

The Spring Hill Times

Times of Mashiach

ומלאה הארץ - דעה את ד'!

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הסכמת גדולי
 ראשי ישיבות
 Page 3

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The Spring Hill Times is a non-profit organization that is dedicated to spreading the goodness of Hashem around the world.

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Yitzchok I. Kaufman
56 Spring Hill Terrace
Chestnut Ridge, NY, 10977
845-327-5041
thespringhilltimes@gmail.com

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Newspaper Topic:

Hashem

Publisher / Editor:

Yitzchok I. Kaufman

Finance Director:

Yoni Kohn

Contributors:

R' Zevy Golombeck

R' Label Lam

R' Y.Y. Friedman*

R' Shalom Yedidya Klatzko

R' Nesanel Landesman

R' Moshe Davidson

R' Moshe Hirschberg

R' Daniel Garfinkel

R' Daniel Sasha

R' Baruch Rosenstock

R' Eliezer M. Niehaus

Rabbi Shraga Freedman

R' Chaim Tzvi Blau

Graphics:

R. Berger

Rachelli N.

Comics:

N.L. Ross

Ahuva Rothenberg

Kav Hashgacha Pratis
518-613-0140

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ישעיה בן משה יחיאל מיכאל זיידא, חוה רבקה בת שלמה זלמן, לבי הירש בן אליעזר הלל, ריזל אסתר בת דב בעריש, דוד זאב בן משה מנחם, זייטל בת שלום אריה, נפתלי בן יעקב, יעקב לבי בן יוסף, דוד יעקב בן משה אליהו, חי חנה בת בנימין, ביילא בת נתן, גיטל בת דוד, משה בן לבי, אברהם דוד בן נפתלי.
 לזכות הבחור משה דוב בער בן אסתר, לזווג הגון בקרוב.

לע"נ ר' שלמה זלמן
 בן ר' ישעיה זצ"ל



מכתב ברכה וחיזוק מזקני ראשי ישיבות באמעריקא

הנני בזה להכיר ולהודיע בשער בת רבים פעולותיו הברוכות של המכ"ע המפורסם והנודע "ספרינג היל טיימס", אשר מטרתו להפיץ אהבת ה' ואהבת ישראל וכל כולו בנוי על טהרת הקודש ללא שום ידיעות חיצוניות מאומות העולם, וכל מטרתו להביא לידיעת הציבור הרחב הדברים הטובים שהקב"ה עושה לנו בכל יום – נפ- לאותיך וטובותיך שבכל עת ערב ובוקר וצהריים.

מאז הווסדו ועד עתה כבר נתפרסם ברחבי תבל – וכל איש אשר רוח התורה נושבת בו – ויראת שמים נוגע בלבבו – קוראו בשקיקה ומביאו לתוך ביתו לזכות את נפש ביתו – כיון שכל כולו מביע רוממותו והדרתו של עם ישראל בהנהגותיהם בין אדם לחבירו – ולהראות טובת ה' על עמו באספקלריה של תורה.

אך במקום גדולתו שם אתה מוצא את גרעונו הכספי, כאשר הוצאותיו עולים מדי חודש בחדשו ושבבת בשבתו – ואין לו אפשרות לכסות את עצמו – שהרי אין בו שום פרסומת – כי כל כולו נתיסד ללא השפעות חיצוניות, ע"כ אחלה נא פני אחי ורעי לעמוד לימין העוסקים והמסייעים בדבר זה – כדי שיוכלו להמשיך ביתר שאת וביתר עז – לפרסם בגאון בעוז ותעצומות את דבר ה' – ולמצוא גדולה ייחשב לכל התומכים – ויזכו לברכה המשולשת בני חיי ומזונא רויחי להם וכל אשר להם.

ג' תמוז ה'תשס"ג
 ר' יצחק יוסף
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Serving size 1 issue of Spring Hill Times

Amount per serving	% Daily Value	Amount per serving	% Daily Value
<u>Love For Hashem 20,000g</u>	<u>1%</u>	<u>Ads on Shabbos 0g</u>	<u>100%</u>
<u>Thinking about Hashem 40,000g</u>	<u>12%</u>	<u>Feeling Proud to Be a Yid 90,000g</u>	<u>22%</u>
<u>Upsetting News 0g</u>	<u>100%</u>	<u>Talking about Hashem's Greatness 300g</u>	<u>.500%</u>
<u>Blameful News 0g</u>	<u>100%</u>	<u>Making Serving Hashem Exciting 80,000g</u>	<u>30%</u>
<u>Happiness 800,000g</u>	<u>25%</u>	<u>Being Mekdesh Shem Shamayim 950,000g</u>	<u>17%</u>
<u>Appreciating Hashem 60,000g</u>	<u>45%</u>	<u>Putting Focus on Human Beings 0g</u>	<u>100%</u>
<u>Emunah 50,000g</u>	<u>10%</u>	<u>Encouragement 150,000g</u>	<u>30%</u>
<u>Bitachon 50,000g</u>	<u>10%</u>	<u>Bringing Hashem and Klal Yisrael Closer 50,000</u>	<u>50%</u>
<u>Love for Torah & Mitzvos 100,000g</u>	<u>15%</u>	<u>Bringing Bracha to the World 750,000g</u>	<u>10%</u>
<u>Making Olam Haba Important 1,000,000g</u>	<u>20%</u>	<u>Giving Hashem Pleasure 50,000,000g</u>	<u>25%</u>
<u>Making Olam Hazeh Important 0g</u>	<u>100%</u>	<u>Middos Tovos 67,000g</u>	<u>40%</u>
<u>Feeling Hashem's Goodness 2,000,000g</u>	<u>1%</u>	<u>Makes You a Better Person 6,000,000g</u>	<u>50%</u>
<u>Love for other Yidden 500g</u>	<u>3%</u>	<u>Yearning For Hashem 12,500g</u>	<u>33%</u>

HASHEM WATCHES OVER US!

On Erev Pesach in Ganei Geula, Yerushalayim, two terrorists drove their car into a group of Yidden. They then came out with guns but BOTH of their guns jammed!!! According to reports the terrorists were banging the guns on the floor in an attempt to unjam the bullets! Nobody was hurt other than a few scratches!

**חסדי' ד' כי לא - תמנו כי - לא כלו - רחמיו!
GANEI GEULAH**

HASHEM HEARS OUR TEFILOS!

An incredible story that took place in Queens, New York, on Thursday Parshas Shemini.

The delivery man from the Kosher Delight Meat Store* was making his rounds delivering chicken and meat to customers.

At about 12 p.m. Mrs. Goldwasser* called the store that her order didn't arrive. Mr. Pollack* the owner of the store told her that the delivery man was still making his rounds.

She kept on calling every few minutes asking about her order. Turns out that her delivery was brought to the wrong address. Mr. Pollack sent Mrs. Goldwasser a new delivery of chicken and meat. Some time later, a woman called the store that there was a box of meat by her door that she didn't order. Mr. Pollack told her that it was a mistake and that someone would come pick it up. He asked the woman if she could please put the meat in her fridge until the delivery man would pick it up. At



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about 6 p.m. the woman called up that the meat was still in her fridge and wasn't picked up. Mr. Pollack called the delivery man and he said, "I'm so sorry I totally forgot to pick it up and I finished doing my rounds for the day. Mr Pollack then called up the woman and told her that the deliveryman wouldn't be coming. "Would

**CHASDEI HASHEM KI - LO SAMNU!
Iran Shoots Missiles, Hashem Knocks them out of the Sky!**

On Motzai Shabbos Parshas Tazria, Iran sent hundreds of missiles and suicide drones towards Eretz Yisrael.

Hashem, using the United States, Great Britain and the Israeli Army shot down almost all the threats!

Very little damage and no casualties to Yidden reported!!

Thank You, Hashem! We love You, Hashem!



it be okay if you keep the chicken and meat for yourself?"

The woman on the other side of the line started crying. She explained that just a few weeks before her husband lost his job. There was no money in the house and she couldn't buy chicken and meat for Shabbos. In the morning I took out a tehillim and davened to Hashem to send me chicken and meat. Now I see that Hashem answered my tefila!!!"

Editor's note: I heard this amazing story from a neighbor of mine who heard it from a brother-in-law of the meat store owner.

A TASTE...



It was Shabbos HaGadol afternoon and R' Avraham from Chestnut Ridge, New York, was on his way to Shul. The weather was absolutely gorgeous! The temperature was perfect, not too hot and not too cold, with a delicious breeze. It reminded him about what life is going to be like after Mashiach comes... Pure bliss...

P.S. Words cannot describe the stunning perfect weather Hashem gave the tri-state area during Chol Hamoed... Thank You, Hashem!

OUR STUNNING NATION

According to reports coming out of Lakewood, New Jersey, there was a plumber who was called down to someone's house to fix something.



He was missing a piece and a fellow plumber, a competitor of his, drove down to the house to supply the missing piece!!!

In other news:

The Goldstein family from Monsey, New York, went to two different free food distributions in Monsey



Lekavod Pesach. They received: oil, potato starch, chicken, grape juice, cantaloupes, honeydews, eggs, nuts, carrots, sweet potatoes, clementines, lemon juice, vinegar cases of apples, potatoes, peppers, onions, yogurts and much much more! They were overwhelmed with kindness!

In other news, R' Chaim from Monsey, New York was talking to a friend of his who had just married off his daughter. The only thing his friend had to say was: "Such Chesed in Klal Yisrael." He couldn't believe how much kindness he received from all directions!

Mi K'amcha Yisrael!

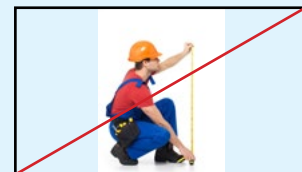
HE PASSED THROUGH ALL THE BARRIERS

A Yid from Manhattan told me an amazing story. Sometimes, he explained, it seems to you that you can't get what you want, that you have no chance

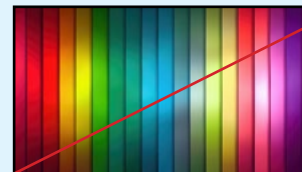


WHEN YOU SEE ANOTHER YID:

Ignore how long his beard is!



Ignore the color of his jacket!



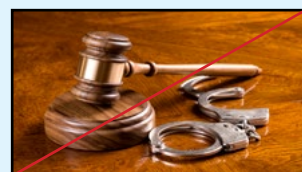
Ignore the size of his wallet!



Ignore which leader he follows!



Don't accuse! Don't judge! Don't convict!



of getting it, but if Hakadosh Baruch Hu helps, even a non-Jew can be the shaliach.

I work during the day, he related. At 2 p.m. there's a minyan for Minchah in the shul located across the street from the store where I work. This is a main street and it's very wide, unlike anything you'd see in Eretz Yisrael. One day, close to 2 p.m., I wanted to cross the street so I could daven with a minyan, and I saw that the entire street was blocked. Uniformed guards were walking around importantly, barriers were set up over the entire width of the street, and there were no vehicles on the scene other than a police car. I tried to cross the street, but one of the security guards stopped me immediately. "No crossing here!"

"Why?"

"The president is going to be passing here now!" Nu, if the president has to pass on this street that is indeed important, but I had something even more important to do. I needed to daven with a minyan! Two p.m. was approaching, and I had to cross that street! I had to! I could have said, That's the situation; there's nothing to do. The president needs to pass here, and I will daven biyechidus, because I have no way of getting to shul. But, I thought, while the president is the most important non-Jew in the United States, and he is certainly an influential person, Hakadosh Baruch Hu is the King of all kings, and His influence is far greater than anything imaginable. I am going to daven to Him, and He will certainly help me get to shul.

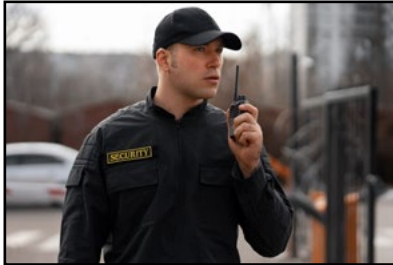
I told the officer, "I want to speak to the man who is in charge here" – the head security guard. The policeman pointed to a huge soldier and said, "There he is." I went over to him and asked, "How long does this street need to be closed?" "Until the president passes by," he said.

"I want to cross the street," I told him.

"There is no entry."

"But I must!"

"What do you mean, you must? There are many people who want to pass here now. You aren't different from any



of them."

"But I must cross, because there, across the street," I pointed at the shul, "there is a synagogue, and I must go to pray there at two o'clock."

The non-Jew's expression shifted, and he told me,

"Okay you can go, but only for prayer! Not for anything else!"

I nodded my head. He informed all the security guards who stood where I would be walking that they were to open the barriers for me, and I crossed the street. There were other people who wanted to pass, but the head security guard did not allow them to under any circumstances. I was the only one who was given permission to cross, and only one way, and only in order to pray.

What would be after Minchah? I had no clue. I didn't want to be stuck, but first, I had to daven. With a minyan. The excitement over the president's passing by and all the hectic preparations around him aroused me to daven with kavanah before the King of all kings. I had received permission to daven to Him, and the fact that only I had been allowed to cross the street was a

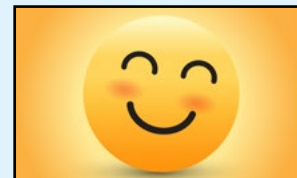


WHEN YOU SEE ANOTHER YID:

Remember that he is part of your family!

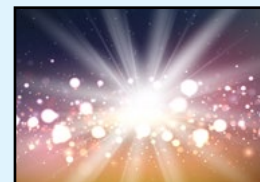


Notice his smile!

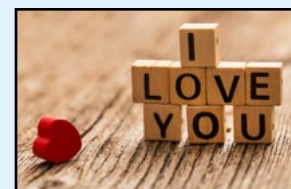


SEE BEYOND THE SURFACE!

See his holy Chelek Elokaï m'ma'al- his glowing Neshama!



Accept him and love him to pieces!



sign from Shamayim that Hakadosh Baruch Hu wanted my tefillos, and He opened the barriers for me so that I could get to a minyan.

After Minchah all the barriers were removed, since the president had already passed. "You lost out," someone told me. "You didn't get to see the president!" But I knew that I hadn't lost anything. The truth was the exact opposite – I had gained worlds. I had davened. [Kav Hashgacha Pratis]

PESACH NEEDS PROVIDED



I am a Yid from London. It was on Erev Pesach 5756 – quite some time ago – when I was twelve and a half. We would clean the house well, and then we would wait to go out shopping. In our house we knew that if we wanted something new, we'd have to wait for Pesach. Then you could get everything – shoes, clothing, kippah, tzitzis,

and a suit. Games – not for everyone, but nonetheless, a new game was one of the things we'd buy before Pesach. As children, this was a special experience for us, and we waited anxiously for our parents to call us and say that it was time to go to the store.

We dared not ask.

In truth, even if we could ask, that year we knew that asking wouldn't help. I was a very curious boy, and despite the strict chinuch of our home, I had my ways of understanding things. I understood that the financial situation in the house was difficult. It seemed my parents were scraping the bottom of the barrel just in order to provide our basic needs.

How would they be able to buy everything we needed for Pesach?

We were advancing nicely with the cleaning. My father took out several cartons of old documents and decided it was time to throw them out. But he wanted to keep the looseleaf binder and the folders, as they were in good condition and could be used again. "Michel," Abba called to me, "can you please take the documents out of the folders?" I was happy to do so. I enjoy such jobs. I could peek at the documents and see all sorts of interesting things, and I also like to deal with papers and files. It was just the

job for me. I sat down near the cartons and started working. There were orders for merchandise, deliveries, dates. Nothing interesting there. Another file, another folder, and suddenly I saw a banknote sticking out of one of the folders. I leafed through the file and discovered it was filled with banknotes of various denominations. I counted them and discovered that there were 800 pounds there!

That is a really large sum.

I was very excited. I called my sister and told her, "I think we'll be able to go out shopping today. Look what I found."

She was just as excited as I was. We went upstairs to our parents' room together. I could hear Abba and Ima talking. Ima was saying, "We need shoes for Michel, Shima'le, and Raizy. We need new socks for everyone. And what about wine and matzos?"

"Yes, yes, it's all really important," Abba said. "I'm breaking my head trying to figure out where we'll get the money for all these things."

At that moment I wanted to burst into the room with the 800 pounds, but I was a product of my British chinuch, and I would not dare to do so.

I stood outside and knocked on the door until I was give permission to enter.

EPIC PUPPET ENTERTAINMENT

World's Largest Puppet Show



**DON'T BLAME PEOPLE FOR ANYTHING!
THEY ARE JUST PUPPETS IN THE HANDS OF HASHEM!**

“What do you need?” my father asked.

I said nothing, but simply showed my father the money. He was amazed. “What’s this? Where is it from?”

“I found it in one of the folders you asked me to empty out.”

My father got emotional. “Hodu la-Hashem ki tov!” and he immediately started giving instructions. “Take it and go buy shoes, clothing, and everything you need.” The revachah had come in one shot. He even gave each of us pocket money.

When the excitement died down, my father remembered where the money had come from.

Ten years earlier, my father had owned



a fish store. He would order merchandise from a fish vendor in the marketplace, who would bring the fish late at night, when my father wasn’t there to pay him. So Abba would prepare the money to give him and would leave it in a folder on the counter, and the vendor would take the money himself. During the final week before the shop closed, Abba prepared the money in the folder, but ultimately he didn’t order the fish. The vendor never came, and the money remained. Eventually, the folder with the money was put into a carton with other folders, and now, when my father asked me to empty it, the treasure was revealed.

