

The Narrow Bridge

גשר צר מאוד

INSPIRATIONAL QUOTES

Short Quotes from Various Tzaddikim - Week 88

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לע"נ פעסל בת ישראל מנחם / לזכות חילינו

A sure way to uplift yourself is to uplift someone else.

REB YISRAEL FRIEDMAN OF RUZHIN (1796-1850)

Hashem is the greatest therapist;

He is always available,

He is always listening,

He is always understanding,

He is always able to provide, and

His services are always free.

BASED ON THE TEACHINGS OF REBBE NACHMAN OF BRESLOV (1772-1810)

The Talmud (Sanhedrin 37a) teaches, "Each person must say, 'The world was created for my sake.'"

We are obligated to be aware of our own greatness. Feel proud that you are created in the image of G-d. Pride in the awareness of the greatness and elevation of your soul is not only proper, but it is actually an obligation. It is a binding duty to recognize your virtues and to live with this awareness.

RABBI AVRAHAM GRODZINSKI (1883-1944)

The One who brought you to this world - the One who knew you before you were conceived and who fashioned you in the womb - He knew intimately all the challenges you would meet, your faults, your struggles. He was the one who designed that they should be there.

And for each brick wall, He provided a ladder. For each chasm a bridge.

For each mountain a deep reserve of superhuman strength to surprise even your own self.

When one of those challenges arises, you need only imagine what it must take to overcome, and you can be confident that exactly that strength is within you.

RABBI TZVI FREEMAN

During the Creation of the world, Hashem created six days, and each day had twenty-eight hours. The days stood before Hashem and said, "Master of the Universe, for everything You created in Your world, there is a king. The lion is the king of the animals, the eagle is the king of the birds, etc. But the days have no leader or king." The days stood before Hashem and demanded a king over them. Hashem said to them, "Each day will contribute four special hours, and together, multiplied by six, we will have twenty-four sacred hours, with the strongest powers from all the days of the week. This is the great day, our Holy Shabbat." –

RABBI YOSHIYAHU YOSEF PINTO

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