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HASHEM LOVES OUR TEFILLOS

ISSUE 164 KI SAVO ELUL 5784

Times of Mashiach

The Spring Hill Times

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HASHEM SAVES BABY'S LIFE

HOW DID A 13-YEAR-OLD BOY MAKE A BROKEN ELEVATOR WORK?

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FROM THE EDITOR

As year 5784 comes to a close, it is time to again reflect upon all the kindness Hashem has showed us throughout the year.



KISAVO - ELUL 5784

A couple of years ago, my Rav, Harav Akiva Grossnass Shlita, suggested to the Kehilla that we each, on our own, celebrate with cake and cookies to thank Hashem for the all the Chesed he did for us throughout the year.

The Spring Hill Times, in the name of all the writers and readers, thanks Hashem for giving it the zechus to be able to tell the world the goodness of Hashem.

Never before in history has there been a weekly magazine that is solely dedicated to spreading Hashem's kindness and love.

We all feel how our entire lives have been changed upside down. What used to seem like a bleak, scary, dangerous, bitter and horrible world has become a world full of Hashem's light, love, compassion, kindness and happiness.

Life has become sweet. Serving Hashem has become delicious. Challenging situations have become wonderful. Negativity is slowly becoming a thing of the past.

Someone, who is not a wealthy person, recently told me that he had received the news that he had a loss of \$100,000. Being that he reads the Spring Hill Times and lives with Hashem, he did not bat an eyelash. He moved on to the next thing as if nothing had happened. He blamed no one. He was upset at no one. Everything was fine (B"H he later found out that the loss was a lot less)!

Our readers find themselves clinging to Hashem 24/7 365 days a year!

Hashem has granted us the opportunity to, k'vyachol, grab on to Him like never before in Galus.

Thank You, Hashem, for giving us the privilege of knowing You and spreading Your wonderful Name! We love You, Hashem!

Have a Wonderful Shabbos!

THE SPRING HILL TIMES - KLAL YISRAEL'S NEWSPAPER

Hear the forecast for Hashem's weather for Monsey, Lakewood, Brooklyn Yerushalayim and London! Option 3 from Main Menu.



Hashem Loves Our Tefillos



R' Eliezer, a yungerman from Chestnut Ridge, NY, was in the car with his children and his father. He tried turning on a CD, but it was not going on. He tried pushing all different buttons for five minutes. Everyone had a different idea. Push this way and push that way, maybe there's tape stuck inside, but it was not going on.

His father then said, "Stop, did you daven to Hashem?" His father then said a tefilla. He said, "Eibishter, please make the CD work. We want to listen to a shiur." Then they tried the CD, and it went on!

Baruch Shomeia Tefilla

Anti-Semitism in Upstate NY Is on The Decline

Yaakov Zev Rand, an 11-year-old boy from Chestnut Ridge, NY,



reported there were yidden in Woodridge, NY who were fishing by the lake and were not able to catch any fish.

Next to them were non-Jews who caught many fish. The non-Jews gave their fish to the yidden!

Ahavti Eschem Amar Hashem

Boy from Eretz Yisroel Trusts in Hashem



Dovid, a thirteen-year-old boy from Eretz Yisroel, left his house one morning to go to shul. He tried using the elevator, but it was broken. He therefore went down the steps and walked to shul. After davening, it came time to go back home. He thought to himself, "It will be hard for me to walk up seven flights of stairs without an elevator." So, he turned to Hashem and asked Him to please make the elevator work. The entire time he was walking home, he had bitachon that Hashem would make it work.

When he got to the building, he pushed the button, and the elevator worked. It brought him up to his house. He told his mother the story. So, she went out to check the elevator, but it was not working!

For the rest of the day, it was broken. It only worked for him when he had bitachon!