It was amazing to realize that Hakadosh Baruch Hu had watched over our money for that Erev Pesach, when Abba was in a real pinch, and He had arranged that Abba would

want to throw out the cartons...

Baruch Hashem, our Pesach needs were amply met. [Kav Hashgacha Pratis]

IT DISAPPEARED IN HIS POCKET

I knew that the envelope was supposed to come. It contained payment for a certain job that I had done, and I was waiting impatiently for the money. I called the messenger who was



supposed to bring me the envelope, and I asked him when I could expect him.

He apologized a thousand times. It was not pleasant for him to talk about, and he couldn’t imagine how it happened, but he could not find the envelope. “I have no idea where it could be. This is so strange. Believe me, I’ve looked everywhere.”

You can tell when someone is telling

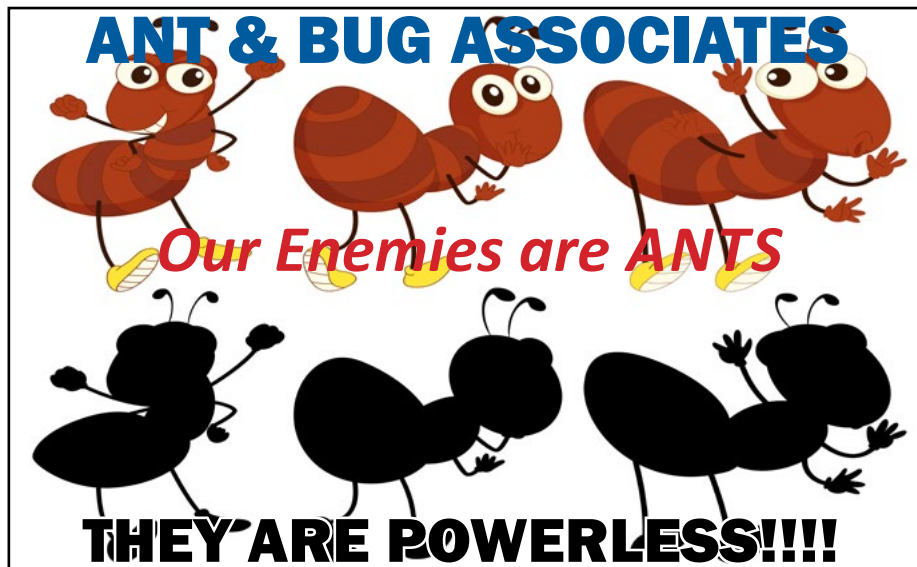
the truth. I did not suspect that he stole it, and I also didn’t blame him for negligence. The problem was the envelope. I needed the money.

What should we do?

Several days passed, and I asked myself again and again, What should we do? Hakadosh Baruch Hu had sent the angel of forgetfulness so the messenger would not find the envelope, and this meant that I had to make a cheshbon nefesh. What does Hashem want from me?

Perhaps I should give more tzedakah? Since this idea came up in my mind, I acted on it immediately. I took a sum of money and put it into an envelope, intending to give it to tzedakah immediately. That same day the messenger called me. “Listen, I don’t understand what’s going on here. I don’t know why I couldn’t find the envelope before. It was there in my pocket! You can take it!”

I saw tangibly how Hakadosh Baruch Hu wanted to arouse me to give tzedakah, and once I “took the hint,” the envelope was found. [Kav Hashgacha Pratis]



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בשבת בביחד!



Teach Your Children the Ways of Hashem!

Teach them Torah



Weekly News Report

By R' Yisrael Meir Ehrenpreis

Hashgacha Pratis!

R' Adams,* a Rebbe, was preparing a shiur about kavod ver-



us hachna'a. He wanted his shiur to be tied into the Purim story. He said to himself, "I'll call the Bitachon Hotline and listen to the yesod section." That day, the yesod was all about the difference between Mordechai and Haman. Haman was desperate for kavod; he needed everyone to bow down to him, and if one person didn't, nothing else was worth anything. What happened to him? He ended up on the gallows! Mordechai was someone who didn't care if people liked him. A lot of people didn't even like him! Look what happened to him; the yeshua came through Mordechai! The yesod was exactly what R' Adams needed for his shiur!

Mi K'amcha Yisrael!

R' Eliezer Hess gives a Daf Yomi shiur in Roberts shul. After Shacharis on Purim, he was collecting in the shul. Some-



one in the corner of Shul gave him some money, but at the time, he didn't realize how much he had given him. Afterwards, he checked the amount and saw that he had received a thousand dollars in cash. He was surprised by the amount and realized that he needed to say a proper thank you; he hadn't realized that it was such a large sum of money.

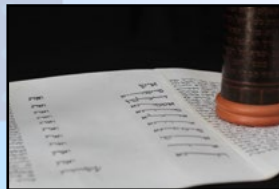
He didn't even know who the person was; he had never met the person in his life.

He went over to the gabbai of the shul and asked him if he knew who that person was that had been sitting in the corner. The gabbai said, "No, why?" He said, "I want to thank him! He gave me \$1,000!" The gabbai said that he would check the surveillance cameras of the shul. They checked the cameras, and the gabbai said, "Oh, he is the son of someone who lives a few houses down."

R' Eliezer wanted to show his hakaras hatov. He went to the man's house and told him that he wanted to speak to his son because he wanted to say thank you. His son came to the door, and R' Eliezer said, "Thank you so much! You don't even know me, and you gave me a thousand dollars!" The son said, "It's matanos l'evyonim, what's the big deal? And I forgot, I only gave for myself. I have to give for my wife. Here's another thousand!"

Megillah Marathon

Hillel Akilav is a talmid of Rabbi Golombeck. His yeshiva had an off-Shabbos for Purim, so he went home to Queens. He spent his Purim going from hospital room to hospital room leining Megillah for any person who wanted. He did house calls, went to sick patients, and went to nursing homes! He said that he leined for so many people that he couldn't



even keep track of how many people it was! Can you imagine? That's how he spent his whole Purim day! While he was in the hospital, a non-religious family heard him leining Megillah for somebody

else. "Can you also read the Megillah for us?" they asked him. "We don't want to miss out just because we're not religious. We know this is what Hashem wants us to do. So we want to do it. We want to make Hashem happy."

He leined for a non-frum family because they didn't want to feel left out by not doing a mitzvah!!

Undamped Simcha

Rabbi Golombeck had a flood in his basement, which caused a lot of damage, so he filed an insurance claim. He hired a public adjuster to make sure the insurance company would give him the full amount of money he needed to make the repairs. After the insur-



ance company told Rabbi Golombeck how much money they would be giving him, Rabbi Golombeck started to regret hiring a public adjuster. He thought that the insurance company would have given him the same amount even without the adjuster, and now he had to give the adjuster 10% of the claim. Then he realized it was just his Yetzer Hara! Instead of being happy and grateful to Hashem for all the money he would receive, and that it was enough money to cover the cost of the repairs, he was regretting his decision. The Yetzer Hara was just trying to dampen his simcha!

Shortly after he realized this, he received a message from someone who had not used a public adjuster, and the insurance company only gave them half the cost of what he needed to fix his damaged house! Rabbi Golombeck saw clearly that Hashem was helping

him regain his simcha by appreciating the fact that he had hired the adjuster!

Editor's note: As long as an adjuster is fair and reasonable use him. Please beware of using adjusters who give inflated assessments. Your insurance rates and those in your neighborhood may rise dramatically as a result, wiping out any unjustified gains...

Bitachon Apartment

Mrs. Weitz* was looking for an empty apartment for her son and his family for Shabbos. She made many phone calls to all different people who she heard were going away for Shabbos, but none of their apartments were available. She thought to herself, "What should I do? I did so much hishtadlus,

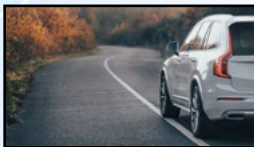
but I still didn't find anything!" Then she thought, "I know! I'll do the best hishtadlus, I'll leave it up to Hashem! I am not making any other phone calls."



Later on that day, one of her neighbors called her up and said, "You know, I just decided to go away for Shabbos. If you know anyone that needs my apartment, I'll be happy to lend it out." Mrs. Weitz told her neighbor, "I need it!" Hashem found the perfect apartment for her!

Hashem Arranges Every Ride

Rabbi Golombeck went to the va'ad of his Rebbe, Rabbi Yehuda Mandel. It was raining, so he wanted to drive. However, his wife needed the van, so she dropped him off. He didn't know how he would get home. Right when the va'ad ended, he saw a Yid walking towards him. Rabbi Golombeck asked, "Why are you coming now? The va'ad is already over!" He said, "I came to ask if you needed a ride! I want to ask you for a favor, so I wanted to do you a favor. I'll bring you wherever you need to go!"



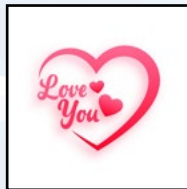
Fill Your Bank with Chessed!

Rabbi Golombeck was in Santander Bank waiting in line, and there was a Heimeshe Yid behind him. Rabbi Golombeck told him, "I know time is precious to every Yid, but you should just know that I'm going to be very quick. I am making one transaction, and I'll be out before you know it." The other yid said to Rabbi Golombeck, "You know what? I appreciate you telling me that so much. I'll tell you why. You show that you care about me and you care about my time. You realize that we're waiting in line. Some people could take a long time, they can make five transactions, and it could take 10 minutes. Now I'm calmer because I know it's going to be just a couple of minutes. You gave me menuchas hanefesh. You didn't have to tell me this, but you made me feel so good." You see how important it is to think of ways to make people happier and more than that, because he said thank you so much, it made Rabbi Golombeck feel so good that he did something good!



Flooded with Hashem's Chessed

Rabbi Golombeck had a flood in his basement, and Baruch Hashem he saw so much Chessed and Hashgacha Pratis in how Hashem orchestrated every detail! His tenants had to move out due to the flood, but there was a young family in the same complex who had a baby a couple days earlier, so their basement was empty. Rabbi Golombeck's tenants were able to stay right across the street for the first week! Secondly, Rabbi Golombeck was planning on redoing the whole basement to make sure there wouldn't be any mold, and the insurance company was willing to give enough money to cover all the damages! Otherwise, they would have had to pay thousands of dollars! Thirdly, the Golombecks



had to find a new place for their tenants as it would take a month to fix up the damage. Fortunately, they found a Chosson/Kallah apartment available for rent down the block, completely furnished, and they said they could use it for as long as they wanted! Hashem took care of everything!

It's Already Found!

Mrs. Leiberman's* daughter called her up frantically to tell her that she had just lost something extremely important. Mrs. Lieberman told her, "You know, it was already found." Her daughter said, "Are you serious? How do you know where it is?" Mrs. Lieberman answered her, "I don't know. I know it's where it will be found." Her daughter said, "What is this, a joke?" She said, "No, this is how a Life with Bitachon told me to talk. I'm supposed to only say positive lies, and that's called having Bitachon; just say, of course, you already found it." Her daughter said, "Mommy, you want me to lie? I can't do that. I can't lie. I'm too upset. I don't know where it is." Her mother said, "It's okay. No problem. I'll lie for you; it's already found."



A couple of hours later, her daughter called her up. "I found it!" she said. "Now I see what you were telling me, and I see that in the future, I should do exactly what you did!"



UPDATED DAILY!

- 1: Daily News Update
- 3: Weather
- 4. Shiros V'tish-bachos
- 6: The Spring Hill Times
- 8: Archives
- 9: Leave a Message



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TIME FOR REVIEW

Hear the forecast for Hashem's weather for Monsey, Lakewood, Brooklyn Yerushalayim and London!

Option 3 from Main Menu.



Boy From New Jersey Davens to Hashem

It was raining on this past Shabbos Zachor in Lakewood, and eleven-year-old Mayer Dovid davened to Hashem that He should please hold off the rain until Tuesday. That's what happened. The rain stopped and it did not rain again until Tuesday!



Hareni es - maraich Hashmini - as koilech

Nes Purim 5784

R' Avrohom from Eretz Yisroel was crossing the street on Purim. A bus hit him. He flew a few meters in the air and he landed on the sidewalk. Nothing happened to him! No broken bones, not even a scratch!



Hodu laHashem ki tov - ki l'olam - chasdo

Chessed and Bitachon Joined Forces

Chani was an older single girl. She decided to learn a sefer on emunah and bitachon as

a zechus for her friend who was married for a bunch of years but had no children. That friend learned that same sefer on emunah and bitachon as a zechus for Chani to find her shidduch. Baruch Hashem Chani got engaged, and she finished the last page of the sefer on the night of her wedding! Her friend stopped by at the chasuna to dance with her and then continued on her way to the hospital to give birth to her first baby, a baby girl!



Ki vo - yismach libeinu - Ki beShaim Kadsho - batachnu

The following story is verified and true. It happened to my sister.

My sister was recently makabel to be extra careful on Shabbos, to remain calm and happy and not get angry and upset. As it says in the seforim that getting angry on Shabbos is included in the lav of "lo sevaru eish bechol oshvoseichem."



On this past Leil Shabbos, one of the foods got burnt and she felt herself getting upset, but she was misgaber and remained calm and happy! It was not easy for her, but she succeeded in keeping the happy Shabbos atmosphere! She went to sleep after the seuda and my father, who was nifter about eight months ago, came

to her in a dream. He was in the house wearing a white shirt, he was smiling, and his face was radiating a tremendous simcha. My sister said it was a clear and vivid dream. It was true. In her dream she was saying to herself, "How could this be? My father was already nifter." Then she woke up. My sister felt that the tremendous simcha and happiness that my father had was a result of her being miskaber and not getting angry!

Menucha visimcha ohr layehudim yom shabason yom machmadim

Child Lives with Bitachon

Mrs. Weber worked at a company which laid off almost all its workers. She was fired. She came home and she told her family that she was out of a job. Her child said, "Mommy, you always teach us the parnasah comes from Hashem. It's not up to the company to fire you. It's up to Hashem." The company later called her back, saying that they wanted to rehire her. Out of all the workers that they fired, they chose her back!



Vehaboteach baHashem chessed yisovive-nu

Anti-Semitism is on the Decline

R Dovid, a yungerman from Eretz Yisroel, hired an Arab handyman to fix some things in his house. While the handyman was there, he noticed other things that needed to be



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Love your friend to no end!

fixed, and he fixed them. When it came time to pay, he told R' Dovid "I'm only charging you for what you called me down for. The rest of the work that I did for you is free!"

Ahavti eschem - amar Hashem

Hashgacha Pratis

I mentioned a story that happened in this past leil Shabbos to my sister. She had a nisayon to get angry and she was misgaber to keep a happy and calm "Shabbosdiga atmosphere" in the home. My father then appeared to her in a dream, smiling and looking very happy. My sister mentioned that he was wearing a beautiful, sparkling white shirt like she had never seen before. My brother-in-law remembered hearing that the Malbim and others say that clothing represents middos based on a possuk, but my brother-in-law could not remember where the possuk was. Yesterday he was learning Parsha with his chavrusa. He came to that possuk that is merameiz that clothing represents middos! He clearly felt the open hashgacha!



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Mashgiach min - hachalonos meitzitz min - hacharakim

Man Says Birchas Hamazon with a Geshmak

R' Eli is a younger man who lives in Eretz Yisroel and is struggling with Parnassah. He saw an ad in "The Spring Hill Times" that when one bentches with geshmak it brings bracha into his life. He wanted to eat something that was just a mezonos for breakfast, but he decided to wash and bentch. Later on that day, he got a call from an organization. They told him that they have food boxes available. "Would you like them?" R' Eli answered, "Sure!" They delivered to him cases and cases of desperately needed food for his family. Hashem showed him with so much bracha!



Veachalta vesavta - uverachta es Hashem Elokecha

Klal Yisroel Loves Hashem's Torah

Mrs. Meyer was expecting a baby. They were anticipating complications. They hired a high risk doctor from Manhattan to deliver the baby. When the time came for her to give birth, her husband was in the middle of giving a shiur to Balabatim. She did not want to disturb him, so she

went to the hospital alone. When she got to the hospital, they gave her a bed and the baby was born smoothly and painlessly, with no complications! She never had such an experience!



Ein ohaveha kiYisroel

Hashem Loves Klal Yisroel

Yesterday, Tuesday during recess at the Vizhnitz cheder in Boro Park, some boys noticed from the window smoke coming out of the manhole in front of the

yeshiva building. They then saw fire shooting out at the building. They quickly ran to the principal's office to alert him. The principal quickly pulled a fire alarm and the entire yeshiva got together to leave the building. They tried getting out by the exit, but it was blocked by the fire. They went to a different exit, and Baruch Hashem everyone got out safely! Just as everyone left, another manhole exploded right in front of the exit that they had just left from! A couple of minutes later, a third manhole exploded. Had they all not left when they left, they would have been trapped in the building! After the fire was put out, they detected in the building a very high level of carbon monoxide that was deadly. It turned out that a gas pipe had exploded under the building. Had the boys been in the building at that time, it would have been a catastrophe. Hashem was watching over his precious children!



Hodu LaHashem Ki Tov, Ki l'olam - chasdo

Hashem is Running a Perfect World

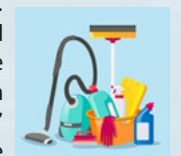
R' Yehuda is a rebbe. He needed to buy matzos, but he had no idea where he was going to get the money from. He counted all the money he got over Purim from his talmidim, and it came out to the exact amount of money, to the penny, that he needed to pay for the matzos!



