

The Spring Hill Times

לע"נ אבי מורי ר' שלמה זלמן בן ר' ישעיה זצ"ל
ולזכות רפואה שלמה: הינדא בת מרים רבקה, ואברהם דוד בן רבקה בתוך שאר חולי ישראל

Issue 133

Beshalach - Shabbos Shira

Shevat 5784

This week's issue is dedicated as a Zechus for our brothers and sisters all over the world and especially in Eretz Yisrael and those in captivity. Our Minds and our Hearts are with them. May Hashem Protect, Heal, and Comfort all of Klal Yisrael!

BITACHON PAYS DEBTS! PAGE 15

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**YOUR WORLD IS OVERFLOWING WITH KINDNESS!
THANK YOU, HASHEM! WE LOVE YOU, HASHEM!**

Emunah and Bitachon News

**ALWAYS ON THE JOB
PAGE 32**

BITACHON = BRACHA



Mrs. Miller* was about to move, and she was short \$8,000 for moving-related expenses.

She was listening to 'A Life with Bitachon' and she heard a story on section two about a lady who needed \$30 but only had \$20. She went to the store trusting in Hashem that He would work it out for her. When she got to the store, she met someone who returned \$10 that she had borrowed the year before.

Mrs. Miller then told her husband to listen to this story, and he listened. Right then, his phone clicked. He answered the call, and it was his friend.

The friend said, "I heard you're moving, do you need any money?"

He said, "\$8,000." The friend said, "Sure! Come right over!"

[R' Zevy Golombeck]



EVERY DELAY IS FOR THE BEST!

R' Katz* is an Continued on page 3

**NOBODY HAS EVER DEFEATED KLAL YISRAEL!
AND NOBODY WILL EVER DEFEAT
KLAL YISRAEL!**

**We Are Safe and Secure in
HASHEM'S MIGHTY ARMS!**

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Spreading Hashem's Goodness all Around the World!

Newspaper Topic:

Hashem

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Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?

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ישעיה בן משה יחיאל מיכאל זיידא, חוה רבקה בת שלמה זלמן, לבי הירש בן אליעזר הלל, ריזל אסתר בת דב בעריש. דוד זאב בן משה מנחם, זייטל בת שלום אריה, נפתלי בן יעקב. יעקב לבי בן יוסף. דוד יעקב בן משה אליהו. חי חנה בת בנימין. ליבות הנחור משה דוב בער בן אסתר, לזווג הגון בקרוב.

לעילוי נשמות:
ר' שלמה זלמן בן ר' ישעיה זצ"ל



Continued from front page avreich from Haifa. One day, he traveled by bus carrying a bag in which were papers that were very important to him. He didn't know how it happened and at what point it was forgotten, but the fact was, when he got home the bag was not with him. It was lost.

The loss of the bag disturbed him greatly. He did not have copies of the papers that were in it, and he also worried that someone would see the contents.

Time passed, and the lost bag was not returned to him. He asked Hashem to help him find it, and as per the instructions of the Ohr Hachaim Hakadosh, he made his request in a clear and straightforward way – that Hakadosh Baruch Hu should help him find the bag and that no person should see its



contents. That it should be returned to its place without other people having to be involved with it. Hakadosh Baruch Hu can do anything.

One day, R' Katz decided to travel to Meron. He hired a van together with his friends, and when the time came, they waited at a bus stop for the van that would take them to Meron to arrive. They waited and waited, but the van was late. R' Katz called the company and asked what was happening. They told him, "We apologize for the delay. A bottle of oil spilled in the van. We're cleaning it now, and as soon as we're done, we'll send the van out to you."

R' Katz and his friends continued waiting, and then a bus approached the bus stop.

R' Katz had no reason to board it, yet without any logical explanation, he moved up to the edge of the sidewalk. The bus driver stopped, and R' Katz looked into the window. He saw his bag in the bus, near the back window! Yes, that very bag, as if he had just left it there that day! He got onto the bus and asked the driver, "Did you find that bag in the first seat behind you?"

"Yes," the driver answered. "When I saw that someone had forgotten it, I placed it near the window in the back. No one has touched it!"

"That's my bag," R' Katz said. "I'd like to take it."

The driver was happy to return his lost item to him, and R' Katz felt the incredible hashgachah pratis in the whole story. If he had not had to wait for the van, he would not have seen the bus coming. If he hadn't come closer, the bus would have passed without him paying attention. This whole hashavas aveidah came about as a result of some spilled oil. Just like the jug of oil that remained whole, with the kohen gadol's seal, so too was his bag, closed and sealed, and no one had peered into it. Baruch Hashem!

[Kav Hashgacha Pratis]

HOME SECURITY SYSTEMS



*Hashem stands guard at your door!
Kiss the mezuzah every time you pass it!*

EVERY DETAIL IS PERFECTLY PLANNED!

A Yid called into Kav Hashgacha Pratis with the following amazing story:

Half a year ago, my grandmother a"h was nifteres. My father, may Hashem lengthen his days, took it upon himself to daven for the amud throughout the year of mourning, l'ilui nishmasah. Our shul has multiple minyanim for the tefillos, so he arranged that he would daven for the amud for both Shacharis and Minchah with specific minyanim. Every day at 1 p.m. he davened for the amud in the minyan in our shul.

One day, my mother needed medical treatment in the hospital. The appointment was set up for the afternoon hours, and my father was feeling very pressured. How would he daven for the amud on that day? While it is possible to daven Minchah in the hospital, it was hard for him to depend on that.

ANT & BUG ASSOCIATES

Our Enemies are ANTS

THEY ARE POWERLESS!!!

On the morning of the appointment,



before he managed to make any other arrangement, immediately after Shacharis, the gabbai came over to my father and told him, "The Minchah minyan at noon is available today. If you want, you can be the shaliach tzibbur."

Of course, my father happily accepted the proposal, but he was also in shock. The Minchah minyan for which he usually davens was as set in stone as was the amud itself. Ever since the start of his year of mourning he had never altered his schedule, and never had anyone approach him to suggest that he switch his minyan. Precisely on the day that he needed it, and precisely for Minchah, and precisely at the right hour, everything worked out in a singularly incredible way, so that he would not miss out on davening for the amud even once.

We were very excited by this incredible hashgacha. We saw how my father received special siyata diShmaya due to his efforts. May this story be l'ilui nishmas our grandmother a"h.

[Kav Hashgacha Pratis]

HASHEM LOVES OUR TEFILLOS

Mrs. Berkowitz* knew that her 3-year-old daughter, Esti,* was shy and anxious around strangers. Esti's playgroup Morah mentioned a few times that she was taking a long time to warm up and was still very quiet in playgroup, but since Esti went to playgroup happily and came home in a cheerful mood, and



interacted normally with children her age in the comfort of her own home, Mrs. Berkowitz wasn't concerned.

However, in November, Esti's playgroup Morah told Mrs. Berkowitz that she was very concerned. She said, "I've been running a playgroup for more than twenty years, and I have never seen a child who was still so anxious and still didn't warm up by this time of the year! She speaks very, very little and doesn't really interact with the other children. I think you should wait another year for kindergarten, and I think you should try to get her help." Mrs. Berkowitz still wasn't so concerned, since Esti's behavior at home was so normal, but she decided it was time to be mischazek that Hashem could make Esti feel more comfortable at playgroup. Baruch



WHEN YOU SEE ANOTHER YID:

Ignore his type of hat



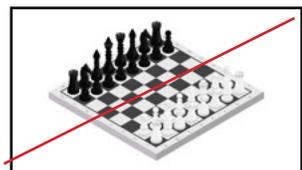
Ignore the color of his shirt



Ignore the style of his shoes



Ignore his level of intelligence



Don't accuse! Don't judge or convict!



Hashem, there was still one slot left in the playgroup she wanted to send to, since a different family had backed out, so she signed up Esti for the coming year. Then, in addition to having bitachon that everything would work out, she started doing different kinds of hishtadlus. All along, whenever the situation came to mind, she tried to have bitachon that Hashem would resolve all the issues. She spoke to Esti's playgroup Morah a few times, but the Morah did not notice any significant changes.

One Monday, Mrs. Berkowitz had off from her job. She decided she would spend her morning saying the entire sefer Tehillim without interruption, and that (among other things) it should be a zchus for Esti to start interacting normally at playgroup.

A week and half later, the playgroup Morah called her up. She said, "Esti started behaving normally! I don't know what you did, but for the last week or so, she no longer seems anxious, she sings during davening, and is talking and interacting with the other children. Baruch Hashem, she is a different child!"

המלמד תורה לעמו ישראל!

About a month ago, Chaim* was learning a gemara in Zevachim 118a, that



is difficult to understand. It says that you can derive that there was a period of seven years during which they divided the land from the fact that it was a period of seven years in which they conquered the land, but it doesn't explain how you can derive one from the other. The Yaavitz in the back of the gemara says he gives a teretz in one of his sefarim, but the sefer has been out

of print for a long time.

Chaim remembered reading a story in "Blood, Sweat and Tears" about R' Yisrael Yaakov Fisher, that when he was in an oxygen mask, he would take it off to ask people if they had this sefer, because he said he understood all of shas except this gemara.

Chaim tried to look around for an explanation for this gemara, but he was not able to find anything.

Recently, Chaim was learning a different difficult gemara in Kodshim, and he needed quiet, so he went to the otzer in his yeshiva. He saw that right near where he was sitting was a sefer on kodshim, so he decided to look in it.

That sefer was a different sefer from the Yaavitz, but in that sefer it brought down an answer to this kasha! Thank You, Hashem!

ANTI-SEMITISM ON THE DECLINE

Mrs. Singer* had a table from an old tenant who left it in the



house. She wanted to get rid of it, but her husband said that it was too heavy and he needs help to move it.

One day, a friend of hers was by her house and saw the table. She asked if they wanted to get rid of it. Mrs. Singer said, "We do, but my husband says he needs to do it with two other men."

She said, "Let's just try. Let's start."

So Mrs. Singer and her friend



WHEN YOU SEE ANOTHER YID:

Remember that he is part of your family!



Notice his smile!



SEE BEYOND THE SURFACE!

See his holy Chelek Elokaï m'ma'al- his glowing Neshama!



Accept him and love him to pieces!



started sliding the table toward the door and they let gravity help them down the steps. Then it became lodged between the doorposts of the door leading outside. They were wondering what to do next.

They saw a UPS truck outside and a police car, but they didn't want to ask for help. They were afraid to make it into a big deal.

They were standing there trying to figure out what to do. Mrs. Singer tried calling her husband but he wasn't answering his phone.

Just a few minutes later, the UPS man came over and asked if they needed any help. Mrs. Singer told him the story.

The man went to park his truck in a better spot where he wouldn't be block-

ing the traffic, and then came back and brought the table to the curb all by himself without help!

Mrs. Singer offered to pay him, but he declined!

Hashem is taking care of our people!
[Heard from Mrs. Singer]

Miracle and 'Mi K'amcha Yisrael' stories from Eretz Yisrael that were sent in by readers.

An incredible story said over by Rabbi Shlomo Landau on Torah Anytime.

There were two people who were off the derech but always kept Shabbos. They were invited to the festival near Gaza. The temptation was very strong so they decided that just for that week they would take a break from Shemiras Shabbos and go to the festival.



They were there when the terrorists came. The terrorists told them that they would not waste a bullet on them, they would use a knife.

One of the men then turned to the other and said, "This is happening to us because we didn't keep Shabbos!" The other Yid said, "You are right!!"

One of the terrorists who knew Hebrew said, "What did you just say?" They told him that they usually keep Shabbos but are getting punished because they didn't keep this Shabbos.

The terrorist said to them that he was told in Gaza that people who keep shabbos have a special Aura. "We are not looking to kill people like You - run!"

They both escaped and lived to tell the tale!!

....
My husband was driving on the main highway through Tel Aviv last week and said there were five or six huge lit up signs displaying:

בעזרת ה' ביחד ננצח

בשם ה' נעשה ונצליח

This was in the middle of Tel Aviv!

....

Two blood drives have been held in Beit Shemesh since the war started. The first one required pre-registration due to the regulations about public gatherings. Within just a couple of hours of the announcement, all the allocated slots were filled! People were turned away from the doors on the evening of the event!



The second event had to end early and people turned away, when the staff finished their stock of bags for the blood donations.

The amazing people of Beit Shemesh rushed to donate their time, their money, their homes and their blood!

EPIC PUPPET ENTERTAINMENT
World's Largest Puppet Show



**DON'T BLAME PEOPLE FOR ANYTHING!
THEY ARE JUST PUPPETS IN THE HANDS OF HASHEM!**



By R' Yisrael Meir Ehrenpreis

WEEKLY NEWS ROUNDUP

Hashem's Unrelenting Kindness!

Morah Rosenberg* woke up in the morning and realized that she didn't have any forks left to give out for lunch at her playgroup. She didn't have time to go to the store to get more forks. She didn't know what

pay you back! Use them and enjoy them."

Hashgacha pratis down to the last detail!

[R' Zevy Golombeck]

Hashem- The Orchestrator of Life!

was supposed to return! Gam zu le-tova!

When he arrived at the library, he saw that right nearby was a place to daven, and they were looking for a tenth man to complete their minyan. It was perfect for his schedule to daven at that moment!

He saw how Hashem orchestrated it that when he was halfway to the library, he should remember to get the money, which caused him to find the other half of the books and also caused him to arrive just as yidden were looking for a minyan, at a time that was perfect for him to daven maariv!

Hashem runs a perfect world!!

[R' Zevy Golombeck]

Life Saving Chesed!

Rabbi Golombeck had ice on his



steps. He thought about putting out salt, but he realized that he didn't have any.

Shortly afterwards, he went back outside, and he saw salt on his steps!! His neighbor Mrs. Schorr was salting her own steps, and decided to do a chessed and salt the Golombeck's steps as well! Just like that, their steps got salted!

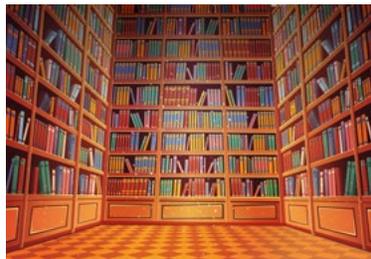
[R' Zevy Golombeck]

Am Yisrael Oozing with Care

The Kohn* family needed to travel to Eretz Yisrael, but they couldn't afford it. Someone heard about their situation, and he sponsored all their flights! Mi K'amcha Yisrael!

R' Yoni Sharf, a Rebbe in New York, was bringing back some books that his kids had borrowed from the Jewish library. They had only been able to find about half of them. He didn't know where the rest of the books were.

As he was on the way to the library, he realized that he didn't have money to pay the fine to the library. He went back to get money, and he found the other bag with all the other books he



she would do.

When the children arrived in play-

ALWAYS IN YOUR LOCATION!
RENOWNED SHADCHAN
 Has made every shidduch since Adam and Chava and continues to do so!

Is mishadeich people who...

- Have medical conditions or are completely healthy
- Have unique or typical family and personal backgrounds
- Live in town or out of town
- Experienced challenges or have not
- Have דין or don't have דין
- Are wealthy or not wealthy

IT DOESN'T MAKE A DIFFERENCE TO HIM!

Contact HASHEM any time any place

- Tefilla and Tehillim
- Bitachon
- Maasim Tovim



[R' Zevy Golombeck]

Who is in Charge of the Weather?

Mrs. Stein* had a flight scheduled to



fly overseas. It was raining heavily, so she called up the airline to find out if everything was running on schedule. The airline said, "Expect heavy, heavy delays due to the weather."

As she was traveling to the airport, she said to herself, "Who is in charge of the weather? Hashem could make the sun come out, and it won't be snowy, rainy, or windy. It could be beautiful weather, and we'll go right on time and won't have to wait."

When she got to the airport, everything cleared up! The weather was

perfect, and the plane left exactly on time! They said expect heavy, heavy delays, but Hashem made it that the flight left exactly on schedule!

[R' Zevy Golombeck]

"What Side Effects?"

R' Lazer was on a heavy medicine that had the side effect of making him feel weak and dizzy.

One day, after he took the medicine, he started feeling weak and dizzy as usual. At first, he thought, 'Of course, that's the side effects of the medicine.' Then he thought, 'One



second. I always hear on a Life with Bitachon that we don't believe in medicine. We don't believe in side effects. It's only Hashem. Do you think Hashem can only heal you if there are side effects? No!

As he thought this, he suddenly got back his strength, and he wasn't dizzy anymore. He was able to do everything normally! [R' Zevy Golombeck]

Mazel tov to Chani Leeder and Chaim Amsel on winning last week's Tehillim raffle!

ACHEINUKOL BEIS YISROEL TEHILLIM CAMPAIGN

FOR EVERY TWO PERAKIM OF TEHILLIM THAT A GIRL OR BOY SAYS S/HE CAN EARN A TICKET FOR EXCITING RAFFLES!!

TICKET AMOUNTS FOR THE WHOLE WEEK CAN BE TEXTED TO 845-521-2912 AT THE END OF THE WEEK (BY SUNDAY 10AM) TO BE INCLUDED IN THAT WEEK'S RAFFLE.

WINNERS WILL BE NOTIFIED BY TEXT. PLEASE SHARE WITH YOUR FRIENDS!!

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TIME FOR REVIEW

Hear the forecast of Hashem's weather for Monsey, Lakewood, Brooklyn Yerushalayim and London! Option 3 from Main Menu.



KI TOV HASHEM NEWS

- 1: Daily News Update
- 3: Weather
- 7: A taste of the Spring Hill Times
- 8: Archives
- 9: Leave a Message

UPDATED DAILY!



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Woman from N.Y. Thanks Hashem

Mrs. Weinberger, from Monsey, NY, woke up one morning, and she was not able to see well from one of her eyes! She felt like she was seeing through a cloud.



She switched her lenses, but the problem didn't go away. One of her eyes was cloudy.

Baruch Hashem, a couple of hours later, it went away! She was able to see perfectly.

It's now a few days later, and her eyesight is perfect!

"Hashem - Pokeiach Ivrim!"

Yidden Make Kiddush Hashem

Reb Binyamin, a yungerman from Lakewood, NJ, went to FoodEx. A non-Jewish worker told him that he is so impressed by the Yeshiva men!



"Mi K'amcha Yisrael!"

Hashem Watches Over Boy

Meir Simcha Fleisher was on the way to the eye doctor's office with his mother. They stopped by his mother's friend to pick up some challah. His mother told him to look before opening the door to make sure that no car was coming. He only looked in one direction and not the other. As he pulled the handle, a car flew right by!



Baruch Hashem, Meir Simcha forgot to unlock the door, so the door did not open!

"Hodu LaHashem ki tov - ki l'olam chasdo!"

Boy from N.J. Davens to Hashem

Efraim, a boy from Lakewood, N.J., wanted to get gelilah. So he turned to Hashem, and he asked Hashem to give him gelilah. There were many other children in the shul. When the time for gelilah came, the gabbai chose Efraim!



"Baruch shomeiah tefilla!"

It Always Pays to Do the Right Thing

Mrs. Weiss was circling around the block looking for a parking spot. Suddenly, she saw one. She would have to make an illegal U-turn to get that spot. She thought to herself, "Do I have to do something wrong to get a parking spot and cause a Chillul Hashem? Hashem is the one in charge. If the spot is meant for me, then it will be here when I come back. If not, then Hashem will get me a better spot."



She went around the block, and when she came back, the spot was taken. Then she found a better parking spot.

Not only that, the meter was paid already! The person before her had paid extra, and there was still an hour and a half left on the parking meter!

"Ein adam shomeiah li u'mafsid!"

All You Need to Do is Trust in Hashem

The washing machine in the Lichter's

house in England was broken. They tried everything, but the machine would not turn on. They called a technician and described the problem to him. He said, "It's not going to be a quick fix. I need to order a piece for you."



After they hung up the phone, Mrs. Lichter turned to Hashem and said, "You could fix it right away!" She then turned it on, and the machine started working!

In other news, a yungerman from Lakewood, N.J., was trying to deposit money into the ATM machine, but the machine was not accepting the money. He tried again and again, but it was not working. He turned to Hashem and said, "You are the Kol Yachol. You can do anything!"



The next time he tried, the machine accepted the money!

"Baruch hagever - asher yivtach bHashem!"

Hashes is Good to Us

It was Motzei Shabbos, and Mrs. Gold was in the mood of ice cream.



She called the ice cream store, but they told her that delivery would cost a lot of money. She did not have the strength to leave her house to pick it up herself.

Suddenly, she heard a knock on her door. It was her neighbor. The neighbor said, "I have extra ice cream. Would you like some?"

"Tov Hashem lakol vrachamov - al kol maasav!"

KLAL YISRAEL IS COMING HOME TO HASHEM

According to reports coming out of Eretz Yisroel, at the entrance of Yerushalayim, there is a huge billboard screen that usually displays secular ads. Now, every few seconds the screen displays the pasuk "Shema Yisrael Hashem Elokeinu Hashem Echad"



In other news, a woman on a bus from Bnei Brak to Yerushalayim passed by a building that had a huge billboard sign that said "B'sheim Hashem Naseh V'natzliach"

"V'ameich Kulam - Tzaddikim"

HASHEM IS IN CHARGE OF PARNASAH

Mrs. Bluming's husband was working but was not making enough money. They were not making ends meet, so Mrs. Bluming went to work. The problem was that many times, one of her children would be sick, and she would need



to stay home with her child. This created a stressful situation, because her job was not flexible.

