The Spring Hill Times

לע"נ אבי מורי ר' שלמה זלמן בן ר' ישעיה זצ"ל ולזכות רפואה שלמה: הינדא בת מרים רבקה, ואברהם דוד בן רבקה בתוך שאר חולי ישראל

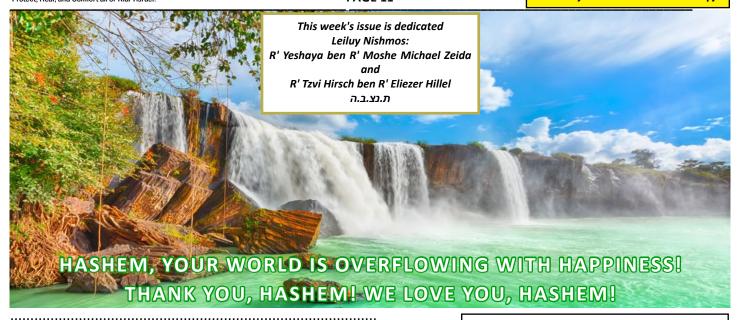
Issue 139 Vaykhel - Shekalim Adar 1 5784

This week's issue is dedicated as a Zechus for our brothers and sisters all over the world and especially in Eretz Yisrael and those in captivity. Our Minds and our Hearts are with them. May Hashen Protect, Heal, and Comfort all of Klal Yisrael!

This week's issue is dedicated as a Zechus for our brothers and HASHEM IS OUR LOVING, CARING FATHER

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Emunah and Bitachon News

MIRACLE BABY



Harav Eli Yelen related this incredible story that one of the members in his Shul said over while celebrating the birth of his son: Each week, for our Leil Shabbos seuda, we host several holocaust survivors. One is woman who is a close neighbor of ours. One day, this lady's son, who lives out-oftown, called and told me that his elderly mother refuses to move into a nursing home because the highlight of her week is our Shabbos seuda and she doesn't want to lose that!

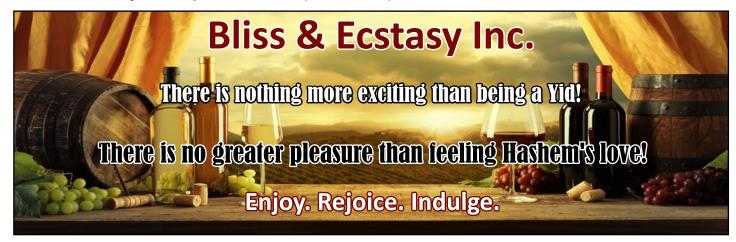
About two weeks later, I returned from walking this lady home after the Friday night seuda, and my wife had a seizure. I called an ambulance, and we rushed to the hospital. The hospital determined

AHAVAH RABBAH PAGE 53

that there was a large growth on the brain that had started bleeding heavily, and there was a high likelihood that my wife wouldn't make it.

It was midnight, and I suddenly remembered that our weekly guest was so proud of her son who was a neurosurgeon. I realized that I still had his number on my phone from when he had called me two weeks before. I called him, and even though it was Shabbos, he picked up; he assumed an emergency had happened to with mother

and it was Pikuach Continued on page 3



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Hashem

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Spreading Hashem's Goodness all Around the World!

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Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?

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:מילוי נשמות

ישעיה בן משה יחיאל מיכאל זידא, חוה רבקה בת שלמה זלמן. לבי הירש בן אליעזר הלל. ריזל אסתר בת דב בעריש. דוד זאב בן משה מנחם. לייטל בת שלום אריה. נפתלי בן יעקב. יעקב לבי בן יוסף. דוד יעקב בן משה אליהו. חי חנה בת בנימין. לזכות הבחור משה דוב בער בן אסתר. לזווג הגון בקרוב.



Continued nefesh. I told him what hapfrom front pened to my wife, and that I page was calling him in desperation because I remembered his

mother said he was a neurosurgeon. He confirmed that he was; in fact, he was the chairman of the board of neurosurgery at Mt. Sinai, and I later found out he is one of the world's most famous neurosurgeons. He told me to send him the images, and after looking at them, he told me that the hospital had misdiagnosed her and under no circumstances to let her go into brain surgery with the surgeon that the hospital was calling in. She did need

a surgery, but with one specific surgeon in San Francisco. No one else should touch it. He had gone to school with the neurosurgeon in San Francisco, and he arranged everything!



The surgery normally takes eleven hours. Two hours after the surgery began, the surgeon walked out and motioned me over. He told me, "I've been doing this for 25 years, and I have never ever had one go so smoothly." He said, "Picture scooping ice cream. I scooped up the cavernoma and the whole entire thing came straight out!"

When I was allowed in to see my wife, she was already sitting up in a chair drinking! We were supposed to be there for over a week, but two days later she walked out of the hospital, and I mean walked out! She didn't even take a wheelchair to the hospital exit! The hall was lined with doctors and nurses from all over the hospital who wanted to see the patient from Neuro who was checking out two days after such a massive surgery!

To add to the miracle, we had been married for ten years, and we did not yet have any children. Everv neurosurgeon we spoke to throughout this process told us that my wife could not possibly have survived childbirth with the growth she had in her brain: the

pressure during labor would have caused it to explode. What seemed to us to be a difficult situation was actually for our best! Baruch Hashem, not too long afterwards, my wife had a baby boy. We named him Rafael, due to our gratitude to Hashem for this tremendous miracle.

YID TRUSTS THAT EVERYTHING HASHEM DOES IS GOOD!

A Yid from Beit Shemesh related the following:

I went to Lizhensk with my son for Shab-





חטוף ואכול... Help sponsor copies of the Spring Hill Times for Yidden in Hospitals and nursing homes. Contact R' Pinchos Doppelt 848-210-5474

bos Parshas Beshalach. We were hoping for a major yeshuah regarding a certain matter; that is why we went to daven at this holy place.

On Friday night my wife suddenly felt terrible, unbearable pain in her back. What could we possibly do? There was no doctor there and no medication. The only thing we could do was go to "the specialist in Anipoli."

A Yid once came to one of the tzaddikim of previous generations to ask him for a refuah, and the tzaddik told him to "go to the specialist in Anipoli."



The Yid traveled to Anipoli, which was then still a small, remote village, with no stores and, obviously, with no doctors. He asked the people there where he would find the doctor, and they all responded, incredulously, that there hadn't been a doctor in their parts since the six days of creation.

"So what do you do if someone is not well?" the Yid asked. "We turn to the Healer of

EMUNAH & BITACHON NEWS

all living flesh; we open a Tehillim and daven," was their unique response.

When the Yid returned to his Rav and told him that he hadn't found a doctor in Anipoli, the tzaddik told him, "Indeed, I meant that you should go to the Doctor whom the people of Anipoli frequent. Turn to Hakadosh Baruch Hu alone, and He will heal you."

"That is truly what we felt," the Yid from Beit Shemesh told me. "The only available doctor was the One from Anipoli. We davened for Hashem to heal her and for the pain to pass."

Sunday morning came, and my wife was still in pain. She was sitting in the holy tziyun, and suddenly a doctor from Beitar Illit entered the ezras nashim; she specialized in the exact field we needed. "Can you help me?" my wife asked her.

"Of course," the woman responded. "Gladly!" We were very excited. Hakadosh Baruch Hu had sent her all the way to Lizhensk just for us.

They left the tziyun to go back to the room where they were staying, when suddenly the doctor's family members came over to her and told her to hurry up. They had to leave immediately, they said. They couldn't wait another moment, or they might miss their flight. The doctor ran to the bus, and we were left, shocked, in Lizhensk.

"We tried to understand why Hashem had sent her." the Yid went on to tell me. "If Hashem had wanted to send us a doctor, she would not have been in such a hurry, and if Hashem didn't want to bring us a doctor, then why did she come? What was her mission? "Until we realized that Hakadosh Baruch Hu wanted us to strengthen this realization:

"We are awaiting a yeshuah, davening and hoping and doing everything so the yeshuah will come. Sometimes it seems to us that the yeshuah we seek is impossible. But Hakadosh Baruch Hu was telling us: Everything is possible! I could bring a doctor to Lizhensk. Look! I brought you one! But I don't want her to heal you, because right now, the difficulty is for your good. The yissurim are for your good, and I don't want to take them away from you." No additional words are necessary. [Kav Hashgacha Pratis]

POSITIVE WORD POWER!

Ordinarily, I make my parnassah through tourism. Baruch Hash-

em. I am a real estate agent for tourist apartments and I take them to nice, inter-



esting places. But for the past several months almost no tourists have come to Eretz Yisrael, and I've found myself lacking work.

The hours of the day pass, and I want to fill them, not only for the money but also in order to do something productive.. Perhaps the time has come for me to go back to working in chinuch, I said to myself. Early on, during the first years of my mar-

> riage I was a melamed. and afterward worked in outreach. gave shiurim baalei teshuvah, and I merited to bring the light of Yiddishkeit precious



WHEN YOU SEE ANOTHER YID:

Ignore how large his peyes is!



Ignore the length of his jacket!



Ignore the size of his wallet!



Ignore which leader he follows!



Don't accuse! Don't judge! Don't convict!





EMUNAH & BITACHON NEWS

young men who were very far from Torah and mitzvos.

I made contact with a rosh yeshivah of a yeshivah for baalei teshuvah in my area, and we arranged a time to meet.

I arrived at the yeshivah and was shown to the rosh yeshivah's room. A pleasant avreich with a smiling countenance greeted me, and we started talking about my past experience and my current occupation. When he asked about my methods of working with bachurim, memories surfaced, and suddenly a flash of lightning seemed to shoot through my head. That lightning went through the rosh yeshivah as well. Each of us recognized the other, and the interview ended with a clear decision on the part of the rosh yeshivah: "You'll certainly come to work here! You possess keen discernment. You understand bachurim, and you will be a treasure for us." This is the story:

When I was still a melamed, I had a nice boy in my class from a respectable family. His older brother, a teenager, had left the yeshivah. It was a very sad story. The boy had broken free of all shackles and was doing whatever he pleased. His parents were horrified and tried everything in order to bring him back. The boy's mother asked me to speak with him and try to reach him.

I told her I would try. How? I had no idea. I had never before dealt with struggling teens (as they are referred to today), and I simply sat and thought - how do I approach him to speak to him? I remembered something from the Gemara (Bava Metzia 85): Rabi Elazar ben Rabi Shimon bar Yochai had a son named Yossi. He was known as a rasha, and when Rabi Yehuda Hanassi heard this, he called Rabi Elazar's son and gave him semichah as a rav, and sent him to learn with Rabi Shimon ben Issi ben Laconia. Rabi Yossi did not have patience to learn, and each day he expressed his desire to leave the yeshivah and go back to his city. Rabi Shimon told him: You know that when you learn you'll be wise. They'll spread a gold canopy over you and call you rebbi - and you want to go back to your city?

Rabi Yossi immediately regretted having wanted to leave. He picked himself up and began learning Torah with all his



might, until he merited to transform himself into a real rebbi, a gadol in Torah and an exalted tzaddik.

I said to myself, I'll do what Rabi Yossi's rabbanim did, and I'll call this bachur "Rebbi." I spoke to the boy we'll call him Moishy - and told him, "You will be a rosh yeshivah! You'll learn and grow so much that everyone will want to learn in your yeshivah!" Not only did I say this, I also acted it out for him. I designed special stationary for him with his name at the top: Harav Hagaon Moshe Cohen shlit"a, Rosh Yeshivas Me'oros Hagolah. We played the game all the way, down to all the minor details, and the boy indeed improved and drew close to Yiddishkeit again.

The connection between us was lost over time. From time to time I thought about Moishy. How was he faring and what was he up to? I had no way of knowing what would come of him, and I hoped he was living like a good Jew. And indeed, that very same Moishy, the rosh yeshivah from the stationary I had fashioned, was right there before me in all his glory, and his face testified that he was a man who knew how to learn, and he was involved in chinuch and in bringing merit to others.

"You see," the rosh yeshivah told me, "You were the only one who predicted that type of future for me. You discerned the strengths that Hashem gave me, and you were right. Baruch Hashem, I succeeded!"

I had known Moishy 32 years earlier, and indeed, what had been written on that stationary came true for him: Harav Hagaon shlit"a. I merited to see the fulfillment of the passuk (Koheles 11:1), "Cast your bread upon the waters, for years later you will find it."



WHEN YOU SEE ANOTHER YID:

Remember that he is part of your family!



Notice his smile!



SEE BEYOND THE SURFACE!

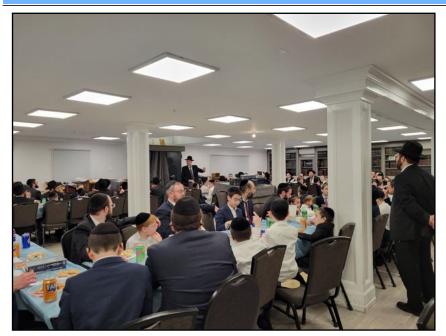
See his holy Chelek Elokai m'ma'al- his glowing Neshama!



Accept him and love him to pieces!



EMUNAH & BITACHON NEWS





Kehillas Spring Hill's beautiful Annual Avos U'Banim Melave Malka celebrating the completion of the winter Avos U'banim program. The boys and their fathers immensely enjoyed hearing divrei chizuk and hisoroes from the Rav, Rav Akiva Grossnass shlita, and the guest speaker, Rabbi Serebrowsky. They also enjoyed the pizza, French fries, fresh bagels, cream cheese, soda and ice cream! All the boys were able to choose either a light-up frisbee or a bop it game! Ah! There is nothing more fun in the world than being a Yid! אשרינו מה טוב חלקינו!









ככה יעשה - לאיש אשר - המלך חפץ - ביקרו



R' Gold* was in the airport trying to get on a flight as standby. The flight was full and there was a long waiting list. They said to him that they would see what they could do.

He thought to himself, 'Hashem is in charge. My being at the end of the waiting list and my getting a seat has to do with Hashem.' Then, from all the people waiting on the standby line, he was singled out and he got a seat!

What a Nation!

Rabbi Golombeck was going to his friend Reb Nachum Malinowitz's sons Bar Mitzvah. R' Nachum Malinowitz is a very chashuv Rav in Lakewood. Rabbi Golombeck came to the hall and saw that even though the hall has a big

parking lot, there were so many people there that every spot was taken. Then he saw that one car was pulling out. He was so excited. Wow, mamish hashgacha! Then, a different car was coming from the opposite side, and he saw that spot; he was also excited. So they were both sitting there in

front of that spot deciding who would



get it. R' Golombeck said, "You take it!" He said, "No, you get it!" Each of them said, "No, I don't want to take it."

All of a sudden, the car right next to that spot pulled out, so they both got a spot!

Hashgacha Pratis

Mrs. Benjamin was supposed to catch a bus, but she missed it. She ended up



AND NOBODY WILL EVER DEFEAT

KLAL YISRAEL!

We Are Safe and Secure in

HASHEM'S MIGHTY ARMS!

getting on a different bus. When she got on, she realized that the bus was empty except for one Yiddishe girl, who had been alone with the driver. The girl said, "Thank you so much for coming cuz

I was all by myself." The girl had been scared. Mrs. Benjamin saw how Hashem made them miss the first bus, just to be able to help out this girl, and she was happy that she had missed the first bus!

Money from Shamayim!

R' Stein* from England was falling into debt and was not making ends meet. He

didn't know what to do and he was trying to figure it

out. "What's going to be?"

All of a sudden, a neighbor came over to him and said that he just made a massive business deal and he has \$16,000 of maaser money. The neighbor asked R' Stein if he knew of anyone who could use it. Just like that, they got \$16,000!! That was plenty of money to pay for the debt!

One Nation - One Family

Mrs. Weiss* didn't have a penny to her name; not for food, not for basic necessities; not for shopping. Her refrigerator was bare, her freezer was bare; what should she do?? She was speaking

to her father, and her father said, "Klal Yisra-

el is an

nation and they love to give." Just like that, they found an organization that specializes in this area.

They called them up and they said, "Sure! Come right now to the warehouse and take whatever you need!" She filled up her pantry, her refrigerator, her freezer; and she saw how amazing Klal Yisrael is!

On top of that, her neighbor's parents

just came from out of town and they brought them loads of food. They said to her that we heard so much about you from our daughter; that you're such a great neighbor. They gave them so much delicious food; suppers and lunches and more! Klal Yisrael is an amazing nation!! The organizations, the chesed, the people; it doesn't stop!

Medical Miracle

R' Berkowitz,* a magid shiur in Eretz Yis-

rael, gives a daf yomi shiur every day. He no-

ticed



that one of his regular attendees had not come for two weeks. He called him up and said, "What's going on? Why are you not coming?" The yungerman said that his little baby was just diagnosed with a brain disorder and he's ois mentch, he's so depressed, he can't get out of bed. The doctor said the baby can't get better and will have to stay in the hospital and that there is no cure for it.

R' Berkowitz told the yungerman, "Why don't you follow a Life with Bitachon. Listen to it for two weeks and then go back to the doctor and see what your fisher price, play dough, clay dough doctor says. We don't believe in doctors, we believe in Hashem."

The yungerman got involved with all the yesodos of a Life with Bitachon, and concentrated on the idea that Hashem is in charge, not the doctors. He just sent a message to the magid shiur that he is coming back to learn every day. He said that they just went back to the doctor (he wrote in parentheses fisher price doctor) and he asked him if he could recheck their child.

They took another test, and the doctor said, "Whoa. I don't think this is the same child you brought me last time. He's perfect." The doctor, who was Jewish but not religious, said, "Only Hashem could explain this mystery!" Baruch Hashem, since then he's been

coming back to the daf yomi shiur and he's back to himself. The baby boy is Baruch Hashem healthy!

Hashavas Aveida

Rabbi Golombeck's son was missing his Shabbos raincoat. He had no idea

where it was or where he had lost it. He learns in a few different Batei Midrashim, so they didn't know where to start looking. Another bochur in his shiur called up that while he was looking for his own



raincoat, he noticed this other raincoat hanging on a hook that he thought belonged to Golombeck. He figured that there was a good chance that he didn't know where it was, so he called up.

Baruch Hashem, they were able to pick it up. A couple of days later, at the table in shul where he was davening Shacharis, he saw a siddur with a name and phone number. He decided, "Listen. Somebody returned my son's raincoat. Maybe someone left this Siddur or forgot it. Let me do Hashavas Aveidah."

Rabbi Golombeck called up, and the mother answered. "Oh your son and my son are in the same shiur together." It was the bochur who found the raincoat!

She continued and said that it's a double hashgacha because right now she just had a sheilah on a situation that just came up. She wanted to know the Emunah and Bitachon perspective on it at that exact second. It was Hashgacha that Rabbi Golombeck called her up just then!

Fish from Heaven

R' Heller, a yungerman who lived in

Eretz Yisrael, realized on Friday night that the



food in the fridge was spoiled. They were having guests on Shabbos day, and they knew that the guest that was coming really enjoyed eating fish. R' Heller wondered, "What's going to be? The fish is spoiled!"

Then he said, "Okay, Hashem has many ways to send fish."

When their guest arrived on Shabbos day, he arrived with fish! He said it's because he had so much extra fish Friday night, so he brought it for Shabbos day!

Ironclad Bitachon

Mrs. Baum from Eretz Yisrael came to America with her child because her child needed an operation. Baruch Hashem, the procedure was very successful, but the doctor said that they needed a fol-



low-up visit two weeks later. This was a problem, because they had a family of kids that they had left behind in Eretz Yisrael, and they couldn't wait around for two weeks! They told the doctor, but he said he could nott do it earlier than two weeks.