V'divrei - niflaosecha asicha

Hashem Sends Family a Cleaning Lady

R' Chaim's family desperately needed a cleaning lady. He looked high and low for one, but to no avail. Everyone told him that it's impossible to find one. He turned to Hashem and he said, "Hashem, You're the Kol Yachol, and You can find me a cleaning lady." Not long after that, there



Enjoy YOUR Lunch!
Eat the lunch that Hashem made for YOU with love and care.
DON'T EAT SOMEONE ELSE'S LUNCH!!!

Enjoy: Your talents! Your strengths! Your feelings! Your intelligence! Your family!

was a knock on the door. It was a cleaning lady. She asked, "Are you looking for cleaning help? I'm available to work."

Baruch Hagever asher yivtach baHashem

Hashem Takes Care of Us

R' Dovid, a yungerman from Lakewood, New Jersey, lived on a kollel budget. He did not have an extra penny to his name. He was making a bar-mitzvah, and he also had to pay \$15,000 for his children's camps. He had no idea where he was going to get the money from. He turned to Hashem. He said, "Hashem, You're the Kol Yachol. You could send me money through the pipes." R' Dovid then had a flood in his basement. He filed an insurance claim, and the insurance company gave him tens of thousands of dollars. He then found a repairman who was willing to fix up his basement for less than half of the amount of the money that the insurance company paid him. He was left with

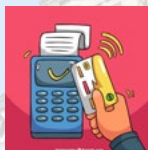


more than enough money. He paid off the bar mitzvah and camps, and he was left with extra!

Poseach es - yadecha umasbia - lechol chai ratzon

Yidden Love One Another

Gavriel Klein was in BP graphics developing some pictures. He tried paying with his credit card, but it was not working. A different Yid saw what was going on, and he said, "I like making Yidden happy, and I want to pay for your pictures!"



Mi k'amcha Yisrael!

Hashem Hears Our Tefillos

Mrs. Haberfeld from Lakewood, New Jersey was dropping off her daughter at playgroup. She davened to Hashem that her daughter should have a good time, and she davened to Hashem that he should let



her know that her daughter was doing well at playgroup. Later on, her daughter's morah called her up and started telling her how well her daughter was doing and how her daughter loves being in playgroup. She also called to remind Mrs. Haberfeld

that she needs to pay for the month. Hashem answered her tefilla and orchestrated that the morah should call her!

Baruch shomea tefilla

Woman Has Bitachon

Mrs. Weiss from Lakewood, New Jersey had a phone that was not working. There was an outage from AT&T. She had many important texts that she was supposed to receive, but nothing was coming in. She started to get frustrated. Then she thought to herself, 'Why should I get upset? Hashem is in control. Let me listen to a shiur from R' Yisroel Brog, and Hashem will work everything out for me.' A couple of moments later, her phone started working!



Vehaboteach baHashem chessed yisovivenu

Girl Turns To Hashem

Every morning before Bracha goes to school, she makes herself a smoothie. One morning, the blender was not working. She tried this and tried that, but to no avail. She put her trust in Hashem, and she started singing Hakol Yachol. When she was done, she tried the blender, and this time it worked!



Baruch hagever - asher yivtach BaHashem

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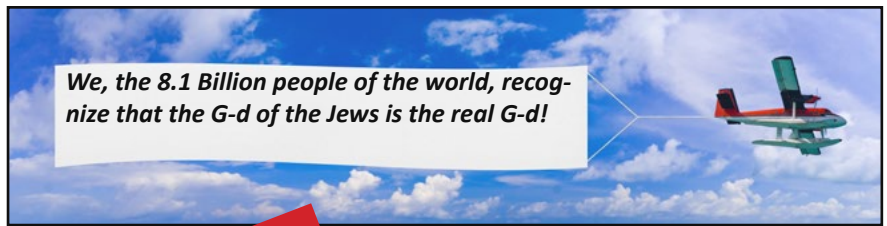
- Schools**
- Yeshivos**
- Shuls**
- Families**
- couples**
- Kids**
- Adults**

and anyone else

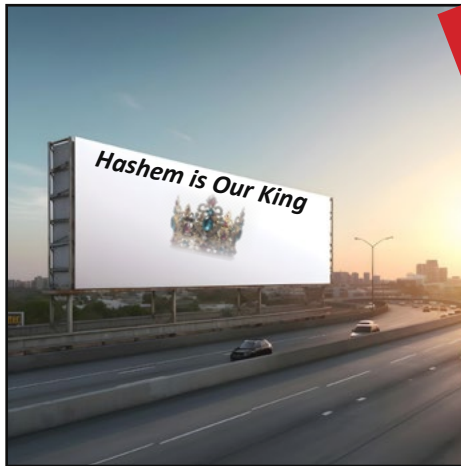


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ומלאה הארץ - דעה את ד'



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Put Your Trust in Hashem!
It's the Only Way to Get Anywhere!

LIVING WITH HASHEM

By Rabbi Zevy Golombeck

Editor's note: Many of these stories are from Av-Tishrei.

BITACHON BRINGS SHALOM

Mrs. Klein was having Shalom Bayis issues. She started following 'A Life with Bitachon', and it changed her life! Whenever a nisyaon comes up, she listens to a yesod or something else from the hotline, and it helps her. She didn't know what to do about Shabbos, so Rabbi Golombeck advised her to start getting the Spring Hill Times. One Shabbos and Yom Tov, a very big nisyaon came her way that made her feel very down. The friction level started rising. She remembered the Spring Hill Times, and she quickly took it out and read it. She felt like a new person! Her whole Yom Tov was beautiful: no incidents, no issues, no problems.



It's a minyan factory with so many minyanim, and even so, every minyan has more people than seats. Baruch Hashem! One day at Shacharis, a yid came into shul, and there were no seats left for him. He came and put his tefillin bag in between mine and the yid next to me. There was no seat there, and really the newcomer was on top of the other yid. The other yid saw what was going on, and instead of making a fuss about it, he just moved to a different place. I was amazed to see such ahavas Yisroel!



HAKARAS HATOV!

Binyomin Kaplan, my neighbor, makes a mishmor every week with all the kids in my complex. My son Avrumi is gluten-free, so Binyamon Kaplan is very considerate and always makes sure to bring special gluten-free food for my son, so that whenever the other kids get regular food, he should have gluten-free food.



SHELTERED BY HASHEM

Michel Klien from Beitar was reading The Spring Hill Times when he heard a siren to indicate that there was a missile being fired. He was not nervous or shaken because he was reading all the positive stories and felt so watched and protected by Hashem! When he had to go to the shelter, it did not make him anxious at all!



Once, someone who wasn't from the complex came and sponsored mezonos. Binyomin told me that my son Avrami, a 12-year-old, went looking for the sponsor to say thank you, even though he wasn't able to eat the food he brought!

AHAVAS YISRAEL

I daven by Leifer's and Baruch Hashem it's quite full and growing. There are always more people than seats.

THE BEST THERAPY

Mrs. Greenberg* noticed that she was feeling stressed and tense. Her husband noticed this as well and asked if she had stopped listening to the A Life with Bitachon hotline. She responded that she did stop listening because she had been really busy, but went right back to listening!



A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
 - 2 Today's STORY of Bitachon
 - 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
 - 4 This week's connection of Bitachon to the PARSHAH
 - 5 QUOTE from Sefer "Bitachon Weekly"
 - 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
 - 7 Today's STORY how Bitachon helped someone through a Nisyaon
 - 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
 - 9 RECORD your Questions, Stories & Comments
- * Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
* Back to Prev. Menu	0 Bookmark save	# Bookmark Continue

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Lakewood	732-719-3898
Monsey	845-470-5577
Five Boroughs	929-470-5577
England	03-303-502-368
Australia	(3) 99-997-300
Canada	647-498-7700

A Life with Bitachon in Yiddish
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USA: 845 -262-5115
UK: 0330-325-1260

Thank You Hashem for Bicycles! We can get exercise or just get from place to place so enjoyably!



Thank You Hashem for Airbags! Our cars have extra protection for us!



5

Weekly



Thank You's

By: R' Simcha Elefant - Yerusha-

L'zechus that people should feel loved by Hashem!

Thank You Hashem for Police! They help keep things safe and under control!



Thank You Hashem for Vacuum bags! We can store so much in small spaces!



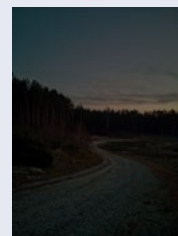
Thank You Hashem for Magnets! We can easily put things on fridges and also use them to pick things up!



Then

1800's

It was pitch dark. It was dangerous... Very hard to avoid potholes and the mud...



&

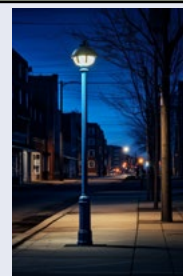
WALKING IN THE STREET AT NIGHT?



Now

Today

Enjoy the brightly lit streets! Enjoy your headlights and brights! Enjoy the paved roads! Thank You, Hashem! We love You, Hashem!



Parsha Game

Fun and an interactive way of learning Torah!

KEDOSHIM

Q: Where in the Parsha do we find a connection with the pictures below?

ANSWERS ON PAGE 37



Parsha Delight Question of the Week

פרשת קדושים תשפ"ד (5784)

In pasuk (19:16) it states "... לא תעמד על־דם רֵעֶךָ ..." "... you shall not stand by [the shedding of] your fellow's blood...". Rashi states, לראות במיתתו ואתה יכול להצילו, "watching your fellow's death, when you are able to save him" isn't it obvious that the pasook is speaking of a case where the observer can save him?
Surely, there is no expectation to save him when he can't!

Please email your answer(s) to parshadelight@shiurenjoyment.com and enter to win a \$5 Raffle

 **ShiurEnjoyment** -

Contact Michael Yaakov with any questions at maggidshiur@shiurenjoyment.com or (917) 626-8306

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Start Today!
Study the weekly Parshah!
Shnayim Mikra V'Ached Targum
=
Gan Eden!
With Rashi too
=
Double Gan Eden!

Kedoshim - Riddle #86

It is forbidden to create a stumbling block, regardless of the hour on the clock. There is something else included in the parameters of a "Michshol." It is hinted in the fact that the word is spelled not whole! The letter Vav's absence is coming to indicate, a Halacha that our curriculum definitely does inculcate. Do you know which Halacha?

**To hear the answer to the question, press x14 # 86 on the Chaishek HaTorah
Line 845-720-4040**



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Doctor Dr. Chaim Altzisgut M.D. Date Kedoshim

I'm prescribing 4 medications for you.

Patient

Hashem has given me a wonderful life. I can't enjoy it because I'm constantly afraid that Hashem is going to take away all the good from me. The worrying doesn't allow me to focus on all the good. Please help!

1. Hashem will never ever 'take away good' from you. He loves you with no strings attached and everything He does, whether sweet or painful, is wonderful!

2. What Hashem has in future for you is none of your business. So MYOB! Leave it all in His hands. Enjoy what He has given you today!

3. Use this as an opportunity to get closer to Hashem. Daven to Him that He continue giving you open Chesed.

4. Picture yourself being hugged tightly by Hashem and all your worries will disappear!

DON'T FORGET YOUR DAILY EXERCISE!

Stay Fit!

Remind Yourself that Hashem Loves You to No End!

WONDER DIET

Lose Aveiros Naturally



Just Tell Hashem That You Are Sorry!

Ayin Tova

Seeing the good in every situation



CASE OF THE WEEK:

Ten-year-old Shifra was thrilled when her mother told her they would be spending the afternoon together. They were to go out to eat, shop a little, and then go to Shifra's favorite museum. The whole morning, she waited anxiously for the afternoon to come already. An hour before they were meant to leave, her mother got an important phone call. When she got off, her mother, sadly, told Shifra that something came up that she had not anticipated, and they couldn't spend the afternoon together. She half promised that they would make it up some time soon. Shifra was obviously very disappointed.



Help Shifra have ayin tova for her situation.

R' Nesanel Landesman

You can send your suggestions for the AYIN TOVA CASE to:

ayintovanewsletter@gmail.com

Or call [Israeli daytime hours only]: USA: 831-244-6019 Eretz Yisrael: 052-760-5409

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Suggestions for the case of when Chaim is fired from his job where he worked diligently for eighteen years



- Chaim's boss felt that Chaim had become too attached to his current job, and it wasn't great for his growth. So, he fired Chaim so that he'd need to find a new job and hopefully this time maximize his potential.



- He is only being dismissed from this part of the company, and later on he will find out that he is getting promoted.

- Perhaps the employer hadn't needed him for a while already

and kept him on out of appreciation for all the years of hard work.

FEELING DOWN?

Look Up!

Bring Hashem into Your Life!



It's the solution to Every Problem!

- Hashem clearly has a different plan for his avodas Hashem; maybe even a more enjoyable one.
- It is an opportunity to work on real emunah and bitachon.
- He should try and trust that his employer must have had a decent reason to do what he did.
- He could be thankful that Hashem gave him a nice job for eighteen years and focus on the fact that Hashem gave him a tremendous gift.

SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

Eyebrows



Did you ever notice that people naturally have different hair patterns? Wavy, kinky, curly, stringy, bald—and yet everybody’s eyebrow pattern goes from the inside to the outside, from the nose to the temples. Everybody. Why is that? And what is the function of eyebrows? I have a theory.

The possuk says, “Bezei’as apecho - tochal lechem, by the sweat of your brow shall you eat.” Here you have a fellow who’s working hard in the field, and he’s kicking up dust, and he begins to perspire, and now you have rivulets of water, bearing silt and dust, that are rushing towards and threatening his vision. But before they reach his sensitive eyes, they meet—like the gutters and leaders on a house—the



eyebrows, and the water is carried off to the side, to the temples, or down the break-bridge—down the nose. And if some water happens to penetrate that first line of defense, so now we have eyelashes that naturally bow upwards, and those little droplets can be easily eliminated—in the blink of an eye. Wow!

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Living With Appreciation

R' Daniel Shasha

One of the mitzvos discussed in our parashah is Orlah. It is forbidden to eat from any fruit tree during its first three years of growth. In the fourth year, the fruits have a special holy status and must be eaten in Yerushalayim or redeemed (19:23). Subsequently, it is permitted to eat the fruit from the tree. What is the reason behind this mitzvah?

The Ramban answers with something beautiful. He explains that the basis behind this mitzvah is appreciation! It is essential that we attribute the fact that we have delicious fruits to Hashem and praise Him first, before we benefit from them. Therefore, during the first three years, when the fruits are not yet so developed, we are forbidden from eating them, since we have not yet had the opportunity to praise Hashem for the best fruits. Only in the fourth year, when the crops have fully developed, we are commanded to take them to Yerushalayim or redeem them. This is a way of praising Hash-



em for our delicious new fruits and recognizing that all is a gift from Him, before we benefit from them!

We learn from the mitzvah of orlah that everything we have is such a precious gift from Hashem, and it is essential to express gratitude before benefiting. This is also the reason why we are commanded to recite berachos before we eat and drink. As Chazal teach, "it

is forbidden to benefit from this world until we recite a berachah" (Berachos 35a). Each bite we take from an apple, each sip of coffee we enjoy, is such a priceless gift. Reciting berachos is the perfect way of expressing appreciation, showing how thankful we are to our loving caring Father, for His unlimited gifts. After all, Hashem could have just given us a simple pill which contains all the nutrients we need. In His great love, He gave us such a large variety of delicious foods and drinks, just to enjoy. Pausing and saying a berachah with a bit more thought can go a long way.

Continued on page 36

4 Weekly Quotes

“ Before we benefit from anything in this world we should pronounce Hashem’s name over it, blessing Him and realizing that this good ultimately comes from Hashem. (Ramban, Derech Hashem 4:9:2) ”

“ One who knows how to praise Hashem appropriately, then He will answer their prayers and assist them. (Zohar vol. 1 p. 178b) ”

“ When we recognize Hashem’s Goodness and thank Him, we will witness more of His Goodness. (Rabbi Akiva Eiger, Derush V’chidush,1) ”

“ Hashem yearns for our blessings. Our blessings go Upwards and illuminate the Shechinah. (Zohar vol. 3 p. 270b) ”

Let Us Thank Hashem for...

Couches. They are just so comfortable! We can sit or lie down on them, as a great way to unwind after a long day. They can even be used for sleeping, if there are no beds available.



Chizuk Corner

Rabbi Y. Y. Friedman

I am writing this article a week before Pesach during the chodesh of geula, I am wondering if this article will still be applicable at all. You see the article that I am writing is about mesiras nefesh, and the one of the things that won't exist when Moshiach comes is this amazing trait of mesiras nefesh.

This is for two reasons. Firstly, when Moshiach comes there will be such an outpouring amount of love that will be coming from Hashem and from Klal Yisroel, so there will be no room for mesiras nefesh.

Let me give an example. Before Moshiach if there would be a tremendous storm, and despite the storm a Yid heads out to shul getting drenched, this is an act of mesiras nefesh. However, once Moshiach comes and we feel the love of Hashem and we feel the how precious it is to daven, it won't much of a challenge. Just like it wouldn't be a challenge to pick up a hundred million dollars in such weather.

Furthermore, as the Rambam teaches us when Moshiach comes we will have a life full of menucha. We will have many servants and goodness will flow as the Rambam elaborates. In addition we won't have a Yetzer Hara..

The purpose of this article is to recognize how much mesiras nefesh that we do each and every day. In fact we do it so frequently, that we can take it for granted.

Story: Rav Yehuda Mandel Shlita was once speaking with a couple over the phone. They had called Rav Yehuda with regards to two job opportunities that came their way.

