYCLES AT THE KOSS-EL!

He wants to hear about our mundane problems as well.

Two motorcycles once drove into the Kossel Plaza, attracting the attention of everyone coming to daven there. The security guards don't let anybody just drive in, so what was so special about these two that they earned an exception? Even more strange was that the riders didn't look particularly ob- **Continued on next page**

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Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

servant.

When they approached the Kossel, they pulled out a piece of paper, wrote some words, showed it to each other to confirm that what they wrote was accurate, and then drove off.

After they left, two curious boys wanted to see what they had written, so they went to that spot, pulled out the paper, and read what was written: "We are playing tonight on a competitive ball team. Please, Hashem, make our team win!"

The word of this event spread through-



out Yerushalayim. When R' Shalom Schwadron heard about this, he remarked: "These irreligious ball players are right. They understood that Hashem, in every situation, wants to hear from us. No matter where His child is holding, He wants a relationship with him."

"IN YOUR OWN WORDS!"

Many Yidden had to fight in World War One. Sometimes, for many years even, their wives didn't know whether their husbands were alive or dead, as communication was often interrupted and very difficult during war time.

Women came to the Chofetz Chaim, and they cried and pleaded that he daven for them. The Chofetz Chaim cried with them, benched them, and told them they should also daven. He said, "Go to the beis midrash, open the aron kodesh, and pour out your heart before Hashem. Hashem wants you to daven."

The women asked the Chofetz Chaim, "What should we



say?" They were accustomed to saying the tefillos printed in Yiddish in sid-durim, such as the techinos for after lighting the Shabbos licht and or for Motzaei Shabbos. They didn't know how to create their own tefillos.

The Chofetz Chaim told them, "Tell Hashem what is on your mind. When a child is hungry, he doesn't look for techinos. He cries in his own words. Do the same. Pour out your heart before your compassionate Father." (Sichos Chofetz Chaim, vol. 2, p. 21)

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R' Moshe Hirschberg is the author of "Zichru Toras Moshe - Heartwarming Stories for the Shabbos Table." To receive the Weekly Zichru Toras Moshe please call 732 569 8111 or email: the.zichru.toras.moshe@gmail.com

The Gift of Prosperity

When the Jewish people left Mitzrayim, not only were they freed from slavery; they were also extremely wealthy.

Chazal tell us that every single member of the Jewish nation took along ninety donkeys laden with the gold and silver that the Mitzrim had given them. And this was not an incidental benefit.

Centuries earlier, at the bris bein habesarim, Hashem had promised Avraham that after his descendants suffered through slavery and exile, “then they will leave with an abundance of property” (Bereishis 15:14). In fact, Hashem ordered Bnei Yisrael to ask the Mitzrim for their valuables in order to fulfill His promise. Why were the riches that Bnei Yisrael received from Mitzrayim such an important component of the Geulah?

Rav Yitzchak Maltzan, in the introduction to his Haggadah, explains that the purpose of Yetzias



Mitzrayim was for the Jewish people to become a nation of Hashem’s servants, and as the pasuk states, Hashem tells the Jewish people, “Avdi atah, Yisrael asher - becha espa’er — You are My servant, Yisrael, in whom I am glorified (Yeshayah

49:3).” When the Jewish people enjoy wealth and financial success, it highlights their status as Hashem’s chosen nation and broadcasts Hashem’s honor throughout the world.

Let us not allow ourselves to belittle the importance of material possessions. The image of affluence has a potent appeal; it has the power to attract and influence other people, and it thereby can bring honor to Hashem. The same is true of physical beauty; it may be external, but it is an extraordinarily potent vehicle for the creation of kiddush Hashem.

The Torah acknowledges the importance of externals. The Mishkan and Beis Hamikdash, as well as all of their vessels, were fashioned from visually appealing materials. We follow that example to this day by building beautiful shuls and housing sifrei Torah in a beautiful aron kodesh; all of this brings honor to Hashem and His Torah. We also find that the kings of Klal Yisrael were physically very handsome, which was an important factor that induced the people to rally behind them.



The Gemara (Shabbos 114a) rules that a talmid chacham who is found to have a stain on his clothing is subject to the death penalty. Rashi explains that a person who is known as a Torah scholar must take care to appear distinguished and respectable for the sake of the Torah’s honor. If a talmid chacham were to appear slovenly or unkempt, people would view him with derision and Hashem’s honor would be diminished, chalilah.

A baalas teshuvah who grew up in a complete-

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ly assimilated family in the Ukraine once related how a certain rebbetzin who came to their town made a deep impression on her. "She had a truly regal appearance. She was always well-dressed and adorned with beautiful jewelry. Someone said



that she was wearing a wig, but none of us believed it; it looked so real! But the real shock came when someone said that she had eight children back in America, five of whom were already married. We were all astounded, not just by the fact that she had so many children, but by the fact that she looked so young and vibrant, not at all like a grandmother. We had always been told that childrearing was a burdensome task and most people could barely manage with one or two children, yet this woman had been the mother of eight children and always looked better than many other women I knew." The outward appearance of the rebbetzin, her aristocratic demeanor and beauty, played a role in bringing this girl back to Yiddishkeit.

When Jewish people enjoy affluence and financial success, the purpose of their privileged status is not the enhancement of their own comfort. Money, a comfortable lifestyle, and all that goes with it, is an opportunity to create a great kiddush Hashem. Even those not blessed with wealth, can insure that the external trappings of their lives bring honor to Hashem and not, chas v'shalom, the reverse. Even a Jew who is not a man of means should live like a prince. He should keep his home and lawn well-tended and up to the standards of his neighborhood. After



all, if a Jewish home is the only property on the block whose owner fails to care for it properly, it could create a chillul Hashem.

A Jewish homeowner should dispose of his garbage appropriately and not leave his children's toys strewn about outside if it bothers the neighbors.

The children themselves should also be kept clean, tidily dressed, and presentable. A person who always does these things anyway, can reap tremendous reward if he has in mind to do them in order to add to Hashem's honor.

Of course, we must recognize that we are in galus. We must not flaunt our wealth or success in a way that would arouse the jealousy of our non-Jewish neighbors. But at the same time, we must always model the concept of "Deracheha darchei noam" — that the Torah's way of life is sweet and pleasant.

In Review: Because we are Hashem's princes, we must always appear dignified and attractive in our physical appearance, the way we dress, and even our homes, lawns, streets and shuls. Nowadays, the affluence with which our generation has been blessed has given us the opportunity to do this, and we must value that opportunity. Even though our physical appearance is merely an external factor, it still wields a great power to impact other people, and if we are careful to preserve the proper appearance, it can help us bring others closer to the truth.



Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.

Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

Email: LivingKiddushHashem@gmail.com for a free file of sefer Mekadshei Shemecha and other resources and to sign up for our weekly Kiddush Hashem email.



Rabbi Yosef Moshe Mizrachi

There was once a young lion named Zalman. He loved the title 'king of the jungle' and was full of pride. One day, his mommy told him that he had reached the age where he had to start to hunt himself. When he set off in search of food He noticed some geshmake zebras but before he could get close to them, the zebras spotted him and ran away. Then he tried to catch a lone buffalo but a whole herd of buffaloes came to its rescue and chased Zalman the lion away.

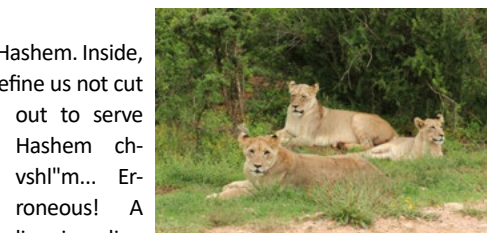
Zalman was sad. On his way back home, Zalman saw a table laden with nice berries and cakes and decided to snack on them.

That night he had such a stomachache! The next morning his mother explained to him 'you are Zalman the king of the jungle, regardless if you succeed in a specific hunt! Its simply who you are therefore there is no reason to become so sad when you fail just try again the next day!

Also you will never enjoy berries and cakes, they are very bad for you because a king of the jungle only eats fine meat. This will never change. You are intrinsically a royal lion!

The other day I was shmoozing with a bachur and he mentioned to me how he would really love to learn a certain Sefer every Friday morning but he can't get himself out of bed so early. He was upset with himself and looked down at himself for having such a struggle to do something so "simple".

However much like our Zalman the lion, this bachur was making a mistake. A Yid is a royal servant of Hashem. Inside, we have a fiery craving to live with Hashem. Missing a Seder or making any other mistake doesn't define us not cut



out to serve Hashem ch-vsh"m... Er-roneous! A lion is a lion no matter what. Sure he might need to work on his hunting etc. but that's only an external skill and not what defines him.

So too, a yid is who tries to serve Hashem. He is a holy Neshama who simply needs to learn the skill of doing the mitzvahs well. This Bachur was embarrassed that he has a struggle to wake up early but the truth is, he is the same pure holy and amazing Yid! He happens to be currently trying to acquire the skill waking up on time...

I just saw R' Yonah In Sefer haYirah. He warns "one must not call any Yid by a derogatory name even a child and even for a joke for every Yid is refined and holy" this is simply our reality!

Shabbat Shalom U'mevorach!

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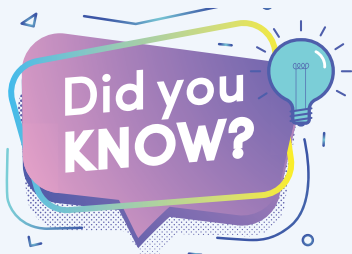
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Yum! Yum! Yum!
But nothing compared to what's waiting for you in the next world!

By: Rabbi Zevy Golombeck

Rabbi Yehuda Mandel says in the name of the Mashgiach, Reb Nosson Wachtfogel, that Yiddishkeit has to be sweet like honey. It has to be geshmak; freilich! Not in a way of nerevin, stressed out, tense, worried, nervous. Mussar is gematria devash (honey). When you learn mussar, you should feel that you just ate something delicious, yummy and scrumptious.



Why do we find that some gedolim, such as the Brisker Rav, were always nervous to do the mitzvah properly? That's only because that it brought true inner simcha to his life. That is what gave him a healthy connection to Hashem.

If you look at the sefer, Bmichitzasam; Reb Shlomo Lorincz quotes Reb Moshe Shmuel Shapira who wrote in a letter that the Brisker Rav's house was full of simcha! The Brisker Rav's nerevin brought out his simcha.

However, my rebbe gave me over a mesorah from his rebbeim, that nowadays for most people; serving Hashem with nerevin is nothing more than the trick and trap of the yetzer hara. When we get nervous and worried, it means that we are not enjoying or appreciating what we are doing. It means that we don't have a healthy connection with Hashem. Therefore, we have to realize that yiddishkeit and mitzvos should not be done through being nervous, worried; "Oh I did this or that wrong. Maybe Hashem is not happy with me."

NO!!! You have to always say, "Hashem is happy with me. Hashem is impressed with me. Hashem is freilich with me. He loves my mitzvos, they're gevaldig!"

Anytime you do a mitzvah, you should focus that you did it great, amazing and gevaldig. Realize that Hashem doesn't need your mitzvos. Hashem is happy without your mitzvah! Mitzvos are for OUR sake to bring us simcha, positivity, and pleasure. Every mitzvah has to be "deracheha darchei noam;" pleasant and geshmak.

