



“Walking Behind a Woman” – Introduction

The Gemara (*Brachos 61a*) states that it is prohibited for a man to walk behind a woman – a prohibition known as “*achorei islah*.” The primary reason for this prohibition is that when one walks behind a woman, he sees her physical movements, which leads toward *hirhurim* (inappropriate thoughts). (*Shu”t Radvaz* 2:770)

This prohibition is so severe that the Gemara (*ibid.*) brings in the name of R’ Yochanan, “One should rather walk behind a lion than behind a woman.”

The Gemara adds (*see Tosafos*) that one who is accustomed to walking behind an immodestly dressed woman has no portion in the World to Come.

In the following emails, we will go through all the related halachos.