The wife explained to Rav Yehuda that one job had more opportunity with her paycheck, while the other one was less lucrative but more ehrlich.

During their discussion the wife mentioned that in truth there was another amazing paying job but wasn't up to her standards of tzniyus. Rabbi Mandel sensed that this woman didn't appreciate the great sacrifice that she did.

Rabbi Mandel told her "One second! Do you realize what a sacrifice you did for Hashem by turning down that job?" There was a moment and silence and the woman acknowledged it.

At that point Rabbi Mandel gave her a heartfelt bracha that she should find the most amazing job ever. Sure enough with lightning speed against all odds she got a fantastic job that had all the advantages.

Rav Mandel explained to his talmidim that despite the fact that she was moser nefesh for Hashem, she didn't have the proper zechus. That's because she didn't fully appreciate the fact that she was moser nefesh for Hashem.

Mesiras nefesh is an act that shows our great love that we have for Hashem, and we would like to point out how many of us do it each day throughout the day. Let's begin.

Our children - As we mentioned in previous articles taking care of our children is a tremendous act of meiras nefesh. These children are Hashem's children as well and therefore, taking care of our children by day and night is a great constant sacrifice for Hashem.

The workforce - Many people work many difficult hours to feed their families, who are Hashem's children as we explained. This is an act of mesiras nefesh.

Our phones - If one has a device for business or other, and installs a filter which slows the phone down and limits the capabilities, this is a huge sacrifice.

If someone gives up his device (or doesn't purchases it at the beginning) he is walking around throughout his days full of mesiras nefesh. Mi kiamcha Yisroel.

Shacharis - Many people wake up in the wee hours of the morning to daven. Many people wake up even earlier to learn before davening (tribute to Kollel Ohr Shmuel). It's literally mind boggling. We should be full of joy as we are bringing Hashem such a nachas ruach.

Mincha - Each day right in the middle of a hectic work day, people drop whatever they are doing and head to the Shul to connect to their loving creator and sustainer - Hashem. It's fascinating if you think about it.

Maariv - Despite an exhausting day and we are ready to head to our bed, we go to Shul to reconnect to Hashem once again. Truthfully, one can daven at home, but Yisroel are kedoshim and they go to Shul to daven Maariv to bring Hashem a nachas ruach.

In general, tefillah is an expression of mesiras nefesh, because the act of focusing one's mind on Hashem and nothing else takes a great deal of mesiras nefesh.

Learning Torah - Yidden everywhere make time to learn in the morning and at night. Many working people sneak some time in middle of their hectic day. This is mesiras nefesh to be connected to the Torah and Hashem.

Many Bachurim and Yungerleit learn all day with intensity as they delve into the depth of the Gemara or Halacha. Many don't eat much as they are intensely connected to the Torah. They disconnect from world pleasures. This is the ultimate mesiras nefesh.

Tznius - Although many people may take it for granted, it is truly mesiras nefesh for a woman living in 5784 to dress appropriately, especially in the summer. It's no wonder that Chazal say that the Geulah will come in the zechus of the nashim.

All of the above are a just a few example how a Yid's days are packed with mesiras nefesh for Hashem.

Yes Klal Yisroel is wonderful and getting ready for Moshiach. Let's grab as many diamonds and we will take these diamonds with us to Yerushalayim to reap the benefits of all the sacrifices that we have done throughout the Galus for our loving Father.

When Moshiach comes we will appreciate even more all our sacrifices and the entire world will praise Hashem for all the Chessed that He will bestow us. As it says "Hallelu es Hashem kol goyim etc. ki gavar aleinu chasdo", very very soon Amen.



שירו לך שיר חדש!

To Share My Share Of My Daily "Shir Chadash"

R' Moshe Davidson
A Rebbe From Brooklyn, NY

"ומצדיקי הרבים - ככובים - לעולם ועד:
אלו מלמדי תינוקות"

"A Star Teacher"

Did you ever wonder what A Star Teacher means? What is the meaning of that word "star?"

UNDERRATED - Some will tell you that people tend to underrate educators in their service that they offer. Just like the stars are seemingly tiny, but in reality, they are enormous, and way brighter than the sun. Same goes for teachers.

GLOW-IN-THE-DARK - Others will say, "Rebbes are like the stars that shine only at night. Only Chas V'Shaloim in the seemingly darkness of tough times, and trying situations with the education of challenging children, that's when people suddenly realize what the Rebbes are really doing for their children.

"BEYOND – ALL" - A more positive line will be "Rebbes are unreachable and Chashuv and above all, like the stars!"

UNNOTICED - Another positive line you may hear will go something like this. "Teachers are very humble, regardless of their powerful glow and Hashpa'a that they have on other people's lives. In public settings they go almost unnoticed, like the barely noticeable stars".

There is Rashi that quotes a Chazal that uses the same analogy of stars, regarding Hashem's love towards the Shevatim, that He Shows in the Toirah at the beginning of Parshas Shmois. Rashi says there "To let it be known, His love towards them [the Shevatim], that they are like the stars, which Hashem brings out and in, with a counting, and with [calling] their names". Rashi then quotes a Pasuk from the Sefer Yeshaya, to prove this.

I always wondered what was the meaning in those words of Chazal. We all understand why Hashem loves Tzaddikim, but why does Hashem love the stars, more than all His other creations? We don't find anywhere that Hashem calls each and every one of other created bodies, with a name and with a counting. I've asked many Talmidei Chachamim,

and searched Seforim for an answer, but I haven't found any answer to this question yet.

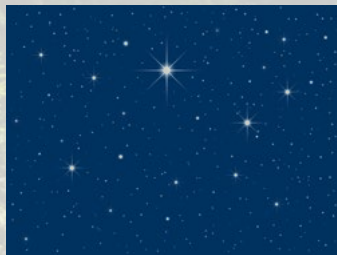
I have an idea which may be an answer to this question.

Hashem's Ratzoin to create this world was because of two reasons:

#1 – To Bestow His Goodness to others.

#2 – To have people create a Dira B'tachtonim, a Place of Dwelling, for His Holiness, in a mundane world.

There are Seforim that tie both reasons together. By the means of Hashem Bestowing His Goodness to this world, people will thank, appreciate, and connect to Hashem, down here in all situations. Thereby they'll bring the realization of Hashem's Presence, and Goodness, in



all situations, regardless where, and in what, they find themselves. By doing that, they'll be Zoiche to a much greater Goodness from Hashem, to the everlasting Schar in Oilam Habbah!

Hashem set up this world in a form of sending down His Shefa through the Mazalois, which are seen as sets of stars. Most of the world receives their Shefa in this way, except for the B'nai Yisroel who aren't bound to the Mazalois, and they can receive their Shefa directly from Hashem. By the means of their Tefilois, and Maasim Toivim, they merit Shefa straight from Hashem!

My idea is that Hashem loves the stars since He sends His Goodness to this world through them (so to speak). This is Hashem's "Derech Hatoiv L'Heitiv"! He Does this with using the stars, so He therefore loves the stars!

The Yidden receive their Shefa by their

davening, and Maasim Toivim, so they are the ones who Hashem loves, for bringing forth into this world His Shefa Toiv, and Goodness, to them and to others, by the means of their good deeds.

Hashem therefore loves the YIDDEN TZADDIKIM in the same way that He loves the stars!

Now we go to the Melamdei Tinoikois, who by teaching Toirah, bring forth the merit, for life and Everlasting Goodness, for their Talmidim, and for others. That'll be in Oilam Habah-The World To Come, which will last forever! SO OF-COURSE THEY'RE LIKE THE STARS!

The Pasuk refers to them as stars, Ka'Kochavim L'oilum Vaed- Like stars, but FOREVER!

We now have a new understanding of the term "A Star Teacher"!

This Purim in the second Adar, I noticed from afar, (it was actually up close) A Rebbe well known as a superstar, delivering Mishloiach Manois not with his own motorcar, nor from a Rent-A-Car, but get this. . . by hanging them from his bike's handlebar! Now this Rebbe can teach a few-hour seminar, with all his teaching repertoire, he's a Rebbe with a capital "R", teaching Toirah B'taharah as a clean reservoir, A real star, way above par, more Chashuv by far, than most others are. Yet with no car, driving on the street tar, all he needed was his bike's bar, and his feelings this didn't at all char, and his heart bears no scar. He has no need or wish to look like a General with a Five Star, or as a CEO with a fancy cigar, he's way above that our Rebbe The- All-Star, shining more than the entire System of The Solar! From the beginning Tishrei month of the Shofar, until the year ending months of Sivan and Iyar, this Rebbe has his heart not only ajar, but open as a huge Sha'ar, to take care of your young child the little na'ar, so appreciate him NOW not only in your family memoir.

Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

THE MAGGID SHIUR

The custom in the Tshebener Yeshiva among the hanhalah was that at least one of the staff would be in attendance at every simchah of the students. This time-consuming and strenuous task was rotated among the rebbeim, for while some of the simchas were local, others were farther away from Tshebin, making attendance a bit hard and draining.

At the engagement of one of their students, the designated rebbi in the rotation was the yeshiva's mashgiach, R' Binyamin Rimer. This engagement party was taking place in the south of Eretz Yisroel, a four-hour trip each way, meaning an all-nighter on his end. For what? For a vort.

R' Binyamin pleaded with his father, R' Mordechai, the Rosh Yeshiva, to make an exception and waive the rule, but his father wasn't swayed. "This is the yeshiva's rule, and it must be followed through."

With that, R' Binyamin headed out on the long journey. When he eventually got to the hall, he saw that it was packed with people, guests traveling in and out every second. Other than the chosson himself, no one recognized him, causing him to think that his trip was a waste of time.

Once he made his way in, the chosson noticed him and brought him to the head table, serving him majestically. After a short while, he was asked to say a few words in honor of the simchah.

Using his unique ability of speaking, R' Binyamin delivered a powerful speech. He closed the way most speakers close their speech at a vort or a sheva brachos by praising the chosson, extoling how special he is, how cherished he is in the yeshiva, how all his friends love him, and how he succeeds in his learning. With that,

he concluded his speech.

Three years later, R' Binyamin was walking down the street and saw that same chosson, now a yungerman, walking toward him with sefarim in his hands. He had the appearance now of a chashuva man, no longer a yeshiva bachur but an avreich who took his learning seriously. This shocked him, as from what R' Binyamin remembered of him, he'd expected this chosson to have gone to work the day after sheva brachos. As a bachur, he hadn't utilized his time properly, showed zero interest in learning, and thus he'd figured that he probably wouldn't continue learning after marriage.

When the avreich approached, they greeted each other amicably, and R' Binyamin asked him where he was and what he was doing.

"I'm a Rebbi in a cheder, and I'm really thriving from my learning and teaching."



The mashgiach questioned him as to how he pulled that off. "Was that the original plan when you got engaged?"

"No," he responded. "When I was in shidduchim, I anticipated that I would be getting a job after

I get married."

"So, what changed?" asked the mashgiach.

"Do you recall how you attended my vort?" asked the yungerman.

"Sure I do," responded the mashgiach. "It was a vort that I'm not going to forget so fast. The eight-hour trip kept me up the entire night."

"Well, those heartwarming words you delivered by the vort greatly impacted me. After hearing those words, my temimos'dike father-in-law was in awe over me — his new son-in-law. After the vort, he approached his wife, my mother-in-law, and started telling her how they struck lucky by getting such a wonderful son-in-law. They had such admiration for me that I simply had to live up to my name.

"After the chasuna, I started to take to it. I started learning properly and grew tremendously. I took pride in my 'name,' empowering me to live up to it.

"That was the changing point of my life. Had you not delivered that speech, showering me with all that honor, I don't know where I would be today. Thanks to your warm words and positive reinforcement, I stand here with pride as a maggid shiur."

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THE WAGON RIDE

Due to the extreme poverty in his family, Shmuel went to work at an age when all his peers were still in cheider just to help his family meet the bare minimum. He made numerous attempts to set himself up in business, but in the end, he found his talents were in importing and export-



ing. This was of great benefit to him, for besides being able to support his immediate family and his parents, he was able to travel in luxury with his own horse and buggy as he made deliveries from city to city.

Munkatch was known for its great tzaddik, the great Minchas Elazar, and young Shmuel sought ways to associate with him and get his guidance and chizuk. One of the best times to meet the Rebbe was when the Rebbe had to attend a gathering or a simchah thus needed to be taken to it. Shmuel would offer the Rebbe a ride, allowing him the chance to speak with the Rebbe uninterrupted. Although the

Rebbe learned most of the time on the journey, Shmuel was still able to get in some time to discuss his pertinent matters.

Shmuel would pay off the boys in the Rebbe's yeshiva to tell him when the Rebbe was traveling. Still, Shmuel didn't always get the opportunity, as it was snatched up by someone else, or sometimes he was unavailable when the Rebbe needed a ride.

One day, Shmuel was informed that the Minchas Elazar would be going to a faraway bris and needed to be transported all the way there. Shmuel excitedly jumped at the opportunity, chartering a special chariot for the occasion.

When the Rebbe saw the chariot, he was taken back. "Is this for me?!" he exclaimed. "You're going to sit on the bench by the rider while I sit in the comfortable leather? Not at all." He headed to the other side of the chariot to the driver's entrance. "I'll be sitting with you on the bench," and so he did.

Years passed, and Shmuel endured much suffering as WWII came and uprooted everything he'd built up and everything he knew. He was confronted with many challenges. During the war the Nazis took everything he had. There was one thing that he managed to hide, and that was a picture of the Rebbe.

He explained to his grandchildren that the support he got from the picture was the kind respect that the Rebbe administered to him on that ride, and that picture reminded him of that episode. If not for that encouragement the Rebbe showed him at that time, he wouldn't have the courage to withstand the challenges.

(Heard on Stories to Inspire, from Mr. Charlie Harari, relaying this about his very own grandfather)

THE WRONG CHILD

A positive word can positively affect a person, even if it was not intended. When a person hears positive words, they fill them with energy and enthusiasm. This story is relayed by R' Elimelech Biederman, who says that this story was told to him directly from the rebbi who it happened to.

There was a child with many challenges. He didn't get along with his friends and was misbehaving in all areas. Whatever he did went sour. At home, he didn't listen to his parents, only causing them stress and tension. When his father questioned him on what he was learning, he couldn't recall anything, and he didn't understand anything his father tried to go over with him. In short, things weren't going well for him at all.

When the time came for the fathers to meet the rebbi, the boy's father expected the worst: how his son dis-

A pink rectangular sticky note with the words "YOU ARE AWESOME!" written in black, hand-drawn capital letters. The word "AWESOME!" is underlined.

turbs the class, how he doesn't listen, and how he must get him help...

When it was this father's turn, he sat down at the rebbi's desk and introduced himself as the father of Shlomie. The rebbi's face lit up. "Shlomie! Shlomie is one of the best boys in my class. He is such a pleasure to have and a pleasure to deal with. He understands everything that I teach him, and when there are boys who don't understand, he is the go-to boy who all the boys turn to. I'm so privileged to have Shlomie in my class."

The father assumed that the rebbi was giving him the standard introduction before he dropped the bomb on

VENOMOUS SNAKE ALERT

WARNING: This venomous snake seems harmless and innocent. He spreads his highly contagious venom making it impossible to retract.



ALWAYS BE ALERT

Lashon Hara

what Shlomie was really like, but the rebbi just continued praising Shlomie to no end.

Understandably, the father was shocked. "Is he sure that he's talking about my son?" the father thought. "I hadn't known this about him. All I know about him is that he is such a troublemaker."

"Are you sure you have the right Shlomie?" the father asked the rebbi.

"Of course," the rebbi replied. "Shlomie is my pride student."

Well, the father was assured that there was no mistake, and thus he went home very happy to have been spared the embarrassment he had been expecting. But what made him even happier was the fact that the son he thought was a failure was essentially succeeding. By far, this was more exciting than anything else.

Upon returning home, his son anxiously approached him, asking what his rebbi had said about him. To Shlomie's surprise, his father repeated his rebbi's unending praise and accolades. "Your rebbi said that you're the star of the class, and that the entire class benefits from you. He is very proud of your excellence, and he just wants to see you continue to grow and exceed."

Hearing this, Shlomie thought to himself, "If that is how my rebbi views me, then I must not be as bad as I think. If he views me as such, I must live up to my reputation." From then on, he turned over a new leaf in his life. He started putting in his all, trying to stand to his name.

The end of the story doesn't have to be told, but as you probably guessed, the rebbi had indeed confused the two Shlomies in his class. Nonetheless, the mistake turned out to be exactly what Shlomie had needed to hear, and it was what turned his life around.

This recalls a question that came to the desk of the mashgiach, R' Chatzkel Levenstein. Boys in the yeshiva came to question the custom of the friends of the chosson making a sheva brachos for him, where they get

up and praise him. Many times, they get up and exaggerate with praises that are far from the truth, showering the chosson with traits he's never exhibited, and they were concerned about m'd'var sheker tirschak. They thus approached the mashgiach for his opinion on this matter.

R' Chatzkel replied with sharp words: "This generation has a sickness. No one praises anyone else. People don't express to each other how they are respected. The only time they do so is by a sheva brachos. And now you're coming to uproot that too? It is the only thing left over from the days in which compliments were given freely, and we must not get rid of it."

From the words of R' Chatzkel, we see a powerful thing. We need inner pride, and he was not going to let it go, however much it may have been over-exaggerated when delivered.

