



Avoiding Traveling Alone

13. It is strongly suggested that a person who needs to take such a trip should avoid traveling alone. Rather, one should try to travel together with an upstanding, pious person who will help him avoid spiritual challenges. Two upstanding people can usually serve as a *shemirah* for each other, as we find by the *halachos* of *yichud*, regarding two “*kesheirim*” with a woman. (See *Pele Yoetz*, *erech* “*Machshavah*”)

14. If possible, the most optimal way for a married man to travel is together with his wife. We find in the laws of *yichud* that the best safeguard for a man is to be together with his wife. Similarly, a woman who needs to travel should ideally be accompanied by her husband. (See *Yoma 18b*; *Yevamos 63b*; *Rashi ibid. s.v. min hacheit*; *Pele Yoetz*, *erech* “*Machshavah*”)