

# The Spring Hill Times

לע"נ אבי מורי ר' שלמה זלמן בן ר' ישעיה זצ"ל  
ולזכות רפואה שלמה: הינדא בת מרים רבקה, ואברהם דוד בן רבקה בתוך שאר חולי ישראל

Issue 131

Va'eira

Shevat 5784

## HASHEM LOVES THE JEWISH NATION

PAGE 10

This week's issue is also dedicated as a Zechus for our brothers and sisters all over the world and especially in Eretz Yisrael and those in captivity. Our Minds and our Hearts are with them. May Hashem Protect, Heal, and Comfort all of Klal Yisrael!

*This week's issue has been sponsored leiluy nishmas Rav Chaim Isaac ben Aharon zatzal.*

Price for printed copies: N.Y. and N.J.: \$10 a month. (unless it's sponsored) Yerushalayim in stores: 10 Shekel a copy.



### Emunah and Bitachon News

**THE KING**  
**PAGE 33**

#### HASHEM PAYS SHABBOS EXPENSES!

It was Thursday night, and Mrs. Finkel had no money in her bank account or on her credit cards. She wanted to stay home for Shabbos, but she had no way to buy what she needed.

She thought about how she always heard from the Bitachon Hotline and the Spring Hill Times that people who needed money for Shab-

bos were just given money in a second from Hashem, in so many miraculous ways! She said to Hashem, "I'm just going to write the list of what I need for Shabbos, and



You'll pay the bill!"

As soon as she put her list down, she checked her phone, and her aunt had sent her money! Her bill came out to almost exactly what her aunt sent her! [Heard from Mrs. Finkel]

#### BITACHON PHONE

Mrs. Lichtenstein's\* phone got dropped into water by her

Continued on page 3

**NOBODY HAS EVER DEFEATED KLAL YISRAEL!  
AND NOBODY WILL EVER DEFEAT  
KLAL YISRAEL!**

**We Are Safe and Secure in  
HASHEM'S MIGHTY ARMS!**

**OLAM HABA ESTATES**  
**A Place of Unimaginable Love and Joy!**

**Serve Hashem with Loyalty!!**

# Spreading Hashem's Goodness all Around the World!

**Newspaper Topic:**

Hashem

**Under the guidance of:**

Rabbi Zevy Golombeck

**Publisher / Editor:**

Yitzchok I. Kaufman

**Finance Director:**

Yoni Kohn

**Contributors:**

R' Zevy Golombeck

R' Yosef Moshe Mizrachi

R' Label Lam

R' Y. Friedman\*

R' Shalom Yedidya Klatzko

R' Nesanel Landesman

R' Moshe Davidson

R' Moshe Hirschberg

R' Daniel Garfinkel

R' Daniel Sasha

R' Baruch Rosenstock

R' Eliezer M. Niehaus

Rabbi Shraga Freedman

R' Chaim Tzvi Blau

**Graphics:**

R. Berger

Rachelli N.

**Comics:**

N.L. Ross

**INSIDE THIS ISSUE:**

**Weekly News Roundup..... 3**

**Living with Hashem ..... 17**

**5 Weekly Thank Yous.....20**

**Living Appreciation..... 25**

**A Faint Whiff.....44**

**The Universe - A Divine Masterpiece.....45**

**illuminating Chazal.....53**

**Our Readers Share..... 59**

**The Spring Hill Times Worldwide Locations.....61**

**Hashem Loves You!..... 64**

**Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?**

**FOR DEDICATION OPPORTUNITIES,  
PLEASE CALL / TEXT (845) 327-5041  
Email: [thespringhilltimes@gmail.com](mailto:thespringhilltimes@gmail.com)**

לעילוי נשמות:

ישעיה בן משה יחיאל מיכאל זיידא, חוה רבקה בת שלמה זלמן, לבי הירש בן אליעזר הלל, ריזל אסתר בת דב בעריש. דוד זאב בן משה מנחם. זייטל בת שלום אריה, נפתלי בן יעקב. יעקב לבי בן יוסף. דוד יעקב בן משה אליהו. לזכות הנחור משה דוב בער בן אסתר, לזווג הגון בקרוב.

לעילוי נשמות:  
ר' שלמה זלמן בן ר' ישעיה זצ"ל



Continued from front page toddler. She dried it out in rice for a couple of days, and when she turned it



back on, the phone itself worked but the screen did not. Mrs. Lichtenstein decided that there was no point in buying a new phone, since her phone would only work if Hashem wanted it to work, and if Hashem wanted, the screen could start working again. Without a screen, she had no access to her contacts, missed calls, or texts except by using the readout function. Everyone who saw or heard her using this phone told her it was time to buy a new phone, but she was sure that if Hashem wanted her to have a phone with a working screen, the screen would start working again.

A few days later, the screen suddenly started working again! Each time she flipped open the phone and the screen was still working, she was grateful to Hashem to have a working screen. After a few days, she got used to the working screen, and then one time she opened her phone, and the screen was black again! She closed her phone, thought to herself that the phone only works if Hashem wants it to work, and when she opened it up again, the phone worked!

For the next year or so, the

screen worked most of the time, but every once in a while it would be black, but as soon as she would concentrate that it only worked because of Hashem, it would start working again! When other people would try to open the phone, it often happened that the screen would be black, but when she took the phone and had in mind that it was all Hashem, the screen would work!! Eventually the top of the phone snapped off the bottom half, and Mrs. Lichtenstein bought a new phone, but she missed her old "bitachon" phone! [Heard from Mrs. Lichtenstein]

**SURGERY AVERTED, BARUCH HASHEM!**

Nissim Elkayam, from the Achisamach neighborhood in Lod, was having difficulty talking. He felt he had to strain himself in order to speak. He met with a speech therapist, hoping he'd have a solution for him. The therapist sent him to an

**HOME SECURITY SYSTEMS  
Protection at its best!**



*Hashem stands guard at your door!  
Kiss the mezuzah every time you pass it!*

ear, nose and throat specialist, who would check him with a special, expensive machine that can be found only in hospitals. This machine shows an accurate display of the vocal cords while a person is speaking.

The results were not encouraging. There was a polyp sitting on his vocal cords, preventing them from closing properly while he was speaking.

"The only way to get rid of such a polyp," the doctor told him, "is through surgery. Do you want to have the surgery done now, or wait another half a year and then see what the situation is?" He chose to wait. He hoped that within half a year a miracle would happen and the polyp would disappear on its own. He davened for this from the depths of his heart, going to the Kosel and to kivrei tzaddikim. During the Yamim Nora'im he also begged Hashem to spare him the

**ANT & BUG ASSOCIATES**

**Our Enemies are ANTS**

**THEY ARE POWERLESS!!!!**

surgery. It's not a simple surgery. After the surgery, the patient is not allowed to speak for three days. Someone else told him that he wouldn't be able to say one word for a full week, and afterwards he would have to be very careful not to strain his voice. He was terrified of the recovery period and, of course, of the surgery itself.

The year progressed, and the time for Nissim's next appointment arrived. The doctor examined him, and with a serious demeanor he informed him that not only was there no improvement, but in fact the situation had deteriorated and the pol-



yp was now bigger.

They set a date for the surgery.

Nissim left the doctor's office thinking that he had exaggerated his hopes with his tefillos. What was he thinking – that he would experience a miracle?

The day of his scheduled surgery arrived. He fasted as per the doctor's instructions and checked into

the pre-op ward, where preparations for surgery began. He put on a hospital gown, and he was wheeled into surgery. They secured him to the bed and positioned the light on top of him. The anesthesiologist was there, ready to do his work. Suddenly, the doctor approached Nissim and said, "Say a few words." Nissim said something.

"Based on the way your voice sounds, you don't need surgery!" the doctor declared. "Come up to my office, please, and I'll re-examine you," he said.

Nissim was shocked by the sudden turnaround. He pulled himself together and went up to the doctor's office. The doctor inserted the special tube that photographs the vocal cords, and wonder of wonders: His vocal cords closed completely when he spoke. The polyp had disappeared! There was no trace of that complicated problem, nothing at all.

"This is very rare," the doctor said. "This type of surgery is canceled on average once in eleven years. You can go home."

That was it. Nissim was released.

Since then, Nissim speaks with ease; his vocal cords work exactly as they need to work. Blessed is He Who hears tefillos, Who creates refuos and brings about yeshuos! [Kav Hashgacha Pratis]



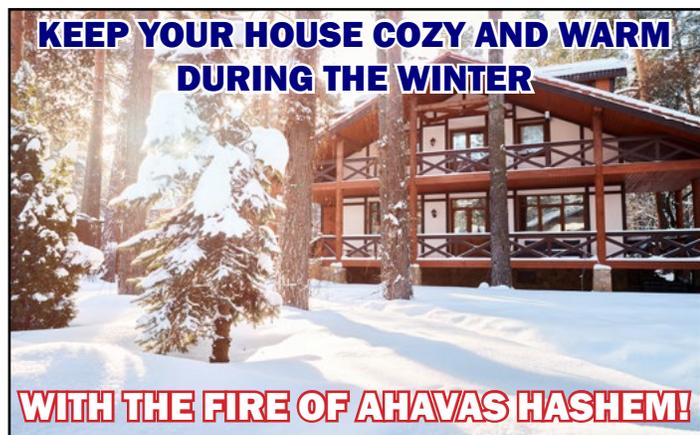
before davening, his davening was different and his entire day was different. This learning was very important to him, and he made every effort to be at his yeshiva for this learning seder even when it didn't come easily.

One morning, he went to the bus stop to wait for the bus to take him to yeshiva for his learning seder before davening. As he approached the bus stop, he realized that the bus he was waiting for had just passed his stop. For some reason it had come earlier today, and the only way he could get to yeshiva would be to wait for the next bus, which would delay him to the point that he would miss his time for learning before tefillah.

There was also another possibility;



it was not so realistic, but perhaps it could work. Yosef saw that the bus that had just passed the stop was waiting at the traffic light. The driver never opened the door when waiting at a traffic light, but perhaps this time he would? Yosef ran after him, signaled to him, and saw the expression on his face – he was deliberating, and then he decided to open the door. Yosef boarded the bus and



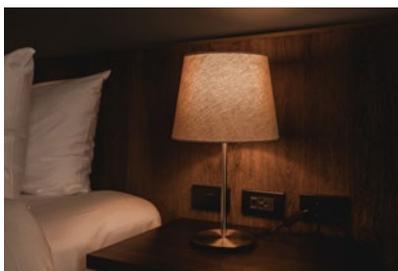
**ON TIME FOR LEARNING**

Yosef\* had set a time for learning before Shacharis. He saw that when he learned

was on his way to yeshivah and to his regular morning learning schedule.

Yosef saw tangibly that Hakadosh Baruch Hu helps those who exert themselves for holy matters. [Kav Hashgacha Pratis]

R' Heller\* was trying to fall asleep on



Friday night, and he got a toothache. He follows the Spring Hill Times, and he said that he knew something positive would come out of it. He suddenly remembered that he had made early Shabbos, and he forgot to repeat Krias Shema at the right zman. He said Krias Shema, and the toothache went away! [R' Heller]

**REMINDER TO SAY SHEMA!**

**FAMILY SAVED BY ZECHUS OF KAVOD HATORAH**

*Miracle and 'Mi K'amcha Yisrael' stories from Eretz Yisrael that were sent in by readers.*

**R' Yisrael Stilerman:**

I heard a story in the name of R' Moshe Dov Fox, a chashuva rav. There is a family in Ofakim who owns a dira in Ramat Eshkol in Yerushalayim, which they have been renting out for many years. The renters in Ramat Eshkol know the owners in Ofakim very well and always tried to invite them to come visit for a Shabbos, but they never came. Finally, this year, they called them up to invite them for Simchas Torah and wouldn't take no for an answer. "We already cooked the food for you – you have to come!" So they came. And they were spared the horrific events of that day in the south. Their neighbors were attacked but they were saved!



The wife was asked, in what zechus were they saved? She said something mavhil (unbelievable). Many Americans live in Ramat Eshkol and the rent keeps climbing higher 5K, 7K, 9K...

After renting their dira to this family for a number of years, they heard that rent prices had gone up. They told the tenants that the rent would be increased. The husband said he can't afford that much. He said he understood it was their right to raise the rent, but he would then have to move away. The owner asked if he learned three sedarim a day. He said he did. If so, he said, "In the zechus of the Torah we won't raise the rent." And they kept the rent the same as all the previous years.

Their chashivus (high regard) for Torah was the zechus to save their family! They did a chessed and seemingly gave up an extra few thousand shekalim of rent per month, but they didn't lose out from it; they gained their own lives!

With 'A Life with Bitachon' and the Spring Hill Times, life is a

One way

trip to OLAM HABA!



By R' Yisrael Meir Ehrenpreis

# WEEKLY NEWS ROUNDUP

## JUST IN TIME!

Reuven Berkowitz\* called his Rebbe's gabbai to schedule an appointment with his Rebbe. He wanted to discuss a pressing mat-



ter. The gabbai told him that he should come within ten minutes.

He was one foot out the door and his kids told him they needed him to give them a ride to school. Reuven thought, "Oh, if I take the kids to school, it will make me a half hour late."

Then he thought, "You never lose by doing the right thing! Hashem controls the world!"

He happily brought his kids to school. When he got to the vicinity of the Rebbe, he needed to circle around the block to find a parking spot.

When he finally got to the Rebbe, the Rebbe was just on his way out. He was able to speak to him and ask his question! He saw that Hashem had worked out everything to the T! [R' Zevy Golombeck]



brand-new person; the pain had disappeared!

Laughter is the best medicine straight from Hashem! [R' Zevy Golombeck]

## HASHEM IS WONDERFUL! KLAL YISRAEL IS AMAZING!

Yitzchok Aaron Kornfeld brought his car to the mechanic. When it came time to pick it up, he was



## LAUGHING AND JOKING IS THE BEST MEDICINE!

Mrs. Greenberg\* could neither swallow or fall asleep due to severe throat pain. She had heard on 'A Life with Bitachon' from Rav Yehuda Mendel that laughing and joking is the best medicine. So she took it into practice. She started reading a joke book. It was so funny. As she was reading it, she started feeling better! She felt like a

without means of transportation and he was at a loss of what to do. The mechanic was very far away, way out of walking distance.

So, he started walking and said, "Hashem made a perfect world; He can make everything work out perfectly. And I know that Klal Yisrael is Amazing."

Within two minutes, a kind-hearted Jew rolled down his window and asked, "You need a ride anywhere?" Yitzchok told him that he was going to pick up his car at the mechanic. So, he said, "Of course, I know where the mechanic is; I'll bring you right there!" [R' Zevy Golombeck]

**ALWAYS IN YOUR LOCATION!**  
**RENOWNED SHADCHAN**

Has made every shidduch since Adam and Chava and continues to do so!

Is mishadeich people who...

- Have medical conditions or are completely healthy
- Have unique or typical family and personal backgrounds
- Live in town or out of town
- Experienced challenges or have not
- Have **דין** or don't have **דין**
- Are wealthy or not wealthy

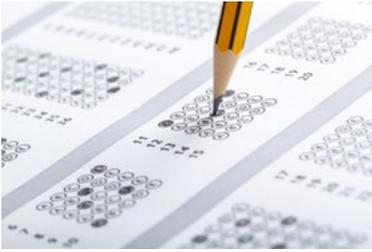
**IT DOESN'T MAKE A DIFFERENCE TO HIM!**

Contact HASHEM any time any place

- Tefilla and Tehillim
- Bitachon
- Maasim Tovim

## LIVING WITH HASHEM

Mrs. Warshavchek is a teacher in a school in Lakewood, New Jer-



sey. She heard one student telling another, "Wow, you got a 100 on your test; how did you do that?"

The other one answered, "I'll tell you the truth, before I answer every question, I say, "Hashem, without You, I can't do it. You are

the Kol Yachol, I'm leaving it up to You!"

Wow!!! [R' Zevy Golombeck]

## NEED SOMETHING? JUST TURN TO HASHEM!

Mrs. Katz\* was on a government program and she received a notification that she needed to submit a specific piece of paperwork by the end of the day. They said if she didn't have it in, she would



be removed from the program and would need to recertify.

She called the office from where she needed to get the paperwork form and they said, "We need a three-day notice; we're very backed up."

So Mrs. Katz turned to Hashem and said, "They said they can't get me the paperwork; only You, Hashem, can make it that I will have it by today. I'm leaving it up to you!"

A few hours later, the paperwork was faxed to her, and she was able to stay on the program! [R' Zevy Golombeck]



Hashem's Wonderful Magnificent Snow at the Spring Hill Times Headquarters.

## Paradise Estates™

All properties are over 1,000,000,000 acres!!!



Become an owner of one of these fabulous properties!  
*Just Pile up your Shabbos table with delightful goodies!*

**TIME FOR REVIEW**

Hear the forecast of Hashem's weather for Monsey, Lakewood, Brooklyn Yerushalayim and London! Option 3 from Main Menu.



**KI TOV HASHEM NEWS**

- 1: Daily News Update
- 3: Weather
- 7: A taste of the Spring Hill Times
- 8: Archives
- 9: Leave a Message

**UPDATED DAILY!**



**ENGLAND**  
033-30-327-023

**ERETZ YISRAEL**  
076-567-0655

**USA**  
845-400-8584

**Klal Yisrael is Coming Home to Hashem**

There's a family in Eretz Yisrael that had a son and a daughter who



were captured by Hamas and were being held in Gaza. The girl who was in captivity promised Hashem that when she would be freed she was going to be shomer Shabbos for the amount of Shabbosim that she was in captivity. At the same time, her mother promised Hashem that when her son and daughter would be freed she would start keeping Shabbos! Baruch Hashem they were both freed and they are now shomer Shabbos!

*"V'amech kulam - tzadikim!"*

**Hashem is the Best Medicine**

According to reports that have come in, a top therapist said that ever since one of his patients started reading the Spring Hill Times, his situation drastically improved!



*"V'ani kirvas - Elokim li -tov!"*

**Klal Yisrael Loves to Do Chessed**

Mrs. Gold from Lakewood NJ, was by a four way stop sign. It was her turn to go, but she let someone else go before her. In that time, someone came zooming through the intersection. He did not realize that it was a four way stop. If Mrs. Gold had not let the other person go, she would have turned into the other lane that the person was going into, and she would have gotten into a terrible accident!



*"Elu divarim she'adam ochel peiro-seihem baolam hazeh... gemilus chasadim!"*

**Hashem Takes Care of Family**

Reb Yisrael, a Rosh Kollel from Eretz Yisrael, had no idea how he was going to pay his monthly rent. His brother called him and told him that someone came



over to him and asked him if he knows of anyone who needs money to pay rent. He said, "Sure, my brother!" The person said, "Here, give it to him, but don't tell him who I am."

*"Poseach es -yadecha umasbia-l'chol chai- ratzon!"*

**Klal Yisrael is Coming Back Home to Hashem**

A chaplain in the Israeli army said that he has boxes of tzitzis that he gives out to the soldiers. They are wearing their tzitzis out! It became an army trend and a style!

**WELCOME BACK!**

*"V'shavta ad - Hashem Elokecha!"*

**Lakewood Boy Davens to Hashem**

Two boys from Lakewood NJ, ages 7 and 8, were trying to turn on a CD player. They tried this and that, but nothing was working. Finally, one of them started davening to Hashem, and immediately, the CD player started working!



**"Baruch shomeia tefilla!"**

### Yeshiva Bachurim Trust in Hashem

Three yeshiva bachurim from Lakewood, NJ needed a ride to their yeshiva in Monsey, NY. They went to the hitching spot, and they said, "We have Bitachon that Hashem is going to send us a ride within one minute!" They put on a timer. When the timer reached 58 seconds, a car pulled up and had room for all three of them!



**"Haboteiach B'Hashem - chessed yisovivenu!"**

### Bachur Trusts in Hashem

Efraim learned in a kollel where the Rosh Kollel paid the yungerleit, but not the bachurim. He thought to himself, "I also could use the money." He chazered to himself the yesodos of a Life with Bitachon that money comes from Hashem. On that day, someone came over to him and said that he would like to show his support for Torah. He gave Efraim the exact amount of money that the Rosh Kollel was paying the yungerleit!



**"Baruch hagever - asher yivtach B'Hashem!"**

### Tefillas Mincha Saves Life

There was a group of Israeli soldiers in Gaza. They took a break for a few minutes. One of the soldiers noticed

that it was almost shkiya, so he got up to daven Mincha. He faced Yerushalayim and started davening. All the other soldiers were sitting with their backs towards Yerushalayim. The soldier who was davening, facing Yerushalayim, suddenly noticed a terrorist coming out of tunnel with an RPG. He alerted the other soldiers, and they shot the terrorist dead! It was only because he was facing Yerushalayim during davening that he saw the terrorist! It saved their lives. All the soldiers were mekabel that the next day they were all going to daven Mincha!



**"V'haya terem - yikrau v'Ani - eheneh, od hem - midabrim v'Ani - eshma!"**

### Hashem Feeds Baby



The Berman family from Lakewood N.J. have a baby that uses special formula. It costs \$100! One time, they did not have the money to buy it. Rabbi Berman told his wife, "Don't worry. Hashem is going to send it to us!" The next morning a yungerman came over to Rabbi Berman and told him that he has an extra \$100 and that he should take it!

**"Einei chol - elecha yisabeirun - v'ata nosen - lahem es- achlam b'ito!"**

### Hashem is Running a Perfect World

There is a family in Lakewood, NJ who was shopping, and they wanted to buy a Better Crocker pot. They decided to wait. When they came home, they saw that a relative of theirs had bought them a Betty Crocker!