OVERCOMING CHALLENGES

An ordinary-looking fellow in Boro Park was super successful in sh'miras einayim, guarding his eyes. His success was out of the norm, and this envied his friend. "Do you perhaps have no yetzer hara," the friend asked him, "allowing you to withstand this challenge? How do you succeed to reach such milestones against such a strong yetzer hara?"



"No," the man responded. "That is not the case. I have a yetzer hara."

"Do you perhaps have a weaker yetzer hara, allowing you to withstand the challenge?"

"No," he confirmed. "I have an ordinary yetzer hara like any other person. I have the same challenges that everyone has. Sometimes it's easier, and sometimes it's very hard."

"So, how do you succeed in such an outstanding way?"

"I'll tell you the story behind my motivation. As a bachur, I controlled my eyes in an exceptional manner. At that point, I hadn't had such a yetzer hara, and so it was relatively easy.

"One year on Purim, under the influence of alcohol, a bachur approached me in the Tshebener Yeshiva, shaking me like a lulav. He then asked me for a brachah. 'You're the tzaddik of Tshebin,' he told me. 'You're the one withstanding this challenge in the greatest way, and so I'm only asking you for a brachah. I'm not asking a brachah from anyone aside from you. On this special day, I only want a brachah from the most special individual.'

"Those positive words penetrated my heart. Every time that I'm faced with such an opportunity, I remind myself that 'I'm the tzaddik from Tshebin. Does it befit me not to guard my eyes?!"

"Although that drunk bachur was clueless as to what he'd told me the very next day, nonetheless, his inspiration stayed with me all this time, reminding me who I am and preventing me from any downfalls."

R' Moshe Hirschberg is the author of "Zichru Toras Moshe – Heartwarming Stories for the Shabbos Table." To receive the Weekly Zichru Toras Moshe please call 732 569 8111 or email: the.zichru.toras.moshe@gmail.com

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By: Rabbi Shraga Freedman

More Than Meets the Eye

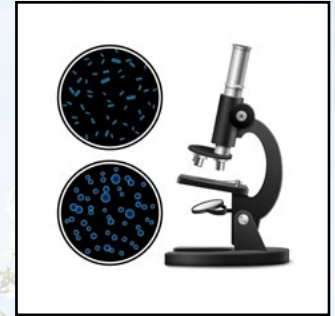
Modern science has taught us that there is far more to the physical world than we can see, but scientists were not always so knowledgeable. Take, for instance, the case of Ignaz Semmelweiss, a German physician in the mid-nineteenth century who noticed that patients appeared to be contracting deadly diseases after being examined by doctors who had handled cadavers. Semmelweiss began insisting that medical interns wash their hands after performing autopsies, and the result was an immediate, sharp decline in the incidence of fatal illnesses among their patients.



Semmelweiss's colleagues, however, refused to accept his explanation for the transmission of disease. Medical science had yet to recognize the existence of germs too small for the eye to see, and doctors felt that diseases could be attributed to a variety of factors. Physicians took umbrage at the suggestion that they were somehow transferring diseases due to the failure to wash their hands, and Semmelweiss was ridiculed, lost his position, and was ultimately confined to an asylum, where he died. Years later, medical science recognized that Semmelweiss had actually been ahead of his time.

As Jews, we should be well aware of the fact that far more exists in the world than our physical eyes can see. The Ramban speaks of "the accursed Greek and his wicked students, who believe only in what their eyes see." We must recognize that what is visible to us is only

a tiny fraction of what actually exists — and just as the physical world itself contains many microscopic elements that we cannot observe, there is also a vast spiritual dimension that is beyond our ability to perceive.



Maintaining this awareness, however, is no small feat. The popular adages that "seeing is believing" and "a picture is worth a thousand words" reflect the power that our visual input wields over our perceptions. We learn about spiritual realities, about kedushah and tumah, about malachim and Olam Haba, but our knowledge of these phenomena is often buried under an onslaught of sensory input from the material world. We may know about the spiritual realm, but we see the physical with our own eyes. How can we train ourselves to see past the material trappings of this world?

We are all trained from the earliest age to cover our eyes when we recite the first pasuk of Kerias Shema. The Chasam Sofer (in Parashas Behaaloscha) explains that every human being is equipped with spiritual "eyes" that enable him to perceive things that are holy and spiritual in nature, but his physical "eyes," with their view of the world, create a barrier that blocks those spiritual perceptions.

The way to open one's spiritual "eyes" is to turn off, even for a brief moment, the input from one's physical sense of sight, thus creating a heightened awareness of ruchniyus.

Thus, we find that after being blinded in one eye by Hashem, the wicked Bilam proclaimed (Bamidbar 24:3-4), "The words of the man whose eye is closed; the words of he who hears the

“

The way to open one's spiritual "eyes" is to turn off, even for a brief moment, the input from one's physical sense of sight.

”

sayings of G-d.” Bilam linked his ability to “hear” the words of Hashem with his inability to see because, as the Kli Yakar explains, “The vision of the heart and the ordinary vision of the eyes contradict each other; when one is strong, the other will be weakened.”

In today’s day and age, we are constantly faced with the nisayon of using our sense of sight properly. The modern world is filled with improper sights, and we are often called upon to close our eyes, quite literally, in order to avoid seeing images that may leave permanent stains on our souls. These nisyonos can be difficult, even overwhelming, but it is incumbent on us to keep in mind that when we divert our gazes from the physical world, we actually gain even greater vision — we gain the ability to perceive the spiritual world.

A frum businessman, Reb Leizer (name changed), was once approached by his excited non-Jewish partner, who had a story to share. “I recently no-

ticed another Orthodox Jew in a public place,” the partner told Reb Leizer, “and there were some sights passing by that I knew you would consider inappropriate. I knew from my experience with you that an Orthodox Jew would try to avoid looking at these things, and I watched that man to see how he would react. Sure enough, whenever something inappropriate passed by, the man placed a book in front of his face until he was sure that it was gone!”

This story is a credit to that anonymous Jew whom the non-Jew observed, but it is also a credit to Reb Leizer himself. Clearly, Reb Leizer has given his partner the impression that Jews live with a different reality, in which their behavior is not governed exclusively by that which is visible.

As Jews, we believe in an entire world that cannot be seen with our human eyes. Let us remember that the hidden world will become much more “visible” to us when we exercise caution with the use of our sense of sight.



Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.

Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

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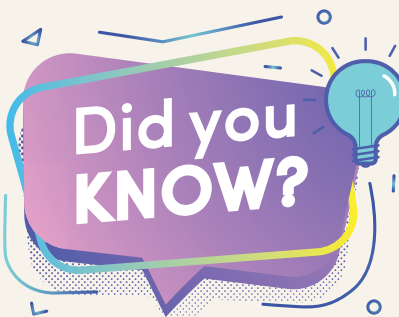
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Yum! Yum! Yum!

But nothing compared to what's waiting for you in the next world!

By: Rabbi Zevy Golombeck



Did you know that Baruch Hashem, we live in a generation that we're all growing and shteiging by leaps and bounds, and we're all looking for chumros, and to take on kabbalos, and to be medakdek in mitzvos. However, in the gemara in the end of Maseches Makkos, it says that Chavakuk came and said, we don't have the koach and strength to put all our focus on chumros and to be medakdek on all the taryarg mitzvos, so we should be putting our ikur energy effort and focus in one mitzva: Emunah, which in-

cludes knowing the purpose of why Hashem created the world and that's to feel loved by Hashem. That's has to be our focus: where to put all our kochos, all our chumros, all our kabbalos. My Rebbe gave over a mesorah from his Rebbeim: whenever things happen to a person, we should examine our actions. We should know what it came for, there are so many things to fix up. The answer is that there are so many things, but we can only put our focus on one: feeling loved by Hashem. That's called Teshuvah. Every time you work on feeling loved by Hashem, you're doing Teshuva.



We live in a generation where so many people don't feel loved, cared for, watched and protected, they don't feel tzufreeden. More than anything else, Hashem wants happy campers, because that's why Hashem created the world, for us to enjoy. If you want to do Teshuvah, do teshuvah on not feeling loved by Hashem. If you want to take on a kabbalah, take on a kabbalah of feeling loved by Hashem. If you want to be medakdek in mitzvos, be medakdek on feeling loved by Hashem. That has to be your goal and your focus and your life's career!

Gold Mines

Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock

R' Boruch Mordechai Ezrachi zt"l once interestingly announced during a speech "I am the רשכבה"ג I am the leader of klal yisroel" and he said it over and over again. The audience wasn't sure why he was saying this. Then he said "now everyone repeat after me about yourselves, I am the רשכבה"ג".

R' Boruch Mordcha was from Slabodka where they stressed how people have no idea how great they truly are. In Slabodka they quoted the pasuk of "מה נורא- המקום הזה- ואנכי לא ידעתי" -this place is so great and I didn't know.



Realizing your greatness is so important and needs a lot of work. The Yetzer Horah will try to stop you from seeing your real greatness. There's a pasuk in Tehillim that speaks about the significance of a person "מעט מאלוקים" - a person is just a little less than a malach! Never underestimate your avoda, your bitachon, or tefila - you have so much power! R' Mandel says that a person has to go extreme with building himself. It comes from Amalek to belittle everything including your own greatness.

MAZEL TOV!

Mazal Tov to R' Yaakov Yehoshua Wicentowsky and family (Lakewood, New Jersey) on the birth of a grandson!

Mazal Tov to R Boruch Rosenstock and family (Lakewood, New Jersey) on the birth of a new baby girl!

Mazal Tov to R' Avi Kolko and family (Chicago, IL) on the Bar Mitzvah of their dear son Yehonason!

Mazal Tov to R Dovid Meshulam HaLevi Weiss and family (Chestnut Ridge, NY) on the Bar Mitzvah of their dear sons Yisrael HaLevi and Yitzchok Eliezer HaLevi!



By: Rabbi Eliezer M. Niehaus

This column is part of the "ASHER TO THE YATZAR" initiative. If you would like to receive the monthly leaflet, please email ashertotheyatzar@gmail.com.

Thank Him Through Staying Healthy

Recently I had the *zechus* to drive Rav Shimon Galai shlit"א to Kiryat Sefer for Shabbos. During the ride he mentioned that for over 50 years he has been on a very healthy diet and way of living. He did not make a big deal out of it, but I understood that he was saying that taking care of our health is a good *hishtadlus* for being able to serve Hashem properly. Indeed, the Rambam (*Hilchos De'os* 4:1,14) and *Tur* (cited by *Mishnah Berurah* 155:11) write that we have a mitzvah to take care of our health through eating properly and exercising so that we will be healthy and strong to do the *mitzvos* of Hashem.



I would like to give an additional reason to watch our health. Dovid Hamelech said (Tehillim 35:10) כל עצמותי תאמרנה ד' מי כמוך – All my bones shall say: Hashem, who is like You? The Midrash (Yalkut Shemoni Tehillim 623) explains that Dovid was saying "I will praise You with every limb and perform mitzvos with each one!" Perhaps we can take this a step further. We have mentioned many times that when we say Asher Yatzar we are thanking Hashem for a healthy body. However, one of the greatest ways to show appreciation for a present is to take care of it! Hashem has granted us with an abundance of delicious and scrumptious foods, through which we can feel His love and come closer to Him. But at the same time, too much good is not good. So, don't just skip that extra piece of cake so that you will fit into the suit you bought for Pesach. Think how you want to show Hashem appreciation for the healthy body He gave you through trying to stay healthy! We IY"H have many years ahead of us to serve Him, and avoiding an excess of fatty, processed foods will help us to do so without needing doctor visits, operations, and hospitalizations.



Hashem has also blessed our generation with many amenities and conveniences that make our lives comfortable and easy, without the need for too much physical exertion. Recently, it was freezing cold, rainy, and windy in Yerushalayim (ok, nothing like the weather in the east Coast, but I am from LA...) and I made sure to thank Hashem for the dry, warm car that I was in. Not taking these comforts for granted makes a person much happier. But at the same time, it is obvious that we must do some sort of daily exercise (even a short walk). Otherwise, our bodies will not be able to help us serve Hashem.

Many say that they see it is true what the doctors say, that staying healthy has helped them be happier and calmer people. At the same time, it is important to not go overboard and get all nervous about your health. A good way to do so is to say a short tefilla before doing an act for your health, such as saying "*Yehi ratzon milfanecha* that this walk should give me good health."

Staying healthy for the correct reason is another way to proclaim: כל עצמותי תאמרנה ד' מי כמוך !!

Rabbi Niehaus is the author of "Oasis: Experience the Paradise of Shabbos" and "Heavenwords: Elevate your Tefillah and Yourself". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a rebbi in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.

The Blessing of Guarding Your Tongue

Rebbetzin Kanievsky A"H quoted Harav Segal, the Manchester Rosh Yeshiva zt"l, who promised that anyone who learns two Halachos of Lashon Hara every day, he would personally act as his defender in Heaven. He wrote, "I have not seen a person who has learned the two Halachos from the Sefer Chofetz Chaim, who hasn't been helped with having children, finding a shidduch, recovering from an illness, earning a livelihood, or properly raising children." Hashem makes great miracles for people learning it.

The Rebbetzin wrote how she saw Hashem perform open miracles being performed for people who had taken upon themselves to learn the two Halachos a day. One story she mentioned was about a childless woman who had a child after 20 years after she started to learn two Halachos a day. The Rebbetzin also told a woman, who had two older single daughters, to learn two halachos each day and shortly afterwards they both became engaged. In another story, the Rebbetzin told a family to learn it, and their mother, who had a malignant growth, totally recovered!

Sometime after reading this letter, I started telling others to learn the Halachos and many people reported the miracles Hashem did for them. This showed me that it is not just a Segulah; it's a method to accomplish what nothing else can. Imagine the impact one will have on his children when they witness their parents learning it. Hashem helps people in what they need.

After hearing many stories, my wife asked me, "How come it works for everyone and not for us? We have three children in shidduchim for years and nothing has happened with them, despite your learning the two daily Halachos."

I told her it was because she was not learning it. She began learning it, and after about six weeks, our second son became engaged. About three weeks later, our oldest son became engaged as well. We were in shock!

Before the Vort of my oldest son, someone in my yeshiva suggested that a brother of his brother-in-law might be a good match for our daughter. At this point our daughter was dating for close to three years. About six weeks later they became engaged. Before making our first wedding, we had three children engaged! It was a miracle from Hashem. (I personally heard over 400 shidduchim stories, even one who was over 50 years old!)

With Siyata D'Shmaya, I have accumulated many miraculous stories of people who didn't have children for many years and stories of people who have recovered from major illnesses. I have a story of a woman who called me up and told me that she and her husband have been doing it for 30 years and they have 14 children, all married without issues in shidduchim. One Rebbi had his 18,000 tax debt forgiven by the government, another person's daughter's life was saved, and at least four people were saved from terrible car accidents. One experienced a miraculous birth that shocked even the top heart specialist, and another saw a difficult child that made a great turnaround. Anyone can see the great miracles of Hashem.

R' Isser Zalman Meltzer zt"l wrote that if a person does not learn the laws on a regular basis, even if he had learned them before, he cannot guard himself properly against speaking Lashon Hara. One who learns them regularly becomes a greater and better person and receives extra help from Hashem. The Chofetz Chaim quotes from the Yerushalmi, that the sin of Lashon Hara is equal to all sins combined; so if one is careful he gets tremendous merit. Dovid Hamelech himself tells us in Tehillim that someone who wants life should guard himself from Lashon Hara.

Which book should you use? Many people have asked me this question. I have over 500 stories in the last five years and many of them came through learning the English book, "Daily Companion" from Artscroll (blue cover). I also have stories from people who learned the "Joseph Drazin" edition (red cover). R' Segal zt"l drew up a calendar of four month cycles, so that one can finish the sefer three times a year in about 3 minutes a day. These three minutes are truly guaranteed to change your life and improve it incredibly. R' Segal asked that the calendar should be put in his grave, saying that it is his ticket to Olam Haba. Many people have told me that their lives have changed, and so will yours- and certainly in the next World. What are you waiting for? Begin today!

You can text me, Rabbi Menache (from Lakewood Cheder and Yagdil Torah) 732-371-0147, for a free USB/ CD with many of the miraculous stories, or for the book, Daily Companion. You can also call the hotline at 641-715-3800; pin number- 419200# to listen to many of the stories. New! Live Chizuk Shiur Sun-Thurs 7:30-7:40 339-207-7874 Previous recordings 605.313.4101 Access# 6575330.

BITACHON POWER!

BY: Rabbi Chayim Tzvi Blau



The Quote – The Lesson – The Story

A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

The Quote: The Chovos Halevavos writes that one who decides that he wants to only serve Hashem and put his complete reliance and trust in Him that he will be successful both spiritually and physically and works on his מדות רעות to transform them into מדות טובות, then he will not turn his back on Hashem when everything will come to him on a silver platter. Once he gets to a level that it will not cause him to become ungrateful and will not start indulging in the pleasures the world has to offer, which generally pull people who have everything, such a man, the Creator will free him from all toil, free him from all forms of Hishtadlus, and he will not have to use all the "גורמים" that Hashem sets up for people to gain their livelihood. Such a person does not need to do any hishtadlus because the reason why we must do hishtadlus do not apply to him. Such a person, Hashem will send him פרנסה without him having to toil at all – he will be given everything he needs in the time that he needs it, as the פסוק says, "לא ירעיב ד' - נפש צדיק"

(משלי י:ג).

