The Spring Hill Times

לע"נ אבי מורי ר' שלמה זלמן בן ר' ישעיה זצ"ל ולזכות רפואה שלמה: הינדא בת מרים רבקה, ואברהם דוד בן רבקה בתוך שאר חולי ישראל

Issue 137

Tetzaveh

Adar 1 5784

This week's issue is dedicated as a Zechus for our brothers and sisters all over the world and especially in Eretz Yisrael and those in captivity. Our Minds and our Hearts are with them. May Hashem Protect, Heal, and Comfort all of Klal Yisrael!

BOY LIVES WITH HASHEM

PAGE 10

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Emunah and Bitachon News

A SONG OF BITACHON

A Yid Shared:

I'm an avreich, and I live in Tzefas. I also work as a mu-

sician at weddings and other celebrations in the evenings. My music accompanies the beautiful singing of my twin



brother, and we appear together from

time to time, singing and bringing happiness to Hashem and to His people.

My brother has a connection with someone whose job is to mediate between us and those who want music at their happy occasions. This agent called me one day in Tishrei and told me, "I have a great event for you. I think you are the best person to play for it. The producer said he heard about you, but before he closes with you he wants a recording of you in real time, working with the public. So make sure to send him a recording."

A LIFE WITH BITACHON ON THE PARASHA PAGE 23

would take care of sending the recording. He very much wanted the job, but he did not have a recording. What would he do? Because people don't generally make weddings in Tishrei, he needed to find someone to hire us for something, so we could record ourselves singing and playing.

He was clueless about what to do next, but then at the entrance to the beis midrash he saw a notice inviting all the mispallelim to a bar mitzvah. An idea came into his mind: He would call the boy's father and offer to sing at the Continued on page 3 bar mitzvah for



My brother said he



Newspaper Topic:	Cn
Hashem	Sp
Publisher / Editor:	
Yitzchok I. Kaufman	
Finance Director:	
Yoni Kohn	INS
Contributors:	
R' Zevy Golombeck	Wee
R' Yosef Moshe Mizrachi	
R' Label Lam	Livin
R' Y. Friedman*	
R' Shalom Yedidya Klatzko	
R' Nesanel Landesman	5 We
R' Moshe Davidson	
R' Moshe Hirschberg	Livin
R' Daniel Garfinkel	
R' Daniel Sasha	A Fai
R' Baruch Rosenstock	
R' Eliezer M. Niehaus	
Rabbi Shraga Freedman	Hash
R' Chaim Tzvi Blau	
Graphics:	Illum
R. Berger	
Rachelli N.	Our
Comics:	
Kav Hashgacha Pratis	The S
518-613-0140	
	Hash

Spreading Hashem's Goodness all Around the World!

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Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?

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לעילוי נשמות: ישעיה בן משה יחיאל מיכאל זידא, חוה רבקה בת שלמה זלמן, לבי הירש בן אליעזר הלל. ריזל אסתר בת דב בעריש. דוד זאב בן משה מנחס. לייטל בת שלום אריה, נפתלי בן יעקב. יעקב לבי בן יוסף, דוד יעקב בן משה אליהו. חי חנה בת בנימין. לזכות הבחור משה דוב בער בן אסתר, לזווג הגון בקרוב.



EMUNAH & BITACHON NEWS

אשרי איש שלא ישכחך ובן אדם יתאמץ בך!

Continued free, and then he'd be able to from front record himself. He asked me to accompany him with my music. "I do this for parnassah, not free of charge," I told him.

"It's so that we'll have a recording of how we work together," he said, trying to convince me. "It's very important to me."

I asked my Rav if it was correct to use this time for playing, and the Rav told me, "It's your brother – your twin; helping him is the right thing to do, especially in this case, because there is no one else who can do it." I agreed.



My brother called the boy's father and said, "I saw that you're making a bar mitzvah. Maybe you'd like me to come with my brother, and we'll play and sing at the event?"

There was no response at the other end of the line. My brother waited and

waited, and finally he asked, "Are you with me?"

"I...I...I have no words. Are you for real? You'll come with your brother and play for free?"

"Yes. Does that work for you?"

"Work for me is not the word. You simply don't understand what happened here."

Then the father started telling my brother everything that had happened to them over the past month: "My son, the bar-mitzvah boy, very much wanted a band at his bar-mitzvah. We are not people of means, and everything connected to the bar mitzvah, from the tefillin up to the dessert, we are bringing with true mesirus nefesh. We're preparing everything ourselves, homemade food in the simplest hall, and it's just not possible for us to add 6,000 shekel for a band. I explained this to my son, but he stubbornly insisted. "If you can't help me," he told my wife and me, "I will ask the Ribbono shel Olam to help me."

During the past month he went to

the beis hachaim in Tzfas every day and davened at kivrei tzaddikim for Hashem's help in honor of his bar mitzvah, and each time, he asked that there should be a band at his bar mitzvah. This has been going on for thirty days.

My wife and I saw how much he wanted this and how much he was davening, and we were really afraid. What would be? He was sure that Hashem would help him. and we see the reality. I had already informed him that I had no intention of paying for it. No generous donor had offered us the money we needed, and then suddenly...this call. Hashem heard the boy's tefillos! You are the messengers of the Creator yisbarach!"



It was an especially happy event. The bar mitzvah boy's face shone with joy. The recording was only a sibah – a secondary reason for us to perform. We saw the Hand of the Mesoveiv here – the Navigator of all occurrences. We had the zechus to be part of an amazing display of the fruit of emunah – bitachon.

[Kav Hashgacha Pratis]

A YID'S PURE EMUNAH

I am a Yid from Monsey. My son had fluid in his ears, and the doctor gave us a referral for surgery to insert tubes in his ears in order to drain them. I told my neighbor about this.

> He responded with this story: "Listen to what happened with my son. The doctor gave us a referral for this very same surgery, and I made an appointment for it in Manhattan. On the day of the appointment we got up very early and traveled for two hours. The boy was fasting. We were stressed and nervous and anxious to have it all behind us. The doctor checked him and said, 'He has an infection. We can't do surgery when there's an infection. Go home, and come back when his infection is cured.""

> This neighbor's story was really unpleasant. I learned a lesson from it, and I decided I would make sure there was no infection anywhere in his body. Immediately after I made an ap-

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EMUNAH & BITACHON NEWS

אשרי איש שלא ישכחך ובן אדם יתאמץ בך!

pointment for the surgery, I also made an

appointment with our family doctor, to examine him a few days prior to surgery so I would not be sent home because of an infection.

Close to the day of surgery, the doctor examined my son, and ba-



ruch Hashem, everything was fine. We set out calmly for surgery, my son fasting, and we arrived at the special clinic. We went in to the doctor, and only then was a strange mistake discovered: This clinic did not do these types of surgeries! The doctor where our appointment was scheduled does not deal with this at all. He does all sorts of things related to ears, but surgery – no.

Thus, exactly what happened to my neighbor happened to me as well, only for a different reason that I could not have anticipated. I saw that when Hakadosh Baruch Hu wants something to happen, no hishtadlus will help. I don't know why we had to go through it and what we had to be mesakein, but clearly, the entire backand-forth, the preparation for surgery and the need to reschedule the appointment, this time at the right place – everything is from Hashem yisbarach. The chochmah is to rely on Him and not on our own hishtadlus.

[Kav Hashgacha Pratis]

With much mazal tov, I attained the status of "mechutan."

It was right before my oldest daughter's wedding and I desperately needed 20,000 shekels. I went to a certain gemach, where I was given a form to sign detailing the rules of the gemach. I read the large and small print, and I had a question about ribbis. I asked my question to the head of the gemach, but he barely heard it. "Why are you asking questions? This gemach has existed for several years, and no one has ever had any problems." I saw there was no one to talk to, and I decided I would not take the loan. I did not want to take a chance of transgressing the prohibition of ribbis.

Then, just moments later, my phone rang. My friend asked how I was doing, and he told me, "There's a Yid here who wants to donate money in honor of a wedding. How much do you need?" "Twenty-thousand shekels," I responded.

Before long I received the entire sum that I needed, as a gift! Not a gemach or a loan, but a complete



YOU NEVER LOSE OUT...



gift. This happened immediately after I decided not to take a loan that involved a question of ribbis. [Kav Hashgacha Pratis]



WHEN YOU SEE ANOTHER YID:

Ignore his type of hat



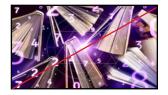
Ignore the color of his shirt



Ignore the style of his shoes



Ignore his level of intelligence



Don't accuse! Don't judge! Don't convict!



EMUNAH & BITACHON NEWS

אשרי איש שלא ישכחך ובן אדם יתאמץ בך!

THE MISSING ENVELOPE

My job is to collect tuition from the parents of the Talmud Torah of London. In our school, parents don't arrange an automatic withdrawal from their bank account; rath-

er, I need to call them to remind them and make sure the money comes in.



Before Pesach, I called one of the

parents, a prominent Jew, and reminded him that he had a tuition debt, and we wanted to pay the melamdim before Pesach, so they would be able to cover their Yom Tov expenses. The gvir agreed that this was very important. "I'm bringing the money today," he concluded.

The day passed, and the money did not arrive. Several more days passed, Pesach passed, we counted the omer and lit a bonfire for Rabi Shimon, and the money still hadn't arrived. Just before Shavuos I called the gvir again and asked him, "Where's the money?"

"What do you mean, where's the money?" he asked. "I brought it to you on that very day."

"Impossible."

"What's impossible? I myself came with my car to your house. I saw your son, a small child, going out of the house, and I gave him the envelope with the money. There were 2,000 pounds sterling in there!"

"Okay, I'll ask my son," I said, and with great difficulty I held back from lashing out at the gvir and offering my opinion of his behavior. Since when does anyone give over such a large sum through a small child, and depend on him to deliver the sum to the right place? Where was his head? We were talking about the equivalent of tens of thousands of shekels. It didn't make sense that he would act so irresponsibly!

My son remembered nothing of the whole affair, and I decided to try asking the Jewish neighbors in the area if they had seen the envelope. I knocked on house after house, until we came to the home of an avreich, and I asked him, "Did you see an envelope with money here on Erev Pesach?"

"You're talking about an envelope containing 2,000 pounds sterling?"

"Yes, yes," my eyes lit up. "Exactly that."

"Listen to what was going on then," the avreich related. "Right before Pesach I was fired from my job. I had no income, and I had absolutely no idea what I would do. How would I cover Pesach expenses? I stood and davened to the Creator of all worlds and asked Him to help me. Immediately afterwards, I went out to the yard and discovered an envelope there with 2,000 pounds inside. This was simply a gift from Shamayim. I took the money with joy and bought everything we needed for Yom Tov."

"That money was tuition, meant to be used to pay the melamdim," I told him. "We need to return the money to the Talmud Torah."

"I don't have such a large sum now," said the avreich, "but I can pay it back in installments." I called the gvir immediately and told him, "I found the money. An avreich who lives in my neighborhood saw the envelope on his lawn and thought that this was a gift from Shamayim in honor of Pesach, and he said he'd return the sum in installments."

"He doesn't have to pay it back," the gvir answered. "The money is completely a gift to him. I'll give you a new envelope."

This time the envelope came all the way to me without any intermediaries in the form of young children. Only the message echoes on: Sometimes Hakadosh Baruch Hu makes a person lose his proper logic in order to carry out a hidden mission, in order to uplift someone who is poor or unfortunate. [Kav Hashgacha Pratis]

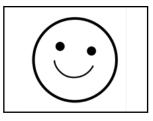


WHEN YOU SEE ANOTHER YID:

Remember that he is part of your family!



Notice his smile!



SEE BEYOND THE SURFACE!

See his holy Chelek Elokai m'ma'al- his glowing Neshama!



Accept him and love him to pieces!





HASHEM IS IN GHARGE

Hashem's magnificent snow in Chestnut Ridge, New York, where 10 inches of snow fell last Tuesday.



The Spring Hill Times

The newsletter of Emunah, Bitachon, and Hashgacha Pratis

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TETZAVEH- ADAR 1 5784



there any way you could come?"

Her friend lived close by, and they were able to walk over for all the seudos! Just like that, she got a free vacation on Hashem's tab!

[R' Golombeck]

Vacation on Hashem!

One week, Mrs. Levine* wanted to take a break from Shabbos cooking and baking and setting up the table. She wanted a vacation. However, she couldn't afford to go anywhere that cost money. She said to herself, "I



wish someone would invite my entire family for all the seudos. But I don't have any family near me, and nobody has invited me in the past Yovel!"

Then she said, "One second. Who puts it in people's minds to invite others? It's Hashem!"

That night, she got a phone call from one of her friends, who said to her, "You know, "I'm in the mood to have some company over." I haven't had guests in such a long time. It's probably too late to call you; you probably already made Shabbos. But is



Hashem- The Ultimate Pull!

R' Katz* was trying to get his child into a certain school. People said, "There's a waiting list out the door. You need a lot of pull to get in. It's not practical. Even people with pull can't get in."

R' Katz said, "One second. If we have no pull, then let's use Hashem's pull."

They applied, and the school said that they would put them on the bottom of the list but that they shouldn't even think it's possible because there were 100 people before them.

The next day, the school called them up and said, "Okay, come for an interview." R' Katz asked them, "Aren't we the last on the list?"

They said, "You're right, we made a mistake. We looked at the bottom

of the list instead of the

top, but once

They got in!!!

Golombeck]

Dream Apart-

called

you."

Fried*

we

we

you,

[R'

ment

Mrs.

called



from Eretz Yisrael was looking high and low for a new apartment. People told her that what she's looking for was a dream and that she was never going to get it. "Just take whatever you can get."

Somebody called her up and said that they knew of an apartment that was available; she should come check it out. It had nothing that she wanted, but she said to herself, "Hishtadlus is not cause and effect. We do our part and Hashem will do His part."

They went to check it out, and on the way they saw a sign for a different apartment. They checked out all the details, and it was exactly what they were looking for! It was a dream apartment.

They took it, and they saw that Hashem has many ways. You just do your part, and Hashem will do the rest!

[R' Zevy Golombeck]

Hashem is in Control



Mrs. Moskowitz* is a teacher in Lakewood. One night, her husband came home from Yeshiva not feeling well. He said he was feeling shvach and nauseous. He said, "Oh, my chavrusa just had shigella, and I probably caught it. He was out for a few days." The first thing his wife thought was, "Oh no. Now my husband is going to be out for a few days, and my children are going to catch it." Then she said, "One second. I don't believe in cause and effect. I don't believe in nature. I don't believe in teva. I believe in "Hamechadesh bituvo bchol yom tamid." Every second is a new world.

Her husband went to sleep, and he woke up perfect! No symptoms. He was had all his kochos; he felt amazing!

He had been complaining he was nauseous and weak, with all the symptoms of shigella, and the next morning he was back to himself, running around, feeling perfect!

Woman Has Bitachon

Mrs. Weinberg had an eye doctor's

appointment with her child, and she was running late. She called up and asked if the doctor could still see them, because they were running late. The receptionist said that if she could



come within seven minutes then yes. Otherwise, nothing doing.

Mrs. Weinberg thought to herself, "The doctor said seven minutes, and he's very firm about it." She was thinking, "There's no way I'm going to get there in seven minutes. If I rush, it's going to rob me of my menuchas hanefesh and simchas hachaim. That's not proper hishtadlus." She said to herself that she would go calmly.

She went calmly, and she said to herself, "While I'm having Bitachon, not only are they going to take me, they're going to be nice to me! They're going to be friendly, easy-going and geshmak!"

When she came to the office, even though she was late, the secretary said, "Wow, it's so amazing you came. I'm so happy!" The nicest greeting in the world!!

------What a Nation!

Rabbi Golombeck had a flood in his basement. He called a repairman to



come fix it. The repairman said that a certain piece malfunctioned, and that a new piece would cost around \$500. However, he said he felt so bad because there was so much damage to the basement, so he was going to do it for free! He didn't charge Rabbi Golombeck!

He took the cost upon himself! A \$500 piece!

Klal Yisrael is amazing!

Mi K'amcha Yisrael!

Rabbi Golombeck was at a suit store that's fully sponsored for whoever needs to get free suits for their children. Everything is sponsored by a gvir to



help yidden. He wants people to be able to make their children happy by giving them new hats, jackets, ties and suits!!

Klal Yisrael is the most amazing nation! It's so special to be part of this nation!

.....

Bitachon Key

Rabbi Yehuda Mandel is a Rebbe in YTT. They gave him a key for the front door, and they told him, "Make sure not to lose it!"

He lost the key, and he couldn't find it. He said,

"You think I need that key? I'll just take a different key."