Baruch Hagever Asher Yivtach BaHashem

Four-Year-Old from Staten Island Trusts in Hashem

A six-year-old boy in the Stern family from Staten Island NY was missing his loafers the entire day. He was not able to find them. It was late afternoon, and his family wanted to go out. He still was not able to find his loaf-

Hashem's Wanderful & Incredible Warld

Hashem's Manuka Honey Reduces Breast Cancer Cell Growth by 84% in Human Cells and Mice

Honey has all manner of often-hidden, by Hashem, medicine-like qualities, but more eyes will certainly be falling on Manuka honey after it was recently shown to reduce the proliferation of breast cancer cells.

It did so in a sophisticated manner that even resulted in the occasional triggering of natural cell death, or apoptosis, a mechanism that's bypassed as a malignant cell becomes cancerous.

Manuka honey is made by Hashem's bees that feed on Hashem's nectar of the manuka tree from New Zealand and coastal Australia. This member of the Myrtle family is a cousin to other plants that yield powerful medicinal products like clove, allspice, and eucalyptus.

In a study published in the journal Nutrients, investigators at the UC Los Angeles Health Jonsson Comprehensive Cancer Center found that Hashem's Manuka honey significantly reduced tumor growth in mice with ER-positive breast cancer cells by 84% without affecting normal breast cells or causing major side effects.

ER-positive breast cancer makes up around 60-70% of all breast cancer cases in a given year.

It's thought that Manuka honey is unique compared to all other commercially produced kinds of honey because of its unique chemical composition. Manuka honey has been found to be antibacterial—and not just for the bacteria a parent worries about when their child scrapes their knee—but of the kinds that cause the infections typical in cystic fibrosis patients.

"The findings provide hope for [the] development of a natural, less toxic alternative to traditional chemotherapy," said Dr. Diana Márquez-Garbán, associate professor of medicine at UCLA, and the study's lead author.

"Although more research is necessary to fully understand the benefits of natural compounds in cancer therapy, this study establishes a strong foundation for further exploration in this area."

In ER-positive breast cancer, tumor cells use estrogen to grow. To combat the tumors, breast cancer patients take estrogen blockers as a non-toxic way of trying to starve them. However, cancer tumors are sometimes able to develop resistance to such treatments, leaving chemotherapy as the only alternative.

During experiments with human cancer cells in vitro, the researchers found that the best anti-cancer response was when Manuka honey was combined with the common anti-estrogen drug tamoxifen. In these circumstances, the ER-positive cell proliferation was markedly suppressed, and the combination also significantly inhibited the growth of triple-negative breast cancer, another common form, which the honey by itself could only do modestly.

In vivo experiments were then conducted in mice, during which they observed the 84% reduction in cell proliferation quoted above.

"These findings indicate that natural compounds such as Manuka honey, with significant antitumor activity and selectivity towards hormone receptor-positive breast cancers, may be further developed, BS"D, as a supplement or potential alternative to cytotoxic anticancer drugs that have more non-selective adverse effects," the researchers concluded.

Manuka honey from New Zealand must undergo a five-stage process called the Mānuka Honey Science Definition test developed by the Ministry of Primary Industries to ensure all honey made for export is standardized to certain chemical and physical characteristics.

This includes the presence of naturally occurring methylglyoxal, dihydroxyacetone, and leptosperin, as well as traces of the DNA of the Manuka plant. Without these, it is illegal to call a product Manuka honey. The Australian AMHA and the New Zealand UMFHA, are organizations of producers that do their part to ensure that any product labeled Manuka honey meets the standard to be called as such.

These guilds have marks of authenticity that consumers can look for to know the medicinal honey they are buying is genuine, as the amount of counterfeit Manuka honey in the market is estimated to be 6 times the amount of authentic Manuka honey.



News source from GNN.org
With permission.

Where in the Parsha do we find a connection with these pictures?



Parsha Delight Question of the Week In memory of David Harris (שנילוי נשמח דוד בן יחיאל יהושע)

פרשת כי תבא תשפ"ד (5784)

When explaining the pasuk (26:16) "you shall keep, and you shall do them", Rashi states that there is a בת קול an echoing voice from שמים, which blesses the one who brings ביכורים, stating, "Since you have brought ביכורים today, you will be able to bring ביכורים again next year." Why is it that ביכורים קול again next year." Et that ביכורים?

