

#### **Newspaper Topic:**

Hashem

#### **Publisher / Editor:**

Yitzchok I. Kaufman

#### **Contributors:**

R' Zevy Golombeck

R' Label Lam

R' Y.Y. Friedman\*

R' Shalom Yedidya Klatzko

R' Nesanel Landesman

R' Moshe Davidson

R' Moshe Hirschberg

R' Daniel Garfinkel

R' Daniel Sasha

R' Baruch Rosenstock

R' Eliezer M. Niehaus

Rabbi Shraga Freedman

R' Chaim Tzvi Blau

#### **Graphics:**

R. Berger

Rachelli N.

#### **Comics:**

N.L. Ross

Ahuva Rothenberg

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# Spreading Hashem's Goodness all Around the World!

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Yitzchok I. Kaufman
56 Spring Hill Terrace
Chestnut Ridge, NY, 10977
845-327-5041

thespringhilltimes@gmail.com

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#### מכתב ברכה וחיזוק מזקני ראשי ישיבות באמעריקא

הנני בזה להכיר ולהודיע בשער בת רבים פעולותיו הברוכות של המכ"ע המפורסם והנודע "ספרינג היל טיימס", אשר מטרתו להפיץ אהבת ה' ואהבת ישראל וכל כולו בנוי על טהרת הקודש ללא שום ידיעות חיצוניות מאומות העולם, וכל מטרתו להביא לידיעת הציבור הרחב הדברים הטובים שהקב"ה עושה לנו בכל יום – נפ־לאותיך וטובותיך שבכל עת ערב ובוקר וצהריים.

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Amount per serving	% Daily Value	Amount per serving % Daily	Value
Love For Hashem 20,000g	1%	Ads on Shabbos Og	100%
Thinking about Hashem 40,000g	12%	Feeling Proud to Be a Yid 90,000g	22%
Upsetting News Og	100%	Talking about Hashem's Greatness 300g	.500%
Blameful News 0g	100%	Making Serving Hashem Exciting 80,000g	30%
Happiness 800,000g	25%	Being Mekdesh Shem Shamayim 950,000g	17%
Appreciating Hashem 60,000g	45%	Putting Focus on Human Beings Og	100%
<b>Emunah</b> 50,000g	10%	Encouragement 150,000g	30%
Bitachon 50,000g	10%	Bringing Hashem and Klal Yisrael Closer 50,000	50%
Love for Torah & Mitzvos 100,000g	15%	Bringing Bracha to the World 750,000g	10%
Making Olam Haba Important 1,000,	000g <b>20</b> %	Giving Hashem Pleasure 50,000,000g	25%
Making Olam Hazeh Important Og	100%	Middos Tovos 67,000g	40%
Feeling Hashem's Goodness 2,000,00	0g <b>1%</b>	Makes You a Better Person 6,000,000g	50%
Love for other Yidden 500g	3%	Yearning For Hashem 12,500g	33%

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# FROM THE EDITOR



#### PERFECTION BEYOND

In this week's Parsha we clearly see Hashem laying the groundwork and putting everything into place in preparation for the next stage for Klal Yisrael.

Step after step, one thing lead to another until Bnei Yisrael's descent to Mitzrayim.

This week's issue is also Dedicated Leiluy Nishmas Yair Yosef Chai ben Shlomo Yaakov

And L'refuah shleima Raizel bas Chava Rivka bsoch Shar Cholei Yisrael

In truth, EVERYTHING we have has been prepared by Hashem, step after step, starting tens, hundreds and even thousands of years ago.

Just as an example, we have frum communities all over the USA living in neighborhoods where the houses were built 50-60 years prior by non-Jews. Streets were paved. Power lines were hung on poles. Pipes were laid for water, gas and sewage. Lawns were grown and maintained. A town was established. A police force and a fire station. Politicians were voted in. Laws went into effect. For years, Hashem made sure that the homeowners would take care of their homes and properties. The Yidden did not have to lift a finger to build all this. It was all prepared for them.

50-60 years ago nobody would have dreamed that one day the neighborhood would host a blossoming Jewish community.... Nobody but Hashem... He was quietly working behind the scenes...

If we would trace back everything, we would see that Hashem has been busy since creation(!!) preparing for us everything we have today.

Our lives are part of a huge masterpiece spanning the entire history of the universe.

A reader, a bochur learning in a yeshiva in Pennsylvania, sent in the following story:

Shortly after R' Kalman Krohn was niftar, my friend gave me an SD card with his va'adim and shiurim. I listened to it for a short period, but then I didn't touch it for three years.

A few days ago, during Parshas Vayetzei, I decided that I wanted to start listening to them before going to sleep.

I put the SD card in my phone, and Baruch Hashem, it worked. There were many folders that had lots of shiurim in them. One folder had only one shiur. I decided to choose that one shiur. And I started hearing, "Vheinei sulam mutzav artza..."

It was a shiur given on that week's Parsha, Parshas Vayetzei! I clearly felt the hashgacha pratis how the first shiur I chose was a shiur given on that week's parsha!

Three years before, Hashem was already preparing for the shiur for him!

When Columbus discovered America in 1492, nobody had any idea that one day it would be a safe haven for Yidden. A place were Torah and Yiddishkeit would thrive like never before in the history of Galus.

But Hashem knew. He was preparing, with much love and excitement k'viyachol, step after step, day after day, and year after year, for hundreds of years.

Everything we go through in life is all part of a perfect plan.

Everything is wonderful and amazing!

What a beautiful world we live in!

**HAVE A GREAT SHABBOS!** 



#### **EMUNAH & BITACHON NEWS**

### FROM PUBLIC SCHOOL TO YESHIVA



I was at my high-school's open house. I saw an "out of the box" looking father (wearing chains, etc.) with his son. I approached him to say hello. He shared that he lives in Fort Lee, New Jersey, and until 4th grade his son was in public school.

One Shabbos, there was a bar mitzvah in his shul, and the bar mitzvah boy's Rebbe was in attendance. This father asked the Rebbe if he lived locally, and he responded that he lives in Teaneck, and had walked in, over five miles, to participate in his talmid's simcha! "At that point, I said to myself, 'What is my son doing in public school? He needs to be in yeshiva where people do this kind of thing! He'll never get this in public school." So, he switched him to yeshiva! (A Rebbi from Chinuch Chabura)

#### HASHEM WATCHES OVER BOY



Boys in my class were playing with something, it bounced off the curb and flew at a window of a classroom. The window shattered onto a seat. Miraculously, the boy who usually sits there had just left his seat two minutes before to go learn with his private Rebbi! (Heard from the Rebbi)

#### HASHEM IS SO GOOD TO US!



One afternoon, I was organizing in my basement, and my two-year-old was near me. All of a sudden, he started screaming hysterically. I turned around, and I saw that I have a non-electric exercise bike, and somehow three of his fingers from his right hand got stuck in the chain, so tightly that even though I tried picking it up with every ounce of my strength, I couldn't move it more than a tiny amount. It wasn't enough to get them out. I was afraid that I was going to do more damage.

I screamed to my four-year-old, the only child home with me, to bring me my phone. I was afraid to let go of the chain, because I was lifting the chain a drop, and I was afraid it would do more damage if I let go.

I called Hatzalah, and then I called back to tell them to call Chaveirim to bring someone who can cut through metal. Hatzalah came and called Chavierim again, and meanwhile tried to cut it with their scissors, but it just broke the

scissors. They sent me outside to find Chaveirim and show them the way. I ran outside from car to car, "Are you Chaveirim, are you Chaveirim." Baruch Hashem, they came and cut through the metal chain.

The injury looked really serious. I heard them talking, they were trying to decide which hospital to take us to, they were saying, "Three crushed fingers, a serious injury," and I saw for myself that there was no color in the fingers. They couldn't tell me what would be with his fingers. I was hoping they weren't damaged chas v'shalom beyond repair. Would he need surgery. Just broken fingers wouldn't be too terrible.... We didn't know what was going to be.

We were taken to the hospital, and Hodu L'Hashem, within a few hours we were already home! There was no damage, the color came back, his fingers started moving. There weren't even any broken bones! They sent us home with just a little packet of bacitracin to put on the small cuts he got from the chain. It was a tremendous nes that Baruch Hashem we didn't need any medical intervention, no surgery or anything! We went home healthy and grateful for ten moving healthy fingers! (A Spring Hill Times Reader)

#### YOU GIVE AND YOU GET

R' Dovid a Rebbi from Monsey, New York, had a credit card bill coming up for \$12,000. He had only \$8000 and was missing \$4000. He called someone by the name of Mr. Fishman,\* from Monsey, New York, who helps him out from time to time, but he didn't answer the call. He tried a few times but

#### **EMUNAH & BITACHON NEWS**



Mr. Fishman did not call back.

Then, R' Dovid's received a call from a Yid in Eretz Yisrael by the same name of Mr. Fishman\* (but no relation to the Mr. Fishman from Monsey). He needed monetary help. R' Dovid gave him a donation. Right after that, Mr Fishman from Monsey called back R' Dovid and told him, "Sure I'll give you the money you need!" (Heard from R' Dovid)

#### **HASHGACHA PRATIS**



I am an avreich from Kiryat Sefer. Ever since I established my home, b'shaah tovah, and opened a bank account, as any other young couple would do, I was careful that the account would never be overdrawn, so as not to have problems with ribbis, chas v'shalom. I knew that there is a heter iska, and there are all kinds of opinions that are more lenient about this matter, but I wanted to be machmir. I wanted it to be glatt, without any compromise. Hashem helped, and indeed, on my bank statement there was never a line printed in red.

Part of the way I manage is that I don't use checks at all. Who could guarantee me that the person who received the check would cash it only at a time when there was money in the account? I didn't want to reach a state where someone trying to cash a check would put my account in the red, so I refrained from paying for anything at all using checks.

That's all well and good when dealing with my own matters, but my stubbornness about this doesn't always help when dealing with others. One day, I discovered there was no choice. I had to write checks. I have a son, who needs to take a course that is crucial for him, and payment is only by checks. In the beginning of the year they asked for twelve post-dated checks, promising that they would cash them only on the exact date written on the check.

I had no choice and I hoped they

would live up to their word, and this indeed proved itself. Month after month, each check was cashed on the exact day I had written on it.

The day after Sukkos, I called my bank to check on my account. This was not an average call to the bank. This was a phone call marking my farewell to the amazing experience of the Yom Tov, because throughout the days of Chol Hamoed I hadn't called the bank at all. And now, with my return to routine, there was no choice, and I would have to do this as well.

According to my calculations, I thought I would hear that the amount of money in the account was close to zero, but to my surprise, I heard that there were 200 shekels in the account.

Two hundred shekels? How was that possible? How had it happened?

Then I discovered, amazingly enough, that the date on one of the



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#### **EMUNAH & BITACHON NEWS**

checks I had written was on Chol Hamoed, when it hadn't occurred to me to check what was going on in my account. The administrators had decided to wait until after Yom Tov to cash the check. B'derech Hateva, there shouldn't have been any money in the account. However, just this year, the hanhalah of the Talmud Torah where I teach decided to put 350 shekels into my account before Yom Tov – a small portion of my salary.

I have been teaching in this cheder for ten years, and never before have they given an advance on my salary or divided it into several installments. Suddenly this year, just before my check was cashed, they deposited a few hundred shekels into my account!

I saw how Hakadosh Baruch Hu was pleased with my efforts to safeguard myself from any possibility of ribbis, and now, even though I was not in control of the situation and didn't know when the check would be cashed, Hakadosh Baruch Hu arranged everything.

Another amazing chizuk I received was that one does not need to worry. If we don't know how we'll manage, or where we'll get the money, or how the account will fill up, we should trust in Hashem and He will send what we need at the exact time when we need it. (Hashgacha Pratis Newsletter)

#### OUR TZADDIKIM ARE MALA-CHIM



Editor: My neighbor R' Yitzchok Keren sat Shiva for his brother Yair Yosef Chai ben Shlomo Yaakov (who I dedicated this week's issue leiluy nishmaso).

He said the following amazing story about his brother.

When his bother was about eleven years old, he got sick with myasthenia gravis. He became almost entirely paralyzed and was wheelchair confined. By his Bar Mitzvah, someone had to hold his head steady to keep it straight.

When Yair Yosef Chai was 16 years old, his mother took him to the Baba Sali zatzal.

R' Yitzchok, who was eight-yearsold at the time, remembers clearly how the Baba Sali motioned with his hand to his brother to get up. And his brother stood up!!! His mother gave away the wheelchair!

An open neis!

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VAVISHIACH-18 KISHEV 5785

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Please note: The news here is printed a week and a half before the date on the front cover. Things may have changed since.

#### **Hashem Eliminates Terrorist**



Hashem, using the IDF as His messengers, killed the Hamas Commander who was in charge of the Simchas Torah attack on Kibbutz Nachal Oz.

Keil Nekamos Hashem!





#### Five Yidden Go to World of Bliss

Five Yidden from Tzefat were involved in an accident in Morocco. They all completed their mission in this world and were taken back to be near Hashem in the wonderful eternal world. May Hashem comfort all of Klal Yisrael!





#### Hashem Knocks Down Assad's Regime

The Syrian Government has completely collapsed. Former President of Syria, Bashar al-Assad, fled the country. Another enemy of Klal Yisrael downed by Hashem!

Hashem Mashpil Geyim!





#### **Hashem is Watching Over Us!**

On Monday morning, 8 Kislev 5785, a drone with explosives from Yemen entered Eretz Yisrael and hit a residential building in Yavna. Causing damage but

Baruch Hashem no injuries! There was no warning siren to go into the shelters but Hashem watched over us! Hodu L'Hashem Ki Tov!



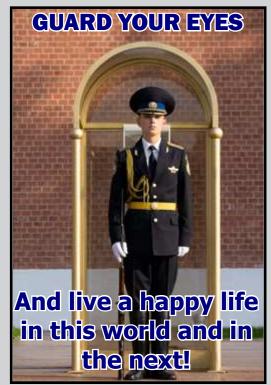
#### **Hashem Ish Milchama**



Days after the collapse of the Syrian Government, Hashem, using the Israeli army, destroyed the Syrian navy, air force and ammunition storage sites. Preventing that these weapons ever be used against Yidden.

Thank You, Hashem!





THE SPRING HILL TIMES - KLAL YISRAEL'S NEWSPAPER



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UPDATED

DAILY!

#### Man from England Thanks Hashem

Option 3 from Main Menu.



R' Avishai Berkowitz from Manchester, England reported that his boiler broke. At first he was a little upset. He quickly switched gears and started thanking Hashem that he has a boiler and every time he opens the sink or takes a shower he has hot water ready for him.

Instead of being all upset, he turned it into something to thank Hashem for!

Tov Lehodos la Hashem ulizameir lishimcha elyon

#### **Hashem is Watching Over Us**

A girl named Suri reported that she was watching a younger brother, and suddenly, he started to fall backwards. He was



about to hit his head on the edge of the bed.

Baruch Hashem, she caught him at the last second!

Hodu laHashem ki tov ki l'olam chasdo

#### **Mixer is Powered by Bitachon**



Rabbi Golombek reported that his children were baking something, but the mixer was not working. They tried everything, but it would not turn on. His daughter Sarah said, "Hashem, You're the Kol Yachol."

She then tried using the mixer,

and it went on!

Baruch Hagever Asher Yivtach B'Hashem!

Girl from Monsey Thanks Hashem



Esti from Monsey, NY was looking for a watch. She said that if she finds it, she'll call in to The Spring Hill Times to thank Hashem.

Within a minute she found her watch!

Thank You, Hashem!

#### **Bitachon Mobile**



#### USA: 845-400-8584 ERETZ YISRAEL: 0765670655 ENGLAND: 033-30-327-023

Mrs. Strauss from Lakewood, NJ reported that her 11-year-old son went on his electric scooter to go shopping in a store. When he finished shopping, he came outside, and his scooter would not turn on. He called her up to get a ride, but she said that she was not able to pick him up right then. Her son started being mischazeik himself in Bitachon, that Hashem is the Kol Yachol and He can make the scooter turn on.

After a few minutes of thinking these Bitachon thoughts, his scooter started working. He now calls his scooter the "Bitachon mobile!"

Baruch Hagever Asher Yivtach baHashem

#### **Anti-Semitism On The Decline**



A Yid was taking a non-Jewish taxi, and when he got into the taxi, he heard Jewish music playing. He asked the non-Jewish driver, "Why are you playing Jewish music?"

The driver replied, "I love the Jews, and I want to connect to them, so I listen to Jewish music."

Thank You, Hashem!