He took a different key and it worked!

Rabbi Mandel said that other people tried with other keys, but their keys didn't work. Only the Bitachon key worked!



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Hashem Has Many Messengers

Avi, a 12th grade Yeshiva bachur from Monsey,

NY, ate a pastrami sandwich. He was shmoozing with other bachurim, and when he finished



eating, he forgot to bentch. Then he went to daven Maariv. Suddenly, he started feeling very nauseous. He could not remember ever feeling so nauseous. Then he remembered that he forgot to bentch! He went back to bentch. The second he finished bentching, the nausea went away!

"Vachalta v'savata - uveirachta es Hashem Elokecha!"

The Best Medicine



According to reports, there's a Yid in anyth

Eretz Yisrael who was very sick. The doctors gave up on him. They said



that he had three more days to live. The man decided to dedicate those three days to singing praises to Hashem! That's what he did.

At the end of the three days, he felt all his strength come back to him, and he jumped out of bed! The doctors could not believe it!

"Refaeinu Hashem v'neirafei, hoshiainu v'nivashea ki tehilaseinu Ata!"

•••••

Bitachon and Chesed Join Forces

Shloimy, a bachur learning in Eretz Yisrael, needed to go shopping, but he did not have any money on him. He decided to go to



the store and leave it up to Hashem.

While he was at the store, someone came over to him and said, "I want the zechus to support a yeshiva bachur! If there is

n anything you need to buy, I'm going to pay for it!"

Mi K'amcha Yisrael!

"Baruch hagever - asher yivtach b'Hashem!"

......

Hashem Loves Us

Mrs. Adler was in the mood of vegetable soup, but she did not have vegetables in her house. She did not have strength to go to the store. She turned to Hashem

and said, "Hashem, I really want vegetable soup!"



Shortly afterwards, her neighbor knocked on her door and said that she just made a huge pot of vegetable soup, and she was only going to eat a little of it. She offered her the rest!

"V'divrei - nifliosecha asicha!"

Anti-Semitism on the Decline

.....

Mrs. Fried from Brooklyn, NY was in her building waiting for the elevator.

M a n y non-Jews w e r e waiting with her. W h e n the elevator



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doors opened, they all motioned that she should go first!

Thank You, Hashem!

Hashem Always Helps

Rabbi and Mrs. Fein were driving to a nephew's Bar Mitzvah. Baruch Hashem, they also had a close relative's chasunah coming up. As they were driving, Mrs. Fein told her husband that she wrote out two hundred dol-

lars worth of checks for the girls' gown rentals for the chasunah. Rabbi Fein responded that there weren't two hundred in the account, but Hashem would help them!



Enjoy YOUR Lunch?

Eat the lunch that Hashemmade for YOU

with love and care.

DON'T EAT SOMEONE ELSES

MUNCHA

Enjoy: Your talents! Your strengths! Your feel-

ings! Your intelligence! Your family!

Somehow, He would give them the money to cover it.

Towards the end of the Bar Mitzvah, Rabbi Fein's mother came running over to him and said, "My ride is waiting for me. Here is some money to cover for the gas for your drive to the Bar Mitzvah!" She guickly took some bills out of her wallet and gave it to him. He saw with surprise that it was 200 dollars! His mother often gave him money to cover his gas when driving to a family simcha, but she always gave him 50 dollars!

He turned to her and said, "You gave me 200 dollars." She said, "I'm sure you could use the extra," and hurried off to catch her ride! Hashem sent him the exact amount they needed!

"Tov Hashem lakol v'rachamav - al kol ma'asav!"

.....

Boy Lives With Hashem

Rabbi Berkowitz from London asked his four-year-old son how his day was in school. His son said that he was а little dis-

appointed, because he thought there would be a birthday par-



ty, but there was none. Then Rabbi Berkowitz asked him if something good happened today. He answered, "Yes, that there was no birthday party. Obviously it would have been poison for me and that's why Hashem made that there should not be a party!"

"Avdi ata - yisrael asher - becha espaer!"

Hashem Loves Our Tefillos

For the past few weeks, Reb Chaim Braun from Brooklyn, NY was not able to find a parking spot near his shul. It is hard for him to walk and he really needed a spot next to the shul. One morning, he davened to Hashem to please give him a spot by the shul. "Please show me that You are listening to my tefillos."

He came to shul and there was an

open spot | right front!

"Baruch shomeiah tefilla!"

.....



Hashem Pays His Rebbeim

in

It was the first of the month, and Rabbi Roth from London needed to pay his Rebbeim, but he was short on money. He had no idea where the funds were going to come from.

Suddenly, a bachur walked into his office and said, "I collected money on Chanukah, and I never brought in the

money. Here it is." Rabbi Roth opened the envelope, and it was the exact amount of money



that he was missing!

Vidivrei Niflaosecha - Asicha

Hashem Saves Family

.....

R' Avram Yaakov Teitelbaum from

Lakewood, New Jersey, walked into his children's bedroom and noticed that there was a pillow on the nightlight. It was touching the bulb, and it was starting to



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burn. Had he not walked into that moment, a fire would have chas v'shalom broken out! Hashem saved the lives of his family!

Hodul LaHashem ki tov, - ki leolam chasdo

.....

Anti-Semitism is on the Decline

The Mark family were in the airport.

A non-Jew came over to them and said, "I'm so happy to see Jews. I feel



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couples

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Adults

and anyone else

ALWAYS THERE TO FROME OF YOU

safe around Jews, because wherever Jews go, that's where G-d goes."

Thank You, Hashem!

Man Appreciates Weather

R Zevy, a yungerman from Lakewood, New Jersey appreciated the weather even though it was cloudy outside, because he listens to the "Ki Tov Hash-

em" weather reports. Vayar Hashem es kol asa, vehinei - tov meod



••••••

Money Comes From Shamayim

Mrs. Weber's husband learns in kollel. She worked and supported him, but recently it became too hard for her to continue working, and she needed to stop. She had no idea how her husband was going to continue learning. She said to herself, "Hashem was the one who supported us until now. It wasn't me."

Later on, her father called her up and said that he sold one of his houses, and he was giving them \$200,000. Just like that, they received more money than

> they would have made in a couple of years!

Hazan es haolam kulo betuvo, bechein, bchesed, uvera-



chamim

Hashem is Always Taking Care of Us

Rabbi and Mrs. Steinberg from Monsey, New York, went to spend Shabbos with their daughter in Lakewood, New Jersey. They were staying at their daughter's neighbor's house. It was close to Shabbos when Rabbi Steinberg realized that he had left his Shabbos suit at home. He also had not brought his jacket along, so he had nothing to wear for Shabbos.

His son-in-law sent out a message to the neighborhood to see if anyone had an extra suit in his size. Only one person responded. It was the person in whose house he was staying in! He

did not even have to go upstairs get it. It was in the front hall closet, waiting for him!

.....



Tov Hashem lakol, verachamov al kol maasav

Hashem is the Kol Yachol

The oven in the Lieberman house was not working. They were pressing all the buttons, but it was not turning on. Rabbi Lieberman said that he was going to need to unscrew it to see what was going

on.

His wife told him, "One s e c o n d , before you unscrew it,



let me sing "Hakal Yachol." She sang "Hakal Yachol," and then she told him to try again, and it started working!

In other news,

Mrs. Cohen from Chicago, Illinois, was making sourdough challah. She needed to use a scale to measure the flour,

but the scale was not working. She thought to herself, "I



TETZAVEH- ADAR 1 5784

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have to go to the store and buy a new scale."

Then she said, "One second." She closed her eyes, and she said, "Hashem, you're the One who's in charge, and you could make it work". She opened her eyes and tried again. This time, the scale started working!

Vahaboteiach baHashem chessed yisovivenu

.....

Everything is in Its Right Time

Rabbi Yehoshua Lax from Monsey, New York, needed to pay a bill of \$1,000. It was due that day. He tutors for a parnassah, but people owed him money. He went to his mailbox, and in it with two checks. One was for \$800, but the person asked him to please not cash it right away.

The other envelope had a check for \$1,000, the exact a mount that he needed!



Einei chol - Elecha yisabeiru, - v'Ata nosein lahem es achlam - b'ito

Hashem is Running a Perfect World

.....

Shloimi is a fourth grader from Lakewood, New Jersey. His Rebbi made a program for the boys to learn Mesechtas Yuma 101 times. Shloimi learned it 101 times!

His father took him to Kosher West, a grocery store in Lakewood, to buy food for a siyum that they were going to make in the house. While they were in the store, Shloimi went to the side to learn the last mishnah of the masechta. The last mishnah says, " A m a r

R a b b i Akiva ashreichem Yisrael." As he was learning t h o s e



words, the background music in the

store started playing, "Amar Rabbi Akiva ashreichem Yisrael." Klal Yisrael is amazing that they are learning mesechtas 101 times!

Klal Yisrael is amazing that a fourth grader is learning Mishnayas in a store!

Hashem is running a most amazing world!

V'divrei Neflaosecha Asicha

.....

Hashem Sends Free Shabbos Meals

Mrs. Levine wanted a break for Shab-

GUARANTEED TO SOLVE ALL ISSUES, BIG AND SMALL!



bos. She wanted a relaxing Shabbos without needing to cook and bake. She did not know of anyone who she could go to. She thought to herself, 'It's all up to Hashem.' She said, "One

thing I know, You Hashem, are running the world, and you're the One in charge of everything."



Later on that day, one of her friends called her up and said that she had ordered food for the whole Shabbos from a catering place. There was a mix up, and she got doubles of all the food. She had nothing to do with the extras, and she asked Mrs. Levine if she wanted the other half free of charge. Just like that, they got the whole Shabbos catered to them without even needing to pay one penny!

V'haboteach BaHashem chesed yisovivenu

.....

Hashem is Running a Perfect World

Last Shabbos morning, Rabbi Solomon was walking home from shul. He absentmindedly turned into the wrong street. As he was walking down the street. someone came over to him and said, "Rabbi Solomon, maybe you could help us. We recently had a baby, and someone sent over food for the seuda, but they didn't send cholent. Do you by any chance have extra cholent?"

Rabbi Salomon said, "It's amazing, normally my children eat half the cho-

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lent on Erev Shabbos, but this week they ate kugel

instead, so we have lots of extra cholent!"



He continued,

"This week my wife decided to try a new recipe for chicken stuffed with kishka, so we have lots of extra kishka in the cholent as well! We are happy to give you a 9 x 13 pan of cholent with kishka."

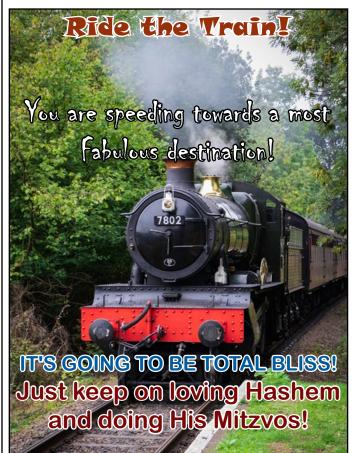
When they came to pick up the cholent, it was the exact moment when Mrs. Solomon took off the crockpot to serve her family.

Vikarasa laShabbos - Oneg

.....

What a Beautiful Nation

There is a yid in Lakewood who heard



about a rav who has been renting his house for 50 years, and the landlord was selling the house. The rav was go-

ing to have to leave. He felt that it was bizayon hatorah, so he went ahead



and bought the house just so that the ray could stay in the house!

Mi K'amcha Yisrael!

.....

"The Spring Hill Times" Saves Yid Money

Reb Refoel is a reader of the Spring Hill Times. He tries to avoid calling any regular news hotlines because he does not want to hear any bad news. However, he's used to listening to something when he rests. He decided to call his credit card company to listen to the recent charges. The first charge that they mentioned was from a local grocery and was for \$189. He was shocked, because they

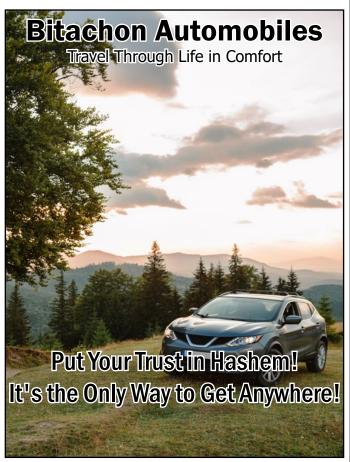
never spent so much money at that grocery store.



He asked

his children, and they said that they bought eggs for \$1.89, and by mistake they were charged \$189. He only realized it because he was avoiding the news!

Taamu u'reu -ki tov Hashem



TETZAVEH- ADAR 1 5784



Editor's note: Many of these stories are from Av-Tishrei.

MI K'AMCHA YISRAEL!

Mrs. Schwartz*, a teacher from Lakewood, was driv-

ing with her family, and the car got stuck on the road. She called Chaveirim.



In six minutes,

Chaveirim arrived and got them back THE SECRET INGREDIENT on the road!

HASHEM GIVES CHANGE!

Shmuel Gartenhaus told over that his brother went to the Nickolsberger Rebbe in Woodbourne,



and he wanted to give tzedaka. He had a five dollar bill, and he asked someone if he has change. The Rebbe said that he writes on all the pushkas that Hashem gives change! Right then, someone came over and said, "Oh, I have change!" What Hashgacha!

THE WRONG TIME AT THE **RIGHT TIME!**

Shmuel Gartenhaus said over that his family was driv-



ing to Lake George. On the way, they planned to stop at the Howe Caverns. His father wanted to check directions, so he typed the address for the Howe Caverns into the GPS. In addition to directions, the GPS showed the contact number as well as times of operation. According to the GPS, it wasn't going to be open at the time they would be arriving. The times indicated didn't seem to make sense, however, so Shmuel's father called them to see if the times were correct.

The person who answered the phone

said, "No, those times are not correct. We will be open at the time you plan to arrive." He gave them the correct hours of operation. Then he said, "By the way, you need to make a reservation in advance."

It was hashgacha that the times indicated on the GPS were wrong, because this way, they found out that they needed a reservation!

R' Segal,* from England, said that he's the cook in a camp, and last year the campers

weren't verv happy with his food. This year, he



decided to try something new. He added "Emunah and Bitachon" flavoring! He said, "Hashem, You're in charge of making all the food." Since

then, everyone has been coming over saying, "Wow, this food is really delicious! What did you do new this year? It's delicious!" He said, "You want me to tell you my secret ingredient? I turn to Hashem!"

SIDDUR SENT BY HASHEM!

R' Weiss* wanted to daven by a kever, but he couldn't find his special siddur that he uses when he goes to kevarim. While he was driving, he played songs

from the Bitachon Hotline and listened to the yesodos. He said, "Hashem can get me the siddur."

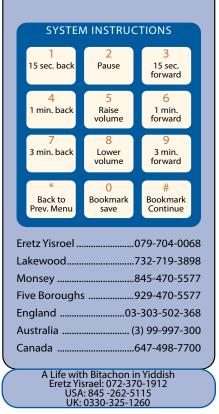


When he arrived at the kever, he met his Rebbe who had come from out of town. His Rebbe said, "On the way here, someone gave me a siddur and I don't need it. Would you like it?" It was exactly the siddur he was looking for!

A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
- 2 Today's STORY of Bitachon
- ANSWERS to Ouestions asked 3 (Answers to 4 new questions each day)
- This week's connection of Bitachon to the PARSHAH
- QUOTE from Sefer "Bitachon 5 Weekly"
- 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
- 7 Today's STORY how Bitachon helped someone through a Nisayon
- ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
- **RECORD** your Questions, Stories & 9 Comments
- Back to previous menu
- SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)



Thank You Hashem for Babies! They come so cute and make everyone around them happy!



Thank You Hashem for Disposable Diapers! When they are unclean just take them off and throw them out!

Thank You Hashem for Cake! So many types, so delicious and enjoyable!



Thank You Hashem for Stove top grates! We can place our pots on the stove so efficiently!







Weekly

Thank You's

By: R' Simcha Elefant - Yerushalayim Ir Hakodesh

L'zechus that people should feel loved by Hashem!

Thank You Hashem for Funnels! We can easily get things cleanly/smoothly into narrow openings!









There were barely any books. Definitely not picture books.. And almost nothing for the Jewish child...





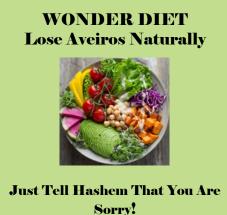
WANT TO READ A BEDTIME STORY TO YOUR CHILDREN?

Choose from the hundreds of beautiful books for children of all ages. For every middah under the sun! 100% kosher for the Yiddishe neshama! In so many languages!

