



### **“Walking Behind a Woman” – Introduction**

The Gemara (*Brachos 61a*) states that it is prohibited for a man to walk behind a woman – a prohibition known as “*achorei ishah*.” The primary reason for this prohibition is that when one walks behind a woman, he sees her physical movements, which leads toward *hirhurim* (inappropriate thoughts). (*Shu”t Radvaz* 2:770)

This prohibition is so severe that the Gemara (*ibid.*) brings in the name of R’ Yochanan, “One should rather walk behind a lion than behind a woman.”

The Gemara adds (*see Tosafos*) that one who is accustomed to walking behind an immodestly dressed woman has no portion in the World to Come.

*In the following emails, we will go through all the related halachos.*