Therefore, when a person who has OCD in Halacha or a frumme yetzer hara lives with the Emunah and Bitachon perspective (that mitzvos are to give US pleasure not that Hashem needs it), then all their OCD, nerevin and their frumme yetzer Hara will disappear and vanish into thin air.

Gold Mines

Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock

If a person thinks he can go through life on earth and never fall, he has it all wrong.



The Kotzker Rebbe said "Hashem has enough malachim in shamayim; here He wants us human beings with all our struggles and failures."

Just like on an EKG the lines going up and down are signs of life, so too, someone who continually falls and gets up, that's a sign that he's living! The pope claims to never sin, but we know that falling is part of being human and no one is perfect. Chazal say "אין אדם עומד על דברי תורה" - Torah is only fulfilled after one stumbles on it first.

R' Mandel says over from the heilegeh Slonimer Rebbe "If someone would do the worst aveirah and afterward he can't daven with hislaavus, then he doesn't understand what a yid is!"



Don't let the frum yetzer hora take over by repeating your mistakes over and over. Do real limmud hamussar and go over all the reasons why you're the greatest person around!

MAZEL TOV!

Mazal Tov to Rabbi and Mrs. David Yaged (Lakewood, New Jersey) on the birth of a new baby girl!

This column is part of the "ASHER TO THE YATZAR" initiative, and is written as a *zechus* for a *refuah sheleimah* for my daughter (Esther bas Sara Miriam) a young mother who is undergoing treatment for the *machalah*, and for R' Yossi Hecht (Yosef Chaim ben Devorah Leah), founder of ashertotheyatzar.com. (Please take a moment to say a *perek Tehillim* for them.) If you would like to receive the monthly leaflet, please email ashertotheyatzar@gmail.com.

What Do The Words Mean? Part 8

שם יפתח אחד מהם - if but one of them were to be ruptured.

Rashi (Berachos 61a) explains that if one of the cavities such as the heart, stomach, or intestines, would be ruptured we would not be able to survive. Based on the following personal experience I would like to add lungs to the list. During Tishrei 5784, my daughter Esther bas Sara Miriam, may Hashem send her a speedy *refuah sheleimah*, had a few holes in her lungs as a result of her treatment. This was extremely dangerous and she needed to be hospitalized for several weeks. Eventually, the doctor performed an emergency surgery, which Baruch Hashem was successful, to close two of the holes that were not healing on their own. I saw firsthand how even the smallest hole could cause big problems. This made me realize how much we have to thank Hashem for healthy lungs, and for making them with a self-healing process that work in normal situations! (It could be that Rashi didn't mention the lungs because the truth is that there is no open "cavity" in the lungs. If you would cut open the lungs you would see a pink sponge-like material made of millions of alveoli, which are tiny air-filled sacks that inflate and deflate every time we breathe!)

או יסתם אחד מהם – or if but one of them were to be blocked.

Rashi explains that this refers to the openings in the body such as the mouth, nose, or the openings which allow the waste materials to leave our bodies.

אי אפשר להתקיים ולעמוד לפניך - it would be impossible to survive and to stand before You.

What are these two ideas, to "survive" and to "stand before You?" The Sefer Iyun Tefillah explains that surviving refers to being alive, and standing before You means to be able to serve Hashem through Torah and Tefilla. Indeed, if we would get a hole in one of these vital organs, or if our mouth and nostrils would be sealed, we would not survive. Without being able to breathe or eat, we would not last too long. But we don't stop there and we say that there is any even bigger reason to thank Hashem for a healthy digestive system. If we would not be able to use the facilities, it would be impossible to serve Hashem. It is forbidden to daven or learn with an unclean body, and certainly it would be very hard to concentrate when we need to expel wastes. In other words, we are reminding ourselves of why we need to have a healthy body – in order to be able to stand in front of Hashem and serve Him. Being able to do *mitzvos* is the greatest present of all!

Rabbi Niehaus is the author of "Oasis: Experience the Paradise of Shabbos" and "HEAVENWORDS: Elevate your Tefillah and Yourself". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a rebbi in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.

BITACHON POWER!

BY: Rabbi Chayim Tzvi Blau
This week's Topic: "One Master!"



The Quote – The Lesson – The Story

A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

The Quote: " The Chovos Halevavos writes that a person must believe that no creation can cause any harm or help unless it is with the רשות of the שמו ית' שמו.

The Lesson: WHAT MAKES THIS SO INCREDIBLE AND AMAZING, explains the Chovos Halevavos, is take for example a slave who has a few masters. If all his masters would have equal power over him, so he would put his reliance and turn to all of them for what he needs. Now, if they would each have only **some** power, yet one has more power, so he would still put some of his trust in the rest, but that one with the most shlita he will come to more than the rest of his masters. However, what if we were to say that the slave has only one master who has complete control and power over him, and the "masters" have no power at all, it's obvious that the slave's eyes will be turned ONLY to this master and to no one else, since **this** master is the only one who has the power to help him or be מוֹיֵק him!

The same applies to our relationship with the Ribono Shel Olam, says the Chovos Halvavos, when a person feels and knows that no creation can be מוֹיֵק him and it is all up to the Ribono Shel Olam, he will be afraid of no one and will not put his hope in them. To the contrary he will only put his complete reliance in Hashem his Creator, like it says

אל תבטחו -בנדיבים - בבן אדם - שאין לו -תשועה (תהילים קמו:ג)

The Story: A CHASSID ONCE WENT into the room of מַפְרִימֵשֶׁלֶן where the Rebbe was giving various people advice. The chassid cried to his Rebbe that he had a small business that he ran from his home and his neighbor had just opened up the same type of business.

"Rebbe," moaned the Chassid, "How will I make a parnasa with the competition from my neighbor?"

The Rebbe answered, "Did you ever look at the way a horse drinks from a pond? Before the horse begins to drink it kicks the water because it sees its reflection. The horse thinks that perhaps another horse is trying to drink from the same water source. Just as there is enough "water in the pond" for all the "horses" to drink. Hashem has enough money to provide for everyone and the parnasa of one's neighbor will not take away from his."



The chassid understood the message of his saintly Rebbe and left with a full heart, no longer concerned with the competition of his neighbor.

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The Purpose of This Book

The purpose of this book is to encourage and help the reader enjoy his life. Enjoying life should not be confused with being grateful for life. Gratitude comes after enjoyment. Throughout their lives, people are admonished to

appreciate what they have. But how can one appreciate something if he doesn't feel that it's good? Once a person realizes that life is wonderful, the next step will be feeling grateful to Hashem for all of His kindness.

Hashem wants every person to live a life filled with happiness, pleasure and simchah. Many people are familiar with the teaching of the Mesilas Yesharim, that the entire purpose of creation is for Hashem to give people an indescribably great pleasure in Olam Haba (Perek 1).

Less known — but equally true — is that Hashem also wants every person to enjoy Olam Hazeih, which is an incredibly beautiful place, full of wonderful things to do and experience.

But just like needs training to learn how to enjoy good wine, a person must learn how to enjoy Olam Hazeih. Without doing this, the goodness of the world can pass him by, unnoticed and unseen. Furthermore, the yetzer hara does not want us to realize how much goodness Hashem gives us. He doesn't want us to have feelings of loyalty to Hashem that would result from this awareness, so he tries very hard to convince us that life is bad. If we don't make the effort to overcome this yetzer hara, we will naturally wind up with a negative view of our world.

This book was written to combat that yetzer hara, to help people learn (or relearn) how to enjoy life to the fullest, with an upbeat spirit of positivism.

Some people might argue that it isn't a good idea to highlight and speak of all the pleasures of this world. After all, isn't life

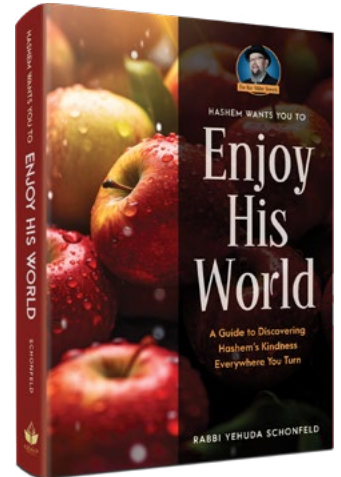
about spiritual growth rather than materialistic pleasures? As we will see throughout the book, this is not a correct argument. Part of spiritual growth is about physical pleasures! Additionally, those who argue against enjoying Olam Hazeih are on the receiving end of heaps of physical pleasures on a constant, unending basis. They are opposed to enjoying Olam Hazeih, but they are doing it anyway, all day, every day.

They eat three delicious meals a day, listen to melodious music, drive comfortable cars and shop for beautiful clothes. And as they do so, they deny that we should think about how enjoyable this world is!

The Chovos Halevavos writes:

... it is the obligation of men [...] to rouse those who fail to perceive the favors of the Creator and to teach people to recognize these blessings intellectually. For there are many blessings that people possess and yet fail to profit from altogether — or do not fully enjoy — simply because they are not aware of them and do not appreciate their value. Once they are alerted to the many benefits of these blessings and what had been hidden from them is revealed to them, they will sing the praises of and express full gratitude to their Benefactor, and as a result, find pleasure and enjoyment in this world and a fitting reward in the next.

Rav Avigdor Miller, zt"l, fulfilled these words fully, speaking often about the enjoyments of Olam Hazeih in an open and forthright way (as quoted throughout this book). Having been inspired by his words on the topic of enjoying life, and developing a happy, positive attitude, I decided to write this book and spread these insights.



The Parsha in Art

By R' Yehoshua Wiseman

054-844-1131

Na'aseh V'Nishma

It was time for the most auspicious event since creation.

To set the world on the right course; Moshe Rabbeinu would soon deliver the Torah to the Jewish people from the One Holy Source.

Hashem kept His promise that He made to Moshe near the bush that didn't burn. With the newly redeemed nation to Har Elokim Moshe would return.

Three months after crossing the Yam Suf B'nai Yisrael arrived at Sinai, the Midbar. All their worldly concerns melted away when they finally reached their destiny after waiting so long and journeying so far.

When the Children of Israel first beheld the mountain whatever remnant of Egypt they still had left inside was pulled away and sent to the abyss like ocean waves at ebbing tide.

Every Yid who would ever live united k'ish echad b'lev echad to share the awesome privilege to serve Our Father, Our King, Our G-d.

For this match made in Heaven, the Jewish Nation was singularly suited. The necessary traits learned from the Avos and Imahos, in our neshamos are deeply rooted.

Hashem had offered the Torah to other nations so B'nai Yisrael's worthiness would not be in doubt, but sadly for civilization; all manner of sins the other nations just can not live without.

On Klal Yisrael's commitment to the Ribono Shell Olam all life, for all time, would depend. If, chalila, they would not have accepted His Precious Gift all existence would have hit a dark dead-end.

The Children of Israel prepared for three days; taking care that their garments were clean. Moshe Rabbeinu sanctified the Yidden, insuring that their neshamos were free of impurities and pristine.

Moshe began his first aliyah up Har Sinai and as Hashem always does, He met Moshe part way.

He told Moshe: this is what to B'nai Yisrael you should relate after this to Bais Yaakov, you should tenderly say.

"I punished Egypt and on the wings of eagles, I have brought you to me to be your loving, caring Father, as you and all peoples of the earth can now clearly see."

"Mine is the entire world. Of all the nations you're my choice. You shall be my most beloved treasure if you observe my commandments and listen to my



voice."

