

The Narrow Bridge

גשר צר מאוד

INSPIRATIONAL QUOTES

Short Quotes from Various Tzaddikim - Week 163

To join our Whatsapp group for daily messages, contact us at 845-641-2648

לע'נ פּעסל בת ישראל מנחם / לזכות חילינו

We often imagine that our spiritual destination is some future moment when we will finally have everything figured out – when the struggle will be over and the work will be done. But in truth, the journey itself is the destination. Every effort to improve, every time you hold yourself back, every time you try again after failing – those moments are not steps toward purpose; they are the purpose.

Holiness is not reserved for those who never stumble. Hashem treasures the process of growth – the quiet inner battles that no one else sees, the determination to keep going when it would be easier to give up, the humility of admitting that you are still a work in progress – these are the personal triumphs that shape the soul.

Our struggle is not evidence that something is wrong; it is evidence that something profound is unfolding. The constant combat is what makes our efforts precious – it's the resistance, the inner pull in the opposite direction, that gives weight to every small victory. Our imperfections don't diminish the act – it elevates it. It transforms a simple step forward into something deeply meaningful. The inner battle is not only necessary; it's sacred.

Your imperfections are not flaws in Hashem's design – they are part of the very story He chose for you. The places where you feel most deficient are often the places where your soul is being shaped most carefully. Progress isn't about perfection; it's about persistence. Don't wait until you feel flawless to feel close to Hashem, and don't wait until you feel complete to believe you are on the right path. The road itself – no matter how winding – is holy. Each step, each effort, each moment of trying is treasured and cherished by Hashem.

INSPIRED BY THE TEACHINGS OF REBBE NACHMAN OF BRESLOV (1772-1810)

Always remember:

Grapes are crushed to make wine.

Diamonds are formed under pressure.

Olives are pressed to release oil.

And seeds begin to sprout in the darkness of the ground.

Whenever you feel crushed, under pressure, pressed, or in darkness, you're in a powerful place of transformation. Trust the process.

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There are many people fighting silent battles. People who are tired of feeling stuck, people who wonder if their exhaustion is permanent, people who want to do better but simply can't find the energy to make the necessary changes. We never know who may be holding on by a thread, quietly hoping for a sign that they are still capable, still valued, still seen.

Be the reason someone smiles today. Sometimes the smallest act of kindness carries the greatest weight.

What feels insignificant to us may be exactly what someone else needs to keep going.

Offer a word or two of encouragement – you never know who may need those gentle reminders more than anything today.

INSPIRED BY THE TEACHINGS OF REBBE NACHMAN OF BRESLOV (1772-1810)

Never underestimate the power of a small deed done with a pure heart.

Holiness is not hidden only in monumental moments or dramatic acts;

it can be found everywhere – in the quiet, seemingly insignificant, choices we make throughout the day.

A moment of patience, a word of kindness, a simple act of generosity. Intention elevates the moment, and when it comes from a place of sincerity, even the smallest action becomes something sacred. The tiniest spark still carries the same fire as the sun. In the end, it's intention over intensity that shapes a life of meaning and purpose.

The same holds true when striving for personal growth and development.

It doesn't take grand gestures to create a lasting impact. The tallest trees were once the smallest seeds – patiently nurtured until they grew into something towering and strong. Progress is built through consistency – small steps create momentum, and momentum is what eventually makes big change possible.

The ocean is made of drops. Each drop seems insignificant on its own, yet together they form waves powerful enough to reshape the shore. So no matter how small your steps feel today, take them.

When done with the proper intention, no effort is considered insignificant. Start small. Stay consistent. Be relentless.

INSPIRED BY THE TEACHINGS OF THE BAAL SHEM TOV, RABBI YISRAEL BEN ELIEZER (1698-1760)

Speak to Hashem as if He was your best friend, for in fact, He is.

There is nobody who knows you like Hashem, believes in you like Hashem, loves you like Hashem.

INSPIRED BY THE TEACHINGS OF REBBE NACHMAN OF BRESLOV (1772-1810)