



Details of the Prohibition

1. A man is prohibited from walking behind a woman. This prohibition applies even when the woman is dressed completely modestly. However, it is even more severe if she is dressed immodestly. (*Brachos 61a; Shulchan Aruch E.H. 21:1*)
2. If a man finds himself walking behind a woman, he must rush ahead of her, walk toward the side, or wait until she walks ahead and there is adequate distance between them. (*Berachos 61a; Shulchan Aruch E.H. 21:1; Shu”t Radvaz 2:770*)
3. There is a dispute amongst the *poskim* regarding the minimum required distance which would permit the man to walk behind the woman. Some *poskim* hold that a distance of four *amos* (approximately eight feet) is enough. Others hold that she must be even farther – far enough away that the man can't see her physical movements. (*Ba’er Heitev E.H. 21:2*)