**Boy From Lakewood Is Careful Not To Hurt Someone's Feelings** 



Nine-year-old Shimon from Lakewood, NJ, was on his way home from school and was riding his bike. A non-Jewish teenager came over to him holding a football. He aimed it at his head and he said, "Give me your bike!" Shimon started crying, but right away he got control over himself and he answered, "I'm going to go home and will bring you a bike."

The non-Jewish teenager said, "Ok, I'm waiting right here. Make sure you come back!" Shimon went home and he told his mother. They called the police and they caught the teenager!

Shimon's father had made a program in the house that whenever anyone controls their mouths, and they don't say something mean to someone else, they write it down on a paper. He takes all those papers and he shlugs Kaporos on Erev Yom Kippur with them. That morning, Shimon wrote down on the paper that he was about to say something mean to someone and he controlled himself. He thinks that he was saved in that

zechus!

Shomer piv ulishono shomer mitzaros nafsho

**Ice Cream from Hashem** 



A mother reported that there was an ice cream truck coming down her block. Her son ran outside to get ice cream. She told him, "We don't have money to buy you an ice cream." He answered, "Hashem could get me the ice cream."

He was standing near the icecream truck, and a yungerman saw him and asked him, "Where are your parents?" He answered, "They told me that they can't afford to buy an ice cream, but I have Bitachon I'm going to get one."

The yungerman said, "I'm going to buy you one!"

V'haboteach baHashem chessed yisovivineu, Mi K'amcha Yisroel

Father and Son Trust in Hash-



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#### em

R' Avishai Berkowitz from Manchester, England reported that he tried putting on the fan on top of the oven to air out his kitchen, but it was not turning on. He and his five-year-old son Yitzi started singing "Hakol Yachol."

When they finished singing, he tried pushing the button, and it went on!

Baruch Hagever Asher Yivtach baHashem

#### **Yidden Love One Another**



11-year-old Yaakov Zev Rand from Chestnut Ridge, New York reported that he put out in Shul a pan for Tomchei Shabbos on Erev Yom Kippur. He collected it afterwards and it had over \$350!

Mi k'amcha Yisroel!

## **Boy from New Jersey Turns to Hashem**



10-year-old Rafael Aaron Delman from Lakewood, NJ was in shul on Rosh Hashanah, and the ceiling started dripping. He turned to Hashem and said, "I trust in you that You're going to make it stop." The ceiling stopped dripping!

Baruch Hagever Asher Yivtach baHashem

#### **Mother Trusts in Hashem**



Mrs. Grunwald has a son that had seizures for the last 10 years. She follows the "Life with Bitachon" hotline. A few months ago, she said to herself, "Hamichadesh b'tuvo b'chol yom tamid maasei bereishis, just because my son was diagnosed, and yesterday he had a condition, doesn't mean he'll have it today."

Previously, he had a seizure once a week. The past few months, he has not had a single seizure!!

Ki Ani Hashem Rofecha

### Hashem is Watching Over Us

It was Hoshana Raba and R' Yakov Langsam and his



entire family were on the highway going to their parents for Yom Tov. He was traveling 70 miles per hour and he hit a deer. The car spun out of control and went into the opposite lane.

Baruch Hashem, it landed on the shoulder and nothing happened to them! They were able to continue on their way! An open nes!

Hinei lo yanum v'lo yishan shomer Yisroel



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#### **Child Turns To Hashem**



Mrs. Pollock reported that her child wanted to go to Dorney park on Chol Hamoed. She told him that she can't afford it, but he could turn to Hashem. Hashem could send him a ticket. He went to the phone and called "A life With Bitachon" and played the song "Hakol Yachol."

Not long after that, Mrs. Pollack's sister called and said that two of

her children were not able to go to Dorney park together with her family. She had two extra tickets. Her son got the ticket, from Hashem!

Baruch Hagever asher yivtach baHashem

Hashem Is In Control Of Everything

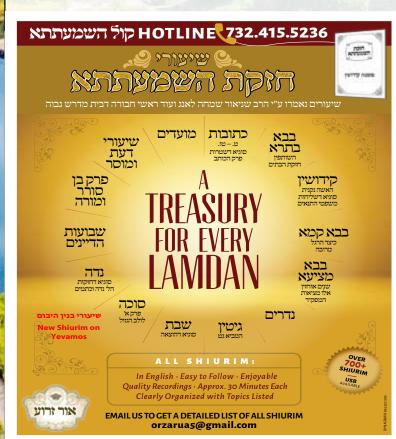


Mrs. Shapiro reported that for two weeks her two-year-old daughter was not eating supper. They tried everything, but she refused to eat. All she wanted to eat was junk food. They were at a loss.

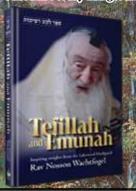
One night they decided to make her a supper that she once previously ate. They made it for her, but she refused to eat it. Mrs. Shapiro turned to Hashem and said, "Hashem, you're the One who can make her eat. You know what's best for her, and You know that she needs to eat. Please make her eat and be excited to eat."

A few minutes later, the twoyear-old came running, asking to go into her high chair. She ate one plate of food after another, something that she hadn't done in two weeks!

Baruch shomeia tefilla







# 'ואשפך את - נפשי לפני ה' I Poured Out My Soul Before Hashem

#### The King Who Tolerates Insult

In Sefer Tomer Devorah (quoting Pirkei Heichalos), it says that the malachim call Hashem the "Melech aluv — the King Who is shamed." It explains that Hashem tolerates insult and shame far beyond anything we could ever imagine. A person can only do something because Hashem is constantly giving him the strength — each and every second — to do it. So if he sins against Hashem, he's actually using the strength Hashem is giving him against Him!

There are many different names that describe Hashem, but it seems like "Melech aluv" is the main one. The Borei Olam bears disgrace, deals with disgrace, and tolerates disgrace.

#### A Person's Most Important Achievement

We know that a person's most important achievement in his life is how much he emulates Hashem with both his essence and his actions.

The trait of tolerating insult and shame is the first of Hashem's Yud-Gimmel Middos Harachamim (Thirteen Attributes of Mercy) and the foundation upon which all the other traits are built.

When a person acquires this trait and tolerates insult and shame, he is emulating Hashem to a very high degree. The more a person develops this trait, the more fortunate he becomes and the more success he will have in life.

But if a person does the opposite and distances himself from this middah, he distances himself from Hashem.

Then he becomes vulnerable to all kinds of suffering and will have no success at all.

The book is available in your local Judaica store

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### INVING WINE TELASTERS

#### By Rabbi Zevy Golombeck

Editor's note: Many of these stories are from months ago

#### A Sign of Love

R' Avishai Berkowitz, from Man-



chester, England, was at a park with his kids, and some Arabs in the park were being so friendly and nice to them, complimenting them and making them feel so comfortable, and when they left the Arabs wished them, "Goodbye, have a nice day!" Thank You, Hashem!

#### **Woman Thanks Hashem**



Mrs. Tauber\* called in and shared that she was following the Spring Hill Times and read a story of a non-Jew who asked a yid why they are always so happy and enthusiastic, and the yid answered that every day when she wakes up, she thanks Hashem for 40 things, and the non-Jew was so impressed. Mrs. Tauber decided that she was going to try it.

The first day she started, all her kids were up on time and all caught their buses, which doesn't usually happen. They all made it on that day when she thanked Hashem for 40 things while they were getting ready.

She realized that all the nervous franticness in the morning was totally not necessary. Hashem is running this world. All we need to do is thank Hashem and He'll help us with whatever we need!

#### The Perfect Yeshiva



A boy applied to three yeshivos, and only got into one of them. It turned out that that was the one that they knew the least about, but as that was the only one he was accepted into, they took the place that was offered to them and started getting ready to go there.

A few days later, the mother of this boy was not in the best mood, and she decided she was going to give some clothes that she didn't need any more to a family who could use them, which will make her feel better.

After she gave them the clothes, the person she gave them to phoned and they started talking. She mentioned that her son was going to this yeshiva. The lady who received the clothes told her that she had several grandchildren who were there, and gave her their names and numbers.

The parents of the boys who go there started telling the mother such positive things about the yeshiva, that the dorms are nice, and all the mailos.

Suddenly, just like that, she heard so many good things about the ye-

## A LIFE WITH BITACHON HOTLINE

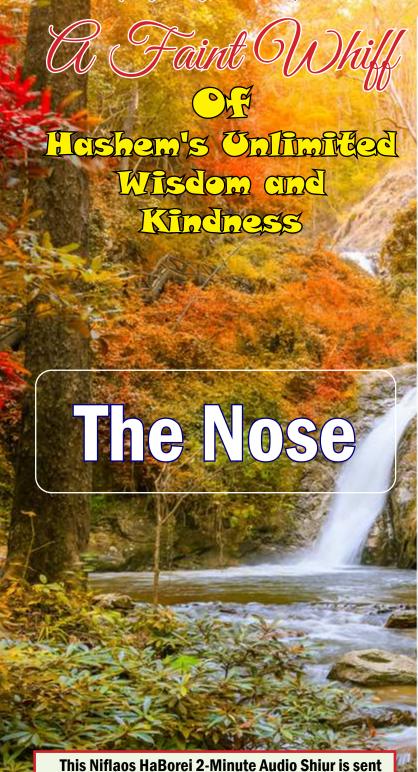
By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
- 2 Today's STORY of Bitachon
- 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
- 4 This week's connection of Bitachon to the PARSHAH
- 5 QUOTE from Sefer "Bitachon Weekly"
- 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
- 7 Today's STORY how Bitachon helped someone through a Nisayon
- 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
- 9 RECORD your Questions, Stories & Comments
- \* Back to previous menu
- O SONGS of Emunah & Bitachon
  (To listen continuously to all the songs, First press
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#### 

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shiva, and she felt Hashem was paying her back right away for doing what would make her happy and for the mitzva of chesed.



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ashem positioned our nose in the center of our face, which is the ideal place for our sense of smell and for facial recognition. Let's continue to probe the chachmos Hashem in regard to the position of our nose.

Our nose is approximately an inch on top of our mouth. If our nose would be directly on top of our mouth without our higher lip in between - every time we would eat something, our nose would be decorated by the food that we ate. Now, besides for looking like a clown by every meal, we would also have to clean if off. Hashem spared us from this inconvenience. On the other hand, if our nose was considerably higher up on our face - when we insert our food into our mouth, we would not get a close smell of our food, which is important. Additionally, if our protruding nose was much higher up, it might obstruct our vision. This would also be an issue if our nose was created inverted, with the wide side on top and the narrow part on the bottom, or if Hashem made our nose rectangular - wide from the top to the bottom. This would obstruct our vision. The way our nose is situated does not obstruct our vision at all. We actually forget that it's there. There are a number of reasons for this, but this is not our topic. It's easy to see that Hashem placed our nose in the perfect place.

Let's now take a look at the texture of our nose. And once again we will see Hashem's infinite wisdom, just as we saw in all of the other aspects of the nose. Our nose protrudes quite a bit off the surface of our face. If the nose would just be a piece of hard bone, it would be prone to get cracked off or at least easily broken. Compare this to a small peg which is sticking out of a door. How long do you think it will last there? After all, it makes sense that over the course of eighty years of a person's life, somewhere along the way, he'll receive a hard bang to his nose. On the other hand, if the nose would be very soft, made only from flesh and muscle, it would easily lose its shape. Now, this is not just a matter of aesthetics. A crushed nose would not allow our nasal passage to do its job of inhaling and exhaling. This vital function must be done constantly. It's hard to imagine that a number of times a day, we would have to stop and reshape our nose, resetting it to function properly.

Hashem made our nose with the special combination of being both firm and soft together; firm enough that it retains its shape, yet soft enough that it can roll with the punches and it does not get broken easily. Most people go through the course of their lives without breaking their nose even once!

Hashem Wants You to Enjoy His World

A Guide to Discovering Hashem's Kindness Everywhere You Turn

By R' Yehuda Schonfeld

from Judaica Press

#### Continued from Chapter 7: The Good Beginning

Although Adam and Chava did not merit to stay in Gan Eden, this does not mean that their lives were no longer good and enjoyable. Hashem Himself testifies in His Torah that the entire world-not just Gan Eden—is wonderful, as the pasuk says, "And G-d saw all that He had made and behold it was very good." Chazal teach us that until the time of the Mabul, the world was incredibly beautiful, far more than it is today. There was a perfect spring climate all the time, and people were physically very strong. Also, as the Torah clearly writes, the people lived extremely long lives.

#### After the Mabul

After the Mabul, the vitality of the world was downgraded. It's hard to imagine how wonderful the world must have been before the Mabul because the world today is still breathtakingly beautiful, with so many things to see and enjoy. Clearly, it's only relative to its previous state that the world was "downgraded."

So much has been written regarding the beauty of the world and the marvelous wisdom with which it was imbued. Yet people fail to enjoy the many things we benefit from regularly, such as rain, trees, fresh air, food, pleasant weather, and more.

Our world is so stunning. Hashem created beautiful forests, lakes, rivers, oceans, hills, mountains, deserts, canyons, prairies, waterfalls, volcanoes, glaciers, and more. Each of these wonders is a pleasure to see and experience and is proof that Hashem wants us to enjoy our lives.

It's true that in our daily lives we don't see many of these natural wonders. Still, our lives are full of pleasurable things that we usually overlook. Take the example of sleep. Every night, most people cozy up in a soft comfortable bed and sleep for many hours. This is a great pleasure! Another example is sunlight, which illuminates our world every morning. Isn't it a total waste to ignore our beautiful sunlight?

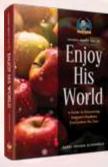
Another example of something we enjoy is music. Most people enjoy music, but we also take it for granted, not thinking too much about the pleasure it brings us.

Of course, one of the greatest physical pleasures of life, if not the greatest, is the pleasure of food.

#### **Food to Eat**

If anything proves that Hashem wants us to enjoy our lives, it must be the subject of food. Did you know that there are over 7,500 varieties of apples in the world? And that's just apples! (There are even more varieties of tomatoes—more than 10,000!) It would be a real challenge for a person to express appreciation for all the enjoyments that Hashem provides us with every day just in the category of food. From the vast, vast amount of delicious food that He created to the fact that He designed people to get hungry quite often, food is proof that Hashem wants people to greatly enjoy life.

Perhaps Rav Avigdor Miller put it best when he explained that food is Hashem's way of seducing man. Yes, Hashem, Who commanded us



to love Him, did not just leave us with the job of figuring out how to fulfill that mitzvah. He literally seduces and convinces us constantly to love Him by lavishing on us an immeasurable variety of delicious foods. We just need to realize Who these delights are coming from, and then our very eating and drinking will draw us close to Him.

Let's remember to taste and enjoy our food while we eat, deriving happiness and vitality from the goodness of Hashem, Who personally designed every single flavor.

The following is from the book Rav Avigdor Miller—His Life and His Revolution (pg. 244):

He [Rav Miller] related that when he was a child, there was an exhibition demonstrating new developments in the food industry, which he went to see. Of all the exhibits, he enjoyed the cereal companies' the most because they gave out free samples of the brandnew product they were introducing—cold cereal. "Every joy in this life is a 'free sample," Rabbi Miller explained. The fish and the meat that we eat are only samples of all the good that Hashem has and provides for us in this world.

to be continued...

R' Schonfeld is available to speak publicly on the topic of Enjoying Olam Hazeh. He can be reached for comments and questions at EnjoyHis-World@gmail.com.

# HASHEM'S Amazing Universe

# The Amazing "Waggle Language" of the Honey Bee. (and how a certain Wasp has taught us how to make paper!) Article 43

In the mid 1900s, a scientist who spent many years studying bees, Karl Von Frisch, made an amazing discovery about honeybees. In fact, for this discovery, in 1973 he ended up winning (sharing) a Nobel Prize for his fascinating work on honey bees. Dr. Frisch discovered that honey bees have a special language that they use to "speak" to each other that would communicate where they just discovered flowers that are available for more bees to visit for their nectar and pollen content. The bees would do a certain "waggle" dance which shows their fellow bees who are watching them, exactly where those flowers are! Even if they are miles away, they will be able to communicate its location quite accurately!

A waggle is done by movement of their abdomen. The abdomen of the bee is quite flexible and it can be moved up and down, and to the right and the left. However, the main "waggle" is when it shakes its entire abdomen like someone who is shivering quite violently. Depending on its message, that's the way it will move its entire body, by walking in certain directions, or by shaking its abdomen. So, there's a whole complicated message being conveyed by the bee that their fellow bees must understand.

The abdomen of the bee is the lower part of the bee. At the end of the abdomen is where the stinger is located.