In other news, Kav Hashgacha Pratis reported that



on Chanukah, a yungerman bought himself a brand new pair of tzitzis. He then was eating a jelly doughnut. Some of the jelly dripped out and fell on his tzitzis. The yungerman looked at the tzitzis, but he could not find the stain. Finally, he noticed that the jelly had fallen exactly on the spot where the black lines are, so it wasn't visible!

**Thank You, Hashem!**

### Hashem Protects Yeshiva

The following story was verified by a reliable source.

At a yeshiva in Netivot, the bachurim on Shabbos Simcha Torah, noticed Arab terrorists outside. They quickly called the police, but the police had their hands full and they were not able to come. Then the bachurim noticed that the terrorists left!

Some time later the terrorists came back again, and again they left! They did not enter the yeshiva!

Sometime later they came again. This time the police were there and they started shooting at the terrorists. They killed some of them and they captured one of the terrorists.

They later interrogated him and asked him why he didn't enter the yeshiva the first two times that they came. The terrorists said that when they came, they saw scary looking Rabbis standing by the yeshiva protecting it, so they left. They showed pictures of different Rabbanim to the terrorist, and he chose the picture of the Rosh Yeshiva zt'l of that yeshiva who was already niftar, and the picture of the Baba Sali zt'!



Photo Credit Sruyl Yelen

**"Lo siune - elecha raah - v'nega - lo yikrav - b'ahalecha!"**

**Klal Yisrael Loves to Do Chessed**

Rabbi Lehrer, a Rebbe from Eretz

Yisrael, was not making ends meet. He did not have money to cover his basic expenses. He needed to borrow a large amount of money. When the time came for him to pay back the loan, the Yid told him that he is mochel the loan, and he doesn't have to pay him back!



**"Mi k'amcha Yisrael!"**

**Hashem is Kind to Woman**

Mrs. Stern needed to take a blood test. She has veins that are very hard to find, and in the past,



Yet, a woman stopped her car and let them cross!

**"Ein ohavecha k'yisrael!"**

**All You Need to Do is Bring Hashem Into the Picture**

A younger man dropped his cell phone onto the floor. It stopped working. The screen was not working and not turning on. He tried all the buttons and taking the battery out and putting it back in. It was not going. He then said to himself, "There is no such thing as nature, it is all Hashem!" He then tried turning it on, and it started working better than ever!



**"Baruch hagever - asher yivtach b'Hashem!"**

**Hashem Loves the Jewish Nation**

There was a siren in Eretz Yisrael, and people ran into the miklat. One of the people in the miklat told over a nes that happened to him. He had no money, and he was not able to pay the mortgage. The day came that it was due, and he had no idea where the money would come from. Suddenly, there was a knock on the door, and someone handed him an envelope. In it was the exact amount of money he needed to pay the mortgage! Everyone in the miklat felt so loved and watched by Hashem!



the nurse had to prick and prick until they found the vein. This time they found it one, two, three!

**"Hodu l'Hashem - ki tov - ki lolam chasdo!"**

**Klal Yisrael Loves its Bnei Torah**

Two yeshiva bachurim were waiting to cross



the street to go to their yeshiva to eat lunch. They did not have the right of way.

**"Ahavti eschem - amar Hashem!"**

**HASHEM'S FULL TIME SECURITY SERVICE!**  
**FREE**

- OVERCOMES ANY OTHER POWER
- ALWAYS THERE TO PROTECT YOU
- LIVE WITH NO ANXIETY
- WHEREVER YOU GO

**Security for:**  
**Schools**  
**Yeshivos**  
**Shuls**  
**Families**  
**couples**  
**Kids**  
**Adults**  
**and anyone else**

## Yidden Love Each Other

A competitor approached Eli, a busi-



ness owner, and inquired about a product that he was selling. The competitor wanted to start selling that product also. Instead of getting upset with him, Eli assisted his competitor. He even encouraged him to sell the product! What an amazing nation!

**"Mi K'amcha Yisrael!"**

## All You Need to do is Thank Hashem

A Yungerman by the name of Reb Naftali called up Rabbi Golombeck and told him that he does not have a penny to his name. The bills are piling up, and he has no idea where the yeshua

will come from. Rabbi



Golombeck told him to be grateful for everything he has! The next time money comes in, he should make a big deal out of it and thank Hashem for it! Within 24 hours, Reb Naftali called back Rabbi Golombeck and told him that someone offered to pay their rent!

**"Tov l'hodos - laHashem ulizamer l'Shimcha - elyon!"**

## 7th Graders Trust in Hashem

A Rebbe in kitah zayin in Yeshiva Bais David in Monsey NY, wanted to show a slideshow to his class. He



tried connecting the laptop to the projector, but it was not working. Two boys, Betzael Alter and Baruch Avraham Rosenberg, started singing "Hakol Yachol," and the slideshow started working!

*In other News:*

## Man from Baltimore Trusts in Hashem

Reb Mendel, a Rebbe from Baltimore, Maryland, was searching



for a pair of shoes. He was already looking for ten minutes, but he could not find it. He said to himself, "One second. I'm not the one who is going to find them. Hashem is the one who is going to find them for me!" A couple of seconds later, he found the shoes!

**"Baruch hagever - asher yivtach - ba-Hashem!"**

## Hashem is the Best Alarm Clock



One afternoon,

Mrs. Blau wanted to take a very short nap of 20 minutes. She davened to Hashem and said that she really wanted to wake up in 20 minutes. She went to sleep. Exactly 20 minutes later, her phone rang. She usually does not keep her phone in her bedroom, but she had forgotten to take it out. It did not ring the entire 20 minutes, it rang exactly when she needed it!

**"Baruch shomeiah tefilla!"**



## Hashem Saves Baby

It was Motzei Shabbos and Mrs. Solomon was about to sit down to eat Melava Malka. She davened to Hashem that it should be an enjoyable and g e s h - m a k Melava Malka. While she was eating, some- one by mistake left open the door that led to the basement.



Suddenly, Mrs. Solomon heard her one-year-old baby screaming. She ran to the basement door, and she saw that her baby had fallen down the entire flight of stairs! There was

no carpet on the steps, they were hard stairs. She ran down and she picked up her baby. She checked to see if there was bleeding but there was none! She could barely find any bumps. After a few minutes, her baby was totally fine! Hashem had heard her tefilla!

*"Hinei lo - yanum v'lo yishan - shomer Yisrael!"*

## Man Davens to Hashem

Mrs. Braun lost her ring. Her husband was looking through the garbage after other people had searched through the garbage and had not found it. He also could not find it. He then davened to Hashem, and a second after he finished davening, he found



the ring!

*"Hodu l'Hashem - ki tov - ki l'olam chasdo!"*

The commander decided at the last moment that they were going to first eat some cholent and then they would go in. Just when they turned around to eat the cholent, the entire building exploded!



*"Ki eshmera Shabbos kel yishmireini!"*

## Hashem Saves Boy

Chaim Steinberg was having a water fight with his brother. His brother was running down the steps and fell head first down seven steps! They brought him to the hospital and checked him out. He was perfect! Nothing happened to him!



*"Hodu LaHashem - ki tov - ki l'olam chasdo!"*

## Yidden Make Kiddush Hashem

There was a group of chassidim on a shuttle at the airport. An Arab couple came onto the shuttle, and immediately



two of the chassidim got up and gave a way their seats to the couple. The couple was smiling and made small talk with them. Everyone on the bus was

## Ride the Train!



You are speeding towards a most Fabulous destination!

It's going to be total bliss!

Just keep on loving Hashem and doing His Mitzvos!

## Cholent Saves Lives

According to reports, there's a Chasidish Rav in Erez Yisrael who sends cholent to Israeli soldiers for Shabbos. One time, the Israeli soldiers were about to enter a building in Gaza.

watching the exchange with amazement and with smiles on their faces!

**"Mi K'amcha Yisrael!"**

### Hashes Takes Care of Us

Mrs. Weiss from Eretz Yisrael usually buys frozen broccoli L'kavod Shabbos. It was Erev Shabbos, and she did not have the money to buy broccoli. Suddenly, someone called her up and said, "I bought broccoli by mistake. Would you like it?" With that, Hashem sent her free broccoli!



**"Poseach es - yadecha umasbia - l'chol chai ratzon!"**

### Young Boy Davens to Hashem

Avrom Nechemya was missing his Play Mobile mentchie for a very long time. He decided one day to daven



to Hashem to find it. Later that day, he came home and there it was on the counter!

**"Baruch shomeia tefilla!"**

### Hashem Loves Yeshiva Bachur

Yoni Engel, a Bachur learning in yeshiva, was on his way home from night seder. He was thinking to himself that it would be great if he could have a delicious pastry right then. As he was walking, he bumped into a yid. The yid asked him, "Are you in the mood of fresh pastries?" Yoni asked him, "Why are you asking?" The yid replied, "I brought all different types of pastries to my friend, and I have lots of leftovers that he didn't want." He showed Yoni what he had, and the pastries were the exact type that he liked!



**"Einei chol - elecha yisabeiru - v'ata nosen - lahem es - ochlam b'ito!"**

pump is broken and cannot be fixed. They said they were going to send him a

n e w  
o n e .  
H o w -  
e v e r ,



Sunday the company was closed, and since Monday was a legal holiday, they were only going to be able to send it on Tuesday. This meant that Avrumi would only get his pump on Wednesday. Meanwhile, they borrowed a pump from a friend.

They tried to charge the pump, but it did not work. Avrumi said to himself, "Just because the company said that my pump is broken doesn't mean it won't work. Hashem is the one in charge." They charged the pump and it started working better than ever! They canceled the order from the company!

**"Baruch hagever - asher yivtach b'Hashem!"**

### Hashem Loves Our Learning

Reb Avraham, a yungerman from Chestnut Ridge, NY, is a rebbe in a yeshiva. He decided to give a shiur



on the inyan of Ayin Hara. He needed marah mekomos. He went into his car and turned on the motor. In the CD player was a CD that he had been listening to from Rav Kalman Krohn zt'l. All of a sudden, he hears the CD start playing, "Let's talk about the inyan of ayin hara!" He was able to use the stories and the maamar chazals that Rav Kalman Krohn said!

**"V'divrei nifliosecha - asicha!"**

לרכות רפואה שלמה  
משה - יו בילא

EVERY DAY FROM 12-1PM

## JOIN THE POSITIVE HOUR MOVEMENT!

- ✔ only positive about others and to others
- ✔ only positive about the world in general
- ✔ only positive about your personal life
- ✔ only positive about your day

POSITIVE hour changes your perspective and turns you into a HAPPIER person. The more we focus on the good, the better it will be! Try it and you'll see how just one hour a day can literally change your life!

### Eleven Year Old Boy Trusts in Hashem

Avrumi, an eleven year old boy, is diabetic; he uses a pump. It was Shabbos, and the pump was not working. It said on the screen "malfunction."

On Motzei Shabbos, they called up the company, and the company said that it means the

**Beautiful Siyum on Meseches Gittin at Yeshivas Bais Binyomin,  
Monsey, New York**



**אין שמחה כתורה!  
ואין לומדיה כישראל!**

## THANK YOU, HASHEM, FOR GIVING US THE GREAT TZADDIK AND BELOVED MASHGIACH, RAV MATTISYAHU SOLOMON ZATZAL

*Rav Mattisyahu zatzal lived his entire life serving Hashem and doing His mitzvos with love and joy! His face radiated love for every Yid! He spent his entire life teaching Torah and Yiras Shamayim! He had no connection to this world, he lived for the next world! He safeguarded and protected the holiness of Klal Yisrael! He was a living example of how a Yid is supposed to live! He was a Malach Elokim amidst us!*



### THE MASHGIACH'S MISSION

Rabbi Shraga Freedman - A Living Kiddush Hashem Foundation

*"Nowadays, it is vital for every Jew to be committed to increasing the degree of kiddush Hashem in the world and avoiding the desecration of Hashem's Name at all costs; that is Klal Yisrael's mission at this juncture in history."*

Rav Mattisyahu Salomon ZT"L in the foreword to Living Kiddush Hashem, ArtScroll Mesorah.

When I was learning in Lakewood, Rav Mattisyahu Salomon ZT"L used to remind us regularly, "As you rush to seder every day, keep in mind the ultimate purpose of your Torah learning. You are coming to the beis medrash to spend four hours immersed in learning, in order to create a kiddush Hashem. If you spend the five-minute drive to the yeshivah acting in a way that is not befitting a ben Torah — if you honk your horn rudely, cut off other drivers, tailgate, and act in other disrespectful or impolite ways — you will be doing the exact opposite of kiddush Hashem. Those five minutes could negate the effect of the next four hours of learning!"

Rabbi Yehuda Gross\* lives in Lakewood, New Jersey. One Friday afternoon, which was Erev Succos, Rabbi Gross got into his car to bring some food to a friend who had just had a baby boy, in honor of the Shalom Zachor. By the time he started to drive home, there was only one hour left to Yom Tov. Without realizing it, Rabbi Gross began to drive more quickly. As he drove down Miller Road, he suddenly heard a siren. He looked into his mirror and saw flashing lights. A policeman on a motorcycle motioned to him to pull over.

Rabbi Gross pulled over to the side of the road and opened his window.

"What's your hurry?" the policeman asked him roughly.

"The Sabbath is coming soon; I'm sorry if I was driving too quickly," Rabbi Gross answered.

"Well, if you don't drive safely, you might never make it home!" the policeman shouted back. "Give me your license and registration."

Rabbi Gross handed over the papers. The policeman continued to explain what Rabbi Gross had done wrong. "Do you realize that what you were doing is dangerous? There are many cars driving, people walking, and children on bicycles. You must drive slowly and carefully, so that everyone will be safe. Being in a hurry is no excuse."

Rabbi Gross understood. He apologized again, but the policeman did not seem any happier. He walked back to his motorcycle. A few minutes later, he came back to Rabbi Gross's car. Rabbi Gross was sure the policeman would give him a ticket. Instead, he said with a smile, "I'll let you go for today. Just be sure to drive safely from now on."

Rabbi Gross was totally confused. "Thank you very much, officer. May I ask why you are doing this favor for me?"

"Actually, I am in a very good mood today," the policeman answered. "I just got a blessing from Rabbi Salomon. I feel so good about that blessing, that I decided I will let you go and not give you a ticket."

"You got a blessing from Rabbi Mattisyahu Salomon [Mashgiach of Yeshiva Bais Medrash Govoha in Lakewood]?" Rabbi Gross could hardly believe it. "Anyone who can spend a few minutes with such a great man is lucky. How did you manage to get a blessing from him?"

The policeman answered, "The rabbi's wife had a heart attack and was recuperating in a convalescent home. Today, her doctors allowed her to go home. Tonight is your holiday, and the rabbi did not want to get home too close to sunset. Some police officers were asked to go along with the rabbi's car to clear the way so the Salomons could get home as early as possible. I was leading the cars on my motorcycle.

"When we came to the rabbi's house, he took his wife inside. After she was in safely, Rabbi Salomon came back to us. He took my hand and patted it. 'Thank you so much for your help today,' he told me. 'May



# THANK YOU, HASHEM, FOR GIVING US THE GREAT TZADDIK AND BELOVED MASHGIACH, RAV MATTISYAHU SOLOMON ZATZAL

G-d protect you as you continue your good work.'

"That is why I am in such a good mood today," the policeman finished. "Enjoy your holiday."

(Excerpt from "Making Hashem Proud" with permission from ArtScroll Mesorah)

*Please email LivingKiddushHashem@gmail.com for a free file of sefer Mekadshei Shemecha with a pesicha from Rav Mattisyahu Salomon ZT"L*

....

*A story told over by Rav Paysach Krohn:*

When Rav Mattisyahu Salomon shlit"a and his family moved to Lakewood N.J., they quickly developed a close friendship with their new neighbors, the Epstein family. A

simcha in the Salomon house was a simcha in the Epstein house, and vice versa. When one of the Salomon girls got engaged, the Epsteins were thrilled and couldn't wait to dance at her chasunah. Sadly,



this did not come to pass, as Rabbi Epstein passed away a few weeks after the engagement. The Epstein's were plunged into mourning, and they knew that attending the chasunah would be out of the question because a person who is an aveil may not go to a chasunah.

On the day of the chasunah, the Epstein's came home to find a note that read, "To our dear friends the Epsteins: Please do not prepare dinner this evening. Your dinner will be served to all of you shortly. We will miss you at the chasunah, but we wanted you to share in our simcha, so the caterers will be at your home with the wedding meal shortly. May we share future simchas. The Salomons."

A truck soon arrived from the wedding hall, bringing with it the full meal, including dessert, for the whole Epstein family. And not only that, the Salomon's sent someone over with pictures that had just been taken at the chasunah, so the Epsteins could enjoy the chasunah while they ate the wedding feast!

*יהי זכרו ברוך!*



## Shalom Lighting™



**Light up your house with Hashem's Shechina!**

There is nothing more beloved to Hashem than a house full of peace!

## Fly Higher

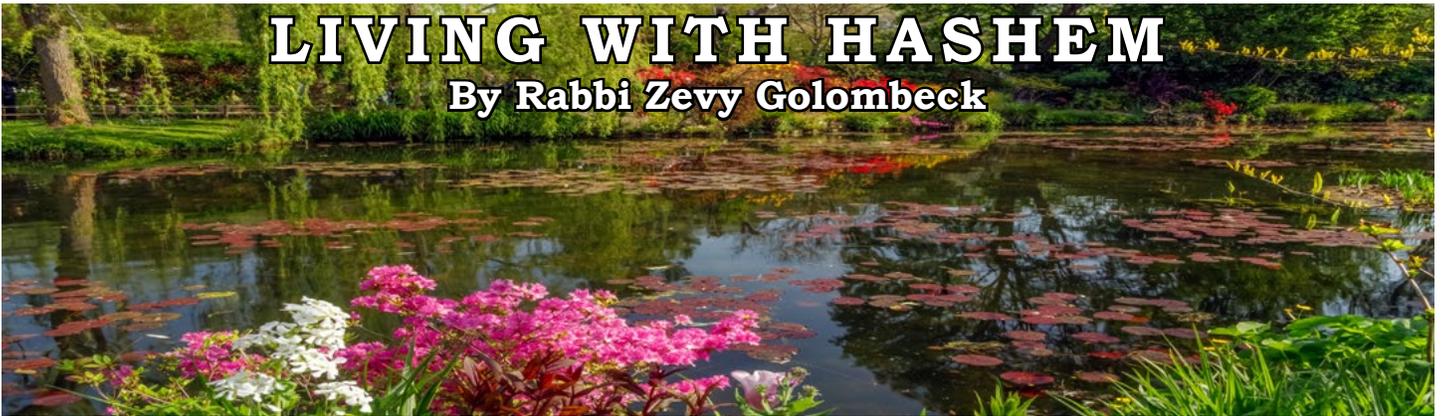


**Lift yourself way above all your 'problems'!**

**Just realize that Everything is Hashem!**

# LIVING WITH HASHEM

By Rabbi Zevy Golombeck



Editor's note: Many of these stories are from Av-Tishrei.

## YIDDEN LOVE EACH OTHER

A few months ago, Yaakov Rosen was listening to a shiur by R' Matisyahu Solomon.



He gained so much from the shiur that he decided he would go to the store and buy a USB with all of R' Matisyahu Solomon's shmussen.

Later on that same day, his friend came over to him and said, "I have something in my car for you. It is a USB of all of the shmussen of R' Matisyahu Solomon." Yaakov Rosen said, "How did you know I wanted that?" His friend said, "I didn't. I wanted to give you a present, and I'm the distributor for the USBs of R' Matisyahu Solomon's shmussen, so I decided to give one to you!"

## POSITIVE LIES

Mrs. Stein\* from England just went through surgery and was feeling very weak. She asked Rabbi Golombeck for advice. Rabbi Golombeck told her to say, "I feel gevaldig and amazing! I never felt so good." He said, "Speak positive words. Your body believes



whatever you tell it. Lie straight through your teeth!"

That's what she did. The next day, she felt like a brand-new person!

The power of positivity!

## TRUE CONTENTMENT

Yoel\* was learning one day with a Telze einikel, who told him a story about his uncle, R' Elya Meir.

R' Elya Meir saw a priest who looked very content. He turned to the talmid who was with him, and he said in wonderment, "How can it be that he is looking so content? Did he understand a pshat in the rashba?!"

## SHIDDUCH WITH BITACHON

Chaim,\* a Satmar chassid from New York, just made a shidduch with his daughter. He said that one of the questions that the other side wanted to know was if she follows 'A Life with Bitachon,' and Baruch Hashem she did (and still does) and that made the shidduch!

Baruch Hashem the chassan and kallah are both growing

and sheiging in Emunah and bitachon! He also mentioned that he knows a lot of people who love the Spring Hill Times and who wait



every Shabbos to read it.

## WEEKLY MUSSAR SEFER

Yaakov\* from England kept learning different kinds of mussar, but he didn't see any improvement. When he started following 'A Life



An Electronic Sign at the entrance to Yerushalayim

# LIVING WITH HASHEM

By Rabbi Zevy Golombeck

with Bitachon,' he heard how important it is to learn a mussar sefer that works for you.

Every generation needs a different kind of mussar sefer. Since then, he said, he became a new person!

For many people, A Life with Bi-

Lowinger who had lost his wallet a few months previously and had looked all over for months and had given up. He really needed it, because his wife was about to have a baby, and he needed the ID. He reminded himself of a previous oc-

bitachon. She thought she knew it all.