Mrs. Bluming and her husband spoke it over with a Rav, and the Rav told them that her family needs her; she should not continue working. They asked him, "What's going to be with our parnassa?" The Rav said, "Hashem will take care of you."

Mrs. Bluming quit her job. Two months after she quit her job, her husband made a huge business deal, and he made more money than she had made in her job the entire previous year!

"Poseiach Es - Yadecha Umasbia Lchol - Chai Ratzon"

HASHEM PAYS FOR SHABBOS BILL

R' Dovid, a yungerman from Yerushalayim, uses a generator for Shabbos. A few months had gone by, and he did not pay his bill. R' Dovid has a seder every day to learn a blatt. He goes through Shas. One day, he was learning the gemara in Beitzah that says, "L'vu alei v'ani poreia"



That day he came home and found out that someone else had paid for his generator bill!

"Kodesh Hi Lochem Shabbos Hamalka El Toich Bateichem Loniach Bracha!"

HASHEM HEARS WOMAN'S TEFILLOS

R' Eli and his wife from Yerushalayim were invited to eat out on Leil Shabbos. The host asked them to please bring along challah as he did not have enough challah.

There was a bakery that R' Eli knew that puts out challah on Fridays when they close, for people to take. As they were walking to their hosts on Leil Shabbos, R' Eli and his wife stopped at this bakery. They saw that there was no challah! So R' Eli's wife started davening that they should find challah. She asked him to go check again if there was challah. He went and he checked, but there was no challah. They continued on their way, and then they saw at a random store, a basket full of fresh bagels had been left out for people to take! They took fresh bagels along with them to their host. Hashem had heard her tefillos!

"V'haya Terem - Yikrau V'ani -



E'ene, Oid Heim - Midabrem V'ani - Eshma"

GIRL FROM NEW JERSEY GIVES TZEDDAKKAH

11-year-old Miriam from Lakewood, New Jersey had some money, and she wanted to buy a Gatorade drink. She was about to leave the house to the store when she heard a knock on the door. She opened the door. There was a boy collecting for families in Eretz Yisroel. Miriam took her money and gave it to the boy!



"Avdi Ata - Yisrael Asher Bichah - Espoar"

chestrating to make sure there's a minyan in his shul.

MAN FROM NEW YORK THANKS HASHEM

R' Refoel, a yungerman from Chestnut Ridge, New York, had a one-year-old son by the name of Moishy who fell and hurt his feet. They took him to the urgent care, and the doctors said that everything was fine. However, when they came home, every time Moishy would try to stand on his feet, he would just plopp down; he was not able to stand. So they took him to the hospital, and they took more tests, and again they said that everything was fine.



Baruch Hashem, the next day, Moishy was back to himself, standing as usual!

"Hodu L'Hashem Ki Tov - Ki L'olam - Chasdo"

SCHOOL GIRLS MAKE KIDDUSH HASHEM

There was a school in Lakewood, where the 9th – 11th grade went to the auditorium to listen to the hespeidim on Rav Mattisyahu zatzal. The hespeidim were in Yiddish. Many of the girls did not understand Yiddish, yet they sat for an hour and a half through the hespeidim, quietly and respectfully.



"Ein Kavod K'Torah"

MAN FROM KIRYAT SEFER THANKS HASHEM

R' Yisroel from Kiryat Sefer is a chiyuv and davens for the amud. He davens mincha in a shul that's not a shtiebel. He has a minyan m'tzumtze every day of 10-13 people. Every day there are different mispallelim that come, yet he never had a day where there was not a min-



yam. He sees clearly that Hashem is or-

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WOMAN THANKS HASHEM

Mrs. Schapiro caught Covid, and she was not able to taste and smell. She started thanking Hashem for all the times she was able to taste and smell. She thanked Hashem for 10 minutes! She then put food into her mouth, and she was able to taste it – her taste came back!



“Tov Lehodot L’Hashem U’lezamer Lishimcha Elyoin”

HASHEM IS RUNNING A PERFECT WORLD

Mrs. May was making a simcha. She needed a certain type of flower. She went to the gemach, but they did not have it. It was too much to buy. She



was then talking

to a friend, and her friend mentioned to her, “Oh, you’re making a simcha? I have gorgeous flowers left over from our simcha. Would you like them?”

It was the exact color and type of flowers that Mrs. May needed!

“Thank you Hashem!”

YUNGERMAN CHOOSES SHALOM

Rav Gavreil ran a success-

ful business. Someone else claimed that the business was his, and R’ Gavriel was mevater! He gave away his business!

He then started a new business from scratch.

The first two months, the business was not making profit. Miraculously, Hashem sent him \$60,000!

A person he had lent money to many, many years before, and never paid up, came to pay up the loan! In addition, he received tax returns for taxes he had filed many years before. There were complications, and the accountant told him that he’s never going to see the money.



The government now sent him the money. Hashem took care of him!

“Lo Motzo Hakadosh Baruch Hi Kli Machzik Bracha Eilu Hashalom”

GUARANTEED TO SOLVE ALL ISSUES, BIG AND SMALL!

LIVE A LIFE WITH ENJOYMENT AND PEACE!

LIVE A LIFE WITH BITACHON!

HASHEM LOVES BOY FROM LAKEWOOD

Chaim, a boy from Lakewood, New Jersey, saw that his mother was serving leftovers for supper. Chaim did not really want leftovers; he wanted a geshmake supper.

Suddenly, there was a knock on the door, and it was a neighbor that said, “I passed by a restaurant, and they were giving away free food. Here, take some!”

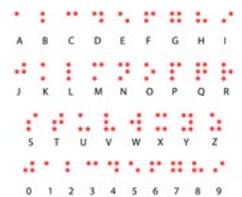


“Eino Chol Eilecha Yisabeiru, V’Atah Nosein Lahem Es Ochlom Be’etoi”

WOMAN THANKS HASHEM

Mrs. Rosen had a medical condition that caused her to lose her eyesight. She became blind. She frantically called Rabbi Golombeck and asked him what to do.

He told her to keep on repeating “Hashem Poke’ach Ivrim, Hashem Poke’ach Ivrim,” and that’s what she did. Ba-



ruch Hashem, she got back her eyesight!!

“Hodu L’Hashem Ki Tov - Ki L’olam Chasdo”

HASHEM HELPS BOY FROM NEW YORK

Ahron Yukonsky, from South Fallsburg, New York, wanted to play with his ball, but he could not find it. He searched all over, but he couldn't find it.



He took a quarter and put it in the pushkah, and he davened to Hashem to help him find it. Baruch Hashem, he then found the ball!

"Tov Hashem Lakol, V'rachamov Al Kol Ma'asov"

YIDDEN LOVE EACH OTHER

R' Zevy Golombeck from Lakewood, New Jersey, was walking down the street one morning and thinking to

himself, "I would really like to enjoy a geshmake breakfast."

Suddenly, a yungerman by the name of Yitzchak K a l i s stopped his car, rolled down his window, and said "Zevy, I just came back from a bris. I have delicious bagels, fish, eggs, and spreads galore. Please take!"



"V'ahavta L'reiachah - Kamocho, Zeh Klal Gadol BaTorah"

MAN TURNS TO HASHEM

R' Yudah, a yungerman from Lakewood, New Jersey, was preparing to say a va'ad on tefillah. He knew there was a Rashba on the topic. He want-

ed to say it over, but he was not able to find it. He asked many people for help, but to no avail. He even looked in the otzar hachochma, but he was not able to find the Rashba.

A day before he had to give the vaad, he opened the Rashba and said to Hashem, "Hashem, I'm giving the vaad tomorrow. I really need to find this Rashba! Please help me find it."

He looked at the page, and there it was! He had



looked tens of times before, and he did not see it. Hashem had opened his eyes!

"Hashem Pokeach Ivrim"

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It's going to be total bliss!
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Bitachon Automobiles

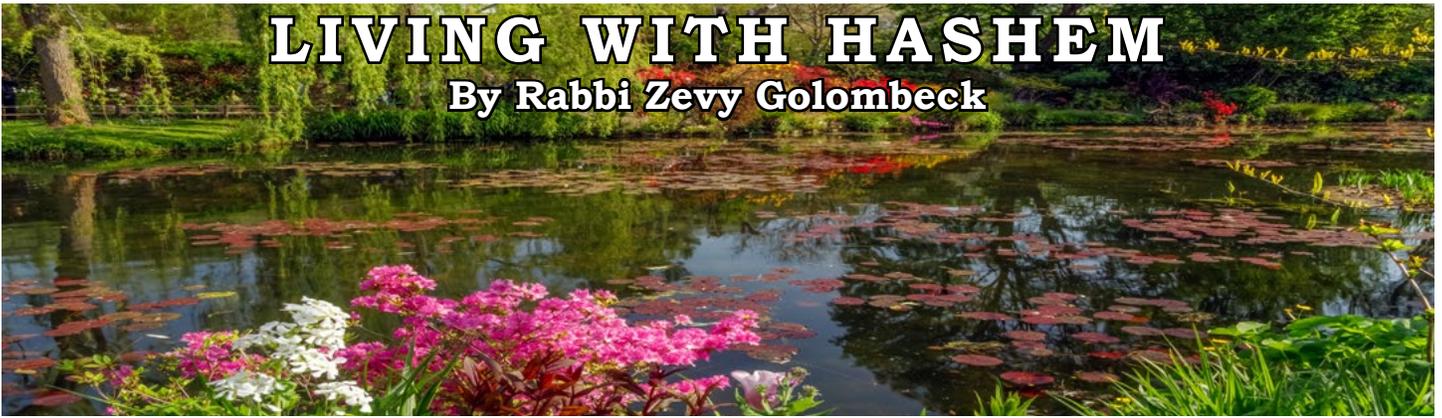
Travel Through Life in Comfort



Put Your Trust in Hashem!
It's the Only Way to Get Anywhere!

LIVING WITH HASHEM

By Rabbi Zevy Golombeck



Editor's note: Many of these stories are from Av-Tishrei.

CLASSMATES CARE



Mrs. Stern* said that a girl in her daughter's class was acting up and was kicked out. Mrs. Stern's daughter came home and asked her if they could have bitachon that the girl would be allowed back in.

Mrs. Stern called Rabbi Golombeck, and Rabbi Golombeck said, "Of course, consider that she is back in!"

All of the girls in her daughter's had bitachon that their friend would be allowed back in.

The principal heard that all of the girls were growing, and she said that their classmate could come back!

MI K'AMCHA YISRAEL

R' Spitzer* was speaking to his friend. He mentioned that camp



was so expensive and that he has a lot of bills. Later that day, his friend came to his door with an envelope filled with thousands of dollars. He said, "Here is money for camp!"

WHAT'S MINE IS YOURS!

Libby's* daycare had a rule that bathing caps were required when going swimming. One day she forgot her bathing cap, and she was so disappointed! She had really been looking forward to swimming.



One of the other girls came over to her and said, "Here, you can use mine!"

She gave up swimming for her friend!

WHAT A NATION!

Mrs. Blum* had appendicitis and was hospitalized. Baruch Hashem, she was discharged, but she



still didn't have all her strength back. Bikur Cholim provided her family with fresh food every day! Their portions were so generous that they offered their neighbors leftovers!

CUSTOM WEATHER FROM HASHEM

This story was called in by a very chashuva Yid who said over that



during the summer he went to his in-laws for Shabbos at their bungalow colony. They said to him, "We are so sorry to tell you, but there's 100% percent chance of rain the whole day." He said to them, "I follow a Life with Bitachon. Therefore, I don't go with chances or statistics. I go with Hashem, who is my loving, caring father. It's going to be a beautiful, sunny, delicious day, and we're going to sit outside together and enjoy it."

They said, "You can dream on!"

At 3 o'clock in the afternoon, the sun was still shining brightly!

His father-in-law said, "I think I'm going to have to start sending you kvitellach just like we send Rebbes, and they do mofsim!"

Shortly after, it got cloudy and started raining for a few minutes.

LIVING WITH HASHEM

By Rabbi Zevy Golombeck

His father-in-law said, "See?"
He told them: "Hashem is showing that it's not that the forecast was wrong. It WAS supposed to rain, but Hashem changed the weather for us. Now it's going to clear up."

Within three minutes, it cleared up and the sun came out for the rest of the Shabbos!

HAKOL YACHOL CHINUCH

Morah Rabinowitz from Lakewood sings Hakol Yachol with her students in Bais Yaakov every morning, and her students tell her their Hakol Yachol stories. She said that there is a big difference in the children and in the whole ruach and atmosphere in the classroom. They are so excited to say over their stories, and they are bringing Hashem into their lives so much more.



She sees that when you teach children that Hashem loves them, and you teach them to make Hashem part of their lives, there is a noticeable difference in the chinuch!

BITACHON PAYS DEBTS

Mrs. Braunstein* was speaking to her friend, and she said to her, "You know, we have so many debts. I don't know what to do about it." Her friend said, "We both listen to the Bitachon Hotline. Let's both have bitachon that Hashem will take care of your debts."

While she was just telling Mrs. Braunstein how bitachon can bring a yeshua, the friend's phone



rang.

It was a phone call to let her know that the yerusha money from her mother-in-law, who had been nifteres four months previously, was being transferred to her account.

Mrs. Braunstein's friend said to her, "I just got a big yerusha, and I'm going to give you my ma'aser money!" As they were speaking about bitachon, the call came in, and her friend was able to help her pay her debts!

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A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
- 2 Today's STORY of Bitachon
- 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
- 4 This week's connection of Bitachon to the PARSHAH
- 5 QUOTE from Sefer "Bitachon Weekly"
- 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
- 7 Today's STORY how Bitachon helped someone through a Nisayon
- 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
- 9 RECORD your Questions, Stories & Comments
- * Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
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7 3 min. back	8 Lower volume	9 3 min. forward
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Parsha Game

Fun and an interactive way of learning Torah!

PARSHAS BESHALACH

Q: Where in this week's Parshah do we find a connection with the pictures below?

ANSWERS ON PAGE 42

1



2



Parsha Delight Question of the week

פרשת בשלח תשפ"ד (5784)

The pasuk (15:9) אריק חרבי "I will unsheathe my sword ..." indicates that the Mitzriyim pursued the Yidden to kill them (this meaning is clear in מדרש מכילתא דרשב"י). How does this coincide with the pasuk (14:5) that the Mitzriyim said, כי שלחנו י י ישראל מעבדינו "what is this that we have done that we have sent the Yidden away from serving us", which seems to indicate that they wanted the Yidden to serve them again, not to kill them?

Please email your answer(s) to parshadelight@shiurenjoyment.com and enter to win a \$5 Raffle



Contact Michael Yaakov with any questions at maggidshiur@shiurenjoyment.com or (917) 626-8306

LOVE TORAH LIVE TORAH LEARN TORAH

CHEISHEK HATORAH

Riddle #73 Parshas Beshalach

I am sure that you would run, for an opportunity to eat Mun. It was sandwiched between layers of dew, and it was possible to be tasted even by a non-Jew. Do you know how?

To hear the answer to the question, press x14

To hear the answer to the question, press x14 #73 on the Chaishek HaTorah Line 845-720-4040

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WONDER DIET Lose Aveiros Naturally



Just Tell Hashem That You Are Sorry!

Stay Fit! DON'T FORGET YOUR DAILY EXERCISE!



Remind Yourself that Hashem Loves You to No End!

Patient

I love money. I really want to be rich. However, I know that running after Olam Hazeh isn't the right thing. I feel so guilty, please help!

I'm prescribing three medications for you:

1. Every Middah that Hashem gave could be used for the good! You love to be wealthy? Run after Mitzvos! Each mitzvah is worth trillions! Be wealthy in the real, everlasting wonderful next world!

Your desire to become rich is because your neshama comes from a place of unimaginable pleasure and is yearning to have that back. All you need is a little patience. After your mission in this world you will get everything your heart desires! All you need to do is serve Hashem with loyalty!

2. Daven to Hashem to give you what you want. Have bitachon that He will give you what makes you happy. Thank Him for the money that He gives you. This will turn your love for money into a love for Hashem!

3. Thank Hashem for giving people a desire for money! If not for that desire there would be no supermarkets, no businesses, no companies and no inventions!

Ayin Tova

Seeing the good in every situation



R' Nesanel Landesman

CASE OF THE WEEK:

Rina was excited about her upcoming trip to visit her daughter and son-in-law in Israel. She bought and prepared a lot of meat in order to surprise them with their favorite foods.

Much to her dismay, the suitcase with the meat got lost and it took four days to finally arrive. All the meat was spoiled.

Help Rina have ayin tova for her situation.

You can send your suggestions for the AYIN TOVA CASE to:
ayintovanewsletter@gmail.com
Or call [Israeli daytime hours only]:
USA: 831-244-6019 Eretz Yisrael: 052-760-5409

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Don't worry about spending money for Shabbos!

It's all paid for!

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Suggestions for the case of Raphy looking for a cheap haircut, and the guy botches up Raphy's hair.

- Raphy can recognize this incident as a reminder that we're not placed in this world to take care of our external image. He should take this opportunity to work on his inner self and overcome the jokes made by his friends.
 - Even though it was a bad haircut, Raphy could focus on the fact that he was able to support the barber in an honorable way.
 - He could laugh at himself a bit. Laughing is really such a healer. Hashem gave us that tool to make so many situations in life better.
 - Learn a powerful lesson about being cheap, i.e., it really doesn't pay. You usually get what you pay for. Perhaps down the road this experience will help him make a better purchasing decision, and then this haircut will have paid off.
 - The pain that he endured was from a haircut, not an illness or a huge money loss. That perspective could help.
- Of all the places on the body for something to go wrong, his hair is the least problematic. There is no need for medical attention, no bandages, etc. He does not even need to do anything; the problem will correct itself in a week or so.
 - Here is an opportunity to work on handling difficult situations in a laid-back manner rather than being tense. This experience could potentially serve him well if he will ever encounter "bigger" tests.
 - Now he'll be more careful the next time someone comes in with a poorly tailored suit, botched haircut etc. (lesson for life, don't judge someone by the way they look, you never know the story behind it).
 - The barber may be very good, but perhaps Raphy moved when he wasn't meant to, and the barber, in his modest way, didn't point it out, as not to make Raphy feel bad.
 - Maybe he can let the guy know, in a respectable manner, that he needs to improve his skills and save so many others from similar aggravation.



SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

Owe- I Owe



Years ago, I remember taking note of a bumper sticker on the back of a beat-up Volvo, with four day-laborers inside, and the bumper sticker read: "I owe, I owe, it's off to work I go." I remember thinking at the time, how sad. Now it occurred to me that the Sefer Chovos HaLev-



ovos, the Duties of the Heart, is almost entirely dedicated to building a case, and explaining, the depth of the debt of gratitude that we owe to HaKodosh

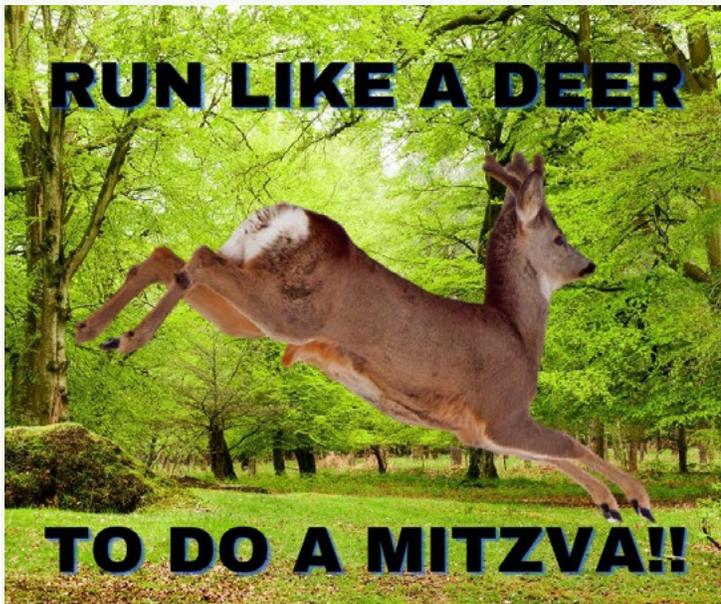
Boruch Hu, until our hearts are brimming with, "Moh ashiv LaShem kol tagmulohi oloi, how can I repay Hashem for all the good that He has done for me."

From there we begin to dig out and dedicate ourselves to repaying that debt to Hakodosh Boruch Hu.



Now I want to take that bumper sticker and install it in my heart: I owe. I owe. It's off to work I go.

Good Shabbos!



SUPREME FOUNTAINS™

Let the Bracha Flow!



Birchas HaMazon with a Geshmak Inc.

