



An Act that Leads Toward Thoughts

3. This prohibition applies not only to inappropriate thoughts themselves, **but also to any act that can lead one to have inappropriate thoughts.** For example, one may not look at an object or travel to a destination that he knows will lead him to have inappropriate thoughts.

(Sefer Hachinuch 188; see Shulchan Aruch EH 21:1; 23:3, and 25:1; Chut Shani EH 21:7; Igros Moshe EH 1:69)

4. Since every person's nature and inclinations are different, one must honestly assess what acts or destinations will lead him to have inappropriate thoughts — and make sure to avoid them. *(Sefer Hachinuch 188)*