Then she was introduced to the Bitachon hotline, she was able to reach new heights of applying bitachon hands-on. She said it's unbelievable how the hotline made



tachon and the Spring Hill Times are their mussar sefer!

## **BITACHON IS CONTAGIOUS!**

Mrs. Grossman\* was listening to a story on 'A Life with Bitachon' about a yid by the name of R' Eli

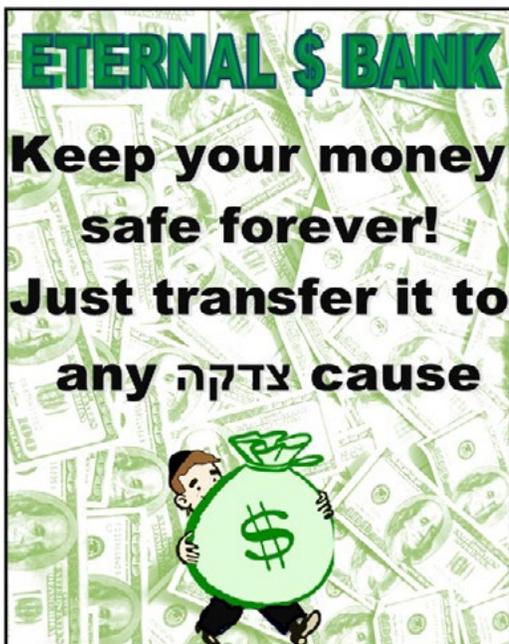
casion when Hashem had helped him find his wallet after losing it in an non-Jewish store. He said, "Hashem can do anything!"

The moment he said that, he got a call from someone who said he found his wallet in a shtender in the Bais Medrash three months previously and just never had the chance to give it back!

it so practical and totally changed the way she lives every step of her life!

## **HASHEM HELPS YID DO CHESSED!**

*A talmid of mine was driving from Monsey to Lakewood to Yeshiva and passed a stopped van on the side of the highway, that looked like it had broken down. There was a large family standing outside*



So after hearing this story, Mrs. Grossman said to herself, "Oh! I was also me'yayesh on a couple things I lost - all I need to do is have bitachon? I'm also going to have bitachon!"

That day, she found two things she had lost and given up on finding!



## **HANDS-ON BITACHON**

Mrs. Silver\* said that she was raised with emunah and bitachon, and throughout her life she read sefarim and listened to shiurim about emunah and

*and police around it. He wanted to help the family, but since there were police there, he didn't think they would allow him to stop. He kept on going and stopped at the local rest stop for a drink.*

*He thought to himself how he wished he could help that family!*

# LIVING WITH HASHEM

By Rabbi Zevy Golombeck

*As he finished buying his drink, he noticed a police bringing this family into the rest stop. He offered to take them home, and he drove them to their home in Deal, New Jersey!*

*R' Avigdor Miller said, if you want to do chesed and help Yidden, Hashem will give you opportunities - it's all about your ratzon. And this talmid saw this happen firsthand!*

## HASHEM LISTENS TO OUR TEFILLOS!

It was the first week of day camp in Lakewood, and the Katz children were looking forward to going swimming. Then there were three days in a row of rain and thunderstorms! One of the children told his mother that he really wanted to go swimming. She told him to ask Hashem to make it beautiful and sunny!



After that, every day that it was supposed to rain in Lakewood during camp hours, it ended up being clear weather, perfect for swimming!

## BITACHON BRINGS SIMCHA

Every day, Mrs Schwartzberg\*

would drive her son to cheder. On the way, they'd listen to 'A Life with Bitachon.' When Bein Hazmanim arrived, she stopped driving her son to cheder, and they stopped listening to the hotline.

One day, they were both sitting on the couch and weren't in a good mood. They both realized at the same exact time that they hadn't been listening to the Bitachon hotline, and that's why they weren't happy!

## HEAVEN-SENT HELP

Mrs. Brach\* from Eretz Yisroel was having a lot of company. She hadn't had cleaning help for three years, but now she really needed it.

Suddenly, the phone rang, and it was a cleaning lady asking if she needed cleaning help! Mrs. Brach said, "What? How did you know to call me?"

The



cleaning lady responded, "Three years ago I worked for your neighbor, and she sent me to you one time, since she was going away. You told me that if I ever have more time, I should call you again. And now I find myself with more time!" Three years later, on the exact day that Mrs. Brach needed her, the cleaning lady called!

## A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
  - 2 Today's STORY of Bitachon
  - 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
  - 4 This week's connection of Bitachon to the PARSHAH
  - 5 QUOTE from Sefer "Bitachon Weekly"
  - 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
  - 7 Today's STORY how Bitachon helped someone through a Nisayon
  - 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
  - 9 RECORD your Questions, Stories & Comments
- \* Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

### SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
* Back to Prev. Menu	0 Bookmark save	# Bookmark Continue

Eretz Yisroel .....079-704-0068  
 Lakewood.....732-719-3898  
 Monsey .....845-470-5577  
 Five Boroughs .....929-470-5577  
 England .....03-303-502-368  
 Australia ..... (3) 99-997-300  
 Canada .....647-498-7700

A Life with Bitachon in Yiddish  
 Eretz Yisrael: 072-370-1912  
 USA: 845 -262-5115  
 UK: 0330-325-1260

Thank You Hashem for Peanut Butter! What a delicious spread to put on our bread!



Thank You Hashem for Bottle Brushes! They make it so easy to clean inside of bottles/cups!



5

Weekly



## Thank You's

By: R' Simcha Elefant - Yerushalayim  
Ir Hakodesh

*L'zechus that people should feel loved by Hashem!*

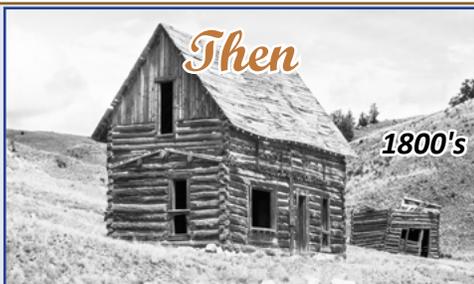
Thank You Hashem for Rubber Bands! We can keep things together temporarily and so easily!



Thank You Hashem for Mp3 Players! We can have music/shiurim on a small handy device!



Thank You Hashem for Kosher Lamps! We can have lamps that we can adjust for Shabbos and for anytime!



Needed to wait until the warm weather would come. Then the snow would melt and the road would turn into mud. Carriages would get stuck and people would get dirty all the time...



&

### LOTS OF SNOW ON THE ROAD?



Before the snowstorm comes the town sends around trucks to spray the streets. During the storm they come multiple times to shovel it to the side and spread salt. They even work during the night! After the snow is cleared you have clean smooth paved roads! Thank You, Hashem! We love You, Hashem!



# Parsha Game

**Fun and an interactive way of learning Torah!**

## PARSHAS VA'EIRA

**Q: Where in this week's Parshah do we find a connection with the pictures below?**

**ANSWERS ON PAGE 44**



*Parsha Delight Question of the Week*  
לעילוי נשמת נניש יצחק בן אריה & לעילוי נשמת בינה בת ר' אברהם

**פרשת וארא תשפ"ד (5784)**

The pasuk (7:21) states that during the Makkas Dam all fish in the נילוס died. Why did the fish die, can't fish live in blood which is mostly water?

Please email your answer(s) to [parshadelight@shiurenjoyment.com](mailto:parshadelight@shiurenjoyment.com) and enter to win a \$5 Raffle

 **ShiurEnjoyment**

Contact Michoel Yaakov with any questions at [maggidshiur@shiurenjoyment.com](mailto:maggidshiur@shiurenjoyment.com) or (917) 626-8306

**LOVE TORAH    LIVE TORAH    LEARN TORAH**

### CHEISHEK HATORAH

#### Riddle #71 Parshas Va'eira

Pharaoh's demands were extremely hard to meet. The Yidden were enslaved with quotas to complete. Hour after hour they labored on their feet. Pharaoh hoped that their energy he would deplete. Hashem redeemed us and brought us to a land which cannot be beat! It is called a Morasha and its fruit are so sweet! Besides Eretz Yisroel, do you know what else is called a Morasha?

To hear the answer to the question, press x14 #71 on the Chaishek HaTorah Line 845-720-4040

You can hear stories from the Spring Hill Times being read on the Chaishek HaTorah Hotline.

845-720-4040 Ext 6

Updated every Motzaei Shabbos!



At our Urgent Care: Pain becomes Gain. Aches turn into Cupcakes. Worries become Snow Flurries. Annoy turns into Joy. Flu becomes a Peanut Chew. A Cold turns into Gold. Hurt becomes Comfort.

### **WONDER DIET Lose Aveiros Naturally**



**Just Tell Hashem That You Are Sorry!**

### **Stay Fit! DON'T FORGET YOUR DAILY EXERCISE!**



**Remind Yourself that Hashem Loves You to No End!**

#### **Patient**

I get sick very often with viruses, colds etc.

When I'm sick, I can't do what I usually do and I don't feel accomplished. As a result, I'm feeling very down.

**Please help!**

#### **I'm prescribing two medications for you:**

1. This alone that you are alive is the greatest accomplishment! You mean so much to Hashem! You mean so much to your spouse and children! You are worth the world to them regardless of what you could accomplish!
2. All those negative feelings are the greatest kaparah! Hashem has something really good that He will give you! In this world and in the next!
3. Thank Hashem for all the times you are not sick!
4. Thank Hashem that it's just a flu, virus or cold and not anything serious or life threatening!
5. The only mitzvah you have while your sick is to take care of yourself. You are absolved from all your regular obligations! Doing Hashem's ratzon is the greatest accomplishment possible!

# Ayin Tova

*Seeing the good in every situation*

## CASE OF THE WEEK:



*Raphy Klein was desperately in need of a haircut, but he was a little short on cash. He saw a sign in his yeshiva for cheap haircuts, and decided how bad could it be to give this guy a chance?*

You can send your suggestions for the AYIN TOVA CASE to: [ayintovanewsletter@gmail.com](mailto:ayintovanewsletter@gmail.com)  
 Or call [Israeli daytime hours only]:  
 USA: 831-244-6019  
 Eretz Yisrael: 052-760-5409

*When he looked in the mirror after the haircut, he had to suppress a scream. The barber completely botched up, and he had a bald spot, in addition to uneven hair. Raphy was anticipating all the jokes he would hear from his friends. He was devastated!*

*Help Raphy have ayin tova for his situation.*

Suggestions for the case of Shani's grandmother who breaks her hip while in Eretz Yisrael for a wedding:



- Baruch Hashem it happened in enough time before the chasuna and not on the day or during! Imagine if it would have happened during the chasuna...
- The family got to spend a lot more time with her because she had to stay in Eretz Yisrael longer.
- She should be grateful that her grandmother was able to come to the wedding.
- She was around her family who could take care of her.
- They operated on her the following day and B"H she had no infections or sicknesses from the operation.
- Shani should be grateful that she has a grandmother alive

that can travel to Israel for simchas.

- Israel has a good medical system and it's better that she got operated here than in most other places.
- At least Shani was at the restaurant where her grandmother went out to eat so her boys got to see her happy before anything happened.
- Shani was grateful to be able to help out when there was a need instead of feeling so far away, as her parents and grandparents live across the ocean, and she doesn't usually have the opportunity to be there for them.

# SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

## The Accomplishment of Prayer



I had this conversation with a young boy who was parked outside my office. He was sent out of class because he wasn't davening. So I asked him, "How come you weren't davening?"

He said, "It's hard. I don't know what I'm doing."

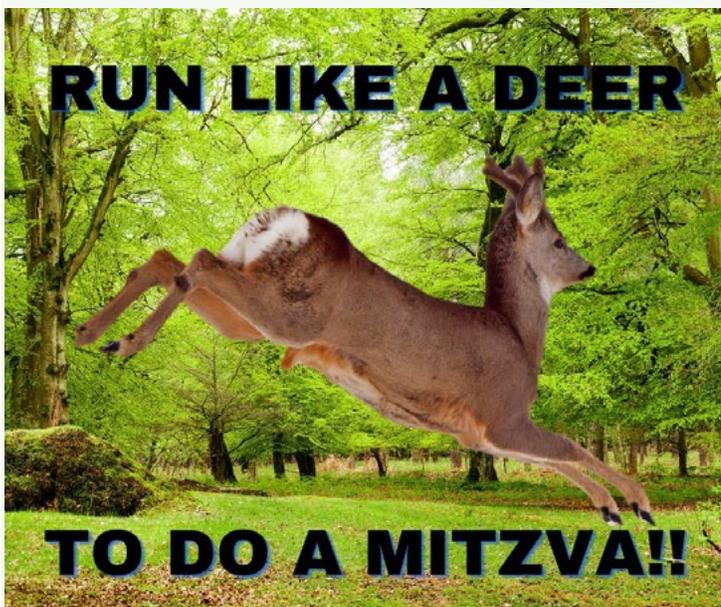
And I had to empathize: Sometimes it's not easy and it feels like we're just unloading a bunch of words. I told him that one of the things that we are accomplishing is that we are practicing. Like someone who's learning to play the piano, has to practice scales. Those add up to songs, and then more so-sophisticated songs. When that person who's been practicing the piano becomes an adult, and they want to express themselves musically, their fingers know exactly what to do.

So too when we are davening long enough, eventually when it comes time for us to express ourselves spiritually as adults, our mouth and our heart will know exactly what to do.

But there's a valuable accomplishment that you're doing every day with your davening.

When one of my grandchildren sidles up next to me and looks in my general direction and says, "Zaidy..." my heart melts because of this little creature who's trying to relate to me. So too, when we, in our imperfect way, turn to HaShem, even if we're fumbling with the words, and we say, "Zaidy... HaShem..." then for sure we are melting the Heavens.

**Good Shabbos!**



## SUPREME FOUNTAINS™

**Let the Bracha Flow!**



**Birchas HaMazon with a Geshmak Inc.**

# Living With Appreciation

By: R' Daniel Shasha

Although Moshe carried out most of the plagues, he didn't carry out the first three: blood, frogs, and lice. Why was this so?

Many years earlier when Moshe was born, he was miraculously saved by being placed in a basket that floated on the river. Water helped save his life and he had so much gratitude that he just couldn't bring himself to hit the river in order to bring these plagues. Also, when he was growing up in Pharaoh's palace and killed an Egyptian taskmaster for his cruel treatment of his fellow Jew, he used the earth to bury him. Out of gratitude to the earth, he just couldn't hit it to bring the plague of lice. Therefore, Aharon carried out these plagues instead. (Midrash Tanchumah)

Yet there is an obvious question. Water and earth don't have feelings. Surely, they wouldn't have felt slighted if Moshe carried out these plagues? Why did He consider it to be a lack of gratitude if he hit them? Rav Dessler answers with something powerful. He explains that the reason Moshe didn't carry them out, wasn't because these objects will be offended. Rather, it was due to any harm that he might cause to his own character. Since he benefited from them, he didn't want to harm them as a way of strengthening his personal feelings of appreciation.

Showing gratitude to objects that helps us is a great way of strengthening our trait of gratitude. Even though they don't have feelings it makes a great impact on ourselves and helps accustom ourselves to this quality. Consequently, helping us appreciate the good we receive from others and from Hashem.

Rav Matisyahu Solomon zatzal asks a fascinating question on this Chazal. It was shortly discovered that Moshe killed the Egyptian man and he had to flee for his life and escape to Midian. Therefore, how useful was the earth in burying him after all? Rav Matisyahu explains, that even though it was only a short while until it was discovered, Moshe still needed to show appreciation for those few moments of security the earth helped provide! We see how far the obligation of hakaras hatov goes. We need to show appreciation for even a small amount of benefit that we receive.

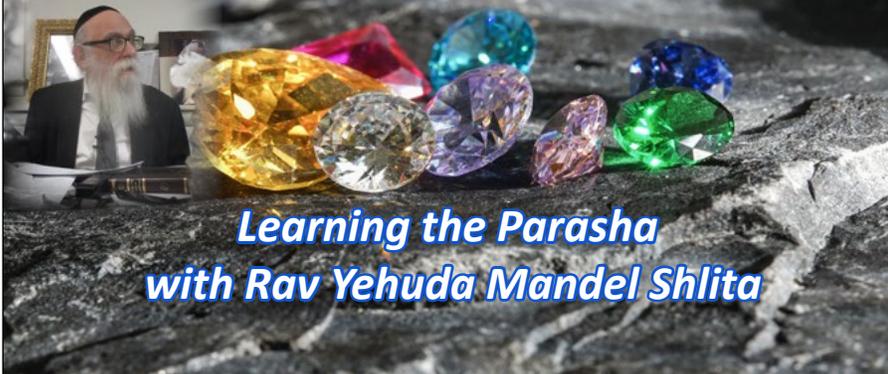
*Rabbi Yisrael Zev Gustman, the late Rosh Yeshiva of Netzach Yisrael, maintained the practice of regularly watering the plants and trees outside his Yeshivah. He always insisted on doing this himself and never allowed any of his talmidim to assist him. Rav Gustman once explained the reason behind this practice. In his younger years his Rebbi, Rabbi Chaim Ozer Grodinsky, taught him which plants in the forest were edible and which ones were poisonous. At the time he didn't understand why this was necessary, but years later when he was fleeing*



*from the Germans hiding in the forest, the advice came very handy. There was no food available yet he was able to survive by eating the edible plants. Out of gratitude to the plants which helped sustain him throughout those difficult years, he took upon himself to personally water them each day!*

This is an excerpt from the weekly Living Appreciation newsletter, for feedback, to subscribe or to obtain our two minute a day inspiring gratitude journal please contact us at [livingappreciation@gmail.com](mailto:livingappreciation@gmail.com)

# Bitachon Gems



## Learning the Parasha with Rav Yehuda Mandel Shlita

ויאמר ד' אל משה- אמר אל- אהרן נטה- את מטך

and משה speaks only to משה and אהרן hears from משה. and the father of the greatest שבט in ישראל is אהרן קה"ק. Yet, only משה is זוכה that the הקב"ה should speak directly to him. We know nothing about either משה nor אהרן and their greatness is way beyond us. Yet, notice how דוקא משה who had so, so many problems in his hesitancy to do his שליחות is זוכה, and not אהרן.

Part II

In last week's parsha, משה told the הקב"ה four different times that he'd rather not do the שליחות for all kinds of reasons. And in this פרשה again we have משה saying that since the בני"י didn't listen to him how will פרעה listen to him?

ואני explains ערל- שפתיים מ"י. "simply not capable." This episode is repeated twice, and it appears like a חזרה! If the תורה repeats something (especially a story) then it's extremely important for us to hear it!

Part III

Again and again – the greatest human who ever crossed the planet earth is told by

the הקב"ה to do something and says, "He can't"!

He will soon become the greatest success in the history of mankind and he will raise the level of אמונה ובטחון for all of us forever since he will cause יציאת מצרים, and look how he **appears** so incapable and so ח"ו lacking in אמונה and trust in the הקב"ה!

Part IV

And the holy Torah wants us to keep hearing again and again about what appears in our small שכל as a חסרון in חסרון and a חסרון in self esteem! דוקא this person remains our greatest example to follow and we are מחוייב to believe in his greatness as basic in our yiddishkeit.

Part V

We can suggest בס"ד that the תורה wants us to see how many frustrat-

ing and unending difficulties a person can have in עבודת ד'. And the lesson for all those nervous types and depressive and hopeless cases in תורה or קדושה or facing the world and זיכוי הרבים etc. – if you are having extreme difficulties, maybe you are the future רבינו of our דור!!

Part VI

Instead of יאוש and adding more proof to the common malady of building a case against yourself – maybe דוקא you are destined for greatness!? And all those people whom you admire and envy, all those popular "born successes" and those super talented and famous מזכוי הרבים should be "nebechs" in your perception!

Part VII

Don't be נתפעל! Not from your constant failures, and not from other people's successes. Being נתפעל is a kind of יצה"ר which the הקב"ה supplies to everybody. It's all a test in order to make you great.

An open message: What I just wrote might give you lots of חיזוק, but if the תורה repeats the same identical story. – then the תורה is telling us a message that needs to be repeated!

Part VIII

If you don't constantly remind yourself – either by reading this again and again or opening a חומש and חזר this story a lot (or both), then you won't get too far. This is called לימוד המוסר –

when you keep repeating something that you know already – since it takes plenty of repetition to sink in.

True story

Chaim Jones is one of those who had an unfortunate shady background and he's always making mistakes and forgetting and saying the wrong thing and coming late, etc.

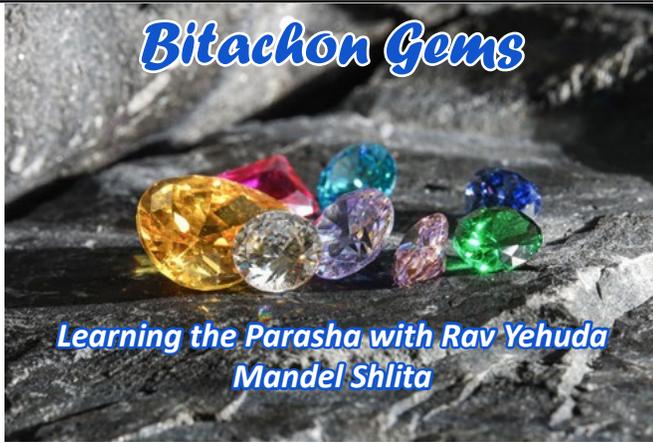
## Paradise Freight Shipping

Transfer all Your Goodies to the Next World



Be busy with Torah & Mitzvos 24/7!