"You will earn your place as a Kingdom of Kohanim. Bringing light to the nations is your eternal role; to be a shining example; to distinguish righteous from evil and kodesh from chol."

At the foot of Har Sinai, burnt and peace offerings were offered by youth, each b'chor. Moshe threw blood upon the Yidden to establish a covenant, like a kasuba, that they would pass down dor v'dor.

Kal HaAm Yachdav demonstrated blind faith by declaring "We will do and we will obey." The vow: "Na'aseh V'Nishmah" endeared us to G-d and became our Nation's clarion call to this very day!

In that Instant, the Shechina rested on every Jew. Malachim placed golden crowns on their heads to adorn: one for Na'aseh and one for Nishma, as Hashem's exalted Nation was born.

There was no chirp of a bird nor rustle of leaves. That Shabbos, the entire planet was silent and still in anticipation for Hashem to bless the Children of Israel with His mitzvos and revelation.

Thunder, lightning, smoke, fire and a long, blaring Shofar blast would in the minds and hearts of Hashem's Yiddim make an indelible impression that would forever last.

The Shofar was the left horn of the ram that Avraham Avinu sacrificed in Yitzchok's stead. When Moshiach arrives, iyH b'mhaira v'yamainu, the Shofar blown will be the horn from the right side of that ram's head.

Hashem's Divine Presence was waiting to welcome His Cherished Nation on the crest from within a thick cloud.

Then the Children of Israel humbled themselves in their hearts and souls and to HaKadosh Baruch Hu, they bowed.

Hashem descended in a blaze of fire with rising smoke.

The millions gathered were enveloped in Kol Hashem.

Belief in G-d and Moshe His Prophet was burned in their hearts and would for eternity

define them.

Every living being with intense concentration waited while Hashem's enormous voice through the cosmos reverberated.

The mountain along with Klal Yisrael trembled.

What the Yidden would normally hear they could now see as they were healed from all ailments and elevated to the highest level of prophecy.

Six hundred and thirteen mitzvos were folded into ten.

Ten mitzvos were uttered in an instant as one Divine Word.

"Anochi Hashem Kelohekeha" every Jewish soul heard.

To hear the Heilige sound of Hashem was more than mere mortals could bear. Klal Yisrael asked Moshe Rabbeinu to teach Hashem's mitzvos fearing otherwise they would perish right then and there.

Moshe assured B'nai Yisrael that despite recently emerging from Mitzrayim at an all time low, They had transcended themselves with their dedication to the Kail Elyon, Who drew them close to be His Am Karavo.

Once again, Moshe would climb Har Sinai to reach Heaven's heights.

He would return with Hashem's Holy Luchos, after learning the entire Torah for forty days and forty nights.

Very soon, Im Yirtze Hashem, Moshiach Tzidkeinu will blow another long, blaring Shofar blast.

Sing joyously will the trees. The sea in its fullness will roar.

The entire world will know that Our Father is King

and we are His Dear Children. Nagila V'Nismicha Bo

as we dance and wear our golden crowns once more.

We are a blessing!

We are blessed

We are a great nation!

A light to the rest!

To Be Continued with Parashas Ki Sisa iyH....

With tremendous gratitude to Our Father, Who rules the entire world and Who Always meets us, His beloved Children, part way and Hakaras Hatov to R. Yitzchok I. Kaufman (The Spring Hill Times;) For insights and inspiration: R. Zev Golombeck (The Bitachon Hotline;) and R. Shira Smiles (weekly Parasha Shiur;) Artscroll (Schottenstein Editions: Chumash (Parashas Yisro and Mishpatim: text and commentaries;) Siddur (Weekday: Text and commentaries;) and Tehillim;) R. Moshe Weissman (The Midrash Says: The Book of Shemos;) R. Shmuel Yerushalmi; Translated and Adapted by Dr. Zvi Faier (The Torah Anthology: Yalkut Me'Am Lo'ez- The Book of Shir HaShirim;) and EK, LJ, RRM, DD, AU, JF, and SF.

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It's Full of Love!



It's a Wonderful World!

Sruly Yelen
Lakewood, New Jersey

A GLIMPSE INTO THE PAST





A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

HKB”H created people with different pitch voices. Men speak in a lower tone pitch, as opposed to women who speak with a higher tone pitch.

We see from this difference Chochmas Hashem.

A lower pitch voice comes across sounding more rough and tough, as opposed to a higher pitch voice which comes across as much more gentle. Hashem created women with a softer voice because it’s an important tool that women need for their role. The primary job of a mother is raising young children. For this Hashem gave them a voice which is more relaxed, soothing and friendly, to help her nurture her children in a warm and relaxed environment. Her young children who are listening the whole day to their mother’s speech - makes a great impact on them.

The father is more the authority figure of the house. For his role, Hashem gave him a voice which is less soothing and more demanding, which gives that authority sound to it.

We find this point in Chazal, that Miriam, the sister of Moshe Rabeinu is referred to in the Torah as Puah. ‘Puah’ means speaking. Miriam was called ‘Puah’ because she was constantly speaking and calming the newborns that were born to Klal Yisroel in Mitzraim. We see from this that the ability that women have to soothe young children

is such an important function that the Torah used it to refer to Miriam HaNiviah.

We mentioned how Hashem gave us the ability to change the way we speak. This pertains to the pitch, the speed, the volume, the clarity and the many additional factors. We were given the ability to mix emotions into



our speech. This is very important and it gives much more weight and meaning to what we’re saying.

For example, if a person instead of screaming, “The house is on fire!” would say it with the same tone and volume as he would say “The house is quite old” it would not elicit the proper response.

There is a famous study done that shows how central this point is. When a person wants to give over a message, the breakdown of what was given over to the listener is - 7% of the message went over with plain words, 38% of the

message went over with the tone and the pitch, etc. And 55% went over with the facial expression. That means that it’s five times more important how something was said with the tone and pitch that the actual content.

The truth is, usually the two things go together. People automatically speak about things that are meaningful to them with expression and life, and automatically people speak about dry boring topics with very little expression.

Try saying something you're passionate about in a monotone. It just doesn’t go. Yet, this ability which Hashem gifted us with, gets very little thought, but it adds so much power, color and life to our speech. The message you can relay with one sentence full of emotion can relay more than a long speech on that topic.

Answers for the Parsha Game page 18
Nesher: גליל ברכים - גליל ארזים
Treasure: גליל - גליל

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Perfection - Precision - Brilliance - Kindness - Power - Ingenuity - Dominance - Foreknowledge - Goodness -

Echo-location - How bats can “see” in the pitch black with their ears and brain.

For me to try and explain how a bat works will almost be a chillul Hashem! The reason being, since it’s SO, SO, SO, complicated, working at unbelievable amazing speeds, it thereby makes it impossible to give an accurate explanation of how it really works. Scientists openly admit that they have a LONG WAY to go before they will properly understand the full process. So, whatever I say will be downplaying the greatness of Hashems miracle called 'Echolocation.'

Keeping that in mind, here’s an extremely simplified explanation of what happens and it will still be quite amazing.

Firstly, Scientists estimate that ounce for ounce, the bat’s sonar is millions of times more sensitive than any radar or sonar device made by man. You heard that! It’s millions of times more sensitive than machines made by highly trained engineers! That’s beyond amazing!

In one experiment, numerous loudspeakers were installed in a dark room with 28 hair-thin wires strung up at random criss-crossing the room. The speakers were set to a volume of noise 2000 times as intense as the echo of the bat’s call, and on the exact same frequency. The idea obviously was to see if they could “jam” the sonar system of the bat, or would the bat be able to tell the difference between its call (the sound it emits), and all the other noises around it. They also wanted to see if the bat would hit any of the hair-thin wires while flying amidst this confusion.

Well, the bat passed the test with flying colors! Not a single wire was touched. How bats are able to fly out of their cave with tens of thousands or more bats all leaving at the same time, in spite of the cramped space in the cave and the relatively small space to exit the cave, is absolutely amazing. (It’s very rare that they should bump into one another. See the picture of the bats flying out of the cave)



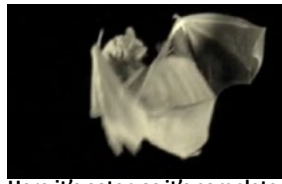
Bats leaving a cave with thousands flying at the same time pretty quickly!

These capabilities of avoiding interference between one bat and the other, and how it can also ignore all the other things bouncing off their echoes, is something that is still poorly understood.

When chasing an insect, the sonar has three phases. First there’s the search stage. The bat emits sounds/calls at a “slower pace” of 5-20 sounds per second. This is to see (or should I say hear) if there’s anything of interest in the area. If something is “spot-

ted” and they are now about 4-6 feet away, they go to the approach stage, and they up the amount of sounds to 20-40 per second, starting to lock in on an insect. Then once it gets much closer, like about a foot away, and it’s very locked in on an insect it will increase the sounds emitted at a pace of anywhere from 50 sounds to 200 sounds per second, and swoop in to catch its prey!

It pays to stop and think about this. 200 sounds PER SECOND!! A



Here it’s eaten as it’s completely surrounded and brought up to its mouth.



Now the insect has been wrapped up

second is pretty quick. Certainly, something happening in a tenth of one second is REALLY quick. Dividing ONE SECOND into a thousand parts is beyond our comprehension. These sounds are being emitted in just 5 thousandths of ONE SECOND, and the brain is able to follow the sound going out and then the sound coming right back in the form of its echo! The faster the beeps the more details they can pick up about the insect. This entire chase begins and ends in LESS THAN A SECOND!

Bats echolocation sounds come out at various frequencies. A frequency is a sound wave that can be adjusted.) There’s the type called FM (Frequency Modulation) which means that they can adjust the frequency as they fly. Then there’s CF (Constant Frequency) which, as the name indicates, is a consistent frequency. Each type has its advantages. They can also mix the two types at one time. At the same time, they can adjust the intensity of the sound as far as how loud it will be and they can also adjust the number of sounds emitted per second. Their adjustments work PERFECTLY to be the best way to catch the elusive flying insect.

Think of a pilot who knows how to read the instruments on the panel in front of him, to assure that the plane goes where it has to go. So, too, the bat knows how to adjust the frequency and the loudness of the emitted sounds and the speed of the emitted sounds to enable it to catch its prey in the best way possible. However, there’s one main difference. The pilot went to school to learn these skills, the bat somehow knows how to work its “instruments” without any schooling or training! How is this possible? Obviously not accident!!! Of course, there’s much more complication to this, but that’s beyond the scope of this article.

Throat and Ears.

The bat has a specialized larynx (an organ found in the throat) that can emit intense, high-frequency (called ultrasound)



The Universe

A Divine Masterpiece

Perfection - Precision - Brilliance - Kindness - Power - Ingenuity - Dominance - Foreknowledge - Goodness -

sounds, ranging from 90 dB (decibels) to 110 dB. 90 dB is as loud as a motorcycle or lawnmower, and 110 decibels is louder than a jet plane 100 feet away! But we don't hear it since it's at too high of a frequency.

The anatomy of bat ears is specialized so that it can hear these high-pitched sounds that are in the ultrasonic range. Humans can only hear things with a frequency ranging from 20hz to 20,000hz (or 20kHz, the k stands for thousand) Bats make noises starting from 14,000 hz (which humans can technically hear) but more typically from 20,000 hz, to as high as 150,000 hz, which are all sounds above the human hearing range. In fact, it wasn't until there were machines (in the 1930's) that were able to measure such high frequencies that they were able to finally hear bats sending out sounds.