What a miracle!! When Klal Yisrael needed food, mon fell straight down from Shamayim! It had all the nutrition they needed and was fully prepared. When Moshe saw this great wonder, he was mesmerized and so overflowing with gratitude and so overflowing with gratitude that on the spot he composed the first berachah of Birchas Hamazon. (Berachos 48b)

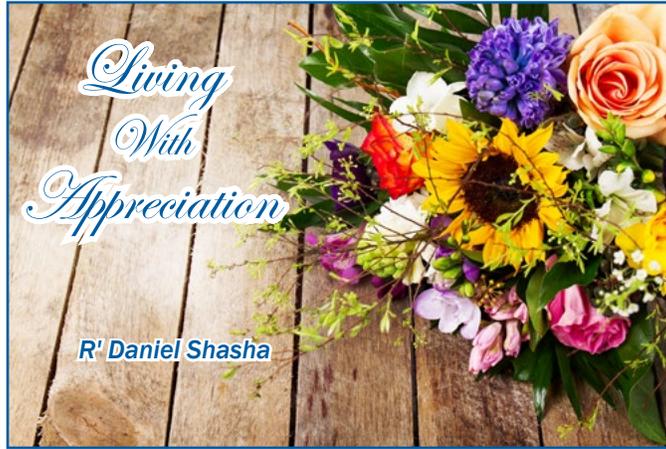
It is interesting that nowadays, when we don't have mon, we still say the same text enacted by Moshe upon witnessing this miracle. Why is this so?

Rav Hirsch explains that this is because each piece of food should be considered as a gift straight from Hashem, just like the mon that fell from Shamayim! Hashem could have just given us a pill that contains all the nutrients we need. Instead, He generously gives us a wide array of food with delicious tastes and appealing textures which every palate can enjoy. The large variety of food available is a sign of Hashem's constant care and involvement in our lives. Cholent, chicken, noodles, pizza, pancakes, you name it; each time we benefit from these tasty dishes, we need to try and remember how they are a gift from our loving caring Father.

Just fruit alone has many different types, each one ingeniously designed with such incredible properties. For example, let's look at an orange. This fruit has a hard, watertight peel to protect the tender inner fruit from damage. It has a very attractive color, making it very appealing, and it contains a high content of vitamin C, perfect for its primary season the winter.

The Sefer Darkei Mussar teaches that the reason for the minhag of eating fruit on Tu Bishvat is to appreciate the variety of delicious ingeniously designed fruit that we are privileged to enjoy. Having this in mind when we eat different types of fruit on this day, can make our Tu Bishvat far more meaningful.

One time, Rav Yerucham Levovitz was in front of a large group of



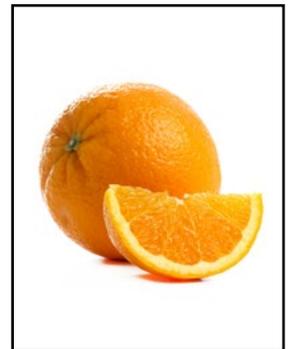
talmidim. He asked one of them to bring him the Maaseh Elokainu that was on his table.

The talmid eagerly went to fulfill his Rebbi's request. However, he returned empty handed. 'I couldn't find it' he said.

'It is there' replied Rav Yerucham, 'please go and bring it'. The talmid left more and returned holding an orange, 'I couldn't find a sefer called Maaseh Elokainu, all I found was this orange.'

'This is what I meant', said Rav

Yerucham. He started to peel the skin, commenting how much there was to learn from this Maaseh Elokainu. He then began opening the orange, marveling at the ingenious properties of this delicious fruit. With great excitement, Rav Yerucham smelled it reciting the brachah, hanosen reyach tov lapairos, enjoying its pleasant fragrance. Rav Yerucham then enthusiastically recited shehayanu and borai peri haetz, and tasted the orange, delightfully relishing every bite. 'Wow, this is truly Maaseh Elokainu', Rav Yerucham exclaimed, to his startled audience.



The talmidim learnt a life changing lesson. Everything in Hashem's creation, no matter how much we are used to it, is truly spectacular.

This is an excerpt from the weekly Living Appreciation newsletter, for feedback, to subscribe or to obtain our two minute a day inspiring gratitude journal please contact us at livingappreciation@gmail.com

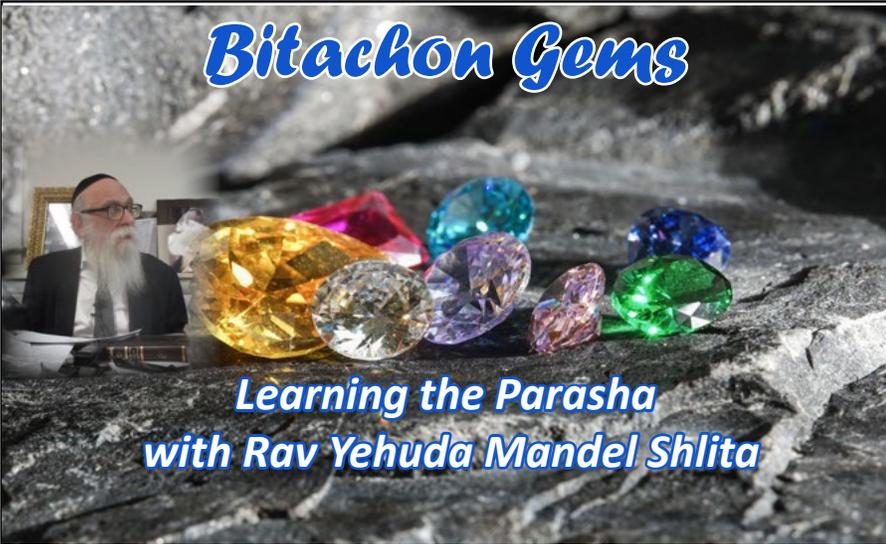
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Our Enemies are Nothing More Than Melted, Mushy Cream Cheese!
HASHEM IS IN CHARGE!

Enjoy Your Gifts!
Eat the lunch that Hashem packed up for you with love and care.

DON'T EAT SOMEONE ELSE'S LUNCH!!!

Enjoy Your talents! Your strengths! Your feelings!
 Your intelligence! Your family!

Bitachon Gems



Learning the Parasha with Rav Yehuda Mandel Shlita

ויקה משה - את עצמות - יוסף

We find Moshe Rabbeinu very involved with Yosef. The very next pasuk says וחמושים, that the yidden went out with weapons. The מפרשים ask why did they go out armed? Leaving Mitzrayim means leaving the yetzer hara, (especially of zenus) and the leader in fighting the yetzer hara is Yosef hatzadik. Yosef paved the way for middas hayisod, (mefarshim) Thanks to Yosef, the Yidden were able to withstand the yetzer hara of Mitzrayim (זנות) which is the #1 sin, which makes one into an animal. Those who overcome it are like maalachim).

Mitzrayim symbolizes a place without self-control, לשון of being confined and unable to break free of bad habits. That's why Moshe was busy with taking out Yosef. He was the forerunner in paving the way in battling the yetzer hara and becoming great by being מתגבר over טבע. Moshe is now the leader of Klal Yisrael and he is emulating Yosef. That's how the two

pesukim go together. Now the Yidden are going out of Mitzrayim armed with the tactics how to fight the yetzer hara. That's why Yosef goes with them. He is their hero and inspiration forever.

Part II

This also answers why they are called repeatedly צבאות השם, the warriors of Hashem. Notice that we find that they are called צבאות השם when they are making the matzos. Why?

The word matzos means fighting (מצה ומריבה), and when you leave the dough the way it is, it becomes חמץ. What is special about fighting, that the yidden are called צבאות השם, and

why is chametz the bad guy (שמרתם ושמרתם) and רש"י says "guard it from becoming חמץ")?

The answer is because the word מצה means fighting the yetzer hara. You control your taavos and you beat your desires and you bang the matzo and you don't let it blow up. A Mitzri does whatever he wants. A Yid has to fight and be on guard to control himself. A human being was created to grow by fighting his טבע. This constant struggle is the biggest thrill in life. The biggest simcha is to fight against the yetzer hara. People who are addicted to sin get depressed. There was a drunkard that once took a bottle of some good whisky and smashed it. It made him feel like a million dollars.

A human is a piece of Hashem. He wants gevura. and to become great like Hashem, the Creator of the world. Going against your nature is the biggest form of a human's creativity.

Part III

It also says the words צבאות השם when they finished the karban pesach ויעשו - כל בני ישראל - כאשר צוה ד' את משה ואת אהרן - בן עשו. ויהי - בעצם היום - הזה הוציא ד' את בני ישראל מארץ מצרים על צבאתם. A soldier doesn't do what he wants, and that's his greatness. That's why we needed a bris milah before the karban pesach because the bris milah symbolizes going against z'nus and bris symbolizes creating in our selves the ability to fight and overcome our middos. That's our whole life, עיקר חיות האדם שבירת המדות ואם לאו למה (לי חיים) (גר"א ז"ל).

Part IV

Bitachon Gems



Learning the Parasha with Rav Yehuda
Mandel Shlita

Moshe symbolizes the power of a human being overcoming his nature. That's why it says ויאימנו בד' ובמשה we have to believe in the power of a human being to overcome his nature and that's why Moshe also was the one to do all the Nissim. When you become a Melech over yourself and your personal weaknesses, then you get the power to overcome the טבע of the world. The Chovos Halevavos says that the טבע becomes your servant when you are on top of yourself, like Pinchas ben Yair who split the River Genoi, and דניאל to whom the lions were like gentle puppies. He refrained from eating treifah royal meat, and was a major מתגבר על יצרו. That's what Moshe teaches us. A human creates himself and is like הקב"ה, the Creator of the world, by overcoming his yetzer hara.

We are leaving Mitzrayim ביד רמה with the ability to conquer our yetzer and meet the challenges of the world. People who fight, stay young. Reb. Nosson Wachtfogel ז"ל says that's why people enjoy competitive sports, because a human needs to fight.

Kids in my class say that they'd rather play a game even if they lose than sitting around doing nothing. In the heim they said, "People who don't fight are like 'floating dead fish'". And those that fight the yetzer hara are the happiest people in the world. We can suggest בע"ה, that doing the רצון ה' makes you a soldier. A "soldier" is a

person that follows orders.

ענן- להנחותם הדרך

The ענן means the שכונה. Doesn't a cloud symbolize darkness (dirty and cloudy)? We can suggest בס"ד because the darknesses in your life are your challenges, and those hardships

are the things that lead you to get places and to grow. Your challenges are going to help you and if you aim at overcoming them, then you will get places. Reb Chatzkel Levenstein זצ"ל said, "Those who struggle with their yetzer Harrah are gedolim even if they are on a lower madregah than those who don't struggle. They will get much more Sachar (so stop kvetching and stop calling yourself a rashah!)." Cloudy means it's going to rain. All you have to do is plant the seeds and try עוזרו אלמלא הקב"ה Hashem will help you, and without Hashem you can't do anything. You plant seeds to overcome your נסיונות and הקב"ה will send the rain and you'll שטייג או.

איש means leader, נסיון means high banner and test and נשיא also means a cloud. Daytime is a time when people work and in a "daytime" (happy) situation you can be an עובד ה'.

ולילה- עמוד אש

At night they had an עמוד אש leading them. This symbolizes when a person is in the "night" mode and doesn't have the courage and strength to fight because he is in a state of darkness. He never learned תורה, or has many challenges, or he's somewhat dysfunctional. He has to brighten his darkness and look for the light and accept the situation. Just being happy and seeing the good in your life can be

your sole עבודה. The same person could have both חושך מפני חושך או חושך מפני או. That's the way Hashem made the world, a person can have both situations, שבע יפול- צדיק, וקם a person goes up and down. Sometimes he grows and sometimes he just sits around. At times of "חושך" you don't try to improve because you'll get depressed since you aren't able to. It's time to just look for light and be שמח בחלקו.

לא עלינו-תלונותיכם כי- אם על השם

Moshe Rabbeinu was always saying to the Yidden, "Why are you going to me, go to Hashem." The Seforno explains that to blame a human is kfira and that's why Yaakov told Rachel when she asked for children, "You shouldn't believe in a human being (אל תיראו- התחת אלוקים אני)" And it seems that she accepted it.

Her son Yosef used the same lashon when the brothers came to him in Parshas Vayechi to become his slaves (אל תיראו- התחת אלוקים אני). And that's what Moshe is saying to the yidden, you may have to believe in the power of a human being to overcome his yetzer hara but not to rely on a human being. Moshe says ונחנו, this is a mussar because even if you are dealing with the gadol hador, it is always Hashem. That's why David said when Shimi cursed him, that it's Hashem. When someone does you a favor it's also from Hashem.

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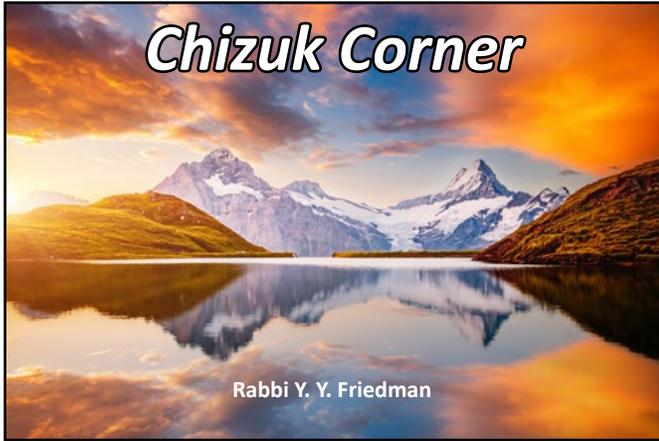
TRAVEL

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Shabbos Shira!

The name says it all, but before we will discuss Shabbos Shira, I would like to discuss Shabbos itself, the most amazing gift in the world.

Each week we are preparing all week for Shabbos, and when Shabbos arrives we greet it with much fanfare. When Shabbos comes to an end, we escort Shabbos out with a Melave Malka, energized and ready to face another week.

What is the essence of Shabbos? Dovid Hamelech defines in the song of the day of Shabbos, "Mizmor Shir l'Yom Hashabos - tov lehodos Lashem ulizamer lishimcha elyon".

When we go through the day we will find something fascinating. That is that WE DON'T STOP PRAISING HASHEM.

Starting from Mincha (Nussach sefard) many say Shir Hashirim which is oozing with the love between Hashem and Klal Yisroel. The name says it all. Then many say the perek of "hodu Lashem" which talks nonstop of the chessed Hashem.

After Mincha, Klal Yisroel says (or sings) the most beautiful perakim of Tehillim [lechu nirannina] which is packed with praises and yearning to come closer to Hashem with the final redemption.

Then Klal Yisroel starts singing the beautiful words of "lecha dodi" composed by Reb Shlomo Alkabetz hundreds of years ago. After that we daven Maariv with a special tune that was designated for Shabbos.

After we come home, we sit down to a meal and we sing Zemiros. Many people go on for several hours. The Zemiros are full of the praises of the glory of Hashem, and our yearning for the Bais Hamikdash (Kol mikadesh, menucha vesimcha,

ma yedidus, ku echsof, ku ribbon and the list goes on). There is much Divrei Torah said at the seuda as well.

Shabbos morning we have a special Pesukai dizimra that's longer than usual. It's filled with praise to Hashem.

There are a few highlights of this by Shacharis that are beyond this world. There is the hallel of "Ki leolam chasdo". Then there is the beautiful song that some say: "lechai Haolamim".

The entire davening is loaded with truckloads of praises for Hashem. Many sing the words hakol yoducha and Kel adon. The words are overflowing with praises for Hashem as well.

The rest of the Shabbos we keep this trend of singing zemiros to Hashem. At the second seuda we are overflowing with Zemiros as well (Chai Hashem, Baruch Keil Elyon, Yom Zeh mechubad, Yom Shabason and much more). There is an abundance of Divrei Torah as well.

Shortly after the second Seuda it's followed with seudas shelishis with an abundance of zemiros (Mizmor Ledovid, Yedid nefesh, Keil mistater and much more). Many people review by Shalosh sedos some of the songs that were sung over Shabbos. Many have the custom to say after Mincha "Barchi nafshi" and the fifteen "shir hamaalos"



When Shabbos is over we escort Shabbos out. How? With a Melave Malka and many more Zemiros. What's going on here?

So as we started off, we see that this is what Dovid Hamelech instructed us to do. As he said "Tov lehodos LaShem ulizamer lishimcha elyon" and we are following instructions. The obvious question is why is that?

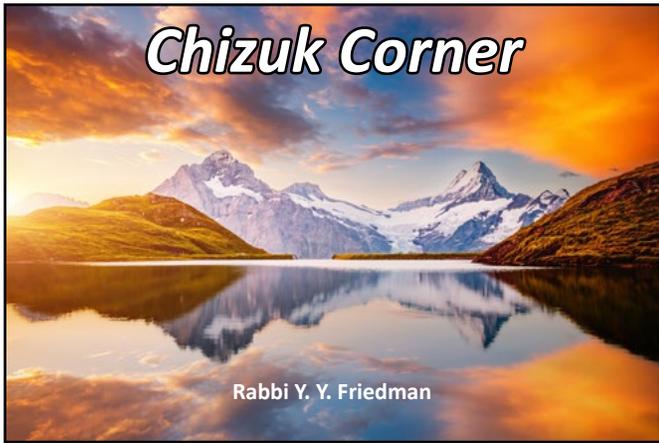
There is a Ramban in last weeks Parshas Bo, that is most fascinating and fundamental. He writes that the reason why Hashem created us was, so we should praise Him and to be

Modeh that we are His creations.

Therefore, based on this we can understand that a day like Shabbos which represents the creation of the world should be designated to praise Hashem. Shabbos is the day that we spend with our Creator. Therefore, Shabbos is the day when we are overflowing with love as we burst out in praises for Hashem, and we cannot get enough of it.



Story: There is a famous story about a group of Karliner Chassidim that came to Chartkov (or Ruzshin) for Shabbos.



They humbly approached the Rebbe and asked him if they can shout during davening as they usually do. The Rebbe apologized and explained, that since it is not his minhag they should not shout. The Karliner Chassidim humbly went to their seats to daven.

When they started davening they restrained themselves. As the davening progressed they had to mightily restrain themselves. However, when they reached Nishmas kol chai the dam burst and they bursted out with a roar "Nishmas kol chai." The shouting got louder and louder.

After davening these chassidim went to the Rebbe to apologize, but to their surprise the Rebbe was smiling with a twinkle in his eye. It seemed like he enjoyed their outburst and their shouting, and understandably the Chassidim were confused.

The Rebbe explained to them as follows "When you asked permission to go ahead with your custom to shout (it was in your plans to shout) I told you not to, because that is not our custom. However, if it bursts out from your inner soul, of the holy Neshama of a yid, then that is the ultimate way to daven. When you burst out full of emotion and love for Hashem that's the most beautiful tefilla. Should I prevent such a thing? Chas v'shalom.

This is the essence of Shabbos. After a full week of receiving so much chessed and Rachamim from Hashem, our hearts are overflowing and bursting with love for Hashem. So when Shabbos comes we burst out with praise, and we don't stop as we showed earlier.

This Shabbos is known as Shabbos Shira. We read about Klal Yisroel crossing the Yam Su. When they reached the other side safely they saw that the Mitzriyim had drowned and they broke out in Shira.

We can say B'ezras Hashem that obviously we see that the Shira was about Kriyas Yam Suf. However, the feel-

ings that they sang during the Shira was a build up of the previous year which consisted of the ten spectacular makkos and all the other miracles that came along.

Their feelings also soared as they thanked Hashem for the great miracle of Yetziyas Mitzrayim which was both physical and spiritual. Feelings of gratefulness for the ananei hakavod and everything in between.

However, the Bais Halevi adds on something fascinating. He says that they also sang Shira for the pain that they had gone through in Mitzrayim. They understood that all of their tzaros served as a vehicle to reach the Yeshua. The kevod Shomayim had come through them. For this they sang Shira. It was well worth it.

All this was a great build up of love that was coursing through Klal Yisroel after Kriyas Yam suf and the dam burst after their masters had drowned. Now they felt at ease and they were able to burst out in this tremendous Shira of "Az Yashir".

Likewise, Shabbos is a time that we feel at ease as we forget about our aches and worries of the week. Therefore, we can burst out in praising Hashem non stop.

Therefore, Shabbos Shira is like dynamite. It's a Shabbos that we are joining the Kaliner Chassidim as they shout and burst out the "Az Yashir."



This will also pave the way to the Shira chadasha when Moshiach will come. It will be a time when our hearts will open up once again like at the Yam Suf. Then we will sing Shira with emotions overflowing like the waves of the ocean.

We don't know exactly what the song will be, but we do know that it will be a buildup of emotions of two thousand years of chasdei Hashem. We will (presumably) sing about the fact that we still exist which is in itself the greatest miracle and chessed Hashem (as the Yavetz famously writes).

We are awaiting that day when we will call out together with emotion and love "Hashem Melech, Hashem malach, Hashem Yimloch leolam vaed". Let us daven and hope together that this will be the last Shabbos in Galus and we should experience the great miracles once again as Hashem has promised- "K'mei Eretz Mitzrayim arenu niflaos" Amen.

“To Write What’s Right of a Rite”

I am sometimes zoiche to have at my Shabbos table a certain Heilige Pushite-simpleminded Yid. After growing up Ehrlicheheit in Vineland, New Jersey, on a chicken farm, his family moved to the New York City, Boro Park neighborhood. It must have been a major adjustment for him and his family, but he acclimated to the hubbub of the Yiddishe city life pretty fast.

He took interest in the many types of shuls here in New York, whose diverse backgrounds and history are all rooted in many cities and countries, spanning some thousands of miles, in the width and breadth of the entire Euro-Asian continent.

As Chazal point out, “Hashem did a great Chesed with Klal Yisroel (for various reasons), by spreading them out all over various countries throughout



the world!” Naturally this also gave room for the development of various types of Minhagim.

Different countries had different minhagim, put forth respectfully by their Heilige Rabbonim, and Tzaddikim.