Please email your answer(s) to parashadelight@shiurenjoyment.com



Contact Michoel Yaakov with any questions at maggidshiur@shiurenjoyment.com or (917) 626-8306

OVE TORAN LIVE TORAN LEARN TORAN

Zarsha fun



Ki Şavo Riddle #105: To hear the answer to the question, press X14 # 105 on the Chaishek HaTorah Line 845-720-4040

If between Shavuos & Sukos you bring your Bikurim, you have an additional Mitzva to read in Hebrew Certain Pesukim. We find a very special enactment - "Takana," in order to prevent a situation of embarrassment - "Boosha." In regards to reading verses in Lashon HaKodesh some don't have even a clue! Do you know how we spare humiliation from such a type of Jew?

- 1. Starting from when can we bring ביכורים?
- 2. Why does the Torah say that לבן destroyed יעקב, if it did not really happen?
- 3. How many Yidden went down to מצרים?
- 4. Which period in the year is considered a time of happiness?
- 5. Does a גר need to read anything when he brings the ביכורים?
- 6. What does the בת קול say when one brings ביכורים?
- 7. How many times did the Yidden erect twelve stones?

Questions are until חמישי

If you would like to submit answers and be entered into a raffle for a \$25 gift card, please call 929-496-4093. Cheder Bnei Torah. To get this Parsha sheet emailed to you every week, send a request to torahshleimah@gmail.com. Sponsorship opportunities available. לעילוי Sponsored נשמת ר' בנימין זאב בן ר' נתן ז"ל קאפפעל תנצב"ה

Answers for the Parsha Pictures הישתות בכל -הטוב. אור החיים". Pread: We didn't eat bread for 40 year, only mann...



By: Rabbi Eliezer M. Niehaus

This column is part of the "ASHER TO THE YATZAR" initiative. If you would like to receive the monthly leaflet, please email ashertotheyatzar@gmail.com. Please try to say Asher Yatzar from a card or poster as a zechus אליעזר מנחם אסתר ע"ה בת יבלהט"א my daughter אליעזר מנחם

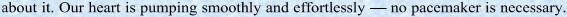
I would like to dedicate this week's column in honor of the *chasuna* of my daughter Chana Leah to Rav Yehuda Zev Zuckerman. May they be *zoche* לבנות בית נאמן בישראל and to see דורות ישרים ומבורכים!

We are now in the month of Elul and if we examine the famous acronym for Elul, we can find something that can help us utilize these special days. "Ani le'dodi v'dodi li – I am to my beloved and my beloved is to me." At first glance this seems difficult. Since Elul is the month of preparation for the Yamim Hanoraim, the Days of Awe, why is it symbolized by our loving relationship with Hashem? Wouldn't it be more appropriate to focus on something that frightens us?

On Rosh Hashana we declare Hashem is our King. The Gra explains that a human king only has power if the nation gives it to him. However Hashem created the world, so He is the King of the universe whether or not mankind accepts Him as King. Our job is to declare and internalize that He is our king. Since Hashem wants to act as a king, not as a dictator, He wants to rule with our consent. The prerequisite to accepting His rule willingly is to realize that He loves us dearly. He chose our forefathers and also desires us, as we are their continuation. Once this is clear to us, we will proclaim on Rosh Hashana: Hashem is our King.

Throughout the year, we may have forgotten how much He is constantly giving us. During Elul we should work on feeling that love and that is symbolized in the words "Ani le'dodi v'dodi li." One of the best ways to do so is through the beracha of Asher Yatzar. Indeed, there is even a remez to Elul in this beracha: The first letters of the words "אפשר להתקיים ולעמוד לפניך" spell the word Elul. Each time we say this beracha is an opportunity to feel Hashem's love. He gave us a wonderful body and is ensuring that nothing goes wrong.