Mrs. Baum told her husband that she was booking a flight home Wednesday morning and having Bitachon that Hashem would work it out.

Wednesday morning, she got a phone call from the doctor who told her that he was coming into the office early and she could come at 8:00 in the morning! He would see them first, one, two, three. Baruch Hashem everything worked out perfectly and she made her flight!





Klal Yisroel is Growing by Leaps and Bounds

A Yid from Yerushalayim reported that he was in a hospital in Yerushalayim,

in the maternity ward. There are so many people who are going in and



out of the maternity ward, day and night that the door is falling apart!

Vehaya zaracha - k'afar ha'aretz, ufaratzta yama- vakeidma, tzafona vanegba!

Hashem is Running a Wonderful World

R' Yitzchok, a yungerman from Chestnut Ridge, NY, went to visit his mother on Erev Shabbos. His mother had two tomatoes that she did not need, and she gave them to R' Yitzchok.

On Leil Shabbos, R' Yitzchok was

taking out the vegetables to make a salad, and he realized that he had

forgotten to buy tomatoes for Shabbos. There were no tomatoes in his house except for the



two tomatoes that his mother gave him. They used one tomato for the night and the other tomato for the day!

V'divrei niflaosecha - asicha

Hashem Takes Care of Us

On this past Thursday, R' Tzvi, a yun-

german from Lakewood, New Jersey, needed to pay a bill, but he did not have any money, so



he davened Hashem to help him get money. Later on that day, R' Tzvi's

> brother came over to him and said, "I have a lot of extra money. Do you know anyone who needs it?" And just like that, he got exactly what he needed.

> Eini chol - eilecha yisabeiru v'ata - nosein lahem es uchlum - bieto!

Hashem is Taking Care of Us

R' Yosef, a yungerman from Chestnut Ridge, NY needed to buy new dining room chairs. His chairs were falling apart, but he had no idea where he was going to get the money from. One day, he noticed a bunch of boxes had been delivered to his front door. R' Yosef lives on a street called "Orchard Ct." and the delivery was supposed to go to "Orchard St." He drove down to "Orchard St," and he knocked on the door. It was a non-Jew. He told

the person that he had a delivery by his house that was supposed to go to him. The man told



Yosef he doesn't need that order. He already told the company that his order did not come, and they sent him a new shipment. R' Yosef asked a shailah, and he was told he did not have to give back the boxes to the company. He went home and opened the boxes, and inside were brand new dining room chairs!

Poseyach es - yadecha, umasbiah l'chol chai -ratzon

Anti-Semitism is On the Decline

.......

Mrs. Fried and her daughter were walking in Brook Reservoir. Two non-Jews stopped them and asked them, "Are you Jewish?" They answered,



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"Yes."
The nonJews
said,
"We are
so sorry
for everything



that you're going through. We are praying for you. Our community is donating lots of money to Israel. We feel so sorry. May G-d protect you and always stay safe."

Ahavti eschem - amar Hashem

Non-Jew is Nice to Yid

.......

R' Zevy from Lakewood, N.J., was coming out of the bank. There were two sets of doors.



He was coming out of the first set, and a non Jew was coming in through the other set of doors. R' Zevy decided to make a Kiddush Hashem, and hold his doors open so the non Jew could walk in. The non Jew "beat him to it" and held open his set of doors

so R' Zevy would be able to walk out.

Thank You, Hashem

.....

The Power of Trusting in Hashem

R' Lazar, a chassidish yungerman from Brooklyn, NY who listened to Ki Tov Hashem news station, was on his way to his road test. He told his teacher that he wants the person who's going to give him the test to be a man. The teacher told him that today there are only going to be women. R' Lazar said

to himself, "It's all up to Hashem, and I trust in him that he's going to make sure I'm going to have a man."



When R' Lazar got to the road test, he was there together with two other yungerleit. They were waiting on line together. They were not able to choose which examiner to get, and those two yungerleit got women

examiners. When it came R' Lazer's turn, for some reason, they sent him to the back of the line, and he had to wait again.

When it came his turn again, he saw he was going to get a woman, but he didn't give up. He said to himself, "Hashem is going to get me a man."

For some odd reason, the woman did not want to go with him, and he ended up going with a male examiner!

Baruch Hagever - Asher Yivtach B'Hashem

Woman from N.Y. Trusts in Hashem

Last Wednesday night, Mrs. Roth from Brooklyn, NY, received a phone call from her

........



child's babysitter that she would not be able to watch her baby the next day. Mrs. Roth called a woman who takes drop-in babysitting, but the woman told her that she would not be able to take her baby. Mrs. Roth went to sleep without knowing who was going to watch her baby the next day. She put her trust in Hashem, that He was going to take care of it.

In the morning, she overslept, and she woke up to a phone call. It was the woman calling that she would be able to take her baby.

Baruch Hagever - Asher Yivtach B'Hashem

Hashem Gives Yid Chizuk

R' Shmuel was feeling very down, so he turned



to Hashem and he said, "Hashem, please give me Chizuk. I want a hug and a kiss from you." Shortly afterwards, a yid came over to him and started complimenting him saying, "Wow, I am so impressed with you. You're my role model." He was going on and on. He was laying it on thick!

Ki Ani Hashem Elokecha, Machzik Yiminecha!

Yidden Love One Another

.....

R' Chaim reported that his father was making a chasuna. It was the night before the wedding, and he was short \$10,000. He went over to a business-



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man and told him how much he was

missing.
The businessman
took out his



checkbook and wrote out a check for \$10,000!

Mi keamcha Yisrael goy echad baretz!

.....

Five-Year-Old from New Jersey Turns to Hashem

The Goldberg family from Lakewood, N.J., are readers of the Spring Hill Times.

One day, their five year old son was in cheder, and he was not able to close his briefcase. He tried a few times, but it was not closing. He turned to Hashem and he said, "Hashem, you are able to close my briefcase." He tried it again, and this time it worked!

Avdi ata - Yisroel, asher becha - es-

paer

Hashem Loves Youngerman

R' Dovid had a problem. His wife was

criticizing him a lot, and it was bothering him. He was feeling very down. He turned to



Hashem and said, "Hashem, please give me chizuk, show me that you love me."

R' Dovid was in kollel and a businessman came over to him and told him, "I want to give you \$5,000." R' Dovid felt like he was being hugged and kissed by Hashem.

Ahavti Eschem - Amar Hashem!

.....

Hashem is our Loving, Caring Father

Mrs. Jacobs needed a refit on her contact lenses. The eye doctor

said that i t was going



t o cost

\$150. She was on the way to the doctor together with her husband, and her husband said that he only had \$90. He had no more money, but he said, "Hashem is going to help."

The entire time, Mrs. Jacobs was davening to Hashem that He should please help that it shouldn't cost more

than \$90 or maybe even less than \$90. The entire time, she was mischazeik in emuna and bitachon.

After the doctor did the refitting, he said, "It went so quick, I'm not charging you the entire amount." Mrs. Jacobs asked him, "How much

are you going to charge me?" He answered, "\$50."



She could not believe

her ears. She also needed to pay for a cleaning lady that day, and now she had extra money to pay the cleaning lady!

Karov Hashem lechol karav - u'lechol asher yikrauhu - b'emes

Bitachon Overrides Nature

Mrs. Friedman was expecting a baby.

The doctor told her that the baby was going to have Down S y n d r o m e . Mrs. Friedman follows 'A Life



with Bitachon', Ki Tov Hashem news station and she reads the Spring Hill Times. She kept on reviewing to herself all the yesodos that she hears all the time, that "Hashem loves her, he cares for her, he creates everything from new, and everything he does is beautiful and wonderful!"

She gave birth to a perfectly healthy baby!

V'ani bechasdecha - batachti yagel libi bishuasecha

Anti-semitism on the Decline

.......

Mrs. Rosenbaum went to the bank to withdraw some money.

After she left the bank, she received



- OVERCOMES ANY OTHER POWER
- ALWAYS THERE TO PROTECT YOU
 - LIVE WITH NO ANXIETY
 - WHEREVER YOU GO

Security for:

Schools

Yeshivos

Shuls

Families

couples

Kids

Adults

and anyone else

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a phone call from the bank asking her if she counted her mon-



ey because \$200 got stuck in the machine. Mrs. Rosenbaum counted her money, and saw that indeed she was missing \$200.

They stayed an extra 45 minutes after closing time so that Mrs. Rosenbaum could come back to pick up her money!

Ahavti eschem - amar Hashem

.....

Hashem is Running a Perfect World

Mrs. Horowitz was having an issue of OCD with something. She was advised to speak to someone, but that person was already retired, and he was not answering any phone calls. She had his number in her contacts.

One night, her little two year old was playing with her phone. He went into

the contacts, and he dialed that person's number, and the person answered the



phone. Mrs. Horowitz got on the phone, told him her problem, and he told her what to do, free of charge. Mrs. Horowitz is now a different person. Her problem disappeared!

V'divrei Niflaosecha - Asicha

Woman Davens to Hashem

Mrs. Weinberg put the wrong soap into her dishwash-er, and



it broke. It stopped working. She thought that she was going to have to call a handyman. She was worried that it was going to cost her too much money. She said to herself, "Let me call Hashem." She turned to Hashem and she said, "Hashem, please, I want my dishwasher to work." She then tried the dishwasher, and it worked better than ever!

Baruch shomea tefilla

Woman Stays Strong in her Emunah and Bitachon

.....





but she decided that she was not going to have hispaylus from teva, and she was going to laugh off the entire thing. Baruch Hashem, she saw an amazing yeshua!

There is no such thing as teva. There's no such thing as Mikra. The only thing there is is Hashem!

Yeshiva Bachur Writes Letter to Hashem

......

Ari, a bachur learning in ye-



shiva, was having a very difficult time understanding the sugya. He took out a pen and paper and wrote a letter to Hashem. He wrote, "You are the Creator. You are the "chonen ladam daas." You're the Kol Yachol! I'm giving the sugya over to You!"

Right after that, the sugya opened up to Ari and he now understands everything!

"Hamilamed Torah l'amo Yisrael!"

Hashem is Running a Perfect World

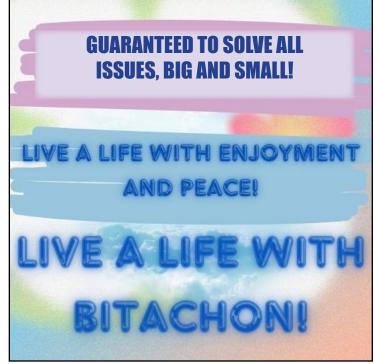
The Solomon children were arguing about how a certain line on a certain tape went. The Solomon girl said, "I'm going to call

the kids ho-



tline, and I'm going to have Bitachon that they will be playing this story!"

She called, and not only were they playing that story, but they were up to the exact line that they



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were arguing about! Baruch Hashem, they were able to figure out that complicated line!

"V'divrei nifliosecha asicha!"

Hashem Sends Cake for Shabbos

Mrs. Weiss from Eretz Yisrael was looking forward all week to her anniversary that was going to come out on Motzei Shabbos. She was preparing all week

for it.

On Erev Shabbos, she realized

that she had not prepared any special dessert for Shabbos! It was bothering her.

Mrs. Weiss is a Morah. One of the parents brought her a delicious cake out of the blue! It was the perfect dessert for Shabbos. Hashem sent her exactly what she needed!

"Vikorosa l'Shabbos -oneg!"

Bitachon Baby

.....

The Grosses from Detroit, MI, were in the hospital over Shabbos, waiting to have a baby. It was taking a long time! On Motzei Shabbos, they called a Life with Bitachon and left a message for Rabbi Golombeck asking him what to do. It was getting very difficult for them.

Rabbi Golombeck called them back, and he told them, "I promise you, you're going to have a baby within the hour!"

They said that they could not wait that long! He said, "Fine. You'll have a baby within a half hour."

Again they said that they could not wait

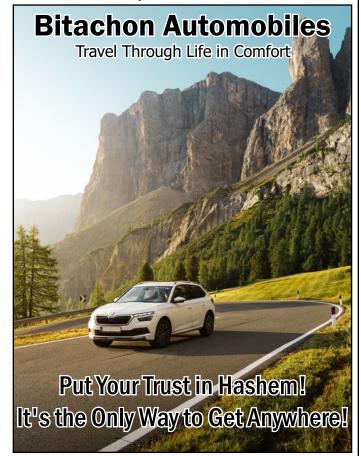
that long! Rabbi Golombeck told them, "You tell me when you want to have the baby." They said to him, "Within three minutes!"



Rabbi Golombeck said, "I'm going to picture that Hashem already gave you the yeshua and that the baby was already born!" Rabbi Gross said he would do the same thing. Within three minutes, the baby was born!

"Va'ani bchasdicha batachti yagel libi biyeshuasecha!"





LIVING WITH HASHEM By Rabbi Zevy Golombeck

Editor's note: Many of these stories are from Av-Tishrei.

MI K'AMCHA YISRAEL!

Yom Tov was approaching, and R' Leibowitz,* a kol-

lel man living in Eretz Yisrael, did not have funds to cover all his expenses.



He received a phone call from a

complete stranger who told him that he wanted to help him out for Yom Tov and gave him thousands of dollars!

BITACHON BILL

I had a bill to pay. I learn the sefer Chovos Halevavos, Shaar Habitachon every day for five minutes. I got a phone call while I was learning, and



the caller left me a message. It was a yid from Los Angeles who said that he was flying to the Tri- State area and would like to pay a bill for me.

He came to my house and paid my bill!

RECYCLED READING

R' Shmiel Horowitz,* a chassidishe yid from Monsey, N.Y., came to visit me together with his son.

While we were shmoozing, I explained to him how the "Spring Hill Times" is changing the



world, and it's so important to get involved. He said, "Oh, can I see it?"

I said, "I wish you could see it, but I ran out of it, it gets chapped 1-2-3, there are no more left!"

As we were talking, Shloimy Warshavchik knocked on my door. He said, "Here's a bag of Spring Hill Times!" He collects Spring Hill Times that people are finished with and gives them to me so I can give them out to the next person. He came as we were speaking, and I was able to give R' Horowitz a copy of the Spring Hill Times!

HOTLINE HASHGACHA

R' Horowitz,* a chassidishe yid, was introduced to the bitachon hotline

by his sister. He listened a few times, but he likes chassidishe Torah, so the hotline



wasn't really talking to him.

Then his sister told him to listen to one particular yesod, and he appreciated the yesod, so he decided to try again. After a week, he said, "I don't hear any chassidishe sources, I don't hear any chassidishe Rebbe on it, I'm giving it one more day and that's it."

That day, there was a yesod called in that was from a chassidishe Rebbe! Since then, R' Horowitz has been listening to the hotline for two years straight!

MOOD MAGIC

R' Shmuel Cohen* from Montreal told R' Golombeck that naturally he had a difficult personality, and people con-

sidered him "moody". He listened to the "A Life of Bitachon" hotline and his personality changed!



People around him have told him that he is not "moody" anymore! He now spreads the word about the hotline to others!

A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
- 2 Today's STORY of Bitachon
- 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
- 4 This week's connection of Bitachon to the PARSHAH
- 5 QUOTE from Sefer "Bitachon Weekly"
- 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
- 7 Today's STORY how Bitachon helped someone through a Nisayon
- 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
- 9 RECORD your Questions, Stories & Comments
- * Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

SYSTEM INSTRUCTIONS 15 sec. back Pause forward 1 min. back Raise 1 min volume forward 3 min. back Lower 3 min volume forward Bookmark Bookmark Continue

Eretz Yisroel	079-704-0068
Lakewood	732-719-3898
Monsey	845-470-5577
Five Boroughs	929-470-5577
England	03-303-502-368
Australia	(3) 99-997-300
Canada	647-498-7700

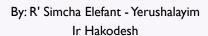
A Life with Bitachon in Yiddish Eretz Yisrael: 072-370-1912 USA: 845 -262-5115 UK: 0330-325-1260 Thank You Hashem for Cell Phones! We can stay in touch when far away so conveniently!



Thank You Hashem for Dryers! We can dry our clothes so quickly and effortlessly!



Thank You's



L'zechus that people should feel loved by Hashem!

Thank You Hashem for pre made Furniture! We can get things ready made, we don't have to design everything ourselves!



Thank You Hashem for Hinges! Our doors/cabinets open so easily and smoothly!



Thank You Hashem for Combination Locks! We don't have to carry keys on us just put in the code and were in!





There wasn't much to dream about... All you had were some worn out shmattas...



d

KIDS ARE DREAMING ABOUT DRESSING UP FOR PURIM?



Every day they dream of a different costume. You can be anything you want to be! A tomato, a chandelier, a salad bowl, a rocking chair, a helicopter, Rubic's cube, a snowman, a mustard bottle and what not?! Life is packed with fun!

Thank You, Hashem! We love You, Hashem!

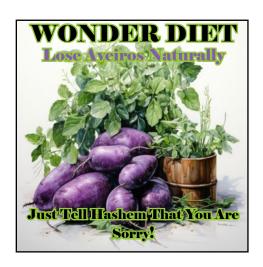














Patient

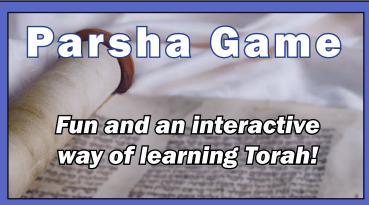
I hear all the time how kavod is worth nothing and how terrible it is to run after kavod.

But deep down I love kavod and it means a lot to me.

I feel so guilty! Please help!

I'm prescribing 4 medications for you:

- 1. Every human being needs to feel respected, valued and important by the people around him! It's the worst aveira to degrade and make another Yid feel worthless. It's just as bad to do that to yourself! It's very likely the desire that you have is not for unhealthy honor ("I'm better than you") rather the simple respect that you need and deserve!
- 2. Everyone single human being was born with the desire for kavod! You didn't bring onto yourself! Hashem is the One Who gave you that desire. There is no reason why you should feel guilty for something Hashem did! Stop knocking yourself! That's a lot more poisonousness and harmful than kavod!
- 3. Hashem wants you to focus on Him. Realize how much you are important to Him. Look how much He is thinking about you and doing for you. That is the real true kavod!
- 4. Turn it into a business! Every time you feel good about yourself, every time someone gives you a compliment, thank Hashem for it and shift the focus from people onto Hashem.



PARASHAS VAYAKHEL

Q: Where in this week's Parashah do we find a connection with the pictures below?

ANSWERS ON PAGE 41





Parsha Delight Question of the Week

פרשת ויקהל תשפ"ד (5784)

We know that the reason why the Torah repeats the איסור מלאכה of the Parsha is in order to indicate that one may not perform work on Shabbos even to construct the Mishkan. But the Rambam states that the purpose of the Mishkan was in order to bring Korbanos. But the rules of Shabbos were suspended to bring Korbanos, so why indeed was the construction of the Mishkan, which enabled the Korbanos to be brought, not allowed on Shabbos?

Please email your answer(s) to parashadelight@shiurenjoyment.com and enter to win a \$5 Raffle



Contact Jake with any questions at maggidshiur@shiurenjoyment.com or (917) 626-8306

LOVE TORAH LIVE TORAH LEARN TORAH

CHAISHEK HATORAH

Riddle #79 Vyakhel-Shekalim

In the city of Yerushalayim, on the day of Shushan Purim, you would see activity with Shkalim. Money changers would sit on this date, with the current exchange rate, so all could attain the half coins without being late! Rosh Chodesh Nissan was in sight, these coins would enable the new Karbanos to be just right! Do you know how?

To hear the answer to the question, press x14 #79 on the Chaishek HaTorah Line 845-720-4040

You can hear stories from the Spring Hill Times being read on the Cheishek HaTorah Hotline. 845-720-4040 Ext 6 Updated every Motzaei Shabbos!