The Lesson: WHAT MAKES THIS IDEA SO INCREDIBLE AND AMAZING, is that the Chovos Halevavos is teaching us that true there is something called hishtadlus but there is a way to be exempt from hishtadlus. If we climb the ladder to greatness and slowly gain the level the of the person who the Chovos Halevavos is talking about, we can slowly reduce and minimize the amount of hishtadlus that we do!

The Story: A MAN ONCE COMPLAINED to HaRav Yisroel Salanter, "I bought a lottery ticket and I had emunah that I would win, but I did not win. How could it be?" Rav Yisroel replied, "Let's say the lottery ticket you bought was for a one-thousand-dollar prize. If I would have approached you before the lottery drawing to offer you nine hundred ninety-nine dollars would you have sold it to me?" The man replied, "Yes". "If so, you did not have real emunah, because if you had real emunah you would not have sold the ticket for even one cent less than a thousand dollars". Rav Scheinberg explained, "A person cannot fool himself by saying they have emunah when they really don't." {Heard from Rav Kalmen Krohn זצוק"ל}



The Story 2: ONE DAY, HARAV CHATZKEL LEVENSTEIN זצוק"ל was noticeably happy and there was an unusual radiance of שמחה emanating from his face. Someone noticed this and approached Rav Chatzkel and asked "Rebbe, why is it that the Rebbe has such an appearance of happiness today?" Rav Chatzkel replied "I'll tell you why. When I used to teach in the Mirrer Yeshiva, they did not pay on time, and due to that, I constantly had to work on my emunah.



Later, I became Mashgiach in Ponovich Yeshiva and for years the Ponevezeh Rov worked like clockwork, the money came on time every month without fail. This is the first month that the money did not come on time and that is why I am full of happiness. Now I have the ability to work on my emunah once again. {Heard from Rav Moshe Aron Stern זצוק"ל}



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N'kudos HaKasef

The Tor's Tora

By Mrs. S. Mordechai

BS"D

*We will soon welcome Moshi-
ach, iyH,
with the sound of the great
shofar blast
and the call of one special bird
from Hashem's creation, so
vast.*

*Kol HaTor, the voice of the
turtledove
will be heard in harmony with
the
horn of the ram.
Why this bird's kol
and not the baa of a lamb?*

*As we express the
immeasurable joy we will feel,
why not listen for the trumpet
that*

*emits through the trunk of a
pil? Nishma B'Artzeinu.*

*In Hashem's world there
are a myriad of voices galore
but the love between Hashem
and His Bashert can only be
expressed by the coo of the Tor.*

*The Tor couples for life
and mourns until it's mate re-
turns
just like the G-d of Yaakov,
for His exiled children, yearns.*

*We are His Yedidim
wed forever like the Turtle-
dove.
Under the Shelter of His
Wings,
He showers us with endless
protection, unconditional kind-
ness, and eternal love.*

*When we are redeemed,
IyH, B'Mhaira V'Yomeinu
the tikah of the Shofar Gadol*

*Our own jubilant song will be
joined,
not by a brey or a roar;
but by the glee of that faithful
bird
reuniting with it's Zivug, Kol
HaTor.*

*Hashem's Cloud of Glory
crowned the Mishkan by day,
B'Laila Aish Tihye Bo
for all to see, as He led through
the midbar
Bnai Yisrael, His Beloved Am
K'rovo.*

With jubilant gratitude to Hashem for the Shelter of His Wings and HaKaras HaTov to R. Yitzchok I. Kaufman (The Spring Hill Times); R. Zev Golombeck (The Bitachon Hotline); Artscroll Chumash (Schottenstein Edition: Parshas Tazria Text and Commentaries); R. Shmuel Yerushalmi, Translated and Adapted by Dr. Zvi Faier (The Torah Anthology: Yal-kut Me'Am Lo'ez- The Book of Shir HaShirim); and EK, SN, LJ, JF, LW, RRM, DD, and DMT.

Continued from page 22 The Zohar teaches that when we say a berachah with kavanah, we will be showered with an abundance of blessing. There are many stories of those who undertook to say berachos with more kavanah and saw yeshuos: the following beautiful excerpt is just one example.

A man who suffered greatly from a severe illness went to discuss his predicament with the Biala Rebbe. "I am really suffering", he said: "each day I am coughing so much, life has just gotten so hard." These words had barely come out of his mouth when he had another big coughing fit. After it passed, he tearfully begged the Rebbe for advice which could help heal him. "This is what I recommend," the Rebbe said caringly. "Accept upon yourself to recite berachos, with more kavanah. Before you recite a berachah, pause and contemplate that you are standing in front of Hashem. Then try to concentrate on the meaning of the words: the basic translation is enough."

He resolved to do this and from then onwards, his berachos were said slowly and intently. The next time he went for an appointment, the doctor was in shock! Tests revealed that his severe condition had completely healed. We can't estimate the power and reward we can receive when we say our berachos with intent. (Adapted from Living Emunah 6)

This is an excerpt from the weekly Living Appreciation newsletter, for feedback, to subscribe or to obtain our two minute a day inspiring gratitude journal please contact us at livingappreciation@gmail.com

A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

Hashem created us with a special internal passage from our throat to our nose to enable us to smell our food even after it enters our mouth. If not for this internal passage, we would not be able to smell our food at all after it enters our mouth. Because our lips seal our mouth shut. Our lips seal so tightly that it makes the cavity of our mouth air tight and waterproof, nothing goes in our mouth and nothing goes out. So if we just relied on the external opening of our nose, we would not be able to smell anything after we close our mouth to chew.

That is why the internal passage is so important for our smell and the taste of our food – which is contingent on the smell.

When we chew our food we receive more taste from it. There are two reasons for this; one is because the crushed, broken food covers a larger area in our mouth which gives it more contact and access to numerous taste buds. An addi-

tional reason is that chewing releases molecules that travel to our smell receptors in our nose. Chewing helps us taste and chewing helps us smell. The more we chew, the more we receive enjoyment from what we are eating. If Hashem would not have created us with an internal passage to our sense of smell then all of the molecules of smell that get released when we chew, would not benefit us and give us enjoyment.

This wondrous system that Hashem set up is not only a boost for our enjoyment; it is also very beneficial for our health. We eat to sustain and nourish our body; an important part of healthy eating is to chew our food thoroughly. Food that is not sufficiently chewed does not digest well. Eating too fast can cause feelings of bloating, heart burn, cramps and other ailments.

Hashem wanted

Answers for the Parsha Game page 18
Grape Vines: Hashem told us to leave the ptiluyand v'ra for the poor.
Sift: Hashem told us not to wear Shatnez.

to help and encourage us to eat slowly and chew thoroughly so He set us up in a way that the more you chew – the more you enjoy. Everyone wants to enjoy their food so they chew it well, which causes a heightened sense of smell or taste and more pleasure. Through this arrangement our eating is healthier, digested better and our bodies receive more nutrients and nourishment. This same point is also true for our taste buds that give us more taste when we chew. Such chessed Hashem, He helps us receive more pleasure so that we can receive more health and nourishment.

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Tehillim in Art

By R' Yehoshua Wiseman

054-844-1131

Let Us Imagine

Let us imagine for a few seconds what our life might look like if solid objects would not block light from going through them and we would be able to see through all objects like through glass...

There would be no such thing as shade. Everywhere we would go the sun would be beating down on us. We would run from room to room in our houses, even down to the basement, but to no avail the sunlight would still reach there...

At night, the street lights would be shining right through our bedroom walls and it would be impossible to fall asleep.

We would very quickly become dehydrated and sick from dryness, heat strokes and lack of sleep c"v...

We would be going crazy and would end up moving to the North Pole from September until March where is would be

dark and to the South pole for other months of the year in order to avoid the sun...

Everything would be see-through like glass! People would be crashing into each other.

We would try to sit down on a chair only to discover that we are sitting on top of someone's head or in a bucket



of dirty mop water that the cleaning lady left around..

We would be running to catch a ball and baaaam.... We would smash into a tree c"v...

We would open the refrigerator to see if there is food but

we would see nothing. Then we would look in the freezer, again nothing. Then in the pantry and nothing. We would keep on searching for hours upon hours looking for something to eat...

We would finally find something to eat. We would put it in our mouth and discover that it is a mouse trap or a bunch of nails...

There would be so such thing as color... Everything would be see-through... We basically would see nothing all day and life would be incredibly dull...

We wouldn't even see our own houses. We would wander around outside bumping into trees, cars, walls and people in a desperate futile search to find our houses... Babies would crawl outside the house and we would have no way of ever finding them again...

Looking for Chometz on Leil

**NOBODY HAS EVER DEFEATED KLAL YISRAEL!
AND NOBODY WILL EVER DEFEAT
KLAL YISRAEL!**

**We Are Safe and Secure in
HASHEM'S MIGHTY ARMS!**

OLAM HABA ESTATES
The Place We Call Home

Serve Hashem with Love!

Bedikas chometz would be a horror story... We would check again and again and need to feel every part of the house to make a proper bedikah. Even after finding something we would have no idea what it is. We wouldn't know if it was a pretzel, watch or cellphone...

We wouldn't be able to read! The pages and ink would just be see through!

When walking, we wouldn't know if there was a hole in the ground. We wouldn't notice if there was a branch or a rock on the ground and we would be tripping and falling all the time. Everyone would be tripping over the people on the floor.

Hatzalah would be called but they would have no idea when the scene was. They would waste precious moments running around in circles. They would even ride their hatzalah trucks right onto the injured

people c"v...

And worst of all, we wouldn't be able to properly fulfill almost any mitzva and we wouldn't be able recognize the greatness of Hashem and count all His kindnesses, making this world truly a most miserable place

Scientists would try to find a working solution...

But everything would just fail...

Who designed with infinite brilliance that light should bounce off the trillions of things in our world???

Who has the unlimited knowledge that the world could not exist if light would travel through all items?!?!?

Who manufactured with



infinite perfection that light should travel through glass?!?!?

Who designed with unlimited resources and power that light should travel through air?!?!?

Who designed with infinite wisdom light rays???

Who gave us, with unlimited kindness the gift of eyes that absorb the light and make us see?????

YOU HASHEM, BLESSED BE YOUR NAME!!!

Thank You Hashem for this wonderful, beautiful, life saving, multi-trillion-dollar gift: of reflection of light rays that You give us, with endless love and utmost care, every second of the day, 365 days a year and free of charge!

The Spring Hill Times Fire Dept.

Important Safety Tips How to Prevent Fires.

1. Flee, as far and as fast as you can, from a fight.
2. Maintain a safe distance from fights - a minimum of 1000 miles.
3. Drown yourself in all the good Hashem gives you and be as uninterested as possible in anything else.
4. Someone said something hurtful? DON'T be hurtful back. It's extremely flammable!
5. Laugh it off (inside).

**REMEMBER:
Practicing Safety
Saves Lives!**

The Spring Hill Times Photo Gallery



Designed by Freepik



Out of this world!
 Too good to describe!!
 Everlasting Enjoyment!
 Thrilling!
 Melt from Pleasure!
 Pure Bliss!

Disclaimer: All pictures and descriptions are just mashalim. The real pleasure the neshama is going to have is indescribable!

Enjoy & Indulge
 Enjoy Today, Enjoy Tomorrow.



Delicious Reward Waiting for You in the Next World!

Yum...

Just Serve Hashem with a Heart Full of Love!

Paradise Sunrooms
 Love Living

**Enjoy the beautiful outdoors from the comfort of your home...
 ...in OLAM HABA!**
 Just be Loyal to Hashem!

The Fight Busters!

Eradicate Machlokes!

Did someone hurt you?

Shower him with non-stop compliments!



Give him gifts!



Write nice notes!



Do Hatava B'makom Hakpadah!

The Miracles Inside Your Slice of Bread

By: Mordechai Solomon

1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.
2. The seed stays fresh and does not rot so you can gather them and plant a whole crop's worth.
3. Soil is only found on earth.
4. Soil is the perfect environment for the seed to grow.

5. The soil is a natural habitat for ants to live in and also for the inchworm.
6. The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
7. The inchworm bores bigger holes in the ground which is also a form of tilling the ground.
8. Vegetation grows in the ground.
9. The soil also produces all different types of vegetation.
10. This so happens to be the perfect food for the inchworm.
11. After it eats, the food goes through an amazingly complicated digestive system.
12. The inchworm's body produces waste.
13. The waste is very good fertilizer for the soil to help the growth of the wheat.
14. When the worm dies, it decomposes and is good fertilizer for the plants.

15. Different germs and bacteria grow in the soil to improve the soil for the growth of the plants.
16. The seed reacts with the water to start to decompose.
17. This enables that the water should continue to make the seed rot.
18. Water is made of two gases.
19. The soil is a cool atmosphere.
20. Soil is porous allowing it to absorb water which is a necessity for the seed.
21. This causes the seed to decompose when you put the seed in the earth.
22. No matter how the seed is placed in the soil, the root goes down.
23. The stem goes up no matter how it is placed.
24. The plant survives on rainwater.
25. The ocean is full of salt water which cleanses the water from impurities.
26. The sun shines on the water so that when it gets hot, it starts to change.
27. The water turns into water vapor.
28. Water vapor is lighter than air, so it rises.
29. The sun sets in order to let the earth have a rest and certain insects work at night.
30. The earth spins in a cycle which causes the sun to set.
31. It is in constant motion never stopping.
32. Everything in the world is stationary and the movement of the soil.
33. The moon an orb in the sky.
34. It has a certain cycle.
35. It reflects the sunlight.
36. It has an effect on the moisture of earth which is necessary for growth.
37. The earth spins in an angle so that sometimes it is closer to the sun and sometimes it is further.

39. The sun constantly gives off heat by chemical reactions.
40. The molecular structure of the water.
41. The sun is millions of miles away and yet it has an effect on earth.
42. If the sun would be too close it would burn the earth.
43. If the sun would be too far, the world would freeze.
44. The sun is a ball of gases.
45. The sun has a force on the earth.
46. This causes all different seasons and climates.
47. During the cold season the earth stops producing as much giving a rest to the earth enabling it to give off a better crop.
48. There are many dust particles in the air.
49. When the water rises, it leaves over all the salt and dirt from the ocean.
50. The water combines with the dust particles.
51. It starts to accumulate into a cloud.
52. Cold air sinks.
53. Hot air rises.
54. The difference causes air current.
57. The cloud releases the water.
58. Gravity brings down the water to the earth.
59. There is a negative cloud.
60. There is a positive cloud.
61. When they rub together they make lightning.
62. Lightning travels to the ground.
63. The lightning has tremendous heat.
64. The air has in it a gas called nitrogen.
65. The lightning makes a chemical reaction with the nitrogen making nitrates.
66. The nitrates are a very good fertilizer to help the growth of the plants.
67. The stem starts to push itself out of the soil.
68. The sunlight has energy.
69. The plants know how to absorb the energy.
70. The plant turns green called photosynthesis.
71. As the plant grows the roots also grow in order that the plant shouldn't fall down.
72. The roots absorb the water.
73. The roots send water to the whole plant.
74. The roots send water to the whole plant.

No more space in the kitchen!
Let's go to the dining room.

75. The leaves send energy to the whole plant.
76. Carbon dioxide is made up of two different elements.
77. The leaves absorb the CO2.
78. The leaves give off oxygen as byproduct. When all the CO2 in the vicinity of the plant gets used, how does it get more? The wind blows new air with CO2.
79. There is a constant production of CO2 because animals breathe out CO2.
80. When they breathe in oxygen, the by-product is CO2.
81. The rains come only certain times during the year.
82. These times are beneficial and are the exact time the plants need water.
83. The amount is not too much to drench them.
84. It doesn't come too forcefully.
85. It doesn't come too little for the plants.

86. Sometimes it comes like small needles to penetrate the ground.
87. It doesn't keep on pouring which would also drown the plants.
88. The plant stem starts to rise straight up and it is elevated from the ground enabling it to be cut easier.
89. They grow in a straight line so they don't get tangled.
90. Very bendable to they don't break in the wind. The leaves absorb the nutrients and bring it down to the roots.
91. Each one miraculously knows how much to give to each part of the plant.
92. After the stem reaches a certain height it starts to produce the grain.
93. The grain is on the top where it can get the most sunlight and not be affected by the shade of the stem.
94. They grow in the spring when the sunlight starts increasing because it is necessary to have a lot of sun.
95. The field is full of green stalks of wheat when they become ripe they give a sign changing from green to white what a miracle that the plant knows that a person sees different colors.

96. Now comes the time to harvest and you need a sickle to cut the wheat. A sickle is made of metal, which is found in the earth mixed with impurities.
97. When the metal is heated with extreme heat then the impurities go out because they burn out and the metal is left over. This is a miracle that the metal doesn't burn out and the other stuff does.
98. You can mold metal any shape you want.
99. The metal dries and becomes hard.
100. The stalks are very soft, not hard, so without great difficulty it can be cut, not like a tree that needs a lot of time to cut. (A miracle that these things need to be used on a constant basis are easy to cut or pluck).
101. Metal becomes very sharp in order to cut it.
102. It's also very strong so it doesn't break.
103. The sheaths of wheat are very light in order that you can bundle it and transport it.

104. Flax is a plant that grows from the ground.
105. Their stalks can be used as string.
106. String enables one to tie the sheaths and transports them easily.
107. The sun dries them out and can stay as kernels a long time without spoiling.
108. The kernel is made up of (at least) two parts, the grain and the shell (chaff) which is made to protect the kernel from spoiling.
109. Hashem made the kernel that it can be easily removed by rubbing it vigorously.
110. Wood comes from a tree that grows very tall and has a big trunk that is quite strong unlike the stalk of the wheat.
111. The wood can be carved in different shapes without breaking and it is made into ridges to press on the wheat kernels.
112. The man stands on the wood and hold onto the way it was done it was put on the floor and you put a piece of wood on top of it.

