



## Gazing at a Woman

1. It is forbidden for a man to gaze even upon the little finger of a woman, even if it does not lead to inappropriate thoughts or other pitfalls. (*Shulchan*

*Aruch EH 21:1, OC 75; Berachos 61a; Mishnah Berurah 75:7)*

*Chazal* (*Berachos 61a*) say that if a man intentionally gazes upon a woman, “even if he is filled with Torah and good deeds like Moshe Rabbeinu, he will not avoid the punishment of Gehinnom.”

*(See the upcoming email as to when the prohibition does not apply.)*