## Bitachon Gems



Learning the Parasha with Rav Yehuda Mandel Shlita

He walks around all day being too well aware of his shortcomings. He was told that for him תיקון המדות is believing he's good, and that he did the right thing no matter what!

Part II

One morning, he woke up late and he needed to go to B.M.G. to give an important letter to a yungerman. The yungerman told him that he would be in B.M.G. until 8:30. At 8:25 Chaim was rushing out of the house when his wife

needed some help.

Part III

He was very stressed since he had only a few minutes to play with and he told his wife "No!" And he ran out of the house! He came to B.M.G. just before 8:30 but he missed the yungerman. Many years ago, it may have been

appropriate to say, "It's my fault, as usual, and if I had helped my wife I would have had ט"ס to come in time."

Part IV

In fact, being a true ירא שמים, he was also that type who blames himself for his עונשים and this is why he was very depressed for many years. But these days he has הדרכה in positive thinking from his rebbeim and despite his strong negative feelings about him-

self and his "missing the boat" as usual – he screamed out loud "I did the right thing and I'm going to come out the winner".

Part V

He felt "zero" inside and what he was saying made no sense to him at all, but his חינוך in positive lies had already become part of him.

A second later, a car passed by him with the yungerman waving to him – and he opened his car window and passed him the letter!

Part VI

This story is an absolute goldmine and I have to give this type of message to many people. My rebbeim (albeit from a different generation) have encouraged me in insisting to promote this way of thinking since this is called the true שבירת המדות of our דור.

This Week's Gadol: Rav Belsky

BY: Y.W.

Rav Belsky was the Rosh yeshivah of Yeshivah Torah Vada'as. He had so much care for every Yid. Here is one story out of the many that illustrate his love towards his fellow Yidden.

One day, when Rav Belsky was at Niagara Falls with his talmidim, he wanted to go into the Niagara cave with them. However, the security guard said, "Sorry, not all these boys may go in." He pointed at a boy in a wheelchair. "That boy will have to stay behind, while the rest of you can go in."

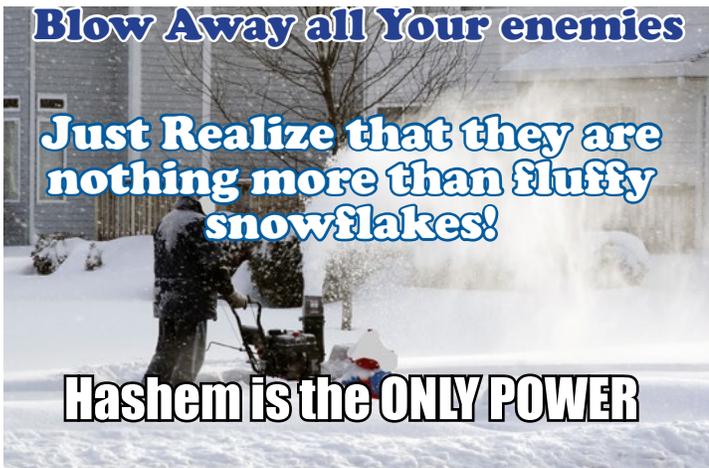
Naturally, Rav Belsky was very sad. He told the boys to go into the cave themselves, while he would stay behind with the Talmid in the wheelchair.

Suddenly, he saw a father standing nearby, picking up his child and placing him on his shoulders. Rav Belsky's eyes lit up. He could do the same thing! He called to the security guard, "Excuse me, can I bring this boy on my shoulders as well?" pointing to the boy in the wheelchair.

The guard thought it would be way too heavy for him! But Rav Belsky just picked him up and brought him into the cave. He acted as any father would to his own son, because to him, his talmidim really were his children.



## Blow Away all Your enemies



Just Realize that they are nothing more than fluffy snowflakes!

Hashem is the ONLY POWER

## Magical Snow Blowing™

The Best Snow Blowing in Town!

- ✓ Efficient!
- ✓ Timely Service!
- ✓ Free!
- ✓ 24/7!
- ✓ 100% Guaranteed

We have been discussing the great subject of loving other Yidden and doing chessed. We will b'ezras Hashem continue on our journey with many refreshing thoughts and outlooks. Let's explore.

I heard an unbelievable story from Rav Avraham Schorr Shlit"a. There was once a Chassid of a great Rebbe

who did the Rebbe a tremendous favor with great mesiras nefesh. The Rebbe was understandably full of gratitude.

The Rebbe wanted to reward and give him a bracha. He interestingly gave his chassid two options. Either he will be guaranteed a place in the world to come or he will give him a Bracha for great riches. To everyone's shock and amazement the chassid chose the latter - to become rich.

The Chassidim were baffled because this chassid had very little to do with olam hazeh. So, they respectfully approached him and asked him for an explanation.

The Chassid responded with the most remarkable explanation. He explained that obviously his first impulse was to grab the first choice, to be guaranteed a portion in the next world, and not just a regular portion. To be with the Rebbe, what could be better than that?

However, after some serious thought he realized that this decision was coming from a selfish point of view. On the other hand, he realized that if he gets all that riches he will be able to spend the rest of his life helping other people. With this thought he made his decision.

This story has much depth to it and we can devote quite a few pages analyzing this amazing story. However, let's bring out from this story the famous words of Rav Yisroel Salanter who writes "that the reason we are in this world is to do for others".

This man understood this and that's



# Chizuk Corner

By R'Y Friedman

why he felt that instead of taking a short-cut to Gan Eden, he went the right way. He understood the greatness of doing for others, whether it's Tzedaka or chessed. This is our mission.

Perhaps this is why the Avos were given much richness, to be able to do their mission to the fullest of doing chessed for others.

Now someone reading this may be thinking as follows. "I am not wealthy as I struggle to pay my bills, so all this is irrelevant to me."

There is a story about Rav Yisroel Salanter himself. We know that Rav Yisroel Salanter fathered the idea of Kollelim that is surging all over the world until today.

Once, his Talmidim saw him talking passionately to an elderly man about the chashivus of learning in Kollel. This man was not a person of means (monetarily) nor was he able to join the Kollel. So they asked their Rebbe why was he spending time with this old man.

Rav Yisroel replied, "It's true that he can't come to the Kollel nor can he give much, but he needs to want to participate both physically and monetarily."

This idea is very refreshing to me.

If you were to win the mega million power ball [e.g. two hundred million] what would you do with your money?

There will be a tiny percentage of the world (under one percent) who will respond immediately that they will

give lots of tzeddaka to all different organizations.

Some will say that they will start their own organizations, Kolelim or Yeshivos.

There will be all sorts of creativity in promoting more chessed and Torah to the world. Many Yidden would donate sifrei Torah and build Shuls.

I once heard a good line from a Yid. He said that if the non-Jews would know about all the



chessed organizations that we Yidden have, it would be enough of an incentive to convert.

Now it's true that fantasizing for selfish reasons may be a waste of time. However, if one fantasizes in striking it rich to be able to grow by leaps and bounds in chessed and supporting Torah, then it is in fact commendable. This is what Reb Yisroel Salanter is teaching us.

When the Ponevezeh Rosh Yeshiva was looking to build Yeshivos someone made a comment to him that "he is dreaming." Not missing a beat, the Rav responded, "Yes that is correct, but the difference is that you dream by night while I dream by day."

Perhaps if we keep fantasizing how we can do loads of chessed, perhaps Hashem will make our dreams come true. Hashem has unlimited resources to help us achieve our goals.

Now we know that in our communities there are tremendous chessed organizations that are dedicated to Klal Yisroel 24/7. For example: Hatzalah. Another name for Hatzalah

is EMT. I believe that this name fits them perfectly. Energy, Money and Time. Let's discuss them.

**Energy-** The speed and work that goes into saving peoples' lives is mind boggling. One can even see a middle age man running trying to save another life. The devotion that members have are incredible.

**Money -** Many times a Hatzalah member will be in the middle of a business meeting and he has to drop everything to rush to a scene.

I heard a story of a man that walked into a shop, and he was looking around. All of a sudden, the owner rushed over to him and asked him if he wants to watch the store or come back a different time as he sped off to try saving another Jewish soul.

**Time -** This is something which makes Hatzalah so incredible. They give up their sleep, their suppers, their lunches, their conversations and even their Shabbos meals.

There are not enough words to describe the sacrifices that go into the lives of Hatzalah members, and we cannot forget their wives. The fact that they allow their husbands to run out is a tremendous sacrifice on their end.



Not everyone is cut out to be in Hatzalah. However, we can still want to be part of Hatzalah. Donating to Hatzalah is also a great start.

However, it goes even further than that. Chessed opportunities are end-



less. They are like diamonds strewn all over the street. At every corner there is another chessed opportunity waiting for us.

Here are just a few examples. There are hospitals and nursing homes scattered throughout the city. The patients there can use chizzuk.

Additionally, there are many elderly people that are home [with or without an aide] and they could use some chizzuk as well.

Then there are people that may feel lonely, and they need a kind word and some chizzuk. You never know how far this chizzuk can take him or her.

There is an amazing story I just heard. There was someone who lived in England and he received an invitation to someone's wedding that was taking place overseas. He didn't remember this bachur well and he was about to dis-

card it.

All of a sudden, he noticed a plane ticket sticking out from the invitation. He was shocked, because although he remembered this fellow from Yeshiva, he did not have much to do with him.

So he tracked down the number of this chassan, and he asked him for an explanation. The Chassan replied, "The fact that I am still a ben Torah is to all your credit.

When I arrived in Yeshiva, nobody looked at me, and I didn't have one friend. Nobody greeted me and after a few weeks I decided to leave Yeshiva to return home (to go to work). I booked a ticket back to England.

That night by Ma'ariv, the last Tefilla in Yeshiva, I bumped into you. You smiled at me and you inquired about me. You asked me my name and where I was from.

This conversation was a game changer. Someone had finally given me recognition and I canceled my tick-



et." Now," concluded the Chassan, "do you understand why I sent you a ticket?"

Klal Yisroel is full of Chessed. Klal Yisroel is full of Chizzuk

Together we will march very soon with our extended families - all of Klal Yisroel to greet Moshiach. Amen.

**live anxiety free**

**Allow Hashem to take control!**

**YOU HAVE NOTHING TO WORRY ABOUT!**

"Give It In", vs. "Give In".

"Give It Up", vs. " Give Up".

"I'm giving it in," is usually used in terms to giving in something to someone (office files, applications, record sheets, etc.) The term "giving in," without explaining or stating what exactly you're giving in, changes the meaning. It is usually used in the context of: giving in on my own opinion or view of something, to someone else's way of doing or thinking or to their request.

The words, "I'm giving it up" are commonly used in terms of: giving up a certain habit, practice, routine, addiction, etc. It can sound pretty positive.

On the other hand, the words "I give up," does not give us any hint of a constructive or positive feeling of "going forward" in life. It seems to mean: "I give myself up, to something or someone stronger than myself." I surrender to some mighty force, task or person.

We can perhaps change that to sound hopeful, motivated, and then eventually, even content!



When I'm about to say those words, "I give up" I can start thinking: Yes! I give myself up to The Almighty Hashem! I give up my struggling in pursuing the illusionary needs in my life. 'I GIVE UP TO HASHEM'!

*I give myself: my own differed thought, wants and needs up to Hashem! To His Will, to His Ratzon, and to His way of running His world. He knows best, and does the best, for everyone!*

*Who am I to have an opinion? My mindset stems from a mind that is bound by the boundaries of the created human. It is a very limited, narrow way of thinking. It just causes me frustration when I don't "get my way".*

*Giving myself up to Hashem, will only bring me peace of mind, and peace with the situation that I find myself in, because in essence, this is*

*Hashem's Perfect Ratzon, for things to be exactly "this way" not "my way". So I'll HAPPILY*



*raise my hands in surrender to Hashem and His will!*

*I won't say: Hashem, I give up. Rather, I give up to Hashem! My will will be His Will.*

*Make your will, His Will! As the famous quote from the Chovas Halevavos about the righteous person who was known to say, "I never woke up in the morning, wanting to be in a different circumstance, than what Hashem put me in now!" That way we can thank Hashem for EVERYTHING going on in the world and in our personal lives.*

*In any situation we find ourselves, under all conditions, circumstance, or happenstance, we can choose to say: This is what HASHEM wants and it's happening the way He wants it to happened. It's all with the exact timing and setting including everything and everyone that's involved, with all the minute details.*



*There is a good purpose for me to be in this situation that I find myself in now. Let me take advantage of it and do the best I can, to live up to it's purpose, in the best way possible!*

When you'll surrender your will to Hashem's Will, you will always be content and relaxed with serenity and tranquility. You will feel secure in the Hands of Hashem. He Is The One Who will only do the best for you, for me, and for everyone, ALWAYS -in all ways!

My father A"H had a saying that he constantly repeated throughout the day, in his aging years.

It goes with a story. A group of Yidden were once traveling in their wagon, on the way to their Rebbe. They noticed a poor man walking on the side of the road, and immediately offered him to join them on their



horse- driven, simple wagon.

The poor man happily hopped aboard and found some empty space on the straw covered floor. He sat down smiling contently. They continued on their way, but the other passengers were concerned if this Yid was comfortable. Was that smile real? They asked him good-heartedly "Reb Yid are you okay? Is that seat good enough?"

This poor, pure, Yid answered with his smiling face, "Ashrei Ha'am Shekocho Loi". He explained a new way of understanding those words. Ashrei Ha'am-"Lucky is the nation, Shekocho- that, the way it is, Loi- is good for him!

A Yid is happy and content with the way things are going in his life, no matter what. So, yes, this soft straw seat, on the floor of the shaking rocking wagon is just fine!"

Upon reaching their destination, the Rebbe in-

quired about their traveling. He kept on asking for more details. Until the talmidim told him about the smiling Yid that they picked up on the way. When they finished retelling his p'shat in that posuk, the Rebbe smiled, "That's what I was waiting to hear." The Rebbe continued, "It was worth your whole long arduous travel just to hear that heilige P'shat in that verse of Tehillim."



My father constantly said that line quite a few times each day. He would stop what he was doing, look us in the eye and say: "Ashrei Ha'am Shekocho, Loi" We knew what he meant. It needed no explanation.

Are you "going through the mill"?

Do you feel like you are trudging uphill? Or rolling downhill?

Is life at a standstill, Like you're walking on a treadmill?

**DON'T FEEL ILL!**

The best pill, with no charge or bill, Is still, the skill, to make your will, be Hashem's will.

Into your mind let it drill, and fill, 'til, you'll get the thrill,

Of, "Ich Vil vus Hashem Vil!"

Remember "Ashrei Ha'am Shekocho, Loi"!

## **BAIS HAMIKDASH CONSTRUCTIONS**



**Building Together Hashem's Magnificent House!**

**Love your friend to no end!**

# Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

CZAR NIKOLAI'S ARMY would fight during the day and drink at night. One soldier drank too much, and he was still asleep when his troop moved on. Upon awakening, he knew he had to catch up with his battalion quickly, but first, he wanted something to eat. It was Friday night. He came to a Jewish home and helped himself to the pot of steaming cholent.

He mounted his horse, placed the pot of hot cholent on the horse's mane, and set off to find his division. The hot cholent burned the horse's back, which spurred the horse to run quickly. It didn't take long before he reached his battalion, but his horse, burning from the hot pot, kept charging forward straight toward the frontlines.

The enemy soldiers saw him charging full-speed toward them, assuming he surely had a powerful weapon, as he wasn't scared to face them alone. As such, they fled in panic.

In this manner, Czar Nikolai's army won the battle without firing a single gunshot.

Reb Mendel Futerfas, zt"l, told this story and explained that it is the same with our battle against the yetzer hara. If one shows courage and hislahavus, the yetzer hara will be afraid of

him and leave him alone.

Reb Yaakov Meir Shechter, shlita, explained the power of "courage" with an analogy: "When you are among a pack of dogs and show them you are afraid, they'll run after you. But if you show them you aren't scared, the dogs will leave you alone."

Reb Yaakov Meir explained that this is also how it is with the yetzer hara. If you show fear and cowardliness, the yetzer hara can overpower you. But if you show confidence and courage, the yetzer hara leaves you alone.

## "IT DOESN'T SUIT YOU!"

A bachur from Reb Isser Zalman Meltzer's yeshiva once said an innovative Torah thought. Upon hearing it, Reb Isser Zalman requested that someone bring them mashkeh, and the entire yeshiva drank l'chaim



because of their joy from this bachur's discovery in Torah.

That bachur later admitted that

because of the honor everyone gave him, he studied diligently for an entire half a year afterward!

Chazal say (Sotah 49) that before Moshiach comes, "there will be a lot of chutzpah." The Sefas Emes says that this alludes to people having the chutzpah and audacity to say, "I'm a tzaddik! I'm special!" And yet, thinking that way is necessary because, when said with pride, it can conquer the yetzer hara.

Another story that brings out this exact point: After suffering the tzaros of WWII, a Chassidishe bachur strayed off the path of Yiddishkeit to the point that he was planning to marry a non-Jewish woman, R"l. Many people tried to persuade him with logical arguments not to commit this grave sin, but he ignored their mussar.

With his sweet voice, Reb Gad'l Eizner, zt"l, addressed him by telling him simply: "פאסט'ס נישט—It's unfit for a Chassidishe bachur." With just that, he turned him around, and the wedding was called off.

Why did Reb Eizner's rebuke work? Because it was laced with "honor." He had honored the bachur with the title of "Chassidishe ba- chur," of which

Continued on next page

# Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

he felt privileged to carry, and that ultimately prevented him from the sin.

The Rambam (Avos 2:13) writes, “ואל תהי רשע בפני עצמך—Don't consider yourself a rasha, because if you think lowly about yourself, you won't consider your aveiros severe.”

The pasuk in Mishlei says: “Musser Hashem, b'ni, al timaas,” While the literal translation is “My son don't disgust yourself,” the sefarim teach another way to understand it: “B'ni, you're my son. Make sure to avoid any unbecoming behavior.”

Rebbe Shlomo Karliner, zt”l, would say, “The greatest yetzer hara is that we forget that we are a ben Melech, a child of Hashem the King.”

## THE “KING”

Reb Elimelech Biderman tells a story that shows this lesson.



After WWII, it became clear that the Slonimer Rebbe was killed al kidush Hashem. His

chassidim turned to the next in line and asked him to take over the leadership, which he accepted only after much pleading and requesting.

When he was appointed, he told an analogy. “What happens when chess experts are playing together, and in the middle the king piece breaks? How do they continue when there's no king?! They can't just stop the game. So what they do is find a nutshell or a button and replace it with the original king, and use the replacement as the new king.

“So too,” said the new Rebbe with great humility, “is the situation that we find ourselves in. We have lost our tzaddik, our leader, and yet at this time we must take whatever replacement there is and use it. The war cannot be surrendered; we must continue.”

“This story,” says R' Biderman, “serves as an important lesson. We must fight our own battles the same way. Although at times we feel that we are unworthy to stand up to the plate, and we might feel like a nutshell, nevertheless, when there's no 'king' in the game, we must step up and play like the 'king.' We must stand with courage against the war of the

yetzer hara. We must stand up and take the place of the 'king' to serve Hashem properly.” (Taken with permission from Mechon Be'er Emunah, Be'er Parashah, Re'eh, p. 8)

## THE NOBLE MAN IN PRISON

Reb Yankele Galinsky, zt”l, tells that when he was in a Siberian prison, one of his cell-



mates would awaken in the middle of the night, dress in an army uniform, and march about the room, pretending to give demands to people.

One night, Reb Yankele asked him why he did this. The prisoner was embarrassed; he didn't realize that he was being watched. Reb Yankele promised he wouldn't tell anyone and that he was just curious to know why he was doing this charade.

The prisoner replied, “I was a powerful general in the German army. Hundreds of soldiers were under my command.

# Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

I don't want to forget my glorious past. I put on my military uniform with all my medals and pretend I'm once again a commander over hundreds of soldiers. This gives me strength to endure the humiliation and affliction we suffer here in this Russian prison."

Reb Yankele would later tell this story to remind us that we Jews are the King's sons and shouldn't forget our glory and pride.

## "BETTER THAN THE QUEEN!"

R' Chaim Epstein relays that a person who suffered many misfortunes in his life came to seek consolation from the Skverer Rebbe, R' Yaakov Yosef Twersky. He said that he had been experiencing many troubles in his life to the point that he was feeling downtrodden.

Hearing this the Rebbe said, "A Yid feeling dejected? How can that be! Every morning, a Yid bentshes Hashem that 'Shelo asani goy,' that Hashem didn't make him a goy. That means that we praise Hashem that we're more precious than the Queen of England. Isn't that enough reason not to feel down?!"

HASHEM WANTS YOUR MITZVOS

One of the greatest ways—if not the greatest—to build this feeling is by remembering that Hashem adores, venerates, and admires the mitzvos that we do, and every time we withstand and hold ourselves from doing an aveirah, Hashem admires it.

There was once a man who had made a kabbalah to learn from a particular sefer each Shabbos as a zechus for a particular yeshuah that he wanted. He did so for eight consecutive years but didn't see the yeshuah. One week, he realized his kabbalah wasn't working, so he decided he would give up learning from that sefer.

That Shabbos, while he was in shul, an unfamiliar boy came in looking for something. The boy asked him, "Do you know where I can find such-and-such sefer?"

After the man helped him find it, the boy asked the man if they would be able to learn together. As they sat down to learn, the man started to cry, eliciting the wonderment of the boy.