Thank You, Hashem! We love You, Hashem!







Stay Fit! DON'T FORGET YOUR DAILY EXERCISE!



Remind Yourself that Hashem Loves You to No End!

Patient

I have a medical condition that the doctors cannot diagnose. They are baffled! I feel so nervous and anxious!

Please help!

I'm prescribing 4 medications for you:

1. The doctors may not know yet what it is but Hashem knows exactly what it is! In fact, even when the doctor does know the problem it's Hashem Who is healing you. All you need to do is turn to Him!

2. There is no one in the entire universe who cares about you more than He does! Picture yourself being held tightly in His arms. You have absolutely nothing to fear!

3. Whatever you are going through is the best for you! It's making you a better person! It's bringing you closer to Hashem!

4. Accept with love what Hashem gives you! You will be giving Him a Nachas Ruach that nobody else in the world could give!

Parsha Game Fun and an interactive way of learning Torah!

PARASHAS TETZAVEH

Q: Where in this week's Parashah do we find a connection with the pictures below?

ANSWERS ON PAGE 40





Parsha Delight Question of the Week

פרשת תצוה תשפ״ד (5784)

The first pasuk in the parsha (27:20) states, ואתה תצוה, and you shall command. The term "תצוה" alone means "you shall command," and therefore it seems that the word ואתה, "and you," is unnecessary. So, why didn't the pasuk just state, "ותצוה", which would also mean, "and you shall command"?

Please email your answer(s) to parashadelight@shiurenjoyment.com and enter to win a \$5 Raffle

Ment ShiurEnjoyment

Contact Michoel Yaakov with any questions at maggidshiur@shiurenjoyment.com or (917) 626-8306

LOVE TORAH LIVE TORAH LEARN TORAH

CHAISHEK HATORAH

Riddle #77 Parshas Tetzaveh

I am so hard to see, I'm only the size of a barley! I'm an extremely tiny creature, having a very unique feature. For the stones of the Cohen Gadol I was indispensable, for I enabled them to have writing while remaining full! For this accomplishment I received great fame. What is my name?

To hear the answer to the question, press x14 #77 on the Chaishek HaTorah Line 845-720-4040

You can hear stories from the Spring Hill Times being read on the Cheishek HaTorah Hotline. 845-720-4040 Ext 6 Updated every Motzaei Shabbos!

Ayin Tova



CASE OF THE WEEK:

Aaron Milstein had a very important

meeting with a potential client in the late morning. He arrived early to the office and prepared all the material necessary for the meeting.



A few minutes before their appointment was to begin, Aaron reached into his shirt pocket to take out his pen and realized that it had leaked all over his freshly pressed shirt. He had no time to do anything about it. He was mortified.

Help Aaron have ayin tova for his situation.



R' Nesanel Landesman

You can send your suggestions for the AYIN TOVA CASE to: ayintovanewsletter@gmail.com Or call [Israeli daytime hours only]: USA: 831-244-6019 Eretz Yisrael: 052-760-5409



Suggestions for the case of Yehudis who was told to come to the doctor's office ontime, and then waited two hours to see him.

• The doctor was late because there was an emergency.

• There was another woman in the waiting room and Yehudis had the chance to make a Kiddush Hashem during their conversation.

• It gave her two hours that she has been searching for to continue saying her Tehillim.

• She got a nap in which as a mother of growing children does not happen with such frequency.

• After she came into the doctor, she realized how high level he was and would be much more likely to follow his advice.



• She could focus on the fact that the doctor is obviously giving people the amount of time they need for him to properly diagnose them. Now, she could be confident that he will give her the requisite amount of time she needs as well.

• Doctors also don't want to run late, because they know that not only does this frustrate patients, but it also puts their schedule late, making them leave work late. Maybe the electric went out when the doctor arrived at work, or maybe there was a plumbing issue, or maybe he got stuck in traffic. Sometimes they are waiting for their assistant to arrive, and they can't work properly if the assistant isn't there. Many things happen in offices that are out of the hands of the doctors which is why they run late.

• Alternatively, Yehudis could politely ask the secretary what happened that the doctor was 2 hours behind schedule. Sometimes they will explain the reason. Additionally, the secretary may have made a wring appointment for Yehudis.

• The lesson now is that in the future if she has an appointment at the doctor or dentist and waits longer than 15 minutes, she can ask the secretary if the doctor is running on time or what the wait time would be. This way she can decide if she wants to wait or come back.

• People will have a lot less frustrations if they anticipate a long wait. When you know something is going to happen, it makes it that much easier to handle. Additionally, she could use this as an opportunity to work on her savlanus.

SJXTY SECONDS OF JNSPJRATJON

With Rabbi Label Lam - Monsey, New York

Sweet Candy



It could be that the entire purpose of Creation was revealed in a brief encounter I had with a student the other day at the time of dismissal.

The boys were exiting the building, and I reached into my pocket, and I handed to this one young man a candy. Then I asked him, "Did you behave well today?"

He shook his head no, and he handed the candy back to me.

The Zohar says that the reason HaKodosh Boruch Hu made the gauntlet of this world first, and didn't put us immediately into the next world and shower us with rewards is because of something called Nahama DeKisufa—the bread of shame.



Rav Dessler says that a person would rather not get credit for something that he did not do or be praised for being something he's not.

Therefore HaKodosh Boruch Hu created this world, first, for us to strive and struggle through, and, when we arrive in the next world, that is what will make the candy sweet.

Good Shabbos!

The Ultimate Mountain Retreat!



Be on Vacation all year round!

Leave all your worries to Hashem!

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Let the Bracha Flow!



Birchas HaMazon with a Geshmak Inc.

Our parashah opens with the mitzvah of lighting the Menorah in the Mishkan. Last week we brought from Rav Avigdor Miller that the purpose of the Mishkan is to thank Hashem and this is the reason behind all of its practices. So, the purpose of the Menorah is to thank Hashem.

How is this so? The Cohanim



The Cohanim need to ensure that the Menorah is continually lit and not even a second is allo

a second is allowed to go by that it isn't burning. This is a way of expressing our gratitude that the sun is constantly providing us with light.

Chazal teach that each moment Hashem recreates the world, so the sun is constantly being renewed just for our benefit. Elaborating on this idea, the Alter of Slobadka writes that when we observe the sun, we should be continually aware that Hashem is personally shining it; specifically for us to enjoy. Each time, we walk outside Hashem is shining the sun just for us! This is solely due to Hashem's endless love for us, regardless whether or not we are deserving. In the beautiful words of the Kli Yakar, 'even the biggest Tzadik who performs all the mitzvos, still isn't deserving of the great kindness of Hashem, that the sun shines on us each day!'



Really, words can't really describe how much we gain from the sun. It provides us with warmth, light and plays a great role in the production of our food. Hashem positioned the world in the exact place that we can benefit from the sun. If the world

was any closer it would burn and any further it would freeze. The sun lights up the planet, helping us enjoy the beautiful

- With every breath that we breathe, we should praise Hashem. (Bereishis Rabbah 14:11)
- Even though Hashem has thousands and myriads of angels who praise Him, He only desires the praises of Klal Yisrael. (Midrash Mishlei 14:28)
- When we praise Hashem with a pleasant voice and intent, we merit to enter Gan Eden. (Ohr Zarua, Shabbos 42:7)
- The Jewish nation are not called Reuvenim or Shimonim, rather Yehudim (from the word to thank, since this is our essence). (Bereishis Rabbah 98:6)

Qiwing Olith Appreciation R' Daniel Shasha

world Hashem created.

Furthermore, food helps keeps us alive and the sun plays such a great role in many of the



foods that we eat. On a con-

stant basis we enjoy baked goods such as bread, cookies, pizza etc. These all contain wheat which could only grow because of sun light.

Not to mention all the fruits and vegetables that only grow because of sunlight. Even foods such as chicken and beef are a result of sunlight. After all, they survive on produce grown by the sun.

One time, the Malbim summoned all his family members early in the morning, telling them that they were going on a very special outing. He instructed them to don their Shabbos finery, as they were going to see something lofty and extraordinary. His family were extremely curious as to where the Malbim was

taking them, and why they had to dress up for the occasion. To their surprise they went to a place where they would have a clear view of sunrise. They observed how the powerful sun glided upon the towering moun-



tains higher and higher, until it illuminated the world, going from darkness to brightness in just a few minutes. They were enthralled by this stunning sight and how Hashem created such a beautiful world. They understood that this was an occasion worthy of dressing in their finest clothes!

Let's thank Hashem for: Kettles. With just a flip of a button, we have the ability to boil water, ensuring we will have a refresh-

ing cup of coffee or tea in

minutes!

Hot drinks make such

a difference during the

cold winter days.



This is an excerpt from the weekly Living Appreciation newsletter, for feedback, to subscribe or to obtain our two minute a day inspiring gratitude journal please contact us at livingappreciation@ gmail.com



לכבוד ולתפארת

The שבת in גמ says that clothes in general are the כבוד and respect of a person. A person's אַניעות, individuality, privacy, uniqueness, cozy warmth and protection from cold and shame are in his clothes. And in the המקדש wore special holy בהנים the בית המקדש wore special holy בגדים The gartel was super long perhaps to symbolize that a person should make a big partition between his הוחניות lower parts, and השמיות higher parts.

Part II

And the very high hats (מגבעות) can symbolize how important it is to value your שכל which is the key to overcoming the יצה". A greater נהן בה"ג wears more and fancier clothes (שמונה בגדים).

clothes (שמונה בגדים בזמן שבגדים עליהם דמו שבאניהם עליהם. The בגדים are extremely important, and

without them you

aren't a בהן! Part III

The תורה is giving us an extremely important message. Respect your clothes! They respect you! And they give you dignity! הקב"ה is מלך and he wants the צל"א to be like him and to respect himself. No זלזול for a וחלק אלוק ממעל Respect! This is what the משכן is all about! And with גשמק! לכבוד ולתפארת – beauty and glory.

Part IV

The only person who is allowed to sit in ביהמ"ק is ביה מלך. The בבוד is the epitome of מלך and he is מיוחד in that he can kill a person for not respecting him. Notice how in for not respecting him. Notice how in ז'דו later years בגדים couldn't keep him warm since he was once מבזה בגדי שאול.

Part V

This the last story of דוד המלך. We can suggest בס"ד that since the גדלות of a מלך is his super high level of therefore he is נפטר therefore he is

punished for being מזלזל בבגדים.

עכבד was בכבד everyone especially his enemies. He kept calling שאול משיח and בני בני he called אבשלום which is a חשיבות (a close relative needs to be respected).

Part VI

And he called אבנר ואיש בושת even though they hadn't really been on his side and were his adversities. Since a kings main תבלית is to be מזלזל he is נפטר after he is.

Part VII

דוקא goes אדמוני the מזלזל goes מזלזל against his עשיו nature and isn't מזלזל ike it says by ויבז עשיו הבכורה has the job to kill עמלך who are known for their being מזלזל in everything important and holy (like (like כרי"ס).

אשה ריח ניחוח לה'

The fact that the קרבן is called a fire קופא leads me to believe that there is something special about the way the limbs of the animal were destroyed – דוקא through fire! We can suggest דטקי that the animal symbolizes the animal side of a person (i.e. his עיבה").

Part II

And how do you kill your יצה"ר With fire דוקא Fire means enthusiasm and geshmack in רוחניות – especially in learning תורה and this

> is אשה ריח in מרמז ריח נחוח and ניחוח means sweet and like we say in הערב נא" ברכת" make it sweet.

Part III

Notice that the מזבח has a special הלכה of needing a fire always burning (לקיום האש) and one שיטה holds that there is a special מערכה with no other purpose other than having





a fire always burning אש תמיד-תוקד על המזבח. A Yid always needs a fire burning in him to enjoy עבודת ה' with and enthusiasm.

Part IV

You can work on yourself day and night to conquer your תאות, and you may I"n end up with plenty of frustration without much accomplishments despite all your תפלות and and hear- קבלות and גדרים and hearing שמועסין etc. But if you're on fire and you are full of רוח and spirit and עבודת and being excited over התפעלות ה' then it all gets easy and the יצה"ר is dead.

Part V

was ר' פנחס מנחם מלאך ז"ל asked why in Navardok they weren't involved in trying to conquer their יצר הרע בעניני קדושה. He said that after a fiery מוסר סדר, you couldn't even think of such things! You were in a different world! R' A. Miller ז"ל said that we must fight the fire (of the יצה"ר) with (the) fire (of the יצה"ט).

Part VI

Fire is alive! And it aims upwards to שמים. Notice how it says about הדלקת מנורה – of the נרות to go up- להעלות wards! People who are on fire are up in and they simply aren't שייך to

lowly יצה"ר since they aren't in this world.

Part VII

Also, fire is needed for burning קטורת. You want to really smell the sweetness of the 11 kinds of קטורת? Burn them! Fire brings out the goodness and sweetness. Like you notice a happy-go-lucky animated person has much more In since he's "alive"!

Part VIII משחים בשמן

Notice how the בהנים and the בלים had to be shmeared with oil and oil floats on top like fire goes upwards. It all means going upwards and growing. Like עצי שטים 'were tall strong (growing) trees that aimed towards שמים. And the ביהמ"ק was on a high mountain.

Part IX

The ramp of the מזבח and the of both מזבחות – everything is



will for sure answer us if we don't give up and we keep davening. עקשו יצליח

Part X

If you have fiery lusts for all kinds of evil – it is a good sign. If you keep davening, then הקב"ה will help you channel all those lusts to help you become a fiery עובד ה'.

לחם מצות חלות מצות רקיקי מצות

Why is מצה (vs. חמץ) so important? The word מצה means fighting (בי ינצו אנשים), and the main fighting is מלחמת היצר. Notice how ערב people punch and potchke with the dough so it shouldn't rise and become חמץ which symbolizes the יצה"ר. This is why when we left מצרים we were called אבאות ה' – soldiers of ' are רוחניות warriors.

Part II

And the מעיל wore a בה"ג with ev'' בי' תחרא which means armor. The נצי"ב points out that the חושן was mainly used for warfare and all physical battles are like משלים. When TIT sinned he could only kill 800 with one arrow whereas before he would kill 1000.

Part III

And

main

daven

Indeed, the בהנים are known to be the soldiers of הקב"ה and they bring מצות דוקא for מנחות – since they are fighters. Similarly, we have בתית למאור we crush olives and that brings light. A מאבק a struggle produces light. People tend to admire צדיקים who are high up without struggles but the truth is that even if you're much lower than them but you struggle and fight more, then you are a true leader. And ר' חצקל לווינשטיין ז"ל savs you are a גדול.

Part IV

never sinned עמרם and ישי - yet our main leaders were тіт and who appeared to have much more struggles and it doesn't say that they never sinned.

TETZAVEH- ADAR 1 5784



ולא יזח - החושן - מעל האפוד

The Torah lists all the begadim that the Kohen Gadol wears. One of them is the Choshen, and another one is the Eifod. The Torah writes, ולא יזח- החושן מעל- האפוז. You have to make sure that the Choshen rests on the Eifod, and they are not allowed to be removed from each other. They have to always be attached to each other.

Reb Moshe Feinstein Zt"I in his Sefer Darash Moshe asks, why is it that when it comes to the clothing of the Kohein Gadol, we only see that these two garments, the Choshen and the Eifod need to be attached and connected? What is the connection between these two things that they cannot

be detached, and what is the message and lesson that Torah is coming to teach us?

Reb Moshe answers based on the Gemara, that the Eifod of the Kohein Gadol was worn to bring Kapara for the great sin of Avoda Zara. And the Choshen was worn to bring a Kapara for the sins of cheating and stealing.

So says Reb Moshe, that the connection between these two Begadim is loud and clear: Any person that lives with Emuna and Bitachon will realize that whenever he does Hishtadlus to try to get something done, he should not get emotionally involved in his Hishtadlus. He should not care if it works out or not. It is not what gives us anything anyway.



What gives us Hatzlacha in life? Only Hashem. He is the only koach in the world that brings us anything. It has nothing to do with our Hishtadlus.

Therefore, living with Bitachon will cause us to never have a nisayon to steal and cheat. We will never have Sinah, hate people, or make Machlokes because of money.

All the people that get emotionally involved in their Hishtadlus, and because of money they fight, or hate each other, and have Machlokes, it's because they believe in Kochi V'otzem Yadi. They believe they need to fight for their survival. This concept comes from Avoda Zara! Because they believe in a koach other than our loving, caring Father, the Ribono Shel Oilam. But a person that lives with Bitachon realizes that there is no other koach other than Hashem! With that you'll be able to have the recipe in life to relax and enjoy, and you won't get carried away with your Hishtadlus. You will never worry about someone cheating you, because you realize that this is impossible. You won't ever have stress, worries, fears, Machlokes or Sinah, because of money. Because who is in charge of money? Only Hashem, and no foreign koach. He is in charge of giving us everything.

