



From Doeihu's Inbox:

Story 1#:

It is impossible to tell you the difference I have noticed in myself since I signed up. May Hashem repay you with *kol tov*! keep going!

At my company, it used to be common practice for a man and a woman to sit for many hours at one screen, but since I've read your email I try to minimize it, or sit in separate rooms and use screen-sharing. I see what a difference it makes!

Story #2:

I look forward each morning to reading the daily email; they are amazing! They gave me an awareness of the *nisyonos* of the workplace and the ability to set boundaries with my male coworkers in a *menshlich* way.

I work in the office of a construction company, where there are obviously many male workers. My desk faced away from the wall, so it was not possible to see what was on my screen unless the person came around to stand next to me. Whenever I was required to show a man in my office something on my screen, he would come around my desk.

Once I started getting the Doeihu emails, I realized that the situation was not okay. With the encouragement of my female coworker (who also gets the Doeihu emails), the next time it happened I firmly told the man to please wait at the other side of the desk and I would turn my screen so he could see. At first he didn't understand, so I repeated myself. Baruch Hashem, after doing this a few times the men all know to stay at the other side of my desk.

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