The man explained to the boy how he'd been learning the sefer for the past eight years and only gave up on his kabbalah a few days prior. He thought Hashem didn't care about his learning the sefer, because he didn't get the yeshuah after eight years of learning it consistently. And now, by Hashem turning around the world and bringing this unfamiliar boy into the shul seeking a chavrusa to learn this particular sefer, he saw how Hashem really did care about his learning. That is what brought him to tears.

Hashem was showing him that although he hadn't yet been zocheh to the yeshuah, it shouldn't leave him with a feeling that Hashem doesn't value what he's doing. Hashem has His reasons for withholding the yeshuah, but that doesn't take away in any way the value of the mitzvah that he's doing.

STORIES TO inspire

HOTLINE NUMBERS  
USA - 718-400-7145  
UK - 0330-325-1275  
ISRAEL - 072-327-5206



OVER 4250 INSPIRING STORIES TOLD OVER BY OUR GENERATION'S FOREMOST RABBINIM AND SPEAKERS

R' Moshe Hirschberg is the author of "Zichru Toras Moshe – Heartwarming Stories for the Shabbos Table." To receive the Weekly Zichru Toras Moshe please call 732 569 8111 or email: [the.zichru.toras.moshe@gmail.com](mailto:the.zichru.toras.moshe@gmail.com)

The teenagers at the National Coordinators' Conference of Yachad, an organization that works to integrate people with cognitive disabilities into mainstream Jewish life, probably had no idea that the guest speaker's address was going to change the way they looked at the world ... forever.

Reb Yehoshua Hoffman began his speech by discussing the subject of happiness. The key to happiness, he told his listeners, is to appreciate and be happy with what one has. "Every person has something that I call a 'happy meter,'" he continued. "A 'happy meter' is a measurement of how much you need to have in order to be happy. This is something very individual. Some people need to have extravagant meals, while others are content with simple foods. Some people are satisfied only when they can enjoy luxuries, while others are content with the bare minimum. We all have 'happy meters' in every area of our lives, ideas that tell us what to expect from our jobs, from our homes, from our marriages, and from everything else. If our



expectations are not fulfilled, we are not happy.

"Our job," Reb Yehoshua told his audience, "is not to allow our 'happy meters' to be set by influences from the outside world. We can't allow foreign ideas to tell us what we need in order to

be content with our lives. The Torah tells us to find satisfaction in simplicity so that we will be able to channel our energies into serving Hashem. And if we recognize that this world is only a prozdor, a corridor leading to Olam Haba, it will make it much easier for us to be satisfied with less."

Reb Yehoshua paused meaningfully. "My friends," he said, "I am going to do something right now that will lower the level of all of your happy meters. I would like to ask every one of you to stand up so that we can do the hokey pokey."

Puzzled, the teenagers rose to their feet. But their mystification did not last long. They immediately saw that Reb Yehoshua did not stand up — because he was unable to. Reb Yehoshua is a quadriplegic, paralyzed from the neck down due to a car accident in the summer of 2007. That accident took the life of another passenger in the car and changed Reb Yehoshua's life forever. The audience was in tears as Reb Yehoshua demonstrated how he could not lift his legs and shake them all about, and how he could barely lift his arms to shake them. When he did raise his arms, it was clear that he had very little control over his fingers. But the most incredible part of the scene was the broad smile plastered across his face as he spun around over and over again in his wheelchair, demonstrating his own unique version of the "hokey pokey."

If anyone could have an excuse for lacking simchas hachayim, it would have to be Reb Yehoshua Hoffman. Before the traumatic accident, he was a powerhouse of energy, a person who was constantly on the move and who shuckled (swayed) intensely whenever he davened and learned. His debilitating injury robbed him of all that and much more. He needs help to perform even the simplest tasks. He cannot take his own food out of the refrigerator, wash his own hands, tie his own shoes, or even turn himself from side to side in bed in order to avoid the dreaded bed sores. It is not difficult to imagine the average person surrendering to de-



**Be on Vacation all year round!**

**Leave all your worries to Hashem!**

*spair under such oppressive circumstances. But Reb Yehoshua is always filled with joy.*

*Reb Yehoshua's joy is matched only by the boundless energy with which he remains committed to avodas Hashem. With the help of his devoted eishes chayil, he learns two full sedarim a day and gives many classes to young boys and adults. Above all, Reb Yehoshua refuses to allow his disability to prevent him from observing any halachah, even a chumra or minhag. He never bentches without a bentcher or fails to wash mayim acharonim, despite the strenuous effort that he requires merely to wheel himself across a room to get a bentcher or get to a sink.*

*Reb Yehoshua's unflagging simchas hachayim and commitment to mitzvos is a function of his perspective on life. He has internalized what Chazal teach us — that this world is nothing but a prozdor, and that we acquire true happiness when we gear our lives to preparing for Olam Haba. True living is living that centers around Olam Haba. Reb Yehoshua broadcasts this message in every waking moment of his life and has made an everlasting impact on everyone who has come into contact with him.*

*We have all known good people who have suffered from extraordinary anguish, whether due to medical problems, financial problems, problems with their children, or a vast array of other painful or tragic situations. Why do good people suffer? Rav Dessler writes (Michtav Me'Eliyahu vol. 1, p. 22) that the answer to this question lies in the principle of kiddush Hashem. Kiddush Hashem is the most fundamental, all-embracing mitzvah in the Torah; it is the basis of all of the Torah's mitzvos and all of our avodas Hashem. Everything we do must be geared toward the all-encompassing goal of bringing honor to Hashem.*

In order for us to achieve this goal, Hashem created a world in which every individual would have a unique



role to play in bringing about kiddush Hashem. Every person is placed in a different set of life circumstances in which his or her personal avodah is to serve Hashem as much as possible in light of those circumstances. As

Rav Dessler writes, some people are subjected to the nisayon of wealth and are expected to serve Hashem despite the temptations of affluence, while others are given the nisayon of poverty and hardship. When every Jew serves Hashem properly in his own unique life circumstances, the avodah of the entire Jewish people is woven together to form a vast, beautiful tapestry of kiddush Hashem.

Rav Dessler concludes his discussion of the subject with a powerful statement: Although we can never know for certain, it is possible that if the neshamah was asked, before it was sent down to the world, if it would prefer a life of ease and comfort or one of hardship and suffering, it might in fact have chosen the latter. After all, Rav Dessler points out, it may be easier for a person whose life is filled with pain to remain aware of the fact that this world is a place to prepare for Olam Haba and to invest energy into developing a close relationship with Hashem.

Reb Yehoshua Hoffman is a person who knows how to look past the fleeting life of Olam Hazeh and perceive the profound meaning underlying it. He is content with his situation because he recognizes that Hashem created him in order to serve Him through the hardships and challenges that he experiences every day. By maintaining his visible feelings of joy and contentment with his situation, Reb Yehoshua creates the greatest possible kiddush Hashem.



Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.

Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

Email: [LivingKiddushHashem@gmail.com](mailto:LivingKiddushHashem@gmail.com) for a free file of sefer Mekadshei Shemecha and other resources and to sign up for our weekly Kiddush Hashem email.



## Rabbi Yosef Moshe Mizrachi

I was recently reminded how living with Bitachon greatly enhanced our lives.

There is a very good Rebbe who teaches in a Yeshiva next to me. One day, I knew that I would have some extra time in my schedule so I asked him if I can come into his classroom to observe. The Rebbe was very nice and agreed.

Shortly before I was scheduled to come, the Rebbe mentioned that there was someone else who wanted to observe as well. So he asked me if I would mind to reschedule and come a different day.

I was debating what to do and then I remembered that Rav Golombek always says that one never loses when one does a Mitzvah. When someone is mevater, he should realize that Hashem will make sure that he will not lose out! Hashem will make sure that he will get back the very same benefits that he thought he was losing and actually Hashem will give him extras since he did the Mitzvah of giving in!



So if one lives with Bitachon they realize that it's not even a sacrifice since they will get everything!

Knowing that Hashem would take care me, I told the Rebbe that the other person could go that day and I would reschedule!

I felt so taken care of knowing that Hashem would make it up to me!

There is a Medarash Devarim Rabba which states, "Hashem says: listen to my children for no one who listens to me will lose out because of it, as it says in Mishlei: *One who keeps a mitzvah will know of nothing bad.*"

Similarly, in Pirkei Avot 2:8 the Rambam writes that a lender should know that if for some reason a borrower cannot pay back the loan, Hashem will make sure that he will get repaid! As the Pasuk says (Tehilim 37:21) 'although a wicked person will borrow and not pay back, Hashem Will kindly pay money [back to the lender]!' **Shabbat Shalom U'mevorach!**

**BE THE ONE TO INSPIRE TENS OF THOUSANDS OF YIDDEN!**

The Spring Hill Times is looking for volunteers to:

1. Type up messages.
2. Make a fun page.
3. Send in good news.
4. Write Gedolim Stories.

Please call/text 845-327-5041

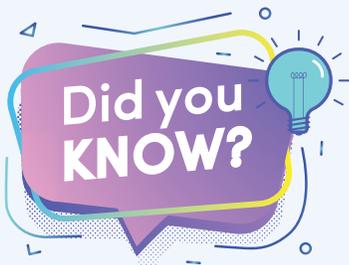
Email: [thespringhilltimes@gmail.com](mailto:thespringhilltimes@gmail.com)



**But nothing compared to what's waiting for you in the next world!**

**By: Rabbi Zevy Golombeck**

Did you know? Every time you daven without kavana, instead of thinking, "Oh, what was my tefilla worth?" you should be machshiv it anyway, and then Hashem will also be machshiv it! (From R' Yehuda Mandel, based on a Rema in Shulchan Aruch, Hilchos Yom Kipurim)



L'chatchila, tefillah with kavana is better, but once you already davened and you didn't have kavana, you should say, "Adaraba! This tefillah even without kavana is worth so much in Shamayim, now I know for sure I'm going to get answered!" (This point is true regarding all mitvos. It is so important to be machshiv every mitzvah that we do, whether l'shem shamayim or not l'shem shamayim, with kavana or without kavana.)

There is also a second point to keep in mind, that when you daven a dry tefillah without kavana, you don't feel good about it, you don't get the kavod and the gaavah and the sipuk, and therefore sometimes a tefillah where a person wanted to have kavana but was unsuccessful, brings a yeshuah faster than a tefillah where a person was able to have kavanah.

Rabbi Yehuda Mandel said over a story that there were two people davening together by a kever for a very big yeshua. One walked away cold-hearted with no feelings. The other one walked away b'hislavavus. Rabbi Yehuda said that he followed those two guys. The one who davened cold-hearted got a yeshua right away, and the other one got it six months after that. Rabbi Yehuda saw clearly that sometimes a tefillah without kavana, where you don't walk away feeling good, brings the yeshua faster.

Of course, we should try to motivate ourselves if we are able to have more kavana. That's what we're in this world for. The more we grow, the more bracha we will have in our life. The point that Rabbi Yehudua Mandel is saying is that no matter what situation a person finds himself in, he should respect it and be machshiv it! The more a person does that, the more bracha will come into their life.

## Gold Mines

*Based on the teachings of Rav Yehudah Mandel*

**By: R' Baruch Rosenstock**

When dealing with people, especially in Chinuch and Shalom bayis, we should not to be too critical. People



don't perform as well when they are in a setting that's too critical. Even if we won't voice our critical feelings they may sense it.

It's worth focusing on their maalos and appreciating them; this makes them blossom and perform better.

Regarding appreciation, R' Mandel says there's always room for more, especially shalom bayis.

Pertaining to chinuch R' Mandel says sometimes parents have to get busy with their own life aside from their kids. When kids have parents that are too nervous about them and think about them the whole day they feel it and it may backfire.

R' Mandel says over R' Shalom Schwadron once told somebody who was having trouble with his teenager and this can be applicable to a lot of situations that "if you make nothing of the issue, it will become nothing."

In general a person should try to only see the good in others and like this, middah k'neged middah, Hashem will only see the good in him.

# MAZEL TOV!

**Mazal Tov to R' Shmaya Lobel and family (Chestnut Ridge, New York) on the birth of a new baby girl!**

**Mazal Tov to R' Sholom Shachna Freidman and family (Beitar Ilit) on the birth of a new baby boy!**



This column is part of the "ASHER TO THE YATZAR" initiative, and is written as a *zechus* for a *refuah sheleimah* for my daughter (**Esther bas Sara Miriam**) a young mother who is undergoing treatment for the *machalah*, and for R' Yossi Hecht (**Yosef Chaim ben Devorah Leah**), founder of [ashertotheyatzar.com](http://ashertotheyatzar.com). (Please take a moment to say a *perek Tehillim* for them.) If you would like to receive the monthly leaflet, please email [ashertotheyatzar@gmail.com](mailto:ashertotheyatzar@gmail.com).

### How Quickly Do We Forget?

In Parshas Va'eira (7: 15) Hashem tells Moshe to go down to the water early in the morning and find Pharaoh there. Rashi explains that since Pharaoh declared he was a god, he needed to use the facilities secretly in the river to hide the fact that he was human. Many years later, Chiram, king of Tzor, also thought he was a god. He had provided the cedar wood for the *Beis HaMikdash* and had lived for several centuries. In addition, he had built a magnificent, multi-tiered palace suspended on massive pillars over the ocean, containing mind-boggling engineering wonders. He began to think that he was a god and would never die. Chazal teach us (*Bava Basra 75a*) that Hashem proclaimed: "I looked upon you, Chiram, and I decided to perforate man's body with many holes."

From both of these stories we see that one of the reasons we need to use facilities is so that we should never forget that we are human. This gives us a new understanding in that which we say **אשר יצר את** "אשר יצר את - Who fashioned man with wisdom." Hashem, with His infinite wisdom foresaw that man may come to think he is a god. Therefore, He created him in a way that he will constantly remember that he was created by Hashem and requires His constant kindness. Most of us are not in danger of thinking we are a god, but we do tend to forget about Hashem, and attribute our success to our own talents. So, the need for using facilities is indeed a way to remind us of how frail and helpless we are without Hashem.

But why did Hashem create the requirement to use the bathroom several times a day? Wouldn't once a week or at most once a day be enough? I saw an answer: Even if we do succeed in remembering Hashem, we quickly forget Him! Therefore, we need constant reminders. For that reason, Hashem gives us so many opportunities to find Him. Rav Ben-Tzion Brook zt"l, Rosh Yeshivas Novardok Yerushalayim would say this is what it means in *Tehillim* (37: 3): "בטח בדי ועשה טוב- שכן ארץ-יורעה" "אמונה - Trust in Hashem and do good; dwell in the land and **pasture** [nourish yourself] with faithfulness." When a sheep grazes, it doesn't have to lift up its head and search for more grass, because wherever it goes it finds food. So too, wherever we go, we can find Hashem – we just have to open our eyes. Yes, strengthening our *emunah* is something that we must do at all times, and Hashem gave us that opportunity to do just that each time we say Asher Yatzar!

---

Rabbi Niehaus is the author of "Oasis: Experience the Paradise of Shabbos" and "HEAVENWORDS: Elevate your Tefillah and Yourself". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a rebbi in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.



BS"D

Ayn Od Milvado!

Shevet Laivi were never Pharaoh's slaves.

Through the entire Egyptian galus, they remained true to Torah and held tight to their forefather's ways.

Rather than backbreaking labor, they were able to learn in the Batei Midrash and Yeshivos where they spent their nights and their days.

Moshe and Aharon were sons of an esteemed Shevet Laivi family.

Their mother was Yocheved Bas Laivi and their father was the Gadol Hador, the son of Khas, Amram.

Moshe would lead B'nai Yisrael to freedom and Aharon would serve as Moshe's mouth.

Together, guided by Hashem, they would bring the salvation for Hashem's Exalted Am.

Now, Hashem commanded Aharon HaLaivi to leave Mitzrayim and his brother, Moshe, he would meet.

"Baruch Atah Hashem Shomaia Tfillah! Baruch Atah Hashem Goail Yisrael!," Aharon must have davened with every step of his feet.

Traveling in the opposite direction, as Moshe embarked on his awesome mission;

concerns for his brethren likely permeated Moshe's mind.

Had their situation deteriorated since he was forced to flee Egypt?

What desperate conditions in Mitzraim



would Moshe find?

Would The Children of Israel be able to endure until the vile King would end their servitude and B'nai Yisrael he and Aharon could redeem?

The two brothers arrived in the Midbar of Choraiv and greeted each other at Har Elokim.

Aharon kissed his brother, Moshe; elated to see him after so many years, ecstatic that G-d had decided the time was right to end B'nai Yisrael's misery and tears.

Aharon painted the heartbreaking picture of the matzav in Mitzrayim.

On the donkey, Moshe told him, were his sons and his wife.

"They'll be safer far, far away," Aharon warned,

"from the house of bondage and the gates of bitterness and strife."

Moshe repeated all the words with which Hashem had sent him

and performed the signs, commanded by Hashem, for his brother Aharon;

with the staff that had been passed down

through the doros from Adam HaRishon.

Serach Bas Asher had plucked a sweet melody on her harp as she appraised Yaakov Avinu of his unexpected yeshua.

Serach was still alive to verify that 'Pakod Pakadati' would only be pronounced

by the G-d sent Goail, the tradition from Yosef Hatzaddik's nevuah.

In Egypt, Aharon and Moshe gathered the Ziknai Yisrael.

V'yaameen HaAm v'yishmaoo kee Pakod Hashem es B'nai Yisrael, they knew, and He had seen their suffering.

In gratitude, they bowed their heads v'yeeshtachavoo.

The moment had come for Moshe and Aharon

to deliver Hashem's message to the cruel Pharaoh

and demand that Pharaoh release his Hebrew Slaves and let them go.

"We encountered Hashem, our G-d," Moshe and Aharon put Pharaoh to the test.

"Please let us leave to serve Him for three days.

This is our humble request."

"I'm Pharaoh, the King of Egypt!

Who is this G-d, Hashem? Why should I obey?

Why should I accommodate you, my slaves?

I've never even heard of this god, anyway!"

## Traklin Tiles

Make your palace in Olam Haba beautiful! It's going to be your home forever!

Unlimited selection!  
Warranty for eternity!



# Parshas Va'eria



**Mrs. S. Mordechai**

*Pharoh puffed out his chest,  
as if challenging Hashem to war  
and added to the workload of B'nai Yisrael,  
making them suffer ten times more.*

*B'nai Yisrael felt beaten and tzebrochen.  
The relentless oppression was taking its toll.  
Some Yidden were losing faith that Moshe would ever be able to break from their necks Pharoh's suffocating ole.*

*Moshe blamed himself that the plan to save his brethren seemed to be falling apart.  
The crushing agony of B'nai Yisrael, like the bricks they were forced to produce,  
weighed heavily upon Moshe's aching heart.*

*Moshe's privilege to air his complaints with Hashem, like father and son, was unique.*

*"Why did Hashem bring him to Egypt only to make the burden of His Children increase and their future seem even more bleak?"*

*"At My Command," Hashem responded, "your forefather rose early to sacrifice his son, his only one, whom he loved with no complaints and without thinking twice."*

*"He was a model of faith and trust for all time, My Servant, Avraham. You will soon see that this is the calm before the storm for the wolf while for Tzon Marisi this is the storm before the calm."*

*"Reassure the Children of Israel that with an outstretched arm*

*and with judgements that are great hotzaisi, v'hitzalti, v'gaalti v'lkachti Ami from Mitzrayim not a moment too soon; not a moment too late."*

*"I shall take you to me as a people and I shall be to you as a G-d. You shall know that I am Hashem and that with a raised hand*

*I gave to Avraham, Yitzchok, and Yaakov the land of their sojournings.*

*I shall give to you, as an eternal heritage, your promised land."*

*Aharon and Moshe approached Pharoh numerous times.*

*He was given more than ample chance to repent but he was stubborn and no matter what they said or did he just would not relent.*

*Snakes that ate staffs did not cause Pharoh to budge an inch; and not even staffs that ate snakes. Then it was time for Hashem to really up the anti and to raise the stakes.*

*The eyes of the universe were glued to Egypt as The G-d of Israel created a magnificent, miraculous real-life show of plagues and wonders to punish the evil ruler and the Mitzrim; but still Pharoh said NO.*

*From their plates to their purses, their fields, their organs, and their skin; there was no aspect of the Mitzriim's lives that was not affected by Hashem's din.*

*Water turning to blood and deafening croaks of frogs with lice and boils and beasts invading everywhere: to keep his choke-hold on his slaves, Pharoh turned Mitzrayim into a living nightmare.*

*At first, Pharoh thought magic was involved. He was not impressed nor did he care. Then it was obvious to all that G-d was in charge*

*when flashes of fire shooting down inside frozen hail were hanging in mid-air.*

*All this and Pharoh still would not let B'nai Yisrael leave. He would not give in. Hashem had hardened Pharoh's heart so that he could be punished for his every sin.*

*The plagues were manifested only on the Egyptians.*

*B'nai Yisrael were totally unharmed and unfazed.*

*The Mitzriim were miraculously punished while Hashem's People were safe, protected, unaware or looked on, amazed.*

*Hashem could have decimated Mitzrayim in one swift blow.*

*In one millisecond he could have brought their end*

*but without months of open miracles, Hashem's omnipotence all the inhabitants of earth would never comprehend.*

*With escalating nisim and niflaos Pharoh, the Mitzriim, and every person and creature would know:*

*There is only One G-d, The G-d of Israel. Nisgov Shemo. Ayn Od Milvado!*

*As Klal Yisrael waited for Yetzias Mitzrayim,*

*Pharoh unabashedly lead his country into mayhem and upheaval.*

*Now he was about to lose his battle in the eternal war between good and evil.*

*We'll be a blessing.*

*We'll be blessed.*

*We'll be a great nation.*

*A light to the rest.*

*To Be Continued...*

*With tremendous gratitude to Hashem Who will speedily iyH send another goial and bring geulah shelaimah and hakaras Hatov to R. Yitzchok I. Kaufman (The Spring Hill Times;) R. Zev Golombeck (The Bitachon Hotline;) R. Shira Smiles (for Parshas Shemos: Birth By Breaches 2023 and for Parshas Shemos/Vaeira shiurim re Exodus 2023;) Artscroll Chumash (Shottenstein Edition: Parshios Shemos, Vaeira: text and commentaries;) Artscroll Siddur (Shottenstein Editions Weekday: Text and commentaries;) R. Moshe Weissman (The Midrash Says: The Book of Shemos;) R. Shmuel Yerushalmi; Translated and Adapted by Dr. Zvi Faier (The Torah Anthology: Yalkut Me'Am Lo'ez- The Book of Shir HaShirim;) and EK, LJ, DD, RM, SMM, and AU.*

Just Look At What Hashem Made For You!

