



Saying a Tefillah – e.g., “Refuah Sheleimah”

31. It is permitted to tell a member of the opposite gender “*Refuah Sheleimah*” or “Your meeting should go well,” as these are forms of *tefillah*, not **greetings**.

(Shulchan Aruch EH 21; Ezer Mekudash 5)