Here are a few things to think about: We do not have to attach ourselves to a dialysis machine three times a week for several hours to clean our blood — our kidneys and liver are doing a wonderful job even without us thinking

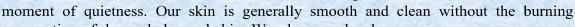




Our lungs draw in wonderful oxygen with no need to drag around an oxygen tank, and no coughing tears apart our insides. We hear just fine without hearing aids. No need to tap with a cane or grasp a seeing-eye dog to make our way around. We are able to use the facilities — no need to attach ourselves to a bag. Our food gets digested properly and we can enjoy the different types of food Hashem gives us. Perambulating with our wonderful legs is



a pleasurable experience — throw away the wheelchair, crutches, and cane! Arthritis and muscle pain? Those are things we hope to never meet. Our heads are clear without those horrible migraines that don't allow even one





sensation of dry and chapped skin. We place our heads on the pillow and drift off into a peaceful slumber without too much of a delay. (One who unfortunately suffers from one or more of the aforementioned difficulties can focus on the fact that in our times Hashem has given us many medicines and apparatuses that make it easier to live a normal life.)

Don't allow Asher Yatzar to be said by rote. Think about the words, and the intricacies of the digestive process. Think of people who are not as fortunate as you. Feel Hashem's

Bitachon Weekly



To be זוכה בדין make sure you're relaxed and happy. Being in "דין mode" is או דוקא food for the situation. Especially in a דור where על מי לנו where לישען על אבינו שבשמים. You are not סומך on your תשובה which you should try to do as best you can anyway). You could be loaded with sins but as long as you

run to הקב"ה then you'll be ok בס"ד. Avoid stress and worry. Just let הקב"ה take over your life and בס"ד some day you'll have a תשובה שלמה also.
Part II

Even רשעים can make out better than בדיקים if they are more in a relaxed בטחון mode and if you can't stop your tension you also don't worry since you try to be "chilled". On ר"ה you can't say "חטא"! Just aim towards הקב"ה and his unconditional goodness and you'll be דובה בס"ד. You may have to spend your אלול saying to yourself all day, "אונס רחמנא פטרי"! חייב Part III

Of course, we are basically serious people and there is a time and place to make a חשבון הנפש to improve on what we are capable of improving – but our main direction is שמחה ובטחון and being close to הקב"ה despite our worst sins. A חשובה person gave a שמועס in Lakewood and said that the person was תוכחה and not because of יעבירות!

By the way — you don't have to be such a בעחוןדין or בעחוןדין person. You can remain your good old grouchy nervous person — as long as you try to be more thankful to הקב"ה and הקב"ה etc. It's fine! And no matter how many ב"א לחברו issues and הקפדות and anger, etc. — you're still 100% ok! We just try or better yet — as long as we want to try.

וענית ואמרת

הקב"ה wants to give us loads of goodness and a thankful heart causes this. The ביבורים has to be ביבורים since vocalizing causes the heart to feel the gratitude. Keep thanking בפה דוקא throughout your life and with time you'll have a happy heart which produces loads of goodness. Just keep babbling all day how thankful you are despite your kvetchy insides and you'll get plenty of ישועות in your life בס"ד בס"ד)).

Part II

A person should always be in a "thank you mode" even if he doesn't' have anything special to thank about since his very name יהודי means "Mr. Thank you"."

והלכת בדרכיו

The חינוך says that a person has to be משתדל and be full of רחמים and be nice to others (and be בדרך הממוצע and not extreme). The more you act with בחמים the more you bring goodness to yourself and to the whole world. You can't be like הקב"ה ממש who tolerates so much ע"ז and איז and yet he gives and gives unending pleasures all of his creations. But the חינוך says 'Just try! Part II

You're still good and nasty and gruff and angry with plenty of "rough edges" in your personality you might even have enemies and competitors, etc. But as long as you are משתדל that's everything!

