



Gazing at a Woman

1. It is forbidden for a man to gaze even upon the little finger of a woman, even if it does not lead to inappropriate thoughts or other pitfalls. (*Shulchan Aruch EH 21:1, OC 75; Berachos 61a; Mishnah Berurah 75:7*)

Chazal (*Berachos 61a*) say that if a man intentionally gazes upon a woman, “even if he is filled with Torah and good deeds like Moshe Rabbeinu, he will not avoid the punishment of Gehinnom.”

(See the upcoming email as to when the prohibition does not apply.)