It's a Stunning World!



It's Full of Love!



It's a Wonderful World!

Sruly Yelen  
Lakewood, New Jersey

A GLIMPSE INTO THE PAST





# A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

Until now we focused on one main benefit of speech – the ability to give over and receive information. Like we already elaborated, this benefit is enormous and has a tremendous influence on every aspect of our lives. But there are quite a few additional benefits that we also receive from speech. Let's try to go through some of them.

When we speak to someone, we are able to make a fairly good assessment about them. We can tell if they have a strong personality or a soft personality, if they're organized or scattered, are they arrogant or humble, and many more personality traits and middos. One can also pick up some of these things through observing someone's actions or facial expression, but it doesn't compare at all to the quality and quantity that we're able to receive from having an extended conversation with them.

Speech is like a window to someone's nefesh. This is a very important tool to help us figure out who we want to befriend and who we want to distance ourselves from. The strongest example of this benefit is when we need to make a clear assessment of someone else to figure out if they are a fitting shidduch for us; someone who you can happily and effectively build a home with. Could you imagine having to make such a life decision just by observing facial expression?

We need speech to give us the knowledge and clarity. This also applies to any friend or acquaintance that we pick. Speech enables us to assess other people.

Speech is not only a means to receive and give over information; rather, speech also enables us to connect emotionally with people. When we speak, it's usually not just in a mono



tone - like a robot, devoid of life and feeling, rather, when we speak we express our emotional feelings. There are certain topics, ideas or demands that we feel passionate about, and we want to share our passion and feeling with others. Occasionally, we are jubilant and full of simcha, and sometimes we're upset or angry - and those are the feelings that we want to give over. HaKadosh Baruch Hu not only gave us the ability to talk, but he also gave us the ability to talk with emotion. He enables

Answers for the Parsha Game page 21  
Oven: The fogs jumped into the fiery oven.  
Broken Tree: The hail knocked down the trees in  
Mitrayim.

us to express and share a large spectrum of varied feelings.

This doesn't necessitate a different choice of words or a different choice of adjectives when we speak, rather the tone, the pitch and the speed with which we relay these messages. This enables others to understand us properly and deeply, and to respond accordingly.

It's such an important part of our communication that very often it's much more important how something was said than what was said. Obviously, this is a two way street. We as listeners can hear and should hear in the voice and tone of others what they mean to convey to us and what is deeply important to them, and we should respond accordingly. Hashem gave us in the gift of speech the ability to give over and receive emotions and feelings.

**This Niflaos HaBorei 2-Minute Audio Shiur is sent out 6 days a week.**  
**No need to call, the Shiur will call you.**  
**Choice of six times (EST): 8:45 am - 1:15 pm - 2:45 pm - 6:15 pm - 7:45 pm - 9:15 pm**  
**To receive this daily Shiur**  
**Call or Text: 313-NIFLAOS (313-643-5267) To hear a sample call: 908-280-4488**



# The Universe

## A Divine Masterpiece

Perfection - Precision - Brilliance - Kindness - Power - Ingenuity - Dominance - Foreknowledge - Goodness -

*Sarracenia psittacine*

This will be the last week discussing Carnivorous plants.

We have basically discussed all the main types, and as we saw, each



had a completely different mechanism in trapping insects for their nutritional value. We will see in future articles, BE"H, that Hashem made this world so complex and wondrous, so that we can be zocheh to get a glimpse of His immense greatness and His awesome abilities. This way we come to recognize His greatness and come to fear Him.

We will see this often in many creatures that we will IY"H discuss in future articles. For instance, there's a huge amount of spiders that capture insects in SO MANY different amazing ways. So, too, Hashem has made so many different types of Carnivorous plants for us to be able to see His wondrous handiwork. So, here's the last type.

*Sarracenia psittacine*, otherwise known as the Parrot Pitcher plant (because its head area is shaped somewhat like a turned down parrot's beak) is different from other pitcher plants



in many ways. The first way is that it lays horizontally across and not vertically, facing up. (See the pictures). All the other pitcher plants work on the principle of the insect somehow fall-

ing into the plant with some help of gravity, but not so with this pitcher plant.

Under the curved part of the head of the plant is a small hole for insects to enter the head part of the plant. Here, similar to other pitcher plants, the plant uses the smell and the taste of very sweet nectar. It has some on the outside part of the head and leading into the plant as well.

However, once it enters the head of the plant, the nectar stops and it starts to look to get out. The head of the plant, by the curved part, has a special type of thin "skin" that allows light through it. These are called areoles. These are false exits ("windows"). The insect is attracted to light and it "thinks" instinctively that following the light is the way out. It keeps trying to get out through those "windows" and finally exhausted it will turn around, and just follow the path downwards.

This leads the insect around to the bottom part of the curvature of the head, towards the long thinner part of the plant. As soon as the insect heads a little bit down that path, it doesn't realize it, but it has entered a very long tunnel surrounded by stiff hairs, facing downwards.



(See picture.) It's impossible for the insect to turn back, so its only option is to keep going forward. That takes it straight to the pool of digestive enzymes at the bottom of the plant, and by now we all know that these enzymes are made to be able to digest the insect so that their nutritional parts are broken down and

made available to be absorbed by the plant for its much needed nutrition. This plant "knew" that to catch an insect, since this plant is horizontal, it can't rely on slippery surfaces for the insect to fall in with the help of gravity. Therefore, it came up with a different "strategy" to catch insects. (Oh, you didn't know that accidental, brainless plants, can come up with "strategies"?) After attracting them with sweet nectar, it makes the insect confused with

the special light windows which helps it go the wrong way – towards the pool of digestive enzymes. Then, to make sure the insect can't turn around and go back out the way it came in, the plant luckily came up with another "strategy" of growing very densely placed, stiff one-way, downward facing hairs directing the insect straight into the digestive juices! Once again we see the Yad Hashem in all His creatures!



BL"N, the next article will discuss two new plants. Not Carnivorous. One that folds up its leaves when touched (It's like it's yelling: "get off of me"!)

The other is a plant that follows the sun from East to West through the entire day! Quite amazing when you think about the fact that plants do not have any muscle system with which they can move themselves, so how is it done?! Stay tuned for the answers!

The author can be reached at [emunahexplained@gmail.com](mailto:emunahexplained@gmail.com)

The author can be reached at [emunahexplained@gmail.com](mailto:emunahexplained@gmail.com)

# THE MIRACLES INSIDE YOUR SLICE OF BREAD

By: Mordechai Solomon

Recap: The many miracles that's in your slice of bread.

1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.
2. The seed stays fresh and does not rot so you can gather them and plant a whole crop's worth.
3. Soil is only found on earth.
4. Soil is the perfect environment for the seed to grow.
5. The soil is a natural habitat for ants to live in and also for the inchworm.
6. The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
7. The Inchworm bores bigger holes in the ground which is also a form of tilling the ground.
8. Vegetation grows in the ground.
9. The soil also produces all different types of vegetation.
10. This so happens to be the perfect food for the inchworm.
11. After it eats, the food goes through an amazingly complicated digestive system.
12. The Inchworm's body produces

13. waste.
14. The waste is very good fertilizer for the soil to help the growth of the wheat.
15. When the worm dies, it decomposes and is good fertilizer for the plants.
16. Different germs and bacteria grow in the soil to improve the soil for the growth of the plants.
17. The seed reacts with the water to start to decompose.
18. This enables that the water should continue to make the seed rot.
19. Water is made of two gases.
20. The soil is a cool atmosphere.
21. Soil is porous allowing it to absorb water which is a necessity for the seed.
22. This causes the seed to decompose when you put the seed in the earth.
23. No matter how the seed is placed in the soil, the root goes down.
24. The stem goes up no matter how it is placed.
25. The plant survives on rainwater.
26. The ocean is full of salt water which cleanses the water from impurities.
27. The sun shines on the water.
28. The sun is millions of miles away and yet it has an effect on earth.
29. If the sun would be too



29. close it would burn the earth
30. If the sun would be too far, the world would freeze
31. The sun is a ball of gases.
32. The sun constantly gives off heat by chemical reactions.
33. The molecular structure of water is so that when it gets hot, it starts to change.
34. The water turns into water vapor.
35. Water vapor is lighter than air, so it rises.
36. The sun sets in order to let the earth have a rest and certain insects work at night.
37. The earth spins in a cycle which causes the sun to stop.
38. It is in constant motion never stopping.
39. Everything in the world is stationary and the movement is not felt.
40. The moon an orb in the sky.
41. It has a certain cycle.
42. It reflects the sunlight.
43. It has an effect on the moisture of earth which is necessary for growth.
44. The earth spins in an angle so that sometimes it is closer to the sun and sometimes it is further.
45. The sun has a force on the earth.
46. This causes all different seasons and climates.
47. During the cold season the

48. earth stops producing as much giving a rest to the earth enabling it to give off a better crop.
49. There are many dust particles in the air.
50. When the water rises, it leaves over all the salt and dirt from the ocean.
51. The water combines with the dust particles.
52. It starts to accumulate into a cloud.
53. Cold air sinks.
54. Hot air rises.
55. The difference causes air current.
56. The wind blows inland.
57. The Clouds move inland.
58. The cloud gets heavy with water.
59. The cloud releases the water.
60. Gravity brings down the water to the earth.
61. There is a negative cloud.
62. There is a positive cloud.
63. When they rub together they make lightning.
64. Lightning travels to the ground.
65. The lightning has tremendous heat.
66. The air has in it a gas called nitrogen.
67. The lightning makes a chemical reaction with the nitrogen making nitrites.
68. The nitrites are a very good fertilizer to help the growth

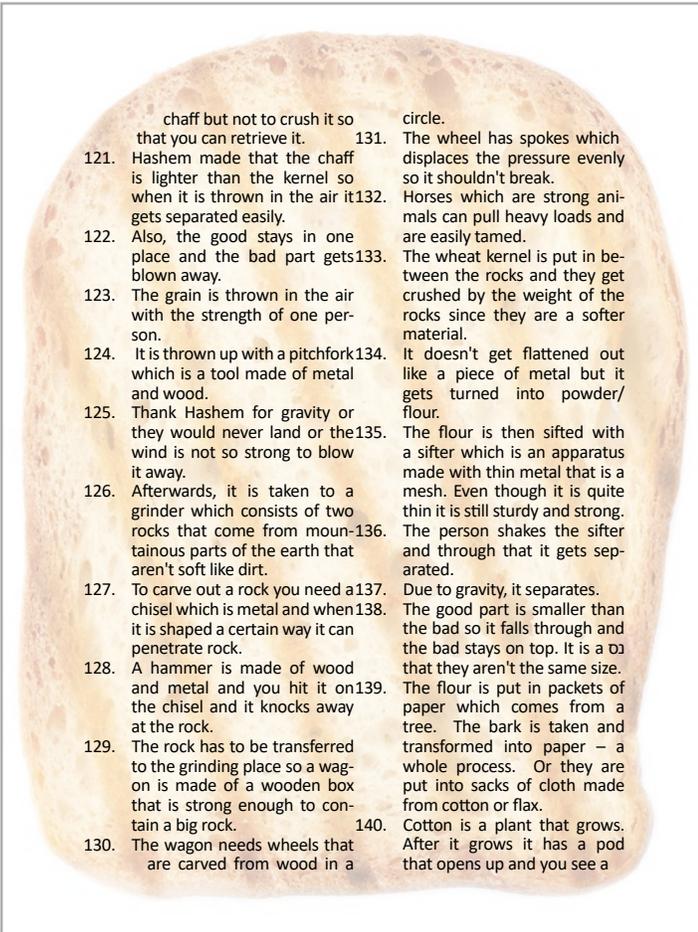
67. of the plants.
68. The stem starts to push itself out of the soil.
69. The sunlight has energy.
70. The plants know how to absorb the energy.
71. The plant turns green called photosynthesis.
72. As the plant grows the roots also grow in order that the plant shouldn't fall down.
73. The roots absorb the water.
74. The roots send water to the whole plant.
75. The roots send water to the whole plant.
76. The leaves send energy to the whole plant.
77. Carbon dioxide is made up of two different elements.
78. The leaves absorb the CO2.
79. The leaves give off oxygen as byproduct. When all the CO2 in the vicinity of the plant gets used, how does it get more? The wind blows new air with CO2.
80. There is a constant production of CO2 because animals breathe out CO2.
81. When they breathe in oxygen, the by-product is CO2.
82. The rains come only certain times during the year.
83. These times are beneficial and are the exact time the plants need water.
84. The amount is not too much

85. to drench them.
86. It doesn't come too forcefully.
87. It doesn't come too little for the plants.
88. Sometimes it comes like small needles to penetrate the ground.
89. It doesn't keep on pouring which would also drown the plants.
90. The plant stem starts to rise straight up and it is elevated from the ground enabling it to be cut easier.
91. They grow in a straight line so they don't get tangled.
92. Very bendable to they don't break in the wind. The leaves absorb the nutrients and bring it down to the roots.
93. Each one miraculously knows how much to give to each part of the plant.
94. After the stem reaches a certain height it starts to produce the grain.
95. The grain is on the top where it can get the most sunlight and not be affected by the shade of the stem.
96. They grow in the spring when the sunlight starts increasing because it is necessary to have a lot of sun.
97. The field is full of green stalks of wheat when they become ripe they give a sign changing from green to white what a miracle that the plant knows

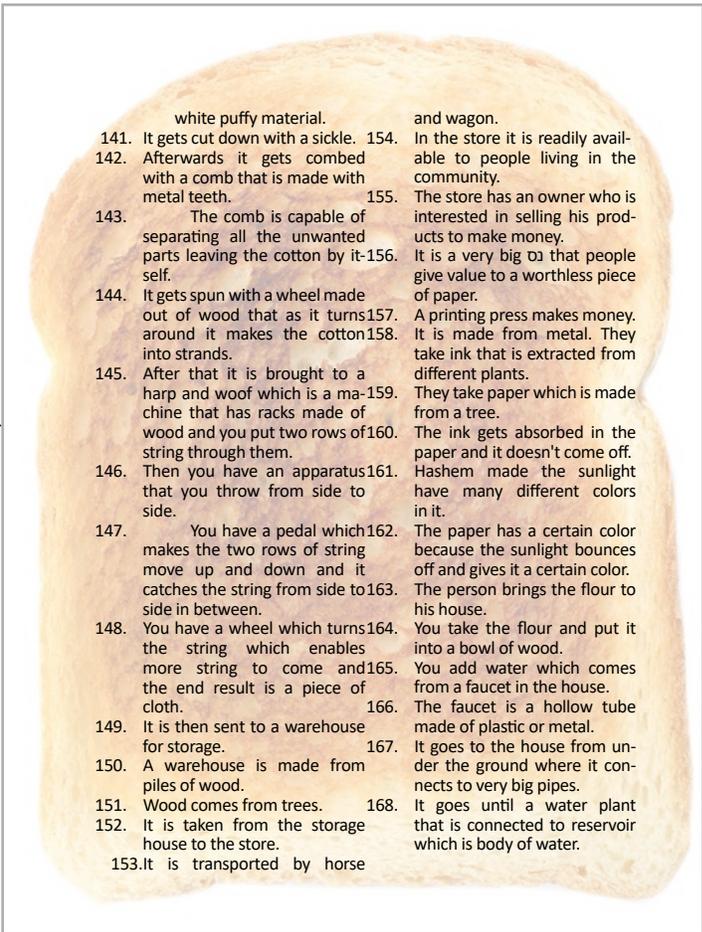


96. that a person sees different colors.
97. Now comes the time to harvest and you need a sickle to cut the wheat. A sickle is made of metal which is found in the earth mixed with impurities.
98. When the metal is heated with extreme heat then the impurities go out because they burn out and the metal is left over. This is a miracle that the metal doesn't burn out and the other stuff does.
99. You can mold metal any shape you want.
100. The metal dries and becomes hard.
101. The stalks are very soft, not hard so without great difficulty it can be cut, not like a tree that needs a lot of time to cut. (A miracle that these things need to be used on a constant basis are easy to cut or pluck).
102. Metal becomes very sharp in order to cut it.
103. It's also very strong so it doesn't break.
104. The sheaths of wheat are very light in order that you can bundle it and transport it.
105. Flax is a plant that grows from the ground.
106. Their stalks can be used as string.
107. String enables one to tie the sheaths and transports them easily.
108. The sun dries them out and can stay as kernels a long time without spoiling.

109. The kernel is made up of (at least) two parts, the grain and the shell (chaff) which is made to protect the kernel from spoiling.
110. Hashem made the kernel that it can be easily removed by rubbing it vigorously. The way it was done it was put on the floor and you put a piece of wood on top of it.
111. Wood comes from a tree that grows very tall and has a big trunk that is quite strong unlike the stalk of the wheat.
112. The wood can be carved in different shapes without breaking and it is made into ridges to press on the wheat kernels.
113. The man stands on the wood and hold onto straps which hold onto an animal that goes around in circles etc.
114. The straps that the man holds onto are made of leather.
115. Leather comes from the hide of an animal.
116. Leather is formed by a process called tanning and it is very durable and lasts a long time.
117. Salt is used for tanning.
118. Salt is made of two gases.
119. Eventually it dries and becomes ready for use.
120. It's a big miracle that the animal is domestic and listens to orders and is not wild and doesn't have big demands and is happy to go around in circles.
121. The person is heavy enough to put pressure on the kernels to separate the kernel from the



- chaff but not to crush it so that you can retrieve it. 131. The wheel has spokes which displaces the pressure evenly so it shouldn't break.
121. Hashem made that the chaff is lighter than the kernel so when it is thrown in the air it gets separated easily.
122. Also, the good stays in one place and the bad part gets blown away.
123. The grain is thrown in the air with the strength of one person.
124. It is thrown up with a pitchfork which is a tool made of metal and wood.
125. Thank Hashem for gravity or they would never land or the wind is not so strong to blow it away.
126. Afterwards, it is taken to a grinder which consists of two rocks that come from mountainous parts of the earth that aren't soft like dirt.
127. To carve out a rock you need a chisel which is metal and when it is shaped a certain way it can penetrate rock.
128. A hammer is made of wood and metal and you hit it on the chisel and it knocks away at the rock.
129. The rock has to be transferred to the grinding place so a wagon is made of a wooden box that is strong enough to contain a big rock.
130. The wagon needs wheels that are carved from wood in a circle.
131. The wheel has spokes which displaces the pressure evenly so it shouldn't break.
132. Horses which are strong animals can pull heavy loads and are easily tamed.
133. The wheat kernel is put in between the rocks and they get crushed by the weight of the rocks since they are a softer material.
134. It doesn't get flattened out like a piece of metal but it gets turned into powder/flour.
135. The flour is then sifted with a sifter which is an apparatus made with thin metal that is a mesh. Even though it is quite thin it is still sturdy and strong.
136. The person shakes the sifter and through that it gets separated.
137. Due to gravity, it separates.
138. The good part is smaller than the bad so it falls through and the bad stays on top. It is a size that they aren't the same size.
139. The flour is put in packets of paper which comes from a tree. The bark is taken and transformed into paper – a whole process. Or they are put into sacks of cloth made from cotton or flax.
140. Cotton is a plant that grows. After it grows it has a pod that opens up and you see a



- white puffy material.
141. It gets cut down with a sickle.
142. Afterwards it gets combed with a comb that is made with metal teeth.
143. The comb is capable of separating all the unwanted parts leaving the cotton by itself.
144. It gets spun with a wheel made out of wood that as it turns around it makes the cotton into strands.
145. After that it is brought to a harp and wool which is a machine that has racks made of wood and you put two rows of string through them.
146. Then you have an apparatus that you throw from side to side.
147. You have a pedal which makes the two rows of string move up and down and it catches the string from side to side in between.
148. You have a wheel which turns the string which enables more string to come and the end result is a piece of cloth.
149. It is then sent to a warehouse for storage.
150. A warehouse is made from piles of wood.
151. Wood comes from trees.
152. It is taken from the storage house to the store.
153. It is transported by horse and wagon.
154. In the store it is readily available to people living in the community.
155. The store has an owner who is interested in selling his products to make money.
156. It is a very big size that people give value to a worthless piece of paper.
157. A printing press makes money. It is made from metal. They take ink that is extracted from different plants.
158. They take paper which is made from a tree.
159. The ink gets absorbed in the paper and it doesn't come off.
160. Hashem made the sunlight have many different colors in it.
161. The paper has a certain color because the sunlight bounces off and gives it a certain color.
162. The person brings the flour to his house.
163. You take the flour and put it into a bowl of wood.
164. You add water which comes from a faucet in the house.
165. The faucet is a hollow tube made of plastic or metal.
166. It goes to the house from under the ground where it connects to very big pipes.
167. It goes until a water plant that is connected to reservoir which is body of water.