לא אכלתי ממנו באני

The חינוך says that חינוך are חינוך and it's not right to come to a מלך's table with worries and big pains in your heart. כי אין לבוא אל שער המלך בלבוש שק is a form of dispains in your heart. המלך בלבוש של is a form of dispersect to הקב"ה. This is a new understanding of the greatness of being בשמחה It's a new understanding of the greatness of being בבוד שמים 'It's beautiful world show that you are happy in הקב"ה beautiful world and it's actually a חוצפה and a 'זלזול בכבודו ית when you kvetch and become sad and you complain.

No wonder שמחה is such a burning issue, and even your body dislikes sadness and anger etc. How important it is to make שמחה and בטחון a high priority in your entire 'עבודת.

The מדה כנגד מדה cspeaks about מדה כנגד מדה בנגד מדה chad since פלשתים the פלשתים blinded him. He had just married his third פלשתי wife דלילה and she found out the truth of his strength which came from his hair and as soon as his hair would be cut off then his strength would be gone. Now he had given her many fake reasons for his strength, yet this time she knew that he was saying the truth since he said ידעה בו באותו צדיק דלא מפיק שם שמים had לבטלה. She knew that this צדיק שמים לבטלה.

Part II

ר' צדוק in sefer (ישראל 163) קדושים, points out Continued on next page



. Hashem is Here, Hashem is There... **.**

I was spending this past Shabbos, Parshas Beshalach in Deerfield Beach, Florida. There was no



Spring Hill Times in Deerfield Beach, Florida. I used to learn in Miami Beach, and I know the person who distributes it there. So I went down to visit my yeshiva on Thursday, and I asked him if he has a copy. He said no, he doesn't make copies until Friday. So I told him that I would be in Deerfield Beach on Friday. He said, "I'm also going to be there; I'm going to be in Deerfield Beach for Shabbos!"

Right after mincha he came and gave me the Spring Hill Times. Hashem gave me a copy of Spring Hill Times for Shabbos even in a place where there's no Spring Hill Times!

-Moshe from Far Rockaway

New York Girl Davens to Hashem

I was on vacation and I really wanted to go to my



Attention Readers!

Didn't see the story you called or sent in? Don't worry, BE"H your story will be printed in the paper.

Please keep you stories coming! You are inspiring the entire Jewish Nation!

Please note: The recording time on our machine (385-381-0977) has a limit of 3 minutes, so if your message is longer than 3 minutes just call back and finish your story.

cousin and I davened to Hashem that my ride should work out and Baruch Hashem it worked out!

-Faiga Weinstein, South Fallsburg, NY

Shabbos Watches Over Us

One week, I wasn't able to give out the copies the way I usually do so I

dropped it off by someone and by some people I met on the way. When I got back after Shabbos, I had a lot of regards from people who wanted to receive it again.

So here's the story: Erev Shabbos, my daughter was sick, she needed to go to the doctor.

We went to the doctor and had the medicine called in to a CVS pharmacy. When I went to



pick it up a little after 3:00 by the drive through, they told me that the medicine was out of stock and they wouldn't be able to give me the medicine. If I go into a different branch of CVS, they could transfer the prescription. I thought it would be easier to have my daughter's doctor send a new prescription. I called the doctor's office, and they said they would take care of it, and they would call me back. I went home to get ready for Shabbos. At about 4:00, I realized the doctor's office hadn't called me back. They didn't call me probably because they figured that CVS would take care of it. My daughter really needed the medicine and she asked me to do whatever I could to get it.

I got into the car and started going to the CVS I usually go to. When I got

there, there was apparently nothing called in. They told me I would have to try the other CVS. It was very close to Shabbo. I spoke to the ray and he said it

was okay to go there and get it transferred. As I was waiting my turn, I had a hashkafa talk in the back of mind that Hashem is in charge of the medicine, and even if we don't get it, Hashem can make my daughter better.