Their ears have three parts. The outer part, middle part (which has the main hearing apparatus in it, the cochlea) and the inner part, each doing something else to make sure the process works, enabling them to hear the echoes of their calls with the highest efficiency.

But there's a different problem. Even though the echoes bouncing back are at a significantly lower decibel than the sounds sent out, however, there's a question as to how it's possible that the bats don't become deaf from the sounds going out? The sounds going out are extremely loud, and especially with their very sensitive ear anatomy, it should surely deafen them as they are subject to so many loud sounds coming out so quickly. So, how is it that they don't become deaf? Amazingly the answer is as follows.

Bats have another AMAZING MECHANISM that works in perfect coordination between the sounds being emitted and the main physical parts of its ear. Low and behold, here's what happens. Just before a sound is emitted - the muscles in the middle ear actually pull apart the ham-

mer, anvil, and stirrup bones! This assures that the sound emitted can't travel to the cochlea, which is the main organ involved in hearing. Then, after a few thousandths of one second, the muscles relax which allows the bones to reconnect, in order to be able to hear as the sound echoes back. When the sound is heard it is also analyzed. That's how it avoids become deaf. So, although the bat didn't hear the sound being emitted all that well, nevertheless, it's still able to keep track of the time it was emitted and can thereby tell by the timing of returning sound of the echo, how close the object is. Now, you must realize that this special muscular arrangement is working at amazing speeds, since the sounds going out of the bat are often moving at amazing speeds of up to 200 per one second, which is as fast as every 5 thousandth of one second! This muscular arrangement must work at amazing speed. What amazing synchronization! How lucky can you get? Did this complex mechanism just happen to develop by itself? I don't think so!!

Scientists say that from the echoes of their calls, SOMEHOW, bats can tell the distance to the objects, the size, the shape, the surface texture, and the speed of the insect it's chasing.

This is an astonishing technological feat! To figure out how close an object is, it is believed that bats compute the time elapsed between the sound being produced and the returning echo. Then taking that amount of time, and based on knowing (SOMEHOW!) the speed of sound, they can calculate the distance of the object. Now, how does this tiny bat brain (and it is quite tiny) know anything about the speed of sound?! And how can it calculate this as it is flying around moving the entire time - needing to constantly recalculate as it is flying around.

Even a super computer would have a very difficult time computing these numbers - non-stop with such

perfection!

How it also knows the size and the shape, the surface texture they still do not know how that works.

Keep in mind that we are talking about calculations with just a few thousandths of one second to work with!

Keep in mind that for this to work the brain must register each call going out and then register AND analyze the echo bouncing back. From these sounds the bat brain is capable of translating and converting all these sounds into an ACCURATE VISUAL PICTURE so that the bat can SEE the insect and everything else that is going on all around it, and all this is being done at supersonic speeds! It knows how things look since by day it can see even though it typically is hidden in its cave.

Scientists are still trying to find out how bats can perform aerial acrobatics at high speeds, in cluttered environments, amidst plenty of interfering sounds with such perfection and speed, without being sidetracked by all the other unimportant surrounding noises.

Finally, bats can either catch the insect straight with its mouth while flying, or they have the option of using their wings together with a skin membrane that grows between its two feet, to surround and capture the insect and bring the insect towards its mouth to swallow it. See picture below. The insect is in the center of the picture.

So, the bat has numerous MIRACULOUS PROCESSES going on in it. Hashem wants to show the world that there's no accidents in His creatures, and He does a great job at it with the bat!!

מה רבו - מעשיך ד'!!!

The author can be reached at emunahexplained@gmail.com

THE MIRACLES INSIDE YOUR SLICE OF BREAD

By: Mordechai Solomon

Recap: The many miracles that's in your slice of bread.

1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.
2. The seed stays fresh and does not rot so you can gather them and plant a whole crop's worth.
3. Soil is only found on earth.
4. Soil is the perfect environment for the seed to grow.
5. The soil is a natural habitat for ants to live in and also for the inchworm.
6. The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
7. The inchworm bores bigger holes in the ground which is also a form of tilling the ground.
8. Vegetation grows in the ground.
9. The soil also produces all different types of vegetation.
10. This so happens to be the perfect food for the Inchworm.
11. After it eats, the food goes through an amazingly complicated digestive system.
12. The Inchworm's body produces waste.
13. The waste is very good fertilizer for the soil to help the growth of the wheat.
14. When the worm dies, it decomposes and is good fertilizer for the

15. plants.
16. Different germs and bacteria grow in the soil to improve the soil for the growth of the plants.
17. The seed reacts with the water to start to decompose.
18. This enables that the water should continue to make the seed rot.
19. Water is made of two gases.
20. The soil is a cool atmosphere.
21. Soil is porous allowing it to absorb water which is a necessity for the seed.
22. This causes the seed to decompose when you put the seed in the earth.
23. No matter how the seed is placed in the soil, the root goes down.
24. The stem goes up no matter how it is placed.
25. The plant survives on rainwater.
26. The ocean is full of salt water which cleanses the water from impurities.
27. The sun shines on the water.
28. The sun is millions of miles away and yet it has an effect on earth.
29. If the sun would be too close it would burn the earth
30. If the sun would be too far, the world would freeze
31. The sun is a ball of gases.
32. The sun constantly gives off heat by chemical reactions.
33. The molecular structure of water is so that when it gets hot, it starts to change.
34. The water turns into water vapor. Water vapor is lighter than air,



35. so it rises.
36. The sun sets in order to let the earth have a rest and certain sects work at night.
37. The earth spins in a cycle which causes the sun to set.
38. It is in constant motion never stopping.
39. Everything in the world is stationary and the movement not felt.
40. The moon an orb in the sky.
41. It has a certain cycle.
42. It reflects the sunlight.
43. It has an effect on the moisture of earth which is necessary for growth.
44. The earth spins in an angle so that sometimes it is closer to the sun and sometimes it is further.
45. The sun has a force on the earth.
46. This causes all different seasons and climates.
47. During the cold season the earth stops producing as much giving a rest to the earth enabling it to give off a better crop.
48. There are many dust particles in the air.
49. When the water rises, it leaves over all the salt and dirt from the ocean.
50. The water combines with the dust particles.
51. It starts to accumulate into a cloud.
52. Cold air sinks.
53. Hot air rises.
54. The difference causes air current.
55. The wind blows inland.

56. The Clouds move inland.
57. The cloud gets heavy with water. The cloud releases the water.
58. Gravity brings down the water to the earth.
59. There is a negative cloud.
60. There is a positive cloud.
61. When they rub together they make lightning.
62. Lightning travels to the ground.
63. The lightning has tremendous heat.
64. The air has in it a gas called nitrogen.
65. The lightning makes a chemical reaction with the nitrogen making nitrites.
66. The nitrites are a very good fertilizer to help the growth of the plants.
67. The stem starts to push itself out of the soil.
68. The sunlight has energy.
69. The plants know how to absorb the energy.
70. The plant turns green called photosynthesis.
71. As the plant grows the roots also grow in order that the plant shouldn't fall down.
72. The roots absorb the water.
73. The roots send water to the whole plant.
74. The roots send water to the whole plant.
75. The leaves send energy to the whole plant.
76. Carbon dioxide is made up of two different elements.

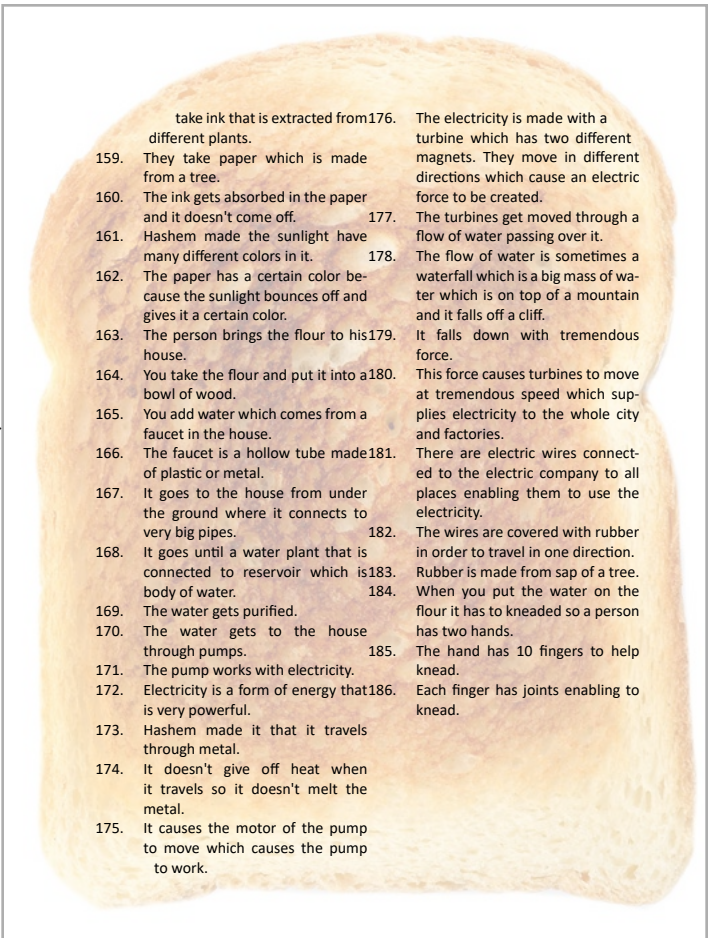
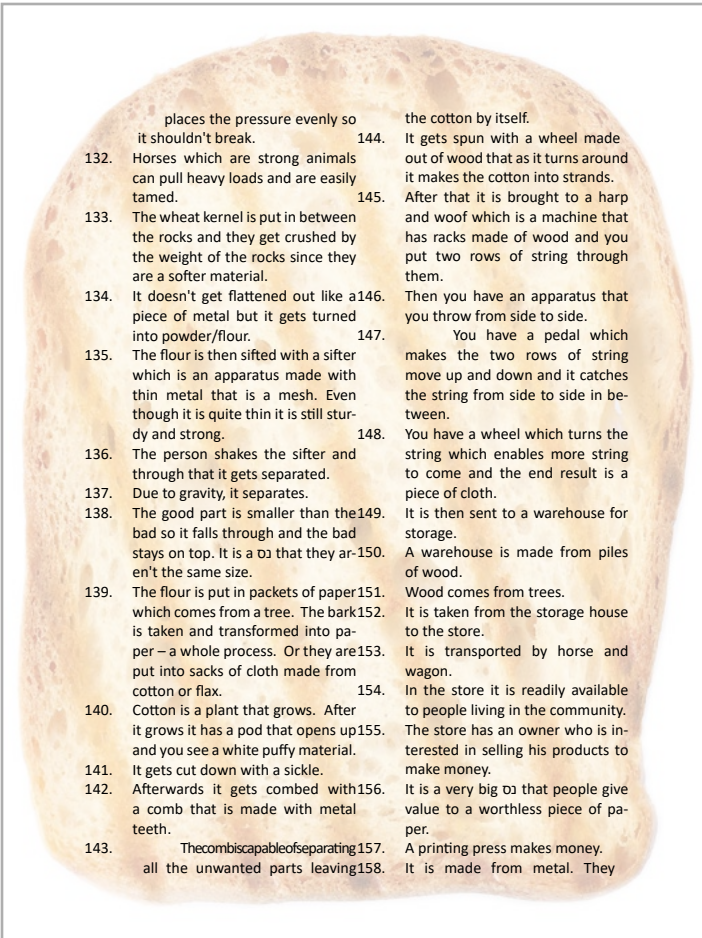
77. The leaves absorb the CO2.
78. The leaves give off oxygen as by-product. When all the CO2 in the vicinity of the plant gets used, how does it get more? The wind blows new air with CO2.
79. There is a constant production of CO2 because animals breathe out CO2.
80. When they breathe in oxygen, the by-product is CO2.
81. The rains come only certain times during the year.
82. These times are beneficial and are the exact time the plants need water.
83. The amount is not too much to drench them.
84. It doesn't come too forcefully.
85. It doesn't come too little for the plants.
86. Sometimes it comes like small needles to penetrate the ground.
87. It doesn't keep on pouring which would also drown the plants.
88. The plant stem starts to rise straight up and it is elevated from the ground enabling it to be cut easier.
89. They grow in a straight line so they don't get tangled.
90. Very bendable to they don't break in the wind. The leaves absorb the nutrients and bring it down to the roots.
91. Each one miraculously knows how much to give to each part of the plant.
92. After the stem reaches a certain