Nowadays, all those Minhagim are being joined together in the post- WW2 conglomeration of the collective survivors and their grandchildren.

From an era of barely any interstate or cross-country communication, we’ve now entered a day and age of instantaneous communication. Now we can now encounter many different Minhagei Yisroel.

As the great Reb Shraga Feivel Mendelovitch classically put it “The American Yid will be the perfect Yid, with the best, from all over”. A joined harmonious mixture, and a collective perfect blend. The combination of the best that each can offer.

That unique collage, of each and every style and type of Yid coming and joining, from the multitude of coun-



tries, to where they had been exiled, will Be’ezer Hashem, help us reach more Shleimus in our Avidas Hashem!

This farm-boy loved the colorful Ehrliche Yiddishekeit! He spent many Shabbosim in the company of different Chassidic circles. Over the course of time he collected different customs from all over. So now, when he performs a mitzvah, he loves to do it with different Minhagim.

One of the Heilige customs he has, is to kiss his Shabbos challah after say-

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ing the B'rocho, before cutting it up. (the Shelah Hakadoish writes about kissing objects of mitzvois). This Minhag is my children's favorite, the one that they love to watch! It may look somewhat simple, yet it has a lot of mindful depth. It may seem silly, but truthfully, it's very intensely thoughtful. It reminds us that the food at the Shabbos meal is a mitzvah! We're celebrating the knowledge of Hashem's created world and His Kingdom!

Another one of his minhagim, is to eat some Mezonos after Kiddush, at the Shabbos day meal. Since this man must be careful about the amount of his sugar intake, he is happy with snackers, whole wheat crackers, or pretzels, just as much as a piece of cake, for doing his Minhag. My children love bring-



ing that to him.



Some say the reason for this Minhag is, to be yotzei the ruling of Reb Chidka, (brought in Chazal) that one should eat four Shabbos Seudois. This Mezonos takes the place of that seudah.

I personally enjoy this one. When Yom Toiv is followed by Shabbos, at the end of Davening, he'll make sure to call out, in his boisterous, exuberant manner, with his loud voice, in front of the Shul: "M'zul Boidek Zein Di Keshenes!" (Check your pockets). Everyone smiles, and then of course check their pockets.

It actually says in Chazal that a person should check his pockets before nightfall Erev Shabbos Koidesh to make sure he isn't carrying anything around in his clothing, and he won't inadvertently carry some object on



Heilige custom that a group of people have taken upon themselves to follow, should never be taken lightly.

Even though they're not Min HaToirah, as a D'oiraisa, and they neither are a D'Rabbanan, they have however been incorporated into Yiddishe life by Tzaddikim! Lots of them have very deep meaning intended to beautify a Mitzvah, a Tefillah, to bring more meaning and Heilige feeling into our daily Yiddishe lives. The Makoir from where these customs stem, are Toirah. They are usually based on different maama-rei Chazal.

There are also many hidden mystical meanings and intentions, hidden under the outer simplistic cloth wrappings of Minhagim. They strengthen the underlying beams, and underpinnings of the supernatural power of doing Hashem's Mitzvois, which in their merit this world keeps going. They should never be taken lightly, and one needs to ask a Rav before changing his Minhag, to make sure he's going down the right path, with good intentions.

In addition to the above aspects of Minhagim, there are other benefits as well. A person can gain the feeling of Hiskashrus-Binding himself to Tzaddikim, by preparing, or by actually performing a Mitzvah in a certain special way. In the way a certain Tzaddik did it.

These heilige Minhagim should never be taken with an attitude of an extra burden or as trivial unimportant technicalities, Chas V'Shaloim. While our focus must stay on the actual Kiyum Hamitzvois, these Minhagim are powerful enhancers towards the perfection of the actual mitzvah at hand, and for gaining lots of heartfelt connection to Hashem, with which Mitzvois are intended to be performed.

Mood boosting, emotional stimulation, and mindful, cognizant realization of the deeper meaning of Mitzvois, are all products of all these Heilige Min-

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Shabbos Koidesh in a manner that's not allowed.

A minhag that has been set by Tzaddikim for all Yidden to follow, or a certain

hagim.

The well-known Minhag of saying the tefilah: Riboinoi Shel Oilum... Hareini Moichel... (Master Of The World...I hereby forgive...) before going to sleep for the night, is rooted in a well-known story mentioned in Chazal.

The story involves a person who was saved twice from certain death in middle of his sleep. It occurred while he was



taking an outdoor nap in middle of his travels. First this Yid was saved from a poisonous snake, who was killed



by another animal, seconds before it bit him. The second miraculous thing that had happened while he slept, was him being spared from the imminent



danger of a wall collapsing on him. This Yid awoke just in time, and continued down the road, minutes before that wall fell apart. Or (in another version of the story) the rock that he was sleeping on, broke away and rolled down the mountain, as soon as he awoke and walked away.

One of the Talmudic Sages witnessed this amazing story. He stopped this Yid and asked him , "What special zechus of which Mitzvah gave you the merit to be protected from such

danger?! The Yid replied, "I have this minhag of not going to sleep at night until I truthfully totally, and fully forgive anybody that has hurt me, or in any way offended me throughout the day". The sage then told him," Yes that's the great mitzvah, in which it's merit you were just saved twice from certain death."

Maybe this Yid really took to heart, the teaching of "Everything is from Above, and everything is for good", so he figured, " why should he bear a grudge on anyone"?!

Maybe in the way of repayment of "Midah K'neged Midah", Hashem showed him clearly, to see what he believed. This man saw now actually what he believed, how Hashem is personally involved in doing everything, and only for his best!

May we learn from this story how to truly and wholeheartedly forgive, as we say this Tefila every night and be zoiche to constant Heavenly protection.

P.S. Maybe we can say this tefilah a second time in merit of the Yidden who are in distress. Some, don't have time or the frame of mind to say that prayer. Let's say it for them, Hashem should place in their hearts' forgiveness, to anyone who has ever wronged them in any way. May it be a merit for them, and for all Yidden, to always have Hashem's total, and complete protection!

Riboinoi Shel Oilum Hareini Moichel... !

(B"H) Not being colorblind, to how the differences in the combined, humankind, are defined, can put one in a bind, When some act kind, but some sort of grind, your mind. Remember that hidden behind, the way this world is designed, Hashem's Name is signed, So unwind, and unbind, from being confined, and inclined, to only love the refined. Remember and remind, "The way you act to the unkind, Hashem will act to you in-kind"

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By: R' Moshe Hirschberg - Lakewood, New Jersey

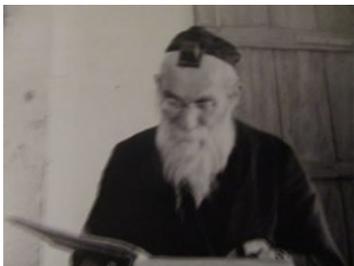
“OPEN A KOLLEL!”

ABOUT TO SET OUT ON a long-distance trip to Berlin to seek medical care, the Alter of Slabodka's dedicated talmid, R' Meir Chodosh, told his rebbi that he's coming along with him. The Alter disapproved and told him not to come, but R' Meir yearned and desired to embark on his esteemed rebbi's journey, and wouldn't take no for an answer. Secretly, he traveled there on his own.

R' Meir followed his rebbi around to the best of his ability, but he wasn't always able to get the experience of being with his rebbi he'd hoped for, because he was doing everything behind the scenes.

On one occasion, the Alter had a dialogue with a wheelchair-bound elderly man. R' Meir couldn't make out what his rebbi was saying; all he saw was the man nodding his head.

The following day, the same scene reoccurred: the Alter was talking, and the man was nodding to all that he was saying. This time, however, R' Meir overheard the Alter:



“You understand that the heart is the central organ of the body?” he was saying. “All the body parts revolve around it. Just as the entire body revolves around the heart, so too, the entire world revolves around Torah. So, therefore, I recommend that you quickly found a new Kol-

lel before you move on to the Next World; what a great zechus you'll have in your hands if you do so.”

After that, R' Meir could no longer avoid his rebbi; he needed to understand what the Alter was trying to convey to the elderly man. After hiding from him for a few days, R' Meir made his presence known to the Alter the next day.

The Alter greeted him with a smile. “When did you arrive?”

“I came several days ago,” he replied.

“So, where have you been?”

“I've been hiding; I didn't want to show my face.”

“What have you been doing all this time?”

“I've been standing behind the wall and overhearing the conversations taking place around you.”

“So, what did you hear?”

“That's what I came to you for. I didn't understand the conversation that you had with the elderly man. You were persuading him to establish a Kollel. Is he a rich man? Does he have the means for it? Does he have any connections with wealthy people?”

With passion, the Alter responded: “This man has nothing in his life. He has neither the money to support Torah nor any descendants learning Torah. There's one thing, and only one thing, that he has, and that is will. He can have a will to open a Kollel, and that will give him great reward in the World to Come. That's the last ray of hope for him. Should I withhold that from him?!” (Ad Alos Hashachar, p. 170)

“Dream.” This is something usually

associated with unrealistic, unproductive, and unfruitful thinking. In short, something that won't come to be. But when it comes to ruchniyus, that is not the case. One's dreams and desires are valued by Hashem, and Hashem will grant us reward for that. There are times when we cannot fulfill our desires, and yet the desire itself is treasured. There may be times that we aren't given the capability or the physical means to actualize our dreams, but with His infinite love, Hashem grants us benefits from our dreams nonetheless.

ONE PERSON'S WILL

A fellow approached the Chofetz Chaim with the request to purchase all of his sefarim—the Mishnah Berurah, Ahavas Chessed, and twenty more—but not the Sefer Chofetz Chaim. “I don't want that one,” the man explained, “because it talks about guarding your mouth, and for me it's too hard to control my mouth, so I want to pass on that sefer.”

When the Chofetz Chaim heard this, he calmly responded with the following account:

“When I was preparing to write that sefer, I asked the great tzaddik, R' Yisroel Salanter, whether it was better not to write it, since Chazal say that everyone transgresses the prohibition of avak lashon hara, and therefore perhaps it's better that they not know about it. Chazal say it's better to be a shogeg, mistaken sinner, than a maizid, rebel. By not informing them of the severity of the sin, I'll prevent them from deliberately transgressing it.

Continued on next page

Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey



'R' Yisroel responded: 'It's worth you writing the entire sefer Chofetz



Chaim if even one person will speak lashon hara with a krechtz. The value of that one krechtz is so much that it's worth writing the entire sefer just for him to do it—but with a sigh."

This relays an incredible lesson. Hashem values every motivation, will, and sigh. The entire sefer, which the Chofetz Chaim himself spent many months if not years writing, was worth every minute even for "one sigh!"

Baruch Hashem, we know how this sefer turned over the world with the encouragement, motivation, and inspiration of its many words, and of all the programs built around its study and dissemination. But, the

writing itself had behind it the intent that even if "one person" would benefit from it, the whole project was worth it.

MIDNIGHT SEDER

In his later years, the great tzaddik, R' Pinchas Menachem Malach, zt"l, didn't have the strength to learn the many late hours that he had been accustomed to learn when he was younger. Yet, every night before going to sleep, he would take out seforim from his seforim shrank and place them on his table.

His son asked him, "Totty, why are you taking out all those seforim? Do you think that you'll learn from all of them? Did you regain your strength?"

R' Malach responded, "I'm taking out the seforim that I would have learned had I had the strength to learn! Now, I don't have the strength, but taking out these seforim is an expression of the desire I have to learn!"

He explained further, "Although I can't actually learn now, never-

theless Hashem considers it as if I had learned from them, since if I had the strength, I would be learning from them."

By expressing his love for learning, Hashem will reward him as if he had actually learned.

The term "wishful thinking" radiates a negative connotation. This is understood by many as: "nice try, try again" or "you did not succeed, maybe next time you will." But when it comes to avodas Hashem, this is not how it is calculated. Hashem considers each thought and every attempt we make to grow. Our thoughts are not overlooked. Hashem cherishes each attempt and effort that we make, and we too should value them.

R' Elimelech Biederman recalls that one night, there was no water in his grandfather's home. That night, the children (including his father) went to sleep without preparing negel vasser water near their beds. Their father, Reb Moshe Mordechai, reproached them. "If there is no water, put the empty cup near your bed." In other words, do as much as you can, even if you can't do the complete deed. (taken with permission from Mechon Be'er Haparsha, Torah Wellsprings, Toldos, p. 9)

THE MILLER BUILDING

Walking past the Mirrer Yeshiva in Flatbush, R' Avigdor Miller, zt"l, once remarked: "This is the Miller Mirrer building." The followers were surprised, because they hadn't known that R' Miller had contributed to its funding.

He



Continued on

continued by next page

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explaining: "If Hashem would give me five million dollars, I would give a large part of it to the Mirrer Yeshiva. Hashem, therefore, considers it as if I sponsored this building."

WISHFUL HERO!



In a suburb of Yerushalayim, there was a convalescent home situated on a non-religious farming village. Its kashrus mashgiach related that one time, they were in need of a tenth man for the minyan, so he went outside to find someone. He saw one of the local, irreligious farmers and asked him to participate. After discussing with him the concept of davening, the local agreed to partake. But, while they'd been talking, a tenth man had arrived, and so the irreligious man didn't join the minyan in the end.

Ten years passed. The mashgiach had already stopped working in the home several years prior. One night, the farmer appeared to the mashgiach in a dream with a face radiating with light. He told him that he'd passed away one month ago.

"You have no idea of the reward I received in the Next World for 'wanting' to partake in the minyan, even though I didn't follow through when the tenth man had arrived. In that merit, I was granted to come to you in a dream and request that you go to my one and only son and convince him to say Kaddish for me."

(The Joy of Emunah, p. 44)

TRUE HATZLACHA!

A boy suffering severe headaches was brought to the Steipler Gaon for chizuk by R' Michel Silber. The Steipler asked him if he's being matzliach, succeeding, in learning.



"No" was the response.

"That the source of the headaches," said the Steipler. "The Sefer Chasidim teaches that whatever a

person learns in This World, even though he may not understand it, in the Next World he nevertheless will understand with all its depth. Acknowledging this will give you chizuk and encouragement to persist, and ultimately prevent the headaches from returning.

"If you retain an appreciation for what you have and what you do, it

will give you an inner satisfaction from learning, which will prevent the unwarranted headaches from returning, since there'll be no need for the mind to be distracted from any emotional pain he won't be encountering." (Noam Hashem, p. 164)

"FILL HOLED BARRELS!"

In Toras HaBayis, chapter 13, the Chofetz Chaim brings a Midrash that tells the story of a king who commanded his servants to fill barrels with water. The king paid a gold coin for each barrel filled.

One of the workers stopped working and sat down on the side. Someone asked him, "Why aren't you working? The king hired you to fill the barrels with water."

The man replied, "I've realized that all the barrels have holes in them. Even if I fill the barrels, in a short time all the water seeps out, so what's the purpose?"

The man replied, "That's not your problem. You do as you were told, and you will get paid for each barrel you fill."

The nimshal is that many people feel that Torah study isn't for them because whatever they study, they forget. We tell them, "Your obligation is to study Torah and do your best. You will be rewarded each time you do your job. If you forget what you learn, that won't detract from your reward. Just carry out your mission."

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R' Moshe Hirschberg is the author of "Zichru Toras Moshe – Heartwarming Stories for the Shabbos Table." To receive the Weekly Zichru Toras Moshe please call 732 569 8111 or email: the.zichru.toras.moshe@gmail.com

Always on the Job

Many of us look forward to vacations, a time when we take a break from our regular routines, when we travel, enjoy leisure activities, or simply relax. But as members of the Jewish nation, the people who are Hashem's emissaries to the world, we must remember that we are never "on vacation" from that responsibility.

The Gemara in Eiruvim (54) teaches us that a person who learns Torah acquires a chein, a natural grace, in the eyes of anyone who sees him. This chein is a gift that he takes with him wherever he goes. The Maharsha adds that this is the reason that we ask Hashem in the tefillas haderech, "Give us chein, kindness and mercy in Your eyes and in the eyes of everyone who sees us."

We must learn from the Maharsha that the Torah's transforming influence on us must not end when



we close our sefarim and leave the beis medrash, or even when we leave our regular environments and routines. The Torah's imprint must remain constantly upon us, shaping our actions and attitudes and making certain that we are

truly purveyors of kiddush Hashem.

A vacation is not only a time when we must remain cognizant of our mission of kiddush Hashem; it is often a time when we are presented with unique opportunities to carry out that mission, opportunities that do not arise in the course of our regular lives. Often, our travels may take us to places where the local residents or other vacationers have never come into contact with religious Jews before, and probably never will again. We are often in the position of making the pivotal first (and only) impression that some people will have of Orthodox Jews. Let us be certain that it is a good impression.

A large frum family was once traveling from Denver to New York by car. As they passed through Iowa, they decided to stop for a break at a rest area. The children piled out of the van and began to enjoy themselves, romping around in a large grassy area while their father lay on the ground and allowed the smaller children to bounce on him. An older couple who found the scene intriguing came and positioned themselves on either side of their car, leaning on the open front doors, and proceeded to watch the family's activities for about fifteen minutes. When the family prepared to leave, the couple approached them. "Did you notice us watching you?" the older man asked. "It was so nice to see such a wholesome display of healthy family life. We had thought that such a thing was extinct in America."

* * *

A group of bachurim once related that they had turned their bein hazemanim vacation into a beautiful kiddush Hashem. They were renting a cottage on a private beach where the rest of the residents were quiet, older non-Jewish couples. The boys made an effort to be polite and friendly toward their neighbors, and their actions made a clear impact. One of the neighbors remarked

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to them, "Boys, I want to tell you something. Groups of teenagers have come up here for the summer in the past, but they were always wild and rowdy and were very loud late at night, with no consideration for the neighbors.

They also drank a lot and left their bottles and cans all over. We were very concerned when we heard that a group of teenagers would be renting this cottage, because we thought it would be a repeat of the past. But you boys are different. You are so refined and polite that it's a pleasure to have you as our neighbors."

On another occasion, the man saw them learning Gemara and asked what they were doing. When they explained a bit about Gemara study, he commented, "This must be what makes you Jewish boys so refined and well-behaved."



On the bachurim's last night in their rented cottage, they decided to hold a kumzitz outdoors. They sat around a blazing bonfire and sang slow, moving songs. It did not take long for the neighbors to notice. That kumzitz attracted an enraptured audience, as all the couples who lived nearby came out to sit on their porches and enjoy the sounds of their song.

The following year, the boys decided to search for another cottage to rent for their summer vacation. This time, most of the vacation homes were booked and it seemed that their search would be fruitless. Finally, they found a cottage that had not yet been rent-



ed out, but the results of their initial phone call were still discouraging. "My husband isn't home," the owner's wife told them, "but I doubt that he would rent it to you. He doesn't rent it to anyone under 25 years of age. But if you want, you can call back later and speak to him yourselves."

Figuring that they had nothing to lose, the boys did call back. To their surprise, the landlord agreed to rent it to them. "My house is in the city where you spent your vacation last summer," he told them, "and I remember being impressed by the way you behaved. I know that I can trust you with my house."

Our responsibility to create a kiddush Hashem is never suspended, even for a moment; it would be wise for us to keep that in mind even when we are able to take a break from our regular routine.



In Review: During regular times of year, we are very focused on our spiritual growth and progress. There is a natural tendency to be somewhat less focused during a vacation. But it is especially crucial that the chein and the tzelem Elokim that we have developed in the sheltered environment of our homes and communities continue to accompany us in all of our travels. Whether we are on a plane, in a national park, or at a campsite, it is vital that we remain constantly sensitive to the people around us and the rules and protocol of each place we visit.



Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.

Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

Email: LivingKiddushHashem@gmail.com for a free file of sefer Mekadshei Shemecha and other resources and to sign up for our weekly Kiddush Hashem email.



Rabbi Yosef Moshe Mizrachi

Sometimes people look at Bitochon as simply a means to helping me them feel relaxed. Almost like a Tylenol when someone has a headache. While it's true that trusting in Hashem calms down, Bitochon is much more than that! It's actually the foundation of our relationship to Hashem! It has the power to make our YiddishKiet "alive".

For example: When it comes to davening, the more we trust that Hashem fully loves us and that He Is the only One who runs the world, the more Geshmak and meaningful our Davening will be.

Another example: When we receive a gift or eat a good meal, the more we recognize that the item was given to us by Hashem and that it's not not accidental or from natural causes, the more we will feel thankful to Hashem.

R' Golombek told me that someone left him the following message: *I teach in a seminary that's geared towards girls who have fallen out of the typical Beis Yaakov system. Many of them had various very difficult experiences and we try to provide the warmth and guidance that they desperately need. This past week, our seminary had an event for their Alumnei. I was so impressed when I saw a certain student of mine from a few years ago. She was dressed modestly and I noticed that she developed and upgraded her Avodas Hashem. Knowing that she was not on this level when she graduated, I asked her what brought about her positive growth. The student replied that someone gave her the number to 'A*



Life with Bitochon' and it changed her life.

She heard how Hashem simply wants to

spoil us all day long! And how He is watching us caring for us with non-stop unconditional love! All we need to do is turn to Hashem and He will shower us with Bracha! She continued: 'I used to think Yiddishkiet was about rules so I didn't want anything to do with it, now I see it's actually all about a relationship!

Of course I want a relationship with such a loving father!'

Shabbat Shalom U'mevorach!