Therefore the Torah tells us to connect the Choshen to the Eifod. It teaches us that when you live with Emuna and Bitachon, and you don't live with Avoda Zara, you will never have a nisayon to cheat and steal. Only someone that lacks Bitachon will find himself in hot water. He'll feel like he has to find ways to outsmart people and come up with trickery or different kinds of Hishtadlus that Hakadoish Boruch Hu wants us to run far away from.

Let's bring out this Yesoid, with two amazing stories:

A Yungerman shared: My wife has a playgroup and she made up beforehand with the parents that for any day that the parents don't send a child, they won't be charged for that day. Since we felt that if they aren't coming that day, they don't need our services, so we shouldn't charge them.

Unfortunately, there was one parent that was taking advantage of the system. Each day she would find a different friend to watch her child. Like this she would not have to send to the playgroup and she would save herself hundreds of dollars. We started to get very resentful of this parent, since she was undermining the system, but we didn't know what to do. We knew that if we would confront her, it would cause a lot of friction.

Then we caught ourselves. Is she bringing our Parnassa? Do we have to deal with this? It is only Hashem, and it has nothing to do with that parent. We were Mekabeil to just forget about it, and to relax and enjoy. We reminded ourselves of the Chofetz Chaim that says that if a person is Mevater for peace, not only will he not lose out, but he will get double and triple, from a different place. A few days later, I opened my mailbox, and I found a check for 1,600 dollars! Someone gave me a check out of the blue. A lot more than what we were losing out from that parent!

Another story was shared by a Yiddishe Mamme: I hired someone to do a job for me, and he charged a certain price. Afterwards, I realized that he completely overcharged me. I got very upset. I wanted to share my frustration to all my friends, but then I caught myself. Why am I getting so emotionally involved? Everything is from my loving caring father, and it has nothing to do with this worker. Why should I get so carried away over a few dollars?! Shortly afterwards, I made a simcha B"H. Unexpectedly, a friend comes over and said: "I would like to sponsor half the Simcha!"



Internalizing the message: Do I get frustrated about the local supermarket or plumber charging outrageous prices? Am I getting emotionally involved and upset if my boss turns down my request for a raise? Do I get super frustrated when money I am

owed isn't paid up on time? Are there any other similar examples that come up in my life? How would I react if I internalized this Yesoid? What can I do to work on this? May we all live stress and anger free lives, by living a life with Bitachon!

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THE GIFTS OF THE PAST, ARE THE PRESENT DAY'S PRESENTS

The Year 1880, Location: Lodz, Poland

It was a heavy laborious day for Shmeryl, with lots of physically draining, straining work. For Shmeryl, to gain the status of being the most popular "Treigger"-Porter of the town, it took a lot hard work. He was the quintessential, "naturally born" Treigger, with his broad-shouldered muscular body, that Hashem had blessed him with. It took a lot of stamina, and endurance, to do such hard work, throughout the long hours of the day. Lifting, and



loading heavy boxes onto wagons, then unloading and carrying them on his back, up to apartments, were all very strenuous work. Shmeryl thanked Hashem for his strong muscular

body every day! He even tried to sing some "Boruch Hashem Songs" through the day as he worked.

After a long day of hard work, with sweat pouring out of every pore of poor Shmeryl's face, he finally sat down to happily enjoy his simple supper. His daily, weekday-workday regular-routine evening meal, was a portion of salt preserved Schmaltz Herring, smoked preserved salmon (lox), or whitefish. He barely ever ate a fresh piece of fish on a regular day. That was reserved for the rich. As for him and his family, fresh fish was strictly a Shabbos delicacy.

He B"H had enough money to buy himself a few thick slices of bread, and he ate them together with the strong- tasting fish. If he was lucky, he had a sour pickle to go along with his meal. The bread was heavy and chewy with a dark color, due to the large amount of whole grain and lots of cheap bran or Pumpernickel that were mixed in to the recipe. He enjoyed every bite as it filled and satiated him and he continuously thanked



Hashem for his sustenance, as he ate.



When Hashem sent him his way a piece of white bread, he rolled it together with his usual dark bread. Somehow it spread that special taste, at least in his imagination, through the entire Black Bread. This way he felt even more thankful to Hashem! His Birchas Hamazon was full of gratitude to Hashem, for his simple life sustaining meal.

Beans costs a few kopeks more, so that was for the Shabbos treat - the "Cholent". Instead of beans, he ate a boiled, or baked potato, along with a fresh piece of onion, or garlic, for lunch or supper. When Fridays came around all the weekday food was specially redesigned to have a dif-

ferent look and taste for Shabbos. His wife would grate it all t o g e t h e r



then add salt and bake it or fry it with a little fat or oil she had managed to procure with her weekly savings. She had scrimped and set aside the entire week every extra Zloyte/ Grushen/Kopeck, to have some extra money for a little bit special food, L'kuvoid Shabbos.

E v ery Erev S h a b bos, the h o u s e w a s filled with a



heavenly warmth and aroma as the Challos baked in their brick oven. They prepared all the special foods with joy, excitement, and anticipation for the heilige Shabbos. They usually were lucky enough, to have the opportunity, to be able to actually bake their Challah with white flour! Ah! Mechaye! L'Kuvoid Shabbos Koidesh!

In contrast to their weekday bread, the Shabbos Challah was only slightly kind of heavy and chewy. Rather than the airy and fluffy type of Challah typically made with yeast, theirs' was a little heavier, thicker, and more chewy. That was due, to the substitution of the yeast, with a piece of their own homemade sourdough. They used that instead of buying the stores ready-made yeast.

His wife's homemade piece of sourdough, did almost just as well as a job as the yeast, to get the Challah dough to rise, so "Why spend the money?" they would ask. They would gladly forego the Geshmack of the airy fluffy, light Challah that the rich people ate. They were happy with what Hashem gave them!

Shmeryl with his steady Avoidah of strengthening his Emunah and Bitachon, always had lots of happiness, by being happy with his lot.

THE GREAT TURN-AROUND

Little did Shmeryl know that a century later his diet of food would cost more and be more sought after, than the rich man's type of food of his times! MORE than that expensive, enticingly envious type of food that he was so carefully watchful not to be jealous of!

Who would ever believe the turnaround in the food market, and food industry!

#1- Whole wheat and multigrain breads, matzos, rolls and challos, plus cereals with



bran are so popular now! All are loaded with fiber, and are much more costly, trendy and classy nowadays, versus the fluffy white bread varieties! Wow! Shmeryl's bread is now the more expensive type!

#2- A little container of salted/

pickled herring, or smoked lox, or whitefish, Shmeryl's simple food of the past, have now became a del-



icacy. They can cost a nice-few-dollars, even more than a slice of fresh fish! There are about twenty to thirty types of herring/lox/whitefish, on the shelf in the deli store.

#3- A few sour pickles, don't cost a few nickels anymore! There are a full array of choices.





Fully-Sour, or Half- Sour Pickles, Hot & Spicy Pickles, Dill Pickles or Israeli style pickled in Brine, etc.

#4- A 9" by 13" size baking pan of ready-made Kugel or Cholent, are no more the pushete food of the Shmeryls of the yesteryears. They can cost a nice penny!

#5- Shmeryl could never have known, or even wildly imagined, how much money and time, people would be spending these days to buy or to create, make, and bake their own, special sourdough Challah! They now wish to use their sour-

dough, over the readymade yeast! V'nahafoich hu!



Had

Shmeryl known all this, his dreams and his nisayon of fantasizing to have those other foods and fluffy Challos would have been a lot less, or maybe even totally gone! He had the specialty food of the future!

Shmeryl's nisayon of jealousy (like with all of us) was in a certain sense only an illusion! It was only a nisayon for him, because of the fact, that in his days, those foods had a value of a specialty status. They all seemed so special. To pursue them, to get some for himself, seemed so elusive to him. The fact that it was only meant for those who were well-to do, and well-off to afford to buy them, made it look so tempting to have. Boruch Hashem, he was able to overcome this nisayon of illusion. B"H he knew to be satisfied, and happy. #6- Even less did Shmeryl ever dream or imagine, that people would one day in the future try to mimic his motions of hard work by lifting, pulling, and pushing free weights or by going on exercise machines!

"What"? Shmeryl would have asked. "They would actually pay money to do the same hard strenuous work that I did!?"

He wouldn't have believed that people would do all that. "Just for attempting to strengthen their various muscles, they would be exercising on stationary machines?!" he would've asked. People now takeh try to put to work and exercise each and every single dingle muscle. Beginning from their hand muscles, biceps, triceps, and flexors, they continue on to their torso muscles, Trapezius, Latismus Dorsi, and Pectorals and their abdominal muscles too. They don't ever forget their many feet muscles. From the adductors, and abduc-

tors to their Quadriceps and hamstrings, down to the Gastrocnemius,



and Soleus. All this exercising workout is done, with all types of exact perfect motions, which are copying his! They are actually mimicking every move of each muscle that he used, when he was hard at work!

Oh! wow! How he was right, for thanking Hashem for exercising all his body muscles! It kept them in good working order and he got paid for the hard "workout" of exercise!! B"H he had the sense to thank Hashem!

The Year: 1920. Location: Yerushalayim, Eretz Yisroel

Betzalel Koidenover, was trying his best to feed his large heilige mishpacha. He tried his best to earn some money from his little Shoe Repair store. It was far from what he would've wanted to bring home for

his family. Yet, he still managed to be happy, with a steady smile on his face.

His children knew their father's real and special spiritual richness in his Mitzvois and maasim toivim. His Davening, Ahavas Hashem, his Yiras Shamayim and Limud Hatoirah B'Hasmada! They felt rich with something more than valuable than better food. clothing, and shelter! They felt B"H so lucky!

The main food staple at home was ground Garbanzo Beans (Chumus), or ground sesame seeds (Techinah), or ground tomatoes (Shires/Tomato Dip). Lightly smeared onto a slice of bread, it tasted heavenly. It was good for breakfast, then for lunch, and then again for supper. Eggs, fish, poultry, or meat were bought in small quantity, for Shabbos Koidesh/ Yom Toy only.

Little did Betzalel know. that not even a century later, these dips would become the beginning of every special Shabbos/Yom Tov meal for most Yiddishe families across the world! For some, (especially children) these dips are becoming the main part of the meal! The eggs, poultry, and meat, are becoming secondary, in importance.

Delicious, nutritious, small containers of these same Techina, Chumus, and Tomato-dips of old, are now priced way above their old value! People like this nice, well marketed, new style of food, and are ready to pay for it.



surely We still thank Hashem for all those delicious animal derived foods! However, some people are even trying to minimize the amount



of animal fat that they consume, for health reasons. We most definitely thank Hashem for them, but Betzalel had it right! He was always happy with the exact amount Hashem gave him!

Betzalel was smart enough to understand that the expensive food in his days, didn't have that special utmost importance, that others claimed it, to possess. He and his family were B"H smarter than the others!

Now we see people takeh claiming his food to be the must-have!

Year: 1950. Location: Aleppo, Syria----- Fez, Morocco

The Cheery Abraham Abulafia, and his cousin The Smiley Yisroel Ben-

tries.

OLAM HABA ESTATES **The Place We Call Home** Serve Hashem with Love!

Shushan lived in two different faraway coun-

They were both constantly working on being always content with the delicious dishes made with mixtures of olives. tomatoes, peppers and rice or

chick-peas. Mixed with spices, such as Hot Chili Peppers, Basil, Oregano, Cumin and plus some others, wrapped in a Laffa or stuffed into a Pita, these dishes tasted heavenly to them!

They fervently thanked Hashem with their whole hearts, while saying Bircas Hamazon, in a melodious sing-song tune.

The delicious aroma and flavor of lamb and goat meat,

coming from their neighbors' houses, didn't entice them, to pursue and acquire, something that was beyond their financial means.

They learned and taught their families the true special values that can be attained in this world, by doing mitzvos and maasim tovim!

They were especially close to the local Chacham, following his every ruling with awe and reverence. Every extra Dinar they had, was used for their children's rebbes, and Yeshivos.

Their children enjoyed learning Torah more than the delicious meat!

Little did they know how much people nowadays, would be very interested, in their food. The exact same food, that their neighbors considered too simple.

The Abulafia, and Ben Shushan families would be shocked upon visiting us, seeing the lines at the falafel store, or the loads of containers of spicy Matbucha, smoked Babaganush and hot Schug, being sold in

grocery stores. Shelves, fully stocked with: whole olives, pitted olives, sliced olives. hot &spicy olives



and of course olive dip!

Even the delicious simple rice they ate, is now being more sought after, due to it's low gluten content. Seeing all this, they most surely would wonder and ask, "How did everyone find out, all about, our seemingly simple, heavenly food gifts from Hashem" !?

"Who taught them to also appreciate these foods?"

Did these families ever think that one day, in the future, people wouldn't be running after lamb, and goat meat, that much-loved food, anymore?

Well continuing on their visit, they would be shocked to find out, that it is not too much in demand now, because of the high cholesterol levels found in lamb and goat meat!

"What's cholesterol"? They would ask.

B"H they were smart enough to be satisfied and happy with what they had!

All Types of Food

From the Far East and Middle East, from North Africa, and South Africa. From across Europe, the Mediterranean, and all of Asia. From North America, Central and South America, even from Australia and New Zealand, goods are being shipped all over constantly, with thousands of

ships, airplanes, trains and trucks, coming and going, "to and



fro", different far-fetched destinations.

THERE IS SO MUCH APPARENT SHEFA TOIV IN OUR TIMES!

We must learn to be constantly super satisfied and extremely happy with the tremendous abundance

and variety of foods that we have. There are so many more types of food now,



giving us the opportunity to thank Hashem for the: even more and the much more! They are quickly becoming available to everyone by the means of Global import, and export =GLOBALIZATION!

שירו לד' שיר חדש!



BROCHOS, BEFORE AND AFTER

At the onset of my class's recess break, as the children rush to get their snacks and games, I try to remind them to say the appropriate brochos for their snack. "BROCHOS, kinderlech machts a brocho".

I sometimes walk around a little, and point at their snack, while quickly saying "potato chips Haadama, pretzels Mezonos, popcorn Haadama, corn chips Shehakol", etc.

After recess, we sing an Al Hamichya tune that I learned from the fa-

mous melamed R' Kalman Perl, and whoever ate Mezonos joins me. I then finish with his Borei Nefashois tune, to which almost everyone joins.

After lunch, before I start Bircas Hamazone with my class, I like to do a fast review of the menu that we had for lunch. I find that the children enjoy going through and voicing out the variety of foods that were offered in the lunchroom. "Bread, Tuna

Fish, Plain Lukshen, Cheese Lukshen, Ketchup, Farina, Pancakes, Syrup, Applesauce, Milk, and Chocolate Milk!" Wow!

We then finish off with a few words like: Now, let's thank Hashem for all His delicious, nutritious and geshmacke food! They start singing BARUCH ATA HASHEM... with a little more understand-

ing, and feelings of hakaras hatoiv as they bentch!

As silly as it sounds, I'm considering to start that, at home too! It really gets your mind, to start thinking, what Bentching really is!

With music on my heartstring, as I'm bentching, not just as plucking on a music string, with a ping and a ding, but like the real thing, I wish I could sing, and cling, to Hashem The King!

Fantastic Decks

Live to Enjoy!



Does your house in Olam Haba have a deck? Now is the perfect time to Guild one!





I just heard a story from Reb Duvi Bensoussan. I was blown away and was extremely inspired by this story, and I am sure that you will be too.

There was a Yerushalmi Yid who we will refer to as Reb Zev who struggled mightily with parnassah, but nevertheless managed to set aside some money each month for the future.



The years flew by, and lo and behold his daughter became a kallah. Although the money that he accumulated was only twenty thousand dollars, it was enough for a moderate wedding and for the basic necessities.

Reb Zev reserved the hall, caterer, photographer, gowns and everything in between. Preparations for the wedding were going full swing. The excitement was palpable.

The night before the wedding, Reb Zev and his family went to sleep early so that they would be rested for the coming night.

When he awoke in the morning, he went downstairs, and to his shock and chagrin, realized that there had been a robbery in the house! He ran to the place where he had hidden the money, and yes, the money was totally gone.



He stood there in shock, realizing that years of savings had just gone down the drain. And of all times; the day of the wedding.

With supernatural strength, he headed over to shul to daven Shacharis. When he returned he broke the news to his wife.