הזן את העולם כולו במטוב!!!



The water gets purified.



The water gets to the house through pumps.



The pump works with electricity.



Electricity is a form of energy that is very powerful.



Hashem made it that it travels through metal.



It doesn't give off heat when it travels so it doesn't melt the metal.

Out of this world!  
 Too good to describe!!  
 Everlasting Enjoyment!  
 Thrilling!  
 Melt from Pleasure!  
 Pure Bliss!



*Disclaimer: All pictures and descriptions are just mashlim. The real pleasure the neshama is going to have is indescribable!*

**Just Serve Hashem with a Heart Full of Love!**

**Paradise Sunrooms**  
 Love Living



**Enjoy the beautiful outdoors from the comfort of your home...**

**...in OLAM HABA!**

Just be Loyal to Hashem!

**The Fight Busters™**



**Eradicate Machlokes!**  
**Do Hatava B'makom Hakpadah!**

Did someone hurt you?  
 Shower him with non-stop compliments!  
 Give him gifts! Write nice notes!

# MR. MIDDOS

ג'ון

בית המדרש

BEEP!

BY: AHUNA ROTHENBERG

IS ALERTMIDDOS ALERTMIDDOS ALERTMIDDOS

CHAVI, AGE 10

ONE DAY:



♪♪♪♪♪ ..... תו: yamah (high part)

you must appreciate הברות הברות  
 what your Mommy does put on your plate  
 הברות הברות now stop and contemplate  
 Say a big "thank you" oh, you'll feel  
 oh so great !!  
 הברות הברות... הברות הברות

\* < THANK YOU MOMMY!

! הברות הברות !

# FUN PAGE!

BY CHANA BERKOVITS

202

HOW MANY NISN?

HOW MANY NISN?

HOW MANY NISN?

ATHOSPITAL

HOW MANY NISN CAN YOU FIND???

HAVE LOTS OF FUN!!!

Remember to LOOK CAREFULLY!

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10
- 11
- 12
- 13
- 14



Help the Frog reach pharaoh



Fun page

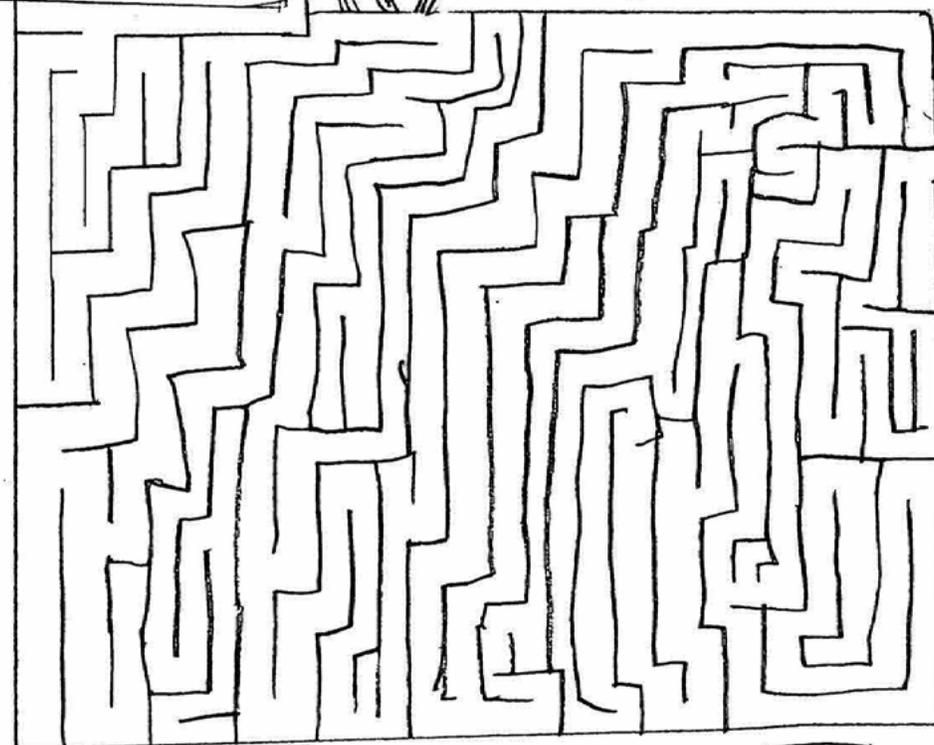
200



RIDDLE

Q. Why did the boy run around his bed?

A. He wanted to catch some sleep



HIDDEN PICTURE



UNSCRAMBLE

- ① H A N U e m
- ② R H P O H A A
- ③ K M O K S A
- ④ M S H A C I



- ANSWERS
- ① Emma
  - ② Pharaoh
  - ③ Makos
  - ④ Simcha

By: E. Jungreis

ארץ חמדה טובה ורחבה!

# Hashem's Wonderful Land



View from Haifa



View from Kever Shmuel Hanavi

Dear Readers! Please share with us your beautiful pictures that you have of Eretz Yisrael.  
Please email them to: [thespringhilltimes@gmail.com](mailto:thespringhilltimes@gmail.com)

## BEAUTIFUL QUOTES

*"We can look back on how many years we ate breakfast and supper, how many years we slept a good night's sleep. We have to thank Hashem for that - it will make Him happy."*



**Rav Avigdor Miller Speaks  
Vol 1, Page 159**

*"Everyday say, "I love my people Yisrael; I love my nation Am Yisrael."*

**Ibid. Page 163**

Reproduced from 'Rav Avigdor Miller Speaks' by Rabbi Simcha Bunim Cohen, with permission of the copyright holders, ArtScroll / Mesorah Publications, Ltd.

Did you read or hear something nice and inspiring? Please share it. Text 845-327-5041 or call 385-381-0977 email: [thespringhilltimes@gmail.com](mailto:thespringhilltimes@gmail.com)

*"There is no difference from a tree stump and a human being. Would you get insulted from a tree stump? Would you care what type of impression you are making in front of a tree stump? Would you think,*



**Rabbi Zevy Golombeck - A Life with Bitachon**

Rabbi Zevy Golombeck

## illuminating Words of Chazal

*"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."*  
Rav Yehuda Mandel

Going from downstairs to upstairs means you're getting closer to the Kisei HaKavod, closer to Hashem. A person should be viewing dying in a positive light. The thought should be, wow, I'll be going home! Just like every person likes to go home for the off-Shabbos, if you're in seminary or if you're in high school or yeshiva, we look for bein hazmanim to go home. Home is home sweet home. Well, everyone should realize that in Shamayim that's home sweet home, that's where the neshama loves to be! As we all know, it says regarding the neshama 'al karchacha ata nolad,' the neshama is enjoying itself in Shamayim, by the Kisei HaKavod. The neshama didn't want to come to this world! Being near Hashem is the pure happiness. Actually, Chazal say, when Hakadosh Baruch Hu made the world tov meod, 'tov meod zeh maves,' it refers to dying!

R' Yehuda Mandel said over that one of the big things that Navardok worked on is to realize that dying is not scary! It's not frightening, it's not a tragedy! Dying is something that's a positive thing. Everything that happens in a person's life

**Q.** The Magan Avraham Siman 131 seif 5 brings that there is a minhag to say a different mizmor than we say, by nefilas apayim. But our minhag is not to say that mizmor because the Zohar says that anyone who says that mizmor without kavana will die before his time.

We hear on 'A Life with Bitachon' that Hashem is only love, care and rachmanus. How could it be that for lack of proper intention, Hashem will make a Yid die? It seems like such a terrible punishment. It sounds like a very strict midas hadin.

**A.** In order to understand and answer what's going on in Chazal and to explain it, we have to first explain two misconceptions.

The first misconception is that people look at dying as scary, frightening, a tragedy, and a tzara. Actually, there's no such thing as dying; a yid lives on. Every stage of life is an upgrade.

has to be viewed positively. Being alive is positive, dying is positive, Olam Haba is positive, yemos haMashiach is positive. Everything has to be viewed as positive, everything, without any exceptions to the rule! There's no such thing as anything scary, frightening, there's no such thing as a tragedy, there's no such thing as dying. There's no such thing as dying, a yid doesn't die, a yid lives on!

So that's a very important part that we have to understand and realize. That our job in this world is to only have positive emotions towards the various aspects and stages of life. That's our job.

The second misconception is the concept of dying before a person's time. Every single thing that happens is exactly at its right time, because Hakadosh Baruch Hu is perfect, and He made a perfect world. Really, in reality, in truth, is there's no such thing as dying before a person's time, because Hakadosh Baruch Hu is perfect, He made a perfect world and when Hashem made the world He knew everything that was going to happen, and this is l'chatchila. Everything Hashem does and did and will do is l'chatchila! There's no such thing as b'dieved.

Now, what does it mean 'before its time'? It looks to us as though it's before its time. That's how it looks to human beings. We are supposed to have the attitude that it's happening before its time. The point of having this attitude is because we should be doing hishtadlus to try to live what we would think is the normal amount that a person should

## Elegant Couches

*A life of comfort*



**Sit Back and Relax!**

**Have No Worries & Have No Fears!**

**Hashem is Taking Care of You!**

Rabbi Zevy Golombeck

## illuminating Words of Chazal

*"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."*  
Rav Yehuda Mandel

live. So, when we are told that a certain action brings someone to die before their time, we should stay far away from that action. However, in reality, there's no such thing as before its time. Everything is its perfect time and everything is l'chatchila. As my Rebbe said, everything is l'chatchila in gashmius and everything is l'chatchila in ruchnius. Everything is l'chatchila. Just to our eye it looks like it would be more l'chatchila if a person would live longer. What's that nogea? Nogea hilchos hishtadlus which is taka why it says in halacha, that we're not noheg to say this mizmor, because we want to do hishtadlus to live what seems to us to be the full amount of time. So that's why we don't say it, due to hishtadlus.

So those are the two points, that the concept of dying is not a tragedy and there's no such concept of dying because we live on, and before its time is not reality because there's no such

thing as before its time because everything is in its perfect time.

So now we just have to explain, now that we explained that there's no such thing as dying and it's a positive thing – so why do we want to live? If we should come out from this conversation that it's exciting to die, like we all want to go on bein hazmanim and everyone is looking forward to go home sweet home, and the Kisei HaKavod is home sweet home. Which is actually why the Ohr HaChaim HaKadosh in parshas re'eh in the possuk banim atem - laHashem Elokeichem Chaim kulchem - hayom explains that don't be like the goyim when a family member leaves this world they start scratching themselves and pulling out their hair, a yid doesn't do that, because a goy he thinks it's over with, goodbye Charlie, he used to be living and now he's dead, it's a tragedy. A goy thinks that dying is a tragedy and that's why he pulls out his hair, but the Ohr HaChaim HaKadosh says, a yid realizes that there's no such thing as dying, we live on, the neshama is by the Kisei HaKavod and because we are by the Kisei HaKavod, banim atem, we're children of Hashem, we're back home. So there's no tragedy that happens when a family member is niftar and therefore, do not pull out your hair, there's nothing to get excited about.

And it's written in the biography of Rabbi Avigdor Miller, that he went to be menachem avel someone and he said you know what the job of the family is to do? Picture the neshama, the niftar, as smiling by the Kisei HaKavod, he's basking in Hashem's shechina, picture him so happy, make yourself positive images because you realize that it's a positive experience. And Rabbi Avidgor Miller explained that that's why there's a halacha that you have to bury a mes that day, because a mes is a sheker, it looks like something scary happened, until now he was moving around and now he's not. That's a lie. Until now he was moving downstairs and now he's having a ball upstairs! So therefore, we have to bury the body to show that it's not the real truth. The real truth is that a person lives on.

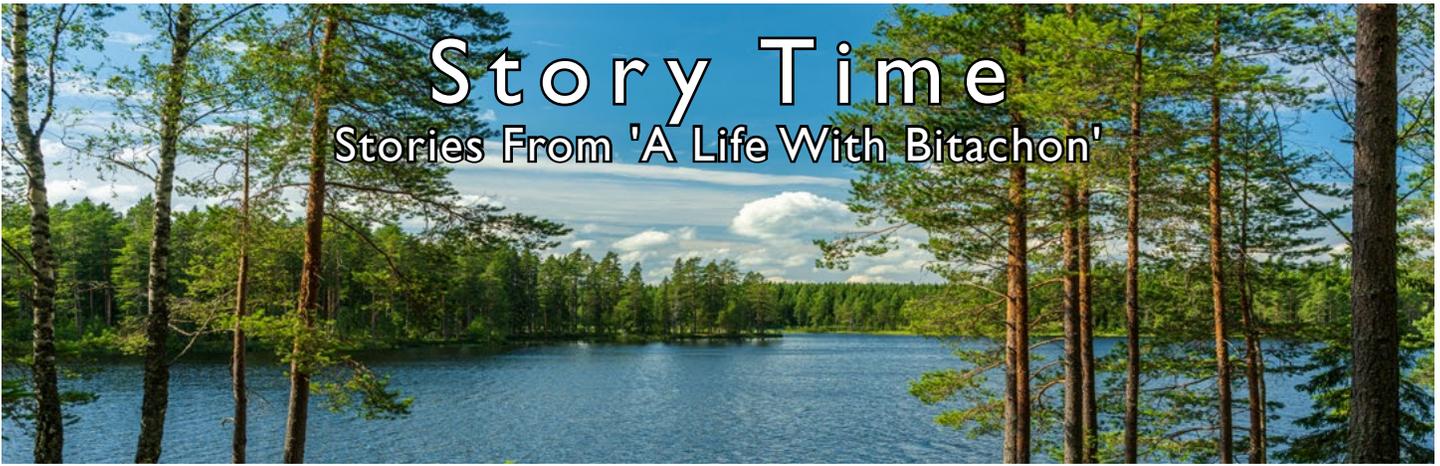
But now we have a question. So why do we want to live so much if we realize that going upstairs is enjoyable? And the answer is because Hashem wants every person to enjoy their stage where they're living now. That means, as long as you're living, you have to say this is l'chatchila for me, I want to live. If Hashem wants me to be alive now, it means that Hashem wants me to make the most out of my life. The more I'll be able to serve Hashem and the more Olam Haba I'm going to get, the more enjoyment. It's an attitude. Again, these are all attitudes, that as long as we are alive we should want to live as long as possible. But at the same time, it should not be at the expense of coming to think that the next stage is b'dieved, a downgrade. It just has to be that as long as I am alive this is l'chatchila and then when a person leaves the world that's l'chatchila.

Now, it's very important to note that even though we say that dying is an upgrade and that it's l'chatchila, of course because that's all hidden chessed, we don't see it with our eyes, so a person could have bitachon for Hashem's unconditional love, and say, Hashem, I want to live to see Mashiach in good health. A person could have bitachon that he'll just go straight to Mashiach without having anything to be worried about.

So therefore, the answer to all these questions is that everything is positive and every stage of a person's life is positive, and we always go up, we never go down, there's only upgrades, there's no downgrades, there's only l'chatchilas, there's no b'dieveds. And the more we view every step of our life as l'chatchila, then we'll always realize that everything in yid-dishkeit is kulo positive from start to finish and everything in between.

# Story Time

## Stories From 'A Life With Bitachon'



#1700- Mrs. Padower has a son learning in yeshiva. Before he left one morning, he told his mother that one of his teeth were hurting him. He asked her if she was able to schedule him a dentist appointment for that day. He only wanted to go bein hasedarim. He didn't want

to go during seder time.

She said to her son, "I understand that you want to go only during bein hasedarim, and that you

want an appointment right away. However, the dentist doesn't run around YOUR schedule. We have to go around the dentist's schedule. Beggars can't be choosers. Therefore, what are the chances that you can get an appointment today? Even if you can, what are the chances that it will be for exactly when you want it?"

Then she said, "One second. That's when you go with teva, with laws of nature; that they're the ones in charge of giving out appointments. But if I believe that Hakadosh Baruch Hu is the one who makes appointments and He's the one in charge, then I'm just going to leave it up to Hashem and say, 'Hashem, You're Hakol Yachol. I want an appointment today, and during bein hasedarim.'"

With that, she called up the dentist and had in mind that really she is talking to Hakadosh Baruch Hu, the Ribono Shel Olam. She asked if they had any available slots for today. The secretary said, "Sure, we just got an opening for 3 o'clock! Would you like to come?"

Mrs. Padower answered, "That's exactly perfect! That's smack in middle of bein hasedarim!!" With that, they got the perfect appointment, strictly during bein hasedarim. He was able to go back and forth and not miss learning!



## Sparkle Neshama Wash



**Clean out your Aveiros!**

**Wash away Yesurim!**

**Wipe away all dirt!**

**Save yourself a trip to Geheinom**

*Looking forward to serving you!*

**Mr. Bizyonos**

# Story Time

## Stories From 'A Life With Bitachon'



**#1701-** Mrs. Birnhack was coming home after a long day at work. She was thinking to herself, “You know what I’m in the mood of right now? The most delicious, scrumptious bowl of salad, cut up with all different types of vegetables. I don’t have the energy and the koach now to go get all those vegetables and start making a salad for myself, but one thing I do know! Even though I don’t have the koach for it, I know that Hashem has always been taking care of me every step of my life. Hashem is the one that gives me all my needs. Therefore, I know Hakadosh Baruch Hu will take care of me.”



Shortly afterwards, a neighbor called her up and asked her if she’s interested right now in the most delicious, scrumptious, fresh, cut up salad with all different types of vegetables. Mrs. Birnhack said, “Yes! How do you know? Why do you ask?”

Her neighbor answered, “I’ll tell you the truth. I’m not the type to cut a whole bowl of salad for myself. I don’t usually get around to do it. Today, I was just in the mood to do it. I went around getting all different types of vegetables, and I cut up a salad. Afterwards, I realized that it’s a lot of portions. On top of that, I realized that I don’t even have such an appetite to eat. It’s not worth it to save it for tomorrow, because it’ll get soggy. I was wondering what should I do with all this salad that I just cut up; I don’t really have what to do with it. I decided I would call you to see if it’s something you would be interested in.”

In no time, Mrs. Birnhack got the salad; exactly what she wanted and what she was dreaming of, delivered to her, with the best service!



**#1702-** This story has been called in all the way from Eretz Yisrael by a very chashuv Yid whose name is Chaim Silverstone. He said that his son went to a seforim store in Meah Shearim, because he wanted to buy a yarmulka. He saw that he didn’t have any cash with him. His son called him up and said, “Totty, can you give me your bank card number?” He said, “Sure, of course,” and he gave it to him. Then his son went to the cash register, but they told him, “Sorry. We don’t take numbers of a bank card. You have to give us cash or check.” His son was thinking, “I don’t have any cash or check with me. What should I do now? One second, I have Hakadosh Baruch Hu with me. I have my loving, caring father with me. He’s Hakol Yachol. He can do anything and everything!”



Right then, in walked a tourist. He was wearing a blue shirt. He saw R’ Silverstone’s son, and he said to him, “Is there away any I can help you?” His son replied that he was just looking to buy a yarmulka.

The tourist said to him, “Well, guess what? I’m going to pay for two yarmulkes!” With that, in no time, his son got not only one, but two yarmulkes, free of charge!



**#1703-** This story was called in all the way from Eretz Yisrael by a very chashuva Yid, whose name is Yaakov Hai. He said that he knew of a bachur that really needed a place for Shabbos. He was looking for a seuda. R’ Hai had the perfect seuda for this bachur. But the issue and problem was that he forgot the bachur’s name! He didn’t

# Story Time

## Stories From 'A Life With Bitachon'

remember who he was, and therefore, he wasn't able to contact him. R' Hai looked through his phone contacts, hoping that maybe he would remember the bachur's name that way, but none of the names rang a bell. He was trying to figure out what to do. He really wanted to call him and tell him that he had a seuda for him, but he forgot his name!

Then he said, "I know what I'm going to do! I'm going to realize that it's all Hakadosh Baruch Hu, the Ribbono Shel Olam! He's Hakol Yachol. He can make it that I'll be able to remember the bachur's name! With that, I'm going to do an exercise of Emunah and Bitachon, and I'll call the Life with Bitachon."

He called the story section, section number 2, and he heard a whole story about Yisrael Nussbaum. He said to himself, "Oh! That's the bachur's name! His name is Nussbaum!" With that, he was able to go back to his contacts and see that... yes! He has his number! In no time he was able to get in contact with the bachur and help him get the best seuda! ❖



## The Spring Hill Times Fire Dept.



### Important Safety Tips How to Prevent Fires.

1. Flee, as far and as fast as you can, from a fight.
2. Maintain a safe distance from fights - a minimum of 1000 miles.
3. Drown yourself in all the good Hashem gives you and be as uninterested as possible in anything else.
4. Someone said something hurtful? DON'T be hurtful back. It's extremely flammable!
5. Laugh it off (inside).

**REMEMBER:**

**Practicing Safety  
Saves Lives!**



Q&A WITH R' ZEVI GOLOMBECK

# The



# Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

**Q. I enjoy reading sefarim on inyanei emunah and yiras shamayim. After reading inspiring material, I would like to discuss those concepts with my husband, and incorporate them into the atmosphere of my house.**

The problem is, my husband and I are not on the same page. He's simply not interested in talking about these topics. This leaves me feeling disappointed; if only I had a husband who has a taste for inyanei chizuk I would have been zoche to a more torahdik home. What is the emunah and bitachon perspective about this?