Dr. Frisch noticed that the bees were using their dance to point to their fellow bees the place of the flowers relative to the sun. Later, Dr. Frisch and others deciphered other parts of the bees dance language that gave the distance of how far away the flowers are. The language of bees doesn't involve an alphabet or words and it was little understood until recent years. His experiments clearly showed that the bees have an exact language that could convey the



# THIS IS INCREDIBLE!

location of the flowers, in an accurate way, through these waggle dances. When a foraging bee (a bee looking for flowers) locates a source of pollen or nectar, she can communicate this information to other bees in the colony accurately as to what direction, and what distance it is away from the hive, and the kind of plants that are there (that's done through its odor).

The language dance performed is done on the combs in relation to the sun. The angle between the sun, and the food source, and the hive determines the direction of the dance. A dance straight up on the center of the comb means to go directly towards the sun. When the food is located 80 degrees to the left of the sun, the dance points 80 degrees to the left, and the same is if it's to the right the dance will point to the right. Amazingly, each waggle corresponds to a specific amount of distance. For instance, each waggle of one specie will be "saying" that it's 30 meters away (one meter isa few inches more than 3 feet). So, if it's 90 meters away, it will waggle three times. (It's interesting to note that many species have their own specific distance that its waggle represents. In one specie a waggle can mean 45 meters distance (per waggle) and in another specie it could mean 20 meters (per waggle).) With this method, it can accurately communicate the distance of patches of flowers even if it's miles away!

Experiments have been done that prove that the bees do not "learn" any of this. Bees were taken away from their hive at birth, and then they were put back in their hive at their correct age when they would go out looking for flowers. They came back to their hive and they knew how to perform the correct dance, and they knew how to accurately interpret other bees' dances, without ever having seen the waggles performed before. So, it's clearly instinctive that they know all this. When put with a different species, they will get the "messages" of their dances completely wrong if that species waggle indicates one distance which is different than the distance that their waggle dance conveys.

\*\*to be continued BEH\*\*

MA RABU MASECHA!

# Living With Appreciation R' Daniel Shasha

"And Hashem was with Yosef, and he was a successful man... and his master saw that Hashem was with him" (Bereishis 39:2). What was the secret behind Yosef's rapid rise to success? Yosef started as a lowly slave, but within a short time, he ascended to a position of great power, overseeing all of Potiphar's household. What merit did he have that helped him achieve this?

A fascinating Midrash describes Yosef's behavior when working in Potiphar's household. Potiphar noticed that Yosef was often seen muttering words to himself throughout his day. Curiosity got the best of him, and he asked Yosef what he was doing. Yosef, with sincerity and humility, explained that he was constantly blessing Hashem. Even though he was burdened with countless menial tasks, Yosef chose to focus on the great blessings in his life, to the extent that he was constantly thanking Hashem. (Bamidbar Rabbah 14:3)

This is truly extraordinary! Yosef had been torn from his family and his beloved father, sold into slavery, and forced to serve in a foreign land. Yet, instead of focusing on his hardships, Yosef made it a point to express gratitude for every good thing in his life, no matter how small. His constant gratitude, even in the challenging times, became the merit that brought him success. It was in the merit of this practice that he was quickly elevated to a prestigious position in Potiphar's house.

Furthermore, we learn, "And Hashem blessed the house of the Egyptian because of Yosef" (39:5). Not only did Yosef's gratitude bring him success, but it also brought blessings to Potiphar's entire estate! This demonstrates the far-reaching effects of gratitude—it doesn't only transform our own lives, but can extend blessings to those around us, even to those who don't share our faith. The non-believers in Potiphar's household experienced prosperity and success due the blessing caused by Yosef's gratitude

Our great Tzaddikim understood the power of this practice and followed Yosef's example. They made a habit of thanking Hashem throughout their day, for even the smallest of blessings. For instance, the Yesod Shoresh VeAvodah wrote in his will that he had made it a daily practice to thank Hashem for everything, no matter how trivial it seemed. He would thank Hashem when a glass fell but didn't break, or when he passed a shaky wall that didn't fall on him. The Chozeh of Lublin testified that this

practice was so beloved by Hashem that it had been revealed to him from Heaven.

The Chazon Ish also extolled this practice, noting that it is a powerful way to strengthen our faith. He explained, "If someone needs a new pair of shoes, they should say, 'Hashem, I need new shoes, please help me have the money.' Then, after purchasing the shoes, they should express gratitude to Hashem. This strengthens one's faith and deepens their relationship with Hashem" (Ma'aseh Ish, Vol. 2, p. 156).

We can learn from Yosef that the name of Hashem should always be on our lips, no matter what we're doing. Whether we're working, running errands, or simply going about our daily lives, we can incorporate expressions like Im Yirtzeh Hashem or Baruch Hashem into our routine. For example, if we're in a hurry and waiting at a red light, we can ask Hashem to turn it green—and then thank Him when it does. If we're walking down the street and a friend offers us a ride, we can thank Hashem for the kindness. These small acts of gratitude ensure that our lives will be filled with blessings and success—and they create a ripple effect, extending those blessings to everyone around us.

This is one story that powerfully illustrates the impact of keeping Hashem's name on our lips.

Rabbi David Ashear tells of a man who was diagnosed with a severe illness. The doctors gave him little hope, saying that his chances of survival were slim. But instead of allowing despair to take over, the man made a conscious choice to remain positive. He greeted everyone with a smile, saying, "Baruch Hashem, He has given me another day of life." When Rabbi Ashear visited him in the hospital, he was amazed by the man's spirit. Despite the excruciating pain he was in, the man continued to praise Hashem. Every day, he expressed gratitude for the doctors and the medical care he was receiving. After Yom Kippur, the man joyfully greeted Rabbi Ashear, exclaiming, "Yistabach Shemo! Hashem gave me another Yom Kippur—another opportunity to repent and pray for my recovery!"

Shortly after, the doctors were stunned to report that the man's illness had mysteriously disappeared. His condition had completely reversed. The man had made a full recovery, and his unwavering gratitude to Hashem was seen as a key factor in his miraculous healing. His constant praise and thanks to Hashem had brought about a miracle. Adapted from Living Emmunah vol. 1 p. 62

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# Let Us Thank Hashem for the...



#### Timers.

They make a great difference to our Shabbosim ensuring that many useful electric appliances such as lights and air conditioners can be set to go on and off at the time convenient for us.

Every day we should strive to thank Hashem for more of His Kindesses and Wisdom. (Chovos Halevovos, Shaar HaBechinah 6)

All our existence in this world is for one reason to thank Hashem. (Alei Shur vol. 2 p. 283)

# Inspiring Ductes

Remembering
Hashem's kindnesses and contemplating them is a mitzvah from the Torah. (Shaarei Teshuvah 3:17)

It is our obligation to praise and thank Hashem for His Unlimited Goodness. (Chovos Halevavos, hakdama to Shaar Avodat Elokim)

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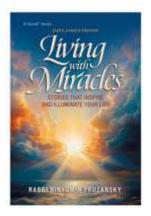
THE SPRING HIEL TIMES-KLAL YISRAEL'S NEWSPAPER

#### **Gratitude to the Rescue**

#### Rabbi Binyomin Pruzansky

Our first words in the morning are Modeh Ani, with which we thank Hashem for life itself. By starting our day with gratitude for Hashem's chesed in giving us a new day, we deepen our connection with Him. We can then go forward filled with faith that no matter what the day brings, Hashem will be there to protect us and guide our way.

On a sparkling clear Tuesday afternoon around 4 p.m., Camp Achdus set out to Rockland Lake State Park near Monsey, New York. The campers were to go hiking on a rugged trail that required some climbing and wading through streams. As Yehuda Goldberg and his friend Yossi trekked along with their group, they noticed a swampy pond that was slightly off the path. They decided to stop there and cool off their hot, tired feet in the water. Then they would catch up with the group.



Because they had little experience hiking, they did not realize that separating from the group and wandering into uncharted territory put them at great risk. Blithely unaware of the dangers that might lie ahead, the two teenagers headed into the swampy area, eager to feel the cool water on their feet.

Yossi dipped his feet in first as Yehuda watched from a few feet away. After the first delicious sensation, Yossi became alarmed by a different, terrifying sensation. His feet were sinking into quicksand! As he slowly sunk deeper into the muck, Yehuda grasped his hand and struggled to extract him. All alone, trapped in this nightmare scenario fear gripped their hearts.

At the same time as this scene was unfolding, Rebbetzin Goldberg, Yehuda's mother, received a phone call. A group of women in her Monsey community were gathering in a few minutes to make a *seudas hoda'ah*, where they would say *Nishmas* together as thanks for miracles they had each experienced. Mrs. Goldberg's husband served as the community Rav, and she was very dedicated to these women. She knew that they were inviting her to join them because they felt that her presence would uplift the atmosphere and enhance their experience. Although the Rebbetzin was very busy cooking and cleaning for Shabbos, she decided to put everything aside and join the *seudah*.

At the gathering, Rebbetzin Goldberg rose to speak.

"When people gather like this, just to give thanks to Hashem, it is so precious in His eyes," she told the women. "We have to always thank Him for the many gifts we have, for the miracles He does for us every day, even when we aren't aware of it -- for how He watches us and cares for us in the best possible way. It is so befitting to come together to express our feelings of thanks and unite with each other to say *Nishmas*."

Little did she know that at this exact moment, her son was in the midst of a terrifying ordeal, fighting for his life. Yehuda had succeeded in pulling Yossi out of the quicksand but as he did so, he fell forward into the swamp and was by this time hip-deep in the muck. The harder he fought to free himself, the deeper he sank. His energy was ebbing as the quicksand engulfed his body. Yossi looked on in horror as his friend screamed "Help me!" But there was nothing Yossi could do.

At this point, Yehuda realized that he might die. "I have to say Shema Yisrael," he thought. But in his weakness, he couldn't even push the words out of his throat. He just said them in his mind with all his concentration. "Shema Yisrael, Hashem, save me!"

At that very moment in Monsey, the Rebbetzin called upon the women gathered around the table to say *Nishmas*. Right before they began, one of the women said, "Rebbetzin, we all came together to thank Hashem for the miracles He did for us, but why did the Rebbetzin agree to come if she didn't experience a miracle?"

"I also had my share of miracles for which I want to say *Nishmas*," she replied. "Sixteen years ago, Hashem sent me a precious gift: my youngest son Yehuda. I had been waiting for many years to have a son, and I never properly thanked Hashem for this incredible gift. He is such a special boy. He spends his days learning Torah and has beautiful *middos*, and right now, I suddenly have an urge to thank Hashem properly for this wonderful gift."

As Yehuda's mother began reciting *Nishmas* in gratitude for his life, Yehuda was gasping for air, certain that he had only a few minutes left. Suddenly, out of the corner of his eye, he noticed that Yossi had found a long stick; it was the oar of a boat that someone must have left behind in the park. Yossi stuck the oar out as far as he could, and Yehuda grasped it with every shred of his remaining strength. Yossi tugged mightily, straining to dislodge his friend from the powerful counterforce of

this death-trap. Suddenly, the quicksand seemed to release its hold. As if propelled by *malachim*, Yehuda popped out of the swamp and landed on solid ground by Yossi's side.

The boys both knew that Yossi could not have had the strength to pull Yehuda out, and yet, with the help of Hashem, he had succeeded in saving his friend. They sat by the swamp crying and laughing as they realized that they had experienced a miracle.

That night at home, as Yehuda sat at the supper table with the Rebbetzin, he told her about his incredible ordeal. As he relived the moments that he had thought were his last, he choked up with tears.

His mother listened intently to the terrifying details, awash with gratitude that her precious son was alive and well, sitting right there with her at the dinner table. She marveled at the miracle the boys had experienced. Then, a thought occurred to her. "Do you know what time it was when all this was happening?" she asked him.

"It was about 4:30," he said.

"I can't believe it!" the Rebbetzin exclaimed. "That's exactly when I was at a *seudas hoda'ah*. We were all saying *Nishmas*, and I was saying it specifically because I felt that I never thanked Hashem properly for His kindness in giving us our Yehuda, our son. I have no doubt at all that *melachim* came and saved your life!"

The words the Rebbetzin had spoken at the gathering were now much more than words. They were a certainty deep in her heart that her gratitude had stirred Hashem to save her son's life.

Thanking Hashem not only shows our gratitude for His past kindness, but also serves as a protective shield and source of blessing for the present, and the future.

#### **Everything Created Reflects HaShem's Glory**

By Tzvia Ehrlich-Klein, Jerusalem

#### Owls, Part 1

There are over 100 different species (types/ families) of owls, and each species is a very different size from the other species. The largest owl is called the Eurasian Eagle Owl. They can measure almost 5 feet (1.6 meters) from the tip of one wing to the tip of their other wing (this is called their 'wingspan').



The owl that is the smallest size is named the Least Pygmy Owl. It has a wingspan (i.e., it measures from the tip of one wing to the tip of its other wing) of only about 12 inches (about 30 centimeters). That means that the Least Pygmy Owl is about the same size that a robin is!

Except for their size, most male and female owls of the same species look alike, although usually the female owls are larger.

Most owls live in areas that have a lot of trees, such as in forests. In fact, owls are actually found living on every continent in the world, except for Antarctica!

Owls fly around and hunt during the night. During the day, most of them sleep in the trees. The coloring that HaShem gave them helps keep them safe, since their colors make them hard to see among the leaves.

In some species, like the Snowy Owl, the colors of the female owl make her harder to see in the trees or even in the grass where she usually makes her nest. HaShem is protecting her as well as her eggs from enemies while she sits on her nest and protects her eggs and cares for her babies.

Baby owls are called chicks. They stay with their mothers and fathers until they are about 3 months old. Then they go out on their own and find new hunting territories for themselves. They may stay in this new "hunting territory" home area their entire life. Owls can live for almost 20 years.

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Tzvia Ehrlich-Klein is the author of HASHEM'S WONDERFUL WORLD: CLOUDS [Adir Press], the 4 Menucha books: I LIVE WITH MY MOMMY; WORD FUN FOR EVERYONE: KOSHER WORD GAMES; YOU"RE JOKING! THE KOSHER JOKE BOOK and YOU'RE JOKING AGAIN; and the 4 Feldheim books ON BUS DRIVERS, DREIDELS AND ORANGE JUICE; ON CAB DRIVERS, SHOPKEEPERS AND STRANGERS; ON BUS STOPS, BAKERS AND BEGGARS. She has also edited several books including COPYRIGHT IN JEWISH LAW (Feldheim) and TO DWELL IN THE PALACE (Feldheim), an anthology on life in Israel. Ask for her books at Jewish bookstores or directly from the publishers. She made aliya in 1971, and lives in Jerusalem.



By: Rabbi Eliezer M. Niehaus

This column is part of the "ASHER TO THE YATZAR" initiative. If you would like to receive the monthly leaflet, please email ashertotheyatzar@gmail.com. Please try to say Asher Yatzar from a card or poster as a zechus אליעזר מנחם אליעזר מנחם אליעזר מנחם

#### Asher Yatzar Throughout the Day!

This coming week will be Chanuka, so let us see what we can do to utilize this Yom Tov of thanks to its utmost. One good way is to notice where we thank Hashem for being healthy, and do so with feeling. The first place of course is the beracha of Asher Yatzar that we say every morning at the beginning of davening. Of course we don't stop there, and throughout the day we continue to thank Hashem for having a healthy body each time we use the restroom.



This brings us to a great question, asks Rav Shimshon Pincus. We know that sometimes we may be in the middle of learning Torah, davening, or doing mitzvos, and suddenly we will need the restroom. The result being that we have to take a temporary break and stop doing these very important things. Why did Hashem create our bodies in a way that we must use the facilities several times a day? In the Midbar, there was no waste and the Mann was totally absorbed into their bodies. Why didn't He do the same with the food that we eat? Then we wouldn't have to be interrupted from serving Hashem!

Rav Pincus answers that in order to learn Torah and serve Hashem we need life and health. Without them it would be impossible to do anything at all. In order to receive these great presents, we must realize Who is their true source. Hashem wanted us to constantly feel the *chesed* that He is doing for us and, as a result, thanking Him would be a regular and integral part of life. Just as it is impossible to live without food, so too, without thanking Hashem for life and health, we would be disconnected from the source of life. Now, when we are in the restroom it is forbidden to think thoughts of Torah. Instead, we can use this time to think about how wonderous is the human body and the digestive system. We can think about how fortunate we are to be able to use the bathroom normally and that we are healthy. Then, when we wash our hands and say Asher Yaztar, it will be said with *simcha* and feeling. This will then bestow upon us and the entire world life and health. Once we do so, we can return to learning or whatever else we were doing. This means that using the restroom was not an interruption – it was needed for the very act of serving Hashem. If we would forget about Who is giving us life and health, it may stop *chas v'sholom*, and then we would not be able to serve Him anymore.