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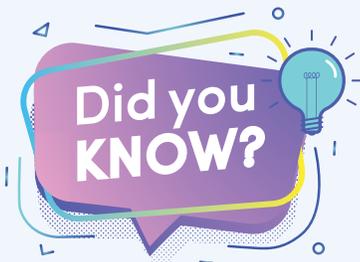


Yum! Yum! Yum!

But nothing compared to what's waiting for you in the next world!

By: Rabbi Zevy Golombeck

Did you know that Hakadosh Baruch Hu wants us to look at every part of this world in a positive way? Whatever aspect we think about, we should feel positive emotions.



When we think about olam hazeh, we should feel positive emotions.

We should view dying as a positive experience, it's geshmak, you're going home to Hashem. We should view being in this world as exciting; we're able to enjoy Hakadosh Baruch Hu's yummy, scrumptious, enjoyable world.

We should view the time of Mashiach as open bliss, we're going to be able to appreciate Hakadosh Baruch Hu's open hisgalus hashechina. While Klal Yisrael lives in galus, that's lechatchilah. When Mashiach comes, that's lechatchila.

That's the job of living with Emunah and Bitachon, to figure out how everything is totally geshmak and positive. Without emunah and bitachon, a person could misunderstand various ma'amarei chazal (such as 'al karchacha ata nolah'; mashiach is 'yamim she'ein bahem chefetz'; various chazal about gehenim...) and live his whole life with negative emotions for everything.

When living with Emunah and Bitachon, everything is geshmak, perfect, l'chatchilah!

Olam chessed yibaneh. Every part of this world is chessed. Olam Hazeh and Olam Habah.

Living and dying.

Galus and Geulah.

Everything!

Every part of this world has to give us a positive emotion!

Gold Mines

Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock

You should never look for yissurim but when they comes your way, don't lose the opportunity .



The Alter of Novardok writes that nisyonos are life itself, because they bring out all your juices and get you to work on

yourself especially on Emunah and Bitachon.

R' Mandel says that in the fake world, struggles are perceived as a nebach but if you would live with the truth, "boy would you be dancing!"

The Chafetz Chaim held people with yissurim in high esteem. He once told a talmid to take a certain shidduch because the father, although not a talmid chacham, was a ba'al yessurim.



Rabbeinu Bichaya writes that before a person was born he knew of everything he will experience through his life and he wanted and accepted it all.

Your neshama gets a tremendous tikkun, and you avoid gehenim and the whole world benefits from your yissurim.

MAZEL TOV!

Mazal Tov to R' Mordche Warmberg and family (Jackson, New Jersey) on the birth of a new baby boy!

Mazal Tov to R' Zvi Seidman and family (Chestnut Ridge, New York) on the birth of a new baby girl!



By: Rabbi Eliezer M. Niehaus

This column is part of the "ASHER TO THE YATZAR" initiative, and is written as a *zechus* for a *refuah sheleimah* for my daughter (**Esther bas Sara Miriam**) a young mother who is undergoing treatment for the *machalah*, and for R' Yossi Hecht (**Yosef Chaim ben Devorah Leah**), founder of ashertotheyatzar.com. (Please take a moment to say a *perek Tehillim* for them.) If you would like to receive the monthly leaflet, please email ashertotheyatzar@gmail.com.

Even With A Flu

Anyone who has been reading this column should know by now that when we are feeling healthy, we should not take it for granted. Good health is a present from Hashem, and the more we appreciate it, the more He will continue to bestow it upon us. But what should a person be thinking if he is not feeling well? When he is experiencing fever, a sore throat, aching limbs, or other symptoms, how can he use that as an opportunity to come closer to Hashem?

The answer is in *Parshas Beshalach* (טו: כו), where Hashem tells Moshe: "כל המחלה אשר שמתים במצרים לא אשים" - עליו כי אני ה' רפאך - any of the diseases that I placed upon Mitzrayim, I will not bring upon you, for I am Hashem, your Healer." The obvious question is, since Hashem is saying that He will not place on us sickness, why does He need to tell us that He is our doctor – we won't need a doctor at all?

There are many answers to this question, and I would like to share one that will help us learn how to view sickness as a time of growth. Hashem is telling us that there is a fundamental difference between the sickness He placed in Mitzrayim and sickness a Yid may get *chas v'shalom*. Hashem gave the Egyptians sickness as a punishment, in order to destroy them forever for their evil deeds. But Hashem will not bring such sickness upon us. If He does cause a Yid to be sick, it is because He loves him. The *pasuk* is saying that Hashem is our doctor. In what way? Just like a doctor gives a patient bitter medicine or painful treatments in order to cure him, so too, for that very reason, Hashem gives us afflictions. It may be in order to cure us from spiritual ailments, or to bring us closer to Him or for some other reason that will make us greater.

If a person who is not feeling well thinks this way, it will change his entire view of his situation. He will feel how Hashem loves him, not only when he is feeling great, but also if the opposite occurs. Every ache and pain will be a reminder that Hashem is with him, and is the one who is causing him to feel this way – in order to cure him! He will also use every moment of not feeling well to appreciate the joy of good health. If a person is shivering under the covers, he can think about how wonderful it is that most of the time he doesn't feel this way. Headaches will remind him of the joy of a head that doesn't hurt. An upset stomach will help him appreciate a calm and relaxed digestive system. If a person does this, he will have used the sickness for the purpose that Hashem sent it, and that itself may bring about that Hashem will say that he doesn't need to be sick anymore.

The Mesilas Yeshorim (perek 8) also goes along these lines and shows how one can grow from sickness. He writes that no matter what situation a person finds himself in, he can discover many wonders and kindnesses from Hashem. A healthy person owes Him gratitude for good health and a sick person must thank Hashem for holding him during the sickness and preventing it from getting worse. In our day and age, we must also thank Him for the various medicines He has given mankind. This includes those that cure, such as the wonderful lifesaving anti-biotics and also those that make the illness more bearable, such as pain killers and fever reducers. May we all be *zoche* to not need any sickness and have a happy and healthy winter!

Rabbi Niehaus is the author of "Oasis: Experience the Paradise of Shabbos" and "HEAVENWORDS: Elevate your Tefillah and Yourself". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a rebbi in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.

BITACHON POWER!

BY: Rabbi Chayim Tzvi Blau
This week's Topic: "Dark became light!"



The Quote – The Lesson – The Story

A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

The Quote: "An inventor knows what is damaging for his product and how to fix it. What causes it to get defected and what causes it to become repaired. If this is the case by human inventions, who only have the ability to create something from that which is already created, (יש מישהו) ה' קו"ח, the One who actually created the "raw material" to make man, על אהת כמה וכמה בלי ספק כלל, knows what is beneficial to mankind, and knows what is damaging to us spiritually and physically. Hashem knows what the things are that will help us both in this world and in the next, as the possuk says, "אני ה' אלקיך- מלמדך, כי את אשר- יאהב ל' יוכיח- וכאב את" להויעל מדרייך- בדרך תלך" בן- ירצה"

The Lesson: WHAT MAKES THIS SO INCREDIBLE AND AMAZING is that we may think we may know what is best for us. However, the truth is that what may look so good might be the worst for us and what maybe the look so bad and dark might bring us the biggest light.

The Story 1: THERE WAS ONCE A goy who worked as a caretaker in a goiyishe temple. This fellow was completely uneducated, to the extent that he had no idea how to read or write. One day, a new minister was appointed and he decided that they couldn't have a worker who was illiterate. The minister fired him and gave him a pension – a nice amount of money. This "shamas", although he was illiterate, was still smart. He noticed there was a big demand for cigarettes and he invested the money and opened a cigarette store. He was so successful that he opened up another branch on the other side of town, and eventually opened a third branch! The townspeople found out that he was illiterate and they said him, "You are so successful, you are so wealthy, imagine what would have been if you knew how to read and write!" The successful cigarette seller replied, "A shamas!" "It was only because I have no idea how to read or write that I got all my wealth! If I would have known how to read or write, I would still be working as a shamas in that temple." What looked like the darkest time for him and his downfall was really his biggest success!

The Story 2: THERE WAS ONCE A FELLOW who worked in an apple factory after the war. Eventually he became a taxi driver. One day, he was driving a man from the airport and the passenger rolled up his sleeves. The driver could not believe what he saw on the passenger's arm. It was a number but not just a number. The driver pulled over to the side of the road. He told him as follows: "I used to work in an apple factory and we had good apples and bad apples. The bad apples were thrown into a big grinder. Being a little foolish, I decided to jump in on top of the apples in the big grinder. Suddenly I realized I was getting lower and lower toward the knives! I screamed for help! It was really frightful I knew my life was about to be over. Suddenly I felt a hand tug me out and save my life. It was another worker at the factory. He was the saddest person around, he would

never even smile. I asked him why he was always so sad. He told me that by the end of the war he had only one brother. He disappeared and now has no family at all. He told me the number on his arm and that his brother had one number away. When I saw your hand, I remembered the numbers on his hand, they are one number off from yours!"

They drove to the brother and they were re-united! It was because of the darkest moment which came forth bringing forth that great salvation."

The Story 3: YEARS AGO, THERE WAS a fatal car accident in Boro Park, New York, and two Yidden were killed. One Yid was a beloved member of the community who many had turned to for assistance, so the entire neighborhood left their homes to attend his levaya. Distinguished Rabbanim eulogized him and spoke about the Chessed he had done with self-sacrifice and out of pure love for his fellow Yidden. As the Levaya progressed, more and more people joined and they recited קדיש as never before. A booming Amen yehei shemei rabba could be heard throughout the streets. Out of כבוד, they decided to carry the niftar all the way to the בית הקברות.

At the same time, another Levaya was taking place, that of the other נפטר from the accident. Unfortunately, this Yid had suffered greatly during his lifetime, he was a Holocaust survivor, and he had lived a life far removed from Yiddishkeit. A small group of his close friends and relatives gathered and waited for the נפטר to arrive. When the נפטר began preparing the נפטר, they almost fainted from shock. Such a thing had never occurred before. The mourners from the first Levaya, had mistakenly taken the wrong Yid to bury. They quickly took the נפטר and raced through the streets until they reached the בית הקברות. They got - there just moments before they were going to bury the estranged Yid in the place meant for the chashuv baal chessed.

News of this incident spread rapidly, and slowly more details about the נפטר were revealed that made the story clearer. The nonreligious yid, who had merited a massive Levaya and chashuv hespedim, had been a frum Yid when he was younger. He was taken to Auschwitz during the Holocaust and miraculously survived. During the war and also after the liberation, he had ensured that many Yidden who had been killed in the camp or from illness, were brought to proper קבורה. He also arranged minyanim to say Kaddish and to answer Amen yehei shemei rabba at the קבר. This was an extremely difficult task as this was during the war and to find people to join him right under the Nazis (ימ"ש) noses was very risky. Yet he persuaded ten men time and time again to do just that. He eventually came to America. Although he lived a life devoid of Torah and Mitzvos the tremendous זכריות that he accumulated during the years in which he arranged קדיש to be said so many times stood by him at the time of his own death. He was זוכה to a truly honorable קבורה. **Next week's Topic: "ONE POWER"**



Introduction - A Good World

In the Torah, Hashem declares that the world is a very good place. (Bereishis 1:31) Why then do so many people fail to recognize this goodness? Well, the sefer Mesilas Yesharim writes (Chap. 3) that this world is like a dark night to the human mind. In the darkness, a person cannot identify good, even when it's right in front of him!

But Hashem has given us the Torah, which is called "light," as the pasuk says, "... a mitzvah is a candle and the Torah, light" (Mishlei 6:23). When we learn Torah, the darkness of this world is illuminated for us so we can identify the goodness that Hashem spoke of when He called our world a very good place. The Torah trains a person how to perceive the world correctly, with the true positive perspective. Additionally, the study of Torah improves one's middos, training him to tolerate short-term discomfort in the pursuit of long-term goals, which keeps him focused and acts as a mood-booster.

A person's knowledge acts as a filter for his experiences. Without sufficient knowledge, a person can see a good thing, even a vital thing, such as rain, and view it as a nuisance. A person can allow rain to depress him and ruin his whole day. But the wisdom of the Torah can change one's entire perspective so that he will view rain correctly — as a priceless gift from our Creator, a gift that brings life to the world.

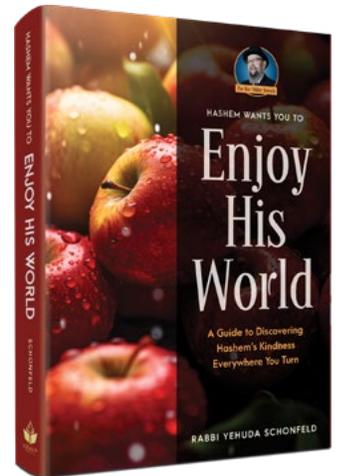
Then, when the rains come, his corrected perspective, newfound wisdom and tolerance for short-term frustration will uplift his spirit and cause him to bless Hashem for the rain, as the Gemara says, מודים אנחנו לך ה' אלקינו על כל טפה וטפה שהורדת לנו, We thank You, Hashem, our G-d, for every single raindrop that You bring down for us! (Ta'anis 6b.) And the Gemara there says, אמר רב יהודה: גדול יום הגשמים כיום שניתנה בו תורה., Rav Avahu said, "A rainy day is greater than the resurrection of the dead!" And also, אמר רב יהודה: גדול יום הגשמים כיום שניתנה בו תורה.

Rav Yehuda said, "A rainy day is as great as the day the Torah was given!" And: רבא אמר: יותר מיום: [A rainy day is] greater than the day the Torah was given!."

It is my hope that the words in this book, based on the holy teachings of Chazal, will illuminate the reader's eyes, allowing him to experience the wonder of life and see things in their true, positive light.

And it is my prayer that this book will lead people to instinctively recognize the goodness in the people, places, and things that surround them. Over time the reader can truly develop a "tuv levav" — a positive, optimistic heart. And, as the pasuk in sefer Mishlei says, וְטוֹב לֵב-בְּמִשְׁתָּהּ, תְּמִיד, if one has a good heart, a positive, upbeat nature, his life will be like one long banquet. (Mishlei 15:15).

This spirit of positivity, followed by heartfelt gratitude, will draw him close to Hashem Yisbarach. And that is the purpose of our lives.



The Parsha in Art

By R' Yehoshua Wiseman

054-844-1131

Part One

Az Yashir

B'nai Yisrael did not run from Egypt nor, like a nebach, slink away. They celebrated their newfound freedom and left the house of bondage with jubilant fanfare on that magnificent day.

Hashem led His Children with pillars of clouds and fire. So excited to receive His Torah and mitzvos, they would have traveled night and day and never tire.

Avoiding pitfalls that could push them to retreat as Bnai Yisrael took their leave, Hashem set a round-about route away from Mitzrayim; planning the journey so Pharoh He would deceive.

For his slaves to crawl back after three days Pharoh, with baited breath, waited. Then he received news from his spies who had, the camp of B'nai Yisrael, infiltrated.

The Jews think they're free now, the spies reported, but they are going in circles and confused. Not one of them plans to return to be your slave. With your mighty army, your highness can drag them back to Egypt and make them behave.

Pharoh reversed his decision and wanted his slaves back, as he had done many times in the past. He seemed to have a very short memory. If he had a spark of conscience, it didn't last.

The punishing plagues should have shown Pharoh Who is Master of the World. Any attempt to change his mind would have been in vain. Pharoh must have been out of touch with reality. He must have been insane.

With six-hundred choice chariots, army, calvary and horses, Pharoh gave chase to turn back



the clock and undo his mistake. The spirit of his former Hebrew slaves, Pharoh intended to break.

King Pharoh's gaiva was off the charts out of control. He personally led the rampage, bragging that defeating G-d Al-mighty, Himself, was his maniacal goal.

Glancing back, B'nai Yisrael saw the bejeweled B'richvai Pharoh and his fierce army bearing down from behind. In front the raging sea. In terror, they cried out to Hashem, V'Yomar Hashem to Moshe: "Tell My Children to go forward. The time has come for My Nation to trust in Me."

One Yid boldly advanced into the turbulent waters up to his neck. His name was Nachshon Ben Aminadav. Then Moshe lifted his staff and stretched his arm over the sea and Hashem split the yam suf in a powerful display of unconditional love.

For all to observe, for all time, the hero who taught the world to trust in G-d was the prince of Shevet Yehudah, Nachshon, who demonstrated his belief in the Melech HaOlam, proudly wearing the shield of Emuna and Bitachon.

On dry beds, the millions of Yidden were able in broad daylight to walk through; with a wall of water for Torah on their right

and a wall of water for mitzvos on their left; for the entire world to view.

Pharoh and his servants who had drowned babies, beaten fathers, and mercilessly abused B'nai Yisrael with no remorse pursued B'nai Yisrael onto the sea bed; every soldier, every chariot, every horse.

Suddenly at Hashem's command, Moshe again stretched out his hand. The sea came crashing back bringing water and chaos over the dry land.

The surface of the sea became hot mud. The wheels of the chariots melted off. The mitzriim were tossed and turned or sank to the watery ground and, with their guardian angel, measure for measure, they were all drowned.

As B'nai Yisrael looked on from safety, the bodies of the Egyptian soldiers and calvary were spit out with their gems and pearls onto the shore. The greatest miracle in history had just happened. The nation of Egypt was no more.

In that moment, every Jewish neshama shined with clarity and elation. Hashem could do anything and would do anything for His Cherished Nation.

Every detail was illuminated from the beginning of time through the previous year. The Children of Israel feared Hashem, had faith in Hashem, and in Moshe his servant-Az Yashir.

Six-year-old Miriam waited near her baby brother in his little taeva by the Nile river. She was certain that he would be the savior and that salvation would not be long. Now, with her drum as she danced across the yam suf, it was Miriam HaNavia, who led the newly freed women in joyous and grateful song.

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Parshas Beshalach



Mrs. S. Mordechai

Part Two

In Yichud with HaKadosh Baruch Hu

B'nai Yisrael had just experienced the most miraculous event in the history of the world: the splitting of the Yam Suf.

More than most ever could, they had reveled in Hashem's Presence and of His unconditional love they had undeniable proof.

Now on their way to Matan Torah, B'nail Yisrael would have followed Moshe Rabbeinu to the ends of the earth, if to the Shechina they could cleave, the only pursuit of any meaning, value, or worth.

As they ventured into the unknown, it was hard to remain on that high plateau. With two hundred and ten years of persecution and bondage, they had sunk to an all time spiritual low.

After three days of travel, with their mouths dry from lack of moisture and learning, Am Yisrael arrived at Mara ready to burst. Would they remember how Hashem split the sea but believe He would give them bitter water to quench their thirst?

The Children of Israel failed their first test with worry and angst and had to admit defeat. They seemed to forget that Hashem can and would do anything for them, including causing a branch from a bitter tree to turn water sweet.

They were His Precious Shepsalach endeared to their Shepherd forever because into the desert to serve Him they had faithfully marched.

At times they forgot the Infinite Hand with which He had saved them. Their thoughts were on Egyptian pots of meat and their throats were parched.

Klal Yisrael angrily confronted Moshe Rabbeinu and Aharon:

"You took us out of Egypt-men, women, children, and livestock- the entire congregation, from where we at least were able to eat our fill of bread, into the wilderness, to kill us by starvation."

"We are just messengers," Moshe and Aharon tried to explain.

"We are nothing!"

Do you not realize it is to G-d, Himself, to whom you complain!!"

Torah is the only remedy that has the koach to change mar to makot and machlochet to menuchas hanefesh and peace.

B'nai Yisrael passed this test when they studied new halachos and decrees and their learning was healing and zees.

In Aileem, there was a mayan for each shevet and an aitz tamar for each z'kain.

Their neshamas needed to recover from Mitzrayim to become pure and whole. The Borai Olam had prepared this oasis for Dor Hamidbar at the time of creation revealing His confidence in every Yiddishe soul.

B'nai Yisrael journeyed to the Wilderness of Sin between Aileem and Midbar Sinai. The Glory of Hashem's Shechina was in the Cloud.

They turned toward the vast wilderness and gazed in awe.

"I have heard your complaints clear and loud."

"In the evening you will eat quail. In the morning you will be sated with bread, You shall know that I am Hashem, your G-d," Hashem said.

The next day, a glistening frost surrounded the camp.

Surprising and new, the bewildered B'nai Yisrael asked each other: "mon hu?" Mon would rain down each day from heaven: edible emuna wrapped delicately in sparkling dew.

For forty years this delicious cake sustained B'nai Yisrael in the desert. On the sixth day l'kavod Shabbos they collected a double ration. Such a wonder strengthened their trust in Hashem Yisborach's bountiful compassion.

If left overnight during the week, the mon became rotten and infested, but l'mala m'derech hateva lasted an extra day for Shabbos Kodesh when B'nai Yisrael rested.

"Is Hashem among us or not?" Complaining to Moshe and shouting; Am Yisrael were still not sure and were still suffering from post-slavery doubting.

Moshe took the staff he had raised over the Nile for makkas dam, as commanded. To satisfy the Nation's need for water and to transform their sufaik laiv. Moshe struck a rock and fresh water flowed to their flasks in Rephidim from Midbar Choraiv.

Complaints and quarreling at Ma'asah

oo'Mariva, rather than trusting Hashem and davening for each need and desire tipped the scale from Yaakov to Aisav and a battle with Amalek erupted along with Hashem's ire.