Not falling into despair, he headed over to wedding hall, and told the owner of the hall about the story. The owner graciously waved the bill! Mi k'amcha Yisroel!

He then headed to the photographer, and to the caterer and the band that he had hired. They all waved the bill with brotherly love! The musicians even added that they will make it even more geshmak. Mi k'amcha Yisroel.

With all these pledges, the family was ecstatic as they made their final preparations for the wedding.

As soon as they were ready to leave to the hall, Reb Zev called the taxi. They walked to the back, toward the parking lot and waited.

His young daughter was so excited that she ran toward the entrance to see if the taxi had yet arrived. At that fateful moment, the taxi turned the corner at full speed and rammed right into the young girl.



The family watched in horror as the girl flew through the air and fell onto the concrete. Fearing the worst Reb Zev rushed to his daughter, but his daughter beat him to it.

As if in a fantasy, the daughter stood up without a scratch and ran to her father excitedly saying "the taxi has arrived!" She was all smiles!

The father picked up the child and shouted with all his might, "Thank You, Hashem! Thank You, Hashem! Thank You, for taking the money instead of the girl."

This is also a glimpse into the days of Mashiach. The coming of Mashiach will herald in a time when we will see clearly how everything that had transpired in Galus was for our benefit. As we say "lehagid baboker chasdecha". When the morning which – is a metaphor for Mashiach, a time of light, comes, we will talk about all the chesed of Hashem. This will bring much laughter as it says in Tehillim "az yemalei sechok pinu – then our mouths will be filled with laughter".

However, as we are still in galus at this time, our job is "v'emunasecha baleilos – emunah at night – in the darkness". Even when we cannot see the good of our situation, we have emuna that EVERYTHING is for our good.

This story is just one example of how amazing everything is, and we hope that very soon we will see that great light that will illuminate our eyes about how everything Hashem does is wonderful.

I wish that all our readers to dance together very soon about everything that Hashem does for us. Amen!



THE SURPRISE TEST

One day, a professor entered his classroom and announced a surprise test. The students hurried to review the material that he had taught them.

At the scheduled time, they sat down and the test was handed out. But to their surprise, there weren't any questions, just an empty paper with a single black dot in the center.

Seeing the expression on everyone's face, the professor told them that he wanted them to write about what they saw on the page.

The students set off and began the as-

signment. When they were finished, the professor took all the tests and read them aloud. All of them spoke about the black dot, each discuss-

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ing different aspects of it.

"I'm not going to grade you on this exam," said the professor, "But I want to give you some food for thought.

"You were all given a piece of paper that had so much white to it, and yet not one of you discussed the beautifully white part of the page. Everybody's report instead focused on the black dot in the middle, ignoring everything around it.

"I think this teaches you all a lesson. You may have a dark spot in your life; nevertheless, you must remember to focus on the rest. There is so much good in your lives, and it's up to you whether you'll focus in the black dot or the white surrounding it. If you focus on the light, then you'll be able to enjoy and appreciate life to the fullest. However, if you focus on the black dot, you will only live a life of pain and aggravation."

THINKING PROPERLY

The lights and sirens of Hatzalah



broke through the quiet of the neighborhood. Nineteen-year-old Simchah had been severely injured, and the paramedics tried their best to revive him. After a few strenuous minutes, Simchah was able to be transferred to a local hospital.

The doctors at the hospital weren't convinced that prolonging his life was worth it. "The quality of life he is looking at," they said, "is nothing to compare to what he was used to. He won't be able to perform even basic tasks. He will have to undergo many long years of physical therapy and surgeries just to give him a chance. Why give him that suffering?"

They all conceded to this grim outlook except for Dr. Fried, a Yid. "Who are you to decide on his quality of life? Who said your quality of life is any better? Do you really have a good life? Is your life so good that it's worth living?"

He went around the table, asking the doctors to rate their quality of life from one to ten. As expected, the answers weren't so positive. Some said that they had lawsuits lingering against them that didn't give them any peace of mind, while others had various troubles at home. Eventually, Dr. Fried calculated that the average quality of life from among the doctors there was a paltry six. That was how happy they were with their quality of life.

He then suggested they ask Simchah what he felt was his quality of life, and thus they proceeded to the ICU. Simchah could barely speak, but when asked to rate his quality of life, he responded, "Ten."

"Ten?!" they repeated, astonished.

"Ten plus!"

Even in his semi-comatose state, Simchah was completely satisfied with the life that Hashem had given him! Dr. Fried had made his point.

One of the disproven doctors asked Simchah how he could be so happy knowing his bleak future. Simchah answered: "How can I not be so happy?! Hashem is giving me life. I'm able to do mitzvos. What more could I ask for?!"

Life is as you perceive it. Two people can go through the same situation. One will be calm and happy, and the other will be nervous and sad. The difference between them isn't their situation but rather how they react to it and how they perceive it. (The Joy of Emunah, p. 95)

THE "KOSEL" AT HOME

One of the talmidei chachamim of Yerushalayim who lived one hundred years ago, Reb Nachum Yasser zt''l, came to the Beis Midrash one morning and said to his friend, Reb Nota Zenwirth zt''l, "I received a bas kol today!"

Reb Nota looked at him in wonderment and said in fright-



Continued on



ened worry, "What are you saying, Reb Nachum? Are you hearing voices? How do you know that you received a bas kol?"

"Yes, it's true," Reb Nachum told him. "I awoke this morning and couldn't find my shoes. I understood that Hashem wanted me to search for my shoes. It was a bas kol telling me that I must search for my shoes.

"Ten minutes later, I found the shoes beneath a dresser. Then, I heard another bas kol. This one said, 'You can stop looking for your shoes because you found them."



Reb Nachum would go to the Kosel every morning. Once, he was ill, and he had to daven at home. Someone came to visit him, and said, "Im yirtzeh Hashem, you will be well soon and then you can go back to the Kosel..."

Reb Nachum Yasser told him that he wasn't speaking rationally. "Why are you speaking about going to the Kosel? Today, Hashem wants me to daven at home, so why should I be upset about that and want to go to the Kosel? I'm doing what Hashem wants from me today."

"LOOK WHAT I WAS SPARED!"

We continue our discussion of "happy thoughts" with another tzaddik of Yerushalayim, Reb Zalman Brazil zt"l.

Once, his son asked him how his day was. Reb Zalman responded, "Don't even ask. It was an extremely difficult day..."

"What happened?" the son asked with concern.

"Don't even ask. I awoke at 3 AM, like every morning, but my shoelaces weren't in my shoes. It took me two hours until I found them. I had to search all over the house...Apparently, one of the grandchildren played with my shoelaces.

"Then I went to the mikvah, and someone came and stole my clothes! It took a long time before someone brought me clothing so that I could leave the mikvah."

The son moaned about the difficult time his elderly father endured, but Reb Zalman then said, "Actually, none of that happened. My shoes had their shoelaces in them, and no one stole my clothes at the mikvah..."

Reb Zalman imagined difficult scenarios to help him be happy with Hashem's chessed. Through visualizing such scenarios, he'd build an appreciation for what he did have.

These stories help us to think about life in a healthy, happy manner, as it is important to look at life correctly.

NOTEBOOKS SAVE LIVES

The Rosh Yeshiva walked out puzzled from the physiologist's room. The professional had told the Rosh Yeshiva that the burden of the finances of the yeshiva was endangering his life. "Take your pick," he'd said. "Either continue what you're doing and endanger your life, or resign as Rosh Yeshiva and get back your health."

The Rosh Yeshiva immediately approached R' Shlomo Zalman for his guidance. Hearing the situation, R' Shlomo Zalman questioned him, "Have you ever had more challenging times when carrying the finances of

the yeshiva?"

"Yes" was the response.

"Did you pull out of it?" asked R' Shlomo Zalman.

"Most definitely. Every month, I go



through the same challenge in some form or another, and each time miraculously we pull through."

Said R' Shlomo Zalman: "You see how Hashem is running your life? You see that all the months you're challenged with the same challenge, and yet Hashem pulls it through. This is something that all roshei mosdos face. You're not the only one challenged with it.

"What's the ultimate solution? The tangible solution is to be thankful. But how do you get to this? Go buy your-



self a notebook, and every time you encounter hashgachah in how Hashem helped you, write it down. By doing so, you'll be conscious of the brachah Hashem gives you.

"Also, when you get to Modim in Shemoneh Esreh, take one thing that you'd like to be thankful for and focus on it. If you do **Continued on** so, I guarantee **next page**

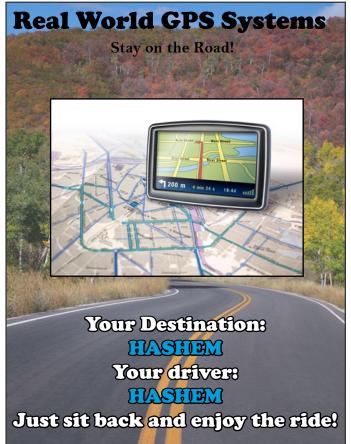


you that the worries will disappear, and you'll live a peaceful life." (Chachmas Ha'nefesh Ha'yehudis) This is remarkable, as the professional had told him that the stress was endangering his life, and yet R' Shlomo Zalman said that his solution guaranteed that he would be permitted to continue the job.

POSITIVE APPROACH

R' Yechiel Perr remembers being told by Rav Aharon Kotler more than half a century ago about an experience he had. When repeating the story, R' Aharon didn't remember clearly if it took place before his marriage or immediately after his marriage, but it seemed to him that it was before.

His father-in-law, Rav Isser Zalman



Meltzer, took him along to visit a cer-



tain sick man. This person was just a simple Yid who lived in Slutsk. Rav Isser Zalman told Rav Aharon on the way that the doctor said that the man was suffering unimaginable pain.

The sick man greeted his two

visitors with a smile and seemed to be very happy. Rav Isser Zalman asked the patient how he could be so happy while suffering, and the man replied, "Imagine if I had been sentenced to die but was later 'let off' with a beating

instead. Wouldn't I be full of joy?" (A letter he wrote on 2 Elul 1966)

THE ENOR-MOUS LOSS

News came to R' Aryeh Schechter about a person who had a heart attack after beinformed ing that one hundred thousand dollars of his had been stolen. When he heard the news, he responded that he too had robbed been once of half a million dollars. It had been on Erev Shabbos. and he was staving somewhere far from home. host His that



week recalled that R' Aryeh hadn't acted any different that Shabbos. Only when people came and told the host what had happened to R' Aryeh did the host believe that R' Aryeh had lost so much money.

"We see from here," concluded R' Aryeh, "that two people can encounter the same situation. One lives with Hashem and understands that this is from Hashem and is for his best, while the other simply can't handle it and collapses from the distress."



R' Moshe Hirschberg is the author of "Zichru Toras Moshe – Heartwarming Stories for the Shabbos Table." To receive the Weekly Zichru Toras Moshe please call 732 569 8111 or email: the.zichru.toras.moshe@gmail.com In September, 2013, an act of hashavas aveidah performed by a high school rebbi in New Haven, Connecticut, made national headlines.

It began with the purchase of a secondhand desk. Rabbi Noach Muroff, a 28-year-old rebbi in a yeshivah high school in New Ha-



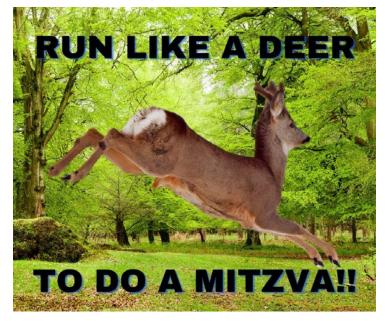
ven, had found the desk being offered for sale for \$150 by a

non-Jewish woman named Patty. When he brought the desk home, Reb Noach discovered that it was slightly too large to fit through the door of his study, and it would have to be taken apart in order for him to get it into the room. Behind a drawer, he found a large plastic bag. And to his astonishment, the bag contained a thick wad of \$100 bills. Reb Noach and his wife counted the money and discovered that the bag contained the jaw-drop-



ping sum of \$98,000. They knew the money must belong to the seller as she had mentioned that she bought the desk from Staples and had assembled it herself.

It was late at night when they made their discovery, but the Muroffs knew what they had to do. Reb Noach picked up the phone to call the seller and inform her of his discovery. Patty was shocked, unable to believe that someone would actually be honest enough to return such a huge sum of money. "That money was my inheritance from my parents," she told him. "I was just too overwhelmed to deal with it when I got it, and I



put it in the desk. When I removed the money from the drawer some of it must have fallen behind the drawer. When I realized some was missing, I assumed I had misplaced it and I've been looking all over and I couldn't find it."

The next day, the entire Muroff family — both parents and all four

children — climbed into the family car and drove to Patty's house to return the money. Deeply moved, the seller handed them a cash reward, along with an emotionally written card expressing her gratitude. "I do not think there are too many people in the world that would have done what you did," she wrote.

Rabbi Muroff asked Rav Shmuel Kamenetsky whether the story should be publicized, and whether it was preferable to do so in the frum media or via secular channels. The rosh yeshivah advised him to publicize it as much as possible, and even to take it to a national news network. Rav Kamenetsky explained that since every negative story involving a religious Jew receives widespread coverage, it is important to pursue similar coverage for a positive event.

The incident catapulted the Muroffs to national fame. They were inundated with phone calls and requests for interviews, even from prominent news outlets. It quickly became apparent that the story had a major impact on many people who heard it. Among the responses that the Muroffs received was an offer from



a company called Honest Tea Beverages to provide them with a year's supply of their products (in light of the value the company places on "Honesty"), and another offer from a "traditional overnight summer camp" to provide their children with a free summer session.

"Regardless of your decision," the camp owner concluded his letter, "I just want you to know that I appreciate you and am inspired to be a better person because of you."

The mitzvah of hashavas aveidah, returning a lost object, applies primarily to objects that belong to one's fellow Jews. The Shulchan Aruch (Yoreh Deah 266:1) rules that one should not return a lost object to a kusi since it "strengthens the hands of sinners." On the other hand, the Shulchan Aruch goes on, if one's intent in returning such an object is to create a kiddush Hashem, "so that they will admire the Jews and know that they are trustworthy," then this is to be praised. Moreover, when a chillul Hashem may result, it is forbidden to keep an object even if the halachah would not otherwise require it to be returned. The Sma traces the Shulchan Aruch's ruling to the Gemara that states (Sanhedrin 76b) that the pasuk "in order to add the satisfied to the thirsty" (Devarim 29:18) refers to a person who equates returning a Jew's lost object with returning the lost object of a non-Jew. Non-Jews are called "satisfied" because they



do not long to serve Hashem, unlike the Jews, who "thirst" to serve Him. The full obligation of hashavas aveidah is reserved for lost items belonging to our fellow Jews; nevertheless, when a lost item presents us with an opportunity to bring about a kiddush Hashem, it is highly meritorious to do so.

In fact, the reward for this type of kiddush Hashem can be enormous. Sefer Chassidim (sec. 1074) relates that there were many Jews who created a kiddush Hashem by returning valuable items to non-Jews and later became extraordinarily wealthy and successful themselves.

Someone once approached Rav Avraham Pam zt"l with a ques-



tion: A significant sum of money belonging to a non-Jew had come into his possession, and the only way for him to return it would be to mail it to its rightful owner. The owner would never know that a Jew had returned the money, so how could returning it be considered a kiddush Hashem? Despite the aforemen-

tioned comment of the Brisker Rav, Rav Pam revealed that there is potential for kiddush Hashem even in a hashavas aveidah that is not performed in person. "The kiddush Hashem," he told his questioner, "is not only in the impression that you will make on the non-Jew who owns the money. You will also be performing a

kiddush Hashem toward your own family, who will see you acting with integrity even toward non-Jews and will learn from your example!"

On another occasion, a yungerman learning in kollel once realized he had ben-



efited from an unexpected bank error: A check for thirty thousand dollars that had been meant to be put toward his house had never been cashed. This man had been on the verge of leaving kollel due to overwhelming financial pressures, and the sudden windfall offered him an opportunity to remain in learning for another year. He approached Rav Pam to ask if he could be permitted to keep the money, but the Rosh Yeshivah refused to allow it. "That is not the way to remain in kollel," he said. "You must return the money." To the suggestion that it might be halachically permissible to keep the money, Rav Pam replied simply that the most important thing was to be an adam shaleim (Rav Pam, Rabbi Shimon Finkelman, p. 395).

We are all occasionally presented with opportunities for hashavas aveidah, whether with objects of great value or those worth only a small amount. Whatever the worth of the lost item is, the value of the kiddush Hashem that can result from returning it is far greater. Let us make sure that we do not lose those precious opportunities to bring more honor to Hashem.