This explains why Asher Yatzar is the one of the first berachos we say each day. The first beracha is "Al Netilas Yadayim" when we wash our hands in the morning. The Beis Yosef cites the Rashba who explains that we are washing our hands before we begin to serve Hashem, just as a Cohen washes his hand before serving in the Beis Hamikdash. According to this, in this beracha we thank Hashem for giving us the zechus to sanctify our hands to serve Him. The next beracha right after that is Asher Yatzar, where we thank Hashem for giving us the life and health to be able to serve Him. These two berachos go hand in hand to help us realize that whatever we will be doing throughout the day is serving Hashem! If we bear this in mind during Chanukah and the days leading up to it, it will be an entirely different Yom Tov!

Rabbi Niehaus is the author of "Oasis: Experience the Paradise of Shabbos" and "HEAVENWORDS: Elevate your Tefillah and Yourself". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a rebbi in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.



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#### Zichru Toras Moshe

Rabbi Moshe Hirschberg

#### **SOUND ASLEEP**



It was Erev Shabbos *Parshas Achrei Mos*, and R' Meir found himself on the fifth floor of RWJ Hospital. Over Pesach, his vibrant one-year-old had been getting weaker and weaker, and nobody could understand why. On Chol Hamoed, they'd gone to their doctor, who ran a series of tests to find out what could be causing his sudden condition, but nothing proved conclusive.

So, two days after Pesach, Thursday of *Achrei Mos*, the pediatrician directed them to the emergency room. "We must discover the underlying cause of this," he told them. "I'm affiliated with RWJ, where they'll run additional tests, and I'll oversee your case." And so they did. On Thursday afternoon, R' Meir and his wife packed their bags, picked up their baby, and headed to the hospital.

At 7:39, while they were on their way, R' Meir received a message from his brother, saying, "Mit a bissel bitachin, ha'kol yihye b'seder—With a little bitachon, everything will be fine." R' Meir wasn't so much in the mood at that point to hear chizuk, as his son's condition was worrying him to no end.

By Friday morning, they'd performed many tests, and the results showed that their sixteen-monthold had a UTI infection. The young child was immediately infused with antibiotics, but as the day progressed, he showed no signs of improvement. He remained sleepy and drowsy.

By Friday afternoon, R' Meir and his wife realized that they'd be in RWJ for Shabbos. You can just imagine R' Meir's feelings of being stuck in New Brunswick over Shabbos, away from his family and friends and barely seeing any Yidden — something new to him. Neither would he have his *bigdei Shabbos* and the Chassidishe *bren* he was used to.

R' Meir made his way to the Bikur Cholim room to stock up on the Shabbos necessities, bringing back many goodies along with incandescent lightbulbs to "light" *l'kavod Shabbos*. As his wife was about to take in Shabbos, R' Meir turned to her and said, "We will be *mekabel* Shabbos with *simchah*, and we *won't* let our surroundings disrupt our *simchas Shabbos*."

As his wife "lit" the candles, they saw their son, Elazar, start responding, and show minimal movement. By the time, R' Meir was singing Lechah Dodi, Elazar was motioning in so many words, "Tatty, pick me up already; I want to dance."

For almost a week, their son hadn't shown any signs of life. Only when they were *mekabel* Shabbos *b'simchah* did they see the flick of the switch.

#### **UP AND AWAKE**

Soon after that, the shifts changed, and the presiding resident doctor of the night shift came to pay a visit. The resident doctor examined the baby, but he was surprised by what he saw. "This is not the baby the previous resident told me about,"

he stated. "His situation seems to have changed drastically. I don't know how it changed, but if this is how the baby is reacting, then you're free to go. I know it's your Shabbat and you can't travel home, so you can stay for the duration of the day, but your baby is fine."

With that, the doctor instructed the nurse to disconnect the IV and remove the quarantine poster hanging from the wall. They held their son and proceeded to eat their Shabbos *senda* with gratitude and praise to Hashem for giving them their *yeshua*.

Their *simcha* that they showed toward the mitzva only brought along with it more *simcha*.

**&** & &

#### THE WORTHY EMBARRASS-MENT



In the mid-1700s, there was a Yid named Reb Eliyahu who, from time to time, would subject himself to galus, wandering from city to city. On one such trip, he found himself with no lodgings. After looking around for some time, a passerby directed him to a chasuna taking place where the entire city including the guests were welcome and invited to partake.

Sometime during the *seuda*, an expensive piece of jewelry went lost.

People searched around the hall, but no one found it. "It must've been stolen," they concluded, and immediately the suspicion fell on the unidentified guest. Reb Eliyahu was the only attendee who nobody recognized, and so naturally they assumed *be* must be the thief.

One of the attendees callously shouted at him, "Guest, return what you stole!" Reb Eliyahu remained silent. That only rallied their suspicion even more, but however much they interrogated him, Reb Eliyahu didn't say anything. (See Sefer Chofetz Chaim, end of Klal Yud)

Seeing his refusal to speak convinced all the accusers that Reb Eliyahu must be the thief. As the tensions were rising, one guest suddenly grabbed him by the arm and dragged him to the *chosson*. "Chosson, here is the thief!" he declared, but Reb Eliyahu just stood his own. By now, they were *sure* that he was to blame.

Within a short time, he found himself on the other side of the wall. Being that they were so certain, one of the accusing parties had taken him by the arm and had ejected him from the wedding hall through the door situated behind the head table. With that, Reb Eliyahu just took his belongings and moved on to the neighboring town.

As time went by, this Reb Eliyahu became the famed Vilna Gaon — Reb Eliyahu Kramer. Years later, when repeating this story, the Gaon would express that it was all worth it. "After landing on the other side of the wall, I overheard the chosson laughing. His seeing me get thrown out brought him laughter. That made my whole ordeal worthwhile, as it brought simchas chosson v'kallah."

The Gaon embraced all the humiliation happily, knowing that it

brought the chosson simcha.

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#### SHTRIEMEL ON TUESDAY



Sometime after his *chasuna*, Binyamin\* decided he was going to start putting on a *shtreimel*. However, Binyamin's new wife was wholly opposed to his new decision. She'd grown up differently, and a *shtreimel* wasn't part of the look she was used to. The *shtreimel* started hindering their *shalom bayis*, so Binyamin went to seek the guidance of **Reb Shalom Zalman Auerbach**.

Binyamin told Reb Shalom Zalman his story: Thirty years prior, he'd gotten mixed up with the wrong friends, who had influenced him negatively. Slowly, he'd lost the ways of his upbringing, including the dress code, but eventually, he found himself returning to the fold and heading back in the right direction.

In his new upswing, he was suggested a suitable *shidduch* with a woman who, although she was on a higher level in Yiddishkeit than he was, would assist him in his growth. They married, and he continued growing from level to level with her. Finally came the day where he felt he'd grown in his Yiddishkeit to put on a *shtreimel*, per his family's tradition, and so he went to a store and bought a \$2,000 non-refundable *shtreimel*. He came home and showed his wife, but she wasn't pleased at all.

Reb Shlomo Zalman asked him, "You aren't willing to sell your sha-

lom bayis for \$2,000? Your wife has done so much for you. If she doesn't like the *shtreimel*, then don't wear it."

"But, really, what about the money?" Binyamin replied. "I'm spending most of my day in Kollel, and we don't have spare cash. \$2,000 is a big loss."

Reb Shlomo Zalman then walked over to his closet and pulled out his *shtreimel*. "You see my *shtreimel*? It's very old, and I need a new one. Kindly sell me yours, and I'll pay you in full." Binyamin agreed, and Reb Shlomo Zalman gave him \$2,000 and took the *shtreimel*.

That Friday, Reb Shlomo Zalman put it on the new *shtreimel*, but it didn't fit. He had to keep adjusting it so it wouldn't slip down. His family saw him struggling and asked him, "Tatty, we understand that you bought the *shtreimel* to reinstall *shalom*, but if it doesn't fit you, why are you wearing it? At least wear your *regular* one!"

"A shtreimel that restored shalom in a Jewish home is the shtreimel that I always want to wear!" Reb Shlomo Zalman told them. "Not only that, but this shtreimel I would want to wear throughout the week, not only on Shabbos. This is what I want to be buried with." With that, Reb Shlomo Zalman continued wearing his new shtreimel.

He valued the mitzvah and became uplifted from it, to the point that he was willing to wear the *shtreimel* although it was very big.

R' Moshe Hirschberg is the author of "Zichru Toras Moshe – Heartwarming Stories for the Shabbos Table." To receive the Weekly Zichru Toras Moshe please call 732 569 8111 or email: the.zichru.toras.moshe@gmail.com

### By: Rabbi Zevy Golombeck

id you know, as Reb Yehuda Mandel always says, people walk around with tainos and hakpados, thinking, "Oh, this person messed up my life and that person ruined this and the people are not maichel each other."

that for me," and because of that people are not moichel each other.

Who are you really hurting most by walking around with hakpados and tainos? You're affecting yourself, because when you walk around with negative feelings and emotions and you're upset at somebody, it makes you weak emotionally physically and mentally.

So if you would want to help yourself, the way to do that is by realizing that your life is not messed up and nobody ruined anything for you, because everything that happens to you is exactly what you need for your tikkun haneshama and for your tafkid. Just by feeling loved by Hashem, you will be the most successful person in the world, because that's why you were created, to feel Hashem's love. Therefore, throughout every nisayon, Hashem gives us ways to feel loved.

The bottom line is, if you want to help yourself emotionally, mentally, and physically, realize that your life is not messed up, nobody ruined your life. All you have to do is realize that everything is gevaldig and amazing. Let go of all your hakpados and tainos and all your negative emotions, and

that will help you grow and shteig emotionally, mentally and physically. That will give you arichas yamim.

It will give you a lot of brachos and yeshuos in this world, and on top of that, strawberry on the cake, when you let go of all your hakpados and tainos, Hashem midah kineged midah won't have any hakpados and tainos on you and He'll be moichel you for everything which will give you a straight ticket to olam habah- no geheinom and give you so much bracha in this world so you're doing yourself the best favor b'gashmiyus and b'ruchniyus.



Based on the teachings of Rav Yehudah Mandel
By: R' Baruch Rosenstock

way things are now I cannot reach my full potential." The Madreigas Ha'adam (tikkun hamiddos perek 2) writes a person should never feel there are obstacles in front of him and he's stuck. The only thing that could hold a person back is his own attitude.

The world around you can't hold you back, if a person wants to live a free life all opportunities are in front of him. He can work on himself, work on his middos and he will see, his life will become better and better and he'll begin to feel like a free man.

any times people can feel confined by their current situation. They say, "If only things would be different then I would thrive." "Had I had a different spouse, different parents, different inlaws, had I learned in a different yeshiva etc. then things would be much better. The

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#### **Rav Yehuda Mandel**

# Bitachon Weekly



וישנאו אותו

In a billion years we'll never understand how such giants like the שבטים could have a real שייכות. However, we can suggest בס"ד that the reason why there was some איס in this area is because they had all bowed

down to עשיו and עשיו was the symbol of brother hating (עברתו שמורה לנצח). Just meeting such a person and having הכנעה to him can affect a person negatively.

Part II

Part III

How important it is to stick around a pure יראת שמים and יראת שמים type of people who have good middos. Being exposed to the evils of the world can be very unhealthy for your ביהמ"ד. So run to the ביהמ"ד as much as possible! We also find a striking עשיו of עשיו of עשיו keep what you have since יש לי -רב

A person who hates his brother and has antisemitism is an unhappy, dissatisfied person and this is why he lets out his anger on other people and blames them for all his shortcomings and he gets involved in all kinds of perverted נקמה pleasures like Jihad etc. We can suggest קשיו pleasures like Jihad etc. We can suggest עשיו that 'עשיו was a total יעקב affected him since יעקב was a total בוטח בה person since he was a true בחלקו and that's why he said "יש לי -כל".

Part IV

And meeting יעקב caused his ישלי (almost -יש לי- affect יש לי- and he said יש לי (almost יש לי- (came from יעקב unbelievable love and warmth for every human, and it affected עשיו. יעקב was a piece of goodness and love and he called total strangers "אחי- מהיכן אתם".

Part V

And with his own children he was like a brother and a pal (רש"י). According to the Alter from Slabodka ז"ל, when he said ראיתי פניך- כראות פני אלקים. He really meant it, since יעקב was a צל"א despite his יעקב and יעקב and יעקב only saw good in people. He also quite possible wanted to be מקרב עשיו and tried to build him up more and more so he should try to improve himself when he realizes that he's a צל"א.

Part VI

When a person truly realizes his own greatness then he doesn't have קנאת ושנאת

(ר"ש וולבה ז"ל).

Here עשיו was trying to give עשיו some healthy Slabodka mussar. Although עשיו wasn't lacking in גאוה, the true גאוה

(ויגבה לבו- בדרכי ה') he didn't have. Notice how יעקב kept telling יעקע that הילדים רכים, "My children are delicate and it's too hard for me to take them along and go with you."

Part VII

For sure יעקב was actually afraid that they shouldn't be under עשיו's influence and says that the reason why יעקב never gave never gave never gave he might get upset and go after עשיו. How important it is to keep away from אומות העולם and in our long bitter we have certainly picked up plenty goyishkeit ה"ל.

Part VIII

R' חיים Halpern דיל told me that saying, "You take that from him?" is straight from the ויתור mentality and the opposite of ויתור and working on מדות. A true yid has to always be in a breaking midos mode and doing the opposite of his base רצונות. You can be loaded with all forms of yiddishkeit. Dress like a שיל with beard, payos etc. and be super and ligin ס"ש and frumkeit and עשיו and ligin ס"ש and yet be very close to עשיו mentality if מלאר מבות have plenty politics and ח"ו have plenty politics and "

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# Ahavas Yisrael

#### The Chinuch Chaburah

R' Tzvi Moshe Schultz

Disclaimer: The information here is researched. We tried to make sure it's accurate, but we are human and mistakes do happen. We apologize in advance for any errors.

#### Chasidishe Levush

- The unique dress of the chasidim has developed over time. Many of the clothes worn by chasidim now were not even always considered to be uniquely chasidish but were rather clothes that all Jews wore in Eastern Europe. In addition, different chasidic groups dress differently.
- The special clothing worn by chasidim can generally be put into three categories:
- 1. Clothes worn for specific religious reasons
- 2. Clothes worn to be different than the goyim.
- 3. Clothes worn because that was what the tradition was.
- Examples of religious reasons:
- 1. Chasidim make sure that their clothing always has the right side go over the left side (therefore, the buttons of their jackets are on the left side, unlike most jackets which have the buttons on the right). This is because in kabbalah, the right side symbolizes chesed (kindness), whereas the left side symbolizes din (strict judgement), and we always want chesed to cover over din.
- 2. Chasidim wear a shtreimel on Shabbos, Yom Tov, and special occasions, as a sign of kavod. Some say the shtreimel is a hat that was originally worn by the Polish nobility. A shtreimel is a flat, circular hat, made out of fur. Jews from Congress Poland (central Poland, as opposed to

Galicia, which is Eastern Poland) wear a spodek, which is tall instead of flat. ed Today, the Gerrer chasidim are the is- main ones who wear a spodek.

- the top and bottom part of the body. There is a halachic requirement to separate between the two parts of the body when davening. Technically speaking, this can be fulfilled by wearing a belt, or with the waistband of one's pants. In addition, there is an inyan of hikon likras Elokecha Yisroel, that one should do something to show one is preparing for davening. Litvishe Jews fulfill this by putting on a hat and jacket for davening. However, chasidim fulfill both of these requirements by wearing a gartel for davening.
- 4. Chasidim follow the Shulchan Aruch (Orach Chaim 8:11) to wear one's tzitzis over one's shirt. However, according to the Ariza"l, the tzitzis should be covered. In order to fulfill both opinions, many chasidim wear a vest over their tzitzis, so that it should be over their shirt, but still covered.

Lubavitcher chasidim wear their tzitzis under their shirt. However, they follow the opinion of the Alter Rebbe (first Lubavitcher Rebbe) that if the tzitzis are bunched up, that takes away from the required shiur of the beged of the tzitzis. That's why many Lubavitchers wear their shirts untucked, so that their tzitzis can hang completely down.

5. Chasidim prefer a kippah made out of six sections, as opposed to the standard kippah made out of four sections, because the four section kippah looks like a cross, which they want to avoid.

to be continued

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THE SPRING HILL TIMES - KLAL YISRAEL'S NEWSPAPER

# Sitachon Zower The Quote-The Resson-The Story

**The Quote:** "Even when a person is being persecuted by a wicked oppressor, he should know that all is coming from Hashem. The tyrant is only a staff in the Hands of Hashem..."

THE LESSON: What makes this idea so incredible and amazing is that when something c"v happens to us, we right away point a finger and say, "It was because of him that I am suffering". However, one who has bitachon understands and realizes that Hashem is just using that person as His staff. That person has zero power to harm you or make you suffer, he is just a puppet in the hands of Hashem.

