



# The Narrow Bridge

## גשר צר מאוד

### INSPIRATIONAL QUOTES

#### Short Quotes from Various Tzaddikim - Week 135

To join our Whatsapp group for daily messages, contact us at 845-641-2648

לע'נ פעסל בת ישראל מנחם / לזכות חילינו

*Low self-esteem lies to you. It whispers that you have no potential, when in reality, you're sitting on gold you haven't mined yet. Your potential is never absent, it's only undiscovered. Instead of measuring yourself by where you are now, measure yourself by the possibilities ahead. Remember, you are not empty – you are simply unfinished.*

BASED ON THE TEACHINGS OF REBBE NACHMAN (1772-1810)

*The surest way to have a positive influence on another is to first love them unconditionally.*

BASED ON THE TEACHINGS OF THE LUBAVITCHER REBBE, RABBI MENACHEM MENDEL SCHNEERSON (1902p-1994)

*Victory is forged in the shadows before it ever shines in the spotlight. Spiritual progress isn't always loud – it's often hidden in the courage to keep trying. Every step counts – even the ones no one sees. All the small efforts, the simple act of showing up again and again, plant seeds for tomorrow's growth. Every attempt adds up, layering strength beneath the surface. One day you'll look back and realize those "small tries" built the foundation for big change.*

BASED ON THE TEACHINGS OF THE BAAL HATANYA, RABBI SHNEUR ZALMAN OF LIADI (1745–1812)

*Kindness costs nothing, yet it can be the very thing that saves someone's day.  
Every person is carrying a story that cannot be seen, a weight that cannot be measured.  
Compassion is how we lighten the loads we don't even know exist.*

BASED ON THE TEACHINGS OF REBBE NACHMAN (1772-1810)

*The masterpiece of your life is painted with both light and shadow.  
Do not fear the darker hues – they too are part of the beauty yet to be revealed.*

BASED ON THE TEACHINGS OF RABBI AVRAHAM TWERSKI (1930-2021)