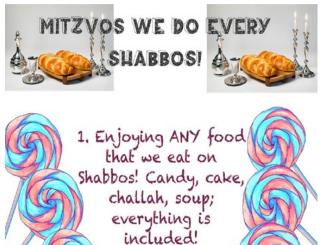
Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.

Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

Email: LivingKiddushHashem@gmail.com for a free file of sefer Mekadshei Shemecha and other resources and to sign up for our weekly Kiddush Hashem email.







2. Washing for Hamotzei!





Every mitzvah we do on Shabbos gets us much more schar than the rest of the week!

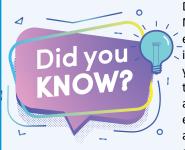
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By: Rabbi Zevy Golombeck



Did you know that the Michtav Me'Eliyahu brings down that everything in this world is one big illusion? That means that when you open the light switch and the light goes on, you did not do anything! There's no cause and effect! There is no nature! Actually, when you opened the light switch, Hashem said, "Vayehi

Ohr," "There should be light." It's really Hashem who is creating the world anew every second. The words of Hashem are saying that things should happen, not your hand motions.

That's really what the Chafetz Chaim explains why Basya stuck out her hand to get Moshe Rebbeinu even though her hand wasn't long enough. What was she thinking? She realized that when you live with Emunah and Bitachon, anything you do is nothing more than hand motions. Everything is Hashem. Therefore, when you realize that, you won't get emotionally involved in your hishtadlus. You won't think, "What am I going to do? Is it going to work out?" Because nothing that you do is doing anything, it's all Hashem! All the results are perfect already.

When you realize that there is no cause and effect, and everything is one big illusion, and Hashem is running a perfect world, then you can live a life of menuchas hanefesh. You can sit back, relax and enjoy! Everything that is going to happen already worked out perfectly! As it says, "HaTzur tamim paalo." Everything Hashem does is perfect!

Gold Mines

Based on the teachings of Rav Yehudah Mandel

R' Gershon Liebman told R' Mandel that people like all kinds of things, some people like this and some people like that, but I like being close



to Hashem. Become close with your ידיד נפש אב

The Rambam says that your relation-

הרחמן.

ship with Hashem is the main thing that stays with you in the next world. Hashem wants us to take advantage and develop a close and healthy relationship with him. Talk to Hashem whenever you can, talk your heart out to Hashem and schmooze with Hashem.

R' Mandel says that his older sister, Rebbetzin Rochel Feder a"h, used to write letters to Hashem.

Many gedolim were very involved in talking to Hashem including the Chafetz Chaim who encouraged others to do the same.



There's a yungerman in my yeshiva who told me that his CD player in his car was broken and he couldn't afford to pay for it to be fixed. He said to himself that he'll unscrew it. He had no idea how he was going to fix it. He's not a repairman but he said that everything is Hashem anyways, this is just hand motions! What's the difference between me and some "technician?" He just unscrewed it and put it back and it worked! How?? You are not doing anything! It is all Hashem!



The Shaar Hatzion explains based off this concept that before you eat you should say that it is not the food giving me koach, it is really Hashem giving me koach. It's not the water that hydrates me, it's Hash-

em. You should have Bitachon every time you eat or do exercise or anything to keep you healthy. This is one of the sheish mitzvos temidios; to believe that Hashem is ECHAD. Which means that everything is nothing more than an illusion, and there is no koach to any hishtadlus that you do; there is no cause and effect! Not even what people say, "That Hashem put a koach in the thing to help you." No. It is nothing. Like Rav Chaim of Volozhin says, "Ein od milvado." Therefore, don't get emotionally involved in your hishtadlus; nothing has to make sense. Your part is just to do hand motions and Hashem will do the rest. The more you rely that Hashem is doing everything from start to finish and everything in between, the more you'll be zoche to more open bracha, chesed and rachamim and nissim geluyim limaala miderech hateva.



Special Mazal Tov to the grandparents R' Elchonon Weisbord and family (Ramat Beit Shemesh) on the birth of their grandughter! Mazal Tov to R' Yosef Schneur Posen and family (Lakewood, New Jersey) on the birth of a new baby girl!



By: Rabbi Eliezer M. Niehaus

This column is part of the "ASHER TO THE YATZAR" initiative, and is written as a *zechus* for a *refuah sheleimah* for my daughter (Esther bas Sara Miriam) a young mother who is undergoing treatment for the *machalah*, and for R' Yossi Hecht (Yosef Chaim ben Devorah Leah), founder of <u>ashertotheyatzar.com</u>. (Please take a moment to say a *perek Tehillim* for them.) If you would like to receive the monthly leaflet, please email ashertotheyatzar@gmail.com.

What Do The Words Mean? Part 9

[אפילו שעה אחת] אי אפשר להתקיים ולעמוד לפניד אפילו שעה אחת - it would be impossible to survive and to stand

before You [even for one moment]

If you take a look at the beautiful Asher Yatzar signs (please contact us if you would like one) hanging in people's homes, many of them may have three words at the end of the bracha in brackets, and they are "אפילו שעה אחת". This is in order to incorporate Nusach Sephard which has these words. With these words we say that if there were to be a hole in one of a person's vital organs, or if one of the openings into his body would close, it would be impossible to survive for **even one moment**." Now, we understand that if a person gets a hole in his heart he would die immediately. But what about the second part? How would someone die immediately if one of these holes close? We can close our mouth for hours and breathe through our nose? The truth is that because of this question, the Maharam of Ruthenberg ruled to omit these three words, and the Ashkenazi custom follows his ruling.

The Tur (O.C. 6:1), on the other hand, defends this version and explains that we are referring to the moment of birth. The gemara in Nidah writes that when the baby is in his mother's womb, his mouth is closed, so that he will not swallow the embryotic fluid. During the pregnancy, he gets all his nutrients and oxygen from his mother through the umbilical cord. When he is born, his mouth must open immediately, otherwise he would die from lack of oxygen. At the same time, the hole in his stomach which connects to the umbilical cord must close right away, otherwise he would die on the spot. The timing of this must be perfect, and it actually happens when every single baby in the world is born! Wonders of wonders! The fact that we exist testifies to that great moment when we entered the world, and this is what we are thanking for.

The Beis Yosef asks a few questions on this explanation, including the fact that this has nothing to do with using the facilities. Therefore, he gives another answer, that it means that if a person would not be able to use the facilities because the exit is blocked, he can only last a certain amount of time. After that time has passed, he would not be able to exist even for a moment. The same is true when the digestive track is running wild, and not staying closed. After a certain amount of time passes, he would not be able to last even one moment. (The Shulchan Aruch cites both explanations.)

Now, both of these explanations are true facts, so even those who say the nusach Ashkenaz (and don't say ייאפילו שעה אחת) can bear these ideas in mind when saying "it would be impossible to survive."

Rabbi Niehaus is the author of "Oasis: Experience the Paradise of Shabbos" and "HEAVENWORDS: Elevate your Tefillah and Yourself". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a rebbi in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.



A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

The Quote: One must be בוטה only in Hashem and not rely on Hashem and also בשר ודם. Just like we find by המלך that he put his reliance also in the doctors and he was punished. However, if one puts his reliance completely in the Rebono Shel Olan it says, (ירמיה יז:ז) "ברוך הגבר אשר - יבטח בה'- והיה ה' מבטחו" (ירמיה יז:ז)

The Lesson: WHAT MAKES THIS SO INCREDIBLE AND AMAZING, is that the Chovos Halevavos is teaching us that it's not that Hashem helps, Hashem does everything! There are no two powers Chas Vshalom! Hashem is the only One Who **can** and **will** give us all the help we need without any shutef Chas V'shalom! Therefore, it would be ridiculous to rely on any one but Hashem **ALONE**!



The Story: HARAV BORUCH MORDECHAI EZRACHI דצוק"ל before going into a serious surgery told the doctor as follows "I want you to know that if you are not matzliach or mess up, there is no need to feel an iota guilty since it is not you that could cause anything to happen. It is only ratzon Hashem that will be the cause. So please never feel any feelings of guilt. However, if you are matzliach and the surgery goes well you must also know that the fact you were matzliach also was not because of you but rather it was also purely from Hashem and you were the one to be his Shliach"

STORY 2: REB SHMUEL WALERSTIEN SHLITA related to me the following story that happened a number of years ago: When He was a bochur he was given a car basically for free. Hashem



as a bochur he was given a car basically for free. Hashem miraculously made that the car lasted him a few years until he once told someone the words that he does need it and the car so to speak "blew up". He was actually planning to sell the car but the car went capote. That was it. The problem was that it happened when he was driving with a few bochurim and they needed to get back to yeshiva for mincha.

Reb Shmuel turned to the One he always relies on and said "Hashem Please I need the car to work to get the boys back for mincha in yeshiva". He went into the car that already "blew up" and completely not working and gave it a try. The engine started!

He drove it back just in time for mincha and as he and never worked ever again!

got in to yeshiva BOOM! The car "exploded" again and never worked ever again!

Shema Yisrael!

By Mrs. S. Mordechai

The One true G-d is our G-d; Hashem Elokaynu, Hashem Echad. This is certain, enduring, norah, v'nechmad. Hashem Elokaynu, Hashem Echad.

The earth and heavens Hu Yasad; Hashem Elokaynu, Hashem Echad. With Hashgacha Pratis aleinu tamid shakad*. Hashem EloKaynu, Hashem Echad.

After twenty-two years Yosef Hatzaddik fell on his father's neck with a wail. Yaakov Avinu declared Shema Yisrael. Em-

bracing Ole Malchus Shomayim aday-AD. Hashem Elokaynu, Hashem Echad.

Yaakov Avinu answered in a whisper Boruch Shaim Kavod Malchuso Layolam Va'ed When He feared among his sons a rasha, with dread. Twelve shevatim assured Yaakov Avinu yachdav myad. Hashem Elokaynu, Hashem Echad.

Anochi Hashem Elokecha, every Yid Who would ever live heard when at Har Sinai amad; Hashem EloKaynu, Hashem Echad. Our covenant an Aish Netzach Yikad.* Hashem EloKaynu, Hashem Echad.

Moshe Rabbeinu taught Amo Love Hashem with laiv kulo. Hashem wants heart and soul, not a facade. Hashem Elokaynu, Hashem Echad.

Chanaya, Mishael, and Azaria kept their vow. To a statue they refused to kneel and bow. They walked in the flaming furnace bli pachad. Hashem Elokaynu, Hashem Echad

Daniel HaNavi was thrown in a pit of a lion. He was mosair nefesh for the G-d of Zion. Never for a moment a human king hu avad. Hashem Elokaynu, Hashem Echad.

For Torah Rebbe Akiva was sentenced to death. He died with Hashem Echad his last breath. For HaBorai he was a kanaii, against oivav Hashem hu ma-

Hashem Elokaynu, Hashem Echad

rad.

The wicked Persian king decreed Shabbos and Shema were forbidden. Our sages inserted Shema Yisrael in mussaf and Birchos Hashachar to protect the Yidden. No matter what our enemies try, our kesher to Hashem lo yovad.* Hashem Elokaynu, Hashem Echad.

Millenia passed on the promenade; Hashem Elokaynu Hashem Echad. The Pintela Yid survived Dor HaShmad. Hashem Elokaynu, Hashem Echad.

Speaking at home and wherever we go in Tefilin, on doors, and gates to show: We are safe in His ir miklat, our personal mamad.* Hashem Elokaynu, Hashem Echad.

We cover our eyes to block out lies When we lay down and when we rise in a state of sweating, fear, yirah v'ra'ad. Hashem Elokaynu, Hashem Echad.

With proper kavana mchapar avone. Shema Yisrael the power to atone. Raise up anyone who, chalila, yarad. Hashem Elokaynu, Hashem Echad.

Love of Hashem, His Torah, and mitzvos we sow. Deep in the neshamos of our children to grow. Dveikus to HaKal Yachal the most fertile sod. Hashem Elokaynu, Hashem Echad

Lost Kinderlach found with the Shema. Tears streamed as they called Papa and Mamala. We're Banim of HaKadosh Baruch Hu that night each orphan lamad. Hashem Elokaynu, Hashem Echad.

Soldiers allegiance to kavod Hashem declare: Shema Yisrael, the strongest shield to wear. Victory not by might but His Unlimited Yad. Hashem Elokaynu, Hashem Echad.

Right Left front l'amala l'amata and back we wave the lulav.

Enveloped in Hashem Hamvorach's unconditional love. He rules the world in all directions lavad. Hashem Elokaynu, Hashem Echad.

Yomin Noraim start with Yom Taruah, With Neila a Shofar blast for Keren Yeshua. We pray, em ahava, on our ma'alos Avinu Malkainu Yemukad.* Hashem Elokaynu, Hashem Echad.

Shana Haba'a b'Yerushalayim; May all of our tfillos be accepted in Shomayim. First Shema then Baruch Shaim Kavod b'kol ram b'yachad. Hashem Elokaynu, Hashem Echad

A blessing of life for every Jew to Kail Melech Ne'eman we say "I love you!" Our unbreakable bond with the One Living G-d. Hashem Elokaynu, Hashem Echad.

We lift our eyes on high Shachris Mincha Arvis to Melech Olam Shakkai. His love for us is infinite, omedes law-AD. Hashem Elokaynu, Hashem Echad.

To Hashem Yisborach we will forever cleave. Im Yirtse Hashem soon all nations will finally believe. We yearn for that day with full hearts molad to molad. Hashem Elokaynu, Hashem Echad. Shema Yisrael Hashem Elokaynu Hashem Echad.

*yasad- He established

- *shakad- He watched vigilantly
- *yikad-It will blaze
- *marad- he rebelled
- *lo yovad- It will not be lost
- * mamad-safe room
- * Yemukad-He will be focused

ALWAYS IN YOUR LOCATION! RENOWNED SHADCHAN

Has made every shidduch since Adam and Chava and continues to do so!

Is mishadeich people who...

- · Have medical conditions or are completely healthy
- · Have unique or typical family and personal backgrounds
- Live in town or out of town
- Experienced challenges or have not
- Have יחוס or don't have יחוס
- Are wealthy or not wealthy

IT DOESN'T MAKE A DIFFERENCE TO HIM!

Contact HASHEM any time any place

- Tefilla and Tehillim
- Bitachon

🖐 Maasim Tovim



Just Look At What Hashem Made For You! It's a Stunning World! It's Full of Love! It's a Wonderful World! **Sruly Yelen** A GLIMPSE INTO THE PAST Lakewood, New Jersey



Hakadosh Baruch Hu granted us the ability to change the pitch and tone of our voices. This not only enables us to express emotion when we speak, but it also opens up a whole new world for us – the world of song.

To sing is to constantly change the pitch of our voices to produce various different notes. These various sounds could be combined together to make beautiful music. If we would only be able to produce one pitch, then singing would not exist. Even if we could change the pitch, but it would require a few seconds, we would also not have songs or singing. Singing is only possible because in less than a second we are able to change our pitch again and again.

Singing is a wonderful function that Hashem gave us. It contains the ability to change our mood, to change the atmosphere in the home or surrounding, and bring genuine simcha. Even someone who does not have a nice voice, or doesn't have an environment that they can sing comfortably, still benefits from this gift. They can listen to somebody else sing. This can be live or through a recording.

Not only does singing bring out happiness and can be a mood changer – singing and the uplifting feeling that it brings can actually improve someone's physical health. Thank You Hashem for this extra present that's included in our voices.

Singing is an important and integral part of our lives today and it's also an integral part of our Avodas Hashem. We take advantage of this gift quite often. Let's take a closer look at this. Every chasuna is accompanied by singing – there's a singer, usually leading the crowd - who sing together with him. Without singing our chasunas would be lacking in the ruach and chiyus.

The focal part of Simchas Torah



in shul is the singing and dancing. What would plain dancing without singing feel like?

A Shabbos Seuda or a Yom Tov Seuda is usually accompanied by Zemiros. This adds life and richness.

One of the special parts of Davening on Shabbos is singing

Answers for the Parsha Game page 17 Basket: To hold the matzos Wine: For Nesachim

Lecha Dodi and Kel Adon.

The truth is, it's even more basic than all of the above mentioned examples. Whenever a chazzan davens for the Amud, he hopefully doesn't daven in a mono-tone. Even though he's not singing the whole time, he's constantly changing his pitch.

The same thing applies to every yachid who is davening or saying Tehilim with a little bit of feeling; he's constantly changing his pitch. Leining with the Trup is also a form of singing, and it makes Krias HaTorah more alive and attractive. Many people learn Gemara with a niggun; this keeps them alert and focused, and makes the learning more animated.