THE STORY: Rav Yisroel Salanter was once traveling by train from one city to another on the way, there was a fellow who was annoying Rav Yisroel Salanter in a very בזיונותדיק fashion.

When the train arrived at its destination a large crowd was there waiting to greet the great sage of their time. Realizing this, the fellow on the train quickly researched amongst the crowd who this great Yid was, who he had been bothering on the train. When he found out, he immediately

approached Rav Yisroel and apologize immensely. Rav Yisroel obviously forgave this fellow with warmth and happiness. Rav Yisroel asked him

why he had made the journey to the town. The Yid replied that he wanted to receive a certificate from a Rov so that he could have the ability to become a shochet.

After questioning him in a few areas in Hilchos Shchita, Rav Yisroel realized that this Yid was completely not versed in the laws of shechita. Rav Yisroel set him up to learn the Halachos with his son-in-law and eventually he took a test and become certified. Someone asked Rav Yisroel, "It is one thing that you forgave him for the דריונות that he gave you on the train. But not only was the Rov מוחל, he went out of his way to help him?"

Rav Yisroel explained as follows, by just forgiving someone, there is no guarantee that deep in your heart you don't have bad feelings toward them. How can we uproot even those feelings? The answer is (explained Rav Yisroel) to

do "Hatova B'makom Hakpada". It is the hatova itself which will destroy the hadpada within you. The reason is that once a person puts effort and toil into something it becomes a חלק of themselves. Therefore, explained Rav Yisroel that is why I feel it is so important to take

the extra step and actually do something for this Yid so that I can remove any Hakpada I may have against him.





### **PARSHA SPARKS**

In this week's parsha the commentaries emphasize that the Yishmaelim who purchased Yosef from his brothers were carrying sweet-smelling spices. This was uncommon, since their cargo was usually kerosine which has an unpleasant odor.

The Baalei Mussar explain two points:

- 1. Hashem is teaching us that while it appears that the Shevatim were able to use their free-will to make Yosef suffer, the unusual cargo arranged with precision by Hashem clearly shows us otherwise. No human being has the power to affect another human being; everything is from HaKadosh Boruch Hu who sees exactly what a person needs for his tikkun HaNeshama. Yosef needed to be sold because that was what his Neshama needed but to endure the extra suffering of an unpleasant smell? Yosef's Neshama did not need it; so Hashem changed the natural course of events and caused the Yishmaelim to carry sweetsmelling spices. Everything is measured out to the last detail by HaKadosh Boruch Hu for the purpose of tikkun HaNeshama.
- 2. The second lesson Hashem wants to teach us. is that even when a person is going through the worst anguish, Hashem is right there, holding his mand. If you look for Hashem even in the darkest moments, he will show you His loving, caring Presence. The sweet-smelling besamim was Hashem's way of showing Yosef, "I am here with you."



### **STORIES** WITH A SPARK

We lost our food stamps card and I tried calling the food stamps department to see if I could get a replacement. Once I finally got through, the real fun began. "A" transferred me to "B" to see if

she could help, but "B" sent me to "C" who sent me to "D" transferred me back to "A" who sent me to "B" who switched me to "D" again! At least three more representatives



were part of this game of "We Pass the Call Around," but nobody was interested in actually helping me. I finally gave up and hung up the phone.

The next day I tried again with the same lack of results. It was extremely frustrating; I simply needed a replacement card - what could be so hard? This went on for a full week. It was insane - I didn't know they even had so many people working for them! And not one of them could help me!

Finally I turned to Hashem and said, "I get the message! I am turning to people and trying to rely on them. Ribono Shel Olam, I am trying one more time, but this time I am calling You!" I dialed the number and someone picked up the phone right away. She heard me out, put me on a brief hold, and less than thirty seconds later she said, "Okay! You're all set! We are sending you a new card - it should arrive in the mail within a week.'

Now that was amazing! Super quick and no speaking to countless representatives!

Thank You, Hashem, for the best service!

לעילו נשמת הרה"ה ר' שמחה ישכר דוב בן ר' משה חיים ע"ה והרה"ח ר' יעקב יצחק בן <u>ר' משה ע"ה</u> Have the zechus of spreading Bitochon. To sponsor more copies please call 647-706-9745.

# QSA A

#### **New Driver**

My daughter just got her driver's license. Although she has practiced a lot and her instructor has said she is an excellent driver, I am so nervous to let my child on the road. How can I let go of my apprehension?

A The reason you feel nervous is because you think that people are controlling the road and you're filled with uneasiness: "The streets are so dangerous! Who knows what could happen to my daughter? Maybe something terrible will happen to her chas veshalom."

You must understand that the road is not controlled by people. Everything in this world, including whatever transpires on the road, is controlled by Hashem. Accidents do not 'happen.' When Hashem in His Wisdom decides that something should happen to someone, it will happen whether they are on the road or not. Moreover, if Hashem decides that a person will not be harmed, then even if he is a new driver Hashem will keep him secure and safe.

Therefore, when you find yourself becoming nervous, remind yourself, "Hashem's love for my child is endless. The same Hashem Who protected my daughter until this day will forever continue keeping her safe."

Say these words over and over, as each repetition is another exercise in Emunah and Bitachon. Eventually you will internalize the realization that you have nothing to worry about.

#### Close Call

My son was riding his bike, and out of nowhere, a car came speeding by and nearly hit my son. This incident is making me full of anxiety; my son was a hairsbreadth from getting hit R"L! I do not even want to think about what could have happened to him. What is the emunah and bitachon perspective about this?

A The reason your emotions are reacting with trauma is because you think, "my son was in the way of a speeding car and anything could've happened to him. Baruch Hashem, this time it turned out that nothing happened. But what if things would not have turned out so fortunately?"

However, all this is only true if you live without hashgacha. However, when you recognize that Hakadosh Baruch Hu is running the world, you will understand that there is no such a thing as 'a close call'. The reason that nothing happened to your son was because Hashem did not want anything to happen to him; nothing was able to happen to him.

Of course, since Hashem saved your son, it is befitting that you express your hakaras hatov:

- Constantly thank Hashem for the chessed He did to you, by protecting your son from getting harmed.
- Be extra mindful of how Hashem is taking care of you in so many other areas as well.
- Give tzedakah as a sign of gratitude to Hashem for saving your son's life.

However, as far as processing this incident on an emotional level, after seeing how Hashem saved your son, you should learn from this episode how much Hashem loves you and your son. You can walk around with complete serenity knowing that Hashem is watching your son, wherever he is.

Certainly, you should do whatever hishtadlus you could to teach your son to ride safely. Tell him to always wear a helmet, to put on reflectors at night, to walk his bike across the street etc.

However, after you have done normal hishtadlus, you can walk around full of menuchas hanefesh with the knowledge that your son is in the best of Hands.



When a person says "Gam Zu l'Tovah," it turns the greatest darkness into light. It's the best Hishtadlus to turn around your situation. (Maharal)

#### ר' אברהם יצחק ירום

# בשבילי הרב שמשון רפאל הירש זצ"ל

פרשת וישב תשפ״ה

ויחלום יוסף- חלום ויגד -לאחיו ויוסיפו- עוד שנא- אתו : ויאמר אליהם- שמעו נא -החלום הזה-אשר חלמתי : והנה אנחנו-מאלמים אלמים- בתוך השדה- והנה קמה -אלומתי וגם- נצבה והנה-תסבינה אלמתיכם -ותשתחוין לאלומתי : ( פ״לז פ׳ ה,ו,ז )

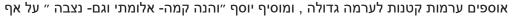
מספרת לנו התורה על חלומותיו של יוסף אשר גרמו שנאה כה גדולה עד שאחיו סברו שיוסף אחיהם דינו במיתה.

מציין רבינו חובה עלינו לחפש ולבאר מדוע חלומות יוסף הובילו אותם לגזור את דינו למיתה ? הרי חלילה מלומר שתאוות רציחה ושפיכת דמים גרמה להם לגזור את דינו ,

נתבונן בחלומות של יוסף כדי לקבל הבנה בהבנת אחי יוסף את חלומותיו.

בפסוק ו אומר יוסף לאחים שמעו נא- החלום אשר- חלמתי, האחים בשלב זה כבר שונאים את יוסף אבל יוסף בכל אופן מתעקש לספר להם על חלומו , ועל אף,

ש״לא יכלו דברו לשלום ״ מספר להם יוסף ״והנה אנחנו -מאלמים אלמים ״ רואה אני בחלומי את כולנו מאוחדים בצוותא מאלמים אלמים.



עבודתנו המשותפת דווקא האלמה שלי קמה וניצבה וסירבה להיות ככל האלומות האחרות , והנה תסובינה -אלומתיכם ותשתחוין לאלומתי ״

, אלומתיכם נעמדו מסביב אלומתי והשתחוו לפניה

מתאר להם יוסף יחיד מבודד , גבוה משכמו ומעלה מאחיו , הנאספים מסביבו מרצונם ומשתחווים , על אף שהוא אינו מבקש. ואפילו מבקש להיות כמו כולם .

בנוסף לשנאה שכבר הייתה קיימת ליוסף הבינו האחים שיוסף רואה עצמו כשולט על האחים עד כדי כך שהם מרצונם מגדלים ומרו־ ממים אותו ומתבטלים לפניו. בשלב זה האחים עוד לא גזרו את דינו.

אבל בחלום הבא , נוסף להבנת האחים שיוסף לא רק מתכוון למשול ולשלוט עליהם. אלא השמש והירח- ואחד עשר -כוכבים מש־ תחוים- לי ,

, אתם האחים וכל יתר יושבי הארץ יהיו תחת שלטוני

ובנוסף לחלומו של יוסף אשר סיפרו לאביו , ויעקב אמנם גער ביוסף. אבל אומרת התורה ״ואביו שמר- את הדבר ״ ממתין ומצפה מתי יבוא ,חששו האחים חשש אמיתי מקיום חלומותיו של יוסף שאפילו יעקב יושב ומצפה להתגשמותם,

אומר רבינו ידעו השבטים שמשפחת אברהם נועדה לייסד את בית ישראל והעם היהודי אמור להפיץ את חוקי התורה המבוססים על חירות , כבוד , ושיוויון לכל יחיד ויחיד

והמושל היחיד הוא רק דרך התורה שבה במשותף כולם נצטוו ״ לשמור דרך ה ׳ לעשות- צדקה ומשפט ״,

חששו אחי יוסף שמלכותם של נמרוד ואדום שבה כולם היו משועבדים לאדם יחיד לעשות רצונם כרצונו ולהשפיל ולחלל את הכבוד האנושי ,היא המלכות שיוסף חולם עליה. וממילא כל יעוד משפחת אברהם ובית ישראל יאבד.



BS"D

Nkasef HaNekudos

AS ONLY A MOTHER COULD (Parshas Vayeishev)

By Mrs. S. Mordechai

Dedicated to My Mother: Esther bas Lieba May Hashem Bless You Ad 120 Gezunt and Shtark. Thank you for all you do!

Yosaif HaTzadik was carried by a caravan of Yishmaelim. He was the first of Yaakov's family to descend to Galus Mitzray-

Scared and alone, Yosaif was still a very young man.

As they passed Ephrat, to his mother's kever he ran.

His cheeks were streaked with tears. "They are taking me away from Abba," Yosaif cried, while he bent over the ground

while he bent over the ground where his beloved mother, Rachel, had died.

"You are royalty in my eyes!
You will never be a slave!"
His mother assuaged Yosaif's pain
from her grave:

"This is Hashem's plan,"
Yosaif's mother consoled.
"To achieve your great mission,
to save our nation you had to be
sold."

With all my heart for you I will pray that HaKadosh Baruch Hu's Shechina rest on you every minute of every day. With His right hand He will envelope you

and with His left hand under your head,

Hashem, Yisborach, will watch over you from the morning when you awaken until you lie down on your bed.

only a mother could.

Galus after galus and thousands of years, her love for her children has withstood.

Our mother Rachel comforts us, with her shvur laiv, as the path to Marom Tzion for all Yidden her prayers pave.



Hashem will be your Tzur, your Saiser, Yosaif, and Yishmorcha, no matter what befalls you, my dear son, mi kol tzar, oo'mi kol

Rachel's words were a sweet melody that echoed in Yosaif's ears, as he descended into Exile with Hashem Echad on his lips all the while.

To protect Yosaif, Hashem sent malachim and to provide solace, spices with a pleasing rayach. Yosaif remained a Tzaddik, like his father, and a Boteach.

Yosaif rose from slave to king, matzliach in his every endeavor; with his Dveikus to the Adon Olam not only in tact, but as invincible as ever.

Like she did for Yosaif, Mama Rachel beseeches Hashem for us, as Rachel Imeinu knew that Yosaif HaTzaddik's every step into Galus, away from his father's tent

was one step closer to our Geulah Shelaima and to our ascent.

Ha Kadosh Baruch Hu reassured Rachel: "Yesh schar l'f'ulasaich.

Your children will return to their borders.

Yesh Tikvka l'acharisaich.

"You may stop weeping and dry the dima from your

eves.

I will soon redeem precious banayich.

Not in vain have been your cries."

Until we are home in our promised land, with nafshainu like a gan rav'e:

our Ima Rachel, with all her soul, will continue to boche and tivake.

Then we will sing joyously and dance with drums as we stream to Hashem's bounty Ha-Tov;

Kulanu; along with Yosaif HaTzaddik. our mother, Rachel, and our Father, Yaakov.

With gratitude as invincible as ever to Hashem Echad. Yisborach: our Tzur and our Saiser; and R. Yitzchok Kaufman (The Spring Hill Times;) R. Zev Golombeck (The Bitachon Hotline;) Artscroll (Schottenstein Editions: Parshas Vayeishev: Text and Commentaries, Siddurim, Tehillim; Later Prophets (Stone Edition: Yirmiyahu 31:11,15,16;) R. Moshe Weissmam (The Midrash Says: The Book of Bereishis;) and EK, SN.

R. S S., SF, LJ, JF, CYS, AU, MM, DD, CDS, RF, RRM, RD, AG, CEG, and CM.





# HEN YOU SEE ength his Peyes Ignore the color of his

Ignore the length his Peyes

**Shoes** 

Ignore the type of car he drives

Ignore his mistakes

Ignore the leader he follows

Ignore the type of hat he wears



Ignore his occupation

Don't Accuse! Don't Judge! Don't Convict!

Ignore the nusach he uses to talk to Hashem with

VAYEISHEV-20 KISLEV 5785

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THE SPRING HILL TIMES - KLALYISRAEL'S NEWSPAPER



**ANOTHER YID:** 

Remember that he is part of your family!



Remember that he stood together with you at Har Sinai!

See his chelek Elokei

mimal his neshama!

Remember that he is your other half!

Remember that Hashem loves him to no end!

Hold his hand and help him through life!

Remember that Hashem areated the world just for him!

Give him a smile!



Accept him and love him to pieces!

IVYYOU

VAYEISHEV=20KISLEV 5785

THE SPRINGHULL TIMES = KILALYISRAEIS NEWSPAPER

# Stories From 'A Life With Bitachon'

Edited by Sari Grunwald

**#1882:** This story was called in all the way from Eretz Yisrael by a Mrs. Beityaakov.

One erev Shabbos she was walking outdoors when her phone slipped from her hand and fell into a very deep sewer drain. She didn't know anyone in that neighborhood who could help her. She started panicking – how in the world would she get her phone back?

Then she caught herself, "Wait a minute; you know who can help me? I can ask Hashem! He is the Kol Yachol. He can do anything and everything. Here, in the middle of nowhere, Hashem can send a messenger to help me."



Suddenly, she saw a truck with three Arabs. They stopped and asked, "Are you looking for something?" "Yes," she said. "My phone just fell down the drain."

"Sure," they said. "Our greatest pleasure. Let's get to work."

They tried to reach the phone without removing the heavy metal drain cover, but the phone was too far down. Then they took a big, long piece of wood from their truck and tried for 15 minutes to get the drain cover off, but it simply wasn't budging. "Listen," they said finally. "We're trying one more time. If we still can't get the cover off, we'll just have to give up. We're so sorry."

Mrs. Beityaakov turned to Hashem again. "Please, Hashem, you're the Kol Yachol. You are the One Who sent these three Arabs, and You are the One Who can get me my phone immediately." As soon as she said it, the drain cover popped right off and they were able to get the phone!

\*

#1883: This story was called in by a Mrs. Bodansky. It was the Friday before Erev Shavuos when she suddenly noticed a large puddle of water on her dining room floor. It seemed to be coming from her air conditioning unit. She immediately turned off the air conditioner and called the repairman

"I see the problem," he said. "The pump is dead. You're going to need a new pump."

"Can you order one so that it can be fixed before Yom Tov?" she asked. "I'm having a lot of company and I really need the air conditioner."