B'nai Yisrael responded armed to the teeth with prayer, rather than power and might knowing that only through strengthened dveikus would we win this epic, eternal fight.

Hashem commanded Moshe to be stationed where all could see When he raised his arms and staff toward Heaven, the Yidden were triumphant. When he lowered his arms, Amalek dominated by decree.

Tefillah and trust pushed the scale back again to Yaakov and Amalek was weakened. Hashem vowed that in the right time Amalek would be erased from memory. Moshe Rabbeinu built an altar and named the place: "Hashem Is My Miracle, Hashem Nee-see."

We all have times of bondage marked by tzoros and blunders. We forget that Hashem is our healer and provider ready to act on our behalf with miracles and wonders.

Hashem would lead each of us out of our personal hustle and strife If we would reach for Torah and prayer and make them the foundations of our life.

Like Dor HaMidbar we can follow Hashem blindly into Eretz Lo Zarua, where Hashem can teach us to rely only on Him; and we can be zoche to a yeshua.

We can trust that wherever any Yid stands, there stands our Adoring Father, too. We can immerse ourselves in His love in Yichud with Hakadosh Baruch Hu.

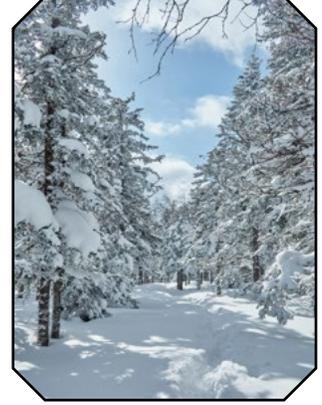
We are a blessing. We are blessed. We are a great nation. A light to the rest.

To Be Continued

With tremendous gratitude to the Borai Olam, our Adoring Father, for His bountiful compassion and confidence in every Yiddishe soul and R. Yitzchok I. Kaufman (The Spring Hill Times); R. Zev Golombeck (The Bitachon Hotline); Artscroll Chumash (Shottenstein Edition: Parashas Beshalach: text and commentaries); Artscroll Siddur (Shottenstein Editions Weekday: Text and commentaries); R. Moshe Weissman (The Midrash Says: The Book of Shemos); R. Shmuel Yerushalmi; Translated and Adapted by Dr. Zvi Faier (The Torah Anthology: Yalkut Me'Am Lo'ez- The Book of Shir HaShirim); and EK, LJ, RM, DD, AU, JF, and BK.

Just Look At What Hashem Made For You!

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Sruly Yelen
Lakewood, New Jersey

A GLIMPSE INTO THE PAST





A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

When we speak we communicate and share our inner emotions with others. I would like to go on a small and important tangent in relation to this point.

One of the most widespread inventions that is globally used today is e-mail. E-mail is a quick, efficient way to communicate with others. You can send it out 24 hours a day, to multiple people at once, you don't get stuck on the phone, you can save and re-access old communications.

E-mails seem to effectively replace speech, but there is a very important distinction. E-mail does a good job replacing the part of speech which is to relay information, but it does a very weak job at relaying emotions to others.

When somebody you're close to has a simcha, pick up the phone, communicate to them with emotion, connect to them the same way you would want them to connect with you when you're having a simcha.

Hashem gave us the gift of speech, let's use it!

Hashem created people with different types of voices. People speak on varied pitches and this is one of the factors that cause voices to sound quite different from each other. This helps identify who is speaking even when the speaker is not visible to the listener. This is a helpful aid that we take advantage of.

Often, when we hear someone speaking in another room or they have their backs to us, we can easily figure out who's talking by recognizing their particular pitch and sound. This is also true when someone answers the phone. We are able to identify with such clarity based on a familiar sound that



the Gemara says that familiarity of voice can be used l'halachah as positive identification even for Inyanim Chamurim.

Hashem created men with a lower pitched voice and women with a higher pitched voice. Young children have a very high pitched voice. Each of these groups – men, women and children, are inherently different from each other in many ways.

One of the distinct differences that Hashem set up which clearly separates the groups and gives

Answers for the Parsha Game page 17
Spy: Pharaoh sent spies to see if Klal Yisrael is going to come back.
Pot on fire: Hashem told the Yidden to cook everything their going to eat on Shabbos, before Shabbos.

each one their own identity is the unique sound and pitch that they speak with. The physical way that Hashem set up these differences in our body is that men have larger and thicker vocal cords as opposed to women whose vocal cords are shorter and thinner. Vocal cords of children are much shorter than women, which gives them their unique high pitch.

Hashem gave each group what they need to fulfill their role. Men are the leaders and a deep voice is more powerful and strong. Women take care of the children – their voices are softer and less harsh. Children's voices are cute and high pitched and it also helps them let everyone know when they need something and can't help themselves – so the adults can come to their aid. Hashem world is perfectly designed!

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Bats – An amazing creature of Hashem Part One

This week we will be discussing the Bat. Now, although the simplest of Hashem's creatures that are alive, even the tiniest single celled bacteria, are IMMENSELY COMPLEX, nevertheless, there are creatures that Hashem has made that are outstanding, and are quite unusual from what we would consider the norm. They catch our attention and are fun to study and see the unusual Yad Hashem in them. Bats are surely one of those creatures.

As we will learn in this article, many bats get around with using a sonar mechanism (similar to radar)! Yes, you read that right. SONAR! (What's the difference between sonar and radar? I am glad you asked. SONAR stands for Sound Navigation and Ranging, and RADAR stands for Radio Detection and Ranging. The bats produce sounds that act as sonar and with their sonar they can find things in the pitch-black. We will get to this MIRACLE in part two.)

For those who may not know the basic details about bats, let's discuss it. But first, let's get it straight. Bats are NOT mice that fly. They are structured much differently than mice. There are two main types of bats. One is the Megachiroptera or megabats (typically larger bats that eat fruit, and nectar from flowers) and Microchiroptera or microbats (typically

smaller bats, that mainly eat insects). So, while some eat other types of food as well, our article will be focusing only on the insect eating bats). If you are interested to know, Chiroptera in Greek means hand-wing of which bats are famous for. The wings of bats are completely different than the wings of birds. Birds have very complicated feathers, but bats wings are relatively simpler. They consist of 2 layers of skin and sandwiched between those two



layers are what looks like very long fingers. However, they aren't "fingers" rather they are structures that look like fingers, but they are there to give the wings their sturdy, and at the same time very flexible shape. The wing membrane is made up of an external epidermis (skin layer) and an internal layer of dermis, which con-

tains blood vessels (easily seen in a live bat when the wing is stretched in front of a light), and the "fingers" and muscles. These muscles control the curvature of the wing in flight. The membrane is both tough and flexible. If torn, it heals remarkably fast. If you look at a bat picture you will see that all bats have a thumb, a shorter "finger" which is closest to the actual bats body. It usually has a substantial claw coming out of it at the center of the top of the wing, which is used for climbing, food handling, and fighting.

Although much less complicated than bird wings, bats can still fly superbly well. The reason you may see bats flying in a very sporadic, irregular way is because you don't realize that they are busy chasing insects, and many insects (such as moths and mosquitoes), fly in such irregular patters, so, to catch them, the bat must do the same!

Secondly, let's get this straight. Contrary to popular opinion, bats are NOT blind. Megabats can see extremely well, even at night, but their food

aren't insects, its fruit, which is much easier to see. Although microbats can see, but hey can't see as well as megabats, and Hashem made their food source to be insects, which they can't see in the pitch-dark, hence He made them with this amazing sonar mechanism that can track down flying insects, even in the pitch-black night. No eyes of any animal or bird can see in total darkness. Bats live





in caves in total darkness, and they fly at night in places of total darkness, over fields, with crops growing there, that are many miles long, so without sonar they could get around in their caves nor could they ever catch those insects to eat them. Bats provide live, free insect control over the crops in their area. Hashem uses his creatures, by giving them specific appetites, so that there's population control over the local insect and animal population. How creatures interact, and the study of keeping nature in balance is a branch of science called Ecology.

This is actually a VERY important point

to know. We find that Hashem has put into his creatures, specific instincts to want to eat very specific foods, and amazingly, other foods that are available right under their nose, they won't touch. It's not up to them, it's up to the appetite that Hashem put into them. For example, I always see squirrels that are near pigeons, which should make a really delicious meal for them, and they NEVER attempt to catch them, even though pigeons are quite easy to catch. There are millions of such examples in nature. Hashem has a grand plan that keeps a tight balance in nature so that no specific type

of animal, insect or fish starts to proliferate, to become too numerous, and then the balance of nature gets upset/ruined. Bats are part of Hashem's ways to keep the insect population under control, and that's why their appetite is strictly for flying insects. A typical bat will eat up to HALF ITS WEIGHT in insects EVERY NIGHT. That's a LOT of insects!

In the next article we will IY"H discuss extensively the miraculous SONAR system that Hashem put into bats!

The author can be reached at emunahexplained@gmail.com

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THE MIRACLES INSIDE YOUR SLICE OF BREAD

By: Mordechai Solomon

Recap: The many miracles that's in your slice of bread.

1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.
2. The seed stays fresh and does not rot so you can gather them and plant a whole crop's worth.
3. Soil is only found on earth.
4. Soil is the perfect environment for the seed to grow.
5. The soil is a natural habitat for ants to live in and also for the inchworm.
6. The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
7. The inchworm bores bigger holes in the ground which is also a form of tilling the ground.
8. Vegetation grows in the ground.
9. The soil also produces all different types of vegetation.
10. This so happens to be the perfect food for the inchworm.
11. After it eats, the food goes through an amazingly complicated digestive system.
12. The inchworm's body produces waste.
13. The waste is very good fertilizer for the soil to help the growth of the wheat.
14. When the worm dies, it decomposes and is good fertilizer for the

plants.
Different germs and bacteria grow in the soil to improve the soil for the growth of the plants.
The seed reacts with the water to start to decompose.
This enables that the water should continue to make the seed rot.
Water is made of two gases.
The soil is a cool atmosphere.
Soil is porous allowing it to absorb water which is a necessity for the seed.
This causes the seed to decompose when you put the seed in the earth.
No matter how the seed is placed in the soil, the root goes down.
The stem goes up no matter how it is placed.
The plant survives on rainwater.
The ocean is full of salt water which cleanses the water from impurities.
The sun shines on the water.
The sun is millions of miles away and yet it has an effect on earth.
If the sun would be too close it would burn the earth
If the sun would be too far, the world would freeze
The sun is a ball of gases.
The sun constantly gives off heat by chemical reactions.
The molecular structure of water is so that when it gets hot, it starts to change.
The water turns into water



34. Water vapor is lighter than air, so it rises.
35. The sun sets in order to let the earth have a rest and certain sectors work at night.
36. The earth spins in a cycle which causes the sun to set.
37. It is in constant motion never stopping.
38. Everything in the world is stationary and the movement not felt.
39. The moon an orb in the sky.
40. It has a certain cycle.
41. It reflects the sunlight.
42. It has an effect on the moisture of earth which is necessary for growth.
43. The earth spins in an angle so that sometimes it is closer to the sun and sometimes it is further.
44. The sun has a force on the earth.
45. This causes all different seasons and climates.
46. During the cold season the earth stops producing as much giving a rest to the earth enabling it to give off a better crop.
47. There are many dust particles in the air.
48. When the water rises, it leaves over all the salt and dirt from the ocean.
49. The water combines with the dust particles.
50. It starts to accumulate into a cloud.
51. Cold air sinks.
52. Hot air rises.

53. The difference causes air current.
54. The wind blows inland.
55. The Clouds move inland.
56. The cloud gets heavy with water.
57. The cloud releases the water.
58. Gravity brings down the water to the earth.
59. There is a negative cloud.
60. There is a positive cloud.
61. When they rub together they make lightning.
62. Lightning travels to the ground.
63. The lightning has tremendous heat.
64. The air has in it a gas called nitrogen.
65. The lightning makes a chemical reaction with the nitrogen making nitrites.
66. The nitrites are a very good fertilizer to help the growth of the plants.
67. The stem starts to push itself out of the soil.
68. The sunlight has energy.
69. The plants know how to absorb the energy.
70. The plant turns green called photosynthesis.
71. As the plant grows the roots also grow in order that the plant shouldn't fall down.
72. The roots absorb the water.
73. The roots send water to the whole plant.
74. The roots send water to the whole plant.

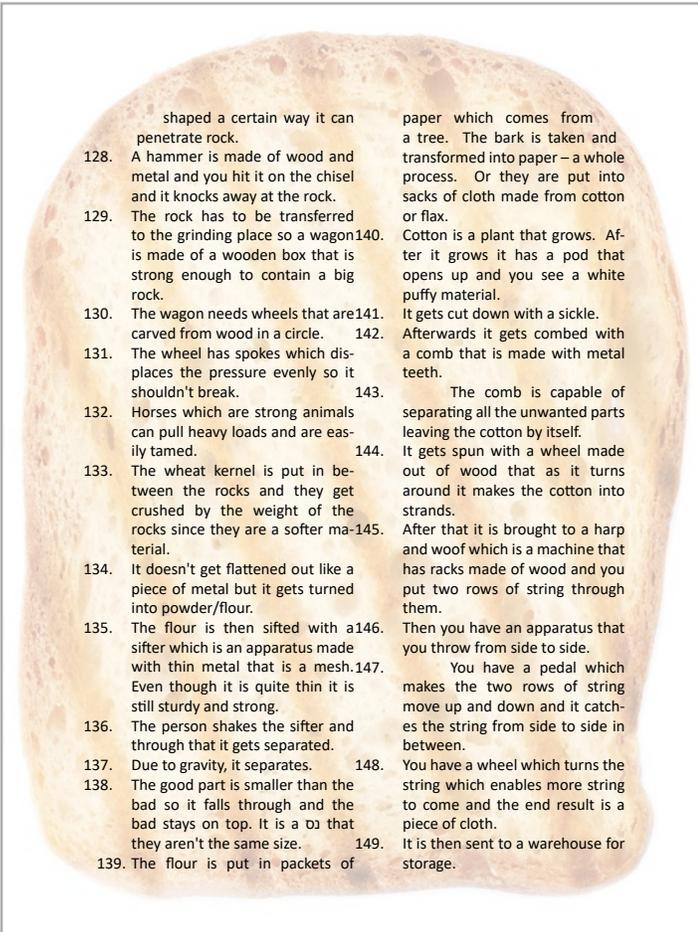
75. The leaves send energy to the whole plant.
76. Carbon dioxide is made up of two different elements.
77. The leaves absorb the CO2.
78. The leaves give off oxygen as by-product. When all the CO2 in the vicinity of the plant gets used, how does it get more? The wind blows new air with CO2.
79. There is a constant production of CO2 because animals breathe out CO2.
80. When they breathe in oxygen, the by-product is CO2.
81. The rains come only certain times during the year.
82. These times are beneficial and are the exact time the plants need water.
83. The amount is not too much to drench them.
84. It doesn't come too forcefully.
85. It doesn't come too little for the plants.
86. Sometimes it comes like small needles to penetrate the ground.
87. It doesn't keep on pouring which would also drown the plants.
88. The plant stem starts to rise straight up and it is elevated from the ground enabling it to be cut easier.
89. They grow in a straight line so they don't get tangled.
90. Very bendable to they don't break in the wind. The leaves absorb the nutrients and bring it down to the roots.

Each one miraculously knows how much to give to each part of the plant.
After the stem reaches a certain height it starts to produce the grain.
The grain is on the top where it can get the most sunlight and not be affected by the shade of the stem.
They grow in the spring when the sunlight starts increasing because it is necessary to have a lot of sun.
The field is full of green stalks of wheat when they become ripe they give a sign changing from green to white what a miracle that the plant knows that a person sees different colors.
Now comes the time to harvest and you need a sickle to cut the wheat. A sickle is made of metal, which is found in the earth mixed with impurities.
When the metal is heated with extreme heat then the impurities go out because they burn out and the metal is left over.
This is a miracle that the metal doesn't burn out and the other stuff does.
You can mold metal any shape you want.
The metal dries and becomes hard.
The stalks are very soft, not hard, so without great difficulty it can be cut, not like a tree that



101. Metal becomes very sharp to cut it.
102. It's also very strong so it doesn't break.
103. The sheaths of wheat are very light in order that you can bundle it and transport it.
104. Flax is a plant that grows from the ground.
105. Their stalks can be used as string.
106. String enables one to tie the sheaths and transports them easily.
107. The sun dries them out and can stay as kernels a long time without spoiling.
108. The kernel is made up of (at least) two parts, the grain and the shell.
109. Hashem made the kernel that it can be easily removed by rubbing it vigorously. The way it was done it was put on the floor and you put a piece of wood on top of it.
110. Wood comes from a tree that grows very tall and has a big trunk that is quite strong unlike the stalk of the wheat.
111. The wood can be carved in different shapes without breaking and it is made into ridges to press on the wheat kernels.
112. The man stands on the wood and hold onto straps which hold onto an animal that goes around in circles etc.

needs a lot of time to cut. (A miracle that these things need to be used on a constant basis are easy to cut or pluck).
Leather comes from the hide of an animal.
Leather is formed by a process called tanning and it is very durable and lasts a long time.
Salt is used for tanning.
Salt is made of two gases.
Eventually it dries and becomes ready for use.
It's a big miracle that the animal is domestic and listens to orders and is not wild and doesn't have big demands and is happy to go around in circles.
The person is heavy enough to put pressure on the kernels to separate the kernel from the chaff but not to crush it so that you can retrieve it.
Hashem made that the chaff is lighter than the kernel so when it is thrown in the air it gets separated easily.
Also, the good stays in one place and the bad part gets blown away.
The grain is thrown in the air with the strength of one person.
It is thrown up with a pitchfork which is a tool made of metal and wood.
Thank Hashem for gravity or they would never land or the wind is not so strong to blow it away.
Afterwards, it is taken to a grinder which consists of two rocks that come from mountainous parts of the earth that aren't soft like dirt.
To carve out a rock you need a chisel which is metal and when it is



shaped a certain way it can penetrate rock.

128. A hammer is made of wood and metal and you hit it on the chisel and it knocks away at the rock.

129. The rock has to be transferred to the grinding place so a wagon140. is made of a wooden box that is strong enough to contain a big rock.

130. The wagon needs wheels that are141. carved from wood in a circle. 142.

131. The wheel has spokes which dis- places the pressure evenly so it shouldn't break. 143.

132. Horses which are strong animals can pull heavy loads and are easi- ly tamed. 144.

133. The wheat kernel is put in be- tween the rocks and they get crushed by the weight of the rocks since they are a softer ma-145. terial.

134. It doesn't get flattened out like a piece of metal but it gets turned into powder/flour.

135. The flour is then sifted with a146. sifter which is an apparatus made with thin metal that is a mesh.147. Even though it is quite thin it is still sturdy and strong.

136. The person shakes the sifter and through that it gets separated.

137. Due to gravity, it separates. 148.

138. The good part is smaller than the bad so it falls through and the bad stays on top. It is a **ו** that they aren't the same size. 149.

139. The flour is put in packets of paper which comes from a tree. The bark is taken and transformed into paper – a whole process. Or they are put into sacks of cloth made from cotton or flax.

Cotton is a plant that grows. Af- ter it grows it has a pod that opens up and you see a white puffy material.

It gets cut down with a sickle.

Afterwards it gets combed with a comb that is made with metal teeth.

The comb is capable of separating all the unwanted parts leaving the cotton by itself.

It gets spun with a wheel made out of wood that as it turns around it makes the cotton into strands.

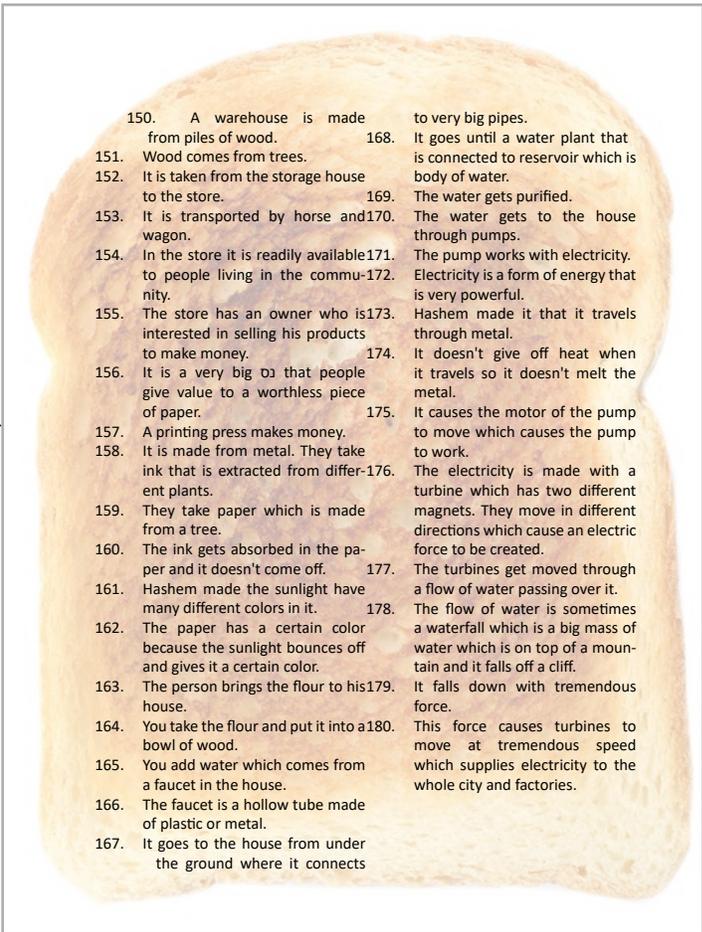
After that it is brought to a harp and woof which is a machine that has racks made of wood and you put two rows of string through them.