Singing is an important tool in our Avodas Hashem that we constantly use.

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The Amazing Beaver

In part 1 we spoke about the special anatomy of the beaver that Hashem created

them with, that enables them to be able to knock down trees very quickly and they are able to break the tree into many pieces.



Now we will learn how Hashem has given beavers amazing instincts. Here are quotes from articles about beavers.

Their instincts allow them to "go about their tasks like experienced craftsman" and "for it is well known that beavers are not only EXPERTS in the building of dwellings (their lodges) but they are also experts in hydro-engineering" and "a skilled hydro-engineer could not regulate the water level any better [than a beaver can]. Hydro means water and a hydro-engineer must take courses in college to learn how to manipulate and control the flow of water for various uses. You and I, without going to school could not be a hydro-engineer, but a beaver can do it without school. That's because of the instincts that Hashem has put into them.

What are instincts? Instincts are things that are automatically done (behaviors) that were not learned. They are pre-programmed information how to do things that, for our purpose we will say, are built into the creature's brain (DNA).

A perfect example of an instinct would

be the spider's ability to spin extremely complicated web structures without ever having seen it done before-



hand! How is that possible? Hashem put all the information into their minds, how to carry out that function. Instincts are very often absolutely amazing and it's as clear as day that it could NEVER EVER have come about by accident. Beavers instincts are also a great example of this.

Hashem made it that beavers look to set up a "house" (called a lodge) for their family. But beavers have many predators that want to kill them in order to eat them such as wolves, coyotes, or mountain lions, that they need to escape from.

Beavers don't walk or run fast, so they are at a distinct disadvantage when walking around on land. But, as we learned in the past article, beavers were made by Hashem to be able to function extremely well under water. And guess what? Their predators DON'T function well in water. In fact, they won't go into water at all. So, there's actually a few things that will help the beavers by being near water. It helps so that even when they go on land, they always stay very close to the banks / edges of the river. So, if a predator does show up, they will just jump into the water to escape. Therefore, to protect beavers, Hashem put into their instincts the desire to set up a shelter in middle of the water which will ensure their safety. But in order to be able to do this properly they first have to have the water level high enough to be able to build a big enough lodge to keep their family ABOVE the water level. In strong flowing rivers this can't be accomplished. So, the beavers look for slower moving rivers or streams that also have a sufficient amount of trees growing near the edge of the river, since these trees are going to be their food and shelter.

Once they find such an area, they will go about building a dam.

What's a dam? A dam is structure that is like a wall. It will stop the flow of a river or stream. For the beavers purpose, they want to stop, or at least considerably slow down the flow of the running water so that the water level goes up enough for them to make a big enough lodge for them to live in.

OK. So, how do you make a dam? I surely have no idea. But the beaver knows exactly how to build one. And they are as busy as beavers in doing so! (Did you ever hear that line – he's as busy a s a beaver?) Beavers will often work for 26-29 hours straight without stopping!

Here's a basic description of what they do to build a dam. Keep in kind that they are up against running water. Usually, to start things off they look underwater for tree roots or larger rocks, or any other protrusions on the bottom of the river to use as an anchor for the initial sticks that they start off with. (Don't forget, the beaver is able to look underwater the entire time with their protected see through eye lids, to what they are doing.)

Then they ram strong sticks into the bottom of the stream, next to these protrusions with considerable force. (Would you have thought of that? Would you have any idea how to stop flowing water? Beavers know EXACTLY what to do.)

Then they place a bunch of twigs in between the spaces between the sticks.



Those are weighed down with heavier sticks and they use forked branches to hold things up and they will also use crosspieces to hold things in place. It's also reinforced and anchored with heavy rocks. After that's finished, all the many



gaps must be filled watertight or else the water will leak out and the hole will just get bigger and bigger and eventually the whole structure will break down.

They "know" this, so they fill the gaps with fine twigs and reeds and other plant material that they get from the nearby river banks. Then these materials are covered up with lots mud or clay which will be the finishing touches to complete their work of making a watertight dam! (Very often, when necessary, at the extreme ends of the two sides of the dam, they will make the wall a little lower so that water can slowly escape from there.)

The average dam in North America is from 50-100 feet long and two to five feet high! There are many dams that are much, much bigger in length and height. The beavers, using their hands and/or teeth,

drag the pre-cut branches and pieces of wood from the bank of the river where the trees come from. They eat the outer bark and the cellulose right under the bark and the rest of the tree is cut up with their teeth and used for dam and lodge building. They just keep dragging material from the river bank (or close by) to the dam area, until the job is done. A 35 foot dam can be built by an average family of beavers in ONE WEEK!

Now, besides for creating the ability for the beaver to build a lodge in the water, there's actually a huge benefit from the dams that beavers build to the entire area. (Hashem killed two birds with one stone.) Beavers are considered a "keystone specie". A keystone specie is an animal that has a very beneficial effect on its environment, out The outboar son be of proportion to the number of animals that created it. A few beavers can make a huge beneficial effect for many animals. Beaver wetlands (wetlands are the land surrounding a river or lake) are found to effectively home 50% more species than wetlands that were not created by beavers. Obviously, Hashem had in mind these improvements as well, when giving the beaver its instinct to make dams. To be continued IY"H.



The author can be reached at emunahexplained@gmail.com

The Spring Hill Times Fire Dept.



REMEMBER:

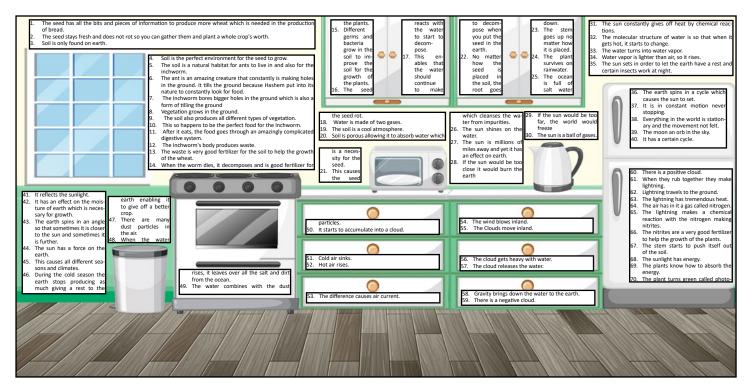
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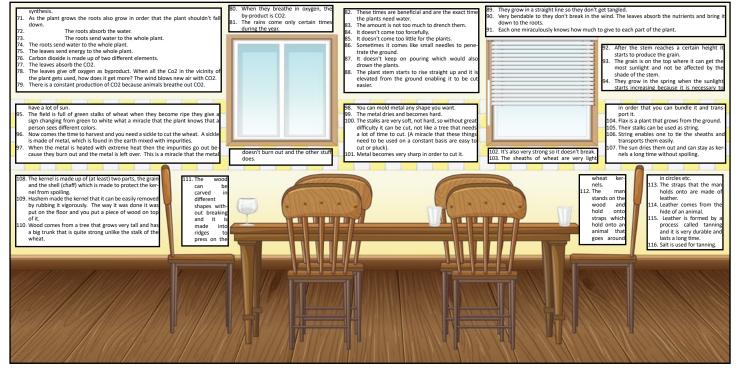
- 1. Flee, as far and as fast as you can, from a fight.
- 2. Maintain a safe distance from fights a minimum of 1000 miles.
- 3. Drown yourself in all the good Hashem gives you and be as uninterested as possible in anything else.
- 4. Someone said something hurtful? DON'T be hurtful back. It's extremely flammable!
- 5. Laugh it off (inside).



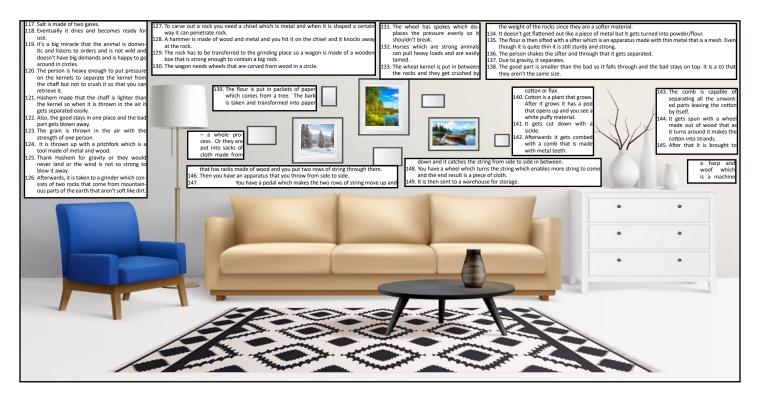
The Mordecheil Solomon



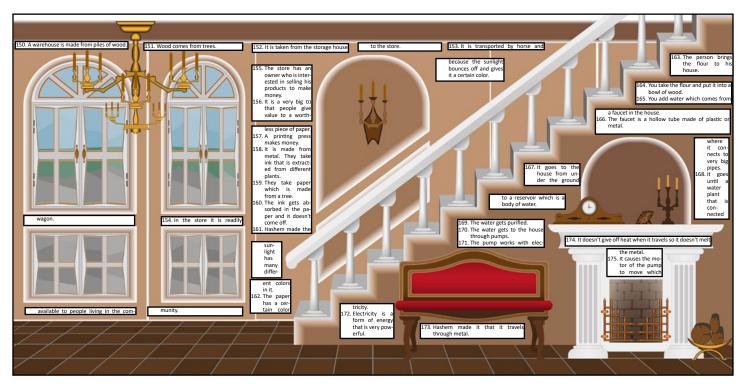
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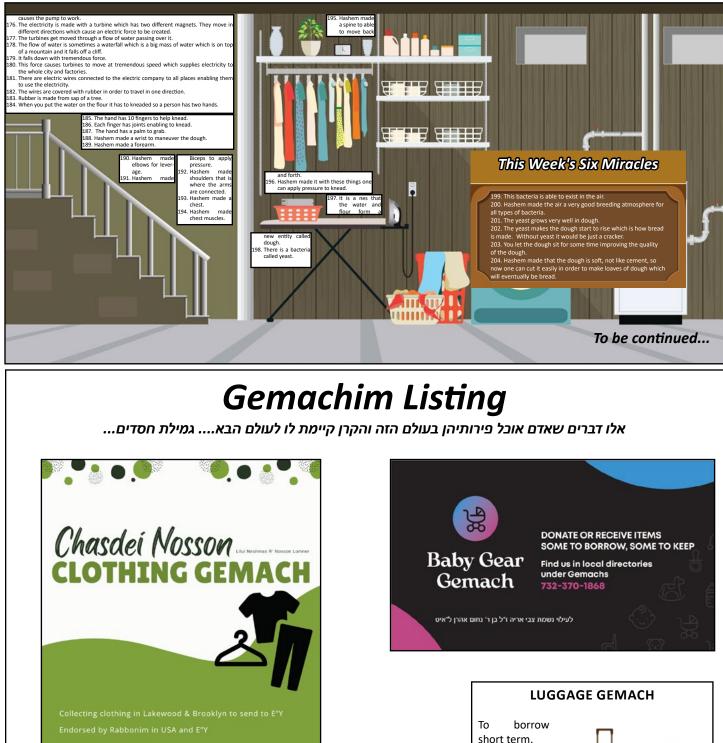


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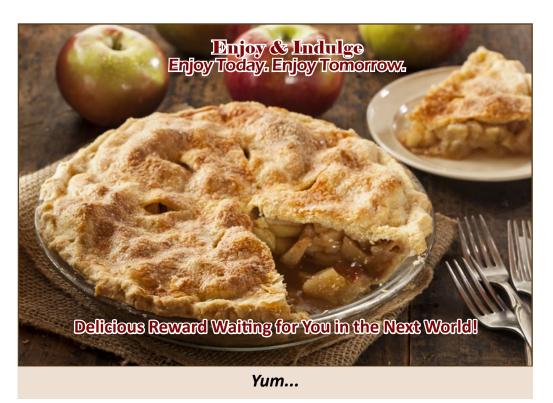
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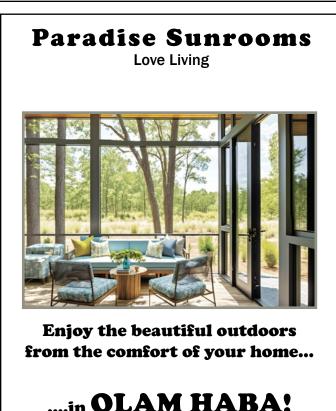
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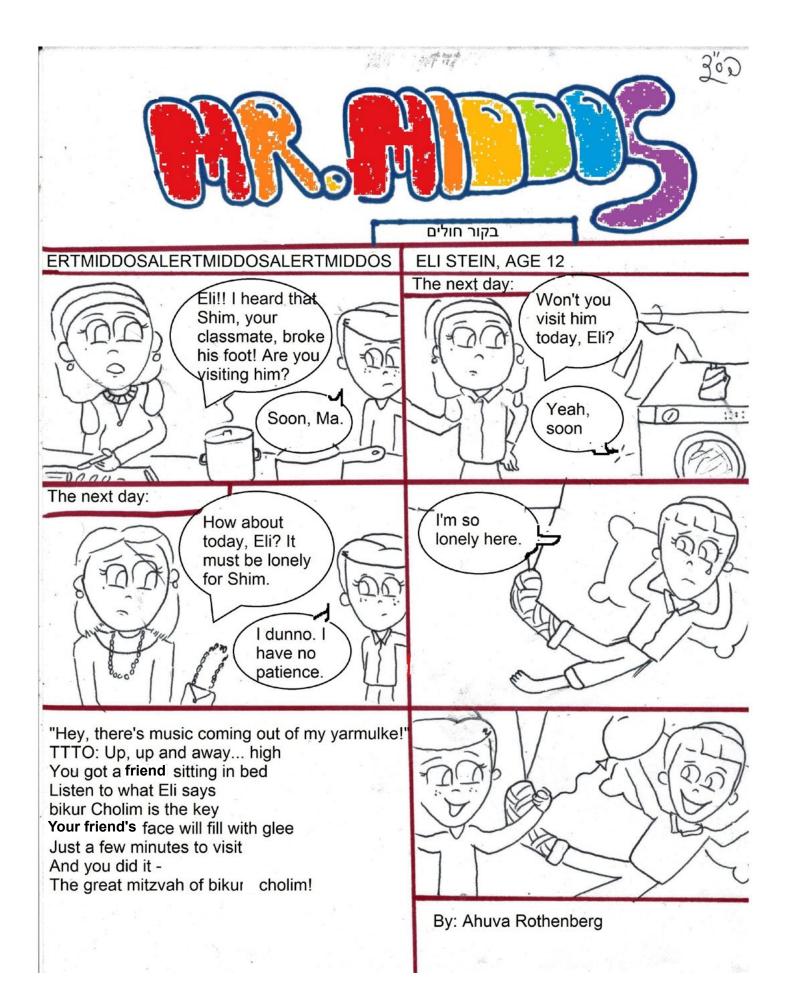
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To be continued



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Rav Avigdor Miller Speaks Vol 1, Page 103 "Hashem is waiting for you in the Next World and He is going to reward you for a lifetime of accomplishment."

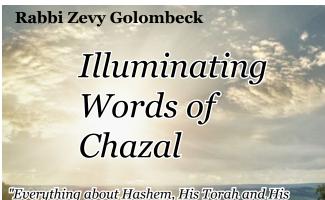
Ibid. Page 118

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Rabbi Zevy Golombeck - A Life with Bitachon



"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem." Ray Yehuda Mandel Q: How come we barely find anywhere in the Torah Hashem praising Klal Yisrael and bringing out their strong points? We find mostly that their faults and mistakes were highlighted. When one learns the chumash, one can get an impression that the Yidden weren't such good people c"v.

Why is Hashem k'vyachol focusing on all the negatives? If Hashem loves us so much shouldn't there be more open love in the Torah?

A. Hakadosh Baruch Hu praises Klal Yisrael by saying, "banim atem I'shem elokeichem, chayim kulchem hayom." R' Avigdor Miller says, if you would realize what a compliment that is, that Hashem said, "You are my son," you wouldn't be able to stop dancing from simcha. Mamleches Kohanim V'Goy Kadosh. Am Segulah. The Torah is full of praises that Klal Yisrael is Hashem's chosen nation. All criticism is just an outcome of "banim atem I'shem elokeichem," like it says, "Es Asher Ye'ehav Hashem Yochiach." Hashem gives

more mussar to Klal Yisrael because we're his children, and Hashem cares about us more!