"I'm sorry," he said. "Right now it's out of stock, and I don't think I'll be able to get it in time."

"Are you serious?" asked Mrs. Bodansky.

"Yes, I'm very serious," replied the repairman. "It's out of stock. It's close to Yom Tov. So there's nothing to do."

After the repairman left, Mrs. Bodansky turned to Hashem. "Ribono Shel Olam, the repairman says



who arrived promptly.

there's nothing to do. But You're a Kol Yachol. You can do anything and everything. Do I need a repairman to help me? Do I need a new pump? I just have to go straight to You and only You. I'm just going to turn the air conditioner back on and trust only in You."

Mrs. Bodansky tried the air conditioner, and amazingly, the leak was gone! It was working perfectly, better than ever, and it continued working beautifully throughout Shabbos and Yom Tov!

Her husband asked in amazement, "Wow, who fixed the air conditioner?"

"HaKadosh Boruch Hu, the Ribono Shel Olam," Mrs. Bodansky replied.

\*

#1884: This story was called in by a Mrs. Meyer. She and her child had their first appointment with an orthodontist. At the front desk the secretary asked for their insurance card and information and gave them a bunch of forms to fill out. While they were working on the forms, they heard the secretary calling their name.

"I'm sorry," she said. "The insurance company refused coverage. We can't use this insurance. Do you have any other form of insurance?"

Mrs. Meyer said, "I'm sorry, I don't have anything else."

"I'm also sorry," the secretary said. "I won't be able to help you."



"0h-oh, what should I do now?" thought Mrs. Meir in dismay. "I'm sure the company is supposed to honor this policy. I'm already here, and now they're telling me my insurance is denied?" This was very distressing – but then, she pulled herself back on track. "Well, who's in charge anyway? Is it the insurance company? The secretary? I know Hashem is all powerful - Hashem can work it out in one second! I'll just sit down again and finish off these forms."

She was just about done when she heard the secretary calling her name again. "I just tried putting your information into the computer again," the secretary began, "and I don't know what happened this time, but something must have changed. Your insurance will cover your child's orthodontic work!"



#1885: This story was called in from Mountaindale by a very, very choshuva Rebbe by the name of Rabbi Yisrael Pruzansky. It was Friday afternoon and his daughter told him, "Tatty, I'm really in the mood of going to a friend for Shabbos. Is there any way you can drive me? If you're available, I'll ask one of my friends if I can come."

"I'll tell you the truth," said Rabbi Pruzansky. "I'm busy this Friday afternoon. I told somebody I was going to help him and I really don't have time to drive you anywhere. So I don't think it's going to work out this week."



"Tatty, don't worry," his daughter answered. "Hashem is the Kol Yachol who can do anything and everything. I'm just going to tell Hashem that I'm in the mood of going to one of my friends for Shabbos and I don't have a ride. I'm sure Hashem will work it out somehow."

Shortly afterwards they got a phone call from a friend's mother. "Can I please ask you for a favor?" she began. "All my children are going away for Shabbos besides for one daughter, and she's looking to invite a friend so she won't be lonely. I know it's very short notice, but is there any way your daughter would agree to come to my house for Shabbos? I'll even drive her, if you like!" \*

### **Chanukah Ahava Rabba Contest:**

# Attention Kids & Adults: Pump people up & Win! Win a \$100.00

#### **HERE'S HOW:**

Every time you pump someone up from now until January 2<sup>nd</sup> 2025 Zos Chanukah check off a box on the chart below.

Mail your information to 18 Congress St. Lakewood, NJ 08701. To be received no later than January 15<sup>th</sup> 2025.

Pump people up by: Giving them a compliment, spending time with them, listening to what they say, mailing them a nice letter, texting them, giving them a Brocha, asking them for a Brocha or any other way that you can think of.

#### Ahava Rabba CHART: 100 times PER CHART

Name:	ame: F			Full Address:						

Phone #: Email:

- A few people may jointly fill out one chart.
- All ages can participate.
- Each time you complete this chart, you may enter a chance to win. Please feel free to copy and share with anyone.
- To be entered more than once you MUST write:

Your name, address, and phone number on each entry. Each chart will be counted as one ticket. Multiple papers need to be filled out if you want to be entered multiple times. The paper is your ticket.

<sup>\*</sup>We are not responsible for raffles inadvertently left out

# The Spring Hill Times Bulletin Board



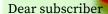
Thank You Yisrael Dov Neuman (14, Lakewood, NJ) for partially sponsoring this week's issue in honor of his birthday!

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HILL

TIMES



Each week, we give the magazines to a mailing company. In order for you get it in time for Shabbos, it goes in the mail over a week before Shabbos.

Sometimes a magazine won't reach its destination. Even if you never get it, we paid for printing and mailing it.

If you don't get your magazine please let us know and we will extend your subscription.





## CALLING ALL KIDS!

When the Yavanim came, the Yidden had to hide,
Their sacred books and scrolls, tucked away inside.
But out came the dreidels, a clever disguise,
Spinning and playing, with faith in their eyes!

Now it's your turn to create and play,
A dreidel from things you find today.
A bottle cap, a pencil, some tape or glue,
Add letters and decorations—your dreidel will shine through!

Spin it, twirl it, let the fun begin, The best dreidel maker gets to win!

ALL ENTRIES WILL BE PLACED INTO A RAFFLE FOR A CHANCE TO WIN A SPRINGHILL TIMES NOTEBOOK!!

#### INSTRUCTIONS:

Create a dreidel out of things around the house! Entries can be emailed to funatthespringhilltimes@gmail.com or mailed to 499 Brewers Bridge Rd, Jackson Township, NJ 08527. All entries must be submitted by December 20, 2024. Please submit the below information with your dreidel. Select entries will be featured in the magazine.

1 tullio	
Address	Short description of your project

Hatzlacha!

Rabbi Zevy Golombeck

# Illuminating Words of Chazal

"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem." Rav Yehuda Mandel

Q: How can we properly wait for Mashiach if either before or after there will be milchemes Gog u'Magog and so many people will get hurt, c"v. In addition, what's the purpose of milchemes Gog u'Magog? Why does Hashem want so much destruction and pain? Why is the time of Mashiach when everything is supposed to be bliss going to be accompanied with so much 'bad?'

A: Before I got involved with emuna and bitachon, I had anxiety and worries and fears, and one of them was all about Mashiach, with all the wars. It was all scary and frightening and very disturbing to me, and I looked at it in a very negative light. But ever since I've been involved with A Life with Bitachon, now not only am I not scared and not frightened, it's actually exactly the opposite. I'm looking forward to wars, and when I hear the word "war," I get excited, which I will now explain why.

The Pele Yoetz writes that when you see the nations threatening each other, it says titzapeh liraglei Mashiach, get excited for Mashiach. So the Pele Yoetz says, what do you mean get excited? If I smell a war in the air why would I get excited? He says because Chazal are telling you that when a person lives with Hashem and lives with emuna and bitachon and lives with simcha, they realize that the wars are not meant for him, they're meant to kill the enemies of Klal Yisrael. It's going to be like makkas dam, where the enemies of Klal Yisrael will be drinking blood, and we'll be drinking water.

The Gaon says the third world war is going to last shalosh shaos, a matter of moments. And it's not going to be a war that a person can escape with teva. The Medrash says that Mashiach is going to be there to save us. It says in the Zohar, while the enemies of Klal Yisrael are going to be drinking blood, we're going to have a five-course meal, we're going to have music, we're going to be singing. It's going to be like in Mitzrayim, like the makkos. We're going to go

through the makkos again that a Mitzri and a Yid are going to be drinking from the same cup, and one is drinking water and one is drinking blood. That's what it's going to be like. That's what the Pele Yoetz says, it's not scary, it's not frightening, it's rather a time to be b'simcha.

That's the first step. The Pele Yoetz says that whenever you smell war it's a time for simcha. He says it's a time for simcha and bitachon and know that the war won't affect Klal Yisrael and it's only for the enemies of Klal Yisrael.

So anyone who's scared of wars, well, let's look at the Gemara in Shabbos, the Mishna Berura brings it down l'halacha, anyone who eates shalash seuodos gets saved from gehenim, chevlei Mashiach, Gog u'Magog. Now what in the world is this all about? Eating food saves you from milchemes Gog u'Magog? What's going on over here? How do we understand this?

The answer is because Hashem loves us, and Hashem gives us chesed and rachamim all the time. The point of wars is not to scare us. Just like no parent would want to scare their children, no parent would want their children to have anxiety, worries or fears. Hashem doesn't want to scare us either. Therefore, the point of wars is not to scare us. You know what the point of war is? It's just to make us realize that we don't have anybody to turn to other than Hashem. And what happens? Then you run to Hashem and you build a relationship with Hashem. You start thinking about Hashem, and then you feel Hashem's love. That's the whole point of

this world.

And that's what R' Yaakov Kamenetzky writes in Emes L'Yaakov, ein Mashiach ba ela b'hesech hadaas. And everyone's trying to figure out what in the world does the Gemara mean – Mashiach can only come when you're not thinking about him? Chas v'shalom! You have to always be excited, on your shoes, tippy-toes, excited for Mashiach. Zagt R' Yaakov Kamenetzky, it means you're going to be mesiach daas from thinking oh, *I have this army to protect me, I have this country to protect me, I have this country to protect me.* No, it's not going to be an army, it's not going be countries, it's going to be Hashem, your loving, caring Father. That's what Mashiach is all about, that Hashem loves you.

So therefore, the whole point of wars is not to scare you. It's just to realize that we have no one to turn to. *There's a war going on – where am I going to run to?* It's not going to be a war that you're going to be able to run anywhere, it's going to be that you're going to have to run to Hashem and say: Hashem, You're my loving, caring Father.

That's why the Gemara says that if you eat three seudos then you'll get saved. What's this eating three seudos? Why do we eat food on Shabbos? Do you know why? Because Hashem made the world and eating food is the pirush of why Hashem made the world. He made this world so that you should enjoy yourself. He made this world so that you should feel loved. He made this world so that you should have brocha. He made this world so that you should have chesed and rachamim. That's the point of this world.

So Hashem made this world that you should feel loved. That's the purpose of this world, that you should feel loved. So the whole point of the world is for you to feel loved, so the Gemara says that that if you come to the feeling of being loved, by eating shalash seudos, which everyone does, of course, then you don't need the whole war to get you to feel loved because you feel loved through eating meals. So you see this clearly from the Gemara, which the Mishna Berura brings l'halacha.

That's why when I eat on Shabbos another delicious piece of fish or chicken or soup I say, okay, this saves me from chevlei Mashiach, this saves me from Gog u'Magog, this saves me from gehenim. When you feel loved by Hashem through food, through His briah, which is the whole point of Shabbos, to think about why Hashem made the world, then Hashem says now you don't need any scary thing to make you clean, you don't need any scary thing to make you closer to Hashem, because you're getting closer to Hashem through food alone.

So we see clearly that Hashem doesn't want to scare us because Chazal are telling us don't be scared. Chazal say: Don't be scared of the war! Eat three meals.

Well, that's a steal of a deal! That's not mesirus nefesh. Who's not waiting to eat cholent? Who's not waiting to eat chicken soup? So, therefore, we see from here that wars are not to scare us, it's not to frighten us, it's just to kill out the enemies of Klal Yisrael. That's the whole point of the war. Therefore, we have absolutely nothing to be worried about, nothing to be frightened about.

The Pele Yoetz says, whenever you see a war get excited. Get excited! Because it's a sign that Mashiach is coming, because that's the point of a war, to remind us that "Oh, it looks like something scary is happening," and then we run to Hashem and we feel loved and boom – that gufah is what brings Mashiach. Because what's Mashiach all about? Hashem is going to show us open love. So how do you prepare for Mashiach? By feeling loved. If you want to prepare for Mashiach without having to worry about the wars, enjoy this world. Eat delicious, yummy scrumptious food. Feel loved by Hashem.

And one of the Roshei Yeshiva of BMG got up a couple of months ago and said that the wars happening now in the world are not just something that's going to come and go. This is the war that's leading us up to Mashiach, getting us ready for Mashiach and it's exciting. War is exciting. It's just to give us excitement!

# The Bitachon Perspective

Q & A with Rabbi Zevy Golombeck By R' Shalom Yedidya Klatzko

Q. When we speak about sad things, is it acceptable to use the word 'unfortunately', which implies that what happened is unfortunate and bad?

it's not a problem.

A. Harav Yisroel Falk responded, if you use the word 'unfortunate' to mean that it's actually bad, then of course it's a problem. But many times, people just use it as a figure of speech to express sympathy for another person's suffering. In that case

Q. I have a nature to be very curious. When I hear about current events, I have an urge to find out exactly how it happened, why it happened etc. I know that curiosity is not necessarily a good middah. Which exercises can I do to control my curiosity?

A. The reason we like to find out why things happened is because we think that the world operates according to cause and effect, and it's interesting to understand exactly what caused things to happen and how they happened.

However, the truth is that everything that happens is only because of one cause: Hakadosh Baruch Hu. This is the true answer to all questions; Who caused it to happen? Hakadosh Baruch Hu. How did it hap-

pen? Hakadosh Baruch Hu made it happen. Why did it happen? Because Hakadosh Baruch Hu wanted it to happen.

All the technical details reported in the news is just Hashem's cover-up to make it appear as if it had natural causes.

Therefore, if you want to do an exercise to work on your curiosity, whenever you feel the need to know how and why things happen, tell yourself, 'I won't be drawn after the 'fake news' – what the reporters attribute the events to. Rather, I know that Hakadosh Baruch Hu is responsible for the event. And He made it happen because He saw fit that this is the best thing'.

What if a person knows that Hashem is the One who causes all events, however, he simply wants to find out details about what happened. How can a person suppress his curiosity?

The answer is, although it's good for a person to be informed on a general level about what's going on around him. When it comes to the details, the Brisker Rav teaches that whatever information is important for him to know, Hashem will make him hear about. And whatever details a person doesn't need to know, Hashem will make sure he does not know.

Therefore, there is no room to live with a FOMO [fear of missing out] when he's not familiar with the details of current events.

# Hashem Loves Uou

av Yoel Gold shared that he personally spoke with a girl named Chana\* who was in Eretz L LYisroel and wasn't feeling well. She felt super tired. Her friend asked her to do her a favor, and travel to the Kosel to take a picture with a unique vantage point. Chana traveled on one bus and then transferred to another bus as a stopover. The second bus was a blue and white bus, which is an Arab bus company, but Chana didn't realize since she was so exhausted. On the second bus, she immediately fell asleep. When she woke up and exited the bus, she had no idea that she was in an Arab village until she noticed that all of the signs were in Arabic only. Suddenly, reality hit her like a ton of bricks, that she was all alone in a completely Arab village and it was pitch dark. She tried calling with her phone but her phone battery was

100 percent dead. She had absolutely no idea how to leave since all of the busses had already finished their routes. She felt completely stuck and trapped.

Chana davened to Hashem with a full heart to save her. As hishtadlus, she decided to locate an Arab house which appeared very neat and well

kept. Her plan was to pose as a pro-Palestinian UCLA university student interested in interviewing an Arab for her school newspaper so that she would be able to find a way to get out. She found a house and began to knock on the door, while her heart was pounding faster than lightning. An Arab woman opened the door, her face covered completely in black, wearing all of their unusual clothing, with only her eyes showing.

thank You

Chana prepared her pitch. She was about to open her mouth and begin her script when suddenly the woman screamed, "CHANA!!!!!" and gave her a hug! Chana didn't understand what was happening. The woman continued, "Chana! Let me go and find the note!" and proceeded to locate a handwritten note and bring

it to Chana. Chana read the note and almost fainted. It was an eloquent and heartfelt thank you note which she had written in the summer, during a Kiruv program which Chana was involved with. Chana had taken the time to write notes of appreciation to thank everyone who had made the program a success. She wrote a thank you note to everyone involved including the speakers, the cook, the babysitters, and even the Arab workers who kept the place clean and neat. This Arab woman had cleaned the place and mopped the floors, and Chana's note meant a lot to her. "I worked in various places for twenty years, and never received such a note of appreciation ever before," she told Chana. "Thank you so much for coming to visit me and see how I am doing". She and her uncle drove

Chana back home.

We learn many things from this true story.

One is how Hashem is always with us, even when we feel alone and abandoned.

We also see how powerful appreciation is. Noticing the good in your-

self and in others can literally save your life.

When I first met HaRav Yehuda Mandel, I had no idea who he was. I was at a family vort, and noticed him saying to someone "You're sweet like sugar!" and he continued to pump everyone up the entire time with contagious enthusiasm. There is so much to appreciate and so much to enjoy and thank Hashem for! Most importantly, pump YOURSELF up all day long and never stop! Thank Hashem for creating someone as amazing as you! Hashem is showering us with gifts non-stop!

