



If She Already Served Him

15. If someone already served a member of the opposite gender (e.g., a woman served a man a plate of food), there is no prohibition to eat the food and it may be consumed. (*Malbushei Mordechai EH* 4:21)

If it Causes Closeness or Improper Thoughts

16. Even in instances where it is permitted according to the letter of the law for a person to serve a member of the opposite gender, nevertheless, if it is evident that it is breeding a feeling of closeness or it is leading to inappropriate thoughts, it is always forbidden. (*Bach EH* 21; *Chochmas Adam* 125:4; *Maharit, Kiddushin* 70a)