Ayin Tova

Seeing the good in every situation



CASE OF THE WEEK:

Sixteen-year-old Rochel was beginning to realize something was amiss regarding her relationship with her best friend Dina.

They had always spent every recess and lunch break together and did lots of stuff together after school. Additionally, they spoke for hours on the phone each night.

Recently, though, that all changed. It

seemed that Dina was almost avoiding her and was cold to her when she breached the subject.

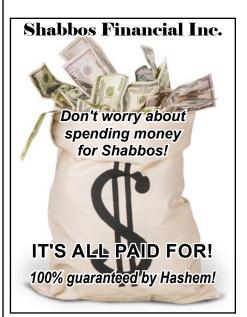


Rochel Help have ayin tova for Dina and for her situa-

R' Nesanel Landesman

You can send your suggestions for the AYIN TOVA CASE to: ayintovanewsletter@gmail.com

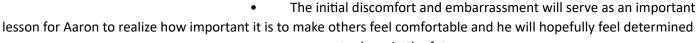
Or call [Israeli daytime hours only]: USA: 831-244-6019 Eretz Yisrael: 052-760-5409





Suggestions for the case of Aaron who has an important meeting and his pen leaks in his shirt pocket a minute before it began:

- This could be a good ice breaker with the client. This accident can make Aaron more personable to the client.
- This situation could provide a funny story and a lighter, friendlier atmosphere for his meeting.
- At least he realized before the meeting so he can figure out what to do.



to do so in the future.



- This could be an opportunity for Aaron to work on his self-confidence, and he will likely come out a stronger person!
- Aaron could focus on the fact that Hashem is sending him the message that his hishtadlus is not what will determine if he makes the deal or not, but rather only if Hashem wills it.
- Perhaps the fact that Aaron could walk into the meeting and feel confident will make a big impression on the client.

SJXTY SECONDS OF JNSPJRATJON

With Rabbi Label Lam - Monsey, New York

When the Kotzker Rebbe was yet a young, precocious boy, his Rebbe asked him, "Where can HaShem be found?" So

the young Menachem Mendel answered him, "Rebbe, where can't He be found?



You are invited

Hashem is everywhere!" and the Rebbe said, "No."

He asked again, "where can HaShem be found?" And the young boy was confounded, so his Rebbe told him, "Wherever He's invited to enter."

When Klal Yisroel was told, "Ve'osu- Li Mikdosh- veSho-

chanti besochom, Make for Me a Mikdash, a Mishkan, and I will come dwell in your

midst," they were given specific instructions on how to invite HaShem.

Shabbos is a Mishkan in time. And just as HaShem rested

His Shechina in the Mishkan, HaShem comes to join us for Shabbos. Ve'osu Li -Mikdash—make for Me a Mikdash"—carve out for Me a special time, "VeShochanti besocham, and I will be there with you." Good Shabbos!



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Let the Bracha Flow!



Birchas HaMazon with a Geshmak Inc.

On behalf of all its readers, the Spring Hill Times says to all of our dedicated volunteers who take off from their busy schedule to help with: typing, editing, proofreading, printing, distributing and writing articles, a big:



It's your steady dedication that helps make sure this beautiful paper comes out each and every week!

You are giving Hashem so much pleasure!
You are making the lives of tens of thousands of people better!
You are inspiring generations to come!
You are helping Klal Yisrael enter into the wonderful era of Mashiach!

The Zechus is mindboggling and the reward is beyond imagination!

May Hashem shower you and your families much Bracha, Hatzlacha, Health, Nachas, Simcha!

With Much Appreciation!
The Spring Hill Times

Purim is considered as one of the happiest days in our calendar. The hap-



piness of this day is so strong that it is infused into the entire month. As our Rabbis teach, 'when Adar enters, we increase our happiness'. Don't we have

many happy moadim? We celebrate, Sukkos, Shavuos, Pesach etc.

What is unique about Purim that we need to begin increasing our happiness from the beginning of the month? Furthermore, how exactly are we supposed to increase our happiness?

Rav Dessler explains like this. During the Purim miracle, klal Yisrael reached a very high level of love for Hashem due to their gratitude for their tremendous salvation. This led to a great outpouring of happiness that resulted in them reaccepting the Torah out of complete love, as our Rabbis teach. So the outpouring of happiness that we experience during Purim results from our gratitude and love for the phenomenal salvation. However, this needs work. We can't just attain these feelings right away. Therefore, from the beginning of the month already we are supposed to contemplate and appreciate the amazing miracles that klal Yisrael experienced. It is a great time to study the Megillah contemplating the extent of our salvation. The more appreciation we have, the happier we will feel. This is why specifically in Adar we increase in happiness, since we need to start appreciating and thanking Hashem for the miracles that occurred at this time.

Although the miracles of Purim happened such a long ago, they are the only reason why we are here today. Klal Yisrael were under a serious threat of being annihilated, and if not for the extraordinary salvation that happened, we wouldn't be here today. Everything we have is because of the Purim miracle and it is essential we use Adar as a time of appreciating this salvation.

The Sfas Emes notes that an allusion to this idea is when we

- Were it not for Klal Yisrael's songs and praises to Hashem, the world would not have been created! (Midrash Osiyos DeRabbi Akiva 1)
- Through song and praises to Hashem we can open the gates of Heaven. When these gates are open, we can request whatever we need. (Tiferes Shlomo, Ki Sisa)
- When we thank Hashem for all the good that we receive, it is considered as if we brought a korban todah. Consequently, we and the entire world will receive more kindnesses.
- (Shomer Emunim, Maamar Hashgacha Pratis 23)
- Rabbi Yehoshua Ben Levi said, anyone who sings praises to Hashem in this world will merit to sing praises to Him in the world to come. (Sanhedrin 91b)



recite תשועתם היית לנצח, 'You have been their eternal salvation', after the Megillah reading. We are exclaiming that the salvation was eternal. Since Haman wanted to destroy us, the miracle applies to all generations. The entire existence of the Jewish people is solely because of this salvation!

Rav Avigdor Miller notes that Adar is also a great opportunity to appreciate all the incredible miracles that we are fortunate to witness on a daily basis. We

constantly experience miracles and are being showered with such priceless gifts. First of all, we are alive! Each second, we are fortunate to breathe. This is such a great gift that Chazal teach that really we should be praising Hashem for each breath! Furthermore, we are able to walk, talk, see, hear, we have friends and family, technology that makes our lives easier; the list goes on and on. One practical suggestion is to write down some things we are grateful for, each day. Using Adar as a time to appreciate these gifts, helps fuel this month with happiness, ensuring we have an especially joyful Purim. Moreover, appreciating our great blessings will help improve our happiness in general, as we see this in the following story:

Reuven was known as being one of the most upbeat and joyous people. He always wore a warm smile and was just ever so positive with the praises of Hashem constantly on his lips. He was once asked for his secret how he developed such a positive outlook. He explained that he wasn't always like this. In fact, most of his life he was a person who was very negative, always complaining. He was once told by a Rabbi that he had a four word formula that could completely change his outlook, making him a live a happier life. 'Four words!' he said in disbelief. 'Yes only four words. You just have to make sure you internalize these words and try and think of them whenever you can'. The Rabbi than told him a verse in Tehilllim, חסד קל כל היום 'the kindness of Hashem is all day long'. These words became on his lips none stop, reminding him to focus on Hashem's constant blessings. This changed his life forever, helping him become an extremely happy and positive person! (Adapted from Growth through Tehillim, Rabbi Zelig Pliskin)

Lets thank Hashem for: Colors. The world would be quite boring if everything would just be in black and white without colors. Hashem created so many different beautiful shades, adding tremendously to His stunning world.

This is an excerpt from the weekly Living Appreciation newsletter, for feedback, to subscribe or to obtain our two minute a day inspiring gratitude journal please contact us at livingappreciation@gmail.com



והנשאים

The נשאים lost a yud in their name since they felt somewhat superior to בלל ישראל and decided to contribute to the משכן only when everyone else had completed their contributions (RSRH (עיין)). Notice how the bottom of the משכן was composed of אדנים those are the real leaders (אדון) who don't mind being on the ground just to hold up the

Part II

בבוד was the #1 בבוד person and if you are מלך to a חוצפדיק then you are מע"ל. Yet, he seemed to love מע"ל and בזיונות says that nobody was מבזה himself for וike Tit. Notice how in his very first appearance in public he got tremendous בבוד from the women who kept

saying that, "שאול kills 1000s of enemies and 10 דוד of 1000s."

Part III

What they said caused שאול to become his arch enemy and he suffered without end from שאול. So הקב"ה showed דוד right from the start how getting בבוד can bury a person (and actually be life threatening). He fi-

nally had to flee אביש and go to אביש ארי which is the enemy country (פלשתים).

Part IV

Surprisingly אביש liked דוד and wanted him to join him in מלחמה but his שרים told him – "Isn't this דוד of whom they sing with drums הבה "?שאול- באלפיו ודוד ברבבותיו

Part V

Notice how דוד could have been saved by אביש but the memory of the בוד that he received a long time ago hurt him all over again and his life was again in danger. Look at the הקב"ה how השגחה פרטית shows לבבוד how much you suffer from דוד how much you suffer from רודף בבוד ושלא in order to שטייג then its' a total

different picture and it's a מצוה).

Part VI

This same story repeated itself twice. דוד had once before also fled to אביש מלך גת and אביש 's servants wanted to kill him since they remembered "דוד". It doesn't say that they remembered his killing their giant hero דוד Only the בבוד that דוד that בוד was showing דוד what בסיד that בסיד was showing דוד what בסיד can do!

Part VII

And what saved TIT? He acted like a משוגענע. He scribbled on the doors of the gateway and let his saliva drip in his beard. אביש had a wife and two daughters who were insane and they used to circulate through his palace shouting and wailing. So his palace shouting and wailing. So find a call a nor all have enough משוגעים in my life! It is striking that acting משוגע saved דבוד's life. (Just like בבוד destroyed him!)

Part VIII

מדרש שוחר טוב says that תכלית what הקב"ה what הקב"ה what הקב"ה there is to have הקב"ה and add him that one day he will have a big תועלת for acting משוגע Even being meshuga can be a מעלה Not only was בזיונות by הקב"ה that בזיונות can be a big מעלה

Part IX

And the famous story where דוד danced before the ארון ק' and it was inappropriate to his wife מיבל and דוד was upset with her criticism and she lost her abilitv to have children from him because of this! עיין מלבי"ם how a true מכובד gives himself בבוד and isn't תלוי in people - he's busy





giving בבוד שמים. This is true מלבות. Independence like oil (משיחה) is a higher independent liquid.

Part X

R' C.M. Wainkrantz ז"ל said that ושתי lost her life and if she would have consented to the בזיונות that would give her it would have saved her life. Look how המן builds a עץ to hang מרדכי because of the מרדכי that מרדכי that בזיונות gave him by not bowing down — this love for בבוד and hate for המן soon hang bang no.

Part XI

And how אסתר ומרדכי didn't

care about בבו and gave away their בבוד to save בלל ישראל – and look how great they became. Bizyonos is the most underrated "מת מצוה" that isn't appreciated and it can give a person true greatness!

כל איש- ואשה אשר- נדב לבם – הביאו בנ"י נדבה לד'

> עה"ת ש"ך asks about פסוק this since the תורה alsaid ready that the בנ"י already brought everything. He answers that there were many בנ"י who

The

couldn't bring, but they wished that they could and בוחן כליות is בוחן כליות and considers it as if they brought. Here we have an open פסוק in the הורה that says that something happened but it didn't really happen.

Part II

We see the power of all our good רצונות to improve ourselves – to שטייג and to stop sinning. They aren't just whims – they are so real as if they actually happened and the holy תורה about this happening! So respect your good intentions – they are real and alive – not just באילו but ששאו ממש but עשאו

Part III

רמב"ם מעשה Ct ובדיב- לבו. The קרבנות יד – יב says that your heart and קרבנות יד – יב says that your heart and חייב להביא we see the power of good thoughts again – that you can be חייב if you just decided in your heart to bring and without any spoken word whatsoever. How important is positive thinking like וממש and being דן לבף זכות They are מלאכים and bring only good to the world! Many times I've seen people and situations improve when I appreciated my positive thoughts.



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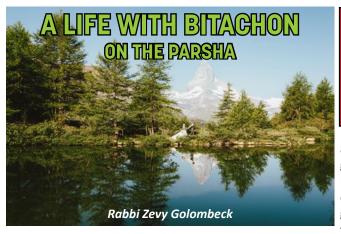
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Parshas Shekalim

This week is Parshas Shekalim, where we read about the Mitzva of Machatzis Hashekel, to give a half a Shekel towards the building of the Mishkan. It says אל ירבה- והדל לא העשיר לא- ירבה- והדל לא. The poorest person is not

allowed to give any less, and the richest billionaire is not allowed to give any more than half a Shekel. The Meforshim are bothered; it can be understood that a poor person only needs to give a minimum to do the Mitzva properly, but why should the rich person not be able to give any more? Why can't he give more money towards this momentous Mitzva? What is the message and lesson that we are supposed

to learn out of all this?

sees a rich and a poor person standing together, it's possible he'll give more respect to the rich person. People envy him. They think that the more money, the more power, service, respect, quality of life, and conveniences he'll receive. The list goes on and on. Comes the Mitzva of Machtzis Hashekel and teaches us not to give more

The Meforshim explain that the Yesoid of Machtzis Hashekel is to teach us how to view a rich and poor person. When a person

he'll receive. The list goes on and on. Comes the Mitzva of Machtzis Hashekel and teaches us not to give more respect to the millionaire than the pauper. The rich man and poor man are both on the same level when it comes this mitzva. Money equals nothing. It doesn't do anything for a person! Not power, rights, conveniences or quality of life. The only thing that equals anything is our loving, caring, Father. The more Emuna and Bitachon you have in Hashem, that is what brings into your life more respect, true honor, conveniences, success and opportunities. Money doesn't play a role in results and accomplishments whatsoever! It adds up to nothing and more



nothing. What adds up is trust in Hashem. When a person realizes that Hashem is in charge of every aspect of his life, he will reach the highest levels of success. A person without a penny, if Hakadoish Baruch Hu wants him to accomplish, he can do everything. And a rich person that Hakadoish Baruch Hu does not want him to accomplish, will not accomplish one iota. So the more we trust in Hashem, the Kol Yachol, the more amazing things we can do.

A Yungerman from Kiryat Sefer had a surgery scheduled for his child in Be'er Sheva on the first day of Chanuka. He could not afford a taxi, so he was trying to figure out how he would get there. Public transportation was also a big problem, as there is no direct route and it would take three buses to get there. He would be on the road a whole day, and it simply wasn't practical. He was Mechazeik himself that Hakadoish Boruch Hu is the one Who takes him places, and not money. He is the Kol Yachol.

Shortly before Chanuka he was notified that the Public Transportation was scheduling a direct bus route from Kiryat Sefer to Be'er Sheva exclusively for Chanuka! He was amazed. As he was waiting for the bus, the clock was ticking and the bus hadn't showed up yet. He realized that it was getting really late, and he was going to miss the time slot for his son's surgery, as the bus route is very long with many stops in cities along the way.

Again he was Michazeik himself, thinking how the whole bus route was a Neis to begin with, and everything would for sure work out. Finally the bus came and he realized that he was the only one on the bus. The bus went through a whole Kiryat Sefer and no one else came on! The driver turned to him and said, "I see that no one else came on, so I can take you straight to your destination. Where do you need to go?"

With that, the driver took him straight to the hospital, with direct door to door service! He got to the hospital more than on time! Hashem showed him that you don't need money for VIP service. All you need is your loving caring Father, the Ribono Shel Oilam!

Internalizing the message:

- Do I have an assumption that the more money I would have, the more I am can do, and since I don't have that, I have to act like a second-class citizen?
- What can I do to work on feeling like Hashem is in charge of all the things that we 'think' money can bring, and I can achieve everything by putting my trust by in the one that really has all the pull and power in the world?
 - Am I intimidated by rich people, just because of their money?
 - Do I look down at poor people just because of their lack of wealth, when I should actually be focusing on their Ma'alos?

Taken from A Life with Bitachon, Yesoid #1,188

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N.Y.C. Sanitation Department

Boruch Hashem for the cleanliness, and sanitary conditions that we live in! Let's start with the gevaldige sewer system, that we B"H have, to clear out, dispose, and get rid of all the waste that we wouldn't want staying, or lying around in our homes for any length of time. We can B"H flush it out easily, with a gallon of water. With just a twist



of a handle, we can send it all flowing down those wide sewer pipes out of our houses down under the ground, into the humongous sewer network, stretching hundreds of miles, under the streets of the entire city! This system is so tall and wide, as large as a crawlway/walkway! After being treated, it all gets dumped and poured into the deep ocean water. It gets mixed into thousands of miles, and millions of gallons of salty oceanic waters.

Boruch Hashem, for the easy riddance of all the lots of loads of unwanted refuse. Our homes are B"H clean. They smell fresh and are hygienic. Ah Mechaya!

Let's move on to the garbage disposal system, that we B"H have! I don't have the full data to know the accurate and exact amount in digits and numbers, to count and account, the many tons of waste, these trucks pick up each day, on their various designated pick-up routes. There must be an enormous, amount of pounds in all those piles of garbage that get squeezed, squashed, crushed and compacted into the bowels of the strong, steel garbage trucks. There are B"H a very large fleet of



those city owned and operated, white sanitation trucks!

"Garbage pickup day" is a happy day for many people. There is a sense of "good riddance" to all that unwanted stuff that one puts out for the sanitation men to pick up and haul away! People enjoy hearing the distinct sounds of the whining air brakes, along with the quiet growls of the strong engines these trucks have. Combine to



that those interesting hydraulic motor sounds powering the powerful compactor machines, with which these trucks are equipped. They all operate together in unison, and sing a symphonic tune of happiness to Hashem, as they get the city rid of all it's unwanted, and unhealthy "shmutz"!

When people move in or out of an apartment, the appreciation for the arrival of the garbage trucks, are much greater. People then get rid of lots of things they had been saving, and holding on to, "just in case" they'll somehow, someday need. They had hoped that it'll actually one day come to good use.

The moving out from one residence to the next forces many to finally, in a decisive manner, make decisions about what to take along, and what to dump.

The result is mounds of disposed goods, which are sometimes 5-6 feet high! Old lamps, and paintings, half broken unneeded furniture, torn couches and recliners, non-usable mattresses, together with non-operating machines and appliances. Then come games with missing pieces, "painting clothes", broken tools, pots, extra screws and various metal pieces, non-fixable electronics, pieces of door knobs, drawer tracks etc.

Whew! Thank You, Hashem, for those burly muscular men, and big trucks, that whisk it all away, and in no time it's all gone. CLEAN!

Then, following on its heels, comes the aftereffect of the redoing of the apartment. The other type of garbage, heralding the arrival of a new neighboring family to their freshly redone residence. Huge amounts of ripped out old cabinets, rolls upon rolls of old carpet and their underneath padding. Wood shavings, from the

scraping of the parquet floor, old linoleum flooring, smashed tiles, etc. B"H! IT ALL GETS CARTED AWAY!

I have a neighbor who is a great talmid chochom. He has already taught his early morning Daf Hayoimi Shiur, for a few machzorim-cycles! He related this "one-liner" that his mother a"h would often say, when she noticed a large amount of garbage being discarded, and disposed. It went as follows: "B"H! asach mist, meint az es iz du gezinte mentchen" "B"H, A lot of garbage, means that there are healthy people"! What a positive line, of thought!