93. height it starts to produce the grain.
94. The grain is on the top where it can get the most sunlight and not be affected by the shade of the stem.
95. They grow in the spring when the sunlight starts increasing because it is necessary to have a lot of sun.
96. The field is full of green stalks of wheat when they become ripe they give a sign changing from green to white what a miracle that the plant knows that a person sees different colors.
97. Now comes the time to harvest and you need a sickle to cut the wheat. A sickle is made of metal, which is found in the earth mixed with impurities.
98. When the metal is heated with extreme heat then the impurities go out because they burn out and the metal is left over. This is a miracle that the metal doesn't burn out and the other stuff does.
99. You can mold metal any shape you want.
100. The metal dries and becomes hard.
101. The stalks are very soft, not hard, so without great difficulty it can be cut, not like a tree that needs a lot of time to cut. (A miracle that these things need to be used on a constant basis are easy to cut or pluck).
102. Metal becomes very sharp in order to cut it.
103. It's also very strong so it



103. doesn't break.
104. The sheaths of wheat are very light in order that you can bundle it and transport it.
105. Flax is a plant that grows from the ground.
106. Their stalks can be used as string.
107. String enables one to tie the sheaths and transports them easily.
108. The sun dries them out and can stay as kernels a long time without spoiling.
109. The kernel is made up of (at least) two parts, the grain and the shell (chaff) which is made to protect the kernel from spoiling.
110. Hashem made the kernel that it can be easily removed by rubbing it vigorously. The way it was done it was put on the floor and you put a piece of wood on top of it.
111. Wood comes from a tree that grows very tall and has a big trunk that is quite strong unlike the stalk of the wheat.
112. The wood can be carved in different shapes without breaking and it is made into ridges to press on the wheat kernels.
113. The man stands on the wood and hold onto straps which hold onto an animal that goes around in circles etc.
114. The straps that the man holds onto are made of leather.
115. Leather comes from the hide of an animal.
116. Leather is formed by a process called tanning and it is very durable and lasts a long time.
117. Salt is used for tanning.

118. Salt is made of two gases.
119. Eventually it dries and becomes ready for use.
120. It's a big miracle that the animal is domestic and listens to orders and is not wild and doesn't have big demands and is happy to go around in circles.
121. The person is heavy enough to put pressure on the kernels to separate the kernel from the chaff but not to crush it so that you can retrieve it.
122. Hashem made that the chaff is lighter than the kernel so when it is thrown in the air it gets separated easily.
123. Also, the good stays in one place and the bad part gets blown away.
124. The grain is thrown in the air with the strength of one person.
125. It is thrown up with a pitchfork which is a tool made of metal and wood.
126. Thank Hashem for gravity or they would never land or the wind is not so strong to blow it away.
127. Afterwards, it is taken to a grinder which consists of two rocks that come from mountainous parts of the earth that aren't soft like dirt.
128. To carve out a rock you need a chisel which is metal and when it is shaped a certain way it can penetrate rock.
129. A hammer is made of wood and metal and you hit it on the chisel and it knocks away at the rock.
130. The rock has to be transferred to the grinding place so a wagon is made of a wooden box that is strong enough to contain a big rock.
131. The wagon needs wheels that are carved from wood in a circle.
132. The wheel has spokes which dis-



הזן את העולם כולו בטוב!!!

187
The hand has a palm to grab.

188
Hashem made a wrist to maneuver the dough.

189
Hashem made a forearm.

190
Hashem made elbows for leverage.

191
Hashem made Biceps to apply pressure.

192
Hashem made shoulders that is where the arms are connected.

Out of this world!
 Too good to describe!!
 Everlasting Enjoyment!
 Thrilling!
 Melt from Pleasure!
 Pure Bliss!



Disclaimer: All pictures and descriptions are just mashalim. The real pleasure the neshama is going to have is indescribable!

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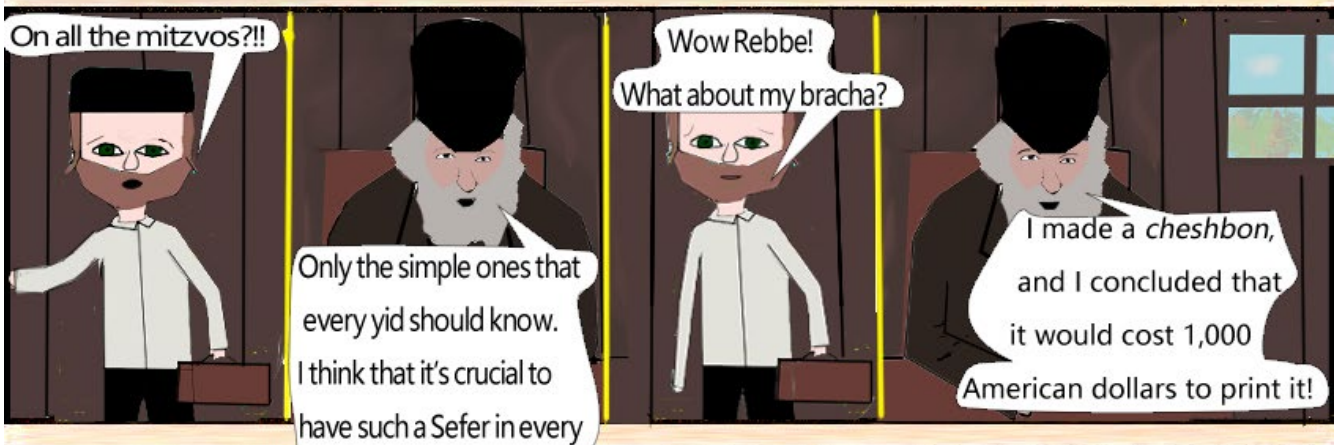
Give him gifts!



Write nice notes!

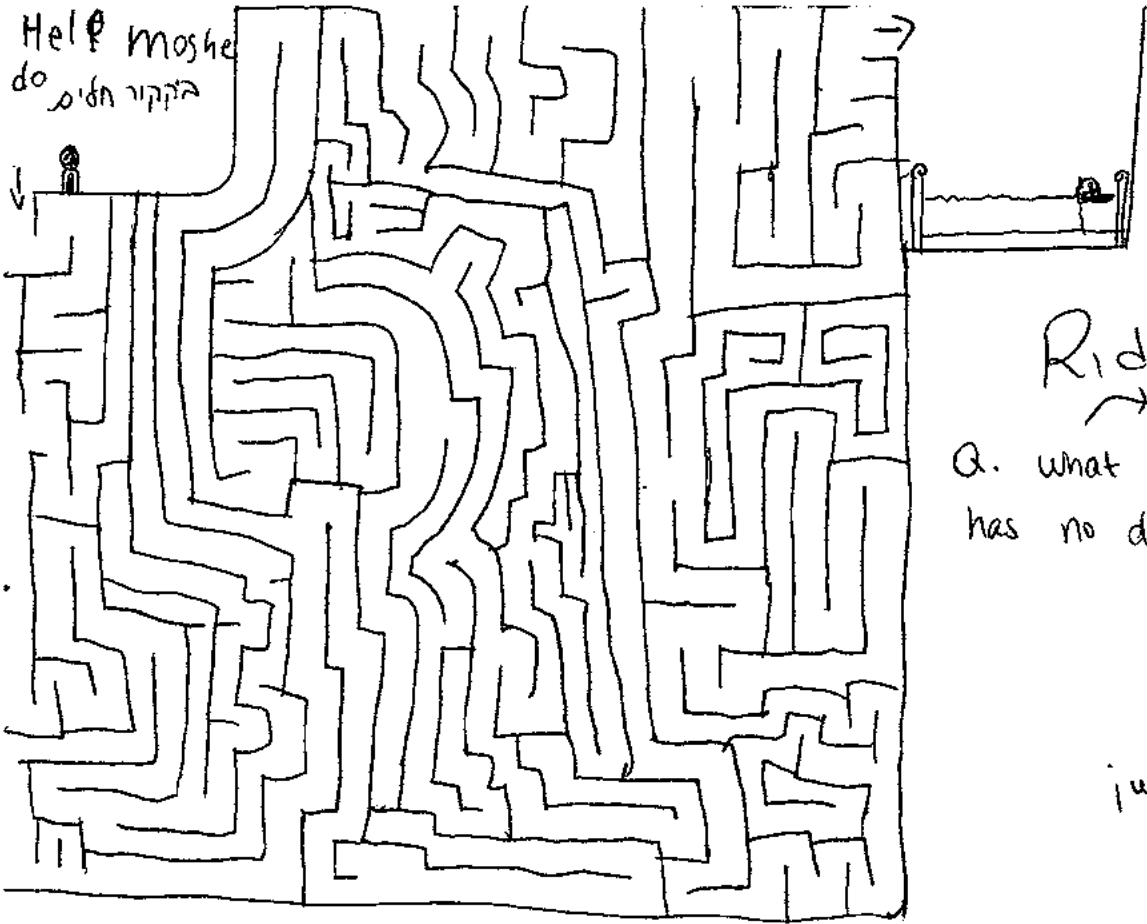


Do Hatava B'makom Hakpadah!