#### **HASHEM LOVES US!**

Taken from The Hashem Loves You Hotline 267-833-0596

# REMEMBERING THE MIRACLES, THE CHESSED AND THE TESHUVA

From Last Year - 5784

#### COMING BACK HOME TO HASH-EM

The following is a letter that we received from someone in Eretz Yisrael. It shows us the unbelievable spiritual revolution that is taking place in Klal Yisrael. A teshuva that Klal Yisrael has never seen before! People who were so far from Hashem are coming so close!

I want to share what my husband and I witnessed yesterday...

We have a daughter who has had quite a few surgeries. Whenever she is in surgery, we sit in the waiting room and we daven to Hashem.

It is often quite hard to daven because there is noise from other people's phones or from people chatting loudly together etc...

Yesterday, we were blown away and moved to tears by what went on in the waiting room. The scene in the waiting room was one that we have never ever witnessed in the eleven years of hanging out in surgery waiting rooms...

There was silence! Everyone, and I mean everyone, was davening. There were all type of Jews there, and everyone was saying something to HaKadosh Baruch Hu...

No one has ever asked me in the past to borrow my tehilim or siddur. Yesterday, I was asked four times!!!!!

One woman took my siddur and said she wanted to say shemoneh esrei. I saw another woman come up to her and asked her to find shema for her..

A man (with earrings in his ears) gave his son a tehilim and took a kipa off the shelf and told his son to put it on. His son, around six-

teen-years-old with a design carved into his hair, put it on and finished two books of tehilim mechulak. He then put on tefilin!!!

I saw men with no kippot putting on tefilin... borrowing each others' caps...

One bareheaded man told another bareheaded man to give tzedaka for the zechus of a relative who was having surgery and told him to say a perek tehilim.

Another woman had a new tehilim mechulak and gave each member of her family a few to say. One woman asked her to wait. She took her cardigan and covered her hair with it.....

HASHEM... Look at YOUR children... connecting to You, pleading with you, acknowledging that there is nothing else but YOU..."

ושבת עד ד' אלוקיך!

#### **SHABBOS PROTECTS!**

The oldest son of a family in Bnei Brak went off the derech. Several years ago, the mother of the family passed away. Her petirah inspired this son to commit to keep Shabbos, l'ilui nishmasah. He didn't do complete teshuvah. He continued to spend time with friends who were off the derech, but, come what may, he kept Shabbos.

Before Simchas Torah, his friends told him they were going to some sort of festival down South, and they invited him to join them. This festival was not in the spirit of Torah and not anything his father would approve of. It was certainly not appropriate for a bachur from such a chashuveh family to be there at all, but he agreed to the invitation, with one caveat: "I'll come, but I'm keeping Shabbos."

How would he keep Shabbos with all the emptiness going on all around him? He went there with a trailer, and he prepared a blech with cooked food. He organized the trailer nicely and set up electricity so he wouldn't have to turn on the lights on Shabbos, chas v'shalom. He truly did everything like a kosher Jew; he created an island of Shabbos in the midst of the desecration. Since he had already brought along all the equipment and had prepared so much, he invited some friends into his "Shabbos room" and traveled down South. He had just parked the trailer near where the terrible party was to be held that night, and he got a call. His father was on the line.

"Listen to me," he told his son. "I want you back here in the house. Now."

"Why, Abba? What happened?"

His father himself had no idea what happened. He felt he was being pushed from on High. "You need to be home for Yom Tov!"

"But I'm already here, and I promise I'll keep Shabbos. I have a whole trailer here with everything we need."

"I haven't gotten involved in your life before," his father said. "This is the first thing I'm asking of you. Come."

"But will I make it in time? It's a long trip."

"You'll make it. Leave right now. I'm waiting for you."

The bachur listened to his father shlit"a. He traveled home imme-

diately, leaving behind the trailer and his friends. He was spared from the attack.

But the story doesn't end there.

When the terrorists infiltrated, the bachur's friends hurried into the trailer. They locked the door and lay down on the floor. The terrorists advanced in the direction of the trailer - a flimsy structure made of simple walls and a simple door that could be easily broken. The terrorists tried to break the door down but did not succeed. They lit a fire underneath the trailer and only then left the premises. After they left, Hashem made the fire go out on its own. The lives of those friends who were inside the "Shabbos room" were saved! [Kav Hashgacha Pratis]

#### L'MAAN YAARICHUN YAMECHA

Yosef,\* a sixteen-year-old bachur, learns in a yeshiva in Petach Tikvah. He lives in Sderot, and his parents are not yet shomrei Torah umitzyos.

His parents decided to travel up North for Simchas Torah, but the bachur decided not to join them.. Instead, he planned to stay home in Sderot, together with a few other bachurim in similar situations. They prepared food, organized whatever they needed, and prepared with great joy for Shemini Atzeres, zman simchaseinu.

On Hoshana Rabbah, when he returned from davening, he found a note on the kitchen table, written in his mother's handwriting: "My son, please come with us to make Kiddush and give us chizuk. Ima."

His mother's note indicated her desire to come closer to Hashem and to be mischazeik. "If I don't make them Kiddush," Yosef thought, "who will make them Kiddush? And if my parents are asking for chizuk, how could I not give it to them?" He didn't know what to do. He called the Ray, and he told him

that it would certainly be better for him to travel up North to be with his parents.

He called his mother immediately, and she told him that they were already quite a distance from Sderot, but they would come back to get him.

On the morning of Simchas Torah, while they were in the North, Yosef's father got an emergency call to go to the battleground in the South. Yosef understood that something terrible had happened, but he didn't imagine how terrible. Afterwards, Yosef found out that three of his friends had gotten up to daven vasikin, and were killed, Al Kiddush Hashem, by terrorists. Yosef's plan had been to daven vasikin along with his friends, and it was only the fact that he traveled up North to be with his parents that saved his life.

We don't know cheshbonos Shamayim, but from what we see, it seems that the zechus of honoring his parents stood by him, and the zechus of his parents, who wanted to be mischazeik, stood by them, and their son remained alive! [Kav Hashgacha Pratis]

## HASHEM LOVES THE JEWISH NATION

Mrs. Rosenbaum had a doctor's appointment in Manhattan; in a Muslim area where there are many Arabs. People are scared even to walk there. The secretary in the doctor's office was a Muslim. Mrs. Rosenbaum aways hears stories on 'A Life with Bitachon' how anti-semitism is on the decline. She never really experienced it, saw it or felt it. She thought to herself, "This would be a nice time to feel it."

When she was by the front door of the doctor's office, a non-Jew stopped his car, rolled down his window and said, "We back you. We support Israel. You Jews are the right people. You are the chosen nation." She did not know if she was dreaming. She would never believe that such a thing could happen. She asked the non-Jew if he was serious about what he was saying. He said to her, "Yes, I'll say it again!" And he repeated himself. "I go with the Jews! I stand with them! They're the real people. They're honest people, they're good people and they don't want to fight!"

She said to herself, "WHOA" Hashem is saying: I'm going to send you a beautiful message: I'm with you wherever you go."

כי אני ד' אלוקיך מחזיק ימינך

### WE ARE ALMOST AT THE FINISH LINE!

Kav Hashgacha Pratis reported: R' Yosef Berger the Rav of Emanuel, city in Eretz Yisrael, said that he had a dream. In his dream, he saw a Yid. He asked the Yid "Who are you." The man said "I'm a son of the Me'or V'shamesh."

R' Yosef asked him, "Please give me a bracha." The son of the Meor V'shemsh said, "Baruch Ata Hashem Elokinu Melech Ho'alom Matzmiach Yeshuah."

R' Yosef then woke up and did not know what to make of the dream. He told the dream to his wife.

She said the following:

On Monday I was making challah. I wanted to do it liluy nishmas a tzadik. I looked at the calendar and it said it that was the yartzeit of the son of Meor V'shemesh. I took challah leiluy nishmaso and lit a candle for him.

The Rav felt that the dream was a message that the yeshuah of the geulah is coming soon!

-אַתִי לא- אַרְחָק -וּתְשׁוּעָתִי לא- קַרַבְתִּי צִּדְקְתִי -לא תִרְחָק תְאַחֵר

### Stories Reported in The Spring Hill Times from Previous Years' Issues

#### **VAYEISHEV 5782 ISSUE 28**

## WHAT DID THE SIX-YEAR-OLD DO WHEN HIS SODA CAN SPILLED?



A boy in Chestnut Ridge NY, came home last Motzai Shabbos, from Avos U'banim with a can of soda. He was so excited to share it with his three other

siblings that as he started to pour the soda, the can slipped out of his hand and spilled all over the floor. Only a quarter of the can was left intact. Instead of just taking the little leftovers all for himself as his father advised him, his parents were shocked to then see their six-year-old boy divide up the tiny amount of precious soda that was left, so that his siblings can enjoy it too!

#### "THERE MUST BE A HIGHER POWER"

A Yungerman from Lakewood, NJ, was having

pain in his lungs and it came to point where he couldn't even talk. A top specialist from Boston told him that based on where the growth is situated, it's most definitely a cancerous



growth and there is no chance that it's a benign cyst.

A follower of a 'A Life with Bitachon' and of R' Yehuda Mandel's Shiur, the yungerman didn't chap so much hispa'alus from the doctor's words. The yungerman had surgery in Boston, and yes it was a benign cyst.

The astonished doctor told him, "In all my life I never seen such a thing, there must be a higher power!" (R' Zevy Golombeck)

### THEY TURNED TO HASHEM AND PROBLEM SOLVED



On this past Erev Shabbos. a family in Australia got a call from their child's morah that a toy was stuck up his nose. They rushed him to the doctor who said that they would need to do

local anesthesia at the hospital to get it out.

At the hospital things were getting delayed and Shabbos was coming fast and they realized that the procedure would not be finished before Shabbos comes in.

They turned to Hashem to help them, and immediately the child gave a sneeze, then another one and a cough, and the toy came flying out! (Rabbi Zevy Golombeck)

#### **VAYEISHEV 5783 ISSUE 78**

#### The Power of Shemiras Halashon



A yungerman needed a lot of work done at the dentist. The total cost was about 3,000 shekel.

The dentist told him that he would first need to get some x-rays done downstairs.

As he went down, he thought to himself that perhaps Hashem was sending him a message.

So he called his friend and asked him to please go

to the nearest bookstore and buy for him 100 pocket sized Netzor L'Shoncha seforim (on shmiras halashon) to distribute. It cost four shekel a sefer.

He went back to the dentist and after the work was done he went to pay. They told him they are giving him a reduction on his bill of 400 shekel - just the amount he spent on the seforim!! (Kav Hashgacha Pratis)

#### **Man Forgives**

A Yid had a family member who caused him great

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distress. He was not mochel him

Later on, his child was not feeling well. They went to Dr. Shanik and he couldn't figure

out what the problem was. They went to the hospital, and they too did not know what it was. For a few weeks, they went to doctors and appointments, and they were not getting anywhere.

Finally, the Yid said, "Hashem I got the message! I am mochel my family member with a complete heart!"

A few hours later, the child was feeling better! No more hospitals, no more issues, no more appointments! The power of conquering your yetzer and forgiving!



#### **Hashem Loves our Shabbos**

It was late Leil Shabbos, and R' Avi a yungerman from Chestnut Ridge, New York, decided to check his cholent to make

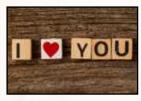
sure it was okay. He noticed it was very low on wa-

He decided to add hot water into the pot from the urn. But he needed someone to help him, and everyone was already sleeping. So he decided not to risk trying to do it on his own.

Shabbos morning, he took water from the urn to make a coffee and that water was cold! For some reason the urn had malfunctioned! Had he put in the water the night before he would have cooked the water on Shabbos!

#### **VAYEISHEV 5784 ISSUE 126**

#### All Hashem Wants is Achdus



Editor's Note: This amazing story has been spreading around the last few weeks. It happened 4 years ago but is relevant today as then. I verified the story. It's 100% true.

There was a Ray in Eretz Yisrael whose wife was lying sick in the hospital. She experienced a near death experience. She told her husband that she was in shamayim. She saw tzadikim begging for the geula to come already. But the malachim said that there is still work that needs to be done."

"What work needs to be done?"

"Ahavas Yisrael - Love between one Yid and another"

The woman was sent back to publicize the message. The next day she was niftar.

ויהי בישורון -מלך. בהתאסף ראשי – עם , יחד שבטי-ישראל!

#### **Hashem Pays Back Double!**

Yoni a Yeshiva bochur from Beis Medrash Gevoah



in Lakewood, New Jersey, ate out on Leil Shabbos. He and his friends chipped in to buy the host wine and flowers. Everyone paid \$10.

At first, he was thinking: it's a lot money for me. Then he said, No Hashem will pay me back double for paying for a mitzva.

On Moztaei Shabbos, he was walking outside with friend and he found a \$20 bill on the floor.

In other news:

A Holstein boy from Clevelend, Ohio, was by an



afruf. He got lots of candy. His mother told him that she wants him to share with his siblings. She told him, "Don't worry, Hashem will pay you back dou-

ble." Later on someone came over to him and gave double the amount of candy that he gave away!

אני ה' – נאמן לשלם שכר





#### Hashem's Shemira

I am an electrician and have worked on construction daily for the last twenty years. Most sites have many inherent dangers. For example, there are many places where one can easily trip and fall, get cut on

sharp items, get hit by falling materials, or breathe in dangerous fumes. Hashem has watched over me all this time and I have never been injured. That is one miracle.

#### The Mess

A pile of dishes fills my sink, The mess begins before I blink. The laundry pile is till the sky, So much to do, I give a sigh:

Yet so much blessing can be found, If only we would look around. The children's faces glow and shine, Is all this goodness truly mine?

I take the time to stop and recall When things weren't so simple at all. Would I have a family of my own? Yes so much kindness Hashem has shown.

The pile of dishes, that means we ate, We had so much to fill our plate. The laundry means we've what to wear, We truly have more than our share.

The toy closet, it overflows, I take the time to think of those, Who, for a child, are waiting still, If only their wish, He would fulfill.

My house is crowded, yes it's true. Forever indebted, I am to You. For there's no limit to what You do Thank You. Hakadosh Baruch Hu!





CY. E.B. E.

As the seforim say, sometimes Hashem in his kindness gives a person a short-term injury, to help them realize that Hashem provides everything. Meaning to say that we take walking for granted, but really it is a gift from Hashem.

A few days ago, in Hashem's kindness, I stepped directly down on a thick, sharp, dirty nail. The nail pierced my shoe and went deeply into my foot. I felt sharp pain, but I knew that everything Hashem does is good. Now that I feel better, and I can walk comfortably, I thank Hashem for his kind gift that I can walk. That was the second miracle.

The third and most amazing part of the story is an unbelievable chessed that Hashem did for me. As the nail went in to my foot, right next to me was standing a frum, kind, and caring fully experienced and licensed doctor! He immediately examined my injury, treated the wound, and prescribed medication. The swift treatment really minimized my suffering!

I was zoche to witness an amazing three part hashgachas Hashem and chessed.

I attached a picture of a similar scene on a construction site.

Binyomin B. Lakewood, NJ

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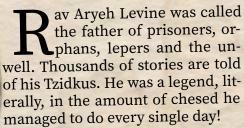


# SOMEONE? SHOW HIM A SMILE! GREET HIM NICELY!

Leiluy Nishmas:

Chana bas Rav
Mayer Tzvi A"H

TRAVELING THE PA FOURGEDOLIM



One day, his son Rav Chaim Yaakov met him walking with a large parcel under his arm. Joining his father, he walked alongside him.

Suddenly someone stopped them and asked, "How is your relative that's in the mental institution?" "Baruch Hashem, his condition is improving!" answered Rav Aryeh. "Abba! Who is this relative in the mental institution? I have never heard of him!!" R Chaim Yaakov was shocked!

Rav Aryeh smiled and explained. "Once, when I was visiting the institution, I was horrified to see a man groaning on the floor. One of the patients sidled up to me and whispered that the reason he was in such bad shape was because he had no relatives. The nurses cared for all the patients very well because they knew when the relatives came to visit they would see the situation, but this man has no one! So he is abandoned!"

I went to the nurses room. "Excuse me, but that patient over there is part of my family!" They were dumbfounded - they literally did not know what to say. On that day, they all learned that this man has a relative. Everyone began treating him with the care that every human being deserves.

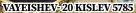
Rav Chaim Yaakov eyed the large package his father was holding and let me guess, this is for our "relative", isn't it?

"Yes, of course!" smiled Rav Aryeh. The two of them walked together to drop off the package at the relative his son had just discovered.