Those interesting looking sweeper trucks, are a great street, and curbside cleaning apparatus. They B"H keep the streets clean, "rein" and geshmack!

Let's never forget to thank Hashem for



cleanliness that He provides us through the work of the city's garbage collection system!

Don't forget to also thank Hashem for the amazing cleaning system that He equipped us with. It rids our bodies of all our extra waste, shmutz , plus cleaning out, all sorts of toxins, and bacteria, 24/7! PIL'EI P'LUIM! Roifei Chol Basar U'Mafli Laasois!

Last but not at all least, lets thank Hashem, for cleaning our Neshamois, from all the unwanted grime.

Ma Mikvah M'taheir Es Hatemai'im af Hakadoish Baruch Hu M'taheir Es Yisroel!!



We are in the month of Adar and we are entering the next Adar. We are going from one Simcha to the next. Chazal tell



us "Mishenichnas Adar marbim b'simacha". We are told that when Adar arrives we should increase our joy.

However, Chazal did not tell us what to do and some people may be wondering what to do to increase our joy at this time?

How can we be mechazek our simcha? So let's get started.

I would like to present four different suggestions (that can be connected to each other) how to increase our joy in this joyous month.

1. Praising Hashem - As we mentioned many times, Hashem is and has been showering us with so much chessed. This includes both with physical pleasure and spiritual pleasure.

Recently, there was a Toras Avigdor (Parshas Mishpatim that's worthwhile to get a hold of it as it's breathtaking) that gives a crash course on being joyful with all the gifts that Hashem bestows upon us. The idea is to focus on all the good and praising Hashem non stop. When we do this, it will definitely increase our simcha tenfolds.

2. Ahava - This is connected to the previous one. What we are adding is, that when we walk around thinking about how much Hashem loves us, and we realize how much Hashem does for us, then we will realize that Hashem loves us immensely.

We will understand and feel that yes, we are Hashem's children and therefore we have a deep love for Hashem. All children love their parents, whether they are cognizantly aware of it or not. It's a fact.

This includes all of our brothers of Klal Yisroel as well. After all we are brothers, because we share One father, and that's Hashem. Brothers also have a deep love for each other, and it's the same with Klal Yisroel.

As the saying goes "where there is love there is joy". Therefore when we start loving Hashem and our fellow Yidden this will increase our joy endlessly.

3. Emuna and Bitachon - I once heard a nice Mashal that brings out the discrepancy between Emuna and Bitachon.

When you are in an amusement park and you see a wild roller coaster that keeps doing upside down loops at top speed, you would make the following speculation. "If someone put millions of dollars into such a ride he obviously put all his resourc-

es and wisdom to ensure the safety of the roller coaster." In other words you believe in the manufacturer. This is Emuna.

However, when you get onto the roller coaster and the car plunges ahead with tremendous speed, and you still feel safe



and secure then this calls for the concept called Bitachon.

There is a story told with Rav Mordechai Pogromansky zt"l. He was traveling on a train through Russia on a long journey. He settled down in a seat next to a businessman.

They started conversing in learning, and they were so engrossed that they missed the stop that they were supposed to get off at. They immediately disembarked and they waited for the next train to return to their location.

As they were waiting for the train the businessman was getting more and more irritated from the fact that he was off schedule. However, he noticed that the Rav looked calm and tranquil.

He approached the Rav and asked him why he was so full of nerves and irritation while the Rav was so calm and tranguil.

The Rav responded that we believe that "a Yid doesn't get



lost". Hashem's guiding hand is always guiding us to where we need to go. We need to do our hishtadlus, but ultimately it's all in the hands of Hashem.

We are like a child in his mothers arms that are traveling a great distance. Whenever you ask the child where are you? His consistent answer is in my mothers arms, no matter how far they traveled. It's the same with us.

There is a story told that the Bal Hatanya was on his way to Shul, and was confronted by a soldier "where are you going"? To which the Rebbe responded "I don't know."

Furious with the answer the soldier grabbed the Rebbe and brought him to jail. He was brought in front of the judge who demanded an explanation for his impudent answer.

The Rebbe calmly responded that he was saying the truth, because ultimately no one knows there true destination. The proof to this said the Rebbe with a smile is right in front of us.



I left my house to study, and I landed here in court. Seeing the Rebbe's wisdom and insight they let him off.

When one has Emuna and Bitachon he feels safe and secure like a child in his mothers arms (as it says in Tehillim), even if life take an upside down loop, because we realize that Hashem is navigating the way for us. This will bring us an unlimited amount of simcha as well, because we feel loved and protected.

4. Yearning for Geula - During the month of Adar Hashem did a tremendous Geula for Klal Yisroel which brought about unbelievable joy. The Megilla testifies "Layehudim hoisa oira vesimcha visason vikor", and we can attain this simcha during this time

Chazal teach us that at this time there is a great light which joy is accessible. Ultimately this led to the ultimate Geula with the

second Bais Hamikdash. The Bais Hamikdash is the true source of joy in the world as it says "mesos kal haaretz".

Perhaps we can suggest that this joy was a prerequisite for the second Bais hamikdash. It's joy that we need to build the Bais hamikdash.

When a Chassan and Kallah get married there is a tremendous emphasis on bring joy to the Chassan and Kallah, and now we can get a better understanding.

We know that a marriage is considered a "mikdash m'at". Therefore, they will need as much joy as possible to build their Mikdash. So we pump them with Simcha.

Therefore, at this time we can attain once again a Geula with all the splendor at this time. With these thoughts of anticipation for the Geula, and with the reality that the chances of Moshiach coming now is very high, this should bring us a great excitement and joy.

As we explained the passuk previously "Yagel libi b'yeshuoso". We are joyful with the fact that the Geula can come any minute, and especially during this month. Since we are full of joy so it's an ideal time for the Bais Hamikdash to come.

I would like to conclude with a bracha to our readers that we should all dance our way through Adar. We should also dance our way to greet Moshiach Tzidkeinu with hearts overflowing with praise, love for Hashem and His children, and with Bitachon. The we will make our way to the Bais Hamikdash which is the wellspring of Simcha (mesos kal Haaretz) to bring out our love and praise higher and higher Amen.

The Spring Hill Times Fire Dept.



REMEMBER:

Practicing Safety Saves Lives!

Important Safety Tips How to Prevent Fires.

- 1. Flee, as far and as fast as you can, from a fight.
- 2. Maintain a safe distance from fights a minimum of 1000 miles.
- 3. Drown yourself in all the good Hashem gives you and be as uninterested as possible in anything else.
- 4. Someone said something hurtful? DON'T be hurtful back. It's extremely flammable!
- 5. Laugh it off (inside).





EIGHT-YEAR-OLD SURI OVER-HEARD her parents talking between themselves about her seven-year-old brother just being diagnosed with a brain tumor, r'l, and the cost of the recommended surgery being way beyond their budget. "The only way that we can have him healed," said her father, "is with a miracle. We simply don't have the means

for such an expensive surgery."

Hearing that her brother needed medical help, she immediately headed to the pharmacy. She hadn't clarified the situation exactly, but she'd heard the urgency in her father's voice and went to take action. The pharmacist noticed her, but was speaking with a costumer and didn't immediately acknowledge her or assist



her. Impatiently, she started banging on the counter to catch the pharmacist's attention.

The pharmacist thus interrupted his conversation and turned to her. "Can I help you?"

"I desperately need to buy a miracle!" she asked. "Can you sell me one?"

"Sorry, dear; we don't sell miracles!" replied the pharmacist.

"I have money, I'm not here as a joke!"

She started pulling out the money she took from her "piggybank," which totaled to \$1.11. She was willing to give all of it to buy the miracle.

Overhearing the conversation, the costumer who'd been talking with the pharmacist said to her, "I sell miracles! Where

do you live?"

"I live around the corner."

The individual headed over to her home with her and inquired of her parents what exactly was the needed "miracle".

Her father told him about the boy's diagnosis and the difficulties facing them. The guest told the father that for such a diagnosis, there happen to be very few surgeons in the world who can perform such a surgery. A tense quiet filled the air until he continued and said, "I happen to be one of those few neurosurgeons who can perform it!"

Seeing this family's dire situation, the doctor comforted them by agreeing to perform the surgery, free of charge. Understandably, the family was very joyful and went ahead with it. B"H, the surgery was successful, and their son returned to full health.

There are many lessons to be learned from this story. Among them are the great care Hashem gave them. They had no one to turn to, and Hashem, as always, came to help.

But there's an entirely different lesson that can be brought out. When one does what's in his capacity to do, Hashem does the rest. This girl couldn't do more than that. She did her very best by going to the pharmacy to get a "miracle," and that's what she got. After she did hers, the second part Hashem took care of.

THE FLY MIRACLE

One of the special people who supported the Branovitch Yeshiva was a man called R' Cheikel. Besides assisting them with their needs, every morning, he would go to the local bakeries to get bread for the hungry yeshiva boys. As he approached the bakers, he sang for them while requesting their generous donations. When he had a substantial amount

of bread, he'd return home with the collected bread, as his house doubled as the yeshiva's dining room, and the boys would eat their breakfast.

After that was done, he'd then turn to the butchers and ask them for any leftover meat to sustain the yeshiva boys for their supper meal. For a long time, his efforts successfully kept the boys well nourished.

R' Elchonon Wasserman had a great admiration for R' Cheikel and for his dedication. One day, R' Elchonon called him over and asked him if he had any request that he could fulfill in return for what he does on behalf of the yeshiva.

R' Cheikel responded that he never intended that the Rosh Yeshiva would grant him something in return for his work. But, if he was offering, he had one request: "Once a week, I ask that your



shiur be given to the bachurim in my house. I may not understand what you'll be learning, but at least there should be learning in my home."

This wasn't so bizarre, since his home already served as the dining room for the older boys. Out of his hakaras ha'tov, R' Elchonon approved his request and set up his weekly shiur in his home. R' Cheikel diligently listened to R' Elchonon's shiur, though he didn't understand any of it.

It was known

Continued on next page



throughout Branovitch that no bug could be found in R' Cheikel's dining room. Though there were plenty of flies swarming around the adjacent rooms, they stood immobile at the entrance to his dining room. Many people from the town came to observe this miracle, amazed at how the flies didn't enter, despite the great amount of food that sat around.

When R' Elchonon was asked to explain what was happening in the home of R' Cheikel, all he said was that he hoped that in the Next World, they'll give him an opportunity to gaze at the portion awaiting R' Cheikel.

One time, R' Bornstein was analyzing the scene. Looking on with him was Mr. Dreazen, a well-known apikores who sought to disprove Yiddishkeit. This Yid didn't even come to shul on Yom Kippur, and here he was, trying to disprove the open miracle.

Mr. Dreazen told R' Bornstein that the flies not entering R' Cheikel's dining room wasn't proof of anything. "Look



here," he said, and he took several flies in his hand to try and bring them into the dining room. Yet, despite his brazenness, the flies miraculously wouldn't go in. With all his force, he was unable to get them to go in. Several times he tried to disprove the miracle, but to no avail. The flies just wouldn't go into the yeshiva's dining room.

A few days passed, and the news hit the yeshiva that Mr. Dreazen had returned to Yiddishkeit and was now becoming observant. Mr. Dreazen explained that when he saw what Hashem was doing for R' Chaikel despite his limited knowledge in learning, he understood that great power lies in learning. And although he wasn't the greatest talmid chacham, nevertheless, he was doing the best with whatever capacity Hashem had given him. That gave him the courage to start a fresh commitment to serving Hashem. (Simchah Babyis, p. 700)

"I HAVE SEVEN SHEKEL AND EIGHTY AGOROT!"

A young eightyear-old girl once went into an exclusive jewelry retailer seeking to buy something. Not used to such a young shopper, the proprietor



went over to "help" her young client find what she was looking for. "That watch," the young girl pointed to with confidence. "I brought money with me, if you'd like to know."

"Oh, great," the owner asked her. "How much do you have?"

"I have seven shekels and eighty agurot."

The owner didn't disclose how much the watch she wanted to buy actually cost, but instead asked her why she wanted to buy it. She responded that she wanted a gift for her older sister, who had been raising her and her five siblings singlehandedly after both their parents had passed away. "Today's her birthday," the girl said, "and from my hakaras ha'tov, I want to show

her our appreciation. I think she'd really like that watch."

Hearing this the owner said: "Oh, well then, I'll give it to you for seven shekels and eighty agurot." The girl happily took the watch home, excited to have something to present to her sister.

Several hours later, the sister came into the store to return the watch. "My sister came home with this from your shop. I don't know how she got it, but I'm sure she didn't pay for it."

"But she did!" the owner replied. Then she told the older sister how the young girl had explained why she came to "buy" the watch and why the owner had "sold" it to her for the reduced price.

This incident shows how, despite not having the means to obtain the article on her own, after doing her half, Hashem took care of the rest.

THE TRANSFORMED UNIT

Noam Ramati, a religious commander in the Israeli army, was on a mission in Gaza. One day, there had been tense fighting, and only several minutes before shekiah did he realize that he hadn't yet



put on tefillin. However, they were in a situation that didn't allow him to do so. The entire unit had to remain frozen in their position or else be in great danger; any movement would endanger his life, and the lives of **Continued on** his whole unit. **next page**

Although he was certainly patur from putting on tefillin, nevertheless it bothered him greatly. The rest of the unit, with many non-observant Yidden, saw his pain and anguish of missing a day without tefillin.

The next morning, the unit was lined up by his bedside, all requesting a chance to put on his tefillin. They'd seen his anguish over not being able to put them on, and they got an appreciation for it, and ever since then, they all put on tefillin every day.

This lesson teaches us what can come out from a sigh over a missed mitzvah. He hadn't been able to actually put on tefillin that day, but nevertheless, the benefit that came out from it was great! He did his very best and left the rest to Hashem, which bore impressive fruit.

THE RELIGIOUS DOCTOR

A religious doctor from Germany learned of the yeshivas in Lithuania and



the mesiras nefesh the boys there had for learning. In a sense, he envied their dedication and was intrigued by the whole idea of yeshiva.

He found a temporary replacement to fill in for him and took a "vacation." He visited all the main yeshivas — Slabodka, Mir, Grodno, Telz, Kamenetz, Kletzek, Ponovezh, and finally Radin.

After seeing them all, he was very sad and down. He approached the Chofetz Chaim and asked him: "What am I going

to get in the Next World? I'm not sitting and learning like these boys, so what am I going to merit in the World to Come?"

"Calm down," responded the Chofetz Chaim. "Kol Yisroel yesh lahem chelek l'Olam Haba – all Yidden have a portion in Olam Haba."

"True," responded the doctor. "But what type will I get? Until today, I thought that I was in for a sizeable portion, but now



I see that I'm far from perfection. I have been helping many people and attending shiurim in my community, trying my best, but now I see that I'm far from it."

The Chofetz Chaim replied with a powerful and fundamental principle. "It is possible that in the World to Come, we will be neighbors."

"Us?" thought the doctor. "The Chofetz Chaim isn't saying so as a joke. He must be serious!"

The Chofetz Chaim saw his astonishment and thus asked him: "Why does the Torah say that Gan Eden is situated in the center of the Garden? Why is it positioned so? Why can't it be on the side? Why is it particularly placed in the center?

"The reason for this," answered the Chofetz Chaim, "is because when you have a circle around a center point, everyone is equally distanced from the center. Everyone is equally capable of getting to the wanted and aspired destination from wherever he is.

"The same is true with Gan Eden," continued the Chofetz Chaim. "You were brought up in your situation, and look what you've done with it. You're a doctor who helps people, and so you are therefore in for the greatest Olam Haba.

"I was brought up in Vilna, where I saw R' Yisroel Salanter, who inspired me to write the sefarim on halachah and mussar that I have written.

"You, on the other hand, were brought up in Germany, where the accepted practice was to work and learn, so for your situation, you'll be granted with the greatest Olam Haba." R' Yankel Galinsky repeated this story and concluded: "Everyone will be granted the greatest Olam Haba through the 'toll' that was granted to him. By utilizing the abilities one is granted, one fulfills the purpose of being created and will have an enjoyable Olam Haba." (V'Higadta)



R' Moshe Hirschberg is the author of "Zichru Toras Moshe – Heartwarming Stories for the Shabbos Table." To receive the Weekly Zichru Toras Moshe please call 732 569 8111 or email: the.zichru.toras.moshe@gmail.com

Rabbi Aryeh Levin zt"l was known for the warmth and love he demonstrated toward Jewish prisoners who had been jailed by the British during the years before the State of Israel was founded. It was his practice to visit the inmates in the Russian Compound prison every

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By: Rabbi Shraga Freedman

Shabbos and speak to them compassionately and with

brotherly love. One Shabbos, a prisoner revealed that he had taken an oath never to smoke a cigarette again on Shabbos. "Rabbi," he said tearfully, "when you came over to greet me and patted my hand affectionately, I was



holding a lit cigarette behind my back in my other hand. At that moment, I wanted nothing more than to get rid of it. I always knew it was forbidden to smoke on Shabbos, but it didn't matter to me. But when you greeted me so kindly, I felt that it was impossible for me to violate the Shabbos" (A Tzaddik in Our Time).

In Parashas Kedoshim (19:17) the Torah presents two mitzvos in close conjunction that seem, at first glance, to have little connection with each other. Upon closer examination, however, we will see that these two mitzvos are greatly intertwined. The first is "Hocheiach tochiach es amisecha — You shall rebuke your fellow." The second is the mitzvah of "V'ahavta l'reiacha kamocha." The objective of the first mitzvah, the mitzvah of tochachah, is obvious.

VENOMOUS SNAKE ALERT

WARNING: This venomous snake seems harmless and innocent. He spreads his highly contagious venom making it impossible to retract.

ALWAYS BE ALERT

Lashon Hara

As Rambam teaches in Hilchos Deios (ch. 6), the purpose of rebuking another Jew is "to return him to [the path of] good and to teach him that he is damaging himself with his improper actions." What is remarkable, however, is that the second mitzvah, the mitzvah of loving one's fellow

Jew, accomplishes the same objective.

We are all aware of the painful phenomenon of "teens at risk." One of the principle causes of this phenomenon is that many young people feel they lack a connection with their parents, peers, communities, or schools. Often, they feel a lack of acceptance, which may stem from a variety of factors — unfair expectations at home, a school whose academic level is too high, the presence of learning disabilities, or a host of other possible reasons. Whatever the cause may be, the agonizing lack of connection that these youths feel often propels them to search for connection in the wrong places, launching a vicious cycle in which they seek to alleviate their feelings of estrangement by engaging in behavior that only leads to greater alienation.

In the aforementioned chapter in Hilchos Deios, Rambam begins his discussion of the laws of rebuke with the statement, "It is part of human nature for a person's ideas and behavior to be drawn after his friends and neighbors." Because a person can be shaped by his associates, Rambam adds, a person should always seek the company of talmidei chachamim and should avoid associating with evildoers. In the next halachah, we learn that "it is a mitzvah for every person to love every Jew like himself, as the Torah says, 'V'ahavta l'reiacha kamocha." Rambam shifts back and forth between the laws of tochachah and the mitzvah of ahavas yisrael, clearly indicating that there is a connection between the two. What is the link?

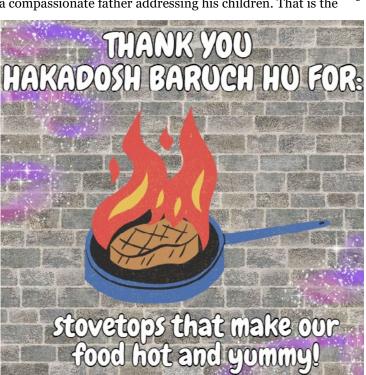
Every human being needs to feel a sense of belonging. When a person feels that he is a member of a larger group, such as a family or a community, it generates a sense of stability. As Rambam teaches, every person is heavily influenced by the people with whom he associates, and a person who has a place in the right circles will be driven to live up to the standards of the people with whom he feels comfortable.