Finally it was my turn. The pharmacist told me the medicine had just come in! He told me he could mix it and give it to me, but shkiah was in six minutes. I had to make a quick decision; do I drive home and get to shul right before Shabbos, or wait for the medicine and walk home? I figured that the medicine was more important so I went outside and parked the car. Hashem did not put into my head that I should lock the key in the car so I left the key on the tire, and I walked home with the medicine. After Shabbos, I came back and Baruch Hashem the car was still there! Ki eshmira Shabbos keil yishmereini!

-Yoni Sarf, Far Rockaway, NY

Hashgacha Medicine

I had a bad cough which got worse at night. I had cough medicine that I



took but it only lasted for two hours. I took it right before I went to sleep and then it lasted two hours into the night, and sometimes I would wake up from the coughing.

One time, I woke up in the middle of the night and I was coughing and coughing. My father heard and came upstairs and asked me if I wanted my medicine. As he was getting it, B"H I fell asleep. So when my father saw I was sleeping, he left it on the counter.

The next morning, my grand-mother was taking me to school, but she was in a big rush. I needed to take my medicine, but I didn't have enough time. But because the medicine was sitting on the counter from the night before, I was able to drink it right away and run to school. It was such hashgacha that I fell asleep and that my father left it on the counter.

-Chaya Rabinowitz







Ray Duvi Bensussan shared that many years ago he was packing up his family to travel from Lakewood to Brooklyn for Shabbos, when a frantic father, who happened to also be a respected Rosh Yeshiva, called and begged him, "Can you please speak

with my teenage son, Uri*? He hasn't been home for Shabbos for three years, and he is not currently keeping Shabbos either. It's urgent!" Rav Duvi agreed to speak with Uri despite the super hectic moment, and despite having no idea what to say! When Uri arrived, Rav Duvi asked him what he enjoys doing. Uri replied that he likes to play the saxophone. R' Duvi asked

him to go back home, bring his saxophone, and play for him. When Uri left, Rav Duvi realized that he might never ever come back, since he only came after being 'forced' by his father! Rav Duvi davened to Hashem to make everything work out, especially given the late hour on Erev Shabbos, the many needs of his family, and the daunting challenge of reaching Uri's heart in only a few brief moments. Hashem arranged that Uri returned with his saxophone in hand! Uri began playing for R' Duvi, and R' Duvi, while fighting exhaustion, listened to his playing and sincerely complimented his high level of talent! Uri then left.

When R' Duvi and his family arrived in Brooklyn only an hour and a half before Shabbos, R' Duvi's phone rang. It was Uri's father. He shared that for the first time

ever, Uri asked to come home and join the family for Shabbos! "What magic words did you say to my son?", he asked R' Duvi. R' Duvi immediately thanked Hashem for this open Neis.

We learn from this story how every single Yid, without exception, has a precious Neshama from Hashem Himself that yearns to express itself. As we say in our Sefer Hashem Loves You (available by pressing 9 on the Hashem Loves You Hotline), 'The light of your Neshama is from Hashem Himself, is super bright and can never be extin-

Every Neshama is singing its own unique Shira to Hashem, as is clear from the very last Posuk in Tehilim, "Kol – HaNeshama..."

When Uri felt that someone truly cared to listen to the Shira of his Neshama, as expressed with the tune of his saxophone, his Neshama awakened, and he began to tap into his own deeper light

and hidden talents.

guished, no matter what!'

In this month of Elul, let's focus on how much Hashem loves us, and how bright and radiant our Neshamos are. And no matter what things we may have done wrong, or whatever negative labels or names we may have been called, our Neshama's light will continue to shine brightly and can never be extinguished. Because the light of our Neshamos are the 'Ner – Elokim' the Candle of Hashem.

And when we connect and access the greatness that we all possess, we will do Teshuva out of love of Hashem, which transforms the worst Aveiros into Mitzvos and Zechusim!

Hashem loves us!

Taken from The Hashem Loves You Hotline 267-833-0596