Help Moshe
do משה יצא

200



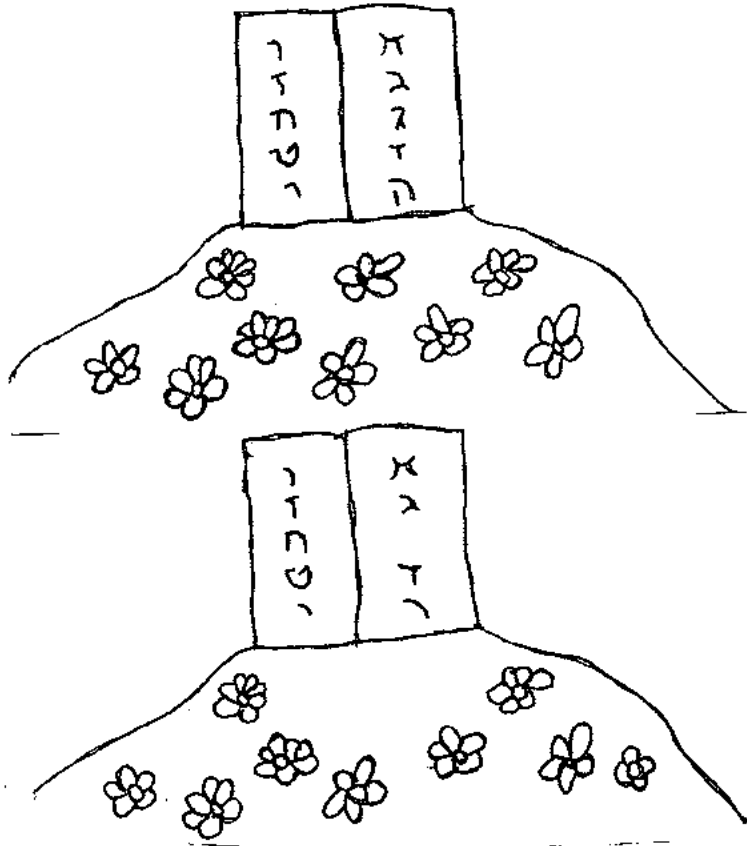
Riddle

Q. what kind of room has no doors and windows?

A. a mushroom!

Find 5 differences

Unscramble



- ① t s m z i v o
- ② s m e h o
- ③ a r h n i s i a
- ④ d r m b a i

- ① מלזבוס
- ② משה
- ③ חר סיני
- ④ מדיבר

By: Anyeh Rosenfeld

FUN PAGE!

BY CHANA BERKOVITS
HOW MANY MITZVOS
CAN YOU FIND...?

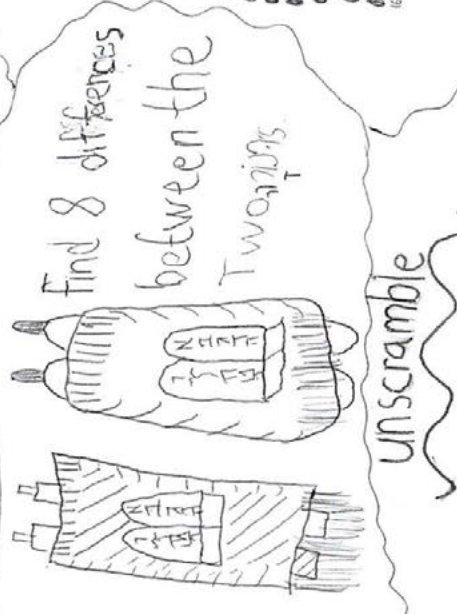
ל"ב

!מה ל"ב
AT THE FUNFAIR! HAVE FUN!



HOW MANY LOLLIPOPS & TAFFIES CAN YOU FIND?

answer
 *Unscramble:
 mishlachis coming
 *Dot-to-Dot:
 7190



Find 8 differences between the Two houses

unscramble

DOT-TO-DOT

By each heart stop pick up your pencil and go to the next number.



63 is the last number.
 have fun

Good Shabbos!
 by Chani Skurnik

CIHMASAH SINOCIMIG

answer on the top left corner

WORD FIND

Check off by the box next to the word that you found.

H	M	X	R	O	I	L	R	G	A	B	R	B
R	B	H	A	R	O	T	L	C	S	D	E	A
B	F	H	B	A	T	F	W	O	S	D	I	B
R	K	M	N	L	A	V	S	P	I	S	R	S
E	H	I	D	Z	V	O	A	H	S	T	A	B
H	S	A	P	H	E	I	V	R	V	L	O	S
V	O	S	H	A	T	I	B	U	V	E	L	A
N	Y	O	H	C	N	I	T	Z	G	V	A	M
R	E	I	D	W	M	K	T	N	K	W	I	
V	N	L	T	H	E	S	V	R	T	P	B	E
O	V	R	Z	E	S	P	T	T	M	V	E	R
S	N	O	O	S	P	T	T	H	A	N	B	S
A	T	S	C	S	J	B	A	I	S	A	H	

- 1. EMUNAH
- 2. BITACHON
- 3. TORAH
- 4. MITZVOS
- 5. SPRING
- 6. HILL
- 8. BAIS HAMIKDASH
- 7. TIMES

MR. MIDDOS

סדר

סדר ונקיון

BY AHUNA ROTHENBERG

SHHELY AND SHULY, AGES 10 (TWINS)



20 minutes later:



5 minutes later:



Hey, there's music coming out of the windex bottle!!

TTO You gotta be neat...! (high)

You gotta be clean, you gotta be neat
 Before you step into your house wash your hands, face and feet! And all Jewish children they'll be known for seder vinikayon!
 No mud, no footprints splattered all around
 In Jewish houses not a speck will be found
 And all Jewish children they'll be known for seder vinikayon!!



Did you know that a great way to pump people up is by having fun with them. Hashem made an amazing phenomenon: Connecting with another person on a genuine level while thinking positive thoughts about them and having fun with them pumps them up. Connecting and fun interactions fills people's self-care buckets more than we can ever imagine.

When I see a family who is trying to work on improving relationships, the more I get them to have fun and laugh the better. The Shechina comes down when one is joyous. When the Yidden had a war and they needed Nevuah regarding what to do in the war they asked the Navi and he said bring musicians to play so that he would become joyous and thereby have Nevuah because Ein Hashchina Shora Ela Mitoch Simcha.

Having interactive meaningful fun brings an internal joy and pumps people up because it makes them feel so good about themselves.

When your kids or spouse arrive home today how about turning on the music and start dancing all the while - doing different unexpected dance moves. (You do not need to know how to dance to do this). Hashem loves us and wants us to be happy and joyous. A deep level of fun interaction with people brings an internal Simcha!

When people want to know how to improve their relationship with their spouse, one of things I share is to try to have fun together, find ways to create new experiences together, and find ways to laugh together. This process makes a person feel so good internally that it pumps them up!

When people want to know what to do about discipline problems with their children, I share what Rabbi Golumbeck says which is pump them up to the sky. You can incorporate a fun aspect and pump them up by having fun with them.

I want to share that if you feel you already pump people up there are always ways to pump people up even more. My mother A"mush always said to us : "You are on the top rung of the ladder and yet I will always try to help you reach higher and grow." We can have this attitude with ourselves. Sometimes I read something and I feel like I already am doing whatever is being suggested. However, we can always reach higher, we can always do more of it and we can always increase our relationship with those around us.

Story:

I was in the country one Shabbos afternoon. There was a single mother there and her children were being "very difficult". I offered to watch her children for the afternoon so she could rest. She immediately agreed and I could see the relief on her face. I started singing and dancing with the children. We played so many games. The children were so happy and the mother reported that for the next few days they were so well behaved.



The fun and compliments nourished these children so they felt good about themselves and were able to thrive.

I was in a store and there was a very long line of people ahead of me waiting to get the item I needed. People were getting very tired and having a hard time waiting. I spoke to people on line about the Emunah and Bitochon Hotline and The Spring Hill Times. Then without realizing it an Eino Yehudie went ahead of me on line. I was thinking that we are all so

lucky because on Hashem's line no one ever can go ahead of us and we are always first. It's so easy to talk to Hashem all day and night. As I continued waiting on line an Eino Yehudi made the Jewish woman working at the store feel really bad. She looked like she was going to cry. A few minutes later this saleswoman's father; the owner, walked into the store. I took out a pen and a paper and write a note to the owner how helpful his daughter always is to everyone, how she greets everyone with a smile, and how she is the best sales person. I then left the letter on the desk. He read the note and his face lit up. The daughter read the note and she was so pumped! The father said he will frame the note. Knowing he will frame it, I quickly added a few more sentences. It is so easy for us to pump people up and make someone's day. Many times, we don't realize how powerful our words are.

I just love to try to give people support and chizuk. As an aside: Doing for others makes us feel so good ourselves and fills our own emotional bank account!

Idea: It's so easy to share love with other people.

Think about how you feel after you just had a great time and laughed. It is an internally nourishing feeling.

- Bring fun into the nursing home by singing and dancing and magically changing the atmosphere. When I go to the nursing home and sing the "thank You, Hashem song" the mood changes instantly!
- Bring fun into your Mikdash Miat and sing and dance the "thank You, Hashem song".
- Bring out instruments or use empty water bottles as drums. You can take two empty 16 oz. water bottles and drum them on your hands and feet for a nice drumming sound. You can even create real beat sounds like this!!
- Cut out colorful hearts. (You can cut out color paper to make hearts). Place them all over your living room and have everyone stand on one heart. Start singing and each time you pause everyone can switch places with another heart
- Play charades where everyone has to guess what the person who is acting out.
- The more fun you generate with your spouses, children and students the better!

Song:

When I was driving in the car, I used to listen over and over to Rabbi Wachsmann's series on Emuna and Bitochon and how reliance on Hashem changes our lives. There was a family that came to me and they needed a big Yeshuah. I printed this song based on Rabbi Ephram Wachsmann's song "I believe in Hashem" and taught it to them. I suggested that - that week Friday night they should use this paper with the song on the table at the Shabbos Seudah at each person's setting in place of a napkin (and have the napkin's elsewhere). They did this and they had a remarkable Yeshuah immediately!

Song:

I believe in Hashem
I'm relying on Hashem
Hashem is the only one who can help me
I'm 100 percent positive
That Hashem will help.

As an adult, I try to sing this song all the time! I try to change up the motions or dance steps as I sing this song. This creates a function called expansion. When we add change to something while we are singing, it helps solidify the feelings associated with it. The more times we sing and add a small change, the more neural pathways we have connected to what we are doing. This helps it become more integrated into our beings.

Feeling Hashem's Love!

We can have constant reminders about how much Hashem love us! All we have to do is look out for them. You can make a contest and see who can find ten ways this week they saw how Hashem sent them something very special!

I went to my neighbor for the Shabbos day meal and I brought along a bunch of sour dough rolls for her family. She said she could not believe it! That week on Thursday her 6th grader asked her to buy sour dough rolls for Shabbos and she told her daughter to ask Hashem for it and there it was!

I was trying to make a call to Eretz Yisroel but it wasn't working. The call wasn't going through so I said Hakol Yochol and the call went through. Later again, I tried to call and the call didn't go through but when I said Hakol Yochol it did.

I place a grocery order with a local store. One week I tried to place an order but it

said "Sorry there are no more delivery slots available for this day." I said Hashem you are in charge of my order not the store. I tried again and it went through.

I was about to leave the house but I did not see my pocketbook anywhere. I said Hakol Yochul and found it immediately.

One day a few months ago, I was going to Florida. I really wanted to go on a walk before I left to the airport because

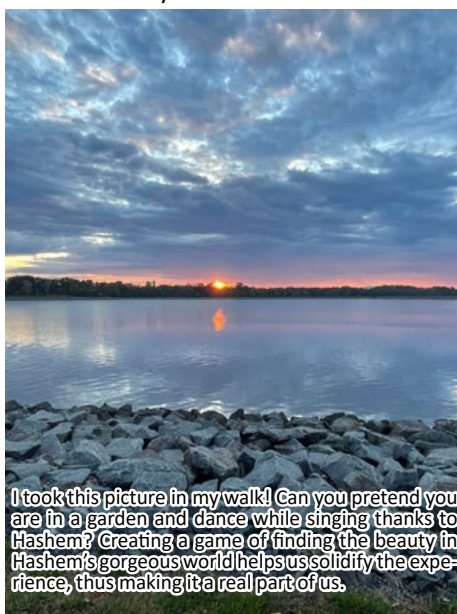
I would arrive at Florida after dark and not be able to go on a walk then. I went on the walk to a local ocean knowing I would only have a few minutes to walk. When I arrived at the ocean it was really stunning and I was thinking it would be so amazing if I can stay at the ocean for a few more minutes. All of a sudden, I got a notice that the plane was delayed so I was able to go on my full walk before going back home to go to the airport. Right before I left, I could not find the envelope with my credit cards and money for the trip and I looked all over and then I said Hakol Yochul and found it immediately.