If the mitzvah of ahavas Yisrael is observed properly, it should produce this feeling of belonging and security in every Jew. It will give our fellow Jews the sense that they are part of a community, a larger whole, and they will remain attached to the correct influences. In essence, then, the mitzvah of ahavas Yisrael also accomplishes the purpose of the mitzvah of tochachah; it provides a sense of

belonging for other Jews, which helps to keep them on the proper path.

There is yet another connection between these two mitzvos. The Biur Halachah (Siman 608) teaches that the mitzvah of tochachah applies to a person who is "libo gas bo," a person who is on close enough terms to

be receptive to words of mussar. A person who receives tochachah from someone with whom he is not particularly close might be driven to despise that person; consequently, there is no requirement to deliver tochachah in such a situation. Words of rebuke are accepted only by a person who senses that they are accompanied with love. In Pirkei Avos (1:12), Hillel enjoins us to "love people and bring them close to the Torah." Tiferes Yisrael explains the connection: "Be kind to them physically and spiritually. When you rebuke them, preserve their honor. Do not [rebuke them with] anger or harshness, but rather with gracious, kind words, like a compassionate father addressing his children. That is the





only way that you will bring them close to the Torah, for a person does not heed the counsel of his enemy, but only that of his friend."

The Chafetz Chaim zt"l was once staying at an inn when a heavily built Jewish man who had served in the Russian army entered and

ordered a meal, which he proceeded to consume in a revolting manner. The man noticed the Chafetz Chaim approaching him and tensed, expecting to be subjected to fierce rebuke. But the sage spoke soothingly instead. "Did you serve in the



Russian army?" the Chafetz Chaim asked gently. "How did you manage to keep your Jewish identity? How is it that you chose to enter a Jewish inn when you could just as

easily have gone to a non-Jewish one? You are truly inspiring. Please tell me how you remained this way." The man was moved to tears by the Chafetz Chaim's gentle approach, and the demeanor of the gadol persuaded him to mend his ways.

There can be no more direct way to bring others closer to Hashem and to spread kavod Shamayim than giving tochachah. At the same time, we must take care that our words of mussar are an expression of love and are delivered in a sensitive manner. Otherwise, our efforts to produce a great kiddush Hashem might, chalilah, have the opposite result.

In Review: Reproaching another Jew properly requires a good deal of wisdom and insight into human nature. There is a fine line between rebuke that constitutes a kiddush Hashem and that which engenders a chillul Hashem, and we must take great care to remain on the proper side of that line. The only way to deliver rebuke that will be accepted and trusted is to do so with love, which gives the recipient of our rebuke a sense of belonging that can be a very powerful force.



Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.

Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

Email: LivingKiddushHashem@gmail.com for a free file of sefer Mekadshei Shemecha and other resources and to sign up for our weekly Kiddush Hashem email.









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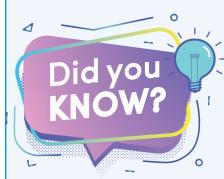
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com



By: Rabbi Zevy Golombeck



Did you know that Rabbi Yehuda Mandel said that nowadays we don't know how to take messages from Hashem. We don't know how to connect dots, and we don't know the cheshbonos of Hakadosh Baruch Hu. Therefore, we

should never say: "Oh, this happened to me because I did this. This happened to me because I did that. If this is what happened in my life, I'm supposed to take this message or that message." We don't know how to understand messages.

Rabbi Yehuda Mandel said this over from his Rebbeim, that nowadays we have no shaichus to comprehending any mes-

sages. Even more so, when you see something happen to another Yid, don't say, "He deserved it for this reason or that reason." Rabbi Falk said that you're never allowed to think those words, "A Yid deserves it." He said never judge another Yid! You don't know how he grew up, or the



cheshbnos of shamayim; we know nothing. Do not connect dots. Never think that you know the cheshbonos of Hashem. Don't think you're Mr. Knocker and you know it all.

Ahh, aren't we supposed to walk away from things that happen with a message? If you like to walk away with a message, the only message should be a POSITIVE message. A message that will make you a bigger, better, happier, healthier person. A message that will give you more menuchas hanefesh and simchas hachaim. A message that will bring you a healthier connection with Hashem. Every time something happens, say, "It's coming from Hashem's love.

Gold Mines

Based on the teachings of Rav Yehudah Mandel
By: R' Baruch Rosenstock

Mordechai Hatzaddik during the Purim story seems fearless and daring. We find even after Haman's scary decree,



he doesn't budge "לא קם- ולא זע", forget about bowing down. Then we see how Mordechai boldly kicks Haman in the neck as he

gets on to the horse. This also proves his unwavering bitachon in Hashem.

Novardokers were also mainly busy with these two things breaking their fear of people and trusting in Hashem. In Novardok they were famous for doing pratts - actions that break their fear of people. R' Mandel encourages we also do actions whenever possible that are out of our comfort zone to cool down our fear of people i.e. davening for the amud and speaking in public.

R' Avigdor Miller once said "What's a face!?" there's no reason to creep into a mouse hole out of fear from a human.

Novardokers also realized how much happier and less stressed you'll be when you don't need everyone's approval.



Haman was busy and needed everyone's admiration ""כל זה and look where he

ended up. Mordechai on the other hand was fine to sacrifice his public approval and he is the cause for the whole nes Purim. Public support is irrelevant. Even at the end of the Purim story he didn't earn everyone's support, he was only רצוי and he is the cause for the celebration of Purim.

It's coming from Hashem's care. It's coming from Hashem's chesed, bracha, and rachamim." That's the type of thoughts that we are supposed to think: POSITIVE THOUGHTS!



Mazel Tov to R' Chesky Friedman and family (Chestnut Ridge, N.Y.) on the Bar Mitzvah of their son Moshe Tzvi!

Mazel Tov to R' Moshe Binyomin Smilowitz and family (Brooklyn, N.Y.) on the birth of a granddaughter!



This week's Topic: GLIKLACH!



34

A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

The Ouote: IT MUST BE CLEAR TO US that all that happens in this world Hashem makes come to fruition by one of two ways: Either Hashem decrees it should happen with no middle גורמים bringing about what the ratzon of Hashem is or Hashem will use to bring out His decree. Which means that Hashem will sometimes give power to different shluchim on this world to bring forth that which He desires to take place. For example, Hashem will cause A to directly affect B and sometimes Hashem will use A to affect B that will affect C which will then affect D and so on and so forth".

The Mashal: Let us bring out this idea with a משל to person who ties his animal to the wheel of the well, when the animal moves, it causes the wheel to spin, which then causes another wheel to turn, which causes the rope to move higher, which causes another wheel to turn, which causes the rope to move higher, which causes the bucket that's tied to the bottom of the rope to lift the water out of the well.

The Nimshal: So too, on this world to us it may seem that everything is "cause and affect". "If I push this button, it causes the machine to turn on, which then mixes my batter which will make into a dough etc." The truth is however, just like by the bucket that got pulled out of the water, nobody would credit the bucket or the rope or even the wheel, not even the animal will be credited, rather all the credit would go to the person who tied the rope to the animal. So too, having bitachon in Hashem means to realize that all "cause and affect" are credited to **no one** but Hashem! And it was only because He decreed that all should happen,

The Lesson: WHAT MAKES THIS SO INCREDIBLE AND AMAZING, is that the Chovos Halevayos is teaching us that the world is one big illusion! It looks to our eyes like we have power. It seems in this world that this person has power and that person has power. It is like giving the credit to the rope or the animal by the well. It looks like the "train" starts by the shluchim of Hashem. As if they have any form of control or powers chas Veshalom! But we who understand, realize that the train is being led by Hashem and He is the only One pulling all the strings in life causing every move of every single person in the world! Gliklach - How fortunate we are that we have a Tattte taking care of every moment in our life! !אשרינו מה טוב חלקינו



The Story: DURING THE WAR, in the death camps, there were a group of 50 boys that were being led to the infamous gas chambers. One youngster turned wittingly to the other boys and said, "Today is Simchas Torah, when the entire world rejoices upon completing the Torah and starting anew. As בני תורה we have always kept the Torah. Now we are celebrating an ending of our lives on this sinful earth, followed immediately by our new beginning in שמים, similarly as the beginning of the Torah that says, 'דראשית ברא אלוקים וגו', in the beginning Hashem created the sky." The boys all danced and they sang "אשרינו מה טוב חלקינו" and "אשרינו מה טוב אשרינו מה טוב חלקינו" just as they would on a usual Simchas Torah. The boys were all ready to give up their lives על קידוש השם.

The Nazi's yemach sh'mam were enraged when they heard the sounds of singing and dancing. One boy told an officer sardonically that the anticipation for leaving a world with the Nazi beasts was sufficient cause for elation. The Nazi then decided to take them out of the gas chambers and teach them a lesson - to torture them the following day in the worst ways possible. A tremendous miracle transpired the following morning, sending them to other barracks. Knowledgeable observers confirmed that every one of those fifty youngsters survived the war and raised great families...





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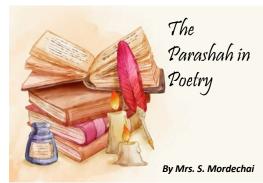
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Epilogue: A Letter to Our Generation from Avraham Avinu, the First Jew

BS"D

Dearest Children,

We are now in the decade of Taf Shin Ayin Pay when Moshiach Tzidkeinu will announce Himself to the tzibur any day.

What my Ainekel Yaakov to his sons wanted to reveal

will in your heilige generation iyH become real.

On the cusp of Geulah Shelaimah iyH B'Mhaira V'Yomainu,

I want to express my love for each and every one of you.

From our place next to the Keesay HaKavod, Sarah and I kvell over your growth as you've traversed time's winding road.

We see in each of you the Pintile Yid, the spark

that no matter what never goes out nor becomes dark.

From the Kadosh Yitzchok, the one I love, my only son

came his son Yaakov, the Ish Tam, the perfect one.

Yaakov found G-d's house of prayer on Har Moria and realized that all Tefillos rise from there.

Kail Shakkai promised Yaakov that from him a great nation would burst forth

Yama, V'Kaidma, south, and north.

This land, Eretz Chemda Tova U'Rechava Hashem promised to give Yaakov and his offspring, as an eternal inheritance, with Ahava. Yaakov guarded his head with twelve stones that became a single rock

foretelling the twelve Shvatim that would be Hashem's chosen flock.

Hashem assured Yaakov: "I will be by your side wherever you go."

Yaakov became Yisrael and his progeny became Am Mariso V'Tzon Yado.

Hashem said: "I will be your Roeh, your Shepherd"

and as we know, Mine Kinder, Hashem has kept His Word.

To see our children go down to Galus, bitter

tears Sarah and I shed.

We were relieved to see you safely leave Mitzrayim with Moshe Rabbeinu on the split Yam Suf's dry sea bed.

With you, we witnessed that awesome Nais and many other Nisim Geluyim then and today by Hashem's grace.

Sarah and I were with you and every Jew

when you made a covenant with HaKadosh Baruch Hu

and accepted His Torah and Mitzvos B'Midbar

at the foot of G-d 's Har.

When you heard Hashem's Holy Voice, we were there,

and our hearts swelled when Melachim placed two golden crowns on your heads to wear.

Even though you endured three more Galluyos, my precious Banim,

and millenia of Hester Panim,

to Hashem Yisborach you have for thousands of years clung.

We joined in gratitude as His praises you have always sung.

No matter how far you needed to descend we had not, until this very moment reached our destiny's end.

When you seemed to barely escape from Hashem's enemies alive

still, my beloved children, we have watched you thrive.

As the years have unfurled,

your mitzvos have been as deep as the oceans and as high as the mountains of the world.

You are Ma'aminim Bnai Ma'aminim,

Ohavai Hashem, and Yirai Elokim.

You followed my lead

reaching out to any Yid in need

with Gemilus Chassadim

and Maasim Tovim.

Your homes are shining examples of Kedusha and Tahara

every week honoring the Shabbos Queen with her Atara.

After all the ups and downs, Sarah and are I are thrilled

to see Chedarim, Yeshivos, and Batei Midrash to the brim filled.

Like the sweet Mon that, Chasdei Hashem, for forty years in Eretz Lo Zarua rained Torah has you, Am Yisrael Segulaso, sustained

When each Yingele licked honey from the Alef Beis

the smiles of Sarah and I matched the smile on his face

and with each Shema and Modeh Ani davened by our Zeese Kinderlach,

we knew we all were one mitzvah closer to L'Asid Lavo and Moshiach.

Like us, you must trust that Hashem Yisborach has kept His vow and the long awaited future is NOW!

Through it all you have kept your eyes set Aday Marom

and now it is time for KULANU to finally come home!

We will all know the true meaning of refuah as David HaMelech lifts the cup of yeshua.

At last we will enter the begged-for zman when we will savor the Levyason.

Sarah and I will join you by Techias HaMeisim at our shulchan surrounded by our myriad Shteelai Zaisim

as numerous as stars and grains of sand gathered from Arba Kanfos, every land.

We will surpass any imaginable madreigah of Ach Samaeach

when Shofar blasts herald the arrival of Moshiach.

In harmony and peace we will dance and sing

All nations will bow to Our Father whom they will worship as King.

Amalek will have been wiped off the earth and all who remain will recognize true value and worth.

I'm so grateful that every single promise of HaKadosh Baruch Hu

has been, before our eyes as I write Dear Ones, proven to be true.

With love to each of you, Mine Kind HaYakar, who have gladdened Sarah and me with Nachas over and over again Ad Ayn Mispar,

Avraham, the faithful father of every Jew each worthy to bask B'Yachad in HaOr radiant and new.

Avraham, born in the 20th generation from creation

whose covenant with Borainu will last beyond a thousand dor

ready RIGHT NOW to hear with you B'Artzenu: Kol HaTor.

Avraham, who was called both Avdi and Ohavi by HaKadosh Baruch Hu,

Who bentched me with this Bracha that I now bestow upon you:

We are a blessing! We are blessed!

We are a great nation!

A light to the rest!

With tremendous gratitude to Our Shepherd Who always keeps His Word and HaKaras HaTov to R. Yitzchok I. Kaufman (The Spring Hill Times;) and the inspirational teachers who have provided invaluable insights and information for this series including R. Zev Golombeck (The Bitachon Hotline;) R. David Ashear, R. Daniel Glatstein, R. Y.Y. Jacobson, R. Shimshon David Pincus zt"l; R. David Sutton, and R. Shira Smiles:

and Artscroll Chumash and Siddur Schottenstein Editions (Shabbos and weekday: Text and Commentaries;) R. Ruven Schmelzer (The soul of Emuna;) R. Shimon Schwab zt"! (Rav Schwab on Yeshayahu;) R. Moshe Weissman (The Midrash Says: The Book of Shemos;) R. Shmuel Yerushalmi; Translated and Adapted by Dr. Zvi Faier (The Torah Anthology: Yalkut Me'Am Lo'ez-The Book of Shir HaShirim;) and EK, SN, LJ, RRM, DD, CYS, AU, and SV.



Continued from CHAPTER 2 - The Torah Obligation to Enjoy Olam Hazeh

The Evidence

Even in the physical world, there is a lot of evidence that Hashem wants mankind to enjoy life. For example, human nature demonstrates that Hashem created us to be happy and enjoy our lives. Every person feels within himself a perpetual drive to seek out happiness and pleasure. So many of the actions of humanity are attempts to enjoy positive experiences and pleasures! This constant search for pleasure is a strong indication that enjoyment is a fundamental part of our existence

Another lesson can be learned from the human body, which is staggeringly complex, yet functions most optimally when one is happy. It is well known that unhappiness leads to disease and sickness. This teaches us that humans were designed to be happy. Additionally, the earth itself testifies that life is meant to be wonderful, because it's packed with beautiful landscapes, refreshing weather, a mind-boggling array of delicious food, and every other imaginable pleasure. If a person thinks about this, it will become inescapably clear: The world is a GREAT place, meant to be enjoyed by all. If one denies this, he is denying reality and being ungracious to Hashem, our Creator, Who made the world just for us

Like a Parent to a Child

Another proof that Hashem wants us to enjoy life is the relationship between a parent and child, which is a model of a person's relationship with Hashem. Parents want to provide for their child, they want their child to be happy and healthy and to enjoy life. Parents want this so much that they will often help their children succeed at great personal sacrifice!

Since Hashem is the One Who implanted this urge in a parent's nature, we can infer that Hashem Himself desires that we be happy and enjoy our lives.

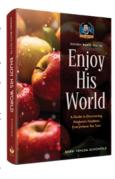
Here is another way to understand this idea: The instinct to ensure a child's happiness is implanted in parents by Hashem. This makes the parents "messengers," appointed by Hashem,

with "instructions" to do everything they can to make their child happy! Although Hashem does not speak to us directly, we can understand what He wants from the fact that He "appointed" two adults to make every child happy! This is a strong proof that Hashem wants a person to enjoy life.

The Very First Expectation

In addition to the general proofs that can be drawn from looking at the world around us, many sources in the Torah teach us that Hashem wants us to enjoy Olam Hazeh. In fact, the Torah requires that we enjoy the world. Where does it say this in the Torah? There are many pesukim that teach this, but it's actually simple logic. Did you ever give someone a gift? Now imagine that the recipient meets you the next year and says, "I wanted to tell you that I use your gift every day! I enjoy it so much!" Isn't that exactly what you were hoping to hear when you gave the gift?

Isn't it logical, then, that when Hashem gives a person fresh air, sunshine, good weather, an income, food, a house, a spouse, children, and so many other good things, He surely wants us to enjoy them? However, Hashem did not rely on us to make this cheshbon. He actually wrote it in the Torah, right at the beginning. In Parshas Bereishis, the Torah tells us that after creating this world, Hashem planted a beautiful garden in Eden, with all kinds of fruit trees. Then He brought Adam and Chava to live there. The word "eden" means pleasure. "Gan Eden" means "pleasure garden" — and it lived up to its name. It was a true garden of delights, the most wonderful place to be. The Gemara (Sanhedrin 59b) describes how Hashem even instructed angels to strain wine and roast delicious meats for Adam and Chava! Unfortunately, we are so accustomed to this story that we tend to overlook its most basic lessons. For if we thought about it, we would surely be struck with the following question:



Why on earth did Hashem provide Adam and Chava with such a fabulous life? Did they really need such extravagance to accomplish their mission in this world? Aren't luxuries and comforts the opposite of ruchniyus and contrary to our purpose in life?

This question was asked by Rav Avigdor Miller, and he answered it by explaining a fundamental concept in the Torah: Hashem gave all that goodness to Adam and Chava because He wanted them to immediately get accustomed to enjoying life! In Chapter 3, we will learn the reasons why Hashem wants us to enjoy Olam Hazeh. Rav Miller explained that enjoyment is a fundamental purpose of life (Lecture #E-210, Habit of Happiness). In fact, Rav Miller says that enjoying life is of such importance that the very first expectation that Hashem has of a person is that he should recognize and realize that the world is a very good place! And this comes even before the recognition that the world has a Creator!

Thus, from the very beginning of the Torah, we learn that Hashem wants people to enjoy Olam Hazeh. And He doesn't merely allow us to enjoy it — He wants us to enjoy it! Now, many people will find this to be a surprising concept. Nevertheless, it's the truth.

Although many people mistakenly view the world as a place full of pain and suffering, life is about learning to correct our perspective. It just takes some work to change the way we feel about life. This is a positive, exciting change that will open a great vista of happiness in our lives, which, deep inside, we always knew existed

To be continued...