113. The straps that the man holds onto are made of leather.
114. Leather comes from the hide of an animal.
115. Leather is formed by a process called tanning and it is very durable and lasts a long time.
116. Salt is used for tanning.
117. Salt is made of two gases.
118. Eventually it dries and becomes ready for use.
119. It's a big miracle that the animal is domestic and listens to orders and is not wild and doesn't have big demands and is happy to go around in circles.
120. The person is heavy enough to put pressure on the kernels to separate the kernel from the chaff but not to crush it so that you can retrieve it.
121. Hashem made that the chaff is lighter than the kernel so when it is thrown in the air it gets separated easily.
122. Also, the good stays in one place and the bad part gets blown away.
123. The grain is thrown in the air with the strength of one person.
124. It is thrown up with a pitchfork which is a tool made of wood.

**No more space in the dining room!
Let's go to the living room.**

125. Thank Hashem for gravity or they would never land or the wind is not so strong to blow it away.

126. Afterwards, it is taken to a grinder which consists of two rocks that come from mountainous parts of the earth that aren't soft like dirt.

127. To carve out a rock you need a chisel which is metal and when it is shaped a certain way it can penetrate rock.

128. A hammer is made of wood and metal and you hit it on the chisel and it knocks away at the rock.

129. The rock has to be transferred to the grinding place so a wagon is made of a wooden box that is strong enough to contain a big rock.

130. The wagon needs wheels that are carved from wood in a circle.

131. The wheel has spokes which displaces the pressure evenly so it shouldn't break.

132. Horses which are strong animals can pull heavy loads and are easily tamed.

133. The wheat kernel is put in between the rocks and they get crushed by the weight of the rocks since they are a softer material.

134. It doesn't get flattened out like a piece of metal but it gets turned into powder/flour.

135. The flour is then sifted with a sifter which is an apparatus made with thin metal that is a mesh. Even though it is quite thin it is still sturdy and strong.

136. The person shakes the sifter and through that it gets separated.

137. Due to gravity, it separates.

138. The good part is smaller than the bad so it falls through and the bad stays on top. It is a bit that they aren't the same size.

139. The flour is put in packets of paper which comes from a tree. The bark is taken and transformed into paper – a whole process. Or they are put into sacks of cloth made from cotton or flax.

140. Cotton is a plant that grows. After it grows it has a pod that opens up and you see a white puffy material.

141. It gets cut down with a sickle.

142. Afterwards it gets combined with a comb that is made with metal teeth.

143. The comb is capable of separating all the unwanted parts leaving the cotton by itself.

144. It gets spun with a wheel made out of wood that as it turns around it makes the cotton into strands.

145. After that it is brought to a harp and wool which is a machine that has racks made of wood and you put two rows of string through them.

146. Then you have an apparatus that you throw from side to side.

147. You have a pedal which makes the two rows of string move up and down and it catches the string from side to side in between.

148. You have a wheel which turns the string which enables more string to come and the end result is a piece of cloth.

149. It is then sent to a warehouse for storage.

150. A warehouse is made from piles of wood.

151. Wood comes from trees.

152. It is taken from the storage house to the store.

153. It is transported by horse and wagon.

154. In the store it is readily available to people living in the community.

155. The store has an owner who is interested in selling his product to make money.

156. It is a very big box that people give value to a worthless piece of paper.

157. A printing press makes money.

158. It is made from metal. They take ink that is extracted from different plants.

159. They take paper which is made from a tree.

160. The ink gets absorbed in the paper and it doesn't come off.

161. Hashem made the sunlight has many different colors in it.

162. The paper has a certain color because the sunlight bounces off and gives it a certain color.

163. The person brings the flour to his house.

164. You take the flour and put it into a bowl of wood.

165. You add water which comes from a faucet in the house.

**No more space in the living room!
Let's go to the steps.**

166. The faucet is a hollow tube made of plastic or metal.

167. It goes to the house from under the ground where it connects to very big pipes.

170. The water gets to the house through pumps.

171. The pump works with electricity.

172. Electricity is a form of energy that is very powerful.

173. Hashem made it that it travels through metal.

174. It doesn't give off heat when it travels so it doesn't melt the metal.

175. It causes the motor of the pump to move which causes the pump to work.

176. The electricity is made with a turbine which has two different magnets. They move in different directions which cause an electric force to be created.

177. The turbines get moved through a flow of water passing over it.

178. The flow of water is sometimes a waterfall which is a big mass of water which is on top of a mountain and it falls off a cliff.

179. It falls down with tremendous force.

180. This force causes turbines to move at tremendous speed which supplies electricity to the whole city and factories.

181. There are electric wires connected to the electric meter in order to travel in one direction.

183. Rubber is made from sap of a tree.

184. When you put the water on the flour it has to kneaded so Hashem made a wrist to maneuver the dough.

189. Hashem made a forearm.

190. Hashem made elbows for leverage.

168. It goes until a water plant that is connected to a reservoir which is a body of water.

169. The water gets purified.

185. A person has two hands.

186. The hand has 10 fingers to help knead.

187. The hand has a palm to grab.

Baruch Hashem, we found more space....

...in the laundry room!

191. Hashem made Biceps to apply pressure.
 192. Hashem made shoulders that is where the arms are connected.
 193. Hashem made a chest.
 194. Hashem made chest muscles.
 195. Hashem made a spine to able to move back and forth.
 196. Hashem made it with these things one can apply pressure to knead.
 197. It is a nes that the water and flour form a new entity called dough.
 198. There is a bacteria called yeast.
 199. This bacteria is able to exist in the air.
 200. Hashem made the air a very good breeding atmosphere for all types of bacteria.
 201. The yeast grows very well in dough.
 202. The yeast makes the dough start to rise which is how bread is made. Without yeast it would be just a cracker.
 203. You let the dough sit for some time improving the quality of the dough.

204. Hashem made that the dough is soft, not like cement, so now one can cut it easily in order to make loaves of dough which will eventually be bread.
 205. An oven is a metal or stone box that are able to maintain a lot of heat.

206. Heat is a byproduct of fire.
 207. Fire is caused by gas which comes from the ground.
 208. To get gas from the ground you need special machinery.
 209. From the source of gas to the house one needs hollow pipes.
 210. Hollow pipes are made from metal and the gas travels through the ground.
 211. The pipe is connected to them.
 212. The oven has a valve that lets the gas go into the stove.
 213. There is a knob on the oven which when it is opened it opens the valve and allows the gas to come in.
 214. The knob is made from plastic.
 215. In the oven or a match makes a spark.
 216. The spark is made by a certain material rubbing against another material.

217. Hashem made the gas flammable and it starts to burn and makes a fire.

218. Hashem made that the fire uses oxygen in the air to exist so it continues to burn.
 219. Hashem made that the fire gives off heat.
 220. Hashem made that the heat travels in the air.
 221. Hashem made that heat gets absorbed by objects.
 222. When the heat starts to get absorbed by the dough - Hashem makes that the dough starts to change.

223. Hashem made that the dough is not like clay that becomes hard and brittle rather it becomes soft and fluffy.
 224. Hashem made the outside get brown so you know when it is ready.
 225. Hashem made gloves that are made from cotton.
 226. The gloves don't absorb heat so you can take the bread out of the oven and not get burnt.
 227. Hashem made that the after the bread is taken out of the oven, the heat leaves.
 228. Thank Hashem for a chair made of metal.
 229. and a cushion.
 230. Table made of metal.

231. and wood.
 232. A plate made of plastic.
 233. A knife to cut bread.
 234. Eyes to see the food because it enhances the appetite and enjoyment of eating the bread. 235. The sunlight bounces off the bread into the retina.
 236. The retinal absorbs the light and transfers it to electrical current.
 237. It sends the current to the brain.
 238. The brain turns it into a picture.
 239. Hashem made the eyes near the mouth so it's easier to see when you eat.
 240. Hashem made that the bread gives off an aroma.

This Week's Six Miracles

241. This aroma goes into the air.
 242. The air makes the smell travel.
 243. Hashem made a person with a nose.
 244. The smell enters the nose and the person smells the food and it is מנודר a desire to eat it.
 245. The smell goes to the brain and signals to the body to enjoy.
 246. Hashem put the nose right near the mouth in order that the eating is more enjoyable.

To be continued...

Gemach Listing

אלו דברים שאדם אוכל פירותיהן בעולם הזה והקן קיימת לו לעולם הבא.... גמילת חסדים.

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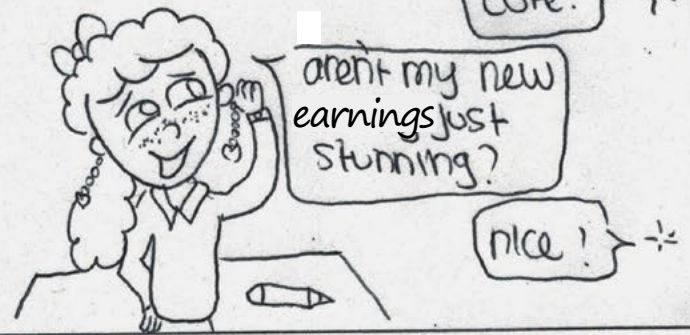
BY: AHUNA ROTHENBERG

MIDDOS ALERT MIDDOS ALERT MIDDOS

GILTY, AGE 9



THE NEXT DAY:



hey, theres music coming out of my pencil! lets listen!

hey, there Mr shaw off you think you're really great now, listen Mr shaw off you're making a mistake There was a tiny mountain

next to mountains so tall dont brag because you think you're big " You're not "

chorus: Torah says be humble in all you do, if you're strong smart & beautiful it's not bec of you all good things come from above & an anay knows it has given these gifts w/ love

ILLUMINATING WORDS OF CHAZAL

"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem." Rav Yehuda Mandel

Question: The last mishnah in Kidushin talks about how when one has a job, if he is sick or old and can't work, he dies from starvation; however, someone who learns, the Torah provides for him etc..

We hear on 'A Life with Bitachon' that parnasah is not from the job, only from Hashem, and here it seems the Mishnah is teaching us the opposite?

In addition, is the mishnah telling everyone who works to be scared and worried that one day their parnasah will fail and they will die from starvation?

In addition we say in bentsching and in Ashrei that Hashem provides for everyone and takes care of everyone. Here the mishna seems to be saying that if a person gets sick or old, Hashem Who is the ultimate Rachum just lets him die from starvation. How can this be?

A. Before I say the answer to all these questions, I would just like to add another question, in Ashrei it's a stirah from one pasuk to the next. Because one pasuk says poseach es yadecha umasbia lchol chai ratzon, Hashem should give to everybody. And the pasuk before says einei chol elecha yisaberu, the gemara in Kesubos daf zayin amud beis says yisaberu is a lashon of the ones who have bitachon Hashem gives them all the food. So the obvious question is if yisaberu is one of the ten lashonos of bitachon, does that mean you need bitachon to get food, or Hashem gives food to everyone?

Another question we have to answer is that the pasuk in Ashrei is also another shver kasha. Poseich es yadecha umasbia lchol chair ratzon, Hashem gives food to everybody? We know there are third-world countries where there are people walking in the street and they just die from starvation. So the pasuk in Ashrei seems to be contradicting the metzius. The metzius shows us that people are dying from starvation. So what's going on? How do we understand this?

Furthermore, we always hear on A Life With Bitachon that the job is not what brings in parnassa anyway. So what's it saying in Kiddushin that it has to do with your job, if you don't have a job a person can die? Actually, mineihu bei, in the Mishna itself it says that when it comes to looking for a job, just pick any job because it makes no difference what job you do, it will have all the same results.

Additionally, in bentsching, we always say tamid lo chasar lanu, so we thank Hashem. Hashem never ever made it that we were lacking any food! So every single person says in bentsching tamid lo chasar lanu. So the question is, what does this mean? We do find people who are hungry and starving?

Since we have a lot of questions and a lot of confusion and a lot of stiras and a lot of contradictions, we're going to explain how everything goes together. The way it works is like this. Of course there's no such thing that because somebody was too weak to work now he's going to die from starvation. Such a thing is impossible! It's not the job that brings in parnassa, it's Hashem. What the Mishna is coming to tell you is that if a person lives al pi derecho hateva, if a person lives thinking that it's his job that's giving him his parnassa, so if it was nigzar on Rosh Hashana that he'll have food for ninety years of his life, do you know what Hashem is going to do? At age ninety Hashem is going to make him sick and he's not going to be able to work anymore, and then he'll die.

Now, at the same time we all know that it doesn't have to be like that either, because we see people who are too sick to work and Hashem supplies them anyway. But al kal panim, this is called b'ofen teva. Teva says that if a person is too shvach, in the olden days that's the way it worked. Nowadays it doesn't really work like that anymore. Nowadays where we live we have organizations and government programs, so the concept that the Mishna is talking about doesn't even really apply to us now nowadays. In the olden days, or in third-world countries, there were no government programs and there were no organizations, so if a person didn't have any money he could die from starvation. That's the way it worked in the olden days.



Let's say Hashem says that a person should live till he's ninety years old, so at ninety he's going to become sick and it's going to look *bderech hateva* he can't work and because he can't work, now he's going to die. And if you ask somebody why did he die, they'll tell you because he couldn't work and therefore he died from starvation. That's the way it looks, cause and effect. Really, it's exactly the opposite! Because it was *nigzar* on Rosh Hashana he should live for ninety years, so at year ninety, Hashem does everything *al pi teva*, He plays hide and seek, so Hashem makes it look like, okay ninety years old someone is sick and can't work so he'll die. Really it's the opposite way around.

However, comes along Reb Meir and says, even if it was *nigzar* for someone to live until ninety, but with Torah – *ki heim chayeinu vorech yameinu!* – when we learn Torah that gives *arichus yamim*. So now he'll live until 100 years old. Take a look at our *gedolei hador*, it's unbelievable! R' Aharon Leib Steinman and he ate *mamash* nothing, no exercise, and he lived *arichus yamim!* The doctors said about R' Aharon Leib that it makes no sense that he's living, they can't even explain it *al pi teva*. So how was he living? The *teretz* is the Torah gave him *arichus yamim!*

R' Elyashiv also. At age forty the doctors said it's impossible for him to live a couple more weeks because his heart was working less than half of how a normal heart works, and R' Elyashiv lived more than all those doctors. So many *gedolim* lived into the hundreds. R' Aharon Leib, R' Shach... These were *yidden* who didn't do any exercise, didn't take care, they didn't have all that we have, and they still had strength. How did they live? The *teretz* is *ki heim chayeinu vorech yameinu* - the Torah is what gives a person *arichus yamim!*

So Reb Meir is saying that even though at age ninety he's supposed to die, but because he's learning Torah, he's going to have *arichus yamim*, he's going to live for an extra ten more years. So that explains the Mishna in *Kiddushin*. That re-decides how long a person make it *al pi* that day he'll to support himself and *al pi* to die because of his *parnas* - At the same time Reb Meir is a *zechus* that overcomes the *yamim*.

Now let's go to *Ashrei*. We Question number one: *po-lchol chai ratzon*, Hashem of all, we see people dying Chaim Kanievsky's question says that Hashem gives you which one is it – do you need you food even without *bita-*

The answer is the same exact type of answer. What happens in *Ashrei* is Hashem says how long a person is going to live. A person is supposed to live a certain amount of years, that's even without *bitachon*. Let's say a person is supposed to live fifty years, Hashem will give him food for fifty years. Now if a person dies from starvation, that means now he's supposed to die.

Ah, the *posuk* in *Ashrei* says something to do with *bitachon*. You're right, because with *bitachon*, let's say he was supposed to die at ninety years old so Hashem will give him food for ninety years, but with *bitachon* he'll live an extra ten years, he'll live till 100 years.

So that's the *pesukim* in *Ashrei*. With *bitachon*, you'll live 100 years, without *bitachon* he'll live the regular ninety years he was supposed to live.

Bentching also – *tamid lo chasar lanu* – Hashem never lacked us. But we do see people lacking? The *teretz* is because as long as we're supposed to be living Hashem will give us everything we need.

So at the end of the day, the answers to all these question is that it looks like people die of starvation, but really that's not true, it's the other way around. *Zechus HaTorah* will give you *arichus yamim* and *zechus* of *bitachon*, even *afilu rasha* and he doesn't have any Torah or *mitzvos* – *bitachon* itself will give a person *arichus yamim* and will give him food even if he's not deserving.

“

As long as we're supposed to be living Hashem will give us everything we need.

”

ally Hashem is the One Who should live and Hashem will get sick and won't be able *teva* it looks like he's going *sa*, which is not really true. saying that I'm going to have *gezeira* and live for *arichus*

have a lot of *stiras* in *Ashrei*. *seach es yadecha umasbia* supports everybody. First and second of all, which is R' in his *sefer*, the *pasuk* before food if you have *bitachon*, so *bitachon* or will Hashem give *chon?*

Story Time

Stories From 'A Life With Bitachon'

#1760 - This story was called in by a very chashuv yungerman from Eretz Yisrael, whose name is Yehoshua Goldberger. He had to go to the Misrad Hapnim to renew his visa. He saw that the one who was taking care of the person in front of him, was giving him a hard time. "Where's this document? Where's this paper?" He was thinking, "Uh-oh, I'm next. I don't want to go to this person. I hope I go to somebody else. I see that this person doesn't let you get away with anything." Then his turn came, and he went to that exact person. At first he was thinking, "What should I do?" Then he said, "One second. I believe adaraba! It's not the person in charge of making sure I get a new visa! It's Hakadosh Baruch Hu, the Ribono Shel Olam! He's the Kol Yachol, He can do anything and everything! Ah, everyone knows that the Misrad Hapnim doesn't let you get away with anything? Well, that's if you believe that they're in charge! I believe that Hakadosh Baruch Hu the Ribonno Shel Olam is in charge!" As they were looking over his paperwork they said to him, "You need the original for this, do you have it?"