A healthy body becomes stronger from healthier food and an unhealthy body needs other kinds of food. In the olden days,

they were such gezunt, strong healthy people. They had a healthy relationship with Hashem. You know what healthy means? Knowing that Hashem loves you. When a child walks in the street and gets a patch from a parent, it shows love. During the times of the Torah, Klal Yisrael viewed all criticism as a hug and a kiss, as Hashem showing them how much He cares about them. That's what motivated them. R' Avigdor Miller explains that Klal Yisrael was really on the highest level, they were the Dor Deia, and they were doing everything almost perfectly, but the littlest microscopic thing would shter their neshama, and they knew how important it is for the neshama to be connected to Hashem, so they were happy with the criticism to become even more perfect. Klal Yisrael grew and shteiged from this criticism.



The Chozeh m'Lublin explains that nowadays, before Mashiach, it says in the end of Sota, "yiras hachet yimasu." He explains it's not derogatory, it just means that before mashiach, we're going to connect to Hashem only through positivity, only through



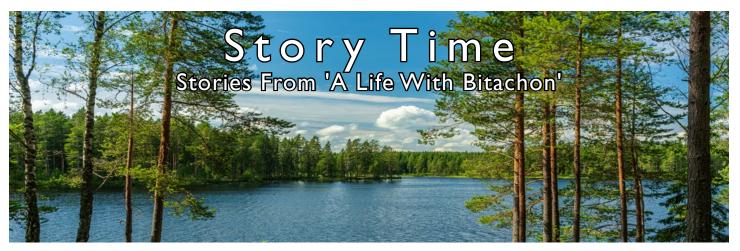
simcha, only through ahava. Nowadays, if you tell a person Hashem's not happy with us, it will make a person not want a relationship with Hashem, because we don't feel Hashem's love. We're in a situation of hester panim, in galus, and we're not gezunte people who feel Hashem's love so easily, we have to focus on love.

R' Yechiel Perr, the Rosh Yeshiva of Far Rockaway, said over, that the talmidim of R' Yisrael Salanter said that R' Yisrael Salanter would say that the way to connect to Hashem is by learning about gehinom, but the Talmidim said over, that they felt that it didn't work for them anymore, it just scares us off, they needed something different. R' Moshe Feinstein writes in Darash Moshe, that you have to focus on positivity, that's the way to connect to Hashem.

When a mother is giving a bath to a little baby, and he's crying, he doesn't want to go in the bath, do you view that as cruelty, or do you view that as love? You view that as love. In the olden days, they viewed everything as love. Nowadays, we're not that

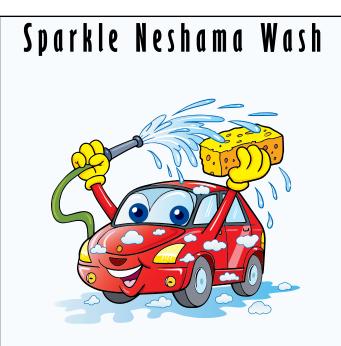


healthy, we don't feel Hashem's love as easily, so in order to feel Hashem's love, we have to focus only on open love and positivity. So it comes out that there's no such thing as negative, everything is positive from start to finish, it's just that they had different lenses. Nowadays, we need a different diet.



#1724- Mrs. Rosenberg made homemade pizza for her family for supper. One of her yeshiva bachurim came home later that night. She thought that he would already have eaten supper, but he said that he didn't eat anywhere. He was hungry, and he also really wanted homemade pizza like everyone else. But there was not a piece left over. It was all eaten. Mrs. Rosenberg was trying to figure out what she should do.

Then she said, "One second. Hashem is the Kol Yachol. Hashem can do everything and any-



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thing! If my son wants homemade pizza, then I can have Bitachon that Hashem already has worked it out and orchestrated that that's exactly what's going to happen! From where? From when? I don't



have to figure it out. I'm just going to do my hishtadlus. I have a sister who lives on the same block as me. I'll call her up!" She said to her sister, "Do you have any extra homemade pizza?"

Her sister said, "Are you serious? Why do you ask?" Mrs. Rosenberg said, "My son just came home. He didn't eat supper yet, and he wants homemade pizza, but it's already finished!" Her sister said, "I'll tell you the truth. I haven't made homemade pizza for over three years! Just tonight, I decided that I should do something special that I haven't done in a long time. I have so much leftover, and I was trying to figure out what I should do with the rest! Right then, you called me up and asked me if I have any extra. Yes, we will be sending it over, one, two, three!"

*

#1725- R' Greenberg said over that money was becoming very tight. He made a cheshbon that in order for him to cover his budget and all his bills and expenses, he needed an extra \$10,000. He said to his wife, "Can you please do me a favor? Can you please explain to your boss tomorrow at work that you need a raise of \$10,000?" He advised her how she should approach and ask her boss for this raise.

The next day, when she came home, he asked her, "How did it work out? Were you able to ask your boss for a \$10,000 raise?" She replied, "I'll tell you the truth. When I came into his office to ask him for the raise, I started to feel uncomfortable telling him an amount. Therefore, I decided that I'm just going to leave it up to him. He said he's going to think about it, and he came back to





me saying that he is able to give me an \$8,000 raise."

R' Greenberg told his wife, "Don't worry! You think I need a Fisher Price, play dough, clay dough boss to decide how much of a raise he's going to give you? I believe our money comes from Hakadosh Baruch Hu, the Ribono Shel Olam. Because we need an extra \$10,000, Hakadosh Baruch Hu will send it to us. But now that we realize it's not your fisher price boss giving us the money, it's Hashem, then Hakadosh Baruch Hu could give us a lot MORE than \$10,000!! Let's just go with Hakol Yachol, that Hashem is in charge of our parnassah."

The next day she came home from work and she said. "The boss called me into his office. I started to wonder why he was calling me in again! Uh-oh! What's this all about? My boss told me that he rethought it, and he decided that he wants to give me a lot more than \$8,000. He's going to give me a \$12,000 raise!"

In no time, not only did they get their \$10,000, they got a lot more than they even thought he would give!

*

#1726- Mrs. Klein was cooking and baking for Chanuka and for Shabbos. All of a sudden, she realized that her oven was not turning on. Her oven was broken! She didn't know what to do. She called a specialist who knows how to fix appliances. She explained the problem. She said, "I tried the circuit breaker, I tried this, I tried that, but nothing seems to work!" The specialist told her that

she is going to need an electrician. She called an electrician and explained to him what was going on. He told her that he was very backed up and he wasn't able to come. She hung up the phone and was thinking to herself, "What should I do now? I have all the food ready to be baked and cooked, but my oven isn't working!"

All of a sudden, her little daughter came over to her and said, "Mommy! Who needs electricians? Who needs an appliance specialist? All we need is Hakadosh Baruch Hu, the Ribono Shel Olam! He's Hakol Yachol, He can do everything and anything!"

With that, the family started singing, "Hakol Yachol, Hakol Yachol, Hakol Yachol...." Then Mrs. Klein said, "Okay! Let me try again!" This time, she tried the circuit breaker, and the oven just went on!! One, two, three, as if there were no issues and no problems!

1727- Mrs. Greenberg, from Brooklyn, NY, every morning starts work at 9:30, and she always makes sure to leave early enough to be able to find parking. She has to circle many, many blocks, for a long time, in order to find parking. One day, she was running very late and she didn't leave with enough time to find parking. It was 9:28, and she was on the block where her work was. There wasn't even one parking spot available. She was trying to figure out what to do! She didn't have time to look for parking. On top of that, there was a car right in front of her also going very slowly, that also seemed to be looking for a parking spot. She said to herself that even if a spot did open up, that car would take it! She was at a loss!

Then she told herself, "One second. Do you think parking spots have to do with how many



have to do with how many people need a parking spot? No! It's not supply and demand; it's my loving, caring, father, Hakadosh Baruch Hu, the Ribono Shel Olam! He's Hakol Yachol, He can do everything and anything! He could get me into work at 9:30!"



Right when she said that, she looked up and she saw a car pulling out right in front of her work. She saw the car in front of her stopping. She kept saying, "Hashem, it's all You! You're the Kol Yachol!" Thirty seconds later, the car in front of her started driving again and drove away, and she was able to get that spot right in front of her work! �

Bitachon Perspective WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. Whenever my husband presents his liss opinion on a specific matter and I feel otherwise, I tend to come across forcefully, and the conversation erupts into a heated argument. What is the right way to go about this type of situation?

R'ZEVY GO,

A. Why do arguments become heated?

08.4 M

1. Oftentimes, it comes from the middah of kavod; when your husband challenges your opinion, your kavod is at stake; 'you think I don't know what I'm talking about?! I'll show you who knows better.' And instead of arguing about the subject, the real debate becomes: 'who knows better?' And each party fights to defend their pride at all costs.

The antidote for this is to internalize that הכבוד הבל הבלים'. What's so important about being right?

When you're in a discussion, the way to be intrinsically honorable, is to recognize that perhaps the other party is right. Even in the event that you're sure that you're right, nevertheless, give the other party a good feeling and let him 'be right'.

2. Alternatively, the reason someone will argue forcefully is because he wants to make sure things are done his way. And he's concerned that if he doesn't come across strongly, the other party will not listen.

The remedy for this is to know that all results are from Hashem. Engaging in a discussion is only an hishtadlus to bring about positive results.

With this in mind, you will conduct the conversation within the realm of proper hishtadlus; you will talk calmly and reason



together. Having a heated conversation which generates unpleasant feelings is not the correct hishtadlus, and it certainly will not help you to get things done your way.

On a practical level as well, the facts are exactly the opposite. Forcing your view, will not convince the other party; 'A man convinced against his will, is a man of the same opinion still'.

The way to give weight to your view is by showing the other party that you under-

stand where they are coming from. Then, respectfully and calmly propose your view.

What if you suspect that if you continue the discussion the tone will become negative?

Rav Avigdor Miller Zatzal would advise: whenever you suspect that your comments will generate an unpleasant discus-



sion, the best reaction is to say nothing. Even if you know that what you're being told is incorrect, the right thing to do is to keep your mouth closed.

When you do that, not

only will you receive s'char for controlling yourself, but keeping quiet and avoiding debates is also the recipe to maintain a life of physical health and happiness.

If you're discussing a matter of ruchnius where you cannot simply cannot keep quiet, nonetheless, do not argue and debate. Rather, tell your husband, 'I see where you're coming from, and I respect your opinion. However, I view things differently. Therefore, let's agree upon a Rov to whom we will present our question to, and we will act according to da'as Torah'.

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Our Readers Share





Editor's Note: Some of these stories are from Av-Tishrei!

Bracha Brings Bracha

After listening to the "A Life of Bitachon"



hotline, I learned the importance of giving others chizuk and making everybody feel good. I start-

ed giving brachos to other women, even women that I didn't know. A couple of months ago, I was at a grocery store and Hashem put it into my mind to give a bracha to a certain woman. I gave her a very enthusiastic bracha, and she seemed really happy about it! I commented on her beautiful smile, and she continued to smile and glow.

Recently, I was finished shopping at a different grocery store, and I was standing outside waiting for my husband to get home. I was standing there thinking, Hashem tzilcha, Hashem is my shadow. If I smile, Hashem is going to reflect as if "Oh, you like to smile? I'm going to give you more to smile about." The day before this, I had a challenging experience. I kept telling myself, it's only Hashem. I'm going to keep working on smiling anyway. This day I was also doing the same thing and I kept smiling and thinking Hashem tzilcha, it's all connecting me to Hashem.

Just then, a woman came running over to me, and she asked, "Do you remember me? I was the woman you met in a different grocery store a couple of months ago. I was standing in front of the vegetables

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and you gave me a bracha. You should know that the bracha saved me!" She explained that as she was standing in front of the vegetables, a worker came with heavy boxes of vegetables to load them onto the shelves. The cart started tilting, and the boxes almost fell on top of her! She had recently been in a car accident, so having the boxes fall on her would have hurt her very badly. This lady was sure that it was the bracha that saved her!

This was a tremendous chizuk for me!

A Reader from Toronto

Everything is for the Best!

My seven-year-old son, Binyamin, has a reading booklet every week that is not mandatory; if the boys read it, get it signed by a parent, and bring it back to school, they get a prize. This week, even though Binyamin read the booklet, he forgot to ask me to sign it, so on Monday, when the teacher collected the booklets and gave out the prizes, he was disappointed that he didn't get a prize. He asked me to sign his booklet that night, and he brought it back to school. His teacher had run out of the prize she gave to the other boys, so she gave him a different prize, one that he liked much better!

He came home and told me very happily that even though at first he was disap-

pointed that he didn't get a prize when the other boys got their prizes, he sees that Hashem made it happen that he forgot to sign so that he would end up getting a better prize!



A Reader - Monsey, New York

Hashem's Amazing Sun



We put our laundry outside to dry and within a few hours our laundry of B"H a household of eleven healthy

people dried! Thank you Hakadosh Baruch Hu for the amazing sun that dries our laundry! We almost never need to use our dryer!

A Reader - Kiryat Sefer

Hashem Sends Yeshuah



A few months ago while I was in camp we had an activity where we got all muddy and dirty. Afterwards we

were able to take showers. We all went to other bunkhouses to shower there. When I came a few people told me the showers were all very cold, but having no other choice I went in and hoped for the best. For the first minute the shower was a good temperature but then it was on and off and it became freezing and I still barely started my shower. I shut off the shower and didn't know what to do. I waited a few minutes to turn the water back on and this time the hot water lasted a few seconds.

I then begged Hashem to let me be able to take a normal shower and I had Emunah that Hashem can do anything and He'll help me. I also said I will tell a lot of people and send this story to the Spring Hill Times about Hashem's greatness and how He helped me. I turned the water back on and it stayed perfect temperature until the end of my entire shower.

A Reader

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Enough servings for the entire family		Serving size 1 issue of Spring Hill Times	
Amount per serving	% Daily Value	Amount per serving % Daily	/ Value
Love For Hashem 20,000g	1%	Ads on Shabbos Og	100%
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TETZAVEH- ADAR 1 5784

The Spring Hill Times Yitzchok I. Kaufman 56 Spring Hill Terrace Chestnut Ridge, NY, 10977 845-327-5041 thespringhilltimes@gmail.com



Hashem Loves You!

Recently, an amazing older girl whose family is close to ours got engaged. We were all so excited and so happy to hear the news, especially since the Kalla had waited so long to find her Bashert. And then we heard the story behind the story from a close family member of the Kallah...

The Kallah's niece* (details changed), Chedva*, a ten year old girl*, was playing with her friends, when someone made fun of her and embarrassed her in front of everyone. Chedva was very hurt and started crying uncontrollably. She ran to wake up her mother, who had just given birth three days earlier and was resting. Right



before she was able to wake up her mother, Chedva's grandmother understood what had happened and said, "PLEASE! You were just insulted hurt and embar-

rassed, and you therefore have an unbelievable כח התפילה, power to daven and ask Hashem for anything you want. Please daven for these three older girls, that they should find their bashert!"

Chedva proceeded to mention the full names of all three girls, and sincerely davened to Hashem that they should find their Bashert very soon. Within a short time, this amazing older girl become a Kalla! Everyone was rejoicing and literally jumping for joy when they heard the news. And very soon Hashem will send proper Shidduchim for the other 2 girls as well.

I heard this story directly from those involved and still feel great energy and inspiration!

Recently, an advertisement in the Spring Hill Times caught my eye, for a 'Sparkle Neshama Wash'. The ad was placed by 'Mr. Bizyonos' who mentions in his quarter page advertisement how Bizyonos literally 'Cleans away your Aveiros, Washes away Yesurim and saves you from a trip to Gehenom.' I wanted to contact the advertiser, Mr

Bizyonos, and share that Bizyonos also makes Nissim and even Shidduchim!

There is well known story with Rav Chaim Kanievsky ZT"L that was verified by his grandson how a couple who didn't have children for many years were instructed by Rav Chaim to receive a bracha from someone who was insulted and didn't answer back, and they waited for a very long time until the husband found someone who was being insulted at a Chasuna, and begged him 'PLEASE DO NOT ANSWER BACK – GIVE ME A BRACHA FOR CHILDREN', and he did, and they had a baby nine months later!





Everything is a Chesed from Hashem!

Hashem intentionally gives us Bizyonos and insults in order to give us the greatest Brachos and Simcha beyond our comprehension! It's the real 'Sparkle Neshama Wash!'

Now that it's Adar, it's time to sing and dance all day long because we have Hashem who is always doing good for us every moment!

Our worst moment is really our very best moment!

Hashem is sending us the great simcha and is planning the best for us every moment!

Hashem loves us!

Taken from the 'Hashem Loves You Hotline' 267-833-0596

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