ALWAYS IN YOUR LOCATION! **RENOWNED** SHADCHAN

Has made every shidduch since Adam and Chava and continues to do so!

Is mishadeich people who...

- · Have medical conditions or are completely healthy
- · Have unique or typical family and personal backgrounds
- · Live in town or out of town
- Experienced challenges or have not
- Have DID or don't have DID
- · Are wealthy or not wealthy

IT DOESN'T MAKE A DIFFERENCE TO HIM!

Contact HASHEM any time any place

Tefilla and Tehillim





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ILLNESS PERVENTION

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The Parsha in Art By R' Yehoshua Wiseman

054-844-1131

Just Look At What Hashem Made For You!

It's a Stunning World!







It's Full of Love!





It's a Wonderful World!

Sruly Yelen Lakewood, New Jersey



A GLIMPSE INTO THE PAST







We spoke extensively about the numerous benefits that we receive from speech and the various sounds that we're able to produce. Let's go to a new area. Let's examine a little of the niflaos Haborei how speech is created in the human body. We know that sound and speech are produced from our vocal cords. What are the vocal cords and how do they produce sounds?

Let's begin by explaining what the vocal cords are. The word 'vocal cords' leaves an impression that we have inside us cords that look something similar to guitar strings – and if we damage the vocal cords then they rip like a guitar string that snaps into two halves. This is actually far from reality; we'll explain.

The vocal cords are two small bands of muscle tissue that are on both sides of the windpipe. Picture something like a doorway with two curtains - one partially blocking the doorway from the right side, and one partially blocking the doorway from the left side. So too, on a much smaller scale, Hashem created us with a hollow tube - the wind pipe, with two small pieces of tissue - small muscles, that are attached on both side of the wind pipe, partially blocking the passage. They are not stringer cords and they don't look like stringer cords. Actually, they are also referred to as

vocal folds, which is more of an accurate description, because they look more like folds than strings. We still

have to explain how, but it's these two pieces of flesh that create all the sounds that humans produce. This is a phenomenal ma'ase Hashem.

Let's take a closer look at the incredible job that our vocal cords do. The sounds that we're able to produce contain all of the various different tones and pitches. They are very quickly able to change from one tone to the other. You can use your vocal cords to speak, hum or sing. You can use your vocal cords to whisper very quietly or to scream very loudly. This is all coming out of two flaps of muscle tissue.

For comparison, a guitar - despite all the pleasant music it can produce, it does not compete with the variety that the human vocal cords can produce. Yet, a regular guitar has six strings, and a violin usually has four strings. The human vocal cords that Hashem gifted us with, unbelievably does the same job and more, with only half or less than half of the amount.

Answers for the Parsha Game page L7 Fire: Hashem told us not to make a fire on Shabbos. Rings: The Yidden donated their rings to the Mishkan



An additional point where we see Hashem's chochmah as opposed to human wisdom is in the size of the vocal cords. All of the various sounds we produce are coming from vocal cords that are only one or two centimeters long. Isn't that phenomenal? Compare this to guitar strings that are two feet long. Do you think man can create a guitar or a violin that the cords are only one centimeter long? How great and wondrous are the ways of Hashem!

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The Mallee Fowl – Incubator bird, thermometer bird

The Mallee fowl is an extremely unique bird in the way they incubate their eggs. To understand this, we must first think about how regular birds do their incubation. 99.8%

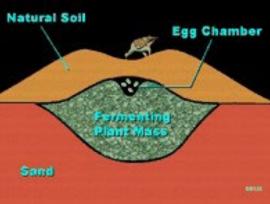
of all birds incubate their eggs (a process of warming their egg/s) by sitting on them, or putting them on other places of their body where they also get direct body heat. The point being, that their eggs all get incubated by the consistent body warmth of the parent bird(s). The birds develop a special patch underneath them, around the time when they will be laying their egg. From the patch there comes out the correct amount of heat needed for the baby bird (embryo) in the egg to slowly develop and finally hatch into a baby bird known as a chick. It's a fairly simple process. Most of the time it's the female bird that does the incubating, but not always. Much more should be said about this but it's not our topic now.

Along comes this male Mallee fowl and it has a completely unique way to incubate their eggs that has nothing to do with their body heat. In this endeavor, it's mostly the male bird doing all the work. The females do very little.

Here is the basic process that they follow. In the fall, the male fowl builds the initial foundational mound of mostly sand. The mound he builds can be up to 35 feet across and up to 15 feet high! He may move up to 3 tons of material (about the same weight as 6 to 8 cars) to build a mound over a period of a few months. Mallee fowl are also called Megapods, which means big foot, since they have especially large feet which makes it easier

for them to kick up dirt to make the mound. Hashem has everything in the calculations. Otherwise, they are about the size of a chicken.

Then in the winter the birds dig out of the top of the mound a crater about one meter (3 ft) deep by three me-



ters (10 ft) wide. Then the male fills it with grass, leaves, and other vegetation. After the mound of vegetation is soaked by late winter rains, he digs a small egg chamber and then covers the whole mound with sandy soil thereby sealing in the moisture. That's when the fermentation process starts. The Mallee Fowl keeps checking the temperature of the vegetation by pushing his heat-sensitive beak and tongue into the mound. It may take up to 4 months for the fermenting vegetation to reach the right temperature (about 92°). When it is warm enough, the female will begin to lay her eggs into this chamber.

Each time the female is ready to lay an egg, the male removes the soil so she can place the egg in the egg chamber. Then he immediately re-covers the mound with soil. She may produce up to 35 eggs in a six- month period. The last egg takes an average of 60 days before its ready to hatch, so for close to 9 months he is constantly busy

with taking care of the eggs!

During the day the bird frequently pushes his bill into the soil to check the temperature. Then he adjusts the mound based on the temperature.

If he sees that the nest is getting too hot because of the rotting plants, he

removes soil from the egg chamber to let it cool down. He will often spread out the actual soil so that it too can cool down. If the sun is making the nest too hot, he adds more soil for protection from the heat. If the nest is getting too cold, he will remove soil so that the heat of the sun can better warm up the mound.

The Mallee Fowl keeps the nest within one degree of 92° F at all times. (The fact is that the chick can survive even if there's a bit more

of a deviation of the temperature for over a few days, but the mallee fowl is doing all it can to avoid much of a deviation, which can cause the developing chick to die.)

Here are two quotes about the Mallee fowl. One writer wrote, "I find it remarkable that a bird is able to estimate the amount of organic matter (grass, leaves and other vegetation) it must add to the heap of soil so that the heat generated by fermentation will be just enough to bridge the gap between the soil temperature and the temperature needed for the incubation. It almost suggests that these birds understand some chemistry.

This next quote came about after trying unsuccessfully to confuse the Malle fowl by suddenly, drastically changing the temperature in the mound, which the fowl was able to adjust accordingly right away. "Our observations suggest that the birds know what is happening inside the mound and vary their activity deliber-



ately" [and accordingly].

Each day, on average, the male puts more than five hours of work into transferring a huge amount of soil each day. It happens to be that the constant movement of the soil has an additional advantage: It keeps the soil loose, which will help the chicks to dig out of the mound when they hatch. In addition, the loose soil will provide some air for them to breathe while stuck in the mound for many hours.

Now, for their unique process to work, it's amazing what these birds have to "know". They must know that decaying vegetation can cause heat. They must know that they can use the heat of those chemical reactions of the fermentation of the vegetation for incubating their eggs!

They also know how to cause the vegetation to ferment. More complex is the knowledge how to adjust the decaying vegetation in a way that it can either get hotter, or colder, depending on what is needed to keep the temperature at the precise degree necessary for optimal chick development.

Did we know any of this? Even using a thermometer, would we be able to keep the temperature within 2 degrees Fahrenheit of 92 degrees, day in and day out, for about 9 months straight, even though there's a HUGE fluctuation in the outdoor temperatures during that time period?

Even with a thermometer we would have no clue how to regulate the temperature from fluctuating even 10 -20 degrees Fahrenheit, day after day for up to 9 months straight!!

What accident would be able to teach it all these things that it must know? How could it know the exact temperature that is needed for the optimal development of the chick? Who told it that 92 degrees is optimal? How does it know if it's actually 92 degrees? Oh. I am glad you asked that. It is very clear that there's built in to these birds an apparatus that has the mechanism to send them a VERY accurate temperature reading that registers

in their brain. Scientist tell us that it's either their beak, and or the tongue (scientists still aren't sure), of the mallee fowl that has the accurate temperature taking capabilities! How amazing is that?!

Let's continue with our ques-

How is it POS-SIBLE for them

tions.

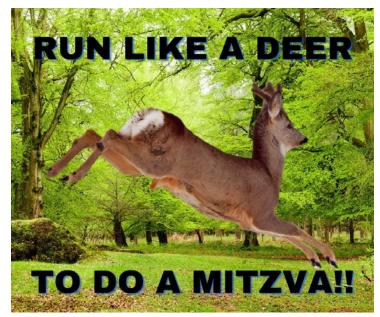
to have the knowledge how to adjust the amount of soil and how to use the soil in a way that it can make sure that the mound isn't too hot, or too cold? Can an accident give it any of the above necessary knowledge? Can an accident make accurate thermometers?

Keep in mind that they never could have learned any of this knowledge from their parents since we will see that there's absolutely no contact from the parents to their chicks at any point of the final process of the chicks hatching. Of course, we know the answers to all these questions. It's all amazing instincts and "knowledge" and special apparatus, that Hashem pre-programmed and placed into these amazing birds.

Now, let us get to the final product. Each hatched chick has to find its own way out of the mound to the surface. They may struggle anywhere from two to fifteen hours, digging themselves out. They get no help from their parents even though the egg shells are extremely thick and difficult to break out of. Almost all other birds have a special egg tooth which helps them break out of their egg, but the Mallee fowl doesn't have one.

Finally, as soon as they heave themselves out of the mound, they totter over to the nearest bushes to be in their shade where they rest for a day. Within one hour of hatching, the chicks can run and flutter. Within 24 hours of hatching, they can fly like an adult! The birds developed fully functional wings while developing in their egg. Most other birds hatch featherless, or close to featherless.

Typically, other birds need to be under parental care for anywhere from 7-20 days and often over 30 days, before they are ready to fully leave





their parental care. The mallee baby birds have absolutely no contact with their parents. They are on their own as soon as they hatch.

It's interesting how birds that put in so much effort in bringing their eggs to their full development, end up having nothing to do with them at all. That's the way Hashem set up their instincts. But don't feel bad for them. There are no emotions involved, just pure instincts that Hashem planted in them.

Of course, no one taught the chicks that as soon as they hatch, they need to dig their way out of the mound of rotting vegetation and soil. No one taught them which way was up. How do they know that they must run to find shelter in the shade, in order to hide from predators, as soon as they get out of the mound? Oh, and how do they know what a predator is that it should want to escape from it? Once again, Hashem has pre-programmed all this knowledge into their

instincts.

After all the eggs of that season have hatched, the parents rest for one to two months then and start the whole process all over again. The male Mallee Fowl mav

spend ten to eleven months just taking care of the nest! It's all in their instincts.

placement.

It's interesting how we often see that Hashem, kaviyuchol, seems to like to have variety in His creatures. He seems to want to show us that He isn't bound to any of His own laws of nature. Yes, 99.8% of birds incubate their eggs through their body warmth, and it is

do with using the birds body warmth.

How amazing are Your wonders, Hashem!

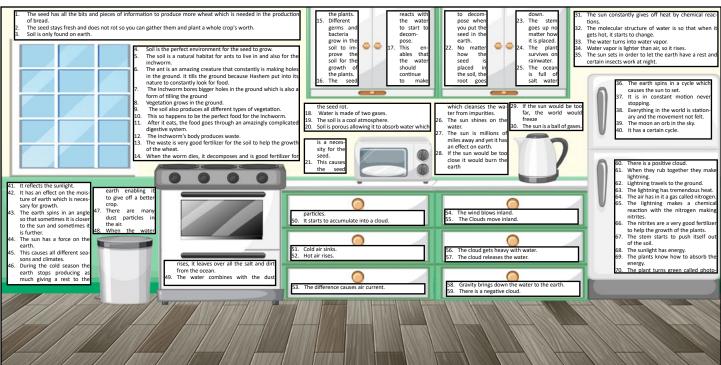
A rather larger than average mound prepared for egg certainly much, much, easier to incubate eggs that way. Nevertheless, Hashem made these birds method of incubation (there are a few other birds in the Megapod family that are somewhat similar) using an entirely different method, having nothing to

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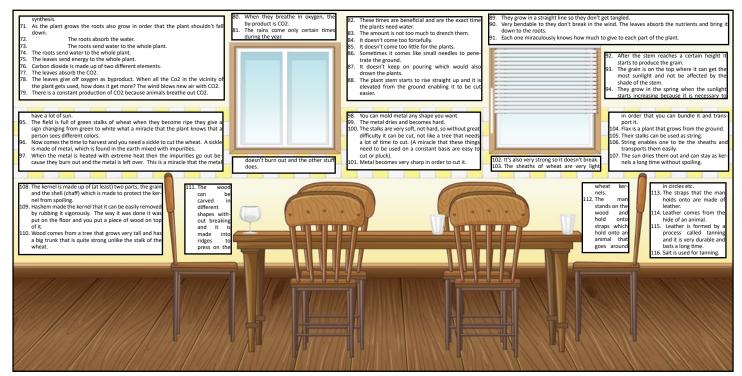




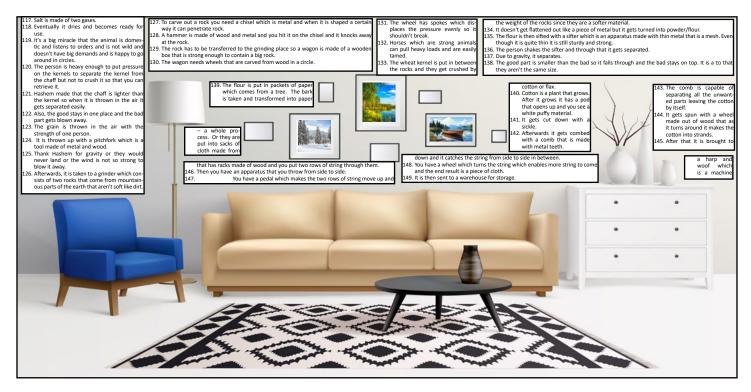




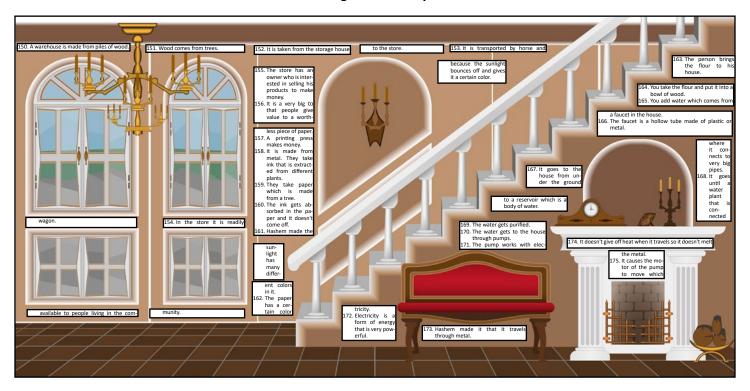
No more space in the kitchen! Let's go to the dining room.



No more space in the dining room! Let's go to the living room.

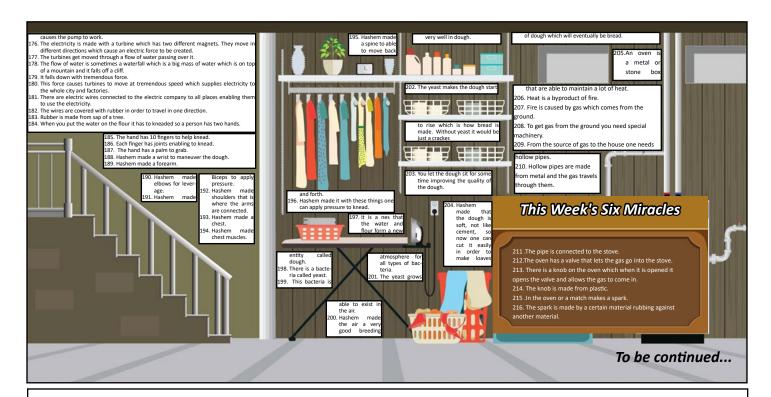


No more space in the living room! Let's go to the steps.



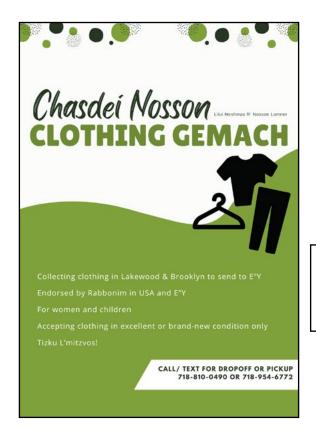
Baruch Hashem, we found more space....

...in the laundry room!



Gemachim Listing

אלו דברים שאדם אוכל פירותיהן בעולם הזה והקרן קיימת לו לעולם הבא.... גמילת חסדים...





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Out of this world!

Too good to describe!!

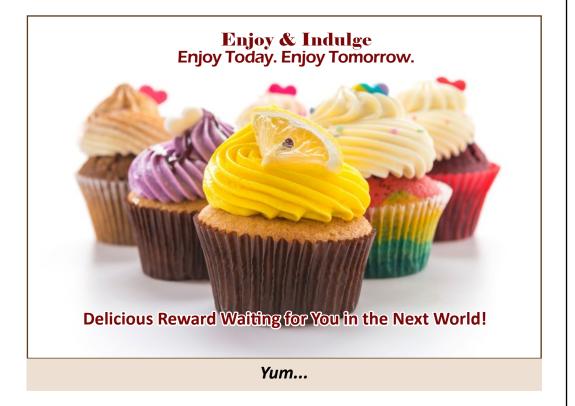
Everlasting Enjoyment!

Thrilling!

Melt from Pleasure!

Pure Bliss!

Disclaimer: All pictures and descriptions are just mashalim. The real pleasure the neshama is going to have is indescribable!



Just Serve Hashem with a Heart Full of Love!

Paradise Sunrooms

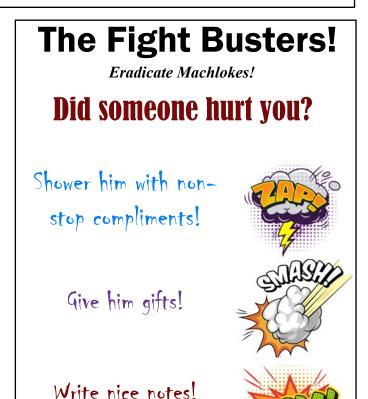
Love Living



Enjoy the beautiful outdoors from the comfort of your home...

...in OLAM HABA!

Just be Loyal to Hashem!



Do Hatava Bimakom He



Editor's Note: Back in the days, when I used to have more time on hand, I would BS'D have this weekly column which was many readers' favorite column. B"H things got busier and especially with the addition of the Ki Tov New Station and I wasn't able to continue making the articles.

Here is one from the past with some added spice to it. It's always good to make chazara!

Dear Reader! If you feel that you have the ability to create such an article each week or every other week and have an urge to be mezake the Rabbim, please contact me. Please text: 845 327-5041 or email: thespringhilltimes@gmail.com

Let us imagine for just a few moments, what life might look like if our minds would malfunction and we wouldn't be able grasp the concept of order and we wouldn't know what needs to be done first and what second c"v...

We would be putting on our shoes in the morning before taking off our pajamas. After putting on our shoes, we would be putting on our socks...