A. The Gr"א writes that learning Torah is in order to achieve bitachon in Hashem. An authentic torahdik home is a home which is permeated with emunah and bitachon.

Therefore, if you so desperately want a torahdik home, the first thing to do is to internalize that

Hashem is perfect and your situation was tailor-made for you, and there is no room for feeling bad that things aren't different. The situation you wish for is not good for you; it would be like poison. And you should become shikkur with simcha that in His infinite wisdom, Hashem put you in the situation that is best for your tikkun hane-shama.

By internalizing these ideas, you are laying the foundation of a torahdik atmosphere.

**Q. My little baby is very unsettled and cries around the clock. It's physically and emotionally draining. What is the emunah and bitachon perspective about this?**

A. The first thing is, thank Hashem that you have a baby! There are so many people who are still waiting for children, and they would be willing to give anything to have a crying baby.

Next, learn to enjoy your baby's crying. Part of the frustration of a crying baby is that it's hard for a person to see his child uncomfortable and in pain. However, the Chovos Halvavos teaches us that a baby's crying is critical for his development. Also, every bit of pain your baby undergoes is necessary for his tikkun hane-shama and is making his neshama snow-white.

While the baby is crying, listen to songs about bitachon. Let the words of bitachon sooth your neshama and make you calm.

Finally, to make your situation more bearable, tell yourself that this is just a passing stage. Interestingly, many people found, that the children they found to be most challenging ended up giving them the most nachas out of all!



*Tens of Thousands of Satisfied Customers!*

## **BITACHON CONSTRUCTIONS**

**Building people since 2017**

### **A Life with Bitachon**

**732-719-3898**

- ✓ Residential
- ✓ Commercial

**We specialize in building skyscrapers!**

**Make Your Dream Life a Reality!**

*Licensed and insured*

# Our Readers Share



**Editor's Note: Some of these stories are from Iyur-Sivan!**

## Hashgacha Pratis



I have a Brother printer that I mainly use to print out copies of the Spring Hill Times for my family members.

Recently when changing the ink cartridge, the printer would not recognize the new Brother branded cartridge. I bought another one and again it didn't recognize the cartridge. I tried what I could and realize I was wasting my time. But being a Spring Hill Times reader I put the printer aside and said I will wait and see, as I trust the Ribon Shel Olam.

A short while later I went to a product demo on Epson art printers. Someone in the group asked a question regarding new cartridges that were not being recognized by a printer. The pre-

sender explained that due to the recent electronic chip shortages they needed to use different chips for the ink cartridges. For their printers to recognize the newer cartridges one needs to upload new firmware.

I went home thinking that I would try the same thing on my brother printer. And it worked! Thank You, Hashem!

I can continue to print out my Spring Hill Times without missing a week. (Please note: updating the firmware may not be recommended if one is using 3rd party branded ink).

What made this so amazing is not that I would not have accepted the loss of a printer, but I have been asking to see more Hashgacha protis in my life to help strengthen my emunah.

Thank you for this wonderful publication that strengthens Klal Yisroel.

Avrumie from Monsey NY

## Everything Hashem Does is For the Best!

Hashgacha pratis story. We were going on a trip in the summer and we needed a van to fit all of us. Since it's expensive to rent one we rented a smaller car hoping they would have a bigger one available to upgrade us to. We were flying and our flight got delayed a few hrs. When we got to the rental place we watched as they brought in the bigger option car.

Only because we got delayed did we get there then. If we wouldn't have been delayed, it's very possible we would have had to squish throughout our trip.

A reader

## Everything Has Its Right Time



This is a first hand story heard from the Avreich himself.

An Avreich from England living in Kiryat Sefer for nearly 8 years,

**Attention Readers!**  
**Didn't see the story you called or sent in? Don't worry, BE"H your story will be printed in the paper.**  
**Please keep you stories coming!**  
**You are inspiring the entire Jewish Nation!**  
**Please note: The recording time on our machine (385-381-0977) has a limit of 3 minutes, so if your message is longer than 3 minutes just call back and finish your story.**

has a family of four children bli ayin horah and was still living in a rented apartment. He hadn't been able to buy his own apartment. He had managed to put aside some money over the years, and had some money invested in England. But it still didn't come close to what was needed for a down payment necessary to buy a dira.

Especially since the British pound had been dropping over the past few years, and last winter reached a rock bottom of 3.75 against the shekel.

He tried checking out a few of the cheaper places in the north hoping to find a suitable place, but being that he is not Israeli his family wouldn't feel in place in those places.

His family was feeling very unsettled and last Rosh Hashonoh he davened very hard to be able to settle down his family.

Two weeks after Sukkos, there was a knock on his door and his landlord was standing by the door. He said that he was selling the dira and people would be coming to see it.

The Avreich went to his Rov to ask him how he was supposed to deal with the situation and his Rov asked him, "Why are you not buying it yourself?"

He said it is impossible for him, even if he would try to sell his investments and use all the money he had put aside. The pound was too low and besides it was the beginning of a recession and it would be impossible to sell the investment for a decent price.

His Rov said to him that a family

cannot continue this way, and the price was very decent comparatively since it was a split dira, and his part was a few hundred thousand shekels less than a similar size dira. And there was even an available option to extend in the future. He told the yungerman that he should try to find someone to borrow some money from, and take a mortgage for the rest and Hashem would help.

He looked into it a bit and found someone able to lend him £50,000. Although the exchange rate was low it would nearly cover the down payment

He went to one of the Gedolim and the Gadol told him to go ahead and gave him a warm Brocho for siyata dishmaya.

Now this Dira, is a split dira and the owner was selling both halves together. This meant that even if the Avreich would buy his part, he would need to find a partner for the other half. He told the owner he was okay to go ahead, but it would depend on finding a partner.

One couple came to see the other half, but they decided it wasn't for them. A couple of days later, another person came to see it and was very happy with the Dira, but he decided he was not willing to sign a contract before checking with the bank that they would be able to get a mortgage.

They went to a broker, who started working on it. But after a month of working with one bank, the bank refused. He went to a different bank and everything was taking time.

After a month and a half, they

finally approved the mortgage. Then the person started finding problems with the apartment, one after the next.

After a few weeks of sorting out the first problem, he found another one and then another. After close to four months (!!!), he finally agreed to sign. Then a day before going to the lawyer he found another problem and decided to back out of the whole thing.

This was just before Purim and the Avreich was feeling lost. He had to start everything again from scratch.

On Rosh Chodesh Nissan the person who had first seen the apartment (!!!) came back and said they wanted the dira and would sign immediately.

A couple of days before Pesach he signed.... and by then (after all the politics with the government.... which to anyone who thinks a little, makes no sense and can only be Yad Hashem) the pound had shot up and was over 4.5!

When it came to selling his investment it was worth around 35,000 shekels more than he had reckoned when he started.

When it came to his last payment, he took a mortgage of 100,000 less than he had thought he would need, all without borrowing even a shekel more.

There were many more points of unbelievable Hashgocho along the way.... but this is already too long.....

להודיע שכל קוויר לא יבושו והוא כלי יכול בלי גבולות

A gut Shabbos

A reader - Kiryat Sefer



<p><b>LAKWOOD - NEW JERSEY</b></p> <p>At Rav Yehuda Mandel's Thursday night Vaad: 8:00 pm. 18 14th St. For more info call: R' Shlomo Eliyahu 732-569-4273 (leave message) ***</p> <p><b>Ely Family</b> 801 Lexington Ave, apt 4G 718-812-5152 Friday *** 30 East 9th St. (Between Princeton and the tracks) Available in container outside the front door Thursday Call R' Shlomo Eliyahu 732-569-4273 (leave message) ***</p> <p><b>Weinberg Family</b> 10 Gvuras Ari Dr. 848-240-3128 Available Friday outside front door on chair. Copies sponsored for all ***</p> <p><b>Hirschberg Family</b> 410 10th St. Apt 7b Please call to reserve: 732-569-8111 ***</p> <p><b>Rosenberg Family</b> 104 Elmhurst Blvd. In container by front door. Available from Thursday evening ***</p>	<p>1500 Twin Oaks Drive. In container by front door from Wednesday night. For more info please call: 908-596-0844 ***</p> <p>368 Bergen Ave 732-367-2499 Leftover copies available for all on Sunday ***</p> <p><b>Briller Family</b> 21 Chicanos Drive (Available from Thursday in container in front of house) 732-367-4727 ***</p> <p><b>Weitman Family</b> 282 Coles Way Container in front of house Available on Thursday ***</p> <p><b>Metzger Family</b> 43 Cabernet Drive 732-6828612 Container in front of house Available Thursday ***</p> <p>3 Shayas Rd. Basement Available on Thursdays in container by door.</p>	<p>Sponsored for all! ***</p> <p><b>Bistriz</b> 524 E. Bergen Ave. Container in front of house (From Thursday night. Possibly from Wed. Night) 732-370-2488 ****</p> <p><b>Czitter Family</b> 8 Treetop Ln. (In Yesodei Ct.) Avail. Erev Shabbos (Possibly Thur) Container in front of door 732-363-3578 ***</p> <p><b>Menahem Family [Copies are sponsored for all]</b> 155 Forest Park Circle (Friday in container in front of house) 732-942-9759 ***</p> <p><b>Hershkowitz 15 Shefa Chaim</b> (Knock on door for copy. Avail Friday and Shabbos)</p> <div data-bbox="1089 1146 1507 1360" style="border: 1px solid black; padding: 5px; margin-top: 20px;"> <p style="text-align: center;"><b>WESTGATE</b> Weitman Family 17 Kletsk Hill Rd. 732-901-1819 Container by door Thursday night (possibly Wednesday night)</p> </div>
---	--	--

As of now copies are available only for those who signed up for monthly donations (minimum of \$10). We hope to go back to full printing soon.  
You can also subscribe to get the weekly email and print out the issue on your own.  
Text 845-327-5041 or email: thespring-hilltimes@gmail.com

**BROOKLYN, NEW YORK**

**Emunas Yisrael Shul**  
For people who signed up for monthly payments

**Shomer Shabbos**  
70 sponsored copies each week. Available for all!  
Thank you to our sponsor!

**Baltimore, Maryland**  
Raphael Mifsud  
248-433-6453. Email:  
Raphael3311@gmail.com.

**DENVER - COLORADO**  
Kellner Family  
9049 E Chenango Ave Greenwood Village  
Available on Thursday  
Call/text 732-575-0102

**LOS ANGELES - CA**  
Elazar Shemtoob  
9167 Airdrome St Los Angeles, 90035  
310-621-6386.  
Preferably by text

**CLEVELAND - OHIO**  
Holstein Family  
3644 Bendemeer Rd.  
Cleveland Heights  
Call or Text 216-386-2309. Email:  
tovaholstein@gmail.com

**Detroit, Michigan**  
Ross Family  
26080 Marlowe Pl, Oak Park  
Available from Thursday on porch.  
Please call/text 248-259-3968 for questions.

# Our Worldwide Distribution Locations

## MONSEY AREA

Signed up for monthly payments and wish to receive a copy? Please call/text 845-327-5041 or call 385-381-0977 and leave message.

We have two locations to pick up from:

**Weiss Family - 10 Elyon Rd. Left side of building up the steps by the door. 845-426-5506**

**Herbst Family - 139 Union Rd. (Corner Union and Merrick. In container by the door at the entrance from Merrick.) 845-548-5186 Please call 845-327-5041 first to order your copy**

## MIAMI BEACH - FLORIDA

R' Moshe Michael Kaufman

4141 Nautilus Drive Apt. 3a Miami Beach, FL 33140 305.872.6777

Building is surrounded by a locked gate. Please call to make an arrangement.

\*\*\*

Or at Shaare Ezra Sefardic Congregation 945 41st Street Miami Beach, FL 33140

## ENGLAND

### Our Distributor in England

R' Dovid Sheldon  
Cell: 079-69-550-281  
Home: 0208-800-9789

### LONDON

Biala Large Bais Medrash Ravensdale Rd. [Erev Shabbos]  
R' Chuna's Mikvah - 10 copies  
\*\*\*

### MANCHESTER

43 Kings Rd, Prestwich  
on porch.  
Thu. night / Fri.  
\*\*\*\*

MH Mikva [Erev Shabbos]

Sponsorships needed to continue printing! Please contact R' Dovid.

## ERETZ YISRAEL

### GUSH 80 - KIRYAT SANZ

Seforim Vinkel - Eli Hakohen 15

.....  
Falafal Store - Eli Hakohen 7

.....  
Special Market - Zayis Ranan 1

.....  
Shefa Birchas Hashem - Ezras Torah 28

.....  
Goldys - Ezras Torah 18

### GIVAT MOSHE

Near Nachalas Seminary

Pitzuchei Mizrachi - Shmuel Hanavi 101

.....  
Sifrei Yeshiva (next to the Mir) - Beis Yisrael 1

.....  
Cellular Israel - Beis Yisrael 2

.....  
Makalot Yechezkel - Achinoam 10

.....  
Makolat Yoram - Ramat Hagolan 8

.....  
Pitzuchei Sanhedria - Yam Suf 101

.....  
Price in Stores: 10 n"ש

### EZRAS TORAH

Beis Yisrael Shteiblach - Even H'ezel 19

### UNSDORF - YERUSHALAYIM

Beis Knesses Be'er Shmuel - Rechov Sorotzkin 45

### MIR

Beis Yeshaya - 4rth Floor

Price in Shuls and Mikvaos

7 n"ש

### YERUSHALAYIM - SANHEDRIA

Elefant Family  
Blau 10 Knissa 4  
053-416-4514

### NEVE YAAKOV

Litwin Family  
12/2 Astora (top parking lot)  
02-502-1194

### TELZSTONE

Bergos  
Ma'alot Kedeshei Telz 7/1  
Tel. 025341425

### KIRYAT SEFER

Kaufman Family

Rechov Sha'arei Teshuva 12 Apt. 27

058 - 321 - 9795

### OUR NORTHERN ERETZ YISRAEL DISTRIBUTOR:

R' Akiva Murgia

050-977-0843

### TZEFAS

Torah Gems bookstore

Rechov Yerushalayim 37

\*\*\*

Ma'afe Ba'atikah

17 Jerusalem Street

### TEVERYA

Rambam

### AFULA

Mishpachat Kauffmann Henrietta Szold 16

058 325 3576

### מכתב ברכה וחיזוק מזקני ראשי ישיבות באמעריקא

הנני בזה להכיר ולהודיע בשער בת רבים פעולותיו הברוכות של המכ"ע המפורסם והנודע "ספרינג היל טיימס", אשר מטרתו להפיץ אהבת ה' ואהבת ישראל וכל כולו בנוי על טהרת הקודש ללא שום ידיעות חיצוניות מאומות העולם, וכל מטרתו להביא לידיעת הציבור הרחב הדברים הטובים שהקב"ה עושה לנו בכל יום – נפלאותיך וטובותיך שבכל עת ערב ובוקר וצהריים.

מאז הווסדו ועד עתה כבר נתפרסם ברחבי תבל – וכל איש אשר רוח התורה נושבת בו – ויראת שמים נוגע בלבבו – קוראו בשקיקה ומביאו לתוך ביתו לזכות את נפש ביתו – כיון שכל כולו מביע רוממותו והדרתו של עם ישראל בהנהגותיהם בין אדם לחבירו – ולהראות טובת ה' על עמו באספקלריה של תורה.

אך במקום גדולתו שם אתה מוצא את גרעונו הכספי, כאשר הוצאותיו עולים מדי חודש בחודשו ושבת בשבתו – ואין לו אפשרות לכסות את עצמו – שהרי אין בו שום פרסומת – כי כל כולו נתייסד ללא השפעות חיצוניות, ע"כ אחלה נא פני אחי ורעי לעמוד לימין העוסקים והמסייעים בדבר זה – כדי שיוכלו להמשיך ביתר שאת וביתר עז – לפרסם בגאון בעוז ותעצומות את דבר ה' – ולמצוא גדולה ייחשב לכל התומכים – ויזכו לברכה המשולשת בני חיי ומזונא ריחי להם וכל אשר להם.

*Handwritten signature and notes in Hebrew, including the name "ג'ווארד" (Gard) and other illegible text.*

### Nutrition Facts

Enough servings for the entire family

Serving size 1 issue of Spring Hill Times

Amount per serving	% Daily Value	Amount per serving	% Daily Value
<u>Love For Hashem 20,000g</u>	<u>1%</u>	<u>Ads on Shabbos 0g</u>	<u>100%</u>
<u>Thinking about Hashem 40,000g</u>	<u>12%</u>	<u>Feeling Proud to Be a Yid 90,000g</u>	<u>22%</u>
<u>Upsetting News 0g</u>	<u>100%</u>	<u>Talking about Hashem's Greatness 300g</u>	<u>.500%</u>
<u>Blameful News 0g</u>	<u>100%</u>	<u>Making Serving Hashem Exciting 80,000g</u>	<u>30%</u>
<u>Happiness 800,000g</u>	<u>25%</u>	<u>Being Mekdesh Shem Shamayim 950,000g</u>	<u>17%</u>
<u>Appreciating Hashem 60,000g</u>	<u>45%</u>	<u>Putting Focus on Human Beings 0g</u>	<u>100%</u>
<u>Emunah 50,000g</u>	<u>10%</u>	<u>Encouragement 150,000g</u>	<u>30%</u>
<u>Bitachon 50,000g</u>	<u>10%</u>	<u>Bringing Hashem and Klal Yisrael Closer 50,000</u>	<u>50%</u>
<u>Love for Torah &amp; Mitzvos 100,000g</u>	<u>15%</u>	<u>Bringing Bracha to the World 750,000g</u>	<u>10%</u>
<u>Making Olam Haba Important 1,000,000g</u>	<u>20%</u>	<u>Giving Hashem Pleasure 50,000,000g</u>	<u>25%</u>
<u>Making Olam Hazeh Important 0g</u>	<u>100%</u>	<u>Middos Tovos 67,000g</u>	<u>40%</u>
<u>Feeling Hashem's Goodness 2,000,000g</u>	<u>1%</u>	<u>Makes You a Better Person 6,000,000g</u>	<u>50%</u>
<u>Love for other Yidden 500g</u>	<u>3%</u>	<u>Yearning For Hashem 12,500g</u>	<u>33%</u>

**The Spring Hill Times**  
**Yitzchok I. Kaufman**  
**56 Spring Hill Terrace**  
**Chestnut Ridge, NY, 10977**  
**845-327-5041**  
**thespringhilltimes@gmail.com**

# Hashem Loves You!



Elisha, 28 years old, was driving up to be with his family in Northern Eretz Yisroel for Shabbas. He needed to refuel, but kept missing the turn offs as he sped toward his destination. After passing five gas stations, he finally decided to pull into the next one. He looked at his watch. It was 3 hours before Shabbos, and he was an hour from his destination. All in all, the timing was good. As he filled his car, he noticed a woman with children standing next to their car, noticeably upset. He approached her and asked if he could help.

“I accidentally filled my car with diesel fuel instead of regular, and now it won’t start!”

Elisha listened to her predicament, and furrowed his brow. There was no way to remove the fuel. It needed professional



attention and there were no mechanics on duty at the station.

“Where were you headed?” he asked the woman.

“To Alei Zahav in the Shomron,” she said, anxiety filling her voice.

Elisha knew exactly where that was ... almost 3 hours away, and there were only 3 hours till Shabbos! She clearly needed to get there, but how? No wonder she was frantic. It seemed impossible.

But not to Elisha. He didn’t think twice, he held out his car keys to the astounded woman.

“Here, take my keys and start driving to Alei Zahav! I filled up so you have plenty of gas. You’ll just make it in time! Here’s my cell phone number. Let’s be in touch after Shabbas and we can figure out how to get the car back to me.”

The woman was flabbergasted. A young man, a total stranger, giving her his car?!

She thanked him profusely and took off for Alei Zahav. Meanwhile, Elisha called his father and explained the situation. His father promptly came to pick him up, and everyone made it to their respective destinations in time for Shabbas.

On Sunday, the woman returned with the car. She met Elisha’s mother and told her how amazed she was by Elisha’s kindness and generosity. Elisha’s mother beamed with pride in her son’s gracious nature.

“How can I thank him? What present can I give him?” asked the woman. “He is looking for his shidduch”, answered Elisha’s mother.



When the woman got home she wrote up the encounter and shared it with friends, adding that Elisha was seeking a shidduch. Ideas came pouring in. One of the first suggestions was a woman named Naomi. I am happy to tell you that with Hashem’s help, Naomi and Elisha recently married! This true story was told by Rav Yosef Tzvi Rimon, the Rav who was Mesader Kiddishin at their Chasuna!

The achdus that Klal Yisroel has is unparalleled!  
 זורע צדקות מצמיח ישועות, when we plant seeds of Chesed, Hashem reaps Yeshuos  
 Hashem loves us!  
 Hashem loves us!

Taken from the 'Hashem Loves You Hotline'  
 267-833-0596

**Want to subscribe, give feedback, text a story or make a donation?**  
**Call/Text: (845) 327-5041 | Email: thespringhilltimes@gmail.com**  
**To leave message 24/6 please call 385-381-0977**  
**Checks can be made out to: Cong. Shaarei Bitachon (Please put in Memo: The Spring Hill Times)**  
**Mail to: 122 Seventh St. Lakewood, NJ 08701**  
**Zelle: Congshbt@gmail.com Please put in memo: The Spring Hill Times**