



### **Guarding the Eyes of Women**

**11.** The prohibition of “*Lo sasuru*” also applies to women and girls as well.

A female is not allowed to look at men or inappropriately dressed individuals with an intent of sin. She is also forbidden to look for pleasure at a man because of his gender, or at impropriety. However, she is allowed to gaze (not only glance, as by a man) at a man without any of the above intentions. (*Chinuch, mitzvah 383; Shevet Halevi vol. 5, 197:2; Igros Moshe EH 1:69;*

*Chut Shani EH p. 43; see Be'er Moshe vol. 4, 147:23)*

**12.** A woman may look at a *tzaddik* or *erliche* Yid even if she derives pleasure from gazing at his countenance. As this pleasure is not a result of looking at “the man,” but rather at the holiness that cloaks him, and her desire to learn from his pious ways, this is therefore permitted. (*Levushah Shel*

*Torah 79:11)*