Last year I was in Eretz Yisroel. I went with a taxi to the aquarium and zoo which are a 15-minute walk from each other. I had a great time at the aquarium but when I got to the zoo, it was closed because it was raining. I tried to get a taxi back but it kept staying that no taxis were in my area. There was a bus stop but it didn't have any bus coming soon (the next bus was in 45 minutes) and there were no buses going to the area I was going to. Then my phone died. I decided I'll just wait and Daven that another bus would show up soon. Suddenly an Eino Yehudie arrived and then another one and they were pointing at me and I was petrified. I said, "Hashem, You are in charge of this world.

I don't see any other people around. I see no buses and my phone died but I have You. I don't need to give You any ideas about how to get me back safely." That second a bus from out of nowhere pulled up. I got on and in Hebrew I asked people how to get back to where I was going. I was told which stop to get off of and then how to walk two blocks to get to another bus that would take me back to my area. I felt so cared for and loved by Hashem.

Disclaimer: All information is for educational purposes only. For any medical or mental health advice contact a healthcare professional. Names and identifying details have been changed.

Thank you to my parents and family for always pumping me up and being there for me! Thank you, Hashem, for showering me with daily love and kindness in millions of ways. © 2024 Text/call 732-534-2250 to give feedback on Ahava Rabba.



I took this picture in my walk! Can you pretend you are in a garden and dance while singing thanks to Hashem? Creating a game of finding the beauty in Hashem's gorgeous world helps us solidify the experience, thus making it a real part of us.

Rabbi Zevy Golombeck

Illuminating Words of Chazal

"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."
Rav Yehuda Mandel

Q: Yetzias Mitzrayim is one of the most special moments in Klal Yisrael's history. How could it be that Hashem allowed the Eirav Rav to come along and ruin the occasion? They ended up causing endless trouble for Klal Yisrael. How can we view this in a positive way?

In addition, Chazal tell us that Hashem had a 'complaint' against Moshe that he brought the Eirav Rav along. (שחת עמר) We hear all the time on 'A Life with Bitachon' to take people out of the picture and put Hashem there instead. Here it seems as if Hashem Himself is bringing a human being into the picture. How can this be?

A: The heilige R' Chatzkel writes in his sefer on emunah that Bechira refers to the thought process. However, no matter whether the thought process was, whether with good intentions or not good intentions, all results and outcomes will lead to a tremendous kavod Shamayim. Everything that hap-

pens in this world will result in kavod Shamayim.

Similarly, R' Moshe Feinstein writes, 'kol haneshama tehallel Kah,' every neshama brings out kavod Shamayim. R' Moshe asks, how can this be? 99% of this world is not serving Hashem! Only 1% is. The answer is that every person, whatever they do, Hakadosh Baruch Hu is going to cause that kavod Shamayim should come about through them. All action are controlled by Hashem, and everything that happens is what Hashem wanted. Bechira is only the thought process.

Therefore, once you have this hakdama, you will realize that there's no such thing as anyone who caused trouble or havoc or any disturbances in Klal Yisrael. There's no such thing. No such thing as trouble. Everything is perfect. So the Erev Rav did not cause us any trouble. Now, why does it look to us that they caused trouble, with the egel and all the other aveiros? We're in this world to grow and shteig in our connection with Hashem. So Hashem makes it look and appear to us as if there's trouble so we should learn our lessons and grow from these scenarios and grow from these situations, and that's how you turn it into a business. Hakadosh Baruch Hu wants there to be aveiros so you should learn from it and end up with a closer connection to Hashem. For example, R' Chatzkel says that Hakadosh Baruch Hu wanted the story of Korach to happen to learn out lessons of how to run away from machlokes. Hakadosh Baruch Hu made the story of the meraglim happen so you should learn the importance of not complaining. Hashem wanted these stories to happen in order to bring a ribui kavod Shamayim to the world. Do you know how much Klal Yisrael has grown from learning this lesson to stay far away from machlokes? There's even an ad in the Spring Hill Times with a picture of a fire truck, fire! Stay away from machlokes! You know where we get that from? From the story of Korach V'Adaso. And it's in the Spring Hill Times all about to never complain and only to view everything in a positive light. You know where that comes from? That comes from the meraglim. So a tremendous kavod Shamayim comes from everything.

So now let's talk about one of the chataim that the Erev Rav caused Klal Yisrael to do which was the worst chet in the history of Klal Yisrael, the chet haegel, which resulted in the biggest kavod Shamayim. What was the chet haegel all about? The Erev Rav said, "Moshe Rabbeinu's our leader, we can't exist without him, we can't live without him. Without him, we're doomed, and we need someone to take his place." So they made an egel and bowed down to it.

Now, do you know how much kavod Shamayim came out from this? We learned the most important lesson from this: don't turn a leader, a human being, into a getchka. But what do you mean? Moshe Rabbeinu – how can you exist without him? You know how you could exist – you could exist by realizing that we have a direct relationship with Hashem. That's why one of the ten leshonos of bitachon is kaveh. Kav is lashon of a string. We have a direct connection.

R' Yerucham writes, that's why before Mashiach comes there won't be any manhig, any leader over Klal Yisrael. Now is the first time in Klal Yisrael's history that we don't have any gadol hador. Not in the litvish world, we don't have any more manhig. And I asked chassidim and I asked the sefardim, and they all said that everyone lost their manhig. We don't have any person that we all rely on. R' Yerucham writes that that's the only way we're going to be zoche to Mashiach. You know why? Because as long as there's a human being that you're relying on, there's something missing in your emuna and bitachon. What brings Mashiach? Al mi lihishaen – al Avinu Shebashamayim! Only on Hashem – we go straight to Hashem.

You know where we learn all this from? The chet of the egel. The chet of the egel was that they turned Moshe Rabbeinu into avoda zara. They said that we can't exist and last without Moshe Rabbeinu. And because of that, they did avoda zara. Nowadays, right before Mashiach, Hashem is giving us siyata diShmaya so that we can grow in emuna and bitachon in leaps and bounds, which the Chofetz Chaim writes is what's going to bring Mashiach. When we realize, as

Rabbi Zevy Golombeck

illuminating Words of Chazal

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it says in the end of sotah, "al mi lishaen? Al Avinu shebaShamayim." That whenever a person feels lost and doesn't know how to go and feels like a chicken without a head, what do I do? You know what you do? You hang on to the kav – the string of Hashem. And therefore, everything that happens is kulo love from Hashem, kulo bracha, it's all tremendous kavod Shamayim. Every chet that the Erev Rav caused Klal Yisrael to do brought out kavod Shamayim.

In Navardok, as my Rebbe says, they made their whole avoda in working on not to chap hispaalus from human beings. Don't turn human beings into getchkas. Don't get intimidated by people. Don't become in fear of people. Realize that we only chap hispaalus from our loving caring Father, Hakadosh Baruch Hu, the Ribono Shel Olam.

Regarding the second question, that Moshe Rabbeinu took the Erev Rav without asking Hashem's permission, this also brought out ribui kavod Shamayim. Since it appeared on the surface that the Erev Rav was causing trouble, this showed Moshe Rabbeinu and taught us a lesson that no matter how great a person is, they always have to have a Rebbe, they always have to have da'as Torah.

This is a limud for us that every single person should always have a Rav, always have a daas Torah, someone who you respect and trust and follow. Every single person. My Rebbe, R' Yehuda Mandel, says that there's never a second in his life that he doesn't have a Rebbe, when he doesn't have someone to ask questions. He always checks everything with his Rebbeim. And when his Rebbe, R' Gershon Liebman, was niftar, he found a new Rebbe. He always finds new Rebbeim, even if they're younger than him. When R' Nosson Wachtfogel, who was one of R' Yehuda Mandel's Rebbeim, was niftar, R' Yehuda Mandel went to R' Nosson Wachtfogel's talmid, R' Reuven Hechster.

So this is the limud that we have to learn from this. Because it looked like Moshe Rabbeinu brought the Erev Rav without asking Hashem permission and seemingly it caused trouble, we learn to always ask permission from our da'as Torah. Ribui kavod Shamayim comes out from everything!

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Bottom line is that bechira is only the thought process; whatever happens, the result is from Hashem, and all that Hashem does is perfect. Everything that happens brings kavod Shamayim. It's all for us to learn and to grow and to shteig. We owe hakaras hatov to Moshe Rabbeinu for being mekabel the Erev Rav to help us learn these two yesodos that brings so much kavod shamayim to the world: that we should have a direct connection to Hashem and not rely on and worship human beings; but still have a daas Torah whose guidance we follow as a shaliach of Hashem, because Hashem is giving him the siyata diShmaya to guide us and tell us what we need to do.

Story Time

Stories From 'A Life With Bitachon'



#1713- Shloima Samet was traveling with his family from America to Eretz Yisrael. They packed up their suitcases with everything they needed, as well as many items that other people had asked them to bring along. When the suitcases were packed, they realized that all their suitcases and all their carry-ons were way overweight! They said, "What should we do? We only have one eitzah, to go with Emunah and Bitachon. We'll believe that Hakadosh Baruch Hu is Hakol Yachol, and that they won't give us any issues or problems whatsoever."



When they arrived at the airport and they were weighing their suitcases, the attendant said, "Do you know that every single one of your suitcases is overweight? Your carry-ons are also overweight! You know that this is going to cost you a lot of money? It's going to be over 250 dollars."

The Samet family said, "Hashem! Who is the one in charge if they should give us issues or problems? Hakadosh Baruch Hu, You could make it that they'll let us go scot-free without making any issues or problems!"

While they were being mechazek that Hashem can do anything and that there's only Ein Od Milvado, no one else and nothing else exists, all of a sudden, a Yid nearby asked them if they need any help. They told him that a lot of their suitcases were overweight, and the airline wanted to charge a lot of extra money.

The Yid told them, "Well, tell them that I have a ticket that allows me to bring three suitcases and I'm only bringing one! You can put some of your suitcases in my name."

They asked the attendant if that is okay; he has a right to three suitcases, and he's letting us use his other two. The attendant said, "Sure! Let me take his ticket and his name. I'll put your suitcases under his name."

In no time, she said they don't have to pay one penny! With that, they were able to go on the plane with the best service!



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Story Time

Stories From 'A Life With Bitachon'

1714- Alter Zabari, a very chashuve yid, said over that a few months back, he went to the dentist and he got checked out. The dentist told him that he had a root canal, and he should schedule an appointment so that he can fix it. With that, Alter scheduled an appointment.

While he was waiting for the day to arrive, he was chazering over and over, "Who is the one in charge of deciding and figuring out if I need a root canal? You think its the Fisher-Price, Play-Doh dentist? It's my loving, caring, father, Hakadosh Baruch Hu, the Ribono Shel Olam! He's the Kol Yachol! The same Hashem that made the hole can fill up the hole! With that, I'm just going to go with Emunah and Bitachon that Hashem is the only one that can decide what I am going to need! I believe Hashem can fill up my tooth one, two, three!"