Then you have an apparatus that you throw from side to side.

You have a pedal which makes the two rows of string move up and down and it catches the string from side to side in between.

You have a wheel which turns the string which enables more string to come and the end result is a piece of cloth.

It is then sent to a warehouse for storage.



150. A warehouse is made from piles of wood. 168.

151. Wood comes from trees. It goes until a water plant that is connected to reservoir which is body of water.

152. It is taken from the storage house to the store. 169.

153. It is transported by horse and170. wagon. The water gets to the house through pumps.

154. In the store it is readily available171. to people living in the commu-172. nity. The pump works with electricity. Electricity is a form of energy that is very powerful.

155. The store has an owner who is173. interested in selling his products Hashem made it that it travels through metal.

156. It is a very big **ו** that people 174. give value to a worthless piece of paper. It doesn't give off heat when it travels so it doesn't melt the metal.

157. A printing press makes money. 175. It causes the motor of the pump to move which causes the pump to work.

158. It is made from metal. They take 176. ink that is extracted from differ-176. ent plants. The electricity is made with a turbine which has two different directions which cause an electric force to be created.

159. They take paper which is made from a tree. The turbines get moved through a flow of water passing over it.

160. The ink gets absorbed in the pa- 177. per and it doesn't come off. The flow of water is sometimes a waterfall which is a big mass of water which is on top of a moun- tain and it falls off a cliff.

161. Hashem made the sunlight have 178. many different colors in it. It falls down with tremendous force.

162. The paper has a certain color because the sunlight bounces off and gives it a certain color. This force causes turbines to move at tremendous speed which supplies electricity to the whole city and factories.

163. The person brings the flour to his179. house.

164. You take the flour and put it into a180. bowl of wood.

165. You add water which comes from a faucet in the house.

166. The faucet is a hollow tube made of plastic or metal.

167. It goes to the house from under the ground where it connects

הן את העולם כולו במצב!!!



181

There are electric wires connect- ed to the electric company to all places enabling them to use the electricity.



182

The wires are covered with rubber in order to travel in one direction.



183

Rubber is made from sap of a tree.



184

When you put the water on the flour it has to kneaded so a person has two hands.



185

The hand has 10 fingers to help knead.



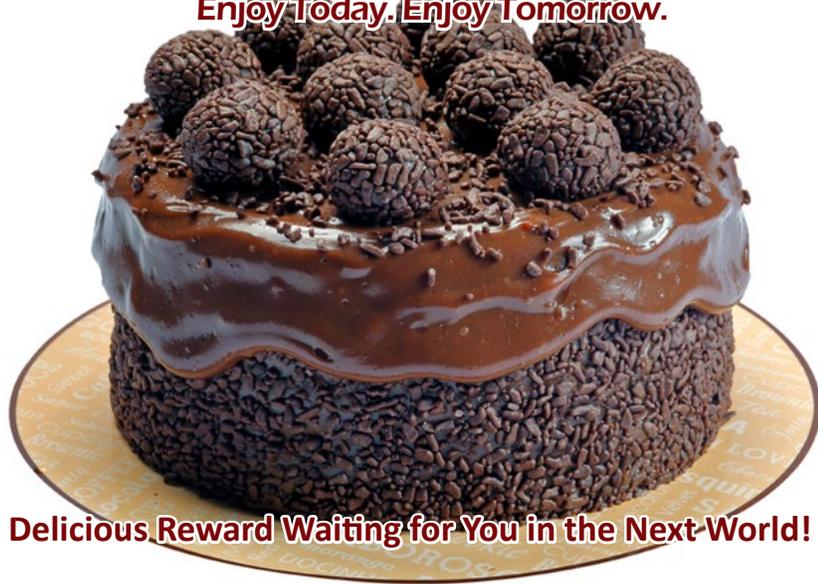
186

Each finger has joints enabling to knead.

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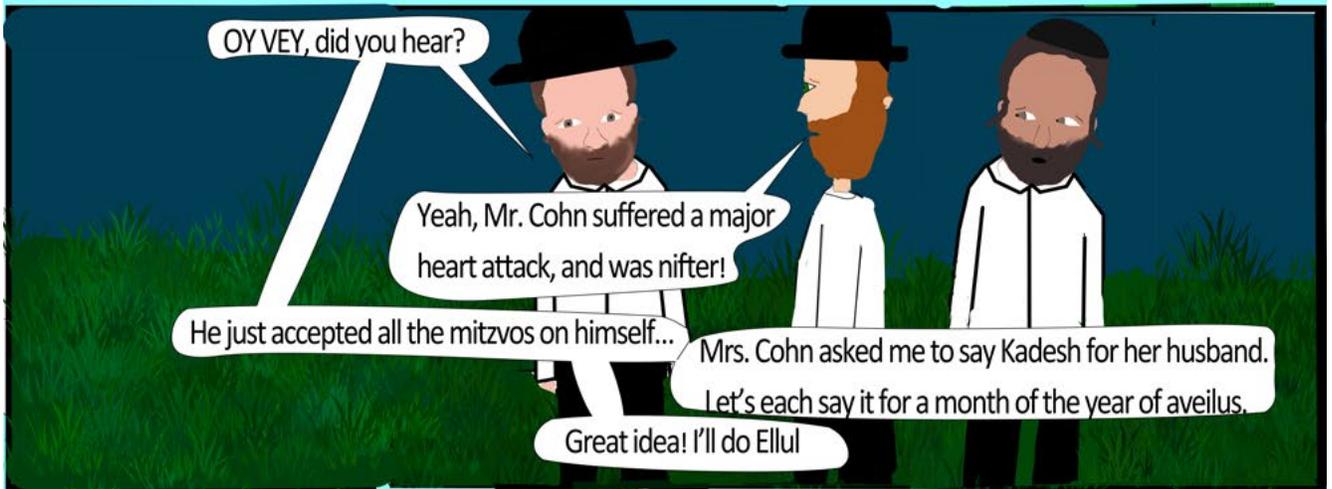
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This transpired more than once. They asked how it was possible for Mr. Cohn to come down whenever a Kadesh was forgotten. The response was incredible, Shabbos is powerful to the extent that even one Melava Malka enabled him to go down!

These few young kids made a huge kiddush Hashem
 Made a couple frum without really talking to them
 Watching yiddeshe kinder, made them start returning
 To the lifestyle in which their Neshamos were yearning

Also, we see that even one Shabbos is great
 An entire week, this special day we await
 This spark doesn't depart from us right away
 But stays all motzei Shabbos till the next day

By: E. Jungreis

ארץ תמדה טובה ורחבה!

Hashem's Wonderful Land



Rosh Hanikra



Desert

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BEAUTIFUL QUOTES

"All the world - every detail in it - is to be utilized as a mashal... Watch an anthill for a few minutes and say, "These ants are preparing for Olam Haba.."



**Rav Avigdor Miller Speaks
Vol 1, Page 145**

"Hashem created man for the purpose of enjoying this world..."

Ibid. Page 151

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"Hakadosh Baruch Hu want you to unload your burden and peckel to Him. He wants you to share all your emotions and feelings."



**Rabbi Zevy Golombeck - A
Life with Bitachon**

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Rabbi Zevy Golombeck

illuminating Words of Chazal

"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."
Rav Yehuda Mandel

Baruch Hu is everywhere in the world, and all of Klal Yisrael, no matter where they live, all have the same chiyuv to believe in Hashem wherever they are. So what does it mean, that in Eretz Yisrael it's as if you have Hashem, and in chutz la'aretz it's as if you don't have Hashem?

The answer is that Eretz Yisrael is where Hakadosh Baruch Hu reveals His open hanhaga. It's more of hanhaga nissis (miraculous). Hakadosh Baruch Hu shows more open bracha in Eretz Yisrael, more siyatta diShmaya in Eretz Yisrael; Hashem shows Himself in the open.

In chutz la'aretz, Hashem doesn't show Himself in the open, we don't see Hashem. In chutz la'aretz there's more hester panim. In Eretz Yisrael there's less hester panim. That's the fact. The fact is that Hakadosh Baruch Hu shows Himself more in Eretz Yisrael than in chutz la'aretz.

That being the fact and that being the case, the gemara is trying to tell us two things. The first is that if you have a choice where to live, you should want to have a relationship with Hakadosh Baruch Hu. You should want to connect with Hakadosh Baruch Hu. So anyone who wants to have a relationship and a connection with Hashem, should always want it to be in a place that's the easiest for him to see Hashem, to relate to Hashem. And that's in Eretz Yisrael. Living in Eretz Yisrael is a mini version of what Mashiach is going to be, when we're going to see open hisgalus haShechina – open, open, open – which is why we're so excited for Mashiach, because then our relationship with Hashem will be so much easier to attain. It will be more accessible and everything will be so much easier for us.

Chazal want every Yid's goal and ratzon to want to be in Eretz Yisrael where you see Hashem more in the open and you'll have an easier relationship with Hashem. It's as if you're coming to visit someone, and you have two options: either communicating through a wall, or communicating eye-to-eye. In Eretz Yisrael, it's more eye-to-eye; in chutz la'aretz, it's like a wall, a blockage. So every Yid should want to have the eye-to-eye relationship. That's the first thing that Chazal are coming to tell us. The importance of wanting to be in Eretz Yisrael and, if we're in a situation where we have the option to live in Eretz Yisrael or in chutz la'aretz, of course Eretz Yisrael should be our l'chatchila.

So, when it says "k'elu ein lo Elokah," it's not talking about how much emunah a yid in chutz la'aretz has, it's not talking about the status of the yid in chutz la'aretz. A person could be a maamin in Eretz Yisrael or in chutz la'aretz. A person could c'v not be a maamin in either Eretz Yisrael or chutz la'aretz. It's not talking about the status of the person; it's talking about the hanhaga of how Hashem acts. Hashem acts in a way that is more recognizable in Eretz Yisrael. In chutz la'aretz, it's less recognizable that we're serving Hashem. It's all about how Hashem shows Himself. The yid himself could have the same level of emunah in Eretz Yisrael or in chutz la'aretz. Therefore, of course, wherever we are, we're all maaminim bane maaminim, we're all going to Gan Eden, and we're all going straight to Olam Habah. It's not talking about the status of Klal Yisrael, it's talking about how Hashem relates to Klal Yisrael, what our relationship looks like. Chazal want us to know that it looks like that in order to motivate us to want to move to Eretz Yisrael. That's the first point.

The second point is that for those of us who live in chutz la'aretz, we have to understand and realize that if Hakadosh Baruch Hu brought us to galus, and we live in chutz la'aretz, then obviously for the Yidden living in chutz la'aretz, this is l'chatchila – where they should be living. If a person lives in Eretz Yisrael, that's his l'chatchila. But for those who live in chutz la'aretz, based on their circumstances, that's their l'chatchila.

So how are we supposed to learn this gemara and come out with a positive feeling from this Chazal that we don't see an open connection to Hashem? The majority in Klal Yisrael is in galus right now, and we have a wall blocking between us and Hashem, and still we're serving Hashem! When a person has a choice to go to Eretz Yisrael, good, beautiful, go to Eretz Yisrael. But for those of us who have no choice, then we should realize that it's l'chatchila. We should feel good that despite the fact that we have to live in chutz la'aretz and have a wall blocking between us and Hashem, and we don't see Hashem, but still and all we serve Hashem, that shows our devotion, that shows our dedication, that shows our love to the highest level. R' Yerucham zt"l said that today's generation is even bigger than Amoraim and Tannaim. It was easy for Amoraim

Q: The Gemara Kesuvos 110b says that someone who lives in chutz la'aretz is as if he has no G-d. And it's as if he is serving avoda zara. A little later, Kesuvos 111a, it mentions someone who lived in chutz la'aretz and died without children, and R' Chanina said he died because he was living in chutz la'aretz.

1) I try hard to work on my Emunah and Bitachon, but now I am reading that no matter what, I'm considered like I have no G-d and I'm an oived avoda zara...

2) We hear on 'A Life with Bitachon' that everything is perfect; even galus is lechatchila. How can that be, if all people in galus are considered oivdei avoda zara?

3) Regarding the gemara in Kesuvos 111a, which says someone was niftar without children because he lived in chutz la'aretz, how is this a positive message?

A: Regarding the first two questions, the Maharsha explains that Hakadosh



Rabbi Zevy Golombeck

illuminating Words of Chazal

"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."
Rav Yehuda Mandel

and Tannaim to have a relationship with Hakadosh Baruch Hu, because they saw Hashem's presence so clearly! We don't have that relationship, and still, we're serving Hashem!

So therefore, this that we live in galus, is l'chatchila. Because we're in a situation that Hashem acts as if we don't have Hashem - it's just a show, it's how Hashem acts – but Klal Yisrael responds by seeking Hashem out. And that gives Hashem nachas ruach to the extent that we're bigger than Amoraim and Tannaim.

And on top of that, that's why Hashem kept us in galus 2,000 years, much longer than the amount of time that Klal Yisrael had the Beis Hamikdash. Galus is where Hashem gets His ikar hanaah and this is where Hakadosh Baruch Hu gets His ikar nachas. Klal Yisrael have been in galus for 2,000 years, with a barrier between us and Hashem; we're going from country to country; there's so much hester panim; and still Klal Yisrael is thriving and shteiging! Wherever you go, there are batei midrashim, there are shuls, shiurim, there's learning, there are sefarim. Every house has a library full of

sefarim in their house! In chutz l'aretz, Torah is booming! That means that Klal Yisrael is pushed into a situation where they don't see Hashem and still they serve Hashem – now, Hashem says, that's what gives Me nachas ruach, that's what gives Me pleasure. And that's what makes us bigger than Amoraim and Tannaim.

So it comes out that for those of us who live in chutz l'aretz, we're supposed to be so excited that we live in chutz l'aretz, because that shows our devotion, dedication, and love. Even though it looks like we don't see Hashem, still we're serving Him. That means our level of our dveikus in Hashem and our devotion reached the highest level of nachas to give Hakadosh Baruch Hu, the Ribono Shel Olam. That's how we're supposed to realize that this Chazal is a very positive Chazal for Klal Yisrael in chutz l'aretz, and we should walk away feeling very good, realizing how much nachas ruach we're giving Hashem. That even though it looks like we have no Hashem, we're still serving Hashem!

Regarding the point that it's k'ilu it's oved avoda zara, that's because since you don't see Hashem, it looks like we're serving whatever the non-Jews are serving, so it looks as though we're serving avoda zara. Not that we actually are, it just looks like it. So what's the point of Chazal telling us it looks like it? There's two points. One point is that if you're able to move to Eretz Yisrael, it would be a chillul Hashem to live in chutz l'aretz. How are you allowed to live in chutz l'aretz if it looks like you're not serving Hashem? That's a chillul Hashem. Hashem wants us to feel that we want to serve Hashem in the open, not b'ofen chillul but b'ofen gilui shechina. The second reason is that for those of us who live in chutz l'aretz because that's the right place for us to be now, even though it looks to us as though we're not serving Hashem, because we're in galus, we're serving Hashem in a place where we don't feel the connection and we don't see the connection, but we're still doing it anyway because we know it's the right thing – that itself brings tremendous nachas ruach to Hashem and makes us greater than Amoraim and Ta'anaim.

Regarding the gemara in Kesubos 111a, which says someone was niftar without children because he lived in Chutz L'Aretz, how is this a positive message? The gemara says, "Baruch Hamakom." Baruch means you're giving a bracha to Hashem. Bracha means that we see a blessing. Where do we see a blessing when someone dies?

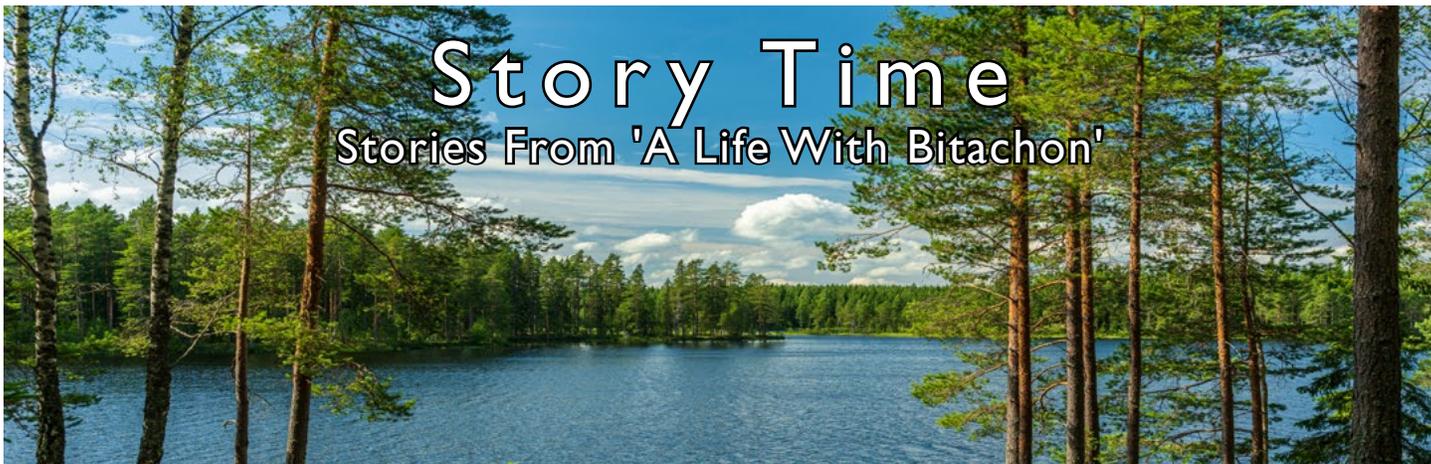
The Maharsha explains the gemara to mean that the bracha is that he didn't have any children, because if he would have had children, it would have put them in a makom nisayon that they were living in chutz l'aretz, and it would have been a chillul Hashem that they were in chutz l'aretz when they should have been in Eretz Yisrael. As we said previously, if a person is able to live in Eretz Yisrael, he's supposed to go to Eretz Yisrael. The bracha is that he didn't have kids in chutz l'aretz because it wouldn't have been good for the kids in chutz l'aretz. Hashem didn't want them to be in a situation that's not good. That's the baruch, that's the bracha. Sometimes Hashem doesn't want a person to have children because He knows that it's not going to be good for the children, it's better if the children don't come into this world. So Hashem was doing a favor for these neshamos. Since it wouldn't be good for this man's potential children to live in chutz l'aretz, so Hashem made it that he didn't have children.

Every situation can be looked at as a bracha, as chessed and rachamim. Everything that Hashem does is kulo love from start to finish and everything in between. Hashem knows what would bring out the worst in a person and what will bring out the best in them. This man's children would have been born into a situation where they would be living in chutz l'aretz but it would NOT have been good for them to live in chutz l'aretz. Because Hashem knew it wouldn't be good for his kids, so he didn't give him kids. On the other hand, Hashem put us in galus because he knew that would bring out the best in us. For those of us who live in chutz l'aretz, if we know that if we would go to ask our Rav, "Should we move to Eretz Yisrael?" our Rav would say, "No, it doesn't make sense for you to pick up your family and move to Eretz Yisrael," that means that for us, it's not good to live in Eretz Yisrael right now. Therefore, obviously, Hashem wants us to live in chutz l'aretz, and that will bring out the best in us.

The bottom line is, for Yidden living in Eretz Yisrael, they should use this chazal to appreciate that they live in a place with a closer, more revealed relationship with Hashem. For Yidden living in chutz l'aretz, this chazal is a way to appreciate our greatness, that we have been in galus for 2,000 years, and we live in a place where it looks like we don't have Hashem, yet we persevere because we know it's the right thing. That shows our devotion, dedication and love, and that makes us bigger and better than all the previous generations, and that's why Hashem loves galus and we've been in galus for 2,000 years, and that's why galus at this moment is l'chatchila!

Story Time

Stories From 'A Life With Bitachon'



1708 - R' Hauer, a chashuve yungerman, said that in the Bais Medresh where he was learning, even though the summer was long gone, they still kept on the air conditioner, and it was blowing right on top of him. It made him feel so cold and chilly! It interfered with his learning. He wasn't able to have menuchas hanefesh. He was trying to figure out what in the world he should do.

Then he said, "I know what to do! I need to realize that Who is the one making me chilly

and cold? You think it's the air conditioner blowing on me? It's my loving, caring, father, Hakadosh Baruch Hu, the Ribono Shel Olam! The same Hashem that made me feel chilly up until now, can make it that it won't bother me!"



He came the next day to seder, and he felt so comfortable; he didn't even feel the cold air blowing on him! He never had such a geshmak seder since the beginning of the zman! Baruch Hashem, he was able to learn better than ever!



1709 - R' Eli Gruenbaum, a chashuve yungerman, learns in Yeshiva Hakedosha Bais Medrash Gavoha. He said that one morning he was running late due to an ones. It was already 10:15 as he got to Yeshiva. He still hadn't eaten breakfast, and he really wanted to eat some eggs, but he knew that the way it works in Yeshiva is that they have a special janitor who is in charge of making sure that at 10am, the whole dining room is cleaned. The first thing he puts back into the kitchen are the eggs. If you come after 10, sorry! No eggs for you!