We would put on our hats and on top of them our yarmulkas...

We would first put on our ties then our coats then our jackets then our shirts then our tzizis and then our undershirts...

We would first fold the dirty laundry, then put them into the dryer or hang them up to dry, then put them into the washing machine and only afterwards pour detergent all over them. Then we would put them on...

The yeshiva schedule would be as fol-

lows:

7:00 a.m. supper

6:45 a.m. Shacharis

9:30 p.m. mussar seder

10:00 a.m. lunch

10:15 p.m. chazaras hashiur...

Four year olds would be starting school with high school...

A typical conversation would be as follows:

Husband: Can supper please we have



hotdogs for?

Wife: Sure grocery. I'm now going to buy the to them.

or

Husband: You please warm me up in the spaghetti oven can supper for?

Wife: Sure spaghetti, it's a pleasure to put you in a real oven for.

People wouldn't understand each other and would be going bananas...

We would first wash the dishes with

water then put on the soap then put the food on them to eat...

We would be walking into the

store and wait on line, pay first and then



When making phone calls, we would first say everything we want to say and only afterwards dial the number we want to call...

It would take us years upon years trying to make one phone call! We would be trying the numbers in all different orders and calling tens of millions of wrong people until we would finally get the right one by random accident after years of trying and trying... As a result, mothers trying to getting their three-month-old sons and daughters signed up for playgroup, would only get through to the Morah when their children would be 35 year-old.

People would be calling the Rav to find out if their milchige soup pot is kosher and when they would finally get through to the Rav tens of years later, they would have no recollection about what the sheila was about resulting in lots of embarrassing moments and trefia pots...

Cars at four way stops signs would be all going at the same time, resulting in many accidents...

We would sit in our driveways and make all the right and left turns and all the

honks we need in order to get to kollel and work, and only afterwards start driving...

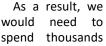
Drivers would open the car door and jump out before they put the car into park...

We would be pouring the orange juice first and only afterwards run to get a cup to catch the falling juice...

We would first make the motion of dipping into the ketchup and only afterwards grab the pizza and then get



the ketchup bottle from the pantry and we would be stumped trying to figure out why it didn't work.



of dollars to get trained to dip pizza into ketchup. And even after getting a master's degree in ketchup dipping we would again get mixed up and be back to square one.

When trying to drink a cup of water, we would first lift our hands to our mouth and then try to grab on to the cup and we would be scratching our heads why we aren't being successful in bringing the cup to our mouth...

We would first eat eggs, then peel and cook them...

We would cook noodles in their packaging and in the shopping bag and only afterwards take them out...



We would first make the motions of chewing, then of swallowing, then we would open our mouths, then close our mouths and only then attempt to get the food inside the mouth... And we would be clueless to what we are doing wrong. We would try to bang and force the food into our closed mouths using hammers and other tools, and eating instead of being an enjoyment would be a stressful painful ordeal.

We would first walk into our neighbor's house and only afterwards knock...

We would talk and only think afterwards...

We would first turn over the house

for Pesach and only afterwards start cleaning...

The Spring Hill Times would be published and only afterwards be typed up and proofread...

When building a Sukkah, we would first hang up the decorations, then put the schach in the air, then bang the hammer, then put the nails into the air and only afterwards put up the boards...

Worst of all, we wouldn't be able to serve Hashem properly...

We would eat before we make the bracha.. And drink up all the wine before Kiddush...

Our brachos would be said from the end to the beginning...

1 2 3 4 5 6...

We would think that Shabbos comes right after Sunday..

We would celebrate Purim then Chanukah and afterwards Sukkos...

We would daven maariv in the morning and shacharis at night. We would start davening with Aleinu...

We would be doing all mitzvos backwards and out of order...

We would be learning the answers before the questions...

We would run from one doctor to another.

All the professors in the world would get together for an emergency meeting...

The greatest scientists and inventors would be working day and



night to figure out a solution but everything would fail miserably!

And this world would be a most terrible helpless place to live in...

Who designed, with unlimited wisdom the concept of order and dis-order????

Who has the unlimited knowledge to know that human brains (and animals) need to comprehend the concept of order???

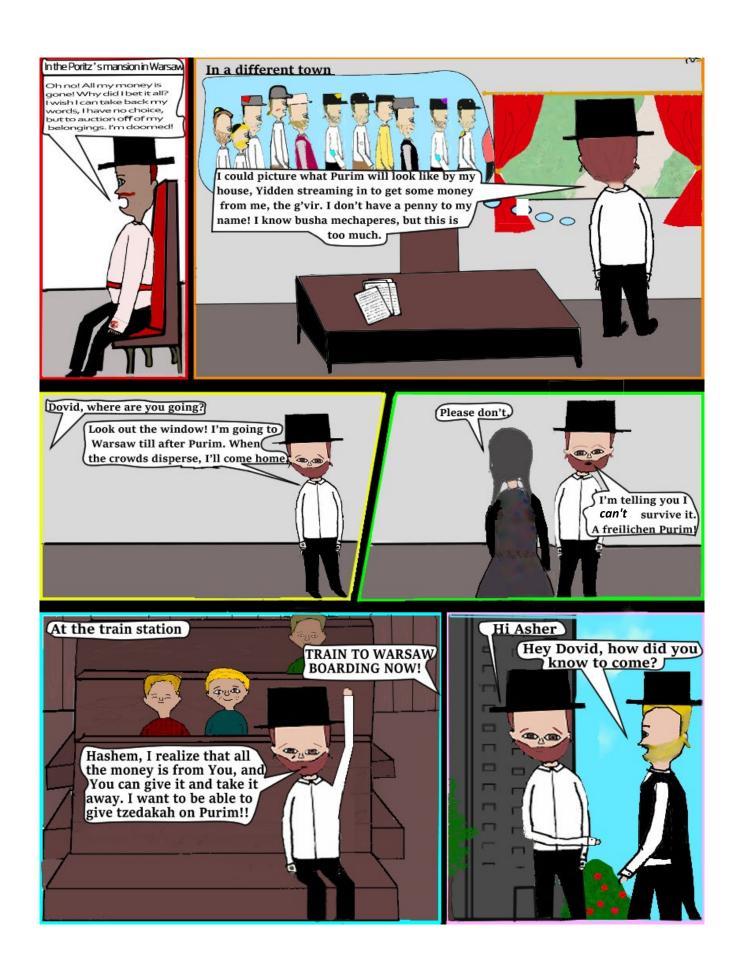
Who designed with infinite brilliance that our brains should, in split milliseconds, recognize and calculate the correct order of things???

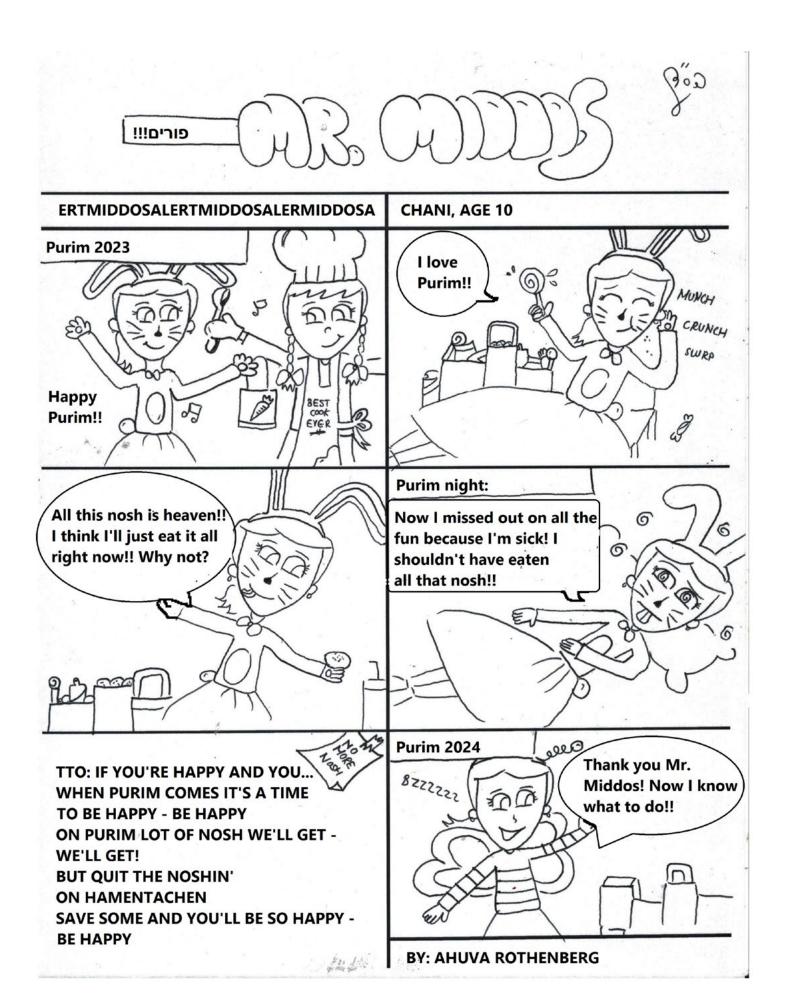
Who manufactured with infinite perfection that humans should be able to choose in which order they want to do things?!?!?

Who designed with unlimited resources and power that the entire nature should be set up with such perfect order?!?!?

You Hashem, BLESSED BE YOUR NAME!!!

Thank You Hashem for this wonderful, beautiful, life saving, multi-trillion-dollar gift of 'order' that You give us, with endless love and care, every second of the day, 365 days a year and free of charge!





Gunshots or fireworks?

One night I heard a noise that sounded like a gunshot outside my house. Then I heard it again and again. I went to look out the window and to my surprise I saw fireworks. Without



seeing the fireworks, someone hearing the pop could have thought it was a gunshot and feel frightened. However, once you see it's fireworks, not only are you no longer frightened, you may want to stay to watch and enjoy the show.

This reminded me of our lives that are filled with exciting fireworks and love from our loving caring father and best friend; Hashem. Hashem is showing us Geshmake stuff every day filled with all different colors. However, sometimes some-



one hears a noise or a pop and they think it's a gunshot. They think someone is out to get them or they think there is a reason to be afraid. However, if they look very closely and open the blinds, and look out the window, they will see fireworks. They will see a shining light and understand, know, and feel that Hashem is watching them, protecting them, and giving them all the goodness.

Sometimes it's hard to see that the blast and pop is really fireworks. If it's hard for a person to see the good, they can imagine their Neshoma is loving the fun fireworks even if their Guf thinks there are gunshots.

I wrote this song after Rabbi Golumbeck taught me about this concept.

Bonus Song:

Tune: high part of Al Tirah Ki Yaashire Ish

Hashem is good and only good

Even when we don't see why

My Neshoma is smiling from ear to ear

Even if my Guf does cry.

Your Neshama too will be smiling strong

When you believe and you know

It's only Hashem running the show

Ein Od Milvado!

This knowledge that Hashem is with us and sending us fireworks can pump us up to the sky!

Yesterday, I was on my five-mile walk. The ground was pret-

ty muddy because the snow melted and the sun was shining. I looked down and saw messages etched in the mud. Some of the messages were: "Keep going/ Don't stop/ Love yourself/ Smile/ Don't give up/ You are worth it/ Love every moment/Be thankful/

Everything is going great!!!" I was smiling as I saw these messages knowing this kind person who took the time to etch these messages in the mud was having an effect on so many people who journey those five miles. This reminded me how we too need reminders to pump ourselves up and feel the Ahava Rabba from our Father! There are so many places we can put a physical reminder of how much Hashem loves us. We can write it on post it notes and put the post it notes in our kitchen drawers. I have the Ahava Rabba songs inside the doors of my kitchen cabinets. In this way every time I open a cabinet, I am reminded of Hashem's eternal love for us.

Of course, we can also put reminders to pump others up.

We can pump all of Klal Yisroel up by learning from Rav Levi Yitzchok of Bardechiv who always had a kind word to say about all Yidden. This is such a beautiful thing to do as it creates a sense of belonging, it pumps up all Yidden, it makes you feel good, and it teaches kindness to those around us.

Idea: It's so easy to share love with other people.

- When you pass a group of Yidden or one Yid going to or coming home from Shul on Shabbos Morning say to yourself, spouse, children, or friends "Wow look how special Yidden are. They all LOVE davening to You Hashem- their Father"
- When you see Yidden in the Kosher grocery store, say to yourself, spouse, children, or friends "Hashem look how careful these Yidden are to eat kosher even when it's more expensive!"
- When you see Busloads of children and you are stuck behind them, say to yourself, spouse, children, or friends "Wow look how Klal Yisroel are all going to learn your Torah Hashem because they love You!"



- Talk openly about how amazing Klal Yisroel is that they are all running towards Hashem.
- When you see a Beis Medrash full of people learn-

ing say "Wow it's unreal how all these men are literally sitting and learning!"

• When you see a person letting someone in front of them say "Wow Klal Yisroel are the kindest nation!"



Talk about

how amazing it is that there are so many Chessed organizations in Klal Yisroel. See if you can list at least ten of them!

- Learn Shmeiras Haloshon with your family to enable them to know what is not permitted to say about others and focus on pumping people up.
- Teach your family what Rabbi Golumbeck teaches about how people are puppets from Hashem. If they say something to you that you don't like, realize it's really from Hashem. If what they said hurts you then you should realize you are getting millions from Hashem for the pain. I once had a parent ask me what to do because someone at school was saying things to her child that made him feel bad. I told her to have her child count how many times this person said not nice things to him and when he gets home to tell her how many times it happened (how many millions he got) so they can have a party accordingly. Because the child no longer put his energy into the incident, the incident stopped.
- We can pump individual people up. For example, in sessions we sing: Chani is a super star, Miriam is a super star, Dovid is a super star....
- We can pump up neighborhoods, town, and cities. For example, saying "All the people living on First street should have millions of Brochos" Or "Hashem look how amazing all the people who live in this town are!"
- We can pump all of Klal Yisroel up by saying "All Yidden should have as many Brochos as there are stars in the sky!"

Story

Recently I was away and I went over to not yet religious grandparents who were sitting with their Frum children/grandchildren and told them that they have such a beautiful family and they should have a lot of Nachas. The grandparents were pumped. While I was away, I shared with people about the Emuna and Bitochon hotline. I also printed the Spring Hill Times for the family from Canada who were staying next door. They loved the paper and said it was just what they needed.

I just love to try to give people support and chizuk. As an aside: Doing for others makes us feel so good ourselves and fills our own emotional bank account!

Song:

Here are a few ways to use expansion with the Ahava Rabba songs. Expansion means changing things up in a way that helps us solidify, expand and integrate the experience. This allow the experience

to be more a part of us internally and allows for optimal growth.

- 1. Start off singing quietly and then sing louder and louder as you go along
- 2. Sing one line softly and one-line loudly and continue this pattern throughout or make up your own
- 3. Sing some lines slowly then go faster and faster. Change up the speed.
- Add in your own lines to the song
- 5. In the lines that says "I have a bed (fill in your own) because of You" Add in your own things that you have from Hashem
- 6. Memorize your four favorite lines
- Engage in motions as you sing the song
- 8. Take a deep breath before and after you sing every four lines
- 9. Tap on your heart as you sing this song Tune: Ana, Ana, Avda Dikudsha, Birich Hu.

I know I know I know Hashem you are with me

I know I know I know Hashem you love me

I know I know I know Hashem you're sending me loving care

I know I know I know Hashem your always right here

I know I know I know Hashem you are my best friend

I know I know I know all the good is from You Hashem

I know I know I know I am never ever alone

I know I know I know Hashem you're in my home

I know I know I know Hashem gives me everything

I know I know I know Hashem you're my father and my king

I know I know I know Ein Od Milvado

I know I know I know everything is only You

I know I know my heart is beating because of You

I know I know I know I am breathing because of You

I know I know I know I have food because of You

I know I know I know I have a bed (fill in your own) because of You

Hashem you're my best friend every single single single day

No matter what no matter when - every single single day

Hashem, I love you so - so so so so so so much

Hashem I thank you so - so so so so much!

As an adult, I try to sing this song all the time! I try to change

up the motions or dance steps as I sing this song. This creates a function called expansion. When we add change to something while we are singing, it helps solidify the feelings associated with it. The more times we sing and add a small change, the more neural pathways we have connected to what we are doing. This helps it become more integrated into our beings.



• A huge way of sharing and giving to others is if you ever are crying from something that happened - you can give those tears to another person that needs them. For example; Something happened and

I had an automatic response of deep emotion and started crying. Right then, I decided to use my tears to Daven for a couple who doesn't have children. In this way I was giving something deep and profound to this other person even without them knowing!

I took this picture in my walk! Can you take a moment to listen to the sounds you hear outside. Now can you notice more sounds that you did not hear the first time around? Creating a game of finding the beauty in Hashem's gorgeous world helps us solidify the experience, thus making it a real part of us.

Feeling Hashem's Love!

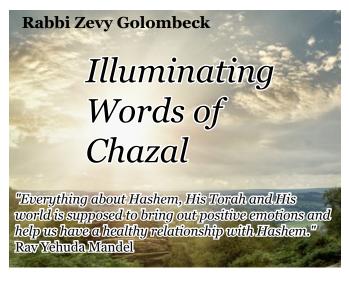
How many love signs have you seen from Hashem recently? Put your "Hashem loves me" glasses on and see how many times you can find Hashem love today! Here are some of our recent stories!

- I was so in the mood of a great smell and all of a sudden, my house smelled like cookies even though I wasn't baking them.
- One day I asked Hashem to send me money from the sky to pay the cleaning lady. I had \$100.00 on the counter in an envelope. I went to open the envelope several hours later and there was \$200.00. There is no other explanation other than Mun from Shamayim. Just remember: Nothing is hard for Hashem!
- I could not find a paper that I really needed. I said Hakol Yochol and it was right there.
- My friends two-year-old was refusing to eat on Shabbos. My friend said she didn't eat all day! So, I took the bowl of cholent and said Hakol Yochol and fed the baby. The baby ate the whole bowl of food very nicely while she was smiling away.
- I have children who come to sessions because they are "very picky eaters" and only eat 3-6 foods. So, we have "food parties". Before the food party, I ask Hashem to help, as Hashem is the only one who can help the food party be a success. Hashem runs all my sessions from beginning to end! B"H many children love the food parties and start eating many more items!

Thank you to my parents and family for always pumping me up and being there for me! Thank You, Hashem, for showering me with daily, love, and kindness in millions of ways.

Disclaimer: All information is for educational purposes only. For any medical or mental health advice contact a healthcare professional. Names and identifying details have been changed.

© 2024 Dr. CFY PhD LCSW Text/call 732-534-2250 to give feedback on Ahava Rabba.



Question: I read all the time from Rav YehudaMandel about how Dovid Hamelech excelled in taking people out of the picture and putting Hashem there instead, especially when dealing with his enemies and people who were out to get him. We hear on 'A Life with Bitachon' that that is how we are supposed to be.

How then do we understand the Gemara Sanhedrin 106b where Hashem wanted to be easy on Doeg (give him Olam Haba, give him children who would learn Torah, have people say over Torah in his name) and Dovid said, "No, I don't want that." It would seem as if Dovid Hamelech indeed kept Doeg in the picture and therefore wanted to take revenge.

In addition, how is that following in Hashem's ways? Is Dovid Hamelech looking for petty revenge? "You hurt me so I'll hurt vou?"

A: Before we answer this question, there are two points that are important to mention. First, Rashi says in Tehillim that when Dovid davened that he wants Nekama on his enemies, it's to bring them to get more Olam Haba. Secondly, I heard from my Rebbe that whenever chazal say "these people lost their chelek in olam haba," actually, through this bizayon, they'll eventually end up getting their final tikkun and will eventually receive a chelek in olam haba. R' Shimon Schwab says about the words "somech Hashem I'chol hanoflim v'zokef I'chol hakefufim." Everyone will eventually get their final tikkun.