He said, "Sorry!" They said to him, "You need this! You need that!" He said, "Oh sorry! Sorry!" They said, "Okay, don't worry we'll help you out one, two, three!" In no time, they issued his visa with the best service, better than ever!



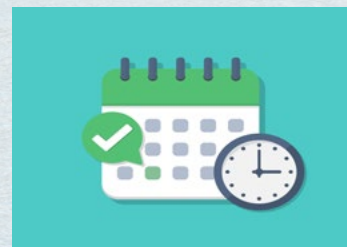
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#1761 - This story was called in by Rabbi Gordon. Rabbi Gordon said that one of his little children had different developmental delays. People told him and his wife to go for a certain therapy for this child that helps exercise his motor skills. When they found the top therapist in the field, that therapist said they were booked solid. They had a waiting list out the door. If they want they could get onto the bottom of the list, but the therapist had no idea when they would be able to get to them. They said, "Sure, of course. Thank you so much!"



They were thinking to themselves, "The therapist said they have a list out the door, we're at the bottom of the list, and when are they ever going to get to us. As if the therapist is in charge! It's Hakadosh Baruch Hu! It's the Ribono Shel Olam! He can do everything and anything! With just a snap of finger, we'll come

right on top to the front of the line!"

The next day, the phone rang. The therapist was calling and told them, "I just finished with one of my clients and I'm up to the next person on the waiting list. You are next!" They said, "Wow! That's pretty fast! I thought you said we're at the bottom of the list?"

The therapist said, "Oh! You're right! I thought I was calling the top name! I see I'm calling the last name. Once I called you, I don't go back. Obviously you get the slot!"

In no time, they got the best service!



#1762 - This story was called in by Mrs. Schwartz. Mrs. Schwartz said that this past Friday she was going away for Shabbos. As she was packing up, she realized that one of her little kids wasn't feeling well. She wanted to bring her child to the doctor before they left. She was thinking to herself, "It's a very short Friday afternoon. We don't have time to wait at the doctor's office. What's going to be if we have to wait a very long time? In the past, our experience was that whenever you come, you are kept waiting, waiting, and waiting." But she had no choice. She came to the doctor's office and she saw that there were eight people in front of her. She was going to go to the receptionist and ask approximately how long it was going to take, because she had to go away for Shabbos. She couldn't be there all afternoon!

Then she said, "One second. Why do I have to ask the receptionist how long it will take? Is it up to the receptionist? It's up to Hakadosh Baruch Hu. It's up to the Ribono Shel Olam! He can do everything and anything! I'll just tell Hashem, "Hakadosh Baruch Hu the Ribono Shel Olam! I'm leaving it up to You! I have to go away for Shabbos, my child needs to see the doctor, there are eight people ahead of me, and I don't want to wait here all afternoon!"

While she was thinking those thoughts, within two minutes, the receptionist called her name! "Shwartz! We're ready for you!"

In no time, they took her in before all those eight people in front of her! They gave her the best service, better than ever!

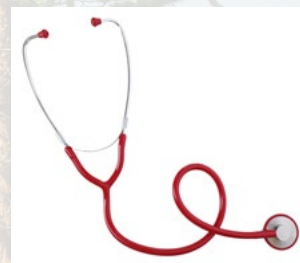


#1763 - This story was called in by a very chashuv yungerman from mishpachas Weiss. He said that he drives an older type of car. He was driving with his family on the highway and before he knew it, the car started shaking back and forth. Different lights went on, and the car started to overheat. He had to pull over to the side right away. At first he was thinking, "Uh-Oh! There goes my car! Time to get a new one!" Then he stopped and he said, "One second. Do you think that the newer the car, the better it works? That the older the car, the less it works? I believe that it's Hakadosh Baruch Hu, the Ribono Shel Olam, that is the source of the energy of how my car works. Therefore, I believe that actually Hakadosh Baruch Hu can make my car anew! It can stop shaking, stop overheating, and everything will be perfect! Because I'm going with Emunah and Bitachon, I can even believe that the car will be better than before!" The whole family was being mechazek in Bitachon that Hakadosh Baruch Hu is the Kol Yachol and He could do everything and anything!

He started the car again, and he didn't see any more lights on. The car didn't look like it was overheating. He started driving it, and it drove perfectly. It was even smoother than before! He told his family that they should bring it to the mechanic just to be sure that there are no issues and no problems. They brought it to the mechanic, who told them that their car is in perfect shape! "There is nothing wrong with it!" In no time, they had the best car with the best service! ❖



It



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The



Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. My father is not on speaking terms with one of my brothers. It breaks my heart to see that my father and brother are not on speaking terms. What's the emunah and bitachon perspective about this?

A. Throughout our existence in Olam Hazeh, we must adopt the mentality that the only ones who truly exist are 'Hashem and I', and everyone else in our lives are backdrop. Hashem placed them in our lives to test us: are we going to utilize them in a way that brings us closer to Hashem or further from Him.

When we see seemingly unfortunate things happening to people who are dear to us, Hashem is testing us to see whether we will be knocked off-balance. Or are we going to retain our equilibrium knowing that Hashem is perfect, and He is acting out of love and rachmanus towards each and every person, although we may not see how.

When you understand that the only true reality is you and Hashem, you won't take your family situation to heart in a negative way. Instead, you will view your family members as actors in Hashem's play who are staged to test your reaction. And you'll utilize your circumstances to strengthen your belief that Hashem is perfect and He's running a perfect world.

Now, this that we affirm that whatever is happening is part of Hashem's perfect plan, is only in regards to the past and present. However, regarding the future, you should say, 'Hakadosh Baruch Hu, You are in charge of emotions and You could cause there to be shalom. You can make it that two people who are not on speaking terms, will decide to make peace with each other, and shalom will be restored'.

Q. Unfortunately, my parents do not get along. Every day I witness my parents arguing and saying hurtful things to each other. How can I remain a healthy child while experiencing such behavior every day?

A. Just like you understand that in order to stay safe, you must never get involved in your parents' argument on a physical level. Similarly, in order to stay emotionally sheltered, you should train yourself not to get involved on an emotional level as well.

One exercise you can do not to take your situation to heart, is to realize that Hashem put each person in his specific situation because that is what he needs for his individual tikkun haneshama.

All the trauma you've experienced until now by living with parents who did not get along is what your neshama needs.

For the future, your avodah is to do exer-

cises not to be nispoel from what you see.

When you see your parents quarreling, imagine that you are watching a puppet show. They are just actors in the play that was staged by your loving and caring father Hakadosh Baruch Hu, because this is what you need to experience.

The more you realize that your situation is tailored for you by Hakadosh Baruch Hu, the more you will see how things will turn out in the most beautiful manner. And any pain that you are experiencing serves as a kapparrah for your aveiros.

Furthermore, don't be satisfied by merely making peace with your situation, rather go the next step and 'turn it into a business'.

Utilize your experience as a lifelong lesson how important it is to get along with other people.

Make it your mission to show the world what it means to interact with others in a manner of darkei no'am. When you are with other people, make it your business to be extra warm and friendly. By doing this, you are utilizing a potential setback as a springboard to become a truly accomplished and important person

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Our Readers Share



Editor's Note: Some of these stories are from Av-Tishrei!

Child Accepted to Cheder



We were warned that getting our son into a local Cheder will be a challenge and to get him into a great school would be nearly impossible. So, about a year ago, we went to our Rav who told us which two schools would be best for us and our son. We were denied a place as both schools did not have enough space for us. This didn't faze us and we called an Adam Gödel who told us that one of the schools would be the best for us but it was easier to get into the other one. We said we do not want to compromise on chinuch and were told to call the menahel every other week, just to let him know that we were still interested in trying to get our son in to his Cheder.

Months passed, people told us we need to apply to other schools, others told us we need to make phone calls to big Rabanim and askanim to try to plea on our behalf but we are not a well-connected family except that we have a loving caring Father in shamayim who is the biggest of all, so we kept davening on and being mechazaek in bitochon. (Thank you to the Spring Hill Times and Bitachon hotline for being our anchor).

It was not easy, and as the months kept passing without any Cheder for our son, the challenge to stay committed to our course of action threatened to waver. My

Attention Readers!

Didn't see the story you called or sent in? Don't worry, BE"H your story will be printed in the paper.

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wife finished the whole tehilim as a Zchus (idea came from the Spring Hill Times) and even though the day she finished we heard about a brand new Cheder opening up and we thought that this is what Hashem wanted, our Rav told us to still try to go to our original choice.

When this school year started and we still didn't have a Cheder (or playgroup) for our son, the nearly nine months of waiting nearly crushed our hopes. Not having anything else to lose, I sponsored a Shiur in a kollel in Eretz Yisroel, "the second Seder Kollel" as a Z'chus for my son to be able to get into the right Cheder and to learn Torah on the highest level. That was on a Thursday. Friday afternoon, my choveshe yet low key father-in-law shlita met this Menahel after an early mincha and after talking with him on our behalf for only a few minutes, the menahel gave us a commitment that my son can go to his Cheder the following year! What was the Z'chus? We believed that Hashem is the Hakol Yachol and that Hashem will do what's best for us. Looking back, Hashem wanted us to strengthen our connection to Him through Emunah and Bitachon and wanted us to learn this foundational lesson. If we want our son to be successful in Torah, then we need to first be machshev Torah on the highest level possible.

A Reader Monsey, New York

Thank You Hashem!

I was taking a course a couple of months ago, and a badge of completion was going to be given only if one gives in all the assignments. I did not get to all the assignments and figured that I will most probably not get the badge. But then I decided

that since I really wanted the certificate, I'm going to put my Bitachon in Hashem that He is in charge and that He can make sure that they send it to me. And I took upon

myself to publicize this story if I see a yeshuah.

The next day, I checked my emails and saw that I got it! Thank You, Hashem!

A Reader

Water Stays Hot

A few months ago, while I was in camp, we had an activity where we got all muddy and dirty. Afterwards we were able to take showers. We all went to other bunkhouses to shower there. When I came a few people told me the showers were all very cold, but having no other choice I went in and hoped for the best. For the first minute the shower was a good temperature but then it was on and off and it became freezing and I still barely started my shower. I shut off the shower and didn't know what to do. I waited a few minutes to turn the water back on and this time the hot water lasted a few seconds. I then begged Hashem to let me be able to take a normal shower and I had Emunah that Hashem can do anything and He'll help me. I also said I will tell a lot of people and send this story to the Spring Hill Times about Hashem's greatness and how he helped me. I turned the water back on and it stayed at perfect temperature till the end of my entire shower.

A Reader

Baruch Shomea Tefila!

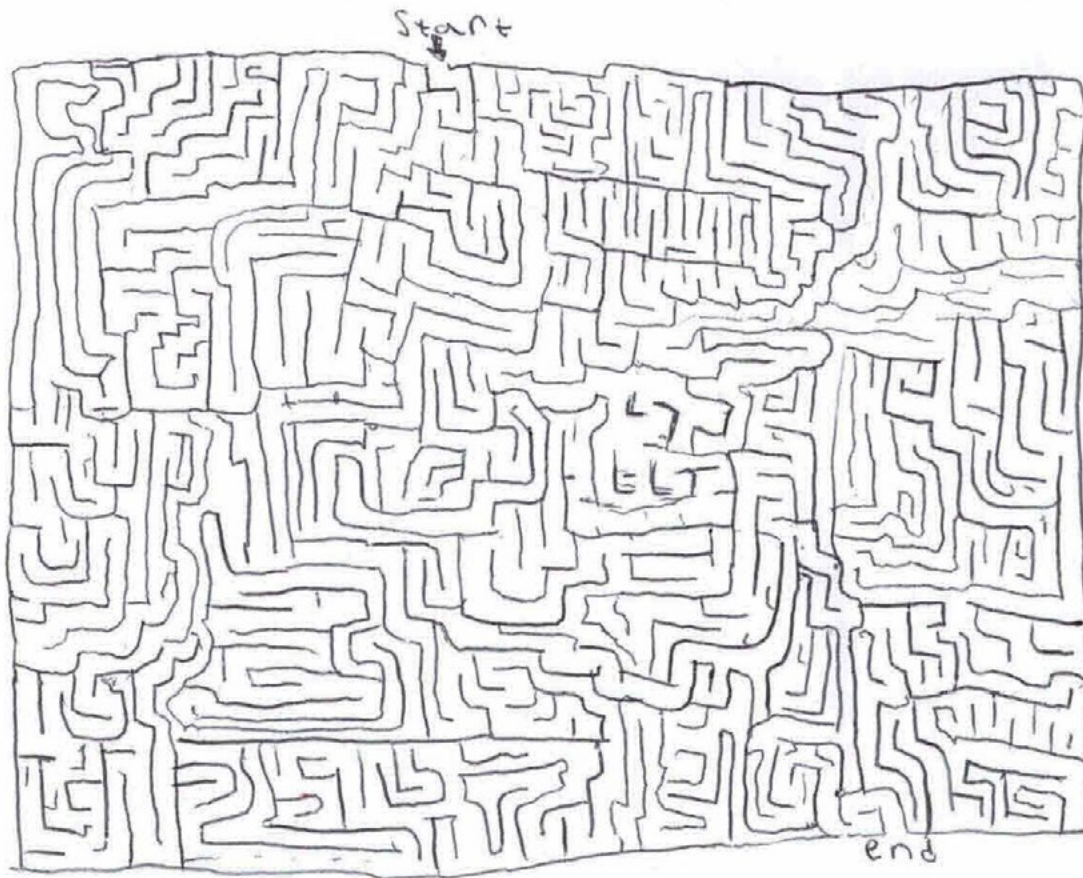
I have a story of Hashgacha Pratis I would like to share with The Spring Hill Times readers.

I was waiting for a certain Yeshua. It was something that was not so natural to happen but I placed my trust in Hashem knowing that He is the One who decided things and there isn't any real Teva it is all Him. I davened a lot and I said that if the Yeshua comes, I will publish it in "The Spring Hill Times". After some time, it appeared that I got the Yeshua... but then not! I was disappointed but I still believed that everything Hashem does is good! A little while later, it turned out that indeed I did get the Yeshua I wanted (that wasn't so natural!!). Thank You, Hashem, for hearing our Tefillos!!

Thank you for this beautiful paper that we can publicize Kevod Shamayim Berabim!!

A Reader

Shaya
Laskin - 8
Jackson, NJ



Gemach Listing

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And to all those who signed up for monthly payments,
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SEE PAGE 35 FOR DETAILS. EARLY BIRD ENDS ON 10 IYUR (MAY 18)**



Rav Paysach Krohn shared that on a boiling hot summer day, a large boys Yeshiva camp in Eretz Yisroel took their Talmidim to a major water park. The boys were super excited, fully packed and ready to enjoy this trip which they had looked forward to for many weeks. When they finally arrived at the water park, they were surprised to discover that a gigantic girls camp had already rented out the entire park!

The head of the boys camp ran to the park office and asked to speak to the manager. "I'm so sorry," the manager explained, "but we mistakenly scheduled the girls camp for today, and we didn't realize that we double booked! We are so sorry!"

When the boys heard what had happened, they all loaded the busses, sad, letdown and very dejected. On bus Aleph, however, a boy named Shmueli began singing loudly "אשרינו מה טוב חלקנו ומה נעים גורלנו!" 'How lucky we are that we are Yidden and we follow the Torah which guides us to leave the water park, because we are an עם קדוש!' Shmuli was so excited that he began dancing with such enthusiasm, that the ENTIRE BUS joined him! Everyone on the bus was so BeSimcha! It was contagious!

Afterwards, a counselor named Yissachar shared this incredible story with his friend Binyamin, who was the counselor of bus Gimmel. Binyamin said that the exact same thing happened on his bus as well, led by a boy named Shimon! Shimon also began singing and dancing "Ashreinu" with unprecedented energy and the entire bus followed his lead!

The astonishing thing was that Shmueli and Shimon were brothers! Binyamin and Yissachar were determined to get to the bottom of this so they called Shmueli and Shimon's mother, Mrs. Fried*, to give a "nachas call" and learn how this happened.

Mrs. Fried explained that a few weeks ago they had gone to the store to buy ice cream on a scorching hot day and all of her kids were so excited, until they realized that the Hechsher on the ice cream didn't meet their family's Kashrus standard. She then sang and danced "Ashreinu" with her entire family. Shmueli and Shimon repeated on the bus what they had seen from their mother at home.

My ninth grade Rabbi shared that years ago he lived in the same apartment as noted Lev L'Achim activist Rav Uri Zohar Z"TL and remembers how after the Seuda on Shabbos night, Rav Uri would sing and dance with his guests for a long time, celebrating that he is a Yid!

Hashem gave us the greatest treasure and eternal joy beyond all understanding – the Torah, which is the greatest symbol of His overflowing and endless love, for EVERY SINGLE yid!

Let's serve Hashem with the greatest Simcha, Shira, and dancing and celebrate how lucky beyond understanding we are to be Yidden! There is no greater Simcha in the entire world! Hashem treasures us, and that is the translation of the term עם סגולה!

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