The day of his appointment, he was going to the same dentist who told him that he had a root canal. He chazered over and over that really he's not going to that dentist; he's just a Fisher-Price, Play-Doh dentist! He's going to his loving, caring father, Hakadosh Baruch Hu, the Ribono Shel Olam!! He is the one taking care of me! Alter Zabari sat in the dentist chair, and the same dentist checked his teeth and said, "Are you sure I told you that you have a root canal? I don't see any issues or problems whatsoever! You are good to go!"

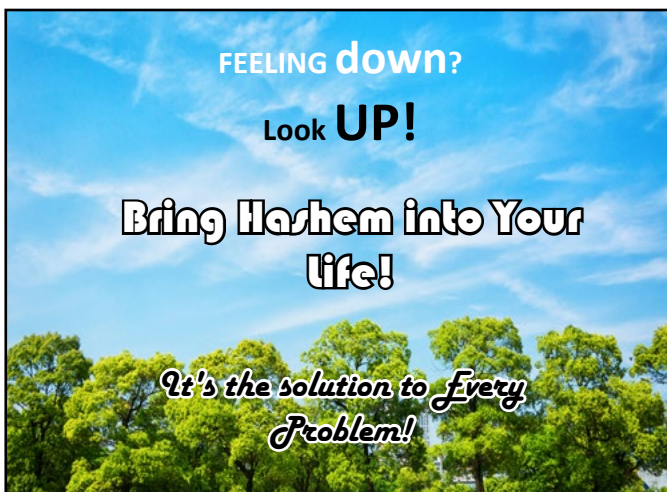
In no time, he walked off the dentist chair, with the best service!



#1715 - Tzvi Tesser, a chashuve yungerman, was on the way home from first seder. He was in the mood of a geshmake lunch. He was thinking to himself, "What should I do? Right now, my Rebetzin is at work, and she can't make it for me. I don't have time to make a real lunch for myself, but I really want a good lunch."

Then he said, "One second. I remember hearing a story on 'A Life with Bitachon' that happened to a very chashuve yungerman by the name of Baruch Rosenstock. Someone came over to him and offered him food that he realized wasn't the best hechsher, so he turned it down. Then Baruch said, "Hashem, it's You Who takes care of me! You're the

Kol Yachol, and you could bring me food from other places!" Then he bumped into his friend who told him, "You know, I have the most geshmak meal I just made for myself. Do you want to join? It's a five course meal!" In no time, Baruch got the most delicious, yummy, scrumptious food!



Tzvi was thinking to himself, "I can do the same thing! Hashem is Hakol Yachol, He can do everything and anything! Just because I don't have time to prepare my own lunch, Hashem is Hakol Yachol! He can do anything and everything! I'm just going to leave it up to Hashem."

All of a sudden, his phone started to ring! It was his Rebetzin calling from work. She said that her boss bought lunch for everyone. There was a lot leftover, and the boss said that they could bring home the extra for their husbands. She said, "Would you like to have some? You could pick it up right now!"

In no time, he was on his way to pick up the most delicious, yummy, scrumptious lunch, with the best service! ❖

The



Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. Last year I redd my niece the most amazing chosson. Her mother was so grateful to me for finding her daughter such an amazing shidduch.

Now it's a year later, and I just got the shocking news that the couple just got divorced. Now I feel terrible about what I caused. Also, I'm embarrassed to face my sister. What is the emunah and bitachon perspective about this?

A. What's bothering you? You feel bad because you thought that you were redding your niece the most amazing shidduch, but it actually ended up just causing a lot of tzaros. The first thing you have to do is: take yourself out of the picture, and put Hakadosh Baruch Hu there instead. You have to realize that you were not the shadchan. Hakadosh Baruch Hu is the One who is mezveig zivugim, and you were nothing more than Hashem's shaliach to carry out His will. If you wouldn't have redd the shidduch, Hashem would've made the shidduch come about in a different way. The reason Hashem made them get married, even though it was not meant to last is because Hashem knew that this is what they needed for their tikkun haneshamos. They needed to pass through this stage in order to move forward in life. And you were chosen to be the shaliach to bring them past this landmark.

If after internalizing these concepts, you still feel unsettled, you should know that what's bothering you is your kavod; 'How is my sister going to view me?' 'Is she going to view me as a failure for making a shidduch which flopped?'

The antidote is to understand: Why are you involved in redding shidduchim? Because Hashem wants you to do so. It's avodas Hashem. Therefore, who cares if people are pleased with you? The Chovos Halvavos teaches that someone who does mitzvos in order to find favor in people's eyes is like he is worshiping avodah zara, and is actually even worse.

When you face your sister, tell her that you heard what happened and you feel so bad that this is what had to happen. Tell her that you're there for her, and you will do whatever you can to help you in the future. But you should not blame yourself for what happened.

Q. I am a bocher in the parshah of shidduchim. Recently, I was redd an amazing shidduch. Things were looking very promising. However, at the last moment the other side backed out.

Now I'm broken and devastated. I was sure that I was about to get engaged, only to be dropped like a hot potato. I also feel very hurt; I'm considered a top bocher with excellent middos. Why did they reject me?

A. The reason you feel devastated and hurt is

because you think that people run the world. You think that whether or not your shidduch goes through is in the hands of 'the other side'. Therefore, what could've been a perfect shidduch was ruined because of their decision.

Additionally, if they ended up saying no, it must indicate that they found a serious flaw in you, or that they feel that they could 'do much better'.

However, you have to understand, when it comes to deciding who you should marry, it's neither your decision nor their decision. It's only Hakadosh Baruch Hu's decision. Hashem is the one controlling if the other side will say "yes" or "no". If Hashem made the other side say no, that's because it was not the right shidduch for you. If chas v'shalom it would have gone through, it would have been the biggest misfortune!

In order for a couple to be matzliach together, they need a tremendous amount of siyata dishmaya. If Hashem is absent from a marriage— it would be explosive! Only Hashem is the one that is able to make shalom, and He only grants the gift of shalom to ones who He had in mind for each other.

If only you would realize what a kindness Hashem did for you by making the other side say "no", you would actually make a seudas hoda'ah to thank Hashem for saving you from a disaster!

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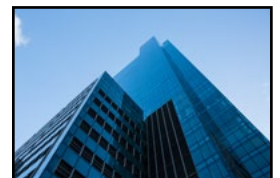
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Our Readers Share



Editor's Note: Some of these stories are from Iyur-Sivan!

Everything is For the Good!



The Friday after Tisha Ba'av, I wasn't feeling so well. There were mountains of laundry, and it was Erev Shabbos. I had made a kabbala to try to daven every day, so I decided that I was going to daven. I picked up my siddur, and there was some type of bug crawling on it. I felt very irritated. I was thinking, "I'm working so hard to daven. Why is Hashem doing this to me? What is Hashem's message to me?" I felt very frustrated.

I took my siddur to the door to get rid of the bug, and I noticed that my grocery order had been delivered. If not for the bug, I probably would not have realized that the order had been delivered for a long time, since it was so boiling hot outside, the lettuce on top would have been spoiled. Other food could also have spoiled.

I felt so excited by Hashem's love. What I thought was bad turned out to be the opposite!

A Reader

Hashem Sends Prize



My daughter went with her day camp Shiras Devorah to a few stores last week as an activity, and they got to pick one thing from the store. She picked a little prize called slime in a store called Toys 4 U. She asked her counselor to hold it for her on the bus on the way back to day camp because she didn't want to lose it.

When they got back to day camp, the counselor didn't know where it was. She told her that she would buy her a new one, but she didn't.

The next morning my daughter was telling me how her counselor didn't buy her a new one and that she really wants it.

I told her, "It's not really your counselor or who decides if you have this prize, it's really up to Hashem. If you're supposed to have it then you're going to have it. You don't have to worry. Don't tell your counselor anything. It's not really her job to go buy you a new one. It's up to Hashem."

Later that day, when my daughter came home from camp, she said,

"You won't believe it. We have a contest going. If you give in a card that you did a certain middah - this week was Emes- you get to spin a spinner and get a prize." She gave in her card, spun the spinner, and the prize that she got was exactly the same slime that she had picked the week before in Toys 4 U!

Hashem sent it to her!

A Reader

Gratitude Brings Yeshua



I'm a yungerman in Lakewood who has food stamps, and we try to keep it in budget, but it ran out long before the month was over. My tutoring job also just ended. I decided that instead of kvetching, just like Hashem took care of me until now, he gave me the tutoring job out of the blue, I am sure He will continue. I started thanking Hashem.

Later that day, I was reading the Spring Hill Times, and I saw a story about a lady who didn't have a tutoring job in the summer, and she decided to thank Hashem, and Hashem sent her one. I felt like that story was just for me. I woke up the next morning, and Baruch Hashem we got extra money on the food stamps out of the blue!

A Reader

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Hashem Loves You!

Hagaon Rav Shmuel Berenbaum ZT”L was once asked by R’ Goldberg (name changed), “My wife is very sick and the doctors gave up hope for her recovery. She supported me in learning for the past forty years. Thanks to her, I was able to learn Torah nonstop for four decades. Can the Rosh Yeshiva please give her a Bracha for a Refua Shlaima?”

The Rosh Yeshiva responded, “I am not a Sephardi Mekubal or a Chassideshe Rebbe. I am not a miracle worker or a magician. I do not know how I can help you”

R’ Goldberg and his wife went back to the doctor and within a relatively short time, her situation continuously improved. She recovered completely, to the astonishment and wonder of all the doctors. A grateful R’ Goldberg returned to the Rosh Yeshiva and shared with him the good news, thanking him for his part in this open miracle. The Rosh Yeshiva responded, “As I said, I am not a miracle worker. I simply learn Torah day and night, at every available



opportunity. When I am learning, I am in the same Beis Medrash as רב אשי and רב אביי רבא רבינא, I interact with them often and have a very close relationship with these great Tzaddikim. I asked them to please intercede by the כנסת הכבוד on behalf of your wife, especially because she was so dedicated and devoted to your learning for so many years. These great Tzaddikim were successful in their שליחות and Hashem blessed their efforts by granting your wife a complete recovery.”

This story was shared at the Shiva of HaGaon Rav Shmuel Berenbaum ZT”L.

When we learn Torah we are interacting with hundreds of the greatest Tzaddikim whose holy names fill each page.

When we do Chesed with another Yid or give Tzedaka we are also connecting with the greatest Tzaddikim and Heilige Neshamos. The Spring Hill Times recently reported that someone’s great grandmother in Shomoyim ‘pulled strings’ and interceded with another Neshama to enable much needed money to be paid up on time to her great-grandson’s family for כלה.

Every word of Torah or Tefila, and every uplifting positive word to a friend or family member is building worlds! Our Torah and Chesed is infinitely valuable and endlessly precious!!

We are connecting to the greatest Tzaddikim of many generations before us and bringing Hashem a tremendous נחת רוח. Appreciate your greatness because your Neshama is from Hashem’s infinite light!

You have the power to bring so much Torah, goodness and Chesed wherever you go!

Keep speaking positive to yourself and to everyone you meet!

Uplift yourself by recognizing your bright light and your infinite greatness and share this light with everyone!

We are building entire worlds with every word of Torah, Tefilla and Chesed! The greatest Tzaddikim from throughout our long history are cheering us on!

We are connected to Hashem, Who is so happy to give us the endless Simcha of עולם חי everlasting life! We have the winning lottery ticket!

Hashem loves us!

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