Doeg Haadomi did things that were a tremendous chilul Hashem. R' Avigdor Miller says that when a Rasha does things and gets away with it, it's a tremendous chillul Hashem. The way to bring out Kavod Shamayim is to show that the world isn't hefker, you can't do whatever you want and get away with it. That's what we say in Pesukei D'zimra, that chassidim love to see when Hashem takes revenge, because this shows clearly that everything in this world is run by Hashem. Certain people say that you can do whatever you like, there's no din and cheshbon. That's the biggest chilul Hashem. They take people who should







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be locked up and let them do whatever they want. The biggest k'vod Shamayim is when we see that a person is responsible for his actions, when we see that there's a din and a Dayan.

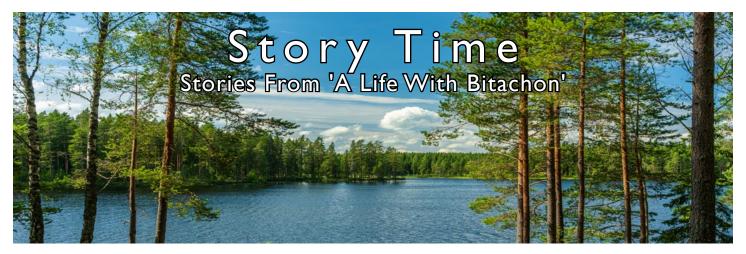
Dovid Hamelech wanted Doeg to get his final tikkun. If Doeg

Haadomi would have gotten away with what he did and gone to olam haba, it would have been a tremendous chilul Hashem, which would have made it more difficult for Doeg to get his final tikkun. In addition, Doeg's olam haba would have been nahama d'chisufa, he would have felt embarrassed to receive something he



didn't deserve. It's important to remember that gehinnom is not negative, it's not revenge; it's soap and shampoo. It's a chessed from Hashem to clean the neshama. Like this, Do'eg would eventually be able to get his final tikkun in the best way.

It's important to note that in those days, many people were on a higher level and wanted Hashem to act towards them with Din. R' Shimshon Pincus brings down that the inyan of nahama d'chisufa is only if a person relates to Hashem as a servant to his Master. If we relate to Hashem as a son to his Father, then we can just say to Hashem, we are your child, you love me unconditionally, so we can get all the Olam Haba without any yissurim and without any issue of feeling undeserving and embarrassed.



#1732- Mrs. Goldblatt said over that she had a teaching job every morning from 9-2. The issue and problem was that by the time she sent her kids off to school, there wasn't enough time left to arrive at her job on time. There was always a lot of traffic. She saw that it was impossible to ever make it there on time. She didn't know what to do. She did not like coming late every morning. She was thinking of speaking to the school, to see if they could help her out, because it was very stressful for her to rush to work in order to be there at 9.

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Mr. Bizyonos

Then she said, "One second. Why do I have to speak to the school? Let me speak to Hakadosh Baruch Hu. Let me speak to the Ribono Shel Olam, and say, "Hash-



em, You're Hakol Yachol. It is very stressful for me to have to come to work at 9:00. You could arrange it that everything will become smooth and easy with menuchas hanefesh and simchas hachayim!"

Later on that day, she got a phone call from the school. They said they wanted to ask her for the biggest favor. She said, "What is it?" They said, "One of our important teachers that used to teach from 2-4 every day just left. We need someone to take over. We'll accommodate you; we'll do whatever it takes to make you happy. Do you think you'd be able to work between 2-4? It would be less hours and more money."

She said, "Are you serious? That's perfect timing! Everything will be amazing! I'll be able to get work calmly, with menuchas hanefesh!"

In no time, she got her dream job, with all the ma'alos, and everything worked out better than ever!!



#1733- R' Lax said over that his Rebetzin told him that she had worked very hard that week, and she really wanted a break from cooking and baking for Shabbos. She asked him

if he had any ideas for her. He said, "Of course! I have the best idea! I'm going to go with Bitachon that Hakadosh Baruch Hu is Hakol Yachol and He can do everything and anything. He can send Shabbos right to our





door!" She said, "Are you serious? Where's everything going to fly in from?" He said, "Very simple! From Hakadosh Baruch Hu, the Ribono Shel Olam! We don't have of figure out eitzos, we just have to leave it all up to Hashem!"

Normally, every Wednesday night his wife would go shopping for Shabbos. This week on Wednesday night, he told his wife, "Do not go shopping for Shabbos! We're not buying anything for Shabbos! We are going with Bitachon that Hakadosh Baruch Hu is going to send Shabbos to our door, with door to door service."

The next day, the phone rang. Mrs. Lax's friend was calling, and she said that she needs a favor. She said, "I'm making a party in my house tonight, and I really want you to come. I know Thursday night is a very hectic time. But I'll make a deal with you. If you come to my house for the party, then I will send you the whole Shabbos from start to finish and everything in between!" Just like that, they got the whole Shabbos delivered to their door, better than ever!



#1734- Tzvi Tesser, a very choshuve yungerman, said over that he was on his way home after first seder, and he called up his wife to ask how she was feeling. She said that she was feeling a little bit under the weather. He told her to make sure to take a nap. She said, "How can I do that? I have to cook supper for the family." He replied, "Your job is to take care of yourself. Hakadosh Baruch Hu will take care of the family. The same Hashem that provided us with food up until now, will be the same Hashem that will provide us supper. From where, from when, from how? I don't have to figure out the calculations. I just have to leave it up to Hakadosh Baruch Hu, the Ribono Shel Olam. He's Hakol Yachol; He can do everything and anything!"

A few minutes later, his wife called him back and said, "You won't believe what just happened! Right when I hung up the phone

after we spoke, all of a sudden a family member called me and said that they would like to sponsor supper for our family tonight! They said, "Here is my credit card, order from wherever you like!" Just like that, they got a free supper delivered to his door, with the best service, better than ever!

On top of that, right afterwards, his Rosh Chaburah said "Oh! I forgot to give you something for Chanukah! I would like to give you a gift card to any restaurant that you would like, and you could treat your family out for a free supper!" In no time, because of his Bitachon, not only did he get one free supper, he got TWO!"





#1735- Mrs. Lander said over that she needed to get a passport to fly overseas very soon, as quickly as possible. So she called up the passport office and told them where she lived. She asked them where the closest place was where she could get an emergency passport right away. They said, "The closest place is eight hours away from your house."

She hung up the phone, and she was thinking, "Well, if that's the only place, then I'm going to have to travel eight hours! I have to do whatever it takes!" Then she stopped, and she said, "One second. That's if you go with teva, with laws of nature; that they can only find an appointment eight hours away. But if you go with Emunah and Bitachon that Hakadosh Baruch



Hu is Hakol Yachol and He can do everything and anything, then Hakadosh Baruch Hu could make it that they'll find a place much closer, and I'll only have to travel HALF that amount of time!"

With that, she called up again and this time she pictured that she is calling Hakadosh Baruch Hu, the Ribono Shel Olam, and that He can do everything and anything. She asked them, "This is where I live. Where is the closest place where I can get an appointment right away?" They said, "Wow! Just as you called us up, an appointment opened up less than two hours away from your house!" She saw that not only was it half the amount of time; it was less than a quarter of the time!" .

Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. I try to be a good husband, but sometimes I slip up and my wife feels hurt. When that happens, I apologize and admit my mistake. But my wife doesn't accept my apology. She says, 'you're not sincere. You apologized in the past, but you don't change. How am I supposed to react?

A. There's no reason to fall apart when you slip up. Hashem made humans imperfect. The nature of people is, we try to do the right thing, but sometimes we mess up. It's okay. Hashem just wants us to put in effort to do the best we can. He does not demand results.

As far as how to react, express to your wife that you were not okay, and it was wrong what you did, and you will strive never to repeat it again. And try to say it wholeheartedly.

Rabbi Yehuda Mandel said over:

One of my Rabei'im in Novardhok was married to a critical woman, and she would often criticize him and tell him off.

Whenever she would voice a complaint against him, my Rebbi's reaction was, 'you're right. I feel so terrible that I hurt you. I will make a serious effort to change for the future'.

If she retorted, 'but you told me the exact same thing last time, and you didn't change one bit. You're not sincere!', my Rebbi would respond: 'I feel so bad. Next take just means that he's human. And he time I will try even harder'.

At times, this give-and-take repeated itself many times, and my Rebbe would repeat like a broken record, 'you're right. I feel so bad. In the future I'll try even harder'. Eventually she was satisfied.

In this manner, my Rebbe succeeded in persevering his shalom bayis as well as his



middos.'

This is the way to react to criticism from one's wife, or from anybody else as well.

Q. Whenever I do something to my husband which I shouldn't have done, I apologize. However, my husband finds it very hard to say the words 'I'm sorry'. It's so frustrating living with someone who can't admit that he's wrong. What's the way to deal with this?

A. Someone with a healthy self-esteem has no problem being wrong, he knows his worth, and the fact that he made a misdoesn't feel bad that he's human.

If your husband has trouble admitting his mistakes, that's because he has a low self-esteem, and he feels that if he admits to having made a mistake his whole selfworth is threatened.

When you recognize this, instead of taking your husband's stubbornness personally, you will begin to view him with compassion; 'nebach, my poor husband is suffering from a low self-image'.

The next step is, you, as the wife, are in the position to help him build a healthy self-image. Complement him, give him kavod, let him feel that you hold the world of him. As his self-esteem improves, he will start being able to own up to his mistakes.

Additionally, keep in mind what Chazal teach us כל המעביר על מדותיו מעבירין לו על כל – whoever is not makpid on others, Hashem passes over his aveiros.

When your husband refuses to admit his mistake and you don't make an issue of it, you will be a recipient of Hashem's hanhagah of not making an issue over your aveiros. We don't always apologize to Hashem for all our aveiros. But when Hashem sees that you don't insist on getting an apology from people, and you forgive them, Hashem will reciprocate and will forgive you even when you don't do proper teshuva.

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Baruch Rofei Cholim



I had a very strong stomachache and it really bothered me. It was hard for me to go about my day and do

what I needed to do.

I was reading stories in the Spring Hill Times, and I started saying to Hashem, "Hashem, please, please take away these aches and make it go away! Once it goes way I'll leave a message for the Spring Hill Times." Then, it just went away! But, I forgot about what I said.

Two days ago, I got the pains again; such crazy stomach pains that I couldn't stand. I reminded myself that I had said that once it goes away I would leave a message for the Spring Hill Times. I said, "Please Hashem! Please take it away from me and I'll leave a message in The Spring Hill Times!"

This time I called in my yeshua right away! I'm so amazed by your wonderful work!! It really is mechazek; thank you so much!

A reader

Just Trust in Hashem!



I would like to share my story with the readers of the Spring Hill Times. B"H my son became a Chosson this

chodesh Adar. We didn't want to have a long engagement. But the issue was that

the kallah is from Lakewood, and all and any options for halls within their price range, were booked until Shavuos time.

I said that Hashem is the only One in control, and bli neder, if a good date will open up in the hall that we want, I will write it in to the Spring Hill Times, to show everyone, that

Hashm is in total control, and could work things out, no matter what.

Yes! B"H, the hall that we all wanted, agreed to open a certain day, right after Pesach. They never make chasunas on that day! They made it available just for us! We relied on Hashm, since Hashem is the Kol Yachol, and is the ONLY ONE in control. HABOTAYOCH B'HASHEM CHESED YISOVIVENHU!

A Reader - Monsey, New York

Hashgacha in the Park



My friend had leftover condiments from a party so he dropped them off at my house. We were having a BBQ in the park with our

cousins, so we brought the bag with condiments along with us. We enjoyed the BBQ but only the ketchup and mayo were used.

As we were packing up, we still had a lot of chummus and sauerkraut left that my friend had given me, which none of us wanted. I put it in my crate of paper goods, thinking that once I got home it would surely go to waste. It was dusk, and even though we were getting ready to leave, the park was starting to fill up with other families. Our ride called from outside the park saying that the entrance was closed, we had to figure out how to get to the park exit/entrance.

Suddenly we overhead a girl saying, "You don't have chummus? What's an Israeli BBQ without chummus?"

I offered her mine. She was visiting from Eretz

Yisrael with her friend, and they were both used to chummus at a BBQ, even though her host family hadn't considered bringing it. When she went to get it from our box, she saw the saurkraut. She was interested in that, too, so we gladly gave it to her. The family was happy and we had a much lighter box.

We still had to try to figure out how to get to the park exit. We asked a family who was leaving if they had room for us in their car to drive us to the exit. They didn't, but another couple overhead us asking, and said they do. We were four grown people and a huge box. Most families with kids can't fit that in a car on the way home from a park with their kids, even for a really short distance. This couple had just bought a new car and they both had 7+ seater vehicles. Between the two cars, there was room for all the people, their bike, stroller, and our oversized box. It was a neis!

A Reader

High School Girl Trusts in Hashem



Thank you so much for this incredible magazine! My entire family reads it and really enjoys it!!

Half a year ago, I went to the dentist to get a lot of cavities filled in my teeth. As the dentist was filling one of them, he mentioned that I might need a root canal in the near future. I was very nervous to get it, so aside from brushing my teeth really well, I davened that I would not need one.

Around a month ago, all of a sudden, that tooth started really hurting. My mother scheduled for me an appointment, and I got really scared that I would need a root canal. I came to the dentist, and as the hygienist checked me, the whole time I was saying to myself, "הבל יבול" Hashem can do anything, again and again. The hygienist said that it looks good. Then the dentist came and checked me, and told me, you're doing a very good job, your teeth look totally good. So I mentioned that my back tooth really hurts me. So they checked me again, and I was really nervous, and all of the sudden, she pulled out a piece of a popcorn kernel that was stuck all the way in my gums!! It was nothing more than that!!

- A high school girl

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הנני בזה להכיר ולהודיע בשער בת רבים פעולותיו הברוכות של המכ"ע המפורסם והנודע "ספרינג היל טיימס", אשר מטרתו להפיץ אהבת ה' ואהבת ישראל וכל כולו בנוי על טהרת הקודש ללא שום ידיעות חיצוניות מאומות העולם, וכל מטרתו להביא לידיעת הציבור הרחב הדברים הטובים שהקב"ה עושה לנו בכל יום – נפלאותיך וטובותיך שבכל עת ערב ובוקר וצהריים.

מאז הווסדו ועד עתה כבר נתפרסם ברחבי תבל – וכל איש אשר רוח התורה נושבת בו – ויראת שמים נוגע בלבבו – קוראו בשקיקה ומביאו לתוך ביתו לזכות את נפש ביתו – כיון שכל כולו מביע רוממותו והדרתו של עם ישראל בהנהגותיהם בין אדם לחבירו – ולהראות טובת ה' על עמו באספקלריה של תורה.

אך במקום גדולתו שם אתה מוצא את גרעונו הכספי, כאשר הוצאותיו עולים מדי חודש בחדשו ושבת בשבתו – ואין לו אפשרות לכסות את עצמו – שהרי אין בו שום פרסומת – כי כל כולו נתייסד ללא השפעות חיצוניות, ע"כ אחלה נא פני אחי ורעי לעמוד לימין העוסקים והמסייעים בדבר זה – כדי שיוכלו להמשיך ביתר שאת וביתר עז – לפרסם בגאון בעוז ותעצומות את דבר ה' – ולמצוה גדולה ייחשב לכל התומכים – ויזכו לברכה המשולשת בני חיי ומזונא רויחי להם וכל אשר להם.

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Nutrition Facts

Enough servings for the entire family		Serving size 1 issue of Spring Hill Times	
Amount per serving	% Daily Value	Amount per serving % Daily	Value
Love For Hashem 20,000g	1%	Ads on Shabbos Og	100%
Thinking about Hashem 40,000g	12%	Feeling Proud to Be a Yid 90,000g	22%
Upsetting News Og	100%	Talking about Hashem's Greatness 300g	.500%
Blameful News Og	100%	Making Serving Hashem Exciting 80,000g	30%
Happiness 800,000g	25%	Being Mekdesh Shem Shamayim 950,000g	17%
Appreciating Hashem 60,000g	45%	Putting Focus on Human Beings 0g	100%
Emunah 50,000g	10%	Encouragement 150,000g	30%
Bitachon 50,000g	10%	Bringing Hashem and Klal Yisrael Closer 50,000	50%
Love for Torah & Mitzvos 100,000g	15%	Bringing Bracha to the World 750,000g	10%
Making Olam Haba Important 1,000,0	000g 20 %	Giving Hashem Pleasure 50,000,000g	25%
Making Olam Hazeh Important 0g	100%	Middos Tovos 67,000g	40%
Feeling Hashem's Goodness 2,000,00	0g 1%	Makes You a Better Person 6,000,000g	50%
Love for other Yidden 500g	3%	Yearning For Hashem 12,500g	33%

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Hashem Loves You!

Yitzy* ran a very successful business buying merchandise at discount prices and selling at a profit. Everything was going smoothly until one major shipment didn't sell, and he was now one hundred thousand dollars under. His entire business was in danger of collapse.

Yitzy went to the bank and asked to borrow one hundred thousand dollars. The bank manager said that he didn't qualify for such a large loan unless someone offered their home as security.

In desperation, Yitzy approached his friend Mr. Goldberg*, a wealthy Yid who lived in Far Rockaway.

"My business is failing. I need to borrow 100,000 dollars from the bank to keep it running. The manager said I don't qualify. Would you be so kind as to place your home as security for the loan?" asked Yitzy.



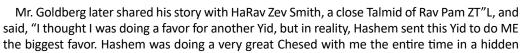
Mr. Goldberg thought to himself, "If I place my home as security, and he doesn't repay the loan, the bank will take my home away! Surely this favor is beyond what I can do." But then he remind-

ed himself that Yitzy simply had no other option. He knew Yitzy was a trustworthy person and really wanted to help him get back on his feet. "Sure. I will do it for you," Mr. Goldberg replied.

Mr. Goldberg went to the bank the next day. The bank manager asked him for his home address. When Mr. Goldberg provided it, the manager replied, "I'm so sorry, but I cannot use your home as security for this loan, because your home has no flood insurance, and it's located in Far Rockaway. If you wish to purchase flood insurance for three and a half thousand dollars, we would then be able to use your home and I will approve the loan."

Mr. Goldberg thought to himself, "I went above and beyond and gave my home as security for Yitzy. Now I need to pay another three and a half thousand dollars as well?" But then Mr. Goldberg said, "If this is the Mitzva I can do to help a friend get back on his feet, I will do it B'Simcha!", and he proceeded to purchase the flood insurance. Yitzy was overjoyed when the loan was approved.

A few months later, Hashem sent Hurricane Sandy to the East Coast. Many areas were affected. A large number of homes in Far Rockaway were flooded beyond repair. Mr. Goldberg's home went underwater and experienced major flooding damage. His home was worth a lot of money, and now it was gone. And then he remembered that he purchased flood insurance to help another Yid. He called the insurance company and they paid him for the damage.







way.'

Things are never the way they seem, and when we look a drop deeper, sometimes a few months or years later, we discover that what may have seemed like a great challenge at the time, was actually the greatest Chesed from Hashem, more than any other Chesed! Hashem was saving us and protecting us the entire time!

And that's the message of Purim – Things may seem headed the wrong way, and then Hashem turns the whole thing around and shows us that He was holding our hand the entire time!

Hashem is always with us! Hashem is holding our hand with great love!

Hashem loves us!

Taken from the 'Hashem Loves You Hotline' 267-833-0596

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