He thought to himself, "If every day without fail there is a special janitor who cleans up the eggs at 10:00, so how in the world am I going to have delicious eggs for breakfast at 10:15?" Then he said, "I'm going to go with Bitachon! Hashem is the Kol Yachol. He's in charge of giving me breakfast."



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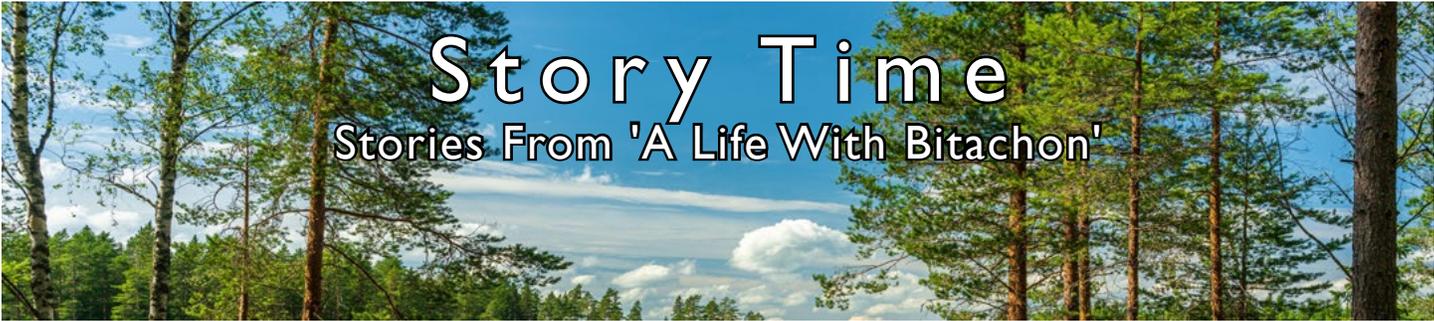
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Mr. Bizyonos



Story Time

Stories From 'A Life With Bitachon'

He walked in at 10:15, and right when he came in, all of a sudden, the janitor that usually starts cleaning up at 10 by bringing back the eggs into the kitchen, brought him a whole tray full of fresh hot eggs and asked him, "Would you like this?" Eli took it happily, with no idea at all what was going on! Afterwards, he heard that that day, in the middle of breakfast, they were changing the light bulbs. So because they made a lot of people move during breakfast, they ended up serving breakfast until a little bit later! At 10:15 was when they served the last tray of eggs! Right when he walked in, at 10:15, he got the most delicious, yummy, scrumptious breakfast!



1710 - Nissan Shwekey, a chashuve yungerman, would drive home every morning after Shacharis, and he noticed a pattern. He was always behind a school bus which made many stops, picking up many kinderlach. The bus would make over four stops between the shul and his house. It would make him wait an extra few minutes. One morning, he was in a rush.

He said, "I don't have an extra few minutes to wait. "What should I do? The bus is right in front of me."



Then he said, "One second. Whose in charge? Just because the bus is in front of me, that's why it's going to take me an extra few minutes? It's not the bus driver, it's Hakadosh Baruch Hu!" Just then, for the first time ever, the bus stopped, and the bus driver motioned to Nissan Shwekey to go in front of him! Just like that, he was able to go home exactly when he needed to, with the best service!



1711 - Rabbi Horowitz from Eretz Yisrael said over that he needed to go to the Misrad Hapnim to renew a visa for one of his children. He asked them beforehand what paperwork he needed to bring. They gave him a whole list and told him that he should make sure not to leave out one document. Otherwise, he wouldn't be able to renew his child's visa. He got together all the paperwork he needed, including a picture ID for the child.

When he came to the Misrad Hapnim, and it was almost his turn, he started getting all his papers ready. He realized that the picture ID he had taken was not for the child who needed a visa! It was for one of his other children! He thought, "Uh-oh! What do I do now? They said explicitly that I need a picture ID! I need very single last document!"

Then he stopped in his tracks and said, "Who's in charge if I should get a new visa? Is it them? Or is it Hashem? Hakadosh Baruch Hu, the Ribono Shel Olam,



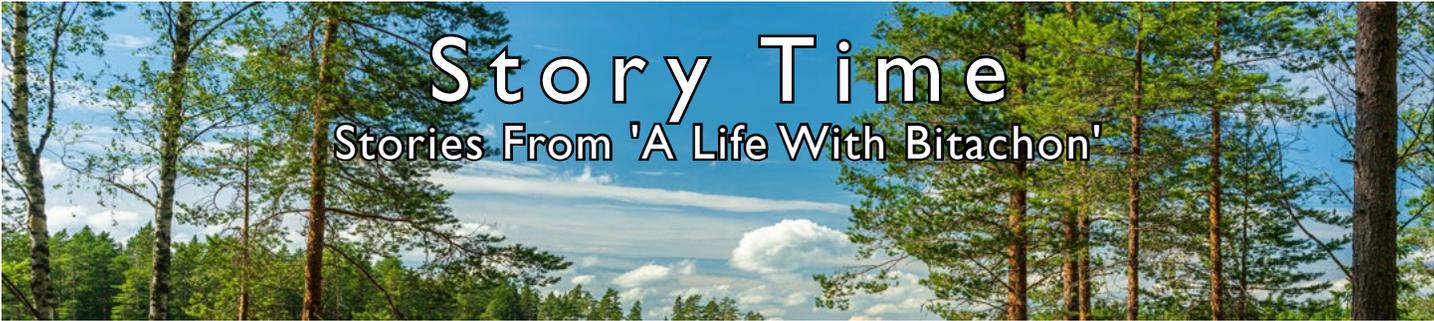
my loving, caring father! It's Hashem! Do you think to Hakadosh Baruch Hu it makes a difference if I have this picture ID or a different child's ID? For Hashem, it's all the same." With that, he went and said, "Here are all my papers!" They said to him, "Wow! You did such a good job! Perfect!"

In no time, they gave him the visa for the child that he wanted, even though he didn't have the correct picture ID, with the best service!



1712 - Mrs. Klein from Montreal said that her seven year old





Story Time

Stories From 'A Life With Bitachon'

yingele, Yeshaya, came over to her and asked her if she can please buy him a certain book that he really liked. His mother said “Sheifeleh, Yeshayala, I already bought you so many books in the past. Right now, it’s not a good time for me to buy you a book. But you should just know that Hakadosh Baruch Hu, the Ribono Shel Olam, could buy you a book right away! Therefore, even though it isn’t a good time for ME to do it, Hashem is Hakol Yachol! He can do everything and anything. So go straight to Hashem!”

Right then, Yeshaya got up and made a grand announcement: “Thank you, Hashem, in advance for sending me exactly the book that I really want.” Just like that, he said, “I’m leaving it up to Hashem and I’m thanking Him already that He already gave it to me.”

The next Motzei Shabbos, he came home from Avos U’banim and he said, “Mommy! Look what I have in my hand! A gift card to the local sefarim store!” With that, he was able to get the exact book he wanted, with the best service!



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1. Flee, as far and as fast as you can, from a fight.
2. Maintain a safe distance from fights - a minimum of 1000 miles.
3. Drown yourself in all the good Hashem gives you and be as uninterested as possible in anything else.
4. Someone said something hurtful? DON'T be hurtful back. It's extremely flammable!
5. Laugh it off (inside).

REMEMBER:
Practicing Safety
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The Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. Baruch Hashem, I am blessed to have one baby after another. However, I care for them non-stop and I don't have a second to breathe. At the end of each day, I'm literally moaning from exhaustion.

I'm scared that Hashem will say, "I'm giving you bracha and you're crying? I'll give you a reason to cry for real". I really want to just appreciate the brachah I have and just thank Hashem, but often it's simply overwhelming. Additionally, since I become so drained, I end up lashing out at my children. I wish to be a loving and sweet mother, but since I'm so depleted, I don't have the emotional energy to be patient. I'm concerned that my lashing out will affect the children negatively.

A. When Chazal teach us that Klal Yisroel were punished for crying for nothing, that's because they weren't working on the middah of hakaras hatov. On the contrary, they were looking to be טובה בפניי, denying the good. Therefore, Hashem said, if you're looking for things to complain about, your punishment will be that you will have a real reason to be unhappy.

In your case, you're not trying to complain. You are simply washed out after a long tiring day. All Hashem wants from you is to do one exercise a day in trying to feel Hashem's chessed. Make it a point to say once a day,

"Thank you, Hashem, for giving me such delicious children". If afterward you feel aggravated, it's not a problem. It's one-hundred percent normal to feel that way.

The same applies regarding your concern that your children are going to be affected by your lashing out.

Your job is not to worry over how your children will turn out. How your children will be affected is Hakadosh Baruch Hu's department.

Your job is to ask yourself, "What can I do to be a more patient mother?" Do an exercise in trying to be patient. For example, make sure that you eat on time; perhaps before you feed your children. When a person is hungry, he tends to be extra irritable. You can also treat yourself to some extra goodies for an extra boost.

Beyond that, turn to Hashem and say, "Hakadosh Baruch Hu, I know that You are in charge of emotions. Please help me be a sweet and loving mother to my children, and please make children turn out to be the most extraordinary and healthy children possible."

Q. When my son was in shidduchim, he was redt a girl from a very wealthy family which offered full support. I was blinded by the money and I pushed my son into the shid-

duch. Shortly after they married, I realized that this shidduch was a mistake. Had I not been blinded by the money factor, I would have recommended a much higher quality girl for my son. Now, I feel terrible that I pushed my son into poor shidduch just because of money. What is the emunah and bitachon perspective about this?

A. The reason you feel tzubrochen is because you feel that you were the one who made the shidduch happen, and if you wouldn't have pushed it, your son could have gotten a better shidduch.

However, we know that it's really Hashem who's running the world. Our bechirah is only in our mind, but whatever happens I'maaseh is from Hashem.

Therefore, it may be true that you could have exercised your bechirah more carefully, and consulted with da'as Torah how big a factor money is when it comes to shidduchim.

However, if Hashem allowed the shidduch to go through and the couple got married, that's because Hashem foreordained that she is your son's true bashert. She is the perfect one for him, and anybody else would be like poison for your son! Your current daughter-in-law is what your son needs for his tikkun haneshama, and there is no room for regret.

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Our Readers Share



Editor's Note: Some of these stories are from Iyur-Sivan!

Kiddush Hashem in Lakewood



They were salting the streets in Lakewood in anticipation of a snow-storm. They have a spreader at the back of a dump truck or pickup truck. I wanted to go out and thank the driver, but how would I possibly get to him before he had passed by?

I then noticed that he had stopped his truck. I thought 'let me try'. I went out, and he was getting out of his truck to check something with the spreader. I was able to thank him – with a smile and a wave, and he appreciated it!

S.R. - Lakewood, New Jersey

You Never Lose Out By Doing the Right Thing!



I'm a commercial banker and I had to go to a conference at my com-

pany's headquarters in West Virginia. I brought all my kosher food and I had a plan with all the things I was going to do to keep my schedule. I knew that there was networking starting at 7:00 and the program started at 8:30, so most people would probably get there at 7:00, 7:15 to network with the honchos of the company and the other bankers, but I decided that I was going to maintain my schedule of learning and davening and whatever happened would happen.

So, I got up in the morning in a hotel in West Virginia. From 5:50 to 6:50 I was on the phone with my chavrusa in Baltimore, and then I davened a nice Shacharis on my own. I had brought my own food along with me, cereal and Cholov Yisrael milk, and I didn't really feel like bringing my own milk out in my own bowls even though it would be better networking. I ended up finishing my breakfast and everything I had to do in my room at about eight-fifteen. I got out at eight-fifteen and the program was going to start at eight-thirty.

When I walked into the room, it was a huge hotel confer-

ence room and there didn't seem to be one seat in the area. There were probably 300-400 people seated, and every single row was filled with tables and chairs. I was sure there was enough room for people, but I would have to walk up towards the front to find a seat.

I started walking up to the front. The program hadn't started yet, so it wasn't embarrassing or anything, but you know with these things you want to sit in the back and be able to get out, take a break, whatever you need, but I realized that wasn't going to be possible, so I walked up to the front, and the third row was empty, so I sat there. Who came and sat down next to me in that row? The CEO of the company, the COO of the company, the director of human resources, and two other people!!!

It ended being a fantastic two days! We had discussion groups, and I got to know them. The goal was really to make connections within the company to help my career, and I was able to do that far better than I had expected by not compromising on my schedule and my standards, and to me that was a reinforcement of a life with bitachon.

-Alexander Whyte, Baltimore, MD

Attention Readers!

Didn't see the story you called or sent in? Don't worry, BE"H your story will be printed in the paper.

Please keep you stories coming!

You are inspiring the entire Jewish Nation!

Please note: The recording time on our machine (385-381-0977) has a limit of 3 minutes, so if your message is longer than 3 minutes just call back and finish your story.

Hashem Provides All Our Needs!



I lost my gemara Bava Metziah. I looked all over and couldn't find it.

Baruch Hashem, I had a second gemara in the kollel, also an Oz Vehadar one. It was an older version, but the only difference between the two was that the one I lost had a certain peirush to the milchomos of the Ramban (the Ramban's defense of the Rif) printed in much larger letters, and it was too hard for me to read it in the older gemara that I still had since the letters were too small. Meanwhile, it didn't matter so much because I didn't need that particular peirush at that time.

A month later, for an unusual reason, I found myself in the kollel an hour earlier than usual. I decided to go upstairs to the Ezras Nashim to put on my tefillin Rabeinu Tam. I glanced at a nearby table, and I saw my gemara that I had lost!

That morning, when I went to learn with my chavrusah, we decided to learn a certain kasha on the gemara, and we needed the Ramban on milchomos!

The whole time the Gemara was lost, I didn't need that peirush at all. The morning that I needed it, that's when I found it! I saw tremendous Hashgacha Pratis and how Hashem sends you just what you need when you need it, in gashmius and in ruchnius!

- Dovid Sheldon, Stamford Hill

Thank You!



I just wanted to thank you so much for all the effort you put into the Springhill Times. I really gain so much from it. It always gives me a boost. I came home this morning after having a challenging morning and I just needed something relaxing, light and uplifting to read. I read through most

of the Spring Hill Times and it gave me just what I needed. I also wanted to say that the mitzva ads are so nicely bringing out the truth in life in such a real way. Thank you so much!

A Reader

The Spring Hill Times is Magnificent



I wanted to say that the Spring Hill Times is magnificent. I really look forward to reading it. It's so

full of positivity and Hashem's kindness. It's so enjoyable and colorful that even when I'm so exhausted and drained I still have koach to read the Springhill Times. It just gives me a great boost! Thank you for all the hard work!

Baruch Hashem I have received an opportunity to write a little bit for the Spring Hill Times and I really consider it a great privilege. I really appreciate that the Spring Hill Times gives me the privilege of doing my share of writing!

A Reader and a Writer

The Spring Hill Times is Phenomenal



I want to tell R' Kaufman that your publication of the Spring Hill Times is simply phenomenal. It is one of a kind and it is an amazing newspaper that you do! It is a "zechus harabim talui bach." There is nothing more to be said. For children and adults alike, it is creating a tremendous chizuk in seeing the world through a positive lense; basic avodas Hashem.

Ashrei chelkecha! Keep it coming! Ashreichem!!

A Reader

Thank You, Hashem!



Thank you Hashem for Driveways!

Thank you Hashem for sending the perfect Shabbos invite at the perfect time!

Thank you Hashem for answering my tefillos!

Thank you Hashem for tzadikim!

Thank you Hashem for always sending me money from the sky to pay my bills!

I was in a restaurant and twice, I needed a to ask a waiter something. I said to Hashem both times that He can just make a waiter pass by and I won't have to get up. A waiter walked by both times I needed one!

A government office needed proof of something from me. I wasn't able to get the exact proof they asked for. I put together a different proof and told Hashem that if He wants this other proof could also work. And it did!!

I was selling something and I wanted to get at least a certain amount for it. Hashem gave me that amount plus a little extra!

A Reader - Monsey, New York

Hashem Answers Mother's Tefillos!



My toddler was not feeling well and he had fever. He was just lying on the couch. He didn't look good, and the Tylenol hadn't worked yet, so I davened hard that it should work and the fever should go down. I said that if it does, I would call it in to the Spring Hill Times. Right after I said that, he started playing!

Another story is that I recently bought a minivan, and a few days later, my daughter got a cast and needed a big car seat. Baruch Hashem, we had a really big minivan that fits that car seat very easily!

A Reader



<p>LAKWOOD - NEW JERSEY</p> <p>At Rav Yehuda Mandel's Thursday night Vaad: 8:00 pm. 18 14th St. For more info call: R' Shlomo Eliyahu 732-569-4273 (leave message) ***</p> <p>Ely Family 801 Lexington Ave, apt 4G 718-812-5152 Friday ***</p> <p>30 East 9th St. (Between Princeton and the tracks) Available in container outside the front door Thursday Call R' Shlomo Eliyahu 732-569-4273 (leave message) ***</p> <p>Weinberg Family 10 Gvuras Ari Dr. 848-240-3128 Available Friday outside front door on chair. Copies sponsored for all ***</p> <p>Hirschberg Family 410 10th St. Apt 7b Please call to reserve: 732-569-8111 ***</p> <p>Rosenberg Family 104 Elmhurst Blvd. In container by front door. Available from Thursday evening ***</p>	<p>1500 Twin Oaks Drive. In container by front door from Wednesday night. For more info please call: 908-596-0844 ***</p> <p>368 Bergen Ave 732-367-2499 Leftover copies available for all on Sunday. Box by door. ***</p> <p>Briller Family 21 Chicanos Drive (Available from Thursday in container in front of house) 732-367-4727 ***</p> <p>Weitman Family 282 Coles Way Container in front of house Available on Thursday ***</p> <p>Metzger Family 43 Cabernet Drive 732-6828612 Container in front of house Available Thursday ***</p> <p>3 Shayas Rd. Basement Available on Thursdays in container by</p>	<p>door. Sponsored for all! ***</p> <p>Bistriz 524 E. Bergen Ave. Container in front of house (From Thursday night. Possibly from Wed. Night) 732-370-2488 ****</p> <p>Czitter Family 8 Treetop Ln. (In Yesodei Ct.) Avail. Erev Shabbos (Possibly Thur) Container in front of door 732-363-3578 ***</p> <p>Menahem Family [Copies are sponsored for all] 155 Forest Park Circle (Friday in container in front of house) 732-942-9759 ***</p> <p>Hershkowitz 15 Shefa Chaim (Knock on door for copy. Avail Friday and Shabbos)</p> <div data-bbox="1089 1146 1507 1360" style="border: 1px solid black; padding: 5px; margin-top: 20px;"> <p style="text-align: center;">WESTGATE Weitman Family 17 Kletsk Hill Rd. 732-901-1819 Container by door Thursday night (possibly Wednesday night)</p> </div>
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Amount per serving	% Daily Value	Amount per serving	% Daily Value
<u>Love For Hashem 20,000g</u>	<u>1%</u>	<u>Ads on Shabbos 0g</u>	<u>100%</u>
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Hashem Loves You!

The beloved Mashgiach of Lakewood Yeshiva, HaGaon Rav Matisyahu Salomon ZT"l once arrived uninvited to a Shabbos Bar Mitzvah Seuda. Everyone was thrilled to see the Mashgiach and at the same time, no one knew why the Mashgiach went out of his way to come to this Simcha especially since he did not seem to know the family at all.

The father sat the Mashgiach at the head table and felt very honored to have such an esteemed guest at his Simcha. The Mashgiach asked to speak and the father happily obliged.

The Mashgiach began, "We are celebrating a very special Simcha today, the Bar Mitzvah of a very special young man. You might be wondering why I chose to attend this wonderful Simcha, especially because I do not personally know the

family. I will explain. A few years ago a young boy heard about a certain event, and bought tickets. He then heard that I was not in favor of attending such an event. He asked me if I actually said that one should not attend and I confirmed that yes, indeed, I am not in favor of attending. He then asked me what he should do if he already purchased tickets to the event, is he allowed to sell, trade or gift these tickets to others. I replied that I feel the proper thing is to discard the tickets and place them in the nearest trash can. He accepted my opinion. I then asked him, 'Are we still friends?' to which he replied, 'Yes!'"

"Well", the Mashgiach continued, "friends attend each others Simchas. This young boy was none other than the Bar Mitzvah boy himself, and since he considers me his friend, and I surely consider him my friend, therefore I made sure to be there at his special moment of becoming a Bar Mitzvah."

This boy may have felt at the time that he is giving up on the 'fun', yet he surely was beyond thrilled when the Mashgiach attended his Simcha and publicly called him 'a friend.' The Mashgiach wanted him to taste the real everlasting sweetness of keeping the Torah even when for the moment it seems like he 'lost out' on a few fleeting moments of temporary fun.

This precious story demonstrates that when the Torah, or Daas Torah, tells us not to do something, it's completely for

our benefit, so that our Neshama can shine and glow with the super bright light of Gan Eden, with the greatest Simcha and the biggest pleasure that we cannot possibly understand or fathom in this world.

The Torah is infinitely sweeter than honey!

Keeping the Torah brings us a Simcha and a happiness beyond our understanding!

Staying away from 'fake fun' because the Torah tells us to brings us real Simcha and true everlasting joy!

Hashem loves us!

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