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Where in the Parsha do we find a connection with these pictures?









vayeishev #116 To hear the answer to the question, press x14 # 116 on the Chaishek HaTorah Line 845-720-4040

Do you need to be told, the definition of the word scold? It means to rebuke another, no difference if he is a stranger, acquaintance, or brother! This term appears in this week's Parsha; it is also found in an Availus (mourning) Halacha. Do you know where?

#### פרשת וישב

- 1. Where is the proof from this weeks Parsha that every dream has some untruth?
- 2. Why are there dots on top of the word את?
- 3. What were the three bad things that happened in שכם?
- 4. Who said 'ונראה מה יהיו חלומותיו?
- 5. Why did Reuven want to save Yosef?
- 6. Why does the Torah tell us about the spices that the camels were carrying?
- 7. Why was Yitzchok crying?

If you would like to submit answers and be entered into a raffle for a \$25 gift card, please call 9294964093. Cheder Bnei Torah. To get this Parsha sheet emailed to you every week, send a request to torahshleimah@gmail. com. Sponsorship opportunities available. לעילוי נשמת ר'. Sponsorship apportunities available. לעילוי בשמת לתנצב"ה \$250 Sponsored

Answers for the Parsha Pictures

Fly: Pharaoh found fly in his cup of wine.

Sad Face: The Sar Hamshkim and Sar Haoifim were sad after their dreams...

Thank You, Hashem, for Oatmeal! Such a warm, hearty, yummy, filling breakfast we can eat with little preparation!



Thank You, Hashem, for Hot Cocoa! Such a delicious drink to warm us up on the cold winter days!





By: R' Simcha Elefant Yerushalayim Ir Hakodesh

לזכות משה יהודה בן שושנה

Thank You, Hashem, for Spray Paint! We can paint things so simply with minimal work & quick drying time!



Thank You, Hashem, for Shampoo! So many different types for all different types of hairs/heads to keep us so clean & refreshed!

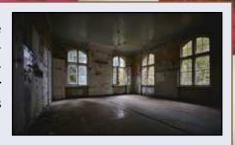


Thank You, Hashem, for Bleach! A cleaning agent for so many things: pools, mold, whites etc!





There was nothing in your house to make a mess. No toys. No batteries. No extra food. No parsha sheets. No plastic and paper goods. Nothing. Your house was bare!



#### **HOUSE IS IN A CONSTANT MESS?**



Thank Hashem from the bottom of your heart for all the goodness he showers upon you! If things are really messy just hire a cleaning lady!





Doctor Dr. Chaim Altzisgut M.D.

Date

I'm prescribing 2 medications for you.

#### **Patient**

I have made many mistakes in my life. As a result, I feel like I'm a bad person and rejected by Hashem.

Please help!

1. No matter how many mistakes you did and will ever do, you will never be 'bad'. Because you are a piece of Hashem. Kepshuto mamish. The real you is pure and wonderful. All mistakes come from your body which is just a coat.

Regardless of what you ever did, you are the exact same child of Hashem. His love to you is unconditional. He will never ever reject you. You are Him and He is you! Yisrael Voyraisa v'Kudsha Brich Hu Chad Hu!

2. Hashem knows your struggles. He knows everything about you. He knows how hard it was for you.

It's very possible that you, with all your mistakes, are on higher level then a Tzaddik gamur from hundreds of years ago!







Let us imagine for just a few minutes that the world as we know it would turn on its head, and people would have the ability to breathe from either their nose or mouth, but not both...

Breathing through the mouth:

People would sit down to a meal and begin the arduous task of trying to hold their breath while chewing their food. Inevitably, they would have to open their mouths, and the half-chewed food would fall out.

As a result, people would be mortified to eat in front of others. Guests would become a thing of the past. Some would go so far as to refuse to eat the Shabbos Seudah with their families. Kids would avoid eating in the lunchroom at school, and adults at work. The lack of food would cause low energy, irritability, and undernourishment c"v.

People would try to circumvent this issue by taking tiny bites and quickly swallowing, but after 20 minutes, they would lose patience and stop eating. People would become tired out easily from constantly holding their breath as they ate their food.

Trying to feed a baby would be an exceptionally frustrating process; the food would go into the baby's mouth and would come right out as the baby took its next breath. This would be not only unpleasant but dangerous, as babies would become sick from the lack of nourishment. They wouldn't even be able to drink from a bottle because their mouths would constantly need to open.

In addition to the general discomfort of not being able to chew and swallow in peace, the risk of choking would be greatly increased. Whenever someone would try taking a breath, the windpipe would open, causing the food in the mouth to c"v block the airway or go into the lungs.

As a result of being constantly opened, the mouth would feel incredibly dry. This would cause great discomfort and necessitate constant drinking. Of course, drinking would be greatly uncomfortable as well, due to the need for sip-breath coordination...

Talking would become an exhausting task as people would try to breathe between words. People would stop having casual conversations, and even necessary conversations would be curtailed. This would lead to a breakdown in emotional health, business matters, and even learning and teaching Torah.

Open mouths would be an invitation that bugs would take great pleasure in accepting, both when their hosts are awake and asleep... Besides being repulsive, swallowed bugs could c"v lead to timtum halev, an impurity of the heart.

When one breathes through the mouth, the air enters the lungs directly, bypassing the nose's built-in filter system. The germs that would enter the body through the mouth could cause minor illnesses at best and life-threatening ones at worst. In addition, particles in the air, such as smoke and dust, could clog up the mouth and feel very uncomfortable.

People would develop all sorts of anxieties and emotional distress due to the difficulty in eating, talking, and protecting themselves from germs and bugs.

People would have to shower in such a way that unfiltered water doesn't enter their mouths, a task that is quite difficult...

Breathing through the nose:

If someone were to have a stuffed nose, breathing would become difficult indeed. Blowing one's nose could become a matter of life and death. What was once a simple cold or allergy would necessitate an oxygen mask.

A broken nose would cause the same problem; emergency surgery would be needed.

People would never have the option of holding their nose upon smelling something repulsive.

It could be life threatening if someone's nose somehow became covered with a pillow or blanket, c"v. This would be especially dangerous in the case of a sleeping baby.

Who employed such incredible wisdom and creativity to form two breathing structures in the human body that coordinate their tasks in such perfect harmony? Who designated the nose as the primary breathing apparatus, yet gave the mouth similar abilities for when the nose can't perform properly? You, Hashem, our loving, caring Father, Who is constantly giving us our very life breath with unbelievable love and care, 24/7, 365 days a year! We love You, Hashem!

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Thank You to All Those Who have Reached Out to Help!



Solutions for the case where Mendy threw away clothing when trying to take out the garbage.



- Mendy can see the importance of good communication and listening. Sometimes doing more than what is asked of isn't always better.
- He should be mechazek himself that he finally overcame his difficulties and not give up on taking out the garbage in the future. Just he should make sure to check it really is garbage.
- He can realize that it is okay to make mistakes. He may have to pay for it but he can accept it and move on.
- At least he remembered to take out the trash.
- Now when he forgets to take it out, his wife won't get as upset.





For the longest time, the students at Yeshivas Lev Hayehudi requested of the yeshiva staff to fix the front entrance to the dorm, as cats were often entering. The staff didn't do anything substantial about it.

Things came to head when Yossi came into his

dorm room and found a cat sleeping on his bed, having first relieved himself there!

Help Yossi and the rest of the bochurim have ayin tova for the staff of Yeshivas Lev Hayehudi.

You can send your suggestions for the AYIN TOVA CASE to: ayintovanewsletter@gmail.com Or call [Israeli daytime hours only]: USA: 8312446019 Eretz Yisrael: 0527605409

## Yeshivishe Stories

#### The Chinuch Chaburah

#### Ray Shimon Schwab R' Tzvi Moshe Schultz

When Rabbi Akiva Eiger was only fifteen years old, he was already known as a genius in Torah. There was a certain wealthy man who wanted to take him



as a son-in-law. So he went to visit the young Akiva, and brought two Rabbinical scholars with him, so that they could test him in his learning.

They brought up a very difficult passage in the Talmud and started asking him questions. But Akiva just listened quietly to their questions and did not answer. He gave the impression that he did not really understand so well, and so they left. Afterwards, his father asked him why he had done that. Why hadn't he participated in the discussion?

He explained: "One of them forgot a clear passage in the Talmud when he asked me his question. The other one was misquoting one of the commentaries. I didn't have the heart to tell them because I didn't want to embarrass them, even though it meant that I lost the shidduch."

Once, the great gaon Rabbi Akiva Eiger



had guests over for the seder night. Evervone was poured a large goblet of wine.

One of the guests accidentally knocked over his goblet and poured wine all over the special Yom Tov tablecloth.

Immediately, Rabbi Akiva Eiger also spilled his cup on the table, and then remarked: "Something must be wrong with this table. It's not straight!"

## Think about this

A. What priorities do we learn from this story, both the beginning, and the end?

B. When people learn Torah with a chavrusa, they often raise their voices, and tell their chavrusa that they have explained the Gemara incorrectly. How is that different than this story?

### A. Why did Rabbi Akiva Eiger do this?.

B. Would it have been okay for a different guest at the table to have done this?

#### **More Chinuch Opportunities:**

For Mechanchim: Join the Chinuch Chaburah, and share ideas and materials with rebbeim from around the world. Send the message "subscribe" to: chinuchchaburah@gmail.com

For Parents: Join the Parent Chinuch Group, and ask your chinuch questions from a panel of almost 100 mechanchim from around the world.

Send the message "subscribe" to: parentchinuch@gmail.com

For Everyone: Choose from a wide variety of Shabbos Table Sheets, like the ones included here.

Send the message "catalog: to: shabbostablesheets@gmail.com

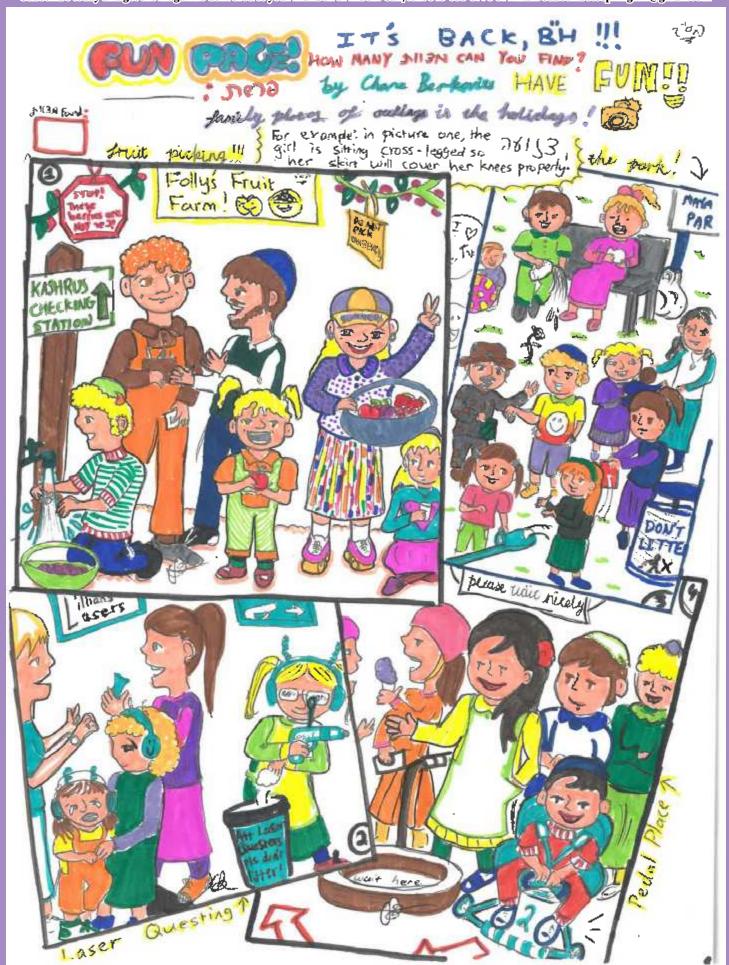
# THE FIGHT BUSTERS

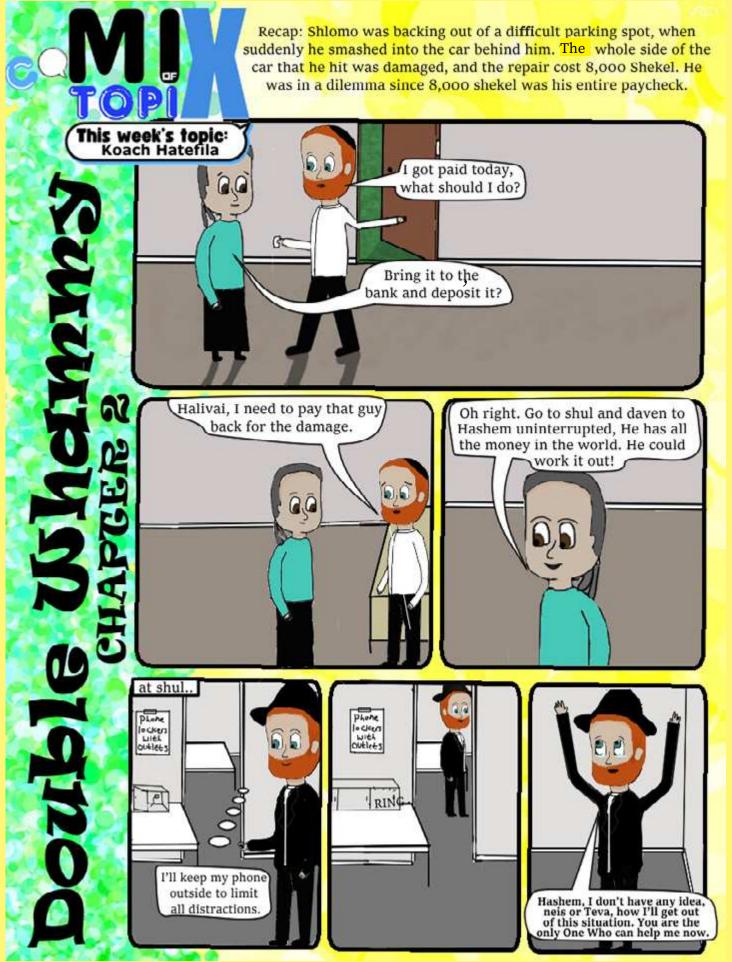
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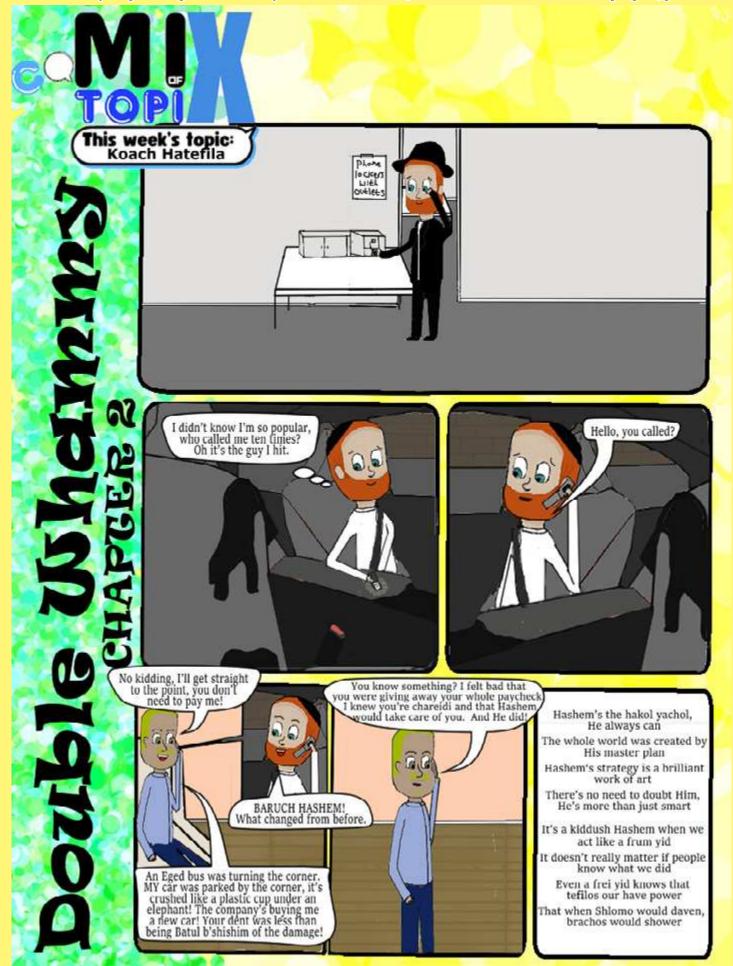


Did Someone Offend You? Did Someone Wrong You?

# GIVE HIM A COMPLIMENT! WRITE HIM A NICE NOTE! GIVE HIM A GIFT!











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